

www.seabirdisland.ca January 2019



Seabird High School Student Council Food Drive

This year, the Seabird High School Student Council got together and wanted to support the Community. The idea of a food drive had been discussed in the Elementary School, so the Council thought it would be a great idea to help and do a food drive for the local families and communities.

The Student Council went around class to class to inform the Elementary and High School students of the upcoming food drive. In the Elementary School, the students were excited and buzzing with the opportunity to help the community. Donations were collected for two weeks to support families in the local community that may not have a lot of food, or need support over the Christmas season.

Collectively Seabird Island Community School collected over 300 food items and was able to donate these proceeds to 4 different families. There has been discussion that this amazing act of generosity and support should continue throughout the year, so that the students can continue to help and support the families that attend our school.

Thank you to everyone that supported and donated to the food drive. We can all make a difference in our community in small ways.

Submitted by: Caleb Reardon



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Dates to Remember

SICS & SD78 Pro D Day January 18

Band Quarterly Meeting January 30 5 - 8 p.m.

Trust Cheques

Were available January 2, 2019 9 a.m. - 3 p.m.

For those who turned 18 from June 1 - December 31 2018

> Missed this day? Contact Jason Ellis at 604-796-2177













Honouring Maggie Pettis & SCIS Christmas Concert

The gymnasium at the school was packed with children, parents and staff to honour Siyosemot (Maggie Pettis) as she launches into her retirement after 40 years of service. Maggie started with Seabird Island as the Community Health Representative in 1977 and has worked passionately for our community ever since.

In the early days, when numbers of Band staff were low, Maggie's role included pitching in at the Gas Bar Café as needed. Maggie has always been up to helping out her community in whatever way is needed. Over the years she was instrumental at bringing counsellors, doctors and dentists into our community. Maggie has contributed to the community in many ways. She served as a Council Member for years where she voiced comments and concerns from the community, especially for those who struggle to have a voice. She also served on the Education Committee for a number of years and was the Chair of that committee towards the end of her tenure there.

One of the most important roles Maggie has provided, is for child protection. Maggie fiercely advocated for children to ensure that all children stayed in our community. She helped us bring MCFD to our table and taught them how to work in our way. Maggie stands up for children and parents in the court system and guides Seabird's Child Protection Team so that children and families get the support they need to be safe,



healthy and solidly connected to the community.

Maggie has been tireless in her commitment to the community. She takes calls at all times of the day and night and also weekends. The contributions Maggie has made will never be forgotten.

Maggie was celebrated as part of the Seabird Island Community School Christmas concert. A hot turkey meal was provided for friends, family and staff. Drummers and singers lead the procession that brought Maggie into the room. Children sang Christmas songs in Halq'eméylem and called out "Hi Aunty Maggie" as part of their performance. Guests from Sts'ailes and MCFD provided words of thanks to Maggie, as did Carolyne Neufeld and Chuck McNeil. Stories of Maggie's history and journey with the Health Team were interspersed between the children's songs. The program unfolded under the guidance of Daughter (Dianna Kay) and Mark Point (MC). Maggie was given a gift of gratitude

from Chief and Council and the honour song was heard. Staff, friends and family lined up to say thanks and words of gratitude. We all love and appreciate Maggie and wish her well on the next leg of her life journey.

Submitted by; Heather McDonald, PhD, RN Acting Health Director







Honouring Maggie Pettis & SCIS Christmas Concert - Thank you

ch'itolétsel!

All of you, your students, our support staff, our volunteers, our lovely recovery home helpers, parents and those who lifted our spirits - yálh yuw kw'a's hò:y!

I personally thank-you for being gentle with my "bossy" attitude and stern look. I am sorry if I offended you in any way!

Deanna and her elves, fabulous as usual; and I sincerely thank-her for all the love she gave us. The turkey, ham, sides and dressings were donated by the Health Department with love and appreciation, we thank-them. We estimate that the crew fed over 500 people on Thursday and another 300 on Friday!



We gather at Lalme'lwesawtexw to Honour Maggie Pettis

Maintenance – thank you for answering the call and unanswered "emails", you made our decorum extra special. The guys listened to my constant changes and "hmm, do you think this will be better here..." looks... It was spectacular. It was amazing to see the hustle and bustle the day before, the children were all excited and enjoyed the visual of seeing all the "uncles" work for their special day.

A huge thank-you to our dear student Octavius Billy, he set-up and ran the entire audio system. He was amazing, problem solved technical difficulties and forged our program ahead!

Submitted by; Siyámíya Dianna Kay M.Ed



COMMUNITY DEVELOPMENT



Development Camp



Registration Link:

Mamele'awt

Aboriginal Center

https://aboriainalsportbc.wufoo.com/forms/x19sai8h1pmpb38/

EVENT INOUIRIES:

Curt Smecher

(604) 746-3693

Fraser Valley Metis Association

Interested in hosting a Sport Development Camp, Coaching Certification Course, and/or Officials Training Session in your community?

Contact I-SPARC Regional Coordinator: Fraser Region Alana Cook (acook@isparc.ca)















Youth Archery Camp!



https://aboriginalsportbc.wufoo.com/forms/z146f59f1bhs8e3/

EVENT INOUIRIES:

Kayla Burgess

⋈ k.burgess@sotcs.ca

(778) 840-5994

Spirit of the Children Society

Interested in hosting a Sport Development Camp, Coaching Certification Course, and/or Officials Training Session in your community?

Contact I-SPARC Regional Coordinator: Fraser Region Alana Cook (acook@isparc.ca)











FREE!















Hosted by the Fraser Valley Metis Association:

Six-Week Rifle

Shooting Development

Camp



FREE!





ISPARC

H. D. Stafford

Middle School

Registration Link:









(\$\) 5-6:45PM

Abbotsford Fish & Game Club

Registration Link:

/forms/xn6ar9a1rbus71/

EVENT INQUIRIES:

Curt Smecher

(604) 746-3693

Fraser Valley Metis Association

Interested in hosting a Sport Development Camp, Coaching Certification Course, and/or Officials Training Session in your community?

Contact I-SPARC Regional Coordinator: Fraser Region Alana Cook (acook@isparc.ca)





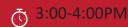












Katzie Health Building

OPEN TO INDIGENOUS YOUTH AGES 7-15!

Katzie First Nation would like to invite you to two sessions of an all-level

SOCCER CAMP!



EVENT INQUIRIES:

Vic Florence

victorflorence75@gmail.com

604-465-8921

https://aboriginalsportbc.wufoo.com/forms/s1ydy5p80l65016/



Interested in hosting a Sport Development Camp, Coaching Certification Course, and/or Officials Training Session in your community?

Contact I-SPARC Regional Coordinator: Fraser Region Alana Cook (acook@isparc.ca)















DIPLOMA OF VETERINARY TECHNOLOGY, SASKATCHEWAN POLYTECHNIC

Growing up, I always took the easy way out. Turns out the G.E.D. isn't really a "Good Enough Diploma". Every course that's worth taking requires good high school grades. Needless to say, I got a job at a vet clinic where I worked as a veterinary assistant while pursing my high school diploma. Honestly, I wasn't really sure what I wanted to be when I grew up - despite already being a grown up. It wasn't until I got a job at a different vet clinic when I realized my potential and interest in Veterinary Technology. And once I got all my high school credits I applied and got accepted right away!! (They do save 2 spots for qualifying Aboriginal Students).

Countless hours of studying, sleepless nights filled with gallons of coffee and an ever-growing ambition pushed me closer and closer to my dreams. I finally made it! Nothing beats that first good test score!! With all my hard work there were many more to come. I'll admit it wasn't always easy, but one look in my pets and parent's eyes gave me the strength and passion to keep going.

Then... Tragedy strikes a few months after starting school. Mieko (my pup back home) got sick. I felt like all was lost! Everything I worked so hard to learn and I couldn't stop his death from happening. I had a choice... let his passing break me or make me. I choked back the tears and tried harder. I had to do this for him, for my other pets, for YOUR pets and for myself. I didn't do it all alone though. I had family, new life long friends, the staff at Seabird and the Aboriginal Center as well as my instructors to guide me through it all. There were many more challenges as the years went by; but hey that's life!! In the end it always worked out, as long as I didn't throw in the towel.

So that brings us to today. I am back at the clinic that started it all, but now as a Registered Veterinary Technologist. It took two years to get my diploma at Saskatchewan Polytechnic in Saskatoon. You would be surprised how fast 2 years ends up flying by! But I do wish I didn't underestimate myself and kept going for a Doctors degree. Maybe that will be my next educational goal!

Council Member Mandatory Meeting: Attendance Record

3 Year Term from April 23, 2017 to April 22, 2020

	Council Mandat									
	Absent = X; Absent due to approved Exterior meeting = X arrive late; leave early = L									
Mtg.	Meeting Name	Council Member								1
Date		Clem	Janice	Marcie	Rod	Stacy	Paul	Linda	Zack	Alexis
4/29/17	Orientation					X				
5/4/17	Orientation									
5/30/17	C&C mtg									
6/20/17	C&C mtg						Х			
7/12/17	Quarterly							Х		
7/18/17	C&C mtg						х			
8/22/17	C&C mtg						х			
9/01/17	Aug con't						1/2	Х		
9/19/17	C&C mtg									
10/1717	C&C mtg						L			L
10/25/17	Budget mtg (con't 10/17/17)									
11/15/17	Quarterly									
11/21/17	C&C mtg		х	Х						
12/03/17	Strategic Planning	1/2								
12/05/17	C&C mtg (con't 11/21/17)							х		
12/19/17	C&C mtg						х			
01/08/18	Strategic Planning				х					
01/23/18	C&C mtg			х			х			
01/31/18	Quarterly									
02/20/18	C&C mtg									
03/20/18	C&C mtg									
04/11/18	C&C mtg									
05/02/18	Quarterly									
05/15/18	C&C mtg									
06/19/18	C&C mtg	X	х				х			1/2
07/17/18	C&C mtg									
(resch to										
07/31/18)										
07/24/18	Audit	X						X		
07/31/18	C&C mtg (resced to 08/07/18									
08/07/18	C&C mtg						х			
09/18/18	C&C mtg		X							X
09/25/18	C&C – Directors Quarterly		X							X
10/16/18	C&C – mtg						х			
10/24/18	Quarterly									
11/20/18	C&C mtg			Х		Х				
12/18/18	C&C mtg									

2019 ~ Peló:qes "Tor

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	We are no longer delivering newsletters to residents homes! You may pick-up your Yoo Hoo at the Lobby of the Band Office or at the red newsletter boxes in the Community. Nature Friendly Option!	1	
	Those who prefer to receive newsletters by email, submit requests to comm@seabirdisland.ca	Happy New Year! Facilities Closed - Stat Holiday	• Garbage, Recycle & Coi
	providing name and email.	Tachines closed - stat Honday	• Garbage, Recycle & Col
6	7	8	
	• Meals on Wheels 5 - 6 p.m.	• Dental & Doctor Walk-in Clinics 1 - 5 p.m.	
• Seabird Mass 11 - 12 p.m.	Garbage, Recycle & Compost	• Fire Practice 7 - 9 p.m.	• Meals on Wheels 5 - 6 p
13	14	15	
• Sts'ailes Mass 11 - 12 p.m.	 Meals on Wheels 5 - 6 p.m. Garbage, Recycle & Compost	• Dental & Doctor Walk-in Clinics 1 - 5 p.m. • Fire Practice 7 - 9 p.m.	• Meals on Wheels 5 - 6 p
20	21	22	
• Seabird Mass 11 - 12 p.m.	 Meals on Wheels 5 - 6 p.m. Garbage, Recycle & Compost	Dental & Doctor Walk-in Clinics 1 - 5 p.m. Fire Practice 7 - 9 p.m.	• Meals on Wheels 5 - 6 p
27	28	29	
• Sts'ailes Mass 11 - 12 p.m.	Meals on Wheels 5 - 6 p.m. Garbage, Recycle & Compost	Dental & Doctor Walk-in Clinics 1 - 5 p.m. Fire Practice 7 - 9 p.m.	Meals on Wheels 5 - 6 p Band Quarterly Meeting

ch Season" ~ **January**

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SICS / SD78 Close	d for Winter Break		
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16	17	18	19
o.m.		• SICS & SD78 Pro D Day	
	24		26
23	24	25	26
o.m.			
30	31	Pre & Post Natal and Prenatal Circle	
		Who can attend? Expecting moms, newborns	
		up to 6 weeks, partners, support person and siblings. Open to families living on-reserve	
		and transportation can be provided.	
		Questions? Text or call Diana Phan at 604-765-8769 or 604-796-6858	
		Bodies in Motion focuses solely on	
o.m.		Pre & Post Natal Fitness and is free for	
g 5-9 p.m.		First Nations living on-reserve.	

Notice to Community

Sqéwqel Business Park Construction Update **Contractor:** Stqó:ya Construction

- 1. The work on the waterline from Ya:la Drive to the gas bar has started this past week. This will bring fire protection and water service up to and including the Gas Bar.
- 2. The sewer project is to start early 2019 and will run from the Gas Bar and tie in to the sewer system at Sth'í:tsem Road. It will run on the farm field side of the farm fields.

 The Garry oaks will have to be removed.
- 3. The proposed extension of the three phase electrical power is to run along Chowat Road. It will have street lights installed. This will start in 2019.
- 4. The pump house will be upgraded to meet the growing needs of the project. This will start in early 2019.

Please take care when traveling the roads during construction. Stay tuned on the Seabird website and Yoo Hoo newsletter for progress and road closures.

Please contact Daryl McNeil (CAO) if you have and comments or concerns. 604-796-2177

The Seabird
Employment
office would like to
thank BC Hydro for
their donation
to the
Seabird Foodbank.



Emergency kits

Are you prepared for the winter weather?
Gather supplies for your "Grab and Go" emergency kit. Make sure that the kit is easy to carry.

Use a duffel bag, back pack or suitcase with wheels. The kit should have all the supplies you need for your family to survive 3-days without help. Your family's "Grab and Go" kit should include:

- ☐ **Drinking water.** 2-litres/person per day. Store in water bottles for easy carrying.
- ☐ **Food** that won't spoil. Canned goods, energy bars, dried food.
- ☐ Manual can opener.
- ☐ **Flashlight with batteries** or wind-up recharger.
- ☐ Candles and matches/lighter.
- ☐ Radio and batteries or wind-up recharger.
- ☐ Warm change of clothes for each person.
- ☐ **Special items and medications** for people with medical needs.

- ☐ **First aid kit** (band-aids large/small, gloves, Tylenol/Advil/Aspirin, scissors, gauze, tensor bandages, antibiotic ointment, first aid instructions, thermometer, clean clothes, tape, tweezers, instant cold compress).
- ☐ **Important documents** (passport, status card, insurance papers, contact numbers and an emergency plan).
- ☐ Blankets.
- ☐ Games, cards and books.
- \Box Leash, kennel and food for your pet.
- ☐ **Cash** to buy any supplies you cannot bring with you.

Seabird Island Internet

Seabird Island Internet a.k.a "Last Mile Project"

Work is beginning this month to expand cabling in 3 areas of Seabird Island to provide a better internet connection to the homes.

Area 1 – Cable will expand from Strawberry Island to Chaplin Rd.



Area 2 – Cable will expand from the Cemetery towards Peters Rd.



Area 3 - Cable will expand from the Lougheed Hwy down Wahleach Rd



Seabird hopes to be connecting homes along those routes in February pending weather delays.

Updates will be posted in future issues of the Yoo Hoo regarding progress and how and when you can apply for connection if your house is along the paths above.



Carpentry & Construction

Program Description

Students will be prepared for employment in:

- · carpentry, building equipment
- supply sales, shipping and delivery
- · construction, modular housing construction
- · building maintenance
- · and more

Program Summary

This 8 month program will prepare you for entry into the carpentry trade. The program will include:

- · Reading and interpreting drawings
- · Using specialty equipment
- · Site and building layout
- · Building concrete forms
- · Framing a building
- · Finishing internal and external details
- Pre-requisites: Grade 12 preferred, Math 11 & Eng 12







Phone: 604-796-6839 www.seabirdcollege.ca

E: schapman@seabirdisland.ca





Early Childhood Educator

Program Summary

- Building Professional-Family Partnerships
- · Administration & Leadership in Early Childhood Education
- · Early Learning Framework
- · Principles and Practices
- · The Early Childhood Education Professional
- · Infants and Toddlers
- · Working with Children with Diverse Abilities
- · Interpersonal Communications
- · Essential Skills for Human Service Workers
- · Health, Safety and Nutrition
- · and much more, including practicums and curriculums
- · Students will require a Criminal Records Check

Starting January 2019

Register today!

Everyone Welcome! Funding Opportunities Available!





Seabird College Ph: 604-796-6839 www.seabirdcollege.ca E: schapman@seabirdisland.ca



Canada Funded in part by the Government of Canada's Employment and Social Development Canada Program

REGISTER TODAY!

Painting & Decorating Seabird Starting January 2019

Funding Available for eligible students!

Program Summary:

- · Use safe work practices
- · Use Tools and Equipment
- Prepare Surfaces
- Apply Paint and Coatings

Everyone Welcome

Apply Color Theory

Seabird College

2812 Chowat Road PO Box 650 Agassiz, BC V0M 1A0

Ph: 604-796-6839 Fax: 604-796-3729 www.seabirdcollege.ca E: schapman@seabirdisland.ca

Canada

This project is funded in part by the Government of Canada's Employment and Social Development Canada Program

College

Practical Nursing Diploma

Everyone Welcome!

Avoid the waitlist! We have a limited number of sponsored seats and open seats for anyone available for our upcoming Practical Nurse Program!

We are offering Biology 12 and Anatomy for our registrants this January 2019 to ensure everyone meets pre-requisites for April 2019 program start.

Time is running out. Come in and meet with us to discuss your options.





Seabird College 2812 Chowat Road PO Box 650 Agassiz, BC V0M 1A2

Ph: 604-796-6839 Fax: 604-796-3729 www.seabirdcollege.ca E: schapman@seabirdisland.ca





Funded in part by the Government of Canada's Employment and Social Development Canada program.

JOB POSTINGS

Speech & Language Pathologist

The Speech & Language Pathologist provides a range of clinical services that focus on promoting communication, language and speech and that contribute to a client/patient's overall cognitive, physical, social and emotional well-being. The speech and language pathologist works closely with babies, children who have various levels of speech, language and communication problems.

On Call Education Assistant

Under the supervision of school administration the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of children more rewarding. EAs will assist teachers in student assessment and evaluation through observation, recording and data collection. At Seabird Island Community School Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of all students.

Teacher on Call (TOC)

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

Painting Instructor Level 1

Seabird College, situated 130 kilometers east of Vancouver in the Fraser Valley, is seeking a qualified teacher to provide painter trade instruction to adult learners. Successful candidate will be offered a 24-week term, subject to sufficient student enrollment.

College Data Registrar

Reporting to the Seabird College Senior Administration, the Registrar is responsible for the orderly registration, enrollment, reporting processes and administration of Seabird College and Adult Education programs. This is a fast paced, demanding position which has peak times which will focus on student inquiries and registration, nominal roll, securing funding and administrative functions. During slower periods the Registrar will shift his/her focus to maintaining files, program planning activities and preparing for the coming registration period.

High School Social Studies Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Social Studies' Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of government, geography, history, economics, civic ideals and current events. Social Studies Teacher will also instruct students on Canadian ideals and cultural heritage; developing proficiency in the use of social studies inquiry skill and concepts; motivate each student to understand and exercise his/her rights, privileges and responsibilities as a citizen; develop understanding of the geographical, historical, cultural, and political factors which influence the development of the world regions.

High School Math Teacher

Seabird Island Community School is seeking to fill the position of a High School Math Teacher. We believe that a skillful math teacher with high expectations can move students toward a growth mindset. The successful candidate will be well versed in designing math lessons that engage curiosity, encourage practice and persistence and build confidence.

Dental Hygienist On-Call

The Dental Hygienist's perform basic dental care tasks, mostly focused on keeping patients' teeth and gums clean and giving instruction in proper dental hygiene. The Dental Hygienist will work under the supervision of licensed Dentist. They are not qualified to make the same kind of diagnostic decisions or perform the same procedures as Dentists. Unlike dental assistants, who work directly with dentists, hygienists often see patients on their own and direct their own tasks.

Early Childhood Education Supervisor

The Early Childhood Education & Care Centre Supervisor assumes responsibility for the day to day operation of a fully licensed Child Care Centre for infants, toddlers and preschool age children. This includes providing a safe, welcoming, culturally rich and educational early childhood programs for the children and their families.

At Seabird, we are proud of our rich culture that has been passed on to us from our elders and previous generations. We promote/organize many activities that help create awareness, understanding and respect of our culture. Learning to speak in the Halq'eméylem language is one of many cultural activities that happens at the Child Care Center. This is something that all staff are required to participate in, respect and appreciate fully.

Practicum/ Employment Coordinator

Under the direction of the Vocational Programs Manager, the Practicum/ Employment Coordinator (PEC) provides practicum placements and employment linkages for adult learners in a vocational training institution. The PEC is a key contact for potential employers and will develop relationships with students / graduates and employers alike to build positive work experience and transitions to gainful employment for Seabird College students and graduates.

Music Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

School Cook

The School Cook will be responsible for preparing, cooking and serving food for school breakfast/lunch programs and special events organized and participated by Seabird School as instructed by the Principal / Vice Principal in accordance with current health, safety and hygiene legislation.

Custodian Lead-hand

Under the direction of the Custodial Program Manager, the Custodial Lead-hand oversees a team of custodial workers engaged in cleaning activities in buildings, facilities, offices and surrounding areas at various sites. The essential functions of the job include overseeing activities of custodial staff and participates in developing, updating and evaluating work and/or safety standards, policies and procedures. The Lead-hand will also be responsible for cleaning activities, as well as training staff on proper procedures and efficient processes.

The Lead-hand may assist in the facility maintenance plan, assignment of work schedules, evaluate subordinates' performance, coordinate, plan and supervise custodial operations for special events. The Lead-hand will make regular field checks of assigned buildings to ensure completion of work assignments, inventory maintenance, and distribution of janitorial supplies and equipment. The Lead-hand will immediately report any concerns regarding staff attendance, performance or behavior to the Custodial Program Manager for follow up.

Youth Initiatives Supervisor

The Youth Initiatives Supervisor will be responsible for engaging and advocating for Seabird Island community members to ensure equitable access to the youth initiatives funding. This role includes developing and overseeing programs associated with this funding such as the youth camps and the youth council. The Youth Initiative Supervisor will solicit and case manage individuals and families involved with this initiative to promote individual and family well-being. The Youth Initiatives Supervisor will also connect their clients with other programs and services such as driver's education, health services, mentorships, and social supports. The Youth Initiatives Supervisor will be expected to develop strong and healthy relationships with youth and their families so that they can advocate on their behalf.

As part of the Health Team, you may be expected to work up to 12 hours per day, not exceeding 80 hours per pay period at straight time.

Job postings are also available at the Band Office and the Employment Office.

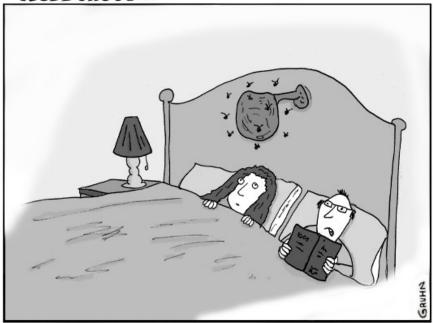
Please ensure you have received confirmation for your online submission. If you have not received confirmation, email: humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview.

We thank all applicants for their interest.

Comic

WebDonuts.com



"If you don't bother them, they won't bother you."

Peló:qes - Torch Season "January"

Capricorn

December 21 - January 21

Key characteristics: Strong, determined, natural leader, strong personality, hard worker, reliable.

Flower: Carnation
Birthstone: Ruby

Aquarius

January 22 - February 19

Key characteristics: Curious, inventive, dreamy and eccentric. You express devotion and fidelity. **Flower:** Orchid

Birthstone: Amethyst

Quotes of the Month:

"Write it on your heart that every day is the best day in the year."

Ralph Waldo Emerson

"And now we welcome the new year. Full of things that have never been."

tém:éxw - earth, land

Rainer Maria Rilke

Halq'eméylem Word Search

<u>X</u>	Χ	,	S	h	<u>X</u>	é	У	<u>X</u>	е	Χ		h		,
q	е		q	е		é	m	h	á	• •	W	е	S	ú
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Submitted by: Zorana Edwards-Shippentower

Words:

lhóqwe'ls – peel bark kwéléx – shoot off a gun shxwmáth'elqel - liar xéyxe – ashamed xéyxelòmèt – get embarrassed kwélest - to catch an animal kw'éts'tel – butchering knife há:we – go hunting q'oyí:ts - elk sk'ek'iyáp - coyote steqó:ya - wolf shxwúwe - cougar xeytl'áls – grizzly bear q'ésq'esetsel – spider qelqelém – disgusted shxwúxwe – ambitious shxwóxwth' – crazy stľítľel - love <u>x</u>am élmel – feel like crying

ADVERTISING RATES

PRINT AD RATES PER ISSUE

300+ hard copy production 800+ e-mail production average 1,300 reads on Seabird website.

Front Page Colour: limited availability 1/4 pg banner (8"x2.5") \$40 2.5"x3" \$25

 Colour:
 Grey-scale:

 8"x10"
 \$135
 \$37.50

 8"x5" or 10"x4"
 \$65
 \$25

 3.8"x5"
 \$32.50
 \$17.50

 2.5"x3"
 \$20
 \$12.50

Classified Advertisements

.40¢ per word \$4.00 Minimum

DIGITAL DISPLAY (TV) AD RATES

Weekly Rates	15 sec	30 sec	60 sec
Full Screen	\$20	\$40	\$50
Banner	\$10	\$20	\$30

Digital advertisements will play no less than 5 times a day.

PACKAGES

Starter	Premium	Gold
1/4 page colour	1/2 page colour	Full page colour
30 second Banner	30 second Banner	30 second Banner
\$60	\$100	\$140

DISCOUNTS AND FEES:

Only one discount may be applied /order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20
Returned Cheque	\$35
Late Fee	+3%

Fees are not for profit and help us produce this newsletter.

DEADLINES

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

AVAILABILITY

Twice a month. The 15th of each month (or closest business day) and the last business day of each month. Apply for email distribution or pick-up at the red community newsletter boxes.

CONTACT US

Have an ad or story idea? Email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

Advertising sales and design: Sandra Bobb 604-796-6838 or email sandrabobb@seabirdisland.ca

Editing Team: Sandra Bobb, Lori Burns, Zorana Edwards-Shippentower, Kristy Johnson, Jason Forseth and Phaine Wegener.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.



Classifieds

OPTOMETRY CLINIC

Book now for the next clinic dates: TRA

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Amanda Peters 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday 8:30 a.m. – 5:30 p.m.

Closed Fridays

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEMBERSHIP STATUS CARDS

Monday and Thursday: 8:30 a.m. - 4:00 p.m.

Appointments required.
Serving Seabird Members only!
Contact Carol Hope at 604-796-2177
or carolhope@seabirdisland.ca or
membership@seabirdisland.ca

Remember to bring;

- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

SIB has the right to refuse service.

Status Card Photography

Laminated style: \$10 New style w/ authenticated photo \$15 Monday to Friday: 8:30 a.m. - 3:30 p.m. Appointments required.

Contact Kristy Johnson at 604-796-2177 or kristyjohnson@seabirdisland.ca

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m. Now recruiting new members.

Contact the Fire Hall 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

BABIES ID CARDS

Apply for a medical care card as soon as possible.

Contact Amanda Peters 604-796-2177.

Apply for Status Cards as soon as possible. Contact Carol Hope 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:

Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request.

If you need a **bin dropped off** for your major cleaning please submit your request in writing, there is a long wait-list.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

PRINTING SERVICES

Graphic Communications provides the following paid services:

- Printing/copying services
- Status card and Passport photography
- · Lamination
- · Advertising and more

Contact Sandy Bobb 604-796-2177.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.

Contact Amanda Peters 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Sandy Bobb or Kristy Johnson at 604-796-2177.

SEABIRD CHURCH

Mass: January 6 and 20 11 a.m. - 12 p.m.

Prayer Circle:

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

EMERGENCY / SECURITY

EMERGENCY 911

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Amanda Peters 604-796-2177.

MEDICAL CARDS

Need to apply for a new medical card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their medical cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

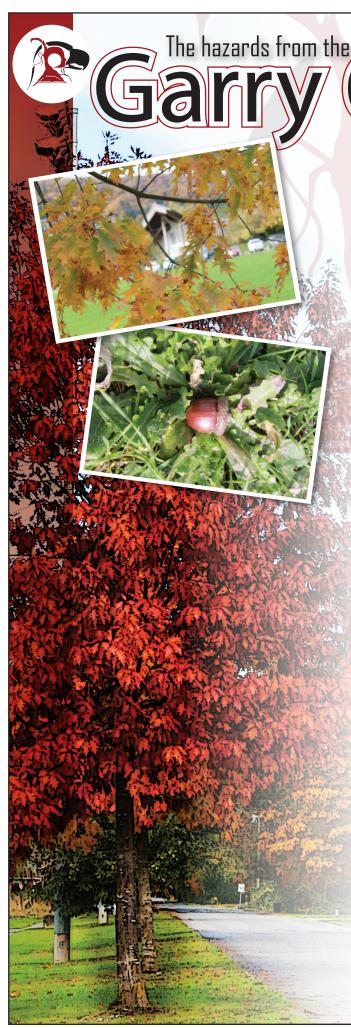
Contact Amanda Peters 604-796-2177.



Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority. Please contact us if you have any concerns.



Trees are a beautiful and beneficial part of the world around us. However, in spite of the most determined efforts, there are cases where trees should be removed.

Trees will slowly lose strength. As the tree weakens, it loses its ability to withstand the assault of storms or extra weight. Snow, ice, storms and winds can break off branches or bring down a tree. The fall of or even a branch can cause extensive damage to nearby houses, cars, or even people. Dangerous trees represent a tremendous potential liability and should be removed as soon as reasonably possible.

Both the acorns and leaves from oak trees can be poisonous to both children and adults when eaten in large quantities, according to Healthy Child Care. While acorns provide a great deal of nourishment for squirrels and other wild animals, excessive human consumption can lead to kidney damage with symptoms appearing anywhere from a few days to a few weeks after eating acorns.

In addition to the acorns' toxic nature, the small nut also poses a significant choking risk for small children, according to K-State Research and Extension. Because the acorn nut is exceedingly difficult to crack and even more time consuming to prepare for consumption, choking on the nuts, slipping on or being injured by the cracked, sharp shells of acorns and cleaning up the nuts before they seed are typically greater causes for concern with oak trees.

They are dangerous in winter weather

- Big trucks and school buses go through and find them to be obstructive
- Invasive species to the locals and the lands
- Roots of nearby trees can disturb the foundation of a house, or building and will begin to uproot and cause damage to the road and banks
- Squirrels take and spread acorns around areas that may not be planned for trees.

Their removal on Chowat Road will benefit the future works;

- The Last Mile project
- Future phase 1 work with Rogers and Hydro
- Street Lights
- Sewer Line