

www.seabirdisland.ca

Tem't'amxw - Gooseberry time (June) 2020

Noticed you have 'NEW' blue recycle bins!



Seabird Island has a solid waste management program. These bins were delivered to house holds in Seabird. Please read the guide lines on how you could put these bins to good use.

What Seabird Islands Sanitation Team is responsible for picking up curbside:

- Plastic jugs with screw tops
- Plastic bottles with screw tops
- Plastic jars with wide mouths and screw-tops
- Plastic clamshells (for baked goods, fruit and produce)
- Plastic tubs and lids for food (containers for: butter, yogurt, sour cream etc.)
- Boxboard boxes
- Plastic cold drink cups with lids
- Plastic pails less than 25L (Laundry detergent, ice cream pails)
- Rigid plastic packaging for; toys, toothbrushes, batteries etc.
- Newspapers, inserts, flyers, magazines, telephone books.
- Molded cardboard for egg cartons, beverage carry-out trays, etc.
- Paper bags with single and multiple paper.
- Cores from paper towel and toilet tissue.
- Corrugated cardboard
- Shredded paper (Place inside a paper bag or box to prevent from mixing with container and blowing away.
- Tin cans (Canned food containers, rinsed)

Please rinse containers out before placing in curbside bin.
(Please DO NOT place food in these bins thank you)

What you as a resident are responsible to return to your nearest return-it depot (Agassiz Bottle Depot):

- Styrofoam
- Glass
- Batteries
- Plastic shopping bags (i.e. Walmart bags, Safeway bags, etc.)
- Foam Packaging
- Pop cans, bottles
- Clothing

Sanitation Department will communicate any changes to curbside collection days.

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Seabird Island Trust cheques

Will be ready for pickup on June 1st from 9 a.m. to 3 p.m. for the Band Members who turned 18 from Jan 1 to May 31, 2020. If the Band Member does not feel comfortable coming to the Band Office please give Jason Ellis a call at (604) 796 – 6892 to discuss an alternative method.



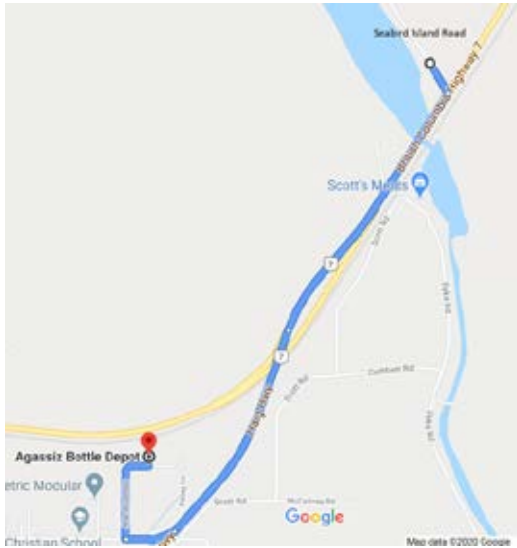
Information regarding what is accepted at

RECYCLE BC DEPOTS

Recycle BC Depots near you

Recycle BC has a network of depots across BC where residents can drop off packaging and paper free of charge. Most depots accept all our materials including paper, packaging, cardboard boxes, plastic containers, metal containers, cartons and paper cups, non-deposit glass bottles and jars, foam packaging, plastic bags and overwrap, and other flexible plastic packaging. Please see the map below for depot locations.

Directions for Agassiz Recycle BC Depot



Address:
7659 Industrial way,
Agassiz, BC
V0M 1A2

Phone: 604-796-3653
Hours: Monday-Saturday
9:00am-6:00pm
Closed Sundays

↑ Head southeast on Seabird Island Rd toward BC-7 W
120 m

➔ Turn right onto BC-7 W
950 m

↙ Keep left to continue on Haig Hwy, follow signs for BC-9 S/Chilliwack
750 m

➔ Turn right onto Morrow Rd
170 m

➔ Turn right onto Industrial Way
Destination will be on the left



Accepted Materials

PLASTIC BAGS AND OVERWRAP



Plastic bags



Outer bags and product wraps

✓ Bags for groceries, produce, newspapers

✓ Overwrap for diapers, feminine hygiene products, paper towels, soft drink flats

OTHER FLEXIBLE PLASTIC PACKAGING



Crinkly wrappers and bags



Flexible packaging with plastic seal



Zipper lock and stand-up pouches



Woven plastic bags



Non-food protective packaging

* 6-pack rings, vinyl, biodegradable plastic

* Plastic squeeze tubes, plastic-lined paper, paper-lined plastic, plastic strapping

Characteristics of Plastic Bags and Overwrap vs. Other Flexible Packaging

Plastic Bags and Overwrap



NOT CRINKLY



CAN POKE YOUR THUMB THROUGH IT



SINGLE MATERIAL

Other Flexible Plastic Packaging



CRINKLY



DOESN'T STRETCH



FOIL LINING

For more information, visit RecycleBC.ca/FlexiblePackaging

Reminder Notice

May 1, 2020 The Sanitation Crew with the help of the Public Works, Housing, and Health department delivered 240 recycling bin to every household in the community. If you did not receive a bin please phone the Band Office 604-796-2177.

The purpose of the bins is to help the community with the transition from single-use blue bags to reusable containers.

June 1, 2020 Recycling will be changed to Tuesdays. Garbage day will still be Mondays unless it 's a holiday. If Monday is a holiday garbage days will be on Tuesday and recycling will be on Wednesday. Please see image below.

July 1, 2020 Recycle Centers will no longer be accepting single-use blue bags.

Reminder that plastic grocery bags are not accepted in the recycling curbside pick up.

Any items that are not accepted will be left in the recycling bin.

Please refer to the laminated list of accepted and non accepted item that was stapled to your recycling bin.

If you have any questions please phone the Band Office 604-796-2177.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GARBAGE	RECYCLING			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOLIDAY	GARBAGE	RECYCLING		



New Staff



Kayla Espley-Jones
Health Quality Officer

the late Henry and Cecelia Thomas (Aleck). As a child I spent lots of time on Tzeachten with my grandparents, and going to gatherings, pow-wows and canoe races with them. Those are some of my fondest memories.

I am married to a lovely man from South Africa named Jonathan, we have two dogs and are joyously expecting our first child in late August/early September. Two activities that bring me joy are paddle boarding and social dancing – I really enjoy salsa, bachata, and waltz.

Hello Seabird Community!

My name is Kayla-Espley-Jones and I am the new Health Quality Officer for Seabird Island Band. I started this role at the end of April, and I am excited to be in it.

I am a Seabird Island Band Member, my father is Sta wah'mils (Brian Roberts) and my grandparents are the late Wélmíech'ia (Violet Roberts [Thomas]) and Si:yametal' (Ralph Roberts).

My great-grandparents are



Nathon Jimmie
Membership Clerk

Squiala. My great-grandparents on my grandmother's side are Ray Silver Sr. and Irene Silver from Kilgard.

My original start date in Seabird Island took place back in November 2019 when I was hired on as Events Assistant. Since then, I picked up an additional role as Membership Clerk which started back in January 2020.

Having worked for Indigenous Services Canada (ISC) in Vancouver as an Indian Registration Specialist I feel that my

Ey swáyèl – good day, my name is Nathon Jimmie and I am excited to join Seabird Island's Membership Department as your new Membership Clerk.

I am from Squiala, Skwah, and Kilgard. My parents are Una Jimmie and Johnathon Prest. My grandparents on my mother's side are Robert Jimmie Sr. and Janet Silver. My great-grandparents on my grandfather's side are Alex Jimmie Sr. and Patricia Jimmie from

My background is as a registered nurse. I completed my nursing degree with a minor in international development from Trinity Western University in 2015. As a Registered Nurse (RN) I have worked in the emergency department, on medical and palliative floors, pediatrics, surgical daycare, medical daycare, home care/case management, and as a clinical (practicum) instructor for the University of British Columbia. Currently I am working part-time on my Masters of Science in Nursing to become a Family Nurse Practitioner. I will be completing my program in 2023 – with the hopes that I could work in the Seabird Island Medical Centre in that role if the opportunity arises!

I look forward to this new role as Health Quality Officer and being able to support the wonderful health programs Seabird has from behind the scenes. One of my tasks is to evaluate all of Seabird's health and wellness programs. The purpose of the evaluation is to help us identify the strengths and challenges of each program and plan for a better future. If you have any feedback on any health or wellness programs email me or call the Band Office. Also, if you have any ideas for new programs or services let me know. Where I work varies daily, but I am sure Linda or Doreen can help track me down for a phone chat. Once COVID-19 restrictions have relaxed I am more than happy to meet in person to hear your thoughts!

Kayla (kaylaj@seabirdisland.ca)

knowledge and experience will be an asset for the people of Seabird Island.

Unfortunately, due to COVID-19 the Membership Office is temporarily closed. Once restrictions are lifted first-time birth registrations and band transfers will take priority over status card appointments.

If you have any questions about Membership or Indian Registration, please do not hesitate to call or email me directly at the contact information listed below.

Email: membership@seabirdisland.ca

Important Note: The ISC Vancouver Regional Office is temporarily closed due to COVID-19. Seabird Island does not have any status cards at this time and will not have any until the ISC Office in Vancouver re-opens. Once our status card order is received, priority for status card appointments will be given to Seabird Island members over non-members.

If you have any questions about the paper laminate status card, feel free to call me at the phone number listed above or contact the ISC Vancouver Regional Office directly at 604-666-9006 or 9007.



For more information:
Canada.ca/coronavirus

Information for Indigenous communities:
Canada.ca/coronavirus-info-indigenous

COVID-19 UPDATE

Best Practices Surrounding Status Cards During COVID-19

In response to questions received from First Nations members, citizens, and stakeholders, Indigenous Services Canada (ISC) is proactively sharing information to ensure that registered persons with a status card can access programs, services, rights and benefits during the COVID-19 pandemic.

All ISC offices for Indian status and secure status card applications are closed until further notice. Processing times, including return of original documents, are delayed.

In light of these circumstances, ISC is recommending to service providers that they should accept status cards or [Temporary Confirmation of Registration Documents \(TCRDs\)](#) past the renewal date with a second piece of identification. ISC will be reaffirming to businesses and service providers that Indian status does not expire, and that the registration number provided on these documents remains the same and is what is required to confirm eligibility for programs and services.

It is recommended to share this notice with your members, so that they have a copy accessible to them to show services providers in the event there are difficulties.

For more information, please visit [Coronavirus \(COVID-19\) and Indigenous communities](#) or email the [Public Enquiries Contact Centre](#).



Indigenous Services
Canada

Services aux
Autochtones Canada

Canada

Employment & Training Program

Employment Services are open. We can work with clients by phone, email or walk in. Please note we can only have 1 client in the office at a time. (*We follow the pre-screening guidelines put in place by the Seabird Island Health Department*) It's best to book an appointment. Call 604-796-6865 (Office) or 604-845-3843 (Cell) to speak with a Career Practitioner.

Employment Insurance

We provide access to computers to apply online. We are able to assist you with your application if needed.

To complete the online EI application, you will need the following information:

- your Social Insurance Number (SIN);
- your mother's maiden name;
- your mailing and residential addresses, including postal codes;
- your complete banking information, including the financial institution name and number, the branch number, and your account number for direct deposit of benefits;
- the names and addresses of all employers you worked for in the last 52 weeks, as well as the dates of employment and the reasons for separation from these employers;
- your detailed version of the facts, if you quit or were dismissed from any job in the last 52 weeks; and
- the dates (Sunday to Saturday) and earnings for each of your highest paid weeks of insurable earnings in the last 52 weeks or since the start of your last EI claim, whichever is the shorter period. This information will be used, along with your Record(s) of Employment, to calculate your weekly EI benefit rate.

Relocation

The Employment Services Program has a new location. Building #8 next to the Elders Room at the Seabird Island College. We are available Monday – Friday 8 a.m. – 12 p.m. and 1 – 4 p.m. *Closed for lunch daily.*

Training/Education Funding



** Those planning on taking training or an educational program this September please see either Andrea or Whyles regarding funding options. **
Reminder that funding packages need to be completed 4 weeks prior to program start date. Please call to set up an appointment at 604-796-6865 to learn more.

Monthly Action Plans

Monthly Action Plans are due the 15th of each month. Appointments can be made with your CDP prior to Income Assistance Day to avoid waiting in line. College students are also reminded to bring in their monthly student attendance record to their appointment.

Labour Pool

Labour Pool is accepting applications for casual/on call/temporary employment. This program is in place to assist anyone in the community that would like to work on call for the Seabird Island Band. Must be 16 years+. Please stop by our office if you are interested.

Self-Serve Options

We have computers and a printer available for anyone in the community that would like to job search, create resumes or research educational programs. We are happy to assist you and offer guidance if needed.



Note** All employment services such as driving school, labour pool, computer use and CDP assistance are for active clients only. If you wish to use these services you will be asked to fill out paperwork to open a file or to renew your file. These services are open to all Band and Community Members.

Additional Support for Canadian Seniors

The following additional information has been provided regarding the one-time payment for seniors to help them cover increased costs caused by COVID-19:

- No application is required. All individuals who are eligible to receive an OAS pension or an income-tested benefit in June 2020 will receive the payment in July 2020. Recipients will receive \$300
- If an individual becomes entitled to an OAS pension or income-tested benefit retroactively to June 2020 (or earlier), the payment will be issued at a later time.
- An additional benefit for seniors eligible for the Guaranteed Income Supplement (GIS) Recipients will receive an additional \$200 (for a total payment of \$500).
- Allowance and Allowance for the Survivor recipients will receive \$500.

For more information visit the web link, scroll down to Seniors and click, providing a one-time tax free payment:

<https://www.canada.ca/en/department-finance/economic-response-plan.html>

In addition, the GIS and Allowance payments are temporarily extended if seniors' 2019 income information has not been assessed. To avoid an interruption in benefits, clients should be encouraged to submit their 2019 income information as soon as possible and no later than by October 1, 2020.

Housing Waiting List

1 Bedroom	
1	09232016-1039
2	11272018-5024
3	12242018-5028
4	01302018-5015
5	01282019-5030
6	07022019-6031
7	06172019-5037
8	12272019-5042
9	01062020-5022
10	12172019-5044
11	12182019-7049
12	12182019-7048
13	02102020-5035
14	04282020-5045
15	05052020-5046

2 Bedroom	
1	08222017-6006
2	10042017-6008
3	02222016-1029
4	03192013-3088
5	03122018-6014
6	06042018-6018
7	11262018-5020
8	12032018-5026
9	12242018-5028
10	01302018-5015
11	01182019-6025
12	01282019-5030
13	02012019-5000
14	03212019-6028
15	06042019-6030
16	06172019-5037
17	07012019-7033
18	10222019-7042
19	12042019-5041
20	12272019-5042
21	12302019-7015
22	04102019-7028
23	11242019-7044
24	12172019-7045
25	12172019-5043
26	12172019-5044
27	12182018-5014
28	12182019-7049
29	12182019-7050
30	12312019-7046
31	01072020-7031
32	01092020-6000
33	02102020-5035
34	05172020-5047

3 Bedroom	
1	12192012-3076
2	02232016-4002
3	12202017-7012
4	03192013-3088
5	10042017-6008
6	02222016-1029
7	12102018-6014
8	01182019-6025
9	01232019-4019
10	01282019-6027
11	02082019-7021
12	03132019-6011
13	03212019-6028
14	03222019-4007
15	04102019-7028
16	04102019-7029
17	06042019-6030
18	07012019-7033
19	08202019-7034
20	02112019-7040
21	10222019-7042
22	12042019-5041
23	11262018-5020
24	12172019-7017
25	12302019-7015
26	02012019-5000
27	11152018-6022
28	12302019-4005
29	12162019-7043
30	12182018-5014
31	12182019-7049
32	12182019-7050
33	01072020-6024
34	01072020-7031
35	01092020-7047
36	01092020-6000
37	01172020-7018
38	01222020-1031
39	02052020-7048
40	02102020-5035
41	03102020-7026
42	05172020-5047

Please make sure the Housing Department has your current contact information. We must have a working phone number or email address. Unfortunately, if we cannot contact you within 48 hours to offer you an available unit, we will move onto the next applicant.

Don't know your wait-list number? contact your Housing Department to see where you sit on the waitlist 604-796-2177.

Note: If you have an outstanding debt with the Band, you will NOT be placed into a rental unit, as per Housing Policy.

REMINDER! Housing Applications must be renewed before January 1st each year to remain on the list. Anyone who did not renew came off the list and must now reapply if interested.

Garbage day is every Monday. Unless that Monday falls on a statutory holiday, garbage pick up will be the following day.

Each house hold will have 2 bags picked up weekly. Please try to reduce this with recycling as much as you can.

Community Events Calendar – *Tem*

(S) Sxexlhá	(M) Yíla:welhát	(T) Sthémelts	(W) Shí
1	2		
	 • Meals on Wheels 5 - 6 p.m.		• Meals on Wheels 5 - 6 p.m.
7	8		
	 • Meals on Wheels 5 - 6 p.m.		• Meals on Wheels 5 - 6 p.m.
14	15		
	 • Meals on Wheels 5 - 6 p.m.		• Meals on Wheels 5 - 6 p.m.
21	22	23	
• Father's Day	Facilities Closed - Stat Holiday <i>In Lieu of Aboriginal Day</i>		• Meals on Wheels 5 - 6 p.m.
28	29		
	 • Meals on Wheels 5 - 6 p.m.		• Meals on Wheels 5 - 6 p.m. • Income Assistance Che

Ámáxw - Gooseberry time (June) 2020

:xws	(T) Sxeó:thels	(F) Sheqá'tses	(S) T'óqw'tem
3 m.	4	5	6
10 m.	11	12	13 • AESS Grad Parade
17 m.	18	19	20
24 m.	25	26	27
1 m. que Day	2	3  Doctor's Office is by appointment only. Please call ahead for an appointment.  Dental Office is urgent/emergency appointment only. Please call ahead.  Fire practise is cancelled until future notice.  Garbage day has not changed unless notified (2 bags per house hold please).	4

Keeping Your Baby Safe

during the COVID-19 pandemic

How to protect your little one from germs and viruses

Even though there are some things we don't know about COVID-19 yet, there are many more things that we do know. We know that there are proven protective measures that we can take to stay healthy.

Here's what you can do...

Wash Your Hands

- This is the single, most important thing you can do to stop the spread of viruses.
- Use soap.
- Wash for more than 20 seconds.
- Use alcohol-based sanitizers.



Limit Contact with Others

- Stay home when you can.
- Stay 6 feet apart when out.
- Wear a face mask when out.
- Change your clothes when you get home.
- Tell others what you're doing to stay safe.



Provide Protective Immunity

- Hold baby skin-to-skin.
- Give them your breast milk.
- Stay current with your family's immunizations.



Take Care of Yourself

- Stay connected with your family and friends.
- Sleep when you can.
- Drink more water and eat healthy foods.
- Seek mental health support.



Immunizations Vaccinations save lives. Protecting your baby from flu and pertussis lowers their risks for complications from coronavirus.



WARNING

Never Put a Mask on Your Baby

- Because babies have smaller airways, a mask makes it hard for them to breathe.
- Masks pose a risk of strangulation and suffocation.
- A baby can't remove their mask if they're suffocating.



If you are positive for COVID-19

- Wash with soap and water and put on fresh clothes before holding or feeding your baby.
- Wear a mask to help stop the virus from spreading.
- Watch out for symptoms like fever, confusion, or trouble breathing.
- Ask for help caring for your baby and yourself while you recover.



We can help protect each other.

[Learn more](#)

www.nationalperinatal.org/COVID-19



Stay Connected With Our Families

The MCH team has been working hard to stay connected with our families, providing them with ongoing support while maintaining safety and adjusting to the changing protocols/guidelines with Covid-19.

Our priority has been the provision of essential services including prenatal/postnatal care/family planning/immunizations, either in home or clinic.

In addition, we continue to run Pre&Post group each month to ensure all of our families are provided with a basic level of support, if not requiring essential care.

For Pre&Post, health packages (information, individualized support with goals, supplies) and gift cards are delivered to clients eligible for the program (prenatal up to 1 year postnatal families living on-reserve/in communities serviced by our MCH program).

To further engage our families and maintain a level of social connection, we utilize our FB group to host monthly raffles, which complement our monthly Pre&Post topics, but that all members of our group are able to participate in.

In May, we provided a self-care kit (including tea, Epson salt, a 'do not disturb' door hanger, AND sunflower seeds/plants to grow in their gardens). We included an 'MCH Self-Care Challenge' as well as a 'Mental Health Self-Care Guide' and 'Indigenous Games for Children' booklet.

FB members were invited to participate in the Self-Care Challenge (running from May 15th to June 15th) for the chance of winning the beautiful prize shown below.

Our goal was to encourage self-care, in light of Mother's Day and Mental Health Awareness in May.

We are so happy to see our families participating and sharing such positive messages to help lift each other up during a time of need.

For June, the Pre&Post topic will be "Preparing at Home and DIY supplies". We plan to have another raffle next week to go with this topic....so stay tuned!

Find time to nourish
yourself with the
pieces of this world that
feed your soul.

The 30-Day Self-Care Challenge at Home (By the SIB-MCH Team)



- Unplug from social media; leave your phone and tv off for a bigger challenge.
- Go for a walk in nature, preferably somewhere new.
- Re-discover your inner child; do something you loved as a child.
- Watch a sunset or sunrise.
- Harvest plant foods or do some gardening.
- Eat a healthy breakfast in bed in your pj's.
- Soak in a warm, relaxing, bath. Add a few tablespoons of epsom salt for extra sore muscles.
- Talk with a family member, elder, or counsellor, especially if feeling lost or down.
- Journal... even if you write only 3 words down.
- Go to sleep and wake up 1 hour earlier. Make it 2 hours earlier if you are used to waking up late.
- Find a quiet space/time to pray or meditate.
- Try a talking circle with your family.
- Practice deep breathing using the 4-7-8 technique: Breathe in for 4 seconds, hold your breath for 7 seconds, exhale for 8 seconds.
- Write down 5 things you love about yourself on 5 different post it's and stick these by/on a mirror.



A FREE PROGRAM JUST FOR DADS

Learn about healthy eating, being active, and stopping smoking. One session a week for 10 weeks. Join other dads and learn together through activities, videos, games and more.

Child-care, meals, and program gear included

JOIN NOW

Start date: Monday May 25th, 2020

Time: 7:00-8:00 PM

Location: Skwah First Nation

Address: Wellington Ave, Chilliwack, BC V2P 6H7

Phone: (604) 792-9204



First Nations Health Authority
Health through wellness

For more information or to register

Call Raylene at 604-792-9204

raylene.mumford@skwah.org

www.dadsingearindigenous.ca

- Hug each person in your home and tell them one thing you love about them.
- Reconnect with an old friend.
- Dance to your favourite song.
- Clean/declutter one area of space.
- Cook something you have been meaning to make but haven't yet.
- Practice forgiveness (this can be kept to yourself if you prefer)
- Have a good cry or laugh. You will know how best to bring this out.
- Sip on a tea and try to drink/enjoy it in one sitting.
- Learn a new skill (like gardening or baking or drumming)
- Make an appointment with your doctor (if due) otherwise come up with a new health goal.
- Be honest or at least reflect on times when you are not.
- Treat your feet... They are usually the last to get any attention.
- Create a parent savings jar (or we can call it what it is: a "piggy bank").
- Read a book.
- Try progressive muscle relaxation:
- Focus on one body area at a time and release tension, starting from the top of your head and working all the way down your body to end with your toes.
- Give yourself permission to say no.

If you have any questions feel free to contact someone from MCH at the Band Office at 604-796-2177.



Bringing Baby Home

Professionals helping new parents with the transition to parenthood

Facilitator: Shandalin O'Mahony, NP(f)
Moderator: Ruth Relland, MSc, RCC

[Learn more at gottman.com](https://www.gottman.com)

The Bringing Baby Home (BBH) workshop is a research-based and research-tested psychoeducational workshop that is dedicated to improving the quality of life for babies and children by strengthening their families. Developed by renowned relationship and parenting experts, Drs. John and Julie Gottman, the BBH program is perfect for those who are:

- Interested in having a baby
- Expecting a baby
- Already parenting an infant or toddler (age 0-3)

The goal of BBH is to equip you with the knowledge and skill sets needed to constructively cope with the various changes that typically occur during the first three years after your baby is born.

In the BBH workshop, you and your partner will learn how to do the following:

- Strengthen your friendship
- Increase intimacy and affection
- Work through conflict with greater ease
- Maintain relationship satisfaction
- Reduce hostility
- Create positive baby-child interactions
- Ensure quality involvement for both parents
- Reduce the incidence or severity of postpartum mood disorders

Not only will this program teach you what to expect during the transition to parenthood, it will also help you do things like:

- Better understand child development
- Create co-parenting strategies with your partner
- Improve the way you and your partner communicate, connect, and compromise
- Recognize signs of postpartum mood disorders and gain awareness of treatment options

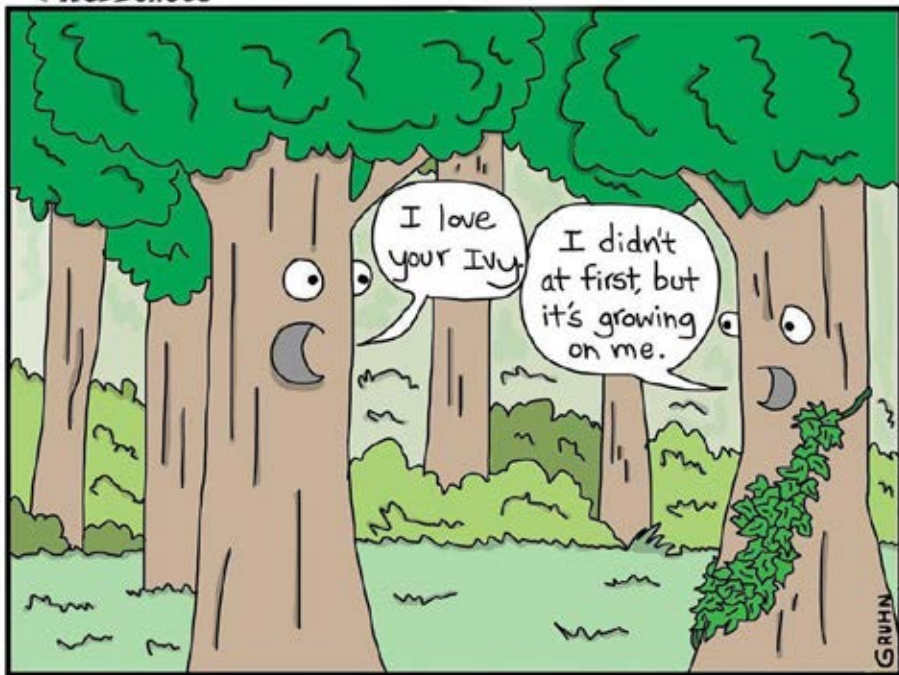


This 6 week course will be offered via Zoom from 7:30-9:30 pm starting June 17, 2020

To register email: shandalin.o'mahony@fraserhealth.ca

Comic

@WebDonuts



Temt'ámxw - Gooseberry Time "June"

Gemini

May 21 - June 21

Key characteristics: Inquisitive, clever, adaptable, lively & communicative.

Flower: Rose

Birthstone: Lab Alexandrite or Pearl

Cancer

June 22 - July 22

Key characteristics: Integrity, honest, generous, family and home orientated.

Flower: Acanthus

Birthstone: Ruby

Quotes of the Month:

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less."

Marie Curie

"You have enemies? Good. That means you've stood up for something, sometime in your life."

Winston Churchill

Father's Day Word Search

S C L O U D Y H A T P E G S P
 S E S U N S H I N Y X Y L P F
 E A N T H Y E A R Q S D O I A
 L Y Y T T T I T U O A L R C L
 D T Z S I L H I I E A M I Y A
 N Z U E L M S S E L D U O L C
 I D I I E I E L N S N N U G R
 W A R M T R F N U E U O S A A
 T B H E E R B S T F D N O O I
 B E A U T I F U L A S L N M N
 P U R P L E U T T H L S O Y Y
 S M O K Y E H S E R F P I G R
 E E N J O Y I T W I T I H L F
 S U O R O U G N A L A N M I B
 L Y A N D L O V E D O K N E S

Words:

1. BEAUTIFUL
2. BLISSFUL
3. BREEZY
4. BRILLIANT
5. CLOUDLESS
6. CLOUDY
7. DUSTY
8. EXQUISITE
9. FRESH
10. GLORIOUS
11. GOLDEN
12. LANGUOROUS
13. MOONLIT
14. PINK
15. PURPLE
16. RAINY
17. SENTIMENTAL
18. SMOKY
19. SPICY
20. SUNNY
21. SUNSHINY
22. WARM
23. WINDLESS

Submitted by: Zorana Edwards-Shippentower

Special Education Teacher

Under the supervision of school administration, the Special Education Teacher will work with Students who have a wide range of learning, mental, emotional, physical and learning disabilities. Special Ed. Assistant's adapt general education lessons and teach various subjects, such as reading, writing and math, to students with mild and moderate disabilities. They also teach basic skills, such as literacy and communication techniques, to students with severe disabilities.

Education Assistant

Under the supervision of school administration, the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of the children more rewarding. EA's will assist teachers in student assessment and evaluation through observation, record keeping and data collection. At Seabird Island Community School, Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of all students.

Nutritionist

The Nutritionist will be primarily responsible for creating, delivering, and implementing health initiatives across the band including in the community, at the school and for staff. Programs and initiatives will focus around improving the physical health of community members through increased physical activities and making healthy food choices. This position will play a key role in educating people on what physical activities are best suited to their needs, as well as what healthy food choices are right for them and their family; including teaching healthy food selections and preparation. A focus for the education should include traditional teaching and education for traditional food, cooking/preserving techniques, and healthy activities.

8 week SEP Secondary Recreation Assistant

The Seabird Island Band is excited to once again be providing summer recreation programs for local children and youth. The program will include a variety of activities targeted at enriching the lives of kids in a fun, active, and culturally sensitive manner. The SIB summer rec program is looking for high school students to serve as role models, and assist leaders and supervisors in the program.

Successful candidates can expect to have a summer packed full of fun activities including field trips, cultural learning, fun in nature, professional development, and making new friends.

12 Week SEP Post Secondary Purchasing Agent

The Purchasing Agent will verify goods and service orders; prepare and forward purchase orders to vendors and staff; verify receipt of goods and services; and authorize payment for goods and services. The goal is to acquire goods and services that are critical for the success of operating standards, with the best price and quality standards.

The Purchasing Agent ensures that corresponding departments at Seabird Island Band, have the materials and services they need to function on a day-to-day basis. The Purchasing Agent performs extensive research to find the most cost-effective materials, supplies, goods and services; which requires that they stay up-to-date on marketing and pricing trends.

12 week SEP Post Secondary ECE Recreation Assistant

Under the direction of the Early Childhood Supervisor, the Early Childhood Education Assistant will assist in providing hands-on child care to children in Seabird Island Band's early childhood education programs, in accordance with all child care licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management. Possible programs include Seabird Island Daycare and summer programs.

Computer Technician II

Reporting to the IT Program Manager, this position works with all Seabird Island (SI) Departments. The Computer Technician II involves maintenance of systems and technical equipment. The Computer Technician II will analyze requirements, resolve problems, and install hardware and software as required. Tasks also include end-user support, toner inventory maintenance and procurement, and various tasks received through the IT Help Desk.

Junior Kindergarten Teacher

Seabird Island Community School is seeking to fill the position of a K4 teacher. We believe that kindergarten readiness requires indicators of success in social, emotional, physical, spiritual and cognitive domains. It also requires a prepped information plan prior to admission to the formal kindergarten program to achieve the greatest success possible for each student.

Summer Student - Administrative Assistant

The Administration Assistant will assist in support to the managers and supervisors of all departments, including but not limited to everyday tasks like filling, record keeping, report preparation, scheduling, creating newsletters and data entry.

Family Development Worker

The Family Development Worker's primary goal is to support and connect families on their journey to wellness. Support and connection are provided to families who are experiencing mental health and child welfare challenges through one-on-one coaching, individual, family, and community education and awareness activities, and referral to other health and social services agencies. This position provides service to families.

Men's Home Peer House Leader - A:yelexw Stabilization and Transitional Living Residence (STLR)

Under the direction of the Health and Social Development Director, the A:yelexw Peer House Leader (APHL) will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band and within the specifications and regulations of the Community Care Facility Act.

The primary goal of the APHL is to ensure that the A:yelexw STLR is run like a family home, with chores, 'family' meetings and goal setting, and that all residents are provided with a caring and learning environment in which to address addictions and substance use. Through ensuring the home runs efficiently and cooperatively, the APHL will ensure that residents are equipped to access health, healing and other services and programs, through programming in the home and through broader community services, to address the underlying causes of addiction and substance use, and to make choices that are life sustaining and positive.

Kwiyo:s (Maternal Child Health Support Worker)

Kwiyo:s (Maternal Child Health Support Worker) works closely with pre and post-natal moms, youth and families in The Maternal Child Health Kwiyo:s program.

Job postings are also available at the Band Office and the Employment Office.

Please ensure you have received confirmation for your online submission. If you have not received confirmation, email: humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview.

We thank all applicants for their interest.

DEADLINES

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

AVAILABILITY

Twice a month. The 15th of each month (or closest business day) and the last business day of each month. Apply for email distribution or pick-up at the red community newsletter boxes.

CONTACT US

Have an ad or story idea? Email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

Advertising sales:

Contact Communications: 604-796-2177 or email: comm@seabirdisland.ca

Editing Team:

Kristy Johnson, Jason Forseth and Zorana Edwards-Shippentower.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

NOTICE

NO SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority. Please contact us if you have any concerns.



Classifieds

SEABIRD CHURCH

Mass: *Closed Until Further Notice.*
Study Groups: *Closed Until Further Notice.*
Contact Deacon Jamie 604-491-3053 or 604-615-5677.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact Amanda Peters 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.
Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

MEMBERSHIP STATUS CARDS

Tuesday, Wednesday and Thursday:
Closed Until Further Notice.
Appointments required. Serving Seabird Members only! Contact 604-796-2177

Remember to bring:
- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

SIB has the right to refuse service.

Status Card Photography

Laminated style: \$10
New style w/ authenticated photo \$15
Monday to Friday: 8:30 a.m. - 3:30 p.m.
Appointments required.
Contact Communications at 604-796-2177 or comm@seabirdisland.ca

WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

SIFD FIRE PRACTICE

Closed Until Further Notice.
Now recruiting new members.
Contact the Fire Hall 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request. When you need major garbage pick-up please submit your request in writing and hand it in to the Band Office.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

OPTOMETRY CLINIC

Next clinic dates: *Closed Until Further Notice.*
Book now with Amanda to get on the waiting list.
Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Amanda Peters 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Closed Until Further Notice.

DENTAL WALK-IN PAIN CLINICS

Closed Until Further Notice.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Amanda Peters 604-796-2177

BABIES ID CARDS

Apply for a Medical Care Card as soon as possible. Contact Amanda Peters 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Amanda Peters 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Closed Until Further Notice. If interested you can attend online AA Meetings, visit website below.

AA in BC website: www.bcyukonaa.org

A youth program for children ages 6-12 Join our Facebook page School's Out - Ewólem Seabird

For now, we are offering weekly challenges for the younger youth, supplies will be given for these. Under normal circumstances this program would be modeled similar to the drop-in youth program, after school drop in during the school year. In the summer, youth camps.

https://www.facebook.com/login/?next=https%3A%2F%2Fwww.facebook.com%2Fgroups%2F567070550872860%2F%3Fref%3Dgroup_header

June 1st we will be doing a draw for a prize
Anyone who joins the page will be entered into the draw!! ☺



Saturday June 13th, 2020

**Agassiz Elementary Secondary School
Grad Vehicle Parade is
coming to Seabird!**

**Come outside and celebrate
with our Grads as they drive
by your house.**

**The parade will go through
Harrison, Seabird, Agassiz and
possibly Sts'ailes (currently
not able to as the community
is closed).**

**We would like to congratulate all
our graduates this year and best wishes
to their future endeavors.**

*Class
of 2020*

