

# the SIEABIIRID ISILANID

www.seabirdisland.ca

Because news isn't all bad or boring!

# Seabird 45<sup>th</sup> Annual Festival



Another great festival held by the Seabird Island Community! Thank you so much to everyone that attended and participated. It was so nice to see everybody enjoying the event, playing games and joining in on all the activities.

A list of all the allstars and some photos can be found on pages 14 & 15.

# Mosquitoes!

June 2013

# Ready or not, here they come!

Check around your yard for hatching areas. **Dump any standing water!** 

**Call John** if you have a pond or any swampy areas around your yard!

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# We would like to invite you to attend the Seabird Island Aboriginal Day Celebrations on June 19th 2014

# **Aboriginal Day Event**

June 19<sup>th</sup>, 2014 **Time:** 10:00 am -2:00 pm **Where:** Seabird Island Band Gym Come out and enjoy the following:

- Face painting, Traditional Foods Display, First Nations Crafts (for attendees to make and take home), Bannock Station,
- 11:00 12:00 Traditional Performers,
- 12:00 Guest Speakers,
- 1:00 Lacrosse Demonstration.

We look forward to seeing you at this day of celebration.

# Seabird 45<sup>th</sup> Annual Festival

Every year teams and spectators travel so far to attend our Annual First Nations Festival. Each year we grow with teams and the logistics of planning our event. We take great pride in planning our event and would like to hear any suggestions, concerns or new things to look at offering. Our Committee makes the commitment to be involved in the planning and ensures the logistics of the event is planned accordingly. Every year we improve different areas of the event from comments/ feedback. From what our event has grown over the numbers of year we have held the Festival is amazing. To have our staff involved to work in all area throughout the weekend is teaching that guides our event. Without the staff involvement and teams being involved our event would not exist. Our hands go up the communities that have great coaches/parents that send their Children. Youth, Adults to our tournament to take part in. So please take the time to thank each other and acknowledge your work.

**Please Note:** All Band and Community Members that would like to hold raffles and fund-raisers during Seabird Festival weekend need to submit to the Festival Committee in writing prior to the event. The Festival Committee are the ones who authorize raffles and fund-raisers. The Festival Committee gives Angie direction to shut you down if you are not pre-approved.

### Angie Chapman

Community Services Program Manager



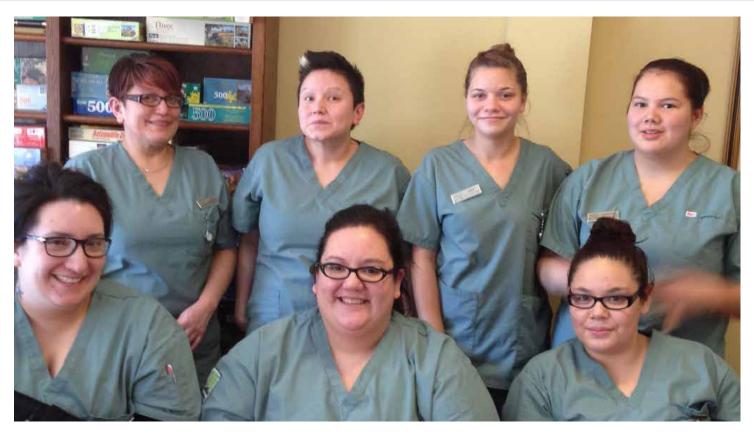
## Thank you to the Coordinators for Seabird Festival 2014

Parking – Edie Karacsonyi Information Booth - Sara Silver Maintenance, PA System - Art Andrew Ball Hockey - Keena McNeil Adult Soccer - Stacy McNeil Youth Soccer – Jay Hope BBQ - Rose Charles
Cultural - Evelyn Peters
Main Concession - Carlene Brown
Band Concession – Ashley Thompson
Communications/ Photography

Sandy Bobb

Finance- Lisa Douglas, Nigel Selvadurai War Canoes- Matilda Charlie Staff and Volunteers - Angie Chapman Security - Griffin Investigator & Security Services Ltd. First Aide - Abbotsford Brigade

# **Aboriginal Practical Nursing Students**



Kwikpoint"



(Angi Peters, Tasheena Peters, Carly Hope, Pamela Hope, Maggi-Lynn Peters, Emma McNeil, Patricia Bobb, Amanda Peters.)

Congratulations to our Aboriginal Practical Nursing students! They are half way through the 2 year program! Seabird has partnered with Vancouver Community College to once again offer the Practical Nursing Program on Seabird. The 8 women representing Seabird and Chawathil are currently working their way through the intense 2 year program.

They began their journey with upgrading and prerequisite courses in September 2012; progressing to the Practical Nursing program courses in September 2013. Program completion will be the end of May 2015. Once they have successfully completed the program they will be eligible to write the Canadian National Practical Nursing Exam and become Licensed Practical Nurses.

# When you see these students in the community congratulate them!

# Hey you!

ĈŜt inspired minds™ learning project

CST is giving away \$100,000 to ideas that could change childhood learning for kids ages 0-10 in our community. Visit learningproject.cst.org

### **MY IDEA IS**

# Seabird Island-Children's Community Garden

Health and Well-Being • Idea #78 • Agassiz, BC

If you like what you see, vote for my Idea Page on the CST Inspired Minds Learning Project. **Your vote could bring us closer to winning**, enable this vision to life!

#### Please visit learningproject.cst.org/ideas/78 to vote today!



## Posted by: Carolyne Neufeld

My name is Carolyne Neufeld and I am the Health Director at Seabird Island Band. I am in full support of the Children's Community Garden for our 10 Early Childhood Education Programs and our Elementary School. This garden will make an extreme impact on the 350 children enrolled in our programs on Seabird Island. We believe that a healthy community is one that has achieved physical, emotional, mental, spiritual and cultural balance starting with our youngest community members. Seabird Island Band has placed a high priority on Food Security for everyone in our community. Beginning with our youngest members we are committed to ensuring that no one goes hungry when they live in Seabird Community. Our children will learn sustainability through learning how to live off the land, which many First Nations' families want to return to. The Children's Community Garden has many positive aspects such as: education, culture, teamwork and healthy lifestyle. Additionally, this project will help our little ones to grow and develop into adults that lead positive and meaningful lives.

### **Idea Description**

Our learning idea is to create a Children's Community Garden specifically for children aged 0-10. Since all of our programs are in close geographical proximity, the garden will be accessible by all children. There will be 12 square planting beds (10\*10) for each program to use within the garden. The garden will be utilized in many aspects of learning including culture, personal growth, healthy lifestyle and education. The garden will also be used as a therapeutic tool for the children with development challenges and children that have endured trauma in their lives. Our hope is for children to become excited about learning in a fun and practical way. Children will also learn how to maintain a healthy lifestyle through learning meal preparation and canning. A portion of the fruits, vegetables, and herbs from the garden will be donated to our On-Reserve Food Bank Program. The Children's Community Garden would help our children to develop positive characteristics such as empathy, teamwork, and purpose.

## WE NEED YOUR VOTES!

The Seabird Island Early Childhood Development Programs has applied for funding to create a Children's Community Garden for children aged 0-10 enrolled in our Programs. CST Inspired Minds is giving away a total of \$100,000 in prizes based on the number of votes. We are hoping everyone will support us by voting daily from May 20-June 2. Below is the process on how to register and vote:

- 1. Go to: <u>http://learningproject.</u> <u>cst.org/78</u>
- 2. Click on the left hand side register.
- 3. Fill in your name, email and create a password. There is information below asking if you are interested in certain information from CST. Please feel free to unclick the boxes. Then click register.
- 4. There will be an email sent your inbox in which you will need to confirm to finalize the registration process.

From here you can vote <u>once</u> <u>per day</u> for our idea (Idea #78). The first voting period is from **May 20-June 2**. If we are one of the top ideas with the most votes, we will have the opportunity for an additional voting period for the grand prize of \$20,000.

We greatly appreciate your time and support. *This voting is open to the public so we are encouraging everyone to spread the word to your family, friends and community.* 

# **Recycle:**

Thanks to all those who have been recycling!

We are now asking that all recycling be separated additionally to the following:

\* Paper products separated from everything else.

This will help our team with the sorting we must do following pick up into the categories given to us by MMBC.

We also request that compost be kept separate from the recycle as it has been in the past.

We appreciate all of your efforts and cooperation in our move to be more environmentally friendly!

Miss the pick up on Monday? Or have more items to drop off?

DEPOT HOURS Tuesdays from 9-12 and 1-3

Depot is located at the old cattle farm in the barn – follow the directions on the signage!

# Seabird Island Band Housing Waitlist - JUNE 2014

2 Bedroom

# <u>1 Bedroom</u>

1

2

3

12102013-2072 04012014-3108 04012014-2081

# Don't know your number?

Contact Stacy McNeil or Samantha to see where you sit on the waitlist!

# Note:

If you have outstanding debt to the band, you will NOT be placed into a rental unit, as per housing policy.

	<u>z Deuroom</u>
1	05092013-2065
2	12042013-2069
3	11152013-2071
4	12162013-2070
5	01022014-2074
6	04032013-2075
7	01062014-2076
8	01072014-2077
9	01092014-2078
10	01312014-2079
11	02192014-2080
12	04222014-2083
13	05052014-2084

**REMINDER!** Housing applications must be renewed before JANUARY 1 each year to remain on the list! <u>Anyone who did not renew came off the list and must</u> <u>now reapply if interested</u>



	<u>3 + Bedroom</u>
1	01032012-3057
2	11132012-2053
3	12192012-3076
4	01022013-3079
5	01032013-2056
6	02062013-3082
7	02082013-3083
8	02082013-3084
9	02252013-3086
10	03082013-3087
11	03192013-3088
12	07102013-3090
13	12102013-3098
14	12312013-3099
15	12312013-3100
16	01022014-3101
17	01022014-2074
18	01032011-3103
19	01082014-2077
20	01162014-3104
21	01302014-3105
22	02212014-3106
23	02242014-3107
24	03142014-3108
25	05052014-2084

# Stó:lō Community Futures





# SIN MEANS BUD

Be Part of the Conversation Now!

On April 9<sup>th</sup>, 2014, Stó:lō Community Futures (SCF) successfully launched the new Stó:lō economic and business initiative – **STÓ:LŌ MEANS BUSINESS.** It was an exciting day for Stó:lō. This new Five Year Business and Economic Strategy focuses upon providing supports to assist future Aboriginal business growth within the Stó:lō Traditional Territory.

<u>Vision</u> – SCF's aggressive Vision is for the Stó:lō Traditional Territory to become a leading center of Aboriginal business and entrepreneurial growth within British Columbia. With this bold Vision, SCF and its numerous partners, over the next five years, will be implementing a comprehensive suite of services and support programs focused on establishing Stó:lō as a leading center of Aboriginal business and entrepreneurs in British Columbia.

In order to achieve the Vision, SCF needs your valued input. Currently, SCF supports the growth of Aboriginal entrepreneurs and the economic development of the Aboriginal Communities, within the Stó:Iō Traditional Territory, with access to Ioan capital, training and support services.



# Joint Community Economic Development Planning





Mayor Van Laerhoven and Chief Seymour are pleased to have their communities selected as one of six pairings out of 280 applicants from across Canada to participate in a joint Community Economic Development Initiative (CEDI).

CEDI is a joint initiative of the Federation of Canadian Municipalities (FCM) and Cando (the Council for the Advancement of Native Development Officers) that will work with Kent and Seabird to increase our capacity for joint community economic development planning. CEDI aims to improve the economic prosperity of participating municipalities and adjacent First Nations through joint community economic development planning.

Over the next two and half years our pairing will be working on the following initiatives:

- Logging and employment opportunities
- Emergency Evacuation Route
- Salmon Enhancement, long-term gravel
   extraction and river management protection
- Business Plan for Fish Hatchery and Tourism initiatives

For more information on these exciting initiatives, please call Kerry Hilts 604-796-2235 (District of Kent) or Kimberley Lessard 604-796-6939 (Seabird Island Band).

Mayor Van Laerhoven Chief Seymour

Who can attend?			19	tal E			e
*Expecting moms *Newborns up to 6weeks *Partners, Support	Sun 1 8	Mon 2	тие 3 10	Wed 4 Pre/Post Mill Hall SIB 11-1pm	Thu 5 Pre/Post Skwah 11-1pm	Fri 6 13 Prenatal	Sat 7 14
Person and siblings	8	9 Pre/Post Chawathil 11-1pm	10	11	12	Circle 1-3pm Elder's Room	14
Open to families living on reserve and transportation	15	16	17	18	19 Pre/Post Squiala 11-1pm	20	21
Can be provided. Questions? Call 1-800-788-0322	22 Father's Day!	23	24	25	26	27 Prenatal Circle 1-3 Elder's Room	28
1-800-788-0322	29	30					

# **Seabird Island Preschool**

Ey swayel – The month of May has been full of learning and preparation for Graduation on June 11<sup>th</sup>. The children enjoyed making their Mother's Day gift and card – painted pot and a plant.

Kwosél continues to teach the children their Halq'emeylém language and culture. How we enjoy the nature walks with Kwosél. We have thoroughly enjoyed having Kwosél in the Preschool each day. Kwosél is retiring this year and we will all miss her very much. Thank you Kwosél for all your wonderful teachings and love for the children. On May 13th we shared our 9<sup>th</sup> Seeds of Empathy Family Visit. Robert drove our Seeds Family, Collette and Baby Armand to Preschool. The theme was **Feeling Scared?** The children enjoyed seeing how much Baby Armand had changed since the last visit. Baby Armand enjoys all his friends at Preschool. Thank you Collette for making our Seeds of Empathy Program so successful by bringing Baby Armand! We have one last Seeds of Empathy Family Visit on June 4<sup>th</sup>. It will be sad to say "goodbye" however the children will continue to see Armand in the Community and he will always be **Seeds Baby Armand**!!







# **Seabird Island Lanuage Nest Preschool**

**The Seabird Island Language Nest Preschool** continues to encourage full Halq'emeylém language and culture throughout the two hours Monday – Thursday. Our Language teacher, Jonny gives the children the opportunity to learn through various themes. Community nature walks with the staff is a great way to learn and explore the community.

On April 29, the children walked to the slough where they participated in the fish release with Ms. Hayden.

The children enjoyed the Mother's Day activity with practicum student Jenny-Lee.

# The children are involved in many Graduation projects for Grad on June 11<sup>th</sup>!

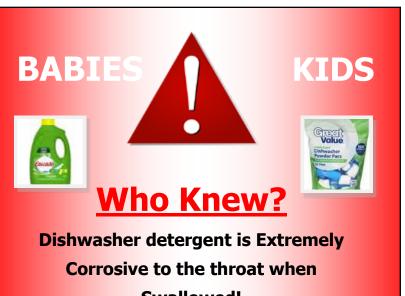


# A- pals

**Our last gathering of A-PALS** was May 14<sup>th</sup>. There was a wonderful turnout with several community members. A delicious supper was served by staff followed by a cultural circle of songs and stories. Everyone enjoyed the crafts and wonderful book to take home.

Our next A-PALS will be in October, so please watch for announcements in September.





Swallowed! Keep Dishwashing detergent out of Kids reach or in Locked cupboard!!!







# Seabird Island Language Nest is ENGAGING YOUNG LANGUAGE LEARNERS

A few years ago, the Seabird Island Band's Chief and Council set an ambitious goal to have 200 fluent Halq'emeylem language speakers living on reserve by 2020 (there are currently about six). Reaching this goal won't necessarily be easy, but the language nest program at Seabird Island is a critical first step in getting young learners engaged in learning their traditional language.

The pre-school language program at Seabird Island has been operating successfully for 30 years, and in that time it has supported hundreds of children in the first steps of their educational journey.

The language nest program, now in its sixth year, originally got off to a slow start. For the first two years, it operated out of a community hall and relied on parents to drop in. Given that most Seabird Island parents are working, there wasn't a lot of response in those early years. Then, four years ago, the language nest was moved to the pre-school and the existing three year-old curriculum was replaced. The impact was immediately noticeable.

"It's had a huge impact," says Early Childhood Programs Manager Carlene Brown. "Our language teacher was astonished at how much more language the [four year olds] have that had gone through the nest."

This year's class has 20, three-year-old preschoolers. For four days each week, they spend the day with the pre-school teacher, teaching assistant and two fluent language speakers from the community. Elder Donna Giroux and Johnny Williams, a non-Elder from a neighbouring community, provide the ideal balance in working with the children.

"Donna is calm and spends a lot of oneon-one time with kids. She tells stories and brings a lot of traditional knowledge,"



A group of children learn to speak Halq'emeylem at the preschool language program at Seabird Island.

says Carlene. "Johnny has being practicing TPR—total physical response—with the kids. There's lots of action and they really pick up on it. We are so fortunate to have Johnny. The kids just love him and there are so few positive male role models in early childhood education."

To date, 80 children have gone through the pre-school language program at Seabird Island. The first group is now in grade two, and the early introduction to language they received in the language nest is evident.

"The grade twos are answering their teacher in language," says Carlene. "We have one child who has moved off reserve for school but is still speaking in language at home." With this level of success and enthusiasm, Seabird Island has a great chance of realizing its goal of more speakers by 2020.



The FPCC Language Nest Program is funded by the First Peoples' Cultural Foundation.

## Ey swayel

May has been a busy month with field trips and the big vear end concert. The first field trip was to a drum line workshop in Abbotsford where a few students learned the basics of what a drumline involves. They were able to play some basic drumline songs including "We Will Rock You." Next year the Seabird Music program hopes to start their own drumline. The second field trip allowed senior music students the opportunity to attend the was "Landfill Harmonic Orchestra" concert. This orchestra was made up entirely of instruments found in the garbage of Paraguay! This youth orchestra played popular songs from Bach to Lennon to National songs from South American countries. Seabird students were blown away at the talent of this group and very inspired afterwards.

Seabird's musical talent was showcased at the parent's day tea. Each class performed at least two songs and some up to four songs this year! The concert opened with the song that took 100% effort by all to pull off. Students from Ms. Eustache's, Ms. Watson's, and the Highs School music classes came together to

It is the end of term 4 and we are in count down mode. We are close to the end of the year and we need to make a big push to get all our work completed, so we will all have a very successful year. Please make sure your son/daughter is doing homework and attending school every day. All English students have homework, reading, grammar, poetry, story writing or catch up... novel study. Good luck with your studies and let's finish this year big.

Mrs. McGregor

Ey Swayel. Happy Spring!

Thank you for those who joined us for the Parent's Day Tea. This was important to the students who take great pride in their musical skills and helping others.

Thank you for taking the time out of your busy days to be with us!

perform one song, Eastern Thunder. Students in Ms. Eustache's as well as two from Ms. Watson's class were all on drums, while the rest of the students in this ensemble were playing band instruments for this song. Ms. Watson's class then sang and played "The Duck Song" as well as "A Mozart Melody" (aka. "Twinkle, Twinkle"). Ms. Eustache's class played three songs from their band book. The Sr. High Music class (with special guests from last semester's Jr. elective) showed off the variety of instruments in their class with four different songs. These special guests also showed off their talents later on in the concert - Candace played a song by Adele on piano and Amber played a song she wrote on piano. Mrs. Neilson's and Switzers class sang two songs: "A Smile Goes A Long Long Way" and a funny song "Train Your Parents!" The xylophones were played by some of Mrs. Marchant's students while the rest of the class danced and sang a song. Mrs. Bogart's class showed their amazing ukulele skills during their performance of three songs! The Recorder was featured in Mr. Mai's class performance. I was very proud of the efforts that students at Seabird demonstrated at this concert. It was great to see so many of you at the concert to support these students - yalh yexw kw'as hoy!

### **Topics of Discussion:**

In Life Skills/CAPP class we have been working on allowances and spending plans, money responsibility, saving and investing, and comparison shopping. These skills will give students a foundation for smart money management.

In Math all students are working on their multiplication skills. Some students have moved on to division skills.

In English – Novel Study we have completed reading "The Hatchet" and watching the movie. We will be starting the "Frozen" novel this week.

Students are continuing to read stories, practice their spelling, and answering reading comprehension questions through the Reading Mastery program.

In Phonics students have been learning about short and long vowels, R-controlled vowels, and sounds of k, f and s.

Students are continuing to use the step up to writing model to write full sentences and basic paragraphs. Students are beginning to add flavour to their writing by adding interesting details, and new language.

#### **Important Information:**

Please be reminded that there are only 4 weeks left of the school year (one of which is exam week). In order to have a successful finish to this year and a strong start for next year, it is very important that students have a high attendance record.

Yalh yexw kw'as hoy,

- Ashleigh Blane

Hello Everyone.

This is Mr. Compton, the Junior and Senior P.E., Math, and Capp 9 teacher. Term 4 is halfway complete and we are now in the home stretch. A lot has been happening so far this month. Math students went on a Field trip to SFU on May 13<sup>th</sup> and experienced what university life had to offer. It was a real eye opener for some of them. With myself, other teachers, administration, and you the parents encouraging the students and motivating them the best we can, we can help them achieve their goal of graduating and hopefully moving on to higher education.

Provincial Exams are next month. Students taking these exams in June are encouraged to come to Monday's preparation class for Math 10 Math Provincials during Block B. With very little time remaining, it is absolutely vital that students do not miss any further classes.

Intramurals and PE are going very well. There will be a 4 week/4 team tournament for the Junior PE class which covers all sports played throughout the year. It will be held during their PE blocks. This tournament will help to continue creating further teamwork building skills and sportsmanship.

Our Capp9 class has wrapped up our lessons on Tobacco and will be discussing Drugs and their effects on the teenagers of today. I was pleased with the involvement I received from students on the previous topic. Becoming further engaged in our CAPP classes will help students open their eyes to issues that continue to effect teens in our society today. Please continue to stay involved.

That's it for now.

Students at all levels of Science have worked carefully, especially in the last few weeks, to make sure assignments are complete with enough time to prepare for our finals. We are in the final stretch, with only three more weeks of classes before exam week. Depending on the grade level, exams count for 20% - 40% of the course's final mark overall, so it is essential to honour all the work that has gone all year with a strong exam finish. Please encourage all students in your family and community to be at school every day, and to take this last stretch of review time seriously. This way everyone can be proud to have a well-earned rest after – but not before! - the finish line.

Jonathan Sutton, High School Science

As many teachers have noted, we are in the final stretch of the school year. There are only three weeks left of classes before exam week and then provincial exams begin the week after. Seniors are working feverishly to complete their second novel study and begin their final research project. We are asking parents to support both the children and teachers by ensuring that kids are in school every day. With your help, we can advance our children to the next grade level and graduation!

Éy cha te swayel Barbara Whíte M.A., M.Ed. Vice-Principal Seabird Island Community School 604-796-3061



# Please Drive Safe in our School Zones!

School Zone Speed Limit 30 km/hr This includes Chowat Rd. and Charles Drive on both sides of the schools.

# **Coastal Cup Champions**

# Amber Charlie – U 16 Gold – Coastal Cup Champions – off to provincials Kayla Peters – U15 Gold – Coastal Cup Champtions – off to provincials

Sunday April 27th, 2014 will go down as a special day in Chilliwack FC history as all three of our girls teams who managed to win their way in the BC Soccer Coastal Cup Championship in Richmond won the Coastal B Cup for their respective divisions. First up on the day was the U15 Attack who defeated Langley FC 1-0 on penalty kicks. The second team to take to the field was the U16 Attack who took their game played into a 1-0 overtime win over Squamish. The U13 Attack rounded out the day with a 4-1 win over the North Shore girls in regulation time. With their appearance in the Coastal Cup all three teams now hold the Lower Mainland #1 spot in the Provincial Tournament being held here in Chilliwack July 3 - 6.

Chilliwack FC's U-16 Attack girls won a Coastal Cup championship Sunday, grinding out an overtime win over the Squamish Fireballs.

Scoreless through regulation time, it was left to Hanna Forbes to net the winner.

The decisive goal wasn't pretty, but it was effective as Forbes put a ball on goal from outside of the 18 yard box. The ball dropped in front of the Squamish goalie, then took a high bounce over her head and into the net.

Other members of this team are Dana Bruni, Katie Bustin, Amber Charlie, Lexie Christy, Ryann Cornell, Jasmine Fast, Talia Ferris, Sabien Hinlopen, Kyra Mueller, Megan Muir, Christie Olsen, Sam Pederson, Kenzie Rae, Afton Servatius, Kirsten VanGarderen and Ashley Weisbrod

Reference www.theprogress.com

# Seabird Island Sustainable Community Plan

Spencer Lindsay and Dakota Brant are Masters students at the UBC School of Community & Regional Planning, completing a practicum in Indigenous Community Planning at Seabird Island.

Kweléches Sqewqéy!

After almost six months we're now wrapping up Phase #4 of the Seabird Island Sustainable Community Plan (SCP) and getting ready to graduate!

We're excited to provide you with an update on our latest community sessions.

Some of you may remember seeing us in the Yoohoo over the past few months and at different events like the Annual Open House and the elders & youth dinner. Since December, we have been invited to and/or organized a total of 18 community meetings, activities and events (8 youth workshops, 2 elder's workshops, 1 elder & youth dinner, 2 community Open houses, 1 community survey, 1 staff Open house, 1 staff questionnaire, and 2 Band advisory committee working meetings.) We are so thankful for the thoughtful input we received at all of these session and we're working hard to make sure this information is used to help Seabird move forward together as a strong community.

Our workshops had three goals. **One** was to summarize all of the SCP past community consultation that has happened



since 2008 and bring it back to the community to review, validate, and update the information. **Second**, we asked members for new information, ideas, issues and solution to add to the SCP. **Third**, we asked the community to prioritize those actions. We asked, "what are the actions that we should start first? What actions are the ones that will help us achieve our SCP goals the most effectively?" This will help us

inform the Band about the best ways to implement your ideas.

We are now compiling all the information in our final reports for the community that will be available for community members.

We will also be arranging a community presentation and celebration to share stories about the Seabird SCP planning experience! Please keep an eye out for the date & time (it will very likely take place in early June).

We had such a wonderful time in Seabird Territory, doing this important work. One thing you can be sure of, Seabird Island is an amazing place. Together, we are taking an awesome community and moving forward together in a good way. Thank you so much for having us!

Spencer & Dakota

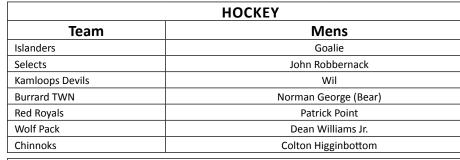
# Seabird Island 45th Annual Festival Results

# All Stars

	7 & UNDER SOCCER	
Team	Male	Female
Sechelt Bumblebees	Kaiden Mayes	Samantha Johnson
Cowichan Eagles	Connor Wilson	Jaeda Douglas
Chawathil Warriors	Kaiz Peters	Alvita John
Musqueam Skylanders	Sebastian Grant	Leela Sparrow
Sto:lo United	Anderson Louie	Tanesha Douglas
Sts'ailes	Billy Harris	Cassy Leon
Lil'wat	Trey Andrews	Kadee Dan
Seabird	Desmond Bailey	Katey Bailey
	10 & UNDER SOCCER	
Team	Male	Female
Seabird B	Domonic Carscasden	Jasmine McNeil
Sto:lo United	Zach Bernard	Hanna Joe
Musqueam Blues (White)	Tyson George-Kelly	Rain McConnel-Thomas
Lil'wat	Scott Pierre	Kiana Leo
Chawathil Braves	Phillip Smith	Kaylen Godlonton
Cowichan Eagles	Myles Paige	Ema-Leigh Joe
TWN Warriors FC	Trystan Colemon	Paige Baker
Sto:lo Select	Alexis Victor	Lashanda Preston
Sts'ailes	Jeremy Charlie	Onna Joe
North Shore United	Triston Spence	Kamerra Chandler
Musqueam Blues (Blue)	Matthew Stogan	Ashley Thorne
Seabird A	Zack Campbell	Marina Nickel
Sechelt	Lazarick Yelton	Talia Yelton
Teens	13 & UNDER SOCCER	Famela
Team	Male Kada Charlia	Female Mandi Faliy
Sts'ailes	Kade Charlie	Mandi Felix
Seabird Steqoyes	Michael McNeil	Shilah Mair Hope
Seabird White	Kordell Johnson	Tahlela Marks
Chawathil Renegades	Bruce Florence	Lily Pete
TWN Warriors	Noah Bake	Jaiden Coleman
Musqueam Blues	Dakota Duncan	Laurene Holmes
Sto:lo United	Ethan Charlie	Mackenzie Hall
Cowichan Eagles Lil'wat Nation	Clifford Sylvester Quinn Finlay	Erin Daniels Nikki Wallace
LII WAL NALIUII	· ·	
	16 & UNDER SOCCER	
Team	Male	Female
TWN Wolfs	Lexi George	llena Horne
Lil'wat Nation	Robbie Schnyder	Georgina Nelson
Cowichan Eagles	Thomas Charlie	Benicia George
Sechelt	Juston Fodchuk	Aiyana August
Sto:lo	Marshall Pennier	Danessa Dandurand
Squamish	Timotee Moody	Crystal Laughren
Seabird Island	Tyson Jack	Amber Charlie
	LADIES SOCCER	
Team		dies
Team BC		Seymour
Seabird		y Daley
Jays Bumblebees		Phillips
Squamish United		Muir
Musqueam Spurs	· · · · ·	Charlie
Sto:lo United	-	ampbell
Cowichan FC		na Jack
Island Challengers		Show)
	(NO )	

# **Seabird Island 45th Annual Festival Results**

	MENS SOCCER
Team	Mens
Nanaimo Snipers	Alex Escabar
Musqueam Spurs	Ryan Sampson
Chehalis Panthers	Earl Jones
Stsailes Chiefs	Ryan Charlie
Sto:lo United	Matthew Point
Musqueam Warriors	Richard Campbell
Cowichan Eagles	Craig George
Sechelt Renegades	Aaron Dixon
North Shore United	Bronson Camoron
Lions Gate Guardians	Mark Gabriel
Seabird Braves	Richard Parsey
Saanich Braves	Pete Silver







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Muzi

	SATURDAY CANC	DE RESULTS	
Division	First	Second	Third
Single Paddle: 10 & Under Boys& Girls	Taylor Charlie	Megan Choistjohn	Miah John
Single Paddle: Women	Rebbie Rebang	Niki Charlie	Jamie Charlie
Single Paddle: Men	Darren Malloway	Karl Good	Robbie George
Double Paddle: 10 & Under Boys& Girls	Mega & Desmond	Mackenzie & Kiah	Taylor & Miah
Double Paddle: Women	Niki &Jamie Charlie	Michelle & Rachelle	Natasha & Jane
Double Paddle: Men	Darren & Roman	Karl & Donald	Fidel & Walter
Mixed Doubles	Mary & Roman	Blake & Kayla	Robbie & Ang
4 paddle: Women	Vicki Lynn	Lil Pete	Lil Five
4 Paddle: Men	Lil Cree	Lil Brave	Lil Four
11 Paddle: Jr Buckskins	Lady Rose	Tsesqel	Humming Bird
11 Paddle: Bucks	Rikkole Cree	Lady Rose	Tsesqel
11 Paddle: Women	Rikkole Cree	Sto:lo Princess	Vikki Lynn
11 Paddle: Men	Rikkole Cree	Island Brave	Mystical Lady

#### SUNDAY CANOE RESULTS \_. .

Division	First	Second	Third
Single Paddle: Women	Jamie Charlie	Debbie Rebang	Nikki Charlie
Single Paddle: Men	Carl Good	Darren Malloway	Robbie George
Double Paddle: Women	Lacey P & Theresa P	Jamie& Nikki Charlie	Nicole & Mary
Double Paddle: Men	Darren& Roman	Carl G& Donald	Walter& Fidele
Mixed Double	Mary & Roman	Theresa & Darian	Keith &
6 paddle: Women	Sto:lo Blue Jay	Vikki Lynn	Lil Cree
6 Paddle: Men	Lil Cree	Lil Brave	Lil Five
11 Paddle: Jr. Buckskins	Tswsqel	Lady Rose	Humming Bird
11 Paddle: Bucks	Lady Rose	Tsesqel	Humming Bird
11 Paddle: Women	Rikkole Cree	Sto:lo Princess	Vikki Lynn
11 Paddle: Men	Rikkole Cree	Island Brave	Mystical Lady





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			ibe				eet can be	nt with our	to the				-9:00pm	ea		Non-Band Member	\$2.0 <b>0</b>	\$30.00	\$0.25	\$0.50	\$3.00	\$1.0 <b>0</b>	
			5:00-7:00 dinner provide				r each Youth. Sign-up sh	setting up an appointme	th need help connecting			Fitness Centre Hours of Operation	8:00-4:00pm; 5:30-9:00pm	For access during office hours, please see Keena or Chanea	Fitness Centre & Recreation Program Fees	Community Member or Band Member	\$1.50	\$15.00	FREE	\$0.50	FREE	FREE	No taxes. Shower and sauna included
			outh trailer				\$10 Cost fo	uld like help	s, if any yout	845-2295		s Centre Ho	Υ	ig office hours	ntre & Reci	Band Member	FREE	FREE	FREE	FREE	FREE	FREE	xes. Shower a
RTMENT		YOUTH	ch Genna Joseph at the y	s:00 dinner provided!	ain Boardroom	3:00	dinner at Red Robin's!!	river's license. If you wou	ly advertised for student e call or text Jessica	If you need a ride please call or text Jessica at (604) 845-2295		Fitnes	Monday– Friday	For access durin	Fitness Cer	Type of Fee	Drop-In Adult	Monthly Adult	Kids 12 & Under	Youth 13-18; SIB College	Family Programs	Elders 65+	No ta
<b>COMMUNITY SERVICES DEPARTMENT</b>	MAY 2014		Upcoming Events June 16th- Respecting our Elders workshop with Genna Joseph at the youth trailer 5:00-7:00 dinner provided!	June 4th & 25th- Youth Council Meeting 6:00-8:00 dinner provided!	June 23rd- Youth & Elders Dinner 4:00-7:00 Main Boardroom	Every Monday & Tuesday- Youth Fitness 7:00-8:00 Every Fridav- Youth Drop In Ages 13-18.	June 28th- Youth Outing to Castle Fun Park and dinner at Red Robin's!! \$10 Cost for each Youth. Sign-up sheet can be found at the Heath Desk.	Anyone over 16 that is wanting to obtain their driver's license. If you would like help setting up an appointment with our driving instructor please call or text Jessica.	There are several summer jobs that were recently advertised for students, if any youth need help connecting to the employment center to get a resume done, please call or text Jessica	If you need a ride pleas		FITNESS & REC		see events calendar for program dates and times.	Last day of evening recreation and	evening ntness center June 19th Seabird Island Recreation reserves the	right to cancel any program/ activity due to low attendance. Changes in programs	due to staff instructors illness/ emergencies will be noted	If vou have any question please direct		<ul> <li>Keena MCNeil at 604. /96.6836 or at Keena@seabirdisland.ca</li> </ul>		
		Events Dept	Catering: Please contact Angie and Chanea to get on the Catering/fundraising list for this year, You need to fill	out and application and submit you food safe certificate. This also includes if you want to book a day to set up in the	foyer to sell items. Contact 604.796.6893 for more info. Eacility Pantal and Mactina Poome: Places contact Anaia	or Chanea for facility rentals or room bookings located within the Band Office. An application and damage	deposit are required for bookings. Contact 604.796.6893 for more info	Individual and Team Sport Sponsorship: Please contact Angie to Request an application for sponsorship. Must be	submitted a minimum or <b>10 days</b> in advance. Decisions are based on funding availability. Please contact Angie for more info.		Elders	Elders Bake Sales 10:00-2:00 Every Thursdays! Ilocomina Evente	June 12th- Elders Abuse Lunch 12:00-3:00 Pick up at 11:00	Please wear purple this day!	June 19th-Aboriginal Day Events	<b>June 21st-</b> Elders Outing Mission Powwow <b>June 23rd-</b> Youth & Elders Dinner 4:00-7:00 Main Boardroom	June 27th- Elders get Together- Sto:lo Nation 12:00-3:00		Summer Recreation	Cummer Decention is comine un first All three upon an interested in	registering their children (ages 5-12) for the summer months should	contact Keena McNeil to get the registration process started. Lots of	tun activities and tield trips! Call bu4-790-b836 of email keena@seabirdisland.ca.

*check locations under programs*	Fitness	s Center & ]	Fitness Center & Recreation June 2014	June 2014
Monday	Tuesday	Wednesday	Thursday	Friday
Elders Fitness	Kids Sports (ages 10-12)	<u>Elders Fitness</u>	<u>Men's Only</u>	<u>SIB Staff Intramurals</u>
9am-10am	5:30pm-6pm	9am-10am	5:30pm-6:30pm	12pm-1pm
All elder's invited to work out in the	Enjoy friendly sports with friends! Sport	All elder's invited to work out in the	Work out with other men.	Seabird Band Staff are welcome to
fitness center for FREE!	will vary on group decision.	fitness center for FREE!		drop-in for some friendly sports.
	Last day 17th		24Fit	Last day on 13th
ECE Fitness		<u>10-12 Fitness Group</u>	6pm-7pm	
10:45am-11:15am	<u>24Fit</u>	3:30pm-4:30pm	I ocated at the elementary school	<b>Bring a friend for free</b>
SIB Daycare children enjoy some	6pm-7pm	Children ages 10-12 can play sports		5:30pm-9pm
equipment and run around!	Located at the elementary school	together & go for walks, etc. Meet at	Youth (13-18) Fitness & Sports	One free drop-in to every paying client!
Last day on 16th		band office gym. Registration form	7am-8am	Does not count for group rate.
-	Men's ONLY Fitness		All wouth invited to work out together in the	
Mile Monday	7pm-8pm	Last day on 11th	fitness center and play sports in the	Co-ed Ball Hockey (ages 16+)
12:10pm-12:45pm	Work out with other men in the		avmnasium for FREE.	6nm-7nm
Beat the Monday Blues with four laps at	fitness center.	Ladies ONLY Fitness	Fitness only on 19th	Last day on 13th
your own pace. Rain or shine.	Last day June 17th	5:30pm-6:30pm		
Last day on 16th		Work out with other ladies.		Vouth (13-18) Fitness
	Youth (13-18) Fitness	Last day on 11th		
Lagies UNLY FILIESS	7nm-8nm			/ http://
5:30pm-6:30pm		Vouth (12-10) Eitmore		All youth invited to work out together
Work out with other ladies.	All youth invited to work out together in			in the fitness center for FREE.
Last day on 16th	the fitness center for FKEE.	7pm-8pm		Last day on 20th
	Last day June 1/th	All youth invited to work out together in		
Youth (13-18) Fitness		the fitness center for FREE.		Drop-in Recreation
7pm-8pm	<b>Drop-in Recreation</b>	Last day on 11th		7nm-8:30nm
All voluth invited to work out together in	7pm-8:30pm			
the fitness center for FRFF	Open to everyone	<b>Drop-in Recreation</b>		Last day on 13th
Last day on 16th	Last day 17th.	7pm-8:30pm		LAST URY UN LOUIN
		Open to everyone		
<b>Drop-in Recreation</b>		4th Ohiy		
7pm-8:30pm				
Open to everyone		Gvmnasium closed 18th for events:		
Last day on 16th		fitness center open	Gymnasium closed 19th for events; fitness center open	

If you have any questions or concerns, please direct them to Keena McNeil @ 604-796-6836 or keena@seabirdisland.ca

Programs may be canceled due to event bookings. Groups of six people or more receive 50% discount on all programs, must arrive together and leave together.

LAST DAY OF EVENING RECREATION AND EVENING FITNESS CENTER JUNE 19TH .

Seabird Island Band 2895 Chowat Road, Agassiz BC

# **Chiefs Corner**



45<sup>th</sup> Annual Festival this year came quick! The festival is a very important time of the year for us, it takes a lot of work and planning to get the outcome we have every year. It is always difficult to see how the turn out will be every year with the traveling and funding that needs to take place with each team every year. We

need to keep having our gatherings where we all get together and do our events. It's important we keep passing that on to our next generation, keep our cultural events going generations on.

# June 2014 Concurrent Group Topics

Please come out and join our group sessions

Every Monday we meet to discuss various topics

# This month's topics are:

- June 2 Dissociative Disorders and Addiction
- June 9<sup>th</sup> Roots of Addiction: Drugs & Behavioral Compulsion
- June 16<sup>th</sup> Cross Addiction: The Back Door to Relapse
- June 23<sup>rd</sup> Borderline Personality Disorder and Addiction.
- June 30<sup>th</sup> Understanding Abuse

Contact Lolly at 604-491-8969 for more information



Phone: 604-796-2177 Direct: 604-796-6838 Website: www.seabirdisland.ca E-mail: sandrabobb@seabirdisland.ca Here are some of the chief's thoughts from our discussion on the new renovations that has recently taken place in the Band Office. "Many things change and sometimes change is good. Helping our people bring along good things for our community. Keeping track where things are, and what else is needed".

Corporate Affairs is a great department they are good at bridging and helping us with all our departments, helping our departments with other agencies and keeping with in the standards.



Are you a Scabird Member living off reserve looking for a copy of the Seabird Monthly Newsletter?

Each issue as well as past issues are posted on the Seabird Website: **www.seabirdisland. ca** or you can subscribe to be added to our mail or e-mail list by contacting Sandy Bobb; Communications Supervisor & Graphic Designer, by phone at 604-796-6838 or e-mail sandrabobb@seabirdisland.ca

# Q

FOR ADVERTISEMENT RATES PLEASE CALL SANDY. (pre-paid, please)

#### SUBMISSION DEADLINES The 20th of each month or if

the 20th lands on a weekend then deadline lands on the Friday before.

OFFICE HOURS Monday - Friday 8:00 a.m. - 4:00 p.m.

**DELIVERY** The first (1<sup>st</sup>) of each month

# Seabird Island Employment, Training & Social Development

Office: 604-796-6865 Fax: 604-796-3729 Toll Free: 1-800-788-0322

# JULY MEAT PACK ORDERS

Please place your order with Andrea. Orders must be received by the June 15th, 2014 to be available for pick up on the next income assistance day.

# **GROCERY ORDERS**

We will be offering monthly grocery orders for our IA Clients. Orders are due by the 15th of each month and will be delivered the following month around the 15th. If you are interested please contact Andrea.

# TRADITIONAL FOOD PANTRY

We are now excepting donations of jars for the traditional food bank. Please drop off any unwanted jars at the employment office.



We are also looking for volunteers to help with the traditional food bank this spring/summer. If you are interested please leave your name and number with Andrea.

# **INCOME ASSISTANCE**

- All clients please update you contact information with Andrea.
- If there is a change in your household please contact Housing to update your tenancy agreement.

#### 2895 Chowat Road P.O. Box 650

# DRIVING SCHOOL

To make an appointment or a consultation please contact Andrea at 604-796-6865 or text 604-845-3843.



# **DROP IN DRIVING LESSONS!!!**

We are happy to start drop in driving lessons every Tuesday from 10:00-4:00. Starting in March 2014. We will be offering lessons on a first come first served basis.

# **EMPLOYMENT PLANS**

Employment Plans are due before the 20th of each month. Appointments can be made with Pat or Jill prior to Income Assistance day to avoid waiting in line. College students are also reminded to bring your monthly student attendance record to your appointment.

Come in and ask for assistance.

# YOUTH PROGRAM CLIENTS

Any clients that have taken a youth program through the employment office. Please update your contact information with our office. Employers contact the employment center for referrals on a regular basis.

# ESD/FNJF

Seabird Island Band is one of the first in BC to have training and support for income assistance clients ages 19-24. Come by to meet Brian Gorereau for more information

# **INCOME ASSISTANCE INFORMATION**

- \* June 2014 cheque issue is *<u>Thursday June 26th 2014</u>*
- \* Renewals are due by the, 15th of the month. If not handed in before the 15th of every month your cheque will not be processed until the following week. There will be no exceptions!
- \* Hydro and Fortis bills need to be handed in monthly. Please submit to Andrea.
- \* Reminder to update your current phone numbers and mailing addresses with Andrea.
- \* Please bring in your **bank statements** when you pick up your monthly cheque.

The employment services that are provided at Seabird Island are funded by SASET through an agreement with Service Canada. First Nation people who are status/non status, live on/off reserve and Inuit individuals who seek employment services are welcome to access these services.

# **Healthy Recipe Corner**



# **Blackened Salmon and Rice**

Serves 4| Hands-On Time: 20m| Total Time: 20m

# Ingredients

- 2 cups instant rice (such as Minute Rice)
- 2 1/2 tablespoons paprika
- 3/4 teaspoon cayenne pepper
- 1 teaspoon dried thyme
- 1/2 teaspoon garlic powder
- 1 1/2 teaspoons kosher salt
- 3 1/2 tablespoons unsalted butter juice of 1 lemon
- 4 6-ounce salmon fillets, skinned
- 1 11-ounce can corn kernels, drained
- 1/3 cup finely chopped fresh flat-leaf parsley
- 1 lemon, cut into wedges

## Directions

- 1. Heat oven to 400° F. Cook the rice according to the package directions.
- 2. Meanwhile, in a shallow bowl, combine the paprika, cayenne, thyme, garlic powder, and <sup>1</sup>/<sub>2</sub> teaspoon of the salt.
- 3. In a saucepan, over medium heat, melt 2 <sup>1</sup>/<sub>2</sub> tablespoons of the butter. Add the lemon juice.
- 4. Working with 1 salmon fillet at a time, dip the top and bottom halves first in the lemon butter, then in the spices.
- 5. Heat a large ovenproof skillet over medium-high heat. Cook the salmon until blackened, 2 minutes per side. Transfer to the oven for 8 minutes.
- 6. Stir the corn, parsley, and remaining salt and butter into the rice. Transfer the salmon and rice to individual plates and serve with the lemon wedges.

http://www.realsimple.com/food-recipes/browse-all-recipes/blackened-salmon-rice-10000001572920/

# Round The Rez

Employment Opportunities / Help Wanted

# Seabird Youth Employment Program

#### Learn About

- World of Working
- Post-Secondary and **Career Choices**
- Financial Management
- Volunteering
- Employment Readiness

#### **Two Sessions**

Both sessions 4 weeks and 3 days a week = 12 days

- One Session in July (10)
- One Session in Aug. (10)

#### Incentives

- \$25 a Day Training
- Allowance (Based on attendance) + FUN
- Field Trips



If you are interested in working and between the ages of 12 and 15 come into the employment office to complete an application.

# **Deadline for Applications**

June 19<sup>th</sup>, 2014

Interviews will take place the week of June 23, 2014



APPLICATIONS

June 27, 2014

Application forms available upstairs at the Employment, **Training and Social Development Office. Resume** required with application.

If you require help with a resume please book an appointment with either Jill or Pat at 604-796-6865.

Wide range of employment & Training to be provided Starting July 14, 2014 From 8:30 to 3:30 to Aug. 22 Monday to Thursday \$25/per day (Training allowance based on attendance)

Paid work experience starts in Sept through to June. \$10.25 per/hr. 4 days per week afterschool.

Participant must be returning to school in September 2014.



# Aboriginal Welder Level C Program - Teacher/Instructor

#### Department: Seabird Island Community School (Adult Education) Competition Number: JP-2014-042

# Position Summary:

Seabird Island Community School (Adult Programs) is seeking a teacher/instructor for its Welder Foundations Program for the 2014/15 school year. This dual credit program offers the ability for students to complete their B.C. Adult Dogwood and get their Welder Foundations credentials at the same time. Applicants must have Welder Level C and Metal Fabrication certification, 5 years experience in the industry and have either a Professional Instructor's Diploma or extensive teaching First Nations students in either a K to 12 or post-secondary level. Because these are dual credit courses, are being taught under the B.C. Ministry of Education requirements and can be used towards a B.C. Adult Dogwood, applicants who have a Bachelor of Education degree and have certification under the Teacher Regulation Branch in addition to the above qualifications will be given preference. Experience in First Nations communities is essential and preference will be given to First Nations applicants who meet the qualifications. Position begins September, 2014 for 28 weeks.

#### Qualifications/Requirements:

- Welder Level C and Metal Fabricator certification
- Minimum 5 years experience in the industry
- Professional Instructors Diploma and/or experience instructing at K to 12 or post-secondary level
- Candidates with a Bachelor of Education and who are certified teachers under the BC Teacher Regulation Branch in addition to the other qualifications will be given preference
- Experience teaching welding, both theory and practical lessons to adult learners
- Experience working or teaching in a First Nations environment an asset
- A strong passion for teaching and adult learners

#### Primary Responsibilities:

- Develop and deliver curriculum for the Aboriginal Welder Level C Program Instructor that meets the Industry Training Authority standards.
- Undertake daily instruction that engages students
- Prepare and undertake assessments
- Prepare students for their certification examinations with high results
- Work with the Education Department to provide additional supports to struggling learners
- Prepare students for careers within the Welding/ Ironworker field
- Create an engaging and encouraging environment for adult learners
- Assess students and prepare report cards and report attendance in a timely manner
- Monitor student attendance and performance

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry

Interested candidates are invited to submit a resume, covering letter & three references to:

#### Human Resources - Seabird Island Band P.O. Box 650 Agassiz, B.C. VOM 1A0

#### Phone 604-796-6814 Fax 604-796-3729 humanresources@seabirdisland.ca

Deadline to apply June 30, 2014 4:00 pm

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

#### Practical Nursing Program – Classroom/Clinical Instructors

**Department:** Seabird College (with Vancouver Community College)

Job Posting: JP-2014-032

#### Position Summary:

Seabird College is seeking Clinical and Classroom instructors for the Aboriginal Practical Nursing Program. This program is a partnership program between Seabird College and Vancouver Community College. This program will be starting the third term of a 5 term program and instructors will be needed for all positions to completion of the program in May 2015.

#### Qualifications/Requirements:

- Successful completion of a Bachelor of Science in Nursing (BScN) Bachelor of Nursing (BN); or Registered Nursing Diploma with a relevant degree (such as Bachelor degree in education; or Bachelor of Science in Psychiatric Nursing (BSPN) or Diploma in Psychiatric Nursing with relevant degree
- Current CRNBC or CRPNBC registration
- Minimum three years recent experience in nursing practice in one of the following specialty areas:
   Gerontology
  - Acute care Medical/ surgical nursing
  - Mental health nursing
  - Maternity/child nursing
  - Community Health nursing
- BC Provincial Instructor's Diploma or equivalent, completed prior to becoming a regularized faculty member as per CLPNBC Program Recognition requirements.
- Experience in teaching and/or mentoring adult learners in clinical and/or classroom settings
- Courses in geriatric nursing and/or gerontology would be an asset
- Knowledge of the role of the Licensed Practical Nurse in health care
- Effective communications skills, both written and oral
- Demonstrated ability to work as a team member
- Previous experience teaching Aboriginal learners an asset

#### Primary Responsibilities:

- Develop and deliver curriculum for the Aboriginal Practical Nursing Program that meets the CLPNBC standards.
- Undertake daily instruction that engages students
- Prepare and undertake assessments
- Prepare students for their certification examinations with high results
- Work with the Education Department to provide additional supports to struggling learners
- Prepare students for careers within the field of Practical Nursing
- Create an engaging and encouraging environment for adult learners
- Assess students and prepare report cards and report attendance in a timely manner
  - Monitor student attendance and performance

#### Deadline: June 6, 2014

Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal Ancestry

Interested candidates are invited to submit a resume, covering letter and 3 references to:

#### Human Resources - Seabird Island Band P.O. Box 650 Agassiz, B.C. VOM 1A0 Phone 604-796-6814 Fax 604-796-3729 humanresources@seabirdisland.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

#### **Respite Families/Homes/individuals**

Competition Number: JP-2014-040

#### Position Summary:

The Seabird Island Band is seeking applications for Respite Families/Homes/Individuals. The Respite Family/ Home/Individual will provide temporary relief to parents/ families in need of child care. Child care needs may be day, evening, weekend, or overnight (including multiple consecutive nights). Respite services may be required when parents/families are attending programs or are in need of additional support. Respite work may be scheduled in advance or on short notice.

Respite may take place in the child's home or in another location. If respite is to take place in the provider's home the home must be suitable for the client's needs and pass an inspection. All residence in the home over the age of 19 must provide a satisfactory criminal record check including a vulnerable population's check.

Interested Families/Homes/Individuals are invited to submit a letter of interest and resume to:

#### Human Resources - Seabird Island Band P.O. Box 650 Agassiz, B.C. VOM 1A0

#### Phone 604-796-6814 Fax 604-796-3729 humanresources@seabirdisland.ca

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

# Seabird Islands CDP's can provide one on one services for the following:

- Career education
- Career counselling
- Employment counselling
- Interview skills coaching
- Career coaching
- Training in employment skills
- Training in work-related areas
- Vocational rehabilitation

# Discovering Hidden Talents Exploring New Skills

# **'Round The Rez** Employment Opportunities / Help Wanted



260+ hard copy production 60+ e-mail production more available for download on the Seabird website

#### ADVERTISEMENT RATES

Advertising for Seabird Departments and Programs are funded through the Seabird Organization Departments.

#### ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

Fiver Insert (supplied printed already by client) \$20.00

Advertisement rate	s (per issu	e) for
organizations:	Band Member	Outside
Full color page (8 x 10)	\$75.00	\$135.00
Full color ½ page (8x5 or 10x4)	\$37.50	\$65.00
Full color ¼ page (4x5)	\$18.75	\$32.50
Full color bus card (2.5x 3)	\$9.50	\$20.00
Greyscale page (8 x 10)	\$20.00	\$37.50
Greyscale ½ page (8x5 or 10x4)	\$15.00	\$25.00
Greyscale ¼ page (4x5)	\$10.00	\$17.50
Greyscale bus card (2.5x 3)	\$ 8.00	\$12.50
Classified Advertis	ements	

.40¢ per word (non-band member) \$4.00 Minimum

All fees are not for profit, they all help us produce this newsletter. I

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#### AGREEMENT

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement

We reserve the right to revise, edit, classify or reject any advertisement.

**DEADLINES** 

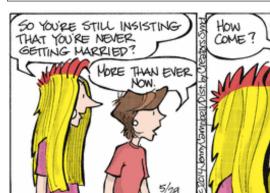
Submissions and Advertisement are due by the 20th of each month or if the 20th lands on a weekend then deadline lands on the Friday before.

**OFFICE HOURS** Monday - Friday 8:00 a.m. - 4:00 p.m.

> DELIVERY The first (1st) of each month



Sandy Bobb Phone: 604-796-2177 Direct: 604-796-6838 Website: www.seabirdisland.ca E-mail: sandrabobb@seabirdisland.ca



# **Quotes of the month**

"What is one to say about June, the time of perfect young summer, the fulfillment of the promise of the earlier months,

and with as yet no sign to remind one that its fresh young beauty will ever fade."

Gertrude Jekyl

# Temt'amxw / June

ENGAGED : DOING BATTLE WITH THE ENEMY "!!

Birthstone: Pearl Color: Green Gemini: May 21 - June 20 Flower: Rose

# Halq'eméylem Word Search

YOO HOO -WIN A PRIZE! **All Seabird Band Members** and Community Members who bring in this completed

Word Search to the Communications Office will be put into a draw for a chance to "WIN" a

mystery prize.

#### Submissions due:

by 4 p.m. Tuesday June 10th 2014 Draw Date: Monday June 12th, 2014

Congratulations to last months winner: Amber Sam!

Name:

Phone #: \_

Seabird Address OR SIB Status #:

This information is not kept it is only to verify if you are a Seabird Member, it will disposed of following the draw.

Absent-minded, forgetful -O'THÁ:MTEM Brush ones teeth - TH'EXÉLESEM Little coyote – LILK'EYAP Glove – TH'QWÓ:LECHA Cucumber – KWÚKWEMELS Excuse me -QW'ÓQW'ELEXTHÓX Vanilla (vanilla extract) -TS'Q'ÉY<u>X</u>EM

Bread, flour – SEPLÍL Salt – TL'ÁLHEM

Sugar – SÚKWE

To bake (bread, other food) -THÍYÉM Water – OÓ Egg (of bird, fowl) -MÁMELEHÓ:LLH Butter – PÉTE Milk – SOEMÓ Oil, grease, fat, lard – SLÓ:S Banana – PELÁLE Cake – KÍKS Apple – QWE'ÓP Cup – LEPÓT

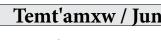
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# **Health Comics**

DIDN'T YOU READ THE

VOCABULARY US

FOR OUR ENGLISH





# 'Round The Rez Community Events, Workshops & Outings

#### **OPTOMETRIST CLINIC**

Dr. Ahmed`s

We are completely booked for the Upcoming Clinic Date: April 29th

If you missed/cancelled 3 appointments they will be refused by First Nations Health Authority. A person will have pay for their optometry visit as well their glasses then ask for reimbursement.

#### Do you have an outstanding glasses order with Dr. Ahmed?

If you still want to purchase your glasses. You can contact Maggie to see what you owe or pay Maggie and she can follow up with Dr. Ahmed regarding a payment.



### ALCOHOLICS ANONYMOUS **MEETING**

Every Tuesday night at 7:00 p.m. Seabird Island Community Hall.

Website for AA in BC: http://www. bcyukonaa.org/



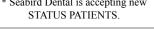
### Have you had a loved one pass away?

You will need to send a copy of the death certificate to the First Nations Health Authority, so that this person's card care will become inactive. Maggie Pettis is available to help you with this proces.

Contact CHR; Maggie Pettis 604-796-2177

# **DENTAL CENTER**

Seabird Dental is available Monday - Thursday 8 - 4:30 \* Seabird Dental is accepting new





WALK-IN PAIN CLINICS Every Tuesday afternoon from 1 - 4 p.m. (first come- first served) Please come to the Dental desk and register your name and note your dental problem. \* Patients will be screened & most urgent problems seen first.

## **GARBAGE SCHEDULE**

COMPOST, RECYCLE, and **REGULAR GARBAGE:** Pick-up Monday



MAJOR GARBAGE: First Wednesday of each Month (sign-up at the Band Office with Samantha)

If you need a **Bin dropped off** for your major cleaning.

Contact Samantha at 604-796-6932, or e-mail: samanthaw@seabirdisland.ca, or at the office put in a request in writing.

Dump any water out of your trash cans to reduce mosquitos. These cans of water can be prime breeding grounds for 1000's of mosquito's

# **MEDICAL CARDS**

Assisting people with their medical cards, if they are lost or stolen and need a replacement.

\*Each client is responsible for paying for their medical cards as well if they've been lost or stolen more than 2 times and the cost is \$20.00 for each card.

Sorry I don't help with people getting their BC ID

Contact CHR; Maggie Pettis 604-796-2177



# Reach thousands of potential new clients by Placing your ad here!

Contact Sandy Bobb for your monthly advertising rates. Special Discount Rates Available for Band Members! **Phone:** 604-796-2177 Direct: 604-796-6838 E-mail: sandrabobb@seabirdisland.ca

# **MEDICAL** CARDS

**BABIES** 

Apply for Medical Card renewals and Status Cards for babies as soon as possible.

Contact CHR; Maggie Pettis 604-796-2177

# **BUILDING BOOKING AND MEETING ROOMS**

► Angie and Chanea look after booking the band gym, and all meeting rooms that are located within the band office. You need to fill out forms to do a booking. Any other questions please call me at 604-796-6893.

► Ashley Thompson looks after booking of the Millennium Hall she can be reached at 796-6854.

### FIELD LIGHT BOOKINGS:

See Keena 604-796-2177 to book the field lights for your sports team. \$2.50 for band members and \$8.<sup>50</sup> for non-band members.

# **VOLUNTEERS REQUIRED**

Please come and inquire with Angie and Chanea if you would like to have your name on the listing for helping during Band events with set-up, clean-up, cooking, decorating, and child minding ... We are always looking for people to help with any functions that we host here in the Band Office.



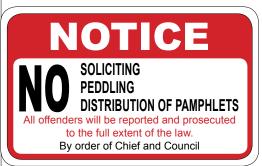
## **AMBULANCE** BILLS

Please submit ambulance bills to Maggie Pettis as soon as you

receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NHIB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Ambulance bills – I can only help with anyone that has a status number other than that everyone else has to pay for their own unless it's an ICBC claim.

**Contact Maggie Pettis for more information** at 604-796-2177



Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door. If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community Safety is a Chief and Council priority, please contact us if you have any concerns.



# Find Seabird online! www.seabirdisland.ca

#### Website:



Scan this QR Code with your smart phone and it will lead you to the **Seabird Website**. This is an easier way than typing http://www.seabirdisland.ca into your smart phone.

Seabird Community Yoo Hoo Newsletter:



Scan this QR Code with your smart phone and it will lead you to the **Seabird Newsletter on our Website**. This is an easier way than typing **http://** www.seabirdisland. **ca/page/newsevents** into your smart phone.

### Tips:

Download an app for your smart phone by searching: QR Scanner Make your own QR code by searching : QR Code Generator

# Men's Health TAKE CARE OF YOURSELF Body, Mind & Spirit

Contact your doctor with your health concerns!



## **PROSTATE CANCER** - early detection is key

Prostate cancer is *the most common cancer found in men* after skin cancer *and is the leading cause of deaths from cancer.* 

Screening tests can find the disease early, sometimes before symptoms develop, when treatments are most effective. It is recommended to begin yearly screening starting at the age of 40. *Talk to your doctor about PSA screening for cancer of the prostate.* 

#### **SEXUALLY TRANSMITTED INFECTIONS -**

preventable by limiting your number of intercourse partners and with condom use.

A sexually transmitted infection is an infection or disease that is be transmitted by unprotected sex.

Human papilloma virus (HPV) or Genital lesions (warts) appearing on or around your genitals and anus are usually painless but can itch and may bleed or become inflamed. Once you're infected it can take 1 to 3 months for warts to appear. There is a vaccine to prevent specific types of HPV infection, and *vaccinating young men before they become sexually active may also help prevent the spread of HIV (aids)*. Talk to your doctor if you are about to be or are sexually active.

### **ED** - Detector for Chronic Diseases

Depression, poor self-esteem, and anxiety are only a few things that can short-circuit the process that leads to an erection.

*In some cases, ED (erectile dysfunction) can be a warning sign of more serious disease.* ED can be a strong predictor of heart attack, stroke, and death from cardiovascular disease.

Other conditions that may cause ED include cardiovascular disease, atherosclerosis (hardening of the arteries), kidney disease, and multiple sclerosis. These illnesses can impair blood flow or nerve impulses throughout the body. (Nearly 1 out of every 2 men with diabetes experiences ED.)

Lifestyle choices such as Smoking, excessive drinking, and drug abuse may damage the blood vessels and reduce blood flow to the penis. Lack of exercise and extra weight are other possible risk factors.

Created by Seabird Health www.seabirdisland.ca

