



the SEABIRD ISLAND

Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

Mid-February 2017



DIGGING OUT: Seabird recovers from heavy snowfall and freezing rain. *See photos on back cover.*



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Digging out of a snowstorm

Keeping the Office open has been a team effort this winter, with some areas of the Island seeing several feet of snowfall followed by freezing rains.

Chanea and Kim (seen on cover) from the Events team were more than happy to help out with clearing snow from walkways to ensure Band Members and clients could access services.

Dealing with snow, heaving winds and snowdrifts have kept teams busy. Public Works has been out in full force to ensure that roads are safe for residents.

During the storm, they focused on removing snow from main roads and buildings that provide services as well as homes of vulnerable residents and Elders.

This winter has been particularly brutal for residents along Pipehom Road. The removal of the hazelnut field has helped to create extreme weather conditions.

Massive, unsafe snowdrifts have formed and strong cross-winds are causing visibility issues. Due to these conditions, Seabird made the decision to close the road on February 8 until conditions improve.

Chief and Council Meeting

February 18, 8 a.m. - 4 p.m.

Chief and Council Continuation Meeting

February 23

Chief and Council Nomination Packages

NOW AVAILABLE

Packages are available at Reception, from Records, from the Electoral Officer, or on our website.

See pg. 6 for Notice of Nomination



You're invited to our Men's Group

Tuesdays until Feb. 28

5:30 - 7:00 p.m.

College Room #4

Come out and join our Men's Group where we discuss a variety of topics, including: cultural teachings, traditional roles, medicine wheel and healthy lifestyles.

Facilitated by: Willie Charlie

For more information contact Lolly Andrew at 604-796-2177

Pancake Breakfast



Community Members are invited to a Pancake Breakfast at the College Room #4

Every Wednesday from 9 - 11 a.m.

See Tilly Charlie for more information.



Message from the Chief

“I’ve seen worse,” said the Chief as he began to talk about the weather, “the weather we have been having has been interesting. It was worse than that way back in 1996 you know; it is what it is.”

Seabird has had teams working round the clock clearing roads.

“I really appreciate what the crews have been doing to keep things open here and making sure everybody is OK and that our Elders aren’t stuck. They are taking care of that in a very good way.”

As spring approaches, so does the Band General Election.

“Seabird Island is going into a new election process for Chief and Council,” said Chief Seymour.

Under the Indian Act, Seabird Island held a nomination meeting, but under our new Election Code, this has been changed to a nomination period that will begin at 9:00 a.m. on February 28 and end at 4:00 p.m. on March 10.

The Chief wants to ensure that eligible voters are aware of the changes under the new Election Code.

“Chief and Council is capped at eight Council and one Chief and it’s going to a 3-year term. As part of that, you can’t work for the Band and be on Council at the same time,” he explained.

Nomination packages for those wishing to run for Chief and Council are available at Reception, from Records, from the Electoral Officer or on our website. Once completed, packages can be returned to Records or the Electoral Officer.

Chief Seymour is hopeful about the new changes.

“We’ve been fortunate because we never have a huge turnover inside Council and that’s been very important. But I see the new Election Code coming into play and we are going to have a bit of a turnover so it’s going to be interesting. I do believe, as Seabird, that we can work through it.

The 3-year term allows Council to get a better insight into where they want to go and a better understanding of the portfolio system and the many different departments.”

The longer term will also allow newer Council members to have a strong grasp of our partnerships.

“New people coming in have to understand the many different directions we walk in. We have our local communities that we deal with, we have the bigger communities we deal with, like Union of BC Indian Chiefs, BC Assembly of First Nations, and even bigger organizations like the Assembly of First Nations which works across Canada.

They have to have a very good understanding of what the First Nations Health Authority is all about because the Health Authority is taking care of First Nations health across BC. These are the things that they need to have a good understanding of what we have in place and that’s only a small part of what we do.

You take a look at municipalities or the Fraser Valley Regional District, and take a look at BC itself, and how many different things that we need to understand where these are at and then the Federal Government as well as the many different working relationships that we have, like with Forestry or the prison systems and it’s all about creating stability.”

The Chief is also happy to report that key positions have now been filled within the organization.

“All the Director positions are filled and that’s a very important thing. The capacity at the top end is taken care of and is creating stability.

The next few years are going to be very important for creating cohesion and working together.”

The Chief was recently introduced to the new Director of Education, Laurie Bizero, and he looks forward to meeting with her to discuss education.

Things are also moving ahead at the Men’s Treatment Facility. The Chief expects renovations to be completed by Friday, February 10 and training is being discussed.

“They’re discussing providing different kinds of training to staff on how to look after these things.”

Seabird is also discussing the possibility of opening a Women’s Treatment Facility and assessing our needs.

Renovations are also underway at the Millennium Hall and another key topic being discussed in the near future will be office space.

“We have to sit down and look at our office spaces for Seabird because I think we are short-handed on office space,” explained the Chief, saying that most offices now have two or three staff in them.

Read the new Election Code on mySeabird by going to www.seabirdisland.ca



Practice makes perfect... Seabird tests emergency plan activation and implementation skills in mock scenario

A snowstorm was wreaking havoc in the Fraser Valley. Schools canceled classes. A bad car accident closed the Agassiz bridge.

Only one ambulance remained on the Seabird side of Highway 7 and snow mixed with freezing rains were on the way.

That was the scenario Emergency Preparedness trainer Lynn Orstad designed to rigorously test Seabird's emergency plan activation and implementation skills.

From the moment staff arrived at the mock Emergency Operations Center (EOC) on February 1, they became part of the scenario.

As the highest ranking staff member on-site, Lisa Douglas, Director of Finance and Administration, became the Director of the EOC and began assigning staff into roles based on their skills.

Emergency Operations Centers serve as the coordination hub for incident response. They provide a central area where decision makers and response teams gather critical information, coordinate response activities and manage personnel during emergency situations.

Emergency Operations Centers are organized to carry out five major functions: management, planning, operations, logistics and finance. Each plays a very important role in an emergency situation.

Management leads the EOC and its teams; Planning collects, evaluates and disseminates information; Operations coordinates support and on-the-ground personnel; Logistics procures facilities, services, equipment and other materials; and Finance tracks incident costs and payments.

As the storm scenario progressed from light snowfall to extreme weather, teams kicked into high-gear.

Snow plows were sent out, emergency door-to-door bulletins were created, connections were made with local communities and media, supplies were ordered and a warming center for vulnerable residents and Elders was planned in case the power went out.

During hourly Management Officers meetings staff leading key functional areas met to provide updates on current efforts and discussed possible risks and team needs as the scenario grew and the situation changed.

Emergency situations are fluid and always changing and communities have unique needs and threats, which is why Lynn created the emergency scenario to put staff to the test with a real Emergency Operations Centre.

In preparation, staff participated in three “EOC in 90 Minutes” training sessions to learn the roles and duties they would take on in the EOC. During those sessions, staff learned how to set-up an EOC, what each emergency stage means and practiced fundamental support operations and response skills.

Throughout the first part of the mock exercise, Lynn stood by to oversee each action, ensure that nothing was missed along the way and offer feedback based on her past experiences.

Lynn’s past experiences made her the perfect fit to offer training. She’s worked over 40-years in the emergency management field, taking her all over the world. She has helped with relief efforts in communities struck by tornadoes, hurricanes, floods, mudslides and earthquakes.

In 1992, Lynn worked in Florida following Hurricane’s Andrew and Mitch. In 1994, she worked with the International Red Cross to provide humanitarian aid relief to over 350,000 refugees in Rwanda and Tanzania where she worked in close contact with the United Nations High Commissioner for Refugees and the United Nations Children Fund.



Lynn has also worked locally, serving as the Emergency Program Manager at Fraser Valley Regional District for 7 years.

If there was one thing Lynn hoped all participants took home from her training, it would be to take things slowly.

“Take it one step at a time. You look after making the Band safer, making the

community safer, and you just take one step at a time and know that you’ll get through it – no matter what it is,” said Lynn.

Her advice and training couldn’t have been more perfectly timed. Staff put their skills to the test days later as a winterstorm struck our community.

Training will wrap-up in late February.

Optometry Clinic

Dr. Ahmed will be returning to Seabird Island on

March 20 - 22
 April 10 - 12
 June 5 - 6

**Would you like to book an appointment?
 Contact Maggie Pettis at 604-796-2177**

NOTICE OF NOMINATION PERIOD

Notice is hereby given that a meeting of the electors of *Seabird Island* will be held at the *Community Centre* on *Tuesday* the *28th* day of *February, 2017* beginning at *9* o'clock *a.m.* and lasting for at least 10 days, for the purpose of nominating candidates for the positions of Chief and Councilors on the Council of the said, for the next ensuing term. There are **8** Councillor Positions and one (1) position for Chief available.

The election will be held at the *Community Centre* on *Wednesday* the *19th* day of *April, 2017, if the positions are not filled by acclamation.* Also note that any voter may vote by mail-in ballot but they must be registered with the Seabird Island Membership Clerk to receive a mail out ballot.

Please note that any eligible voter may be nominated for the position of Chief or Council but not both by correctly filling out the Nomination Documents and handing them into the Band office or giving them to the Electoral Officer.

Given under my hand at *Agassiz* this *10th* day of *February, 2017.*

Leona Sam - Electoral Officer

Suite 201, 8-6014 Vedder Road

Chilliwack, BC V2R 5P5



Signature Electoral Officer

Telephone: (604) 791 3671



**Laurie Bizero,
Director of Education**

It is with great pleasure that I join you at Seabird Island, as your Director of Education. I look forward to meeting you to hear about your wishes for education for your community. I share your passion for excellence, integrity and a deep respect for language and culture.

I have a diverse educational and administrative background in First Nations, district and international education.

I have worked as a Teacher, Dean of Arts, Vice-Principal, Principal, Director of Education, Superintendent of Education, University Professor in the Department of Education, Researcher and Educational Consultant.

I value strategic planning for department, staff and student success. Immediate and long term successes are celebrated in this framework.

I am married without children and I enjoy theatre, markets, walking and reading. I respect our environment and enjoy exploring out-of-doors alone and with friends. I am looking forward to learning more about your community.

I value your input. I look forward to learning from you and with you for our continued success. I am confident that by holding hands and walking together, it will be done.

Yalh yexw kw' as hoy, thank you.



**Shannon Chapman,
Outreach Coordinator**

Hey everyone! My name is Shannon and I'm excited to fill the new position of Outreach Coordinator for Seabird College!

I am originally from Skawahlook First Nation, and I was born and raised in Agassiz.

I attended Seabird Island Community School at the old school, at the new school and at Seabird College.

I studied Media Communications at UFV, and have an extensive work history in creating newsletters, photography and business administration.

My passion is working for First Nations people and I have dedicated over half of

my working life doing so.

For a number of years, I was the Publications Clerk for Stó:lō Nation. As such, I created their monthly newsletter and attended community events in all of the Stó:lō Nation communities.

I later held the position of Executive Assistant for In-SHUCK-ch Nation for over 10 years and assisted Senior Managers, Chiefs and Councils in treaty negotiations.

Most recently I worked for WorkBC Agassiz as their Resource Coordinator and Workshop Facilitator. In my duties there, I was happy to assist community members in writing their resumes and cover letters and providing employment readiness workshops to them.


Now, as the Outreach Coordinator for Seabird College, I will assist in advertising and marketing programs and helping recruit new students.

I am available to attend community events or career fairs to share information regarding the programs that the College provides. I am very excited to be a part of the Seabird Island team and look forward to seeing everyone in the community.


I can be reached at 604-796-6839 or by email schapman@seabirdisland.ca

FOOD SAFE

Level 1



Wed. February 22 | 8 a.m. - 4 p.m.
Seabird College Bldg. 14 Room C



Contact Leanne Ellis to register
leanneellis@seabirdisland.ca
604-819-6839



Recipe Corner with Val Thomson: Bean and Barley Salad

Total Time: 30 min. | Yield: 12 Servings (3/4 cup each)

Ingredients

- 3/4 cup quick-cooking barley
- 1 can (16 ounces) kidney beans, rinsed and drained
- 1 can (15 ounces) black beans, rinsed and drained
- 1 can (11 ounces) whole kernel corn, drained
- 1 large sweet red pepper, finely chopped
- 6 green onions, chopped
- 1/3 cup minced fresh cilantro

Dressing

- 3/4 cup olive oil
- 1/3 cup red wine vinegar
- 2 garlic cloves, minced
- 1-1/2 teaspoons chili powder
- 3/4 teaspoon salt
- 3/4 teaspoon ground cumin
- 1/4 to 1/2 teaspoon crushed red pepper flakes (optional)
- 1/4 teaspoon pepper

Directions

Prepare barley according to package directions. Transfer to a large bowl; stir in the beans, corn, red pepper, onions and cilantro.

In a small bowl, whisk the dressing ingredients. Pour over salad; toss to coat. Chill until serving.

Nutritional Facts: 246 calories, 14 g fat (2 g saturated fat), 0 cholesterol, 350 mg sodium, 24 g carbohydrate, 6 g fiber, 6 g protein. (Based on 3/5 cup serving)

Val likes to add things like diced tomatoes and cucumber and feta cheese.

Youth Sports Camps

All camps are free for self-identified Aboriginal Youth!

Please check to see what attire is required, and whether the camp is intended for youth ages 6-12, 13-17, or all-inclusive.

Please pre-register your Youth before the event.

Feb. 9 - Mar. 16, Basketball

Location: Soowahlie First Nation

<https://aboriginalsportbc.wufoo.com/forms/q1eciw4m0z45zzn/>

Feb. 9 - Mar. 16, Spirit Lacrosse

Location: Tzeachten First Nation

<https://aboriginalsportbc.wufoo.com/forms/q18rfbgm16clavr/>

Feb. 18, Canoeing

Location: Kwantlen First Nation

<https://aboriginalsportbc.wufoo.com/forms/q1k03j8f05z8pwz/>

Feb. 23 - Mar.16, Lacrosse

Location: Seabird Island Band

<https://aboriginalsportbc.wufoo.com/forms/qkaiqq90xyyl16/>

Feb. 24, Archery with Chilliwack Metis Association

Location: Abbotsford

<https://aboriginalsportbc.wufoo.com/forms/m8sk6hd1cazmqq/>

Mar. 1 and 8, Run Jump Throw camp

Location: Tsawwassen First Nation

<https://aboriginalsportbc.wufoo.com/forms/qk9adkf1d484wb/>

Mar. 5, Wrestling with Stó:lō First Nation

Location: Burnaby

<https://aboriginalsportbc.wufoo.com/forms/m7u541u1bt2uh0/>

Coaching Clinics

These clinics are designed for anyone 16 years of age and older who works with Aboriginal athletes, or is a former athlete and interested in getting into coaching. There are limited spots available, so please register ASAP. As of now, we have no coaching clinics in February, but we are accepting registrations for two upcoming clinics in March.

Mar. 12, Aboriginal Coaching Module

Location: Surrey

<https://aboriginalsportbc.wufoo.com/forms/q19v0h6v180jbbf/>

Mar. 24-25, NCCP Introduction to Competition Training

Location: Surrey

<https://aboriginalsportbc.wufoo.com/forms/m1g1ijdv1857fij/>

For more information please visit our website.

<http://aboriginalsportbc.ca/>

PAID ADVERTISEMENT



Sseqotel
- Circle of
Families:



1. Sseqotel is a group of families formed from Seabird Island Community (24 families) and (x2) families from the Peters Reserve. Sseqotel has a target of 2018 to travel to various parts of the world. Sseqotel logo was designed by the local artist Jason Forseth. Sseqotel will have items for sale with our logo on them like sweaters, sweat pants, prints, t-shirts, jackets. If interested in purchasing please speak to one of Sseqotel members. Sseqotel will be equipped to take Debit, Credit Card transactions very soon.
2. Month of February Sseqotel is booked every Tuesday in the foyer for lunch and breakfast sale from 8:30 a.m. - 1:30 p.m.
3. Flea Market Fundraiser on February 18, 2017 doors open at 8:30 a.m. - 3:30 p.m. Sseqotel will be selling fresh homemade Lemon Meringue Pies and Apple Pies for \$10.00 each at the event, in addition to 50/50. The last winner walked away with \$127.00. Tables are \$10.00 each or x2 for \$15.00.
4. Night out Raffle is drawn on February 24, 2017 at 4:30 pm. **Prize entails:** \$300.00 Chances Voucher, \$80.00 Voucher, \$20.00 cash. \$2.00 for a chance to win.
5. All of our fundraisers have e-transfer availability through any of our members.

Grade 7 - 12 Student Allowances

1st student allowance payment Dec. 15, 2016
(for September, October and November)

2nd student allowance payment Mar. 15, 2017
(for December, January and February)

3rd student allowance payment Jun. 30, 2017
(for March, April, May and June)

Student Allowances are as follows:

Grade 7-10 \$9.00/month = \$90.00/school year

Grade 11 -12 \$19.00/month = \$190.00/school year

Student allowances will be paid by direct deposit for students with bank accounts.

Student allowances are based on monthly attendance.

Student must not miss more than 4 school days per month to be eligible for allowance.

Post-Secondary Application Deadlines

Are you a registered Seabird Island Band Member interested in post-secondary studies to obtain a Certificate, Diploma or Degree? Then **REMEMBER** these important deadlines to apply for post-secondary sponsorship.

Deadlines for **completed** applications are:

April 1	For September (Fall)
October 1	For January (Winter/Spring depending on institution)
January 1	For May (Spring/Summer depending on institution)

Funding of any application is dependent upon available budget. For more information please contact:

Cindy Kelly, Student Services Worker at 604-796-2177 or cindykelly@seabirdisland.ca

Cindy Kelly's office is located at Seabird College.

Employment, Training and Social Development

Stó:lō Career Fair 2017

Stó:lō Nation is hosting a Career Fair on March 1 from 10 a.m. - 3 p.m. at the Tzeachten Community Hall.

If you would like to attend, please see Pearl at the Employment Office or call 604-796-6865 to register.

If there is enough interest, we will provide transportation.

Employment & Training Workshops

We will be hosting ongoing workshops every Tuesday and Wednesday in the Upstairs Boardroom.

L Test Workshops: Every Wednesday from 1 - 4 p.m.

- 1st Wednesday Chapters 1, 2 & 3
- 2nd Wednesday Chapters 4, 5 & 6
- 3rd Wednesday Chapters 7, 8 & 9
- 4th Wednesday open study and support day

Training Application & Funding Request: 1st Tuesday from 9 a.m. - 4 p.m.

Resume & Cover Letter: 2nd Tuesday from 9 a.m. - 4 p.m.

Basic Job Search Skills: 3rd Tuesday from 9 a.m. - 4 p.m.

Interview Skills: 4th Tuesday from 1 - 4 p.m.

If you have questions or would like to register, contact Pearl at the Employment Office 604-796-6865. Drop-ins welcomed.

Labour Pool Timesheets

Rena will be taking a few minutes with each labour pool employee to review how to properly fill out and complete timesheets. She will be reviewing this during timesheet submission.

College Students

Are you still in need of obtaining funding for tuition for your college program? We can help! Come by our Office or call 604-796-6865 to make an appointment with Andrea or Whyles. Drop-ins welcomed.

Action Plans

Employment action plans are due before the 20th of each month.

Appointments can be made with Andrea or Whyles prior to Income Assistance day to avoid waiting in line.

College students are also reminded to bring in their monthly student attendance.

Dates to Remember

Labour Pool Timesheets Due: February 17 and March 3.

Upcoming Elders events



February 15 and 22 - Wednesday Tai Chi
Join us in the Elders Lounge Wednesdays for Tai Chi from 10 a.m. - 12 p.m.

Lunch will be provided after the session.

February 20 and 27 - Monday Tai Chi
Join us at the Millennium Hall Mondays for Tai Chi from 10 a.m. - 12 p.m.

Lunch will be provided in the Elders Lounge after the session.

February 21 and 28 - Elders College
The Elders College meets 9 a.m. - 1 p.m. This is open to all College students for support.

February 27 - Elders Outing

For more information contact Carly Hope, Elders Coordinator at 604-796-2177.

Provided by: Seabird Island Elders Program

Tai Chi

**1st Session Wednesday, February 1
from 10 a.m. - 12 p.m.**

Two classes a week on Mondays and Wednesdays for 8-weeks.

Monday sessions at the Millennium Hall.
Wednesday sessions in the Elders Lounge.



Lunch provided in the Elders Lounge after sessions and transportation available.

For more information contact Carly Hope:
Office: 604-796-6847
Cell: 604-845-5449.

5TH PERIOD TUTORING

3 - 4 p.m. Tuesdays & Thursdays

One-on-one tutoring | Supplies provided

Located in Room 116 at
Agassiz Elementary
Secondary School

“Wisdom is not a product of schooling but
of the lifelong attempt to acquire it.”
- Albert Einstein



Did you forget to renew your Housing Application?

If you didn't renew between
November 15 and January 1, your
number will no longer be on the
Housing Waitlist.

If you would like to reapply, contact
Rachael or Erna at 604-796-2177.

NALOXONE CAN SAVE YOU

A FENTANYL OVERDOSE CAN BE DEADLY
GET A KIT. SAVE A LIFE.

 ANY DRUG CAN BE
CONTAMINATED

 BRING A SOBER BUDDY

 CARRY A NALOXONE KIT



[FRASERHEALTH.CA/OVERDOSE](https://fraserhealth.ca/overdose)

#STOPOVERDOSE

Spirit Lacrosse Program

FRASER REGION



TZEACHTEN FIRST
Ch'iyaqtel NATION

We are looking for Aboriginal youth ages 5-9 interested in trying the sport of Lacrosse. We are offering a free six-week program for entry-level Lacrosse. Youth who complete all six weeks will receive a free T-shirt!



Tzeachten Community Hall
45855 Promontory Road, Chilliwack V2R 0H3

Thursday's
February 9th – March 16th

4:00-5:30PM

Facilitated by: Nick Kojima and Sarah Paradis

Please Fill Out Online Registration Link:
<https://aboriginalsportbc.wufoo.com/forms/ql8rfbgml6clavr/>

Registration Inquiries: Fraser Coordinator Alana Cook 604-807-5334 acook@bcaafc.com
Host Andrew Muth 604-858-3888 andrew@tzeachten.ca



**Aboriginal Sport, Recreation &
Physical Activity Partners Council**

RCMP·GRC

ROYAL CANADIAN MOUNTED POLICE • GENDARMERIE ROYALE DU CANADA

Aboriginal Pre-Cadet Training Program

The Aboriginal Pre-Cadet Training Program (APTP) offers Canadian Aboriginal people from the ages of 19 - 29, the opportunity to get an inside look at the life of a police officer. This summer program provides the selected candidates with hands-on experience in the RCMP's training program.

Those accepted into the program attend a three-week training program at the RCMP Training Academy (Depot) in Regina, from May 22 to June 9, 2017. The training focuses on teaching collaborative problem-solving skills, law enforcement, public speaking, cultural diversity, and facilitating Safe Community Workshops in communities. There are also elements of physical fitness and drill which promote team work and provide students with long-term strategies to meet personal fitness goals.

The RCMP will provide transportation, meals, accommodation, uniform, and along with wages from the 3 weeks of training at Depot.

Basic requirements to apply:

- Be between 19 - 29 years of age
- Be of First Nation, Metis or Inuit descent
- Be a Canadian citizen
- Be of good character
- Be able to pass an enhanced reliability security check
- Be in good physical condition
- Possess a Canadian secondary school (high school) diploma or equivalent
- Possess a valid Canadian driver's licence

For more information on this program, contact

Beverly Pitawanakwat – 604.365-1297
Beverly.Pitawanakwat@rcmp-grc.gc.ca or
E_PreCadet_Program@rcmp-grc.gc.ca

**A CAREER NOWHERE
NEAR ORDINARY**



www.rcmp.ca



Royal Canadian Mounted Police
Gendarmerie royale du Canada

Canada

JOB POSTINGS

Education Assistant

Job ID: JP-2017-006

Under the supervision of school administration, the Education Assistant will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of children more rewarding. Education Assistant's will assist teachers in student assessment and evaluation through observation, recording and data collection. At Seabird Island Community School, Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of all students.

Family Counselor

Job ID: JP-2017-008 | Closing Date: 24 Feb 2017

The Family Counselor is responsible for providing counseling to families, youth, and children regarding addictions and family issues. Counseling will be provided in a culturally sensitive manner on a one-to-one basis, families, in groups, circles and couple's counseling. The Counselor must be able to work from a trauma informed perspective. The Family Counselor will provide services to Band's in which Seabird provides Health Services to and will involve travel to the communities. The Family Counselor will educate the community through workshops to address issues identified. The Family Counselor will facilitate daytime and evening education workshops. The Family Counselor will make referrals for clients to residential treatment centers as required, and help facilitate at the Recovery Home.

Executive Assistant to Director

Job ID: JP-2017-007 | Closing Date: 21 Feb 2017

Under the direction of the Director of Education, the Executive Assistant shall provide administrative and executive secretarial duties in Education Department. This position assists with all matters of an immediate, administrative and task oriented nature and may include managing:

- Day-to-day office operations
- Filing and record keeping
- Scheduling appointments and managing the office calendar
- Putting together and editing correspondence, reports, and presentations
- Taking care of travel and guest arrangements

Residential Support Worker - Night Shifts

Job ID: JP-2016-092

The role of the Residential Support Worker is to support residents struggling with substance use issues to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

Early Childhood Educator

Job ID: JP-2016-060

Under the direction of the Early Childhood Program Manager, the Early Childhood Educator will provide hands-on child care to children in Seabird Island's Early Childhood Education programs on an on-call basis, in accordance with all child care licensing requirements and the philosophies, policies, and objectives established by Management. Possible programs include the Out of School Care, Seabird Island Daycare etc.

Licensed Practical Nurse (LPN)

Job ID: JP-2017-009 | Closing Date: 24 Feb 2017

The LPN's will be responsible for providing routine care, observing patients' health, assisting doctors and registered nurses and communicating with patients and their families. This will also include improving the quality of life of the client community members by assisting them to make healthier lifestyle choices; promote client dignity, independence, comfort, mobility, personal appearance and safety; and to provide support to the Community Health Nurse and /or Home and Community Care nurse.

These goals are to be achieved by using the professional public health knowledge.

View more detailed information about these and other opportunities, or to apply for current opportunities:

<https://seabirdisland.startdate.ca>

Please ensure you have received confirmation for your online submission. If you have not received confirmation please contact humanresources@seabirdisland.ca.

Job postings are also available at the Band Office and the Employment, Training and Social Development Office.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references.

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

Advertising for Seabird Departments and Programs are provided through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

PRINT AD RATES

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Advertisement rates (per issue):

Front Page Color: limited availability

1/4 pg banner (8x2.5)	\$40.00
2.5x3	\$25.00

	Full Color:	Greyscale:
8x10	\$135.00	\$37.50
8x5 or 10x4	\$65.00	\$25.00
3.8x5	\$32.50	\$17.50
2.5x3	\$20.00	\$12.50

Classified Advertisements .40¢ per word
\$4.00 Minimum

DIGITAL DISPLAY AD RATES

Per week Rates	15sec	30sec	60sec
Full Screen	\$20.00	\$40.00	\$50.00
Banner	\$10.00	\$20.00	\$30.00

Digital advertisements will play no less than 5 times / day

PACKAGES

Starter	Premium	Starter
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60.00	\$100.00	\$140.00

DISCOUNTS AND FEES:

Only one discount may be applied / order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20.00
Returned Cheque	\$35.00
Late Fee	+3%

Fees are not for profit and they help us produce this newsletter.

DEADLINES

Submissions and Advertisements are due 7 business days prior to delivery

DELIVERY

The 15th (or closest business day) and the last business day of each month.

OFFICE HOURS

Monday - Friday 8:00 a.m. - 4:00 p.m.

Phone: 604-796-2177

Have an ad or story idea?

E-mail: comm@seabirdisland.ca

Graphic Design / Layout / Formatting

Sandra Bobb 604-796-6838

E-mail: sandrabobb@seabirdisland.ca

Website: www.seabirdisland.ca

Editing Committee: Sandra Bobb,

Phaine Wegener, Kristy Johnson,

Lori Burns, Zorana Edwards-Shippentower,

Rose Nijkamp and Teresa Harper.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of the Seabird Island Band.

Letters to the Editor submissions must be under 300 words. Please include your name, phone number, band number and signature (not for publication), as well as the date and year submitted.

We reserve the right to revise, edit, for length and clarity as well as to classify or reject any advertisement / story submissions.



'Round The Rez

Community Events, Workshops & Outings

OPTOMETRY CLINIC

March 20 - 22

Recommended annual check-ups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65 & up can be seen annually.

Have a medical condition such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

HOURS

Mon. to Thurs.: 8:30 a.m. - 5:30 p.m.

Walk-in Tues.: 1:00 - 5:30 p.m.

Fri.: Closed

Accepting new STATUS PATIENTS

WALK-IN PAIN CLINICS *

Every Tues. afternoon from 1:00 - 5:00 p.m.
First come, first serve.

Please come to Dental to register your name and note your dental problem.

* Patients will be screened and the most urgent problems will be seen to first.

BUILDING BOOKING AND MEETING ROOMS

► **Gymnasium and boardrooms** located within the Band Office. All requests must be submitted using a rental form.

Contact Angie Chapman 604-796-2177.

► **Millennium Hall.**

Contact Sandra Haukeland 604-796-2177.

FIELD LIGHT BOOKINGS:

Contact Angie Chapman 604-796-2177 to book the field lights for your sports team.

\$2.⁵⁰ for Band Members and
\$8.⁵⁰ for Non-Band Members.

VOLUNTEERS REQUIRED

Contact Angie Chapman 604-796-2177 if you would like to help during events with set-up, clean-up, cooking, decorating and child minding.

HAVE YOU HAD A LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.

Contact Maggie Pettis 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Ambulance bills - We can only help those with a status number, everyone else has to pay for their own unless it's an ICBC claim.

Unfortunately ambulance bills will not be covered if you have been incarcerated (in jail cell).

Please take note that the Ambulance Billing in Victoria know when you have been incarcerated just by the address provided on the billing.

Please do not bring those in because we are unable to assist, as they will be denied and it will be the client's responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

We can assist people with requesting their medical cards, if they are lost or stolen and need a replacement.

*Each client is responsible for paying for their medical cards! If they've been lost or stolen more than 2 times the cost is \$20.00 for each new card.

Sorry we don't help people get their BC ID.

Contact Maggie Pettis 604-796-2177.

BABIES ID CARDS

Apply for medical for babies as soon as possible. Contact Maggie Pettis 604-796-2177.

Apply for Status Cards for babies as soon as possible. Contact Carol Hope 604-796-2177.

SUNDAY MASS

Mass takes place at the Seabird Church 11 a.m. - 12 p.m. on the 1st and 3rd Sunday of each month.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7 p.m. at the Seabird Island Community Hall.

Website for AA in BC: www.bcyukonaa.org

EMERGENCY / SECURITY:

Emergency	911
Seabird Security	604-991-8635
Griffin Security	604-798-9311

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

GARBAGE SCHEDULE

COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday.

MAJOR GARBAGE: 1st Wednesday of each month, by request.

If you need a **Bin dropped off** for your major cleaning please submit your request in writing.

Contact Ashley Bobb 604-796-6844, or e-mail: ashleybobb@seabirdisland.ca.

PRINTING SERVICES

The Communications Office is available to provide Band and Community Members with:

- Printing Services
- Copy Services
- Status Card Photos
- Laminating
- Advertising

There is a small fee for these services, please contact us for more information 604-796-2177 or 604-796-6838.

* **Band Member Funeral Pamphlets:**

As per Seabird Funeral Policy:

- 1st 100 color, 1st 150 grey-scale and 1st hours of design time is free.
- Additional or Non-Band Members; inquire for fees.

We are located upstairs in the Band Office.

NOTICE

NO

SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority. Please contact us if you have any concerns.

Winter Wonderland

