



www.seabirdisland.ca

# the SEABIRD ISLAND Sq'ewqel YOO HOO

Because news isn't all bad or boring!

Tem'támxw ~ "Goose Berry Time" ~ (June) 2022



## Lalme' Iwesawtexw (House of Learning) is Cultivating Love by Spreading Kindness

"In a world where you can be anything, be kind." This quote embodies the environment and mindset we strive to achieve here at Lalme' Iwesawtexw. Acts of kindness allow us to give and receive love and appreciation, grow empathy and compassion, as well as develop a strong sense of pride and gratitude. Embedding kindness into our school culture is also an anti-bullying strategy.

Seabird Island Community School (SICS) works hard to foster a loving, safe, and kind environment within which our children learn and play. Taking into account the powerful benefits of kindness, SICS has created what we fondly refer to as "The Kindness Project". This project aims to decrease bullying by highlighting and rewarding the loving, kind behaviours of our students. These random acts of kindness can be anything from picking up garbage on the playground to helping a friend clean up a mess in the classroom. When a student is noticed being kind, their act is acknowledged and recorded. Recognizing a student for their kind behaviours creates a feeling of goodness which encourages them to do it again and again! Witnessing the response from our students as they are recognized for their kind efforts has been incredibly rewarding for both the students and staff alike.

Since the beginning of the Kindness Project in February 2022, our students have been working hard to show just how kind they can be. In fact, within a matter of weeks, our students met and surpassed our '1000 Acts of Kindness' goal, earning themselves a well-deserved pizza party. The dedication and teamwork from our students to achieve this goal was very inspiring. It involved working together to report kind acts to their teachers, earning their classmates "kindness hearts", and allowing them to succeed in their shared goal. Teamwork and comradery are core life skills which facilitate a sense of trust, pride, belonging, and responsibility – something we are proud to see developing daily in our students.

Our kindness project is just getting started here at SICS! Our students are motivated and excited to shoot for 2000 acts of kindness next. Students will continue to be recognized and rewarded for their kind acts by means of weekly and monthly draws for prizes, verbal recognition at school, and field trips. SICS staff and students have also extended the "kindness warrior" challenge to the Seabird Community, encouraging you to join us in our mission to spread love and kindness.

To participate, please visit the following link to report and record your acts of kindness within the community:

<https://forms.gle/mrnYPfdCTqMs7Ce69>

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### Grad Photos



Tuesday, June 14<sup>th</sup>

### Office Closed



Stat Holiday - National  
Aboriginal Day

Tuesday, June 21<sup>st</sup>, 2022

### Aboriginal Day Celebration



Wednesday, June 22<sup>nd</sup>

Location to be announced

# Creating & Updating our Membership Code



Why is updating our Membership Code important and who is it for? The Membership Code is for Seabird Island Band Members. Seabird is one out of six Bands that has the option to make changes to the Membership code for the better, for our future generations. This code intel who could become a member and the process behind it.

With this day and age, more and more First Nation children are being denied First Nation Status by the Canadian Government. The Canadian Government are deciding who is First Nation with a percentage of First Nation Blood they hold, when it gets to  $\frac{1}{4}$  of blood, this is considered to be not First Nations, and they will no longer consider them First Nation. Children maybe born and raised as Seabird First Nation children and have First Nation blood in our eyes, but according to the

government they are not considered a First Nation person. With this, they are unable to receive status, and will not have the option to inherit their parents' home or be permitted to live on Seabird when they are of age and ready to get their own place. When they are of voting age, they will not have the right to nominate, vote or run for Chief or Council... Furthermore, As non-status First Nations the government will not provide them with the same health care as a First Nation person today, in fact they will not provide them with any health care unless, as parents you pay a monthly premium for their basic or extended medical and when they become adults, they will have to continue to pay this premium to have any medical coverage.

As this continues, very shortly we will have no "Status" First Nations, nobody will be able to live on reserves and what will the government do then? The government will have weeded out the First Nation people. We are not talking 50 or even 100 years in the future, this is happening today, many of our children born now are being denied First Nation status according to the

Canadian government.

Who gives them the right to say our grandchildren are not First Nation people or members of our tribe or community?

In developing and updating Seabirds Membership Code, we can help to change some of these regulations. We will not be able to provide them with a status number but we can make them Seabird Membership and define what that is. We can tell Canada that, our children are members of our First Nation and they are Band Members. In our code we can say, YES they can inherit their parents' home and property, as Seabird First Nation Members they can vote for who they feel will be a strong voice for Council, yes my First Nation children can even one day run for Council of their First Nation if they want to.

We have the opportunity now to also say in our Membership Code that as Registered Seabird Members, Seabird will provide our Non-status First Nation people (our babies) with Basic Medical Coverage, or possibly extended Medical coverage, similar to what our Status people have now. – Do we level the playing field and provide our Status and Non-status First Nation Members with the same or similar rights?

This is opportunity to let the government know that they CANNOT erase the First Nation people, language, culture and lineage. We are here and we plan to continue to exist as First Nation people for generations to come. No matter how much First Nation blood or we do or do not have in our bodies, we are still First Nation!

The government is also stating that as these First Nation people who do not qualify for First Nation status, will not provide government funding on behalf of these individuals to Seabird for us to run our own government. Seabird has already started preparing to be able to support ourselves in the future, by creating Seabird businesses and the

Development Corporation. This way, in the near future when there are no "Status" First Nations left, we can still support our First Nation "Members", status or not – government funding or not. We can provide our own funding for our members to live on reserve, inherit their lands, have health care, learn their language and culture plus more.

In this code we can also consider dual citizenship. Half my family is in Chehalis, the other half in Seabird. Do we restrict our members saying they can only be members of Seabird or can they be members of both – dual citizens? How will this affect us, one way could be as only Seabird Members we can only hunt in our traditional area, as dual citizens perhaps we can hunt in both areas. We could be after, all hunting for and supplying food for both sides of the family. Traditionally as nomadic people, we could move back and forth between the tribes depending on the season, can we still do this if we are not permitted dual citizenship? What are the advantages and disadvantages of offering or refusing dual citizenship?

As we update the Seabird Membership Code, please consider what you want the future of Seabird to look like. Will your children and grandchildren have the same rights you have today? Should they be able to inherit your home and property? Should they have the right to dream of being on Chief and Council? These are our children, do they still count as First Nation people? Or as the Canadian Government has told us, are they not status because they are not first nations enough – do we allow them to dictate to us who is First Nation and who is not, do we allow them to wipe out the First Nation race?

These are only a few of the questions and considerations brought up at the first meetings and that Seabird Members need to consider when updating our Membership Code. As we have just started this conversation, please consider what this means for you and your family. This is your opportunity to speak out and make a change. Over the coming months we will be considering your

answers, questions and suggestions. Let's start a conversation!

On a more personal note, I was asked at different times by Band Members, how I felt as a Community Member about this, do I think it should include me? Do I feel heard as a long-term Community Member and do I feel that I can speak up at Band meetings? My answer at was, is and always will be, "its about my kids and my future grandchildren, the work I do is for them and their future, so I can bring it back to them." After thinking on it a bit more, I have to admit, there are times when it is very hurtful when I am told I am not allowed to talk or speak for my family – that my opinion isn't at least permitted to be voiced. I would like to thank those who asked this question of me, for their caring words of support, it was affirming to know that they had family members in the same boat. It validated that our feelings matter. As much as there shouldn't be inequalities and racism anywhere, it is there, it can go both ways.

In considering these questions, comments and the words spoken at these 1st meetings. This is another thing the lawyer mentioned could be a consideration for the Membership Code. For Community Members who do not have any inherent or blood rights but have married into the community. Perhaps have multi level Seabird Membership available, Tier 1,2,3,... After having First Nation Children or living in the community for 5 years or so, have the option to take a test and

apply for low level citizenship, where you can speak up for your children and family, and you have the option to pay Seabird to receive extended Health Benefits, but you cannot join committee's, vote or and are not eligible for Band Member payouts. The next tier level can be for longer term citizens 10-15 years or so, you can now apply to be on committees allowing these members to have a bit more of a say in the community, perhaps even nominate your husband or offspring for leadership. – These are just some ideas.

With or without this consideration, I will continue to work for my kids and my future grandchildren, the work I do is for them and their future, so I can bring it back to them. I am proud of this work and in how much the community has grown since I started working and living at Seabird around 30 years ago and I look forward to seeing it grow more in the future.

*Written by Sandra Bobb  
Communications Supervisor*



# Flood Ready

Floods are common in B.C. and can happen at any time of year. The most severe floods usually occur in spring and early summer due to heavy rain and melting snow. This seasonal flooding is known as freshet.

Floods can damage buildings, cause power outages, disrupt transportation, create landslides and be a hazard for people.

## Climate change and flooding

Our climate is changing. Annual precipitation has increased across the province, and summers tend to be drier than in the past. These trends contribute to increasingly destructive weather events, including flooding.

## Evacuation stages

Depending on the severity of the situation, an Evacuation Alert or Order may be issued. It's important to understand the different stages.

- » Evacuation Alert: Be ready to leave on short notice
- » Evacuation Order: You are at risk. Leave the area immediately
- » Evacuation Rescinded: All is currently safe and you can return home

To be ready, know your hazards and follow Prepared BC's guides to prepare yourself, family, home or business in case an evacuation is ordered.

## Getting ready

There are simple steps you can take in and around your home and property to help prevent flood damage.

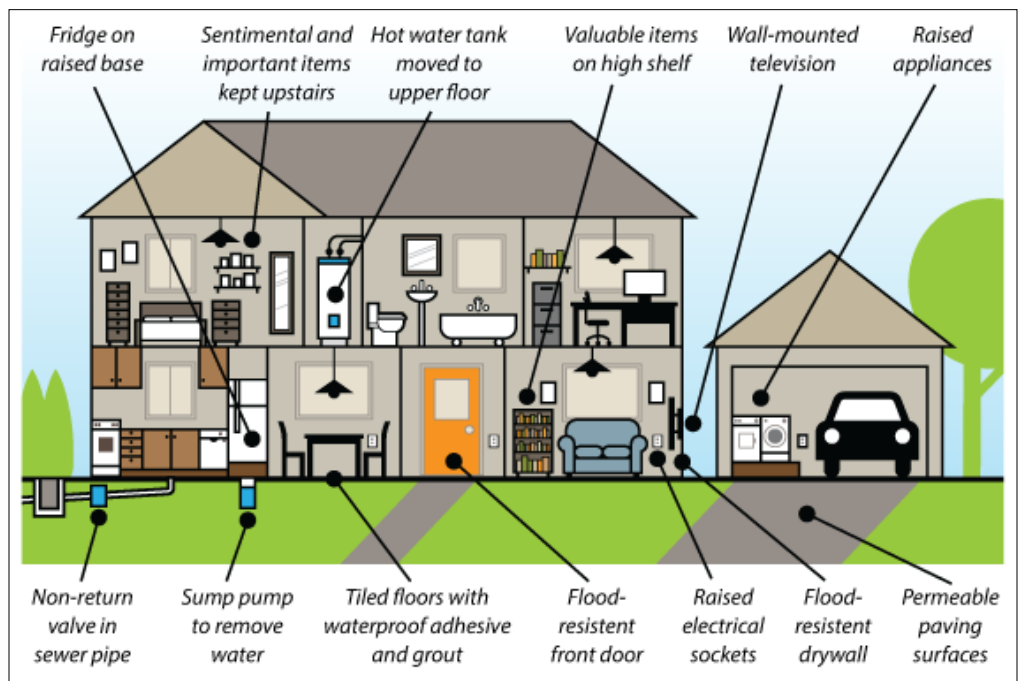
## Steps everyone should take

- » Store valuables and important items or documents in water-tight containers or in higher places, like on a tall shelf or upper floor



- » Clean your gutters regularly
- » Keep nearby storm drains clear of debris
- » Make sure your gutters' downspouts extend at least 2 metres from your basement wall. Water should drain away from your property and neighbouring properties
- » Raise large appliances, furnaces, hot water heaters, and electrical panels onto wood or cement blocks above the potential water level (if an item can't be raised, consider anchoring it and protecting it with a floodwall or shield)
- » Dig or trench to protect your property from flooding. Call 1-800-474-6886 before you dig to prevent damage to gas or electricity lines
- » Apply weather protection sealant around basement windows and the base of ground-level doors
- » Install a sump pump
- » Enhance and clean your landscaping so water drains away from your foundation.
- » Keeping all debris, garbage and bushes 10 feet from your home (this step also is included for Wildfire dangers).

## Make an emergency plan





An emergency plan says how you and your household will respond to a disaster. It's one of the best steps you can take to prepare for a flood. Knowing what to do will reduce anxiety and help keep you focused and safe.

During a disaster, phone, gas and essential services may be disrupted. Stores and gas stations could be closed and roads blocked. You might have to manage on your own for several days or weeks. Use our Household Preparedness Guide to help complete your emergency plan, build a household emergency kit and prepare grab-and-go-bags in case you have to leave.

In case you get separated, ensure everybody in the family knows where you are going – where you plan on evacuating to!

Make your emergency plan - Province of British Columbia ([gov.bc.ca](https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/make-your-plan))  
<https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/make-your-plan>

## Make a grab-and-go bag

A grab-and-go bag is a small emergency kit that's easy to take with you, in case you need to leave right away. It's a good idea to make grab-and-go bags for your home, workplace and vehicle. These will need to be updated with fresh supplies for every season.

Include:

- » Battery-powered or hand-crank flashlight
- » Extra batteries
- » Small first-aid kit and personal medications
- » Personal toiletries and items, such as an extra pair of glasses or contact lenses
- » Copy of your emergency plan
- » Copies of important documents, such as insurance papers and identification
- » Cash in small bills
- » Local map with your family meeting place identified
- » Seasonal clothing and an emergency blanket
- » Pen and notepad
- » Whistle

Be prepared for floods - Province of British Columbia ([gov.bc.ca](https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/know-your-hazards/floods))  
<https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/know-your-hazards/floods>



- » Food (ready to eat) and water (four litres of water per person per day)
- » Phone charger and battery bank
- » Small battery-powered or hand-crank radio

# Seabird Island Educational Journey



**Q: How was your educational journey? What certificate /diploma/ degree did you receive? Where did you attend? How long did it take?**

At the age of 37, I returned to school, attending the University of Northern British Columbia to obtain a Bachelor's Degree in Social Work with a minor in Psychology. It was a five-year journey that started as an undeclared major in general Arts. I had not attended school for 19 years, having graduated high school in 1998, so needless to say, it had been a while since I stepped foot in a classroom. I jumped feet first into the deep end, going directly into university instead of taking the College route that many social workers take on their way to a degree. I wanted the challenge of a university because it offered a wider diversity of courses instead of just social work courses for the duration of my educational journey. Since it was almost two decades since my last course, I wanted the widest variety of experiences I could receive on this educational journey, which I am still on. Every roadblock and challenge make this undergrad degree that much sweeter.

**Q: What are some of the high points and good memories of going to school?**

The high point (besides walking out with a BSW) is having the opportunity to do a semester abroad in Guangzhou,

China, in the province of Guangdong. Guangzhou is 129km west of Hong Kong in Southern China. I attended the University of Jinan and was put in a graduate program after only two years of undergrad at University of Northern British Columbia (UNBC). I was doing my Masters of China Studies; I wanted a social service or psychology major, but this university did not offer those courses, so they moved me up to the graduate level. The significant aspect of my attending Jinan in the Fall of 2019 is that I was the first and only Canadian to attend that university. Jinan set this into motion so they could have more Canadians attend and open relations to have Chinese students attend BC campuses.

UNBC sent 13 students the New Year of 2018-2019 from December 26<sup>th</sup> – to January 6<sup>th</sup> to see the city of Guangzhou and the immense University of Jinan. After that tour was completed, I inquired about attending the university. I worked for three months on applications through Jinan University, Guangdong Higher Education system, BC Advanced Ministry of Education, University of Northern British Columbia, and Seabird Island to ensure I would still receive proper credits for attending a University in China. It was a mind-bending, pre-Covid-19 experience that I would not change for the world. Jinan University has a campus of 70,000 people, with an International Student body of 14,000 students. This campus had shopping malls, banks, hospitals, and apartment blocks outside the typical university structures of learning and teaching buildings. Being in a city of 14 million people where a tiny part of the population speaks English is like a washing machine full of bees because it is always buzzing and constantly busy. On the Brightside, I came back to Canada a few weeks before the world heard of Covid-19, but it was already spreading around China in hindsight. I stayed for one semester and cannot wait to go back and tour more of China.

**Q: Did you struggle? What were some of your struggles? How did you overcome them?**

I feel all students struggle, especially those coming back as mature students at the age of 37; it is challenging with the stress of bills, family, and school-life balance. But, if my educational and personal history of Indigenous peoples has taught me anything, that even without emotionally lived trauma, we as a people are more resilient than most individuals. Having a mother that survived Mission Residential School and was consumed by the 60s scoop, those residual intergenerational traumas were passed on to me. As an only child, I also lived through addiction and saw my mother battle her addiction struggles.

Self-care was the key to overcoming my struggles. Combined with personal and group counseling, I worked through my trauma. Since the beginning of this educational journey, the trauma-informed practice has been my focus, and a social work degree insists that you walk with your demons so you learn how to support those in our communities that need it.

**Q: Are you working now?**

I have been working throughout my undergrad degree at various Indigenous organizations as a Youth care provider. I have worked with the Prince George Native Friendship Centre, Eaglenest Community and Aboriginal Services, and Caribou Action Training Society. I work with Youth in group care homes, youth involved with substance misuse combined with mental health concerns, and youth that have been involved with the criminal justice system. Now that I have obtained a BSW, I have been hired by Northern Health to work in the Nechako Youth Treatment Centre to be a youth clinician working with Youth that enters that program.

Leaving the service industry to enter the social service field, I always knew I wanted to work with mental health and addictions. Still, I always envisioned

myself working with an adult. As an adult that has walked that journey, I figured it would be the best fit. But my working journey has always placed me with youth, and I feel this is where I can make the most positive impact on the lives of my clients. Life has taught me it is not where you want to go, it's where you are now and how to be the best you can be for those around you.

Q: What's next, do you have more educational goals?

I have been accepted to the Master of Social Work program at the University of Northern British Columbia. I will be doing the practicum route to obtain my MSW. I will be focusing on a Trauma-informed practice supporting marginalized populations that live with substance misuse and mental health concerns. Knowing intergenerational trauma flows through many

communities, I want to support and help individuals so, in turn, those people can go back to the community to support their families.

Q: How did Seabird Island Post-Secondary Program help you to achieve your goals?

As others have stated: "I would not be where I am today without the help from Seabird Island Post-Secondary Program." One Hundred percent without the support of Seabird Island and Cindy Kelly being there to support me through all my ups and downs of the past five years, who knows where I would be today. The financial support of tuition, books, and supplies is just the beginning of how Seabird has supported me throughout my degree. The emotional support provided to keep going and picking me up when I stumbled cannot be placed into work. Thank you, everyone, that had anything to do with my journey. I owe you my life. My family owes it all to you for providing me with this opportunity to grow not only as a social worker but also as a person.

*Written by Mark Connelly*

# Mobile Equipment Training

June 6-10, 2022



Location: Skwah First Nation  
Monday 8:00-4:00  
Tuesday to Friday 9:00-3:00  
Lunches provided



Equipment training program provides training in First Aid, Fall Protection, Lock in/Lock Out, Forklift, Boom Lift, Scissor Lift and Overhead Crane and Basic Rigging. These certifications can be used in a wide variety of entry level construction and labour positions.

**Contact your PESP Caseworker or call the office at  
604-796-6835 for more information.**

Open to all Clients in our Partner Communities, Seabird Island, Union Bar, Yale, Spuzzum, Shxwovhamel, Chawathil, Cheam, Scowlitz, Skwah and Squiala.



Indigenous Services  
Canada

Services aux  
Autochtones Canada

## Head Start On Reserve - Seabird Parents and Tots Program:

Parents and Tots has been able to return to in-house programming and we are so excited to see parents and their children back in the program. We are open 10 a.m. - 1 p.m. on Tuesday and Thursday in Mill Hall.

**Friendly reminder:** Head Start is geared for children 0-6 years of age and their parents/caregivers, and Elders are always welcome in our programs. Children over the age of six are able to join once we start Family Nights again in September, but as for now please ensure your child attends school as this is the best place for them to learn with their peers.

We are asking that you arrive to program before 10:30 a.m. as this is to ensure you and your child get the most of the programming, which is prepared in advance with a great deal of pre-planning. This also helps us with the food preparation and ensure that we have enough food for everyone who attends, as numbers do change with each program.

If you are going to be late, please notify Amanda at 604-798-5251 before the program starts at 10 a.m.

**\*All Program participants are required to wear a mask while inside Seabird Island buildings. unless seated and actively eating or drinking.\***

We are having great turn outs of families and encourage participation and welcome new families.

Thank you so much for your understanding and we look forward to seeing you!

*Carlène Brown*  
ECD Director

# Milk and Plant-Based Beverage Containers Join Deposit System

Starting on February 1<sup>st</sup>, 2022 milk and plant-based beverage containers became a part of the BC deposit program. This means a 10¢ deposit will be charged on “ready to drink” milk and plant-based beverages, like oat milk, soy milk or almond milk. Residents can receive the deposit refund when the container is returned to a participating return location. This change is a result of an amendment to the BC Recycling Regulation, made by the Province of BC.

You can continue to put milk and plant-based beverage containers in your blue box or container bin for recycling (it won't count as contamination) and we will continue to collect and recycle them, just like we do with aluminum beverage cans or plastic beverage bottles. If you choose to do this, you will not receive your deposit refund.

The containers that are being transferred to the deposit program include:

- » Milk and plant-based beverage cartons
- » Milk and plant-based beverage plastic jugs and containers
- » Milk and plant-based beverage metal containers
- » Milk and plant-based beverage glass containers

The following product containers will not have a deposit added and remain in the Recycle

BC program:

- » Whipping cream
- » Coffee cream or other coffee additives
- » Buttermilk
- » Drinkable yogurt
- » Infant formula
- » Dietary or meal supplement

- » Any dairy concentrates
- » Condensed or evaporated milk
- » Modified milk-derived products (e.g. kefir)
- » Yogurt, pudding, cheese, ice cream etc.

For more information, and educational resources visit *Return-It.ca*. <https://recyclebc.ca/milk-plant-based-beverage-containers-join-deposit-system-feb-1/>

Lyndsey



**NAVIGATOR  
ECONOMIC  
DEVELOPMENT  
COMMUNITY  
MEETING**


Open to all Seabird Island Band members!

**June 14<sup>th</sup> – 4:30pm-8:30pm**  
Location: SIB Gym  
Dinner served @ 5:30pm  
Door prizes!

Come share your thoughts about energy, economic development and community well-being - and watch your ideas come to life, drawn by a graphic recorder!

For more info: [Darwin.Biamonte@sqewqel.ca](mailto:Darwin.Biamonte@sqewqel.ca)

Presented by:





# Culture Corner

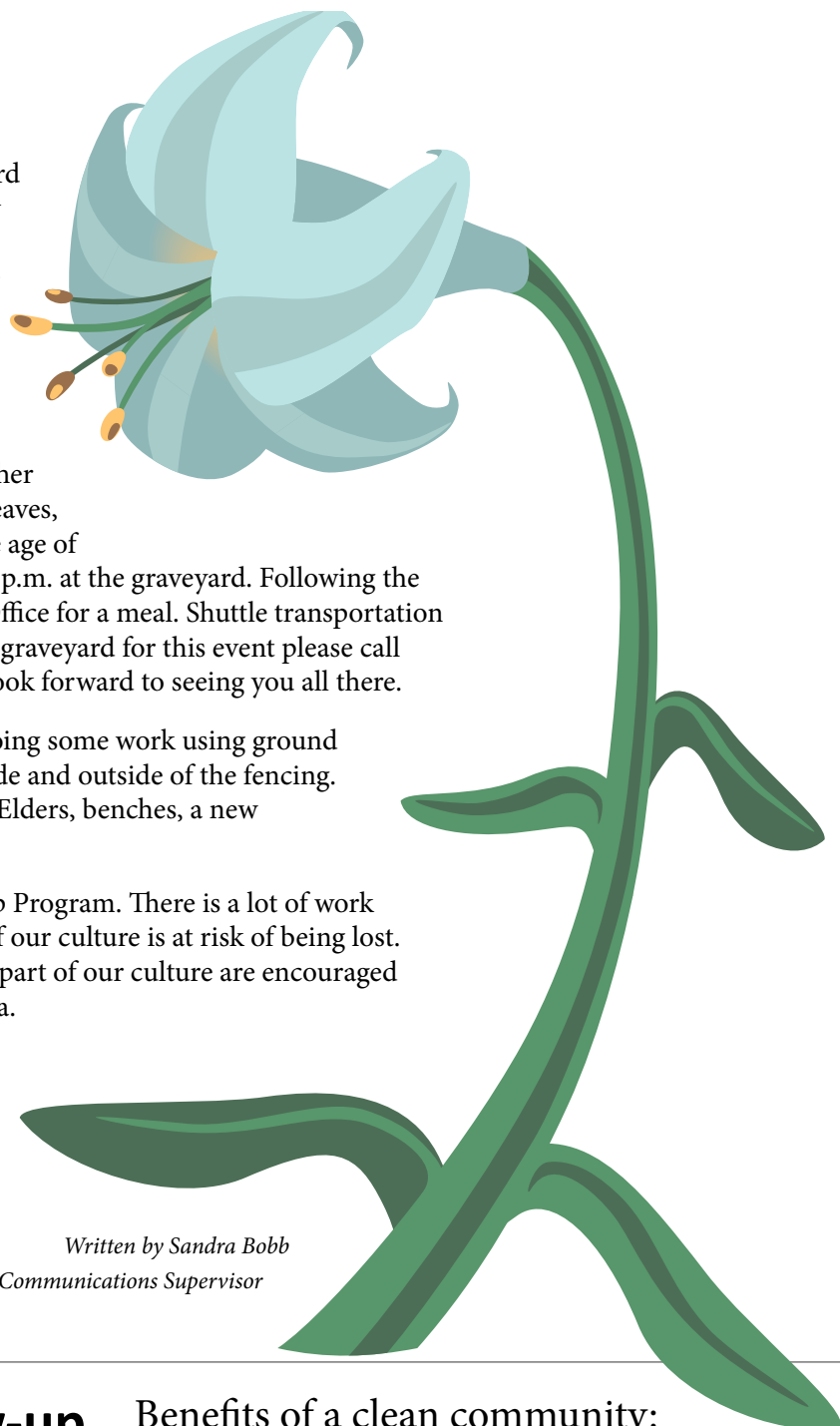
## Funding for Graveyard Clean-up

Seabird has received \$400,000 in funding for graveyard cleanup. Seabird plans to use this funding in a variety of ways, to improve the graveyard and bring the community together in the process. Honouring those who came before us is huge in our culture and we want to ensure we take care of them properly.

Included in the plans is bringing back the Annual Community Graveyard Clean-up Day. We invite all families to join us on Sunday June 12<sup>th</sup> to work together to cleanup the graveyard, picking up sticks, rake up leaves, mowing lawns and more. Youth and parents from the age of 15 and up are encouraged to join us from 11 a.m. – 2 p.m. at the graveyard. Following the clean-up families of all ages can join us at the Band Office for a meal. Shuttle transportation may be available for those who need a ride out to the graveyard for this event please call 604-796-6813 or email [events@seabirdisland.ca](mailto:events@seabirdisland.ca). We look forward to seeing you all there.

Also, included in Seabirds plans for this funding is doing some work using ground penetrating radar to map out the graveyard both inside and outside of the fencing. New fencing, improved parking lot, a sitting area for Elders, benches, a new maintenance shed, and headstones or markers.

Seabird is also looking to create a Funeral Mentorship Program. There is a lot of work involved in honouring our loved ones and this part of our culture is at risk of being lost. Those interested in mentoring, sharing, learning this part of our culture are encouraged to call 604-796-6813 or email [events@seabirdisland.ca](mailto:events@seabirdisland.ca).



*Written by Sandra Bobb  
Communications Supervisor*

## Litter - Earth Week Follow-up

In April we saw the community come together to clean up our yards and the community as part of the Earth Week celebration. We would like to thank you all for your contributions to this great work and encourage everyone to remember this work all year.

Make your community proud and respect mother earth. Put your garbage in the garbage! Please do not litter our community by tossing your garbage out the window of your car, take it home and put it in the garbage where it belongs. Continue to keep your yards clean and clutter free. Working together we can keep our community clean.

## Benefits of a clean community:

- » Pride in yourself
- » Community pride
- » Reduced mice and rat infestations in homes
- » Protect plant life
- » Protect wildlife (birds, fish and more)
- » Keep our waterways clean

Again, we thank you for your work and encourage you to keep the earth and our community clean all year round.

*Written by Sandra Bobb  
Communications Supervisor*



## Student Doctor, Dr. Ricky Tsang

Ricky Tsang started Monday April 25th as a medical student with Dr. Fox at the Seabird Medical Center. Here for four weeks, this student from UBC likes working with his hands and would like to go into the surgical field of medicine. General surgery is the area he would like to specialize in, that's surgery in the torso area, anything to deal with the gut. Being born and raised in the Vancouver area, he would prefer to work in the city, but he would also like to reach out to the other rural communities on a regular basis.

This is the 3rd year of Ricky's education, this month working in a rural area, is part of that 3rd year. The goal is to work with unique communities out of their comfort zone, working with Seabird has been very humbling in that regard. The students had 20 sites to choose from for this posting. They put their names in for their favorite choices, but it was a lottery, he was lucky to get this post.

Ricky has visited the area before on family trips, so he was interested in learning more about the area. Staying in Harrison while working here is the first time in 3 years since he has been outside of Vancouver. He finds there is a nice serenity here, being surrounded by trees and nature.

Ricky has one more year in this round of schooling, then residency and an additional 5 years. Whereas if his goal were family practice it would be only 2 years. He has always been interested in a job having a direct and positive impact on life. Combining science, research, and medicine to help people. It's a privilege and an honour to be able to hear people's stories and help them with their problems.

Ricky's closing words were "It has been an immense privilege being here. The opportunity to be welcomed into the community, the patience from the people... These are lessons I will carry with me."

*Written by Sandra Bobb  
Communications Supervisor*



## Brianna Robotham, MSc in Clinical Health Psychology

My name is Brianna, and I graduated with my Masters in Clinical Health Psychology from the University of Strathclyde in Scotland.

Since I was a young girl, seeking a higher education was something I had always wanted and planned to do. I completed the first step in that journey when I graduated from UBC in 2017 with a Bachelors of Arts majoring in psychology. Working in psychology was a dream of mine, and something I was incredibly passionate about. I knew that my journey to work in this field, however, was just starting.

I started the next phase of my education journey in the turbulence of 2020, with COVID making everything uncertain. I had applied overseas for my Masters, as studying in the UK had always been a goal of mine, and doing my Masters seemed like the perfect time and opportunity to do so. I had lived in the UK for two years prior to this, so moving abroad and the culture shock involved wasn't something I was worried about, and I felt equipped to handle such a big move. What did make me nervous, however, was that COVID meant that I would not be able to visit my family and friends for a very long time.

I was also nervous about studying in a foreign country. While a language barrier did not exist, the UK has a very different education system to Canada, and I did not know what to expect about attending university there – but I was keen to find out. My program, looking back on it now that I've completed it, was very bittersweet. The program was amazing, and my thesis supervisor and cohort were very lovely, but I never actually stepped foot on my university campus for the entire time I was abroad. We were told that we would be in classes the latter half of the first semester, which then turned into the second semester being in person. However, the news came in December that Scotland would be entering a full national lockdown days after Christmas – we would be in lockdown for 4 months. The entirety of my program would be online.

Getting my Masters is something I'm incredibly proud of, and was filled with both highs and lows. I got to learn from and work with amazing people, and my thesis supervisor and group in particular fostered not only my academic development but personal development as well. COVID, however, posed a major struggle, as online studies was something I had never done before, and being in lockdown in a foreign country was very lonely. Writing a thesis would also be a first for me, and something I was quite nervous for. What helped me get through it was friends and family, planning, and working on my mental health.

My Masters was challenging but incredibly rewarding. I still have a long way to go! I aim to get my Ph.D, a new challenge that I'm equal parts excited and nervous for. I'm also so thankful for all the work and support that the Seabird Island Post-Secondary Program has done for me. The Post-Secondary program has supported me financially, mentally, and emotionally through two degrees and five years of education – I am beyond grateful and thankful. They've been there for me through my Bachelors and Masters, and I am sure that they will be a huge support whilst undertaking my Doctorate.

## Deacon Jamie

Ey Swayel , my name is Deacon Jamie I'm looking for any interested elders who would like to participate in a Mens group once every two weeks.

The motivation for the group is to provide a opportunity to talk with people you might have not been able on your own. Elders from Sts'ailes will also be invited.

The place we will be meeting is the Church in Seabird Island. The time of the meeting will be 1 p.m. The subject matter for discussion is entirely up to you. My only participation is to unlock the church make coffee and provide snacks.

The starting date will be the first Wednesday after the next Newsletter. If there are any Elders not interested in a group setting but would like some companionship. I would be willing to meet you at home. I have been fully vaccinated and would wear a mask if you preferred that. Again the subject matter would be up to you. The visits would be once a week approximately 1 hour visits.

Any questions please don't hesitate to ask. My email is [jamiemeskas@gmail.com](mailto:jamiemeskas@gmail.com), my phone number is 604-491-3053.

*Deacon Jamie*

## Housing Wait List






















1 Bedroom	
1	11152018-6022
2	01162021-5056
3	12202021-5057
4	12202021-5058
5	12082020-5032
6	12202021-5059
7	22042021-7064
8	01252022-5063
9	06022021-5040
10	12142020-5053
11	05102022-6033
2 Bedroom	
1	12102018-6014
2	12032018-5026
3	03212019-6028
4	12272019-5042
5	04102019-7028
6	01072020-7031
7	08122020-5050
8	11022020-5051
9	01072020-6024
10	11152018-6022
11	11272018-5024
12	12232020-7057
13	01092021-7061
14	22042021-7064
15	06172019-5037
16	11192021-5056
17	12072021-5060
18	12202021-5057
19	12202021-5058
20	12212021-5061
21	12202021-5059
22	12222021-5062
23	01252022-5063
24	04292021-7065
25	06022021-5040
26	12142020-5053
27	09122019-6032
28	05102022-6033

3 Bedroom	
1	12192012-3076
2	02082013-3084
3	01142015-1011
4	02232016-4002
5	12102018-6014
6	03212019-6028
7	04102019-7028
8	07012019-7033
9	12172019-7017
10	12182018-5014
11	01072020-6024
12	01072020-7031
13	01222020-1031
14	11022020-5051
15	11252020-2098
16	12032018-5026
17	12232020-7056
18	12232020-7057
19	01092021-7061
20	04292021-7065
21	11152021-7066
22	11092021-7069
23	08122020-5050
24	12072021-5060
25	12192021-7070
26	12072021-7071
27	12222021-7072
28	12202021-5059
29	12022020-4015
30	01052021-7058
31	11182020-7053
32	01142022-7073
33	01252022-5063
34	01092020-6000
35	06022021-5040
36	12302019-7015
37	10202021-7068
38	04132022-7074

### REMINDER!

Housing Applications must be renewed before January 1<sup>st</sup> each year to remain on the list. Anyone who did not renew came off the list and must now reapply if interested.

# Community Events Calendar ~ Temt'ám

(S) Sxexlhat	(M) Yila:welhát	(T) Sthémelts	(W) Slhá
			• Major Garbage Pick-up
5	6	7	
		   	
	• Meals on Wheels 5 - 6 p.m.	• Head Start 10 a.m. - 1 p.m.	• Meals on Wheels 5 - 6 p.m.
12	13	14	
		   	
• Graveyard Clean-up 11 a.m. - 2 p.m.	• Meals on Wheels 5 - 6 p.m.	• Navigator Economic Development Community Meeting 4:30 - 8:30 p.m. • Head Start 10 a.m. - 1 p.m. • Chief & Council	• Utility Bills Due • Income Assistance Renewal • Meals on Wheels 5 - 6 p.m.
19	20	21	
			   
• Fathers Day	• Meals on Wheels 5 - 6 p.m.	<b>National Aboriginal Day - Office Closed</b>	• Aboriginal Day Celebration • SIB Optometry Clinic 9 a.m. - 12 p.m. • Meals on Wheels 5 - 6 p.m.
26	27	28	
		   	
	• Meals on Wheels 5 - 6 p.m.	• Head Start 10 a.m. - 1 p.m.	• Income Assistance Day

# XW ~ "Goose Berry Time" ~ (June) 2022

:xws	(T) Sxeó:thels	(F) Sheqá'tses	(S) T'óqw'tem
1	2	3	4  • Microchip & Registration SIB Pets 12 - 3 p.m.
8	9  • Head Start 10 a.m. - 1 p.m.	10	11
15  ewal / Job Search m.	16  • Head Start 10 a.m. - 1 p.m.	17	18
22  tion - time TBA a.m. - 6 p.m. m.	23  • SIB Optometry Clinic 9 a.m. - 6 p.m. • Head Start 10 a.m. - 1 p.m.	24  • SIB Optometry Clinic 9 a.m. - 6 p.m.	25
29	30	 Doctor's Office is by appointment only. Please call ahead for an appointment.  Dental Office is urgent/emergency appointment only. Please call ahead.  Fire practice is canceled until future notice.  Garbage day, has not changed unless notified (2 bags per house hold please).  Recycle day, No longer accepting blue bags. Use blue bins please.	

# Indigenous University Preparation Program

*Apply now!*

**Are you:**

- A high school graduate? A mature student?
- Considering going to university but wanting to explore different career options?
- Someone who wants to prepare for university-level Math and advanced Academic Writing?
- Wanting to connect with a cohort group of Indigenous students in a safe and supportive environment?
- Looking to open doors to more learning and working opportunities?

***SFU's Indigenous University Preparation Program (IUPP)***

We welcome First Nations, Métis, and Inuit students to a supportive university learning environment that integrates humanities and social sciences with Indigenous knowledge and perspectives.

You will join a small cohort of like-minded Indigenous students and explore university together with Elders, mentors, tutors, and instructors while taking six courses which can transfer into your undergraduate degree.

***Where does the IUPP path lead you?***

SFU's IUPP is an 8-month full-time hybrid program (online or in-person) that helps Indigenous learners prepare and transition to undergraduate studies, while nurturing the skills essential for university learning.

Upon successful completion of the IUPP, you will be granted admission to SFU and your completed credits will count towards your undergraduate degree.

Our Indigenous, interdisciplinary curriculum will provide you with a diverse foundational knowledge which may be applicable to multiple disciplines.

Learn more at  
[sfu.ca/iupp](https://sfu.ca/iupp)  
[iaupprec@sfu.ca](mailto:iaupprec@sfu.ca)  
604.353.7006



***Tuition Waiver for Youth in Care or Former Youth in Care***

Cover: Welcome figure at SFU carved by Jody Broomfield, Squamish Nation.

# Seabird Island Summer Program

## July 5<sup>th</sup> 2022 to August 26<sup>th</sup>, 2022

**Summer is Fast Approaching**, and we are looking forward to a “normal” Summer Program this year, with only very limited restrictions for the children and staff, as we slowly (fingers crossed) move out of COVID-19.

We will be offering the following for the summer:

- ⇒ **Summer Program in the OOSC** room for the younger school age children 5-7 years of age approx.– have to had completed kindergarten .
- ⇒ **Summer Program in the Mill Hall** for the older children 8 approx. to 12 years old
- ⇒ **Program hours**— regular hours 9– 3 p.m.
- ⇒ **Extended hours-** for those who needed for working/school purposes 7:45-9:00 a.m. and 3-5 p.m.

Please ensure that you let us know upon putting your name on the list for Summer Program if you will be needing the extended hours/extra support needed, as there is limited space due to licensing ratio.

Please **complete the side of the this page** and return to the ECD Program.

Email to [danieller@seabirdisland.ca](mailto:danieller@seabirdisland.ca) or in person or to OOSC. If you need, you may also call with the information needed to Danielle at 604 796 6854.



### Summer Program :

Child's Name/Birthdate:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Parents Name:

Phone number

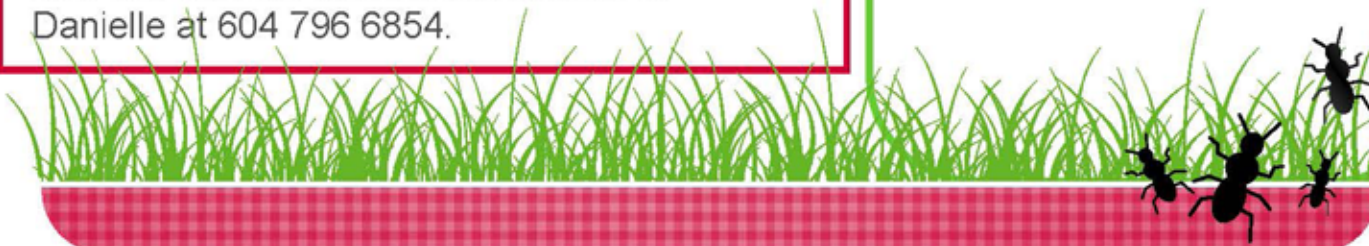
Email:

### Care Needed:

Regular Program?

Extended Hours ?

Extra Support?



Seabird Island Band

# ADMINISTRATION BAND MEETING

## SAVE THE DATE



WEDNESDAY

# JULY 13<sup>th</sup>

Starts @ 6 p.m.

# Q1



Virtual meeting to be held over TEAMS.



*Missed a meeting! For those who missed any meetings and would like to review the documents presented, the Reports and Presentations are available on the Seabird Membership Page.*

Visit the Membership Website at [www.seabirdisland.ca/#Members](http://www.seabirdisland.ca/#Members) for more information - login required, email [membership@seabirdisland.ca](mailto:membership@seabirdisland.ca) for your access.

Please watch for the links to these 2 events, they will be posted on the Seabird Island Facebook page: <https://www.facebook.com/SeabirdIslandBand>

Join us as we report on work taking place within our community. This is your opportunity to engage with leadership and provide your feedback. We look forward to seeing you there!

Seabird Island Band

# CHIEF & COUNCIL BAND MEETING



## SAVE THE DATE

SATURDAY

# AUG 17<sup>th</sup>

Starts @ 6 p.m.

# Q1



Virtual meeting to be held over ZOOM.





WebDonuts.com



"I guess I'll go jump in the shower."

# Temt'ámwxw

"Gooseberry Time"

## Gemini

May 21 - June 21

Key characteristics: Inquisitive, clever, adaptable, lively & communicative.

Flower: Rose

Birthstone: Lab Alexandrite or Pearl

## Cancer

June 22 - July 22

Key characteristics: Integrity, honest, generous, family and home orientated.

Flower: Acanthus

Birthstone: Ruby

## Quotes of the Month:

"I'm not going to limit myself just because people won't accept the fact that I can do something else." - Dolly Parton

"Imperfection is beauty, madness is genius and it's better to be absolutely ridiculous than absolutely boring." - Marilyn Monroe

## Halq'eméylem Word Search

p s ' e t h y s i e e e h e l s  
w : h l á w ú h x m í y a l h a  
l a e x w e c h á : l y e e h l  
l c l l w l e c e l ô ' l p á í  
í e s í w ' s l á l a : h á h l  
: : a l : e a x í a i h c l l i  
l c á : ' l t w w l m y h ô a y  
a p h l l e t l k e á h a w á e  
t ' s q ú t p e ' w h : e e ' m  
s h e p w s á h x l ' ó l s a á  
e á o l m á t : t w ó á t h l e  
s k w ' ô : l m e x w e l h p m  
w e l t á l e é w e l w l a e l  
' e k ' h s e w q ó e h l : y s  
l c h t h ' é y l e m k : l w '  
x c x e h h q i í : p e á s ó w

## Words

1. alíiyem – laughter
2. míyalha – 'You folks come'
3. shxw'awkw'ála – 'clothes basket'
4. áwth – hurry, haste
5. xwechá:l – 'where did he go?'
6. chqwáléqep – be loud in sound, a loud sound
7. chth'éylem – (silver spring salmon).
8. ch'á:th'em – 'jumping, hopping'.
9. sxwehóthes – 'a veil', something wrapped on the face
10. eletsá:ls – 'plants, grass'
11. elíla:lhp – 'salmonberry plant'
12. lí:latses – 'little berry basket'
13. elwet – garment, clothing'
14. elhcha – 'unclear liquid, water, juice'
15. skw'ô:lmexwelhp – 'blackberry vine (or bush)'
16. epálôwes – 'ten paddles
17. húheliya – 'small-sized humpback salmon'
18. ilólets'e – 'alone'
19. í:ltxw- house surface
20. kopú – 'coat'

Created by Jasmine Paul-Louis

**DEADLINES**

Submissions and advertisements are due **7 business days prior to delivery.**  
Contact comm@seabirdisland.ca.

**AVAILABILITY**

Once a month. The 1<sup>st</sup> of each month (or closest business day).  
Apply for email distribution or pick-up at the red community newsletter boxes.

**CONTACT US**

Have an ad or story idea?  
Email comm@seabirdisland.ca  
Monday to Friday 8:00 a.m. - 4:00 p.m.  
Closed on all statutory holidays.  
www.seabirdisland.ca

**Advertising sales:**

Contact Communications:  
604-796-2177 or  
email: comm@seabirdisland.ca

**Design, Layout, Formatting:**  
Ciara Busby

**Proofing Team:**

Sandra Bobb, Ciara Busby, Kristy Johnson,  
Zorana Edwards-Shippentower and  
Jasmine Paul-Louis

**AGREEMENT/LEGAL**

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

**Letters to the Editor** must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

**NOTICE**

**NO SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS**

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door, you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority. Please contact us if you have any concerns.



**SEABIRD CHURCH**

Mass: Contact Deacon Jamie for information

Study Groups: Contact Deacon Jamie

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

**LOVED ONE PASS AWAY?**

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact Lena Paul 604-796-2177.

**FUNERAL PAMPHLETS**

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

**MEMBERSHIP STATUS CARDS**

**Booking a Status Card Appointment**

Tuesday to Thursday:  
8:30 a.m. - 4:30 p.m.

Appointments are required.  
**Serving Seabird Members only!**  
*SIB has the right to refuse service.*

Remember to bring:  
- 2 pieces of photo Government ID  
- New Photo (see Communications, appointment required)

Contact Simone Jimmie 604-796-2177

**Status Card Photography**

Laminated style: \$13.50  
New style w/ authenticated photo \$18.50  
Monday to Friday: 8:30 a.m. - 3:00 p.m.  
Appointments required.

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

**WILDSAFE BC CONSERVATION**

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

**SIFD FIRE PRACTICE**

Tuesdays 7:00 - 9:00 p.m.  
Now recruiting new members.  
Contact the Fire Hall 604-796-2177.

**GARBAGE SCHEDULE**

**CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:**  
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

**MAJOR GARBAGE:** 1<sup>st</sup> Wednesday of each month, by request. When you need major garbage pick-up please submit your request in writing and hand it in to the Band Office.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

**Classifieds**

**OPTOMETRY CLINIC**

Appointments Only: June 22<sup>nd</sup> - 24<sup>th</sup>

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

**DENTAL CLINIC**

Accepting new STATUS PATIENTS

Open Monday through Thursday  
8:30 a.m. - 5:30 p.m. Closed Fridays

**DENTAL WALK-IN PAIN CLINICS**

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

**MEDICAL CARDS**

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Lena Paul 604-796-2177

**BABIES ID CARDS**

Apply for a Medical Care Card as soon as possible. Contact Lena Paul 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

**AMBULANCE BILLS**

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Lena Paul 604-796-2177.

**ALCOHOLICS ANONYMOUS MEETING**

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.  
AA in BC website: [www.bcyukonaa.org](http://www.bcyukonaa.org)



## Are you a Seabird Island Band Member?




**Would you like to know what is happening within your community, infrastructure and land, information available for Band Members Only?**




**Contact Seabird Island Band Membership for your login. An email address and password will be provided to you. [membership@seabirdisland.ca](mailto:membership@seabirdisland.ca)**

# FEATURE: SEP - Summer Employment Program Job Postings

## Communications Administrative Assistant

12 weeks- Ends August 26, 2022

### Position Summary

Using naming conventions and metadata to make photo files search friendly. With photos dating back to 1862 this position will focus in the cataloging, naming, and downloading photos in the photo archive. Collaborating with the rest of the Communications team to process, tag, and catalog assets that improve searchability and support organizational needs and policy.

### Qualifications/Requirements

- Full Vaccination against COVID-19 is a precondition of new employment. A successful candidate offered employment at SIB will need to provide proof of full vaccination prior to commencing employment. Exemptions permitted as outlined in SIB COVID-19 vaccination policy
- Understanding of metadata, a huge asset
- Understanding of Seabirds history, people, and families an asset
- Detail oriented and organized
- Information management skills
- Proactive/selfstarter approach to identifying and achieving goals
- Working knowledge of image processing software and Adobe Creative Suite an asset
- Proficient computer skills including Microsoft Office (Word, Excel, and Outlook)
- Excellent verbal and written communication skills
- Ability to adhere to Oath of Confidentiality and Seabird Island Band Policies and Procedures
- Knowledge, respect and understanding of Stó:lō culture, traditions and language is considered an asset
- Experience working with First Nations community is considered an asset
- Valid BC Driver's License, Class 5
- Satisfactory Criminal Record Check

### Primary Responsibilities

- Responsible for the organization, accessibility and preservation of the Seabird photo archive
- Download, scan and catalogue photos adding metadata to each photo
- Go through the entire photo archive and add metadata to the thousands of photos
- Add meta data to documents to be uploaded to the Seabird website
- Determine methods to improve search and discovery across all library resources
- Identify, sort, and remove duplicate photos from our system.

- Other duties or responsibilities as assigned by your supervisor, Manager, Director, or the CAO

### Core Competencies

- Client Focus
- Initiative
- Team Work
- Valuing Cultural Diversity
- Work Ethic and Values

## Post Secondary ECE Assistant

12 weeks - Ends August 26, 2022

### Position Summary:

The Early Childhood Education Assistant will assist in providing hands-on child care to children in Seabird Island Band's early childhood education programs, in accordance with all child care licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management. Possible programs include Seabird Island Daycare and Summer Programs.

### Qualifications/Requirements:

- Full Vaccination against COVID-19 is a precondition of new employment. A successful candidate offered employment at Seabird Island Band will need to provide proof of full vaccination prior to commencing employment. Exemptions are permitted under applicable SIB COVID-19 vaccine policy.
- Early Childhood Education HDEC completion, or Aboriginal Responsible Adult certification or direct professional experience working with children
- Must be over 19 years of age
- Experience working with children in an Early Childhood Education environment
- Immunizations tuberculosis testing
- First Aid and CPR
- Medical clearance to work with children
- Warm and personable
- Excellent oral and written communication skills
- Satisfactory completion of a Criminal Record Check
- Experience working with First Nations children would be an asset

### Primary Responsibilities: Child care:

- Participate in program planning
- Assist with meals and snacks, ensuring dietary needs are met.
- Participate in providing a safe (emotionally and physically), healthy environment
- Aid in the development of peer relationships, social behavior and supporting a child's resilience

### Records keeping and attendance:

- Assist in maintaining an attendance record.
- Assist in procedures for maintaining health records and for administering medication.
- Report all accidents, injuries and illness to the Supervisor, and record such incidents in the communication book.
- Report all cases of (suspected) child abuse and or neglect to the Supervisor and/or follow the policy for reporting.
- Assist in and participate in field trips.
- Contribute to the ongoing operation of the center.
- Attend and participate in regular staff meetings.

### Core Competencies:

- Client focus
- Initiative
- Teamwork
- Valuing cultural diversity
- Work ethic and values

## SEP Secondary Recreation Assistant

7 week - Ends August 26, 2022

### Position Summary:

The Seabird Island Band is excited to once again be providing summer recreation programs for local children and youth. The program will include a variety of activities targeted at enriching the lives of kids in a fun, active, and culturally sensitive manner. The SIB summer rec program is looking for high school students to serve as role models, and assist leaders and supervisors in the program.

Successful candidates can expect to have a summer packed full of fun activities including field trips, cultural learning, fun in nature, professional development, and making new friends.

### Qualifications/Requirements:

- Full Vaccination against COVID-19 is a precondition of new employment. A successful candidate offered employment at Seabird Island Band will need to provide proof of full vaccination prior to commencing employment. Exemptions are permitted under applicable SIB COVID-19 vaccine policy.
- Must be First Nations/Inuit, status/non status, reside on or off reserve, within SASET catchment area.
- Should be minimum 15 years of age and returning to school.
- Secondary students, must be registered full-time students during previous academic year and intend to return to full-time studies in the following academic year.
- Must have a valid Social Insurance number at the start of the program.

- All Service Canada personal information Forms (PIFS) and Client Consent Forms (CC's) must be submitted prior to commencement of the program.
- Experience in working with children and youth.
- Ability to work as a member of a team.
- Ability to relate and interact well with children and youth.
- Willing to work flexible hours
- Responsible adult training, or other 20 hours of child care related training is an asset (or must be willing to obtain)
- Must successfully pass a TB check
- Ability to balance competing priorities and work under pressure.
- Excellent verbal, written and listening skills
- Knowledge of the Stó:lō culture, traditions and language.

Participants must be a minimum of 15 years old and successfully complete a criminal records check.

### Primary Responsibilities:

- To supervise groups of children in a recreational setting or activity.
- To assist in keeping the community informed as to activities planned each week
- To attend regularly scheduled department meetings as requested.
- To submit bimonthly narrative report of activities.
- To be familiar with and adhere to the Seabird Island Band's Personnel Policies and Procedures and to sign and adhere to the Oath of Confidentiality.

### Professional Development:

- The Summer Student will receive First Aid training Level1 and Food Safe.

### Adjustments to Job Descriptions:

- Seabird retains the right to make necessary adjustments or amendments to job descriptions to meet current or expected business needs provided that the appropriate notice is provided. Seabird also retains the right to temporarily reassign employees to another program or department for projects or assignments at any time.

### Core Competencies:

- Client Focus
- Initiative
- Team Work
- Valuing Cultural Diversity
- Work Ethic and Values

**APPLY TODAY!**

<https://www.seabirdisland.ca/careers/>

**NOTE: As we are both a Federal Government Office and a Health Office, COVID-19 vaccinations are required by all staff and masks are still required in the buildings.**

## Education

### Director of Education

The Director of Education, shall provide leadership and management expertise, in accordance with Band policies. Specifically, the Director shall be responsible to the Executive Director/CAO for the efficient, effective and productive operation of the Seabird Island College, Elementary and High Schools, including oversight of the nominal role and education programs.

The Director is responsible for researching, requesting and securing funding for all educational programming, which will be of key importance to the Education Department and will be a high priority. The Director will also be responsible for the professional management of all staff and financial resources available to the Department.

### Education Assistant - on call

The Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of the children more rewarding.

EAs will assist teachers in student assessment and evaluation through observation, record keeping and data collection.

### Grade 4 Teacher Ending June 30, 2023

The start date of this position is August 30, 2021 and will end June 30, 2022. This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

### Education Manager

The Education Manager (EM) shall provide post-secondary and education leadership and management expertise, in accordance with Seabird Island Community School and Band policies. Specifically, the EM shall be responsible to the school principal for the efficient, effective and productive operation of the education programs of Seabird Island Band, with an emphasis on post-secondary and specifically Seabird College programs and bridging.

The EM will be responsible for post-secondary programs and options, in partnership with other post-secondary institutions and according to grant funding success. This position is expected to manage and oversee a variety of ongoing, annual and one-time projects and activities within the education portfolio at Seabird Island Band.

### Executive Assistant to Principal

Under the direction of the Community School Principal, the Executive Assistant shall provide administrative and executive secretarial duties within the SIB Community School. This position assists with all matters of an immediate, administrative and task oriented nature.

### Grade 5 Teacher Term ends June 30, 2023

*The start date of this position is August 29, 2022 and will end June 30, 2023.* This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures

### Driver - College

The College Driver is responsible for the safe transportation of students on the assigned route to and from school.

### Education Assistant - College Tutoring

In collaboration with 2 teachers and a youth staff, the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance student engagement and inspiration for learning. The successful Education Assistant will contribute to a safe, nurturing and dynamic after school tutoring program.

### Information Technology (IT) Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Information Technology or IT Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of computing, software use, troubleshooting, etc. The IT Teacher's daily tasks will depend mostly on the age and ability level of the students

### Halq'emeylem Teacher 2022-2023

The Halq'emeylem Language Teacher is responsible for teaching students (K-7) how to speak, write, and understand Seabird Islands' traditional language – Halq'emeylem.

### Student Mentor/ Counsellor

Seabird Island Community School is seeking to fill the position of Student Mentor and Counsellor for K-12 students. Essentially, your responsibility is to equip students with a variety of strategies for coping with life's challenges: help students establish their personal goals, guiding and helping children make action plans, motivate and inspire children, identify and provide resources, referrals and follow-ups and providing assistance in crisis situations.

### Special Education Teacher

The Special Education Teacher will work with students who have a wide range of learning, mental, emotional, physical, and learning disabilities. Special Ed. Assistants adapt general education lessons and teach various subjects, such as reading, writing, and math, to students with mild and moderate disabilities. They also teach basic skills, such as literacy and communication techniques, to students with severe disabilities.

Some Special Ed. Teachers will work with students who have physical and sensory disabilities, such as blindness and deafness, and with students who are wheelchair-bound. They may also work with those who have autism spectrum disorders and emotional disorders, such as anxiety and depression.

### Student Mentor/ Counsellor

Seabird Island Community School is seeking to fill the position of Student Mentor and Counsellor for K-12 students. Essentially, your responsibility is to equip students with a variety of strategies for coping with life's challenges: help students establish their personal goals, guiding and helping children make action plans, motivate and inspire children, identify and provide resources, referrals and follow-ups and providing assistance in crisis situations.

### Teacher On Call (TOC)

This position involves the provision of instruction to students of Seabird Island Community School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. Individual contracts will govern the specific teaching assignment and number of hours.

### Tutoring Teacher - College

Seabird Island Band is looking for a passionate and skilled educator for our afterschool tutoring program. If you are someone who understands the importance of a strong literacy and numeracy foundation that nurtures children's curiosity and inspires them for learning, then we want to hear from you.

### Teacher/Librarian

The Teacher/Librarian main focus is to supervise and manage the school library/ media center. Provide services and resources that allow students to develop skills in locating, evaluating, synthesizing, and using information to solve problems. Serve as teacher, materials expert, and curriculum adviser to ensure that teachers are provided with unit plans for "land based learning" particularly in Stó:lō territory and ensure that library/media center is involved in instructional programs of the school.

## Inter-Governmental Affairs

### 12 Week SEP Communications Administrative Assistant Ends Aug 26, 2022

Using naming conventions and metadata to make photo files search friendly. With photos dating back to 1862 this position will focus in the cataloging, naming, and downloading photos in the photo archive. Collaborating with the rest of the Communications team to process, tag, and catalog assets that improve searchability and support organizational needs and policy.

### Cultural Support Worker

The Cultural Support Worker will assist with the development and delivery of cultural and community projects and programs that integrate traditional teachings which balances the mental, emotional, spiritual and physical aspects of culture for Seabird Island Band. The Cultural Support Worker will work closely with the Sq'ep (Culture and Language) Committee, Community Services, Recreation, administration, and community.

### Executive Assistant to Director of Inter- Government Affairs

The Executive Assistant shall provide administrative and executive secretarial duties in support of the Government Affairs/Lands Department. This position assists with all matters of an immediate, administrative and task-oriented nature.

### Policy Writer

The Policy Writer will be responsible for the research, analysis of information and consulting with the executive team, stakeholders, internal staff, and technical experts in formulating recommendations on a wide range Policy Development.

The role is privy to sensitive, and private information and requires a high degree of integrity, accountability and confidentiality.

**NOTE: As we are both a Federal Government Office and a Health Office, Seabird Island Band is committed to the health and safety of its employees and Community Members. SIB has implemented measures to protect and prevent the spread of COVID-19. SIB is mandated under provincial health care standards that all employees provide proof of vaccination for COVID-19 unless otherwise deemed exempt under the Human Rights Code.**

## Recreation Worker

The Recreation Coordinator is responsible for creating and leading recreational activities for the community at large. Will work closely with the Events and Cultural worker in planning activities for the community. A portion of the position will be fitness and recreation activities for the community. The Recreation Coordinator will consult with staff and community members to determine their needs and interests and establish activities in response to those needs. This is a full-time position of 35 hours per week.

## Economic Development

### SqDC - Manager of Marketing & Sales (MMS)

The SqDC is looking for an experienced Manager of Marketing & Sales (MMS) to strengthen the sales and marketing of the businesses owned and operated by SqDC. The successful candidate will have a minimum of three (3) years of sales/marketing experience in a management role. This position reports directly to the Director of Operations.

### SqDC Business Intern

The Sqewqel Development Corporation Summer Intern program is a unique opportunity for a person (over the age of 19), who is enrolled full-time in a recognized university business degree program. They have the opportunity to learn new and practical business skills, and to become more aware of working within a First Nation business setting.

## Finance & Admin

### Accounts Payable Supervisor

We are looking for an organized accounts payable supervisor to provide strong leadership to our accounts payable department, and to ensure that the department runs smoothly. The accounts payable supervisor responsibilities include maintaining accurate records regarding payments to suppliers, processing payments from clients, and training staff members.

### Accounts Receivable Assistant

The Accounts Receivable Assistant provides technical services using clerical skills to assure the accurate and timely entry of revenues for Seabird Island Band programs. The position must maintain the confidentiality of all financial records.

### Financial Analyst

The Finance Analyst is part of the Finance and Administration Team and is primarily responsible for analyzing and interpreting the Financial and statistical data of Seabird Island Band. The position must maintain confidentiality of all records.

Coordinates the flow of information from Contracts and Agreements to the various departments within Seabird Island Band. This includes reporting on a timely basis adhering to company policies and procedures as well as contractual requirements and ensuring all deadlines are met within the established time frames.

## Health & Social Development

### Better At Home Support Worker - on call

The Better at Home Program is designed to provide support to community members who need additional assistance to continue to reside at home in the community. The Labourer plays a key role in the Better at Home Program, providing the leg work to support the clients. Labourer can expect to perform a very wide variety of tasks to support a wide variety of clients. Assigned responsibilities will include indoor and outdoor activities, including working in high and low temperatures, and inclement weather (rain, snow etc.). Successful Better at Home Labourer should prepare to work long physically demanding hours, will be required to provide their own clothing appropriate to the day's tasks and weather, and may be asked to provide their own personal safety equipment.

### Case Manager - Women's Home

The Case Manager will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management and within the specifications and regulations of the Community Care Facility Act.

The primary goal of the Case Manager is to support residents with a caring and supported environment in which to address addictions and substance use. Through a variety of programs, the Case Manager will ensure that residents can access health, healing and other services and programs, through programming in the home and through broader community services, to address the underlying causes of addiction and substance use and to make choices that are life sustaining and positive.

### Diabetes Nurse

The RN shall provide care, leadership, and expertise, in accordance with Band policies. Specifically, the Nurse is responsible for ensuring that timely health services are provided to all families that Seabird Island Health Programs serve. As with all positions within the Health Department, the RN will be expected to support the success of other Health programs. This may include supporting Home and Community Care and providing other Nursing services in general.

### Family Development Worker

*Multiple term contacts are available.* The Family Development Worker's primary goal is to support and connect families on their journey to wellness. Support and connection are provided to families who are experiencing mental health and child welfare challenges through one-on-one coaching, individual, family, and community education and awareness activities, and referral to other health and social services agencies.

### Home Support Worker

The role of the Health Care Aide is to support residents in general care duties, support in self care and medication management.

## Medical Office Assistant

The Medical Office Assistant will be responsible for providing front line support to employees and patients of the Medical Office. Support will be required primarily at mobile medical offices, but also at the Seabird Doctors Office.

### Recovery Home Support Worker

The role of the Recovery Support Worker is to support clients in residence struggling with substance use issues possible to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

### Registered Nurse

The RN shall provide care, leadership and expertise, in accordance with Band policies. Specifically the Nurse is responsible for ensuring that timely health services are provided to all families that Seabird Island Health Programs serve. As with all positions within the Health Department, the RN will be expected to support the success of other Health programs. This may include supporting Home and Community Care and providing other Nursing services in general.

### Sexual Violence Rapid Response Outreach Worker Term ends March 31, 2023

The SVPC Community Outreach is a central resource for education about sexual violence prevention and response as well as a central support for someone who have experienced or been impacted by sexual violence. The Community Outreach Worker works collaboratively with the SVPC Coordinator and other members of the Band to develop and deliver educational and awareness programming aimed at creating a consent culture. The Community Outreach and Student Support Worker provides guidance on accessing community resources and assists clients with safety planning and with navigating available policies, procedures, and services.

### Sexual Violence Rapid Response Project Coordinator Ends March 31, 2023

The Sexual Violence Project Coordinator is responsible for the strategic coordination of SIB overall sexual violence project initiatives (training, education, advocacy, and prevention). Plans, implements, and evaluates the SIB's sexual violence initiatives in collaboration with sexual assault programs and agencies. Manages the SIB's projects by coordinating community-based education to service providers and responders who work with First Nation survivors of sexual violence and identifies the project priorities regarding building broader community awareness about sexual violence. Works closely with SIB stakeholders to identify issues, priorities and develop strategies and community-based responses to sexual violence.

### Labour Pool

The spirit of the labour pool is to give community members a chance to gain work experience, be provided mentorship and to make some supplemental income.

## Licensed Practical Nurse

The LPN's will be responsible for providing routine care, observing patients' health, assisting doctors and registered nurses and communicating with patients and their families. This will also include improving the quality of life of the client community members by assisting them to make healthier lifestyle choices; promote client dignity, independence, comfort, mobility, personal appearance and safety; and to provide support to the Community Health Nurse (CHN) and/or Home and Community Care (HCC) nurse.

### Targeted Wage Subsidy - Recovery Home Support Worker

The role of the Recovery Support Worker is to support clients in residence struggling with substance use issues possible to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

## Early Childhood Education

### 12 week SEP Post Secondary ECE Recreation Assistant Ends August 26, 2022

The SIB summer rec program is looking for high school students to serve as role models, and assist leaders and supervisors in the program. The program will include a variety of activities targeted at enriching the lives of kids in a fun, active, and culturally sensitive manner.

### 7 week SEP Secondary Recreation Assistant Ends August 26, 2022

The SIB summer rec program is looking for high school students to serve as role models, and assist leaders and supervisors in the program. The program will include a variety of activities targeted at enriching the lives of kids in a fun, active, and culturally sensitive manner.

### Aboriginal Infant Development Practitioner System Navigator

The AIDP System navigator will provide information, advice, support, mentoring, cultural perspectives, and coordination of services to families during the process of obtaining a diagnosis. This position is to advocate for families who require cultural, and community supports while navigating the complex health care system and build family capacity and advocate for the individual family needs.

Share culturally responsive, developmentally appropriate tools and resources; and offer practical supports to help reduce stress for families and their children. Adhere to the policies and standards of Seabird Island Band.

### Early Childhood Educator

Under the direction of the Daycare Supervisor, the Educator will provide hands-on childcare to children in Seabird Island Band's early childhood education programs, in accordance with all childcare licensing requirements and the philosophies, policies and objectives established by Seabird Island Band Management.

# Seabird Job Postings cont.

View more detailed information about these and other opportunities or to apply for current opportunities: <https://www.seabirdisland.ca/careers/>

## Early Childhood Educator I/T (Infant/Toddler)

Under the direction of the Daycare Supervisor, the Infant/Toddler Educator will provide hands-on childcare to children in Seabird Island Band's early childhood education programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management.

## Preschool/OOSC/Summer Program Manager

The Supervisor of Preschool, Out Of School Care, and summer programs will assume responsibility for the day-to-day operations of all three of these programs. The Supervisor is responsible for program planning in cooperation with other program staff, working effectively with staff, families and children, connecting with the community and ensuring adherence with licensing requirements.

This position will have many responsibilities, including, being the lead teacher for the 3's preschool, supervising the 4's preschool, Out Of School Care (during school months) and Summer Program for the summer.

## Supported Child Development Support Worker

The Supported Child Development Program, the Support Worker is to provide front-line support to children with extra support needs to assist them to fully participate in a child care setting.

## Infrastructure

### Custodial Leadhand

The Custodial Lead hand oversees a team of custodial workers engaged in cleaning activities in buildings, facilities, offices and surrounding areas at various sites. The essential functions of the job include overseeing activities of custodial staff; and participates in developing, updating and evaluating work and/or safety standards, policies and procedures. The Lead hand will also be responsible for cleaning activities, as well as training staff on proper procedures and efficient processes.

### Custodial Worker - On Call

The Custodian is responsible for performing custodial duties, minor maintenance, and other miscellaneous duties in order to ensure that buildings and facilities are maintained in a healthy, safe and sanitary manner.

### Director of Community Infrastructure

The Director is required to oversee the infrastructure management and maintenance of SIB assets, including underground infrastructure, public service buildings, schools and other education buildings. The Director will develop capital management, maintenance, and development plans, allocate resources, create terms of reference for and manage contracts, create and manage department and project budgets, manage a team of staff and liaise with other SIB departments, external developers, contractors and utility companies.

## Fleet Coordinator

Reporting to the Director of Infrastructure, the Fleet Management coordinator performs a variety of duties to ensure that Seabird Island band's vehicles are maintained in a cost-effective manner.

Scheduling usage, staffing dispatch along with coordinating all licensing, inspection, and insurance requirements. Work within all departments and facilitating transportation's needs.

## Human Resources

### 12 week Summer Employment Program HR Administrative Assistant Ends August 26, 2022

The Human Resources Administrative Assistant is responsible for providing administrative support within the HR department. Focus will be on Job description development and Physical demand analysis creation per position at Seabird. The Administrative Assistant will be expected to provide administrative support to the HR program as a whole.

### Targeted Wage Subsidy - Safety Administrator

As a Safety Administrator, your role is responsible for providing administrative support to Safety Officer, Seabird Island's Joint Health and Safety Committee (JHSC). This will involve tasks that include data entry and organization, receiving and processing incident reports, taking meeting minutes and creating other safety documents in collaboration with the Health and Safety team. A strong candidate will have effective communication skills and attention to detail coupled with experience using Microsoft Excel, Outlook, and Word.

## Other

### Junior Biologist - Fisheries Advocate and Habitat lead

The junior biologist will provide technical capacity to manage food, social and ceremonial fisheries, habitat preservation and restoration, and lobbying the issue of rights and title where required with the agencies that need to hear the First Nations voice and stand. This will include traditional land use parameters and criteria adherence for development and aquatic habitat restoration.

The position will build important relationships with a range of internal, external and co-management partners across our region and with federal governing bodies. The work and leadership will be key to the renewal of the conservation, and protection strategies, and to ensure that the Band approach to fisheries is mutually informative, that biological, cultural, environmental and community perspectives are incorporated.

The position will include research, reporting, documenting, and liaising with staff and professional consultants, to meet deliverables like mitigation plans, community engagement and environmental sustainability.




Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. <https://www.seabirdisland.ca/careers/>

We regret that we will only respond to those applicants chosen for an interview.

Job postings are also available at the Band Office and the Employment Office. Please ensure you have received confirmation for your on-line submission. If you have not received confirmation, email: [humanresources@seabirdisland.ca](mailto:humanresources@seabirdisland.ca).

**We thank all applicants for their interest.**

# Seabird Island Optometry Clinic




**Date: June 22, 23 & 24, 2022**

**Time: 9 a.m. - 6 p.m.**

**For an appointment please contact Lena Paul at 604-798-3793.**

- Adults eligible once every 2 years
- 0-18 eligible once a year, 65+ eligible once a year
- Limited spots available



## Federal Indian Day School Class Action

**Claimants have until July 13, 2022 to submit a claim.**

*\*Once the July 13<sup>th</sup> deadline has passed – and if you were unable to submit a claim form over the 2.5 year claim period because of a unique extraordinary circumstance – then you may apply to seek a six month extension period to do so.*

The next (English) workshop will be on **May 4, 2022 at 7:30 PM (AT) / 6:30 PM (ET) / 5:30 PM (CDT) / 4:30 PM (MT) / 3:30 PM (PT)**. Anyone is welcome to join this webinar. All attendees are asked to register by this link <https://sites-gowlingwlg.vfuturevx.com/e/wm0hmnqwztneq/9b9851fd-68ee-4410-8d72-46dac1f6c486>. Your registration will provide you with a reminder email and the private link to our "Zoom" workshop. Please ensure to check your "spam" or junk email folders as the email containing the link may be filtered out of your main inbox.

The workshop is very similar to our community presentations. We will go page by page through the Claim Form to explain the process and its requirements. We encourage you to follow along with your copy of the Claim Form, which is available <https://sites-gowlingwlg.vfuturevx.com/e/4seg9gvjp1n0lug/9b9851fd-68ee-4410-8d72-46dac1f6c486>. Our legal team will be available to answer questions during the presentation.

We continue to assist Claimants on our toll-free number: 1 (844) 539-3815.

<http://indiandayschools.com/>

**OR**

**Contact Margarete de Groot or Haley Walker to help you fill the forms.**



THE UNIVERSITY OF BRITISH COLUMBIA  
School of Community and Regional Planning (SCARP)



Indigenous  
Values  
Initiative



# Indigenous Community Planning

## A Masters Concentration at UBC SCARP

*Designed and delivered in partnership with Musqueam Indian Band*

**Applications are open from November 01 - January 15!**

**For more information:**

- visit [scarp.ubc.ca/icp](http://scarp.ubc.ca/icp)
- contact [maggie.low@ubc.ca](mailto:maggie.low@ubc.ca)



**LEARN FROM INDIGENOUS PLANNING**

Train to break with the colonial legacy of planning and partner with Indigenous communities, with classroom and community learning, culminating in an 8-month practicum to support a community planning process aligned with Indigenous values, customs, and protocols.

**BUILDING PARTNERSHIPS**

The path to reconciliation starts with respecting Indigenous rights to plan their future according to their values. Communities with ICP-supported plans are clear on their priorities and can move forward with partners towards common ground.





# National Indigenous Peoples Day 2022 Writing and/or Art Contest

For All Indigenous Children and Youth in BC!

*"Your voice is the song of the river,  
a song we need to hear."*

In honor of National Indigenous Peoples Day, Xyólheméylh is asking all Indigenous Children and Youth in BC:  
"What Does Being Indigenous Mean to You?"

Express your thoughts in writing (maximum one page, single spaced) and/or in art.

There will be three categories of prizes in both the writing and art: 1) Ages 5 to 10; 2) Ages 11 to 14; 3) Ages 15 to 24.

Writing Prizes: 1st Place: \$150; 2nd Place: \$100; 3rd Place: \$50  
Art Prizes: 1st Place: \$150; 2nd Place: \$100; 3rd Place: \$50

Please submit entries by **June 8, 2022 at 4:30pm** to:  
**info@xyolhemeylh.bc.ca** with your name, age, telephone number and address. Winners will be chosen by a panel consisting of Xyólheméylh's Board of Directors and Elders Advisory Committee. We will post the winners in a media release, social media, in our newsletter and in our Annual Report. Have Fun!

Fraser Valley Aboriginal Children & Family Services Society

[www.fvacfss.ca](http://www.fvacfss.ca)