



the SEABIRD ISLAND

Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

February 2019



Elders Rummage Sale

Held on January 22, form 10 a.m. - 2 p.m.

Great deals, great prices! keep an eye out for future dates.

Located at the College in room #10





YOO HOO

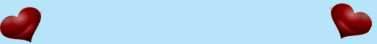
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Upcoming Closures

February 18
Family Day
Facilities Closed

February 18
SICS & SD78
Closed



The most important thing in the world is family and love.

~John Wooden



DINNER & DANCE INVITATION

CELEBRATE FAMILY DAY WITH US

TUESDAY, FEBRUARY 19, 2019

Band Gym
Time: 5 p.m. – 8 p.m.

ECO friendly!
Bring your own plates and forks.
Join us for dinner and a good time!!!

Seabird Island FESTIVAL

- Baseball
- Ball Hockey
- War Canoe Races
- Adult Soccer
- Youth Soccer
- Barbeque Salmon
- Cultural Performers
- Daily 50/50
- Vendors

Celebrating 50 YEARS

We are interested in your comments, questions and concerns.

We will be looking for volunteers to make this celebration grand.

Sneak peak, more info to come

Please join us

May 25th & 26th, 2019

Events Coordinator, Charlene Point charlenep@seabirdisland.ca

Jordan's Principle funding is available for all First Nation children



What is Jordan's Principle?

Jordan's Principle is funding set aside to ensure that First Nation children get the assistance they need.

Jordan River Anderson was a First Nation boy who suffered tremendously because the Federal and Provincial Governments argued over who was financially responsible for his care. Jordan's Principle was put in place to ensure that funding happens, to meet the needs of children.

Jordan's Principle is about ensuring First Nation children receive the services they need when they need them. It kicks in when regular providers can't provide the service.

- Jordan's Principle is available to all First Nation children in Canada
- Applies to all public services, including services that are beyond the standard of care. Examples are braces/orthodontics, physiotherapy, special education assistance, one on one workers.

The First Nations Health Authority (FNHA) is responsible for administering Jordan's Principle resources in British Columbia. Case coordinators will assess needs; facilitate early intervention; develop integrated care plans; connect the child and family to needed services; remove the stress of navigating service

systems; support families as they manage their needs; and involve relevant partners in each case, as necessary, to expediently address immediate service gaps.

Who is eligible in BC?

All First Nation children 0-19 with an identified need for a publicly funded service or support are eligible, regardless of their health or social status, or place of residency (on or off reserve).

To report a case of Jordan's Principle in BC or for more information, please contact:

Jordan's Principle Implementation
1-866-913-0033
Jordans.Principle@fnha.ca

Or call Seabird's Acting Health Director,
Heather McDonald, 604-796-2177

A notice to Band Members regarding Status Card Applications

Status Card Application for Adults 16 +

Acceptable Identification for issuing Status Cards:

Clients must provide the following ID from one of the following categories when applying for, renewing or replacing a Certificate of Indian Status (CIS):

One piece of primary ID or two pieces of secondary ID (one with digitized photo)

Status Card Application for Children (15 years and under)

Acceptable Identification for issuing Status Cards:

An application for a Certificate of Indian Status must be accompanied by:

Child: One piece of ID

Plus 2 pieces of Parent /Legal Guardian:
One piece of primary ID or two pieces of secondary ID (one with digitized photo)

Applications/Renewals/Replacements
by Appointment Only

Membership office hours: Tuesday and Thursdays
9 a.m. - 12 p.m.; 1 p.m. - 4 p.m.
Contact: Membership Office at 604-796-6877

Primary ID

Valid Canadian Passport
Plastic CIS issued after April 2002

Secondary ID

Certificate of Birth
Certificate of Marriage or Divorce
Provincial Health Card
Provincial Identification Card
Driver's License
Employee ID with digitized photo
Student ID with digitized photo
Firearms License
Current CIS card (can't be expired more than 6 months)

Helpful Tips when Preparing for your Appointment:

1. Photos - contact Communications at 604-796-2177
2. Complete the application form
3. Ensure you have correct ID

Photo Fees:

\$10 laminate card photo per person
\$15 digital card photo per person
(applies to everyone)

Status Cards are \$20 for Non-Members not living within Seabird Island community. To apply for the new SCIS (Security Certified Indian Status), please contact INAC directly at 1-800-665-9320 for further details.

If applicable, a copy of the legal guardianship orders naming the guardian, if the legal guardian is applying on behalf of the child.

- Expired ID, photocopy ID or Certified Copied ID
WILL NOT BE ACCEPTED
- ID must be intact and readable
- Your previously issued status card must be returned to the Membership Clerk upon receipt of your replacement / renewal status card

Failure to complete and submit all necessary documentation WILL DELAY SERVICE.

Route 22 (Hope Transit System)

Finance Department sells the following Tickets, on behalf of FVRD.

Tickets can be used throughout the BC Transit system

1. CHILD (4 and UNDER)
Free when accompanied by an adult.
2. Cash Fare \$2.50
ALL - STUDENT (K to 12) SENIOR (65+) ADULT
Please have exact change ready, drivers do not carry change.
3. 10 TICKETS PER SHEET \$22.50 – Tickets are one-way
ALL - STUDENT (K to 12) SENIOR (65+) ADULT
4. DAYPASS \$5.00
ALL - STUDENT (K to 12) SENIOR (65+) ADULT
5. MONTHLY PASS \$44.00
ADULT
6. MONTHLY PASS \$35.00
7. STUDENT (K to 12) SENIOR (65+)

<https://bctransit.com/central-fraser-valley/fares/how-fares-work>

Central Fraser Valley Transit System

How to Pay - You can pay using cash or a pass. This section describes how each of these methods works.

How to Use the Fare box - If you wish to pay with cash, it is important to have exact fare. The bus operator does not have access to any coins or bills and can't give you

change. To pay with cash, insert the coins into the dispenser at the top. If you're using bills, insert them through the scanner, also located on top of the fare box.

How to Use Passes - To use a pass, slide it through the scanner along the top of the fare box. DO NOT insert it into the fare box. The driver won't be able to get it out and you will lose your pass.

Transfers - If you are paying cash or using tickets, and have to travel on more than one bus to complete your trip, you will need a transfer from the driver.

Transfers are free and good in any direction, on any bus, within 90 minutes. This means that you can transfer at any location and can make return trips within the 90-minute window. *Be sure to request your transfer as you pay your fare.*

When you board your connecting bus, show your transfer to the driver with the transfer facing up, and the time showing.

Transfers to Aldergrove: Transfers are not valid between CFV and TransLink. If you are travelling on TransLink, you must pay the appropriate fare.

Cash Fare - Allows one person to use transit. Please have the correct fare ready before you enter the bus. If you have a bus ticket, have it out and ready.

To pay your fare, place coins into the funnel on the top left of the fare box.

To pay using a bill, place it in the scanner and allow it to move through. Note, the fare box will not give change.

10 Tickets - Each ticket allows one person to use transit. When you purchase a package of 10 tickets, you often receive a discount. Using tickets also has the advantage of not requiring you to carry exact change on the bus. *Lost or stolen Tickets cannot be replaced.*

DayPASS - A DayPASS allows unlimited journeys during the day throughout your transit system. Scratch off the grey panel covering the month and day on which you wish to ride

To pay using a Day Pass, slide the card through the scanner at the top of the fare box. *Lost or stolen Day Passes cannot be replaced.*

Monthly Pass - If you need to take transit regularly throughout the month, a Monthly Pass offers a discount for unlimited travel.

To pay using a Monthly Pass, slide the card through the scanner at the top of the fare box. *Lost or stolen Monthly Passes cannot be replaced.*

Seabird Island Band - Does not sell the following type of tickets please contact BC Transit

BC Transit Service Info
Phone: 604-795-3838
Fax: 604-796-8516
Address:
First Canada
44275 Yale Road West
Chilliwack BC
V2R 4H2

Post-Secondary Students or College Pass - This pass offers unlimited travel for students in full-time attendance at a post-secondary institution during the semester.

U-PASS - This non-transferable student photo-ID pass is available at participating post-secondary institutions. For more information, consult your student society representative or visit the student society website.

ProPASS - The ProPASS program is available to all employers in participating communities. Companies enrolled in the ProPASS program can offer employees a discounted bus pass through payroll deduction for a minimum of one year.

ProPASS is offered through participating systems. Check your Fares section to see if it's available in your area.

Semester Pass - The Semester Pass Program provides a four-month pass at discounted rates.

YouthPASS - A photo youth pass is available throughout the year. For a minimum six-month purchase, the YouthPASS offers unlimited travel throughout the transit region for youth aged 6–18 years.

HandyDART - An accessible, door-to-door shared transit service for people with permanent or temporary disabilities that prevent them from using fixed-route transit without assistance from another person. HandyDART picks

you up at your accessible door and drops you off at the accessible door of your destination.

BC Bus Pass - A universal bus pass is available for low-income seniors and persons with disabilities, providing unlimited access on any scheduled BC Transit bus. To qualify for the BC Bus Pass Program, you must be receiving any of the following:

Federal Old Age Security (OAS) and Guaranteed Income Supplement (GIS)

Spouses Allowance to Old Age Security

Over 65 years – would qualify for OAS and GIS except having less than 10 years residency in Canada

Income Assistance (60-64 years)

Income Assistance for persons with a disability

For more information: Visit: BC Government Website
Call: 1-866-866-0800

The Drivers Seat

When ever you put your vehicle into reverse, you need to do a 360° check.



To do a proper 360° check, you should look over your left shoulder, out the window of the drivers side back door window, then out the drivers door window and then the drivers side view mirror. Then out the front windshield above the steering wheel and over to the rear view mirror, then the windshield. In front of the passenger seat and then the

passenger side view mirror and window. Then look over your right shoulder and out the back door window on the passenger side. After that straight out the back window. All this should only take maybe a minute or two.

Before you back out, signal to whichever way the backend of your vehicle will be turning.

Fraser Valley Regional Transit

| 11 Agassiz-Harrison Transit | | | | | | | | | | |
|----------------------------------|----------------------------|--------------------|---------------------------|----------------------------|----------------------------|---------------------------|--------------------|----------------------------|-------------------|-------|
| To Harrison | | | | | To Chilliwack | | | | | |
| Monday to Friday | | | | | | | | | | |
| (A) | (V) | (X) | (Y) | (Z) | (Z) | (Y) | (X) | (V) | (A) | |
| Downtown Exchange | Reocdale: Yale and McGrath | Highway 9 and Yale | Agassiz: Pioneer and Park | Harrison Hot Springs Hotel | Harrison Hot Springs Hotel | Agassiz: Pioneer and Park | Highway 9 and Yale | Reocdale: Yale and McGrath | Downtown Exchange | |
| 5:20 | 5:35 | 5:40 | 5:55 | — | 6:35 | 6:46 | 7:01 | 7:06 | 7:21 | |
| 6:30 | 6:45 | 6:50 | 7:05 | 7:16 | 7:25 | 7:36 | 7:51 | 7:56 | 8:11 | |
| 7:25 | 7:40 | 7:45 | 8:00 | 8:11 | 8:15 | 8:21 | 8:36 | 9:01 | 9:16 | |
| — | — | — | — | — | 9:09 | 9:24 | 9:29 | 9:44 | — | |
| B | 8:25 | 8:40 | 8:45 | 9:00 | 9:11 | 9:25 | 9:36 | 9:51 | 9:56 | 10:11 |
| B | 9:25 | 9:40 | 9:45 | 10:00 | 10:11 | B | 10:25 | 10:36 | 10:51 | 10:56 |
| B | 12:25 | 12:40 | 12:45 | 1:00 | 1:11 | B | 1:25 | 1:36 | 1:51 | 1:56 |
| B | 2:25 | 2:40 | 2:45 | 3:00 | 3:11 | B | 3:25 | 3:36 | 3:51 | 3:56 |
| B | 2:46 | 3:01 | 3:06 | 3:21 | — | B | 4:25 | 4:36 | 4:51 | 4:56 |
| D | 3:15 | 3:30 | 3:45 | 4:05 | 4:16 | B | 5:25 | 5:36 | 5:51 | 5:56 |
| B | 4:25 | 4:40 | 4:45 | 5:00 | 5:11 | B | 6:20 | 6:31 | 6:46 | 6:51 |
| B | 5:25 | 5:40 | 5:45 | 6:00 | 6:11 | B | 6:31 | 6:46 | 6:51 | 7:06 |
| F | 7:45 | 8:00 | 8:05 | 8:20 | 8:31 | F | 8:45 | 8:56 | 9:11 | 9:16 |
| F | 9:45 | 10:00 | 10:05 | 10:20 | 10:31 | F | 10:35 | 10:43 | 10:58 | 11:01 |
| Saturday | | | | | | | | | | |
| — | 7:20 | 7:35 | 7:40 | 7:55 | — | B | 9:25 | 9:36 | 9:51 | 9:56 |
| — | 8:35 | 8:50 | 8:55 | 9:10 | 9:21 | — | 11:09 | 11:24 | 11:29 | 11:44 |
| B | 10:25 | 10:40 | 10:45 | 11:00 | 11:11 | B | 11:25 | 11:36 | 11:51 | 11:56 |
| B | 12:25 | 12:40 | 12:45 | 1:00 | 1:11 | B | 1:25 | 1:36 | 1:51 | 1:56 |
| B | 1:46 | 2:01 | 2:06 | 2:21 | — | B | 4:25 | 4:36 | 4:51 | 4:56 |
| B | 3:25 | 3:40 | 3:45 | 4:00 | 4:11 | B | 5:36 | 5:51 | 5:56 | 6:11 |
| B | 5:25 | 5:40 | 5:45 | 6:00 | 6:11 | B | 6:20 | 6:31 | 6:46 | 6:51 |
| B | 7:45 | 8:00 | 8:05 | 8:20 | 8:31 | B | 8:45 | 8:56 | 9:11 | 9:16 |
| B | 9:45 | 10:00 | 10:05 | 10:20 | 10:31 | B | 10:35 | 10:43 | 10:58 | 11:09 |
| Sunday – July 1 until Labour Day | | | | | | | | | | |
| — | — | — | — | — | — | B | 9:25 | 9:36 | 9:51 | 9:56 |
| — | 10:25 | 10:40 | 10:45 | 11:00 | 11:11 | — | 11:25 | 11:36 | 11:51 | 11:56 |
| — | 12:25 | 12:40 | 12:45 | 1:00 | 1:11 | — | 2:25 | 2:36 | 2:51 | 2:56 |
| — | 3:25 | 3:40 | 3:45 | 4:00 | 4:11 | — | 4:25 | 4:36 | 4:51 | 4:56 |
| — | 5:25 | 5:40 | 5:45 | 6:00 | 6:11 | — | — | — | — | — |

| 22 Hope | | | | | | | | | | |
|---------------------------|------------------------------|-------------------------|---------------------|---------------------|----------------------------|--------------------------|------------------------|-------------------------|------------------------------|---------------------------|
| To Hope | | | | | To Agassiz | | | | | |
| Monday to Friday | | | | | | | | | | |
| (Y) | (SI) | (C) | (B) | (B) | (KL) | (FH) | (U) | (C) | (SI) | (Y) |
| Agassiz: Pioneer and Park | Seabird Island First Nations | Chawathil and Loughhead | Park and 3rd Avenue | Park and 3rd Avenue | Kawakawa Lake Rd and Union | Frank Hope and School Rd | 3rd Avenue and Wallace | Chawathil and Loughhead | Seabird Island First Nations | Agassiz: Pioneer and Park |
| 5:55 | 6:00 | 6:14 | 6:28 | 6:35 | 6:42 | 6:48 | 6:56 | 7:06 | 7:22 | 7:29 |
| 7:38 | 7:43 | 7:57 | 8:11 | 8:16 | 8:23 | 8:29 | 8:37 | 8:47 | 9:03 | 9:09 |
| 8:21 | 8:26 | 8:40 | 8:54 | 8:54 | 9:01 | 9:07 | 9:15 | 9:25 | 9:41 | 9:48 |
| 9:05 | 9:10 | 9:24 | 9:38 | 9:38 | 9:45 | 9:51 | 9:59 | 10:09 | 10:25 | 10:31 |
| Saturday | | | | | | | | | | |
| — | 7:55 | 8:00 | 8:14 | 8:28 | 8:34 | 8:41 | 8:47 | 8:55 | 9:05 | 9:21 |
| — | 9:38 | 9:43 | 9:57 | 10:11 | 10:16 | 10:23 | 10:29 | 10:37 | 10:47 | 11:03 |
| — | 2:21 | 2:26 | 2:40 | 2:54 | 2:54 | 3:01 | 3:07 | 3:15 | 3:25 | 3:41 |
| — | 4:10 | 4:15 | 4:29 | 4:43 | 4:43 | 4:50 | 4:56 | 5:04 | 5:14 | 5:30 |

Fares Agassiz-Harrison and Hope subject to change

Cash

All \$ 2.50
Child, 4 or under Free

DayPASS

All 5.00

Tickets (10)

All 22.50

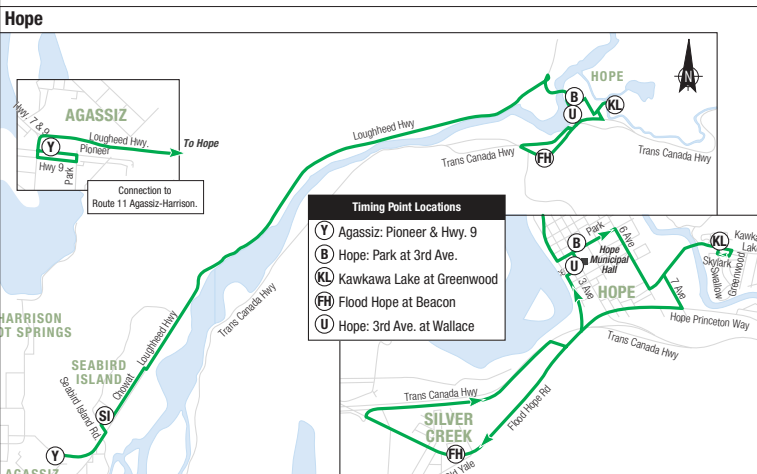
Monthly Pass

Adult 44.00
Student/Senior* 35.00

* Reduced fare with valid I.D. for persons 65 or over, and students in full-time attendance to Grade 12.

UFV U-PASS is valid in Chilliwack only.

Holiday Service



the **SEABIRD** Island

YOO HOO

Because news isn't all bad or boring!

Reach thousands of potential new clients by Placing your ad here!

Contact Communications for your monthly advertising rates.
Special Discount Rates Available for Band Members!

Phone: 604-796-2177
E-mail: comm@seabirdisland.ca

Pick-up your newsletter from the red boxes!

You may pick-up your Yoo Hoo in the Lobby at the Band Office or at the red newsletter boxes in the Community.

Nature Friendly Option!
Those who prefer to receive newsletters by email, submit requests to comm@seabirdisland.ca
Providing: name and email.

Housing Wait List

| 1 bedroom | |
|-----------|---------------|
| 1 | 09232016-1039 |
| 2 | 11162017-6009 |
| 3 | 02222016-1029 |
| 4 | 01032018-5011 |
| 5 | 01192018-5014 |
| 6 | 04192018-5019 |
| 7 | 04282018-5020 |
| 8 | 10192018-5022 |
| 9 | 11222018-5023 |
| 10 | 11272018-5024 |
| 11 | 11272018-5025 |
| 12 | 12032018-5026 |
| 13 | 12042019-5027 |
| 14 | 12242018-5028 |

| 2 bedroom | |
|-----------|---------------|
| 1 | 01122016-3093 |
| 2 | 05032016-1032 |
| 3 | 07142016-1037 |
| 4 | 02032016-4003 |
| 5 | 01252017-1046 |
| 6 | 08222017-6006 |
| 7 | 09062017-7005 |
| 8 | 10042017-6008 |
| 9 | 10042017-7007 |
| 10 | 11162017-6009 |
| 11 | 02222016-1029 |
| 12 | 01032018-5011 |
| 13 | 03192013-3088 |
| 14 | 08172017-6005 |
| 15 | 03122018-6014 |
| 16 | 06042018-6018 |
| 17 | 11152018-6022 |
| 18 | 11222018-5023 |
| 19 | 11262018-5020 |
| 20 | 12182018-5014 |
| 21 | 12242018-5028 |
| 22 | 12312018-7022 |
| 23 | 12312018-6024 |

| 3+ bedroom | |
|------------|---------------|
| 1 | 12192012-3076 |
| 2 | 02082013-3084 |
| 3 | 01142015-1011 |
| 4 | 01252016-4001 |
| 5 | 02232016-4002 |
| 6 | 02032016-4003 |
| 7 | 07142016-1037 |
| 8 | 04282014-1031 |
| 9 | 12232016-2097 |
| 10 | 12302016-4015 |
| 11 | 09062017-7005 |
| 12 | 11162017-6009 |
| 13 | 12202017-7012 |
| 14 | 03192013-3088 |
| 15 | 08172017-6005 |
| 16 | 10042017-6008 |
| 17 | 01162018-7013 |
| 18 | 07292014-3090 |
| 19 | 05182018-7018 |
| 20 | 09182018-7022 |
| 21 | 10232018-7023 |
| 22 | 10232018-1029 |
| 23 | 11152018-7025 |
| 24 | 11222018-5023 |
| 25 | 12102018-6014 |
| 26 | 12282018-7007 |
| 27 | 12282018-1046 |
| 28 | 12312018-5011 |
| 29 | 12312018-6024 |
| 30 | 01042019-7024 |

Please make sure the Housing Department has your current contact information. **We must have a working phone number or email address.**

Unfortunately, if we cannot contact you within 48 hours to offer you an available unit, we will move onto the next applicant.

NOTE: If you have outstanding debt with the Band, you will NOT be placed into a rental unit, as per housing policy.

REMINDER!

Housing applications must be renewed before JANUARY 1st each year to remain on the list!

Anyone who did not renew came off the list and must now reapply to start from the bottom of the list.

Don't know your waitlist number?

Contact your Housing Department at 604-796-2177.



HAVE A COMPLIMENT, COMMENT SUGGESTION OR COMPLAINT ABOUT OUR OPERATIONS OR SERVICES?

We want to hear from you!

Read our Public Feedback Policy on our website at <http://www.seabirdisland.ca/index.php/accountability-transparency/public-feedback/>

JOIN US MEET IN THE BAND OFFICE FOYER MONDAYS AND THURSDAYS AT NOON



SEABIRD NUTRITION

Call for more info 604-796-6829

Join us for weekly walking

Train for a 10 km event

Walk or run

Walk and talk with Health Team members

Enter to win entry to the Vancouver Sun Run



Winter driving

Ice, snow, slippery highways — driving in winter conditions can be both challenging and frustrating. Here are some helpful tips to keep you and your loved ones safer on the road.

It's snowing! What do I do?

Feeling uneasy about driving? You're not alone. According to an ICBC survey, almost four in 10 of respondents feel less confident driving during the winter. In addition, seven in 10 feel less safe and frustrated by the actions of other drivers.

Staying off the road can sometimes be a less stressful and safer option.

Instead of driving, you may want to consider taking public transit if available, carpooling with a friend who's a confident driver, taking a taxi or working from home.

When you're feeling confident

If your vehicle is equipped for the weather and you're feeling confident, remember to take extra precautions on the road.

Plan ahead and always check road and weather conditions on drivebc.ca before heading out.

Be sure to leave more following distance, slow down and give yourself more time to get where you're going. Speed limits are set for ideal conditions only.

Using winter tires

Although winter tires are not mandatory in the Fraser Valley, keep in mind that the Ministry of Transportation and Infrastructure can designate them to be required on certain roads and highways. This typically happens during the fall and winter months in Northern BC and the Southern Interior.

When you're driving on these roads without winter tires, police can ticket you and force you to turn back.

ICBC recommends winter tires

For your safety and the safety of other drivers, ICBC recommends winter tires for driving in snow and ice, especially if you live in an area where you would normally expect a lot of snow. You're less likely to slide on the road because all season tires can begin to lose their elasticity and grip on the road at temperatures below 7°C, according to Transport Canada.

Driving in bad weather

Hydroplaning

Hydroplaning happens when the tires lose contact with the road surface and float on a film of water. If you find yourself hydroplaning, ease off the accelerator and keep steering in the direction you want to go. Avoid braking.

Black ice

During the winter, temperatures can change quickly, which can cause unpredictable road conditions. Although the road may look the same, black ice can form unexpectedly and may not be visible.

Black ice is commonly found on roads with shaded areas, bridges, overpasses and intersections where car exhaust and packed snow freeze quickly.

When you drive over black ice and start to skid, ease off the accelerator, look and steer smoothly in the direction you want to go. Don't brake! This will make the situation worse. You may need to repeat this manoeuvre several times until you regain control.

Adjust for conditions
















Potholes can be another hazard during cold and wet weather. For all types of winter hazards, remember two key tips: reduce your speed and increase your following distance. The more time you have to react to any hazard the better.

Read more in our Learn to Drive Smart Guide, Winter Tires Guide and tips on driving in poor conditions.


<https://www.icbc.com/road-safety/driving-tips/Pages/Winter-driving.aspx>

Submitted by: Zorana Edwards-Shippentower

2019 ~ Temt'elemeches "Time when han

| (S) Sxexlhat | (M) Yila:welhát | (T) Sthémelts | (W) Silh |
|---|---|---|--|
| | <p>We are no longer delivering to residents homes! You may pick-up your Yoo Hoo at the Lobby of the Band Office or at the red newsletter boxes in the Community.</p> <p>Nature Friendly Option! Those who prefer to receive newsletters by email, submit requests to comm@seabirdisland.ca providing name and email</p> | <p>Pre & Post Natal and Prenatal Circle Who can attend? Expecting moms, newborns up to 6 weeks, partners, support person and siblings. Open to families living on-reserve and transportation can be provided. Questions? Text or call Diana Phan at 604-765-8769 or 604-796-6858</p> <p>Bodies in Motion focuses solely on Pre & Post Natal Fitness and is free for First Nations living on-reserve.</p> | <p> Doctor Walk-in CL</p> <p> Dental Walk-in CL</p> <p> Fire Practice 7 - 9 p</p> <p> Garbage, Recycle 8</p> |
| <p>3</p> <p></p> <p>• Seabird Mass 11 - 12 p.m.</p> | <p>4</p> <p>• Make & Take 4 - 6 p.m. • Meals on Wheels 5 - 6 p.m.</p> | <p>5</p> <p>  </p> | <p>• Pre & Post Natal 11 a.m. • Cedar Making 4 - 6 p.m. • Meals on Wheels 5 - 6 p</p> |
| <p>10</p> <p></p> <p>• Sts'ailes Mass 11 - 12 p.m.</p> | <p>11</p> <p>• Meals on Wheels 5 - 6 p.m.</p> | <p>12</p> <p>  </p> | <p>• Prenatal Circle 1 - 3 p.m. • Cedar Making 4 - 6 p.m. • Meals on Wheels 5 - 6 p</p> |
| <p>17</p> <p>• Seabird Mass 11 - 12 p.m.</p> | <p>18</p> <div data-bbox="414 1302 738 1533" style="text-align: center;">  <p>Facilities Closed - Stat Holiday Family Day</p> </div> | <p>19</p> <p>   </p> <p>• Family Dinner and Dance 5 - 9 p.m.</p> | <p>• Womens Group 1 - 3 p.m. • Cedar Making 4 - 6 p.m. • Meals on Wheels 5 - 6 p • Monthly Action Plan D • Stó:lō Day</p> |
| <p>24</p> <p></p> <p>• Sts'ailes Mass 11 - 12 p.m.</p> | <p>25</p> <p>• Feast/Language Bingo 4 - 8 p.m. • Meals on Wheels 5 - 6 p.m.</p> | <p>26</p> <p>  </p> | <p>• Bodies in Motion 1 - 3 p • Cedar Making 4 - 6 p.m. • Meals on Wheels 5 - 6 p • Income Assistance Day</p> |

Things stick to things from cold” ~ February

| :xws | (T) Sxeó:thels | (F) Sheqátses | (S) T’óqw’tem |
|--|--|---------------|---|
| <p>inics 1 - 5 p.m.</p> <p>inics 1 - 5 p.m.</p> <p>p.m.</p> <p>x Compost</p> | | 1 | <p>2</p> <p>• Community Film Festival Night 5 - 8 p.m. <i>See pg. 12 for more details</i></p> |
| 6 | 7 | 8 | 9 |
| <p>. - 1 p.m.</p> <p>.</p> <p>.m.</p> |  <p>Valentines Day</p> <p>• Beading, Sewing and Quilting 4 - 7 p.m.</p> | 14 | 15 |
| 13 | 21 | 22 | 16 |
| <p>.m.</p> <p>.</p> <p>.m.</p> <p>ue</p> <p>.m.</p> <p>.</p> <p>.m.</p> | <p>• SA Renewal Submissions Due</p> <p>• Beading, Sewing and Quilting 4 - 7 p.m.</p> <p>• Beading, Sewing and Quilting 4 - 7 p.m.</p> | 23 | 27 |

EMPLOYMENT & TRAINING

February 2019

604-796-6865 – Call to book an appointment with a CDP or Driving Instructor

Monthly Action Plans

Monthly action plans are due a week before Income Assistance day. Appointments can be made with Andrea or Whyles prior to Income Assistance day to avoid waiting in line. College students are also reminded to bring in their monthly student attendance record to their appointment.

Labour Pool

Labour Pool is accepting applications for casual/temporary employment. This program is in place to assist anyone in the community that would like to work on call for the Seabird Island Band. Must be 16 years+. Please stop by our office if you are interested.

Funding Packages

** If you're planning on taking training or an educational program. Please see either Andrea or Whyles regarding funding options at least 6 – 8 weeks prior to start date of program.
 ** Funding requests/applications are for approved accredited educational programs. Please call to set up an appointment to learn more about the funding process and application.

Self-Serve Options

We have computers and a printer available for anyone in the Community that would like to job search, create resumes or research educational programs. We are happy to assist you and offer guidance to those who request assistance.

Driving School

Jim is available for driving lessons Monday to Friday each week. Please call Hillary to book an appointment for a lesson, learners test or road test.



knowledge test

vision screening

Quote of the Month



“A flower does not think of competing with the flower next to it. It just blooms.”

Employment Opportunity

Eclipse Transport is looking to hire a yard person/ labourer for their busy steel yard. The person they are looking for will be physically able to perform a variety of tasks, there may be lifting of medium to heavy weight items required, must be able to work as a contributing team member, and must be able to follow instruction. This is a full time position with the possibility of overtime daily. Please call Chris at 604-796-8972 if interested.

Compensation: \$15.00 - \$17.00/ hour

The employment services that are provided at Seabird Island are funded by SASET through an agreement with Service Canada. First Nation people who are status/non status, live on/off reserve and Inuit individuals who seek employment services are welcome to access these services.

SPIRIT OF THE PEOPLE

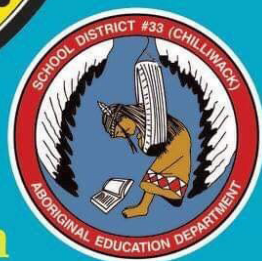
Family Day POWWOW

February 16, 17
2019



Host Drum: Travelling Spirit
MC: Francis James
AD: Gary Abbott
Specials:

Event Partners:
Aboriginal Education
School District 33 Chilliwack



Family Team Dance,
Owl Dance Contest,
Switch Dance, many more

Info: 604.845.5234
Vendors: 604.845.5234
Volunteers: 604.997.7636

Authentic Arts and Crafts
First Nations Concession stand

CHILLIWACK SECONDARY SCHOOL

46363 Yale Rd Chilliwack, BC

No outside raffles or concessions. Bring your own chairs

Grand Entry
Saturday 1PM and 7PM
Sunday 1PM and 7PM

All Public Welcome to Attend

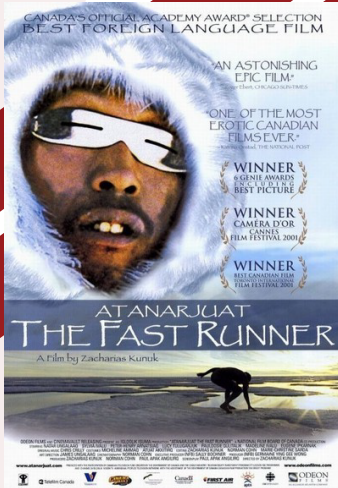
SOTP is not responsible for loss, theft or injury. DRUG AND ALCOHOL FREE EVENT
NO Pets allowed on facility grounds



Seabird Island

Cultural Events

Film Festival



Screening on Feb, 2nd
In partnership with
Reel Change

Atanarjuat: The Fast Runner Rated R
(for some
sexuality/nudity and
violence.)

Directed by Zacharias Kunuk
 172 min. 2001

"Atanarjuat, The Fast Runner" is an epic film made by and about the Inuit peoples of the Canadian arctic, telling a story of a crime that ruptures the trust within a closely knit group, and how justice is achieved and healing begins. Director Zacharias Kunuk and his writer, Paul Apak Angilin, collected oral versions of an Inuit legend from several elders, collated them into a story, submitted the story to the elders for suggestions and then filmed it as a collaborative expression.

LOCATION:
Band Office Gym

Light Meal &
Popcorn included!



Screening on Feb, 9th

Indian Horse
Rated 14A

Director Stephen S. Campanelli 141 min. 2017

Follows the life of Canadian First Nations boy, Saul Indian Horse, as he survives residential school and life amongst the racism of the 1970s. A talented hockey player, Saul must find his own path as he battles stereotypes and alcoholism.



Screening on Feb, 16th
In partnership with
Reel Change

Rabbit Proof Fence
Rated PG

Directed by Phillip Noyce
 94 minutes. 2002

Three mixed-race girls are torn brutally from their Aboriginal mother and sent over a thousand miles away to a training camp for domestic workers as part of a government policy to integrate them into white society. Linking the camp and their distant home territory is a vast rabbit-proof fence, which stretches from one coast to another and just might help the girls find their way back.

For more information:

Phone: Leanne Ellis at 604-796-6939 or

E-mail: leannee@seabirdisland.ca

Speech & Language Pathologist

The Speech & Language Pathologist provides a range of clinical services that focus on promoting communication, language and speech and that contribute to a client/patient's overall cognitive, physical, social and emotional well-being. The speech and language pathologist works closely with babies, children who have various levels of speech, language and communication problems.

On Call Education Assistant

Under the supervision of school administration the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of children more rewarding. EAs will assist teachers in student assessment and evaluation through observation, recording and data collection. At Seabird Island Community School Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of all students.

Speech and Language Assistant

The Speech and Language Assistant will work directly under licensed speech pathologists, aiding them in their daily responsibilities to provide a range of clinical services that focus on promoting communication, language and speech that contributes to a client/patient's overall cognitive, physical, social and emotional well-being.

Adult Dogwood Instructor

Seabird College, situated 130 kilometers east of Vancouver in the Fraser Valley, is seeking a qualified teacher to instruct a variety of education courses including english, math and work experience to adult learners working to improve their competency in literacy and numeracy, as preparation for vocational training and employment.

Successful candidate will be offered a term ending September 2019, subject to sufficient student enrollment.

Dental Hygienist On-Call

The Dental Hygienist's perform basic dental care tasks, mostly focused on keeping patients' teeth and gums clean and giving instruction in proper dental hygiene. The Dental Hygienist will work under the supervision of licensed Dentist. They are not qualified to make the same kind of diagnostic decisions or perform the same procedures as Dentists. Unlike dental assistants, who work directly with dentists, hygienists often see patients on their own and direct their own tasks.

Teacher on Call (TOC)

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

High School Social Studies Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Social Studies' Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of government, geography, history, economics, civic ideals and current events. Social Studies Teacher will also instruct students on Canadian ideals and cultural heritage; developing proficiency in the use of social studies inquiry skill and concepts; motivate each student to understand and exercise his/her rights, privileges and responsibilities as a citizen; develop understanding of the geographical, historical, cultural, and political factors which influence the development of the world regions.

Early Childhood Education Supervisor

The Early Childhood Education & Care Centre Supervisor assumes responsibility for the day to day operation of a fully licensed Child Care Centre for infants, toddlers and preschool age children. This includes providing a safe, welcoming, culturally rich and educational early childhood programs for the children and their families.

At Seabird, we are proud of our rich culture that has been passed on to us from our Elders and previous generations. We promote/organize many activities that help create awareness, understanding and respect of our culture. Learning to speak in the Halq'eméylem language is one of many cultural activities that happens at the Child Care Center. This is something that all staff are required to participate in, respect and appreciate fully.

Painting Instructor Level 1

Seabird College, situated 130 kilometers east of Vancouver in the Fraser Valley, is seeking a qualified teacher to provide painter trade instruction to adult learners. Successful candidate will be offered a 24-week term, subject to sufficient student enrollment.

School Cook

The School Cook will be responsible for preparing, cooking and serving food for school breakfast/lunch programs and special events organized and participated by Seabird School as instructed by the Principal / Vice Principal in accordance with current health, safety and hygiene legislation.

High School Math Teacher

Seabird Island Community School is seeking to fill the position of a High School Math Teacher. We believe that a skillful math teacher with high expectations can move students toward a growth mindset. The successful candidate will be well versed in designing math lessons that engage curiosity, encourage practice and persistence and build confidence.

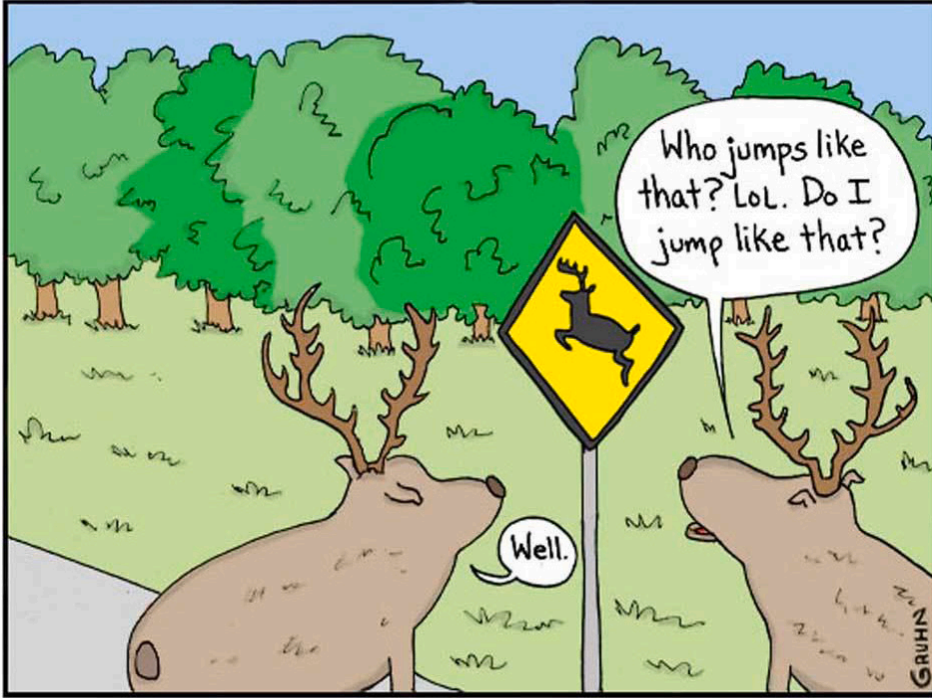
Job postings are also available at the Band Office and the Employment Office.

Please ensure you have received confirmation for your online submission. If you have not received confirmation, email: humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview.

We thank all applicants for their interest.

WebDonuts.com



Tem'elemeches - Time when hands stick to things from cold
"February"

Aquarius

January 22 - February 19

Key characteristics: Curious, inventive, dreamy and eccentric. You express devotion and fidelity.

Flower: Orchid

Birthstone: Amethyst

Pisces

February 20 - March 20

Key characteristics: Cares about ideals and aspirations. Pisces likes to dream and is drawn to the arts, especially the stage.

Flower: Violet

Birthstone: Amethyst

Quotes of the Month:

"A dream doesn't become reality through magic; it takes sweat, determination and hard work."

Colin Powell

"Individual commitment to a group effort - that is what makes a team work, a company work, a society work, a civilization work."

Virat Kohli

Halq'eméylem Word Search

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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| l | t | q | q | í | e | x | e | h | l | s | í | c | k | k |
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| c | h | í | k | e | m | e | l | h | ó | : | m | e | ó | t |

Submitted by: Zorana Edwards-Shippentower

Words:

1. yewí:leqw - Medicine song
2. ts'ahéyelh - To pray
3. S'íthikwi - Jesus
4. Kwélest - To catch an animal
5. híq'et - file it
6. chewōlhp - black cottonwood tree
7. th'ítsemelhp - Hazelnut tree
8. lhó:me - clover
9. ts'ó:kw'e - skunk cabbage
10. schí:yá:lhp - Strawberry bush
11. st'uselóye - Licorice Fern
12. xeyslótel - Wild ginger
13. chó:ythet - die down (of wind)
14. sqwélxel - Mist, fog
15. slhém:exw - Rain
16. stheqelxél:em - Rainbow
17. xwémxel - Pouring rain
18. kw'ót'l'kwa - Ocean, Salt water
19. shxwth'á:lhtel - cedar strips for baskets
20. chíkemel - silver, iron, metal

ADVERTISING RATES

PRINT AD RATES PER ISSUE

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Front Page Colour: limited availability

1/4 pg banner (8"x2.5") \$40
2.5"x3" \$25

| | | |
|-----------------|----------------|--------------------|
| | Colour: | Grey-scale: |
| 8"x10" | \$135 | \$37.50 |
| 8"x5" or 10"x4" | \$65 | \$25 |
| 3.8"x5" | \$32.50 | \$17.50 |
| 2.5"x3" | \$20 | \$12.50 |

Classified Advertisements

.40¢ per word \$4.00 Minimum

DIGITAL DISPLAY (TV) AD RATES

| | | | |
|---------------------|---------------|---------------|---------------|
| Weekly Rates | 15 sec | 30 sec | 60 sec |
| Full Screen | \$20 | \$40 | \$50 |
| Banner | \$10 | \$20 | \$30 |

Digital advertisements will play no less than 5 times a day.

PACKAGES

| Starter | Premium | Gold |
|-------------------------------------|-------------------------------------|--------------------------------------|
| 1/4 page colour 30 second Banner | 1/2 page colour 30 second Banner | Full page colour 30 second Banner |
| \$60 | \$100 | \$140 |

DISCOUNTS AND FEES:

Only one discount may be applied /order.

| | |
|------------------------------|---------|
| Band Member | -35% |
| Non-Profit | -10% |
| 3 month term | -25% |
| 6 month term | -35% |
| Design & Layout (additional) | \$40/hr |
| Flyer Insert (furnished) | \$20 |
| Returned Cheque | \$35 |
| Late Fee | +3% |

Fees are not for profit and help us produce this newsletter.

DEADLINES

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

AVAILABILITY

Twice a month. The 15th of each month (or closest business day) and the last business day of each month. Apply for email distribution or pick-up at the red community newsletter boxes.

CONTACT US

Have an ad or story idea?
Email comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Advertising sales and design:
Sandra Bobb 604-796-6838 or email sandrabobb@seabirdisland.ca

Editing Team: Sandra Bobb, Lori Burns, Zorana Edwards-Shippentower, Kristy Johnson, Jason Forseth and Phaine Wegener.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.



Classifieds

OPTOMETRY CLINIC

Book now for the next clinic dates:
TBA

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 a.m. - 5:30 p.m.

Closed Fridays

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEMBERSHIP STATUS CARDS

Monday and Thursday: 8:30 a.m. - 4:00 p.m.

Appointments required.
Serving Seabird Members only!
Contact Carol Hope at 604-796-2177 or carolhope@seabirdisland.ca

Remember to bring:
- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

SIB has the right to refuse service.

Status Card Photography

Laminated style: \$10
New style w/ authenticated photo \$15
Monday to Friday: 8:30 a.m. - 3:30 p.m.
Appointments required.

Contact Kristy Johnson at 604-796-2177 or kristyjohanson@seabirdisland.ca

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.
Now recruiting new members.

Contact the Fire Hall 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

BABIES ID CARDS

Apply for a medical care card as soon as possible.

Contact Maggie Pettis 604-796-2177.

Apply for Status Cards as soon as possible.

Contact Carol Hope 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF

COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request.

If you need a **bin dropped off** for your major cleaning please submit your request in writing, there is a long wait-list.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

PRINTING SERVICES

Graphic Communications provides the following paid services:

- Printing/copying services
- Status card and Passport photography
- Lamination
- Advertising and more

Contact Sandy Bobb 604-796-2177.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.

Contact Maggie Pettis 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Sandy Bobb or Kristy Johnson at 604-796-2177.

SEABIRD CHURCH

Mass: February 3 and 17
11 a.m. - 12 p.m.

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

EMERGENCY / SECURITY

EMERGENCY 911

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

Need to apply for a new medical card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their medical cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Maggie Pettis 604-796-2177.

NOTICE

NO SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority. Please contact us if you have any concerns.

SEABIRD ISLAND CAREER FAIR

MARCH 6, 2019
10 A.M. - 2 P.M.

2895 CHOWAT
DRIVE, AGASSIZ

**EVERYONE IS INVITED
BRING YOUR FRIENDS**

**MEET COLLEGES & UNIVERSITIES
EXPLORE COURSES AND PROGRAMS**

CONNECT WITH LOCAL EMPLOYERS

ENTER TO WIN A DOOR PRIZE

**FOR MORE
INFORMATION**

**PLEASE CONTACT
SEABIRD ISLAND
EMPLOYMENT
CENTRE**

AT 604-796-6865

Seabird College
Industry Training Authority
Correctional Services Canada
Manning Park Resort
Stó:lō Community Futures
STEP
C.P. Accountants of BC
NVIT
Métis BC Training and Employment
Katimavik

First Nations Health Authority
Research Station
CP Rail
BC Ferries Maintenance Unit
LaSalle College
Douglas College
BCIT Trades
Home Depot
Fraser Health
Ministry of Education Career & Apprenticeship

RCMP
Stqó:ya Construction
GC Jobs
KPU
Pacific Culinary Arts
RIMEX
NITEP
New Image College



Funding provided by the Government of Canada