



the **SEABIRD ISLAND**

Sqéwqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

August 2016



LEGAL ACTION: *Katzie, Kwantlen and Seabird Island take legal action to stop mismanagement of Spring Salmon pg. 3*

Fire Department goes door-to-door

INSIDE

Fire Department Home Check-ups..... pg. 2
 Spring Salmon Legal Action..... pg. 3
 Health and Fitness Crash Courses.....pg. 4
 Kindergarten Immunizations..... pg. 5
 Employment, Training and SD..... pg. 6
 Baseball Miracles Camp..... pg. 7
 Calendar..... pg. 8/9
 ECCE Landscaping..... pg. 10
 Housing Waitlist..... pg. 11
 Canoe/Kayak Championships..... pg. 12
 Classifieds..... pg. 13/14
 Job Postings..... pg. 15
 Education Conference..... pg. 16



If you live on Seabird Island you may be visited by a member of the Seabird Island Fire Department as they begin fire and carbon monoxide safety checks.

They will be making their rounds to all of the homes in the community to ensure that each home has a smoke detector and carbon monoxide detector.

They will also be checking on kitchen fire extinguishers to make sure they are still in working order and not post-dated.

If you have any questions about these safety checks, please contact Gerald Basten, Director of Fire and Emergency Services at 604-796-2177.

Seabird Island Lands
 Invites you to attend

BANNOCK - AND - TEA

Tuesday, August 9
 10 a.m. - 3 p.m.
 Community Health
 Room

Serving fish and
 bannock sandwiches



Wild FIRE Season

Spot a fire
 call toll-free
 1-800-663-5555
 or *5555 on most



Lands Advisory Committee SEEKS NEW MEMBERS

The Lands Advisory Committee is looking for interested and passionate individuals to fill the OPEN positions in the committee. **There is one (1) position for a Youth (ages 18 - 30), and one (1) for a regular committee member.**

Please submit to Lands Manager with a cover letter, resume, two references and two letters of support.

The deadline for submission will be August 5.

Katzie, Kwantlen and Seabird Island take legal action to stop mismanagement of Spring Salmon

Katzie, Kwantlen and Seabird Island have brought a legal challenge to Department of Fisheries and Ocean's management of Fraser River Spring Chinook Salmon, which in recent years have experienced a significant decline in numbers.

The three Fraser River First Nations are trying to stop DFO authorized sport fisheries off the coast of Vancouver Island which are adversely impacting Spring Chinook stocks of concern as they return to the Fraser River.

As the first salmon to return to the Fraser River every season, they are the first salmon available for harvest each spring.

As a result, Spring Chinook are an integral part of the spring diet and central to many important cultural practices and traditions of Fraser River First Nations, such as the First Salmon Ceremony, explains Chief Les Antone of Kwantlen First Nation.

“For thousands of years our people have maintained a special relationship with these fish on the Fraser River. That is what's at stake for us. Going out and fishing for Spring Chinook to begin each season is part of our culture and way of life. Our Elders crave these fish, and many of our ceremonies and teachings revolve around the Spring Chinook. We are now lucky to catch a handful each season. We are concerned about our food security, but also our ability to pass on the important practices and traditions around the Spring Chinook to our younger and future generations.”



The Supreme Court of Canada has held that, after conservation needs are addressed, the Aboriginal right to fish for food, social and ceremonial purposes has priority over fishing for recreational or commercial purposes.

When First Nations communities are unable to meet their food, social and ceremonial needs then no fishing for other purposes is to be allowed.

“DFO has flipped the constitutional priority on its head by giving priority to sport fishermen over the serious conservation concerns and the needs of our communities,” explains Chief Susan Miller of Katzie First Nation.

“This isn't about us getting more fish. This is about us protecting the Spring Chinook so that we can maintain our relationship to them and one day again meet the needs of our communities. While we sit on the banks of the Fraser River to conserve these fish for our future generations, sports fishermen are out taking thousands for recreation.”

DNA analysis of scale samples collected

from fish caught in the marine sports fishery show that Fraser River Spring Chinook are being caught in substantial numbers. Analysis also shows that more are being killed after being caught and then released.

Recently, members of Fraser River First Nations have been criminally charged for harvesting a single Spring Chinook for a First Salmon Ceremony. This situation led to the filing of the lawsuit in Federal Court.

“This has been going on for several years and we have been raising our concerns to deaf ears,” said Jay Hope, Seabird Island's Director of Corporate Affairs.

“As the situation was not improving, we began trying to meet on a Nation-to-Nation basis with DFO to correct this for the 2016 season. Unfortunately, DFO has refused to engage with us in any meaningful way. They chose to ignore us and the best available information, continuing with business as usual. We had no choice but to take legal action to protect the Spring Chinook and our rights.”



Crash courses aim to start a community conversation about health and fitness

Have a meal, listen and join in with Health and Social Development's new health and fitness crash courses.

Taking place every Friday in the gymnasium from 12 - 1 p.m., the crash courses will cover all of the basics with new topics each week.

Planned courses include: Home Fitness, Bike Workshop, Storing Food for the Busy Person, and Traditional Food and Best Health.

Home Fitness will be a show-and-tell course on how to do a fitness program at home that includes about 20 minutes of exercise and 5-10 stretches that are ideal formothers, older adults and Elders.

If Youth are interested, the program will be adjusted to suit them too.

The Bike Workshop will teach bike safety for roads like those on Seabird Island that have no lights or bike lanes.

The course will discuss what bike gear is needed for your bike, what clothes you should wear and what the safest or ideal gear is to buy for your bike and yourself.

It will also discuss hand signals, helmet sizing and seat height sizing as part of this interactive workshop.

Traditional Food and Best Health will show how traditional foods are better for disease prevention than over the counter 'diets.'

It's a low carb, low sugar and fibre-filled food system. Salmon, stinging nettles, pigweed and more including some nutrition levels and how to prepare a few of them so that they are tasty.

Last, but not least, Storing Food for the Busy Person will teach you how to store food on Saturday for the whole week in the freezer and sauces and dressings in the fridge.

Small meals packed in small Tupperware containers for the mothers, children, grandparents and even the crazy dog.

Make life easier with the small to-go meals cold or in the microwave at work.

If you would like to learn more, please contact Tania at 604-796-2177.

Enjoy the summer and get fit together



Take in some summer sun, enjoy the weather, and support your fellow Community Members in getting fit. Join the Recreation team's new summer program, the Walk and Run for Indigenous Health on Seabird Island.

This Walk and Run for Indigenous Health will be taking place every day from 4 - 5 p.m. on the track beside the Band Office. All Community Members are encouraged to come out says Recreation Assistant Tania.

"Get out there and enjoy the warm weather and support the community and yourself with a walk or a run on the track!"

Worried about the heat or pests? Not a problem.

"Once it gets too hot we may have it inside or go later in the day, depending on mosquitoes," says Tania.

Participants should be mindful of the summer weather and bring hats and sunglasses and make sure to stay hydrated and use sunscreen.

If participants are trying to decrease their lap times or increase their walking or running distances, staff will be on-site to time and count laps.



Kindergarten booster immunizations underway

Nurses at the Health Centre have started offering booster immunization for children entering kindergarten this fall.

“Parents can ensure their children are protected from harmful diseases by taking advantage of regular school-based immunization clinics getting underway this fall,” explains the British Columbia Centre for Disease Control.

Recent reports in British Columbia of measles and pertussis (whooping cough) outbreaks point to the need to focus attention on the importance of vaccinations for all age groups.

“I encourage all parents to ensure that their children are up-to-date with their vaccines. Vaccines are safe and effective – if you have questions about any of the vaccines your children receive, visit www.immunizebc.ca or contact your local public health clinic,” says Terry Lake, Canada’s Minister of Health.

These immunizations can be given to children as young as 4 years of age.

To schedule your child’s appointment, please call Maggie at 604-796-2177 or text Nurse Lisa at 604-798-7199.

ENTRY LEVEL GIS TRAINING AT THE COASTAL TRAINING CENTRE

Geographic Information Systems (GIS) are used daily by First Nations technicians and professionals to help achieve the goals of their organizations.

If you work in any of the following areas GIS skills can be used to reach these goals and further your career: Treaty Negotiations, Referrals, Cultural Heritage (TUS), Forestry or Natural Resource Management, Fisheries, Housing, Lands, Health Care, Education...

GIS helps us manage and use information to make more informed decisions. Almost everything we do can be displayed on a map in a way that leads to insights and understanding that would be difficult to achieve in any other way.

Prerequisites include:

Basic computer skills; Ability to create, copy and move files, ability to download files from the internet and save to a folder and problem solving skills.

8-week course starts on Sept. 6, 2016

For more information or to register, contact Brenda Leighton
Tel. 250-627-8822 | Email: brendlei@citytel.net

Coastal Training Centre, 501 Dunsmuir
Street, Prince Rupert, BC
www.coastaltrainingcentre.com

Offered by Coastal Training Centre in partnership with First Nations Technology Council

**SEABIRD ISLAND
PRE-SCHOOL**

Join us for a **Pre-registration Open House** on Aug. 17 from 10 a.m. - 2 p.m. at the Early Childhood Centre of Excellence Pre-School.

Families **MUST** pre-register their child by phone prior to the Open House.

To pre-register please call Carlene at 604-796-6855 or Sandra at 604-796-6254.

**PRE-REGISTER
NOW FOR FALL**
Spaces are limited.

Employment, Training and Social Development



Youth Employment (YEP) Working on their career decision making skills and final project.

Youth Employment Program

The Youth Employment Program is in full swing. The July group have learned cooking skills along with food safe tips and career decision making skills.

They have earned a babysitting certificate, visited the University of the Fraser Valley, including the aerospace campus in Abbotsford; which is a new feature this year.

They have worked very hard and we are very proud of all their work.

Employment Plans

Employment action plans are due before the 20th of each month. Appointments can be made with Andrea or Whyles prior to Income Assistance day to avoid waiting in line.

College students are also reminded to bring in their monthly student attendance.

Contact Information

Keeping your contact information up to date is important. Please let our office know if you have a change in address or phone number.

This allows us to contact you when we have upcoming programs or work available.

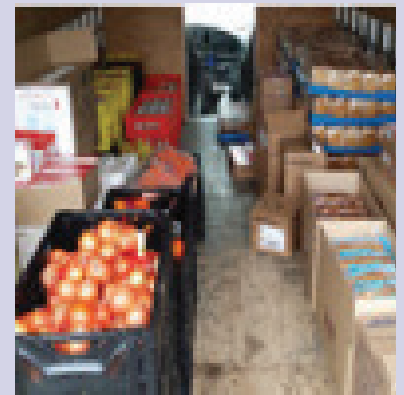
Computer Use

All clients are welcomed to use the computers in the Employment Office for job search and/or resume creation. If you require assistance please make an appointment with Andrea or Whyles.

Please note: Computers are for Career Research and Employment Services.

Dates to Remember:

- **Grocery Orders due**
August 10, 2016
- **Grocery Delivery**
August 15, 2016 in the afternoon, please have someone home or call to make arrangements.
- **Renewals due**
August 15, 2016
- **SA Day**
August 29, 2016



The Grocery Delivery program has been a huge success!

There are so many orders we are out growing the truck.

It is now taking more vehicles and staff to coordinate and deliver the monthly order.

Please be patient as we streamline the delivery process.

AUGUST 5-6
District of Kent
Ball Diamonds

FREE
SESSION



ARE YOU READY TO PLAY BALL?
BASEBALL FUN
FOR CHILDREN AGED 5 - 18

Learn baseball from the best! White Sox scouts are helping to bring baseball to communities.

Each child will have equipment given to them to keep them inspired to play the sport.

All children must register to take part. We encourage you to register early to avoid disappointment.

To register contact:

Angie Chapman

604-796-2177

angie@seabirdisland.ca

Presented by the Seabird Island Band in partnership with the District of Kent.

Seabird Community Calendar

(S) Sxexlhat	(M) Yila:welhát	(T) Sthémelts	(W) Slh
	<p style="text-align: center; font-size: 2em; font-weight: bold;">1</p> <p style="text-align: center;">Office Closed <i>BC Day</i></p>	<p style="text-align: center; font-size: 2em; font-weight: bold;">2</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Walk/Run Group 4-5 p.m. • Dental and Doctor Walk-in Clinics 1-5 p.m. • Fire Practice 7-9 p.m. • Garbage, Recycle & Compost Day 	<p style="text-align: center; font-size: 2em; font-weight: bold;">3</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Walk/Run Group 4-5 p.m. • Wellness Pancake Breakfast 11-1 p.m. • Meals on Wheels 5-6 p.m.
<p style="text-align: center; font-size: 2em; font-weight: bold;">7</p>	<p style="text-align: center; font-size: 2em; font-weight: bold;">8</p> <ul style="list-style-type: none"> • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Meals on Wheels 5-6 p.m. • Walk/Run Group 4-5 p.m. • Women's Employment Group 6-7:30 p.m. • Garbage, Recycle & Compost Day 	<p style="text-align: center; font-size: 2em; font-weight: bold;">9</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Walk/Run Group 4-5 p.m. • Lands Bannock and Tea 10-3 p.m. • Dental and Doctor Walk-in Clinics 1-5 p.m. • Fire Practice 7-9 p.m. 	<p style="text-align: center; font-size: 2em; font-weight: bold;">10</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Meals on Wheels 5-6 p.m. • Walk/Run Group 4-5 p.m. • Wellness Pancake Breakfast 11-1 p.m. • Grocery Order Due
<p style="text-align: center; font-size: 2em; font-weight: bold;">14</p>	<p style="text-align: center; font-size: 2em; font-weight: bold;">15</p> <ul style="list-style-type: none"> • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Meals on Wheels 5-6 p.m. • Walk/Run Group 4-5 p.m. • Garbage, Recycle & Compost Day • Grocery Delivery Day • Income Assistance Renewal Day 	<p style="text-align: center; font-size: 2em; font-weight: bold;">16</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Elders Monthly Meeting 10 a.m. • Walk/Run Group 4-5 p.m. • Dental and Doctor Walk-in Clinics 1-5 p.m. • Fire Practice 7-9 p.m. • Yoo Hoo Delivery 8-1 p.m. 	<p style="text-align: center; font-size: 2em; font-weight: bold;">17</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • Pre-School Open House 10-11 a.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Walk/Run Group 4-5 p.m. • Wellness Pancake Breakfast 11-1 p.m. • Meals on Wheels 5-6 p.m.
<p style="text-align: center; font-size: 2em; font-weight: bold;">21</p>	<p style="text-align: center; font-size: 2em; font-weight: bold;">22</p> <ul style="list-style-type: none"> • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Meals on Wheels 5-6 p.m. • Walk/Run Group 4-5 p.m. • Garbage, Recycle & Compost Day 	<p style="text-align: center; font-size: 2em; font-weight: bold;">23</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Walk/Run Group 4-5 p.m. • Dental and Doctor Walk-in Clinics 1-5 p.m. • Fire Practice 7-9 p.m. 	<p style="text-align: center; font-size: 2em; font-weight: bold;">24</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Meals on Wheels 5-6 p.m. • Walk/Run Group 4-5 p.m. • Wellness Pancake Breakfast 11-1 p.m.
<p style="text-align: center; font-size: 2em; font-weight: bold;">28</p>	<p style="text-align: center; font-size: 2em; font-weight: bold;">29</p> <ul style="list-style-type: none"> • Income Assistance Cheque Day • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Elders Jam Session • Meals on Wheels 5-6 p.m. • Walk/Run Group 4-5 p.m. • Garbage, Recycle & Compost Day 	<p style="text-align: center; font-size: 2em; font-weight: bold;">30</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Walk/Run Group 4-5 p.m. • Dental and Doctor Walk-in Clinics 1-5 p.m. • Fire Practice 7-9 p.m. 	<p style="text-align: center; font-size: 2em; font-weight: bold;">31</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • Education Conference and Days 12-8 p.m. • Meals on Wheels 5-6 p.m. • Walk/Run Group 4-5 p.m. • Wellness Pancake Breakfast 11-1 p.m. • Yoo Hoo Delivery 8-1 p.m.

Calendar of Events – August 2016

:xws	(T) Sx̄éó:thels	(F) Sheqá'tses	(S) T'óqw'tem
<p>er Program</p> <p>p.m.</p> <p>m.</p> <p>fast 9-10:30 a.m.</p> <p>.</p> <p>m.</p>	<p>4</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Youth Resiliency 13-18 yr 3-5 p.m. • Elders Bake Sale • Walk/Run Group 4-5 p.m. 	<p>5</p> <ul style="list-style-type: none"> • Baseball Miracles Camp • Someone So Small • 10-12 yr Program 3-5 p.m. • 13+ Program 5-9 p.m. • Walk/Run Group 4-5 p.m. • Health and Fitness Crash Courses 12-1 p.m. • Application Deadline for Lands Advisory Committee 	<p>6</p> <ul style="list-style-type: none"> • Baseball Miracles Camp
<p>er Program</p> <p>p.m.</p> <p>m.</p> <p>m.</p> <p>fast 9-10:30 a.m.</p>	<p>11</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Youth Resiliency 13-18 yr 3-5 p.m. • Elders Bake Sale • Walk/Run Group 4-5 p.m. 	<p>12</p> <ul style="list-style-type: none"> • Someone So Small • 10-12 yr Program 3-5 p.m. • 13+ Program 5-9 p.m. • Walk/Run Group 4-5 p.m. • Health and Fitness Crash Courses 12-1 p.m. 	<p>13</p>
<p>er Program</p> <p>e at ECCE 10-2 p.m.</p> <p>p.m.</p> <p>m.</p> <p>fast 9-10:30 a.m.</p> <p>m.</p>	<p>18</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Youth Resiliency 13-18 yr 3-5 p.m. • Elders Bake Sale • Walk/Run Group 4-5 p.m. 	<p>19</p> <ul style="list-style-type: none"> • Someone So Small • 10-12 yr Program 3-5 p.m. • 13+ Program 5-9 p.m. • Walk/Run Group 4-5 p.m. • Health and Fitness Crash Courses 12-1 p.m. 	<p>20</p> <ul style="list-style-type: none"> • Employment Action Plans Due • Chief and Council Meeting
<p>er Program</p> <p>p.m.</p> <p>m.</p> <p>m.</p> <p>fast 9-10:30 a.m.</p>	<p>25</p> <ul style="list-style-type: none"> • Parents and Tots Summer Program 10:30-12:30 p.m. • 10-12 yr Program 11-2 p.m. • 13+ Program 2-5 p.m. • Youth Resiliency 13-18 yr 3-5 p.m. • Elders Bake Sale • Walk/Run Group 4-5 p.m. • Chief and Council Overage Meeting 	<p>26</p> <ul style="list-style-type: none"> • Someone So Small • 10-12 yr Program 3-5 p.m. • 13+ Program 5-9 p.m. • Walk/Run Group 4-5 p.m. • Health and Fitness Crash Courses 12-1 p.m. 	<p>27</p>
<p>er Program</p> <p>and Back to School</p> <p>m.</p> <p>m.</p> <p>fast 9-10:30 a.m.</p> <p>p.m.</p>	<p>PLEASE NOTE:</p> <p>Safety is a priority!</p> <p>We need to keep staff safe so we can keep providing you with delivery services.</p> <p>On delivery days to the Community, please ensure your pets are inside or chained-up away from the door in order to receive your deliveries.</p>	<p>Pre/Post & Prenatal Circle</p> <p>Who can attend?</p> <ul style="list-style-type: none"> *Expecting moms *Newborns up to 6 weeks *Partners, Support Person and Siblings <p>Open to families living on Reserve and transportation can be provided.</p> <p>Questions? Call 1-800-788-0322 or 604-796-2177</p>	

New Daycare fees coming for September 1



Dear Seabird Island Daycare Families,

It is a continued pleasure to work with your children and to provide fun and quality care to them. Thank you so much for your continued support of our staff and programming.

We are proud that we have been able to provide this care for the same fees for many years, but due to the continued rise in operating costs, we now have to raise our Daycare fees in order to maintain the current standard of care.

The new fees will be in effect as of September 1, 2016 and will be applicable as follows:

Age Grouping	Monthly	Daily	Approx. % Increase
Infants	\$827.00	\$42.00	5%
Toddlers	\$700.00	\$35.00	5%
3 – 5 Year Olds	\$607.00	\$31.00	5%

We have been careful to keep the increase as low as possible and thank you so much for your understanding and continued support.

If you have any questions in regards to this matter, please feel free to contact me.

Sincerely,

Carlene Brown, Early Childhood Programs Manager

604-796-6855

- Submitted by Carlene Brown

Things are getting greener at the Early Childhood Centre of Excellence

Big changes are happening outside the Early Childhood Centre of Excellence.

Fences are up and bobcats and other heavy machinery are unloading sand and soil.

A crew of landscapers from Planting Dreams Landscaping began work on the children’s play areas surrounding the Centre on July 18. The play areas will feature age-appropriate landscapes with non-toxic plants, walk-ways, storage, a child-sized long-house, and lots of play areas for children to run and have fun during their outdoor time.

Work is expected to finish in late August.



Housing Waitlist

Don't know your number? Contact Housing to see where you sit on the waitlist! 604-796-6932.

1 Bedroom		2 Bedroom		3+ Bedrooms			
1	10262015-1022	1	07292014-3090	1	07292014-3090	21	01042016-4000
2	12222015-1023	2	02102015-1014	2	02102015-1014	22	01252016-4001
3	01282016-1027	3	04202015-1017	3	04202015-1017	23	02232016-4002
4	02192016-1028	4	06192015-2087	4	06192015-2087	24	02032016-4003
5	02222016-1029	5	07082015-1019	5	07082015-1019	25	04152016-1030
6	04152016-1030	6	07232015-2088	6	07232015-2088	26	05032016-1032
7	04282016-1031	7	08052015-2090	7	08052015-2090	27	05172016-4004
8	05032016-1032	8	11092015-1023	8	11092015-1023	28	05272016-4005
9	05302016-1033	9	01122016-3093	9	01122016-3093	29	06132016-2089
10	05302016-1034	10	01282016-1027	10	01282016-1027	30	07062016-3098
11	05312016-1035	11	02222016-1029	11	02222016-1029	31	07132016-3099
12	01122016-3093	12	02232016-3094	12	02232016-3094		
13	07062016-1036	13	04152016-1030	13	04152016-1030		
14	07142016-1037	14	04282014-1031	14	04282014-1031		
15	07202016-1038	15	05032016-1032	15	05032016-1032		
		16	05302016-1033	16	05302016-1033		
		17	05302016-1034	17	05302016-1034		
		18	06132016-2089	18	06132016-2089		
		19	07062016-1036	19	07062016-1036		
		20	02032016-4003	20	02032016-4003		

Note: If you have outstanding debt with the Band, you will NOT be placed into a rental unit, as per housing policy.

REMINDER! Housing applications must be renewed before JAN. 1 of each year to remain on the list! Anyone who did not renew came off the list and must now reapply if interested.

Recreation Fitness Calendar

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	CLOSED BC Day	2 1-1:50 p.m. Summer Camp FIT KITS! 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	3 2-3:45 p.m. PT 4-5 p.m. Walk/Run 5-6 p.m. Walk to River from Esso 6-8 p.m. PT 8-9 p.m. Clean-up	4 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 Clean-up	5 12-1 p.m. LBCC, Traditional Food for Best Health (Com. Health Room) 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	6
7	8 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	9 1-1:50 p.m. Summer Camp FIT KITS! 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 Clean-up	10 2-3:45 p.m. PT 4-5 p.m. Walk/Run 5-6 p.m. Walk to River from Esso 6-8 p.m. PT 8-9 p.m. Clean-up	11 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	12 12-1 p.m. LBCC, Storing Food for Busy Person (Com. Health Room) 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	13
14	15 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	16 1-1:50 p.m. Summer Camp FIT KITS! 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	17 2-3:45 p.m. PT 4-5 p.m. Walk/Run 5-6 p.m. Walk to River from Esso 6-8 p.m. PT 8-9 p.m. Clean-up	18 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	19 1-2 p.m. Bike Tire Repairs: drop in (Gym) 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	20
21	22 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	23 1-1:50 p.m. Summer Camp FIT KITS! 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	24 2-3:45 p.m. PT 4-5 p.m. Walk/Run 5-6 p.m. Walk to River from Esso 6-8 p.m. PT 8-9 p.m. Clean-up	25 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	26 1-2 p.m. Bike Tire Repairs: drop in (Gym) 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	27
28	29 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	30 1-1:50 p.m. Summer Camp FIT KITS! 2-3:45 p.m. PT 4-5 p.m. Walk/Run 6-8 p.m. PT 8-9 p.m. Clean-up	31 2-3:45 p.m. PT 4-5 p.m. Walk/Run 5-6 p.m. Walk to River from Esso 6-8 p.m. PT 8-9 p.m. Clean-up	Personalized Training - PT Lunch Bag Crash Course - LBCC		

2016 BC Aboriginal Provincial Canoe & Kayak Championships



The Aboriginal Sport, Recreation & Physical Activity Partners Council is pleased to present this provincial championships for Aboriginal youth in partnership with Seabird Island First Nation and Canoe Kayak BC, with the support of the Province of BC.

WHO: BC Aboriginal youth are invited to compete in canoe (marathon style) and kayak (sprint kayak) for male and female divisions in the following NAIG age categories:



- (U13) born 2003 to 2005
- (U15) born 2001 to 2002
- (U18) born 1998 to 2000

WHEN: Sat & Sun, September 17-18, 2016

WHERE: Seabird Island Band (Agassiz), BC

REGISTER: \$20 fee. Online registration will open in June

Marathon canoes and sprint kayaks will be provided. This event will serve as the selection event for the "Team BC Development Squad" to prepare athletes for the Toronto 2017 North American Indigenous Games (held July 16-23, 2017). More details on Team BC selection process to be announced.



For more information, contact:

Angie Chapman

PH: 604-796-2177

E: angie@seabirdisland.ca



Comic

Temtheqi - August

Leo: July 23-August 22

Key characteristics: Creative, passionate, generous, warm-hearted, cheerful, humorous.

Flower: Gladiolus
Birthstone: Peridot

"Failure is simply the opportunity to begin again, this time more intelligently."

- Henry Ford

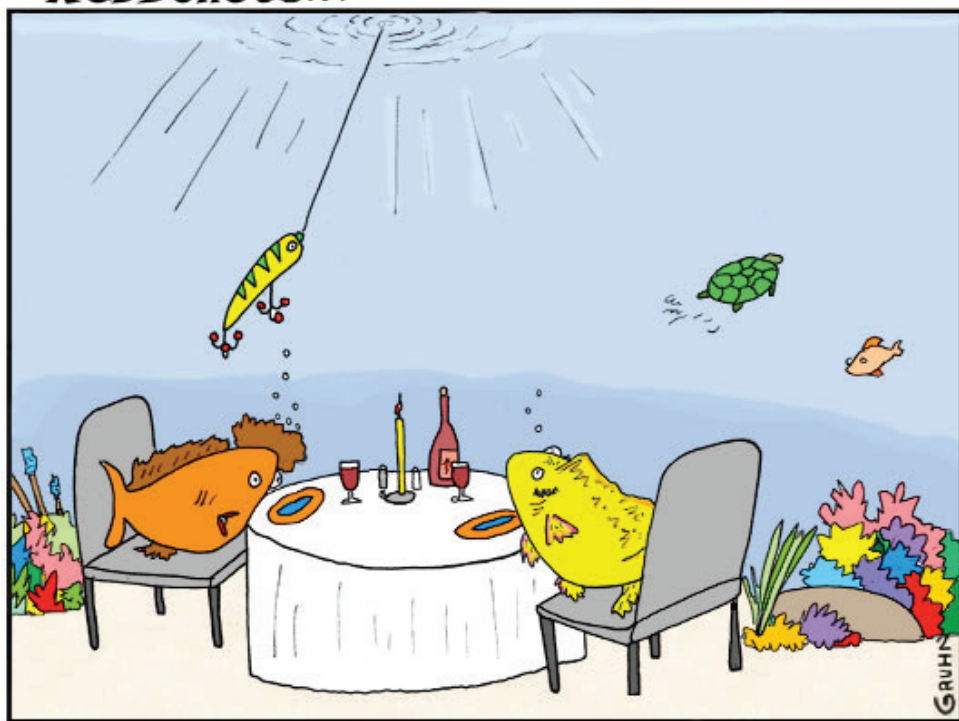
"There are no shortcuts to any place worth going."

- Beverly Sills

"Look deep into nature, and then you will understand everything better."

- Albert Einstein

WebDonuts.com



"William? You seem very distracted tonight."

Halq'eméylem Word Search

à	c	l	c	h	á	c	h	u	w	e	l	'	s	k
é	h	á	h	e	h	x	s	x	m	ō	á	c	e	ó
à	é	h	ó	o	k	t	t	l	é	l	t	h	m	'
t	l	é	:	a	l	w	y	t	l	e	s	i	l	y
ō	h	w	l	h	á	e	'	ō	m	l	'	y	ó	í
w	t	'	e	'	x	l	k	e	e	c	e	ō	t	l
í	a	é	q	w	e	x	q	w	l	q	w	l	h	s
y	w	í	w	w	l	'	e	h	'	e	t	h	e	p
q	q	k	á	q	'	p	l	w	s	í	x	'	l	h
c	e	w	e	w	í	à	q	ó	'	c	w	w	t	p
x	k	'	l	p	x	e	:	x	l	k	:	e	ó	e
e	x	k	w	ó	m	y	k	y	ó	ó	m	l	l	ó
m	:	x	w	y	h	á	l	'	à	:	í	h	e	'
é	h	k	é	h	'	'	w	'	í	t	s	'	ō	c

Words:

- íkw' – become lost
- í:meth – grand child
- ekw'lexw – to lose it
- qíq'áwtwx – jail
- látséwtwx – different room
- ó:t' – slingshot
- láxel – fishing spot
- shxw'píwewels – freezer
- mélmel – make a mistake
- chiyólh – to gather fire wood
- chélhta – to borrow
- cháchu – beach
- chó:leqw – in the forest
- kwóxálh – rail road
- kw'ókqwès – hot
- qéymeqw' – octopus
- qxó:s – lots of money
- th'qw'à:y – trout
- lhokw'íwel – dumb founded, shocked
- semlóthel – river bank

Advertising for Seabird Departments and Programs are provided through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

PRINT AD RATES

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Advertisement rates (per issue):

Front Page Color: limited availability
1/4 pg banner (8" w x 2.5" h) \$40.00
2.5x3 bus card \$25.00

	Full Color:	Greyscale:
8 x 10	\$135.00	\$37.50
8x5 or 10x4	\$65.00	\$25.00
3.8x5	\$32.50	\$17.50
2.5x3 bus card	\$20.00	\$12.50

Classified Advertisements .40¢ per word
\$4.00 Minimum

DIGITAL DISPLAY AD RATES

Per week Rates	15sec	30 sec	60 sec
Full Screen	\$20.00	\$40.00	\$50.00
Banner	\$10.00	\$20.00	\$30.00

Digital advertisements will play
no less than 5 times / day

PACKAGES

Starter	Premium	Starter
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60.00	\$100.00	\$140.00

DISCOUNTS AND FEES:

Only one discount may be applied / order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20.00
Returned Cheque	\$35.00
Late Fee	+3%

All fees are not for profit,
they all help us produce this newsletter.

DEADLINES

Submissions and Advertisements are
due 7 business days prior to delivery

DELIVERY

The 15th (or closest business day)
and the last business day of each month.

OFFICE HOURS

Monday - Friday 8:00 a.m. - 4:00 p.m.

Phone: 604-796-2177

Have an ad or story idea?

E-mail: comm@seabirdisland.ca

Graphic Design / Layout / Formatting

Sandra Bobb 604-796-6838

E-mail: sandrabobb@seabirdisland.ca

Website: www.seabirdisland.ca

Editing Committee: Sandra Bobb,

Phaine Wegener, Kristy Johnson,

Lori Burns, Heidi Trautmann, Zorana

Edwards-Shippentower,

and Teresa Harper.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of the Seabird Island Band.

Letters to the Editor submissions must be under 300 words. Please include your name, phone number, band number and signature (not for publication), as well as the date and year submitted.

The Seabird Communications Department reserve the right to revise, edit, for length and clarity as well as to classify or reject any advertisement / story submissions.

'Round The Rez

Community Events, Workshops & Outings

OPTOMETRIST CLINIC

Recommended annual check-ups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65 & up can be seen annually.

Have a medical condition such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

HOURS

Mon. to Thurs.: 8:30 a.m. - 5:30 p.m.

Walk-in Tuesdays: 1:00 - 5:30 p.m.

Fridays: Closed

Accepting new STATUS PATIENTS

WALK-IN PAIN CLINICS

Every Tues. afternoon from 1:00 - 5:00 p.m.
(first come- first served)

Please come to the Dental desk and register your name and note your dental problem.

* Patients will be screened & most urgent problems seen first.

BUILDING BOOKING AND MEETING ROOMS

► **Angie Chapman** looks after booking the Band Gym, and all meeting rooms that are located within the Band Office. You need to fill out forms to do a booking.

Any other questions please call 604-796-6893.

► **Sandra Haukeland** looks after booking of the Millennium Hall. Contact Sandra 604-796-6854.

FIELD LIGHT BOOKINGS:

Contact Angie Chapman 604-796-2177 to book the field lights for your sports team.

\$2.⁵⁰ for Band Members and
\$8.⁵⁰ for Non-Band Members.

VOLUNTEERS REQUIRED

Contact Angie Chapman 604-796-2177 if you would like to have your name on the listing for helping during Band events with set-up, clean-up, cooking, decorating, and child minding.

We are always looking for people to help with any functions that we host here at the Band Office.

HAVE YOU HAD A LOVED ONE PASS AWAY?

You will need to send a copy of the death certificate to the First Nations Health Authority. We can help you with the process.

Contact Maggie Pettis 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Ambulance bills - We can only help those with a status number, everyone else has to pay for their own unless it's an ICBC claim.

Unfortunately ambulance bills will not be covered if you have been incarcerated (in jail cell).

Please take note that the Ambulance Billing in Victoria know when you have been incarcerated just by the address provided on the billing.

Please do not bring those in because we are unable to assist, as they will be denied and it will be the client's responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

We can assist people with requesting their medical cards, if they are lost or stolen and need a replacement.

*Each client is responsible for paying for their medical cards! If they've been lost or stolen more than 2 times the cost is \$20.00 for each new card.

Sorry we don't help people get their BC ID.

Contact Maggie Pettis 604-796-2177.

BABIES ID CARDS

Apply for Medical for babies as soon as possible. Contact Maggie Pettis 604-796-2177.

Apply for Status Cards for babies as soon as possible. Contact Carol 604-796-2177.

SUNDAY MASS

Mass takes place at the Seabird Church 11 a.m.-12 p.m. on every second Sunday

Upcoming dates: Aug. 7 and 21.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7 p.m. at the Seabird Island Community Hall.

Website for AA in BC: www.bcyukonaa.org

EMERGENCY / SECURITY:

Emergency	911
Seabird Security	604-991-8635
Griffin Security	604-798-9311

FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

GARBAGE SCHEDULE

COMPOST, RECYCLE, and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday.

MAJOR GARBAGE: First Wednesday of each month (sign-up at the Band Office with Ashley Bobb)

If you need a **Bin dropped off** for your major cleaning please submit your request in writing at the office.

Contact Ashley Bobb 604-796-6844, or e-mail: ashleybobb@seabirdisland.ca.

PRINTING SERVICES

Seabird Island Communications Office is available to provide Band and Community Members with:

- Printing Services
- Copy Services
- Status Card Photos
- Laminating
- Advertising

There is a small fee for these services, please contact us for more information 604-796-2177 or 604-796-6838.

* **Funeral Pamphlets:** As per Seabird Funeral Policy,...

- Band Members ~ free: incl. 1 hr design time, 1st 100 color, and 1st 250 grey-scale.
- Additional or Non-Band Members; inquire for fees.

We are located upstairs in the Band Office.

NOTICE

NO SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community Safety is a Chief and Council priority. Please contact us if you have any concerns.

JOB POSTINGS

Graphics Communication Assistant (Temp)

The Graphics Communications Assistant will assist with the development of marketing materials including one pagers and info-graphics, photography, photo editing, printing of ID cards and documents for clients. S/he will also be responsible for answering phones, print, copy and mail on client's request, invoicing the clients, and more. This opportunity is anticipated to be for 2-3 months, but could be shortened or lengthened due to operational requirements.

Job ID: JP-2016-065 | Closing Date: August 5, 2016

Professional Cook Instructor

Seabird College is seeking a qualified teacher/instructor to provide Professional Cook I instruction to adult learners completing their Professional Cook 1 Industry Training Authority Program. The position will start September in Agassiz. Successful candidate will be offered a one-year term, subject to sufficient student enrollment.

Job ID: JP-2016-055 | Closing Date: August 5, 2016

Hairstylist Instructor

Seabird College is seeking a qualified teacher/instructor to provide Hair Stylist instruction to adult learners completing their B.C. Adult Dogwood. The position will start September in Agassiz. The successful candidate will be offered a one-year term, subject to sufficient student enrollment.

Job ID: JP-2016-056 | Closing Date: August 5, 2016

Receptionist and Student Support Assistant

The Receptionist/Student Support Assistant provides linkages to services and support for adult learners in a vocational training institution. The Receptionist/Student Support Assistant is often the first point of contact for potential students and the general public, and plays a role in general office appearance, organization, and professional impression.

Job ID: JP-2016-057 | Closing Date: August 5, 2016

Community Events Coordinator

The Community Events team plans and executes a wide variety of meetings, events, and programs at or for the Band. These events include the social events like Seabird Island Festival, Christmas Dinner, Open House and Staff Pamper Day and educational events like Graduation Day, Baby Ceremony and Preschool Graduation. The team is also responsible for taking facility bookings for sports fields, gymnasiums, and meeting rooms, as well as arranging caterers when needed. The Community Events Coordinator will play a vital role in leading the program in the planning and execution of all events.

Job ID: JP-2016-63 | Closing Date: August 5, 2016

Construction & Carpentry Instructor

Seabird College is seeking a qualified teacher to provide Construction and Carpentry instruction to adult learners. Successful candidate will be offered a one-year term, subject to sufficient student enrollment.

Job ID: JP-2016-054 | Closing Date: August 5, 2016

Nail Technician Instructor

Seabird Island Community School - Adult Education and Seabird College is seeking a qualified teacher/instructor to provide Nail Technician instruction to adult learners completing their B.C. Adult Dogwood and the Nail Technician Program. Position will start September. Successful candidates will be offered a one year term, subject to sufficient student enrollment.

Job ID: JP-2016-053 | Closing Date: August 5, 2016

Education Director

Under the direction and supervision of the CAO, the Education Director shall provide leadership and management expertise, in accordance with Band policies for the efficient, effective and productive operation of the Seabird Island Elementary and High Schools, including oversight of the nominal role, and other Band Education matters.

Consisting of 40+ employees, and a large budget, the Education Department represents a large portion of the business conducted by the Band. Researching, requesting, and securing funding for all educational programming will be of key importance to the Education Department and will be a high priority for the Education Director.

The Education Director will also be responsible for the management of all staff and professional and financial resources available to the Department. This will require working closely with Departmental leadership (Principal, Vice Principals, Finance and Human Resources). The Education Director participates collaboratively and fully as a member of the Directors Team with respect to departmental and interdepartmental matters to ensure that the advancement of the Band's goals and aspirations are achieved and maintained.

Job ID: JP-2016-033 | Closing Date: September 2, 2016

Work Opportunity Placement - Employment Center Assistant

The Seabird Employment and Social Development Center is providing an opportunity for an Employment Center Assistant. Responsibilities will include answering phones, booking appointments for clients, file management, organizing and maintaining the traditional food bank and other clerical duties. This position will also require the successful applicant to be able to provide exceptional client and customer service; courteous, friendly, and professional assistance to clients from a broad demographic. Work term is till March 2017.

Job ID: JP-2016-064 | Closing Date: August 5, 2016

To view more detailed information about these and other opportunities, or to apply for current opportunities please go to <https://seabirdisland.startdate.ca> or visit the Band Office or Employment and Social Development Office.

Please ensure you have received confirmation for your online submission. If you have not received confirmation please contact humanresources@seabirdisland.ca

We often have new job postings! Please check back daily.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a resume, cover letter & three references.

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



Seabird Island
*Empowering
 our Youth and
 Parents to succeed!*

LET'S'E

One Heart. One Mind.

Education Conference & Back to School Days Event



August 31, 2016

Time 12:00 p.m. - 8:00 p.m.

Place Seabird Island Band Gym

**To Register please call 604-796-6819
 or email: celeste@seabirdisland.ca**

Workshops:

- Budget Basics
- Hair Cuts
- Health Screening
- Homework Helpers
- Immunizations
- Math Without Fear
- Reading Mastery
- And More...



**MULTI AWARD WINNING
 HIP-HOP ARTIST,
 MOTIVATIONAL SPEAKER,
 WORKSHOP FACILITATOR.**

Through K.A.S.P.'s traditional and spiritual beliefs, with his journey with youth, step programs and personal development, he balances his personal, family, and career life through honesty and commitment. This multi award winner has focused and shifted his music to a whole new level, he shares this with the people to motivate and preserve the quality of life.

K.A.S.P. has been known to have performed and produced with the legendary Hip-Hop Icon DMC of RUN DMC, the West Coast Hip-Hop pioneer "Chino XL", as well as "Moka Only". K.A.S.P. has even gone into battle with the infamous Nelly Furtado and has been seen opening shows with Canadian Hip-Hop pioneer Choclair. He continues to strive forward to new and exciting material all the while sharing with all communities, his continuous commitments to the youth and to who ever is moved from passion. K.A.S.P. has also become the spokesman for an app called "rep4rights" which is a youth and child rights educational and awareness program made available to enhance opportunities of a safe child theory.

K.A.S.P. is well known for his engaging audiences while hosting conferences, workshops, motivational speaking and performances, targeting youth about the importance of culture, knowing who you are & respecting yourself. He willingly shares his life story growing up with his father, addiction, foster care, gangs and personal struggles. K.A.S.P. also speaks about his theories that have allowed him to surpass all negativity and live a good life; drug, alcohol and smoke free. This is to inspire the youth with his words, giving his tools he has learnt in his journey to become who he is today.

