



the SEABIRD ISLAND

Sq'ewqel

# YOO HOO

*Because news isn't all bad or boring!*

[www.seabirdisland.ca](http://www.seabirdisland.ca)

Temkw'ó:lexw (Mid-October) 2019

**SEABIRD**  
**ISLAND**  
**BAND QUARTERLY**  
**OCTOBER 30<sup>TH</sup>**  
**5 p.m.**

**Main Boardroom, Seabird Island  
Band Office 604-796-6813 to  
pre-register/RSVP.**

**For childminding, please  
pre-register.**

**Dinner provided,  
please RSVP.**

*Door prizes will be drawn after the  
meeting.*

Reports will be available at the front desk on October 29<sup>th</sup>, for those who would like to obtain a copy prior to the meeting. Please feel free to pick-up during office hours.

As part of the agenda, Chief and Council will present highlights of their portfolio work and question and answer period will be conducted after all reports are completed.

Please stop by and enjoy a light meal and spend some time with your Chief and Council.



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*Disclaimer: During renovations,  
this newsletter is being produced on  
another machine and quality may be  
affected.*

## Dates to Remember

OCTOBER 2018						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- **October 25<sup>th</sup>**  
**SD78 Pro-D Day**
- **October 31<sup>st</sup>**  
**Halloween Party**



# SEABIRD ISLAND

## Quarterly Band Meeting

### Agenda

DATE: Wednesday, October 30, 2019 | LOCATION: Main Boardroom

- 5:00 – 5:05 p.m. Welcome – *Chief Clem Seymour*  
Prayer & Refreshments (light meal)
- 5:05 – 5:45 p.m. Auditors presentation
- 5:45 – 6:15 p.m. BC Hydro – EMF and Emergency Plan Presentation
- 6:15 – 6:45 p.m. AR&T Strategic Planning
- 6:45 – 7:45 p.m. *Portfolio Holders Reports. – all portfolios will report on key issues*

#### Chief Clem Seymour

##### Administration Department – (*Lead Paul Andrew, 2<sup>nd</sup>, Janice Parsey and 3<sup>rd</sup> Marcie Peters*)

- HR, IT and Finance

##### Culture, Language and Heritage Natural Resources - (*Lead Zack Joe and 2<sup>nd</sup> Linda Kay-Peters*)

- Forestry
- Gravel

##### Development Corporation – (*Lead Paul Andrew, 2<sup>nd</sup> Janice Parsey and 3<sup>rd</sup> Alexis Grace*)

##### Education – (*Lead Stacy McNeil, 2<sup>nd</sup> Linda Kay-Peters and 3<sup>rd</sup> Janice Parsey*)

- K-12
- Post-Secondary

##### Education – (*Lead Rod Peters and 2<sup>nd</sup> Alexis Grace*)

- College

##### Housing and Public Works – (*Lead Stacy McNeil, 2<sup>nd</sup> Rod Peters and 3<sup>rd</sup> Marcie Peters*)

- Operations and Maintenance
- Fire Department

##### Health and Early Childhood Development Program – (*Lead Linda Kay-Peters and 2<sup>nd</sup> Alexis Grace*)

- Recreation
- Employment
- Doctors/Nurses/Dentist
- Social Development

##### Health – (*Lead Marcie Peters and 2<sup>nd</sup> Zack Joe*)

- Early Childhood Development Program
- Child and Family Services

##### Justice – (*Lead Alexis Grace and 2<sup>nd</sup> Stacy McNeil*)

##### Lands and Government Affairs – (*Lead Janice Parsey and 2<sup>nd</sup> Stacy McNeil*)

##### Aboriginal Rights and Title & Fishing – (*Lead Paul Andrew, 2<sup>nd</sup> Zack Joe and 3<sup>rd</sup> Janice Parsey*)

Door Prize Draws

**8:00 p.m. Adjournment**

éy kw'as e' me lá:ts'ewtxwem

(It's good you come to visit/be here)

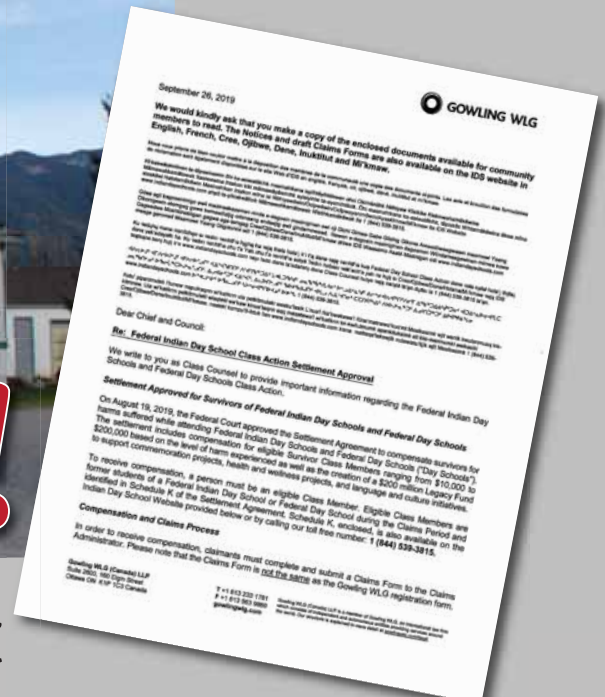
Child minding care available!!!

# Federal Indian Day School Class Action

# NOTICE!

## Read FULL Document

# www.seabirdisland.ca



## Federal Indian Day School Class Action Settlement Approval

Sept 16, 2019

Dear Chief and Council:

We write to you as Class Counsel to provide important information regarding the Federal Indian Day Schools and Federal Day Schools Class Action.

Settlement Approved for Survivors of Federal Indian Day Schools and Federal Day Schools

On August 19, 2019, the Federal Court approved the Settlement Agreement to compensate survivors for harms suffered while attending Federal Indian Day Schools and Federal Day Schools ("Day Schools"). The settlement includes compensation for eligible Survivor Class Members ranging from \$10,000 to \$200,000 based on the level of harm experienced as well as the creation of a \$200 million Legacy Fund to support commemoration projects, health and wellness projects, and language and culture initiatives.

To receive compensation, a person must be an eligible Class Member. Eligible Class Members are former students of a Federal Indian Day School or Federal Day School during the Claims Period and identified in Schedule K of the Settlement Agreement. Schedule K, enclosed, is also available on the Indian Day School Website provided below or by calling our toll free number: 1 (844) 539-3815.

### Compensation and Claims Process

In order to receive compensation, claimants must complete and submit a Claims Form to the Claims Administrator. Please note that the Claims Form is not the same as the Gowling WLG registration form.



# GOWLING WLG



# Healing Hands of Friendship

September 26, 2019 - Chilliwack Hospital

The unveiling of the Healing Hands of Friendship plaque acknowledging the territory in the area and bridging the gap between health care providers and community. The art serves as a reminder to reach out to each other and lend a helping hand at all times with love, honour, respect and compassion.

It was a beautiful day as the skies opened up just in time and the creator shined a spotlight down on the solemn, peaceful and inspiring ceremony. It reinforced how important it was for everybody to be there. This important work states a commitment to moving forward together to create a better and equal health care system for First Nations and all people alike.

Chief Robert Combes provided the welcome to the attendees and to the “family” of Keagan Combes. His powerful words set the stage for the day, “We should treat everybody like family, no matter what color skin we are. We are all family here today.”

## This ceremony had 3 parts to it:

1. To commemorate and remember Keagan Combes, who passed, way to young.
2. Acknowledging and explaining the significance of the pole outside the hospital.
3. A commitment from the hospital to do better.

Jim Sinclair spoke, “we are here to affirm our commitment to build the health care system and the society that is free of the



evils of racism. It is still one of the most deadly diseases that we have to deal with in our society. We are committed to this transformation and to changing the way we deliver health care. We are rewriting the accord between the Fraser Health Authority, the First Nations Health Authority and the Fraser Salish Regional Caucus. Its when as a family, we will join together to be successful.”

The hospital is creating new plans for employees to understand reconciliation, colonialism and racism. Working toward increasing First Nation representation and supports within the organization.

This ceremony is in partnership with the First Nation Health Authority to honour Keagan Combes, a young aboriginal person from Skwah First Nation who died September 26<sup>th</sup> 4 years ago. Keagan’s story helps shape the Cultural Safety and Humility Transformation under way. Working together to create a safe place free of racism.

The artwork and the plaques unveiled on this day represent the traditional territory and are meant to signify bridging the gaps between the hospital and the community. They recognized that work needs to be done to reconcile with the community and build cultural safety for aboriginal clients.



Dr. Evan Adams, from Tla’amin (Sliamman) Nation, has family ties in the area and spent a lot of time around here growing up. “The First Nations Health Authority is for us, by us and it is our role to be a good partner and help where we can. We have been reviewing what happened to Keagan over and over and over again, it was very painful. He was an important person and a vibrant young man, this should not have happened.” He went on to say, “We, First Nations people have a right to access the health care system and feel safe. We deserve quality care and we deserve respect in our services.”





### Simon Charlie Medicine Pole

The 25' Medicine Pole by Master Carver Simon Charlie (Hwunumetse') Duncan BC carved from a 1200 year old western red cedar, depicts the story of a medicine man calling on the sacred eagle to help remove spirit sickness.

The double headed serpent represents the illness the man carries. The serpent sits atop a set of blankets, given in recognition for the work done by the medicine man. Masked dancers below the blankets are called forward to drive out the dark spirits. The medicine man calls on the great spirit through the drummers and singers, asking the spirit of the sun to warm and heal the man.

“Our country has asked for reconciliation between First Nation people and settler Canadians. We must establish that trust not just ask for it or demand it.”

A declaration of Cultural Safety and Humility has been developed and signed, to change and to transform services so they are welcoming to us.

“I hope that there is some comfort in that he has changed us, all of us, to take better care and to bring only what's good in our hearts and in our work.”

Grand Chief Doug Kelly stated... “When we create the First Nations Health Authority and get it up and running, we are going to improve system were going to improve health care systems for our people. When we do that we are going to improve everyone else's health care too. Now its up to us!”

Another speaker stated “We need to learn to live together in a good way.”

Willie Charlie the MC of the event concluded the event with thank you's, acknowledgments and reminders. “Thank you to the speakers for leaving some powerful messages.

Affirming the commitment to remember Keegan. To make a commitment to working for better health care for all people. That we need to work together for that. That we cannot work in isolation, that we need to work in partnership to move forward.”

Following the event they moved to the long house for a meal, to solidify these commitments and partnerships. The drummers closed up with a song.

This was a proud day against racism and for better health care for everyone!

*Written by: Sandra Bobb*



**In Memoriam**

Keegan Combes, of Skwah First Nation, was a high school graduate, grade 10 pianist and chess champion who passed in September 2015.

*While he is gone – he will be remembered.*

Keegan brought together Stó:lō and Coast Salish leaders to transform the health system from a sickness model to a wellness model of care. In Keegan's memory, the Fraser Salish Health Caucus leadership will work with the Board and Senior Executive Team of Fraser Health Authority to transform the care provided to all. In his memory, we will work together to ensure that all peoples from all places and all races will be provided the highest quality of care that is respectful of all cultures and beliefs.

*Yeqwethet – Halq'eméylem, "to heal and straighten out"*

Today is a new day to witness the beginning of healing past traumas through Ceremony.

*Keegan Alexander Combes*





Photo Credit: Sandra Bobb

## Winter is Upon us! Winter tires are now required on most BC Highways

Drivers are reminded that every year beginning on Oct. 1<sup>st</sup>, people travelling on most provincial highways are required to equip their vehicles with appropriate winter tires. If they fail to do so, they may be subject to a fine.

“Winter is on its way and I urge people to make sure they use good winter tires, slow down when driving in winter conditions and plan ahead by checking DriveBC,” said Minister of Transportation and Infrastructure Claire Trevena. “Conditions can change quickly on B.C. highways, especially for drivers leaving the Lower Mainland for more mountainous terrain. We want everyone to drive safely and get home to their families this winter.”

In BC, regulations state that an appropriate winter tire is defined as

one with either the M+S or mountain/snowflake symbol and in good condition with a minimum tread depth of 3.5 millimetres. Drivers are encouraged to choose their tires based on the region and conditions in which they regularly drive.

Tires marked with a mountain/snowflake symbol on the sidewall offer the best traction on snow and ice and in cold weather. Tires marked with M+S (mud and snow) offer better traction than summer tires but are less effective than mountain/snowflake tires in severe winter conditions.

While winter tires are not mandatory provincewide, they are required on a majority of B.C. highways. Drivers without the proper winter tires in good condition driving on designated B.C. highways can receive a fine of \$109.

Rain, slush, snow, ice and cold temperatures are all part of winter driving. The improved traction offered by winter tires may be the difference between safely driving on winter roads

and being involved in a potentially serious motor vehicle incident.

Drivers are reminded to slow down, use caution and check DriveBC.ca to plan ahead when setting out during the winter months.

Winter tire regulations end on March 31<sup>st</sup> on many highways, however, the regulations have been extended to April 30<sup>th</sup>, on select mountain passes and rural highways, to account for early spring snowfall.

### Learn More:

For more information, including safe winter driving tips, go to: [www.shiftintowinter.ca](http://www.shiftintowinter.ca)

For a detailed map on which highways have had winter tire regulations extended to April 30, go to:

<https://www2.gov.bc.ca/gov/content/transportation/driving-and-cycling/traveller-information/seasonal/winter-driving/winter-tire-and-chain-up-routes?keyword=winter&keyword=tires>

# What is the history behind Halloween and why is it celebrated?

Whenever this time of the year came around I always had questions on Halloween. What is Halloween? How did Halloween start? What is the origin of Halloween? Where, when and how did Halloween start and in which country?



Many of the questions I had to do with; Why is it at night time? What is the purpose of the costumes? Why do people give out candy? So, I did a little research, this was one of the interesting things I have found, the history around it, the traditions and what they did around this time of the year for it.

## Here is some of the things I have found:

The origins and customs of Halloween are centered around Samhain. Samhain was a Celtic festival marking the end of the harvest season and the starting of winter. Summer and the harvest ended at this particular day. It marked the start of cold, dark winter, which was a period of the year every so often linked to death of human beings.

According to historians, this is why Celtic pagans, known by the name Druids, believed that the souls or spirits of those who had died the previous years returned during this time. The returning spirits who were either good or bad were thought to roam the villages and streets at the Samhain night.

This holiday was celebrated with huge sacred bonfires aimed to replace light

from the sun that was disappearing. The Druids danced around bonfires as a means to scare away the evil or the bad spirits. While dancing and around the fire they left their doors open. Why did they leave their doors open? It is believed that in doing so, the good or friendly souls of the loved ones were offered an opportunity to bond with them around their homes.

Other prominent activities that were observed in this celebration include wearing of costumes. The costumes the Celts wore characteristically consisted of animal skins and heads. Individuals made a point to tell off their fortunes to each other.

Animals were sacrificed while crops were burnt. If the souls were not entertained by the living, their next plan of action was to find a body to keep for the arriving year and it is specifically why dressing up like ghosts, witches and goblins was a common practice: it was a means to stay away from being possessed by the evil spirits.

Further, treats and gifts were left out to appease the bad spirits and to make sure the subsequent year's crops would be abundant. It is from this practice of leaving out treats and gifts that trick-or-treating was developed out of.

Later, 43 AD the Romans took over most of Celtic territory. What followed was an introduction of 2 Roman celebrations

1. The commemoration of the passing of the dead (Feralia)
2. Day to honor Pomona, the Roman

goddess of fruits and trees. The fruit that represented Pomona was the apple. The Celts are said to have incorporated the same fruit in the ritual named "bobbing for apples"

<https://durablehealth.net/halloween/what-is-the-origin-of-halloween-when-where-christianity-american-history/>

## Halloween Safety Tips for Kids

Halloween is a time of fun for kids and families to get out of the house but as parents we are always asking for the best Halloween safety tips for kids.

Let your kids have fun: There are plenty of times that as parents, we have to really enforce the rules. Of course, you need to keep an eye on your children and make sure they are safe, but Halloween is a fun celebration and for your kids to have a good time. This should be one night of the year where they really get to be kids, eat candy and get a little crazy.

- Desensitize your kids before Halloween night: For younger children who are easily scared or appear nervous about Halloween, desensitize them ahead of time. When you eliminate the unknown and any surprises, children always do better. Show them pictures of people dressed up. Take them to a Halloween store in the daylight and show them decorations, masks and costumes. Explain to them what happens on Halloween. Show them movies where people are trick-or-treating.





- Keep it age appropriate: Halloween can be a little overwhelming and scary for some kids. Remember that what doesn't bother your 13-year old may terrify your four-year old. It's best to keep things age appropriate and a great way to do that is to trick-or-treat with groups of friends based on age. As parents, you need to remind your older kids that they need to go easy when smaller children are around.
- Don't push kids who aren't into it: If your children don't have a desire to go out trick-or-treating on Halloween, let them be. Some kids just don't get into it and that's perfectly acceptable. Parents can encourage alternatives to trick-or-treating. Maybe your children prefer to stay home and handout candy. Maybe they want to have a small party or get-together of close friends. Perhaps they just want to stay in and watch TV. Gage your children's level of interest and go with what makes them happy.
- Know when to intervene: Sometimes children don't want to look scared in front of their friends for fear of being made fun of. Some kids will hold it in and push themselves to experience more than they can handle. This can lead to nightmares, increased stress and anxiety. If you notice your child is struggling or appears scared, know when to call it a night.
- Have fun but be safe: Halloween is all about having fun, but never forget basic safety. Don't ever enter someone's home no matter how nice they seem. Always trick-or-treat in groups. If you have younger children, parents should always chaperone. Never eat any candy that is opened or appears tampered with. It's dark so keep a flashlight, glowsticks and phone with you at all times.
- Talk it out: After the night is over and your kids are finished trick-or-treating, talk to them. How are they feeling? Are they scared, nervous or upset? Do a

quick emotional check before going to bed to make sure they are not shaken up or feeling disturbed in anyway. If something is bothering them, talk it out until they are feeling better.

- Fun without being disrespectful: Halloween is a time for your kids to have fun, but teach them to never be disrespectful or mock people with physical or mental health conditions, disabilities or other impairments. Stick to costumes and decorations around monsters, ghosts, pumpkins, spider webs and more.

<https://www.howtolearn.com/2018/10/best-halloween-safety-tips-for-kids>

## New Staff



Hello,

My name is Stephanie James. I am a Band and Community Member, I have a 7 year old boy. Recently started working with Seabirds Health Department, as a Family Development Worker. I grew up in Calgary, AB. When living over there I have always felt a strong connection to my family here on Seabird. I have a passion to encourage people to be their best selves. I recently graduated university with a diploma in the human services field and I look forward to walking alongside the Community Members in this beautiful place!

Hope to meet you soon.

*Stephanie James*

**VACCINATIONS ARE YOUR  
FIRST LINE OF DEFENSE  
AGAINST INFLUENZA.**

**FLU SHOTS  
NOW AVAILABLE**

**See your nurse or Seabird Pharmacy.**

# EMPLOYMENT & TRAINING PROGRAM

## Relocation

The Employment Services Program has a new location. Building #8 next to the Elders Room at the Seabird Island College. We are available Mon. – Fri. 8 a.m. – 12 p.m. and 1 – 4 p.m. *Closed for lunch daily.*

## Training/Education Funding



\*\* Those planning on taking training or an educational program this please see either Andrea or Whyles regarding funding options. \*\* Funding requests/ applications are for approved accredited educational programs.

Please call to set-up an appointment at 604-796-6865 to learn more.

## Monthly Action Plans

Monthly Action Plans are due the 15<sup>th</sup> of each month. Appointments can be made with Andrea or Whyles prior to Income Assistance Day to avoid waiting in line. College students are also reminded to bring in their monthly student attendance record to their appointment.

## Work Place Clothing Closet



New to our office is a workplace clothing closet. All articles of clothing are for adults suitable for interviews, work in both office and labour environments. Donations accepted.

*(Sorry, no children's clothing, toys and household items available)*

## Labour Pool

Labour Pool is accepting applications for casual/temporary employment. This program is in place to assist anyone in the community that would like to work on call for the Seabird Island Band. Must be 16 years+. Please stop by our office if you are interested.

## Driving School



The Seabird Driving School provides driving lessons. As well as, the use of the school vehicle for all class 7N and 5 road tests. Please call Hillary at 604-796-6865 to schedule an appointment with Jim or for more information.

## Self-Serve Options



We have computers and a printer available for anyone in the community that would like to job search, create resumes or research educational programs. We are happy to assist you and offer guidance if needed.

## Get your PAL Certification

### Possession and Acquisition Licence (PAL) Certification

Dates: Class A: October 22<sup>nd</sup> - 23<sup>rd</sup> OR Class B: October 29<sup>th</sup> - 30<sup>th</sup>

Where: Seabird Island Band Gym

Time: 5 p.m.

There will be two 4 hour evening sessions per course.

Need 2 pieces of ID to receive certification.

Cost is \$125 per person



Please contact Brenon McIntyre to register at 778-836-6949



# The "Christmas

## Updating Membership Information:

To ensure you receive your gifts please make sure your registered!

A membership contact registry will be compiled for the purpose of communicating with our Members.

Seabird Island is working to ensure that they have current and up to date contact information for all Members. All of this information will remain confidential and will only be seen by two staff members that will work together.

This process is even more important this year, with the upcoming Chief and Council Election in 2020.

Please update your contact info one of the following ways:

1. Email all updates to [membership@seabirdisland.ca](mailto:membership@seabirdisland.ca)
2. Send a letter to Seabird Island Band C/O Membership  
2895 Chowat Rd.  
PO Box 650, Agassiz BC V0M 1A2
3. Call 604-796-6877.

### NOTE:

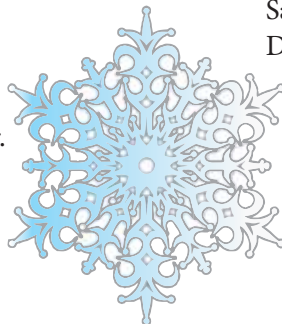
This does not apply to status cards, we cannot mail Status cards.

## Volunteers Needed For The Fall / Winter Season Events!

Decorating, preparation, event support and clean-up:

- Halloween Party - October 31
- Red Road, Red Carpet Red Dress, Fashion Show fund-raiser for Hampers - November 16
- Community Dinner - December 4
- Christmas Hampers
- and more

Contact Charlene at 604-796-6813 to volunteer.



## Annual Community Christmas Dinner

December 4<sup>th</sup>, 5:00 - 8:00 p.m.

Contact Charlene at 604-796-6813 to volunteer

5:00 p.m. - Dinner will be served. Tables will be called starting with the Elders table. A friendly reminder please be eco-friendly and bring your own plates, cups and utensils to the dinner.

5:30 p.m. - Tables will be drawn to see Santa for picture taking.

Tickets will be given to Children aged 0-12 to choose a toy.

Youth 13+ will receive a Wal-Mart gift card.

*\*Band Members Only!*

*Children will not be allowed to run/wander on their own!*

*All Band Members who did not attend, can pick-up their gifts/cards on Hamper Day.*

- **Elders Room:** Santa Pictures
- **Community Health Room:** 0-12 years Toy Selection
- **Main Boardroom:** 13 years+ Gift Card Distribution
- **Foyer:** Craft Tables will be set-up for those who have seen Santa and selected their toy

**Door Prizes** will be drawn for those who brought their own plates and utensils to the dinner, see registration for more information.

## Santa Photo's

December 4<sup>th</sup>, 5:30 - 8:00 p.m.

**NOTE:** Tables will be numbered and drawn to see Santa.

Santa photos will be available for pick-up at Hamper Days: December 17<sup>th</sup> and 18<sup>th</sup> from 10 a.m. - 5 p.m.

*We thank you all in advance for helping us make*

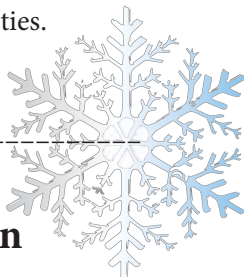


# Process" 2019

## Christmas Hamper Process:

All legal households "registered in Seabirds Legal (911) address system" on Seabird Island will receive one hamper per address.

This does not include private trailers on properties. See below.



## Christmas Hamper Registration Process:

Any other Band Members will require application forms submitted to be considered, which will be reviewed by the Hamper Committee. This includes:

- Seabird Band Members living off-reserve or,
- Seabird Band Members living in mobile homes on Seabird, that are not part of the legal (911) registered address system

**Deadline to apply for Christmas Hampers is December 4<sup>th</sup> 2019**

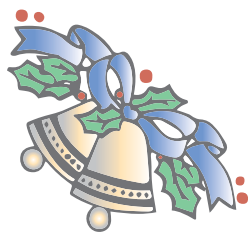
### PLEASE NOTE:

- Band Members living off-reserve and or in non-registered homes are not guaranteed a hamper, but will still receive the Gift Card below

## Gift Card Process:

Every Band Member will receive \$50.00 and Elders (65+) will receive \$75.00.

Off-Reserve Members wanting their Gift Card mailed (Canada Post strike will result in lengthy delays) please complete the consent form and hamper request.



## Hamper & Gift Card Pick-up Process:

**Christmas Hamper & Gift Card Pick-up Days December 17<sup>th</sup>-19<sup>th</sup>, from 9 a.m. - 6:00 p.m.**

Located at Seabird Island Band Gym 2895 Chowat Rd.

Elders (65+) will not be required to pick up their hamper, it will be delivered December 18 & 19

All on-reserve members and approved off-reserve members must pick-up their hamper.

If you are unable to pick-up, you must fill out a consent form to authorize a family member to pick up for you. **Hampers & Gift cards will not be released without a consent form!**

### PLEASE NOTE:

- Deadline to pick-up Hampers will be December 19<sup>th</sup> by 6:00 p.m.
- Deadline to pick-up Gift Cards will be January 15<sup>th</sup>, 2020.

*All remaining unclaimed gift cards will revert back to Seabird Island Band.*

## Santa Photo Pick-up

Santa photos will be handed out at two of the Christmas Hamper & Gift Card Pick-up Days: December 17<sup>th</sup> and 18<sup>th</sup> from 10 a.m. - 5 p.m.

*Those unable to pick up on these dates or times, can see the Communications team, following these events. They are located upstairs at the Band Office or call 604-796-6838 to make arrangements.*



*these events safe and memorable for your family.*



# Seabird Island Income Assistance

## BC Hydro & Fortis Bills

1

BC Hydro & Fortis bills are to be submitted by the 20<sup>th</sup> of each month.

Any disconnections will be your responsibility.

Call your utility company if you are not receiving your bills in the mail.

BC Hydro: 1-800-224-9376  
Fortis: 1-888-224-2710

2

Renewals & Job search are due on the 15<sup>th</sup> of each month.



## Stress Busters

A 6-week group series to support children who experience stress and anxiety in their lives.

Oct 25 - Nov 29, 2019  
at Seabird Island

### How to be part of the group

This group is for children ages 10-12. If you would like your child to be a part of this group or would like more information, please contact Katelyn Moon or Crystal Chapman on Seabird Island via email or phone.

#### Katelyn Moon:

Email: [Katelynm@seabirdisland.ca](mailto:Katelynm@seabirdisland.ca)  
Phone: 604-819-7897

#### Crystal Chapman:

Email: [cchapman@seabirdisland.ca](mailto:cchapman@seabirdisland.ca)  
Phone: 604-845-5034

### When and Where

This group will run for 6-weeks at Seabird Island Band Office every Friday after school from 3:15 - 5:15 p.m. from October 25, 2019 to November 29, 2019.

### Parent Sessions

A 3-hour parent session will be offered on October 18, 2019 and November 29, 2019 from 6-9 p.m. at Seabird Island.

### Facilitators

The groups will be co-facilitated in a partnership between Seabird Island's Child and Youth Initiatives Supervisor: Katelyn Moon, Recovery House Coordinator: Crystal Chapman and Maggie Theron, a Masters level practicum student from Child and Youth Mental Health Fraser Cascades.

## Looking for a tutor? We can help!

**Monday and Tuesday  
after school  
3:00 p.m. - 5:00 p.m.  
at 2821 Chowat Rd.**

Tired of struggling with your classes? Come join Amber and Courtney's Tutoring Program. We provide one-on-one learning for our students to help them succeed. Snacks will be available.

**Cindy Kelly: 604-796-6834  
or 604-997-3956**



## Halq'eméylem Up River Dialect Language Program

### WHEN

Every Thursday starting Oct 17<sup>th</sup>, 2019.  
5:30 p.m. - 8:30 p.m.



### WHERE

**Seabird Island Band  
Community Health Room  
2895 Chowat Road, Agassiz**

*Gas Cards available for  
transportation or carpooling  
from communities*

**Together we learn,  
Together we grow.**

### Free to all communities from

- Shxw'ow'hamel First Nation
- Peters First Nations
- Chawathil First Nation
- Popkum First Nation
- Skawahlook First Nation
- Cheam First Nation
- Seabird Island

Funding provided by First Peoples Cultural Council - Language Revitalization - In Partnership with UFV and SICS

For more information please contact: Leanne Ellis - [leannee@seabirdisland.ca](mailto:leannee@seabirdisland.ca) or phone 604-796-6939

## Indigenous Health Conference



Let's Fight Cancer Together

Keynote Speaker: Elder Roberta Price

Thursday, October 17<sup>th</sup>, 2019

Cheam Nation Gymnasium, 8:30 a.m. - 4:00 p.m.

FEATURING:

- Start your day with hot coffee & morning snack by Seabird's Nutrition Team
- Personal testimony
- Information & resources to support you and your loved one throughout cancer diagnosis, treatment and prognosis
- Healing through laughter with Improv Comedy Teams
- Lunch provided by Seabird's Culinary Class, Chef Phil Costello
- Support from your Community Members & Health Care Team

Contact your CHR or: [nadinem@seabirdisland.ca](mailto:nadinem@seabirdisland.ca) - Phone: 604-796-2177

# Morning Tea & Coffee

with Seabird Island Elders

STARTS  
October  
2<sup>nd</sup>  
Wednesday

Location:  
**Elders Lounge**

When:  
**Monday - Friday  
8:00 a.m.  
to 11:30 a.m.**

**Share, Listen, Learn, Respect.**



## SERVICE CANADA and CANADA REVENUE AGENCY

October 25<sup>th</sup> from 10:00 a.m. to 2:00 p.m.  
Band Office, Elders Lounge

Please come visit and get help with any of the following forms or applications:

### Service Canada:

- CPP Applications
- OAS Applications
- CPP Disability Applications
- IA Disability ending, as result of turning 65
- Any changes in dependents/income that could affect your current CPP/OAS/GIS, ***possibly increasing your monthly benefit?***

### Canada Revenue Agency:

- Need a Social Insurance Number
- Social Insurance Number, to be reissued
- Child Tax Benefit application
- Persons with Disabilities & Disability Tax Credit application



### For more information contact:

Margarette de Groot  
Elders Coordinator  
Ph: 604-845-7056  
Email: [elderscoord@seabirdisland.ca](mailto:elderscoord@seabirdisland.ca)



# Red Road Red Carpet Red Dress

Saturday, NOVEMBER 16<sup>th</sup>, 2019  
Seabird Island Band Gymnasium, 2895 Chowat Road, Agassiz, B.C.

5:00 p.m. Dinner with Special Guests

6:30 p.m. Fashion Show Featuring Lyn Kay Designs

7:30 p.m. Live Band- Gerald Charlie & the Black Owl Blues

**50/50 + Silent Auction**  
**Donations of Long Grain Rice or Spaghetti Sauce will be appreciated**

All proceeds to Seabird Island Christmas Hampers

Sponsored by Fraser Health

No-Mi-No-U ATHLETISURE

Wear RED in honour of the missing/murdered Indigenous women.

For more information contact: Charlene Point, Events Coordinator - [charlene@seabirdisland.ca](mailto:charlene@seabirdisland.ca)



## IT Teacher - Full Time

This position involves the provision of instruction to students of Seabird Island Community School/High School. Includes instruction, preparation, assessment, classroom management, professional development and school meetings. Community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Information Technology or IT Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of computing, software use, troubleshooting, etc. The IT Teacher's daily tasks will depend mostly on the age and ability level of the students. Younger classrooms will focus on keyboarding and understanding basic word processing and other typical office programs, as well as Internet basics. With older students, more advanced classes in software use, data processing, hardware and even web design.

The IT Teacher is often expected to solve minor technical problems that happen within their classrooms, so computer troubleshooting experience is important.

## Dental Hygienist On-Call

Perform basic dental care tasks, mostly focused on keeping patients' teeth and gums clean and giving instruction in proper dental hygiene. The Dental Hygienist will work under the supervision of licensed Dentist. They are not qualified to make the same kind of diagnostic decisions or perform the same procedures as Dentists. Unlike dental assistants, who work directly with dentists, hygienists often see patients on their own and direct their own tasks.

The goal of a Dental Hygienist is to provide the following services as a way to support and promote optimum oral health:

- Education
- Assessment
- Research
- Administrative
- Diagnostic
- Preventive
- Therapeutic

## Cook

To prepare, cook and serve food for school breakfast/lunch programs and special events organized and participated by Seabird School as instructed by the Principal/Vice Principal in accordance with current health, safety and hygiene legislation.

## Preschool/OOSC/Summer Program Supervisor

The Supervisor of Preschool, Out Of School Care and Summer Programs will assume responsibility for the day to day operations of the all three of these programs. The Supervisor is responsible for program planning in cooperation with other program staff, working effectively with staff, families and children, connecting with the community and ensuring adherence with licensing requirements. The Supervisor is responsible for providing leadership in keeping with the philosophy of the Early Learning and Child Care Program at Seabird Island.

This position will have many responsibilities, including, being the lead teacher for the 3's preschool, supervising the 4's preschool, Out Of School Care (during school months) and Summer Program for the summer.

The Early Childhood Department plans and implements many activities that help create awareness, understanding and respect of our culture. Speaking in the Halq'eméylem language is one of many cultural activities that happens at the Early Childhood Center of Excellence. A willingness to learn Halq'eméylem is essential.

## Head Start Coordinator - Cheam/Shxw'ow'hamel

Under the supervision of the Head Start Supervisor, the Head Start Coordinator assumes responsibility for the operation of the Head Start Programs in both Cheam and Shxw'ow'hamel. The Supervisor is responsible for program planning, implementation and evaluation of the program. They will be expected to work effectively with staff, families, children and connect with the community.

We promote/organize many activities that help create awareness, understanding and respect of our culture in the Early Childhood Department. Speaking in the Halq'eméylem language is one of many cultural activities that happens at the Head Start programs. A willingness to learn Halq'eméylem is essential.

## Custodian - On Call & Part Time

The Custodian is responsible for performing custodial duties, minor maintenance and other miscellaneous duties in order to ensure that buildings and facilities are maintained in a healthy, safe and sanitary manner.

## Community Wellness Justice Worker/Coordinator

The Community Wellness Coordinator/Justice Worker is responsible to the Seabird Community and its Membership in a number of ways. In the area of community wellness, this individual seeks to provide input and make recommendations to the Community Wellness Committee, on ways to improve the health and safety of the community. These recommendations are made by pulling from a vast network of resources.

In the area of justice this position supports the community by having very regular contact with a variety of legal supports and services, including local police, Corrections Canada, victim's services, parole services, lawyers and legal advisors. It is important to note that the Community Wellness Coordinator/Justice Worker, is not expected to provide legal advice, or to provide support based on the guilt or innocence of a group or individual. Supports should be given to all clients receiving services equally.

## Special Education Teacher

Under the supervision of school administration, the Special Education Teacher will work with Students who have a wide range of learning, mental, emotional, physical and learning disabilities. Special Ed. Assistant's adapt general education lessons and teach various subjects, such as reading, writing, and math, to students with mild and moderate disabilities. They also teach basic skills, such as literacy and communication techniques, to students with severe disabilities.

Some Special Ed. Teachers will work with students who have physical and sensory disabilities, such as blindness and deafness, and with students who are wheelchair-bound. They may also work with those who have autism spectrum disorders and emotional disorders, such as anxiety and depression.

Special Ed. Teachers help students with severe disabilities develop basic life skills, such as how to respond to questions and how to follow directions.

## Events Assistant

The Community Events (CE) Team plans and executes a wide variety of meetings, events, and programs at or for the Band. These events include the Seabird Island Festival, Christmas Dinner, Open House, Staff Pamper Day and many others. The team is also responsible for taking facility bookings for sports fields, gymnasiums and meeting rooms. As well as arranging caterers when needed. The CE Assistant will play a vital role in assisting the CE Coordinator in all aspects of their job.

## Speech & Language Pathologist

Provides a range of clinical services that focus on promoting communication, language & speech that contribute to a client/patient's overall cognitive, physical, social and emotional well-being. The Speech & Language Pathologist works closely with babies and children who have various levels of speech, language and communication problems. The successful candidate will provide assessments to children (0-6 years old) referred to the Ey Qwal Speech and Language Program.

## Early Childhood Education Cultural Worker

The Early Childhood Cultural Worker provides cultural programming, activities in all our Early Childhood Programs. To engage and teach our children, families and staff our language and cultural through age appropriate activities.

## College Recruitment Coordinator

The Indigenous Student Recruitment Coordinator is responsible for recruiting Indigenous and non-Indigenous students for prospective programs at Seabird College. The role works closely with Post-Secondary education and employment coordinators for First Nations Bands in the Fraser Valley and beyond. The bulk of work time will be spent in communities, raising awareness and acting as mobile information and registration support for potential students. This role will also coordinate marketing materials with the SIB Communications Program to develop flyers and utilize social media to disseminate program information and updates. The Indigenous Student Recruitment Coordinator plans, executes and assesses recruiting services at a variety of educational, community and professional settings.

*Job postings are also available at the Band Office and the Employment Office.*

*Please ensure you have received confirmation for your online submission. If you have not received confirmation, email: [humanresources@seabirdisland.ca](mailto:humanresources@seabirdisland.ca).*

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview.

We thank all applicants for their interest.



# Classifieds

**DEADLINES**

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

**AVAILABILITY**

Twice a month. The 15<sup>th</sup> of each month (or closest business day) and the last business day of each month. Apply for email distribution or pick-up at the red community newsletter boxes.

**CONTACT US**

Have an ad or story idea? Email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

**Advertising sales:**

Contact Communications: 604-796-2177 or email: comm@seabirdisland.ca

**Editing Team:** Sandra Bobb, Rose Giroux, Zorana Edwards-Shippentower, Kristy Johnson and Jason Forseth.

**AGREEMENT/LEGAL**

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of Seabird Island.

**Letters to the Editor** must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

**SEABIRD CHURCH**

**Mass:** Oct. 27<sup>th</sup> ~ 11 a.m. - 12 p.m.

**Study Groups:** Tuesdays at 7:00 p.m.

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

**LOVED ONE PASS AWAY?**

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact Amanda Peters 604-796-2177.

**FUNERAL PAMPHLETS**

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

**MEMBERSHIP STATUS CARDS**

Tuesday and Thursday: 8:30 a.m. - 4:00 p.m.

Appointments required. Serving Seabird Members only! Contact 604-796-2177

Remember to bring:  
- 2 pieces of photo Government ID  
- New Photo (see Communications, appointment required)

SIB has the right to refuse service.

**Status Card Photography**

Laminated style: \$10  
New style w/ authenticated photo \$15  
Monday to Friday: 8:30 a.m. - 3:30 p.m.  
Appointments required.

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

**WILDSAFE BC CONSERVATION**

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

**OPTOMETRY CLINIC**

**Book now for the next clinic dates:**  
TBA

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Amanda Peters 604-796-2177.

**DENTAL CLINIC**

Accepting new STATUS PATIENTS

Open Monday through Thursday 8:30 a.m. - 5:30 p.m. **Closed Fridays**

**DENTAL WALK-IN PAIN CLINICS**

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

**SIFD FIRE PRACTICE**

Tuesdays 7:00 - 9:00 p.m.  
Now recruiting new members.  
Contact the Fire Hall 604-796-2177.

**GARBAGE SCHEDULE**

**CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:**  
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

**MAJOR GARBAGE:** 1<sup>st</sup> Wednesday of each month, by request.

If you need a **bin dropped off** for your major cleaning please submit your request in writing, there is a long wait-list.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

**BABIES ID CARDS**

Apply for a Medical Care Card as soon as possible. Contact Amanda Peters 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

**MEDICAL CARDS**

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Amanda Peters 604-796-2177

**AMBULANCE BILLS**

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

**We can only provide assistance to those with a status number.**

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Amanda Peters 604-796-2177.

**ALCOHOLICS**

**ANONYMOUS MEETING**

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.  
AA in BC website: www.bcyukonaa.org

**NOTICE**

**NO SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS**

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

**Community safety is a Chief and Council priority. Please contact us if you have any concerns.**

**Community Well Wishes**

- Congradulation to this years College Graduates!
- Happy Halloween!
- Happy Birthday Soda Pop! - Love your Seq<sup>w</sup>yíts
- Happy Birthday Richard

Community Members could send well wishes to family, congradulations, get well and thank you.

Please submit to [comm@seabirdisland.ca](mailto:comm@seabirdisland.ca)

For Confidentially reasons first names or nicknames only, no dates included.





# Halloween Costume Party

**31<sup>st</sup> October, 2019**

**4:00 p.m. till 7:00 p.m.**

**Seabird Island Band Gymnasium**

- ✓ Family Friendly
- ✓ Fun, Fun, Fun!
- ✓ Games!
- ✓ Candy!



Volunteers needed contact: Charlene Point, Events Coordinator - [charlenep@seabirdisland.ca](mailto:charlenep@seabirdisland.ca)