



the SEABIRD ISLAND

Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

December 2016



SANTA'S COMING TO TOWN DECEMBER 7!
Join us for our Community Christmas Dinner pg. 20

Chief and Council meeting date change

Due to a recent death in the community, Chief and Council have rescheduled their November meetings. Chief and Council will be meeting on:

December 3 and 17 from 8 a.m. - 4 p.m.

We apologize for any inconvenience this may have caused. We hope to see you there!

INSIDE

Chief and Council.....pg. 2
 Education Committee.....pg. 3
 Chief & Council Election.....pg. 4/5
 Health Survey.....pg. 6
 Employment Training & SD.....pg. 7
 Chief & Council Attendance..... pg. 8
 Magic of Christmas..... pg. 9
 Calendar.....pg. 10/11
 Housing Waitlist.....pg. 12
 Community Plan..... pg.13
 Disposing Needles Safely.....pg. 14
 Flea Market.....pg.15
 New Staff.....pg. 16
 Youth Christmas.....pg.17
 Classifieds.....pg. 18/19
 Christmas Dinner.....pg.20

Agassiz Baseball Winter Program

Agassiz Baseball is happy to announce the beginning of our winter program. As a result of last years' overwhelming success we are going to offer training sessions to smaller age groups. This should allow us to cater more to different skill levels and provide a safe, productive learning experience for kids.

Wednesdays 5:30 - 6:30 p.m. for kids born 2010-11 | 6:30 - 8:00 p.m. for kids born 2006-07
 Thursdays 5:30 - 6:30 p.m. for kids born 2008-09 | 6:30 - 8:00 p.m. for kids born 2004-05

Location: Agricultural Pavilion (south end entrance)

Questions or inquiries call Monte 604-796-5588 or visit our website at www.agassizll.com or email agassizbaseball@gmail.com.

Stephanie Williams wins award



Stephanie is currently completing her 2nd year of Early Childhood Education at Camosun College where she recently received the Aboriginal ECE award on behalf of Success by 6 from Coast Capital Savings.

Congratulations Stephanie!

Seabird Island Lands
 Invites you to attend

BANNOCK - AND - TEA

December 6 from
 10 a.m. - 3 p.m.

Discussing the Land Use Plan

HOUSING APPLICATION
RENEWALS DUE
 In December
BEFORE JANUARY 1st
 TO STAY ON THE
 WAIT LIST!



Lalme' Iwesawtexw won a Slahal tournament hosted by Chilliwack Senior High School to celebrate Rock Your Mocs. Congratulations Gilbert Joe, Cameron Birch, Sonny Mussell!



Education Committee seeks new members

Chief and Council hereby provide notice to Seabird Island Band Members regarding two upcoming vacancies on the Education Committee ending Jan. 31, 2017. These positions will begin Feb. 1, 2017 and cover a 2-year term.

Chief and Council invites Band Members to forward their letter and/or completed application to Chief and Council indicating their interest in being part of the Committee.

The Education Committee presently meets every 3rd Thursday of each month beginning at 9:00 a.m. unless otherwise stated. Please pick up your application package at the Band Office.

Submission deadline for letters of interest is Dec. 23 at 4:00 p.m.

Appointment of Education Members

It is the desire of the Band Council to choose two individuals for the Education Committee who they feel will best serve the interests of the Band and its stakeholders.

Go to www.seabirdisland.ca to learn more about criteria and procedures for appointments.

I) Criteria for All Candidates

Among those characteristics to be sought in each candidate, being mindful of the overall Committee composition, are the following:

- Integrity and a commitment to ethical behavior.
- Personal maturity and leadership skills in education or related field.
- Independence of thought and willingness to deal directly with the difficult issues.
- Broad experience, with an understanding of the complexities of the Band Education program and external educational agencies.
- Accomplishment in education and related field.
- Understanding financial and/or accounting principles an asset.
- Candidate must be a Member of Seabird Island Band.
- Must be resident with Stó:lō Territory.
- Must be 18 years old or older.
- Must be familiar with the Education and Governance Policy.
- Previous experience as an education member or Band experience.
- Drug screening
- Pass a criminal records check.

II) An Effective Candidate Should

- Be familiar with concerns and interests of the community.
- Be familiar with the current issues in Indian Education.
- Know, understand and believe in the goals and objectives of the education program.
- Knowledge of the Education Policy and Governance Policy.
- Be familiar with the staff, the school facilities and curriculum.
- Be able to represent the Committee at meetings.
- Be willing to travel.
- Be willing to attend committee member training workshops and planning sessions.
- Accept and carry out assignments on committees.
- Acquire the knowledge as to how to conduct meetings and rules of order and consensus building.
- Participate in discussions.
- Be courteous to colleagues, employees, and others attending the meeting.
- Be willing to attend monthly education meetings.
- Be willing to take on portfolios and be proactive.
- Public speaking
- Promote language and Culture

Next Band General Election to be held under the new Election Code, with Ottawa's Approval of Code



Information Sessions on the coming Election Process Changes are scheduled for December 21 and January 4, 2017.

Seabird Island Council has been given verbal confirmation at a meeting with Indigenous and Northern Affairs Canada's BC Regional Director, Catherine Lapas on November 28, that the Election Code has been accepted by the government. Official confirmation to follow.

As a result of the confirmation, next years; General Band Election will be held under our Election Code. Chief and Council is holding two information sessions to review the new election rules defined in the Seabird Island Election Code.

The first information session is scheduled for December 21 and the second one for January 4, 2017. Both information sessions will be held in the Main Boardroom from 5 - 7 p.m. A light snack will be provided.

If you are planning to attend, please contact reception or go to www.seabirdisland.ca to let us know that you wish to attend so that we can plan accordingly.

The next General Election will be held on April 19, 2017, and Council would like to encourage any of the eligible voters who want to know more about the changes to the current election system to attend the information session.

For the Band Members wishing to run in the next General Election, there are a number of changes to the process to be aware of compared to an election under the old INAC Election System. Here are the key differences:

1. The term of Office is 3 years instead of 2.
2. To hold the position of Chief or Councillor for Seabird Island, a person must:
 - be a Seabird Island Member;
 - be at least eighteen (18) years of age on the date of the election;
 - hand in a completed "Candidate Nomination Package" to the Electoral Officer and is verified by the Election Officer as complete by the end of the nomination period;
 - provide to the Electoral Officer, prior to the end of the nomination period, a written statement saying you have read and understood the Seabird Island Governance Manual and Seabird Island Election Code;
 - (i) It is the responsibility of a nominee to obtain copies of the Seabird Island Governance Manual and Election Code
 - be able to attend all the mandatory Council and community meetings or provide a valid reason for absence in accordance with the Seabird Island Governance Manual;
 - not be a candidate for both the position of Chief and the position of Councillor at the same election;
 - be in good financial standing with the Band and have his or her financial dealings with the Band up to date and have no debts with the Band due to deliberately refusing to pay monies owed;
 - swear the Oath of Office prior to taking office;
 - have not been disqualified from voting, being nominated, being elected, or holding office on Council; and
 - not be an active employee or contractor of the Band or any of the Band's businesses
3. There will no longer be a 3-hour nomination meeting that is now replaced with a 10-day where Candidates must file their nomination papers within that period.
4. There are also rules regarding Election Offences such as vote buying, and intimidation.
5. The new Election Code has Recall provision – Recall is a process that enables electors to petition for the removal of a Member of the Council between elections.

Election schedule of events

# Days Before Election	Date Completion Needed By	Actions To Be Taken	By Whom
In the 2 nd week of January 2017	January 13, 2017	Nomination Packages including Governance Manual and Election Code made available at office and on website	Seabird Island Staff
Band to start early in the Fall prior to an election year – and complete at least 69 days prior to election	Official Start of Election Process		Seabird Island Staff Council or designate
68	February 10, 2017	Nomination Documents, including Governance Manual and Election Code, can also be obtained from Electoral Officer at this time	EO and Seabird Island Staff
At 9:00 a.m. at least 50 days	February 28, 2017	Nomination Period Begins	EO/RM
At 4:00 p.m. at least 40 days	March 10, 2017	Nomination Period Ends/Closes and Candidates confirmed	EO/RM
On 39 day	March 11, 2017, or March 13, 2017	EO has posted a tentative list of Candidates and office for which they were nominated.	EO
Any time up to the 36 day	March 14, 2017	Last date for Candidates to withdraw and their name not on ballot	EO
At least 35	March 15, 2017	Final list of Candidates posted	EO
Day 0	April 19, 2017	Election Day	EO

Christmas Hampers and Gift Cards

December 19 & 20
Band Office Gym

You may get a phone call or knock on your door this December

Seabird Island with First Nations Health Authority participates in the Regional Health Survey. The Regional Health Survey was developed by First Nations for First Nations. It is the first ever First Nations owned and operated health research. It has been ongoing for 20 years!

This survey gives us data about health status and the things that affect health. From this data we can better plan programs and services.

Seabird last participated in 2002. Let's see if health has improved. Let's see what the needs are.

Randomly selected Band Members, who live on Seabird, will be invited to participate. Participants will get a \$25 Wal-Mart gift card.

There are three types of surveys:

1. Survey for children ages of 0-5 and 6-11 (for the parent/guardian to fill out)
2. Survey for youth ages of 12-17 (which they fill out with parent/guardian consent);
3. Survey for adults aged 18 and older


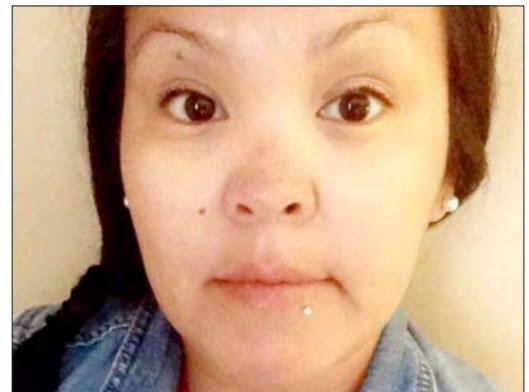
Surveys are filled out on a secure laptop.

All responses are anonymous and confidential.

Angie Dick, from Chawathil, will be helping folks fill out surveys.

Alain and Marguerita Marchand will be assisting Angie get familiar with Seabird Island and its Band Members. Ashley Armstrong will also be providing assistance.

If you have any questions, or would like more information about this project, please email Heather McDonald heathermcdonald@seabirdisland.ca or call her at 604-796-2177. Find out more on www.fnha.ca.



IT'S NOT TOO LATE TO GET YOUR FLU SHOT!

The Centre for Disease Control is predicting a severe influenza season and the good news is that the influenza vaccine is a good match!

Get your flu shot today at Seabird Pharmacy or come and see your Health Nurse.

You're invited to our 1st annual Meet –n– Greet

Winter Time Celebration

Come out and meet our Mental Health team. We will have some Christmas cookies, candy, chocolate, coffee, tea and hot chocolate!

Where: Wellness Centre Downstairs
When: Tuesday, December 6
Time: 11:30 a.m. – 1:00 p.m.



DATE CHANGE

Employment, Training & Social Development

Workshops

We will be hosting ongoing workshops every Tuesday and Wednesday.

THE FOLLOWING WORKSHOPS WILL BE HELD AT THE COLLEGE IN ROOM 15

L Test Workshops: Every Wednesday 1 - 4 p.m.

- Chapters 1, 2 & 3 will be covered on the 1st Wednesday
- Chapters 4, 5 & 6 will be covered on the 2nd Wednesday
- Chapters 7, 8 & 9 will be covered on the 3rd Wednesday
- Open Study/Support Day will be on the 4th Wednesday

Training Application & Funding Request: 1st Tuesday of each month 9 - 4 p.m.

THE FOLLOWING WORKSHOPS WILL BE HELD AT THE BAND OFFICE IN THE UPSTAIRS BOARDROOM

Resume & Cover Letter: 2nd Tuesday of each month 9 - 4 p.m.

Basic Job Search Skills: 3rd Tuesday of each month 9 - 4 p.m.

Interview Skills: 4th Tuesday of each month 1 - 4 p.m.

If you have any questions or would like to register, talk to Pearl at the Employment Centre front desk or call 604-796-6865! Drop-ins are also welcome.

College Students

Do you have questions regarding funding? Stop by the Employment Centre or call to schedule an appointment with either Whyles or Andrea. They are also at Seabird College between 12 - 1 p.m. during the week. Students are welcome to drop in during these times.

Action Plans

Employment action plans are due before the 20th of each month. Appointments can be made with Andrea or Whyles prior to Income Assistance day to avoid waiting in line.

College students are also reminded to bring in your monthly student attendance.

Dates to Remember

Labour Pool Timesheets due: December 9 and 23.

Clothing Donations

Are you running out of space in your closet and dresser? We would graciously accept any clean and gently used clothing donations that you may have. Our clients would really appreciate your generosity.

Rifle Shooting

Youth ages 12-18



Monday, December 5, 12 and 19

Meet at the Youth Trailer at 3 p.m. sharp and we will return by 7:15 p.m.

Youth must wear athletic clothing and bring water and a snack. Most importantly, each Youth must have their parents complete the waiver form online at:

<https://aboriginalsportbc.wufoo.com/forms/m3qokan0p1r6jn/>

Without the form signed, we cannot let the Youth come.

If there are any questions, Contact Tara-Lyn Linton at 604-796-0198 or Tania Carter 604-796-2177.

Canned Food DRIVE

Bring a canned food item to any event from now until December 7 and be entered in to win great prizes!

Each canned food item you donate will give you a chance to win! Canned food donations can be given to Angie Chapman or Chanea Gabriel.

Don't have a canned food item? If you make a donation of \$5 or more, you will receive 30 tickets for our prize draw.

Please make sure you check the expiry date on canned items before making a donation.

Thank you in advance.

All proceeds will go towards supporting our hamper drive this year.

For more information:
604-796-9510

**MAGIC OF
CHRISTMAS
SAT. DEC. 3
9 A.M. - 12 P.M.**



A VISIT WITH SANTA & MRS. CLAUS

Transportation available. No tickets at the door. Gifts available for children ages 0 - 12.

Location: Seabird Island Gymnasium, 2895 Chowat Road

A JOINT PARTNERSHIP BETWEEN:



REGISTER AND PURCHASE TICKETS AT:

Seabird Island Early Childhood Centre

Agassiz Harrison Community Services

Fraser Valley Regional Library - Agassiz Branch

Harrison Hot Springs Village Office

Adults \$2
Children FREE

Must be registered

Community Events Calendar

(S) Sxexlhat	(M) Yila:welhat	(T) Sthémelts	(W) Shlhat
	<p style="text-align: center;">PLEASE NOTE:</p> <p style="text-align: center;">Safety is a priority!</p> <p>We need to keep staff safe so we can keep providing you with delivery services.</p> <p>On delivery days to the community, please ensure your pets are inside or chained-up away from the door in order to receive your deliveries.</p>	<p>Pre/Post & Prenatal Circle - Who can attend? Expecting moms, newborns up to 6 weeks, partners, support person and siblings. Open to families living on-reserve and transportation can be provided. Questions? Call 1-800-788-0322 or 604-796-2177</p> <p>Bodies in Motion - NEW class that focuses solely on pre and post natal fitness and is free for First Nations living on-reserve.</p>	<p>Fitness Centre users will need to show ID at the Front Desk to receive their Centre key after Nov 1st. Tania Carter will be on hand to assist.</p>
4	5	6	7
	<ul style="list-style-type: none"> • Youth Rifle Shooting (12-18yr) 3-7:15 p.m. • Meals on Wheels 5-6 p.m. • Youth Group (10-12yr) 3-5 p.m. • Youth Baking 5-6:30 p.m. • Garbage, Recycle & Compost Day 	<ul style="list-style-type: none"> • Head Start Parents and Tots 10-1 p.m. • Lands Bannock and Tea 10-3 p.m. • Mental Health Meet and Greet 11:30-1 p.m. • Dental and Doctor Walk-in Clinics 1-5 p.m. • Girls Group 3-5 p.m. • Youth Crafts 5-6:30 p.m. • Fire Practice 7-9 p.m. • Training Application and Funding Requests 	<ul style="list-style-type: none"> • Wellness Pancake Breakfast • Pre & Post Natal 11-1 p.m. • L Test Workshop 1-4 p.m. • Community Christmas Concert • Meals on Wheels 5-6 p.m.
11	12	13	14
	<ul style="list-style-type: none"> • Youth Rifle Shooting (12-18yr) 3-7:15 p.m. • Meals on Wheels 5-6 p.m. • Youth Group (10-12yr) 3-5 p.m. • Youth Baking 5-6:30 p.m. • Garbage, Recycle & Compost Day 	<ul style="list-style-type: none"> • Resume and Cover Letter 9-4 p.m. • Head Start Parents and Tots 10-1 p.m. • Dental and Doctor Walk-in Clinics 1-5 p.m. • Girls Group (10-12yr) 3-5 p.m. • Youth Crafts 5-6:30 p.m. • Fire Practice 7-9 p.m. 	<ul style="list-style-type: none"> • Wellness Pancake Breakfast • Prenatal Circle 1-3 p.m. • L Test Workshop 1-4 p.m. • Homework Club 3-5 p.m. • Meals on Wheels 5-6 p.m. • SICS Christmas Concert
18	19	20	21
	<ul style="list-style-type: none"> • Youth Rifle Shooting (12-18yr) 3-7:15 p.m. • Youth Group (10-12yr) 1-3 p.m. • Youth Baking 3-4:30 p.m. • Meals on Wheels 5-6 p.m. • Garbage, Recycle & Compost Day • Hampers & Gift Cards 	<ul style="list-style-type: none"> • Basic Job Search Skills 9-4 p.m. • Head Start Parents and Tots 10-1 p.m. • Dental and Doctor Walk-in Clinics 1-5 p.m. • Girls Group (10-12yr) 1-3 p.m. • Youth Baking 3-4:30 p.m. • Fire Practice 7-9 p.m. • Action Plans Due • Hampers & Gift Cards 	<ul style="list-style-type: none"> • Wellness Pancake Breakfast • L Test Workshop 1-4 p.m. • Youth Group 1-5 p.m. • Meals on Wheels 5-6 p.m. • Election Code Meeting • Income Assistance Check
25	26	27	28
<p><i>Christmas Day</i></p>	<p><i>Boxing Day</i></p> <p>Facilities Closed in Lieu of Christmas</p>	<p><i>Holiday</i></p> <p>Facilities Closed in Lieu of Boxing Day</p>	<ul style="list-style-type: none"> • Wellness Pancake Breakfast • L Test Workshop 1-4 p.m. • Youth Group 1-5 p.m. • Meals on Wheels 5-6 p.m. • Garbage, Recycle & Compost Day

Calendar – December 2016

Days	(T) Sxeó:thels	(F) Sheqátses	(S) T'óqw'tem
<p>need to leave their to access the Fitness ov. 18 - Jan. 4, as be unavailable.</p>	<p>1</p> <ul style="list-style-type: none"> • Head Start Parents and Tots 10-1 p.m. • Boys Group 3-5 p.m. • Youth Fitness 6-8 p.m. 	<p>2</p> <ul style="list-style-type: none"> • Youth Drop-in 3-9 p.m. • Someone So Small • SICS Elementary Reports 	<p>3</p> <ul style="list-style-type: none"> • Magic of Christmas 9-12 p.m. • Chief and Council Meeting
<p>fast 9-10:30 a.m. m. m. s Dinner 5-8 p.m. m.</p>	<p>8</p> <ul style="list-style-type: none"> • Head Start Parents and Tots 10-1 p.m. • Mental Health Meet and Greet 12-1:30 p.m. • Boys Group 3-5 p.m. • Youth Fitness 6-8 p.m. 	<p>9</p> <ul style="list-style-type: none"> • Labour Pool Timesheets Due • Someone So Small • SICS High School Term 2 Interims 	<p>10</p> <ul style="list-style-type: none"> • Christmas Flea Market 9-4 p.m.
<p>fast 9-10:30 a.m. m. m. m. t</p>	<p>15</p> <ul style="list-style-type: none"> • Yoo Hoo Delivery 8-1 p.m. • Elders Pampering 8:30-2 p.m. • Head Start Parents and Tots 10-1 p.m. • Boys Group 3-5 p.m. • Candle Light Vigil 5 p.m. • Youth Fitness 6-8 p.m. 	<p>16</p> <ul style="list-style-type: none"> • Youth Drop-in 3-9 p.m. • Someone So Small • Last Day: Pre-School, SICS & YPP 	<p>17</p> <ul style="list-style-type: none"> • Youth Dinner and Dance 4 p.m. • Chief and Council Meeting
<p>fast 9-10:30 a.m. m. m. 5-7 p.m. que Day</p>	<p>22</p> <ul style="list-style-type: none"> • Head Start Parents and Tots 10-1 p.m. • Boys Group 1-3 p.m. • Youth Fitness 6-8 p.m. 	<p>23</p> <ul style="list-style-type: none"> • Someone So Small • Education Committee Applications Due • Labour Pool Timesheets Due • Last Day: Early Childhood, OOSC & Dental 	<p>24</p>
<p>fast 9-10:30 a.m. m. m. mpost Day</p>	<p>29</p> <ul style="list-style-type: none"> • Youth Outing: Xtreme Air Park 	<p>30</p> <ul style="list-style-type: none"> • Yoo Hoo Delivery 8-1 p.m. • Youth Drop-in 2-9 p.m. • Housing Application Renewals Due 	<p>31</p> <p><i>New Years Eve</i></p>

Housing Waitlist

Don't know your number? Contact Housing 604-796-6932.

1 BEDROOM

1	12222015-1023
2	02192016-1028
3	02222016-1029
4	04152016-1030
5	04282016-1031
6	05032016-1032
7	05302016-1033
8	05302016-1034
9	05312016-1035
10	01122016-3093
11	07062016-1036
12	07142016-1037
13	07202016-1038
14	09232016-1039
15	09272016-1040
16	10112016-1041
17	11012016-2094
18	11072016-2095

2 BEDROOM

1	07292014-3090
2	02102015-1014
3	07082015-1019
4	07232015-2088
5	08052015-2090
6	11092015-1023
7	01122016-3093
8	01282016-1027
9	02222016-1029
10	02232016-3094
11	04152016-1030
12	04282016-1031
13	05032016-1032
14	05302016-1033
15	05302016-1034
16	06132016-2089
17	07062016-1036
18	02032016-4003
19	07282016-4008
20	07262016-2091
21	07282016-2092
22	09082016-4009
23	10042016-2093
24	10112016-1041
25	11012016-2094
26	11072016-2095

3 BEDROOM

1	12192012-3076
2	02062013-3082
3	02082013-3084
4	03192013-3088
5	07082014-3087
6	07292014-3090
7	12092014-1014
8	04102015-1016
9	01122015-1009
10	01142015-1011
11	02042015-3091
12	04282015-3095
13	07232015-2088
14	08052015-2090
15	08262015-3096
16	07082015-1019
17	12302015-3097
18	12302015-3092
19	01042016-4000
20	01252016-4001
21	02232016-4002
22	02032016-4003
23	04152016-1030
24	05032016-1032
25	05172016-4004
26	05272016-4005
27	06132016-2089
28	07062016-3098
29	07132016-3099
30	07252016-4006
31	07272016-4007
32	07282016-4008
33	09082016-4009
34	09162016-4010
35	10252016-4011

If you have outstanding debt with the Band, you will NOT be placed into a rental unit, as per policy.

Please make sure Housing has your current contact information. We must have a working phone number or email address. Unfortunately, if we cannot contact you within 48 hours to offer you an available unit, we will move to the next applicant.

It's time to renew Housing Applications!

It's that time of year again. If you're currently on the waitlist for a home, you will need to renew your application with Housing to ensure that you don't lose your spot!

Housing Application renewals are due by January 1, 2017. Members can begin renewing their applications after November 15. Applications received before November 15 will not be considered renewals.

Pick-up and drop-off applications at the Front Desk.

Be sure to contact Erna O'Brien or Rachael Alexander at 604-796-2177 to begin your renewal process.



Elders
PAMPERING

DECEMBER 15

Open to all community Elders 55+.

Craft Tables • Finger Foods

8:30 a.m. - 2:00 p.m.

Comprehensive Sustainable Community Plan now available

The Comprehensive Sustainable Community Plan has been completed by Tasha Henderson and Zoe Greig and a copy can be found on our website. The Plan is a consolidated document of the member's input from 14 plan documents over a 12-year period. Go to ww.seabirdisland.ca to learn more.

Council and the directors determine which goals are to be worked on by the different departments and develop the organization's objectives that are to be achieved.

The directors and staff develop the strategies to meet the objectives, and the staff develops their work plans or actions to meet the strategies identified. Council plans to review their objectives with Band Member's in the new year so that they can provide input into their 2017-2018 strategic plan.

The goals listed below are derived from the previous planning document.

Plan Areas	ID	High Level Goals
Membership	MBR1	Create a shared understanding of the individual and collective rights and responsibilities of Members
	MBR2	Cultivate a community culture of participation and engagement
	MBR3	Continue to work towards self-sufficiency (new)
Leadership	EGA1	Actively engage Membership
	RT1	Protect and promote our Aboriginal Rights and Title
	COM1	Ensure clear, accessible communication
	GOV1	Ensure effective and accountable leadership
	GOV2	Work toward self-government (new)
	BA1	Ensure equitable and fair practices at the Band level
	BA2	Ensure effective and accountable Administration (new)
Environment	ENR1	Invest in clean, green, and renewable energies to support our development
	PRO1	Protect and enhance the environment for future generations
	WM1	Maintain effective waste management strategies
Community Development	HOU1	Address our housing needs
	ECN1	Build our economy
	ED1	Support educational excellence.
	SP1	Promote sustainable land use and capital planning
Culture, Health, & Wellness	FYE1	Support families, Youth, and Elders
	HW1	Enhance community health
	CUL1	Work to protect and rebuild our culture
	CUL2	Promote and celebrate our culture
	SEC1	Keep our community safe



Community Halloween party winners

Ages 0-3

1st: Woodie
2nd: Unknown
3rd: Wade Peters

Ages 4-8

1st: Marcus Chapman
2nd: Tyler Garner
3rd: Jodene Giroux

Ages 9-13

1st: Queen of Hearts
2nd: Raggedy Ann
3rd: Zebra

Ages 14-18

1st: Aiyana McNeil
2nd: Unknown
3rd: Amber Pennier

Adults

1st: Cameron Garner
2nd: Shannon Peters
3rd: Cheshire Cat

House Decorating Contest Winner

Alain and Marguerita Marchand

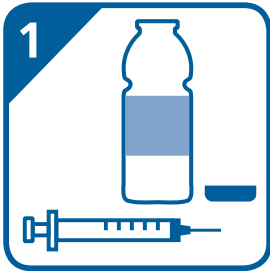
Family Feud Winners

1st: Shelia Stewart & Family
2nd: Helena & Family
3rd: Cameron Garner & Family

DISPOSING NEEDLES SAFELY

If you find discarded needles, broken glass pipes, or other sharp materials in a public place, you can help your community stay safe by calling your local public health unit to find your Community Harm Reduction Distribution Program to arrange collection.

Or, follow these steps to dispose of them safely:



- Find a rigid plastic container (e.g. a pop bottle or liquid laundry bottle)
- Place the bottle on the ground near item to be disposed of
- Do not recap the syringe or break off the needle



- Use gloves with tongs or pliers to firmly grasp the plunger end (the non-sharp end)
- Use one hand and keep it in sight
- Always point the sharp end of the needle down and away from you



- Do not hold bottle in your hand
- Put the needle in sharp-end first and tightly seal



- Dispose of container or bring it to your local pharmacy or public health unit



- Wash hands thoroughly with soap and water afterwards



What if you have been poked, scratched, or cut by used equipment?

- Don't panic. The risk of infection (HIV, Hepatitis B or C) is low.
- Wash the affected area immediately with soap and warm water, do not squeeze.
- Seek medical attention immediately.



Who to call if you don't want to pick it up?

Call your local public health unit for the name of a Community Harm Reduction Distribution Program in your area:

Your Local Public Health Unit

Abbotsford
604-864-3400

Agassiz
604-793-7160

Burnaby
604-918-7605

Chilliwack
604-702-4900

Cloverdale, Surrey
604-575-5100

Guildford, Surrey
604-587-4750

Hope
604-860-7630

Langley
604-539-2900

Maple Ridge
604-476-7000

Mission
604-814-5500

New Westminster
604-777-6740

Newport, Port Moody
604-949-7200

Newton, Surrey
604-592-2000

North Delta
604-507-5400

North Surrey
604-587-7900

South Delta
604-952-3550

White Rock
604-542-4000



Christmas Flea Market

Hosted by Seabird Community Services
Proceeds go towards the Community Food Hampers

Seabird Island Gym
Dec. 10, 2016
Doors open 9:00 a.m. - 4:00 p.m.

There will be:
breakfast/lunch concession
and a 50/50 draw



Vendors:

\$10 per table or two for \$15

To secure your spot, pre-payment is required for your table. Vendors need to arrive by 8:30 a.m. or you forfeit your spot - no refunds will be given.
Contact Chanea or Angie at 604-796-2177



ADMINISTRATION

Patricia Dobrik, Family Counsellor

Tanisi, greetings Seabird Island. My name is Ka Sa Waym Koya (brings blessings) Patricia (Patsi) Dobrik.

I am the granddaughter of Paul and Mable Sawan whom both served and were raised in residential school. I am the daughter of Robert Sawan, a full-blown heroin addict, who one day after 30-years, decided it was time to get clean and heal.

I am the wife to a great man who is father to my now grown children. I am the mother to four amazing sons who walked to hell and back with their single mom to search for healthy. I am the grandmother to five amazing grandchildren who are being raised in an era of healthy; because of those who walked before them decided change was necessary.

This journey began with becoming honest and healing the core hurts. I am so blessed to be a part of a loving family; where we all have each other's best interests at heart.

My family has taught me how to be strong enough to overcome life's difficulties, to be respectful and compassionate, which are traits that serve me well in all aspects of my life.

Whether it is in a one to one counselling session, in a family's life, or my work setting, being a strong team player requires the same traits: cooperation, communication, compassion and respectfulness.

I had always heard be the change you want to see and so I did. I will meet anybody where they are and walk beside anybody wanting to create change.

I will hold the mirror high for you to see the truth, understand the journey will be painful and it will take a lot of work. but it will be worth it! You are worth it!

I look forward to working with each of the four communities I will be serving in.



Tara-Lyn Linton, Youth Worker

I am the new Youth Worker! I currently live in Chilliwack, after moving here from Edmonton 2-years ago. My family still lives there, including my two younger sisters and one younger brother.

In my free time I enjoy swimming, movies, reading, and camping. I also spend some of my time volunteering.

I have a Bachelor of Arts with a major in Psychology from the University of Alberta. I also have an Addictions Studies certificate and a post-graduate diploma in Psychosocial Rehabilitation.

I love working with youth and the energy that they have.

The youth of today have so much potential to make big changes in their community and the world.

Investing time into our youth is so important as they are experiencing so many challenges and surprises as they become more confident in themselves and their gifts.

I hope that I can help youth to learn more about themselves as they continue through their teen years and to use what they are learning about themselves to help others, reach their dreams, and impact the community.

What am I proud of? I am proud to be working here!



Dawn Percher, Family Counsellor

Dawn Percher is our new Family Counsellor. Dawn is originally from southern Ontario and moved to BC in 1997.

Dawn has lived in Chilliwack with her husband and 2 children since 2001.

She worked in Hope and Boston Bar as a Youth Addictions Prevention Coordinator for 5 years after finishing her BA in psychology at UFV in 2006.

She then worked for the Fraser Valley Child Development Centre as a Key Worker, providing education, support and advocacy for the families of children with Fetal Alcohol Spectrum Disorder. She has also worked as a youth addictions counsellor in Chilliwack, and as a mental health clinician for Chilliwack Community Services and MCFD.

She has worked extensively with several Aboriginal

communities in each of these positions, from Delta to Boston Bar.

Dawn recently finished her Master of Arts in Counselling Psychology, and brings a wealth of knowledge and experience to our mental health team.

She specializes in treating trauma, addictions, and grief, and is able to offer individual, couples, family, and group counselling.



Erna O'Brien, Housing Program Manager

My name is Erna O'Brien. I have two daughters (18 and 15) and a son (11) who bring me great joy. As a family we enjoy hiking and traveling together.

The last five years I spent working with Sumas First Nation in Housing. My journey brought me to Seabird Island on Nov. 1 when I began working as the Housing Program Manager.

In my short time here I have the pleasure of meeting a number of members already and I look forward to meeting and getting to know many more.

I thank each of you for the warm welcome.

Family Christmas gift cards

We are establishing a process to make distribution of gift cards much smoother and easier for Members living off-reserve.

This year, you can call ahead of time to arrange for your gift card to be mailed to you or request another Band Member pick-up your gift card.

Elders can also request home delivery of their gift cards by calling Membership. Elders will be notified of delivery dates and times as we get closer to Christmas.

To help us speed up distribution, Band Members are asked to contact membership@seabirdisland.ca or call the Membership Office at 604-796-2177 to verify or update their current contact information.

This will help us ensure that you won't be waiting during the holidays to receive your gift card.

If you have a question or need more information, please contact Angie Chapman or Maggie Pettis at 604-796-2177.

We thank membership in advance.



Youth Christmas DINNER & DANCE

Dinner begins at 4 p.m. in the gym

5 p.m. optional gift exchange
(\$15 unisex gift)

7:00 p.m. dance

**Looking for parent volunteers
to help with dance.**

For more information, contact
Tara-lyn or Jonny at 604-796-0198.

LET'S CELEBRATE

Comic

WebDonuts.com



Moqo's - December

Sagittarius: November 22 - December 21

Key characteristics: Kind-hearted, open-minded, enthusiastic, quick wit and a thirst for knowledge.

Flower: Narcissus & Dandelion

Birthstone: Turquoise

"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home."

- Edith Sitwell

"Yesterday is not ours to recover, but tomorrow is ours to win or lose."

-Lyndon B. Johnson

Halq'eméylem Word Search

s	í	t	h	i	k	w	i	l	t	'	m	w	s	a
l	t	é	e	á	a	l	e	l	x	m	q	q	q	'
x	q	l	y	m	c	k	m	h	í	x	m	w	ó	q
s	t	'	í	y	ó	x	q	'	k	t	m	á	:	í
q	k	s	e	t	q	é	e	e	l	e	e	l	q	m
e	l	x	s	l	l	x	a	l	'	q	l	x	e	a
l	h	á	l	h	q	'	e	t	x	w	l	t	t	t
y	l	l	i	t	l	w	e	s	í	é	é	e	q	h
í	s	l	q	t	:	'	l	q	e	w	l	m	l	e
q	h	h	y	í	q	:	h	h	e	w	i	e	c	q
e	'	é	y	á	á	q	e	'	a	l	h	t	s	á
m	x	o	'	'	l	m	q	k	e	c	h	s	e	t
e	w	q	q	t	h	'	h	t	í	t	h	k	o	q
x	'	e	s	y	é	x	c	h	a	k	é	m	a	a
í	y	t	'	y	é	x	c	h	e	t	s	q	w	í

Words:

- Tree - theqát
- Fall a tree - yeq'á:ls
- Fallen snow - máqa
- Stormy with fine snow in the air - qwálxtem
- A snow drift - sqelyíqem
- Wide snowflakes - lhálhq'etxwl
- A gift - syéxcha
- Give a gift to partner - yéxchet
- Stocking or socks - stókel
- Cake - kíks
- Jesus Christ - Síthikwi
- Sweet - q'áqet'em
- Heaven - chíchel
- Happy - xwoyí:wel
- Cold - xéytl'
- Children - stlít'eqelh
- How beautiful - q'elqwlha
- Decorate with different designs - xelxélest
- Drumming - q'ewétem
- Drink - sqó:qe

Advertising for Seabird Departments and Programs are provided through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

PRINT AD RATES

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Advertisement rates (per issue):

Front Page Color: limited availability
1/4 pg banner (8x2.5) \$40.00
2.5x3 \$25.00

	Full Color:	Greyscale:
8x10	\$135.00	\$37.50
8x5 or 10x4	\$65.00	\$25.00
3.8x5	\$32.50	\$17.50
2.5x3	\$20.00	\$12.50

Classified Advertisements .40¢ per word
\$4.00 Minimum

DIGITAL DISPLAY AD RATES

Per week Rates	15sec	30 sec	60 sec
Full Screen	\$20.00	\$40.00	\$50.00
Banner	\$10.00	\$20.00	\$30.00

Digital advertisements will play
no less than 5 times / day

PACKAGES

Starter	Premium	Starter
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60.00	\$100.00	\$140.00

DISCOUNTS AND FEES:

Only one discount may be applied / order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20.00
Returned Cheque	\$35.00
Late Fee	+3%

All fees are not for profit,
they all help us produce this newsletter.

DEADLINES

Submissions and Advertisements are due 7 business days prior to delivery

DELIVERY

The 15th (or closest business day) and the last business day of each month.

OFFICE HOURS

Monday - Friday 8:00 a.m. - 4:00 p.m.

Phone: 604-796-2177

Have an ad or story idea?

E-mail: comm@seabirdisland.ca

Graphic Design / Layout / Formatting

Sandra Bobb 604-796-6838

E-mail: sandrabobb@seabirdisland.ca

Website: www.seabirdisland.ca

Editing Committee: Sandra Bobb,

Phaine Wegener, Kristy Johnson,

Lori Burns, Heidi Trautmann,

Zorana Edwards-Shippentower,

and Teresa Harper.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of the Seabird Island Band.

Letters to the Editor submissions must be under 300 words. Please include your name, phone number, band number and signature (not for publication), as well as the date and year submitted.

We reserve the right to revise, edit, for length and clarity as well as to classify or reject any advertisement / story submissions.



'Round The Rez

Community Events, Workshops & Outings

OPTOMETRIST CLINIC

January 9 - 11, 2017.

Recommended annual check-ups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65 & up can be seen annually.

Have a medical condition such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

HOURS

Mon. to Thurs.: 8:30 a.m. – 5:30 p.m.

Walk-in Tuesdays: 1:00 – 5:30 p.m.

Fridays: Closed

Accepting new STATUS PATIENTS

WALK-IN PAIN CLINICS *

Every Tues. afternoon from 1:00 - 5:00 p.m.
(first come, first serve)

Please come to the Dental desk and register your name and note your dental problem.

* Patients will be screened & most urgent problems seen first.

BUILDING BOOKING AND MEETING ROOMS

► Gymnasium and Meeting Rooms

Booking forms are required to reserve the gymnasium or meeting rooms.

Contact Angie 604-796-2177.

► Millennium Hall

Contact Sandra 604-796-2177.

FIELD LIGHT BOOKINGS:

Contact Angie Chapman 604-796-2177 to book the field lights for your sports team.

\$2.⁵⁰ for Band Members and
\$8.⁵⁰ for Non-Band Members.

VOLUNTEERS REQUIRED

Contact Angie Chapman 604-796-2177 if you would like to have your name on the list for helping during Band events with set-up, clean-up, cooking, decorating and child minding.

We are always looking for people to help with any functions that we host here at the Band Office.

HAVE YOU HAD A LOVED ONE PASS AWAY?

You will need to send a copy of the death certificate to the First Nations Health Authority. We can help you with the process.

Contact Maggie Pettis 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Ambulance bills – We can only help those with a status number, everyone else has to pay for their own unless it's an ICBC claim.

Unfortunately ambulance bills will not be covered if you have been incarcerated (in jail cell).

Please take note that the Ambulance Billing in Victoria know where you have been incarcerated just by the address provided on the billing.

Please do not bring those in because we are unable to assist, as they will be denied and it will be the client's responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

We can assist people with requesting their medical cards, if they are lost or stolen and need a replacement.

*Each client is responsible for paying for their medical cards! If they've been lost or stolen more than 2 times the cost is \$20.00 for each new card.

Sorry we don't help people get their BC ID.

Contact Maggie Pettis 604-796-2177.

BABIES ID CARDS

Apply for medical for babies as soon as possible. Contact Maggie Pettis 604-796-2177.

Apply for Status Cards for babies as soon as possible. Contact Carol Hope 604-796-2177.

SUNDAY MASS

Mass takes place at the Seabird Church 11 a.m. - 12 p.m on Nov. 20, Dec. 4 and 18, and Jan. 1 and 15.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7 p.m. at the Seabird Island Community Hall.

Website for AA in BC: www.bcyukonaa.org

EMERGENCY / SECURITY:

Emergency	911
Seabird Security	604-991-8635
Griffin Security	604-798-9311

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

GARBAGE SCHEDULE

COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday.

MAJOR GARBAGE: First Wednesday of each month (sign-up at the Band Office with Ashley Bobb)

If you need a Bin dropped off for your major cleaning please submit your request in writing at the office.

Contact Ashley Bobb 604-796-6844, or e-mail: ashleybobb@seabirdisland.ca.

PRINTING SERVICES

The Communications Office is available to provide Band and Community Members with:

- Printing Services
- Copy Services
- Status Card Photos
- Laminating
- Advertising

There is a small fee for these services, please contact us for more information 604-796-2177 or 604-796-6838.

* **Band Member Funeral Pamphlets:**
As per Seabird Funeral Policy:
• 1st 100 color, 1st 250 grey-scale and 1st hours of design time is free.
• Additional or Non-Band Members; inquire for fees.

We are located upstairs in the Band Office.

NOTICE

NO SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community Safety is a Chief and Council priority. Please contact us if you have any concerns.

VOLUNTEERS
NEEDED



*Community
Christmas
Dinner*

Band and Community Members are invited to join us for our annual
Community Christmas Dinner

*December 7 starting at 5:00 p.m.
in the gymnasium*

Santa photos will begin after dinner and
each child will receive a present from Santa.

Please bring your own utensils and plates to help us be environmentally friendly.