

www.seabirdisland.ca

Mid-August 2017





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NO SMOKING

Within 100 ft (30 metres) of Seabird buildings.

Cigarette smoke can be hazardous to visitors that have allergies, asthma, heart or lung problems.

Please only smoke at the smoking pit near the gym.



August 23 meeting at the Band Office. Processing: 5 - 7 p.m. Aug. 24 in room 4 at Seabird College. Remember to bring water, snacks, clippers, gloves, pliers and a tote. To register, call 604-796-6839.

School zones in effect September 5

School zones speed limits are set at 30 km/hr between 8 a.m. and 5 p.m. on school days (unless otherwise posted).

Help us keep our students safe, don't speed in school zones.

INAUGURATION AND UNVEILING OF MEMORIAL POLE The Kidnapping of Stó:lō Boys, Lost Story

The story of the Indigenous "boys who were stolen away by... vicious white men" during the 1858 Fraser River gold rush has been lost.

Come join us to help bring it back....

2:00 p.m. Saturday, August 19 at Telte-Yet Campgrounds Chawathil First Nation, Hope BC

Terry Horne, Carver | Bear Image Productions, Videography | School District 78 Fraser Cascade School District 33 Chilliwack | Chawathil First Nation | Concordia University University of Saskatchewan | Canada150 Fund

For more information, contact Jeanie Kay-Moreno 604-869-9994

🆗 Canada



School Supply Allowance

Forms available at the Band Office or from Shirley Penner.

Allowance is only for students that reside within the community (Band or Community Member) and are attending a school outside the community.

Return completed forms to the reception desk. Allow 7 days for cheque processing. Cheques will be available from reception.

For more information, contact Shirley Penner at 604-796-2177.



Storytime in the Park and Child Development Fair attracts over 100-guests



Even Carlene Brown, Early Childhood Program Manager was surprised at the number of families drawn to Seabird for our first-ever Storytime in the Park and Child Development Fair.

"It was huge! Way more than we expected," exclaimed Carlene. Roughly 100-children and their families came out for a reading of Blackflies by author Robert Munsch. Blackflies tells the story of a little girl from Fort McMurray, Alberta where there are gazillions of blackflies in the spring.

As part of Storytime in the Park, each family received a copy of the book as well as a special gift.

"Everyone received a book when they registered as well as a take home necklace. The necklace beads carry great significance and history to our Indigenous people. The red beads mean fire, the blue beads mean water, the white beads mean air and the green ones mean earth. In the past, certain beads were traded for goods, such as animal pelts, coats, blankets and food. Necklaces were also worn by the head of the household and represented how many family members they had." The event which is normally held in Agassiz, Harrison Hot Springs or Hope, came to Seabird though a new partnership opportunity.

"We were asked by Agassiz Community Services to partner with them and Harrison Community Services to host Storytime in the Park. This was the first time they approached us to partner with them and we're very excited."

It was also the first time the event featured a Child Development Fair.

"The Early Learning Committee, which our Speech and Language Pathologist sits on, asked if we could do a combination of Storytime in the Park and a development fair to get the word out about the programs in our area as well as Agassiz and Harrison that relate to children."

Fraser Valley Child Development Centre, Family Chiropractic and Massage, Music for Young Children and many other tables were set-up to connect local services to families.

Seabird's own B.E.A.R. Bus was also on-site and Carlene encouraged everyone to stop-in to learn about the program.





Photo credit: Sandra Bonner-Pederson | http://loststories.ca/

Dr. Keith Carlson, Lost Stories and Chawathil shine light on the kidnapping of Stó:lō Boys during the Fraser River gold rush

Residential Schools, the 60's Scoop and the Missing and Murdered Indigenous Women all stand out in Canadian citizens minds when thinking about the tragedies inflicted on Indigenous communities. But, there's another story that needs to be told - the story of the Fraser River gold rush.

In 1858, around 30,000 gold seekers were drawn to to the Fraser River in search of wealth. Although the gold rush was short, it had a lasting impact on Indigenous communities and families, according to research by Dr. Keith Carlson, a history professor at the University of Saskatchewan.

"For reasons that are not at all clear, as one contemporary observer recorded, 'a great many [Stó:lō] boys were stolen away' by American miners and taken to California," reads the Lost Stories website.

Many details from that period are unknown and he's barely scratched the surface on the story of the stolen Stó:lō boys. The vast majority of the kidnapped boys were never heard from again, although at least two found their way home forty years later.

Dr. Carlson's research is being guided by a steering committee of Stó:lō educators, mothers and cultural experts. A recent discovery by Dr. Carlson has now revealed a possible motivation behind the abductions. "Most of the miners who came to B.C. at that time were veterans of the California Gold Rush about 10 years earlier," he explained in a recent interview with the Globe and Mail. "Down there, they actually passed a law that gave miners the right to take young Indigenous boys from their families and employ them as indentured servants. I'm just getting into these records now and it's creepy."

During his research, Dr. Carlson heard the story of a 10-year-old Stó:lō boy who now lies buried in an unmarked grave in his kidnapper's family plot in Sacramento's pioneer cemetery. The child's distraught father, Sokolowictz, tried for years to have his son returned. He approached the Hudson's Bay Company as well as colonial officials, however, nothing was done.

Then, in a letter to the Harrison River post officer dated January 31, 1863, Mr. Crum, the accused kidnapper, wrote "I must inform you that Charley died about the 29th of April last year and was buried decently in the Sacramento City Cemetery on my own family lot... his name is recorded on the register of that cemetery as Charles Crum. I consider him my son by adoption." Another Stó:lō father was reported to have searched the woods for days for his child before dying of grief.

Now, nearly 160-years later, Indigenous communities are bringing back the stories of the boys.

Through the generosity of the Chawathil First Nation, memorial artwork will be installed at the Telte-Yet Campgrounds on the bank of the Fraser River near Hope on August 19 starting at 2:00 p.m.

The memorial was carved by Coast Salish artist Terry Horne, as seen above. Terry is also the chief of Yakweakwioose Band, located in Chilliwack. He carries the ancestral name of Siyemches, a name passed down to him by his grandfather Frank Malloway.

For more information about the memorial, contact Jeanie Kay-Moreno at 604-869-9994.

Dr. Carlson's research is part the Canada150 Fund and has led to the creation of the Lost Stories Project based at Concordia University.

The story of the Stó:lō boys and will be featured as part of a larger work on the history of abducted Coast Salish children.

Learn more at: www.loststories.ca

mental health + wellness worshop series with Tilly Charlie, Suicide Prevention Worker

Family Support Group

The Family Support Group supports families who are going through grief and loss of a loved one. Participants learn ways to help with the loss in talking circles, smudging, walking and exercise - gaining self-esteem and confidence.

Aug. 25, Sept. 21, Oct. 26, Nov. 16, Dec. 14, Jan. 18, Feb. 22, Mar. 22 from 5:00 - 7:00 p.m. at Seabird College

Herbal Medicine + Plant Harvesting

Learn about how to look for and harvest plans in respectful ways, including a prayer to say thank you and bringing an offering of tobacco to spread on motherearth by the plants taken. Participants will also learn how to harvest each plant to ensure it will continue to live as well as the process of cleaning and drying plants.

> August 16, 17, 23 and September 6 and 13 from 9:00 a.m. - 12:00 p.m. Leaving from Seabird College Room 4

Herbal Medicine + Making Teas, Salves, Poulices and Syrups

Learn about plant properties, which ailments and conditions plants are used for and where they should be applied. As well as how much to use or drink, by Dr's perscription.

August 17, 23 and September 6 and 13 from 5:00 - 7:00 p.m. Leaving from Seabird College Room 4

Crafting with Inner Cedar Bark

Learn how to cut and peel cedar bark layers and how to weave cedar items such as roses, headbands, bracelets, mats and more.

Wednesdays from January 3 - February 1 from 5:00 - 7:00 p.m. Seabird College Room 4

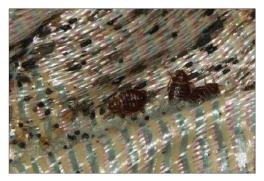
FOR CHILDREN, YOUTH AND FAMILIES

To register, contact Leanne Ellis at 604-796-6839. These workshops are hosted in partnership between Seabird Island and Seabird College.





Causes of bed bugs and how to get rid of them



Bed bugs are small, brown insects about the size of an apple seed at adult stage - that feed on human blood. After a feeding, they swell in size and can become bright or dark red. They are wingless and cannot fly or jump. They hide during the day and come out at night in areas where people sleep. Once they're in your home, getting rid of them can be a difficult task that often requires the help of professionals.

While they can cause a lot of stress, they aren't a health hazard, according to HealthLinkBC. "There is no evidence bed bugs spread diseases to humans. Reactions to bites range from no reaction at all, to itchy red bumps. If a bed bug is disturbed during feeding, they may bite more than once in the same general area. The bites are painless but may become itchy after a day or two. Scratching at the bites may cause an infection."

Symptoms of skin infection include: pain, swelling, redness, red streaks extending from the area, pus, swollen lymph nodes in neck or other areas, fever or chills.

Some people may have an allergic reaction to a bed bug bite, usually a small skin reaction in the bite area. In rare cases, some may have severe reactions. The more a person is bitten, the more likely their allergic sensitivity may increase. If you are concerned about your symptoms, see your health care provider.

Bed bugs travel by hitchhiking on items you carry in from outside. The most common items that bed bugs can hitchhike on are mattresses, box springs, furniture, luggage, electronics, books, pictures and other household goods.

Once in your home, they can spread from room-to-room quickly. The easiest way to protect yourself from bed bugs is to check over second-hand furniture and goods before bringing them into your home. Avoid picking up furniture left on the roadside.

When travelling, check the place you are staying in for signs of bed bugs. Store your luggage off the floor and away from the bed, such as on a luggage stand. Clean your home regularly. Vacuum your mattress and clean up clutter to reduce the number of places bed bugs can hide.

When looking around your home, look for dark, reddish brown stains on mattresses and furniture as well as black droppings. Bed bug nymphs will also cast off their skins. If your home is infested, there may also be a musty or sweet odour, like rotten strawberries.

There are a few options to get rid of a bedbug infestation.

"There are nonchemical and chemical options for treating bed bug infestations. Often, both types of treatments will be required. Getting help from a qualified pest management professional is recommended. Pest control companies often use chemical insecticides or very high heat. More than one application will likely be necessary," says HealthLinkBC.

Chemical ways to treat bed bugs

- You can buy spray, liquid and dust products at retail stores. Make sure they are registered specifically for bed bugs and follow the directions carefully.
- Health Canada regulates pesticides in Canada. Ensure the label has a Pest Control Products (PCP) registration number.
- Qualified pesticide professionals should be consulted for applying chemical treatments.

Nonchemical ways to treat bed bugs

- Vacuum all places that might harbour bed bugs, including the mattress, box spring and bed. Empty the vacuum cleaner into a sealed plastic bag. Throw it out immediately in a tightly closed garbage can.
- Use a scrub brush to remove bed bugs and eggs from the mattress seams. Wash nozzles and brushes in hot water with detergent.
- Wash bedding, clothing and backpacks in hot water and laundry detergent and/or dry your clean clothes, stuffed animals and small non-washable items in a clothes dryer for at least 30 minutes at a hot temperature setting.
- Items that cannot be washed with hot water or put in the dryer can be steam cleaned. Steam will only kill the bed bugs it touches, so move the steam cleaner slowly to get the steam as deep as possible.
- Dry steam or low-vapour steamers are best because they leave behind less moisture, which reduces the risk of mould.

Once you feel you have gotten rid of the bed bugs, put mattresses and pillows in encasing covers made to prevent any remaining bed bugs from escaping. If there is a small opening at the zipper end, seal it with strong tape (e.g., duct tape). Keep in mind that bed bugs can live up to a year in your bed, so avoid removing these covers.

You may also wish to coat bed legs with petroleum jelly to prevent bed bugs from climbing up onto the bed.

For more information on how to get rid of bed bugs or to find a licensed pest control company in your areas, visit: www.healthlinkbc.ca/healthlinkbc-files/ bed-bugs

HEALTH & SOCIAL DEVELOPMENT



Better at Home helps Chawathil Elders

Since spring, Chawathil's Elders have been dealing with a big problem. The normal route to their community sweat lodge had become overgrown with weeds and bushes.

Even travelling by vehicle became treacherous. The overgrowth caused scratches to vehicles and there were worries about the branches causing minor damage to the underside of the Elders' vehicles. This put the sweat lodge out of reach for many of the Elders, according to Ida John, a Chawathil Elder. So, Ida set out to find a way to clear the path so local Elders could take advantage of the lodge.

That's when the Stō:ló Territory Better at Home program stepped in. They began clearing the pathway and trimming problematic overgrowth, allowing Elders to once again travel safely to the sweat lodge.

The Better at Home program is run by Seabird Island and promotes independence for Elders living on-reserve within the traditional Stō:ló territory. They provide free assistance with simple, non-medical tasks that enhance the quality of life of our Elders to help them remain living in their own homes for as long as possible.

All Elders who are 55+ years of age living

within the Stō:ló territory can access the service. The program prioritizes Elders who are at risk of not being able to remain in their homes.

Program staff and volunteers can help with yard work, transportation for daily activities, light housekeeping, minor home repairs and snow shovelling.

They also provide friendly home visits.

The Stō:ló territory includes: Aitchelitz Band, Chawathil, Cheam, Kwaw-kwaw-aplit, Kwantlen, Leq'a:mel, Matsqui, Popkum, Seabird Island, Shxwha':y Village, Shxw'ow'hamel, Skawahlook, Skowkale, Skwah, Soowahlie, Squiala, Sts'ailes, Sumas, Tzeachten and Yakweakwioose.

- Submitted by Daemon Naistus

Elders travel to Campbell River and upcoming events

Six-Elders set off to Campbell River July 11 to attend this years' Elders Gathering session and The Elders stayed at Qualicum beach. The Gathering has a way of creating an atmosphere that the Elders truly enjoy.

"Elders love attending this gathering. It provides an environment for them to be pampered, to visit and see old friends. To listen to old time rock and roll," and stroll the beach each night, said Angie Chapman, Community Services Program Manager.

The Elder's calendar has been filled all summer with trips, outings and a few informative workshops.

Rachael Alexander, from the Housing team visited to share information about owning homes and the responsibilities that come with home ownership.

She explained what repayment agreements are and how the repayment process works. She also reminded them about tenancy agreements and discussed home inspections.

Lerinda Wright of the Diabetes team discussed diabetes and the different types of medications that can be taken when diagnosed. She also explained what each medication does and how it functions. Elder's College sessions are held on Tuesdays from 9 - 1 p.m. and Elders are encouraged to join in as often as they can.

"Normally the morning is filled with a presentation, group circle, brain teasers, Bingo. Which provides an atmosphere for social interaction," said Angie.

On August 15, Dr. Fox stops by the Elders College to discuss medications. Elders can join Dr. Fox at Seabird College in room 8 from 9 - 10 a.m.

If you would like to attend and need a ride, please contact Angie Chapman or Chanea Gabriel at 604-796-2177.

SEABIRD COLLEGE

Thinking about your future?



It is never too late to go back to school, upgrade or polish up your skills. Seabird College can help you take the next steps.

Not knowing where to start can be overwhelming. Just come in to speak with us so we can discuss your goals.

There are a number of programs available and Seabird College offers one on one student support to help you succeed. We will help you every step of the way.

Come in to meet with us to talk about your educational goals, and to discuss funding options for this September!

Everyone is welcome at Seabird College. Contact us at 604-796-6839 or email schapman@seabirdisland.ca.

Mountain Prison donates carving to Early Childhood Centre

Thank you, Mountain! The new carving is now on display at the Centre.





Love teaching others or working with children?

Adult Dogwood Earn your grade 12

Early Childhood Educator In partnership with Northern Lights College

> Education Assistant (K-12) NITEP

Become a teacher in partnership with UBC

Speech and Language Assistant Not offered anywhere else locally

Why Seabird College?

Classes held locally. Transportation may be available. Student support for all, including tutoring. First Nations focus. Financial and employment support. Everyone welcome.





Seabird College

2812 Chowat Road, Agassiz BC V0M1A0 P: 604-796-6839 | F: 604-796-1124 Email: schapman@seabirdcollege.ca

Camping trip challenges Youth

It was a special adventure the Youth who set off to Pemberton July 19 - 21. "For many this was a new and challenging experience," said Angie Chapman, Community Services Program Manager.

Youth gained new outdoors skills, met new friends and challenged some of their own fears.

Youth also visited Lil'wat, the Squamish Cultural Centre and Whistler Village where they took the peak-to-peak gondola and tree treck.

Many Youth left the camping trip ready to go back.

"I took the risk and rode the gondola. I was scared to do the tree trek, but I completed it. I want to come back here again and stay longer. I want to come here when it's snowing," said one Youth.

It wasn't their only adventure this summer. Youth also visited PlayLand, took part in the Swim Development Camp at Hope Pool and had a bit of rest and relaxation thanks to Seabird College who provided Youth with manicures, haircuts, hairstyling sessions and massages.





JOB POSTINGS

Cultural Coordinator

Job ID: JP-2017-030 | Closing Date: 31 Aug 2017

The Cultural Coordinator will assist with the development and delivery of cultural community projects and programs that integrate traditional teachings which balance the mental, emotional, spiritual and physical aspects of culture acquisition for Seabird. The Coordinator will work closely with the Sq'ep (Culture and Language) Committee, Elders' group, Seabird College Elders' Group, the Community School's Language and Cultural Committee, the Early Childhood Education Program, Directors, and Community Members to ensure that all Band programs and ventures remain culturally relevant. Cultural relevancy is deemed to be especially important during celebrations and ceremonies. This position is also responsible for developing funding applications and proposals, including the budgets related to present and future cultural projects and programs for Seabird.

Grade 3 Teacher

Job ID: JP-2017-038 | Closing Date: 31 Aug 2017

Seabird Island Community School is seeking to fill the position of a Grade 3 teacher. We believe that all students can learn and the areas of literacy and numeracy are absolutely critical from the Kindergarten to grade 3 years. When students leave grade 3 reading at grade level, research suggests that their prospects for graduation are substantially improved.

Teacher on Call (TOC)

Job ID: JP-2017-049 | Closing Date: 27 Aug 2017

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

Learning Assistance Teacher Job ID: JP-2017-037 | Closing Date: 31 Aug 2017

Seabird Island Community School is seeking to fill the position of a Learning Assistance/Special Education teacher. We believe that all students can learn and the role of the LA/SE Teacher is to assist classroom teachers to help all students reach their potential.

School Bus Driver Job ID: JP-2017-001

The On Call Bus Driver is responsible for the safe transportation of students on the assigned route to and from school. The On-Call nature of this position dictates that there is no guaranteed hours or shifts.

High School Science Teacher Job ID: JP-2017-039

Seabird Island Community School is seeking to fill the position of a High School Science teacher. We believe that a strong science program nurtures children's curiosity about the world around us, provides a methodology to turn curiosity into knowledge and transforms that knowledge into creative problem solving, innovation and even invention.

HR Generalist (3 month term) Job ID: JP-2017-042

The Human Resources Generalist manages the day-to-day operations of the Human Resources office. The HR Generalist manages the administration of the human resources policies, procedures, and programs.

The HR Generalist carries out responsibilities in the following functional areas: employee relations, training and development, benefits administration, managing WorkSafe BC claims, managing short term and long term disability cases etc. This is a 3 month term with possibility of extension.

Family Support Worker Job ID: JP-2017-047

The Family Support Worker (FSW) is charged with assisting families in the process of life changes. The FSW will provide support and assistance to client families in a wide variety of daily, weekly, monthly, or sporadic tasks and family responsibilities.

The FSW is expected to provide warm caring support, while teaching and empowering clients to be prepared for life after support has ended.

Residential Support Worker Job ID: JP-2017-051

The role of the Residential Support Worker is to support residents struggling with substance use issues possible to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

Kindergarten Teacher Job ID: JP-2017-034

Seabird Island Community School is seeking to fill the position of a K4 Teacher. We believe that kindergarten readiness requires indicators of success in social, emotional, physical, spiritual and cognitive domains.

It also requires a prepatory information plan prior to admission to the formal kindergarten program to achieve the greatest success possible for each student.

Grade 2 Teacher Job ID: JP-2017-035

Seabird Island Community School is seeking to fill the position of a Grade 2 Teacher. We believe that the areas of literacy and numeracy are absolutely critical from the kindergarten to grade 3 years. When students leave grade 3 reading at grade level, research suggests that their prospects for graduation are substantially improved.

Early Childhood Educator Generalist Job ID: JP-2017-050

Working under the direction of the Early Childhood Programs Manager, the Early Childhood Education (ECE) Generalist will provide one on one support to children with various needs. The ECE Generalist will spend time supporting clients in our Supported Childhood Development Program (SCDP), Ey Qwal (Speech and Language) program, Aboriginal Infant Development Program (AIDP), as well as our daycares and preschool. Based on client needs, the ECE Generalist will need to provide mobile services and be willing to work with clients in a diverse group of settings.

Senior Director Job ID: JP-2016-086

The Senior Director will report to the Chief Administrative Officer (CAO). Primary responsibilities will include assisting the CAO with planning, organizing, coordinating, maintaining, leading and directing the overall operations and activities of Seabird Island.

The Senior Director will have superior negotiation and resolution skills, will coordinate and develop relationships with agencies, Boards/Committees, government affiliates, etc. to further Seabird Island's strategic goals. S/he will be well versed in the overall management of the organization's operations, including: finance, personnel and strategic planning and will act for the CAO in their absence.

Please ensure you have received confirmation for your online submission. Job postings are also available at the Band Office and the Employment Office. If you have not received confirmation, email humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

ADVERTISING RATES

PRINT AD RATES PER ISSUE

300+ hard copy production 800+ e-mail production average 1,300 reads on Seabird website

Front Page Colour: limited availability 1/4 pg banner (8"x2.5") 2.5"x3" \$40 \$25 Colour: Grayscale: 8"x10" \$135 \$37.50 8"x5" or 10"x4"

\$65 Ś25 3.8"x5" \$17.50 \$32.50 2.5"x3" \$20 \$12.50 Classified Advertisements

\$4.00 Minimum 40¢ per word

DIGITAL DISPLAY AD RATES

Weekly Rates	15sec	30sec	60sec	
weekiy kates	Tasec	SUSEC	ousec	
Full Screen	\$20	\$40	\$50	
Banner	\$10	\$20	\$30	
Diaital advertisements will play				

no less than 5 times a day.

PACKAGES

Starter	Premium	Starter
1/4 page colour	1/2 page colour	Full page colou
30 second Banner	30 second Banner	30 second Banne
\$60	\$100	\$140

DISCOUNTS AND FEES:

Uniy one discount may be applied /or			
Band Member	-35%		
Non-Profit	-10%		
3 month term	-25%		
6 month term	-35%		
Design & Layout (additional)	\$40/hr		
Flyer Insert (furnished)	\$20		
Returned Cheque	\$35		
Late Fee	+3%		

Fees are not for profit and help us produce this newsletter.

DEADLINES

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

DELIVERY

The 15th of each month (or closest business day) and the last business day of each month. Deliveries will not take place on Mondays.

CONTACT US

Have an ad or story idea? Call 604-796-2177 ext. 5050 or email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays www.seabirdisland.ca

Template design by Sandra Bobb 604-796-6838 or email sandrabobb@seabirdisland.ca

Editing done by: Phaine Wegener, Sandra Bobb, Kristy Johnson, Lori Burns, Zorana Edwards-Shippentower, and Teresa Harper

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of the Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.



OPTOMETRY CLINIC

September 5 - 6 (FULL)

November 27 - 28

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday 8:30 a.m. - 5:30 p.m. **Closed Fridays**

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen to first. Others seen on a first come, first serve basis.

Contact Dental Clinic 604-796-6853.

BUILDING BOOKING AND MEETING ROOMS

► Gymnasium and boardrooms located

within the Band Office. All requests must be submitted using a rental form.

Contact Angie Chapman 604-796-2177.

▶ Millennium Hall.

Contact Sandra Haukeland 604-796-2177.

FIELD LIGHT BOOKING

▶ \$2.⁵⁰ for Band Members and

▶ \$8.50 for Non-Band Members.

Contact Angie Chapman 604-796-2177.

VOLUNTEERS REQUIRED

Would you like to help during events with set-up, clean-up, cooking, decorating or child minding?

Contact Angie Chapman 604-796-2177.

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

Now recruiting new members.

Contact Fire Hall 604-796-2177.

ALCOHOLICS **ANONYMOUS MEETING**

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

BABIES ID CARDS

Apply for medical for babies as soon as possible

Contact Maggie Pettis 604-796-2177.

Apply for Status Cards for babies as soon as possible.

Contact Carol Hope 604-796-2177.

GARBAGE SCHEDULE

COMPOST, RECYCLE and GARBAGE:

Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request.

If you need a Bin dropped off for your major cleaning please submit your request in writing.

Contact Public Works 604-796-6844.

PRINTING SERVICES

Graphic Communications provides the following paid services:

- Printing/copying services
- Status card photography
- Lamination
- Advertising and more

Contact Sandy Bobb 604-796-2177.

HAD A LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.

Contact Maggie Pettis 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first 100 colour and 150 grayscale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Member, inquire for fees.

Contact Phaine Wegener 604-796-2177.

SUNDAY MASS

Mass takes place at the Seabird Church 11 a.m. - 12 p.m. on the following dates: Aug. 20 | Sept. 3 & 17 | Oct. 1 & 15 Nov. 5 & 19 | Dec. 3, 17 & 25

EMERGENCY / SECURITY

Emergency Seabird Security **Griffin Security**

911 604-991-8635 604-703-0888

AMBULANCE BILLS

Classifieds

Please submit ambulance bills as soon as vou receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance Billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

MEDICAL CARDS

because it was lost of stolen? We can assist

Each client is responsible for paying for their

medical cards. If they've been lost or stolen

more than two times the cost is \$20 for each

OTICE

SOLICITING

PEDDLING

All offenders will be reported

and prosecuted to the full extent

of the law.

By order of Chief and Council

Chief and Council assert there is to be no

If you get a questionable person knocking

on your door you do not need to let them

in. You have the right to close the door and

contact the RCMP. There is an open file at

Community safety is a Chief and Council

priority. Please contact us if you

have any concerns.

411**)**

solicitation of any sort. Visitors need

solicit door to door.

the RCMP.

permission from Chief and Council to

PAMPHLETS

DISTRIBUTION OF

Please note, we do not assist with BC ID

Contact Maggie Pettis 604-796-2177.

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Need to apply for a new medical card

you when applying for a new one.

new card

applications.





