



the **SEABIRD ISLAND**

Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

Mid - July 2016

See more about Seabird Highschool Graduation on page 6



Seabird Island Highschool Graduates 2016

QUARTERLY BAND MEETING

WEDNESDAY, JULY 20 FROM 12:30 -5 p.m.

Lunch will be served at 12 p.m. with meeting to follow.

MP Meeting with Seabird

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Seabird hosted MP Jati Sidhu July 7, 2016 at a meeting with Chief, Council and Directors. Engaging in discussions on Economic Development, Health and Education

Join mySeabird

Seabird Island Band Members gain access to:

- ◆ Financial statements,
- ◆ Laws, codes & policies,
- ◆ Surveys and blog posts,
- ◆ And more

Register now!
www.seabirdisland.ca

Wild FIRE Season

Spot a fire call toll-free
1-800-663-5555
 or *5555 on most
 cellular networks.

Seabird Fire Department



The fire department will be making the rounds to all the homes to install smoke / carbon monoxide detectors as well as a kitchen fire extinguisher in the coming weeks.

Gerald Basten, CFO
 Director of Fire and Emergency Services
 Seabird Island Band

**LANDS
 ADVISORY
 COMMITTEE
 SEEKS NEW
 MEMBERS**

The Lands Advisory Committee is looking for interested and passionate individuals to fill the OPEN positions in the committee. **There is one (1) position for a Youth, and one (1) for a regular committee member.**

The interested candidates will need to submit a resume and cover letter to the attention of Lands Advisory Committee and Chief and Council.

LEARN MORE: WWW.SEABIRDISLAND.CA

Youth 10-12 Group Outing

On June 25, 2016 Seabird Island Youth Group attended KartSTART in Chilliwack. The session was held from 9 a.m.-12p.m. followed by a lunch that was provided to the youth that attended this session.

“The kartSTART program is innovative, yet simple,” kartSTART’s Russ Bond said. “We teach everything young Canadians need to know about how a vehicle works: what makes it go, what makes it stop and what makes it turn. Then we give them a hands-on opportunity to experience what they’ve learned in vehicles that fit them – go-karts. It’s simple, but it works.”

During the past four years, over 1700 Canadians have participated in the ASN/FIA (l’Autorité Sportive Nationale / Fédération Internationale de l’Automobile) Canada Safety Endorsed kartSTART program. Understanding that safety is a product of both education and training, kartSTART places importance on educating the entire family, and not just the soon-to-be new drivers. This is why the half-day program also invites parents to experience safety through education by demonstrating the Toyota Star Safety system in action – out on the tracks and in Toyota vehicles.

“The kartSTART program has demonstrated every year, how vehicle safety can be made an educational and fun experience for the entire family,” said Sandy Di Felice, Director, Toyota Canada Inc. “kartSTART brings Canadian youth and parents together around a half-day course, understanding the safety technology that is standard equipment in each new Toyota vehicle.”



Youth Resiliency Group



On June 2, 2016, the Youth Resiliency group went out and harvested some Elderberry / Juniper Berries. The session was led by Youth Culture Worker Jonny Williams. He explained there is many usages for Elderberry, such as:

Used for its antioxidant activity to lower cholesterol, improve vision, boost the immune system, improve heart health and for coughs, colds, flu, bacterial and viral infections and tonsillitis. Elderberry juice was used to treat a flu epidemic in Panama in 1995.

Beneficial components in Elderberries

Elderberries contain organic pigments, tannin, amino acids, carotenoids, flavonoids, sugar, rutin, viburnic acid, vitamin A and B and a large amount of vitamin C. They are also mildly laxative, a diuretic, and diaphoretic. Flavonoids, including quercetin, are believed to account for the therapeutic actions of the elderberry flowers and berries. According to test tube studies these flavonoids include anthocyanins that are powerful antioxidants and protect cells against damage.

Elderberry is a plant that takes patience and time to harvest. While they were out harvesting the youth did not see how many bugs and slugs can be collected in these berries. The youth were surprised to see how many could accumulate in one bunch of berries. Upon return from the harvest the youth were shown how to clean the berries and ensure they had no bugs in their harvest.


Each Thursday the youth will be out harvesting and preserving traditional plants / foods. Anyone interested in joining, please contact Jonny Williams or Angi Peters at 604-796-0198.

Health Benefits of Elderberries

Elderberries were listed in the CRC (Canadian Research Council) Handbook of Medicinal Herbs as early as 1985, and are listed in the 2000 Mosby's Nursing Drug reference for colds, flu, yeast infections, nasal and chest congestion, and hay fever. In Israel, Hasassah's Oncology Lab has determined that elderberry stimulates the body's immune system and they are treating cancer and AIDS patients with it. The wide range of medical benefits (from flu and colds to debilitating asthma, diabetes, and weight loss) is probably due to the enhancement of each individual's immune system.

Recreation Fitness Calendar - July 2016

Sun	Mon	Tue	Wed	Thur	Fri	Sat	
	Personalized Training - PT Elders Personalized Training - EPT				1	2	
					2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up		
3	4	5	6	7	8	9	
	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	
10	11	12	13	14	15	16	
	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	
17	18	19	20	21	22	23	
	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	12-1 p.m. Bag Lunch: Home Fit Crash Course 2-3:45 p.m. PT 4:15-5 p.m. Walk/Run 6-8 p.m. PT 8-9 Clean-up	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	
24	25	26	27	28	29	30	
	2-3:45 p.m. PT 4:15-5 p.m. Walk/Run 6-8 p.m. PT 8-9 Clean-up	2-3:45 p.m. PT 4:15-5 p.m. Walk/Run 6-8 p.m. PT 8-9 Clean-up	2-3:45 p.m. PT 4:15-5 p.m. Walk/Run 6-8 p.m. PT 8-9 Clean-up	2-3:45 p.m. PT 4:15-5 p.m. Walk/Run 6-8 p.m. PT 8-9 Clean-up	12-1 p.m. Bag Lunch: Bike Workshop -Repairs & Safety 2-3:45 p.m. PT 4:15-5 p.m. Walk/Run	2-5 p.m. PT 6-8 p.m. PT 8-9 Clean-up	
31	HOURS CHANGING.... We WILL BE CLOSING AT 8PM AS OF JULY 11, 2016						





*Seabird
Wellness
Center*

PANCAKE BREAKFAST


*Wednesdays
9-10:30 a.m.*

**For information contact:
Donna Watson, Family Counselor
604-378-6723**

Aboriginal Sport, Recreation & Physical Activity Partners Council

2016 BC Aboriginal Provincial Canoe & Kayak Championships



The Aboriginal Sport, Recreation & Physical Activity Partners Council is pleased to present this provincial championships for Aboriginal youth in partnership with Seabird Island First Nation and Canoe Kayak BC, with the support of the Province of BC.

WHO: BC Aboriginal youth are invited to compete in canoe (marathon style) and kayak (sprint kayak) for male and female divisions in the following NAIG age categories:

- (U13) born 2003 to 2005
- (U15) born 2001 to 2002
- (U18) born 1998 to 2000


WHEN: Sat & Sun, September 17-18, 2016

WHERE: Seabird Island Band (Agassiz), BC

REGISTER: \$20 fee. Online registration will open in June

Marathon canoes and sprint kayaks will be provided. This event will serve as the selection event for the "Team BC Development Squad" to prepare athletes for the Toronto 2017 North American Indigenous Games (held July 16-23, 2017). More details on Team BC selection process to be announced.

For more information, contact:
Angie Chapman
PH: 604-796-2177
E: angie@seabirdisland.ca





Seabird Island High School 2016 Graduates

A total of nine Graduates made their way through the procession at the Seabird High School graduation ceremony this year! Each student pausing for photos in their formal wear as their proud parents and family members rushed to take photos.

- Nick Alexander
- Olivia Blenkin
- Dimitri John
- Rico Galt-Greene
- Amber Charlie
- Delaney Bruce
- Ricki Sam-Greene
- Skylar McNeil
- Shannon Lackey

Congratulations!
Your first major milestone is accomplished, you have completed twelve years of school.

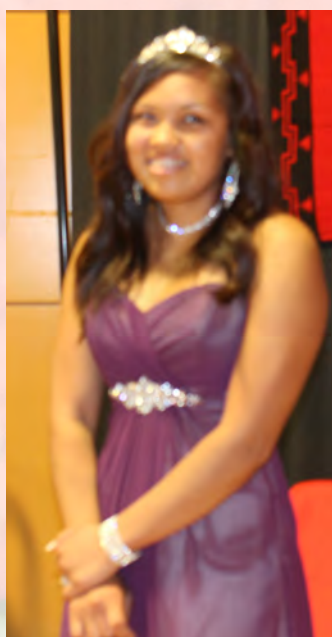
Whether you decide on college, or the beginning of a career, it is time for a transformation. Your new journey has just begun! Enjoy your road ahead as you grow and dream of the many possibilities. It will be difficult but when you believe in yourself and your goals, you can accomplish anything and be anything you want to be.

The world is waiting for you!

Quote:

Don't just get involved.
Fight for your seat at the table.
Better yet, fight for a seat at the head of the table.

Barack Obama to Barnard College in 2012





Seabird College
education for real life

Register Now!
604-796-6839

Program
and Course
Catalogue
Now Available



Transportation
available from
key locations in
Chilliwack, Hope,
and Sardis.

Licensed
Daycare
Available

Open to
Everyone!

Seabird College & Adult Education
2016 - 17 Program and Course Catalogue

Learn more: www.seabirdcollege.ca



Seabird Summer Program



Seabird Youth Program

Date	10-12yr		13+	
	Time	Activity	Time	Activity
Friday, July 15, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Creative play
	12-1 p.m.	Prepare/snack	3-4 p.m.	Prepare/snack
	1-2 p.m.	In house movie/popcorn	4-5 p.m.	In house movie/popcorn
	2 p.m.	Program ends for the day	5 p.m.	Program ends for the day
Monday, July 18, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Creative play
	12-1 p.m.	Prepare/snack	3-4 p.m.	Prepare/snack
	1-2p.m.	Reading circle	4-5 p.m.	Reading circle
	2 p.m.	Program ends for the day	5 p.m.	Program ends for the day
Tuesday, July 19, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Creative play
	12-1 p.m.	Prepare/snack	3-4 p.m.	Prepare/snack
	1-2 p.m.	Circle-topic feelings	4-5 p.m.	Circle-topic feelings
	2 p.m.	Program ends for the day	5 p.m.	Program ends for the day
Wednesday, July 20, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Creative play
	12-1 p.m.	Prepare/snack	3-4 p.m.	Prepare/snack
	1-2 p.m.	Cultural circle	4-5 p.m.	Cultural circle
	2 p.m.	Program ends for the day	5 p.m.	Program ends for the day
Thursday, July 21, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Fish camp clearing-YR
	12-1 p.m.	Prepare/snack	3-4 p.m.	
	1-2 p.m.	Baking	4-5 p.m.	
	2 p.m.	Program ends for the day	5p.m.	Program ends for the day

Circles can include: teachings, stories, drumming/singing, emotional wellness etc.

Creative Play can include: coloring, sports, crafts, drawing

The 8-9 year group happily posed for photos before they got ready for their swimming lessons field trip on Friday, July 8, 2016.

Calendars were sent home with your children or via e-mail!



Program Schedule - July 2016

Friday, July 22, 2016	11 a.m.	Movie outing	2 p.m.	Welcome youth Drop-In
	11-12 p.m.		2-3 p.m.	Creative play
	12-1 p.m.		3-4 p.m.	Prepare/snack
	1-2 p.m.		4-5 p.m.	Free time
	2 p.m.		5 p.m.	Program ends for the day
Monday, July 25, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Creative play
	12-1 p.m.	Prepare/snack	3-4 p.m.	Prepare/snack
	1-2 p.m.	Reading circle	4-5 p.m.	Reading circle
	2 p.m.	Program ends for the day	5 p.m.	Program ends for the day
Tuesday, July 26, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Creative play
	12-1 p.m.	Prepare/snack	3-4 p.m.	Prepare/snack
	1-2 p.m.	Reading circle	4-5 p.m.	Reading circle
	2 p.m.	Program ends for the day	5 p.m.	Program ends for the day
Wednesday, July 27, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Creative play
	12-1 p.m.	Prepare/snack	3-4 p.m.	Prepare/snack
	1-2 p.m.	Swimming	4-5 p.m.	Cultural circle
	2 p.m.	Program ends for the day	5 p.m.	Program ends for the day
Thursday, July 28, 2016	11 a.m.	Welcome youth	2 p.m.	Welcome youth
	11-12 p.m.	Creative play	2-3 p.m.	Fish camp clearing-YR
	12-1 p.m.	Prepare/snack	3-4 p.m.	
	1-2 p.m.	Report research start	4-5 p.m.	Program ends for the day
	2 p.m.	Program ends for the day	5 p.m.	
Friday, July 29, 2016	11 a.m.	Welcome youth	2 p.m.	Movie outing
	11-12 p.m.	Creative play	2-3 p.m.	
	12-1 p.m.	Prepare/snack	3-4 p.m.	
	1-2 p.m.	Report research	4-5 p.m.	



SEABIRD ISLAND

Quarterly Band Meeting

AGENDA

DATE: Wednesday, July 20, 2016

LOCATION:

Main Boardroom

12:30 pm

Welcome – Chief Clem Seymour

12:35 - 1:00 pm

Prayer & Refreshments (light lunch)

1:00 - 1:05 pm

Meeting etiquette & review agenda

1:05 - 4:00 pm

AGENDA:

- Council Portfolio Reports:
 - Chief Clem Seymour
 - Councillor Arlene Andrew
 - Councillor Art Andrew
 - Councillor Jason Campbell
 - Councillor Vivian Ferguson
 - Councillor Alexis Grace
 - Councillor Jim Harris
 - Councillor Carol Hope
 - Councillor Marcie Peters
 - Councillor Maggie Pettis
- Election Code Referendum
- The new Child Tax Credit

4:00 - 4:45 pm

Member Q&A

4:45 - 5:00 pm

Door Prize Draws & Closing Remarks

5:00 pm

Adjournment



Child-minding care available!!!

*éy kw'as e' me lá: ts'ewtxwem
(It's good you come to visit/be here.)*



PLEASE NOTE:

ONLY BAND MEMBERS CAN PARTICIPATE IN DISCUSSIONS REGARDING BAND BUSINESS AND ONLY BAND MEMBERS ARE ELIGIBLE TO RECEIVE DOOR PRIZES.

**LOWER FRASER FISHERIES ALLIANCE
COMMUNITY FISHERS FORUM**



**SUMAS FIRST NATION
COMMUNITY HALL**

2788 SUMAS MTN. RD., ABBOTSFORD.

JULY 19, 2016

Dinner Served @ 5:00 pm

*Agenda includes updates for
Eulachon, Sturgeon, Chinook and Sockeye*

FOR QUESTIONS OR COMMENTS, CONTACT
ROSALIE HOPE - COMMUNICATIONS COORDINATOR
ROSALIE.HOPE@LFFA.CA OR 604-852-4040

SUMMER SAFETY

Sun Safety

- Sunburn is caused from over exposure to the sun's Ultraviolet Radiation
- Over exposure causes wrinkles, freckles and changes in skin texture
- Too much sun exposure, can increase your risk of developing skin cancer or cataracts of the eye, later in life
- Wear Sun Glasses
- Avoid the sun at high radiation levels, between 10 a.m. and 4 p.m.
- Apply sun lotion hourly each day, minimum 30 SPF or higher

Water Safety

- First Nation Children have high rates of early deaths from drowning
- Use extra caution near the water - watch each other
- Never go to the river or lake alone
- Wear life jackets when you are on or even near the water
- Start swimming lessons as a baby to 18 years old and practice often as an adult - learn how to swim, float and tread water
- Avoid alcoholic beverages when on or near the water
- Don't over work or burn yourself out!

Bear Safety

- Don't feed bears!
- Always keep your yard and/or camp clean
- Pick all ripe fruit from the tree and on the ground as soon as possible
- Keep barbeque's clean and grease free
- Don't leave food out when not in use
- Use bear resistant trash cans
- Stay with a group and keep kids close at hand
- Camping or hiking; let someone know, where, & when you will return

Bike Safety

- Always wear a helmet when riding a bike
- Wear safety gear when trail riding and performing stunts
- When you ride on roads, always ride with traffic & stay close to the curb
- Ride single file when riding with others on roads (not side by side)
- Always obey traffic signals and signs (stop signs, signal lights...)
- Use your hand signals for turning & stopping
- Always walk your bike across roads
- At night & on dark days, wear something reflective so others can see you
- Have a light on the front of your bike so you can see in the dark

Play Safe



Created by Seabird Health
www.seabirdisland.ca



Play Safe!

Updated
2016

SEABIRD ISLAND PRE-SCHOOL

Join us for a **Pre-registration Open House** on Aug. 17, 10 a.m. - 2 p.m. at the Pre-School.

Families **MUST** pre-register their child by phone prior to the Open House.

To pre-register please call Carlene at 604-796-6855 or Sandra at 604-796-6854.

PRE-REGISTER
NOW FOR FALL
Spaces are limited.

Kindergarten Booster Immunizations



We are starting Kindergarten in September and just got our booster immunizations, have you?

These immunization can be given as early as 4 years old.

Please call Maggie at 604-796-2177 today to set up your appointment or Text Nurse Lisa at 604-798-7199



ENTRY LEVEL GIS TRAINING AT THE COASTAL TRAINING CENTRE

Geographic Information Systems (GIS) are used daily by First Nations technicians and professionals to help achieve the goals of their organizations.

If you work in any of the following areas GIS skills can be used to reach these goals and further your career: Treaty Negotiations, Referrals, Cultural Heritage (TUS), Forestry or Natural Resource Management, Fisheries, Housing, Lands, Health Care, Education...

GIS helps us manage and use information to make more informed decisions. Almost everything we do can be displayed on a map in a way that leads to insights and understanding that would be difficult to achieve in any other way.

Prerequisites include:

Basic computer skills; Ability to create, copy and move files, ability to download files from the internet and save to a folder and problem solving skills.

8-week course starts on Sept. 6, 2016

For more information or to register, contact Brenda Leighton
Tel. 250-627-8822 | Email: brendlei@citytel.net

Coastal Training Centre, 501 Dunsmuir
Street, Prince Rupert, BC
www.coastaltrainingcentre.com

Offered by Coastal Training Centre in partnership with First Nations Technology Council

Advertising for Seabird Departments and Programs are provided through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

PRINT AD RATES

340+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Advertisement rates (per issue):

Front Page Color: limited availability
1/4 pg banner (8" w x 2.5" h) \$40.00
2.5x3 bus card \$25.00

	Full Color:	Greyscale:
8 x 10	\$135.00	\$37.50
8x5 or 10x4	\$65.00	\$25.00
3.8x5	\$32.50	\$17.50
2.5x3 bus card	\$20.00	\$12.50

Classified Advertisements .40c per word
\$4.00 Minimum

DIGITAL DISPLAY AD RATES(TV)

Per week Rates	15sec	30 sec	60 sec
Full Screen	\$20.00	\$40.00	\$50.00
Banner	\$10.00	\$20.00	\$30.00

Lobby digital advertisements will play no less than 5 times / day

PACKAGES

Starter	Premium	Starter
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60.00	\$100.00	\$140.00

DISCOUNTS AND FEES:

Only one discount may be applied per order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20.00
Returned Cheque	\$35.00
Late Fee	+3%

All fees are not for profit, they all help us produce this newsletter.

DEADLINES

Submissions and Advertisements are due 7 business days prior to delivery

DELIVERY

The 15th (or closest business day) and the last business day of each month.

OFFICE HOURS

Monday - Friday 8:00 a.m. - 4:00 p.m.

Graphic Design / Layout / Formatting:

Sandra Bobb 604-796-6838

sandrabobb@seabirdisland.ca

Content: comm@seabirdisland.ca

Phone: 604-796-2177

Website: www.seabirdisland.ca

Editing Committee: Sandra Bobb,

Phaine Wegener, Kristy Johnson,

Lori Burns, Heidi Trautmann,

Zorana Edwards-Shippentower,

and Teresa Harper.

AGREEMENT / LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of the Seabird Island Band.

Letters to the Editor submissions must be under 300 words. Please include your name, phone number, band number and signature (for reference, *not publication*), as well as the date and year submitted.

The Seabird Communications Department reserves the right to revise, edit, for length and clarity as well as to classify or reject any advertisement and story submissions.



'Round The Rez

Community Events, Workshops & Outings

OPTOMETRIST CLINIC

Recommended annual check-ups for children under the age of 19 and every 2 years for ages 19-64. Elders 65 & up can be seen annually.

Have a medical condition such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis today to book your appointment 604-796-2177

DENTAL CLINIC

HOURS

Mon. to Thurs.: 8:30 a.m. - 5:30 p.m.
Walk-in Tuesdays: 1:00 p.m. - 5:30 p.m.
Fridays: Closed

Accepting new STATUS PATIENTS

WALK-IN PAIN CLINICS

Every Tues. afternoon from 1:00 - 5:00 p.m.
(first come- first served)

Please come to the Dental desk and register your name and note your dental problem.
* Patients will be screened & most urgent problems seen first.

BUILDING BOOKING AND MEETING ROOMS

► **Angie Chapman** looks after booking the Band Gym, and all meeting rooms that are located within the Band Office. You need to fill out forms to do a booking. Any other questions please call 604-796-6893.

► **Sandra Haukeland** looks after booking of the Millennium Hall. She can be reached at 604-796-6854.

FIELD LIGHT BOOKINGS:

Call **Angie Chapman** at 604-796-2177 to book the field lights for your sports team.

\$2.⁵⁰ for Band Members and
\$8.⁵⁰ for Non-Band Members.

VOLUNTEERS REQUIRED

Please come and inquire with **Angie Chapman** if you would like to have your name on the listing for helping during Band events with set-up, clean-up, cooking, decorating, and child minding... We are always looking for people to help with any functions that we host here at the Band Office.

EMERGENCY / SECURITY:

Emergency	911
Seabird Security	604-991-8635
Griffin Security	604-798-9311

HAVE YOU HAD A LOVED ONE PASS AWAY?

You will need to send a copy of the death certificate to the First Nations Health Authority.

For assistance contact Maggie Pettis
604-796-2177

AMBULANCE BILLS

Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Ambulance bills - We can only help those with a status number, everyone else has to pay for their own unless it's an ICBC claim.

Unfortunately ambulance bills will not be covered if you have been incarcerated (in jail cell). Please take note that the Ambulance Billing in Victoria know when you have been incarcerated just by the address provided on the billing. Please do not bring those in because we are unable to assist, as they will be denied and it will be the client's responsibility to pay.

Contact Maggie Pettis for more information at 604-796-2177

MEDICAL CARDS

We can assist people with requesting their medical cards, if they are lost or stolen and need a replacement.

*Each client is responsible for paying for their medical cards! If they've been lost or stolen more than 2 times the cost is \$20.00 for each new card.

Sorry we don't help people get their BC ID.

Contact Maggie Pettis 604-796-2177

BABIES ID CARDS

Apply for both pieces of **ID** for babies as soon as possible!

Medical Care Cards: Contact Maggie Pettis 604-796-2177

Status Cards: Contact Carol Hope 604-796-2177

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7 p.m.
Seabird Island Community Hall.

Website for AA throughout BC:
<http://www.bcyukonaa.org/>

FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

GARBAGE SCHEDULE

COMPOST, RECYCLE, and REGULAR GARBAGE:
Pick-up Monday only

MAJOR GARBAGE: First Wednesday of each month, sign-up required

MAJOR CLEANING BIN: call to request a bin dropped off for your major cleaning

For all of the above contact Ashley Bobb via e-mail: ashleybobb@seabirdisland.ca, or at 604-796-6844, please put in a request in writing at the office.

PRINTING SERVICES

Seabird Island Communications Office is available to provide Band and Community Members with:

- Printing Services
- Copy Services
- Status Card Photos
- Laminating
- Advertising

There is a small fee for these services, please contact us for more information 604-796-2177 or 604-796-6838.

* **Funeral Pamphlets:** As per Seabird Funeral Policy...

- Band Members ~ Free: includes 1 hour design time, Quantity: 1st 100 color, and 1st 150 grey-scale.
- Additional or Non-Band Members; inquire for fees.

Located upstairs in the Band Office

NOTICE

NO

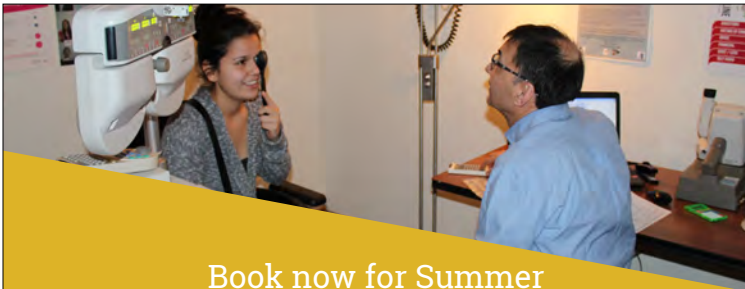
SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door. If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

**Community Safety is a
Chief and Council priority,
please contact us if you have any concerns.**



Book now for Summer
Optometry
Clinics

Schedule your
appointment

Maggie Pettis
604-796-2177
maggie@seabirdisland.ca

MAMMOGRAM SCREENING CLINIC September 1

Having regular mammogram screenings has helped to reduce deaths from breast cancer in BC women by 25%.

Mammogram screenings are for women with no sign of a breast problem (see your health care provider immediately if you find a lump or any unusual changes in your breast).

By age 50, women should make mammogram screenings a part of their regular health routine and have them at least once every two years.

If you are 40 years old or older and would like to schedule a mammogram, book your appointment by completing a registration form available at the Health Centre.

JOB POSTINGS - HELP WANTED -

Education Director

Closing Date: September 2, 2016

Under the direction and supervision of the CAO, the Education Director shall provide leadership and management expertise, in accordance with Band policies for the efficient, effective and productive operation of the Seabird Island Elementary and High Schools, including oversight of the nominal role, and other Band Education matters.

Consisting of 40+ employees, and a large budget, the Education Department represents a large portion of the business conducted by the Band. Researching, requesting, and securing funding for all educational programming will be of key importance to the Education Department and will be a high priority for the Education Director.

The Education Director will also be responsible for the management of all staff and professional and financial resources available to the Department. This will require working closely with Departmental leadership (Principal, Vice Principals, Finance and Human Resources). The Education Director participates collaboratively and fully as a member of the Directors Team with respect to departmental and interdepartmental matters to ensure that the advancement of the Band's goals and aspirations are achieved and maintained.

Job ID: JP-2016-033

To view more detailed information about these and other opportunities, or to apply for current opportunities please go to

www.seabirdisland.ca

Or direct to <https://seabirdisland.startdate.ca>

Or visit the Band Office and
Seabird Employment Office.

Please ensure you have received confirmation for your online submission. If you have not received confirmation please contact humanresources@seabirdisland.ca

**We often have new job postings!
Please check the website daily.**

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a resume, cover letter & three references.

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

AUGUST 5-6
District of Kent
Ball Diamonds

FREE
SESSION



ARE YOU READY TO PLAY BALL?
BASEBALL FUN
FOR CHILDREN AGED 5 - 18

Learn baseball from the best! White Sox scouts are helping to bring baseball to communities.

Each child will have equipment given to them to keep them inspired to play the sport.

All children must register to take part. We encourage you to register early to avoid disappointment.

To register contact:

Angie Chapman

604-796-2177

angie@seabirdisland.ca

Presented by the Seabird Island Band in partnership with the District of Kent.