



Local Supporters of Seabird Christmas Hampers



Local business "Britco Structures" made a large donation of \$5793.60 and 570 canned items towards the Seabird Island Christmas Food Hamper Program! Evelyne Peters donated \$2000 from her own pocket! Seabird Learning Center conated 149 jars of preserved cranberries, they were sorry all households could not get some, but they ran out of time.

Please see more information in the insert.

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Please see the inserts for more Job postings and useful information.

REMINDER!

Housing application renewals are due **BEFORE JANUARY 1st to stay on the list.** Failure to renew will mean you are removed from the list.

Seabird Gas Bar Holiday Hours

December 31st, 2013 - CLOSED at 3 p.m.
January 1st, 2014 - CLOSED

Below is a paid advertisement



Your local pharmacy team is here to take care of you with **Expert Advice, Quick and Friendly Service**

Pharmacy Services:

- Free Same Day Delivery
- Easy Prescription Transfer
- Comprehensive Medication Review
- Homeopathic, Natural & Herbal products
- Home Health Care Products



2013 Business Excellence Winner

7046 Pioneer Avenue, Agassiz • 604-491-1070

Agassiz Remedy's RX the local Drug store.

Coupon worth \$5.00 OFF valid until end of Jan 2014!
Offer valid for any Front Store Products excludes Rx items & Codeine products.



ASIST

Applied Suicide Intervention Skills Training

"I use ASIST in virtually every crisis situation, volunteer and work... Thank you for this life-changing program."

"My overall level of confidence in dealing with this type of situation increased 100% both in knowledge and skills."

"I feel that everyone, no matter what line of work they are in, would greatly benefit from this workshop."

ASIST provides practical training for caregivers seeking to prevent the immediate risk of suicide.

Learn how to:

- recognize invitations for help
- reach out and offer support
- review the risk of suicide
- apply a suicide intervention model
- link people with community resources

Working in small groups, ASIST facilitators use many different teaching processes to create a practice-oriented and interactive learning experience.

Evaluations have shown that ASIST increases helpers' knowledge and confidence to respond to a person at risk of suicide; that intervention skills are retained over time, and that they save lives.

**January 23rd & 24th
(Thursday & Friday)
8:30am-4:00pm**

Snacks & lunch provided
-please advise of any dietary restrictions

**Where: Seabird Band Office
(Community Health Room)
2895 Chowat Rd.**

Who should attend?

- people concerned about family & friends
- natural helpers and advisers
- emergency service workers
- counselors, teachers and ministers
- mental health practitioners

**To register please contact:
Edie Karacsonyi
604-796-2177**



Christmas Carolers



Thank you to the Seabird School Christmas Carolers for coming and brightening up our day at the Band Office. Monday December 16th the class came in and sang in a few different areas of the Band Office. It was awesome! Great Job!

Congratulations to the Winners

Chief Clem Seymour would like to thank everybody who participated in Chief and Council the School Playground draw for buying tickets for the cause.



Chris Peters won the box and Evelyne Peters won the mask.

REMINDER!

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Failure to renew will mean you are removed from the list.

Harris Auto

**New tire machine and balancer*

Phone: 604-796-9166
Seabird Island Rd.



Above is a paid advertisement



Seabird Health Services
Accreditation Update



The road to accreditation: Critical point January 2014.

Accreditation is meeting Nation Standards for excellence. **Seabird Island Health department** has been on the road to accreditation since January 2012. A critical point happens at the end of January 2014. We have accreditors from Accreditation Canada coming to review our health services **January 27 to 29**. They will be looking at our records and manuals. They will also be talking to clients and staff. They report our progress to Accreditation Canada. Then a decision is made about if we meet the standards. This is a big deal for the health department. We have been improving the quality of our services; our focus has been on ensuring client and staff safety. Check out the quality spawning channel. It is in the medical reception area of the Band Office. All our juvenile salmon (safety concerns) have spawned!



the **SEABIRD Island**
YOO HOO

Because news isn't all bad or boring!

**Reach thousands of potential new clients by
Placing your ad here!**

Contact Sandy Bobb for your monthly advertising rates.
Special Discount Rates Available for Band Members!

Phone: 604-796-2177

Direct: 604-796-6838

E-mail: sandrabobb@seabirdIsland.ca

A:Imelhawtxw Early Education Centre Staff Member Honored with 2013 Prime Minister's Award For Educators

Gail Michell, Language Nest Coordinator, Wins Excellence in Early Childhood Education Award

The Prime Minister's Awards for Excellence in Early Childhood Education honor outstanding and innovative early childhood educators who excel at fostering the early development and socialization of the children in their care, and at helping build the foundation children need to meet life's challenges.

This year, Stó:lō Nation's own Gail Michell was awarded a Certificate of Achievement within the Prime Minister's Awards for Excellence in Early Childhood Education.

Prime Minister Stephen Harper announced the recipients of the Prime Minister's Awards for Teaching Excellence and Excellence in Early Childhood Education on November 20, 2013, and Stó:lō Nation is excited to announce that Gail Michell, a staff member at the A:Imelhawtxw Early Education Centre, received a Excellence in Early Childhood Education Award. The 2013 Awards were announced to coincide with National Child Day, which marks the date that Canada adopted the United Nations Convention on the Rights of the Child (UNCRC).

"Good educators guide, inspire and motivate us to want to learn on our own. They sow the seeds of knowledge that yield well-educated Canadians who are able to compete with the best in the world and generate new ideas and prosperity," said the Prime Minister. "I would like to congratulate all of the recipients of this year's awards on their remarkable achievements. It is particularly fitting to be celebrating their merits on National Child Day."

Gail is recognized as a respected Elder within her community, bringing traditional Stó:lō teachings into the classroom with ease and finesse. Her authentic love for the culture radiates through to the children who naturally gravitate towards her when she is around. At the A:Imelhawtxw Early Education Centre, Michell teaches in the Language Nest program where the Halq'eméylem language is spoken fluently with the children. In turn, the children speak the language with their families, creating a ripple effect in the community that enthruses everyone. Under Gail's watch, children and families

gain confidence in themselves as they learn more about their culture.

Michell takes advantage of teachable moments and unplanned interests that her students express. Her planned activities encourage healthy eating, drumming, dancing and play - either outdoors or in the centre's gym.

A celebration of Gail's achievements will be held in the new year. The Prime Minister's Awards are administered by Industry Canada with the support of

Aboriginal Affairs and Northern Development Canada, Employment and Social Development Canada, Health Canada, the Public Health Agency of Canada and the RBC Foundation. For additional information, please visit www.pma-ppm.gc.ca.

The A:Imelhawtxw Early Education Centre includes a daycare, which provides Halq'eméylem language and First Nations cultural enrichment activities, in addition to many fun and educational activities; as well as the Headstart family program which is aimed towards Aboriginal children aged birth to 6 years (along with their parents and family members). Headstart is a free program with transportation provided. To join Headstart, or to learn more about programs the Centre offers, please contact A:Imelhawtxw Early Education Centre at 604-824-6505 (or toll-free at 1-800-565-6004).



Above: Gail Michell, Language Nest Coordinator at Stó:lō

New Houses in Seabird!



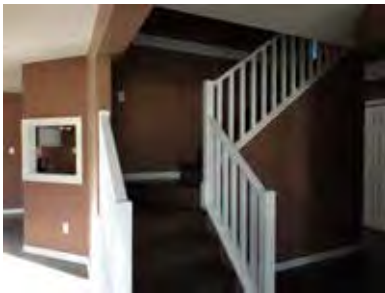
On November 24, 2013 Seabird Housing Department opened the doors to the public at one of their new homes in their most recent social housing project. The home, designated as a rent to own, was open for 2 hours for viewing. Over 50 community members, including some council members (Vivian Ferguson, Jason Campbell), walked through the home to see the amazing work our construction and housing staff completed.



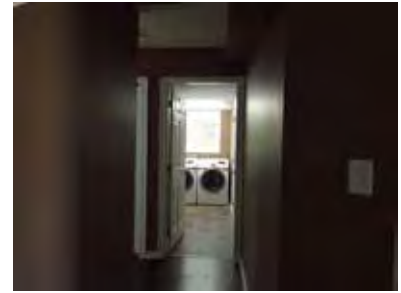
The house, a 2 storey 4-bedroom unit, was built with the living room, kitchen, dining room and laundry on the ground floor with all the bedrooms upstairs. It boasts a double garage, 3 bathrooms and beautiful railed staircase.



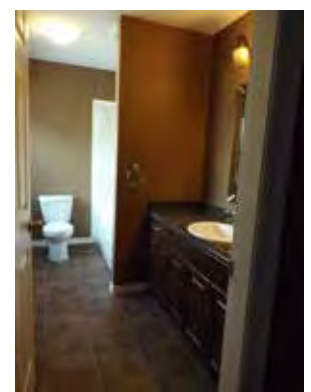
This house was one of 8 built this year. Seabird hopes to build again in the New Year, and will keep the community updated.



“Amazing design!”, “Can I get one?”, “I want this exact same house!”, “Beautiful home!”, and “Congratulations to the new tenants!” were among many of the comments left in the comment book. Visitors were also entered into a \$200 Fraser Valley Meats gift card draw, which Greg “Scottie” McNeil won.



Housing Porfolios (Marcie Peters and Rod Peters): “Thank you so much to our housing staff, construction staff and contractors for a job well done.”



HOUSING

Tenant Interview



Gordon Peters Jr. has been renting lived in his new home on Charles Drive, Seabird Island since October 2013. Before that he rented an apartment from Seabird in the 8 plex for 6 years.

Gordon likes living on Seabird because it is home, he grew up here and has always lived on Seabird.

Mr. Peters is proud of his home. It is an improvement from his old home, "I like my new place, its better than the 8 plex, quieter." When the Seabird Construction Crew was doing renovations Gordon helped speed the process along by sanding the walls.

"I pay the rent on time so I don't get evicted. Once I did get into arears, I was unsure where to pay the rent." Gordon caught up right away and is now ahead a bit, he paid next months rent early.

Seabird Island Band Housing Wait list December 2013

1 bedroom	
1	04052013-2064
2	05092013-2065
3	08012013-2066
4	08062013-2067
5	09032013-2068
6	11042013-2070
7	11052013-2071

2 bedroom	
1	09082010-2028
2	12192012-2054
3	12202012-2055
4	01032013-2056
5	01032013-2057
6	01282013-2058
7	01302013-2059
8	02042013-2060
9	03052013-2061
10	04152013-2062
11	04152013-2063
12	04052013-2064
13	05092013-2065
14	08142013-2066
15	08212013-2067
16	09032013-2068
17	09272013-2069

3 +bedroom	
1	01032012-3057
2	09182012-3072
3	10222012-3073
4	11132012-2053
5	11272012-3073B
6	12192012-3074
7	12192012-3075
8	12192012-3076
9	12272012-3078
10	01022013-3079
11	01022013-3080
12	01032013-2056
13	01302013-2059
14	01312013-3081
15	02062013-3082
16	02082013-3083
17	02082013-3084
18	02152013-3085
19	02252013-3086
20	03082013-3087
21	03192013-3088
22	04152013-2062
23	04232013-3089
24	07102013-3090
25	07172013-3091
26	07222013-3092
27	07312013-3093
28	07312013-3094
29	09032013-3095
30	10042013-3096
31	10042013-3097

REMINDER!
Housing applications must be renewed before **JANUARY 1st** to remain on the list!

Don't know your number?
Contact Stacy McNeil to see where you sit on the waitlist!
Note:
If you have outstanding debt to the band, you will NOT be placed into a rental unit, as per housing policy.

REMINDER!
Housing application renewals are due **BEFORE JANUARY 1** to stay on the list. Failure to renew will mean you are removed from the list.
Stacy McNeil, *BCJ, MBA*
Housing Department Supervisor

RENEW TODAY!

PLEASE NOTE the following important message from the Band:

We have recently received numerous reports of dogs roaming the streets, particularly on Sthi:tsem Rd. and around the school. Multiple times these dogs have been identified as a pitbull breed. Our children are being chased, growled at and frightened by these dogs.

All animals must be under the control of the owner at all times; owners must ensure animals are safely secured at all times (tied, leashed, penned). Animals, especially dogs, are not to disturb other occupants or cause a nuisance to the neighborhood, cause damage to property, and must be cared for in a safe, sanitary, and healthy manner. **There is to be NO breeding of animals in band owned homes.**

Please refer to policy 4.5 of your Housing Policy for more information.

If you come across a dog that is unleashed, and know who the owner is, inform both the owner and the housing department. If the dog is vicious (attacking other animals, trying to bite or has bit others - especially people), **please contact the RCMP immediately.** The RCMP will removed the dog. If the owner is renting from the Band and does not have their animal under their control, they will be in breach of both their tenancy agreement AND the policy noted above.

Stacy McNeil, *BCJ, MBA*
 Housing Department Supervisor
 Seabird Island Band
 PO Box 650
 Agassiz, BC V0M 1A0
 P) 604-796-2177
 D) 604-796-6825
 F) 604-796-3729

HOUSING TENANTS: Where is your rent going?

For non-mortgaged units:

Rent	Insurance	Administration	Maintenance	Services	Audit/legal	Replacement	Contingency
475	68.88	68.87	128.25	23.75	23.75	137.75	23.75
550	79.75	79.75	148.5	27.5	27.5	159.50	27.5
551	79.895	79.895	148.77	27.55	27.55	159.79	27.55
555	80.475	80.475	149.85	27.75	27.75	160.95	27.75
660	95.70	95.7	178.20	33	33	191.4	33
700	101.50	101.5	189	35	35	203	35

For mortgaged units:

Rent	Mortgage	Insurance	Administration	Maintenance	Services	Audit/legal	Replacement	Contingency
475	Varies	52.50	52.50	96.67	18.33	20.83	105	16.67
550	Varies	52.50	52.50	96.67	18.33	20.83	105	16.67
551	Varies	52.50	52.50	96.67	18.33	20.83	105	16.67
555	Varies	52.50	52.50	96.67	18.33	20.83	105	16.67
660	Varies	52.50	52.50	96.67	18.33	20.83	105	16.67
700	Varies	52.50	52.50	96.67	18.33	20.83	105	16.67

Any questions, please contact your housing department!

Housing Tips:

Furnace filters should be changed once per month during the heating months (winter). Please check your filter size and purchase them at Home Depot, Walmart or your preferred home improvement stores. **FAMILIES** please help your family elders in this area.

Ensure all **hoses** are disconnected outside of the house to prevent freezing pipes. Damages can be expensive to repair!

Homeowners: Prevent your water from freezing by insulating your pipes.

Health International Medical Program Visits Seabird



More and more Seabird is being recognised for all the hard work and progressive thinking the Seabird Health Center does for the community. International guests are visiting to swap ideas on how to improve Health Centers here and everywhere. The growth and improvements made at Seabird have been tremendous.

"I have lived in many different communities during the course of my life. In the past 18 years I have lived on Seabird, I have never seen a community grow as fast as Seabird has. Keeping up with the population growth is hard however, Seabird offers many different services here that I have never seen in other communities I have lived in."

Seabird is and always will be a growing entity and will continue to strive towards making things even better in the future. Your positive support

and ideas help our staff reach toward the changes community members need and want.

Seabird bids farewell to Brian Jones



On Friday December 13th we bid farewell to our Economic Development Manager, Brian Jones. Brian resigned his position to move back home and help out his community with their Economic affairs.

In the past years Brian has accomplished a lot of good work for Seabird Island. He has helped Seabird form many partnerships that have opened up employment opportunities for our community members. Brian will be missed.

Seabird has plans to reformat this department and has already posted the job opportunities as a result.

Seabird Health Office Renovations



Thank you for your patents during renovations!

Seabird Island Health Department received government funding specifically to update and renovated the Health Center. This includes building an elevator so the Elders and disabled can make it upstairs to receive services they require from the Seabird Employment Centre.

There are many clients that have troubles going up and down the stairs to get much needed services. People using wheel chairs were never able to go upstairs and have a confidential conversation with staff in this department. We are very proud to take down these boundaries to assist our people. This elevator will help out our community members who need these services the most.

Other renovations being made to the Health Center will help ensure we maintain a clean, safe and healthy environment for all our clients.

Seabird Christmas Food Hampers

Seabird did an excellent job with the food hampers this year. Every year the hamper program grows. Years ago the Christmas food hampers were very small, so small many people looked to other communities to help them out. Not many people received food hampers from Seabird back then. However in the past couple years Seabird has expanded the hamper program. Realizing the holidays are hard on everybody they have expanded the hamper program to include each home on Seabird.

They had all different size hampers for varied circumstances. They did their best to take into consideration low income community members to ensure they received larger community hampers.

It helps out the hamper team when people keep the office up to date with your housing circumstances. For example, how many people live in your home, weather you are recently unemployed due to seasonal work, and so much more. Please do your part to keep the communication lines open. The office is not full of mind readers, when you contact the Events Department or Employment Office, they can prepare ahead for those who may require additional assistance. And possibly help find you extra ways to earn a few more dollors here and there. Not just at Christmas, but throughout the year. We will do our best to help where we can, keeping in mind budget restraints.



We do our best to try to meet the date we set, but sometimes we are delayed by deliveries from the stores.

Seabird Island Gym was full to bursting sorting enough food hampers for each home on Seabird as well as for Seabird Band members living outside of our community who put in special requests for hampers.

Thank you to all the volunteers for your assistance in undertaking this huge job and for going the extra mile and staying late.

Christmas Concert



Seabird School hosted thier annual Christmas Concert December 13th. It was a magical site to see. Family members all gathereed together to watch thier children sing and play instruments.



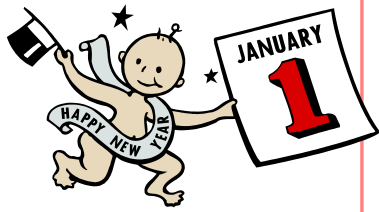
Invitation to Band Members

Chief and Council are inviting all Band Members to participate in the Seabird Island Band's **Annual Strategic Planning Session** that it will be held on **Thursday January 9, 2014** in the gym.

The session starts with a light snack at 1:00 PM and goes to 7:00 PM.

Dinner will be served from 4:00 to 5:00

Bring your great ideas on what you would like see done by the Band in the next fiscal year, *keeping in mind budget restraints.*



Pre/Post Group &

Prenatal Circle

JANUARY 2014

Who can attend?

- *Expecting moms
- *Newborns up to 6 weeks
- *Partners, Support Person and siblings

Open to families living on reserve and transportation can be provided.

Questions? Call
1-800-788-0322

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day!	2	3	4
5	6	7	8 Pre/Post Mill Hall SIB 11-1pm	9 Pre/Post Skwah 11-1pm	10	11
12	13 Pre/Post Chawathil 11-1pm	14	15	16	17 Prenatal Circle 1-3pm Elder's Room	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Prenatal Circle 1-3pm Elders Room	

Following a healthy diet is important to make sure that you and your baby are getting the nutrients that you need.

However, because of all the changes taking place in your body, both you and your unborn baby are at an increased risk for food poisoning or foodborne illness. Your immune system

is being weakened, which can make it more difficult to fight off infections.

Protect yourself and your baby by following some simple rules:

- Heat and [proper cooking](#) can kill bacteria!
- Washing fruits and vegetables and cooking them when possible is also highly recommended.

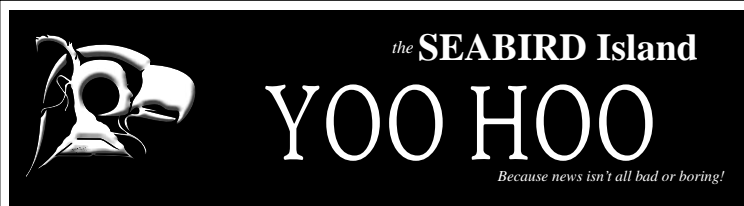
Cross-contaminating foods can be very harmful to you:

- Buy cold or frozen food at the end of your shopping trip.
- Check the "best before" date!.
- Keep your raw meat, poultry, fish, and seafood away from other food in your grocery cart.
- Examine fruits and vegetables carefully and avoid buying

items that are bruised or damaged.

- If you use reusable grocery bags or bins, make sure to use a specific bag or bin for meat, poultry or seafood. Label the bag or bin with the type of food it carries.

<http://healthycanadians.gc.ca/eating-nutrition/safety-salubrite/pregnant-enceintes-eng.php>



Phone: 604-796-2177
Direct: 604-796-6838
Website: www.seabirdIsland.ca
E-mail: sandrabbob@seabirdIsland.ca

Are you a Seabird Member living off reserve looking for a copy of the Seabird Monthly Newsletter?

Each issue as well as past issues are posted on the Seabird Website: www.seabirdIsland.ca or you can subscribe to be added to our mail or e-mail list by contacting Sandy Bobb, Graphic Designer & Communications Supervisor, by phone at 604-796-6838 or e-mail sandrabbob@seabirdIsland.ca



FOR ADVERTISEMENT RATES PLEASE CALL SANDY. (pre-paid, please)

SUBMISSION DEADLINES

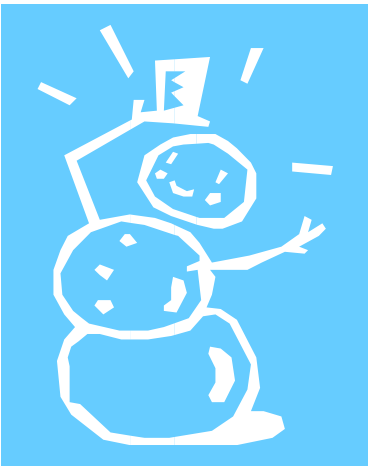
The 20th of each month or if the 20th lands on a weekend then deadline lands on the Friday before.

OFFICE HOURS

Monday - Friday
8:00 a.m. - 4:00 p.m.

DELIVERY

The first (1st) of each month



January Newsletter

4's Program AM Class
Monday - Friday

January 2014

Happy New Year "Xá;ws Sílolem"

Happy, Healthy, Thriving and Proud Children

* Happy 5th Birthday
Benedict

* Toshi, the Speech/
language Assistant
will continue to
visit the class
Tue / Thur / Fri.

* Seabird Island
Preschool **CLOSED**
on **Friday, Jan. 24**
for a pro d day.

* **Halq'emeylem**
Circle is daily at 9:30
am with Kwosel

* A Healthy SNACK is
provided daily, please
refer to the attached
menu.

Ey swayel, We hope you all had a great Christmas holiday with lots of family and friends.

December was s busy month for all of us.

The Xmas Concert was great fun with 20 children singing so well.

The Seabird Island Preschoolers will begin the New Year learning the "alphabet". Each week, a letter will be introduced. The children will print these letters and learn the sound of each letter.

Watch for "Show and Tell " name lists coming home in January.

Preschoolers have been printing their names. During January each child will start a printing workbook.

The Seabird Island Preschool will continue to have regular **Fire Drill Practice and Earthquake Drill** throughout January and the following months. It is most important to keep the children safe.

Library Field

Trips:

January 15, 29

February 12,26

March 12 and 26

OUTDOOR PLAY - Please remember to send your child in warm outdoor clothes (hat, mitts, jacket, snow pants) and boots. The children enjoy outdoor play with their friends!!

Please listen to Star FM 98.3 for all school closures due to snow conditions!!

3 & 4 year old Preschoolers Sing at Christmas Concert....

On Dec. 13th, 20 children sang four songs at the Christmas Concert held at the Community School. Thank you Parents and Day Care Staff for bringing the children to the concert to participate.



Seeds of Empathy Family Visit with Baby Addison and Evangeline.

On Wednesday, Dec. 19 we held our fourth Seeds of Empathy Family Visit. The theme was "Feeling Angry" The children look forward to the next Seeds Circle,

January 9, 2013



Fun Snow Day at Preschool on Dec. 10th



Christmas Party

On Dec. 21 the Preschool had a Christmas Party.

The children enjoyed making reindeer hats and face painting.

The children had a surprise with Pat and Mike singing Christmas carols. !!

All the children's Christmas art was sent home.



Seabird Island
Preschool
604-796-5568

preschool@seabirdisland.ca
Dianne Wilson
Ronetta John

Seabird School

Miss Christie Lee performed for our school on Dec. 12, 2013.



Miss Christie Lee: From Musqueam/tsleilwahtuth Nations, Christie Lee Charles, aka **Miss Christie Lee**, is a direct decedent of the great warrior Capilano. Christie raps in Musqueam dialect with a passion to empower Aboriginal youth to be proud of their roots. She is also a member of Vancouver's First Ladies Crew, an all-female hip hop crew of strong women with positive voice. Currently she attends the Aboriginal Studies program at Langara College. *"Since an early age I have expressed many sides of my creativity through art and film and now through music. I have a mini album titled the Siem Sampler, on which you will find hip hop music relating to Aboriginal youth, culture and*

teachings. I use this tool as outreach for them. I have performed for the President of China in Beijing and for Chuck D of Public Enemy when he visited Vancouver as well as for numerous communities and venues in and around Vancouver and BC. I'm in the studio working on my new album. Currently I am the Youth Engagement Coordinator for the Knowledgeable Aboriginal Youth Association (KAYA)."

Seabird High School

Ey Swayel

English 8 is studying the novel "Touching Spirit Bear," a story about Circle Justice set in the wilds of coastal BC. The grade 9 English class is studying "War of the Eagles," a book set during WWII in Prince Rupert and deals with the internment of Japanese Canadians. In English 10 the students are reading and studying the novel "Where the Rivers Meet," a story set near Lytton BC. It is about student empowerment and the importance of culture. The grades 11's are reading "Whale Rider," a novel set in New Zealand with themes on equal rights and tradition. All novels are culturally relevant to our school.

In Junior Art the students have finished their paper mache masks and are currently working on seasonal pictures and a Zentangle.

In Sewing, the novice seamstresses are finishing off their PJ pants; their next project is a quilt. The senior seamstresses continue to work on their grad dresses. All are doing an excellent job.

All Science students are in their Chemistry Units right now in the High School. This is the most challenging unit for many students throughout the province because there are many numbers, symbols, and equations to work through, all with reference to the detailed Elements Table. The good news since our last submission is that students across the board are rising to the challenge of carefully addressing each step in Chemistry problems, and working through these with persistence. I'm inspired and impressed by the fact that not one student has faced this work with an attitude of surrender. The specific problem-solving required in each grade through Chemistry is strong practice for all other analytical problem-solving, across subjects and beyond school; I am encouraging students to recognize their strengthening skills here in taking on new information and processing it in methodical ways.

*Kwas hoy,
Jonathan Sutton
Secondary Science Teacher
Seabird Island School*

Mrs. D. McGregor

Seabird High School

December 15, 2013

To the Parents, Children and Community of
Lalme' Iwesawtexw (Seabird Island Community School):

Th'ithométsel to Lalme' Iwesawtexw for giving me the opportunity to take my Teacher's School Experience this October and November in this wonderful school! My name is Erica Jurgens. I have Stó:lō and Nlaka'pamux ancestry through my mom, Marion Jurgens (best known as "Bambi" McInnes in her growing up years in Spuzzum). Although I have family ties to Seabird Island, I was raised in Winnipeg, Manitoba. My family connections are to Leq'á:mel, to Seabird Island and to Lytton First Nations. In January 2012, I received Indian Status under Bill C3 and this has made me think deeply about how I can work to best benefit our children in schools.

Presently, I am on an education leave from Siwal Si'wes in Mission and enrolled in the University of the Fraser Valley Teacher Education Program (TEP). This year my goal is to obtain teacher's certification, and next year I will be taking Halq'eméylem language courses at Stó:lo Shxweli. When I complete these, I plan to work in a First Nations school because I believe we need to fully engage with our education systems in order to re-establish ourselves as Xwélmexw on Sólh Téméxw.

I want to thank Mrs. Shari White and Ms. Barbara White for partnering with the University of the Fraser Valley (TEP) faculty and welcoming them into Lalme' Iwesawtexw. My faculty-mentor from UFV is Ms. Sheryl MacMath. As well, I want to give a heartfelt "yá!h yuxw kw'as hó:y" to my teacher-mentors: Mr. Shawn Boyse, Mrs. Crystal Boyse, Mr. Jonathan Sutton and Mr. Frank Compton for their support and teachings. I am returning to UFV for more courses, will return to Seabird Island for the long practicum February 3rd through to May. If you have questions you may email me at erica.jurgens@student.ufv.ca. I look forward to the learning journey, and I look forward to working with the children and families in this part of Sólh Téméxw.

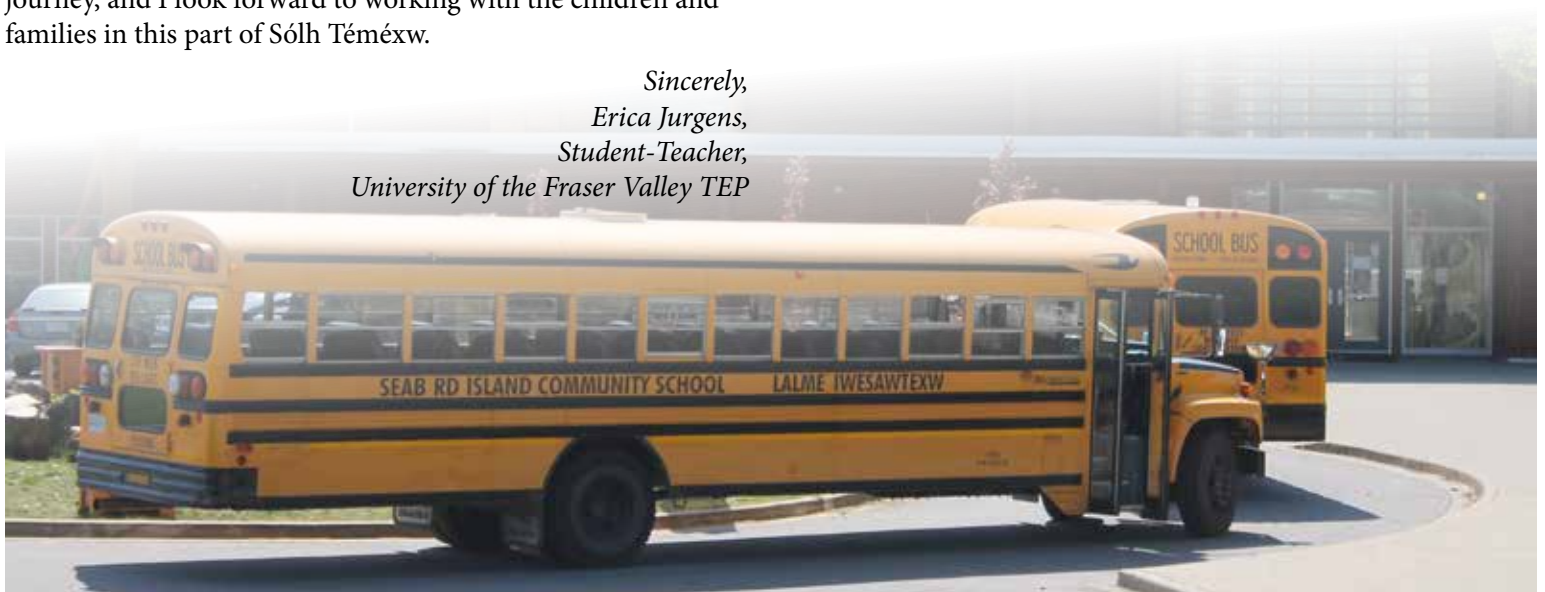
Sincerely,
Erica Jurgens,
Student-Teacher,
University of the Fraser Valley TEP

Mali Klésmes! I hope everyone has a safe and joyous holiday! The Christmas concert was a great success and I want to thank all the students who worked so hard in their performances. This month in Life Skills and CAPP we have been focusing on healthy living, as well as learning about dealing with changes that occur in our lives. In Math we are working on double digit addition, subtraction, multiplication, fractions, telling time and skip counting. In English we are continuing to read the novel "The Wonderful Wizard of OZ" by L. Frank Baum. Students are answering comprehension questions and learning new vocabulary words. Once finished the novel we will be watching the *Wizard of Oz* movie. In SS/SC/English we are now focusing on Science (ecosystems) with an emphasis on writing skills. Students are currently learning about the Arctic. They are writing complete sentences and analyzing elements of a paragraph. **A reminder:** If students are away they can go to moodle.seabirdisland.ca, click on "courses," click on "k-12," then click on "Ashleigh Blane." Students can then go to the week in which they missed and print-off what we did in class. This is a great way for students not to fall behind.

*Yalh yexw kw'as hoy,
- Ashleigh Blane*

The Senior English class is in the midst of our gothic novel study, Frankenstein. We are examining Mary Shelley's profound questions about science and society as well as the positive and destructive sides of human nature. Given the scientific advances of today such as cloning and the ways in which genetic engineering seem to be redefining life, Shelley's questions are very relevant. Mali Klésmes!

*Barbara White
M.A., M.Ed
Vice-Principal
Seabird Island Community School
604-796-3061*



Agassiz Elementary Secondary School Honour Roll

'A' HONOUR ROLL

Grade 7

Clara Burt
Cristina Cercel
Hailey Drury
Simon Grieshaber-Otto
Hailey Keating
Ashlyn Lowe
Makayla Morissette
Helaman Ochoa
Katie Schram
Dezrae Timmers
Rionna Vander Wyk
Sierra Visser

Grade 8

Seleen Banez
Kaliska Beauchamp
Emily Bestwick
Natanael Cercel
Paul Dumas
Jaydin Lees
Jessica Lucki
Kaitlin McGillivray
Kaela Pope
Hannah Sharples
Justine Stockely
Megan Vander Wyk

Grade 9

Jordan Baker
Tanner Douglas
Hannah Exley
Trevan Kozel
Alyssa Lawley
Bradee Lowe
Jacob MacPherson
Serena Madsen
Mercedes McBride
Henrietta McInroy
Sebastian Molina
Coby Sayo
Cody Sayo
Emily White

Grade 10

Ignacio Aguirre
Tamara Andrew
Lindsey Debruin
Taylor Lees
Jacob Lucki
Shareena Malhi
Braydon Peters
Euan Sayo
Hayden Simon
Sydney Vander Wyk
Ian Wilson

Grade 11

Zachariah Callander
Andrew Cercel
Megan Debruin
Carl Graham
Elisha Johnson-Jensen
Eric Peterson
Hunter Ramey
Alex Robertson
Melissa Vermette

Grade 12

Moise Cercel
Kaelin Duncan
Desireah Eustache
Maggie Eustache
Adrienne Ferguson
Kim Garcia
Mitchel Heaton
Esa James-Point
Faylen Jenkins
Nicole Johnson-Jensen
Ross McInroy
Zackery McNeil-Bobb
Emma Schram
Brian Tran

'B' HONOUR ROLL

Grade 7

Kayla Adrian
Taylor Borle
Trevor Carscadden
Wyatt Dorman
Connor Douglas
Tori Downs
Cole Faessler
Anna Fehr
Brandon Finlay
Cassandra Howe
Lucas Irwin
Zoel Jackson
Caleb Kafi

Katrina Lawley
Anna Madsen
Shilah Mair-Hope
Briann Peters
Opal Peters
Megan McCallum
Maggie McCurdy
Nadia McNeil-Joseph
Ivy McRae
Hannah Penny
Tyra Peters
Morgan Rumpeltes
Tiernan Short
Justin Smith
Kayla Stanway
Joree Walde
Annalise Wilkinson

Grade 8

Chelsey Baboth
Aidan Coughlin
Quinten Fast
Kevin Graham
Brianna Heaton
Amanda Heffell
Jessica Heffell
Haley Hodgkinson
Georgina Isacc
Darrian Jenkins
Drew Ramey
Quentin Robertson
Logan Sarka
Nicole Striker
Aidan Van Paridon

Grade 9

Chelsey Barnett
Nicole Callander
Dyllan Chadwick
Samuel Dyck
Riley Finlay
Kirsten Fleming
Cassandra Garand
Alexandria Howe
Matthew Irwin
Blake Kafi
Joey Kennedy
Lauren Lowe
Ben MacPherson
Quinton McNeil-Bobb
Owen McNeil-Joseph
Jessica Read
Alex Schwichtenberg
Martin Skoda
Jenna Smith
Camryn Striker

Grade 10

Cody Beauvais
Chase Bestwick
Daniel Cercel
Sean Clark
Justin DePatie
Zane Elliott
Millar Frederickson
Richard Harris
Teagean McNeil
Kayla Myles
Makenzie Peters
Lauren Reynen
Kevin Sanchez
Emily Stewart
Autumn White

Grade 11

Nick Allen
Trevor Bobb
Jasper Fast
Jeremy Harris
Resse Jacobi
Sean Lau
Makayla Pollock
Michelle Pollock
Amber Ruddell
Ashley Sicard
Jade Solomon
Denyce Timmers
Esme VanParidon

Grade 12

Megan Harder
Tyler Kafi
Shelby Kramer
Colby La Fond
Kyle Labrosse
Baillie Lowe
Katelyn Mackie
Siequa McNeil-Bobb
Alex Simpson
Katelyn Simpson
Jessica Sparks
Eric Theede

'Effort' ROLL

Grade 7

Taylor Borle
Clara Burt
Tori Downs
Hailey Drury
Cole Faessler
Brandon Finlay
Simon Grieshaber-Otto
Cassandra Howe
Lucas Irwin
Zoel Jackson
Hailey Keating
Ashlyn Lowe
Anna Madsen
Opal Peters
Maggie McCurdy
Nadia McNeil-Joseph
Ivy McRae
Makayla Morissette
Helaman Ochoa
Hannah Penney
Tyra Peters
Jan Phillips
Katie Schram
Tiernan Short
Dezrae Timmers
Rionnan Vander Wyk
Sierra Visser
Joree Walde

Grade 8

Chelsey Baboth
Seleen Banez
Kaliska Beauchamp
Emily Bestwick
Natanel Cercel
Jessica Heffell
Summer Kelly
Jaydin Lees
Jessica Lucki
Kaitlin McGillivray
Kaela Pope
Hannah Sharples
Justine Stoeckly
Megan Vander Wyk

Grade 9

Jordan Baker
Dyllan Chadwick
Tanner Douglas
Hannah Exley
Trevan Kozel
Alyssa Lawley
Bradee Lowe
Jacob MacPherson
Serena Madsen
Mercede McBride
Henrietta McInroy
Owen McNeil-Joseph
Sebastian Molina
Coby Sayo
Cody Sayo
Camryn Striker
Emily White

Grade 10

Ignacio Aguirre
Tamara Andrew
Cody Beauvais
Chase Bestwick
Daniel Cercel
Lindsey Debruin
Justin DePatie
Zane Elliott
Michaela James
Taylor Lees
Jacob Lucki
Keith Mabelle
Shareena Malhi
Kayla Myles
Braydon Peters
Lauren Reynen
Euan Sayo
Hayden Simon
Sarah Sisson
Sydney Vander Wyk
Karen Walton
Autumn White
Ian Wilson

Grade 11

Nick Allen
Trevor Bobb
Zach Callander
Andrew Cercel
Megan Debruin
Carl Graham
Jeremy Harris
Reese Jacobi
Elisha Johnson-Jensen
Hebrina McInroy
Sarah Penney
Eric Peterson
Michelle Pollock
Hunter Ramey
Alex Robertson
Esme Van Paridon
Melissa Vermette

Grade 12

Moise Cercel
Kaelin Duncan
Desireah Eustache
Maggie Eustache
Adrienne Ferguson
Kim Garcia
Megan Harder
Mitchel Heaton
Esa James-Point
Faylen Jenkins
Nicole Johnson-Jensen
Baillie Lowe
Ross McInroy
Siequa McNeil-Bobb
Zackery McNeil-Bobb
Emma Schram
Katelyn Simpson
Eric Theede

Community Column

We would like to hear from you!

Community Column Guidelines:

We are sorry we will not be able to post derogatory (disparaging or belittling) letters: Respectful letters will get you a better response!

Submit your letter to the editor by the 10th of the month. Drop off or mail your letter to the Seabird Island Communications Department.

Include your contact information: Include your full name, city, province, and phone number to verify you are a band or community member. *If you would like your letter to remain anonymous please let us know and we will make sure not to include your name in the newsletter.*

Be concise: Limit the letter to 1-3 paragraphs, up to a maximum of 1/2 page typed text.

Be clear: Make 1 main point.

Be accurate: Letters that are factually inaccurate are not printed.

Don't worry if your letter is not printed: Even if it is well written, it might not be printed if it addresses the same issues as letters already printed.

Each month these letters will be put forward *one letter will be selected and a response/answer will be posted along with the letter.*

We look forward to hearing from you!

HALQ'EMÉYLEM TRANSLATION CONTEST

There are three division A,B and C, which includes 50 words per division.

Register your students in the division you think they are capable to compete in. We have a YOUTH and ADULT category

WHEN
APRIL 24TH, 2014
10:30-2:00

TÓ:LT TE SQWÉLTELS

REGISTRATION
CALL Gail Point-Bisailon
604-796-0643 or
FAX 604-796-0627
EMAIL: education@stolotribalcouncil.ca

WHERE
Seabird Island
Community School
2895 Chowat Rd
Agassiz, BC V0M 1A0

TEAM EVENT

Max: 6 per team
Three Divisions
Youth ages 11-18 & Adult
Word List Available
All word pronunciations found on First Voices
<http://www.firstvoices.com/en/Halgemeylem/welcome>

LUNCH PROVIDED

SPONSORS

Abbotsford SD#34
Coqualteetza Education
Training Centre
Seabird Island Community
School



FREE Manicure/Pedicure

From December 9, 2013 to January 10, 2013
For Appointments Call: Alexandra @ College 604-796-6907

Post-Secondary Application Deadlines



Are you a registered Seabird Island Band Member interested in post-secondary studies to obtain a Certificate, Diploma or Degree?? Then **REMEMBER** these important deadlines to apply for post-secondary sponsorship...

Deadlines for **completed** applications are:

- | | |
|---|-------------------------------|
| ➤ For September (Fall) | May 1st |
| ➤ For January (Winter/Spring depending on institution) | October 1st |
| ➤ For May (Spring/ Summer depending on institution) | January 1st |

Funding of any application is dependent upon available budget.

For further information please contact:
Cindy Kelly-Student Services Worker at
604-796-2177 or cindykelly@seabirdisland.ca

SEABIRD ISLAND BAND AGRICULTURAL PLANNING SESSION

WITH BRIAN HARPER,
AGROLOGIST

**WHEN: TUESDAY,
JANUARY 7, 2014**

**WHERE: SEABIRD ISLAND BAND
MAIN BOARDROOM**

TIME: 5:00 PM – 8:30 PM

**DINNER WILL BE SERVED
AT 5 PM.**

**PLEASE RSVP FOR
CATERING PURPOSES.**

**LANDS DEPARTMENT
(604) 796-2177**

Seabird Island Band

Free Legal Clinic



**Upcoming clinic dates
at the Wellness Center.**

- January 7th**
- February 4th and 18th**
- March 4th**
- April 1st and 15th and 29th**
- May 13th and 27th**
- June 10th and 24th**

These are Tuesdays
starting at 1:30 p.m.

**Want free
legal advice?**

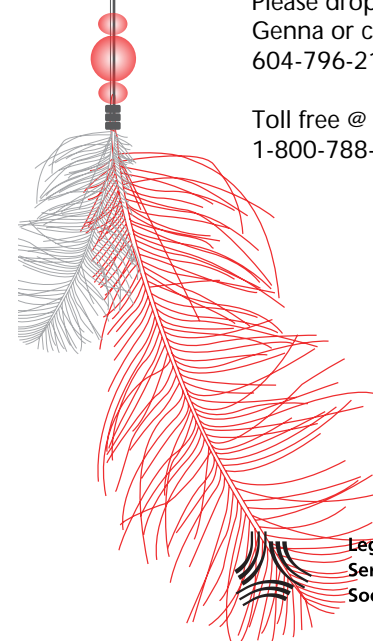
Then call Genna at the Seabird Island Band office to make an appointment.

If you need help with

- *Child Protection
- *need help getting a lawyer
- *Custody
- or other family matter

Please drop in and visit Genna or call her at 604-796-2177 or

Toll free @
1-800-788-0322



Legal
Services
Society



Si:west ye Selyolexwe

Elders House of Learning and Teaching

“Elders teaching Elders”

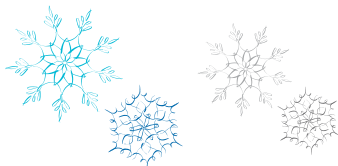
Winter Series starts January 8th

Join Elders as we gather to discuss important topics. Nine weekly gatherings are planned for the Winter Series.



Deadline for enrollment:
January 6, 2014.

Call us for more information



Heather McDonald : 604-796-2177 Local: 5033

Ashley Armstrong : 604-796-2177 Local: 5026

Ralph Leon : 604-796-2177 Local:
siwestyeselyolexwe@gmail.com

Every Wednesday Elders gather at Seabird Island, Chawathil and Stó:lo Nation. Guest speakers, renowned local Elders, facilitate discussion on topics such as leadership and culture. Videoconference will bring us all together.

LUNCH and TRANSPORTATION PROVIDED

Elders who cannot leave their homes can join.
We lend computers and provide support..

FAMILY WELLNESS CENTER

**SEABIRD ISLAND
FAMILY WELLNESS CENTER**
2894 CHOWAT ROAD

UPSTAIRS WELLNESS # 604 - 491-8969

Do you have a question about substance use/misuse? Have you ever wondered what mental health is? Have you wanted to find answers to these questions but, you are unsure where to go or how you feel about talking with anyone.

**Daniel Pauna will be here every Monday
from 2:00PM-3:30PM**

January 6th, 2014: Making it Clean: Principles of Recovery

January 13th, 2014: Understanding Substance Use and Mental health Disorders

January 20th, 2014: Marijuana use.
The escape to Now Where

Jan 27th, 2014: Borderline Personality Disorder and Addiction

INCLUDING HOW MENTAL HEALTH IMPACTS COMMUNITY WELLBEING.

Seabird Island Wellness Center is pleased to announce new informative informational sessions on mental health & addictions.

New and interesting topics, discussions each week and changing every month.

Topics can include: What is mental health? Who what and how mental health impacts you and your community's wellbeing?

Understanding addictions, recovery and how do I or can I support someone with a mental health issue.

Sophie's Positive Parenting Corner

*Seabird Island Band
Family Wellness Center (Upstairs)
2894 CHOWAT ROAD
604 - 491-8969*

Starting January 06th, 2014 Positive Parenting Group with Sophie New & Interesting topics:

January 6th, 2014 Teach your Child the Charity of Habit!

Followed by Parenting Works Series

January 13th, 2014 Bedtime, Friends, Food

January 20th, 2014 Family Television, Babysitting

January 27th, 2014 Responsibility, Safety, Siblings

Also Watch and Sign up now for Up-Coming Spring Time Activities at the Wellness Center

"Healthy Relationship Workshops"

"When Loves Hurts"

"A Women's Guide to Understanding Abuse in Relationships"

&

"Around the Kitchen Table"

If you would like to learn more about positive parenting tips please contact Sophie @ 604 -796-2177

Seabird Island Band

Sophie Anderson

Family Development Worker

5 Tips for Keeping Your Teen Safe This Holiday Season and into the New Year

See more at: <http://intervene.drugfree.org/2012/12/5-tips-for-keeping-your-teen-safe-this-holiday-season-and-into-the-new-year/#sthash.cdGKhKZw.dpuf>

- Be sure your teen understands that drinking under the age of 21 is illegal and unacceptable.
- Know where your teen is going, and ask lots of questions. Who will be there? Will alcohol or other drugs be present? Will adults be home? Do those adults tolerate drinking in their home?
- Discuss with your teen situations in which he or she might be offered drugs or alcohol, and plan ways for how they can respond. Be sure your teen knows to call 911 immediately if a partygoer needs medical attention. For tips on how to talk to your teen and for strategies he or she can use to decline drugs or alcohol, see our [Parent Talk Kit](#).
- Make a plan with your teen for how he or she will get home. Remind him or her never to get in a car with a driver who has been using drugs or drinking. Provide money for a taxi or public transportation if it is available and safe in your area. Make an agreement with your teen that if he or she calls to ask for a ride, you will come immediately (no matter where or what time), with no questions asked until later. [Here is a contract](#) you and your teen can use to establish a clear understanding of acceptable actions.
- Be a role model, and know that your behavior is a major influence on your child. Drink responsibly, and don't abuse alcohol or drugs. Never drive under the influence of alcohol or any other intoxicating substance. Never get in a car with a driver who is under the influence. Safeguard your prescription medicine and [only use it as directed by a doctor](#).

Chicken Chili

Total Time:
2 hr 0 min
Prep: 15 min
Cook: 1 hr 45 min
Yield: 6 servings



Ingredients

4 cups chopped yellow onions (3 onions)
1/8 cup good olive oil, plus extra for chicken
1/8 cup minced garlic (2 cloves)
2 [red bell peppers](#), cored, seeded, and large-diced
2 [yellow bell peppers](#), cored, seeded, and large-diced
1 teaspoon [chili powder](#)
1 teaspoon ground cumin
1/4 teaspoon dried [red pepper flakes](#), or to taste
1/4 teaspoon [cayenne pepper](#), or to taste
2 teaspoons kosher salt, plus more for chicken
2 (28-ounce) cans whole peeled [plum tomatoes](#) in puree, undrained
1/4 cup minced fresh basil leaves
4 split [chicken breasts](#), bone in, skin on
Freshly ground black pepper

For serving: you can add Chopped onions, corn chips, grated cheddar, [sour cream](#)

Directions

Cook the onions in the oil over medium-low heat for 10 to 15 minutes, until translucent. Add the garlic and cook for 1 more minute. Add the bell peppers, chili powder, cumin, red pepper flakes, cayenne, and salt. Cook for 1 minute. Crush the tomatoes by hand or in batches in a [food processor](#) fitted with a steel blade (pulse 6 to 8 times). Add to the pot with the basil. Bring to a boil, then reduce the heat and simmer, uncovered, for 30 minutes, stirring occasionally.

Preheat the oven to 350 degrees F.

Rub the chicken breasts with olive oil and place them on a baking sheet. Sprinkle generously with salt and pepper. Roast the chicken for 35 to 40 minutes, until just cooked. Let cool slightly. Separate the meat from the bones and skin and cut it into 3/4-inch chunks. Add to the chili and simmer, uncovered, for another 20 minutes. Serve with the toppings, or refrigerate and reheat gently before serving.

Position Title: Aboriginal Welder Level C Program - Teacher/Instructor
Department: Seabird Island Community School
Posting: JP-2013-021

Position Summary:

Seabird Island Community School (Adult Programs) is seeking a teacher/instructor for its Welder Level C for the 2012/2013 school year. This dual credit program offers the ability for students to complete their B.C. Adult Dogwood and get their Welder Level C credentials at the same time. Applicants must have Welder Level C and Metal Fabrication certification, 5 years experience in the industry and have either a Professional Instructor's Diploma or extensive teaching First Nations students in either a K to 12 or post-secondary level. Because these are dual credit courses, are being taught under the B.C. Ministry of Education requirements and can be used towards a B.C. Adult Dogwood, applicants who have a Bachelor of Education degree in addition to the above qualifications will be given preference. Experience in First Nations communities is essential and preference will be given to First Nations applicants who meet the qualifications. Position begins February, 2014 and goes until the end of July, 2014.

Qualifications/Requirements:

- Welder Level C and Metal Fabricator certification
- Minimum 5 years experience in the industry
- Professional Instructors Diploma and/or experience instructing at K to 12 or post-secondary level
- Candidates with a Bachelor of Education in addition to the other qualifications will be given preference
- Experience teaching welding, both theory and practical lessons to adult learners
- Experience working or teaching in a First Nations environment an asset
- A strong passion for teaching and adult learners

Primary Responsibilities:

- Develop and deliver curriculum for the Aboriginal Welder Level C Program Instructor that meets the Industry Training Authority standards.
- Undertake daily instruction that engages students
- Prepare and undertake assessments
- Prepare students for their certification examinations with high results
- Work with the Education Department to provide additional supports to struggling learners
- Prepare students for careers within the Welding/Ironworker field
- Create an engaging and encouraging environment for adult learners
- Assess students and prepare report cards and report attendance in a timely manner
- Monitor student attendance and performance

Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal Ancestry

Interested candidates are invited to submit a resume, covering letter and 3 references to:

Human Resources - Seabird Island Band
P.O. Box 650 Agassiz, B.C. V0M 1A0
Phone 604-796-6814
Fax 604-796-3729
humanresources@seabirdisland.ca

Deadline to apply: January 20, 2014

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest

JOB POSTINGS

Position Title: Training and Employment Advocate
Department: Health and Social Development
Competition Number: JP-2013-013

Position Summary:

The Employment and Training Advocate is responsible for working with clients one on one and in small groups to assist clients overcome one or more barriers that are inhibiting their ability to gain employment. Clients will range from 19-24 years of age. The successful candidate will provide education, information and assistance to clients on all aspects of employment, education, training, and life career planning. The Employment and Training Advocate take a hands on approach to assisting their clients in finding employment including building relationships with potential employers.

Qualifications/Requirements:

- Post-secondary education in Career Development and or Job Club, ACEC, Life Skills, or A&D (a combination of education and professional experience will be considered)
- Ability to format and facilitate employment, training and education related workshop activities.
- Excellent computer literacy on database, Windows, Microsoft Word, Excel, Publisher and other computer applications.
- Ability to balance competing priorities and to work well under pressure to meet regular reporting deadlines.
- Excellent verbal, written and listening skills to record, input statistics, client interventions and to format reports for management and funding agencies.
- Valid drivers' license and reliable vehicle
- High standard of professionalism and work ethic.
- Knowledge of the Sto:lo culture, traditions and language is an asset.

Primary Responsibilities:

- Conduct one to one employment counselling Interviews clientele to obtain employment history, educational/training background and career goals
- Identify barriers to employment and assist clients with job readiness skills, job search strategies, formatting resumes and cover letters, skills development, preparing for job interviews and transition to work
- Conduct appropriate referrals for clientele to secure assistance in drug and alcohol issues, mental health, rehabilitation, financial aid or skills development training
- Prepare and facilitate skills training workshops
- Schedule service delivery to participating communities (may require over night travel)
- Research and collect labour market information for clients
- Maintain a job bank of clientele to refer to casual labour positions within the communities
- Liaise with local employers to assist with recruiting and maintaining aboriginal employment
- Market employment and training Centres training programs and services and provide outreach assistance
- Prepare reports for supervisor, manager and funding agency(ies)
- Assist with typing forms, letters, data entry, and faxing, photocopying, scheduling and confirming appointments.
- Compile and distribute weekly job postings via email or fax to community outreach locations as well as assisting to maintain the daily Job Posting Boards and binder

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry

Interested candidates are invited to submit a resume, covering letter & three references to:

Human Resources - Seabird Island Band
P.O. Box 650 Agassiz, B.C. V0M 1A0
Phone 604-796-6814
Fax 604-796-3729
humanresources@seabirdisland.ca

Deadline January 6th, 2014

*We regret that we will only respond to those applicants chosen for an interview.
We thank all applicants for their interest*

Position Title: Better At Home Co-Ordinator
Department: Health
Competition Number: JP-2013-023

Position Summary:

The Better At Home program is designed to assist individuals in need of assistance including elders with household tasks. These tasks include general yard work, home cleaning and small maintenance, shopping, and other tasks. The Better At Home Co-Ordinator will recruit and supervise a team of volunteers and contractors to provide these services to Seabird and other communities. This is a full time position with a 1 year term.

Qualifications/Requirements:

- Completion of high school, adult dogwood, or other equivalent
- Experience supervising large teams of staff or volunteers
- A strong passion for communities and inclusion
- Experience planning and organizing large scale events (formally or for family events)
- Experience providing exceptional customer service and meeting deadlines
- Experience using the Microsoft Suite (Word, Excel, PowerPoint ect...)
- Ability and willingness to work evenings and weekends when required
- Highly organized
- Must be a master multi-tasker
- Ability to prioritize
- Highly dependable and reliable
- Must be able to work under pressure
- Valid BC driver's license and own transportation
- Knowledge of local culture would be strongly preferred

Primary Responsibilities:

- Recruiting, supervising, and organizing a team of volunteers and contractors
- Identifying, prioritizing, and assigning tasks to team member to meet the needs of clients
- Build strong rapport with clients or potential clients
- Maintain regular contact with all supported Bands and communities
- Predict needs of clients to ensure program remains proactive
- Transport volunteers and contractors to various worksites throughout the service are

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry

Interested candidates are invited to submit a resume, covering letter & three references to:

Human Resources - Seabird Island Band
P.O. Box 650 Agassiz, B.C. V0M 1A0

Phone 604-796-6814
Fax 604-796-3729
humanresources@seabirdisland.ca

Deadline Monday January 6, 2014 4:00 PM

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest

JOB POSTINGS

Position Title: Director of Corporate Affairs

Competition Number: JP-2013-018

Position Summary:

Under the direction and supervision of the Chief Executive Officer, the **Director of Corporate Affairs** shall provide leadership and management expertise, in accordance with Band policies. Specifically the **Director of Corporate Affairs** shall be responsible for the efficient, effective and productive operation of the **Corporate Affairs Department**.

Plans, organizes, directs, controls, and evaluates departments responsible for corporate governance and regulatory compliance, Lands, Rights & Title, Policy & Laws, records management, communications, security services, admissions and other administrative services. The successful applicant will be able to demonstrate their ability to supervise a variety of programs some of which they may have no direct experience in.

Qualifications/Requirements:

- Bachelor's degree in a related field accompanied by 7-10 years of progressive experience in a related field.
- Experience in a First Nation or municipal setting
- Experience supervising staff in a multi-level environment
- Proven project management skills
- Intermediate software experience in MS Office Suites, Enterprise resource planning (ERP) Software, GIS, and Sharepoint,
- Ability to learn new software
- Experience creating, maintaining, and operating with in a Budget
- Knowledge of the Sto:lo culture, traditions and language would be an asset
- Thorough understanding of CMHC, AANDC Health Canada programs, policies, and reporting requirements
- Knowledge of local applicable bylaws and procedures, governance and applicable policies
- Extensive experience working with legal contracts and tender documents
- Ability to manage financial statements and the budgeting process
- Knowledge of management principles and skills in relation to planning, scheduling, and costing and controlling and creating work plans
- Must possess strong communications, public relations, and leadership skills
- Understanding and applying Human Resource Management Practices
- Must possess strong negotiation skills

Primary Responsibilities:

- Develops and manages the organization's corporate and governance, physical and staff resources.
- Seeks new funding opportunities including writing proposals, funding applications, grant applications, from private and public funding agencies.
- Analyzes complex resource management issues and initiatives that affect the organization, and preparing associated reports, correspondence and submissions.
- Represents the organization at negotiations, conventions, seminars, public hearings and forums.
- Reviews financial statements, sales and activity reports, and other performance data to measure productivity and goal achievement and to determine areas needing cost reduction and program improvement.
- Manages staff, preparing work schedules and assigning specific duties.
- Establishes and implements departmental policies, goals, objectives, and procedures, conferring with board members, organization officials, and staff members as necessary.
- Plans and directs activities such as sales promotions, coordinating with other department heads as required.
- Provides services promptly and respectfully.
- Provides services equitably according to Band policies and Administrative Standard Operating Procedures.
- Provides services in a culturally sensitive manner.
- Presents a professional demeanor in the workplace and while conducting business for the Band.
- Respects Band members' rights and entitlements.
- Ensures that confidential information in any form is maintained.
- Assuming responsibility for all department personnel, i.e. hiring, orienting, supervising evaluating, assisting by means of training and termination (with due process), if and when necessary.
- External relationships are maintained with Seabird staff, Council, Band members, Government agencies, suppliers and contractors as required
- Meet with portfolio on a regularly scheduled basis and as required for special projects
- Making appropriate department financial/accounting decisions that meet the requirements of the department and reports that accompany them.
- Initiating or conducting department staff meetings/workshops as necessary for training purposes and/or to define goals and objectives, identifying and resolving departmental issues, needs, etc.
- Oversee the purchase all supplies, Materials and equipment as necessary
- Maintaining an all-inclusive (schedule, budget, etc) planning file, which chronicles the implementation of the Strategic Plan in such a manner that a current status report (Tactical Plan) can be provided to the Management Committee upon reasonable notice to do so.
- Prepare and oversee activity reports and work order forms
- Recommend the purchase of goods and equipment

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry

Interested candidates are invited to submit a resume, covering letter & three references to:

Human Resources - Seabird Island Band

P.O. Box 650 Agassiz, B.C. V0M 1A0

Phone 604-796-6814 Fax 604-796-3729 humanresources@seabirdisland.ca

Deadline January 6, 2014

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest

Seabird Island Employment, Training & Social Development

Office: 604-796-6865
Fax: 604-796-3729
Toll Free: 1-800-788-0322

2895 Chowat Road
P.O. Box 650

COMPUTER USE

All clients are welcome to use the computers in the Income Assistance office for job search, and/or resume creation. If you require assistance please make an appointment with Jill or Pat.

Please note** Computers are strictly for Career Research & Employment Services.

EMPLOYMENT OPPORTUNITIES

Job Posting Binder is updated frequently! If you need information or help filling out online applications please come in and ask for assistance.

FEBRUARY MEAT PACK ORDERS

Please place your order with Andrea. Orders must be received by the January 15th, 2014 to be available for pick up on the next income assistance day.

TRADITIONAL FOOD PANTRY

Please return any jars you may receive from the traditional food pantry as this will help us continue with this program next year. Thank you in advance.



ADVANCED GROCERY ORDER

Delivery for clients that submitted an advance grocery order will be January 10 & 11, 2014. Please make sure someone is home. Pick up is also available at the income assistance office. Please call 604-796-6865 and let us know if you will be picking up your order.

DRIVER'S ED

Ed Armstrong is the Driving Instructor/ICBC Liaison worker. He is helping students obtain their Learner's or New Driver's License.

**Do to the amount of no shows/continual no shows there may now be a charge for future driving lessons if you miss your appointment. Please call [604-703-8253](tel:604-703-8253) 24-48hrs in advance if you are not able to make your appointment.

TRAINING OPPORTUNITIES

We will be offering the following Courses:

First Aid Level 1	January 15, 2014
Cashier Training	February 18-19, 2014
Construction Safety	Online & self Paced

If interested please leave your name and contact info with Andrea. Interviews will be scheduled prior to training. Please note that there are limited seats available.



EMPLOYMENT PLANS

Employment Plans are due before the 20th of each month. Appointments can be made with Pat or Jill prior to Income Assistance day to avoid waiting in line. College students are also reminded to bring your monthly student attendance record to your appointment.

INCOME ASSISTANCE INFORMATION

- * January 2014 cheque issue is Wed. Jan 29th 2014
- * Renewals are due by the, **15th of the month.** If not handed in before the 15th of every month your cheque **will not be processed until the following week.** There will be no exceptions!
- * Hydro and Fortis bills need to be handed in monthly. Please submit to Andrea.
- * Reminder to update your **current phone numbers and mailing addresses** with Andrea.
- * Please bring in your **bank statements** when you pick up your monthly cheque.
- * Remember if you have changes in your household to bring in a new Tenancy Agreement.

The employment services that are provided at Seabird Island are funded by SASET through an agreement with Service Canada. First Nation people who are status/non status, live on/off reserve and Inuit individuals who seek employment services are welcome to access these services.

260+ hard copy production
60+ e-mail production
more available for download
on the Seabird website.

ADVERTISEMENT RATES

Advertising for Seabird Departments and Programs are funded through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

Flyer Insert (supplied printed already by client) \$20.00

Advertisement rates (per issue) for organizations:	Band Member	Outside
Full color page (8 x 10)	\$75.00	\$135.00
Full color ½ page (8x5 or 10x4)	\$37.50	\$65.00
Full color ¼ page (4x5)	\$18.75	\$32.50
Full color bus card (2.5x 3)	\$9.50	\$20.00
Greyscale page (8 x 10)	\$20.00	\$37.50
Greyscale ½ page (8x5 or 10x4)	\$15.00	\$25.00
Greyscale ¼ page (4x5)	\$10.00	\$17.50
Greyscale bus card (2.5x 3)	\$ 8.00	\$12.50

Classified Advertisements
(non-band member) .40¢ per word
\$4.00 Minimum

All fees are not for profit, they all help us produce this newsletter.

AGREEMENT

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

We reserve the right to revise, edit, classify or reject any advertisement.

DEADLINES

Submissions and Advertisement are due by the 20th of each month or if the 20th lands on a weekend then deadline lands on the Friday before.

OFFICE HOURS

Monday - Friday 8:00 a.m. - 4:00 p.m.

DELIVERY

The first (1st) of each month

Sandy Bobb

Phone: 604-796-2177

Direct: 604-796-6838

Website: www.seabirdIsland.ca

E-mail: sandrabobb@seabirdIsland.ca

Health Comics



Quote of the month

Do not wait until the conditions are perfect to begin. Beginning makes the conditions perfect.

-Alan Cohen

Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.

-Saint Francis of Assisi

Peloques/ January

Birthstone: Garnet alternative stones: onyx, ruby, turquoise, blue topaz, lapis lazuli

Color: Red, green and black

Sign: Capricorn Dec 22 - January 20

Flower: Carnation

Halq'emeylem Word Search

- Tàtsel** just arrived
- Ts'áts'elem** Having labor pains
- Yálhò** Begin, start,
- P'áp'eq'em** blooming, (flowering)
- Shxwiyxwiyòs** Early-bird
- Syíq** a snow, a snowfall
- xets'ò:westel** beginning in January
- áylexw** get better (from sickness), get well, revive
- syémyem** to be pregnant
- xwét** to tear, it rips
- spekw'em** bloom or (plant) fuzz
- slí** sleigh
- p'ít** bring it out for the first time
- théwelhem** spawning
- elhsxá** First time

- Sxéytl'** Winter
- élcjep** Firewood
- Sqá:qele** Baby
- Qítes** New spirit dancer's headband
- Lheméléts'** Deer fly

X	X	M	E	Q	M	E	P	S	S	L	M	É	T	S	H	P	S	Y
S	M	E	M	X	Í	T	Á	'	'	M	É	Á	P	É	L	T	Y	W
P	E	'	E	Y	T	Y	L	T	Í	Í	Y	É	X	Í	W	L	Á	X
E	Y	Q	H	L	E	T	S	E	W	:	Ô	'	S	T	E	X	L	E
K	M	E	L	E	'	S	T	Á	'	S	T	É	L	É	M	E	H	L
W	É	'	E	S	Q	Á	:	Q	E	L	E	P	L	T	T	W	Ò	Y
'	Y	P	W	Q	Í	T	E	S	S	Í	Ò	Á	Á	C	Y	X	S	Á
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M	X	'	H	S	Ò	Y	I	W	X	Y	I	W	X	H	S	E	X	'
T	L	P	T	À	T	S	E	L	H	S	X	Á	'	T	T	S	P	S

YOO HOO - Mystery Incentive - WIN A PRIZE!

All Seabird Band Members and Community Members who bring in this completed Word Search to the Communications Office will be put into a draw for a chance to "WIN" a mystery prize.

Submissions due: by 4 p.m. Fri. December 10th
Draw Date: January 13th, 2014

Congratulations to last months winner: Peter Andrew Jr.!

Name: _____

Phone #: _____

Seabird Address OR SIB Status #: _____

This information is not kept it is only to verify if you are a Seabird Member, it will disposed of following the draw.



'Round The Rez

Community Events, Workshops & Outings

BUILDING BOOKING AND MEETING ROOMS

► **Karla Kay** looks after booking the band gym, and all meeting rooms that are located within the band office. You need to fill out forms to do a booking. Any other questions please call me at 604-796-6893.

► **Ashley Thompson** looks after booking of the Millennium Hall she can be reached at 796-6854.

FIELD LIGHT BOOKINGS:

See **Keena** 604-796-2177 to book the field lights for your sports team.

\$2.⁵⁰ for band members and
\$8.⁵⁰ for non-band members.

GARBAGE SCHEDULE

REGULAR GARBAGE:
Monday and Thursday

COMPOST GARBAGE:
Monday and Thursday
(Contact Aaron McNeil for more information)

RECYCLE: Tuesday's

MAJOR GARBAGE: First Wednesday of each Month
(sign-up at the Band Office)

If you need a **Bin dropped off** for your major cleaning. Ask for Art or put in a request in writing.

Dump any water out of your trash cans to reduce mosquitos. These cans of water can be prime breeding grounds for 1000's.



STATUS CARDS

To apply for or renew your Status Card, please contact membership @seabirdisland.ca

Currently the Membership Office is "Out of Stock" for Status Cards.

DENTAL CENTER

Seabird Dental is available
Monday - Thursday 8 - 4:30
Friday 9 - 3

* Seabird Dental is accepting new STATUS PATIENTS.

Tuesday

WALK-IN PAIN CLINICS

Every Tuesday afternoon from 1 - 4 p.m.
(first come- first served)

Please come to the Dental desk and register your name and note your dental problem.

* Patients will be screened & most urgent problems seen first.

INDIVIDUAL AND TEAM SPONSORSHIP FOR SPORTS



Please contact **Karla Kay** to request an application for sponsorship for teams or individual. An event flyer, posting or fax with contact information relevant to the events must be submitted with the application/ along with a roster (comprising of a community member/ band member name). Applications must be submitted a minimum of 10 days prior to the event for sports and recreation. The responsibility of ensuring that all of the proper documentation is received by the Events Coordinator belongs to the applicant. The decisions will be based on funding availability.

AMBULANCE BILLS



Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NHIB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Ambulance bills – I can only help with anyone that has a status number other than that everyone else has to pay for their own unless it's an ICBC claim.

Contact Maggie Pettis for more information at 604-796-2177

BABIES MEDICAL CARDS

Apply for Medical Card renewals and Status Cards for babies as soon as possible.

Contact CHR; Maggie Pettis 604-796-2177

MEDICAL CARDS

Assisting people with their medical cards, if they are lost or stolen and need a replacement.

*Each client is responsible for paying for their medical cards as well if they've been lost or stolen more than 2 times and the cost is \$20.00 for each card.

Sorry I don't help with people getting their BC ID

Contact CHR; Maggie Pettis 604-796-2177

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m.
Seabird Island Community Hall.

Website for AA in BC: <http://www.bcayukonaa.org/>



CATERING & FUNDRAISING

Please contact **Karla Kay** to get on the catering/ fund-raising list for this year. You need to fill out an application and submit your food safe certificate. This also includes if you want to book a day to set-up in the foyer to sell items. Any other questions please call me at 604-796-6893.

VOLUNTEERS REQUIRED

Please come and inquire with **Karla Kay** if you would like to have your name on the listing for helping during Band events with set-up, clean-up, cooking, decorating, and child minding... We are always looking for people to help with any functions that we host here in the Band office.

OPTOMETRIST CLINIC

Dr. Ahmed's

If there are any clients that may want to be seen, please send Maggie your names, birth dates, status numbers and medical numbers as soon as you can.

Dr. Ahmed's patients who have a booked appointment must phone in and cancel if they are unable to make their scheduled appointment. If scheduled appointments are booked and have been no show 3 times, Health Canada will not cover these clients and it's not in Dr. Ahmed's control to book any future appointments with those clients.

Do you have an outstanding glasses order with Dr. Ahmed?

If you still want to purchase your glasses. You can contact Maggie to see what you owe or pay Maggie and she can follow up with Dr. Ahmed regarding a payment.



MAMMOGRAM



The next mammogram clinic is scheduled for February 5th.

Please make note the clinic is for any lady over the age of 40.

We look forward to seeing you there!