



www.seabirdisland.ca

the SEABIRD ISLAND

Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

Tem't'elémches ~ Time when hands stick to things from cold ~ (February) 2022

INSIDE

New Councillor.....	pg. 2
Notice to Community.....	pg. 3
Transit Bus tickets Sold	pg. 4-5
Family Day	pg. 6
Agassiz Baseball Association	pg. 7
Midwife Student.....	pg. 8
Housing Wait List	pg. 9
Cyber Safety.....	pg. 10
Seabird Island Member?	pg. 11
Community Calendar	pg. 12-13
Valentines Day	pg. 14
Pink Shirt Contest	pg. 15
AESS Honour Roll	pg. 16-17
Extremal Job Postings.....	pg. 18
Job Postings	pg. 19-20
Comic & Puzzle	pg. 21
Classifieds	pg. 22
MCH Shares Photos	pg. 23-24

Seabird Island Band Meetings and Band Members Website

Once every three months, Seabird hosts two meetings. First is the “Administration Quarterly Meeting” and second is “Band Quarterly Meeting”. These meetings take place each year in January, April, July and October.

Both meetings are marked in the Seabird Calendar that goes out to the community with the Christmas Gift Cards and Hampers every year. Other places you can view the meeting dates are Seabird Island Website and Seabird Facebook.

Seabird is working towards a better way in getting communication to the community, as well as from the community to the organization. The Band Quarterly has happened for many years, usually it is in

the office in the Main Boardroom. With the pandemic, Seabird had to adjust and find other ways for these meetings to proceed.

Seabird has implemented the two meeting per quarter, for different purposes:

Administration Quarterly Meeting is held over TEAMS. The meeting is for Department Directors to present Quarterly updates to the community, giving them any updates on programs and accomplishments. After their presentations, they provide time for Band Members to ask questions they may have or any concerns. Questions and comments that are made during the meetings are answered. When a question or comment cannot be answered immediately at the meeting, they are recorded and presented to the community via delivery prior to the next meeting. Questions and Answers (Q&A) are also uploaded to the Seabird Island Membership Website.

Dates to Remember

- **Admin Quarterly Meeting**
February 2, 2022
- **Major Garbage Pick-up**
February 3, 2022
- **Band Quarterly Meeting**
February 9, 2022
- **Valentines Day**
February 14, 2022
- **Family Day**
February 21, 2022
- **Anti-Bullying Day**
February 23, 2022

Band Quarterly Meeting is held over ZOOM. This meeting is for Chief and Council to present their portfolios and updates to the community. These meetings are just for presentations purposes. Any questions asked during this meeting will be recorded and answers will be researched and presented with the Q&A from the Administration Meeting.

Those who have missed any meetings and would like to review any documents that were presented, and to review any questions that have been answered, these are available on the Membership Website. This private website will inform, interact and communicate with Seabird Island Band Membership. We only accept registration from Seabird Island

Band Members to grant access to this website. There is a process for registration to ensure that access is only granted to Seabird Island Band Members.

Statement made from Jason Campbell at the first meeting on taking questions from membership, February 24, 2021, "Remind everyone if we can't answer the questions immediately, we will be recording the questions and getting back to the individual who asked them. If it is appropriate depending on the information we will post it to the community, the questions and answer, depending how specific it is detailed in response."

How to access your account:

1. You request a log in by c contacting Membership at membership@seabirdisland.ca.
2. Once you have received your login and password from Membership Services, please go to members.seabirdisland.ca
3. Insert the Email address you receive from Seabird Membership.
4. Insert the Password you received from Seabird Membership.
5. Select "YES"

You now have access to the Seabird Members Website, Enjoy!

Written by: Zorana Edwards-Shippentower.

New Council Member



James Bobb

I respectfully step into the position of Councilor after Mathew Point has resigned his position to go onto future ventures. I wish him the best of luck and prosperity. I look forward to serving the community and working with the other Council Members to further advance Seabird Islands growth.

James Bobb, Seabird Island Council member was raised on Seabird, and has lived here most of his life. He has a wife Sandra of 29 years and two grown boys Trevor and Derek.

James graduated high school in Agassiz in 1992. He attended a self-employment program with Community Futures where he received a certificate in self-employment. For five years James and Sandra owned, and operated Diamond Printers located on Seabird Island. James has spent most of his career in the construction industry framing and is currently working at Natco in Chilliwack. He enjoys listening to music, watching sci-fi movies and being with his family.

Seabird Island Band
CHIEF & COUNCIL BAND MEETING

WEDNESDAY
FEB 9th
Starts @ 6 pm

SAVE THE DATE

Virtual meeting to be held over ZOOM.

Q3

zoom
Video Conferencing



Notice to Community

Mathew Point, Councillor, has resigned from his position from Council. James Bobb has accepted the vacant Councillor position pursuant to the rules outlined in the Election Code:

Section 16.12 of the Election Code:

Upon a Councillor position becoming vacant during the term of Council, the candidate for Councillor in the last election with the ninth (9th) highest number of votes that was not elected shall be offered the vacant position. If that person cannot accept it, then it shall be offered to the next person with the tenth (10th) highest votes on the list and so on.

This notice to the Community is in accordance with:

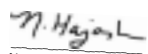
Section 16.18 of the Election Code:


Upon a Chief or Council position becoming vacant, the Council shall post a notice of the vacancy and how the position was or will be replaced in at least one conspicuous place on the Seabird Island Reserve and the Band's website.

SEABIRD ISLAND BAND
 Official Count Declaration – Council
 15 APRIL, 2020
 Agassiz

This document declares and confirms the Official Ballot Count of ALL Ballots properly recorded for the Seabird Island Band 2020 Chief and Council Election immediately following the close of Regular Polls located in the Seabird Island Band Gymnasium in Agassiz, British Columbia.

TOTAL BALLOTS CAST		TOTAL	
		307	
SPOILED/REJECTED BALLOTS		TOTAL	
		1	
INDIVIDUAL CANDIDATE BALLOT COUNTS			
ANDREW, PAUL	171	MCNEIL, STACY	171
BOBB, JAMES	81	PARSEY, JANICE (HARRIS)	132
CHARLIE, ARMAND	50	PETERS, MARCIA (MARCIE)	179
GRACE, ALEXIS	209	PETERS, RODNEY	186
HOPE, CAROL	124	POINT, MATHEW JR.	172
JOE, RONALD (ZACK)	157	PRICE, FREDERICK	55
MARCHAND, ALAIN	76	WEGENER, PHAINE	74

SIGNED AND DECLARED,

 NICOLE HAJASH, ELECTORAL OFFICER
 250-384-8200 (ph) / 250-384-5416 (fx)



Transit Bus tickets Sold at Main Admin Building

Finance Department sells the following Tickets, on behalf of FVRD attached Route 22 Schedule, Fare Rates as well as examples of tickets sold.

Please see Main Reception at the Administration Building.
Cash/Debit/Credit Accepted.

<https://bctransit.com/central-fraser-valley/fares/how-fares-work>

Central Fraser Valley Transit System

How to Pay: You can pay using cash or a pass. This section describes how each of these methods works.

How to Use the Fare box: Those who wish to pay with cash, it is important to have exact fare. The bus operator does not have access to any coins or bills and can't give you change.

To pay with cash, insert the coins into the dispenser at the top. If you're using bills, insert them through the scanner, also located on top of the fare box.

How to Use Passes: Using a pass, slide it through the scanner along the top of the fare box. **DO NOT** insert it into the fare box. The driver won't be able to get it out and you will lose your pass.

Transfers: *If you are paying cash or using tickets*, and have to travel on more than one bus to complete your trip, you will need a transfer from the driver. Transfers are free and good in any direction, on any bus, within 90 minutes. This means that you can transfer at any location and can make return trips within the 90- minute window.

Be sure to request your transfer as you pay your fare.

When you board your connecting bus, show your transfer to the driver with the transfer facing up, and the time showing.

Transfers to Aldergrove: Transfers are not valid between CFV and TransLink. If you are travelling on TransLink, you must pay the appropriate fare.

A Cash Fare allows one person to use transit. Please have the correct fare ready before you enter the bus. If you have a bus ticket, have it out and ready.

To pay your fare, place coins into the funnel on the top left of the fare box.

To pay using a bill, place it in the scanner and allow it to move through. Note, the fare box will not give change.

10 Tickets: Each ticket allows one person to use transit. When you purchase a package of 10 tickets, you often receive a discount. Using tickets also has the advantage of not requiring you to carry exact change on the bus. (*Lost or stolen Tickets cannot be replaced*).

DayPASS: Allows unlimited journeys during the day throughout your transit system. Scratch off the grey panel covering the month and day on which you wish to ride. To pay using a Day Pass, slide the card through the scanner at the top of the fare box. (*Lost or stolen Day Passes cannot be replaced*).

Monthly Pass: Those who need to take transit regularly throughout the month, a Monthly Pass offers a discount for unlimited travel.

22 Hope

To Hope					To Agassiz									
Monday to Friday														
Y	SI	YL	C	B	B	KL	FH	U	C	YL	SI	Y		
Agassiz: Pioneer and Park	Seabird Island First Nations	Yale First Nations	Chawathil and Loughheed	Park and 3rd Avenue	Park and 3rd Avenue	Kawkawa Lake Rd and Union	Flood Hope and School Rd	3rd Avenue and Wallace	Chawathil and Loughheed	Yale First Nations	Seabird Island First Nations	Agassiz: Pioneer and Park		
5:51	5:56	6:07	6:10	6:26	6:33	6:40	6:46	6:54	7:04	7:07	7:20	7:29		
7:38	7:43	7:54	7:57	8:13	8:18	8:25	8:31	8:39	8:49	8:52	9:05	9:13		
3:17	3:22	3:33	3:36	3:52	3:52	3:59	4:05	4:13	4:23	4:26	4:39	4:48		
5:05	5:10	5:21	5:24	5:40	5:40	5:47	5:53	6:01	6:11	6:14	6:27	6:35		
Saturday														
7:51	7:56	8:07	8:10	8:26	8:32	8:39	8:45	8:53	9:03	9:06	9:19	9:28		
9:38	9:43	9:54	9:57	10:13	10:18	10:25	10:31	10:39	10:49	10:52	11:05	11:13		
2:17	2:22	2:33	2:36	2:52	2:52	2:59	3:05	3:13	3:23	3:26	3:39	3:48		
4:10	4:15	4:26	4:29	4:45	4:45	4:52	4:58	5:06	5:16	5:19	5:32	5:40		

Fares

Agassiz-Harrison and Hope subject to change

Cash

All *Please have exact change ready,* \$ 2.50
Child, 4 or under *drivers do not carry change.* Free

DayPASS

All 5.00

Tickets (10)

All 22.50

Monthly Pass

Adult 44.00
Student/Senior* 35.00

* Reduced fare with valid I.D. for persons 65 or over, and students in full-time attendance to Grade 12.

UFV U-PASS is valid in Chilliwack only.

Holiday Service

11 Agassiz-Harrison has holiday service on Canada Day, BC Day and Labour Day. No other holiday service.

22 Hope does not have holiday service.

To pay using a Monthly Pass, slide the card through the scanner at the top of the fare box. (*Lost or stolen Monthly Passes cannot be replaced*).

Seabird Island Band - Does not sell the following type of tickets please contact BC Transit

Post-Secondary Students or College Pass: This pass offers unlimited travel for students in full-time attendance at a post-secondary institution during the semester.

U-PASS: This non-transferable student photo-ID pass is available at participating post-secondary institutions. For more information, consult your student society representative or visit the student society website.

ProPASS: This program is available to all employers in participating communities. Companies enrolled in the ProPASS program can offer employees a discounted bus pass through payroll deduction for a minimum of one year. ProPASS is offered through participating systems. Check your Fares section to see if it's available in your area.

Semester Pass: The Semester Pass Program provides a four-month pass at discounted rates.

YouthPASS: A photo youth pass is available throughout the year. For a minimum six-month purchase, the YouthPASS offers unlimited travel throughout the transit region for youth aged 6–18 years.

HandyDART: Is an accessible, door-to-door shared transit service for people with permanent or temporary disabilities that prevent them from using fixed-route transit without

assistance from another person. handyDART picks you up at your accessible door and drops you off at the accessible door of your destination. For general information on handyDART, including how to register or book: <https://bctransit.com/central-fraser-valley/fares/handydart>.

BC Bus Pass: A universal bus pass is available for low-income seniors and persons with disabilities, providing unlimited access on any scheduled BC Transit bus. To qualify for the BC Bus Pass Program, you must be receiving any of the following:

- Federal Old Age Security (OAS) and Guaranteed Income Supplement (GIS)
- Spouses Allowance to Old Age Security
- Over 65 years – would qualify for OAS and GIS except having less than 10 years residency in Canada
- Income Assistance (60-64 years)
- Income Assistance for persons with a disability

For more information:

BC Transit Service Info

Phone: 604-795-3838

Fax: 604-796-8516

Address:

First Canada

44275 Yale Road West

Chilliwack BC

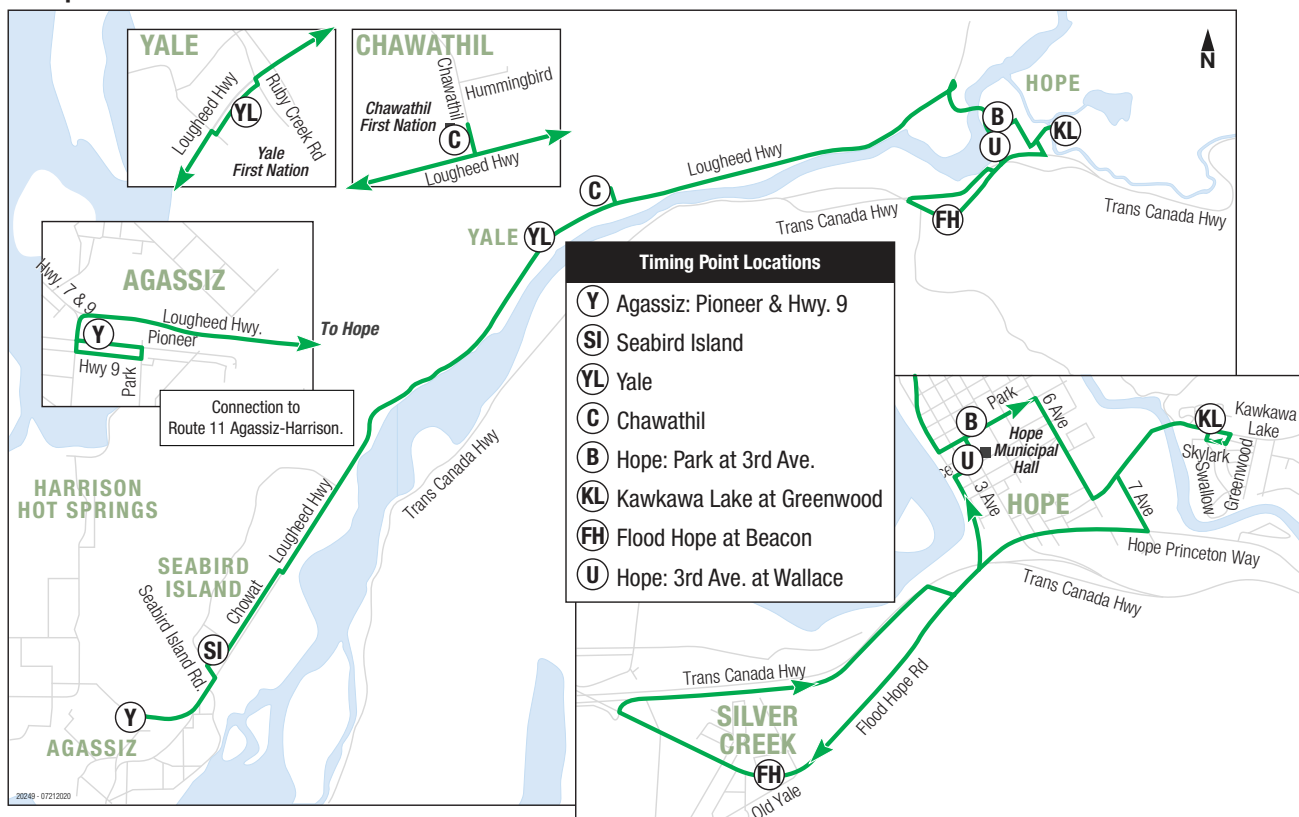
V2R 4H2

Visit: BC Government Website

Call: 1-866-866-0800

<https://www.bctransit.com/agassiz-harrison/schedules-and-maps/route-overview?route=22#>

22 Hope



Family Day

What a great day to take some special time with your family. Do a family activity at home or out on a local adventure.

We used to take the boys on small one day adventures a few times a year. The four of us would pack into the car and go somewhere new. We went on many nearby hikes as well as adventures a little farther away: to an old Gold Mine for a tour, collected shells on the White Rock beach, went to the BC Archaeological Museum (free with a Status card), Capilano Suspension Bridge and more. These small one-day trips were inexpensive, and way cheaper than having a big birthday party with friends over – in fact the boys preferred them to having parties. The whole family really enjoyed these days, and we still talk about them once and a while.

Treasure this time with your family. There are many family adventures you can go on that don't cost any money – the only cost is your time, and this is time well spent.

Indoor Activities

- Listen to your favorite songs together, sing along, and teach the kids to dance.
- Bake brownies or cupcakes together.
- Create memory boxes for your child's favorite pictures, artwork, and mementos.
- Spring clean the house together, even the kids rooms. This is a teaching moment; they need to learn these skills for their future. Even a 2-year-old can help.
- Help your child write to a grandparent, aunt, or uncle. Send it through the mail. This is a lost practice everybody should learn.
- Look through old family photos together.
- Make a family tree.

- Make a care package to send to a relative who lives far away.
- Make necklaces out of colored pasta shapes and dental floss.
- Teach your child how to cook.
- Teach your child how to play solitaire or chess, play a family boardgame.
- Tell each family member three things you really like about them.
- Visit a free public museum.
- Visit Elders, at home or at the Senior Center. Take them flowers, better yet, sign them out and take them for lunch with you.

Outdoor Activities

- Go to the park and have a picnic outside.
- Help your child practice a sport they enjoy, have a little family scrummage match: soccer, baseball, basketball.
- Teach your child how to ride a bike and/or go on a family bike ride.
- Go rock hunting: agate, jade or ruby. Perhaps find some shale with a leaf fossil in it.
- Take a walk in the woods (see below)

Local Hiking Trails:

1. Bridal Falls – easy 1 km 30 min
2. Hicks Lake Loop Trail – easy 7 km, 2 hr

3. Hicks Beaver Pond Trail – easy 20 minutes
4. Spirit Trail (Harrison Hot Springs) – easy 1.1 km, 19 min
5. Miami Bridges Walk (Harrison Hot Springs) – easy 1.1 Km, 22 min
6. Deer Lake Hike – easy 5 km, 1.5 hr
7. Heritage Walk – easy 5 km, 1.5 hr (pick-up a brochure at the visitor center).
8. Bear Mountain Flats via Bridal Trail (Harrison Hot Springs) – moderate 4.3 Km, 1h 17 min
9. Green Point Trail – easy 1.3 km, 33 min
10. Sandy Cove Trail & Whippoorwill Point (past the Harrison Hotel and to the right), – easy-moderate 3.5 km, 1 h 30 min
11. Bear Mountain Trail – hard 18.3 km, 6-7h (take a tent, spend the night and return home)
12. Campbell Lake Trail (Harrison Grind), – hard 11.4 Km, 4 h 45 min
13. Slollicum Peak Trail 13.2 km – hard 5.5 hr round trip
14. Hope Lookout Trail

Visit your local Visitor Center for maps and ideas, places to see around you, that may be of interest.

Have fun with your family, it's the best group of people around.

Written by: Sandra Bobb.



Agassiz Baseball Association is getting ready for the 2022 Spring Season.

Registration is now open – please complete by February 15, 2022
Public Health Guidelines will be respected

Follow the link for the registration form.

<http://www.agassizbaseball.ca/>

For more information, call Monty at 604 796 5588
agassizbaseball@gmail.com



Slips, Trips & Falls - Winter Safety Tips

Slips, trips and falls, is the number 1 reason for injury in Canada. With all the freezing, melting and refreezing, it is important to make sure we take all necessary precautions while walking outside, not just at work but in our everyday lives. Today let's look at walking outside when it's cold and snowy or icy.

Here are some tips:

- Plan ahead and give yourself sufficient time. It is a good idea to visually assess the route you will be walking.
- When walking on steps, always use the hand railings and plant your feet firmly on each step.
- When walking on an icy or snow-covered walkway, take short steps and walk at a slower pace so you can react quickly to a change in traction.
- Bending your knees a little and taking slower and shorter steps increases traction and can greatly reduce your chances of falling. It also helps to stop occasionally to break momentum.
- Streets and sidewalks that have been cleared of snow and ice should still be approached with caution. Look out for "black ice." Dew, fog or water vapor can freeze on cold surfaces and form an extra-thin, nearly invisible layer of ice that can look like a wet spot on the pavement. It often shows up early in the morning or in areas that are shaded from the sun.
- Carrying heavy items can challenge your sense of balance. Try not to carry too much--you need to leave your hands and arms free to better balance yourself.
- Be prepared to fall and try to avoid using your arms to break your fall, tuck and roll. If you fall backward, make a conscious effort to tuck your chin so your head doesn't strike the ground with a full force.
- When entering a building, remove as much snow and water from your boots as you can. Take notice that floors and stairs may be wet and slippery--walk carefully.
- Use special care when entering and exiting vehicles--use the vehicle for support.
- Make sure to use appropriate footwear with good tread, removable ice cleats are also an additional option.

THE UNIVERSITY OF BRITISH COLUMBIA



Rayann Harris

2nd Year Midwifery Student
UBC Midwifery Program

Sizi Rayann Big Plume-Harris ata. I am of mixed ancestry, my Ito (Dad) is Indigenous and my Ino (Mom) is European. My Nation is Tsuut'ina, which is located in Treaty Seven area just outside of Calgary. I grew up off reserve in Calgary, Alberta with both my parents and my Sishitl'a (my younger brother), spending a lot of time with family both on and off reserve.

I am currently a 2nd year UBC midwifery student and excited to be learning from and serving families at Temélile Midwifery at Seabird Island and Stó:lō Health Centre, with Amelia Doran and Cheryl Mount.

My path to Midwifery has included working as a Doula for the past 16 years, and a Prenatal Teacher for the past 7 years. I am humbled to have worked with countless families in their pregnancies, during their births and in their early postpartum days. In addition, I have raised up, in partnership with my husband, three beautiful human beings who are now in their early years of adulthood.

Prior to attending courses at UBC, I was enrolled at Langara College working towards a bachelor's degree in Indigenous Studies. During that time, I also worked as the Office Manager for a Vocational Rehabilitation Company where I was part of a team who developed workshops about mental health in the workplace. In my spare time I can be found hanging out with family and trying to get better at CrossFit.



Midwifery Program, Department of Family Practice, Faculty of Medicine, 320-5950 University Blvd.
Vancouver, B.C., Canada V6T 1Z3, Ph: 604 822 0352 Fax: 604 822 8030 Email: www.midwifery.ubc.ca

Midwifery Student

Rayann Harris is a Midwifery Student, she will be joining Tem'elile Midwifery on February 1st, 2022.

We wanted to give a warm welcome and for the community to see her familiar face.



Housing Wait List

1 Bedroom	
1	11152018-6022
2	01162021-5056
3	12202021-5057
4	12202021-5058
5	12082020-5032
6	12202021-5059
7	22042021-7064
8	01252022-5063

2 Bedroom	
1	12102018-6014
2	12032018-5026
3	03212019-6028
4	12272019-5042
5	04102019-7028
6	01072020-7031
7	08122020-5050
8	11022020-5051
9	01072020-6024
10	11152018-6022
11	11272018-5024
12	12232020-7057
13	01092021-7061
14	22042021-7064
15	06172019-5037
16	11192021-5056
17	12072021-5060
18	12202021-5057
19	12202021-5058
20	12212021-5061
21	12202021-5059
22	12222021-5062
23	01252022-5063
24	04292021-7065

3 Bedroom	
1	12192012-3076
2	02082013-3084
3	01142015-1011
4	02232016-4002
5	12102018-6014
6	03212019-6028
7	04102019-7028
8	07012019-7033
9	12172019-7017
10	12182018-5014
11	01072020-6024
12	01072020-7031
13	01222020-1031
14	11022020-5051
15	11252020-2098
16	12032018-5026
17	12232020-7056
18	12232020-7057
19	01092021-7061
20	04292021-7065
21	11152021-7066
22	11092021-7069
23	08122020-5050
24	12072021-5060
25	12192021-7070
26	12072021-7071
27	12222021-7072
28	12202021-5059
29	12022020-4015
30	01052021-7058
31	11182020-7053
32	01142022-7073
33	01252022-5063

Maternal Child Health Statistics for 2021!

- Tem'elile Midwifery delivered 57 babies in 2021 including 32 girls and 25 boys.
- The MCH team supported 65 births in our service area in 2021 between the midwifery team and doctors/obstetricians.
- In 2021 the MCH team supported 3 sets of twins.
- At one point in the year we had 3 consecutive months of boys born only.
- 3 months of the year – not consecutive months we had only girls born.
- Biggest babe: 10lbs 11.5oz
- Smallest babe: 3lbs

Post-Secondary Graduates

Jasmine Blanchard - Graduated from Blanche MacDonald Center with her Professional Esthetics/Spa Therapist Diploma August 2021

Jayden Bobb - Entry Graduated from Seabird College/UA Piping Industry College of BC with his Entry Level Pipeline Training Certificate-Completed July 2021

Teresa Peters - Graduated from Simon Fraser University with her Executive MBA Aboriginal Business Leadership-Completed September 2021

Lichelle Byrd - Seymour-Graduated from New Image College with her Fashion Film Makeup, and Nail Design Diploma-Completed August 2021

Kimberly House - Graduated from University of the Fraser Valley with her Business Administration Diploma-Completed July 2021

Brienne Robotham - Graduated from University of Strathclyde with her Master of Science in Psychology - Completed August 2021.



Student Doctor

We would like to introduce you to Aidan Pye, a Student Doctor who will be working with Dr. Fox for the month of January. Aidan is in his 3rd year of 4 years at UBC. Born in Penticton, he grew up in Vancouver.

The work program is like a lottery, where you work a monthly rotation. Aidan got Agassiz as luck would have it, he is happy to stay in the valley. Aidan is looking forward to working with a rural community and learning a bit about the local culture.

Shadowing Dr. Fox as he works with patients. Aidan is hoping to perform one on one care and developing treatment plans for each patient with Dr. Fox's review and approval. He is looking forward to learning lots from both Dr. Fox and the community. Aidan worked at Seabird until January 28th.

We hope he enjoyed his time at Seabird.

CKNW KIDS' FUND PINK SHIRT DAY

CYBER SAFETY STRATEGIES FOR ONLINE & MOBILE SAFETY



1 Use an online nickname that doesn't provide clues to your real identity.



2 Don't open emails from strangers.



3 Don't accept friend invites from strangers.



4 Don't share your personal information (name, family members' names, school, friends' names, age, address, phone number, etc.) with anyone you don't know.



5 Change your passwords regularly, especially if you think someone else might have them. Don't share your passwords, even with friends.



6 Remember to log out of social networking sites like Facebook when you leave a computer.



7 If someone you meet online asks to meet you in person, tell a parent, teacher, or other trusted adult.



8 Never post or forward naked photos of yourself or anyone else.



9 Always use the privacy features of social media sites.



10 Don't share cell phone numbers or email addresses with people you do not know.

IF YOU KNOW SOMEONE WHO IS BEING BULLIED ONLINE:

- When you see someone being bullied online, stand up for them.
- Write down or save what you see and when you see it.
- Help the person being bullied understand that they don't deserve to be bullied. You could do this by phoning them, sending them a private message, email or text, or by speaking with them at school.
- Don't encourage bullying behaviour by participating in a bullying conversation thread or, "liking" or forwarding a hurtful comment.

IF YOU ARE BEING BULLIED

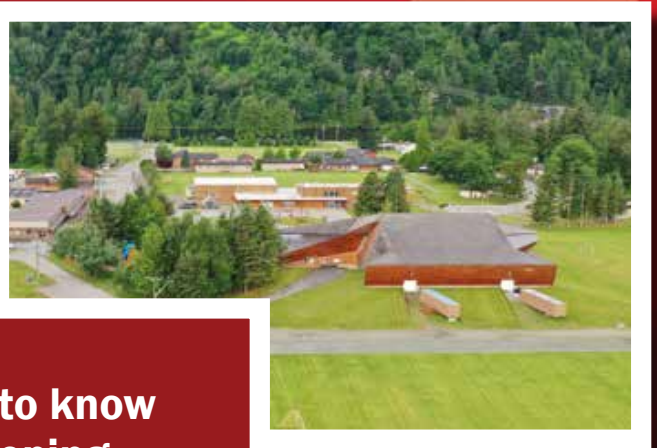
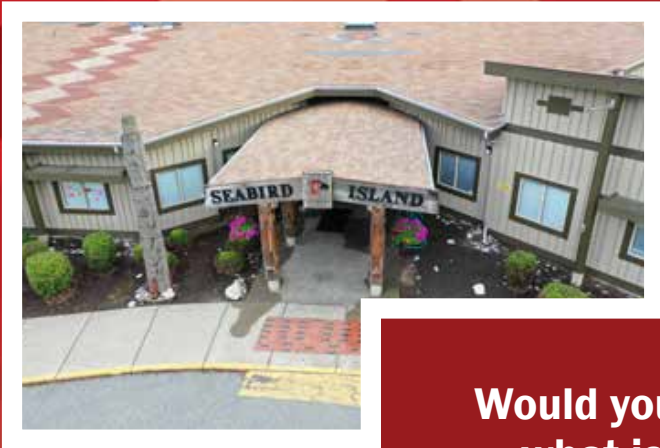
- Don't try to reason or communicate with the person who is bullying you.
- Use the "block" feature to prevent the person from contacting you again.
- Tell a trusted adult or contact the Kids Help Phone web site.
- Save any messages you receive as evidence.



Information provided by
redcross.ca/respecteducation
Preventing Bullying



Are you a Seabird Island Band Member?








Would you like to know what is happening within your community, infrastructure and land, information available for Band Members Only?



Contact Seabird Island Band Membership for your login. An email address and password will be provided to you. membership@seabirdisland.ca

**Available NOW!
members.seabirdisland.ca**

Community Events Calendar ~ Temt'elémches ~ Time

(S) Sxexlhat	(M) Yila:welhát	(T) Sthémelts	(W) Slhí
	 Doctor's Office is by appointment only. Please call ahead for an appointment.  Dental Office is urgent/emergency appointment only. Please call ahead.  Fire practice is canceled until future notice.  Garbage day, has not changed unless notified (2 bags per house hold please).  Recycle day, No longer accepting blue bags. Use blue bins please.	   1 	<p>Administration Band Concert 6 p.m. - 8 p.m.</p> <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m.
6	 7	    8	<p>Chief & Council Band Concert 6 p.m. - 8 p.m.</p> <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m.
13	  <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	    15 <ul style="list-style-type: none"> • Utility Bills Due • Income Assistance Renewal / Job Search 	<ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m.
20	 <p>Family Day</p>	    22 <ul style="list-style-type: none"> • Chief & Council 	  <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. • Income Assistance Day
27	 <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	   	


when hands stick to things from cold ~ (February) 2022

:xws	(T) Sxeó:thels	(F) Sheqá'tses	(S) T'óqw'tem
<p>2</p> <p>Quarterly Meeting 7 p.m.</p>	<p>3</p> <p>• Major Garbage Pick-up - Must Register with Public Works ahead</p>	<p>4</p>	<p>5</p>
<p>9</p> <p>Quarterly Meeting 7 p.m.</p>	<p>10</p>	<p>11</p>	<p>12</p>
<p>16</p>	<p>17</p> <p>• Optometry Clinic 9 - 6 p.m.</p>	<p>18</p> <p>• Optometry Clinic 9 - 6 p.m.</p>	<p>19</p>
<p>23</p> <p>KEEPING HANDS WARM HERE</p> 	<p>24</p>	<p>25</p>	<p>26</p>

Valentine's Day

Valentine's Day, also called Saint Valentine's Day or the Feast of Saint Valentine, was established by Pope Gelasius I in AD 496 to be celebrated on February 14th in honour of Saint Valentine of Rome, who died on that date in AD 269.

There are a number of stories associated with Valentines including an account of the imprisonment of Saint Valentine of Rome for ministering to Christians persecuted under the Roman Empire in the third century. According to an early tradition, Saint Valentine restored sight to the blind daughter of his jailer. An 18th-century embellishment to the legend claims he wrote the jailer's daughter a letter signed "Your Valentine" as a farewell before his execution. Yet another story states that Saint Valentine performed weddings for Christian soldiers who were forbidden to marry.



The Feast of Saint Valentine was to be celebrated on February 14th in honour of Saint Valentine of Rome.


The day became associated with romantic love in the 14th and 15th centuries when notions of courtly love flourished, apparently by association with the "lovebirds" of early spring. In 18th-century England, it grew into an occasion in which couples expressed their love for each other. In Italy, Saint Valentine's Keys are given to lovers "as a romantic symbol and an invitation to unlock the giver's heart", as well as to children to ward off epilepsy (called Saint Valentine's Malady).

*The heart that loves is always young.
Love is a power that produces love.*

Today most people celebrate Valentines Day is a day of love with that special loved one. Have a feast, cook a fancy dinner and desert for just the two of you. But don't forget to tell your other loved

ones, how much you love them as well. The rest of the family can have pizza or bagel bites in the other room, while you have your own private dinner and celebrate your love for each other.


*When the power of love
overcomes the love of power
the world will know peace.*
Jimi Hendrix



When we show appreciation for love, love will continue to grow! My husband is more than the love of my life, he is also my life partner. We share everything, one heart, one mind.

I hope every day, you all take some time to tell your loved ones you love them. Not just your mates, but your parents, kids, brothers, sisters, grandparents,...

Happy Valentine's Day!

Written by: Sandra Bobb. 

Pink Shirt Day

A day to support anti-bullying and celebrate our differences. Bullying affects people emotionally, mentally and physically. Bullying is not limited to kids it is a global issue affecting students, parents, schools and Community Member's young and old. We all need to practice kindness and acceptance; everybody is different and we should not shame them for being different from us.

By celebrating each others differences we all stand out in our own way. A shiny penny in a bowl of shiny pennies does not stand out, but a shiny penny in a bowl of loose change allows you to see it clearly. We all have our own value and everybody needs to look past the fact that we don't match, and celebrate each others values and differences.

"With one in five students affected by bullying, chances are that you or someone you know is being impacted. If you're not sure what to do, reach out to someone who can help. And remember, kindness and compassion can go a long way."

TYPES OF BULLYING

- Physical bullying: using physical force or aggression against another person (e.g., hitting)
- Verbal bullying: using words to verbally attack someone (e.g., name-calling)



- Social/relational bullying: trying to hurt someone through excluding them, spreading rumours or ignoring them (e.g., gossiping)
- Cyberbullying: using electronic media to threaten, embarrass, intimidate, or exclude someone, or to damage their reputation (e.g., sending threatening text messages). THINK before you post.

When you cyberbully people, you ruin your own reputation for life. What goes on the web, stays on the web! Your inconsiderate behavior will follow you forever. In this day and age, you become your own personal reference. Future employers look up and find your posts to determine if you could be a good fit for their team. Think of your future before you bully someone.

You embarrass yourself when you bully others. Everybody's phone is a hidden camera, who is watching you, is bullying being recorded? This is not how you want to get on TV.

My grandma always said, "treat others the way you want to be treated". Think about it, if we all treated each other with love and kindness, and it came full circle, you will be receiving more love and kindness! Making the world a better place for you and me and you and you and you!

Written by: Sandra Bobb.
References: www.pinkshirtday.ca/resources



Pink Shirt Day Contest

February 23 2022

Open to all Indigenous Children & Youth

We're holding a contest to celebrate Pink Shirt Day (Anti-Bullying Day) this year. Tell us how you stand up with kindness and lift others up. You can do it in writing; by singing a song and sending us a video; or by making a drawing or painting. We will share the entries on social media on Pink Shirt Day.

Prizes:

1st Prize: \$150;

2nd Prize: \$100;

3rd Prize: \$50

Three age categories:

Ages 2 to 6;

Ages 7 to 11;

Ages 12 to 19



Send us your entry with your name and age.

The deadline for entries is:

February 11 by 4 pm.

Send submissions to:
info@xyolhemeylh.bc.ca.

About Pink Shirt Day

Pink Shirt Day or "Anti-Bullying Day" began in a small town in Nova Scotia when David Shepherd, Travis Price and their teenage friends organized a high school protest to wear pink in solidarity with a Grade 9 boy who was bullied for wearing a pink shirt. Shepherd and Price bought 50 pink t-shirts and distributed them to their classmates who wore them the next day. It's important to remember that the movement was specifically a statement by allies to stand in solidarity against homophobia. The bullies were never heard from again and the Grade 9 boy who was bullied was overwhelmed with the support and kindness he received that day. Today, Pink Shirt Day is celebrated around the world.

Fraser Valley Aboriginal Children & Family Services Society
www.fvacfss.ca

AGASSIZ ELEMENTARY SECONDARY SCHOOL



'A' HONOUR ROLL TERM 1 NOVEMBER 2021

Grade 7

Brooke Anderson
Eva Ceella
Willow Cuvilier
Roman Lanting
Madilyn Marchesi
Liam Mills
Holly-Rae Myrden
Diya Singh
Aubrey Sutton
Colin Twigg
Tianna Van Oort
Olivia Williams

Grade 8

Kylie Alvaran
Rylan Anglehart
Georgia Booth-MacLean
Nicho Christow
Claire Corder
Lilias Edwards

Alexus Frazer
Annakay Hewitt
Abbey Hillier
Charley Hillier
Rylan MacNeil
Pearl McLean
Brooke Meyer

Grade 9

Adrianah Byers
Lian Espiritu
Greg Hinton
Max Jarvis
Qhaden Jarvis
Eryn Meinen
Maya Rosenberg

Grade 10

Xavier Aguirre
Shanella Alvaran
Madison Briscoe

Isabelle Clark
Amelia Dennis
Jayden Downs
Jade Easton
Isabelle Flukiger
Ashley Jeronimus
Cecily Leon
Martina Leverrier
Hannah McRae
Tanya Rempel

Grade 11

Nate Booth-MacLean
Tori Charlie
Emma Dinn
Mila Dinn
Emmy Ferland
Kylie Gerrard
Olivia Klootwyk
Janiah Manimtim
Emilie Meinen

Syvawn Paul
Meodie Rempel
Yana Soriano
Morgan Sparkes
Lucia Swaine
Carlie Van Oort

Grade 12

Navi Basten
Hailey Baumfield
Carys Bolan
Carter Briscoe
Emily Clark
Patricia Duong
Walter Galvao
Roseanna Hewitt
Sofia Mata-Martinez
Logan McCallum
Erika Meinen
Mark Schwichtenberg
Liberty Stump

'B' HONOUR ROLL TERM 1 NOVEMBER 2021

Grade 7

Khloe Angell
Peyton Armstrong
Adrienn Bencsik
Dylan Bolan
Ava Callaghan
Brian Charest
Corey Charlie
Baron Dome
Grace Drewes
Violet Fletcher
Emma Giesbrecht
Jaymes Gill
Brody Gorzo
Jude Greenizan

Max Gross
Madison Harper
Logan Kampen
Haiden Kemp
Dillon Mason
Koen Noddin
Noah Ollmann
Lacinda Peters
Tyshawn Pettis
Thitiwut Phan
William Robins Jr.
Seth Seymour
Payton Skibbe
Brodie Smart
Riley Vandale
Emma Winters

Grade 8

Rebecca Backman
Oliver Booth-MacLean
Ryland Creasor
Rowan Dinn
Calla Easton
Alana Graham
Dayton Lees
Sophie MacNeil
Aidan McNeil-Joseph
David Negru
Coira Norwood
Melodie Ortiz
Roman Parsey
Mariah Rezends

Sophia Scigliano
Tyler Van Dyk
Trinity Vincent
Hayden Weed

Grade 9

Odin Dome
Kieran Doucet
Sapphire Geldart
Declan Gerrard
Axyl Gross
Aidan Hyma
Kevyn Klootwyk
Seth McIntyre
Shanaa McIntyre
Karaj Rekhia

Jacob Reimer
Randhir Singh
Hayli Wood
Leland Wynker
Wesley Van Tunen

Grade 10

Karissma Bobb
Caris Brunia
Ethan Corder
Hayden Jones-O'Neil

Keeley Kafi
Kadence Ludman
Rylan Sapinsky
Jonah Smart
Jayden Vander Wyk
Dominick Vincent
MJ Williams

Grade 11

Mia Beauchamp
Xavier Clarke-Wade

Ryan Finlay
Atlee Fox
Rylee Glionna
Carson Graham
Cayden Nichols
Brayden Nunes
Martin Spaeti
Jaymes Sperling
Logan Stanway
Jacob Wynker

Grade 12

Liam Bain
Tom Benoit
Calvin Douglas
Cash Reimer
Sumire Rumpeltes
Weston Smart
Lukas Spaeti
Nalaya Thompson

**EFFORT ROLL
TERM 1 NOVEMBER 2021**

Grade 7

Brooke Anderson
Khloe Angell
Peyton Armstrong
Eva Ceella
Brian Charest
Corey Charlie
Willow Cuvilier
Baron Dome
Grace Drewes
Violet Fletcher
Emma Giesbrecht
Max Gross
Haiden Kemp
Roman Lanting
Madilyn Marchesi
Dillon Mason
Liam Mills
Holly-Rae Myrden
Noah Ollmann
Lacinda Peters
Thitiwut Phan
Williams Robin Jr.
Seth Seymour
Diya Singh
Payton Skibbe
Mathew Talari
Colin Twigg
Tianna Van Oort
Olivia Williams

Grade 8

Kylie Alvaran
Rylan Anglehart
Georgia Booth-MacLean
Landon Byers
Nicho Christow
Claire Corder
Calla Easton
Lilias Edwards
Alana Graham
Annakay Hewitt
Abbey Hillier
Charley Hillier
Rylan MacNeil
Pearl McLean
Brooke Meyer
David Negru
Melodie Ortiz

Grade 9

Adrianah Byers
Kieran Doucet
Lian Espiritu
Greg Hinton
Aidan Hyma
Eryn Meinen
Maya Rosenberg
Login Wheeler
Hayli Wood

Grade 10

Xavier Aguirre
Shanella Alvaran
Madison Briscoe
Isabelle Clark
Amelia Dennis
Jayden Downs
Jade Easton
Isabelle Flukiger
Ashley Jeronimus
Keeley Kafi
Rachel Lee
Cecily Leon
Martina Leverrier
Kadence Ludman
Hannah McRae
Tanya Rempel
Jayden Vander Wyk
MJ Williams

Grade 11

Mia Beauchamp
Nate Booth-MacLean
Tori Charlie
Xavier Clarke-Wade
Emma Dinn
Mila Dinn
Emmy Ferland
Ryan Finlay
Kylie Gerrard
Rylee Glionna
Carson Graham

Olivia Klootwyk
Chris Lee
Janiah Manimtim
Emilie Meinen
Cayden Nichols
Sylvain Paul
Melodie Rempel
Yana Soriano
Martin Spaeti
Morgan Sparkes
Logan Stanway
Lucia Swaine
Carlie Van Oort
Luke Walker
Jacob Wynker

Grade 12

Navi Basten
Hailey Baumfield
Carys Bolan
Carter Briscoe
Emily Clark
Calvin Douglas
Patricia Duong
Walter Galvao
Roseanna Hewitt
Sofia Mata-Martinez
Logan McCallum
Mark Schwichtenberg
Lukas Spaeti
Jordan Sperling
Liberty Stump

External Job Postings

Sts'ailes Employment Opportunity

Position Title: Clinical Wellness Director

Under the direction of the Sts'ailes Community Care Society Board, the SCCC Clinical Wellness Director (Director) will be the key management "leader" of the SCCC. The Director will lead the design and implementation of the SCCC Operating Plan and will aspire to attain and sustain the Vision, Values, Purpose and Commitments of the Society, being to protect, promote and integrate First Nations knowledge, beliefs, values, practices, medicines and models of health and healing into all programs and services to be offered at the SCCC.

Reporting directly to the Chair of the Board of the Sts'ailes Community Care Society, the Director will plan and lead the initiatives and activities that will achieve the vision and strategic priorities established by SCCC Board. The Director will demonstrate an exceptional work ethic, demonstrated trustworthiness and a high degree of independence to ensure that the vision of the SCCC is fulfilled.

The Director will be expected to work closely and collaboratively with the Sts'ailes Chief Administrative Officer (CAO) and the Sts'ailes Department Directors of Yeqwthet (Health), Ma:yt (HR and Administration) and Moytelexw (Sts'ailes Development Corporation). The Director will initiate and maintain positive, regular and frequent communications with multiple stakeholder groups to design, implement and sustain a renewed approach to primary care service programming and service delivery that understands and acknowledges the inherent challenges facing First Nations in accessing safe, wholistic and culturally appropriate health and wellness services.

Wage Range: Sts'ailes offers a competitive salary and benefits package based on education, qualifications, and experience.

Application Deadline: Open until Filled

Candidates will be screened according to their qualifications and are required to submit a resume, cover letter and 2 letters of reference.

Please fax, mail or email your application to:

Sts'ailes

Attention: Human Resources Department

4690 Salish Way, Agassiz, BC V0M 1A1

Fax - 604-796-3946

Email - humanresources@stsailles.com

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

ID Photography

Status Card Photos, \$13.50

New Status Card, (with required authentication stamp) \$18.50

Passport Photos, (with required authentication stamp) \$18.50

PAL, (with authentication sticker required) \$18.50

Meeting Government Regulations: All these photos have government regulations, standards and specifications they are required to meet, or they are not accepted!

Appointments Required, book at membership@seabirdisland.ca or comm@seabirdisland.ca

**New Prices Effective
March 1st 2022**

Early Childhood Education

Early Childhood Educator

Under the direction of the Daycare Supervisor, the Educator will provide hands-on childcare to children in Seabird Island Band's Early Childhood Education Programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management.

Aboriginal Infant Development Program (AIDP) Consultant - Medical Coverage

The Aboriginal Infant Development Program Worker will work in a home visiting program with Aboriginal children and families applying principals of family-centered practice. The AIDP Worker may participate in the implementation individual program plans and activities for children from birth to the age of 3, and their families.

Aboriginal Infant Development Program (AIDP) Practitioner System Navigator

The AIDP System navigator will provide information, advice, support, mentoring, cultural perspectives, and coordination of services to families during the process of obtaining a diagnosis. This position is to advocate for families who require cultural, and community supports while navigating the complex health care system and build family capacity and advocate for the individual family needs.

Share culturally responsive, developmentally appropriate tools and resources; and offer practical supports to help reduce stress for families and their children. Adhere to the policies and standards of Seabird Island Band.

Preschool/OOSC/Summer Program Manager

The Supervisor of Preschool, Out Of School Care, and summer programs will assume responsibility for the day-to-day operations of all three of these programs. The Supervisor is responsible for program planning in cooperation with other program staff, working effectively with staff, families and children, connecting with the community and ensuring adherence with licensing requirements. The Supervisor is responsible for providing leadership in keeping with the philosophy of the Early Learning and Child Care Program at Seabird Island.

Head Start Cook

Under the supervision of the Early Childhood Programs Manager, through the direct supervision of the Head start Supervisor, the cook will be responsible for providing healthy meals and snacks to the children in the Head Start Program.

Economic Development

Production Worker - Nations Creations

Production workers are responsible for a range of functions including processing, sorting, and packing the products, as well as operating the machines and monitoring the output to check it is in line with compliance standards.

Infrastructure

Custodial Worker - On Call

The Custodian is responsible for performing custodial duties, minor maintenance and other miscellaneous duties in order to ensure that buildings and facilities are maintained in a healthy, safe and sanitary manner.

Driver - College

The College Driver is responsible for the safe transportation of students on the assigned route to and from school.

Education

Education Assistant - College Tutoring

In collaboration with 2 teachers and a youth staff, the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance student engagement and inspiration for learning. The successful Education Assistant will contribute to a safe, nurturing and dynamic after school tutoring program.

We are in search of a kind, patient, and focused education assistant who understands student's motivations, encourages students to take calculated risks and has high expectations for student outcomes

Information Technology (IT) Teacher

Information Technology or IT Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of computing, software use, troubleshooting, etc. The IT Teacher's daily tasks will depend mostly on the age and ability level of the students. Younger classrooms will focus on keyboarding and understanding basic word processing and other typical office programs, as well as Internet basics. With older students, more advanced classes in software use, data processing, hardware, and even web design.

Student Mentor/ Counsellor

Seabird Island Community School is seeking to fill a position of Student Mentor and Counsellor for K-12 students. Essentially, your responsibility is to equip students with a variety of strategies for coping with life's challenges: help students establish their personal goals, guiding and helping children make action plans, motivate and inspire children, identifying and providing resources, referrals and follow-ups and providing assistance in crisis situations.

Special Education Teacher

Under the supervision of school administration, the Special Education Teacher will work with Students who have a wide range of learning, mental, emotional, physical and learning disabilities. Special Ed. Assistant's adapt general education lessons and teach various subjects, such as reading, writing, and math, to students with mild and moderate disabilities. They also teach basic skills, such as literacy and communication techniques, to students with severe disabilities.

Education Assistant On - call

Under the supervision of school administration, the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of the children more rewarding.

EAs will assist teachers in student assessment and evaluation through observation, record keeping and data collection. At Seabird Island Community School, Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of all students.

Teacher On Call (TOC)

This position involves the provision of instruction to students of Seabird Island Community School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. Individual contracts will govern the specific teaching assignment and number of hours. The Salary is inclusive of all teaching duties as detailed below.

Tutoring Teacher - College

Seabird Island Band is looking for a passionate and skilled educator for our afterschool tutoring program. If you are someone who understands the importance of a strong literacy and numeracy foundation that nurtures children's curiosity and inspires them for learning, then we want to hear from you.

We are in search of a kind, patient, and focused educator who understands student's motivations, encourages students to take calculated risks and has high expectations for student outcomes.

Health & Social Development

Child Protection Program Supervisor

The Child Protection Program Supervisor will be responsible for mentoring and monitoring staff who are developing and delivering Seabird's Child Protection programs. The supervisor also is responsible for engaging and advocating for Seabird Island Community Members. This role includes establishing relationships with outside agencies to ensure success of the program objectives. The Child Protection Program Supervisor will be expected to develop strong and healthy relationships with staff, clients and their families.

Recovery Home Support Worker

The role of the Recovery Support Worker is to support clients in residence struggling with substance use issues possible to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

Family Development Worker

Multiple term contacts available. The Family Development Worker's primary goal is to support and connect families on their journey to wellness. Support and connection are provided to families who are experiencing mental health and child welfare challenges through one-on-one coaching, individual, family, and community education and awareness activities, and referral to other health and social services agencies. This position provides service to families.

Trauma Treatment Centre Trauma Counsellor

The Trauma Counsellor is responsible for providing counseling to clients towards resolution of their trauma. Counselling will be provided in a culturally sensitive manner on a one-to-one basis, in groups, and using circles to help clients process trauma during their intensive short stay (six weeks) at the Trauma Centre. The Trauma Counsellor will facilitate daytime and evening individual and group sessions, 3 days each week.

Executive Assistant to Health Director

Under the direction of the Health and Social Development Director, the Executive Assistant shall provide administrative and executive secretarial duties in support of the Health and Social Development Department. This position assists with all matters of an immediate, administrative and task-oriented nature.

Child Protection Program Coordinator

The Child Protection Program Coordinator will operate in accordance with philosophies, policies, and objectives established by Seabird Island Health Department. The primary goal is to coordinate the work being done within the Child Protection Team, including developing and delivering programs related to child protection prevention and implementation, administrating programs, client paperwork, tracking client activities and working with the team as directed.

Labour Pool

The spirit of the labour pool is to give Community Members a chance to gain work experience, be provided mentorship and to make some supplemental income. **Community Health Representative**

The Community Health Representative's (CHR) primary goals are to improve the quality of life of the Seabird Island Band Community Members by assisting them to make healthier lifestyle choices; promote client dignity, independence, comfort, mobility, personal appearance and safety; and to provide support to the Community Health Nurse(s) (CHN) and/or Home and Community Care (HCC) Nurse. These goals are to be achieved by using professional public health knowledge.

Better At Home Support Worker

The Better at Home Program is designed to provide support to community members who need additional assistance to continue to reside at home in the community. The Labourer plays a key role in the Better at Home Program, providing the leg work to support the clients. Labourer can expect to perform a very wide variety of tasks to support a wide variety of clients. Assigned responsibilities will include indoor and outdoor activities, including working in high and low temperatures, and inclement weather (rain, snow etc.). Successful Better at Home Labourer should prepare to work long physically demanding hours, will be required to provide their own clothing appropriate to the day's tasks and weather, and may be asked to provide their own personal safety equipment.

Youth Worker

The Youth Worker develops strong and healthy relationships with youth. They have emotional intelligence and are able to respond to the diverse needs of youth; are trauma informed; work efficiently and are able to prioritize competing pressures; have the ability to honour the youth's voice and take their lead in program delivery. The youth worker is able to engage and encourage youth while maintaining an appropriate relationship with all of the youths.

This position requires a flexible schedule to meet the needs of the Band youth. Given the schedule of the client base (school), most shifts will be evenings and weekends.

Child & Family Service Manager

Under the direction of the Health and Social Development Director, the Child and Family Services Manager (CFSM) will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management and within the specifications and regulations of the Community Care Facility Act. Programs under the care and supervision of the CFSM will include:

- A:yelexw Men's and Women's Recovery Homes
- A:yel:xw Family Home
- Seabird Health Counselling
- Family Support
- Wellness / Justice
- Child and Family Services (MCFD, Xoylhemeylh)

Child Protection Program Manager (CPPM)

Under the direction of the Health and Social Development Director, the Child Protection Program Manager (CPPM) will efficiently and effectively oversee the operations of the related programs and services in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management. Programs (with their sub-programs). Programs and services under the care and supervision of the CPPM include:

- Family Development Program
- Child Protection Program

Diabetes Nurse

Under the direction and supervision of the Health Manager/Director, the RN shall provide care, leadership, and expertise, in accordance with Band policies. Specifically, the Nurse is responsible for ensuring that timely health services are provided to all families that Seabird Island Health Programs serve. As with all positions within the Health Department, the RN will be expected to support the success of other Health programs. This may include supporting Home and Community Care and providing other Nursing services in general.

Youth Coordinator - Term ending March 31, 2025

Under the direction of the Health and Social Development Director, Child and Family Services Manager and Youth Initiatives Supervisor, the Program Coordinator will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management and within the specifications and regulations set by the Child and Family Services Manager.

The primary goal of the Program Coordinator is to develop, manage and execute outings, programs and activities for Sto:lo youth that will benefit in crime prevention. Organize and implement programs and experiences for youth to gain confidence, experience and knowledge of land-based activities and healing. Coordinate and manage activities that will increase self-esteem, strengthened sense of belonging and positive sense of identity to aid in crime prevention. As well as, create positive relationships built with adults, elders, and peers to increase capacity and understanding of Fraser Salish region land, teachings and ceremony.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. **Interested candidates are invited to submit** a cover letter, resume and three references. <https://www.seabirdisland.ca/careers/>

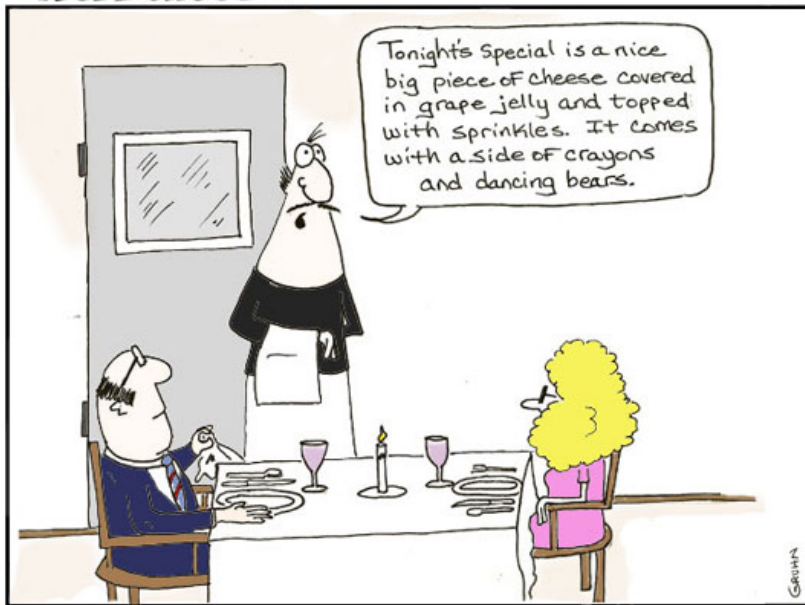
We regret that we will only respond to those applicants chosen for an interview.

Job postings are also available at the Band Office and the Employment Office. Please ensure you have received confirmation for your on-line submission. If you have not received confirmation, email: humanresources@seabirdisland.ca.

We thank all applicants for their interest.

Comic

WebDonuts.com



Why 4 year olds don't write the menu's

February Tem'elémehes

“time when hands stick to things from cold”

Aquarius

January 22 - February 19

Key characteristics: Curious, inventive, dreamy and eccentric. You express devotion and fidelity.

Flower: Orchid

Birthstone: Amethyst

Pisces

February 20 - March 20

Key characteristics: Cares about ideals and aspirations. Pisces likes to dream and is drawn to the arts, especially the stage.

Flower: Violet

Birthstone: Amethyst

Quotes of the Month:

“The truth is you don't know what is going to happen tomorrow. Life is a crazy ride, and nothing is guaranteed.”

- Eminem

“Map out your future - but do it in pencil. The road ahead is as long as you make it. Make it worth the trip.”

- Jon Bon Jovi

Halq'eméylem Word Search

c	h	ó	:	l	q	e	m	m	m	á	h	t	l	l
e	c	w	h	á	h	q	e	s	:	l	s	w	s	í
c	h	u	c	h	u	w	á	x	e	l	x	e	h	m
e	á	m	a	l	y	í	w	h	:	e	'	e	s	c
á	l	e	w	e	m	h	l	à	t	h	q	ó	y	k
e	h	l	l	h	l	e	s	s	t	h	w	s	:	m
m	a	m	e	l	q	e	l	ó	m	e	t	t	é	t
m	q	í	l	á	w	e	'	:	c	a	e	y	l	m
m	í	l	l	:	y	p	m	l	c	h	ó	:	l	t
t	e	e	í	:	e	í	í	m	t	e	ó	ó	e	'
l	h	t	á	í	q	w	'	e	s	e	m	x	s	:
c	e	s	t	l	l	'	w	t	e	m	í	m	w	m
m	x	'	ō	é	m	k	y	s	s	w	w	l	á	h
h	h	s	e	u	ō	e	c	e	k	e	w	x	y	l
t	c	e	ó	m	m	é	y	l	h	t	e	l	c	ō

Words

1. íqw'esem - wipe your face
2. í:wesà:ls- a guide, showing people
3. álewem - to stay home
4. á:yelstexw - leave it in good health
5. óyém - Slow or late
6. íyeqthet - to get out of the way, to dodge
7. ó:lmetsel - to wait around
8. méylhlet - a helper
9. mamelqelómet - forgetful person
10. malyí - To get married
11. cheláqelhelh - Yesterday
12. chuchuwáxel - front side of a house
13. p'óthès - baby basket
14. kwíxet - to name him/her
15. mōkwethet - to kiss him
16. melmílets' - confused
17. chálh - have arthritis pain
18. chóxw - go down to water
19. chó:lqem - Follow
20. chó:lt - Follow him/her

DEADLINES

Submissions and advertisements are due **7 business days prior to delivery.**
Contact comm@seabirdisland.ca.

AVAILABILITY

Once a month. The 1st of each month (or closest business day).
Apply for email distribution or pick-up at the red community newsletter boxes.

CONTACT US

Have an ad or story idea?
Email comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Advertising sales:

Contact Communications:
604-796-2177 or
email: comm@seabirdisland.ca

Design, Layout, Formatting:
Zorana Edwards-Shippentower

Proofing Team:

Sandra Bobb, Kristy Johnson,
Zorana Edwards-Shippentower
and Ciara Busby.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

NOTICE

NO SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door, you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority.

Please contact us if you have any concerns.



SEABIRD CHURCH

Mass: Contact Deacon Jamie for information

Study Groups: Contact Deacon Jamie

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact **Lena Paul** 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

MEMBERSHIP STATUS CARDS

Tuesday to Thursday:
8:30 a.m. - 4:30 p.m.

Appointments required. **Serving Seabird Members only!** Contact 604-796-2177

Remember to bring:
- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

SIB has the right to refuse service.

Status Card Photography

Laminated style: \$13.50
New style w/ authenticated photo \$18.50
Monday to Friday: 8:30 a.m. - 3:00 p.m.
Appointments required.

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.
Now recruiting new members.
Contact the Fire Hall 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday.
2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request. When you need major garbage pick-up please submit your request in writing and hand it in to the Band Office.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

Classifieds

OPTOMETRY CLINIC

Appointments Only: TBA

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 a.m. - 5:30 p.m. **Closed Fridays**

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Lena Paul 604-796-2177

BABIES ID CARDS

Apply for a Medical Care Card as soon as possible. Contact Lena Paul 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Lena Paul 604-796-2177.

ALCOHOLICS

ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.
AA in BC website: www.bcyukonaa.org

NOW HIRING CAMP POSITIONS



We're seeking motivated individuals for a variety of camp positions available in Valemount, Clearwater and Blue River, BC.

- Janitor
- General Helper
- 2nd Cook
- 3rd Cook
- Maintenance Coordinator
- Camp Attendant

Positions are 20/10 OR 5/5 off rotations.

Full Time Positions

APPLY TODAY!

Email - FrontecRecruitment@atco.com





Maternal Child Health

Here are some photos that were shared with Maternal Child Health. Some baby photos and family photos.



