

# Emergency Preparedness

## Stage 2 Flood Watch

Seabird has 5 stages of alert for emergencies:

- Alert stage 1:** High Streamflow Advisory, watch for information
- Alert Stage 2:** **Flood watch**, water levels continue to rise and are expected to reach bank full
- Alert Stage 3:** Flood Warning, potential for evacuation (pack essentials)
- Alert Stage 4:** Evacuation alert, Evacuate!
- Alert Stage 5:** Clean-up



### Action is Readiness:

- We are **NOT** expecting major flooding at this time.
  - Flooding should be limited to low areas.
  - We anticipate water levels to peak on Saturday.
- We encourage community members to **check basements** for items that will need to be moved upstairs and that the sump pump is functioning,
- **Prepare a family emergency plan, call Communications 604-796-2177** with details about your evacuation needs and plans.
- **Volunteer to help with sandbagging!** We are starting a list; if you are interested in helping to try to save our community and homes, please call 604-796-2177
- We encourage everybody to avoid going out to the river. The swift waters at this time can be hazardous.
- **Visit [www.seabirdisland.ca](http://www.seabirdisland.ca) and Flood Central in the main lobby at the Band Office** for more details, flyers and other flood information.
- For regularly updated information Call:
  - Communications at 604-796-2177
  - Fraser River Forecast Center: 250-356-5261 or <http://bcrfc.env.gov.bc.ca/>

### *Things to consider if we go to stage 3*

*Prepare for the worst, hope for the best. – Why not start now?!*

- 1. Contact Communications at the Band Office** (604-796-2177). Give your emergency contact information so you can be contacted before and during an emergency.
  - **If you will need help with transportation** in the case of evacuation, contact Band Office at 604-796-2177 to put your name on the **evacuation bus list**.
- 2. Think about what valuables will need to be moved upstairs** in the case of flood.
- 3. Make a family emergency plan.**
  - Identify where will you all meet if you are not together when an evacuation is called. Pick one local and one out of area meeting place if possible.
  - Identify who in your family needs what health/medical supplies.
  - Make sure children know your contact information (name, address, phone).
  - Plan for what to do with pets and other animals.
  - Identify where shut off valves are for electricity, gas, water.
- 4. Gather supplies** for your “Grab and Go” emergency kit (see over).

# Family Grab and Go Kit

Make sure that the kit is easy to carry. Use a duffle bag or back pack or suitcase with wheels.

The kit should have all the supplies you need for your family to survive 72 hours (3 days) without help.

- Drinking Water.** 2 litres per person per day (6 litres per person to last 3 days). Some in water bottles for easy carrying
- Food** that won't spoil. Canned goods, energy bars, dried food. Enough for each person for 3 days
- Manual can opener**
- Flashlight with batteries** or wind-up recharger
- Candles and matches/lighter**
- Radio and batteries or wind-up recharger**
- First aid kit** (band aids large and small, gloves, tylenol/advil/asprin scissors, gauze, tensor bandages, antibiotic ointment, first aid instructions, thermometer, clean cloth, tape, tweezers, instant cold compress.
- Warm change of cloths** for each person
- Special items** for people with special needs (medicines, babies, health conditions, etc)
- Important documents** (passports, status card, insurance papers, contact numbers, emergency plan)
- Leash, kennel and food for your pet**
- Cash** to buy any supplies you cannot bring with you

# Fisherman... Rising Waters Alert

**With the rising waters we would like you to  
keep in mind a few safety tips:**

- 1) Watch for Debris coming down the river.
- 2) Set your net a bit higher than usual on the river bed, so the head doesn't disappear, making you risk your life looking for it.
- 4) Sink the rest of your net to minimize catching Debris.
- 5) Don't take your eyes off of where you are going.
- 6) If you can help it, never put your back to the river!

