



the SEABIRD ISLAND

Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

August 2017



Project underway: Seabird Island Community School receives new roof in \$800,000 project pg. 3

EXTREME HEAT WARNING

see insert for more information

AUG. 1	AUG. 2	AUG. 3	AUG. 4	AUG. 5	AUG. 6	AUG. 7	AUG. 8
37°C	38°C	37°C	38°C	35°C	34°C	34°C	33°C
Feels Like 41°C	Feels Like 41°C	Feels Like 40°C	Feels Like 42°C	Feels Like 39°C	Feels Like 39°C	Feels Like 39°C	Feels Like 36°C

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Message from the Chief

Last month, Seabird hosted the Union of BC Indian Chiefs for the second year and there was much to discuss.

“It was an interesting meeting,” said Chief Seymour, “Education was a big agenda item and specific claims was another. I put some things back on the table with regard to specific claims and the 1,300-acres we lost to the Fraser River.” This marks the second time Seabird has put the topic on the agenda. “They rejected it before, so I put it back on their table.”

Fishermen and dry rackers have also been on the Chief’s mind and talks are underway to get our people out on the water.

“We’re having a lot of problems with our fisheries because there are runs that are coming back, the Early Stewarts, aren’t picking up the way they’re hoping they were supposed to.”

“We’re hoping to get our dry rackers out shortly, but I don’t know how that’s going to happen or when it’s going to happen. From talks with Department of Fisheries and Oceans, they’re saying they hope to get them out towards the end of July before everyone else so we can get some fish hung.”

The new Chief and Council have changed their meeting schedule and quarterly meetings, moving them to the evenings.

The Chief is happy with how things have been progressing with the portfolios, which were released last month. New Councillors are getting up-to-date on things happening within their portfolios.

“It seems to be working pretty good. The portfolio system is structured in a way where they have to sign off on things before they come to work here, so it will make their meetings a lot quicker and it’s working.”

The Seabird Island Community School roof replacement project got underway in mid-July and there are a few other capital projects in the works for this summer.

“The new roof is coming and they started working. They’re finishing off the gymnasium back here. Renovations inside there will be done this summer and there are some things inside the Millennium Hall that we’re re-doing.”

Facilities closed:

**August 7 in
celebration of
BC Day**

**Dr. Marcella Beaulieu
will be away:**

**July 31 - August 11,
returning August 15**

**Seabird Island Lands
Invites you to attend**

**BANNOCK
- AND -
TEA**

**Tuesday, August 15
10 a.m. - 3 p.m.**

School Supply Allowance

Forms available at the Band Office or from Shirley Penner.

**Allowance is only for students that
reside within the community
(Band or Community Member)
and are attending a school outside
the community.**

Return completed forms to the reception desk. Allow 7 days for cheque processing. Cheques will be available from reception.



For more information, contact Shirley Penner at 604-796-2177.

Seabird Island Community School receives new roof in \$800,000 project

It's been a long time coming. For the last 2-years, leaky areas of Seabird Island Community School's roof have been covered with tarps - providing a short-term fix to a long-term problem. It wasn't a pretty solution, but it gave Seabird time to seek funding to replace the aging cedar shingle roof.

"We started that process in 2014. We were talking to the architect at that point, we knew the roof needed to be replaced. The School was built in 1991, at that point it was 23 years old and the roof was starting to display some serious wear and tear," explained Councillor Stacy McNeil who holds the Education portfolio.

There was a lot to consider before the project could move forward back in 2014. Seabird began seeking quotes on replacement options.

"We looked at the way it is now with the cedar shingles, then we looked at asphalt shingles, tin and the different options," said Stacy.

But the architect was firm in his belief that the cedar aesthetics be maintained as part of the design. The cultural significance of cedar to our community led Seabird to agree with the architect and commit to replacing the shingles with new cedar ones. Once that decision was made and costs were established, Seabird began approaching funders and



in 2016, the project received funding from Indigenous and Northern Affairs Canada to replace the 37,600 square foot cedar shingled roof. Much of the roof will remain the same, except for one small detail, according to Greg Cross, Director of Public Works, Custodial and Housing. "The design will still remain the same with some enhancement for better insulation."

Crews officially began July 18 and Councillor Stacy McNeil was excited to see work get underway.

"It's been 26 years since the School was built - we moved in May of 1991," said Stacy who remembers that day clearly.

"I remember packing our desks across the field from the Old School. The School has been a huge part of our community for a long time and we're proud of it. I'm glad that we're able to take care of it."

Keeping work close to home was also an important consideration.

"Giving the work to the trained people we have locally, having them work in our local businesses is key," explained Stacy.

So, Seabird called upon Stqó:ya Construction to partially manage the project with crews from Fraser Valley Roofing.

Stqó:ya will be providing project management as well as ensuring that Band Members are working on the project.

Maintenance isn't just a one-time task, it's an on-going one that can be planned years in advance. A replacement reserve is being created to cover the costs of future replacements.

The project will take the rest of the summer. It should take roughly two months to complete, dependent on weather and unforeseen issues.



A:YELEXW RECOVERY HOMES & COMMUNITY FAMILY HOME UPDATE

Come and learn about our new recovery homes and family home!
Learn about the program and ask questions.

August 2 from 1 - 3 p.m. in the Community Health Room.

Dr. Fox returns from fellowship program with new knowledge and skills

The wait is over! After taking a year off to undergo a fellowship study, Dr. Robert Fox has returned to normal duties at the Health Centre.

During his fellowship at St. Paul's Hospital in downtown Vancouver, Dr. Fox expanded his knowledge of a range of addiction behaviors, such as substance abuse - including street drugs, alcohol and prescription drug abuse - as well as behavioral issues like gambling.

St. Paul's Hospital is an acute care, teaching and research hospital located in downtown Vancouver. It is home to many world-class medical and surgical programs, including heart and lung services, HIV/AIDS, mental health, emergency, critical care, kidney care, elder care and numerous surgical specialties.

His time at St. Paul's was an eye-opening experience and Dr. Fox saw first-hand what addictions can drive people to do.

"I saw people who ate hand sanitizer and all sorts of things," said Dr. Fox, but he was most surprised by the knowledge available that is currently ignored.

"The amount of research and evidence that we have regarding addictions and its treatments that are not being used yet has surprised me."

While in Vancouver, Dr. Fox mainly worked out of St. Paul's Hospital with the addictions consultation team.

"For 3-months I saw any patient who was admitted that needed addictions help. That included seeing people in emergency who were in overdose crisis. I also studied at other hospitals doing similar work. I spent a few months at treatment centres working with people who weren't ill but wanted treatment and also spent time in detox centres."

It's been quite some time since Dr. Fox was last in a classroom and it was an adjustment to be a student again.



"I was a little rusty when it came to being a learner again. Having doctors that were younger than me reviewing my work took a bit of humility but learning is enjoyable." He's already putting his new education to work to help the community.

In recent years, medical professionals have changed their understanding of addictions and their treatment methods.

"We consider addictions to be more like asthma than pneumonia. If you suffer from pneumonia you go to the hospital and get antibiotics. Six-weeks later, you're cured. You wouldn't say that with someone who has asthma. If someone came in with a bad asthma flare-up and got treated in emergency so they could breathe again, they would still need to be on medication to control their condition. That's our understanding of addiction. Recovery is a process that requires steps and work."

On July 20, Dr. Fox held the first open discussion on addictions and recovery. The Lunch and Learn session was a hit, the 30-participants could barely fit in the Community Health Room. The first session aimed at opening a dialogue on addictions and make people think about what recovery means because recovery and addiction isn't just a simple question of abstinence.

"Being abstinent, no longer taking the substance is a good start, but addiction is now thought of as a chronic disease where people need long-term recovery from the side effects." More sessions are planned in the near future and Dr. Fox is happy to finally be finished his studies.

"I'm so thrilled to be back. I'm not a Vancouver boy. I love being at Seabird. I am just so happy to be here. Two-weeks before I moved back I had a dream that I was walking back into my home in Chilliwack and I was laughing in my sleep, so I'm so happy to be here."

As he gets back to work, Dr. Fox will be catching up on all of his patients, which will be a long process.

Dr. Denby, who took over while Dr. Fox was away, will now be working one day a week to run the Skwah clinic on Thursdays. This will allow Dr. Fox one day a week where he can focus on addictions patients and issues.

Part of that day will include providing clinic time for clients of the A:yelexw Centre for Hope and Healing which provides a 'family' home for indigenous adults 19 years and up to overcome addictions.

Welcome back Dr. Fox!

The pride of Seabird Island, Members bring home gold from North American Indigenous Games



Congratulations to our Members who won at this year's games:

- Amber Charlie
- Dredan Naistus
- Makenzie Peters
- Thomas Andrew
- Rachael Charlie

Games ran from July 21 - 23 and featured 14 core sports for Indigenous Youth ages 13 - 19. BC took home 67 gold, 58 silver and 54 bronze.

Look for more information in our next newsletter.





Pre-kindergarten program coming for the fall

Seabird Island Community School is happy to offer a full-day pre-kindergarten program, called K4, for children four years of age. Developed in partnership with Early Childhood Development, the program incorporates literacy, numeracy and learning through play-based activities to prepare children for traditional kindergarten.

“Learning through play is the focus, introducing academics in a fun way, so children aren’t sitting there at a desk and doing math and things like that. They’re going to be outside doing things like counting berries and looking at things in their environment. Things children will enjoy doing at the same time as getting the skills they need before going into kindergarten,” explains Councillor Stacy McNeil.

“There’s lots of statistics in the district and in the province that a lot of our children aren’t kindergarten ready. By putting this program in place, we’ll be able to better prepare our children for that transition into kindergarten.”

Children will build a foundation for learning in a safe, caring, play-based environment that promotes their physical, social, emotional and cognitive development. However, some parents may worry about jumping right into a full-day program and staff are diligently planning to alleviate worries.

“It will be a gradual entry while we get everything going. Some parents may be worried that about a full-day program right off the bat, but there’s going to be some transition plans for kids to gradually enter into that full-day.”

Children will participate in a half-day September 5.

The program will be run at the Early Childhood Centre with Pre-School teacher Cory Castle and a Kindergarten teacher from the School, offering the perfect balance of literacy and play.

The inclusion of Early Childhood Development also ensures families have access to other health supports.

“Keeping it within the Early Childhood Centre will ensure access to important programs like Supported Child Development and Speech and Language,” as well as access to all their other programs in addition to services from the school. Culture and language will also be embedded in the program, just like programs at the School and in Early Childhood Development.

A second community meeting will be held on August 28 from 6 - 8 p.m. at the Early Childhood Centre.

During the meeting, families will learn about the program, get a tour of the facility, and meet other parents and staff.

Education jurisdiction talks sparked again

It’s been a long time since the community has heard the words ‘education jurisdiction’ uttered. Seabird was once at the forefront of education jurisdiction, which would give the community control of the education their children receive on reserve - allowing us to govern curriculum, set qualifications for staff and balance cultural practices with in-class activities and homework.

With education jurisdiction, Seabird Island Community School would continue to teach the provincial curriculum with the added benefit of adding in more cultural pieces.

“It was the dream of our grandparents had when our parents, uncles and aunts were small - to have a school in the community teaching what we want them to know in addition to maintaining the provincial curriculum,” explained Councillor Stacy McNeil.

However, talks abruptly ended with the previous Conservative government threatening to restrict funding dollars for education. “Negotiations stopped for a long time because under the previous government they introduced own-source revenue and said that if we got education jurisdiction our dollars would be less. So, that kind of halted everything. Under the new Liberal government, they opened up the doors and negotiations started again.”

Now, Seabird has until September 2018 to formally decide if we want to have control over education.

“Staff are developing plans to start re-engaging the community and informing them of what’s going on so they’re familiar with what education jurisdiction means. That’s key to working up to a possible referendum for the community.” Community Members can expect to see more information, monthly events and activities to re-open the discussion.

First Nations communities rallying to help evacuees

It was a long, uncertain journey for the Elders from Canim Lake. The group of fourteen Elders, caregivers and pets were headed home from the Elders Gathering at Campbell River on Vancouver Island July 11 - 13. Many of the Elders had made it all the way to Kamloops when the evacuation order was issued for their community and they were forced to turn around.

Canim Lake, located near 100 Mile House, received the evacuation notice July 15 and the Elders have been stuck in the Fraser Valley ever since. Many needed medical care for diabetes-related concerns, like foot care but were far from their community.

The Elders first made contact with Stó:lō Nation who connected with First Nations Health Authority. “Stó:lō stepped in with their emergency services and got them housed in Abbotsford right away and got them registered with the Red Cross as soon as they could,” explained Susan Stoneson of the First Nations Health Authority.

They also helped connect the Elders with local Bands for support, health services and activities and our Health and Social Development Department, along with several other Nations, were more than happy to help.



While some Elders went for a cultural tour at Stó:lō, many came to Seabird July 19, for a rest, foot care, healthy food and a comfy place to visit relatives before continuing on to their hotel in Abbotsford.

“The communities are definitely rallying,” said Susan. “The Elders have housing for another week and we’re going day by day and some of their families are coming down as well, they’ve been evacuated, so they will be reunited which is good.”

The activities and outings help keep the Elders moving and connected during a stressful time. It’s also been helpful for many of the Elders who have support pets with them. First Nations Health Authority is expecting more families to arrive soon if wildfire conditions do not improve and is looking to connect them as well.

“Now they’re looking at some activities for Youth who are starting to trickle down. We’re trying to get movie passes, waterslide passes and bringing them to some of the local places that have events and have a gym to do some activities for the kids.”

Assembly of BC Indian Chiefs reported that 20-Bands have been affected and First Nations Health Authority is working to ensure they remain connected, no matter where they land in the Province and Seabird is helping where it can.

Several families within the community have taken in relatives affected by wildfires and Seabird is planning to provide food assistance where it can.

If you are currently providing housing for an evacuee, contact Carlyne Neufeld at 604-796-2177.

PROVINCE-WIDE FIRE BAN IN EFFECT

All outdoor wood burning is banned on Seabird Island. Only propane, gas or charcoal is permitted.

To report a wildfire, call 1-800-663-5555 toll-free or *5555 on a cellphone.

For the latest information on current wildfire activity, burning restrictions, road closures and air quality advisories, go to: bcwildfire.ca

The Learning Curve continues after program completion at Seabird College

Seabird College is proud to partner with other post-secondary institutions to bring educational opportunities to our community. These partnerships allow instructors to come and share their knowledge and skills with our students.

Certifications, training, education, skills and experience are key to many employment opportunities.

The transition from being a student to finding and keeping a job can be a difficult one; however, there are a number of support systems offered to our students equally.

Seabird College, in addition to offering a variety of support systems to encourage everyone to reach their potential, also assists students in job placement and work experience.

The Employment, Training and Social Development team assists the students with resume writing skills, interview skills and connecting them with potential employers. When applicable, they also assist with coordinating work experience placements in appropriate work environments.

This year, the Construction Craft, Welder Foundation and Heavy Equipment Operator students have all met with Isabel McLean of STEP BC. The Skilled Trades Employment Program (STEP) launched in 2006. From the start, STEP has focused on finding motivated, trained and ready-to-work candidates for construction employers with jobs to fill.

Isabel has come and visited our classrooms on a few occasions and provided information on what STEP can do to assist them in finding work and apprenticeship hours in their trades.

Our trades students have had the opportunity to study under the guidance of instructors from Thompson Rivers University, whom have had years of their own life experience to share.

Learning from someone who has also been in the beginner's shoes can help provide some relief and more approachable to ask questions.

Similarly, with our Industry Training Authority representative, Andrew George. Andrew, who is a Red Seal Chef, has visited our students on several occasions, giving them guidance and direction on their journey towards apprenticeship.

To connect of employers to potential employees, Seabird Island partnered with:

- Britco Structures
- Ledcor
- RIMEX
- Ironside Design Manufacturing
- Jakes Construction
- Stqó:ya Construction
- Jewel Holdings

Trans Mountain and Kinder Morgan have also been strong supporters of our trades programs and have provided information of employment opportunities in other areas of the province.

If you haven't looked at the 2017-2018 program offerings for Seabird College yet, please do so. There are a number of opportunities available right here, you just need to come and register for them.

For more information, contact Seabird College at 604-796-6839 or email schapman@seabirdisland.ca.

- Submitted by Shannon Chapman

Congratulations students!



Seabird College congratulates the students from the following programs on recently completing their program requirements:

- Adult Dogwood
- Business Administration
- Construction Craft Worker
- Education Assistant
- Early Childhood Education
- Heavy Equipment Operator
- Welding Foundations

Student support available at Seabird College



If you are a student, or interested in being a student at Seabird College, we can assist you in finding scholarships and bursaries to apply for.

For more information, contact Shannon Chapman at 604-796-6830 or email schapman@seabirdcollege.ca.



Indigenous Teacher Education Program



Now accepting applications for the Fraser Valley Field Centre

No application fee!

Application Deadline Extended

Admission Requirements for BC High School students:

- Grade 12 English 12 or English 12 First Peoples; 3 additional approved Grade 12 courses
- Grade 11 English 11 or English 11 First Peoples; Principles of Mathematics 11, Pre-Calculus 11, or Foundations of Mathematics 12; Civic Studies 11 or Social Studies 11; An approved Science 11; An approved Language 11

A minimum final grade of 70% in either English 11 or English 12 (or equivalent), including provincial examination, is required

Complete a Bachelor of Education Degree through UBC's Indigenous Teacher Education Program. Join the growing number of Indigenous leaders in education who are transforming schools, organizations, and communities through Indigenous ways of knowing.

Contact NITEP Fraser Valley Coordinator, Jennifer Anaquod at:

jennifer.anaquod@ubc.ca

More info:

<http://nitep.educ.ubc.ca/admissions/>

Contact Us:

nitep.educ@ubc.ca or 604.822.8240



Chilliwack
School District



THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Education

nitep.educ.ubc.ca

Community Calendar

(S) Sxexlhat	(M) Yila:welhát	(T) Sthémelts	(W) Shlhat
	<p>PLEASE NOTE:</p> <p>Safety is a priority!</p> <p>We need to keep staff safe so we can keep providing you with delivery services.</p> <p>On delivery days to the community, please ensure your pets are inside or chained-up away from the door in order to receive your deliveries.</p>	<p>1</p> <ul style="list-style-type: none"> • Elders College 9 - 12 p.m. • Dental & Doctor Walk-in Clinics 1-5 p.m. • Youth 13-18yr Peer Mentoring/Drop-in 3-6 p.m. • Fire Practice 7-9 p.m. 	<ul style="list-style-type: none"> • Pancake Breakfast 9-10: • Elders Tai Chi 10-12 p.m. • Pre & Post Natal 11-1 p. • Recovery Home and Family Question and Answer S • Youth 13-18yr Éyem 3-5 • Meals on Wheels 5-6 p.m. • Sqéwqel Gas Bar closed
6	7	<p>8</p> <ul style="list-style-type: none"> • Optometry Clinic 8-8 p.m. • Elders College 9 - 12 p.m. • Dental & Doctor Walk-in Clinics 1-5 p.m. • Fire Practice 7-9 p.m. • Garbage, Recycle & Compost • Youth 15-18yr Camping Trip Day 2 	<ul style="list-style-type: none"> • Optometry Clinic 8-8 p. • Pancake Breakfast 9-10: • Elders Tai Chi 10-12 p.m. • Pre & Post Natal 11-1 p. • Meals on Wheels 5-6 p.m. • Youth 15-18yr Camping • K4 Registration Session
	<p><i>BC Day</i> Facilities Closed</p>		
13	14	<p>15</p> <ul style="list-style-type: none"> • Yoo Hoo Delivery 8-1 p.m. • Elders College 9 - 12 p.m. • Lands Bannock & Tea 10-3 p.m. • Dental & Doctor Walk-in Clinics 1-5 p.m. • Youth 13-18yr Peer Mentoring/Drop-in 3-6 p.m. • Fire Practice 7-9 p.m. 	<ul style="list-style-type: none"> • Pancake Breakfast 9-10: • Prenatal Circle 1-3 p.m. • Elders Tai Chi 10-12 p.m. • Elders Outing: Pampering • Youth Éyem 13-18yr 3-5 • Meals on Wheels 5-6 p.m. • Youth Council 5-6:30 p. • Youth Workshop 5-7 p.m.
		<ul style="list-style-type: none"> • Youth 10-12yr 3-5p.m. • Meals on Wheels 5-6 p.m. • Garbage, Recycle & Compost 	
20	21	<p>22</p> <ul style="list-style-type: none"> • Hearing Clinic 9-4 p.m. • Elders College 9 - 12 p.m. • Dental & Doctor Walk-in Clinics 1-5 p.m. • Youth 13-18yr Peer Mentoring/Drop-in 3-6 p.m. • Chief and Council Meeting 5-8 p.m. • Fire Practice 7-9 p.m. 	<ul style="list-style-type: none"> • Pancake Breakfast 9-10: • Elders Tai Chi 10-12 p.m. • Youth Workshop 5-7 p.m. • Meals on Wheels 5-6 p.m. • Youth 10-18yr Camping
		<ul style="list-style-type: none"> • Youth 10-12yr Swimming 3-5 p.m. • Meals on Wheels 5-6 p.m. • Youth Baking 5-6:30 p.m. • Garbage, Recycle & Compost • Income Assistance Submissions Due 	
27	28	<p>29</p> <ul style="list-style-type: none"> • Elders College 9 - 12 p.m. • Dental & Doctor Walk-in Clinics 1-5 p.m. • Youth 10-18yr UBC Outing • Fire Practice 7-9 p.m. • Income Assistance Cheque Day 	<ul style="list-style-type: none"> • Pancake Breakfast 9-10:30 • Elders Tai Chi 10-12 p.m. • Bodies in Motion 1-3 p. • Youth Éyem 13-18yr 3-5 • Meals on Wheels 5-6 p.m. • Youth Council 5-6:30 p. • Youth Workshop 5-7 p.m.
		<ul style="list-style-type: none"> • Youth 10-12yr 3-5 p.m. • Meals on Wheels 5-6 p.m. • Youth Baking 5-6:30 p.m. • K4 Information Session 6-8 p.m. • Garbage, Recycle & Compost 	

Calendar – August 2017

:xws	(T) Sxe'ó:thels	(F) Sheqá'tses	(S) T'óqw'tem
<p>2</p> <p>30 a.m. n. m. Family Home Session 1-3 p.m. 5 p.m. n. d (system upgrades)</p>	<p>3</p> <ul style="list-style-type: none"> Elders Meeting 10-12 p.m. Youth 13-18 yr "Who We Are" 3-5 p.m. Youth Fitness 5-7 p.m. 	<p>4</p> <ul style="list-style-type: none"> Youth 13-18yr Drop-In 2-6 p.m. Someone So Small 	<p>5</p>
<p>9</p> <p>m. 30 a.m. n. m. n. Trip Day 3 at ECCE Building</p>	<p>10</p> <ul style="list-style-type: none"> Elders Keremeos Fruit Trip 7:30 a.m. Optometry Clinic 8-8 p.m. Infant Massage 1-2:30 p.m. Youth 13-18yr "Who We Are" 3-5 p.m. Youth Fitness 5-7 p.m. 	<p>11</p> <ul style="list-style-type: none"> Early Childhood Carnival 10-2 p.m. Youth Resiliency Drop-In 13-18yr 1-6 p.m. Someone So Small 	<p>12</p>
<p>16</p> <p>30 a.m. n. ings 11 - 3 p.m. 5 p.m. m. m. m.</p>	<p>17</p> <ul style="list-style-type: none"> Infant Massage 1-2:30 p.m. Youth 13-18yr "Who We Are" 3-5 p.m. Youth Fitness 5-7 p.m. 	<p>18</p> <ul style="list-style-type: none"> Youth 13-18yr Drop-In 1-6 p.m. Screening Mammogram Clinic Someone So Small 	<p>19</p>
<p>23</p> <p>30 a.m. n. m. m. Trip Day 1</p>	<p>24</p> <ul style="list-style-type: none"> Youth 10-18yr Camping Trip Day 2 Infant Massage 1-2:30 p.m. 	<p>25</p> <ul style="list-style-type: none"> Youth 10-18yr Camping Trip Day 3 Someone So Small End of Summer Recreation 	<p>26</p>
<p>30</p> <p>0 a.m. n. m. 5 p.m. n. m. m.</p>	<p>31</p> <ul style="list-style-type: none"> Yoo Hoo Delivery 8-1 p.m. Youth 13-18yr Harrison Lake 9-4 p.m. 	<p>Pre & Post Natal and Prenatal Circle Who can attend? Expecting moms, newborns up to 6 weeks, partners, support person and siblings. Open to families living on-reserve and transportation can be provided. Questions? Text or call Diana Phan at 604-765-8769 or 604-796-6858</p> <p>Bodies in Motion focuses solely on pre & post natal fitness and is free for First Nations living on-reserve.</p>	<p>SUMMER RECREATION July 4 - August 25 from 8 a.m. - 4:30 p.m.</p> <p><i>For more information see the Summer Program calendar provided to the families enrolled. Families can pick-up these calendars at the Early Childhood Centre.</i></p>

Lands Advisory Committee seeks members

Chief & Council are pleased to announce that the effective date for the Seabird Island Land Code was September 1, 2009.

The term for three committee positions have become vacant, one Elder position and two regular committee positions.

The terms of these positions are for four years.

Any eligible voter may apply to become a member of the Seabird Island Land Advisory Committee.

Applications should include a Covering Letter, Resume and three References and must be received before September 1, 2017.

This Advisory Committee shall provide advice and recommendations to Council regarding Land Use and Proposed Developments.

For more information, contact Danielle Gabriel at 604-796-6835 or dgabriel@seabirdisland.ca, or Donna Andrew at 604-796-6836 or donna@seabirdisland.ca.



Seabird College

Hairstyling & Intro to Aesthetics

Starting September 2017

Program includes:

- Hair & Aesthetics Introduction
- Hair & Skin Analysis
- Hair Design & Shaping
- Manicures & Pedicures
- Gel Nails & Nail Art and more

Register today!

Contact Shannon for more information at 604-796-6830 or email schapman@seabirdisland.ca



Under age 19?
Want to earn your adult dogwood?
Funding may be available!

Transportation available from various communities.

Everyone welcome to attend!



Agassiz Library
7140 Cheam Ave. Agassiz
604-796-9510

MAD SCIENCE
Friday, August 11 at 11 a.m.

Up, up and away! Join the Mad Scientists and investigate the power of air with hot air balloons, vortex generators, and even a hovercraft.

Be amazed as you discover some of the wild and wonderful behaviours of air.

VENTRILOQUIST WITH KELLIE HAINES
Friday, August 25 at 2 p.m.

Walk on the Wild Side with ventriloquist Kellie Haines and her puppet friends Magrau the bird and Kamilla the frog. Enjoy stories, songs and dancing. Watch and wonder just who is talking.

New Staff Introduction



Pearl Penner

Lands Administration Assistant

I began working with Lands on May 15. Previous to this, I was an Administration Assistant in Employment and Social Development. I first started working here in 2016 when I completed a three month social work practicum in Health and Social Development.

While completing my practicum, I attended a few Bannock and Teas. Bannock and Tea was my first introduction to Lands and the Lands team. I have always had an interest in land claims, land governance, and aboriginal rights and title.

Attending these sessions and learning about Seabird's Land Code sparked my interest and motivated me to obtain a Certificate in Indigenous Studies which focused on the history and importance of land claims.

I have a very strong academic background that I bring with me to Land. I hold a Social Services Diploma: First Nation option, a Bachelor of Social Work and a Certificate in Indigenous Studies: Maps, Films, Rights and Land Claims from the University of the Fraser Valley.

While in university, I had the honour of learning from Gwen Point, Herb Joe, Eddie Gardner, Sonny McHalsie, and Hugh Brody.

Before graduating, I had the pleasure of assisting with a research project that looked into the First Nations submissions to the 2012 Cohen Commission of Inquiry into the Decline of Sockeye Salmon in the Fraser River.

The research focused on stories that were shared with the commission, including stories reflecting the importance of salmon to the First Nations people.

As a child, I had the honour of knowing the late Mary Uslick from Skowkale First Nation. My family was first introduced to Mary when I was eight years old. My mother, Patricia Penner, was a board member of Mary's Medicine Wheel Society and Skemcis Medicine Lodge Society for several years.

I attended Mary's Medicine Wheel ceremony that took place in Mission. Mary was and still is a huge part of my life. I did not grow up knowing my biological grandparents and Mary allowed my family to call her Grandma. Mary was the only grandparent I knew and for that, I will always be grateful. I carry Mary's teachings with me in my heart and into all of my work.

I'm very excited to be working with Seabird. I enjoy working with the community, and I'm passionate about learning as much as I can about land governance.

My position allows me to exercise my passion for research and incorporate the teachings that I carry into my everyday work.

Wildfires affecting air quality for the Valley

Across the province, 136-wildfires now span an area greater than 131,000-hectares.

The fire closest to Seabird, Harrison Lake, has blanketed our once scenic mountains with smoke, leading to poor air quality.

The Harrison Lake wildfire grew to 202-hectares and as of recent reports, the wildfire is 30% contained, thanks to the 14 fire fighters on-site.

The fire still poses no risk to our community, however, families should monitor air quality reports. So far, two Special Air Quality Statements have been issued for the Fraser Valley.

"Exposure is particularly a concern for infants, the elderly and those who have diabetes, and lung or heart disease," explains Environment Canada.

When air quality is poor, persons with chronic underlying medical conditions should postpone strenuous exercise until the advisory is lifted and watch for symptoms that air quality is affecting you.

"If you are experiencing symptoms such as chest discomfort, shortness of breath, coughing or wheezing, follow the advice of your healthcare provider. As we are in the summer season with warm temperatures, it is also important to stay cool and hydrated. Indoor spaces with air conditioning may offer relief from both heat and air pollution."

If air quality is affecting you, please make an appointment with the health clinic by calling 604-796-2165. For all emergencies, call 911.

For more information on current air quality, visit: www.bcairquality.ca.

- Submitted by Pearl Penner

New BC Transit routes announced

Starting September 5, the new Route #22 will provide BC Transit service between the District of Hope, Seabird Island and Agassiz in the District of Kent.

Through four daily trips Monday - Saturday and connections with Route #11 (Agassiz-Harrison Connector) and Route #66 (Fraser Valley Express), riders will be able to travel all the way from Hope to Metro Vancouver entirely by transit.

With the introduction of a simplified regional fare structure, riders will now pay one fare to travel between Hope, Seabird Island, Harrison Hot Springs, Agassiz and Chilliwack.

Fraser Valley Regional Transit

11 Agassiz-Harrison Transit

To Harrison					To Chilliwack				
Monday to Friday									
(A)	(V)	(X)	(Y)	(Z)	(Z)	(Y)	(X)	(V)	(A)
Downtown Exchange	Rosedale, Yale and McGrath	Highway 9 and Yale	Agassiz: Pioneer and Park	Harrison Hot Springs Hotel	Harrison Hot Springs Hotel	Agassiz: Pioneer and Park	Highway 9 and Yale	Rosedale, Yale and McGrath	Downtown Exchange
5:25	5:40	5:45	6:00	—	6:35	6:46	7:01	7:06	7:21
6:30	6:45	6:50	7:05	7:16	7:25	7:36	7:51	7:56	8:11
7:25	7:40	7:45	8:00	8:11	D 8:15	8:31	8:56	9:01	9:16
—	—	—	—	—	—	9:04	9:19	9:24	9:39
B 8:25	8:40	8:45	9:00	9:11	9:25	9:36	9:51	9:56	10:11
B 9:25	9:40	9:45	10:00	10:11	B 10:25	10:36	10:51	10:56	11:11
B 12:25	12:40	12:45	1:00	1:11	B 1:25	1:36	1:51	1:56	2:11
B 2:25	2:40	2:45	3:00	3:11	B 3:25	3:36	3:51	3:56	4:11
D 2:51	3:06	3:11	3:26	—	B 4:25	4:36	4:51	4:56	5:11
D 3:15	3:30	3:45	4:05	4:16	5:25	5:36	5:51	5:56	6:11
4:25	4:40	4:45	5:00	5:11	—	6:26	6:41	6:46	7:01
5:25	5:40	5:45	6:00	6:11	6:20	6:31	6:46	6:51	7:06
F 7:45	8:00	8:05	8:20	8:31	F 8:45	8:56	9:11	9:16	9:31
F 9:45	10:00	10:05	10:20	10:31	F 10:35	10:43	10:58	11:01	11:12
Saturday									
7:25	7:40	7:45	8:00	—	9:25	9:36	9:51	9:56	10:11
8:35	8:50	8:55	9:10	9:21	—	11:04	11:19	11:24	11:39
—	—	—	—	—	B 11:25	11:36	11:51	11:56	12:11
B 10:25	10:40	10:45	11:00	11:11	B 1:25	1:36	1:51	1:56	2:11
B 12:25	12:40	12:45	1:00	1:11	—	—	—	—	—
1:51	2:06	2:11	2:26	—	—	—	—	—	—
B 3:25	3:40	3:40	4:00	4:11	B 4:25	4:36	4:51	4:56	5:11
—	—	—	—	—	—	5:31	5:46	5:51	6:06
B 5:25	5:40	5:45	6:00	6:11	B 6:20	6:31	6:46	6:51	7:06
7:45	8:00	8:05	8:20	8:31	8:45	8:56	9:11	9:16	9:31
9:45	10:00	10:05	10:20	10:31	10:35	10:43	10:55	10:58	11:09
Sunday									
—	—	—	—	—	9:25	9:36	9:51	9:56	10:11
10:25	10:40	10:45	11:00	11:11	11:25	11:36	11:51	11:56	12:11
12:25	12:40	12:45	1:00	1:11	2:25	2:36	2:51	2:56	3:11
3:25	3:40	3:45	4:00	4:11	4:25	4:36	4:51	4:56	5:11
5:25	5:40	5:45	6:00	6:11	—	—	—	—	—

B On-Request trips can route to Bridal Falls and/or the Community and Cultural Recreation Centre in Agassiz.
D On-Request trips can detour off route within the boundaries of On-Request service.
F Trip operates Friday only

Agassiz-Harrison Ticket and Pass Outlets

- Agassiz Library (tickets only) Village of Harrison
- District of Kent office Hot Springs
- Chilliwack City Hall Fraser Valley Regional District Office
- Rosedale Petro Canada Online fvrd.ca/transit



22 Hope

To Hope			To Agassiz					
Monday to Friday								
(Y)	(SI)	(B)	(B)	(KL)	(FH)	(U)	(SI)	(Y)
Agassiz: Pioneer and Park	Seabird Island First Nations	Park and 3rd Avenue	Park and 3rd Avenue	Kawka Lake Rd and Union	Flood Hope and School Rd	3rd Avenue and Wallace	Seabird Island First Nations	Agassiz: Pioneer and Park
6:00	6:05	6:30	6:37	6:44	6:50	6:58	7:22	7:29
7:38	7:43	8:08	8:13	8:20	8:26	8:34	8:58	9:04
3:26	3:31	3:56	3:56	4:03	4:09	4:17	4:41	4:48
5:05	5:10	5:35	5:35	5:42	5:48	5:56	6:20	6:26
Saturday								
8:00	8:05	8:30	8:36	8:43	8:49	8:57	9:21	9:28
9:38	9:43	10:08	10:13	10:20	10:26	10:34	10:58	11:04
2:26	2:31	2:56	2:56	3:03	3:09	3:17	3:41	3:48
4:10	4:15	4:40	4:40	4:47	4:53	5:01	5:25	5:31

Fares Agassiz-Harrison and Hope subject to change

Cash

- All \$ 2.50
- Child, 4 or under Free

DayPASS

- All 5.00

Tickets (10)

- All 22.50

Monthly Pass

- Adult 44.00
- Student/Senior* 35.00

* Reduced fare with valid I.D. for persons 65 or over, and students in full-time attendance to Grade 12.

UFV U-PASS is valid in Chilliwack and Agassiz-Harrison only.

No holiday service on **11 Agassiz-Harrison** and **22 Hope**.

Hope Ticket and Pass Outlets

- District of Hope Visit bctransit.com for updates

Housing Waitlist

Don't know your number? Contact Rachael Alexander 604-796-2177.

1 BEDROOM

1	02102015-1014
2	08052015-2090
3	02192016-1028
4	04282016-1031
5	09082016-4009
6	09232016-1039
7	12092016-1042
8	12142016-1043
9	12282016-2099
10	01302017-1047
11	07072017-1048
12	03142017-1049
13	03242017-6001
14	04132017-6002
15	06152017-5000
16	06152017-5001
17	06202017-5002

2 BEDROOM

1	03192013-3088
2	07292014-3090
3	07082015-1019
4	01122016-3093
5	02222016-1029
6	04282014-1031
7	05032016-1032
8	02032016-4003
9	07282016-4008
10	10042016-2093
11	10112016-1041
12	11072016-2095
13	11182016-2096
14	05312016-1035
15	07142016-1037
16	12142016-1044
17	12282016-2098
18	12282016-2099
19	12302016-4015
20	01252017-1046
21	01202017-4017
22	03152017-6000
23	04132017-6002
24	06202017-6003
25	06152017-5001

3 BEDROOM

1	12192012-3076
2	02082013-3084
3	03192013-3088
4	07082014-3087
5	07292014-3090
6	01122015-1009
7	01142015-1011
8	07082015-1019
9	01252016-4001
10	01282016-1027
11	02232016-4002
12	02032016-4003
13	04152016-1030
14	05032016-1032
15	05172016-4004
16	05272016-4005
17	06132016-2089
18	07132016-3099
19	07252016-4006
20	07272016-4007
21	07282016-4008
22	09162016-4010
23	10252016-4011
24	10112016-1041
25	11182016-2096
26	11162016-4012
27	12022016-4013
28	07142016-1037
29	04282014-1031
30	12142016-4014
31	12232016-2097
32	12282016-2098
33	01282016-1027
34	12302016-4015
35	01192017-4016
36	01202017-4017
37	01202017-4018
38	02022017-4019
39	02102017-4020
40	05192017-7000
41	06062017-7001
42	06152017-7002
43	06202017-7003

Please make sure Housing has your current contact information.

We must have a working phone number or email address for all of our waitlist applicants.

Unfortunately, if we cannot contact you within 48 hours to offer you an available unit, we will move on to the next applicant.

If you have outstanding debt with the Band, you will NOT be placed into a rental unit, as per policy.

Hunting in other territories

Hello this is Ed Chapman, I have recently been to a band meeting with the Chief and Council in Hedley to discuss the issue of hunting on their sacred lands without permission or following protocol. Permission does not get handed down from generation to generation.

Follow these simple steps allows us to build a relationship with other communities.

Write a letter stating the days that you want to hunt. It must state the animal you are hunting, the numbers of days you plan on hunting and you must follow rules and regulations like everyone else. Your letter is only good for the dates that you have requested. If you need more time, another letter must be submitted.

Also stated in the meeting was that they would only like us to hunt bucks or bulls, leaving the cows and young ones to repopulate. If an Elder requests a dry cow or dry doe, this must be stated in the permission letter. That is the only reason they will accept the killing of cow or doe.

- Submitted by Ed Chapman

JOB POSTINGS

View more detailed information about these and other opportunities, or to apply for current opportunities:
<https://seabirdisland.startdate.ca>

Case Worker Income Assistance

Job ID: JP-2017-045 | Closing Date: 4 Aug 2017

The Case Worker is responsible for working with clients one on one and in small groups to assist clients overcome one or more barriers that are inhibiting their ability to gain employment. Clients will range from 19-24 years of age. The successful candidate will provide education, information and assistance to clients on all aspects of employment, education, training, and life career planning. The Case Worker takes a hands on approach to assisting their clients in finding employment including building relationships with potential employers

Residential Support Worker - Rotating Shifts

Job ID: JP-2016-092

The role of the Residential Support Worker is to support residents struggling with substance use issues possible to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

HR Generalist (3-month term)

Job ID: JP-2017-042

The Human Resources Generalist manages the day-to-day operations of the Human Resources office. The HR Generalist manages the administration of the human resources policies, procedures, and programs. The HR Generalist carries out responsibilities in the following functional areas: employee relations, training and development, benefits administration, managing WorkSafe BC claims, managing short term and long term disability cases, etc. This is a 3 month term with possibility of extension.

Early Childhood Educator

Job ID: JP-2016-060

Under the direction of the Early Childhood Program Manager, the Early Childhood Educator will provide hands-on child care on an on-call basis, in accordance with all child care licensing requirements and the philosophies, policies and objectives established by Management. Possible programs include the Out of School Care, Seabird Island Daycare, etc.

Grade 2 Teacher

Job ID: JP-2017-035

Seabird Island Community School is seeking to fill the position of a Grade 2 Teacher. We believe that the areas of literacy and numeracy are absolutely critical from the kindergarten to grade 3 years. When students leave grade 3 reading at grade level, research suggests that their prospects for graduation are substantially improved.

Kindergarten Teacher

Job ID: JP-2017-034

Seabird Island Community School is seeking to fill the position of a K4 Teacher. We believe that kindergarten readiness requires indicators of success in social, emotional, physical, spiritual and cognitive domains. It also requires a preparatory information plan prior to admission to the formal kindergarten program to achieve the greatest success possible for each student.

Senior Director

Job ID: JP-2016-086

The Senior Director will report to the Chief Administrative Officer (CAO). Primary responsibilities will include assisting the CAO with planning, organizing, coordinating, maintaining, leading and directing the overall operations and activities of Seabird Island.

The Senior Director will have superior negotiation and resolution skills, will coordinate and develop relationships with agencies, Boards/Committees, government affiliates, etc. to further Seabird Island's strategic goals. S/he will be well versed in the overall management of the organization's operations, including: finance, personnel and strategic planning and will act for the CAO in their absence.

High School Science Teacher

Job ID: JP-2017-039

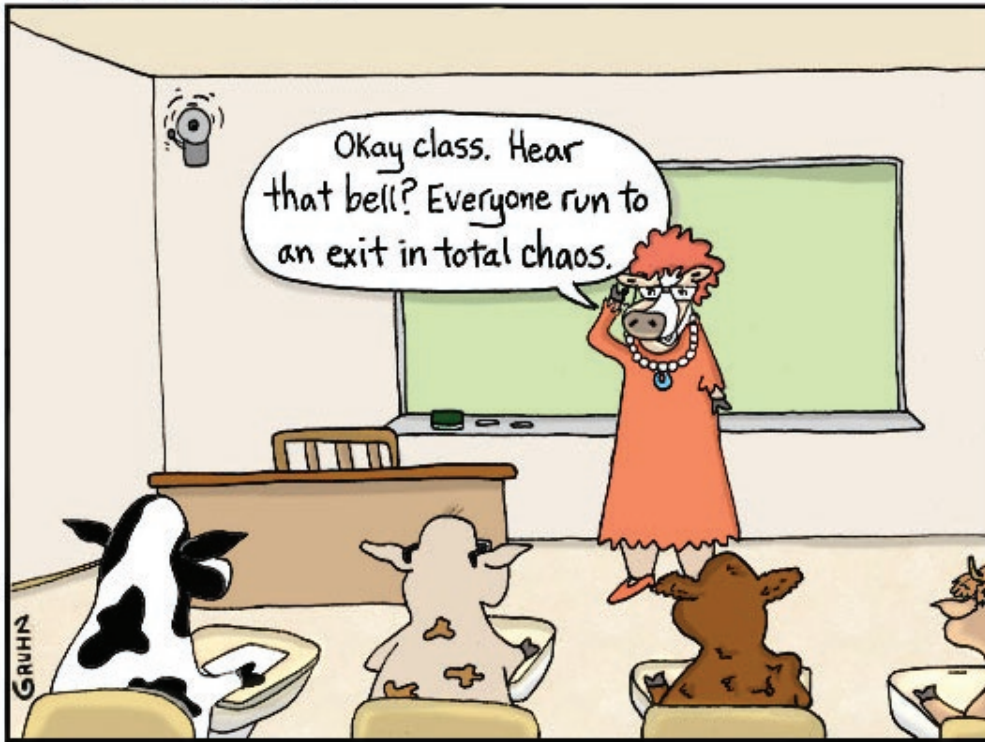
Seabird Island Community School is seeking to fill the position of a High School Science teacher. We believe that a strong science program nurtures children's curiosity about the world around us, provides a methodology to turn curiosity into knowledge and transforms that knowledge into creative problem solving, innovation and even invention.

Please ensure you have received confirmation for your online submission. If you have not received confirmation please contact humanresources@seabirdisland.ca. Job postings are also available at the Band Office and the Employment Office.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

Comic

WebDonuts.com



August Temtheqi

“Sockeye salmon time”

Leo

July 23 - August 22

Key characteristics: loving, faithful, creative, passionate, generous, warm-hearted, cheerful and humorous.

Flower: Sunflower

Birthstone: Peridot

Virgo

August 23 - September 23

Key characteristics: Loyal, analytical, kind, hardworking and practical

Flower: Aster

Birthstone: Sapphire

Halq'eméylem Word Search

T	H	G	E	A	D	Y	V	M	S	A	I	S	H	N
I	F	S	A	R	U	A	P	E	O	M	U	O	A	T
T	T	R	Y	T	C	G	R	P	M	H	E	C	R	R
E	A	I	I	A	H	U	U	U	O	O	L	K	V	O
O	N	E	T	E	T	E	N	S	G	P	K	E	E	I
G	N	I	H	L	N	I	R	R	T	X	G	Y	S	W
A	O	L	U	H	Z	D	I	I	E	U	Y	E	T	A
N	E	C	C	A	T	V	S	W	N	M	S	N	H	T
O	A	A	T	W	I	N	D	H	T	G	M	T	O	E
H	E	I	E	W	G	L	A	D	I	O	L	U	S	R
P	O	S	W	I	M	M	I	N	G	P	E	A	S	T
N	H	E	U	R	I	S	L	I	A	G	A	T	E	K
E	Q	F	A	N	I	U	U	O	E	X	V	R	I	C
M	G	G	U	A	N	W	B	P	J	X	U	B	H	N
C	D	L	B	X	S	Y	V	S	S	H	P	L	S	X

iti xeyxhametes te swiyeqe te shxwte'as te swayel.

Words:

- AGATE
- AUGUSTUS
- CULTURES
- DRYING
- FRIENDSHIP
- GATHERING
- GLADIOLUS
- HARVEST
- HEAT
- IMMUNIZATION
- LEO
- ONYX
- PEACH
- POPPY
- SOCKEYE
- SUMMER
- SUNNY
- SWIMMING
- VACATION
- VIRGO
- WATER
- WIND

- Submitted by Zorana Edwards-Shippentower

ADVERTISING RATES

PRINT AD RATES PER ISSUE

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Front Page Colour: limited availability

1/4 pg banner (8"x2.5") \$40
2.5"x3" \$25

	Colour:	Grayscale:
8"x10"	\$135	\$37.50
8"x5" or 10"x4"	\$65	\$25
3.8"x5"	\$32.50	\$17.50
2.5"x3"	\$20	\$12.50

Classified Advertisements

.40¢ per word \$4.00 Minimum

DIGITAL DISPLAY AD RATES

Weekly Rates	15sec	30sec	60sec
Full Screen	\$20	\$40	\$50
Banner	\$10	\$20	\$30

Digital advertisements will play
no less than 5 times a day.

PACKAGES

Starter	Premium	Starter
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60	\$100	\$140

DISCOUNTS AND FEES:

Only one discount may be applied /order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20
Returned Cheque	\$35
Late Fee	+3%

Fees are not for profit and
help us produce this newsletter.

DEADLINES

Submissions and advertisements are
due 7 business days prior to delivery.
Contact comm@seabirdisland.ca.

DELIVERY

The 15th of each month (or closest business
day) and the last business day of each month.
Deliveries will not take place on Mondays.

CONTACT US

Have an ad or story idea?
Call 604-796-2177 ext. 5050 or email
comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Template design by Sandra Bobb
604-796-6838 or email
sandrabobb@seabirdisland.ca

Editing done by: Phaine Wegener,
Sandra Bobb, Kristy Johnson,
Lori Burns, Zorana Edwards-Shippentower,
and Teresa Harper.

AGREEMENT/LEGAL

It is agreed by any display or classified
advertiser requesting space that the liability
of the paper in the event of failure to publish
an advertisement shall be limited to the
amount paid by the advertiser for the portion
of the advertising space occupied by the
incorrect item only, and that there shall be
no liability in any event beyond the amount
paid for such advertisement. The publisher
shall not be liable for any slight changes in
typographical errors that do not lessen the
value of an advertisement.

Editorials are chosen and written by Seabird
staff, they are the expressed opinion of the
staff, and do not necessarily reflect the views
of the Seabird Island.

Letters to the Editor must be under
300 words and include your name, phone
number, status number, signature
(not for publication), as well as
date/year submitted.

We reserve the right to revise, edit and/or
reject any advertisement or
story submissions.



Classifieds

OPTOMETRY CLINIC

August 8 - 11

Recommended annual checkups for
children under the age of 19 and every
2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes,
or taking high risk medicines? You can also
be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 a.m. - 5:30 p.m.
Closed Fridays

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with
most urgent problems will be seen to first.
Others seen on a first come, first serve basis.

Contact Dental Clinic 604-796-2177.

BUILDING BOOKING AND MEETING ROOMS

► **Gymnasium and boardrooms** located
within the Band Office. All requests must be
submitted using a rental form.

Contact Angie Chapman 604-796-2177.

► **Millennium Hall.**

Contact Sandra Haukeland 604-796-2177.

FIELD LIGHT BOOKING

► \$2.⁵⁰ for Band Members and

► \$8.⁵⁰ for Non-Band Members.

Contact Angie Chapman 604-796-2177.

VOLUNTEERS REQUIRED

Would you like to help during events with
set-up, clean-up, cooking, decorating or
child minding?

Contact Angie Chapman 604-796-2177.

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

Now recruiting new members.

Contact Fire Hall 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the
Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

BABIES ID CARDS

Apply for medical for babies as soon as
possible.

Contact Maggie Pettis 604-796-2177.

Apply for Status Cards for babies as soon as
possible.

Contact Carol Hope 604-796-2177.

GARBAGE SCHEDULE

COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory
holiday, then pick up will take place on the
Tuesday immediately following the holiday.
2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each
month, by request.

If you need a **Bin dropped off** for your
major cleaning please submit your request
in writing.

Contact Public Works 604-796-6844.

PRINTING SERVICES

Graphic Communications provides the
following paid services:

- Printing/copying services
- Status card photography
- Lamination
- Advertising and more

Contact Sandy Bobb 604-796-2177.

HAD A LOVED ONE PASS AWAY?

We can help you send a copy of the death
certificate to the First Nations Health
Authority.

Contact Maggie Pettis 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first
100 colour and 150 grayscale funeral
pamphlets, as well as 1 hour of design time
is free for all Band Members. Additional
design time or pamphlets can be requested
for a fee.

We can also assist with pamphlets for
non-Band Member, inquire for fees.

Contact Phaine Wegener 604-796-2177.

SUNDAY MASS

Mass takes place at the Seabird Church
11 a.m. - 12 p.m. on the following dates:

Aug. 6 & 20 | Sept. 3 & 17 | Oct. 1 & 15
Nov. 5 & 19 | Dec. 3, 17 & 25

EMERGENCY / SECURITY

Emergency	911
Seabird Security	604-991-8635
Griffin Security	604-703-0888

AMBULANCE BILLS

Please submit ambulance bills as soon as
you receive them. If the bill is more than
1 year old, ambulance costs will no longer
be covered under the Non-Insured Health
Benefits (NIHB). Anyone with a status
number can have the ambulance paid for by
Health Canada as long as it's not an ICBC
claim.

**We can only provide assistance to those
with a status number.**

Unfortunately, ambulance bills will not
be covered if you were also incarcerated
in jail. Ambulance Billing will know if
you were incarcerated based on the bill's
address. Please do not bring these in as
they will be denied and it will be the client's
responsibility to pay.

Please note, if you were taken home in an
ambulance after a stay in the hospital, this
will not be covered and it will be the client's
responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

Need to apply for a new medical card
because it was lost or stolen? We can assist
you when applying for a new one.

Each client is responsible for paying for their
medical cards. If they've been lost or stolen
more than two times the cost is \$20 for each
new card.

Please note, we do not assist with BC ID
applications.

Contact Maggie Pettis 604-796-2177.

NOTICE

**NO SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS**

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no
solicitation of any sort. Visitors need
permission from Chief and Council to
solicit door to door.

If you get a questionable person knocking
on your door you do not need to let them
in. You have the right to close the door and
contact the RCMP. There is an open file at
the RCMP.

**Community safety is a Chief and Council
priority. Please contact us if you
have any concerns.**



Applying for
funding in
the fall?

Some funding agencies
may need up to
4-6 weeks to process
your application for
school funding.

If you are interested in applying for
any programs starting in
September, you should register now
and submit your paperwork
to your funding provider.

For information regarding
Seabird College programs or
funding, contact 604-796-6839 or
email schapman@seabirdisland.ca

Screening Mammogram Clinic

Friday, August 18

For more information,
contact:

Kristi or Maggie at
604-796-2165

Having regular screening mammograms has helped to reduce deaths from breast cancer in BC women by 25%. By age 50, women should make screening mammograms part of their regular health routine and have them at least once every two years.

If you are 40 years old or older and would like to schedule a mammogram, book your appointment by completing a registration form available at the Health Centre.

PAID ADVERTISEMENT

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FROM
AROUND
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WORLD

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EMBROIDERY
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NOW OPEN AT CHILLIWACK MALL
#3 45610 Luckakuck Way
Chilliwack BC

Hours of Operation

Monday - Wednesday 8:30 a.m. - 5:30 p.m.
Thursday - Friday 9:30 a.m. - 9:00 p.m.

Saturday 9:30 a.m. - 5:30 p.m.
Sunday 12:00 p.m. - 5:00 p.m.



Prizes | Face Painting | Crafts | Bake Sale | Car Wash | Games | Bouncy Castles | Food

1ST ANNUAL EARLY CHILDHOOD

CARNIVAL

with B.E.A.R. BUS

Friday, August 11 from 10 a.m. - 2 p.m.

Located at the soccer field by the Seabird Island Early Childhood Centre.

**ALL FAMILIES WITH CHILDREN AGES
6 & UNDER ARE WELCOME**