



the SEABIRD ISLAND

Sqéwqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

Mid-September 2016



A NEW BEST FRIEND IS FOUND:
Donations of clothing and toys filled the gymnasium for the Clothing Swap pg. 3

INSIDE

Message from the Chief.....pg. 2
 Clothing Swap..... pg. 3
 Welcome Pole Arrives at ECCE.....pg. 4
 Canoe / Kayak Championship.....pg. 5
 Fire Inspections..... pg. 6
 SICS Calendar..... pg. 7
 C&C Meeting Attendance..... pg. 8/9
 Seabird College..... pg. 10/11
 Fisheries Notice..... pg. 12
 Recreation Calendar..... pg. 13
 Job Postings.....pg. 14
 Classifieds.....pg. 15
 Welcome Pole Arrives at ECCE..... pg. 16

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Wild FIRE Season

**Spot a fire
 call toll-free
 1-800-663-5555
 or *5555 on most
 cellular networks.**



Message from the Chief

“Since way back in the 60’s we haven’t had a run this bad. We don’t know what’s going on in the oceans,” says Chief Clem Seymour about the fishing season.

The run is being called disastrous in the news and fishing has been closed for much of the regular season which has led to frustrations amongst First Nations, recreational and commercial fishermen.

“Everyone out there is pointing fingers at one another saying it’s their fault. There are too many people making money off of it. That’s a large part of the judicial review that we are beginning with the Department of Fisheries and Oceans,” says the Chief.

Seabird Island and a few other Bands announced last month that they want to take a closer look at how the Department of Fisheries and Oceans manages chinook

and how they have been managing fisheries overall.

Their management has created an imbalance for First Nations people.

“It makes it difficult and makes a lot of people angry. But we were very fortunate to get our dry racks out there for a few days. The seasons haven’t been very gentle to our salmon either.”

The water was warm and heat records were being broken across BC throughout the summer. Warm waters make salmon more susceptible to predators, parasites and disease and the higher temperatures can cause mass fish die offs.

Sqéwqel Development Corporation has been working with a few government bodies regarding the Business Park and things are moving ahead slowly.

“They are working with the Department of Highways and Canadian Pacific Railway because they need a different kind of permit crossing - a commercial crossing to cross the CPR.

They will need to raise the highway out there so they can have big trucks turn there because they don’t have enough room right now for commercial vehicles to get in and out of there.”

More information about fishing is available on page 12.

New Fitness Centre hours

New business hours for the Fitness Centre are coming into effect for September 3 until June 30. The Fitness Centre will be open 1 - 2 p.m. and 6 - 8 p.m.

The Front Desk will contact someone to open the Centre during the day between 8 -12 p.m. and 2 - 4 p.m.

SLOW DOWN OR RISK A FINE

School zones are now in effect. Please be mindful of school zone signs and reduce speed to posted limits to help keep our students safe.

Watch for children walking on the shoulder of our roadways as they make their way to and from their bus stop.

Fines have increased to \$368.00 and include 3 demerit points for drivers who pass a school bus with flashing lights on and stop sign out.



Out with the old, in with the new(er)!

Clothing and toy donations flooded the gymnasium this month in anticipation of the Maternal Child Health program's annual Clothing Swap.

Clothing swaps are a great opportunity to swap clothing no longer being used for gently used items instead of throwing them away.

They are also fantastic for parents of growing children who can trade items that no longer fit.

Within minutes of the doors opening at 1:30 p.m., the room was filled with over 70 moms, dads, grandparents and children.

"We had lots of donations come in leading up to the Swap. Parents are very excited to take part," said Diana Phan of the Maternal Child Health Program.

Thousands of gently used items were up for grabs in the gymnasium. In total, eighteen tables were set-up to hold all of

the clothing, toys and books.

All of which had been donated to the Clothing Swap by Community Members and Pre and Post Natal clients who were invited to take part after their monthly Pre and Post Natal session.

To encourage donations, vouchers were offered in trade for donations.

"For each bag of items dropped off, they can take a bag of new items from any of the tables, including the toy and book tables," said Diana.

But those who didn't have anything to donate were also allowed to take part.

"You don't need to bring something in order to take something. Each person can take one bag, even if they didn't make a donation to the Swap."

Free Acupuncture Clinic comes to the Health Centre Sept. 19

For the first time, Seabird Island's Health Centre will be hosting a free acupuncture clinic at the Doctor's Office.

Acupuncture involves the insertion of extremely thin needles through your skin at strategic points on your body. A key component of traditional Chinese medicine, acupuncture is most commonly used to treat pain.

The clinic, run by the Tzu CHI Foundation, will be completely free. Tzu CHI has been offering monthly free clinics at Sumas First Nation for about a year.

Recently, they've begun reaching out to the First Nations Health Authority to offer more clinics to Bands who are looking to explore a more holistic care model.

Acupuncture is used mainly to relieve discomfort associated with a variety of diseases and conditions, including:

- Chemotherapy-induced and postoperative nausea and vomiting
- Dental pain
- Fibromyalgia
- Headaches, including tension and migraine headaches
- Labor pain
- Low back pain
- Neck pain
- Osteoarthritis
- Menstrual cramps

If you would like to book an appointment for the free Acupuncture Clinic of Sept. 19, please stop by the Health Centre or call them at 604-796-2165.

Spaces are limited so register as soon as possible to ensure availability.



Welcome pole arrives at the Early Childhood Centre of Excellence

In a small ceremony at the Early Childhood Centre of Excellence, a new welcome pole was unveiled.

The pole, which arrived early August 31, now rests beside the entrance doors and features a wolf and a bear eating salmon.

The design was meant to honour the relationship between educators and children.

"We wanted something culturally relevant to help watch over our children," explains Chief Clem Seymour.

The Band also wanted the role and importance of Early Childhood Program Staff represented.

"The wolf looks after things and family values. The bear and salmon represents the staff in the Centre."

Known as the protector, the bear is one of the most powerful coastal animals. The bear symbolizes strength, family, courage and health.

The wolf represents loyalty, family ties, education, understanding and intelligence.

Work on the pole began last March after Seabird Island provided the materials and cedar to Mountain Institution, a medium security penitentiary in Agassiz, BC.

"It was carved by inmates as part of a program that helps them give back to communities," said Chief Seymour who has been working with Mountain Institution for the last 20 years.

These projects encourage them to connect with their culture, some for the first time, and offer them a way to give back.

Elders home visits begin in October

Recreation staff will be offering Elder home visits starting October 7.

Tania Carter will begin offering visits every Friday from 6 - 8 p.m. for 15-20

minute fitness sessions.

If you're an elder and would like to schedule a session, please contact Tania or Angie Chapman at 604-796-2177.



**Aboriginal Sport, Recreation
& Physical Activity Partners Council**

2016 BC Aboriginal Provincial Canoe & Kayak Championships



The Aboriginal Sport, Recreation & Physical Activity Partners Council is pleased to present this provincial championships for Aboriginal youth in partnership with Seabird Island First Nation and Canoe Kayak BC, with the support of the Province of BC.

WHO: BC Aboriginal youth are invited to compete in canoe (marathon style) and kayak (sprint kayak) for male and female divisions in the following NAIG age categories:



- (U13) born 2003 to 2005
- (U15) born 2001 to 2002
- (U18) born 1998 to 2000

WHEN: Sat & Sun, September 17-18, 2016

WHERE: Seabird Island Band (Agassiz), BC

REGISTER: \$20 fee. Online registration will open in June

Marathon canoes and sprint kayaks will be provided. This event will serve as the selection event for the "Team BC Development Squad" to prepare athletes for the Toronto 2017 North American Indigenous Games (held July 16-23, 2017). More details on Team BC selection process to be announced.



For more information, contact:

Angie Chapman

PH: 604-796-2177

E: angie@seabirdisland.ca



Fire inspectors door-to-door visits continue

If you live on Seabird Island you may be visited by a member of the Seabird Island Fire Department as they begin fire and carbon monoxide safety checks.

They will be making their rounds to all of the homes in the community to ensure that each home has a smoke and carbon monoxide detector.

They will also be checking on kitchen fire extinguishers to make sure they are still in working order and not post-dated.

If you have any questions about these safety checks, please contact Gerald Basten, Director of Fire and Emergency Services at 604-796-2177.



WANT TO BECOME A SECURITY GUARD?

(604) 796-6839

Security Guard training begins in October. Register at Seabird College.

Applicant's must:

- Have a Class 5 Driver's License
- Have a Clean Driver's Abstract
- Pass a Criminal Record Check
- Be over 18 years of age



LALME' IWESAWTEXW
(Seabird Island Community School)
CALENDAR 2016-2017

2016	
<i>Admin/Professional Development Days</i>	<i>Aug29-Sept2</i>
Think-In (Ed Committee/School staff)	Fri, Sept2
Labour Day (School Closed)	Mon, Sept 5
School Opens (½ day-morning only)	Tues, Sept. 6
Lifetouch-Student Photo`s	Mon, Sept 12
Welcome Back Dinner	Wed, Sept 14
High School Term 1 Interim	Thurs, Oct 6
Thanksgiving Day	Mon, Oct 10
Elementary Term 1 Interim	Fri, Oct 14
Sto:lo New Year	Wed, Oct. 12
<i>Professional Development Day</i>	<i>Fri, Oct. 21</i>
Photo retakes	Thurs, Oct 27
High School Term 1 Ends	Fri, Nov 4
Remembrance Day Ceremony	Thurs, Nov 10
Remembrance Day (No School)	Fri, Nov 11
High School Term 1 Reports	Fri, Nov 18
Elementary Term 1 ends	Fri, Nov 25
<i>Pro-Development Day</i>	<i>Mon, Nov 21</i>
Elementary Reports	Fri, Dec 2
Parent/Teacher Interview Week	Nov 28 – Dec 2
High School Term 2 Interims	Fri, Dec 9
Make And Take Week	Dec 12 – 16
Christmas Concert	Wed, Dec 14
Student Christmas Dinner	Thurs, Dec 15
Last day before Winter Vacation	Fri, Dec 16
Winter Vacation Period	Dec, 17 – Jan 2
2017	
School Re-Opens After Winter Vacation	Tues, Jan 3
High School Term 2 Ends	Thurs, Jan 19
Elementary Term 2 Interims	Thurs, Jan 27
<i>Professional Development Day</i>	<i>Fri, Jan. 20</i>
Provincial exams	Jan, 23 – 27
High School Term 2 reports	Fri, Feb 10
Family Day	Mon, Feb 13
Ed Committee/school staff mtg	Wed, Feb 15
Sto:lo Day	Wed, Feb. 22

<i>Professional Development Day</i>	<i>Fri, Feb 24</i>
High school term 3 Interims	Thurs, Feb 23
Elementary Term 2 Ends	Fri, Mar 3
Elementary Term 2 Reports	Fri, Mar 10
Last Day before Spring Break	Thurs, March 23
<i>Professional Development Day</i>	<i>Fri, Mar 24</i>
Spring Vacation Period	Mar, 25 – Apr 2
School Reopens after Spring Break	Mon, Apr 3
High School Term 3 Ends	Thurs, Apr 13
Good Friday	Fri, Apr 14
Easter Monday	Mon, Apr 17
Elementary Term 3 Interims	Fri, Apr 21
Naming Ceremony	Wed, Apr 19
High School Term 3 Reports	Thurs, Apr 20
<i>Professional Development Day FNEESC</i>	<i>Fri, Apr 21</i>
Music Monday	Mon, May 1
Parent's Day Tea/Band Concert	Wed, May 3
High School Term 4 Interims	Fri, May 12
<i>Professional Development Day</i>	<i>Fri, May 19</i>
Victoria Day	Mon, May 22
Day Of Grace	Mon, May 29
K-7 Sports Day	Fri, June 2
District Sports Day	TBA
Year End Pow Wow	Wed, June 7
Elementary Term 3 Report	Fri, June 9
Grade 7 Graduation	Wed June 14
HS Final Exams – mandatory	June 12 – 15
7-12 Cultural Sports Day	Thurs, June 15
K-12 Last Day (Waterslides)	Fri, June 16
High School Term 4 Reports	Tues June 20
High School Provincial Exam Weeks	June 22-29
Staff Appreciation (Ed Committee/School Staff)	TBA
Graduation	Fri June 30

Chief and Council Meeting Attendance

Date	Meeting Name	Chief Clem Seymour	Councillor Art Andrew	Councillor
4/8/2016	<i>Special Chief & Council - Housing BCRs</i>	X	X	X
4/16/2016	<i>Chief & Council</i>	X	X	X
4/20/2016	<i>Quarterly meeting</i>	X	X	X
4/28/2016	<i>Chief & Council continuation from April 16</i>	X	X	X
5/13/2016	<i>Chief & Council</i>	X	X	X
5/18/2016	<i>Chief & Council continuation from May 13</i>	X	X	X
6/14/2016	<i>Special Chief & Council - SqDC</i>	X	X	X
6/17/2016	<i>Chief & Council</i>	X	X	X
6/23/2016	<i>Chief & Council continuation from June 17</i>	X	X	X
7/4/2016	<i>Special Chief & Council - Final Audit Presentation</i>	X	X	X
7/6/2016	<i>Special Chief & Council - Audit Signing</i>	X	X	X
7/16/2016	<i>Chief & Council</i>	X	X	
7/20/2016	<i>Quarterly meeting</i>	X	X	
8/11/2016	<i>Chief & Council continuation from July 16</i>	X	X	X
8/20/2016	<i>Chief & Council</i>	X	X	X
15 meetings April to August 2016	Council members ATTENDANCE RECORD	15	15	13

Councillor Arlene Andrew		Councillor Jason Campbell		Councillor Vivian Ferguson		Councillor Alexis Grace		Councillor Jim Harris		Councillor Carol Hope		Councillor Marcie Peters		Councillor Maggie Pettis		Meeting Quorum	
X				X				X		X		X				8 / 10	
X		X		X		X		X		X		X				10 / 10	
X		X		X		X		X		X		X				10 / 10	
X		X		X		X		X		X		X				10 / 10	
		X		X		X		X		X		X				9 / 10	
X		X						X		X		X				8 / 10	
		X		X		X		X		X		X				9 / 10	
X		X		X		X		X		X		X				10 / 10	
		X		X		X				X		X				8 / 10	
		X		X		X		X		X		X				9 / 10	
X		X				X		X		X		X				9 / 10	
X		X				X		X		X		X				8 / 10	
X		X		X				X				X				7 / 10	
X						X				X		X				7 / 10	
X		X		X				X		X		X				9 / 10	
11		13		11		11		13		14		15					



Up to
20 seats
available.



Early Childhood Education and Care Diploma

Level: Diploma

Early Childhood Education and Care students develop the knowledge and skills necessary to work with young children and their families in diverse early learning settings in British Columbia.

Students develop skills through courses and practica designed to integrate academic and practical experiences.

Deadline: **November 21, 2016**
Start date: **January 2017**

Contact us to discuss tuition fees and funding opportunities.

Prerequisites:
English 12 required.

Develop the skills and knowledge you need to begin working with diverse children and families.

Have a question? Contact us to learn more about this program today!

- 1** **What credentials will I get?** Successful graduates will be eligible to apply to the BC ECE Registry for both an Early Childhood Educator Certificate and an Infant and Toddler Educator (ITE) Certificate or a Special Needs Educator (SNE) Certificate, depending on their selection of a final practicum course.
- 2** **Where will this program be offered?** This program will be offered at our Seabird College Campus in Agassiz, BC.
- 3** **What will I learn about?** This program covers essential skills, human development, health and nutrition, principles and practices, interpersonal communications, building professional-family relationships, administration and leadership and working with children with diverse abilities.
- 4** **How do I apply?** Contact Seabird College by calling (604) 796-6839 or email admissions@seabirdcollege.ca to learn more.

Have a question?

Call (604) 796-6839 or email admissions@seabirdcollege.ca

Offered in partnership with:



Seabird College
www.seabirdcollege.ca



COMPUTER STUDIES

Level: Certificate

Computers are a pervasive part of daily life in personal, work and educational situations. Computer skills are introduced at the fundamental level to help students gain the confidence to perform basic computer operations.

Topics include keyboarding, basic knowledge of computers, word processing and electronic communication.

Deadline: **November 21, 2016**

Start date: **January 2017**

Prerequisites:

Instructor permission or advisor assessed equivalent.

Have a question?

Call (604) 796-6839 or email admissions@seabirdcollege.ca

Learn fundamental computer skills.

Gain the skills and knowledge required to operate your computer and perform common tasks.

Have a question? Contact us to learn more about this program today!

- 1 What credentials will I get?** Successful graduates will receive a certificate in Computer Skills - Fundamental Level.
- 2 Where will this program be offered?** This program will be offered at our Seabird College Campus in Agassiz, BC.
- 3 What will I learn about?** This program covers keyboarding, basics knowledge of computers, word processing, electronic communication, and discusses workspace ergonomics and how to identify software maintenance issues.
- 4 How do I apply?** Contact Seabird College by calling (604) 796-6839 or email admissions@seabirdcollege.ca to learn more.



Offered in partnership with:

Seabird College
www.seabirdcollege.ca

Fishery Notice - Fisheries and Oceans Canada

Subject: FN0944-Salmon - Fraser River Salmon Update - Areas 11 to 29 - September 1, 2016

As a result of the smallest return of Fraser sockeye on record, the level of harvest already incurred and the uncertainty about the survival rate of sockeye that have been exposed to harmful environmental conditions within the Fraser River, there will be no food social and ceremonial or recreational fisheries directed on sockeye or any other salmon species which would result in sockeye mortalities in the immediate future.

Opportunities for selective chinook directed food, social and ceremonial fisheries are being considered for the September 17 time period which is generally when Fraser sockeye have cleared the lower Fraser on this cycle.

Recreational opportunities for chinook directed fisheries are also being considered beginning September 19 in the lower Fraser River. Earlier opening dates may be considered if the Whonnock test fishery sockeye catches drop to zero over three

consecutive days and the Albion chum test fishery net also has no sockeye catch over 2 consecutive chum fishing days during the same time period indicating that sockeye migration has cleared the lower Fraser. (Note that the Albion chum net is fished on only on odd-numbered days in September).

Catch data for the Whonnock and Albion test fisheries can be found at the following websites:

Albion chum test fishery: <http://www.pac.dfo-mpo.gc.ca/fm-gp/fraser/docs/commercial/albionchum-keta-eng.html>

PSC Test Fishing Summaries (click on the link for Whonnock): http://www.psc.org/info_testfishing_summaries.htm

For clarity, any fisheries occurring in this time period will be subject to selective fishing provisions normally implemented during the coho window closure.

Gill net fisheries will not be permitted during the coho window closure.



Buying local just got a bit closer to home

If you shopped at Agassiz Produce or Super Valu this summer, you might not have even realized that you've been purchasing produce grown by Sqéwqel Development Corporation.

Sqéwqel lettuce and beans have been on sale in Agassiz for weeks.

"They advertise them as local produce but they're from Seabird Island," says Business Officer, Trevor Morrison.

And they aren't the only ones carrying produce grown on Seabird Island.

"Produce Gone Wild in Chilliwack and Buy Low Foods in Hope also buy our produce."

This is the first year the Development Corporation planted food crops. They've also grown and sold their wheat crop, which was harvested by Sqéwqel in late August.

The whole crop was purchased by Fieldstone Organics in Armstrong, BC. Fieldstone Organics is a certified organic grain handling facility, benefiting local communities by providing delicious whole grains, legumes and seeds for bulk, wholesale and retail consumers.

Sqéwqel Development Corporation will be selling organic romaine and super frilly lettuce for \$3 or two for \$5 at the Seabird Island Band Office.

Recreation

September – November

Mon	Tue	Wed	Thu	Fri
OOSC 2:30 – 5 p.m. Men's Hockey 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Indoor Co-ed Soccer 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Co-ed Hockey 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Youth Fitness 6 – 8 p.m. ages 13–18 w/ Jonny/Tania	OOSC 2:30 – 5 p.m. Fitness Center 1-on-1 and Timed Runs 6 – 8 p.m.
OOSC 2:30 – 5 p.m. Men's Hockey 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Indoor Co-ed Soccer 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Co-ed Hockey 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Youth Fitness 6 – 8 p.m. ages 13–18 w/ Jonny/Tania	OOSC 2:30 – 5 p.m. Fitness Center 1-on-1 6 – 8 p.m.
OOSC 2:30 – 5 p.m. Men's Hockey 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Indoor Co-ed Soccer 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Co-ed Hockey 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Youth Fitness 6 – 8 p.m. ages 13–18 w/ Jonny/Tania	OOSC 2:30 – 5 p.m. Dinner Break: 5 p.m.– 6 p.m. Elders Visits 6 – 8 p.m.
OOSC 2:30 – 5 p.m. Men's Hockey 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Indoor Co-ed Soccer 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Co-ed Hockey 6 – 8 p.m. (Lead Community Member w/ Experience)	OOSC 2:30 – 5 p.m. Youth Fitness 6 – 8 p.m. ages 13–18 w/ Jonny/Tania	OOSC 2:30 – 5 p.m. Elders Visits 6 – 8 p.m.

** Fitness Centre and gym are closed for all big community event nights, cultural events, statutory holidays and funerals**

Staff are on break from 5—6 p.m. every day.

JOB POSTINGS

Human Resources Generalist – Part Time

Closing Date: **16 Sep 2016**

Job ID: **JP-2016-071**

We are currently seeking a highly organized, and detail-oriented Human Resources Generalist who also has exceptional people skills and a 'can do' attitude. The successful candidate should be motivated and interested in being part of the ongoing development and progression of our Human Resources Department.

This position is temporary part time requiring the candidate to work 3-4 days in a week.

Elder at School

Closing Date: **23 Sep 2016**

Job ID: **JP-2016-075**

For generations Elders have passed on their knowledge, culture, tradition and wisdom. Here at Seabird Island Community School / Lalme' Iwesawtexw, we are looking for an Elder to assist and support students' success and be present as a "grandparent" to comfort and be there when students need to talk.

In collaboration with other staff and administration, the Elder will be a positive role model for Seabird Island Community School student body, staff, administration and Community Members.

The Elder helps promote and intentionally creates a culturally safe and accessible environment for learning and a vibrant sense of community amongst a diverse group of students. They will serve as an ambassador of Stó:lō culture and heritage and strive to promote culture, education and diversity.

Custodial Worker

Closing Date: **23 Sep 2016**

Job ID: **JP-2016-076**

The Custodial Worker is responsible for performing custodial duties, minor maintenance and other miscellaneous duties in order to ensure that buildings and facilities are maintained in a healthy, safe and sanitary manner.

Family Counsellor

Closing Date: **23 Sep 2016**

Job ID: **JP-2016-050**

The Family Counsellor is responsible for providing counseling to families, youth, and children regarding addictions and family issues. Counselling will be provided in a culturally sensitive manner on a one-to-one basis, families, in groups, circles and couple's counselling. The counsellor must be able to work from a trauma informed perspective.

The Family Counsellor will provide services to Bands in which the Seabird Island Band provides Health Services to and will involve travel to the communities.

The Family Counsellor will educate the community through workshops to address issues identified. The Family Counsellor will facilitate daytime and evening education workshops.

The Family Counsellor will make referrals for clients to residential treatment centers as required, and help facilitate at Seabird Island Day treatment program.

To view more detailed information about these and other opportunities, or to apply for current opportunities

please go to:

<https://seabirdisland.startdate.ca>

Please ensure you have received confirmation for your online submission. If you have not received confirmation please contact humanresources@seabirdisland.ca.

Job postings are also available at the Band Office and the Employment, Training and Social Development Office.

We often have new job postings!

Please check back daily.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a resume, cover letter & three references.

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



Advertising for Seabird Departments and Programs are provided through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

PRINT AD RATES

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Advertisement rates (per issue):

Front Page Color: limited availability		
1/4 pg banner (8x2.5)		\$40.00
2.5x3		\$25.00
	Full Color:	Greyscale:
8x10	\$135.00	\$37.50
8x5 or 10x4	\$65.00	\$25.00
3.8x5	\$32.50	\$17.50
2.5x3	\$20.00	\$12.50

Classified Advertisements .40¢ per word
\$4.00 Minimum

DIGITAL DISPLAY AD RATES

Per week Rates	15sec	30 sec	60 sec
Full Screen	\$20.00	\$40.00	\$50.00
Banner	\$10.00	\$20.00	\$30.00

Digital advertisements will play
no less than 5 times / day

PACKAGES

Starter	Premium	Starter
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60.00	\$100.00	\$140.00

DISCOUNTS AND FEES:

Only one discount may be applied /order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20.00
Returned Cheque	\$35.00
Late Fee	+3%

All fees are not for profit,
they all help us produce this newsletter.

DEADLINES

Submissions and Advertisements are due 7 business days prior to delivery

DELIVERY

The 15th (or closest business day) and the last business day of each month.

OFFICE HOURS

Monday - Friday 8:00 a.m. - 4:00 p.m.

Phone: 604-796-2177

Have an ad or story idea?

E-mail: comm@seabirdisland.ca

Graphic Design / Layout / Formatting

Sandra Bobb 604-796-6838

E-mail: sandrabobb@seabirdisland.ca

Website: www.seabirdisland.ca

Editing Committee: Sandra Bobb,

Phaine Wegener, Kristy Johnson,

Lori Burns, Heidi Trautmann, Zorana

Edwards-Shippentower,

and Teresa Harper.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of the Seabird Island Band.

Letters to the Editor submissions must be under 300 words. Please include your name, phone number, band number and signature (not for publication), as well as the date and year submitted.

We reserve the right to revise, edit, for length and clarity as well as to classify or reject any advertisement / story submissions.



'Round The Rez

Community Events, Workshops & Outings

OPTOMETRIST CLINIC

Recommended annual check-ups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65 & up can be seen annually.

Have a medical condition such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

HOURS

Mon. to Thurs.: 9:00 a.m. – 5:30 p.m.

Walk-in Tuesdays: 1:00 – 5:30 p.m.

Fridays: Closed

Accepting new STATUS PATIENTS

WALK-IN PAIN CLINICS *

Every Tues. afternoon from 1:00 - 5:00 p.m.
(first come- first served)

Please come to the Dental desk and register your name and note your dental problem.

* Patients will be screened & most urgent problems seen first.

BUILDING BOOKING AND MEETING ROOMS

► **Angie Chapman** looks after booking the Band Gym, and all meeting rooms that are located within the Band Office. You need to fill out forms to do a booking. Contact Angie 604-796-2177.

► **Sandra Haukeland** looks after booking of the Millennium Hall. Contact Sandra 604-796-2177.

FIELD LIGHT BOOKINGS:

Contact Angie Chapman 604-796-2177 to book the field lights for your sports team.

\$2.⁵⁰ for Band Members and
\$8.⁵⁰ for Non-Band Members.

VOLUNTEERS REQUIRED

Contact Angie Chapman 604-796-2177 if you would like to have your name on the listing for helping during Band events with set-up, clean-up, cooking, decorating, and child minding.

We are always looking for people to help with any functions that we host here at the Band Office.

HAVE YOU HAD A LOVED ONE PASS AWAY?

You will need to send a copy of the death certificate to the First Nations Health Authority. We can help you with the process.

Contact Maggie Pettis 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Ambulance bills – We can only help those with a status number, everyone else has to pay for their own unless it's an ICBC claim.

Unfortunately ambulance bills will not be covered if you have been incarcerated (in jail cell).

Please take note that the Ambulance Billing in Victoria know when you have been incarcerated just by the address provided on the billing.

Please do not bring those in because we are unable to assist, as they will be denied and it will be the client's responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

We can assist people with requesting their medical cards, if they are lost or stolen and need a replacement.

*Each client is responsible for paying for their medical cards! If they've been lost or stolen more than 2 times the cost is \$20.00 for each new card.

Sorry we don't help people get their BC ID.

Contact Maggie Pettis 604-796-2177.

BABIES ID CARDS

Apply for Medical for babies as soon as possible. Contact Maggie Pettis 604-796-2177.

Apply for Status Cards for babies as soon as possible. Contact Carol Hope 604-796-2177.

SUNDAY MASS

Mass takes place at the Seabird Church 11 a.m. - 12 p.m. every second Sunday.

ALCOHOLICS

ANONYMOUS MEETING

Every Tuesday night at 7 p.m. at the Seabird Island Community Hall.

Website for AA in BC: www.bcyukonaa.org

EMERGENCY / SECURITY:

Emergency	911
Seabird Security	604-991-8635
Griffin Security	604-798-9311

FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

GARBAGE SCHEDULE

COMPOST, RECYCLE, and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday.

MAJOR GARBAGE: First Wednesday of each month (sign-up at the Band Office with Ashley Bobb)

If you need a Bin dropped off for your major cleaning please submit your request in writing at the office.

Contact Ashley Bobb 604-796-6844, or e-mail: ashleybobb@seabirdisland.ca.

PRINTING SERVICES

The Communications Office is available to provide Band and Community Members with:

- Printing Services
- Copy Services
- Status Card Photos
- Laminating
- Advertising

There is a small fee for these services, please contact us for more information 604-796-2177 or 604-796-6838.

* **Funeral Pamphlets:** As per Seabird Funeral Policy,...

- Band Members ~ free: incl. 1 hr design time, 1st 100 color, and 1st 250 grey-scale.
- Additional or Non-Band Members; inquire for fees.

We are located upstairs in the Band Office.

NOTICE

NO

**SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS**

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community Safety is a Chief and Council priority. Please contact us if you have any concerns.



**Welcome Pole Raising
at the Early Childhood
Centre of Excellence**

