MEND (Mind, Exercise, Nutrition…Do It!)

MEND is a FREE, fun, healthy living program for children 7-13 and their families.

MEND is a 10-week family-based education program.

The first hour is interactive discussions and activities about nutrition and behaviour change.

The second hour involves discussion for parent while children engage in fun, physical activities.

Call 604-796-8891 or email menddok@gmail.com to register.

Watch this video to learn more: http://tinyurl.com/om2upk3

Mondays and Wednesdays from Sept. 26 to Dec. 7 between 5:30 - 7:30 p.m. (No class Oct. 10, 31) at the Agassiz Leisure Center.
Dozens of athletes set their sights on gold at the Provincial Canoe / Kayak Championships held at Seabird Island this September.

They took to the Maria Slough and faced off for spots at the 2017 North American Indigenous Games (NAIG).

Winning athletes are selected for the Team BC Development Squad, which prepares athletes for NAIG.

In total, 83 athletes from all over BC competed September 17 - 18, with one athlete from Seabird Island winning an opportunity to move forward to join Team BC.

“The event was successful with many Youth coming from all over the mainland, island and interior to participate,” said Angie Chapman, Community Services Program Manager.

Names of athletes who won spots on Team BC will be announced at a later date as competing at NAIG requires a high level of commitment.

The 2017 North American Indigenous Games will be held in Toronto, Ontario from July 16 - 23, 2017.

Seabird Island would like to thank: Chief Clem Seymour, Youth Employment, Labour Pool, drummers, singers, Events team and the everyone for making this event successful.
The Aboriginal Sport, Recreation and Physical Activity Partners Council is pleased to announce the 2016 BC Aboriginal Regional Basketball Camps - PHASE 1 of the athlete selection process for Team BC for the 2017 North American Indigenous Games. Athletes interested in joining Team BC must attend one (1) of the BC Aboriginal Regional Basketball Camps as step 1 of 2:

### Camp Schedule:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Schedule</th>
<th>Location</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>U14</td>
<td>8:30-11:30 AM</td>
<td>Kamloops</td>
<td>Oct. 15-16</td>
</tr>
<tr>
<td>U16</td>
<td>12:00-3:00 PM</td>
<td>Prince George</td>
<td>Oct. 15-16</td>
</tr>
<tr>
<td>U19</td>
<td>3:30-6:30 PM</td>
<td>Port Alberni</td>
<td>Oct. 15-16</td>
</tr>
<tr>
<td>U19</td>
<td>3:30-6:30 PM</td>
<td>North Vancouver</td>
<td>Oct. 22-23</td>
</tr>
<tr>
<td>Northwest</td>
<td>3:30-6:30 PM</td>
<td>Skidegate</td>
<td>Oct. 22-23</td>
</tr>
<tr>
<td>Northwest</td>
<td>3:30-6:30 PM</td>
<td>Terrace</td>
<td>Oct. 22-23</td>
</tr>
</tbody>
</table>

*Male Athletes only on Saturday
*Female Athletes only on Sunday

### Registration:
Athletes must PRE-REGISTER for Regional Camps before 4PM on the Monday prior to the Camp.

### Fee:
- $10 for Basketball BC Members.
- $25 if you need to purchase/renew Basketball BC Membership.

For more info/To register, contact: Bernard Manuel
PH: 250-350-3254
E: bmanuel@bcaafc.com

### Online Registration Available At:
www.aboriginalsportbc.ca

**PHASE 2 – PROVINCIAL SELECTION CAMP:** Athletes identified at a Regional Camp for advancement to the final phase will be invited to the BC Aboriginal Provincial Basketball Selection Camp (invitation only) held December 19 to 21, 2016 at the Tournament Capital Centre in Kamloops, BC.
What work requires a building permit?

You will need a building permit before you:
- Construct any new building
- Construct a new accessory building
- Construct or locate a temporary building
- Make alterations, renovations or repairs to an existing building or structure
- Complete a previously unfinished area in an existing building, a recreation room or bathroom
- Demolish or relocate a manufactured home in a park or on a lot
- Remodel or construct a deck
- Construct a swimming pool
- Install or alter plumbing within a structure or on a property
- Connect to a sewer system, storm drain or water system
- Install a new chimney or fireplace
- Install a wood stove, fireplace insert or other wood burning appliance
- Change the occupancy type of a building
- Install an irrigation or sprinkler system
- Install an onsite water collection system

You may not start any stage of a project, including demolition or excavation, until a building permit has been obtained.

As per section 6.1e of the Seabird Island Development Law, available on our website.

If you are unsure whether your project will require a building permit, call Lands at 604-796-2177.

What work does not require a building permit?

Non-structural or minor modifications do not require a permit, including:
- Installing cupboards
- Painting
- Roofing repairs or replacements (providing that no structural changes are made)
- Landscaping or sidewalks
- Fences
- Constructing a storage shed less than 10 m2 in size (e.g. pumphouse) as long as it is sited correctly

Although the above work does not require a building permit, homeowners should ensure that the work conforms to the requirements of the BC Building Code, zoning laws and other applicable regulations.

- Submitted by Danielle Gabriel
SEABIRD ISLAND
ANNUAL GENERALMeeting
AGENDA

DATE: Wednesday, October 19, 2016

LOCATION: Main Boardroom/Community Health Room

4:00 – 4:10 p.m. Welcome address – Chief Clem Seymour
4:10 – 4:40 p.m. Tasha Henderson & Zoe Greig, UBC Grad Students
Presentation: Comprehensive Sustainable Community Plan overview
4:40 – 5:10 p.m. Prayer & Refreshments (light meal)
5:10 – 6:00 p.m. Auditor: Jeff Hunt, Manning Elliot Accountants
Presentation: Seabird Island 2015-2016 Audit
6:00 – 6:10 pm Student Presentation RE: CUBA Trip
6:10 – 7:30 pm Portfolio reports / Q & A
7:30 pm Door Prize Draws
7:45 pm Adjournment

Child-minding care available!!!

éy kw'as e' me lá:ts'ewtxwem
(It's good you come to visit/be here.)

PLEASE NOTE:
ONLY BAND MEMBERS CAN PARTICIPATE IN DISCUSSIONS REGARDING BAND BUSINESS AND ONLY BAND MEMBERS ARE ELIGIBLE TO RECEIVE DOOR PRIZES.
Employment, Training and Social Development

Introduction to Trades is a 12-week introduction to Electrical, Plumbing, Machining/Millwright and Welding trades.

The program includes: Essential Skills Assessment, WHMIS, Occupational First Aid, etc.

This program will be run at Seabird College, in partnership with Nicola Valley Institute of Technology and is expected to start in mid to late October.

This program is fully funded, open to all with no pre-requisites.

First come, first serve.

Maximum 24 students, so register with Seabird College NOW!

Action Plans

Employment and Social Development action plans are due before the 20th of each month.

Book your appointment with Brian, Andrea or Whyles prior to Income Assistance day to avoid waiting in line.

College students are also reminded to bring in their monthly student attendance.

Grocery Orders

- Grocery and meat pack orders due: Oct. 7 before 12 p.m.
- Pick up: Oct. 13 after 1 p.m.
- Delivery: Oct. 14

Dates to Remember

- IA renewals due: Oct. 14
- Cheque release date is: Oct. 27

Reminder!

Please remember to sign in at the front desk when you come to the Employment Centre! We greatly appreciate it!

Notice: We are no longer buying back empty jars.

---

FAMILY TRAVEL CLUB

FLEA MARKET

October 22 from 10 a.m. to 4 p.m.
in the Band Gym

The Family Travel Club would like to thank the community for all the support you have provided to the Family Club the last two years. Travels dates are approaching and is less than two months away.

Tables are $10 each or two for $15

For more information please contact Angie Chapman swayel17@gmail.com or Jennifer Bobb 604-696-0964.

Pre-payment is required to reserve your space.

Concession will be onsite

Some items that will be sold are: Baked goods, dvds, native northwest product, wind dried salmon, Wii game set, kids clothing, children’s winter boots/snow suits, native designed towels, baby clothing, USA products, misc. household items and much more!

A raffle will also be drawn on this date for:
- 1st place: $1,000
- 2nd place: Canuck's x2 and Cash
- 3rd place: Half pig (butchered and wrapped)

Tickets are $2.00 each

---

Notice: We are no longer buying back empty jars.
**PLEASE NOTE:** Safety is a priority! We need to keep staff safe so we can keep providing you with delivery services.

On delivery days to the Community, please ensure your pets are inside or chained-up away from the door in order to receive your deliveries.

**Pre/Post & Prenatal Circle** - Who can attend? Expecting moms, newborns up to 6 weeks, partners, support person and siblings. Open to families living on-reserve and transportation can be provided. Call 1-800-788-0322 or 604-796-2177

**Bodies in Motion** - NEW class that focuses solely on pre/post natal fitness and is free for First Nations living on-reserve.

- **SCDP/AIDP Meet and Greet** 1-3 p.m.
- **Meals on Wheels** 5-6 p.m.
- **Youth Leadership** (10-12yr) 3-5 p.m.
- **Youth Cooking** 101 (13-18yr) 5-6:30 p.m.
- **Meals on Wheels** 5-6 p.m.
- **Garbage, Recycle & Compost Day**

- **Elders Monthly Meeting** 10 a.m.
- **Head Start Parents and Tots** 10-1 p.m.
- **Dental and Doctor Walk-in Clinics** 1-5 p.m.
- **Youth Culture/Craft** (13-18yr) 3-5 p.m.
- **Boys Group** (13-18yr) 3-5 p.m.
- **Girls Group** (13-18yr) 5-6:30 p.m.
- **Fire Practice** 7-9 p.m.
- **Garbage, Recycle & Compost Day**

- **Elders Outing**

### Community Events Calendar – October 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td><strong>SCDP/AIDP Meet and Greet</strong> 1-3 p.m.</td>
</tr>
<tr>
<td>3</td>
<td><strong>Meals on Wheels</strong> 5-6 p.m.</td>
</tr>
<tr>
<td>4</td>
<td><strong>Homeowner/Renter Insurance Workshop</strong> 10-1 p.m.</td>
</tr>
<tr>
<td>5</td>
<td><strong>Elders College</strong> 9-2 p.m.</td>
</tr>
<tr>
<td>9</td>
<td><strong>Seabird Facilities Closed</strong></td>
</tr>
<tr>
<td>10</td>
<td><strong>Thanksgiving</strong></td>
</tr>
<tr>
<td>16</td>
<td><strong>Acupuncture Clinic</strong></td>
</tr>
<tr>
<td>17</td>
<td><strong>Youth Leadership</strong> (10-12yr) 3-5 p.m.</td>
</tr>
<tr>
<td>18</td>
<td><strong>Head Start Parents and Tots</strong> 10-1 p.m.</td>
</tr>
<tr>
<td>19</td>
<td><strong>Elders College</strong> 9-2 p.m.</td>
</tr>
<tr>
<td>23</td>
<td><strong>Suicide Prevention Workshop</strong> 9-4 p.m.</td>
</tr>
<tr>
<td>24</td>
<td><strong>Youth Leadership</strong> (10-12yr) 3-5 p.m.</td>
</tr>
<tr>
<td>25</td>
<td><strong>Head Start Parents and Tots</strong> 10-1 p.m.</td>
</tr>
<tr>
<td>26</td>
<td><strong>Wellness Pancake Breakfast</strong> 9-10 a.m.</td>
</tr>
<tr>
<td>30</td>
<td><strong>Youth Leadership</strong> (10-12yr) 3-5 p.m.</td>
</tr>
<tr>
<td>31</td>
<td><strong>Youth Cooking</strong> 101 (13-18yr) 5-6:30 p.m.</td>
</tr>
</tbody>
</table>

...
PLEASE NOTE: Safety is a priority! We need to keep staff safe so we can keep providing you with delivery services. On delivery days to the Community, please ensure your pets are inside or chained-up away from the door in order to receive your deliveries.

**Pre/Post & Prenatal Circle**
- **Who can attend?** Expecting moms, newborns up to 6 weeks, partners, support person and siblings.
- Open to families living on-reserve and transportation can be provided.
- Call 1-800-788-0322 or 604-796-2177

**Bodies in Motion**
- NEW class that focuses solely on pre/post natal fitness and is free for First Nations living on-reserve.
- SCDP/AIDP Meet and Greet 1-3 p.m.
- Meals on Wheels 5-6 p.m.
- Youth Leadership (10-12yr) 3-5 p.m.
- Youth Cooking 101 (13-18yr) 5-6:30 p.m.
- Meals on Wheels 5-6 p.m.
- Garbage, Recycle & Compost Day
- Homeowner/Renter Insurance Workshop 10-1p.m.
- Head Start Parents and Tots 10-1p.m.
- Lands Bannock and Tea 10-3 p.m.
- Youth Culture/Craft (13-18yr) 3-5 p.m.
- Girls Group (13-18yr) 5-6:30 p.m.
- Dental and Doctor Walk-in Clinics 1-5 p.m.
- Fire Practice 7-9 p.m.
- Elders College 9-2 p.m.
- Wellness Pancake Breakfast 9-10:30 a.m.
- Pre/Post Natal 11-1 p.m. Mill Hall
- Youth Workshop/Study Night 4-7 p.m.
- Meals on Wheels 5-6 p.m.
- Head Start Parents and Tots 10-1 p.m.
- Youth Fitness 6-8 p.m.
- Someone So Small
- Grocery Order Due

**Seabird Facilities Closed**
- Thanksgiving
  - Elders Monthly Meeting 10 a.m.
  - Head Start Parents and Tots 10-1p.m.
  - Dental and Doctor Walk-in Clinics 1-5 p.m.
  - Youth Culture/Craft (13-18yr) 3-5 p.m.
  - Boys Group (13-18yr) 3-5 p.m.
  - Girls Group (13-18yr) 5-6:30 p.m.
  - Fire Practice 7-9 p.m.
  - Garbage, Recycle & Compost Day
  - Elders College 9-2 p.m.
  - Wellness Pancake Breakfast 9-10:30 a.m.
  - Prenatal Circle 1-3 p.m. Mill Hall
  - Youth Workshop/Study Night 4-7 p.m.
  - Meals on Wheels 5-6 p.m.
  - Head Start Parents and Tots 10-1 p.m.
  - Halloween Party 5-8 p.m.
  - Income Assistance Cheque Day
  - Yoo Hoo Delivery 8-1 p.m.

**Community Events Calendar – October 2016**
My name is Puneet Vanniar. I started here in mid-July and truly appreciate the warm welcome and support I've received from everyone I have worked with.

I am from New Delhi, India where I worked as a HR Generalist for Autodesk. In the 9 years that I was with Autodesk, my responsibilities increased progressively and in the last 3 years I was solely managing HR for 175 employees in 5 different cities in India.

I have a Bachelor's degree in Science, Post-Secondary Diploma in Human Resources, GPHR certification and most recently I have opted for CHRP Certification, which is in progress.

I moved to Canada in the beginning of this year. I am happy to be here and I learn something new about this place almost every day. One of the first things for me to learn was to drive on the right side of the road (in India, we drive on the left side) which took some time getting used to.

I love exploring nature and the lower Mainland is perfect for this with many so many trails and scenic landscapes.

I consider myself fortunate to have been given the opportunity to work with Seabird which is very respected and well known for its progressive efforts and distinguished services.

I’m excited to be joining the HR team and look forward to working with you all and learning more about the community.
I started at Seabird Island on September 12 and I am excited to be here.

I look forward to the opportunity to be part of the team that provides Public Works, Housing and Custodial Services to the community.

My background is in construction and civil engineering.

I have 25+ years’ experience and knowledge in Public Works operations in roads, drainage, water, sewer, fleet, sanitation, and SCADA and I have been involved in Health & Safety initiatives and staff development.

After work I enjoy time with my grandkids, riding my bike on the trails or fishing on the lake.

---

**Post-Secondary Application Deadlines**

Are you a registered Seabird Island Band Member interested in post-secondary studies to obtain a Certificate, Diploma or Degree? Then REMEMBER these important deadlines to apply for post-secondary sponsorship.

Deadlines for completed applications are:

<table>
<thead>
<tr>
<th>For September (Fall)</th>
<th>April 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>For January (Winter/Spring depending on institution)</td>
<td>October 1</td>
</tr>
<tr>
<td>For May (Spring/ Summer depending on institution)</td>
<td>January 1</td>
</tr>
</tbody>
</table>

**Funding of any application is dependent upon available budget.** For further information please contact:

Cindy Kelly, Student Services Worker at 604-796-2177 ext. 6834 or cindykelly@seabirdisland.ca

***Please note Cindy Kelly’s office has moved to Seabird College***
Housing Waitlist

Don’t know your number? Contact Housing 604-796-6932.

### 1 BEDROOM

<table>
<thead>
<tr>
<th></th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>10262015-1022</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>12222015-1023</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>01282016-1027</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>02192016-1028</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>02222016-1029</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>04152016-1030</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>04282016-1031</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>05032016-1032</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>05302016-1033</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>05302016-1034</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>05312016-1035</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>01122016-3093</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>07062016-1036</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>07142016-1037</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>07202016-1038</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>09232016-1039</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>09272016-1040</td>
<td></td>
</tr>
</tbody>
</table>

### 2 BEDROOM

<table>
<thead>
<tr>
<th></th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>07292014-3090</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>02102015-1014</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>04202015-1017</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>06192015-2087</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>07082015-1019</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>07232015-2088</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>08052015-2090</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>11092015-1023</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>01122016-3093</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>01282016-1027</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>02222016-1029</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>02232016-3094</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>04152016-1030</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>04282014-1031</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>05032016-1032</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>05302016-1033</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>05302016-1034</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>06132016-2089</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>07062016-1036</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>02032016-4003</td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>07282016-4008</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>07262016-2091</td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>07282016-2092</td>
<td></td>
</tr>
</tbody>
</table>

### 3 BEDROOM

<table>
<thead>
<tr>
<th></th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>12192012-3076</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>02062013-3082</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>02082013-3084</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>03192013-3088</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>07082014-3087</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>07292014-3090</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>12092014-1014</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>12312014-1016</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>01122015-1009</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>01142015-1011</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>02042015-3091</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>04102015-1016</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>04282015-3095</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>06192015-2087</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>07232015-2088</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>08052015-2090</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>08262015-3096</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>07082015-1019</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>12302015-3097</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>12302015-3092</td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>01042016-4000</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>01252016-4001</td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>02232016-4002</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>02032016-4003</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>04152016-1030</td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>05032016-1032</td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>05172016-4004</td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>05272016-4005</td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>06132016-2089</td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>07062016-3098</td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>07132016-3099</td>
<td></td>
</tr>
<tr>
<td>32</td>
<td>07252016-4006</td>
<td></td>
</tr>
<tr>
<td>33</td>
<td>07272016-4007</td>
<td></td>
</tr>
<tr>
<td>34</td>
<td>07282016-4008</td>
<td></td>
</tr>
<tr>
<td>35</td>
<td>09082016-4009</td>
<td></td>
</tr>
<tr>
<td>36</td>
<td>09162016-4010</td>
<td></td>
</tr>
</tbody>
</table>

If you have outstanding debt with the Band, you will NOT be placed into a rental unit, as per policy.

Please make sure Housing has your current contact information. We must have a working phone number or email address. Unfortunately, if we cannot contact you within 48 hours to offer you an available unit, we will move to the next applicant.

### TENANTS/HOMEOWNERS INSURANCE WORKSHOP WITH BARTON INSURANCE

**Tuesday, Oct. 4**
**10 a.m. - 12 p.m.**
**Gymnasium**

Community Members are encouraged to join us to learn more about applying for content insurance. Content insurance protects tenants/homeowners in the case of fire, theft or damage to possessions.

No registration necessary.
Proposal Writer/Analyst

Closing Date: 14 Oct 2016        Job ID: JP-2016-079

The Proposal Writer/Analyst works under the direct supervision of the Band CAO. Providing research and advice on a variety of issues being handled by the CAO's office. The Proposal Writer/Analyst will work with the Directors Team, Chief and Council, various committees, external agencies, and other parties, to provide the CAO with background research, Community input, applicable legal information, and multiple options to resolving concerns or issues facing the Band and specifically the CAO’s office. The Analyst may be asked to collect information on behalf of the CAO at meetings, info sessions, and other events as assigned.

The Proposal Writer/Analyst will be responsible for researching, preparing, and submitting funding proposals for various projects and programs. They will also be responsible for tracking expected funding opportunities and for ensuring that the CAO is kept apprised of the status of all funding proposals. The Analyst will regularly be tasked with gathering data, soliciting input, and preparing briefings for the CAO, Directors, Committees, and Chief and Council. Through this the expectation will be that all bodies will be provided with the input and information that they require to make informed decisions and choices.

Employment and Social Development Manager

Closing Date: 14 Oct 2016        Job ID: JP-2016-078

Under the direction of the Health and Social Development Director, the Employment and Social Development Manager (ESDM) will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management. Programs (with their sub-programs) under the care and supervision of the ESDM include:

- Income Assistance (Basic Needs, Shelter, Special Needs, Child out of Parental Home)
- Social Development (including the Traditional Food Bank)
- Employment Services (including the Labour Pool)
- Enhanced Service Delivery
- Seabird College
- Seabird Island Driving School

Youth Worker

Closing Date: 7 Oct 2016        Job ID: JP-2016-072

The Youth Worker will be directly responsible for engaging Band youths (age 12 – 19) in a variety of activities that will supplement their growth and development. Activities will include local and distant activities that are both large and small scale. The successful candidate will also connect their clients with needed programs and services such as driver's education, health services, mentorships, and social supports.

The youth worker will be expected to develop strong and healthy relationships with youth that will include in-depth discussions/workshops and support related to youth issues such as suicide, sexual education, gender, mental health, drugs and alcohol, and developing healthy relationships. Some large scale projects will include the creation and continuation of a youth oriented newsletter, youth council and conference, and youth fundraising initiatives. The incumbent must be able to engage and encourage youth while maintaining an appropriate relationship with all of the youths. This position will require a flexible schedule to meet the needs of the Band youths. Given the schedule of the client base (school) most shifts will be evenings and weekends.

As part of the Health Team, you may be expected to work up to 12 hours per day, not exceeding 80 hours per pay period at straight time.

- Submitted by Human Resources

To view more detailed information about these and other opportunities, or to apply for current opportunities please go to: https://seabirdisland.startdate.ca

Please ensure you have received confirmation for your online submission. If you have not received confirmation please contact humanresources@seabirdisland.ca.

Job postings are also available at the Band Office and the Employment, Training and Social Development Office.

We often have new job postings! Please check back daily.
Comic Tempo: kw - October

Libra: September 23 - October 22
Key characteristics: Cooperative, diplomatic, gracious, fair-minded, social

Flower: Rose
Birthstone: Tourmaline

“Autumn is a second spring when every leaf is a flower.”
- Albert Camus

“Experience is simply the name we give our mistakes.”
- Oscar Wilde

“Happiness is not something you postpone for the future; it is something you design for the present.”
- Jim Rohn

Halq’eméylem Word Search

Words:
- íyes – female friend
- íyeseq – male friend
- kálti – candy
- spoleqwíth’a – ghost, corpses, dead body
- sxwéythiyes – headdress face costume, mask
- skwátsem – a scream
- xwesá:lews – leaves falling
- púsk – cat
- p’ip’eth’eláxel – bat
- shxwélchep – jack-o-lantern
- kwá:y – hungry
- stl’áleqem – monster, supernatural creature
- stl’eláxel – feast
- qwesú:yel – drop a net into the water
- qo’qo’ólesems – one’s eyes are watering
- kwót’hlíka – sea, ocean, salt water
- syewá:l – ancestors
- syiwí:l – spirit power

"Houston we have a problem........Andy's mom knitted his space suit."

"Autumn is a second spring when every leaf is a flower."
- Albert Camus

“Experience is simply the name we give our mistakes.”
- Oscar Wilde

“Happiness is not something you postpone for the future; it is something you design for the present.”
- Jim Rohn
ADVERTISING RATES

Classified Advertisements
- 2.5x3: $20.00, $12.50

Banner
- $10.00, $20.00, $30.00

8x5 or 10x4
- $65.00, $25.00

Full Screen
- $20.00, $40.00, $50.00

Late Fee +3%
- Returned Cheque: $35.00

Flyer Insert
- Design & Layout

Digital Display Ad Rates
- Per week Rates: $20.00, $40.00, $50.00
- Full Screen: $25.00
- (8x2.5)

Front Page Color: Greyscale:
- 30 second Banner: $20.00
- Full page colour: $140.00

WALK-IN PAIN CLINICS *
- Every Tues., afternoon from 1:00 – 5:00 p.m.
- (first come, first serve)

Please come to the Dental desk and register your name and note your dental problem.

- Patients will be screened & most urgent problems seen first.

BUILDING BOOKING AND MEETING ROOMS

► Angie Chapman looks after booking the Band Gym, and all meeting rooms that are located within the Band Office. You need to fill out forms to do a booking. Contact Angie 604-796-2177.

► Sandra Haukeland looks after booking of the Millennium Hall. Contact Sandra 604-796-2177.

FIELD LIGHT BOOKINGS:
- Contact Angie Chapman 604-796-2177 to book the field lights for your sports team.

AMBULANCE BILLS
- Please submit ambulance bills as soon as you receive them.
- If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it’s not an ICBC claim.

- Ambulance bills – We can only help those with a status number, everyone else has to pay for their own unless it’s an ICBC claim.

- Unfortunately ambulance bills will not be covered if you have been incarcerated (in jail cell).

Please take note that the Ambulance Billing in Victoria know when you have been incarcerated just by the address provided on the billing.

- Please do not bring those in because we are unable to assist, as they will be denied and it will be the client’s responsibility to pay.

- Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS
- We can assist people with requesting their medical cards, if they are lost or stolen and need a replacement.

- * Each client is responsible for paying for their medical cards! If they’ve been lost or stolen more than 2 times the cost is $20.00 for each new card.

- Sorry we don’t help people get their BC ID.

- Contact Maggie Pettis 604-796-2177.

BABIES ID CARDS
- Apply for medical for babies as soon as possible. Contact Maggie Pettis 604-796-2177.
- Apply for Status Cards for babies as soon as possible. Contact Carol Hope 604-796-2177.

SUNDAY MASS
- Mass takes place at the Seabird Church 11 a.m. – 12 p.m. every second Sunday.

ALCOHOLICS

ANONYMOUS MEETING
- Every Tuesday night at 7 p.m. at the Seabird Island Community Hall.
- Website for AA in BC: www.bcyukonaa.org

EMERGENCY / SECURITY:
- Emergency
- Seabird Security 604-991-8635
- Griffin Security 604-798-9311

SIFD FIRE PRACTICE
- Tuesdays 7:00 – 9:00 p.m.

GARBAGE SCHEDULE
- COMPOST, RECYCLE and GARBAGE: Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday.

MAJOR GARBAGE: First Wednesday of each month (sign-up at the Band Office with Ashley Bobb)

If you need a Bin dropped off for your major cleaning please submit your request in writing at the office.

Contact Ashley Bobb 604-796-6844, or e-mail: ashleybobb@seabirdisland.ca.
Halloween Party

Join us for our annual Community Halloween Party.
A night of fun and games!

Thursday, October 27
5 - 8 P.M.
Band Office Gym

House Decorating Contest

One winner will be chosen for the scariest or creative decorated house.

The winner will receive a family movie pass to Cineplex. There will be a Youth, Elder and a representative from outside of the community to choose the winner.