

the **SEABIRD ISLAND**
Sq'ewqel
YOO HOO

Because news isn't all bad or boring!
Temkw'o:lexw ~ Dog Salmon Time (September) 2021



www.seabirdisland.ca



2021 Sq'ewqel Gathering

Back to School days by another name was just as sweet, if not more.

This year's event was hosted outside on the front field, in the Church Hall and in the Millennium Hall. It was a nice sunny day for everybody to enjoy. It featured Bouncy Castles, Carnival Games, Food Trucks, Spindle Whorl Dance Group, Guest Speaker Keith Carlson, Back to School Haircuts, Performances by Elvis Elite - Steve Elliott, Bannock, Covid Shots, school registration and much more.

The popular annual event on August 24th ran from 12 - 3 p.m. saw over 200 visitors with excited Youth running around getting ready for the new school year. There were also multiple door prizes drawn at the reception table.

There were many Seabird programs available at tents on site promoting services available to the community.

They supplied free goodies, samples and information to passers by.

The Harris' had a Bannock Food Truck available on site. Then there was also the Stó:lō Bannock Food Truck set-up in the Millennium Hall who offered burgers, chips and pop free with a ticket from the main registration table.

The Church Hall served as an Elders Lounge, providing opportunities to get out of the heat and have a refreshment.

By: Sandra Bobb



Spindle Whorl Dance Group

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Dates to Remember

Labour Day
Facilities Closed
statutory holiday.
September 6th

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Back to School September 7th

~

National Day for Truth and Reconciliation
Facilities Closed
NEW federal statutory holiday.
September 30th

~

Band Quarterly Meeting
October 20th

~

Mammograms
November 24th

SEABIRD HEALTH ORDERS

STEP 3 - AUGUST 25th, 2021

All sectors will transition to using:
Communicable Disease Prevention
Guidance from WorkSafeBC

PHO Guidance	Personal Gatherings	Organized Gatherings	Travel	Sports & Activities	Businesses	Office & Workplaces	Schools
<p>Increased social contact</p> <p>If you or anyone in your family feels sick stay home and get tested immediately</p>	<p>Return to normal for indoor and outdoor personal gatherings</p> <p>Sleepovers permitted</p>	<p>Indoor organized gatherings 50 people or 50% capacity, whichever is greater</p> <p>Outdoor organized gatherings 5,000 people or 50% capacity, whichever is greater</p> <p>No capacity limits or restrictions on religious gatherings and worship services</p> <p>Fairs, festivals and trade shows return to normal with a Communicable Disease Plan</p>	<p>Canada-wide recreational travel</p>	<p>The gym and fitness centre to remain closed and no indoor games or practices.</p> <p>Outdoor sports with local team games and practices for all ages - spectators permitted</p>	<p>Restaurants, bars and pubs</p> <p>No group limits for indoor & outdoor dining, events allowed</p> <p>Return to normal liquor service hours</p> <p>No socializing between tables</p> <p>Nightclubs</p> <p>Up to 10 people seated at tables, tables 2 m apart</p> <p>No dancing, no socializing between tables</p> <p>Casinos</p> <p>Reduced capacity</p> <p>Gaming stations can operate at approximately 50% capacity</p>	<p>Band Office and Administration will maintain its current Covid working environment</p>	<p>Masks are mandatory inside schools for all K to 12 staff and visitors.</p> <p>For students, masks are mandatory for grades 4 to 12.</p>
<p>Masks Mandatory</p> <p>Masks are mandatory in public indoor settings for all people aged 12 and older</p>							

Please contact Lands at lands@seabirdisland.ca if you would like a copy of the Covid 19 Emergency Protection Law.

The COVID-19 Delta Variant in BC: What You Need to Know

Unfortunately, because not everyone has been fully immunized/vaccinated (two shots), we're not as safe from the Covid virus – and its variants (new versions) – as we could be. The COVID-19 Delta variant is much easier to pass on to others than the Novel Coronavirus strain.

The Delta variant of Covid was responsible for 99 percent of infections in the Interior in the last week of July.

Because of the Delta variant, it's even more important for us to continue to take precautions to stay healthy and to prevent the spread of COVID-19.

Some ways that we can have safer social interactions include visiting outdoors or in smaller groups, keeping a distance from people we don't live with, and wearing masks. If we are gathering indoors, keep

windows and doors open to let fresh air circulate.

The great news is that those of us who have been fully vaccinated do have very strong protection against the Delta virus, with the risk of serious outcomes reduced by almost 100 percent, and that we are providing protection for everyone around us, including those who can't be vaccinated – for example, children under 12.

We should:

- 1) Encourage vaccination for anyone in our house or other close contacts over the age of 12 who have not yet been vaccinated.

- 2) Let them know that their vaccine is available at the convenient, free, drop-in vaccine clinics throughout BC. Ensuring them that it is safe and effective.
- 3) Continue to: wash hands frequently, practice physical distancing, wear a well-fitted and three-layer mask, and stay home when sick.

Finally, let's remember that together, we are stronger, and that love, family, community – and our intergenerational strength and resilience – will get us through this.

Reference: <http://fnha.createsend.com/t/ViewEmailArchive/i/BE6BB63E4A-90695B2540EF23F30FEDED/C67FD-2F38AC4859C/>

Back to School Tips for Kids, Youth and Adults

SLEEP

Back to school is a big adjustment, not only for the kids but for the parents as well. Be sure to get the kids to bed early enough so you have time to regroup as well.

Sleep Requirements:

1 - 3 years	12 - 14 hours
3 - 5 years	11 - 13 hours
5 - 10 years	10 - 11 hours
10 - 17 years	8.5 - 9.5 hours
Adults	7 - 9 hours

The best and easiest way to meet these sleep requirements is to:

- Schedule a regular bedtime, even as adults.
- Play time ends 1 hour before bed.
- Turn off devices (phones, laptops, games,...) one hour before bedtime.
- *eg. after 9 p.m. don't call my house.*
- Clean your sheets twice a week
- Clean your room, *a comfy clean room is easier to sleep in*

Common signs of not enough sleep:

- Having a hard time getting out of bed
- Mood changes
- Forgetfulness
- Trouble focusing on a task
- Bad Grades
- Clumsy
- Emotional
- Often Sick
- Impulsive
- Trouble making decisions

FOOD

Breakfast is the most important meal of the day. It allows you to focus, it starts your brain up for the day.

Grade 1 & 2 keep it easy, make your kids cereal or toast and jam for breakfast.

Grade 3 teach your kids to make their own toast or cereal. Still keep an eye on them to ensure they eat something.

Eat with your kids, when they see breakfast is important to you, they realize how important it is for them.

Make the lunches the night before, so you are not rushing around in the morning. Including the 4 basics: sandwich, fruit, cookie snack and a drink.

- **Grade 1** have your kids, help make their own lunches
- **Grade 3** kids can make their own lunches by themselves and present them to you every morning for inspection. (to ensure lunch is healthy)

• **Most important**, teach your kids how to clean up after themselves, when you leave with a clean house it is more inviting when you come home and easier for you to make them dinner.

• **Dinner**, have dinner around 5 or 6 p.m. - Family dinner is best; sharing stories about each others day is therapeutic for everybody and can be exciting.

• **STOP** eating 2 hours before bed. This helps you get a good nights sleep and aids in digestion.

SCHOOL BUS

- Arrive 5 minutes early
- Bus schedules can vary from day to day, depending on conditions.
- Wait 10 feet away from the road
- Wait until the bus has come to a complete stop, before walking closer!
- Dress for the weather.
- Look both ways and wait for it to be safe to cross the road.
- Remember it is hard for the bus to stop fast, **do not** go in front of it.
- When on the bus, remain seated until it comes to a complete stop.
- **VEHICLES** - NO passing bus', *especially* with flashing lights and stop signs out - watch for children on roadsides

Morning To Do List:

- DO NOT snooze the alarm clock, (*this button should be illegal- lol*)
- Get Dressed
- Eat Breakfast
- Tidy-up from Breakfast
- Teeth Brushed
- Hair combed
- Shoes & Jacket on
- Mask on
- Grab lunch & backpack

Evening To Do List:

- Complete homework
- Sign parent permission Slips
- Eat a healthy dinner
- Prepare tomorrows lunch
- Tidy-up after making lunch
- Pack the backpack
- Check that there is breakfast available
(*take bread out of the freezer...*)
- Lay out tomorrows outfit
- Set the alarm clock before bed



Proof of vaccination requirement

By order of the PHO, proof of vaccination will be required to access some events, services and businesses. Starting September 13, you must have at least one dose of a COVID-19 vaccine. By October 24, you must be fully vaccinated.

The requirement applies to all people born in 2009 or earlier (12+) and covers:

- Indoor ticketed concerts, theatre, dance, symphony and sporting events
- Indoor and outdoor dining at restaurants, pubs and bars
- Nightclubs and casinos
- Movie theatres
- Gyms, pools and recreation facilities
 - Does not include youth recreational sport
- Indoor high intensity group exercise
- Indoor organized gatherings like weddings, parties, conferences, meetings and workshops
- Indoor organized group recreational classes and activities like pottery and art
 - Does not include K to 12 school and before and after school programs
- Post-secondary on-campus student housing.
Note: Students must be partially vaccinated by September 7

Events, businesses and services will ask to see your proof of vaccination and valid government ID.

Proof of vaccination will **not** be needed to vote in-person in the September 20 federal election, or in-person at advance polling places.

The requirement is in place until January 31, 2022, subject to extension.

I haven't been vaccinated yet

If you haven't been vaccinated yet, you may find it difficult to access some events, services and businesses.

To find a drop in clinic near you visit:

<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/vaxforbc>

Coming soon: B.C.'s vaccine card

You'll be able to show your proof of vaccination easily using the B.C. vaccine card website.

The secure website will be available for September 13 and will provide confidential access to your proof of vaccination.

You'll be able to save your vaccine card to your smartphone and show it when accessing events, services and businesses. A secure paper option will also be available for September 13.

To access your B.C. vaccine card, you'll need to provide:

- Name
- Date of birth
- Personal Health Number (PHN)

To get ready for September 13, confirm your immunization records are correct

To view and confirm your immunization records, register for Health Gateway. Visit: <https://www2.gov.bc.ca/gov/content/health/managing-your-health/health-gateway>

I'm visiting from outside of B.C.

People visiting from outside of B.C. are also required to show proof of vaccination.

Canadian visitors

People from other Canadian provinces or territories must show:

- Provincially/territorially officially recognized vaccine record
- Valid government ID from the same province or territory

International visitors

International visitors must show:

- Proof of vaccination they used to enter Canada
- Passport

Read more at: <https://www2.gov.bc.ca/gov/content/covid-19/vaccine/proof>



Please remember, to respect each other. Staff asking for proof of vaccination, at these businesses, are just trying to keep their jobs. Taking it out on them will traumatize them and will not change anything.



First Nations Health Authority
Health through wellness

COVID-19 Vaccines and Your Baby

Is it safe to get a COVID-19 vaccination if I am pregnant?

Yes.

All available COVID-19 vaccines approved in Canada can be used during pregnancy and breastfeeding.*



Why should I get a COVID-19 vaccination?

Pregnant people are more likely to have severe COVID-19 symptoms than non-pregnant people.

Risk is higher if you are 35 years of age or older, or have a health condition such as asthma, diabetes, obesity or high blood pressure.

COVID-19 can increase your risk of premature birth.

Is it safe to breastfeed after I get a COVID-19 vaccination?

Yes.

Babies under one year of age may be at higher risk of severe illness if they catch COVID-19.

Breastfeeding protects babies when they are sick and when others around them are sick.**



Can I get COVID-19 from the vaccine?

No.

None of the available COVID-19 vaccines contain the virus. They carry instructions to your cells on how to fight the virus if it enters your body.



I'm still not sure. Can I get more information?

Getting vaccinated is always your choice. If you have questions about vaccines, ask your community health nurse or call **HealthLinkBC at 811** or the **First Nations Virtual Doctor of the Day at 1-855-344-3800**.



People in BC who are pregnant are eligible to receive COVID-19 vaccines as a priority population.

STEP 1: register for your vaccination at gov.bc.ca/getvaccinated

STEP 2: phone **1-833-838-2323** and let them know you are pregnant

*Society of Obstetricians and Gynecologists of Canada (SOGC) Statement on COVID-19 Vaccination in Canada, May 25, 2021
**BC Centre for Disease Control, Breastfeeding and COVID-19 Updated August 6, 2021

The land we came from: My people are my homeland

*I hate to think the place I played
in as a child might someday
become unrecognizable, but I
still give thanks.*



*The writer and her grandmother [Photo courtesy of
Terese Marie Mailhot]*

By Terese Marie Mailhot, 29 Aug 2021

In this series “The land we came from”, we asked writers to reflect on the environment they grew up in and how it has shaped their lives. Here, author Terese Marie Mailhot reflects on the land of Seabird Island Band in British Columbia and the people who make it home.

White people dug up the things my grandmother planted. I felt betrayed by my own family for letting it happen. How could they rent the land to those Yé xwelítem (white) farmers? But I love my people. My God – they are as much my homeland as the land itself. How could I fault them for exchanging the blueberry bush for groceries? An apple tree for meat? Our snowball tree, and the cedar – for rent? My mother did the same when I was young. I remember summers in a white man’s cow corn, running through the field with my brother, kicking stalks, feeling less like it was our land, and more like it was theirs. Even to a baby, like I was then, it seemed unfair that money can snatch up every sacred thing.

The land is like the women – as my auntie said. And I believe it. I also believe the land is like our children, forgiving and too good – asked to bear too much to survive. What we do to the ground comes back – what is done to our children will be avenged and the stories



Photos of the writer’s grandmother Marion Bobb, with her husband William Bobb (left) and cousin (centre) [Photo courtesy of Terese Marie Mailhot]

will be retrieved, each one. Everything buried, everything hidden, will be uncovered. White people took our children and buried babies without ceremony. And every few years there is a grave or mass of them found. I do not know what to make of our loss, but if it is easy for the Yé xwelítem, or even our own, to degrade a mountain or a child, what will happen to the Nlaka’pamux women who talk loud, the ones who play the slots and tell dirty jokes, the ones who say “keep six” at the bar, who need rides to the store, who post a selfie or two a day to say, “I’m still here, Motherf*****, come get me.” These women – as sublime as mountains, are never looked at right by some men in the camps, the ones making pipelines, or the ones living in the white town over, or our professors, our bosses, our mentors and bartenders ...

I mourned yesterday for my mother. I thought about how she had never been to a Native stylist, and that for her entire life she had never had a hairdresser touch her hair as if they liked it. I think of my mother’s horsehair when I brush my own down. It is why I am gentle with myself, and why I tell other Native women to be their own best friend, their own auntie and cousin, their own elder when they are too afraid to tell their people how someone treated them. Because we fight for our women, blood and tooth and nail.

I always say this story, but when I once felt uncertain about my anger and volition, my cousin or auntie said, “When our women are born, they receive a club and a bowl. One to provide, one to protect.” That is how it feels to be where I am from. If you are insecure, you have a 1,000-year-old story about your power, your community – your being.

As the white farmers deplete the land with pesticides and they run the dirt to nothing, we will have each other. We will have more than they can ever hold.



The writer’s mother Karen Joyce Bobb (Wahzinak) [Photo courtesy of Terese Marie Mailhot]

I have been gone a long time, getting my degree, becoming a creative writing professor: things a little useless to my people. But the last time I went back, I was welcomed and praised. That is my homeland too.

We have this teaching about humility because it’s elders’ and your mother’s and your cousins’ job to praise you. If

you are too boastful it means you have no people. “I love that girl! She just got her degree! Check her out,” my grandmother would say, if she was not lost to cancer. “Look at you living, girl!” my friend Candice would say, if she was not lost to cancer. “Keep your head,” Mom would say, if she did not die as I was just becoming. I boast about myself sometimes to perform the grief of losing them. The women who loved me most are mostly gone, and the land – it’s rented out.

I hate to think the place I played in as a child might someday become unrecognizable, but I will still put down an offering and give thanks, because somewhere beneath the foundation there must still be life, or something ancient still tied to my people, to my grandmother. My elders always say we have to let go of the pain. I try. I can try to revere a new development or the self-determination of my people, but I cannot revere it as much as when I was in the mint and willow that grew there. When I was a child, I thought those things sang to me.

“Everybody gets a song someday,” Mom said.

I thought mine was nearing, but there was always so much chaos inside the house, so many things weighing on us: the mold in the walls, the most recent infestation, the jobs that came and went – my mother would have spent her life on a mountain if there was no need for



Seabird Island, the writer’s homeland [Photo courtesy of Guyweeyo Mason]

formula, for us to go to school, to “do better”, which often meant whiter, and more removed from the land. Sometimes, I wonder how long she would have lived had she always had some cash. These lives of struggle in my family are not the exception, and that is what hurts me most.

The stories of my origin are so tied to things that have been violently uprooted. In a good mood, Mom would tell me one about how I would get off the school bus and go straight to the strawberry patch, beneath a crab apple tree. I was a little girl in the sun when I considered the life cycle of a strawberry. It begins with a crown – like we get clubs and bowls. My children might never know this kind of day or their homeland. I pulled them away to a “better life”.

The greengage tree, the raspberry bushes, the grapevines near the sweat lodge my mother built – the wild dogs that ran through the 40 acres (16 hectares) of my home are gone and culled. And still, when I go back home, I will not be mourning as much as laughing, because my sister is still there, my nieces, the auntie cousins with big laughs and righteous anger – those women are still there, and that is enough to celebrate.



We might not have the land the way my grandmother intended: a utopia beyond colonization, but we have laughter – we have our jokes and stories. We will have appetizers on the gentrified land that used to be Indian, we will have cocktails. We will go to the mountains the day after and remember the women ceremonies we once attended, and touch old trees our mothers prayed to, and we will tear up, and as sure as I know our women, someone will make a joke or offend. And the reason why I love, the reason why I understand the world, and know the women of my homeland – is because, for us, we all dream about the land, about becoming flush with cash so we can build a good home, and be back to the place of our grandmothers, where we can plant trees like hope – where our babies can dream about strawberry crowns in the light.

SOURCE: AL JAZEERA
https://www.aljazeera.com/features/2021/8/29/the-land-we-came-from-my-people-are-my-homeland?fbclid=IwAR0vEXjVTRILcCMZ2r6GtenNMgiAmNfAcCqPLP-wHMqQIvkvKNJ_q2xbF1M4



On the left, the writer’s grandmother Marion Bobb (middle) at St George’s residential school in Canada; on the right: Marion Bobb with her husband and children [Photo courtesy of Terese Marie Mailhot]

Community Events Calendar – Temkwò:la

(S) Sxexlhat	(M) Yila:welhát	(T) Sthémelts	(W) Silhí
		   	
5	6	7	
	<p style="color: blue; margin: 0;">Facilities Closed - Stat Holiday</p> <p style="color: red; margin: 0;">Labour Day</p>	   	<ul style="list-style-type: none"> • Back to School • Per & Post Natal - Virtu • Meals on Wheels 5 - 6 p
12	13	14	
<ul style="list-style-type: none"> • Grandparents Day 	 <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	   	<ul style="list-style-type: none"> • IA Renewals Due • Utility Bills Due • Meals on Wheels 5 - 6 p
19	20	21	
	 <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	   	<ul style="list-style-type: none"> • Chief & Council • College Opens -Orienta • Meals on Wheels 5 - 6 p
26	27	28	
	 <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	   	<ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p • Income Assistance Day

exw ~ Dog Salmon Time (September) 2021

1: xws	(T) Sxeó:thels	(F) Sheqá'tses	(S) T'óqw'tem
1	2	3	4
8	9	10	11
15	16	17	18
22	23	24	25
29	30	<p> Doctor's Office is by appointment only. Please call ahead for an appointment.</p> <p> Dental Office is urgent/emergency appointment only. Please call ahead.</p> <p> Fire practice is canceled until future notice.</p> <p> Garbage day, has not changed unless notified (2 bags per house hold please).</p> <p> Recycle day, No longer accepting blue bags. Use blue bins please.</p>	

• Prenatal Circle 1-3 p.m.

Facilities Closed
 - **NEW federal statutory holiday.**
National Day for Truth and Reconciliation
 "We remember our children"
Orange Shirt Day

Seniors discounts: many don't know of, some for those 50+

There are more discounts out there than advertised, for Seniors. Ask everywhere if there is a Seniors discount, because sometimes its a secret they don't advertise. Most start at 60, 62 or 65+ but some start as low as 50+. Good rule of thumb, starting at the age of 50 ask about the Seniors Discount and what age it starts at. Proof of ID and age are required.

At restaurants, ask for the Seniors menu (smaller portions, smaller price)

Groceries:

- M&M Food Market 10%
- Bulk Barn 10% for 65+ every Wed.
- Safeway 10% for Airmiles holders on the First Tues. of the month and at some on the first Wed. of the month

Pharmacy Discounts:

- Rexall Pharma Plus 20% on Seniors day
- Shoppers Drug Mart, 65+ 20% on Seniors day (usually last Thurs. month)
- Lens Crafters 30% CAA Members
- Pearle Vision 30% BCAA Members

Retail Discounts:

- Home Hardware 20% on select days
- Value Village, 30% every Tues.
- Rona, 50+ 15% first Tues. of the month
- Pet Value 60+ 10% last Thurs. of the month
- Salvation Army 60+ 10%
- Walmart seniors discounts
- The Bay 60+ get 15% off on the first Tues. of the month
- Michaels Arts & Crafts 55+ receive 10% discount on regularly priced items
- Cloverdale Paints 25% off paints 15% off tools 60+
- Canadian Tire, 10% of the first Wed. of the month 65+
- Lordco 30% discount 65+

Food and Restaurants:

- McDonalds everyday discount for 60+ coffee & muffin
- A&W discounts for 60+
- KFC 55+ with valid ID get discounts at select outlets
- Tim Hortons discounts at select stores
- Subway 10% for 60+ at the managers discretion
- Taco Bell 65+ at select stores
- Denny's 55+ 15% Thurs. 2-10 p.m. at select locations
- Burger King 55+ free coffee
- IHOP 55+ special menu and free

birthday specials

- Greek Islands Seniors menu before 5 p.m.
- Mandarin Chinese Buffet 20% off buffet 65+
- Rickys All Day Grill 10% 65+
- Whitespot has a seniors menu

Travel Discounts:

- Best Western 55+ 10%
- Choice Hotels 60+ 10% off *when you book in advance*
- Sandman 55+ discounts
- Travel Lodge 50+ 10% discount
- Holiday Inn Express 62+ discounts
- Motel 6 10% for 60+
- Marriott 62+ 15% off
- CheapOAir Canada select discounts
- Via Rail 60+ 10% off
- Translink 65+
- BC Ferries 65+ Mon. - Thurs. 50% off or free on foot, (except on holidays)
- Vancouver Aquabus discounts
- Cruise Lines 55+ discounts

Amusement Discounts:

- Select Museums 65+
- Vancouver Art Gallery 65+ admission by donation first Tues. of each month
- Museum of Vancouver \$5 admission for 65+ on the first Tues. of each month
- PNE Seniors Day 65+ free gate pass
- Parks Canada 65+
- BC Parks 65+ Labour Day - June 14th discount camping rates (not during peak season)
- Cineplex discount tickets for 65+

Banking:

- Scotia Bank free basic account
- TD rebate up to 25% monthly checking fees for 60+
- RBC rebates for 65+
- CIBC has a 60+ Advantage program
- BMO discounts for 60+

Cell Phone Plans:

- Rogers, Senior Plans
- Telus, Senior Plans, \$75 discount (trade-in) towards online purchases of a refurbished smartphone.

NOTE: Depending on multiple factors, you may be eligible for up to \$144.60 of your Medicare Part B Premium to be covered. The savings can be added back to your Social Security benefits and therefore increase the monthly amount you normally get by up to \$144.60. For more information on how Medicare Advantage plans can add money back to your Social Security, visit <https://www.ritterim.com/blog/examining-the-medicare-part-b-premium-giveback/>

CARP Members - Membership \$20/year can save even more.

CAA Members - The Canadian Automobile Association

BCAA Members - BC Automobile Association. Save over \$1000 per year on insurance and hundreds of brands world wide. Plans range from \$6.67/month - \$12.08 / month

BC Seniors' Guide

The BC Governments website published a BC Seniors' Guide, it includes information on provincial and federal programs, with sections on benefits, health, lifestyle, housing, transportation, finances, safety and security, and other services. <https://www2.gov.bc.ca/gov/content/family-social-supports/seniors/about-seniorsbc/seniors-related-initiatives/bc-seniors-guide>

EXTERNAL JOB POSTING of the Month

View more detailed information about these and other opportunities or to apply for current opportunities:
<https://emploisfp-psjobs.cfp-psc.gc.ca/psrs-srfp/applicant/page1800?poster=1487608>

At Wales McLelland we are committed to recruiting and hiring local indigenous peoples onto our projects.

Do you have anyone interested in starting a career in construction?

You can find our current job listings on our website:

<https://jobs.jobvite.com/walesmclelland>

Accounts Payable Clerk

POSITION SUMMARY: The accounts payable clerk perform accounting and clerical tasks for the maintenance and processing of accounts payable transactions, ensuring invoices are paid on time and operates with company financial best practices.

Carpenter

This position is a vital part of the construction team which designs, constructs, repairs and maintains structures using various types of materials and is responsible for the full range of rough and finished skilled carpentry work.

Project Manager

Responsible for the overall construction of industrial projects assigned. This position provides administrative direction for the projects and is responsible for the overall project performance including, costs, schedule, safety, quality and project status.

Senior Project Manager

The Senior Project Manager will be responsible for the overall construction of industrial projects assigned and provides guidance to project staff and is responsible for the smooth functioning of day-to-day operations by influencing, developing and implementing agreed-upon project plans ensuring that projects are completed on time and within budget.

Site Safety Officer

The Site Safety Officer will be responsible for assisting the Site Superintendent with accurate compliance to OH&S legislation and providing support in promoting a culture of safety on WM work sites. You will also be responsible for assisting the Site Superintendent with compliance to the corporate 'Occupational Health and Safety Program'.

Site Superintendent

POSITION SUMMARY: The Site Superintendent is responsible for overseeing the construction activities that take place on WM worksites. You will be involved in the supervision of sub-trades, WM site workers and maintaining compliance with WM safety and quality standards

If you don't see a role that fits your profile, then apply with our General Application.

Lara Leganger
Human Resources
6211 Fraserwood Place
Richmond, BC, Canada V6W 1J2
lleganger@walesmclelland.com



Are you interested in working as a
PRIMARY WORKER/KIMISINAW?



**Primary Worker/
Kimisinaw CX-02**

Correctional Service Canada
Various work locations
CX-02 - Primary Worker/Kimisinaw
\$70,958 to \$89,068

Who can apply: Persons residing in Canada and Canadian citizens residing abroad.

Work environment: The Correctional Service of Canada is seeking interest from persons looking for an exciting and rewarding career as a Primary Worker/Kimisinaw.

Primary Workers/Kimisinaw have direct and daily contact with women offenders. They are essential to fulfilling the Correctional Service of Canada's (CSC) Mission of enhancing public safety by actively encouraging and assisting offenders to become law-abiding citizens, while exercising reasonable, safe, secure, and humane control. For further information on the department, work environment, careers at CSC and application process, please visit our website at Correctional Service of Canada at <http://www.csc-scc.gc.ca>.

The candidate must successfully complete the CSC Correctional Training Program (CTP) and the Women Centered Training program (WCT).*

<https://www.csc-scc.gc.ca/careers/003001-0002-en.shtm#10>

ESSENTIAL QUALIFICATIONS:

Education: A secondary school diploma, or a satisfactory score on the Public Service Commission (PSC) test approved as an alternative to a secondary school diploma; or successful completion of a provincially/territorially approved secondary school equivalency test.

Experience: No essential experience is required.

ASSET QUALIFICATIONS:

Education: Graduation from a recognized post-secondary institution with a degree or a diploma.

Experience:

- Recent and extensive experience in performing correctional operational duties in a Correctional Service of Canada institutional environment.
- Experience working in a correctional, policing, security, military, or emergency response environment.
- Experience working with people in a multi-cultural environment, including Indigenous communities or organizations.
- Experience working with vulnerable people in a work or volunteer environment (i.e. homeless, long-term care, people in conflict with the law).

For all current positions open to the public, visit the GC Jobs portal on www.jobs.gc.ca regularly.

Canada

Early Childhood Education

Early Childhood Education Assistant - Post Secondary Student - 1 year term

Under the direction of the ECD Director(or Delegate) , the Early Childhood Education Assistant will assist in providing hands-on child care to children in Seabird Island Band's early childhood education programs, in accordance with all child care licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management. Possible programs include Seabird Island Daycare, Summer programs, administrative duties, cooking/clean-up of meals.

Early Childhood Educator

Under the direction of the Daycare Supervisor, the Educator will provide hands-on childcare to children in Seabird Island Band's early childhood education programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management.

Headstart Coordinator

Reporting to the Headstart Manager, the Headstart Coordinator shall coordinate the Headstart Programs on Cheam and Skwah First Nations which includes the direct planning, organizing and implementation of the components of the Head Start mandate for children, families and community.

Preschool Teacher - Maternity Leave

The Preschool Teacher position plays an integral role in the cultural and social development of our preschool children. Under the direction of the ECD Director, Preschool Supervisor, the Preschool Teacher will help to guide children's behavior, ensure safety, assist children through their stages of development and prepare them for school.

Preschool/OOSC/Summer Program Manager

The Supervisor of Preschool, Out Of School Care and summer programs will assume responsibility for the day to day operations of the all three of these programs. The Supervisor is responsible for program planning in cooperation with other program staff, working effectively with staff, families and children, connecting with the community and ensuring adherence with licensing requirements. The Supervisor is responsible for providing leadership in keeping with the philosophy of the Early Learning and Child Care Program at Seabird Island.

This position will have many responsibilities, including, being the lead teacher for the 3's preschool, supervising the 4's preschool, Out Of School Care (during school months) and Summer Program for the summer.

The Early Childhood Department plans and implements many activities that help create awareness, understanding and respect of our culture. Speaking in the Halq'émeylēm language is one of many cultural activities that happens at the Early Childhood Centre of Excellence. A willingness to learn Halq'émeylēm is essential.

Early Childhood Educator I/T (Infant/Toddler)

Under the direction of the Daycare Supervisor, the Infant/Toddler Educator will provide hands-on childcare to children in Seabird Island Band's early childhood education programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management.

Economic Development

Director of Operations (DOO) - Sqéwqel Development Corporation

The SqDC is looking for an experienced Director of Operations (DOO) to organize and oversee the daily operations of our diverse business units. The successful candidate will demonstrate excellent senior leadership skills through ensuring that our business is well-coordinated and productive by managing procedures and coaching our people.

The primary responsibility for the role of DOO is to ensure excellence in the efficient running of the SqDC operations and individual business units while facilitating the organizational systems and procedures to maximize profit growth.

SqDC Business Support & Outreach Coordinator

SqDC Business Support & Outreach Coordinator will assist SqDC in the development and building strategic partnerships - (industry, government, universities and other). Work under pressure; Attention to detail; Tight deadlines and Supervise Interns, Co-op & Practicum Students and perform administrative tasks.

Education

Cultural Arts Teacher

The Cultural Arts teacher highlights and interweaves Stó:lō and First Nations culture, language and ways of knowing throughout course content to pass on to students essential knowledge about cedar work, Salish weaving, beading, blankets, mask making and various North West Coast forms of art.

Teacher On Call (TOC)

This position involves the provision of instruction to students of Seabird Island Community School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. Individual contracts will govern the specific teaching assignment and number of hours. The Salary is inclusive of all teaching duties as detailed below.

Cultural Arts Teacher

The Cultural Arts teacher highlights and interweaves Stó:lō and First Nations culture, language and ways of knowing throughout course content to pass on to students essential knowledge about cedar work, Salish weaving, beading, blankets, mask making and various North West Coast forms of art.

Cultural Support Worker

This position assists and supports all aspects of the cultural life of the school including sharing cultural knowledge, drumming, singing, and dancing. This position is also responsible for guiding and engaging families, children, youth, and community members in culture activities in a supportive and ethical manner. The Cultural Support Worker provides opportunities to share knowledge of Stó:lō culture, traditions, history, and protocols.

Information Technology (IT) Teacher

Information Technology or IT Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of computing, software use, troubleshooting, etc. The IT Teacher's daily tasks will depend mostly on the age and ability level of the students. Younger classrooms will focus on keyboarding and understanding basic word processing and other typical office programs, as well as Internet basics. With older students, more advanced classes in software use, data processing, hardware, and even web design.

School Bus Driver - On Call

The School Bus Driver is responsible for the safe transportation of students on the assigned route to and from school.

Special Education Teacher

Under the supervision of school administration, the Special Education Teacher will work with Students who have a wide range of learning, mental, emotional, physical and learning disabilities. Special Ed. Assistant's adapt general education lessons and teach various subjects, such as reading, writing, and math, to students with mild and moderate disabilities. They also teach basic skills, such as literacy and communication techniques, to students with severe disabilities.

Student Mentor/ Counsellor

Seabird Island Community School is seeking to fill a position of Student Mentor and Counsellor for K-12 students. Essentially, your responsibility is to equip students with a variety of strategies for coping with life's challenges: help students establish their personal goals, guiding and helping children make action plans, motivate and inspire children, identifying and providing resources, referrals and follow-ups and providing assistance in crisis situations.

Vice Principal - Administration

The Vice-Principal: Administration (VPAdmin) is responsible for the administration, leadership, supervision and operation of the administrative needs of Seabird Island Elementary and High Schools.

The VPAdmin must fulfill his/her responsibilities with high ethical and moral standards and serve as a positive role model for staff and students.

The VPAdmin must maintain daily contact with the Principal to report on accomplishments or discuss issues that may require additional administrative, policy or financial support.

Finance & Administration

Summer Program - Economic Development Associate - 14 week term

At this time, the Economic Development department is looking for a student who is interested in gaining valuable business and economic development experience by joining our team as an Economic Development Associate.

Summer Placement Program - Computer Technician II - Term ends March 31, 2022

The Computer Technician II (CTII) will provide fast and useful technical assistance on computer systems. You will answer queries on basic technical issues and offer advice to solve them. The technician will work under the direction of the Manager of IT and Communications. This is a funded position with funding until March 31, 2022

Government Affairs

Education Jurisdiction Ratification Coordinator - Term Ends March 31, 2022

This is a full time term position to March 31, 2022. Seabird Island Band is currently negotiating final language with Canada in the Canada – First Nation Education Jurisdiction Agreement and the Canada – First Nation Education Jurisdiction Funding Agreement. These agreements will establish First Nations Jurisdiction over Education and give law making authority to Seabird Island Band over the education system on Seabird Island Band land. The Canada – First Nation Education Jurisdiction Agreement and a First Nation Law-Making Protocol must be ratified or voted on by Seabird Island Band members in order for Seabird to sign the agreements and move into jurisdiction.

Lands Research & Administration Assistant - Post Secondary

The Lands Research and Administration Assistant will support the Lands program staff, including but not limited to everyday tasks like filing, record keeping, report preparation, scheduling, and data entry.

Fisheries Advocacy & Habitat Lead

The Fisheries Advocacy and Habitat Lead will provide technical capacity to manage food, social and ceremonial fisheries, habitat preservation and restoration, and lobbying the issue of rights and title where required and with the agencies that need to hear the First Nations voice and stand. This will include traditional land use parameters, and criteria adherence for development and aquatic habitat restoration.

The position will build important relationships with a range of internal, external and co-management partners across our region and with federal governing bodies. The position will include research, reporting, documenting, and liaising with staff and professional consultants, to meet deliverables like mitigation plans, community engagement, and environmental sustainability.

Strength of Claim and Tiyt Tribe History Research Project

Research Assistant, Level 1

A 3rd – 4th year student with historical research experience; researching, reviewing, analyzing, collecting, transcribing, and collecting relevant information. Working under supervision. Note taking of meetings, contributing information to a community profile and other task directed by supervisor.

Health & Social Development

Case Manager

The primary goal of the Case Manager is to support residents with a caring and supported environment in which to address addictions and substance use. Through a variety of programs, the Case Manager will ensure that residents can access health, healing and other services and programs, through programming in the home and through broader community services, to address the underlying causes of addiction and substance use, and to make choices that are life sustaining and positive.

Certified Dental Assistant

The Certified Dental Assistant will greet and prepare patients for dental exams and procedures. The Certified Dental Assistant will be trained to use a variety of dental equipment and they will assist the Dentist during dental and oral procedures and instruct patients on post-operative and general oral health care. The Certified Dental Assistant will also be responsible for maintaining dental equipment, sterilizing instruments and ensuring necessary items are stocked.

Counsellor

The Family Counsellor is responsible for providing counselling to families, youth, and children regarding addictions and family issues. Counselling will be provided in a culturally sensitive manner on a one-to-one basis, families, in groups, circles and couple's counselling. The counsellor must be able to work from a trauma informed perspective. The family counsellor will provide services to Bands in which the Seabird Island Band provides Health Services to and will involve travel to the communities. The Family Counsellor will educate the community through workshops to address issues identified. The Family Counsellor will facilitate daytime and evening education workshops. The Family Counsellor will make referrals for clients to residential treatment centres as required, and help facilitate at the Recovery home.

Cultural Coordinator

The Cultural Coordinator will assist with the development and delivery of community projects and programs that integrate Stó:lō traditional teachings and Seabird protocols. The Coordinator will work closely with the Sq'ep (Culture and Language) Committee, Elders' group, Seabird College Elders' Group, the Community School's Language and Cultural the Early Childhood Education Program, the Directors Team, and the Seabird Island Community Members to ensure that all Band programs and ventures remain culturally appropriate

Director of Health

The Health Director shall provide leadership and management expertise, in accordance with Band policies. The Health Director is responsible for leadership, development and implementation of strategic and operational projects(s) and efficient, effective and productive operation of the overall Health Department.

The Director is responsible for providing direction and supervision to programs like the Doctors Office, Dental Office, Community Health Services, Child and Family Services and Mental Health. The Director will ensure that all services provided meet the licensing needs and are consistent with Health Canada and similar organizations requirements.

Driving Instructor

The Driving Instructor is responsible for teaching students the rules of the road and the safe way to handle an automobile. This position will entail providing full service drivers training for students of varying ages and experiences who are looking to acquire their BC Driver's License or to acquire a higher class of license. Students will range in age from teenagers through to elders. Training will include practical sessions and should fully prepare the student for their knowledge and driven tests.

Family Development Worker

This is a one year term contract. The Family Development Worker's primary goal is to support and connect families on their journey to wellness. Support and connection are provided to families who are experiencing mental health and child welfare challenges through one-on-one coaching, individual, family, and community education and awareness activities, and referral to other health and social services agencies. This position provides service to families.

Health Administrative Assistant - on call

The Administration Assistant will assist in support to the managers and supervisors of all departments, including but not limited to everyday tasks like filing, record keeping, report preparation, scheduling, creating newsletters and data entry

Health Quality Officer term ends March 31, 2022

Under the direction and supervision of the Health Director, the Health Quality Officer is responsible for Developing Health and maintaining Health programs infrastructure including: professional practice support, Health Policies and procedures, and service standards which are required for effective programming. This officer will also ensure that the Health department has a quality assurance program that enables us to continue to achieve excellence in Health services.

Home Support Worker - on call

The role of the Health Care Aide is to support residents in general care duties, support in self care and medication management.

Labour Pool

The spirit of the labour pool is to give community members a chance to gain work experience, be provided mentorship and to make some supplemental income.

Nutritionist

The Nutritionist will be primarily responsible for creating, delivering, and implementing health initiatives across. Programs and initiatives will focus around improving the physical health of Community Members through increased physical activities and making healthy food choices. A focus for the education should include traditional teaching and education for traditional food, cooking/ preserving techniques, and healthy activities.

Pre-Employment Supports Program - Case Worker on call

The Case Worker is responsible for working with clients one-on-one and in small groups to assist them to overcome one or more barriers that are inhibiting their ability to gain employment. Clients will range from 19-24 and 25-49 years of age. The successful candidate will provide education, information and assistance to clients on all aspects of employment, education, training, and life career planning. The Case Worker takes a hands on approach to assisting their clients in exploring careers and finding employment including building relationships with potential employers

Recreation Coordinator

The Recreation Coordinator is responsible for creating and leading fitness and recreation activities for the community. The Recreation Coordinator will consult with staff and community members to determine their needs and interests and establish activities in response to those needs. The Recreation Coordinator will report to the Director of Community Development. This is a part-time position of 15 hours per week.

Youth Worker

The Youth Worker is directly responsible for engaging Seabird Island Band youths (age 10 – 19) in youth-led programming. The core of this work will be done through the drop-in program but may also include secondary programs such as gender specific groups, recreational activities groups and outreach programs. The philosophy of this work is to build the skills and capacities of the youth to be leaders in their programs, caring out the daily program activities, engaging with other youth in a meaningful way and caring for the physical space of the youth centre. The youth worker is a primary support, coach and advocate for the youths' needs and development. From a youth-centred practice the youth worker walks along side of the youth to continually co-develop programs and opportunities where youth will grow and thrive. Opportunities for youth include local and distant activities that are both large and small scale. The Youth Worker will also connect their clients with needed programs and services such as driver's education, health services, mentor-ships, and social supports.

Trauma Treatment Centre - Cook

The cook will be responsible for providing healthy, culturally appropriate meals and snacks to the clients of the Seabird Island Trauma Treatment Center. The cook prepares the menu for six week stay cohorts of ten clients, ensures ingredients are available, and cooks breakfast and lunch.

Trauma Treatment Centre - Trauma Counsellor

The Trauma Counselor is responsible for providing counseling to clients towards resolution of their trauma. Counselling will be provided in a culturally sensitive manner on a one-to-one basis, in groups, and using circles to help clients process trauma during their intensive short stay (six weeks) at the Trauma Centre. The Trauma Counselor will facilitate daytime and evening individual and group sessions, 3 days each week.

Infrastructure

Custodial Worker - On Call

The Custodian is responsible for performing custodial duties, minor maintenance and other miscellaneous duties in order to ensure that buildings and facilities are maintained in a healthy, safe and sanitary manner.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. **Interested candidates are invited to submit** a cover letter, resume and three references. <https://www.seabirdisland.ca/careers/>

We regret that we will only respond to those applicants chosen for an interview.

Job postings are also available at the Band Office and the Employment Office.

Please ensure you have received confirmation for your on-line submission.

If you have not received confirmation, email: humanresources@seabirdisland.ca.

We thank all applicants for their interest.

DEADLINES

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

AVAILABILITY

Once a month. The 1st of each month (or closest business day). Apply for email distribution or pick-up at the red community newsletter boxes.

CONTACT US

Have an ad or story idea? Email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

Advertising sales:

Contact Communications: 604-796-2177 or email: comm@seabirdisland.ca

Design, Layout, Formatting: Sandra Bobb

Proofing Team:

Sandra Bobb, Kristy Johnson, Zorana Edwards-Shippentower and Ciara Busby

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

NOTICE

NO SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority. Please contact us if you have any concerns.



Classifieds

SEABIRD CHURCH

Mass: Contact Deacon Jamie for information

Study Groups: Contact Deacon Jamie

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact **Amanda Peters** 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

MEMBERSHIP STATUS CARDS

Monday to Wednesday: 8:30 a.m. - 4:30 p.m.

Appointments required. Serving Seabird Members only! Contact 604-796-2177

Remember to bring:
- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

SIB has the right to refuse service.

Status Card Photography
Laminated style: \$10

New style w/ authenticated photo \$15
Monday to Friday: 8:30 a.m. - 3:00 p.m.
Appointments required.

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.
Now recruiting new members.
Contact the Fire Hall 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request. When you need major garbage pick-up please submit your request in writing and hand it in to the Band Office.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

OPTOMETRY CLINIC

Appointments Only: TBA

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday 8:30 a.m. - 5:30 p.m. **Closed Fridays**

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Amanda Peters 604-796-2177

BABIES ID CARDS

Apply for a Medical Care Card as soon as possible. Contact Amanda Peters 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Amanda Peters 604-796-2177.

ALCOHOLICS

ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org



Seabird Island Income Assistance

BC Hydro & Fortis Bills



BC Hydro & Fortis bills are to be submitted by the 15th of each month.

Any disconnections will be your responsibility.

Call your utility company if you are not receiving your bills in the mail.

BC Hydro: 1-800-224-9376
Fortis: 1-888-224-2710



Renewals & Job search are due on the 15th of each month.

Comic

WebDonuts.com



Temkw'olexw Dog Salmon Time

(September)

Virgo

August 23 - September 22

Key characteristics: You are organized and very observant. You have a natural eye for detail, and can be very analytical. You love to help people.

Flower: Morning Glory

Birthstone: Amazonite

Libra

September 23 - October 23

Key characteristics: Peace and love, roses perfectly compliment a Libra's passion for justice and strong sense of right and wrong.

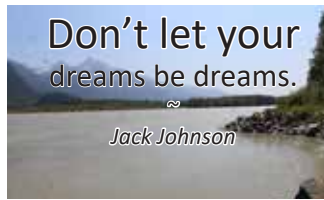
Flower: Rose

Birthstone: Azurite

Quotes of the Month:

"Education is the most powerful weapon which you can use to change the world."

~Nelson Mandela



"All our dreams can come true, if we have the courage to pursue them."

~Walt Disney

Halq'eméylem Word Search

X A W M U W M E W K T W X W T
 E R J P : S E W : V O P Y P L
 C H K T T R Q E J N Q F M L B
 U L G A E R L D F T B B M C L
 Q P Z B X E E Q S Q H Y K D I
 H E U H Q Z S Q P : C : W X I
 O X A Q K M H L J O M M L Q M
 M V S U B P T B U E A E B E H
 R T S E W S W E T E W M T W V
 T T T U S L X W E S : L E W S
 L V W V I : S : G R X U C Y B
 C E P Y I H N L D C D V M U D
 Y P S L O E J X E U S K : L S
 Y P D W R P V W R H O Q G W T
 G H R K U S V M U G K P U V E

Words

leaves - á:lxw
 leaves falling - xwesá:lews
 teach advise - íwest
 teach train - í:wes
 teacher - skú:l
 paper - pípe
 wind - spehá:ls
 cat - pú:s
 lazy - sú:met
 flame - xwótkwem
 eating - hélp'ex
 deep - t'lep
 coat - kópu
 sweater - swete
 baby - sqáqe
 heart - th'á:le
 house - lálém
 corn - kwól

Seabird Island Band

members.seabirdisland.ca

**COMING
SOON!**

Good standard of living for all

☎ 604-796-2177

☎ 1-800-788-0322

✉ membership@seabirdisland.ca



Seabird Island
Members

Home

C & C

Notices

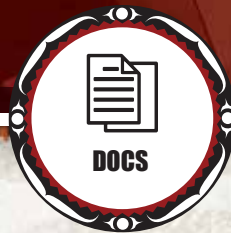
Docs

Careers

Logout



NOTICES



DOCS



VIDEOS



MEETINGS

Welcome to the members.seabirdisland.ca website. This website will inform, interact and communicate with Seabird Island Band Membership. We only accept registration from Seabird Island Band Members to grant access to this website. There is a process for registration to insure that access is only granted to Seabird Island Band Members.

If you are having difficulties with your registration please confirm your information with Seabird Island Band Membership. **Phone:** 604-796-2177 or **Email:** membership@seabirdisland.ca. Thank you for your patience.

We look forward to your interaction and hearing your comments on how to improve communication to Seabird Island Band Membership.



Follow Us on Seabird Facebook and watch for updates on when the Seabird Island Band Members Area website will be launched.

www.facebook.com/SeabirdIslandBand



www.seabirdisland.ca