



www.seabirdisland.ca

the SEABIRD ISLAND Sq'ewqel YOO HOO

Because news isn't all bad or boring!

Peló:qes ~ "Torch season" ~ (January) 2023



New School Library

Éy swayél!

Welcome to our brand-new library. We have almost 5,000 books to choose from ranging from early fiction readers to intermediate non-fiction texts for our elementary students to discover.

Students are exposed to various genres of books and are avidly learning how to borrow a book and return it at least once per week. Some students borrow, read, and return more than one book per week! It has been a wonderful experience so far. Some of the intermediate classes have been coming in to learn how to research and complete assignments for class.

For some, it is a safe and quiet place to work, have meaningful conversations and spend time with friends. We are building a welcoming space for our students here and we have lots of room for growth.

Éy cha te swayél!



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Office Closed



Stat Holiday -
New Year's Day (obs.)

Monday, January 2nd, 2023

C&C and Admin 3rd Quarterly Meeting



Wednesday,
January 11th, 2023

Diabetic Lab Day



Friday, January 20th, 2023

Community Christmas Dinners

This year the community Christmas dinner was celebrated differently, considering COVID-19 restrictions are still in place, it was held over 3 nights. People called in to reserve the night they wanted to attend. The first few nights had a few seats vacant, however the Wednesday night event was a full house with people on the waitlist, wishing for a fourth night.

The events were a great success! With smaller groups of 200 guests, each event was more welcoming and less overwhelming, people were able to visit more with the people in attendance. Although some were sad because you couldn't see everybody in the community, this was a better atmosphere than an overcrowded Band Office.

With smaller groups we were also able to have Santa in the gym with everybody else. The younger kids really liked this as they were able to come up and see Santa a few times to get use to him before going in for the photo. With post cards for Santa on the tables, many enjoyed filling them out and handing their wish lists directly to Santa and talking to him about them.

We hope you all had a wonderful holiday season!
Silólem Kwéleches ... Season Greetings

Written by Sandra Bobb





SEABIRD
ISLAND
BAND



S'ÓLH TÉMÉXW GUARDIANS CURRICULUM

Guardians will help our community enforce our rights, enforce our laws, and further advocate for our natural resources.

ONLINE SELF-PACED

STARTING: JANUARY 9, 2023

COURSE GOALS, VALUES & MISSION:

- WORLDVIEW
- CULTURAL SITES & PRIORITY AREAS
- ENDURING UNDERSTANDING
- CULTURAL COMPETENCIES

LEARNING THROUGH STÓ:LŌ WAYS OF KNOWING

This course is designed to work with mentors who will support you throughout the course.

Mentors may include:

- Elders
- Knowledge Keepers
- Community
- Leadership

4 SEATS AVAILABLE

Jennifer Campbell - Lands Manager
Jennifer.campbell@seabirdisland.ca

MATERIALS PROVIDED



Readings + Textbooks



Videos / movies



A mentor / supervisor



Community Connections

CONTACT US:

Christmas Concert - Seabird Island Community School 2022

Thanks to all the great students and families for their support.



New Year, New Resolutions, New You!

What a great time to hit reset, look back on your life, your dreams, your ambitions and to move forward in a positive way. Your mental health matters, and it begins with you!

1. Process what happened last year, so you can move past it.
2. Forgive yourself so you can let go and heal.
3. As part of letting go declutter, your mind and your home.
4. Unfollow and unsubscribe to the clutter and spam messages.
5. Make time for fun and family time.
6. Make time to work out, create a schedule.
7. Define realistic goals for the year and create a plan of how to achieve them.
8. Create a vision board so you can picture your future.
9. Create weekly to do lists.
10. Get a calendar and plan for monthly achievements.

Most importantly remember:

- You are precious.
- You deserve the best and don't have to settle for less.
- Your dreams matter.
- You are worthy.
- You are talented.
- You are a miracle.
- There is only one of you.

Written by Sandra Bobb

FREE 3 DAY WORKSHOP ON

WEALTH MINDSET

Circle Module - January 9, 2023, 9:00 am to 12:00 pm

- What is Indigenous financial literacy
- Your values and relationship with money,
- and more...

Banking Basics - January 10, 2023, 9:00 am to 10:30 am

- How to choose the right financial institution & account for your needs
- Way to reduce your account fees
- and more

Basic Budgeting - January 11, 2023, 9:00 am to 10:30 am

- Expenses tracking
- Making financial goals
- and more

Register for this FREE three day workshop about money management.

This workshop is for Indigenous people within the Stó:lō Traditional Territory.

To register, call 604-858-0009, or by email bhill@stolocf.ca before January 6, 2023 by 4:30 pm to obtain Zoom Link.




Community
Futures Stó:lō

Vancity



Renew Your Status Card

 -Seabird Band Members Only-

Available only 3 days a week

Tuesday Wednesday Thursday



Contact membership Tuesday to Thursday to book your appointment
membership@seabirdisland.ca or 604-796-2177

Created by Seabird Communications Program 


Shannon Smith
SCF Business Analyst



Are you interested in starting a business?

Book a free and confidential appointment with Shannon Smith to learn how!

 ssmith@stolocf.ca

 (604) 824-5278



Preparing for Winter Storms



Severe weather and power outage checklist

- Have a battery-operated radio
 - » This allows you to listen to your local station for warnings, advice and instructions
- Stow flashlights with extra batteries
- Winterize your home
 - » Insulate walls and attics
 - » Weather-strip doors and windows
 - » Clear rain gutters
 - » Remove tree branches that could fall during strong winds
- Inspect your chimney or flue
 - » This helps prevent structural fires and ensures smoke, carbon monoxide and other potentially harmful gases are properly vented
- Make sure you have an adequate supply of food and water (for 72hr per person)
 - » Food in your fridge is usually safe to consume if the power is out for less than four hours
 - » Food in your freezer (when left closed) will last 24 hrs (when half-full) or 48 hrs (when full)
 - » Fireplaces, wood stoves, barbecues and camp stoves can be used outdoors for emergency cooking. DO NOT use barbecues or camp stoves indoors

For more information on preparing for a power outage, visit BC Hydro and FortisBC.

Vehicle preparedness checklist

This includes packing a winter survival kit. Your kit should include:

- Grab-and-go bag containing water, non-perishable, easy to open, food, and first aid supplies
- Windshield scraper and snow brush
- Extra winter windshield washer fluid
- Spare tire, wheel wrench and jack
- Shovel
- Traction mat, sand or kitty litter
- Flashlight and extra batteries
- Battery jumper cables
- Extra clothing and footwear
- A Blanket
- Flares and matches or lighter
- Fuel line antifreeze
- Tire chains and gloves

Weather alerts

Plan your route and keep up-to-date with weather information, visit:

- Public Weather Alerts for British Columbia: https://www.weather.gc.ca/warnings/index_e.html?prov=bc
- Drive BC: <https://www.drivebc.ca/>

Resource: Get prepared for storms - Province of British Columbia (gov.bc.ca)

Seabird Island Band
C&C AND ADMIN 1/4LY BAND MEETING

WEDNESDAY
JAN
18th
From 5-8 p.m.



SAVE THE DATE

**Open House forum, in person meeting,
with dinner starting at 5 p.m.**



Social Media Alerts

Social Media platforms' have negative influences on the mental health of users — a sizable percentage of them young people.

A survey from the Non-profit Center for Countering Digital Hate found that TiKToc bombards young teens with potentially harmful content. They found that “eating disorder content was being served up within minutes, self-harm videos within 2 minutes, and every 39 seconds in the recommended for you page were getting harmful content”, says Imran Ahmed from the Non-profit Center for Countering Digital Hate.

TikTok's algorithms are promoting videos about self-harm and eating disorders (<https://globalnews.ca/tag/eating-disorders>) to vulnerable teens, according to the report that highlights concerns about social media and its impact on Youth mental health.

Researchers at the non-profit Center for Countering Digital Hate created TikTok (<https://globalnews.ca/tag/tiktok>) accounts for fictional teen personas in the U.S., United Kingdom, Canada and Australia. The researchers

operating the accounts then “liked” videos about self-harm and eating disorders to see how TikTok's algorithm would respond.

Within minutes, the wildly popular platform was recommending videos about losing weight and self-harm, including ones featuring pictures of models and idealized body types, images of razor blades and discussions of suicide.

Reference: TikTok promotes posts about eating disorders and suicide, report shows -

<https://globalnews.ca/news/9350094/tiktok-eating-disorders-suicide-report/>

This harmful content spamming everybody is not only found on Tic Toc it is found in all Social Media accounts. Which is causing depression, self harm and even suicides. Please be careful when using these sites, limit your friend accounts, limit your screen time and the sites you use.

To read more on the “Dark side of Social Media” please visit The dark side of social media: What Canada is — and isn't — doing about it -

<https://globalnews.ca/news/8503534/social-media-influenced-government-regulation/>

Love is tender, love is kind!

Love your goals + love your work
= love yourself = love each other

Loving yourself is one of the most important forms of love you need to survive. Part of loving yourself is finding what drives you, what your dreams are. Discovering your true career path can also help you discover yourself and love yourself more, it can help drive your future and your goals. You need to understand yourself, and your needs, to be able to share and accept love fully.

Love is not one sided, remember to share love, kindness and respect every day, and those who love you will share it back every day. Love is not limited to relationships; it can be wrapped in your goals and dreams for the future.

When you love your life, that's when you will be truly content.

You should never feel stuck or trapped. Set new parameters, for your life. Look

for relationships in family, friends, other loved ones that will help you grow and make you feel invincible. These relationships could be your guide to moving forward to help you reach your goals in life, love, and happiness. They can guide you towards what you want true love to be, for you.

Make new choices and expand your horizons. Nothing ever grows in your comfort zone, so the only way of moving forward in life is to get out of your head and embrace your fears. Success doesn't magically show up, you must go out and get it, earn it.

What ever you are reaching for, you will find it with hard work, dedication, love, sacrifice, and discipline. Your dreams are out there waiting for you to find them and name them. Weather it's a relationship or a drive for a new dream in life. Expand your search, don't settle, you deserve to have your dreams met.

If it's a more personal loving relationship you are searching for, look for a true partner, one who will share everything with you. You tell each other everything, help each other physically and mentally, even share chores and responsibilities. Being there for each other, taking the burden off each other and recognising it, is key to every successful relationship. Find someone who will treat you with love, kindness and respect every day of your life, someone who you can also easily treat with love, kindness, and respect. There is someone out there for everyone.

The past few years have been hard on everyone, sometimes a new year will bring about a funk, I hope this article lifts you up and makes each you feel stronger, so you have a great start to an excellent new year! Dreams do come true when you work on them! Share the love this year – Happy New Year!

“Accept yourself, love yourself, and keep moving forward. If you want to fly, you have to give up what weighs you down.”

– Roy T. Bennett

“You must be strong enough to know that love will come to you when you are ready. You must be strong enough to know when to say goodbye, and know that letting go is not weak.”

*“Love is never supposed to hurt. Love is supposed to heal, to be your haven from misery, to make living f***ing worthwhile.”*

– Mia Asher, Arsen: A Broken Love Story.












Written by Sandra Bobb

Trust Checks

Cheques will be ready on January 3rd, 2023
from 9 a.m. to 3 p.m.

For the Band Members who
turned 18 from June 1st to December 31st, 2022

Community Events Calendar ~ Peló:q

(S) Sxexlhát	(M) Yila:welhát	(T) Sthémelts	(W) Silhát
<p>1</p>  <ul style="list-style-type: none"> Gas Bar Hours 10 a.m. - 6 p.m. New Year's Day 	<p>2</p> <p>New Year's Day (obs) - Office Closed</p>	<p>3</p>  <ul style="list-style-type: none"> Winter Vacation End Back to School (SICS & SD78 & SIB College) Preschool, Daycare, OOSC, and ECD Programs back open Trust Checks for Band Members who are 18+, 9 a.m.-3 p.m. 	<p></p>  <ul style="list-style-type: none"> Register w/ Public Works Major Garbage Pick-up
<p>8</p>  <ul style="list-style-type: none"> Wealth Mindset: Circle Module, 9 a.m. - 12 p.m. Meals on Wheels 5 - 6 p.m. 	<p>9</p>  <ul style="list-style-type: none"> Wealth Mindset: Banking Basics, 9:00 - 10:30 a.m. 	<p>10</p> <ul style="list-style-type: none"> Wealth Mindset: Basic Finance, 9:00 - 10:30 a.m. BCIT: Building Inspection Meals on Wheels 5 - 6 p.m. 	<p></p> <ul style="list-style-type: none"> Wealth Mindset: Basic Finance, 9:00 - 10:30 a.m. BCIT: Building Inspection Meals on Wheels 5 - 6 p.m.
<p>15</p>  <ul style="list-style-type: none"> Meals on Wheels 5 - 6 p.m. 	<p>16</p>  <ul style="list-style-type: none"> Chief & Council 	<p>17</p>  <ul style="list-style-type: none"> C&C and Admin 3rd Quarter Meeting, 5-8 p.m. with dinner at 5:30 p.m. Meals on Wheels 5 - 6 p.m. 	<p></p> <ul style="list-style-type: none"> C&C and Admin 3rd Quarter Meeting, 5-8 p.m. with dinner at 5:30 p.m. Meals on Wheels 5 - 6 p.m.
<p>22</p>  <ul style="list-style-type: none"> Meals on Wheels 5 - 6 p.m. 	<p>23</p>  <ul style="list-style-type: none"> Chief & Council 	<p>24</p> <ul style="list-style-type: none"> Income Assistance Day Meals on Wheels 5 - 6 p.m. 	<p></p> <ul style="list-style-type: none"> Income Assistance Day Meals on Wheels 5 - 6 p.m.
<p>29</p>  <ul style="list-style-type: none"> Meals on Wheels 5 - 6 p.m. 	<p>30</p>  <ul style="list-style-type: none"> SkillSource: Roofing Trades Program 	<p>31</p> <ul style="list-style-type: none"> SkillSource: Roofing Trades Program 	<p></p> <ul style="list-style-type: none"> SkillSource: Roofing Trades Program

es ~ “Torch season” ~ (January) 2023

:xws	(T) Sxeó:thels	(F) Sheqátses	(S) T’óqw’tem
4	5	6	7
11	12	13	14
18	19	20	21
25	26	27	28
		<ul style="list-style-type: none">  Doctor’s Office is by appointment only. Please call ahead for an appointment.  Dental Office is urgent/emergency appointment only. Please call ahead.  Fire practice is canceled until future notice.  Garbage day, has not changed unless notified (2 bags per house hold please).  Recycle day, No longer accepting blue bags. Use blue bins please. 	

The Seabird Cultural Committee is looking for members. Elders, Youth and any Community Members are invited to join our advisory committee.

Interested individuals are invited to submit a letter requesting to join the committee detailing your interest in the committee, and the benefits joining the committee could bring to both Seabird and yourself.

Meetings twice a month.

All candidates will be vetted by Chief and Council for approval.

Submit your letters of request to:

Janice Parsey: janice.parsey@seabirdisland.ca
or contact 604-796-2177 for more information.

Sq'ep Committee



Land Advisory Committee (LAC) positions opening

The term for three (3) committee positions are up for renewal:

One (1) Elder position and two (2) regular committee positions.

The term for this appointment is four (4) years.

Éy kws hákw'elestset te s'í:wes te siyólexwálh. Xaxastexw te mekw'stam.
Éwe chexw qelqelit te mekw'stam lóy kw'es li hokwex yexw lamexw kwú:t.
S'ólh téméxw te íkw'éld xólhmet te mekw' stám ít kwelát.

It is good to remember the teachings of our ancestors; Respect all things;
Don't waste, ruin, destroy everything, only take what you need;
This is our land we have to take care of everything that belongs to us.

The Chief and Council are looking for interested and passionate individuals to fill the open positions for the Land Advisory Committee (LAC).

These individuals are required to be proactive in reviewing, assessing, and anticipating the land needs, and anticipating any changes that may affect the land needs of the Seabird Membership.

MANDATES OF LAND ADVISORY COMMITTEE:

- Provide advice and make recommendations to the Council on the development of a Land Use Plan, Seabird Island Laws, resolutions, policies, and practices in respect of the management and administration of Seabird Island Lands
- Provide advice and make recommendations to Council on proposed transactions involving Community Lands
- Assist in the flow of information on issues relating to Community Lands between Members and Council
- Canvass the views of Members on the Seabird Island Law required to be enacted by Council pursuant to section 26.1 of the Seabird Island Land Code, and generally on issues related to the administration and management of Seabird Island Lands as it deems appropriate or as requested by Council
- Provide assistance as may be required in the holding of General Band Meetings and referendum votes.

The Lands Advisory Committee works in an advisory capacity to the Chief and Council.

The Committee is currently advising on revising and developing laws, updating the Land Use Plan and the Environmental Management Plan, and will review applications for Band projects and/or interested lessees.

These laws and processes will assist in providing long-term plans for the use of the reserve land, quality enhancement, sustainability, and development of Seabird Lands for the present and future generations.

The successful applicants will be appointed by the Chief and Council.

Interested candidates must be Seabird Island Band Members and have the ability to attend daytime or evening meetings as required.

Please submit a letter of interest, a resume, a cover letter & three references to the:

**Lands Department - Seabird Island Band
P.O. Box 650 Agassiz, B.C. V0M 1A0**

Lands@seabirdisland.ca

Posting will remain open until February 15, 2023



REGISTER TODAY!

WWW.SEABIRDCOLLEGE.CA



Seabird College
education for real life

Work Phone: 604-796-8063
Cell Phone: 604-793-8314
E: natalie.henderson@seabirdisland.ca

2812 Chowat Road,
PO Box 650,
Agassiz BC, V0M 1A0

*Qualified building
inspectors are
currently in high
demand*



BCIT

Building Inspector Course

BCIT, in partnership with Seabird College

BLDC 1500 – Building Code: Part 9 (SFD)

January 11th to March 29th, 2023

Upon successful completion, the student will be able to:

- Check plans of single-family dwellings for compliance with the regulations in the BC Building Code, (provided the student can read house plans).
- Inspect single-family dwellings relative to compliance with the regulations in the BC Building Code.
- Deal with questions relating to Building Code requirements for single-family dwellings.
- Have a basic understanding of acceptable materials, systems, and methods used in house construction.

Students will also be prepared to take the Building Officials Association of BC (BOABC) Level 1 qualification examination.

Delivered online, through virtual webinars, as well as at the Seabird College by a certified BOABC Building Inspector / BCIT instructor. The program was designed to be completed by individuals who are working full-time.

No prerequisites required. Experience in construction and the ability to read blueprints is an asset.

Supporting Indigenous learners:

Funded by BCIT, offering training to participants to complete their studies in their own community. This course, as well as the BOABC exam, are funded by a grant managed by BCIT.

For further information or to submit an expression of interest, please contact Natalie Henderson

Work Phone: 604-796-8063

Cell Phone: 604-793-8314

Email: natalie.henderson@seabirdisland.ca



Peló:qes

"Torch season"

Capricorn

December 22 - January 19

Key characteristics: Smart, hardworking, driven, in control of their destiny. They love family, and traditions.

Flower: Carnation

Birthstone: Amethyst or Garnet

Aquarius

January 22 - February 19

Key characteristics: Curious, inventive, dreamy and eccentric. You express devotion and fidelity.

Flower: Orchid

Birthstone: Amethyst

Quotes of the Month:

"Be yourself, create your own unique style"
- Kim Tae-hyung

"The new year stands before us, like a chapter in a book, waiting to be written. We can help write that story by setting goals."
- Melody Beattie

Halq'eméylem Word Search

' l e é t y é á e ' q m é s í
w á m p ' á p ' x w e m w e a
' c á c m k q m é ' l l l ' w
x é s y e w á : l e s ' l x é
x s q é é e l t k s í l m l s
t á y á s q : á l h l l ' l a
q s x e ' á w e l h é m t y l
y é t l ' q ' e s e m ' t w :
ó m s s h q y t l q l y ' ' q
l é t y ' : t m m c ' ' l s e
e ' s l í é : á s l h é x ' e
ó e t ' w á l h e t á e m á m
y á s é x a m e q á : l p é é
y t k ' q e q y x é á l m e l
é q á y q ' á q : w l t y q y

Words

1. ts'í:yelh – (be) praying
2. ts'á:tl'em – jumping, hopping
3. sts'élexw – slough, backwater
4. wákel – wagon
5. wálhet- chase it away
6. xáxlh – path, trail
7. xá:m – get a canoe stuck on a rock
8. xameqá:l – yarrow, also parsely fern
9. yákw – hire
10. yátl'q'els – painting
11. yéqwelchep – build a fire
12. yétl'q'esem – put paint on one's face
13. syewá:l – ancestors
14. yóle – wild celery
15. wál – throw
16. sq'éfél – canoe paddle
17. qelsílém – partially blind
18. téq' – pass gas
19. p'áp'xwem – be shy, be not talkative
20. lhémt – a rainshower

DEADLINES

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

AVAILABILITY

Once a month. The 1st of each month (or closest business day). Apply for email distribution or pick-up at the red community newsletter boxes.

CONTACT US

Have an ad or story idea? Email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

Advertising sales:

Contact Communications: 604-796-2177 or email: comm@seabirdisland.ca

Design, Layout, Formatting:

Clara Busby

Proofing Team:

Sandra Bobb, Clara Busby, Kristy Johnson, Zorana Edwards-Shippentower and Jasmine Paul-Louis

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

NOTICE

NO SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door, you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority.

Please contact us if you have any concerns.



SEABIRD CHURCH

Mass: Contact Deacon Jamie for information

Study Groups: Contact Deacon Jamie

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact Lena Paul 604-796-2177.

FUNERAL PAMPHLETS

Creating pamphlets from our catalogue or custom pamphlets.

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee. We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

MEMBERSHIP STATUS CARDS

Booking a Status Card Appointment
Tuesday to Thursday:
8:30 a.m. - 4:30 p.m.

Appointments are required.
Serving Seabird Members only!
SIB has the right to refuse service.

Remember to bring:
- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

Contact Simone Jimmie 604-796-2177

Status Card Photography
Laminated style: \$13.50
New style w/ authenticated photo \$18.50
Monday to Friday: 8:30 a.m. - 3:00 p.m.
Appointments required.

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.
Now recruiting new members.
Contact the Fire Hall 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request. When you need major garbage pick-up please submit your request in writing and hand it in to the Band Office.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

OPTOMETRY CLINIC

Appointments Only: To Be Announce

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 a.m. - 5:30 p.m. Closed Fridays

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Lena Paul 604-796-2177

BABIES ID CARDS

Apply for a Medical Care Card as soon as possible. Contact Lena Paul 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home by ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Lena Paul 604-796-2177.

ALCOHOLICS

ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org



Are you a Seabird Island Band Member?




Would you like to know what is happening within your community, infrastructure and land, information available for Band Members Only?




Contact Seabird Island Band Membership for your login. An email address and password will be provided to you. membership@seabirdisland.ca

ADULT DOGWOOD PROGRAM (ADW)

Here is an opportunity to complete 2 of the 3 needed electives for your ADW.

Work Experience 12 A:
February 7th – April 1st, 2023

Work Experience 12 B:
April 4th – May 27th, 2023

For any and all students who already completed some courses and need further credits.

OR

Students looking to get started.

Please contact Elaine Malloway
[604-796-6912; elainem@seabirdisland.ca] to learn more and/or start the intake process

LIMITED SEATS available

Opportunity to complete all 3 needed electives.

For students with a keen interest in the trades: 12 week Trades Sampler: **March 28th - June 17th, 2023**

Please contact Natalie Henderson
natalie.henderson@seabirdisland.ca
to learn more and/or start the intake process.

Happy Holidays from SkillSource



I just wanted to take this opportunity to wish everyone a wonderful holiday season. We will be offering another Introduction to Roofing Trades program from **January 31st-March 4th, 2023**. We are excited to be partnering with Flynn for this cohort. All participants who successfully complete the training will be offered a job with Flynn. I will be sending out the new marketing material after Christmas.

Housing Wait List

1 Bedroom	
1	11272018-5024
2	12242018-5028
3	06172019-5037
4	12272019-5042
5	04282020-5045
6	11152018-6022
7	12022020-5051
8	12142020-5053
9	01162021-5056
10	01262021-5054
11	01292021-5055
12	08122020-5050
13	06022021-5040

2 Bedroom	
1	02222016-1029
2	12102018-6014
3	12032018-5026
4	01282019-5030
5	02012019-5000
6	03212019-6028
7	12272019-5042
8	04102019-7028
9	12182018-5014
10	01072020-7031
11	08122020-5050
12	11022020-5051
13	11252020-2098
14	01072020-6024
15	11152018-6022
16	12022020-4015
17	12082020-5032
18	11272018-5024
19	12142020-5053
20	04282020-5045
21	12232020-7057
22	01092021-7061
23	10042017-6008
24	02122021-7062
25	04132021-7063
26	22042021-7064
27	02052021-7060
28	10052021-5057

3 Bedroom	
1	12192012-3076
2	02082013-3084
3	02232016-4002
4	12202017-7012
5	02222016-1029
6	12102018-6014
7	03132019-6011
8	03212019-6028
9	03222019-4007
10	04102019-7028
11	07012019-7033
12	12172019-7017
13	12182018-5014
14	01072020-6024
15	01072020-7031
16	01222020-1031
17	11022020-5051
18	11182020-7053
19	11192020-7054
20	11252020-2098
21	12022020-4015
22	12032018-5026
23	12232020-7056
24	12232020-7057
25	02082019-7021
26	01052021-7058
27	01092021-7061
28	10042017-6008
29	01262021-7059
30	02122021-7062
31	04132021-7063
32	04222021-7064
33	04292021-7065
34	08312021-7067
35	09072021-7066

REMINDER!

Housing Applications must be renewed before January 1st each year to remain on the list. Anyone who did not renew came off the list and must now reapply if interested.

Early Childhood Education

Aboriginal Infant Development Practitioner System Navigator

The AIDP System Navigator will provide information, advice, support, mentoring, cultural perspectives, and coordination of services to families during the process of obtaining a diagnosis. This position is to advocate for families who require cultural, and community supports while navigating the complex health care system and build family capacity and advocate for the individual family needs.

Aboriginal Supported Child Development (ASCD) Regional Advisor (Fraser South & East)

Working within the Early Childhood Development program, the Aboriginal Supported Child Development (ASCD) Regional Advisor (Fraser South & East) will provide information, advice, support, mentoring, cultural perspectives, and coordination of training to AIDP/ASCD programs and staff. This is a part time position with the potential to become a full time position.

Cook - Daycare/Preschool

Working within the Early Childhood Development program, as part of a multi-disciplinary team, the Cook will plan, prepare, and serve the children within our Education & Daycare Centre, which includes, snacks. The cook will also, assist with and ensure that the cleanup, dishes, and overall cleanliness of the program food prep area is always up to health standard.

Early Childhood Educator

The Educator will provide hands-on childcare to children in Seabird Island Band's early childhood education programs, in accordance with all childcare licensing requirements and the philosophies, policies and objectives established by Seabird Island Band Management.

Early Childhood Educator I/T (Infant/Toddler)

The Infant/Toddler Educator will provide hands-on childcare to children in Seabird Island Band's early childhood education programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management.

Head Start Supervisor

The Head Start Supervisor will oversee the Aboriginal Head start on Reserve (AHSOR) program which is a family-centered program designed to meet the individual needs of children and families physically, cognitively, spiritually, emotionally, and intellectually.

Out of School Care (OOSC) Assistant

Working within the Early Childhood Development program, the Out of School Care (OOSC) Assistant will assist in engaging and supporting our elementary and primary school aged children as well as their families. The successful applicant will help in facilitating various activities that promote physical activity, healthy eating and nutrition, positive personal development and wellness.

Supported Child Development Support Worker

Under the supervision of the Supported Child Development Supervisor for the Supported Child Development Program, the Support Worker is to provide front-line support to children with extra support needs to assist them to fully participate in a child care setting.

Infrastructure

Administrative Team Lead

Working within the Infrastructure Department, the Administrative Team Lead is responsible for the effective management of the administration team and the smooth running of systems, processes and functions within the Public Works, and Custodial Department. Responsibilities will include providing administrative support to the Manager, team and act as a communications' liaison on an inter-departmental level.

Building Maintenance Worker

Working within the Infrastructure Department, the Building Maintenance Worker is responsible for assisting the most complex and skilled building maintenance work and provide technical maintenance as required. The Building Maintenance Worker will support the Lead-Hand to repair buildings and facilities; and install and repair various electronic and mechanical equipment. This position is responsible for the effective and safe use of available materials and equipment. The employee is required to operate and maintain power tools, drive vehicles, climb ladders and perform physical activity. This position may require sufficient physical ability and mobility to work; stand and sit for prolonged periods of time.

Health & Safety Officer (HSO)

Working within the Infrastructure Department, the HSO will work closely with all departments including varying levels of management and employees. The HSO will work to ensure the implementation as well as compliance of safe work practices while adhering to the Seabird Island Band (SIB) policy and British Columbia's Provincial and Canadian Federal Safety Regulations. The HSO will apply regular and ongoing implementation of work safety training for all staff. You will have the ability to adapt to each department's dynamic needs. The successful candidate will be responsible for ensuring that eligible employees receive appropriate benefit packages, plan for employee's return to work from either disability, leave of absence, or injury as required.

Health & Social Development

Licensed Practical Nurse (LPN)

The LPN's will be responsible for providing routine care, observing patients' health, assisting doctors and registered nurses and communicating with patients and their families. This will also include improving the quality of life of the client community members by assisting them to make healthier lifestyle choices; promote client dignity, independence, comfort, mobility, personal appearance and safety; and to provide support to the Community Health Nurse and /or Home and Community Care Nurse.

Better At Home Support Worker - on call

The Better at Home Program is designed to provide support to Community Members who need additional assistance to continue to reside at home in the community. The Labourer plays a key role in the Better at Home Program, providing the leg work to support the clients. Labourer can expect to perform a very wide variety of tasks to support a wide variety of clients. Assigned responsibilities will include indoor and outdoor activities, including working in high and low temperatures, and inclement weather (rain, snow etc.). Successful Better at Home Labourer should prepare to work long physically demanding hours, will be required to provide their own clothing appropriate to the day's tasks and weather, and may be asked to provide their own personal safety equipment.

Diabetes Nurse

The Registered Nurse (RN) shall provide care, leadership, and expertise, in accordance with Band policies. Specifically, the Nurse is responsible for ensuring that timely health services are provided to all families that Seabird Island Health Programs serve. As with all positions within the Health Department, the RN will be expected to support the success of other Health programs. This may include supporting Home and Community Care and providing other Nursing services in general.

Health Care Assistant - Home Support

Working within the Health & Social Development Department, as part of a multi-disciplinary team, the Health Care Assistant supports Clients and Elder's in their homes. We are looking for a compassionate Home Health Aide to assist in daily living and personal care services in patients homes in accordance with an established care plan.

Family Life Skills Coach (FLSC)

The primary goal of the FLSC is to ensure that the families in the family home are supported in developing healthy parenting and other life skills, with attention to children's needs (helping with homework, structured mealtimes, healthy meals, bedtime routines etc.). The FLSC will ensure strong cultural values, and manage programming that builds family bonds and resilience as well as a grounding in culture and community supports. Approaches to household chores, shopping and finances will also be modelled. The FLSC will ensure that families are directed to health, healing and other services and programs, and encourage them to make choices that are nurturing to self and family. The FLSC ensures that culture is imbedded in all services. This position may be required to work the occasional evening or weekend.

Recovery Home Support Worker - Men's Home

The Residential Support Worker (RSW) promotes recovery, stabilization, and independence by providing comprehensive support to clients. The RSW supports and promotes the following: client safety, assisting with activities of daily living, and encouraging full participation in community activities included but not limited to cooking, cleaning, charting, participating in group sessions, driving, and shopping.

Recovery Home Support Worker - Women's Home

The Residential Support Worker (RSW) promotes recovery, stabilization, and independence by providing comprehensive support to clients. The RSW supports and promotes the following: client safety, assisting with activities of daily living, and encouraging full participation in community activities included but not limited to cooking, cleaning, charting, participating in group sessions, driving, and shopping.

Registered Nurse (RN)

The RN shall provide care, leadership and expertise, in accordance with Band policies. Specifically the Nurse is responsible for ensuring that timely health services are provided to all families that Seabird Island Health Programs serve. As with all positions within the Health Department, the RN will be expected to support the success of other Health programs. This may include supporting Home and Community Care and providing other Nursing services in general.

Targeted Wage Subsidy - Recovery Home Support Worker

The role of the Recovery Support Worker is to support clients in residence struggling with substance use issues possible to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

Youth Worker - Drop in Program

The Youth Worker will be expected to develop strong and healthy relationships with youth that will include in-depth discussions/workshops and support related to youth issues such as suicide, sexual education, gender, mental health, drugs, alcohol, and developing healthy relationships. The Youth Worker will also connect their clients with needed programs and services such as driver's education, health services, mentorships, and social supports. The Youth Worker will have emotional intelligence and are trauma informed.

Education

Halq'eméylem Teacher

Working within Lalme' Iwesawtexw (Seabird Island Community School) for the 2022-2023 school year. The Halq'eméylem Language Teacher is responsible for teaching students how to speak, understand, and write Seabird Islands' traditional language – Halq'eméylem. This teacher is an unrelenting advocate for language revitalization and works with staff and administration to promote the language throughout the school. You will be a member of an interdisciplinary, collaborative teaching team, liaising with other professionals, students, family members, and community to provide students with holistic, culturally focused education.

Labour Pool

The spirit of the labour pool is to give Community Members a chance to gain work experience, be provided mentorship and to make some supplemental income.

Education Assistant

Education Assistants will assist teachers in student assessment and evaluation through observation, record keeping and data collection. At Seabird Island Community School, Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of all students.

Language Warrior

Working within the Education Department, Lalme' Iwesawtexw (Seabird Island Community School), the Language Warrior is a recent high school graduate who is dedicated to learning Halq'eméylem as well as practicing and promoting Stó:lō culture in a school setting. The language warrior helps and supports all language teachers in classrooms, modeling what it means to be an engaged learner in the classroom. The position also assists in aspects of the cultural life of the school including drumming, singing, and dancing.

Pre-employment Supports Program – Case Worker - Term ends March 31st, 2023

The Case Worker is responsible for working with clients one-on-one and in small groups to assist them to overcome one or more barriers that are inhibiting their ability to gain employment. Clients will range from 19-24 and 25-49 years of age. The successful candidate will provide education, information and assistance to clients on all aspects of employment, education, training, and life career planning. The Case Worker takes a hands on approach to assisting their clients in exploring careers and finding employment including building relationships with potential employers.

Receptionist - School

Working within the Education Department, Lalme' Iwesawtexw (Seabird Island Community School), the Receptionist is responsible for a wide variety of clerical office duties in support of School which includes communicating office activities, greeting and screening students and parents, answering and transferring telephone calls.

School Bus Driver - on call

Working within Lalme' Iwesawtexw (Seabird Island Community School) for the 2022-2023 school year, you will provide safe transport services to the students who attend our school on an assigned route. You will be a member of an interdisciplinary, collaborative team, liaising with other professionals, students, family members, and community to provide students with a safe and reliable transport to complete their education.

Student Counsellor

Working within Lalme' Iwesawtexw (Seabird Island Community School) you will provide counselling and support for K-12 students. Essentially, your responsibility is to equip students with a variety of strategies for coping with life's challenges: help students establish their personal goals, guiding and helping children make action plans, motivate and inspire children, identifying and providing resources, referrals and follow-ups and providing assistance in crisis situations.

Teacher On Call (TOC)

This position involves the provision of instruction to students of Seabird Island Community School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education contracts will govern the specific teaching assignment and number of hours.

Technology Education Teacher

Working within Seabird Island Community School for the 2022-2023 school year, you will provide lessons and activities to help students develop knowledge and understanding of concepts of computers, as well as practical software use, and troubleshooting skills. You'll present a wide variety of beginner to complex lessons that focus on keyboarding, word processing, Microsoft Office and internet basics to software, data processing, hardware and web-design.

Vice Principal - Administration

Working within Lalme' Iwesawtexw (Seabird Island Community School) for the 2022-2023 school year, The Vice Principal assists the Principal in the administration, leadership, supervision and operation of School. The Vice-Principal provides quality B.C. curriculum in a learning environment that promotes language and reinforces the personal values of self-reliance, generosity, honesty, adaptability, and respect for self, others and the environment.

Executive

Senior Executive Assistant to Executive Director ED/CAO

Working within the Executive Department and reporting to the Executive Director (ED) the Senior Executive Assistant will provide support to the Executive Assistant to Chief & Council (C&C) and Executive Assistant/Project Coordinator (EA/PC) to the ED. The primary purpose of this role is to work closely with senior management to ensure structure, coordination and organization in a way that enables the ED & C&C to maximize productivity while effectively delivering the most value to our members and staff along with developing cross-program collaboration.

Economic Development

SQDC Administrative Assistant

Reporting to the Comptroller, the Administrative Assistant is responsible for overseeing the day-to-day administrative functions at SqDC. Furthermore, the Administrative Assistant is responsible for providing support to the management team at SqDC and acts as a communications liaison on an inter-departmental level.

The Administrative Assistant will play a critical role in strengthening the administrative functions necessary to providing outstanding financial reporting, data entry, and high levels of customer service. This position will help the organization perform efficiently and effectively by providing general office support, coordinating personnel, and assisting in scheduling & prioritizing tasks.

SQDC Senior Communications & Engagement Coordinator

The CEC position helps to develop, organize, deliver, and measure tactical communication initiatives and execute on elements of the corporate strategic communications plan and other corporate priorities. The position also plays an important role in developing and implementing the Internal Communications/Engagement Strategy, with support from the SqDC Management Team. The position is responsible for writing and preparing content for a variety of SqDC audiences and stakeholder groups.

Inter-Governmental Affairs

Community Services Supervisor

Community Services (CS) consists of, community events, recreation, membership, culture, community engagement, and volunteer coordination. The CS Supervisor's primary role is to provide programming and leadership that allow the community to learn and grow together, through recreational programming, community events like the Seabird Festival, cultural celebrations, and opportunities for Community Members to be part of a movement creating community spirit and cohesion.

IAMC Indigenous Monitor - Ends December 31st, 2022

IAMC-TMX/the Committee is implementing an Indigenous Monitoring Program, in which IAMC-TMX Indigenous Monitors will participate in inspections, site visits, and compliance verification activities with federal regulators including the National Energy Board and Fisheries and Oceans Canada.

Laborer - Ecological Restoration (FNIYES SLP)

The 'Laborer – Ecological Restoration' will be tasked with building trails, restoring habitat, and removing invasive species. This position includes visiting indigenous food sites and working with partners to promote, sustain, record, collect data and preserve indigenous species. This person will also support the Lands staff, including but not limited to everyday tasks like filing, record keeping, report preparation, scheduling, and data entry. Term ends March 31st, 2023

Policy Writer

The Policy Writer will be responsible for the research, analysis of information and consulting with the executive team, stakeholders, internal staff, and technical experts in formulating recommendations on a wide range Policy Development.

The role is privy to sensitive, and private information and requires a high degree of integrity, accountability and confidentiality.

Policy Analyst

In this role, you will provide expertise in policy development, analysis, planning, and research in areas aligned with Seabird Island policy agenda including the development of reports, presentations, plans and publications. The Policy Analyst, you will develop strong and effective working relationships with colleagues, First Nations communities, partners, and organizations, and with federal, provincial, and external stakeholders. Collaborating across the organization to conduct research and analysis and preparing briefings, reports, publications, strategies, discussion papers, summaries, and other documents to support policy and planning.

Finance & Administration

Proposal Writer

In this role, you will provide expertise in seeking funding and grant opportunities, researching needs and writing proposals in areas aligned with Seabird Island strategic goals. The Proposal Writer will work with the Directors, Chief and Council, various committees, external agencies, and other parties, to provide Seabird Island with background research, community input, applicable legal information, and multiple options to resolving concerns or issues facing the Band and Band operations.

The Proposal Writer will be responsible for researching, preparing, and submitting funding proposals for various projects and programs. They will also be responsible for tracking expected funding opportunities and for ensuring that the Director is kept apprised of the status of all funding proposals. The Proposal Writer will regularly be tasked with gathering data, soliciting input, and preparing briefings for the ED, Directors, Committees, and Chief and Council. Through this the expectation will be that all bodies will be provided with the input and information that they require to make informed decisions and choices.

Records Coordinator

Under general supervision of the Records Manager, this position plans, coordinates and provides records / information management daily support in the development, implementation, and on-going maintenance of corporate information. The Records Coordinator must be responsible, accurate, proficient in the duties assigned, maintain a high degree of independent judgement and personal initiative. At this level, the person understands more than the basic techniques and technologies, has managed, or developed RM projects, and has knowledge of IM lifecycle concepts. In addition, the Practitioner may be developing specialty skills (e.g., analysis, auditing, warehousing, and application technologies) and may also have experience supervising other IM staff.

Over 40 openings at Seabird Island

Interested candidates are invited to submit

a cover letter, resume and three references.

<https://www.seabirdisland.ca/careers/>

We regret that we will only respond to those applicants chosen for an interview.

email: humanresources@seabirdisland.ca.

We thank all applicants for their interest.

