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Mid-May 2016





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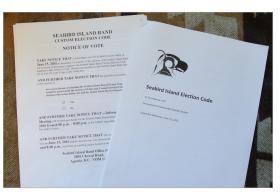
## Join mySeabird

Seabird Island Band Members gain access to:

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# Staff go door-to-door to share important information about the proposed Election Code



Sally Hope and Myra Seymour of Seabird Island's Aboriginal Rights and Title team will be stopping by homes on Seabird Island Thursday, May 12 and Friday, May 13. Sally and Myra will be dropping off information about the upcoming Referendum and planned Community Information Meeting.

The Community Information Meeting is scheduled for:

May 31 from 6:00 p.m. - 8:00 p.m at the Seabird Island Band Office.

Band Members are encouraged to read the Election Code on mySeabird at <u>www.seabirdisland.ca</u> or ask for a copy at the Band Office.

# Chief and Council meeting date correction for May

Note: A date error was printed in the May Yoo Hoo Newsletter relating to the upcoming Chief and Council meeting.

Due to the May long weekend, Chief and Council moved their meeting date from Sat., May 21 at 8 a.m. - 4 p.m. to Fri., May 13 commencing at 8:30 a.m. at the Seabird Island Band Office.

Chief and Council meet the third Saturday of each month at the Seabird Island Band Office from 8:00 a.m. - 4:00 p.m. (unless otherwise posted).



Band Members are encouraged to attend Chief and Council meetings.

## **UPCOMING BAND REFERENDUM**

On June 15, 2016, the electors of the Seabird Island Band will be asked to vote on the proposed Election Code. Visit mySeabird or the Band Office for a copy of the proposed Election Code.

Referendum: June 15 from 9 a.m. - 8 p.m. At the Band Office



### **CORPORATE AFFAIRS**

## Special visit from Agassiz Christian School's First and Fourth Grade Students

Seabird Island Band's hallways were filled with special guests on May 3.

Thirty-two students from Agassiz Christian School were greeted by Seabird Island Band's Chief and Council and Staff from the Corporate Affairs' Aboriginal Rights and Title team.

The students had a busy schedule for their trip.

The first and most important thing on the agenda?

Sharing a delicious snack.

Band Councillors and staff handed out a selection traditional foods for the students to sample.

On the menu was canned and smoked salmon and deer.

Director of Corporate Affairs, Jay Hope, spoke to the students about the cultural importance of sharing a meal with guests.



"When guests come to our community we always share a meal with them. Part of that is just being friends and welcoming you to our community," shared Hope.

The best part of the meal?

"All of it," exclaimed Wade, a grade 1 student.

After their snack, the grade 1 students took a tour of the Band Office with Councillor Alexis Grace.

Their first stop was at the Doctor's Office followed by a trip around the Health Wing to meet all of the Band's 'helpers' to learn about what they do. While the grade 1's went on their tour, the grade 4 students stayed behind to talk to Council Members Art Andrew, Carol Hope, Jim Harris, Maggie Pettis, and Vivian Ferguson.

Each of the Councillors introduced themselves to the students and talked about what it means to be a First Nations person in government and explain what the Band's government does.

At the end of their visit, the students joined back together in the gymnasium to learn total physical response from Jonny Williams, Youth/Cultural Worker.

Thanks for stopping by!

Seabird Island's LANDS ADVISORY COMMITTEE SEEKS NEW MEMBERS

The Lands Advisory Committee is looking for interested and passionate individuals to fill the OPEN positions in the committee.

There is one (1) position for a Youth, and one (1) for a regular committee member.

The interested candidates will need to submit a resume and cover letter to the attention of Lands Advisory Committee and Chief and Council.

LEARN MORE: WWW.SEABIRDISLAND.CA

### HEALTH AND SOCIAL DEVELOPMENT



## New generation welcomed to the community

t was an exciting day for families Lat Seabird Island. Families, friends and staff gathered in the Band Office gymnasium on May 4 to welcome 29 babies into the community.

"This began with our ancestors," said Elder Siyaya, "they passed this ceremony on to us."

Siyaya explained that traditionally, grandmothers would have been present when their grandchildren were born and would have had the important duty of holding the baby and welcoming them into their family and community.

Today, families are invited to join Seabird Island once a year at the Baby Welcoming Ceremony to introduce their babies to the community.

At the ceremony, babies and their families were dressed in shawls and blankets as they entered the gymnasium to traditional songs and drumming. Each family was brushed with cedar bows by Elders as they joined the procession around the gymnasium before being seated at the head of the room.

Once seated, guests and cultural workers had the opportunity to speak to families. Jonny Williams, Youth/Cultural Worker for Seabird Island spoke to the young fathers about his own parenting journey.

"It's always tough when we become the parent, we don't automatically know what to do. When I first became a father I went and sat with my mother and grandfather to ask for guidance and help."

Williams encouraged parents and especially young parents to speak to their parents, grandparents and aunties.

"When I didn't know how to handle my children, I would always go sit with my parents and ask 'how did they get through it?' It doesn't make you any less of a man because you don't know how to be a dad."

After the speeches, each baby was brushed with cedar bows and water to cleanse and protect their mind, body, spirit and future as their families whispered happy, loving words to them.

This ceremony is one of the ways the Band hopes to ensure traditions are carried forward to future generations.

"Our culture is going to continue, our spirituality, and our customs are going to continue through the young people. By upholding them, by honoring them, and by welcoming them in this way is what's going to ensure that it will continue on," said Elder Siyaya.

Welcome to our community!

See more photos from the Baby Welcoming Ceremony on pg. 12.

### Have a question?

JOIN THE

If you have questions about the upcoming Election Code Referendum, we encourage you to come out to our Community Information Meeting: **CONVERSATION** May 31 from 6:00 p.m. - 8:00 p.m. at the Band Office

## HEALTH AND SOCIAL DEVELOPMENT

## Seabird Pharmacy owner nominated for award



There were ear to ear smiles and moments of laughter as a film crew from the British Columbia Pharmacy Association stopped by Seabird Island on May 5.

The crew was in the Office to interview Seabird Pharmacy staffers about their owners' nomination for a British Columbia Pharmacy Association award.

This gave Band Member Kristy Johnson an opportunity to share her own story about how Seabird Pharmacy went above and beyond for her family.



## Elders share stories around a fire with Seabird's Youth

On the late afternoon of March 5 several of Seabird Island's Youth went on an adventure to the beautiful Fraser River.

The location was green, beautiful and full of cedar trees.

"My granny, who is a Band Member living off-reserve, had fallen and broke her hip," said Johnson, but the hardship didn't end there.

"She was well enough to be discharged and transfered to a seniors' home," but she needed a walker and she needed it quickly.

The family contacted several pharmacies but they were all going to take months.

That's when Seabird Pharmacy came to the rescue.

"Moe and Tareq not only got the walker in a couple weeks, they delivered the walker to Coquitlam. I am eternally grateful for their help."

Congratulations on your nomination Seabird Pharmacy and thanks for your dedication to our community!

Winners will be officially announced at the 2016 BC Excellence in Pharmacy Awards Gala in Kelowna, BC on May 27.

The perfect spot for a BBQ and an evening of storytelling.

Joined by the Elders, Youth cooked hotdogs and s'mores by a campfire before the stories began.

There will be fond memories.

It was a great thing to see. Everyone was laughing and smiling and having a good time, by the looks of it the Elders were having a great time with the Youth.

The night finished with stories from Elders. As Youth listened intently, Elder Maize Peters told the story of her grandson and his girlfriend's encounter with Bigfoot one day on the mountainside.

- Written by: Daemon, Seabird Island Band Member / Employment, Training and Social Development student

## New Elders Coordinator joins Seabird Island

Hello my name is Carly Hope and I'm the new Elders Coordinator. I have been working as the Elders Coordinator since April 5, 2016.

I have been taking the initiative to learn my role and meet all the Elders in the community.

Please feel free to call me at the Band Office from Tuesday to Thursday from 8:30 a.m. to 2:30 p.m.

Our recent monthly outing occurred on April 27 and involved the Elders going out second hand shopping in Langley we had a total 14 Elders, 1 disability client, and 2 helpers in attendance.

We stopped at Value Village, Bibles for Mission, and Value Village in Abbotsford. Then the Elders enjoyed lunch at the Fraser Cascades Casino.

The Elders voiced that they had a good time and were happy to get out of the house. This is for sure an outing that the Elders would like to attend again in the coming months.

Nine Elders received their Seniors First Aid training certification on April 19. All the Elders involved in the training sessions passed and liked taking the class.

There will be another class coming up in the future and I will keep you posted.

Reminder: back in March, the Elders as a group decided that they would like to have a draw take place to decide who would be going on future outings.

The Elders feel this is a very open and transparent process. They feel that if someone were ever to be missed, I can pull the paperwork to show who declined and when.

I look forward to working with you all and meeting you.

### **EDUCATION**

## "Kwosel's" win Division A at Halq'eméylem Language Contest

Since 2014, Christine Seymour and Dianna Kay have coordinated an event to give our language breath.

April 22 marked the 3rd Halq'eméylem Translation Contest.

Halq'eméylem is considered an endangered language with only a handful of fluent first language speakers. One might say the language is suffocating from a lack of air because of not being spoken by the younger generations. The contest makes space for Halq'eméylemqel.

Lalme' Iwesawtexw and Abbotsford School District #33 co-hosted this extraordinary event with the generous donations from Coqualeetza and Fraser Cascade School District #76.

This year's contest we focused on dialogue and interaction. Each division was broken up by grade and assigned a series of common phrases, nouns, and place names to translate.

The event was more interactive with the judge's using phrase like "Sèlchím kw'es thet..." (how do you say...?) or "Sta:m tè'í ?" (what is this?) and other simple commands.

Our goal was to ensure that all the students could introduce themselves and work on building dialogue. Christine made herself available to teams



throughout the Fraser Valley, we built teaching resources, supported teams and created a dialogue about the language.

This year we honoured both the language learner and the teachers.

Each participating group received a sash with "Halq'eméylem S'ioy:tel" (Halq'eméylem Warrior) imprinted on it, a t-shirt, a scarf, and escorted to a bed of cedar where they were honoured with song by the Thomas Family of Kwantlin.

Dr. Ray Silver (Hon.), Dr. Stan Green (Hon.), Siyam Gabriel George (Tsleil-Waututh) and our own Pete Silver spoke to the students in their respected dialects: Up- River Halq'emeylem and Tsleil-Waututh; leaving the students with a renewed sense of place and being, uplifted for a new year of learning.

We are ever so grateful for the donations, volunteers, and volun-tolds. We are also grateful for the beautiful Semath, the generous permission to host our language contest, the Kilgard Longhouse and her Stomexw, the heartwarming children who dedicated play time as language learning time, and to the Iwestelqthel for their sincere heart and lifelong dedication to Halq'eméylemqel – we are whole if all of us play our part.

The goal of the day was to celebrate the language, with a little friendly competition the winners were:

Adult Division SD#34 Teachers

**Division C** Yale Secondary

**Division B** Upper Sumas Elementary

Division A Lalme' Iwesawtexw Kwosels

#### -Submitted by Dianna Kay

#### Book now for June Optometry Clinics

Optometry Clin</mark>ics will take place June 13 and 14.

If you would like your name added to the waiting list, please contact Maggie Pettis.

Maggie can be reached at 604-796-6842, or by emailing maggie@seabirdisland.ca

## SEABIRD ISLAND PRE-SCHOOL

Join us for a **Pre-registration Open House** on Aug. 17, 10 a.m. - 2 p.m. at the Pre-School.

**Families MUST pre-register their child by phone prior to the Open House.** *To pre-register please call Carlene at 604-796-6855 or Sandra at 604-796-6854.*  PRE-REGISTER NOW FOR FALL Spaces are limited.

## HEALTH AND SOCIAL DEVELOPMENT



# Kecia joins the movement to end brain tumours

To Kecia Prevost, the upcoming Brain Tumour Walk is about honouring and supporting her Aunty Kelly Chapman.

Kelly, a Band Member and long-time employee of Seabird Island and Seabird College, was first diagnosed with breast cancer 3-years ago.

"She's the strongest and most humble woman I know", says Kecia, "she's been fighting and beating this with all she has and it's our time to show support."

Kelly was diagnosed with brain cancer this past year and that made Kecia want to show her support with more than words.

So, this spring Kecia registered for the 22nd Brain Tumour Walk in Burnaby on June 26.

Her registration also made

many of her family members want to get involved.

"Our whole family is going to take part and Kelly is really excited about that."

Kecia will be asking for support in a few ways.

She will be taking donation pledges online at <u>http://goo.gl/30kAKG</u> and seeking family, friends, and Kelly's co-workers to join her "Run/Fight for Kelly Anne" team for the 2.5 km or 5 km Brain Tumour Walk.

Kecia will also be hosting a donation drive in May and, depending on interest, another in June.

All donations go to the Brain Tumour Foundation of Canada which funds research, support programs, information, advocacy, awareness, and HOPE.



## Income Tax Clinic helps 143 Members file returns

In total we have completed 160 Personal Income Tax Returns this year - 143 returns for Seabird Island Band or Community Members, 7 individuals for other First Nation communities and 10 non-native individuals.

This year, Seabird Island helped:

- 32 Families (22 single parent families)
- 34 Elders
- 65 Individual returns
- 9 Couples

As a Community Volunteer Income Tax Program member, Alain Marchand is available to assist any low to moderate income family or individual. In addition, we provided assistance to individuals, who needed to complete income tax returns for past years; helped first-time tax payers understand about filing income tax returns, settingup or changing direct deposit information for their returns / GST rebates: assisted an elder apply for a refund with the IRS (Internal Revenue Service is an American Taxation) for winnings withheld for American tax purposes; assisted elders with Guaranteed Income Supplement; and helped individuals resolve any income tax issues, past or present.

-Submitted by Alain Marchand





Invitations will be sent home to Pre-schoolers and their families.

10:00 a.m. 4's Pre-school Class Graduation 12:00 p.m. Lunch for 4's and 3's classes 1:00 p.m. 3's Pre-school Class Graduation

## Do you have your Social Insurance Number?

The Social Insurance Number is used to administer many government benefits including Old Age Security, Canada Pension Plan, Canada Student Loans and Employment Insurance.

Every person eligible to work in Canada MUST have a SIN. On March 31, 2014, the production of the SIN card was discontinued. Service Canada will start to issue SINs to individuals in a paper format instead of a card.

By law, all Employees are required to provide their SIN card or an original SIN paper format letter to their Employer within three (3) days after the day on which their employment begins.

If you do not have a SIN card or the new paper format letter please contact your nearest Service Canada Centre to apply in-person for a SIN, it's Fast, Simple and Secure! There is no fee to apply for a SIN, or to amend your SIN (change of name). You will need to bring the following supporting documents with you to Service Canada:

- 1. Original Certificate of Birth or Original Birth Certificate OR
- 2. Original Certificate of Canadian Citizenship

#### **Registered Indians**

If you are a registered Indian and you want to register your status in your SIN record, submit one of the following:

• if you were born in Canada, you must provide your original birth certificate and a Certificate of Indian Status issued by Aboriginal Affairs and Northern Development Canada (AANDC). • if you were born outside Canada, you must provide your original foreign birth certificate and a Certificate of Indian Status issued by AANDC.

If your supporting documents have a different name, you will also need to bring the following with you to a Service Canada Centre:

A supporting document is a legal document indicating the name you currently use. It is required if the name on your primary document is different. Your supporting document must be an original, written in English or French.

In addition to your primary document, you will need to provide one of the following supporting documents when you apply, if required:

- Certificate of marriage, record of solemnization of marriage or marriage statement (or a similarly titled document, depending on the issuing authority) to support your family name after marriage
- Divorce Decree, certificate of Divorce or Decree Absolute issued in accordance with the Supreme Court of Canada for the dissolution of a marriage to support the family name

requested on the SIN record when it does not appear on the primary document.

- Legal change-of-name certificate or court order document issued in accordance with provincial name change legislation.
- Adoption order certified by a Canadian Court (applies to adoptions in Canada only).
- Notarial certificate, also called notarial adoption certificate, issued by the country of origin of a child adopted abroad and used by the adoptive parents to have the SIN issued in the adopted child's Canadian name.
- Request to Amend Record of Landing issued by Citizenship and Immigration Canada and used to amend a Record of Landing or a Confirmation of Permanent Residence document.

The nearest Service Canada Centre is located at: 100 - 9345 Main Street in Chilliwack

-Submitted by Heather Mack

### **Recruitment tips to Band Members**

Searching for a job takes time and effort. We highly recommend you follow these tips to help with your search:

- Update your resume
- Include information such as:
  - organizations you previously worked for;
  - job titles; duties you performed;
  - dates of employment;
  - training courses you have taken;
  - title of courses;
  - dates of courses.

The information you provide to us on your resume could determine whether or not you are invited for an interview.

Take time to update your resume and your efforts could pay off when you get hired for the job you want!

# JOB POSTINGS - HELP WANTED

### Mental Health Worker/ Suicide Prevention Worker

#### Health & Social Development

#### Closing Date: June 26, 2016

The Mental Health Worker/Suicide Prevention Worker (MHW/SPW) works as a member of the wellness team to identify ways to improve the health and wellness of all Seabird and Community Members. The MHW/SPW will particularly focus on developing strategies and training sessions to inform youth, parents, teachers and the community at large of the warning signs and hazards of mental health and suicide. The MHW/SPW will be expected to work one on one and in small groups with individuals that have been identified to be at risk.

Job Number: JP-2016-007

### Summer Recreation Leader

13 week Term (5 Positions)

#### Health & Social Development

#### Closing Date: May 18, 2016

Seabird Island Band is excited to be providing a refreshed summer recreation programs for local children. We will be providing a fully licensed program for ages 5-8 and 9-13 as well a 13-18 year old group. The program will include a variety of activities targeted at enriching the lives of kids in a fun, active, and culturally sensitive manner. The SIB rec program is looking for high school students to serve as role models, leaders and supervisors for children participating in the program. Successful candidates can expect to have a summer packed full of fun activities including field trips, cultural learning, fun in nature, professional development, and making new friends.

#### Job Number: JP-2016-036

#### Summer Recreation Workers 8 weeks (5 positions)

## Health & Social Development

#### Closing Date: June 10, 2016

Seabird Island Band is excited to be providing a refreshed summer recreation programs for local children. We will be providing a fully licensed program for ages 5-8 and 9-13 as well a 13-18 year old group.

The program will include a variety of activities targeted at enriching the lives of kids in a fun, active, and culturally sensitive manner. The SIB rec program is looking for high school students to serve as role models, leaders and supervisors for children participating in the program. Successful candidates can expect to have a summer packed full of fun activities including field trips, cultural learning, fun in nature, professional development, and making new friends.

Job Number:JP-2016-036

### Maternal Child Health Team Leader

#### Health & Social Development

#### Closing Date: May 20, 2016

Seabird Island Band is currently accepting applications for a Maternal Child Health Program Team Leader.

This position is responsible for the supervision of staff in the Maternal Child program; quality and delivery of programs that meet our community needs while working closely with pre and post-natal moms and families.

The Maternal Child Health Team Leader works closely with the mid wife, and other health staff and will take training to act as delivery back up with our Mid-wife.

#### Job Number: JP-2016-039

### **Communications Manager** Corporate Affairs

#### Closing Date: May 27, 2016

The Communications Manager will oversee the internal, external and intra-community communications of Seabird Island Band. This will involve contributing to communication services; assisting in the development and implementation of strategies designed to increase awareness and information; and supporting the organization's strategic plan and initiatives. You are also responsible for aligning and streamlining consistency of style, accuracy, and the design and lay-out of the content of organizational communications. Working closely with the Communications team you will be responsible for disseminating communication across a variety of platforms while ensuring professional and accurate content. In seeking interesting narratives and accounts from a variety of sources, including but not limited to Band Members (on and off reserve), leadership and staff, the Communications Manager will prepare updates, articles, pictures, and expositions for various Seabird Island publications.

#### Job Number: JP-2016-034

#### We often have new job postings! Please check the website daily.

To view more detailed information about these opportunities, please go to https://seabirdisland.startdate.ca

Or visit the Band Office and Seabird Employment Office.

Interested candidates are invited to submit a resume to: https://seabirdisland.startdate.ca.

Please ensure you have received confirmation for your online submission. If you have not received confirmation please contact us at humanresources@seabirdisland.ca

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a resume, cover letter & three references.

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

## **PUBLIC WORKS AND HOUSING**

## Seabird Island signs agreement with Fraser Valley Regional District

Beginning May 1, 2016, the Fraser Valley Regional District (FVRD) will be assisting Seabird Island in enforcing parts of the Band's Dog Licensing and Animal Management Law, 2015.

"Currently we have 129 dogs licensed and the next step in this process is having enforcement agreements signed," explains Samantha Webster, Seabird Island's Housing Supervisor.

The enforcement agreement that Seabird Island entered into with FVRD on May 1, deals with the apprehension and boarding of loose, nuisance, aggressive or dangerous dogs on Seabird Island.

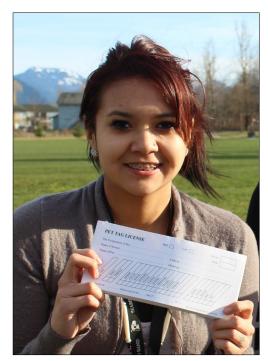
Working in partnership with the Band's Public Works, Housing and Lands teams, FVRD will now look after picking up and impounding dogs as they are reported to the Band Office.

Fees may apply, warns Webster.

"If the dog is picked up from FVRD by a Community Member, then the fees will be paid directly to FVRD from the person picking up the animal."

Owners of apprehended dogs can expect to be charged fees for impoundment and lodging as well as any additional costs associated with the impoundment, such as veterinary bills.

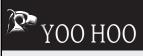
Community Members are encouraged to speak to Seabird Island's Housing or Lands teams to learn more about licensing their dogs.





Curbside collection of garbage, recycling and compost date change

Due to the May long weekend, Seabird Island's curbside collection will be shifted from Monday, May 23 to Tuesday, May 24.



Advertising for Seabird Departments and Programs are provided through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE

#### PRINT AD RATES

300+ hard copy production 800+ e-mail production average 1300 read on Seabird website.

#### Advertisement rates (per issue):

Front Page Color: limited avai		lability
1/4 pg banner (8"w x 2.5"h)		\$40.00
2.5x 3 bus card		\$25.00
8 x 10	Full Color: \$135.00	Greyscale: \$37.50

\$4.00 Minimum					
Classified Advertisements .40¢ per word					
2.5x 3 bus card	\$20.00	\$12.50			
3.8x5	\$32.50	\$17.50			
8x5 or 10x4	\$65.00	\$25.00			
8 X 10	\$135.00	\$37.50			

#### **DIGITAL DISPLAY AD RATES**

Per week Rates 15sec 30 sec 60 sec \$20.00 \$40.00 \$50.00 \$10.00 \$20.00 \$30.00 Full Screen Bannei

> Digital advertisements will play no less than 5 times / day

#### PACKAGES

Starter	Premium	Starter
1/4 page colour	1/2 page colour	Full page colour
30 second Banner	30 second Banner	30 second Banne
\$60.00	\$100.00	\$140.00

#### DISCOUNTS AND FEES:

Only one discount may be applied /order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20.00
Returned Cheque	\$35.00
Late Fee	+3%

#### All fees are not for profit,

they all help us produce this newsletter.

#### DEADLINES Submissions and Advertisements are

due 7 business days prior to delivery DFLIVFRY The 15<sup>th</sup> (or closest business day)

and the last business day of each month.

#### **OFFICE HOURS**

Monday - Friday 8:00 a.m. - 4:00 p.m. Phone: 604-796-2177 Graphic Design / Layout / Formatting Sandra Bobb 604-796-6838 E-mail: sandrabobb@seabirdisland.ca Stories: 604-796-2177 ext. 5050 E-mail: comm@seabirdisland.ca Website: www.seabirdisland.ca Editing Committee: Sandra Bobb, Phaine Wegener, Kristy Johnson, Lori Burns, Heidi Trautmann, Zorana Edwards-Shippentower. and Teresa Harper.

#### AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertiser is a solution of the advertiser of the portion of the advertiser is a solution of the amount paid for such advertisement. The publisher shall not be liable for any slight change in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff. they are the expressed opinion of the staff, and de not necessarily reflect the views of the Seabird Island Band.

Letters to the Editor submissions must be under 300 words. Please include your name, phone number, band number and signature (not for blication), as well as the date and year submitted

The Seabird Communications Department reserve the right to revise, edit, for length and clarity as well as to classify or reject any advertisement / story submissions



### **OPTOMETRIST CLINIC**

Upcoming clinics in June

Recommended annual check-ups for children under the age of 19 and every 2 years for ages 19-64. Elders 65 & up can be seen annually.

Have a medical condition such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis today to book your appointment 604-796-2177

### **DENTAL CLINIC**

HOURS

Mon. to Thurs.: 8:30 a.m. - 5:30 p.m. Walk-in Tuesdays: 1:00 p.m. - 5:30 p.m. Fridays: Closed

Accepting new STATUS PATIENTS

#### WALK-IN PAIN CLINICS

Every Tues. afternoon from 1:00 - 5:00 p.m. (first come- first served)

Please come to the Dental desk and register your name and note your dental problem. \* Patients will be screened & most urgent problems seen first.

#### **BUILDING BOOKING AND** MEETING ROOMS

► Angie Chapman looks after booking the Band Gym, and all meeting rooms that are located within the Band Office. You need to fill out forms to do a booking. Any other questions please call 604-796-6893.

► Sandra Haukeland looks after booking of the Millennium Hall. She can be reached at 604-796-6854.

#### FIELD LIGHT BOOKINGS:

Call Angie Chapman at 604-796-2177 to book the field lights for your sports team.

\$2.50 for Band Members and \$8.50 for Non-Band Members.

#### **VOLUNTEERS REQUIRED**

Please come and inquire with Angie Chapman if you would like to have your name on the listing for helping during Band events with set-up, clean-up, cooking, decorating, and child minding ... We are always looking for people to help with any functions that we host here at the Band Office

#### **EMERGENCY / SECURITY:** 911

604-991-8635

604-798-9311

Emergency Seabird Security **Griffin Security** 

## 'Round The Rez Community Events, Workshops & Outings

#### HAVE YOU HAD A LOVED **ONE PASS AWAY?**

You will need to send a copy of the death certificate to the First Nations Health Authority. Maggie Pettis is available to help you with this process.

Contact Maggie Pettis 604-796-2177

#### AMBULANCE BILLS

Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Ambulance bills - We can only help those with a status number, everyone else has to pay for their own unless it's an ICBC claim.

Unfortunately ambulance bills will not be covered if you have been incarcerated (in jail cell). Please take note that the Ambulance Billing in Victoria know when you have been incarcerated just by the address provided on the billing. Please do not bring those in because we are unable to assist, as they will be denied and it will be the client's responsibility to pay.

Contact Maggie Pettis for more information at 604-796-2177

#### MEDICAL CARDS

We can assist people with requesting their medical cards, if they are lost or stolen and need a replacement.

\*Each client is responsible for paying for their medical cards! If they've been lost or stolen more than 2 times the cost is \$20.00 for each new card.

Sorry we don't help people get their BC ID.

Contact Maggie Pettis 604-796-2177

#### BABIES ID CARDS

Apply for Medical for babies as soon as possible. Contact Maggie Pettis 604-796-2177

Apply for Status Cards for babies as soon as possible. Contact Carol Hope 604-796-2177

#### ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7 p.m. Seabird Island Community Hall.

Website for AA in BC:

http://www.bcyukonaa.org/

#### **FIRE PRACTICE**

Tuesdays 7:00 - 9:00 p.m.

#### GARBAGE SCHEDULE

#### COMPOST, RECYCLE, and **REGULAR GARBAGE:** Pick-up Monday only

MAJOR GARBAGE: First Wednesday of each month (sign-up at the Band Office with Ashley Bobb)

If you need a **Bin dropped off** for your major cleaning:

Contact Ashley Bobb at 604-796-6844, or e-mail: ashleybobb@seabirdisland.ca, please put in a request in writing at the office.

#### **PRINTING SERVICES**

Seabird Island Communications Office is available to provide Band and Community Members with:

- Printing Services
- Copy Services
- Status Card Photos
- Laminating
- Advertising

There is a small fee for these services, please contact us for more information 604-796-2177 or 604-796-6838.

- \* Funeral Pamphlets: As per Seabird Funeral Policy,...
- Band Members ~ free: includes 1 hour design time,
- Quantity: 1st 150 color, and
- 1<sup>st</sup> 100 grey-scale. • Additional or Non-Band Members; inquire for fees.

Located upstairs in the Band Office.



and prosecuted to the full extent of the law. By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door. If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP

Community Safety is a Chief and Council priority, please contact us if you have any concerns.

