

www.seabirdisland.ca June 2017



# **INSIDE**

Recreation Newspg.2
Welding Students Take First Stepspg.3/4
MS Office Certificationspg.5
Speech and Language Assistantpg.6
Halq'eméylem Translation Contestpg.7
STEP Visits Seabird Collegepg.8
Burning Along Pipehompg.9
Community Calendarpg.10/11
Summer Safetypg.12
Gym/Kitchen Booking Guidelinespg.13
Foyer Fundraiserspg.14
Housing Waitlistpg.15
Job Postingspg.16
Classifiedspg. 17/18
Advertisementspg.19

# Seabird Island Lands Invites you to attend

BANNOCK 

Tuesday, June 13 10 a.m. - 3 p.m.



Closure We will be closed June 21 for **Aboriginal Day** 

# **HEALTH & SOCIAL DEVELOPMENT**

# Recreation news

Recreation will be hosting a special canoe sports camp with Seabird Island Community School students June 13 and 15 from 10 a.m. - 2 p.m. Please drive carefully near the slough area during these times.

Baseball Camp has one last session planned for June 1. So far, over 36 children and Youth, ages ranging from 6-17 have participated.

Stay in the loop with upcoming sports camps. Like facebook.com/SeabirdRec to stay current on all sports camps, fitness center activities, closures, etc.



# Donate now at the Health Centre!

Children's Book Exchange supported by the Seabird Island Health Center.

Chief and Council Meeting Saturday, June 17 from 8 a.m. - 4 p.m. Chief and Council Continuation Thursday, June 22 from 4 - 8 p.m.



# Emergency landing

A small plane made an emergency landing on Seabird in late May. The plane's pilot made repairs to the aircraft and hopes to fly out soon. Both Lands and Sqéwqel Development Corporation have been monitoring the situation as repairs take place.

# Students are taking the first step to a welding career in a unique program at Seabird College



There are no shortcuts to becoming a pipeline welder. It takes years of study, work experience and certification.

Some Aboriginal students at Seabird College are taking the first step. They're in a six-month welding foundation program that Seabird offers in partnership with Thompson Rivers University (TRU). Kinder Morgan Canada is one of sponsors of the program, which is funded by the BC Ministry of Advanced Education's Aboriginal Community Based Training Partnerships Program.

TRU provides the instructor, a mobile classroom, the welding equipment and a certificate of completion for program graduates. Seabird College, in the eastern Fraser Valley near Agassiz, is known for its long-term success at helping Aboriginal adult learners earn their Dogwood Diploma for completion of Grade 12 and for a wide range of career-focused post-secondary programs.

The welding students come from communities around British Columbia — Haida Gwaii, Bella Coola, Canim Lake, Boston Bar, Lytton, Hope, Mount Currie and the Fraser Valley. They're all looking for the same thing, a secure, rewarding,

well-paying, family-supporting trade.

The College provides more than just a venue for aspiring welders— there's a concurrent academic program so they can obtain a Dogwood and a wide range of support programs. There's a tutor for those needing academic help, transportation to and from school, lunches, access to a health clinic and family counselling — a whole life package to help students launch themselves into the workforce.

"The program Seabird College offers with us is unique in the province. Nobody else does it," welding instructor Michael Grainger explained. "There's a huge need for this type of program where we can knit TRU and a First Nation education program together and make it work for the students."

Aaron John from the Chawathil First Nation near Hope already has some experience in the oil and gas patch and wants to work his way back there.

"I've been through a Seabird program previously — the oil and gas field operator course," John said. "I went up north to do that a bit and ended up falling

into a job as a welder's helper. I saw the work and I liked it. And the money is really good. When I got back down here, I heard through Seabird that they had some openings so I thought I'd give it a try — and I like it. I wouldn't say it's easy, but it's fairly easy for me."

"I want to go back north again, eventually."

Stacia Thompson, also from Chawathil, learned about the welding program through a friend and discovered it wasn't as difficult as she imagined it would be.

"I don't want to work for minimum wage for the rest of my life," she said.

Gerrit Bittner was working for his dad's logging company in Bella Coola. He's looking for a full-time, year-round trade.

"I'm a young man, 24, and I'm starting a family pretty soon so I have to get to work. It's hard living off what I can make from logging. It can last anywhere from four to 10 months in a year. But it's always seasonal so I have to get something a little more steady.

...CONTINUED ON PG. 4





#### ...CONTINUED FROM PG. 3

"My little brother completed the welding course through TRU in Kamloops and he thoroughly enjoyed it. I'd heard many good things about Seabird College. After you're done with the program, they help you find a job and assist you in any way they can."

"Two friends went through the exact same course. They both have great jobs now and are very happy with what they're earning and what they're doing."

"It's going well so far. I wouldn't say it's easy. I've never welded before in my life. It's something new to learn, something exciting. And Mike is a great teacher. He makes sure we get our cuts pretty darn straight on everything we're doing. We're getting a lot of good practice in."

Richard Campbell from Lytton First Nation had no previous welding

experience but he'd worked with welding kits, doing things like cutting steel at construction sites.

"I'm learning a lot about different metals, about the dangers that come along with acetylene and arc welding and whatnot. Mike's a great teacher. I'd be willing to move for work."

Jeremy Archie from Canim Lake took trades courses like woodworking and mechanics in high school. At 20, he took an introductory welding course and got hooked. His grandfather, he added, was also a welder.

"My father is in the mill. He builds plyboards and mostly runs the machinery. His father was a welder, an old-school welder and I really enjoyed the way he talked about it."

His other motivator stems from a practicum he did at a fabrication ship

in 100 Mile House as part of a welding introductory program.

"They said if I get my foundation they'd accept me for working there."

Bradley Peters from the Lil'wat Nation at Mount Currie said welding experience will be an asset to a career in auto mechanics.

"This opportunity showed up, so I moved here with my girlfriend. We're having a baby in April," Peters said. "I did a bit of welding in my service technician level one training and I really enjoyed it. It will assist me in my automotive ticket. I'm planning on working in a mechanics shop."

Peters said he has a potential Fraser Valley employer lined up who likes the idea that he would have a welding foundation course as well as an automotive ticket.

# Closed for training

# The Health and Social Development Department will be closed for training June 8 - 9.

Some essential services will be in operation, however, most staff will not be in the office. Contact your service provider for more information about closures.

We apologize for any inconvenience. Services will return to normal on June 12.



# Ceremony recognizes nine staff who completed the pilot Microsoft Imagine Academy and Jasperactive training

It was smiles all around when April Mitchell, Connie LeBlanc, Ashley Armstrong, Andrea Paul, Leanne Ellis, Doreen McIntyre, Rachael Alexander, Robyn Cobon and Erna Paul received their certificates for completing the Microsoft Imaging Academy and Jasperactive pilot project.

The project, funded by the First Nations Technology Council, invited fifteen individuals to take part, however, nine were able to complete the project successfully.

Carolyne Neufeld, project champion and Monique Dillon, instructor, distributed the certificates to the students May 3 and awarded them with iPads in recognition of their hard work and dedication.

The participants are now moving on to expert level certification and will continue to upgrade their skills and knowledge further.

The group of successful students represents a pioneering group of staff dedicated to enhancing their proficiency to effectively complete job-related duties and are an example to the rest of the staff and community.

Microsoft Imagine Academy and Jasperactive is now open to all staff and Seabird College students to learn about Microsoft Office Productivity Tools and is an excellent opportunity to ensure their skills meet current workplace demands.

The Microsoft Imagine Academy

and Jasperactive program is highly customizable and allows the instructor to teach each individual based on their unique skill level.

The program combines web-based and instructor led delivery methods to help students complete the program at the College or at home.

At Seabird College, student success is our priority.

Instructor Monique Dillon is available for personal, one-on-one guidance throughout the course as well as for exam preparation.

Contact Monique at 604-796-6903 or call Seabird College at 604-796-6839.



# Seabird College www.seabirdcollege.ca



# We have several new programs starting soon:

- Adult Dogwood (Grade 12)
- Automotive Collision Repair
- Business Administration
- Bridging to Trades
- Construction Craft Worker
- Early Childhood Education
- Education Assistant
- First Nations Speech and Language Assistant
- Hairstyling & Introduction to Aesthetics
- · Health Care Assistant
- Heavy Mechanical Trades Foundation
- Welding Foundations
- · Women in Trades

All programs are pending student enrolment.

Ph: 604-796-6839 | Fax: 604-796-1124 admissions@seabirdcollege.ca www.seabirdcollege.ca



# **Everyone is welcome** at Seabird College

First Nations Speech and Language Assistant Certificate Program
September 2017 (Pending student enrolment)



This program is for educators of First Nations early childhood and school-aged children. Learn how to encourage the devlopment of communication skills in speech and language. The program schedule is after school hours; the certificate involves 105 classroom hours. All seven courses in this program incorporate Stó:lō culture.

Come and meet the instructor and find out how this program will make a difference in the work you do.

# Two information sessions will be held:

June 6 from 6 - 8 p.m. at Seabird College 2812 Chowat Road, Agassiz

June 7 from 6 - 8 p.m. at Chehalis Community School Library, 99 School Road, Chehalis

Seabird College 2812 Chowat Road PO Box 650 Agassiz, BC VOM 1A0 Phone: 604-796-6839 Fax: 604-796-1124 www.seabirdcollege.ca admissions@seabirdcollege.ca

Courses run as scheduled pending student interest and enrolment.

# Seabird K-3 take first place at Halq'eméylem Translation Contest



Twenty-eight teams filled the Semath Longhouse on April 28 to try to win this years' Halq'eméylem Translation Contest. Co-hosted by the Abbotsford School District #33 and Lalme' Iwesawtexw, the event drew 128 participants ranging from age 4 to adults. The 28 teams represented the Abbotsford School District, Chilliwack School District, Sts'ailes Community School, Squiala Elementary School, Lalme' Iwesawtexw and the University of the Fraser Valley.

Ray F. Silver welcomed the participants on behalf of the Semath Longhouse during the opening ceremony.

Darlene MacDonald from the Abbotsford School District gave opening remarks.

"The amazing Abbotsford School District team took care of logistics, and over seen the management of the contest process. Chilliwack School District, Abbotsford School District and Lalme' Iwesawtexw singers and drummers (ages 7-19) ceremoniously lead the contestants into the longhouse with Pete Silver and Chris Thomas," explained Dianna Kay.

"This year we shortened the list, we focused on dialogue between the senior teachers and the students of the language. Our dedicated judges and senior teachers provided a wealth of knowledge and

support for our new learners: Rachelle Silver, Bibianna Norris, Judy Douglas, Jessica Malloway, Camielle Laslo, Diana Charlie, Charlene Thomas, Dr. Strang Burton, Dr. Gwen Point, Joe Kelly and Kia Oshea. Yálh lixw kw'a'as hò:y Ewewesteleqs."

Winning teams included:

- K-3 Seabird Neilson
- 4-8 Fraser Middle School
- 9-12 Sts'ailes Community School
- Adult University of the Fraser Valley (Kai Thompson)

The Halq'eméylem Translation Contest wouldn't be possible without our sponsors:

- Abbotsford School District
- Fraser Cascade School District
- Lalme' Iwesawtexw
- Coqualeetza Training and Education Centre
- Cultural Learning Centre (Seabird Island, sash sewing)

"Abbotsford School District provided a catered lunch by Stó:lō Catering, with a light snack in the morning and bottomless drinks. Semath Construction ensured the safety of the children. Semath Longhouse men who provided the wood for our fires and Hunter Silver-Kay for keeping fires lit."

"We were honoured by all the participation and energy given to our Halq'eméylemqel. The judges all agreed, the judging process was difficult because the students' retention of knowledge, articulation of sound was spot on and their speech was fluid! We are giving our language breath!" said Dianna.

A Slahal Tournament coordinated by Rick Joe of Chilliwack Senior High school also took place during the Contest. Seven teams entered representing Sts'ailes, Seabird, Chilliwack School District. Winners included:

1st Seabird Thunderbirds

2<sup>nd</sup> Lalme' Iwesawtexw S'io:tel (Warriors)

3<sup>rd</sup> Lalme' Iwesawtexw Stegó:ya (Wolves)

Li tsel ó:xwest kw'e slháqwem te Halg'eméylemgel!

Continue to give our language breath!



# STEP BC visits Seabird College

It was a busy day for students in the Heavy Equipment Operator, Welding and Construction Craft Worker classes when Isabel McLean stopped by. Isabel is a Regional Employment Placement Specialist working for Skilled Trades Employment Program of BC, or STEP BC. Isabel travels to trade schools and trade programs in the region to meet students and help prepare them for employment.

STEP BC operates 11offices throughout British Columbia to help connect employers with skilled trade workers. Through close relationships with industry leaders, STEP BC assists motivated, educated, skills and hardworking trade workers and students with employers.

Trades jobs are in high-demand. In the days leading up to her visit to Seabird College, Isabel received four phone calls from employers looking to hire welders. Many employers are looking to hire multiple workers at the same time and usually need to fill positions as soon as possible.

A certified road building and welder herself, Isabel had many words of encouragement for Seabird College students. Above all, she encouraged students stay in school, maintain good attendance and get the best grades they can.

Students looking for first time employment often struggle to find work because of a lack of experience; however, STEP BC can speak to employers on behalf of students to share their successes and offer information related to the students' dedication and grades.

One thing Isabel stressed was the importance of having a driver's license. Some jobs in trades require a lot of travel. Once one contract is finished, workers move on to the next one. If they don't have a license, they don't have a job.

Speaking from his own experience, Mike Grainger, Thompson Rivers University (TRU) Welding instructor stated, "money isn't everything when you get out into the workforce. You need to consider everything such as pension, benefits, production bonuses, holiday time, and travel time. If you can get a job you love in your own community that means a lot."

As soon as students complete their trades education they are encouraged to contact STEP BC for assistance with job placement. Eligible students may also receive funding to purchase new equipment for the hob.

Attitude is key - those new to the trades industry are encouraged to show up to work wearing their steel toe boots, and tool pouch. Don't expect to make big money right away, companies may have new workers cleaning shops for a few weeks to test them and get to know their character and work ethic before offering you work. This still provides students with the opportunity to earn their house to become certified, so be patient and keep a positive attitude.

Seabird College offers mental, physical and emotional support to ensure every student has the opportunity to succeed. We take the time to listen to our students and assist them any way we can. Seabird College is open to anyone with many new programs starting in September.

To learn more, contact Seabird College at 604-796-6839.



# **SEABIRD ISLAND PRE-SCHOOL**

# 3's and 4's Program

Stop by the Early Childhood Centre or call 604-796-6855 or 604-796-6854.



# Burning on Pipehom from June 1 – December 3, 2017

Sqéwqel Development Corporation has found Eastern Filbert Blight Virus on some of our crop trees, so we need to cut and burn the wild hazelnut trees that are infected in the community.

Farm staff will be burning wild hazelnut trees in the old hazelnut crop located along Pipehom Rd. from June 1 – December 3, 2017. For safety concerns, please be aware of where your children are playing. The burning will be monitored by staff at all times

If you have any questions, contact Sqéwqel at 604-796-2177.



# EARLY DETECTION SAVES LIVES

# Screening Mammogram Clinic Friday, August 18

Having regular screening mammograms has helped to reduce deaths from breast cancer in BC women by 25%. By age 50, women should make screening mammograms part of their regular health routine and have them at least once every two years.

If you are 40 years old or older and would like to schedule a mammogram, book your appointment by completing a registration form available at the Health Centre.

For more information, contact: Kristi or Maggie

Book today 604-796-2165

• Education Awards 5-8

• Youth Council 5:30-7 p.

• Income Assistance Che

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	PLEASE NOTE:  Safety is a priority!  We need to keep staff safe so we can keep providing you with delivery services.  On delivery days to the community, please ensure your pets are inside or chained-up away from the door in order to receive your deliveries.	Pre & Post Natal and Prenatal Circle Who can attend? Expecting moms, newborns up to 6 weeks, partners, support person and siblings. Open to families living on-reserve and transportation can be provided. Questions? Call 1-800-788-0322 or 604-796-2177  Bodies in Motion - NEW class that focuses solely on pre & post natal fitness and is free for First Nations living on-reserve.	
4	5	6	CICC Veen End Devy Me
• SICS Outdoor Education Trip June 4 - 6	<ul> <li>Youth 10-12yr 3-5 p.m.</li> <li>Meals on Wheels 5-6 p.m.</li> <li>Youth Baking 5-6:30 p.m.</li> <li>Garbage, Recycle &amp; Compost</li> </ul>	<ul> <li>Elders Meeting 10 a.m.</li> <li>Head Start Parents &amp; Tots 10-1 p.m.</li> <li>Elders College 10-1:30 p.m.</li> <li>SICS Canoing 10-2 p.m.</li> <li>Dental &amp; Doctor Walk-in Clinics 1-5 p.m.</li> <li>Youth 13-18yr Peer Mentoring/Drop-in 3-6:30 p.m.</li> <li>Fire Practice 7-9 p.m.</li> </ul>	<ul> <li>SICS Year End Pow Wow</li> <li>Pancake Breakfast 9-10:</li> <li>Elders Tai Chi 10 a.m.</li> <li>Pre &amp; Post Natal 11-1 p.</li> <li>Youth Éyem 13-18yr 3-5</li> <li>Homework Club 3-5 p.r.</li> <li>Meals on Wheels 5-6 p.r.</li> <li>Seabird College First Na Language Information</li> </ul>
11	<ul> <li>Youth 10-12yr 3-5 p.m.</li> <li>Meals on Wheels 5-6 p.m.</li> <li>Youth Baking 5-6:30 p.m.</li> <li>Garbage, Recycle &amp; Compost</li> </ul>	• SICS High School Canoeing 10-12 p.m. • Head Start Parents & Tots 10-1 p.m. • Elders College 10-1:30 p.m. • Lands Bannock & Tea 10-3 p.m. • Dental & Doctor Walk-in Clinics 1-5 p.m. • Youth 13-18yr Peer Mentoring/Drop-in 3-6:30 p.m. • Fire Practice 7-9 p.m.	<ul> <li>Pancake Breakfast 9-10:</li> <li>Prenatal Circle 1-3 p.m.</li> <li>Elders Tai Chi 10 a.m.</li> <li>Youth Éyem 13-18yr 3-5</li> <li>SICS Grade 7 Graduati</li> <li>Homework Club 3-5 p.r.</li> <li>Youth Workshop 5-7 p.r.</li> <li>Youth Council 5:30-7 p.</li> <li>Meals on Wheels 5-6 p.r.</li> </ul>
18 • Fathers Day	<ul> <li>Youth 10-12yr 3-5 p.m.</li> <li>Meals on Wheels 5-6 p.m.</li> <li>Youth Baking 5-6:30 p.m.</li> <li>Garbage, Recycle &amp; Compost</li> <li>Legal Clinic</li> </ul>	<ul> <li>Hearing Clinic 9-4 p.m.</li> <li>Head Start Parents &amp; Tots 10-1 p.m.</li> <li>Elders College 10-1:30 p.m.</li> <li>Dental &amp; Doctor Walk-in Clinics 1-5 p.m.</li> <li>Youth 13-18yr Peer Mentoring/Drop-in 3-6:30 p.m.</li> <li>Fire Practice 7-9 p.m.</li> <li>Income Assistance Submissions Due</li> </ul>	• Aboriginal Day Celebra Aborlolu Facilities
25		• Head Start Parents & Tots 10-1 p.m. • Dental & Doctor Walk-in Clinics 1-5 p.m.	<ul> <li>Pancake Breakfast 9-10:3</li> <li>Elders Tai Chi 10 a.m.</li> <li>Bodies in Motion 1-3 p.</li> <li>Youth Éyem 13-18yr 3-5</li> <li>Meals on Wheels 5-6 p.1</li> <li>Youth Workshop 5-7 p.1</li> <li>Education Awards 5-8</li> </ul>

• Youth 13-18yr Peer Mentoring/Drop-in 3-6:30 p.m.

• Fire Practice 7-9 p.m.

• Youth Baking 5-6:30 p.m.

• Legal Clinic

• Garbage, Recycle & Compost

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	• Yoo Hoo Delivery 8-1 p.m. • Head Start Parents & Tots 10-1 p.m. • Youth "Who We Are" 3-5 p.m. • Youth Fitness 5-7 p.m.	• Someone So Small • Youth Resiliency Drop-In 13-18yr 3-9 p.m.	3
7 30 a.m. m. 5 p.m.	8	9	10
n. m. tions Speech and Session 6-8 p.m.	<ul> <li>Elders Meeting 10-12 p.m.</li> <li>Seabird College First Nations Speech and Language Information Session 6-8 p.m.</li> </ul>	Summer Recreation Registration Deadline	
30 a.m. 14	15	16	17
5 p.m. <b>on</b> n. n. m. m.	<ul> <li>Yoo Hoo Delivery 8-1 p.m.</li> <li>Head Start Parents &amp; Tots 10-1 p.m.</li> <li>Youth "Who We Are" 3-5 p.m.</li> <li>Youth Fitness 5-7 p.m.</li> <li>SICS High School Cultural Sports Day</li> </ul>	<ul> <li>SICS Elementary Cultural Sports Day</li> <li>SICS High School Exam Week Begins</li> <li>Someone So Small</li> <li>Youth Resiliency Drop-In 13-18yr 3-9 p.m.</li> </ul>	• Chief & Council Meeting 8-4 p.m. • Youth Outing Castle Fun Park
21	22	23	24
tion 10-2 p.m. Al Day Closed	<ul> <li>Head Start Parents &amp; Tots 10-1 p.m.</li> <li>Infant Massage 1-2:30 p.m.</li> <li>Youth "Who We Are" 3-5 p.m.</li> <li>Chief &amp; Council Continuation 4-8 p.m.</li> <li>Youth Fitness 5-7 p.m.</li> <li>SICS High School Exam Week Ends</li> </ul>	<ul> <li>Someone So Small</li> <li>Youth Drop-In 13-18yr 1-8:30 p.m.</li> <li>SICS Last Day / Waterslides</li> </ul>	
<sub>0 a.m.</sub> 28	29	30	
m. 5 p.m. n. n. <b>p.m.</b> m. <b>que</b> Day	<ul> <li>Head Start Parents &amp; Tots 10-1 p.m.</li> <li>Youth "Who We Are" 3-5 p.m.</li> <li>Youth Fitness 5-7 p.m.</li> </ul>	<ul> <li>SICS High School Graduation</li> <li>Someone So Small</li> <li>Youth Resiliency Drop-In 13-18yr 3-9 p.m.</li> <li>Housing Tenancy Renewal Deadline</li> <li>Yoo Hoo Delivery 8-1 p.m.</li> </ul>	

# **Summer Safety**

# **Sun Safety**

Sunburns are caused from over exposure to UV rays. Over exposure can cause skin damage and increase risk of skin cancer or cataracts of the eye later in life.

- Wear sun glasses
- Apply 30+ SPF sunscreen and avoid the sun at high UV levels, between 10 a.m. - 4 p.m.



# **Water Safety**

First Nation children have high rates of early deaths from drowning. Use extra caution near the water and never go to the river or lake alone.

- Wear life jackets
- Avoid alcoholic beverages when on or near the water
- Stay hydrated and don't over work yourself



# **Bike Safety**

Wear a helmet and safety gear when riding a bike. Always ride with traffic, single file and stay close to the curb. Obey traffic signals and signs.

- Use your hand signals for turning and stopping
- Use a bike light to see and be seen in the dark
- · Wear reflective clothing at night



# **Bear Safety**

Do not feed wildlife, ensure no foods are left around your property or campsite. If you go for a walk, let others know where you are going and when you plan to return.

- Use bear resistant garbage cans
- · Clean your BBQs and ensure no food is left out
- Stay in a group and keep children close

# Gymnasium and kitchen booking guidelines

If you'd like to book the gymnasium or kitchen, please Chanea Gabriel, Events Coordinator to request the Member booking form. Should you require equipment, let us know while you are requesting your booking.

Please note: There will be no last minute requests for equipment, all requests need to be noted on original list from the meeting.

Once you have finished filling out your booking form, request an appointment with Chanea. You will be required to pay a cash deposit of \$150.00 (building) and \$100.00 (kitchen) to accounts receivable prior to meeting with Chanea.

During your appointment with Chanea, your event will be booked on the date that you requested (unless there is already an event booked). You will need to take a mandatory training session during this appointment if you would like to use the kitchen. This session helps Seabird ensure that everyone knows how to use the equipment safely. Lastly, Chanea will discuss Seabird's expectations and conduct a walk through to show you where everything is located.

Those requesting to use the gymnasium or kitchen are required to supply their own dish soap, washcloths and aprons.

On the day of your event, Events staff will ensure that you have access to the gymnasium or kitchen and all equipment is out as requested.

Booking Cancelations: All bookings will be canceled if there is a funeral, prayers or Band events occurring in the gym.

Booking Conflicts: In the case of conflicting bookings, Events staff will work with both groups.

If you have questions, contact Chanea at 604-796-2177 or email chaneagabriel@seabirdisland.ca.

# **Bookings from April:**

Member	Gymnasium	Kitchen
Family Travel Club	2	3
Sqeqotel Circle of Families	1	3
Hawaii Family Travel Group	1	1

# **Bookings from May:**

Member	Gymnasium	Kitchen
Family Travel Club	0	1
Sqeqotel Circle of Families	1	2
Hawaii Family Travel Group	0	0



Deadline June 9

# **REGISTER NOW!**

Registration packages are available Monday - Friday from 8:30 a.m. - 4:30 p.m. at the Early Childhood Centre

# Need help filling out the paperwork?

Our staff are available to assist you or book an appointment by calling 604-796-6854



# New to the Fitness Centre?

Not sure where to start? Come in for an orientation session to learn about:

What equipment is available and how to use it, how to do sets and reps, tips and discuss muscle groups.

Most weekdays from 1 - 2 p.m. at the Fitness Centre or by appointment.

# Want to fundraise in the foyer?

Contact Chanea Gabriel, Events Coordinator to request the fundraising form.

Once the form is filled out, make an appointment to see Chanea. Remember to bring a copy of your Food-Safe certificate and completed form to the appointment.

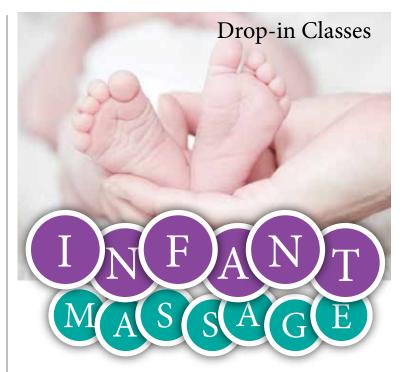
Chanea will review all foyer bookings for conflicts. If the new applicant would like to book on a day already booked by another group, a draw will be completed to see who will go first for the month.

Example: John Smith wants to fundraise this month on Tuesdays, however those dates are already booked by Jane Doe. Both group names will be placed into a draw to decide who gets to go first then each group will alternate weekly. This process creates equal opportunity for all Members to fundraise.

If you have questions, contact Chanea at 604-796-2177 or email chaneagabriel@seabirdisland.ca

# **Current bookings:**

- Monday (Rotation) Family Travel Club / Yvonne Harry
- Tuesday Sally Hope
- Wednesday Karen McNeil-Bobb
- Thursday Elders
- Friday Sally Hope



For parents and caregivers with infants up to 8 months
Wear comfortable clothing. Light snack provided.
Certificate of participation after completion of 4 classes.

Thursday, June 22 from 1 - 2:30 p.m. Early Childhood Centre - Cultural Room

For more information call or text Connie at 604-845-4958 or Cheryl at 604-793-6463

# June Youth events

In June, Youth will be learning about healthy relationships, including healthy boundaries, learning about gossiping and bullying. We will also be going out into the community to share with everyone about our program and meet the Youth Worker! During this time, please keep animals secure between 3 - 5 p.m. on these dates for our safety.

We will go along these roads on the following days:

- Jun. 6 Alexis Dr., Inmonton Rd. and Chowat Rd.
- Jun. 7 Lougheed Hwy, Wahleach Rd. and Ya:la Dr.
- Jun. 13 Seabird Island Rd. and Peters Rd.
- Jun. 14 Schi'ye Rd., Qualq' Rd., Pipeho:m Rd. and Steqoye Rd.
- Jun. 15 Sthi'tsem Rd. and Charles Dr.

If you have any questions, contact Tara-Lyn at 604-798-6524 or tlinton@seabirdisland.ca.



Help to ensure wildlife and our community are protected by reporting sightings.

Call Art Andrew 604-796-2177

If the animal poses an immediate threat to public safety, call the COS Call Centre 1-877-952-7277

# **Housing Waitlist**

**Don't know your number?** Contact Housing 604-796-2177.

# 1 BEDROOM

1	02192016-1028
2	04152016-1030
3	04282016-1031
4	05032016-1032
5	05312016-1035
6	01122016-3093
7	07142016-1037
8	09232016-1039
9	10112016-1041
10	11072016-2095
11	12092016-1042
12	12142016-1043
13	12142016-1044
14	12282016-1045
15	12282016-2099
16	01252017-1046
17	01302017-1047
18	07072017-1048
19	03142017-1049

# Tenancy Agreement Renewals due June 30

For all tenants currently residing in rental homes, please make an appointment to re-sign your tenancy agreement.

Appointments will last 15 minutes and can be scheduled on Tuesdays between 9 a.m. - 4 p.m.

All agreements must be signed by June 30. Please bring the following items to your appointment:

- 1. Current contact information (cell phone number, home phone number as well as email address)
- 2. Name and birthdate of all people residing in your home
- 3. Make, model and license plate number of all vehicles

Contact Erna at 604-796-2177.

## 2 BEDROOM

1	07292014-3090
2	02102015-1014
3	07082015-1019
4	08052015-2090
5	01122016-3093
6	01282016-1027
7	02222016-1029
8	04152016-1030
9	04282014-1031
10	05032016-1032
11	06132016-2089
12	02032016-4003
13	07282016-4008
14	09082016-4009
15	10042016-2093
16	10112016-1041
17	11182016-2096
18	05312016-1035
19	07142016-1037
20	12092016-1042
21	12142016-1044
22	12232016-2097
23	12282016-2098
24	12282016-2099
25	12302016-4015
26	01252017-1046
27	01302017-1047
28	07072017-1048

Please make sure Housing has your current contact information.

We must have a working phone number or email address for all of our waitlist applicants.

Unfortunately, if we cannot contact you within 48 hours to offer you an available unit, we will move on to the next applicant.

# **3 BEDROOM**

3 DEDROOM					
1	12192012-3076				
2	02082013-3084				
3	03192013-3088				
4	07082014-3087				
5	07292014-3090				
6	01122015-1009				
7	01142015-1011				
8	08052015-2090				
9	07082015-1019				
10	01252016-4001				
11	02232016-4002				
12	02032016-4003				
13	04152016-1030				
14	05032016-1032				
15	05172016-4004				
16	05272016-4005				
17	06132016-2089				
18	07132016-3099				
19	07252016-4006				
20	07272016-4007				
21	07282016-4008				
22	09082016-4009				
23	09162016-4010				
24	10252016-4011				
25	10112016-1041				
26	11182016-2096				
27	11162016-4012				
28	12022016-4013				
29	07142016-1037				
30	04282014-1031				
31	02222016-1029				
32	12142016-4014				
33	12232016-2097				
34	12282016-2098				
35	01282016-1027				
36	12302016-4015				
37	01192017-4016				
38	01202017-4017				
39	01202017-4018				
40	02022017-4019				
41	02102017-4020				
42	05192017-7000				

If you have outstanding debt with the Band, you will NOT be placed into a rental unit, as per policy.

# JOB POSTINGS

View more detailed information about these and other opportunities, or to apply for current opportunities: <a href="https://seabirdisland.startdate.ca">https://seabirdisland.startdate.ca</a>

# **Nutritionist - Part Time**

Closing Date: 9 Jun 2017

The Nutritionist will be primarily responsible for creating, delivering, and implementing health initiatives across the band including in the community, at the school and for staff. Programs and initiatives will focus around improving the physical health of community members through increased physical activities and making healthy food choices.

This position will play a key role in educating people on what physical activities are best suited to their needs, as well as what healthy food choices are right for them and their family including teaching healthy food and preparation.

A focus for the education should include traditional teaching and education for traditional food, cooking/ preserving techniques, and healthy activities. This position is till March 31, 2018.

# **Nutrition Assistant**

Job ID: JP-2017-019 | Closing Date: 9 Jun 2017

The Nutrition Assistant will be primarily responsible for assisting the Nutritionist in creating, delivering, and implementing health initiatives across the Band including in the community, at the school and for staff.

The programs and initiatives will be focused around improving the physical health of community members through increased physical activities and making healthy food choices.

This position will play a key role in helping the Nutritionist educate people on what physical activities are best suited to their needs, as well as what healthy food choices are right for them and their family including teaching healthy food and preparation. A focus for the education will include traditional teaching and education for traditional food, cooking/ preserving techniques, and healthy activities.

# **Certified Dental Assistant (CDA)**

Job ID: JP-2017-032 | Closing Date: 9 Jun 2017

The CDA will greet and prepare patients for dental exams and procedures. The CDA will be trained to use a variety of dental equipment and they will assist the Dentist during dental and oral procedures and instruct patients on post-operative and general oral health care.

This position will also be responsible for maintaining dental equipment, sterilizing instruments and ensuring necessary items are stocked and managing day-to-day office operations.

# **Early Childhood Educator**

Job ID: **JP-2016-060** 

Under the direction of the Early Childhood Program Manager, the Early Childhood Educator will provide hands-on child care to children in Early Childhood Education programs on an on-call basis, in accordance with all child care licensing requirements and the philosophies, policies and objectives established by Management. Possible programs include the Out of School Care, Seabird Island Daycare, etc.

# **Senior Director**

Job ID: JP-2016-086

The Senior Director will report to the Chief Administrative Officer (CAO). Primary responsibilities will include assisting the CAO with planning, organizing, coordinating, maintaining, leading and directing the overall operations and activities of Seabird Island. The Senior Director will have superior negotiation and resolution skills, will coordinate and develop relationships with agencies, Boards/Committees, government affiliates, etc. to further Seabird Island's strategic goals. S/he will be well versed in the overall management of the organization's operations, including: finance, personnel and strategic planning and will act for the CAO in their absence.

# Case Manager

Job ID: **JP-2016-090** 

Under the direction of the Health and Social Development Director, the Case Manager will operate efficiently in accordance with the philosophies, policies and objectives established by Management and within the specifications and regulations of the Community Care Facility Act. The primary goal of the Case Manager is to support residents with a caring and supported environment in which to address addictions and substance use. Through a variety of programs, the Case Manager will ensure that residents can access health, healing and other services and programs, through programming in the home and broader community services, to address the underlying causes of addiction and substance use and to make choices that are life sustaining and positive.

Please ensure you have received confirmation for your online submission. If you have not received confirmation please contact humanresources@seabirdisland.ca. Job postings are also available at the Band Office and the Employment Office.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

# Comic





# June Temťamxw

"Gooseberry time"

Gemini: May 21 - June 20

Key characteristics: Gentle, affectionate, curious, adaptable, ability to learn quickly

and exchange ideas

Flower: Lavender & Lily of the Valley

**Birthstone:** Pearl

Cancer: June 21 - July 22

Key characteristics: Tenacious, highly imaginative, loyal, emotional,

sympathetic, persuasive

Flower: White Rose **Birthstone:** Sapphire

# Halq'eméylem Word Search

I	В	T	W	A	S	N	T	С	F	L	Ο	N	G	L
S	L	I	Т	S	Т	A	R	Е	Т	E	D	N	Т	A
W	О	I	О	R	A	I	S	L	S	Е	R	I	F	О
I	S	N	G	Н	A	Т	R	Е	D	С	S	A	X	С
M	S	S	D	Н	I	P	R	В	Т	P	F	R	В	R
M	0	С	D	V	Т	В	A	R	В	E	С	U	E	A
I	M	S	A	Y	K	Е	A	A	Q	V	Y	A	S	Н
N	D	L	N	Y	D	V	N	Т	D	D	С	M	P	С
G	S	N	Т	S	Е	I	L	I	M	A	F	Т	О	W
I	U	M	О	L	F	Н	Т	О	N	I	G	Н	R	I
S	J	G	L	S	G	U	В	N	Y	G	S	U	Т	N
F	R	I	Е	N	D	S	Н	S	W	Е	Н	N	S	D
M	N	С	A	M	P	I	N	G	M	W	О	D	W	Y
G	S	Т	N	Е	V	Е	В	A	Q	J	О	Е	A	A
I	N	V	U	U	С	N	G	L	U	J	В	R	A	X

Ewe lis ye hithes ge ulh me timethet.....

timethet slhemexw.

- Submitted by Zorana Edwards-Shippentower

#### Words:

**BARBECUE** 

**CAMPING** 

**EVENTS** 

**FIRES** 

LIGHTENING

**SUNNY** 

**TRAVELLING** 

**BLOSSOM** 

**CELEBRATIONS** 

**FAMILIES** 

**FRIENDS** 

**RAIN** 

**SWIMMING** 

WINDY

**BUGS** 

**CHARCOAL** 

**FESTIVALS** 

**GAMES** 

**SPORTS** 

**THUNDER** 

## **ADVERTISING RATES**

#### **PRINT AD RATES PER ISSUE**

300+ hard copy production 800+ e-mail production average 1,300 reads on Seabird website.

Front Page Colour: limited availability 1/4 pg banner (8"x2.5") \$40 2.5"x3" \$25

 Colour:
 Grayscale:

 8"x10"
 \$135
 \$37.50

 8"x5" or 10"x4"
 \$65
 \$25

 3.8"x5"
 \$32.50
 \$17.50

 2.5"x3"
 \$20
 \$12.50

Classified Advertisements

.40¢ per word \$4.00 Minimum

#### **DIGITAL DISPLAY AD RATES**

Weekly Rates	15sec	30sec	60sec
Full Screen	\$20	\$40	\$50
Banner	\$10	\$20	\$30

Digital advertisements will play no less than 5 times a day.

#### **PACKAGES**

Starter	Premium	Starter
1/4 page colour	1/2 page colour	Full page colour
30 second Banner	30 second Banner	30 second Banner
\$60	\$100	\$140

#### **DISCOUNTS AND FEES:**

Only one discount may be applied /order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20
Returned Cheque	\$35
Late Fee	+3%

Fees are not for profit and help us produce this newsletter.

#### **DEADLINES**

Submissions and advertisements are due 7 business days prior to delivery.Contact comm@seabirdisland.ca.

#### **DELIVERY**

The 15<sup>th</sup> of each month (or closest business day) and the last business day of each month Deliveries will not take place on Mondays.

### **CONTACT US**

Have an ad or story idea?
Call 604-796-2177 ext. 5050 or email
comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Template design by Sandra Bobb 604-796-6838 or email sandrabobb@seabirdisland.ca

Editing done by: Phaine Wegener, Sandra Bobb, Kristy Johnson, Lori Burns, Zorana Edwards-Shippentower, and Teresa Harper.

#### AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of the Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.



# Classifieds

#### OPTOMETRY CLINIC

#### July 4 - 6 (June clinic cancelled)

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis 604-796-2177.

#### **DENTAL CLINIC**

Accepting new STATUS PATIENTS

Open Monday through Thursday 8:30 a.m. – 5:30 p.m. Closed Fridays

#### DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen to first.

Others seen on a first come, first serve basis.

Contact Dental Clinic 604-796-2177.

# BUILDING BOOKING AND MEETING ROOMS

► Gymnasium and boardrooms located within the Band Office. All requests must be submitted using a rental form.

Contact Angie Chapman 604-796-2177.

► Millennium Hall.

Contact Sandra Haukeland 604-796-2177.

### FIELD LIGHT BOOKING

- ▶ \$2.50 for Band Members and
- ▶ \$8.50 for Non-Band Members.

Contact Angie Chapman 604-796-2177.

# **VOLUNTEERS REQUIRED**

Would you like to help during events with set-up, clean-up, cooking, decorating or child minding?

Contact Angie Chapman 604-796-2177.

#### SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m. Now recruiting new members.

Contact Fire Hall 604-796-2177.

# ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

#### **BABIES ID CARDS**

Apply for medical for babies as soon as possible.

Contact Maggie Pettis 604-796-2177.

Apply for Status Cards for babies as soon as possible.

Contact Carol Hope 604-796-2177.

#### GARBAGE SCHEDULE

#### COMPOST, RECYCLE and GARBAGE:

Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

**MAJOR GARBAGE:** 1st Wednesday of each month, by request.

If you need a **Bin dropped off** for your major cleaning please submit your request in writing.

Contact Public Works 604-796-6844.

### PRINTING SERVICES

Graphic Communications provides the following paid services:

- Printing/copying services
- Status card photography
- Lamination
- Advertising and more

Contact Sandy Bobb 604-796-2177.

# HAD A LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.

Contact Maggie Pettis 604-796-2177.

## **FUNERAL PAMPHLETS**

As per Seabird Funeral Policy, the first 100 colour and 150 grayscale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee

We can also assist with pamphlets for non-Band Member, inquire for fees.

Contact Phaine Wegener 604-796-2177.

## **SUNDAY MASS**

Mass takes place at the Seabird Church
11 a.m. - 12 p.m. on the following dates:
 Jun. 4 & 18 | Jul. 2, 16 & 30
Aug. 6 & 20 | Sept. 3 & 17 | Oct. 1 & 15
 Nov. 5 & 19 | Dec. 3, 17 & 25

#### EMERGENCY / SECURITY

 Emergency
 911

 Seabird Security
 604-991-8635

 Griffin Security
 604-703-0888

#### AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

# We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance Billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Maggie Pettis 604-796-2177.

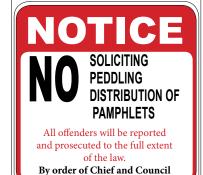
#### **MEDICAL CARDS**

Need to apply for a new medical card because it was lost of stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their medical cards. If they've been lost or stolen more than two times the cost is \$20 for each new card

Please note, we do not assist with BC ID applications.

Contact Maggie Pettis 604-796-2177.



Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority. Please contact us if you have any concerns.



# We're giving Elders a hand



# Stó:lō Better at Home on Reserve

# Criteria

- 65+
- or 55+ with disability
- Live on Reserve in the Stó:lō **Territory**

# Objective

- Provide non-medical assistance
- Support elders to continue living at home
- Enhance current services

# **Services**

- Friendly Visiting
- Lawn
- Carpet Cleaning
- Snow shoveling







Aitchelitz Band, Chawathil, Cheam, Kwaw-kwaw-aplit, Kwantlen, Leg'a:mel, Matsqui, Peters, Popkum, Scowlitz, Seabird Island, Shxwha':y Village, Shxw'ow'hamel, Skawahlook, Skowkale, Skwah, Soowahlie, Squiala, Sts'ailes, Sumas, Tzeachten, Yakweakwioose

Better at Home is funded by the Government of BC and managed by the United Way. United Way helping seniors remain independent.







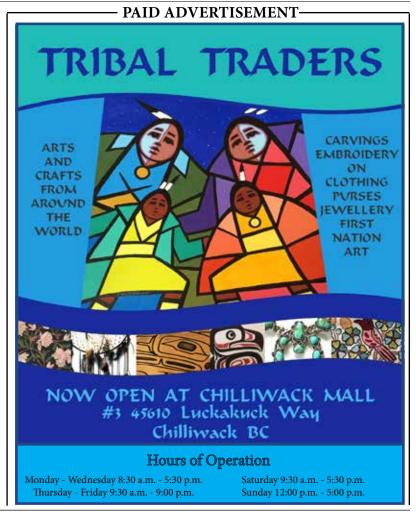
# Optometry Clinic

Dr. Ahmed will be returning to Seabird Island on

July 4 - 6

June clinic canceled

To book your appointment, contact Maggie Pettis at 604-796-2177



Traditional Feast Prizes

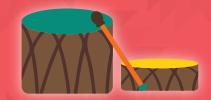


Join us to celebrate Aboriginal Day! Learn about the meaning of Aboriginal Day and take part in fun activities and games!

Family walk begins at 11 a.m. | Two timed laps around the track



First Nations Games and Relay Races
Arts and Crafts
Bounce Houses
Face Painting and Tattoos
Slahal Teaching in the Afternoon



Location: Seabird Island Band Office Gymnasium | 2895 Chowat Road, Agassiz BC

















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Canadian Heritage Patrimoine canadien



Seabird Island