

the SEABIRD ISLAND

Sq'ewqel

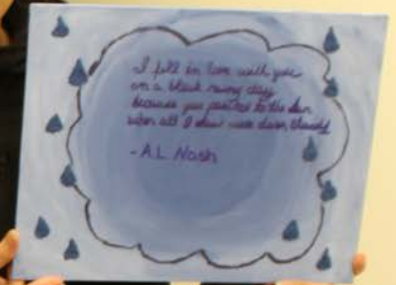
# YOO HOO

*Because news isn't all bad or boring!*

[www.seabirdisland.ca](http://www.seabirdisland.ca)

Mid-March 2016

## EXPRESSIONS OF INTEREST



**A GROWING GROUP  
OF TALENTED  
ARTISTS AT SICS**  
*Ricki Sam-Greene,  
Kayla Lachapelle,  
Katelin Henry and  
Shannon Lackey*  
*(clockwise from top right)*  
*show off some of the  
magnificent paintings  
they created in Debbie  
McGregor's art class.*  
*Please turn to Pages 2-3.*



# Seabird Island High School art

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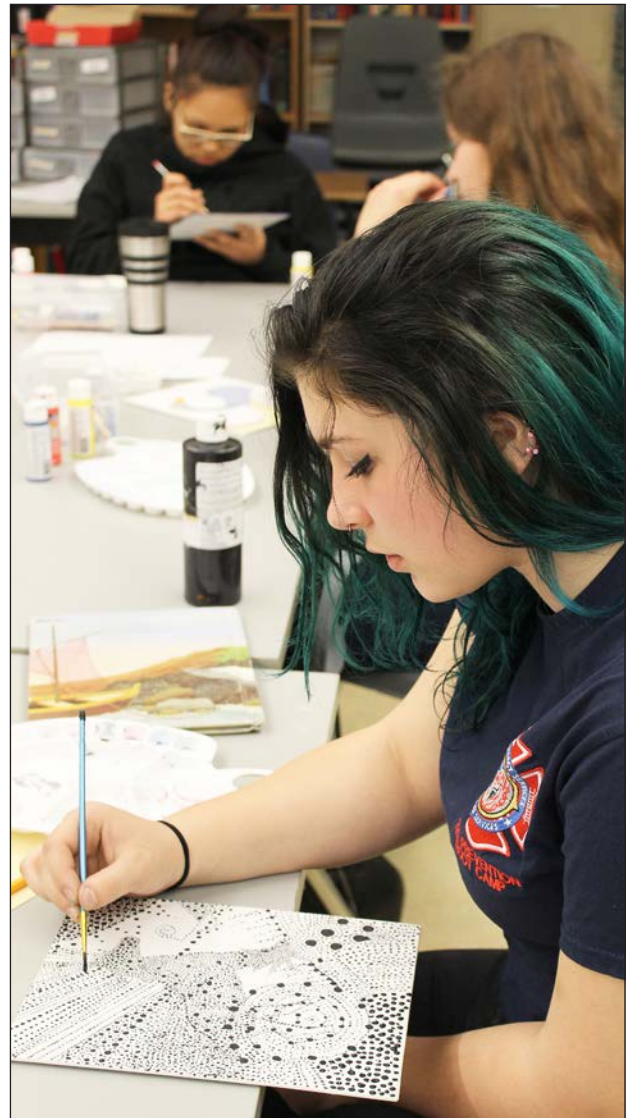
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We are also on Facebook and Twitter



# students get A-plus for Artistic Impression

“That looks beautiful,” remarked Seabird Island Community School teacher Debbie McGregor while checking out the creativity on display during a recent art class. “I like it. Very nice.”

What took place next came as a bit of a surprise – and certainly put a smile on McGregor’s face.

“Do you just want to kidnap me for the rest of the day?” asked student Kayla Lachapelle as the session was coming to an end – expressing her strong desire to stay in art class.

“What do you have next?” responded McGregor.

“Social.”

“You have to get permission in writing.”

“I could get that!”

Moments later, Kayla returned to the classroom with Social Studies teacher Shawn Boyes, who indicated she indeed could continue to work on her art in his class, which would be viewing a documentary.

“Okay hun, you can go,” said McGregor with a laugh.

And with that, Kayla packed up her paint tray, her brushes and her current creation and walked down the hall to her next class, excited about the opportunity of continuing her passion.

“When I do art, it’s such a great experience to get away from all the stress. It puts me

in a state where I don’t care about anything else, except being creative and being expressive. It really brings me to that place where I can think about anything I want, and express myself through my art,” explained Kayla, rather succinctly. “I think it’s really great that we all have the opportunity to do it. Not a lot of people like it. Some people do other stuff – like exercise.”

But in Debbie McGregor’s class - part museum, part art supply store, part library – is all about letting the creative juices flow.

“I love the fact that I give them an idea and they run with it. I showed them a few examples of pointillism – and this is what I get,” said McGregor while looking around the room at her students and their working pieces. “It’s just amazing how far it goes. They’re teaching themselves their own colour theory because these are the constraints they have to paint in. They’re learning their own way of mixing paints and figuring all that out. They’re really talented young men and women.”

Pointillism, Cubism, Monochromatic Surrealism – all forms of art McGregor’s class has been learning. So, what do these terms all mean?

“In pointillism you are painting a picture using only primary colours and dots, and you’re putting them side by side to get your colours. With cubism, everything is at angles. It was made famous by Picasso. It can be a realistic item, but it’s all at angles,

using light and reflections. In Monochromatic Surrealism, the background had to be shaded – going from light to dark, or light to dark, which is how we got the monochromatic in it, and then they had to overlay a shape of some sort which was representational of something they liked.”

Heavy stuff for a group of 15, 16 and 17-year-olds? Not at all. These students are flourishing in their creativity.

“If you don’t know different styles, you can’t create your own, and that’s the whole idea,” said McGregor. “I have a feeling that one day some of them will be wonderful artists in their own right, and they’re going to take a bit of everything and be able to make their own style.”

McGregor was asked how it makes her feel when a student, such as Kayla, wants to stay in art class – and continue painting.

“It’s wonderful. I tell them, if they don’t try something new, they won’t learn something new, and they might decide they really, really like it,” offered McGregor. “I’ve had that happen in sewing. I get kids coming in and going, ‘I hate sewing, I hate sewing!’ By the time they leave they’re going, ‘It’s done already!’”

As for Kayla, she got caught up in art at a young age.

“When I was a little kid, I didn’t have many toys, so I would always draw. Drawing was a big part of my life. My whole entire wall

would just be covered in paper. You wouldn’t see a wall – it would all be art,” explained the Grade 11 student. “Then I moved on to painting, which became a huge thing to me. I got more into different things, like sculpting. It really bonded with me. I love it. I think sculpting would have to be one of my favourite arts, and then painting it.”

Considering she has many of the same students year after year, McGregor changes up the curriculum to keep students interested - from painting, to sculpting, to pop art.

And, most importantly...

“I usually pick up from them what they would like to do, summarized McGregor. “They get some input.”

It’s all about creativity – from the teacher, to the students. Lachapelle hopes that creativity leads to a career.

“I totally do. In summer I posted on Facebook because I did my make-up really pretty, and saying, ‘Your face is like a canvas and you can do it anyway you want,’” said Kayla. “It’s the exact same thing with art. You’re expressing yourself, and that’s how I see it.”

Seabird Island Community School students have their art on display throughout the High School. Check it out the next time you visit the school.

It’s creativity at a young age which has the ability to inspire future SICS students – and career choices.

*Dale Cory, Communications Officer*



# NOTICE TO ALL FISHERMAN

Fraser Valley Aboriginal Fisheries Society  
and our Aboriginal Rights & Title Department  
will be set up in the Main Boardroom  
of the Seabird Island Band Office on  
**TUESDAY, MARCH 22, 2016**  
**8:30 AM – 2:00 PM**  
to replace your lost, missing or outdated  
Fishing Designation Cards.

Come on down for a coffee and get your new card,  
PLEASE REMEMBER to bring your Status Card.

If you have any questions, please contact  
Sally or Myra or Conrad at 604-796-2177.



## Education Committee Vacancies

Two vacancies available on the Seabird Island Band Education Committee. The positions are for a term of two years. Meetings every third Thursday of each month beginning at 8:30 a.m. unless otherwise stated.

### Criteria for All Candidates

- Integrity and a commitment to ethical behavior.
- Personal maturity and leadership skills in education or related field.
- Independence of thought and willingness to deal directly with the difficult issues.
- Broad experience, with an understanding of the complexities of the Band Education program and external educational agencies.
- Accomplishment in education and related field.
- Understanding financial and/or accounting principles an asset.
- Candidate must be a Member of Seabird Island Band.
- Must be resident within Stó:lō Territory.
- Must be 18 years old or older.
- Must be familiar with the Education and Governance Policy.
- Previous experience as an education member or Band experience.
- Pass a criminal records check.

Interested **Band Members** wishing to be considered are encouraged to **submit a letter of interest with two letters of support from Band Members.**

Your letter of interest should state your availability, any pertinent background information and include reasons why you would like to be a member.

Deadline no later than **Wednesday, March 30, at 4 p.m.** to be considered.

**Election will be held Wednesday, April 13** from 2 p.m. to 6 p.m. Candidates are encouraged to request a copy of the Education Committee Policy and Procedures Manual to review.

For further information, contact Carol Hope at 604-796-2177,  
or email: [carolhope@seabirdisland.ca](mailto:carolhope@seabirdisland.ca).

**We need you!**

## EDUCATION

# Come dine with me - and the entire camp!

It's all about the *Mise en place*. This French culinary phrase, which means 'putting in place', is used in professional kitchens in reference to organizing and arranging the ingredients a cook will require for the menu items to be prepared.

A group of Seabird Island Band Members and wannabe chefs found out recently just how important *Mise en place* is when preparing a meal. Especially, when that meal is targeted to re-fuel a couple hundred hungry workers out in the field.

The Camp Cook Training program took place over a 12-week period at the University of the Fraser Valley (UFV) Trades and Technology Centre in Chilliwack.

Funding for the course, nearly \$95 thousand, came through Seabird College, which received more than \$108 thousand from the government to offer two Project-Based Training (PBT) programs - Camp Cook Training and Basic Security Training.

"At a lot of cooking schools, you learn to cook for four. We are teaching them to cook foods in volume," explained David Bensmiller, a UFV Sessional Instructor in the Professional Cook Program. "If they go work in a tree-planting camp or an oil camp, they're looking at anywhere from 100 to 250 people in each camp. You have to have

enough people to feed them. And the training to do that is not the same. What we're doing is, we're taking the recipes and saying, yeah, you can cook that for four, but I want you to do it for 40 or 200."

And that's where the cook needs to be focused, prepared, and ready to jump when the head chef needs something done.

"Basically I get them to look at, this is what the end result should look like, and how do I get there. That's an important aspect for them as far as completing this program. Not everything translates in a recipe. If you are adding a teaspoon of salt, and you've multiplied your recipe and it says, four cups, you're not really going to enjoy that meal. It's a matter of being able to follow some methodologies. You're going to have to taste it, you're going to have to make sure it's thick enough, you're going to have to understand how to thicken.

These days, a cook can tell a computer to multiply a recipe for a certain number of people, and it will crunch the numbers. That's the easy part.

"But again, you have to be very careful when you're doing your tasting that you haven't seasoned too heavily or not enough," cautioned Bensmiller. "One of the things I keep harping on them is, *Mise en place*, getting them to have everything in its place.

## EDUCATION

They understand now that - if their *Mise* is done - then they can build their meal very quickly, and everything just flows, rather than walking away and having something burn because they weren't prepared for it."

Bensmiller started by teaching his students the basics of cooking - making stocks and sauces and soups and roux's. Once the group learned to do those things, they were able to apply those methods to the meals they prepared.

"I'm training them to be preps, or second cooks, where they're assisting someone else. Eventually they will get the skills, and that all comes with experience," said Bensmiller. "I always make sure that when they hit a crucial step in something they haven't done before, that I'm there with them so they understand what that should look like, or what it should feel like, or what it should smell like, or what it should taste like - so they have a good base to work from."

One of the students in the Camp Cook Training program was Laura Harris, who has attended many of the Community Kitchen sessions organized by the Fitness and Nutrition team and held monthly in the Band Office kitchen.

"It's going really well. I love it. I've always wanted to learn how to cook. Well, I already know how to cook, but I wanted to come to school for cooking," said the Seabird Island Band Member. "My mom is a cook, my brothers are cooks, so I thought I would come and try this out."

Harris enjoyed the opportunity to work in a well-equipped and spacious kitchen,

"I made cannoli's for the first time, I've made soups, and I've baked quite a few things," offered Harris, who became well-known during the course for her dessert specialty, and explained the process. "I made Rose Apple Pies. I lay the filo out, slice the apples paper thin, put preserve on it, lay the apples out, and roll it up."

Jason Fraser was also in the course, and although he previously took his Level 1 in cooking, he learned a great deal from Bensmiller.

"The experience was awesome. I love the class. We made some pretty good dishes. My favourite was the BBQ pork that I made.

"I also worked on my knife skills. I had to learn proper cutting techniques. Some of my slices were thick - like I was serving myself," said the Shxw'owhámel Band Member with a laugh. "I had to learn how to thin them down."

On the day of the photo shoot and interviews for the Yoo Hoo, students were cooking Mexican. The proof, as the saying goes, is in the pudding. I found that out first hand after being served a delicious meal of beans, rice, vegetables, and, of course, Laura Harris' now famous Rose Apple Pie.

"The Mexican food they've done tonight, the chicken mole, is absolutely outstanding. The students have done a super job. We



have a couple of gentlemen that are residents of a local senior's complex. I'm guessing we've been doing this for 10 nights, they've probably been here for five. They are big supporters of our programs, they want these students to feel that gratification and sense of accomplishment," summarized Bensmiller. "I've been very impressed. There's probably only been one dish out of probably 60 or 70 that was an 'iffy' one. The quality of the food that we've been putting out has been very good - and close to what the apprenticeship class is putting out."

For Seabird's Laura Harris, her excitement over the launching of a new career could not be hidden. Seabird College has given her the push she needed.

"I actually want to do catering," she says. "And I think I want to go back and do my Level 1."

With the Camp Cook Training program as a stepping stone, it appears Harris and her fellow cooks have an exciting career to look forward to.

*Dale Cory, Communications Officer*





# Elders approve lottery system for outings

During a vote held March 3, Seabird Island Elders decided that, effective immediately, a lottery will be held for any outings planned for the month. A wait list will also be drawn. The Seabird Elders wanted to ensure the outings sign-up list was fair and they were present when the draw would be completed.

The next draw will take place Thursday, March 17 at 10 a.m. in the Elders Lounge in the Band Office. A guest speaker has also been booked to talk to Seabird Elders about taxes, financial planning, and budgeting. Please let Janean know if you require a ride.

The next outing for Seabird Elders will take place March 28, and includes a trip to Lummi – Little Bear Creek.

We will begin picking up Elders at 8 a.m. and any Elders

who can make it down to the Band Office are asked to be there by 9 a.m.

Elders need to ensure they have their passports or identification to go across the border.

## Elders College upcoming events:

**March 16** - Don Froese has been booked to come to talk about traditional plants and gathering methods. Lunch and transportation will be arranged.

**March 30** - Reid Peters has been booked to come to speak to the Elders about his own education journey and what UFV offers. Reid will also tell his story about how his education journey started. Lunch and transportation will be arranged.



## Dates the Elders have approved for upcoming outings:

**Guest Speaker- March 22** - Wenona Victor will be coming to Seabird to talk to the Elders from 10 a.m. to 12 p.m. Finger foods and refreshments will be served.

Please let Janean know if you require a ride to any of these gatherings.

**April 25** - Second Hand Shopping and Lunch

**May 6** - Mother's Day Tea at Seabird Island Community School

**May 16** - Dinner and Movies at Eagle Landing

**June 11** - Arts Under the Umbrella on Chilliwack's Mill Street

**June 27** - VanDuesen Botanical Garden in Vancouver

**July 11-14** - Elders gathering; still discussing options

## Upcoming Youth initiatives include Junior Leadership Program and Traditional Harvest

- The Junior Leadership Program begins Monday, April 4 for Seabird Island Youth 10-12 years old. This is a six-week program focusing on one area of learning, and takes place every Monday from 3-5 p.m. The first program learning topic is Traditional Medicines. On the last day of the program, we will celebrate with a parent potluck and certificates will be given out to participants.
- Seabird Youth will also get together for a Youth Resiliency Traditional Harvest every Thursday from 3:30 p.m. to 5:30 p.m.

For more information on these initiatives, contact Angi Peters or Jonny Williams at 604-796-0198.



**SEABIRD DOG LICENSING HITS THE STREETS...** Kecia and Brandi will be heading door to door on Seabird Island March 16 to ask dog owners to license their dogs. They will bring dog tags and registration forms. You can also license your dog at the Pet Education Open House set for the Band Office Mar. 21-22.

## SEABIRD ISLAND BAND HOUSING WAITLIST March 2016



**A GROWING CONCERN OVER GARBAGE**  
*This photo was taken near a residence on Seabird Island. Public Works and Housing asks residents to put their garbage into the bins for pick up every Monday.*

### 1 Bedroom

1	04202015-1017
2	10262015-1022
3	12222015-1023
4	01042016-1025
5	01112016-1026
6	01282016-1027
7	02192016-1028
8	02222016-1029

### 2 Bedroom

1	07292014-3090
2	02102015-1014
3	03122015-3089
4	04202015-1017
5	06192015-2087
6	07082015-1019
7	07232015-2088
8	08052015-2090
9	11092015-1023
10	12302015-3092
11	01122016-3093
12	01282016-1027
13	02222016-1029
14	02232016-3094

### 3 Bedroom

1	12192012-3076
2	02062013-3082
3	02082013-3084
4	03192013-3088
5	07082014-3087
6	07292014-3090
7	12092014-1014
8	12312014-1016
9	01122015-1009
10	01142015-1011
11	02042015-3091
12	04102015-1016
13	04282015-3095
14	06192015-2087
15	07232015-2088
16	08052015-2090
17	08262015-3096
18	07082015-1019
19	12302015-3097
20	12302015-3092
21	01042016-4000
22	01252016-4001
23	02232016-4002
24	02032016-4003

### Don't know your number?

Contact Samantha to see where you sit on the waitlist! 604-796-6932.

### Note:

If you have outstanding debt with the Band, you will NOT be placed into a rental unit, as per housing policy.

### REMINDER!

Housing applications must be renewed before JANUARY 1<sup>st</sup> each year to remain on the list!

**Anyone who did not renew came off the list and must now reapply if interested.**

# Preventative action key to keeping away rodents

## Springtime Rodent Control

With the onset of spring, milder temperatures promote green growth. Soon, people will be dusting off gardening tools, preparing for the growing season. While we welcome warmer weather, it also means rodents are starting to nest. Spring is mating season for rodents.

Rodents can be a nuisance, causing property damage and potentially transmitting disease. The best measures for rodent pest management is preventive action.

### Keep Them Out

There are steps you can take to prevent rodents on your property.

#### 1. Eliminate food and water sources:

- Keep all garbage in pest proof containers with tight fitting lids
- Follow good composting practices for rodent control. Do not throw food scraps into backyard compost without covering them
- Rotate compost
- Have a pest proof compost container
- Remove pet food right after feeding and do not leave it outside overnight

- Clean out waste and food from pet pens and enclosures
- Repair any plumbing leaks to remove a water source

#### 2. Eliminate hiding and living places:

- Keep building perimeters clear of plantings, stored lumber or junk
- Trim plants near buildings so that 15 to 20 cm (6 to 8 inches) above ground is clear. Trim branches of trees or shrubs to prevent access to roofs or balconies
- Remove unused piles of lumber and old sheds
- Do not store old cars or furniture outside
- Store lumber and firewood on stands 30 cm to 45 cm (12 to 18 inches) off the ground

#### 3. Pest-proof buildings:

- Cover crawl spaces, fresh air and attic vents with 6mm (1/4 inch) metal screening or steel mesh
- Seal any possible entry points in the building exterior that are greater than 6mm (1/4 inch). Pay close attention to door jams and gaps between the siding and the house foundation. If you have roof rats don't forget to check for holes in areas of the roof
- Repair cracks in cement footings and foundations

Visit: [www.healthlinkbc.ca/healthfiles/hfile37.stm](http://www.healthlinkbc.ca/healthfiles/hfile37.stm) for more information and tips.



# Are you a Band member needing legal assistance? Better call Derwin



If you're a Seabird Island Band Member representing yourself in family court and need assistance, the Seabird Island Band Wellness Centre may have the answer. We invite you to set up an appointment with Derwin Petri - a family lawyer who can help you at no charge.

Mr. Petri provides assistance to people who are representing themselves

in Family Court. He can provide you with advice about parenting time or contact/ access, guardianship, child support and property issues (limited advice). Mr. Petri can assist you in completing Family Court documents and can explain the court process to you.

Just bring any court documents, or if you haven't started the process, Mr. Petri can assist you in filling the documents out. The family legal aid clinic operates two times a month at the Wellness Centre at Seabird Island Band.

Mr. Petri is a status Aboriginal lawyer, who was born in Winnipegosis, Manitoba but grew up in Winnipeg's

core area (north end). He graduated from the University of Manitoba Faculty of Law in 2003. He was called to the Manitoba Bar in 2004 and to the British Columbia Bar in 2007. Mr. Petri has represented clients at all levels of Court in British Columbia and Manitoba. He has also argued before the Federal Court of Canada and the Tax Court of Canada. He is

presently preparing to seek leave to appeal to the Supreme Court of Canada.

If you would like to book an appointment please call Virginia at 604-491-6687 or Mr. Petri at 604-625-2580.

**Mr. Petri will be at Seabird:**  
**March:** 29;  
**April:** 1 and 27;  
**May:** 16 and 27;  
**June:** 6 and 27

**"It is not only important, but we are fortunate to have the Legal Services Society provide this service for anyone that may need legal information. The legal system is scary and not easy for many to access or navigate their way through. We provide a comfortable environment and want to make sure people understand what the process is. Set away from the Seabird Island Band Office, this provides a bit more anonymity for those seeking legal advice."**

*-Virginia (Genna) Joseph, Family Counselor*

## SEABIRD'S Parents and Tots Program celebrates their February WINNERS from the Early Literacy Program "READ & WIN".



Miranda Beckstorm



Chenoa Sanderson

### Congratulations EAGER READERS!

Special thanks to all our Moms, Dads and family members. You make this program great!

*Submitted by Tracey Bonshor, Program Coordinator*



## Seniors Abuse and Info Line available to Band Members

The Seniors Info Line is a toll free telephone line staffed seven days a week (excluding holidays), from 8 a.m. to 8 p.m. SAIL is a safe place for older adults, and those who care about them, to talk to someone about situations where they feel they are being abused or mistreated, or to receive information about elder abuse prevention.

The staff and volunteers who answer SAIL are trained to provide a listening, non-judgmental and supportive ear.

They will refer callers with a legal question or problem to our legal staff.

Callers who are age 50-plus and are victims of abuse or family and sexual violence, and who need practical and emotional support may be referred to our Victim Services Program which also provides information, support and referrals to services in the community.

It is a good idea to call between 5 p.m. and 8 p.m., Monday to Friday, or between 8 a.m. and 8 p.m. on the weekends, as the SAIL line is not as busy at those times, and you will get through more easily.

**Call: 604-437-1940 or toll free 1-866-437-1940**

## Seabird Island Health addresses patient travel costs

Effectively immediately, the Seabird Island Health and Social Development Department will no longer cover patient travel costs to their regular family physician if that physician is off Seabird Island - as the closest family doctor is at Seabird.

Also, if Band Members choose to go to a walk-in clinic to see a general practitioner, patient travel will not be covered. **These are First Nations Health Authority guidelines which Seabird Health is required to follow.**



You are Invited to visit the  
**Seabird Island**

**ANNUAL**



**HOUSE**

**Wednesday  
April 13, 2016  
10 a.m. - 6 p.m.**

- Visit our booths to preview all our services available for you
- Meet and talk with our staff
- Share ideas
- Pick-up Resources
- Play games
- Door Prizes

Seabird Band Office Gym  
2895 Chowat Rd.  
Seabird Island, Agassiz BC  
604-796-2177





## Dr. Ahmed's vision for Seabird Island crystal clear

“**V**ision care is not a privilege. It has to be a necessity.”

As I found out during a recent sit-down, it's one of the most important principles Dr. Nurudin Ahmed lives by.

Dr. Ahmed has been traveling out to Seabird Island for many years to conduct monthly optometry clinics. The appointments are always filled. There is a constant waiting list.

“I find it very surprising after doing this for 32 years, that, as one of the most important senses we have, we've dictated whether we can afford it or not because of how much we have to pay for it,” continued Dr. Ahmed. “Yet, we never think about going for a haircut which is going to cost you 100 bucks.”

Dr. Nurudin Ahmed grew up in London with his sisters,

and without parents. He says he wanted to be an eye doctor since he was 12 years old. He recalls his first day at university.

“We were introduced, and for the first hour, we were blindfolded. It changed my perspective. I couldn't function. I couldn't move five steps this way, or four steps that way. The lecture after that was very, very clear. This

is how some of your patients are going to feel. You lose your vision – and I had a hard time understanding how one can manage. That's where my passion comes from.”

Since that time, Dr. Ahmed has been driven to help others.

In 2010, Dr. Ahmed “got a calling”. Utilizing his principles of vision being a necessity, he decided to take his eye technology to the

remote areas of the world, and has been working as a consultant for the Aga Khan University Hospital in Karachi, India.

And, in many ways, Dr. Ahmed has also dedicated his life to helping First Nations people improve their ability to see.

As I found out during our open discussion, Dr. Ahmed was initially recruited to work for First Nations as a consultant nearly 20 years ago.

“My job as a consultant was to put a system in place so that we could provide a better service, and a service in-line with what other communities were getting. As an example, you would have a First Nations person go into a clinic, and there would be a select set of frames, and they may not even be displayed,





or may be under the table. That's how the whole thing started – to try and find some parity between the services everyone else got, and the services First Nations received.”

Because there is a retail component to providing these services, Dr. Ahmed says the situation was not lucrative for practitioners.

“Any cases that came through that were not in the norm were referred to me. A month into it, the Liberal government decided they were not going to pay for eye examinations between the ages of 19 and 64-years, which meant that First Nations people were the ones who suffered. Immediately, what the profession did at that time – and I was one of the few who didn't do that – private eye examinations went up about three times.”

Dr. Ahmed agreed to see First Nations people, and not charge the extra portion – something he says caused a great deal of animosity with other optometrists.

So, he sat down with his family, which included young children at the time, and made the decision to work with First Nations people.

His first visit was to Merritt in the early 2000s. And he remembers the exact date of his first visit to Seabird Island.

“The 19th of July, 2002. We used to carry our own stuff at the time. This table and stand wasn't available,” explained Dr. Ahmed, pointing around the room. “I had gone to a patient of mine who was a metal guy, and we literally created a metal cage where people would sit. Unfortunately, it had to be something I could dismantle and mantle, because I was going to all these communities. It was a very strange situation. And this is where we are at now.”

At that point, Dr. Ahmed offered to go back in his records, and count how many

clinics he has held at Seabird Island over the years.

“One, two, three...14, 15, 16,” counted Dr. Ahmed out loud, until he admits, “There's just way too many to count.”

Yes, the First Nations client base has grown substantially over the years - so much that the Ahmed's have added staff, and remodeled the garage of their Vancouver home into office space to accommodate equipment and eye wear.

“Carolyn Neufeld has been instrumental in shaping, not only the Seabird standard of care, but around all First Nations communities. She supports us as a health director. There is not one thing she doesn't do for us – because it's for the people.”

In 2006, Dr. Ahmed sat down with Neufeld, Seabird Island Band's Health and Social Development Director, to discuss the future. The technology was improving, and getting more digital, and equipment was breaking down because it was constantly getting moved around.

“So, we came to the conclusion that we should buy the basics to make us different than any other eye examination you could get in the area,” said Dr. Ahmed. “They budgeted through Health Canada for some of the instrumentation – and I agreed to buy some of this stuff which connects to that stuff.”

Dr. Ahmed figures there is close to \$100,000 of optometry instrumentation set up at Seabird Island.

It's all about providing a standard of care.

“The issue to me is, we talk about standards of care, but should not that standard of care be consistent, across the board, to the variety of patients with different economic backgrounds. You're dealing with different ages, different backgrounds and different cultures.



Should that not be the same all the way across?” questioned Dr. Ahmed. “If you truly want a standard of care, then the standard of care has to be equal for every patient – not dependent on their afford-ability. I strongly believe that.”

And with that statement, Dr. Nurudin Ahmed returned to his duties, welcoming the next patient into his Seabird Island Band Optometry Clinic, and providing the eye care he believes they deserve.

*Dale Cory, Communications Officer*

# Meet Richard Parsey: Manager - Technical Support & Services, Public Works and Housing Department

## 1. Why does Seabird Island Band need an IT department?

Seabird uses a lot of technology to deliver programs, and to assist people in doing their jobs. We have around 400 employees using all different technology - including cell phones, desk phones, computers, specialized equipment in the different departments, large servers to manage our data and software, and Seabird Internet as well (WiFi and High Speed). So, with all this tech and all these employees, Seabird needs a good IT staff to do the ordering, planning, repairs, and maintenance.

## 2. What does a typical work day look like for you?

As the Manager of Technical Support and Services in the IT management, my typical day is taken up watching the Help Desk and figuring out which staff can deal with current issues. I am also the person that takes calls from staff and the Seabird Community regarding their IT issues.

## 3. What is the most important task you perform?

Personally I think the most important task I do daily is talking to people, letting them know we are working on the issues they are having.

## 4. What challenges do you face performing your duties?

Challenges for my position are prioritizing what needs to be done, when



I decide something needs to be fixed before something else it means there is going to be someone waiting.

## 5. What education do you have and how does it support your work?

I have both university education and industry certifications. I chose to get

both because it opens up more career opportunities for me. University education it seems is a little more universally recognized and is not so specialized. Industry certifications can be standalone education, but are also used to complement university education. They are just geared more toward a specific career.

## 6. What do you enjoy most about your role?

I really enjoy talking to and helping people. Sometimes dealing with IT issues can be frustrating for people, so being able to help them use it or understand it is very rewarding.

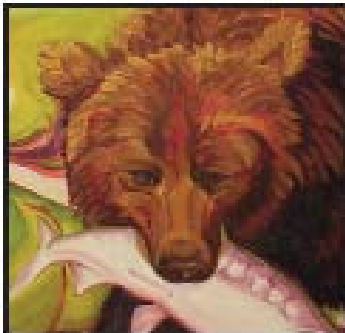
## 6. What's your favourite part about the team you work with?

The best thing about my team is the shared knowledge we have and the fact that we all get along well and have a good sense of teamwork and humour.

## 7. What does Richard Parsey do when he is not at work?

My hobby is my other full-time "job", coaching, managing, and playing soccer. I run the Sto:lo Braves soccer teams (U-21 and Men's Division 4) in the Fraser Valley Soccer League. We play all of our home games here in Seabird, so there is extra work preparing for home games, lining the field, lining up game officials, and getting our fans interested in coming out and cheering for us.

*Thanks for your time Richard.*



# Wild Salmon Justice Concert

Sat. April 30, 6:30 - 10:30 p.m.  
Doors open at 6:00 p.m.  
Featuring Live Music & Entertainment!

Advance tickets:  
Coqualeetza Gift Shop & Sto:lo Gift Shop, Chilliwack

Tickets: \$35/ea, 4 for \$120, 10 for \$250  
Children under 12 free!

Event location: Coqualeetza Longhouse  
Bldg. 22 - 7201 Vedder Rd., Chilliwack  
Concession on-site. Great Door Prizes!



**Join a run/walk training group:  
Every Monday and Thursday at 4 p.m.**



Free  
**Long Sleeve Tee**  
for all  
**Pre-registered**  
Participants!

# 2016 NUTRITION RUN/WALK

**Date: Wednesday, March 23**  
**Time: 9 a.m. – whenever you finish!**  
**Run begins at the school**

For more information or to pre-register contact Val: 604-796-6829

Registration forms can be picked up at the main reception,  
Doctors reception and from the school secretaries.

**Registration by Thursday March 10 to receive your free t-shirt.**

# Youth achieve CORE certificate - ready for outdoors

*Written by: Trevor Schultz,  
Seabird Island Band Member/  
Employment, Training and  
Social Development student*

The wilderness can be a very dangerous and beautiful place. With the large effect of technology and the massive imprint it has on today's youth, they may forget the beauty of the place they live.

"Hunting has always been part of our Heritage," stresses Seabird Island Band Chief Clem Seymour.

The Elders of Seabird were often taught by their parents how to fish, hunt and survive – skills sometimes lost on today's youth. For the people of Seabird it is in the heritage and has been a tradition that has been passed down for generations.

In February, Seabird's youth took part in a Conservation and Outdoor Recreation Education program to obtain their CORE certificate. This training was aimed toward helping them develop a better understanding of how to prepare prior to going out into the wilderness, and to ensure their safety. In their training, Seabird Youth were taught how to set snares and identify animals and plant life.

Brian Cummings, an avid outdoorsman, instructed the course. He has managed the hunting and fishing store Outdoors Unlimited in Maple Ridge, has run fishing charters on the Fraser River for 20 years, and teaches hunting and firearms courses.



"He taught us how to make a fire in under ten seconds!" said Estevan Thomas.

Training centered on how one can prepare and survive in the wilderness. It provided education and techniques and gave an understanding on how to perform emergency first aid. It also provided knowledge on basic fire arm safety and techniques on how to identify animals and birds. The course provided excellent life skills which can be used in multiple survival and hunting situations.

The CORE training program also covers all B.C hunting regulations - teaching students the reasons for hunting, and how to conserve and respect the wilderness, and the land in a safe manor.

"The goal of this training is to get the kids more connected to the land," said Angie Chapman, Community Services Program Manager.

Elders and Youth now have a great understanding of the importance for the younger

people to learn the skills taught in the CORE program. I'm sure most of the kids who underwent this training would all agree that this sort of training and knowledge is very helpful, and that most people should have a basic understanding of how to perform these sort of things.

"It can help when you're out in the middle of nowhere and it can help you survive," said Michael Joseph, after being asked why it's important to take this training.

***"He taught us how to make a fire in under ten seconds!"***

***-Estevan Thomas***

All Youth who attended and passed were residents of Seabird. This program is open to anyone interested learning how to explore Seabird and the land smartly and safely. Seabird's staff are planning and arranging hikes, and other outdoor activities, which will help them understand the land their ancestors grew up on.

The Seabird Island Youth Resiliency Guiding Group has been organized with the goal of getting Youth more

involved with Seabird lands. If you have an interest in the history and the culture of Seabird, you are invited to attend an upcoming gathering. Watch for the Seabird Island calendar in the April Yoo Hoo.

You would be able to hear it first hand from the Elders. All of the Elders have a very colorful past and have plenty of stories to tell.

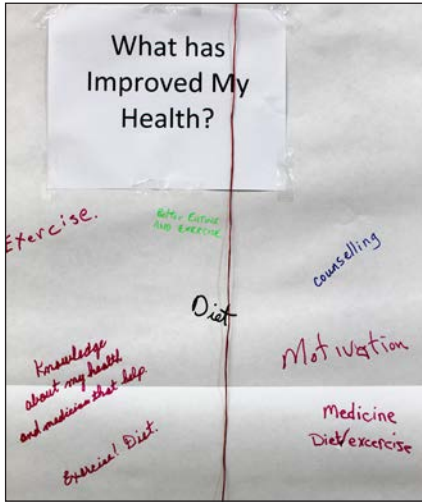
The idea is to support Seabird Youth, and to involve them in a project that will strengthen all four aspects of their being - mind, spirit, body and emotions - while enhancing their connections to the land, ancestors, culture, and their identity.

Congratulations to these 10 youth who have all passed their CORE training: Kayley Peters, Estevan Thomas, Phelix Harry, Sunny Muscle, Kaylo Julien, Patrick Drew, Drake Jones, Michael Malloway, Richard Peters, Aiyana McNeil.

"We plan to go all over Seabird and explore, and get the kids educated, to have the knowledge of everything that has to do with Seabird and the land," summarized Chapman.



# Seabird Diabetes Conference



## Xwóyíwel te íste swayel Happy Easter Day



March 28, 2016  
10 a.m. - 12 p.m.  
Seabird Gym

Breakfast 10 - 11 a.m.  
Activities 11 a.m. - 12 p.m.

*This year the children will collect passport stamps at interactive stations to receive their Easter candy.*



## Family Travel Club will be hosting...

**Loonie Auction**  
in the band gym on  
March 18, 2016.

Dinner will be served  
at 5 p.m. Indian Tacos' is  
on the menu and will cost  
\$5.00 per plate

Auction begins at  
6:00 p.m.

Prizes include the  
following:

- USA food basket items,
- Samsung TAB 4,
- 48 Samsung LED HD Smart TV,
- Star Wars PS4 Limited Edition,
- Gift Card Tree,
- Two Hour Tattoo certificate,
- \$1000 draw raffle will be drawn on this night.

**Thank you for supporting Family Travel Club**

*Thank you for your paid advertisement*

**Flea Market**  
in the band gym on  
March 19, 2016.

Doors Open at 10 - 4 p.m.

Concession will be  
on-site, 50/50

Tables are \$10.00 each  
or 2 for \$15.00

Please contact  
Angie Chapman at  
[swayel17@gmail.com](mailto:swayel17@gmail.com)  
if interested in a table.

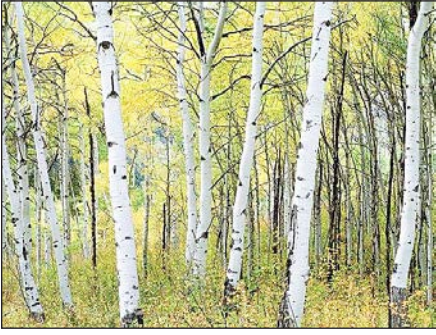


**Seabird Island Band Services and Offices Closed**  
Friday, March 25 and Monday, March 28 for Easter Holidays

**Seabird Island Community school Closed**  
Friday, March 18 for Pro-D Day  
Friday, March 25 to Monday, April 4 for Easter Holidays



## LANDS



*Cottonwood Tree*

=



*Spring Cottonwood Buds*

=



*Cottonwood Oil*

# Spring into action - it's harvest time on Seabird Island

Spring is always a busy season as we gather medicines for the year ahead.

Spring came early this year and Cottonwood Buds are ready to harvest here on Seabird Island Lands.

Seabird Lands Department, and Youth and Elders, all participated in a harvest tour with Don Froese and Taylor Starr March 3. Both demonstrated how to harvest Spring Cottonwood Buds and described how to make our very own medicinal oil that can be used directly on scrapes, bruises, and minor burns. The recipe can also be turned into a salve by adding bees wax into the mix and can be used to sooth muscles, treat

minor burns and scrapes, and soften rough hands.

At this time of the year the aromatic sap is filling the buds. The sap contains a variety of medicinal components, including compounds that kill germs, ease pain, and promote skin regeneration. This is often referred to as the "skin ointment of the woods". In a pinch it can be used straight from the bud.

The difficulty in working with the sap directly is that it is extremely sticky (somewhat similar to pine sap). One of the best ways to extract the medicinal qualities of the sap is to infuse the buds in an oil.

To make cottonwood oil, fill a quart-sized glass jar about 2/3 of the way full with buds. Then fill the jar up to the top with olive oil (olive oil is preferred as it does not spoil easily). Put a lid on the jar and put the jar on a plate or bowl. Some oil often seeps out during the curing process.



Let the jar of buds and oil sit for eight to twelve months. Stir every few weeks if you get the chance, and make

sure the buds stay covered by the oil (exposed buds will mold). When you are ready you can strain the oil through a cheesecloth. It will have that characteristic sweet cottonwood scent. You can now use the oil directly on scrapes, bruises, and minor burns, or turn the oil into a salve.

Now that you have created cottonwood oil, you can use the following recipe to create your very own medicinal salve. The advantages of a salve is that the medicine is turned into an ointment consistency that better adheres to skin and can be carried easily for first aid uses in the field.

*-Danielle Gabriel, Lands Manager*

### Cottonwood Salve Recipe

*-1 cup of cottonwood oil  
-1/4 cup of shaved beeswax*

First, choose a pot or pan that you don't mind dedicating to salve-making, as the medicine will be very difficult to completely remove. Heat up your cottonwood oil on the stove on low heat. You can even use a double-boiler to further protect the oil from getting too hot, though it is not necessary. Once the

oil has warmed up, slowly add the thin shavings of beeswax into the pot (a cheese grater can be used to shave a block of beeswax), waiting for shavings to melt before adding more.

You can test the consistency of your medicine by removing a teaspoon of the heated oil/beeswax mix, and allowing it to fully cool. Your goal is to create an ointment consistency. Too little beeswax and the mixture

remains as a thick oil, while too much beeswax turns the mix into a hard consistency similar to lip balm. You can adjust by adding more oil or beeswax to gain the desired consistency.

Once you have melted your beeswax into the mix and achieved the desired consistency upon testing, you can allow the mix to begin to cool. Just before your salve begins to firm up, you can pour the warm salve into

small containers such as baby food jars or small tins. Your salve will then cool down into place. The small containers of cottonwood salve make great gifts and additions to first aid kits.





# JOB POSTINGS - HELP WANTED

## General Applications

**Closing Date** March 31, 2016

**Type** Volunteer or Charity Summary

The Seabird Island Band is always seeking to recruit and hire the best talent available. We always prioritize the hiring of First Nations individuals, especially Seabird Island Band Members, but we also hire non-status, and non-Band Members.

Individuals who are interested in employment with Seabird, but do not find a current opening that suits what they are looking for, are encouraged to apply to this posting. Your resume will be kept on file, and will allow for auto matching of your skill set to future openings. Because of the limits of technology, you are always encouraged to apply to any specific positions that you would like to be considered for.

## Youth Research Assistant

**Closing Date** March 22, 2016

The Seabird Health is currently seeking an enthusiastic, motivated individual to join the Seabird Health Youth Resiliency Project. The successful applicant will spend 14 hours per week, until August 1, 2016, working closely with Youth Programs team to facilitate the implementation and documentation of the Youth Resiliency Project. The Research Assistant works in the interest of Seabird Island Band and the Stó:lō Youth Resiliency Research team while The Project is being conducted. This position works in varied environments and conditions both in the office and in the field.

## Speech & Language Pathologist

**Health & Social Development**

**Closing Date** Open until Filled

The Speech-Language Pathologist provides a range of clinical services that focus on promoting communication, language and speech and that contribute to a client/patient's overall cognitive, physical, social and emotional well-being. The speech and language pathologist works closely with babies, children who have various levels of speech, language and communication problems. The successful candidate will provide assessments to children (0-6 years old) referred to the Ey Qwal Speech and Language Program.

## Grounds Maintenance Labourer (Term Position)

**Closing Date** March 18, 2016

Working with in the Public Works Program, the Grounds Maintenance Labourer is responsible for ensuring that Band property and facilities are kept looking their best. Working under the Public Works umbrella, the Grounds Maintenance Labourer will be responsible for the planning, planting, pruning, and ongoing maintenance of the Band maintained gardens and beds. It will also require the maintenance of all gardens and beds surrounding Band buildings. This will include mowing, weeding, treating and otherwise caring for Band property throughout the Island. This is a very physically demanding position and requires working in all conditions. The incumbent will also be expected to provide support and back up for all other members of the Grounds Maintenance program and other members of the Public Works and Housing Department as training and experience dictate.

**We often have new job postings daily! Please come in and check the website daily.**

**To view more detailed information about these opportunities**

please go to

<https://seabirdisland.startdate.ca>.

or visit the Band Office and Seabird Employment Office.

Interested candidates are invited to submit a

resume to:

<https://seabirdisland.startdate.ca>

*Please ensure you have received confirmation for your on-line submission.*

*If you have not received confirmation please contact us at [humanresources@seabirdisland.ca](mailto:humanresources@seabirdisland.ca)*

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a resume, cover letter & three references.

***We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest***

**Join  
mySeabird**

Seabird Island Band Members gain access to:

- ◆ Financial statements,
- ◆ Laws, codes and policies,
- ◆ Surveys and blog posts,
- ◆ And more

**Register now!**  
[www.seabirdisland.ca](http://www.seabirdisland.ca)

Advertising for Seabird Departments and Programs are provided through the Seabird Organization Departments.

**ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.**

**PRINT AD RATES**

300+ hard copy production  
800+ e-mail production  
average 1300 read on Seabird website.

Advertisement rates (per issue):

**Front Page Color:** limited availability  
1/4 pg banner (8" w x 2.62" h) \$40.00  
2.5x3 bus card \$25.00

	Full Color:	Greyscale:
8 x 10	\$135.00	\$37.50
8x5 or 10x4	\$65.00	\$25.00
4x5	\$32.50	\$17.50
2.5x 3 bus card	\$20.00	\$12.50

**Classified Advertisements** .40¢ per word  
\$4.00 Minimum

**DIGITAL DISPLAY AD RATES**

Per week Rates	15sec	30 sec	60 sec
Full Screen	\$20.00	\$40.00	\$50.00
Banner	\$10.00	\$20.00	\$30.00

Digital advertisements will play no less than 5 times / day

**PACKAGES**

Starter	Premium	Starter
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60.00	\$100.00	\$140.00

**DISCOUNTS AND FEES:**

Only one discount may be applied /order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20.00
Returned Cheque	\$35.00
Late Fee	+3%

All fees are not for profit, they all help us produce this newsletter.

**DEADLINES**

Submissions and Advertisements are due 7 business days prior to delivery

**DELIVERY**

The 15<sup>th</sup> (or closest business day) and the last business day of each month.

**OFFICE HOURS**

Monday - Friday 8:00 a.m. - 4:00 p.m.  
Phone: 604-796-2177

Graphic Design / Layout / Formatting  
Sandra Bobb 604-796-6838

E-mail: sandrabobb@seabirdisland.ca  
Journalist Dale Cory: 604-796-6833

E-mail: dalecory@seabirdisland.ca

Website: www.seabirdisland.ca

Editing Committee: Sandra Bobb, Phaine Wegener, Kristy Johnson, Dale Cory, Lori Burns, Heidi Trautmann, Zorana Edwards-Shippentower, and Teresa Harper.

**AGREEMENT/LEGAL**

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of the Seabird Island Band.

Letters to the Editor submissions must be under 300 words. Please include your name, phone number, band number and signature (not for publication), as well as the date and year submitted.

The Seabird Communications Department reserve the right to revise, edit, for length and clarity as well as to classify or reject any advertisement / story submissions.



# 'Round The Rez

## Community Events, Workshops & Outings

### OPTOMETRIST CLINIC

Upcoming clinics March 29, April 6-7

Recommended annual check-ups for children under the age of 19 and every 2 years for ages 19-64. Elders 65 & up can be seen annually.

Have a medical condition such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis today to book your appointment 604-796-2177

### DENTAL CLINIC

#### HOURS

Mon. to Thurs.: 8:30 a.m. - 5:30 p.m.  
Walk-in Tuesdays: 1:00 p.m. - 5:30 p.m.  
Fridays: Closed

Accepting new STATUS PATIENTS

#### WALK-IN PAIN CLINICS

Every Tues. afternoon from 1:00 - 5:00 p.m. (first come- first served)

Please come to the Dental desk and register your name and note your dental problem.

\* Patients will be screened & most urgent problems seen first.

### BUILDING BOOKING AND MEETING ROOMS

► **Angie Chapman** looks after booking the Band Gym, and all meeting rooms that are located within the Band Office. You need to fill out forms to do a booking.

Any other questions please call 604-796-6893.

► **Sandra Haukeland** looks after booking of the Millennium Hall. She can be reached at 604-796-6854.

### FIELD LIGHT BOOKINGS:

Call **Angie Chapman** at 604-796-2177 to book the field lights for your sports team.

\$2.<sup>50</sup> for Band Members and  
\$8.<sup>50</sup> for Non-Band Members.

### VOLUNTEERS REQUIRED

Please come and inquire with **Angie Chapman** if you would like to have your name on the listing for helping during Band events with set-up, clean-up, cooking, decorating, and child minding... We are always looking for people to help with any functions that we host here at the Band Office.

### EMERGENCY / SECURITY:

Emergency	911
Seabird Security	604-991-8635
Griffin Security	604-798-9311

### HAVE YOU HAD A LOVED ONE PASS AWAY?

You will need to send a copy of the death certificate to the First Nations Health Authority. Maggie Pettis is available to help you with this process.

Contact Maggie Pettis 604-796-2177

### AMBULANCE BILLS

Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

**Ambulance bills - We can only help those with a status number, everyone else has to pay for their own unless it's an ICBC claim.**

**Unfortunately ambulance bills will not be covered if you have been incarcerated (in jail cell).** Please take note that the Ambulance Billing in Victoria know when you have been incarcerated just by the address provided on the billing. Please do not bring those in because we are unable to assist, as they will be denied and it will be the client's responsibility to pay.

Contact Maggie Pettis for more information at 604-796-2177

### MEDICAL CARDS

We can assist people with requesting their medical cards, if they are lost or stolen and need a replacement.

\*Each client is responsible for paying for their medical cards! If they've been lost or stolen more than 2 times the cost is \$20.00 for each new card.

Sorry we don't help people get their BC ID.

Contact Maggie Pettis 604-796-2177

### BABIES ID CARDS

Apply for Medical for babies as soon as possible. Contact Maggie Pettis 604-796-2177

Apply for Status Cards for babies as soon as possible.

Contact Carol Hope 604-796-2177

### ALCOHOLICS

### ANONYMOUS MEETING

Every Tuesday night at 7 p.m.  
Seabird Island Community Hall.

Website for AA in BC:

http://www.bcyukonaa.org/

### FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

### GARBAGE SCHEDULE

**COMPOST, RECYCLE, and REGULAR GARBAGE:**  
**Pick-up Monday only**

**MAJOR GARBAGE:** First Wednesday of each month (sign-up at the Band Office with Ashley Bobb)

If you need a **Bin dropped off** for your major cleaning:

Contact Ashley Bobb at 604-796-6844, or e-mail: [ashleybobb@seabirdisland.ca](mailto:ashleybobb@seabirdisland.ca), please put in a request in writing at the office.

### PRINTING SERVICES

Seabird Island Communications Office is available to provide Band and Community Members with:

- Printing Services
- Copy Services
- Status Card Photos
- Laminating
- Advertising

There is a small fee for these services, please contact us for more information 604-796-2177 or 604-796-6838.

- \* **Funeral Pamphlets:** As per Seabird Funeral Policy,...
- Band Members ~ free: includes 1 hour design time, Quantity: 1<sup>st</sup> 100 color, and 1<sup>st</sup> 250 grey-scale.
  - Additional or Non-Band Members; inquire for fees.

Located upstairs in the Band Office.

## NOTICE

NO

**SOLICITING  
PEDDLING  
DISTRIBUTION OF  
PAMPHLETS**

All offenders will be reported  
and prosecuted to the full extent  
of the law.

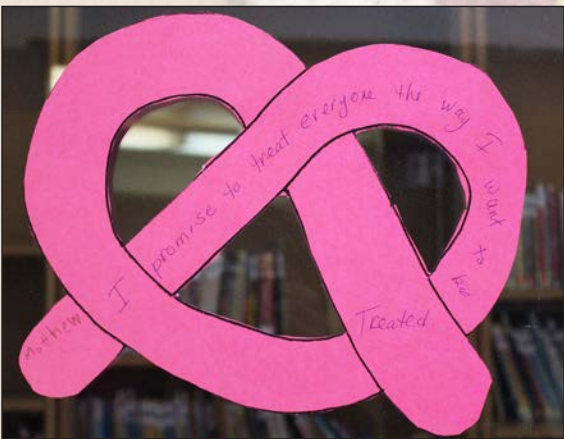
By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door. If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

**Community Safety is a Chief and Council priority,  
please contact us if you have any concerns.**



SICS students  
tickled pink with  
participation in  
Anti-Bullying and  
Stó:lō Day







# Pet Education Open House

*"It's a dog party!"*



March 21-22, 2016  
1 to 5 p.m.  
Seabird Island Band Gym

*License your dog for  
**FREE**  
for 2016*

## Demonstrations:

- Training your pet
- Learn how to build a dog run
- Make & Take Dog Treats

***Now licensing dogs!***

## Representatives from...

Seabird Island	Local Veterinary Clinics
RCMP	SPCA
FVRD	Griffin Security

Lots of Prizes



Win a Free Dog House

## Top 5 Reasons to license your dog:



- It's the law
- Prevent the spread of dog diseases
- Easy to return lost dogs to owners
- Let people know your dog is a beloved family member
- Cheaper than paying to get them out of the animal shelter