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August 2012

Britco and Seabird Island Band Sign Jobs Agreement



LANGLEY, British Columbia (July 11, 2012) – Chief Clement Seymour of the Seabird Island Band and Britco President Mike Ridley signed a Jobs Training and Skills Development Partnership on the Band's traditional territory located in the Upper Fraser Valley, three kilometres northeast of Britco's flagship manufacturing facility in Agassiz.

Britco will assist individuals enrolled in Seabird College, Seabird Island Adult Programs and clients of Seabird Island Employment Centre complete job-training internships at Britco's Agassiz manufacturing facility. At the end of these programs, individuals will have acquired employable skills and valuable job experience in the construction industry.

"Our goal is to increase the employability and employment rate of people in our community. We are proud to work with Britco to provide high quality education and training opportunities for our members," said Chief Clement Seymour.

Seabird College and Seabird Island Adult Programs train and educate individuals in a variety of construction-related disciplines. The newly formed partnership will enable individuals enrolled in the programs to develop skills that will help them find and keep good jobs. Seabird will work with Britco to identify suitable applicants from the Seabird programs for work experience opportunities at Britco's Agassiz manufacturing facility.

"Britco is committed to strong community partnerships and to helping people of all ages interested in the construction trades turn ambition into achievement. Our Job Training and Skill Development Partnership with WIN! WIN! Win! Look for the Yoo Hoo Monthly Incentive Contest Inside!

ALL AGES SHOULD USE SUNBLOCK TO...

Prevent future wrinkles
Prevent skin cancer
Prevent burns

Re-apply every 1/2 hour for best results!

SUMMER IS HERE!

• Please remember to PLAY SAFE.

• Keep a close eye on your kids near water!

Wear life jackets out at the river.

With Fire Season following closely.

Be aware of your cigarette butts!

• Keep a hose close when having a cooking fire or fire pit going.

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Education Awards - June 27th



June 27th at 5 p.m. at the Seabird Island Band Office Gym, Seabird celebrated the Education Certificate-Awards Ceremony of 2012. 222 Seabird Island First Nation community member students were presented Education Awards. Including five grade-twelve graduates and forty post-secondary certificates. We are all very proud of the Seabird students and instructors from the Seabird Elementary School, High School, College and surrounding educational institutions. This is a grand accomplishment for our community.

Way to go everybody! Keep up the Great work!

It is the goal of Seabird Island Education to advance the education, graduation and success rates in our First Nation Communities. We are pleased with this year's education results and will continue to stride towards even greater results in the years to come.





Chainsaw Operators Certification

WAY TO Go! Great Work



FREE BBQ

Seabird Island Fire Department will be hosting a Free Barbecue

Thursday August 2, 2012 from 6-730.

Everyone is invited to come and check out the Fire Hall, Fire Trucks, equipment, and find out how you can be a member!

Congratulations to the Recipient 2012 **"Bertha Greta Peters" Memorial Award,** Tanisha Jack From Lorna Prette, Lyla Peters and Rod Peters

We would also like to thank and recognize Joanne Metz of Spectra Energy for the \$500.00 contribution.



Find us online! www.seabirdisland.ca



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Scan this QR Code with your smart phone and it will lead you to the **Seabird Newsletter on our Website**. This is an easier way than typing http://www.seabirdisland. ca/page/news-events into your smart phone.



Download an app for your smart phone by searching: QR Scanner Make your own QR code by searching : QR Code Generator

Status Card Up-dates

Updates on the Roll-Out of the new status card in BC Region:

- 1. SCIS (Security Certificate of Indian Status) Card is being processed in Alberta, Saskatchewan, Manitoba & the North West Territories.
- 2. The SCIS Roll-Out is currently planned to occur in BC Regions in late February or early March 2013.
- 4. The border crossing SCIS Card has been put on hold for the time being. As a result, only applications for the In-Canada SCIS Card will be accepted until further notice.
- Both CBSA (Canadian Border Service Agency) and U.S. Homeland Security have agreed to accept the current laminated CIS Card and all versions of the In-Canada SCIS Card pending the issuance of the border crossing version of the SCIS Card. Issues encountered using these cards to cross the border should be reported immediately to Carol Hope, IRA (Indian Registry Administrators) of the Seabird Island Band. She will then forward the complaint to BC region head office.
- 7. Training all of the BC IRA on the processing of applications for the In-Canada SCIS Card is being planned.
- 8. IRAs will be responsible for assisting applicants to complete their SCIS application forms, conducting the intake and verification of SCIS

applications and supporting documents (original birth certificates and acceptable ID), reviewing passport-style photos for compliance and forwarding application packages to Ottawa for processing. IRAs will also assist the department in communicating the features/benefits, of the new card to First Nations' individuals.

- 9. Applicants will be responsible for providing their own passport-style photos when applying for an In-Canada SCIS Card.
- 11. Upon completion of the SCIS training course and certification the IRAs, will no longer be able to issue the current paper laminated status cards. They will only be able to process applications for the In-Canada SCIS Card. IRAs will continue to issue the paper laminated cards until they have been trained and certified to process applications for the In-Canada SCIS card.
- 12. The current processing time for the In-Canada SCIS Card is twelve (12) weeks.
- 13. At this point, Ottawa has not developed a mail-in application process for the In-Canada SCIS card. It is hoped that eventually it will be possible to apply for an In-Canada SCIS Card through the mail.

Child out of Parental Home (COPH) or old GFA

This program has been discontinued... No new applications will be taken...

Those who have a current COPH have been grandparented and will continue with the agreement until the child is 19 years old, as long as they meet the ongoing COPH eligibility criteria. Grandparented COPH families will have to complete annual reviews each year using the new "Annual Review for Grandparented COPH form".

If you are needing help regarding any new COPH you are going to have to call the MCFD or local Aboriginal Child and Family Services Agency.

Contact Erna Paul for more information.

Yearly Home Maintenance:

- Monitor basement humidity and avoid relative humidity levels above 60%. Use a dehumidifier to maintain relative humidity below 60%
- Check basement pipes for condensation or dripping, and if necessary, take corrective action; for example, reduce humidity and/or insulate cold water pipes
- Check basement floor drain to ensure the trap contains water; refill with water if necessary
- If you have a plumbing fixture that is not used frequently, like a laundry tub or spare bathroom sink, tub or shower stall, run some water briefly to keep water in the trap
- Vacuum bathroom fan grille
- Disconnect the duct connected to your clothes dryer, and vacuum lint from duct, the areas surrounding your dryer, and your dryers vent hood outside. Don't forget to reconnect it when you are finished
- Deep clean carpet and rugs
- Check smooth functioning of all windows, lubricate as required
- Inspect window putty on outside of glass panes of older houses, and replace if needed
- Sand and touch up paint on windows and doors
- Lubricate door hinges, and tighten screws as needed
- Check for and replace damaged caulking and weather stripping around mechanical and electrical services, windows, doorways, including the doorway between the garage and house.
- Check security of all guardrails and handrails

Grass, grass, grass...

Please keep lawns mowed around your homes, and the homes of your families. Overgrown grass can cause a lot of problems: failed septic fields, large number of mosquitoes, increased rodents or pests, hides holes or debris in yard that people can get hurt on, damage siding of homes, is unsightly, breaches tenancy agreements and housing policies, is harder to cut. Reminder that any damages that occur as a result of tenant failure to maintain will be at the tenants cost!

Stacy McNeil

Community Services Program Manager Housing Administrator

1	28022011-026
2	07282011-2041
3	09212011-2045
4	10212011-2044

1 bedroom

5 11232011-2046 6 04172012-2047 7 06082012-2048

Don't know your
number?
Contact Stacy McNeil
to see where you sit
on the waitlist!
Note: If you have

outstanding debt to the band, you will NOT be placed into a rental unit, as per housing policy.

1	02222010-2019
2	09082010-2028
3	11172010-2030
4	02282011-2035
5	04142011-2036
6	07082011-2038
7	08052011-2041
8	09212011-2045
9	10202011-2046
10	11012011-2047
11	01042012-2048
12	01122012-2048B
13	03152012-2050
14	01142012-2049
15	04112012-2051
16	04172012-2047
17	04202012-2052

Housing Wait List - August 2012

2 bedroom



1	8142009-3019
2	11252009-3028
3	01012010-3030
4	04212010-3038
5	04212010-3039
6	16112010-3043
7	01032011-3048
8	21032011-3050
9	28032011-3051
10	12052011-3052
11	08282011-3054
12	10202011-2046
13	31102011-3055
14	11012011-2047
15	15112011-2056
16	01032012-3057
17	01042012-3058
18	01052012-3059
19	01032012-3060
20	01062012-3061
21	01242012-3062
22	03302012-3062
23	04022012-3063
24	05072012-3065
25	05072012-3066
26	05072012-3067
27	05312012-3068
28	06142012-3069

Maintenance Schedule for tenants

August:

- Deep cleaning carpets and rugs
- Check smooth functioning of all windows and lubricate as required
- Inspect window putty on outside of glass panes of older houses, and replace if needed
- Sand and touch up paint on windows and doors

- Lubricate door hinges and tighten screws as needed
- Check for and replace damaged caulking and weather stripping around mechanical and electrical services, windows and doorways, including

the doorway between the garage and house.

- Check security of all guardrails and handrails

3 bedroom

Fire & Fireworks

Category 2 open fire and fireworks prohibition in effect July 20, 2012 - September 15, 2012

- No burning of waste, slash or other material
- No burning of stubble or grass
- No use of fireworks or burning barrels

CAMPFIRES are ok at max half-metre high and half metre wide or smaller.

FINES are \$345.⁰⁰, or if convicted in court, up to \$100,000.⁰⁰ and 1 year in jail. If it contributes to a forest fire, \$10,000.⁰⁰ fire and pay all the costs associated with fire fighting and associated costs.



Fortis BC First Nations Tax Exemption

When applying for FortisBC gas and/or electric services. The First Nation Tax Exemption is available to everyone with Native Status who has their gas and / or electric services delivered to an Indian Reserve. FortisBC can not initiate the tax exemption for new customers without having the required customer information. Members who feel they are eligible for the tax exemption must provide their status number when making the application for service.

All eligible community members should review their records to verify that the proper exemption is being applied to their accounts. If you are being charges tax for service being delivered to a property on an Indian Reserve you can request a refund by applying directly to the Canada Revenue Agency (CRA) by submitting form GST189. The form can be obtained via the CRA website at <u>http:/</u> www.craarc.bc.ca/E/pbg/gf/gst189/README.html

Members who feel they currently are being billed incorrectly can contact us at 1-888-227-2710 to adjust the exemption for future billing.

More tax information can be located at <u>http://www.cra-arc.gc.ca/brgnls/stts-eng.</u> <u>html#heading16</u>

Sincerely, FortisBC Inc.

Housing Department Announcement

Seabird Housing Department will be building four new homes toward the fall. We aim to have them completed by the summer of 2013.

A housing selection committee has met and decided on the wait-listed applicants who will be able to obtain these four rent-to-own units. They will be notified via written letter.



Seabird Island Band Want free Free Legal Clinic legal advice? Then call Genna at the Seabird Island Band office to make an appointment. with: Bill Andrew If you need help with *Child Protection *need help getting a lawyer *Custody or other family matter Please drop in and visit Genna or call her at 604-796-2177 or Toll free @ Upcoming clinic dates 1-800-788-0322 Aug 9, 2012 Thursday 9am - noon Aug 23,2012 Thursday 1:30- 5:00 Sept 6, 2012 1:30 - 5:00 Sept 18, 2012 1.30 - 5.00Oct 4, 2012 9:00 - 12:0-Oct 18, 2012 9.30 a m - 3.30

Legal Services Society



2012 BC Aboriginal Provincial Championships & Athlete Development Camps

The Aboriginal Sport, Recreation and Physical Activity Partners Council (Partners Council) is pleased to announce the launch of the 2012 BC Aboriginal Provincial Championships and Athlete Development Camps. The Championships and Development Camps will be held through the summer and fall in a variety of communities across British Columbia.

The BC Aboriginal Provincial Championships and Athlete Development Camps are an important component of the Partners Council's Provincial Strategy for Aboriginal Sport, Recreation and Physical Activity. The events provide a unique opportunity for Aboriginal athletes and coaches from First Nations, Métis Chartered Communities and Friendship Centres throughout the province to gather and compete in events that promote sport excellence while celebrating cultural unity and pride.

With the support of the Province, the Partners Council has been working together with the various Host Communities to stage quality events while keeping registration fees low and minimize the cost of participation wherever possible. For example, many camps include provision of meals and some event hosts will be offering free camping facilities.

With the Regina 2014 North American Indigenous Games (NAIG) in sight, the series of BC Aboriginal Provincial Championships and Athlete Development Camps have been established to support athlete and coaching development in Aboriginal communities and will eventually serve as the events by which athletes and coaches are chosen to represent BC.

We are pleased to confirm the dates, locations and host communities for the following events:

CHAMPIONSHIP EVENTS:

BC Aboriginal Provincial GOLF Championships

Hosted by Musqueam First Nation & Musqueam Golf Centre August 18-20, 2012

Vancouver, BC

Contact: Courtenay Gibson, cgibson@musqueam.bc.ca

- Male and female divisions
- (13U) born 1999-2002
- (16U) born 1996-1998
- (19U) born 1993-1995
- Medals awarded for low gross and low net

BC Aboriginal Provincial SOCCER Championships

Hosted by Squamish Youth Soccer Thunder/NIFA Super Cup August 24-26, 2012

North Vancouver, BC

Contact: Deanna Lewis, kalkalath@hotmail.com

- Male and female team divisions
- (14U) born 1998 & later
- (16U) born 1996 & later
- These BC Championships are being hosted concurrently with the Super Cup event. Super Cup consists of U10 and U21 co-ed divisions.

ATHLETE DEVELOPMENT CAMP EVENTS:

BC Aboriginal Provincial LACROSSE Development Camp Hosted by Seabird Island First Nation

August 11-12, 2012

Seabird Island, Agassiz, BC

Contact: Lisa Douglas, lisadouglas@seabirdisland.ca

- Male and female players welcome
- Ages 10 18
- Players will be divided into groups based on age/ability

BC Aboriginal Provincial CANOE Championships

Hosted by Ditidaht First Nation September 22-23, 2012 Nitinaht Lake, BC

Contact: Jason Anson, jasonansoncanada@gmail.com

- 2012 Championships consist of male and female singles, doubles and mixed doubles in the following age categories:
- (U12) born 2000-2002
- (U14) born 1998-1999
- (U16) born 1996-1997
- (U19) born 1993-1995
- 200m singles kayak event also included for these age categories. Canoes and kayaks will be provided
- Event hosts to also include in festivities fun races for families/ children and a Masters (19+) race



BC Aboriginal Provincial SOFTBALL Development Camp

Hosted by Semiahmoo First Nation & Softball BC August 25-26, 2012

Softball City, Surrey, BC

Contact: Sarah Garrett, programcoordinator@softballbc.ca

- Male and female players welcome
- Ages 10 18
- Players to be divided into groups based on age/ability

2012 BC Aboriginal Provincial Championships & Athlete Development Camps

* Please note the details for Provincial Development Camps in the sports of archery, athletics, badminton, rifle, swimming, volleyball and wrestling will be announced at a later date.

Event details and registration information will be available mid to late July. For more information on the 2012 BC Aboriginal Provincial Championships and Sport Development Camps, please visit our website at bcaafc.com/initiatives/asrpa-partners-council or facebook.com/ASRPAPartnersCouncil or contact Lara Mussell Savage at teambc@bcaafc.com.

Background on the Aboriginal Sport, Recreation and Physical Activity Partners Council

The Aboriginal Sport, Recreation and Physical Activity Partners Council (Partners Council) was established as a collaborative community health and social development initiative of the BC Association of Aboriginal Friendship Centres, First Nations Health Council and the Métis Nation BC. Over the last year, the Partners Council has been undertaking the important task of implementing the Aboriginal Sport, Recreation and Physical Activity Strategy, which includes the creation of 6 Regional Committees and the development of 6 Regional Action Plans that identify community-based initiatives that support the Strategy's 5 Pillars: 1) Active Communities, 2) Leadership and Capacity, 3) Excellence, 4) System Development, and 5) Sustainability.

The Partners Council, through the sum of its actions, will create responsive and enduring sport, recreation and physical activity programs for Aboriginal people across BC, which will result in healthier, more active individuals, families and communities.

For more information on the Aboriginal Sport, Recreation and Physical Activity Partners Council, please visit: bcaafc.com/initiatives/asrpa-partners-council or find us on Facebook: facebook.com/ASRPAPartnersCouncil.

For more information contact:

Lara Mussell Savage E teambc@bcaafc.com P 604-799-1456









Healthy Eating Recipe Corner

Teriyaki Salmon With Cucumber Salad

Serves 6| Hands-On Time: 20m| Total Time: 35m

Ingredients

- 2/3 cup teriyaki sauce
- 1/4 cup light or dark brown sugar
- 1 garlic clove, minced
- 6 6-ounce pieces skinless salmon fillet
- 2 English (or 4 regular) cucumbers, thinly sliced
- 3 tablespoons seasoned rice (sushi) vinegar

Directions

- 1. In a small bowl, whisk together the teriyaki sauce, sugar, and garlic until the sugar dissolves.
- 2. Place the salmon in a large bowl and toss with marinade to coat. Cover and refrigerate for at least 15 minutes.
- 3. Toss the cucumbers with the vinegar; cover and refrigerate until ready to serve.
- 4. Heat grill to medium. Remove the salmon from the marinade and arrange skin-side down on grill; cover with lid. Grill without turning, 8 minutes.
- 5. Using a large spatula, carefully turn salmon and cook, covered, 2 to3 minutes longer, just until cooked through but still moist and flaky.
- 6. Serve salmon with cucumber salad.



Britco and Seabird Island Band Sign Jobs Agreement continued from page 1



Seabird Island formalizes the close relationship we have enjoyed with Seabird since we first opened our facility in 1988," stated Ridley.

Britco prides itself on being a progressive employer providing opportunities for people to acquire skills and experience in a dynamic and growing industry. "We are very proud that approximately ten percent of our employees at our production facilities in both Agassiz and Penticton are First Nations," said Ridley.

Earlier this year, in partnership with Indspire (formerly the National Aboriginal Achievement Foundation), Britco developed and funded three scholarships to support First Nations youth in British Columbia. Student applicants will be assessed on such factors as leadership, academic record, community involvement and financial need. As part of the Jobs Training and Skills Development Partnership student applicants from Seabird Island will be given preference for one of these scholarships.

ABOUT THE SEABIRD ISLAND BAND

The Seabird Island Band is a multi-faceted First Nations organization that includes government, business, service and non-profit. They provide a vital link for First Nations people to access health and education services as well as create economic opportunities for First Nations people to build thriving First Nations families and communities. www.seabirdisland.ca

ABOUT INDSPIRE

Indspire, formerly the National Aboriginal Achievement Foundation (NAAF), is a charitable organization that is dedicated to raising funds to deliver programs that provide the necessary tools for Indigenous peoples, especially youth to



Phone: 604-796-2177 Direct: 604-796-6838 Website: www.seabirdIsland.ca E-mail: sandrabobb@seabirdIsland.ca achieve their potential. Indspire focuses on supporting, innovating, and fundamentally transforming Indigenous education and is the largest supporter of Indigenous education outside of the federal government of Canada. Indspire's Education Program disburses almost \$6 million a year to First Nations, Inuit and Métis students across Canada. www.indspire.ca

ABOUT BRITCO

Britco employs over 600 people and is ranked among British Columbia's largest construction-related companies.

With four state-of-the-art manufacturing plants - three in Canada and one in the United States – Britco is second largest manufacturer of modular buildings in North America. The Canadian production facilities are located in Agassiz and in Penticton, British Columbia, and in Edmonton, Alberta. Britco's manufacturing plant in the USA is located in Waco, Texas. Britco is a leading provider of workforce accommodations for the energy, mining and construction sectors and has the largest lease fleet of temporary offices, construction site trailers and storage containers in BC. Its head office is located in Langley, BC.

Britco's parent company is WesternOne Equity Income Fund. WesternOne operates under two platforms, "WesternOne Rentals and Sales" and "Britco". WesternOne Rentals and Sales specializes in providing lift equipment, heat and power, and tool and equipment rental solutions to Western Canada's growing film industry, shipyards, and construction sectors, www.westernone.ca.

Additional information about Britco and WesternOne is available at www.britco.com, www.weq.ca or www.sedar.com.

Are you a Seabird Member living off reserve looking for a copy of the Seabird Monthly Newsletter?

Each issue as well as past issues are posted on the Seabird Website: www.seabirdIsland. ca or you can subscribe to be added to our mail or e-mail list by contacting Sandy Bobb; Communications Officer & Graphic Designer, by phone at 604-796-6838 or e-mail sandrabobb@seabirdIsland.ca FOR ADVERTISEMENT RATES PLEASE CALL SANDY. (pre-paid, please)

SUBMISSION DEADLINES

The 20th of each month or if the 20th lands on a weekend then deadline lands on the Friday before.

OFFICE HOURS Monday - Friday 8:00 a.m. - 4:00 p.m.

DELIVERY The first (1st) of each month

Lyme disease

Folks who enjoy the outdoors should be aware that Lyme disease, from tick bites, is on the rise in BC. The BC Centre for Disease Control has the following advice:

What to Do if You Find a Tick on the Skin or Scalp

- 1. Use tweezers or forceps to gently get a hold of the tick as close to the skin as possible. *Don't touch the tick with your hands.*
- 2. Without squeezing the tick, steadily lift it straight off the skin. Avoid jerking it out. Try to make sure that all of the tick is removed.
- Once the tick has been removed, clean the bite area with soap and water then disinfect the wound with antiseptic cream.
- 4. If possible, save the tick in a container with a tight fitting top. If the tick is alive, to keep the tick alive dampen a small cotton ball and put it into the container. (A live tick is necessary for culturing the bacteria that causes Lyme Disease.) Label the container with date shipped, name and address of person bitten or what type of animal the tick was from, what part of the body was bitten, and what part of the province the tick probably came from. Also include the name and address of your family physician.
- 5. Ask your doctor for further advice.



Symptoms and Treatment

If you have the following symptoms within days or weeks after being bitten by a tick, please report them to your family doctor immediately. Tell your doctor when and where you were bitten.

- Fever, headache, muscle and joint pains, and fatigue or weakness of the muscles of the face.
- A skin rash, 5 cm (2 inches) in diameter may develop, especially one that looks like a "Bull's Eye". The rash may or may not develop at the location of the bite.
- In some cases paralysis may occur.

You will need antibiotics to prevent complications of Lyme disease.

A vaccine to prevent Lyme disease has just been licensed in Canada. This vaccine is for people who spend a lot of time outdoors in high-risk areas. The vaccine is not 100% effective and will not prevent other tick-borne diseases.

To protect yourself against tick and insect bites:

- If possible, use cleared trails when walking in tall grass or woods.
- Wear light coloured clothing, tuck your top into your pants and tuck your pants into your boots or socks.
- Put insect repellent containing 5% Permethrin onto clothing and insect repellent containing DEET on all uncovered skin. Reapply as frequently as directed on the containers.
- Check clothing and scalp (covered or not) when leaving an area where ticks may live. Check in folds of skin. Have someone help you check hard-to-see areas. When a tick is located, remove it immediately. Check the whole body! Don't stop when you find one tick. There may be more. Make sure the lighting is good so that you will not miss seeing the ticks.
- Regularly check household pets that go into tall grass and wooded areas.

iPhone app for First Nation speakers

iPhone app allows First Nations speakers to chat in their native tongue.

Four decades ago, Pena Elliott's grandfather sat down with a typewriter and created the written form of the native language spoken in his First Nations community on Vancouver Island.

The standard 26-letter Roman alphabet couldn't account for all of the intricate sounds of the language, so he created new characters by overlapping letters and punctuation.

For example, he typed the letter T, hit the backspace and then placed hyphen overtop. The resulting character sounds similar to "th."

"As soon as the alphabet was created, we were able to teach in schools," says Elliott, a member of the Tsartlip First Nation, one of the bands in the Saanich First Nation north of Victoria.

"Our language would never be in the place that it was if it wasn't for that alphabet," adds Elliott, 33, a language apprentice at the local tribal school in Brentwood Bay, B.C.

The new alphabet worked for generations, but computers and smartphones that don't support such languages have created a barrier for Aboriginals, particularly youth, who want to combine their ancestral dialects with the latest technology.

But an iPhone and iPad app released this week called FirstVoices aims to bridge that gap, allowing users to chat using their native language for the first time. The app, created by the BC-based First Peoples' Cultural Council, features nearly 100 customized keyboards that display the characters used by a wide variety of native languages. Most of the languages are used by Canadian First Nations.

"This new chat (software) is going to help our more fluent speakers a lot, because we're able to type it in, we're able to think in the language," says Elliott.

"It helps you memorize it a lot more if you use it every day. The grammar is way different (than English), so you've got to structure the sentences when you're typing."

To read more about this app visit http:// www.canada.com/technology/all/iPhone +allows+First+Nations+speakers+chat+t heir+native+tongue/6813009/story.html West Nile Virus (WNV) is considered to be the most widely distributed vector-borne disease in North America, and has now been detected in B.C. It is only one of many diseases around the world that are spread by mosquitoes. Although most people who get infected will not feel any symptoms, the disease can be serious for *one person out of about every 150* who are infected. Fortunately, it is fairly easy to lower your risk of infection, by avoiding mosquito bites.



What You Can Do to Protect Yourself and Your Family

Reduce Your Exposure to Mosquitoes

- Wear light coloured long sleeves and pants and a hat when outdoors, especially at dawn and dusk when mosquitoes are present in their highest numbers
- Use mosquito repellent. Use insect repellents that are federally registered, such as those that contain DEET and p-menthane-3,8-diol (PMD), also known as lemon-eu calyptus oil. Use according to directions and don't forget to reapply repellent if needed!

What You Can Do at Home

Reduce Mosquito Breeding in Residential Areas

Mosquitoes like to live in warm, nutrient-rich standing water even as little as a teaspoon is enough. Surveying the outside of your home will help to reveal those areas that need to be monitored from Spring to Fall. Once you find them, you can do the following:

- Remove any type of standing water outdoors from empty containers such as flower pots, wheelbarrows, old tires, barrels, tin cans and even bottle tops, at least once a week
- Drill holes in the bottom of used containers so water can't collect
- Change water in bird baths and kiddy pools every few days
- If you have a bigger swimming pool, immediately remove water that collects on pool covers and make sure the pool's pump is circulating
- Screen your windows and doors.
- Clear leaves and twigs from eaves troughs, storm and roof gutters throughout the summer
- Make sure drains and drainage ditches are not clogged.

Stop mosquitoes from entering your home

• Check windows and door screens for holes and make sure they fit snugly into the frames, so mosquitoes cannot get in.

Dead Birds

Dead birds should be reported! A dead crow may or may not have contracted the virus and health authorities are monitoring the situation, so everyone should be reporting dead birds to either Art Andrew or John Bobb. Reports should be in writing and indicate the location of the dead bird. **Remember:** NO TOUCHING, without gloves!

Staff: please fill out incident reports.

Note: There has been no new larvae spotted in the Seabird swamps and other waters. Our mosquito season should be dieing down.

Stqó:ya Construction LP

STOO:YA STOO:YA CONSTRUCTION CONSTRUCTION Stqó:ya is happy to announce it is moving forward with searching for the employee base

that will represent Stqó:ya in the competitive Civil Construction Industry. The posting for a Construction Manager Trainee has gone out to and has received a variety of interest from the community on learning to run a successful Civil Construction company. This individual will learn under the guidance and knowledge of Jakes Construction owner, Jake Klaassen, along with his hard working management team.

Stqó:ya has also become part of the Joint Venture Team that will carry on the work on the Right of Way Clearing and Road Access building, with Smámelet Siyá:m LP, and Sts"ailis Corporate Development. Each of the three (3) First Nation communities successfully negotiated a Direct Award with BC Hydro and will also pursue additional competitive contracts with Flatiron/Graham JV, the design builder. Work will start to move quicker once the Bird Survey is over on August 15, 2012.

Tyrone McNeil, says "Cheam, Seabird and Sts'ailes will open the door for more joint economic opportunities." Employment Centers of each band are working together to provide necessary training, and will be notifying communities once the training is in place.

Stqó:ya continues to work towards its goals for Employment, Training and Profits

Lands Department

The lands department is continually researching and expanding it information base to assist the community in achieving its goal of managing the Seabird Lands.

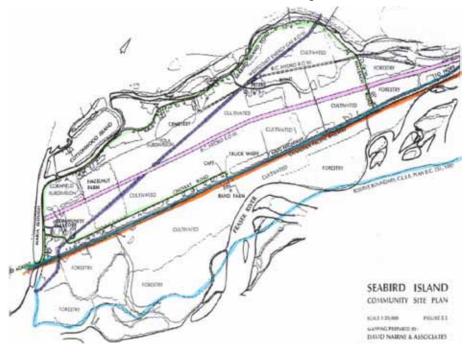
<u>CP HOLDERS</u> – the committee is looking to sit with you in the month of September 2012. If you have questions, concerns or suggestions there will be a lot of time to discuss this with them. We look forward to sitting down with you. The Committee will be contacting you to set up meeting dates with each family.

<u>LAWS</u> – The committee would like to thank everyone who shared their concerns with the Laws (Anti-Dumping Law, and Trespassing Law). The laws will be ready for Posting for the 30 days prior to being approved and enacted by Chief and Council.

<u>LUP (Land Use Plan)</u>– The committee continues to work alongside the CCP information that Myra has been championing. URBAN SYSTEMS will be assisting the Lands Advisory Committee



with the work that is needed to complete this project. Community meetings, for feedback are ESSENTIAL to ensure that everything is taken into consideration. SHARING, FUN AND PRIZES TO COME... <u>MRP – Matrimonial Real Property Law</u> The committee is looking to start working with Woodward in the Law that is required under land code. The process will start in September of this year and is expected to be completed for submission in March 2013. Your input into this will be VERY important.



BIOMASS SOLUTIONS for true carbon neutrality

DIACARBON Update

2012 continues to be a great year and despite the close calls with the high river levels over the past month, there were no problems at the Wahleach gravel site. Since our last update, we have been operating and testing the pilot biomass refinery, and are focussing on testing a number of feedstock options such as

wood sourced from sawmills, from green waste and a number of other sources. Finding a suitable source of biomass is an important step and requires the proper testing. We are right on track to enter the commercial stage this year, and have been busy engineering and designing the commercial module.

Diacarbon has been invited to apply for a Sustainable Development Technology Canada (SDTC) grant, and has included



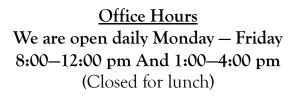
Seabird Island as a community partner. We would like to develop a one-of-a kind biomass refinery with Seabird and demonstrate the commercial potential of this technology together. As the grant process moves forward, we will keep the community informed of its status, the next steps, and the potential benefits to the community.

> Diacarbon is happy to be operating its test facility on Seabird Island lands, and is grateful for the Community's support for this innovative project. We look forward to extending this relationship in the future, and to many good things that can be achieved together. We encourage you to check our website regularly (www.diacarbon.com), or contact us at info@dicarbon.com if you have any questions.

Seabird Island Employment, Training & Social Development

Office: 604-796-6865 Fax: 604-796-3729 Toll Free: 1-800-788-0322

2895 Chowat Road P.O. Box 650



Job Posting Binder

Updated frequently! If you need information or help filling out online applications please come in and ask for assistance.

Also, please come in to the office to update our skills database for the various employment opportunities that come to our centre.

Special Needs Requests to be submitted in writing to Erna

ILM Project Preparation and Training (R1 & R2 Core Training

- * Chainsaw Operators Certification
- * Site Safety Certification (CSTS)
- * Occupational First Aid Level 1 (OFA)
- * Workplace Hazardous Materials Information System (WHMIS)
- * Traffic Control Person (TCP)
- * Initial/Ongoing consultation with Seabird CDP's

First & Second Round Crew Training Schedule:

July 19-20, 2012: Chainsaw Operators Certification July 31, 2012 : OFA Level 1 August 1, 2012: WHMIS August 9-10, 2012: TCP All training is held on site at Seabird Work boots are required to participate in in training.

SOCIAL ASSISTANCE INFORMATION

April 2012 cheque run will be handed out on *Friday, July 27, 2012*

- * Renewal Declarations are due July 15th, 2012
- * Hydro and Fortis are required by all tenants in order to receive your shelter portion to be paid

Be sure to come into the office on Income Assistance day and enjoy yummy breakfast and lunch treats! 😳

Scotts Frozen Meat Package

This special frozen meat package is available for all social assistance clients for the cost of \$25.00. This amount will be deducted off your next S/A cheque. Orders will be taken until the 15th of every month. Meat Pkgs will be given out S/A day. If you would like one of these please leave your name, and number with the front desk.

*Meat Packages may vary each month.

For more information contact Erna Paul or Alexis Roper

REMINDER!

Remember to book an appointment with Pat Large or Jill Stauber for monthly Action Plans prior to Social Assistance day to avoid waiting in line.

College students are also reminded to bring your monthly student attendance record to your appointment.

The employment services that are provided at Seabird Island are funded by SASET through an agreement with Service Canada. First Nation people who are status/non status, live on/off reserve and Inuit individuals who seek employment services are welcome to access these services.



United Nations Declaration on the Rights of Indigenous Peoples

Article 15

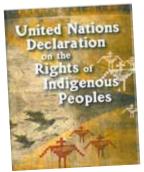
- 1. Indigenous peoples have the right to the dignity and diversity of their cultures, traditions, histories and aspirations which shall be appropriately reflected in education and public information.
- 2. States shall take effective measures, in consultation and cooperation with the indigenous peoples concerned, to combat prejudice and eliminate discrimination and to promote

tolerance, understanding and good relations among indigenous peoples and all other segments of society.

Article 16

- 1. Indigenous peoples have the right to establish their own media in their own languages and to have access to all forms of non-indigenous media without discrimination.
- 2. States shall take effective measures to ensure that State-owned media duly reflect indigenous cultural diversity.

States, without prejudice to ensuring full freedom of expression, should encourage privately owned media



to adequately reflect indigenous cultural diversity.

Post-Secondary Application Dea



January 1st

Are you a registered Seabird Island Band Member interested in post-secondary studies to obtain a Certificate, Diploma or Degree?? Then REMEMBER these important deadlines to apply for post-secondary sponsorship...

Deadlines for *completed* applications are:

\succ	For September (Fall)	May 1 st
\triangleright	For January (Winter/Spring depending on institution)	October 1 st

- *For January* (Winter/Spring depending on institution)
- For May (Spring/ Summer depending on institution)

Funding of any application is dependent upon available budget.

For further information please contact: Cindy Kelly-Student Services Worker at 604-796-2177 or cindykelly@seabirdisland.ca





260+ hard copy production 60+ e-mail production more available for download on the Seabird website.

ADVERTISEMENT RATES

Advertising for Seabird Departments and Programs are funded through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

Flyer Insert (supplied printed already by client) \$20.00

Advertisement rates (per issue) for										
organizations:	Band Member	Outside								
Full color page (8 x 10)	\$75.00	\$122.50								
Full color ½ page (8x5 or 10x4)	\$37.50	\$61.25								
Full color ¼ page (4x5)	\$18.75	\$30.63								
Full color bus card (2.5x 3)	\$9.50	\$15.31								
Greyscale page (8 x 10)	\$20.00	\$25.00								
Greyscale ½ page (8x5 or 10x4)	\$15.00	\$20.00								
Greyscale ¼ page (4x5)	\$10.00	\$15.00								
Greyscale bus card (2.5x 3)	\$ 8.00	\$10.00								
Classified Advertis	ements									

(non-band member) .40¢ per word \$4.00 Minimum

All fees are not for profit, they all help us produce this newsletter.

AGREEMENT

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

We reserve the right to revise, edit, classify or reject any advertisement.

DEADLINES

Submissions and Advertisement are due by the 20th of each month or if the 20th lands on a weekend then deadline lands on the Friday before.

OFFICE HOURS Monday - Friday 8:00 a.m. - 4:00 p.m.

> DELIVERY The first (1st) of each month



Sandy Bobb Phone: 604-796-2177 Direct: 604-796-6838 Website: www.seabirdIsland.ca E-mail: sandrabobb@seabirdIsland.ca



Health Comics

Quote of the month

Grown men can learn from very little children for the hearts of the little children are pure. Therefore, the Great Spirit may show to them many things which older people miss. Black Elk

Temtheqi / August

Birthstone: Peridot Birth Flower: Gladiolus Zodiac: Leo; July 23 - August 23 Temtheqi "sockeye salmon time"

Halq'emeylem Word Search

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Só:se - Saucer Lepót - Cup shxwth'óxwís - Dishpan Lháxeletstel - Pot for cooking tsqw'ó:stel - Big copper pot Xálew - Big serving spoon Sts'ó:qw'els - Fork Lhá:ts'tel - Any knife ts'áwiy - Glass, shell Shxwlámálá - Bottle Hálkw - Pocket knife Kw'éts'tel - Fish butchering knife Ló:thel - Plate, tray (basket or wood) Kwéltsestel - Pot holder Skw'ó:wes - Bucket **Pí:kwel** - Barbecuing stick (split then tied) **Kweleches** - Greetings Li Chexw we eó? - How are you Li - Fine Ey - Good k'ehl - Bad

YOO HOO - Mystery Incentive - WIN A PRIZE!

All Seabird Band Members or Community Members who bring in a completed May 2012 issue Word Search to Sandy Bobb will be <u>put into a draw</u> for a chance to

"WIN" a mystery prize.

Submissions due: by 4 p.m. July 9th **Draw Date:** July 10th, 2012 **Note:** To keep things fresh next time the incentive may be something else placed somewhere else in the Yoo Hoo, it changes every month.

Congratulations to - July's Winner was Nicole Schultz

Name:

Phone #:

Seabird Address or SIB Status #:



'Round The Rez Community Events, Workshops & Outings

DENTAL CENTER

Seabird Dental is available Monday - Thursday 8-4:30. Open every 2nd Friday 9-3.



"Open to STATUS PATIENTS ONLY"

WALK-IN TOOTH PAIN CLINICS

Every Tuesday afternoon from 1 - 4 p.m. (first come- first served) Please come to the Dental desk and register your name and note your dental problem. * Patients will be screened & most urgent problems seen first.

> * Seabird Dental is available for STATUS PATIENTS.

\$\$ Get Rewarded... \$\$ for attending your Dental Appointments **ON TIME!**

If you attend your appointment and arrive on time, then your name will go into a monthly draw for a

\$100.00 Gift Certificate.

(Walk-in Clinics do not qualify)

BUILDING BOOKING AND MEETING ROOMS

Angie looks after booking the band gym, and all meeting rooms that are located within the band office. You need to fill out forms to do a booking. Any other questions please call Angie Chapman at 604-796-6854. Tracy looks after booking of the Millennium Hall.

FIELD LIGHT BOOKINGS:

See Keena to book the field lights for your sports team. \$2 an hour for band members, \$8 an hour for non-band members. 604-796-2177

Phone: 604-796-2177

CATERING & FUND-RAISING

Please contact Angie Chapman to get on the catering/ fund-raising list for this year. You need to fill out an application and submit your food safe certificate. This also includes if you want to book a day to set-up in the foyer to sell items. Any other questions please call Angie at 604-796-6893.

VOLUNTEERS REQUIRED

Please come and inquire with Angie if you would like to have your name on the listing for helping during Band events with set-up, clean-up, cooking, decorating, and child minding... We are always looking for people to help with any functions that we host here in the Band office.

Alcoholics Anonymous Meeting

Every Tuesday night at 7:00 pm Seabird Island Community Hall.

Website for AA in BC: http://www.bcyukonaa.org/

COMPOSTING

Did you know that there is a special place at the Cattle farm where you can drop off your composting ?

OIL DISPOSAL

Did you know you can take your used household and car oil to the Seabird Store to be safely and properly disposed of ? 8 a.m. - 4 p.m. ONLY

GARBAGE SCHEDULE

Monday and Thursday

If you need a **Bin dropped off** for your major spring cleaning. Ask for Art or put in a request in writing.





I am booked for the next 2 clinics, please book well in

Aug. 20

Aug. 21

Sept. 24

Oct. 22

Dec. 17

advance. If there are any clients that may want to be seen, please send me your names, birth dates, status numbers and medical numbers as soon as you can. Thanks Everyone and have a wonderful day.

OPTOMETRIST CLINIC



Community Members wanting to place a birthday greeting in the next monthly issue. Please contact Sandy Bobb at 604-796-6838 by the 20th of the month.

Limited: to a simple "Happy birthday from ." As space is limited Anything more (photos, poems,...) is subject to a small fee!

AMBULANCE BILLS



Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits

(NHIB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Contact Maggie Pettis for more information at 604-796-2177

BABIES MEDICAL & STATUS CARDS

Apply for Medical Card renewals and Status Cards for babies as soon as possible.

Contact CHR; Maggie Pettis 604-796-2177

**** SUMMER FISHING SEASON ****

With Fishing Season under way please remember to dispose of your fish guts, right away when your done gutting, the next day is too late! The smell of rotten fish guts can get so bad it can:

- Make you and your neighbors feel sick
- Powerful smells like that can effect peoples asthma and allergies
- Attract bears into your yard, making your yard unsafe for your family
- Attract other wild animals into your yard and home, like rats, mice and snakes

Remember: A Healthy Yard and Home = Healthy Family

E-mail: sandrabobb@seabirdIsland.ca

Reach thousands of potential new clients by

Placing your ad here!

Contact Sandy Bobb for your monthly advertising rates.

Special Discount Rates Available for Band Members!

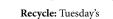
YOO HOO











the SEABIRD Island

ause news isn't all bad or boring.

Direct: 604-796-6838

Major Garbage: First Wednesday of each Month

Personal Hygiene

The first step to good grooming and good health.

Neglect of hygiene causes many problems. Some problems may not be your fault, but improving standards of hygiene will help reduce these conditions.

- Bath daily and after sweaty sports or workouts
- Wash your hair at least once a week
- Wash your face daily (reduces wrinkles and pimples)
- Brush and floss your teeth daily
- Wash your hands frequently
- Clip your nails and keep them clean
- Wear clean pair of socks daily
- Wear clean pair of underwear daily
- Clean your private parts daily

POOR HYGIENE CAN RESULT IN:

Head Lice, Dandruff, Bad Breath, Ear Wax, Body Odor, Perspiration, Urinary Infection, Pinworms, or Athletes Foot



100