



www.seabirdisland.ca

the Sq'ewqel
a.k.a. Seabird Island

YOO HOO

Temtheqi ~ "Sockeye salmon time" ~ (August) 2023

Youth Provincial Championships



BC Soccer Provincials in Kamloops

Congratulations to Layla Thompson and Brooklyn Fisher in making it to the B.C. soccer provincials in Kamloops. As they secured a 2nd place finish, their grandparents, dad, mom, and the rest of the family celebrated the incredible achievement. They couldn't help but express their overwhelming pride and happiness for Layla and Brooklyn, recognizing the hard work and dedication that had led them to this point. The family gathered together, basking in the glory of their success, cherishing the bond that had been strengthened through their shared love and support.

With immense pride and joy from their families, they have shared this story and photos with us, so the rest of the Seabird families can join in congratulating Layla, Brooklyn and the team on their incredible achievement.

Thank you to Maggie Pettis for sharing this story with us, we are always happy to share the accomplishments of Seabird Members

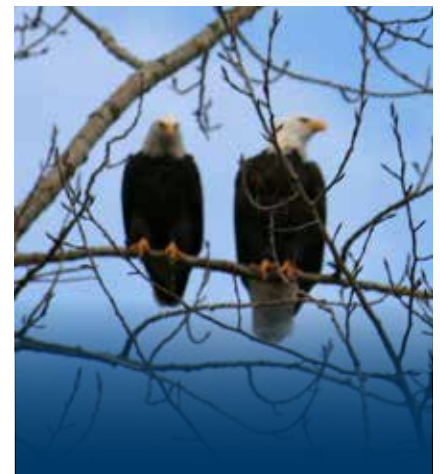
and encourage other Band Members to share their accomplishments with the extended Seabird family by submitting to comm@seabirdisland.ca.

Author, Sandra Bobb



INSIDE

- Sq'ewqel Days & Health Fair pg. 2-3
- Summer Safety pg. 4
- The Power of Positivity pg. 5
- Fraser Valley Transit Strike pg. 6
- Seabird Island First Nation Artist pg. 7
- Notice to the Community pg. 8
- BC Hydro Notice pg. 9
- Seabird Youth Calendar pg. 10
- Sto:lo Youth Entrepreneurship pg. 11
- Community Calendar pg. 12-13
- Health Promotion pg. 14
- Water Restrictions Update pg. 15
- Major Garbage Pick-up Notice pg. 16
- Why are we Sorting? pg. 17
- Sewer Do's and Don'ts pg. 18
- Advertisements pg. 19
- Comic & Puzzle pg. 20
- Classifieds pg. 21
- Job Postings pg. 22-23
- Junior Kindergarten Program pg. 24



All Facilities Closed
British Columbia Day
Monday August 7th, 2023



Sq'ewqel Days, Health Fair, and C&C Quarterly Meeting

July 19th 2023

Once again, the Seabird community came together for a spectacular event that left a lasting impact on everyone involved. This large community gathering brought hundreds of Community Members together, creating an atmosphere of camaraderie and celebration. What made this event even more special was the fusion of three essential gatherings: the highly anticipated Annual Band Open House (Sq'ewqel Days), the informative Annual Health Fair, and the insightful Chief & Council Band Quarterly Meeting.

As attendees made their way through the event grounds, they were met with an array of vibrant and engaging interactive display booths from various

Seabird Departments, Programs, and services. Each booth served as a window into the vital work these entities do for the community. Friendly and knowledgeable representatives eagerly shared insights, explaining the ways in which their contributions positively impacted the lives of the people they served. Moreover, visitors had the opportunity to register for several of these services, ensuring that they could access the support and resources they needed.

The spirit of collaboration was evident as Seabird Health extended invitations to other health agencies, programs, and services, encouraging them to participate in the event. Through these

partnerships, Seabird was able to disseminate valuable health information to the community, fostering an atmosphere of collective well-being.

Among the crowd were the esteemed Seabird Chief and Council Members, who made themselves readily available to address any questions or concerns the community wished to discuss. These respected leaders embraced their roles as accessible figures, actively roaming the event and engaging with staff, Community Members, and other guests. It was a unique and informal opportunity for everyone present to interact with the leadership directly, fostering a sense of transparency and community cohesion.





Throughout the day, various reports and materials were made available at all the tables, ensuring that attendees had easy access to crucial information. Following the event, the reports from the Chief & Council Band Quarterly Meeting were uploaded to the membership site at membership@seabirdisland.ca. For added convenience, Band Members have the option to request copies of these reports on USB by reaching out to comm@seabirdisland.ca or calling the Communications Office at 604-796-2177.

The Lands Program was set-up in the gym doing presentations. They also held a Lands meeting for Community Members, sharing information and reviewing the Land Use Plan.

The weather graced the occasion with a stunning display of bright sunshine, enhancing the atmosphere of the event.

However, as the day progressed and temperatures soared, concerns for the well-being of attendees prompted the event organizers to make the difficult decision of closing down one hour earlier than planned. The safety and comfort of Community Members were paramount, and this responsible action ensured that everyone had a memorable and enjoyable time at the event.

As the event drew to a close, the Community Members departed with arms full of freebies from the various booths, their minds brimming with newfound knowledge, and their hearts filled with an overwhelming sense of joy and connection. The success of the event was a testament to the unwavering support and active participation of all those involved.

In the spirit of gratitude and

appreciation, the organizers extended their heartfelt thanks to each and every participant who contributed to the success of this community event. The vendors' dedication in sharing their work and resources, coupled with the enthusiasm of the Community Members who turned out in numbers, made the occasion truly special and impactful. This gathering exemplified the strength and unity of the Seabird community, reminding everyone that their support is always valued and cherished. Together, they celebrated a day filled with togetherness, learning, and a shared sense of purpose, setting the stage for even more remarkable events in the future.

Author Sandra Bobb



Summer Safety in the Heat: Tips to Stay Safe

Every year more than 388,000 people in Canada die from drowning.



Summer is a season of fun and excitement, but it also brings its fair share of risks, with heat-related illnesses and water-related accidents. By taking some simple precautions, you can greatly reduce these risks and ensure a safe and enjoyable summer.

Stay Hydrated:

Dehydration can lead to heat exhaustion or heatstroke, both of which are serious conditions. Drink plenty of water throughout the day, even if you don't feel thirsty. Avoid drinking lots of sugary or alcoholic beverages, as they can contribute to dehydration.

Dress Appropriately:

Preferably, dress in light-coloured, loose-fitting, and breathable clothing to help your body keep cool. Preferably light-colored fabrics, as they reflect sunlight and can keep you cooler. Don't forget to wear a wide-brimmed hat and apply sunscreen to protect your skin from harmful UV rays.

Seek Shade and Limit Outdoor Activities:

During the hottest parts of the day, typically between 10 a.m. and 4 p.m., try to stay in the shade or indoors, especially if the temperature is high. If you engage in outdoor activities, take frequent breaks in shaded areas to give your body a chance to cool down.

Apply cool water to the back of your neck, the top of your head, the inside of your elbows and your feet. These areas of the body respond faster to keep you cool. Similarly, in the winter, you want to keep these areas warm to stay warm.

Never Leave Children or Pets in Hot Cars:

The temperature inside a vehicle can rise rapidly and become life-threatening in minutes. Always take your children and pets with you when you leave the car, or make arrangements for someone responsible to look after them.

Know the Signs of Heat Illnesses:

Heat exhaustion may include heavy sweating, weakness, dizziness, nausea, and headache. **Heatstroke**, is more severe and may present as a high body temperature, confusion, rapid pulse, and unconsciousness. If you or someone else exhibits signs seek medical attention immediately.

Summer Water Safety:

Learn to Swim: It's never too early or too late to learn. My boys started before they could walk. We took lessons every year, even when we knew how to swim. It's a good summer activity to keep the kids busy, and it's a great family activity to bond around. It's recommended to take swimming lessons from a certified instructor.

Learning to swim is a valuable life skill that also builds confidence and can reduce the risk of drowning.

Supervise Children at All Times:

Always supervise children around water and use life jackets for inexperienced swimmers or children during water activities. Everybody should wear a life-jacket in a boat.

Be Cautious: Rivers, lakes, and oceans can be unpredictable. Pay attention to warning signs, currents, and depth before entering natural bodies of water. Always swim in designated swimming areas, when available.

Install Barriers: When you have a pool (even a kiddie pool) at home, install barriers such as fences with closing gates to prevent unsupervised access. Pool covers can also add a layer of safety.

Be mindful of air quality: With wildfires throughout BC, smoke can travel to our areas and cause breathing difficulties. During these times, people with asthma and other health conditions should wear a mask outdoors and try to stay indoors. Air purifiers and air conditioners are a big help.

Summer is a time for enjoyment and creating lasting memories. By following these summer safety tips, you can protect yourself and your loved ones. Stay hydrated, be mindful of the heat, and take necessary precautions when participating in water activities. By prioritizing safety, you can ensure that this summer is filled with fun, laughter, and peace of mind.

Author Sandra Bobb

The Power of Positivity: Turning Your Frown Upside Down

When you smile the whole world smiles with you.
When you think positively, positive things happen.

Positivity, has an incredible impact on our lives and the world around us. The old adage “When you smile, the whole world smiles with you” rings true as positivity has the ability to spread like wildfire, transforming our personal well-being and everyone's around us. In this article, we'll explore the science behind positivity, its effects on our mental and physical health, and how embracing a positive mindset can lead to a cascade of positive events.

The Science Behind Positivity

Studies have shown that positivity isn't just a fluffy concept; it has real, measurable effects on our brains and bodies. When we think positively, our brains release chemicals like dopamine, serotonin, and endorphins, which are responsible for feelings of pleasure and happiness. These chemicals not only improve our mood but also help reduce stress and anxiety, leading to an overall improvement in mental health.

Researchers have found that a positive mindset can improve our immune system, improving resiliency to illnesses and infections. Additionally, positivity has been linked to improved heart health, lower blood pressure, and reduced risk of chronic diseases.

Positivity and Well-being

When we choose to adopt a positive outlook, we open ourselves up to a world of possibilities. Positivity enables us to focus on solutions rather than dwelling on problems, empowering us to overcome obstacles. A positive mindset allows us to learn from failures, turning them into stepping stones toward growth and success.

Moreover, positivity nurtures healthier relationships. People are naturally drawn to those who radiate positive energy, making it easier to build meaningful connections. A positive person's enthusiasm and encouragement can inspire and uplift those around them, supporting a harmonious social environment.

Tips to stay positive:

- Spend time with positive people
- Do things that make you happy
- Avoid negative thoughts and emotions
- Be grateful for what you have
- Focus on the good in every situation (*The glass is half full, not half empty!*)
- Always be grateful
- Create a positive environment
- Avoid Alcohol (*its a depressant*)
- Have a good nights sleep
- Unplug! Get off the grid. Disconnect from distractions (phones, TV, digital games,...)
- Get out of the house once and a while

Embracing Gratitude

An essential aspect to create positivity is practicing gratitude. Looking at what we already have, not what we don't have. By acknowledging the good things and appreciating them, we train our minds to find joy in the simple things.

Keeping a gratitude journal, where we jot down things we are thankful for each day, can be a powerful tool for developing a positive perspective. When we consciously focus on the positive aspects of our lives, we wire our brains to seek out and appreciate positivity.

Spreading Positivity

One of the most remarkable qualities of positivity is its ability to spread from one person to another. A smile is contagious! When we are around someone who exudes positivity, their energy brightens our day, prompting us to pass the good vibes to others.

This ripple effect can create a chain reaction, with acts of kindness and positivity rippling through families, communities, and even across nations. A single positive action can lead to a cascade of positivity, inspiring others to pay it forward and creating a collective atmosphere of happiness and goodwill.

In conclusion, positivity is a potent force that can transform our lives and the lives of those around us. By embracing a positive mindset and practicing gratitude, we can see benefits for our mental, emotional, and physical well-being.

We hold the power to turn our frowns upside down, to spread happiness wherever we go. Each positive thought and action we choose can set off a chain reaction of positivity, creating a world where positive things happen not just to us but to everyone we touch.

Yes, you can change the world! Let's smile more, think positively, and watch as the world smiles with us.

Author Sandra Bobb

“Tomorrow is a new day with no mistakes in it... yet.”

L.M. Montgomery, *Anne of Green Gables*

Eastern Fraser Valley transit strike ends; first stop, HandyDART customers



HandyDART customers can start booking trips again beginning July 24, as the eastern Fraser Valley transit strike ends.

First Transit and CUPE 561 members both agreed to a mediation proposal by Vince Ready last week and are moving forward to getting services running again. The main priority will be getting HandyDART back to being fully operational, First Transit said over the weekend.

“The company is working to conclude this new collective agreement and has already started return-to-work efforts with maintenance staff so transit service can be restored as early as possible for our customers in the Fraser Valley,” a representative told Black Press. “The immediate priority for return to service is HandyDART, which operates on a reservation basis.”

They said HandyDART customers may begin contacting the service on Monday, July 24 to make arrangements for trips.

But other customers will have to wait at least a few more days, it seems.

“As for the broader transit service in the Fraser Valley, maintenance preparations are underway to ensure the buses are ready to return safely to the roads,” they added. “A date for full return to service will be announced as soon as it is confirmed.”

Bus services in Abbotsford, Mission, Chilliwack, Agassiz and Hope have been suspended since March 20 when the

transit workers went on strike. Picket lines were being taken down at the end of the week.

According to the union, the two sides reached a six-year agreement that ends on March 31, 2026 and narrows the wage gap with other transit workers in the region.

The settlement also introduces a pension plan that takes effect next spring. Vince Ready was appointed as a mediator of the dispute by the Ministry of Labour on June 8. He was initially given 10 days to secure a resolution but the deadline was extended.

Both the union and the employer have thanked the public for being patient through the negotiating process.

<https://www.agassizharrisonobserver.com/news/eastern-fraser-valley-transit-service-resumes-first-stop-handydart-customers/>

Seabird Island Women's Group

Date: August 9th
Time: 5:15 - 7 p.m.
Location: Ruby Creek - Meet at Mill Hall

Come and join the Women's Group outings. The purpose of this group is to bring together women to discuss topics that pertain to women's empowerment. In Women's Group, we create a safe place for one another, and we support each other. We learn about oneself, and we learn from each other by sharing our experience and knowledge related to the topics below.

- Holistic self-care medicine wheel work
- Creating a safe place
- Vulnerability
- Understanding trauma and resilience
- Women supporting other women
- Communication styles
- Relationships and communication

Future Dates:
August 29th

For more information or to book a ride, feel free to contact:

Cecilia Chapman: 778-648-0591
Danielle Munroe: 604-798-3194
Bailee Jacques: 604-819-6176

WE ARE STRONGER TOGETHER

Seabird Island First Nation artist George Price creating 20 ft pole for Skawahlook First Nation



Excitement is abuzz for Skawahlook First Nation and Ruby Creek Art Gallery.

A new pole carving project, being done by Coast Salish artist and carver George Price (who is from Seabird Island First Nation), is taking place on-site the gallery — and the public is being invited to participate in the creation of the 20 ft-tall pole.

“It is a great honour to have local carver George Price work on a complex project that allows the public to be a part of it,” said Sharron Young, Skawahlook’s Managing Director. “The Ruby Creek Art Gallery invites the public to witness and participate in this artistic creation that will be a lasting legacy for our community.”

Price, who is re-known for his work which includes masks, canoes, house posts, bentwood boxes, and totem poles, started work on the project last Wednesday (June 28). Using a red cedar log, that was donated and delivered by Probyn Log, Price will spend the next month carving a 20 ft tall pole that, upon its completion, will be raised at Skawahlook’s Adventure Park, “Syexw Cho:Leqw” (Rockslide in the Forest).

“Throughout my 40 plus years of carving I have been practicing the Kwakwakawak and Coast Salish style of carving art styles, forms and techniques honouring the nation I lived with when I was young as well as my lineage,” Price said.

Until the project’s completion, nearly every Thursday to Saturday carving will take place, from 10 a.m. to 5 p.m., at the gallery. During this time, the public is welcome to watch and

even participate in the pole carving process (after signing a waiver).

<https://www.hopestandard.com/news/seabird-island-first-nation-artist-george-price-creating-20-ft-pole-for-skawahlook-first-nation/>



Urgent Notice to the Community

July 24, 2023

It has come to our attention that a resident of Agassiz has offered free fill to anyone who may be interested.

Members need to be aware that all soil/ fill coming from an unauthorized source is not permitted to be transported and deposited on Seabird lands.


All materials are subject to testing at cost to the member, possible fines, and even the cost of its removal.

As per the Seabird Island Development Law, Permits are required for the deposit or removal of more than 10 m³ (approximately one dump truck load) of clean, non-polluted soil, gravel or other materials per year, per parcel of land;

The Seabird Island Environmental Protection Law and the Seabird Island Soil, Deposit, Removal and Transport Law have further provisions to protect all Seabird Island lands.

Please contact the Lands Office if you have any questions or concerns 604-796-2177.

Respectfully,
The Lands Team





Stó:lō Research and Resource Management Centre
Research and Special Projects Unit

DO YOU HOLD KNOWLEDGE ABOUT PLANTS AND ANIMALS?

The SRRMC is looking for Knowledge Keepers from Stó:lō communities to share knowledge about **culturally significant plants and animals**. Information will be stored in the Stó:lō archives and will be used to help restore and protect species and to guide future research. Help us in protecting our traditional medicines, plants, and wildlife for future generations.

*****Special interest in flowering plants and species-at-risk***
Honoraria provided **

For more information
Contact Sasha Tuttle at:
sasha.tuttle@stolonation.bc.ca



Renew Your Status Card

Booking a Status Card Appointment

Tuesday to Thursday:
8:30 a.m. - 4:30 p.m.

Appointments are required.
Serving Seabird Members only! *SIB has the right to refuse service.*

Remember to bring:

- 2 pieces of photo
- Government ID
- New Photo (see Communications, appointment required)

Contact **Simone Jimmie**
604-796-2177

Status Card Photography

Laminated style: \$13.50
New style w/ authenticated photo: \$18.50
Monday to Friday:
8:30 a.m. - 3:00 p.m.

Appointments required.

Contact Communications at
604-796-2177
or comm@seabirdisland.ca



July 24, 2023

Seabird Island
PO Box 650
Agassiz, BC V0M 1A0

To whom it may concern,

This letter is to advise you that BC Hydro contractors are scheduled to visit Seabird Island land to survey for BC Hydro telecommunications equipment within the next 60 days. This visit will include our technicians coming to Seabird Island lands with telecommunications equipment to test and survey the communications with British Columbia's electrical grid. We anticipate no outages at this time.

Please do not hesitate to contact us by email at mdu.inquiries@bchydro.com or by phone at 1 800-409-8199 if you have any questions or concerns. We thank you for your understanding and patience as we complete this important process of updating our electricity grid.

Sincerely,

Customer Metering Team

Customer Metering, Property Representatives

BC Hydro
333 Dunsmuir St, 1st floor
Vancouver, BC V6B 5R3
P 1 800 409-8199
E mdu.inquiries@bchydro.com

bchydro.com



Seabird Youth August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Youth Drop-In 10:00am – 6:00pm Drum Making Skate Crew- Vancouver Island	2 Youth Drop-In 10:00am – 6:00pm Making Medicine	3 Youth Drop-In 10:00am – 6:00pm Go Karting	4 Jam Making	5
6	7 Statutory Holiday British Columbia Day	8 Mountain Biking Ryan Outdoors	9 Youth Drop-In 10:00am – 6:00pm Making Medicine	10 Youth Drop-In 10:00am – 6:00pm Go Karting	11 Pancake Brunch	12
13	14 Culture activity or Day outing	15 Sts'ailes Cultural Tourism	16 Youth Drop-In 10:00am – 6:00pm Skate Crew - Vancouver	17 Youth Drop-In 10:00am – 6:00pm	18 End of Summer Celebration	19
20	21 Culture activity or Day outing	22 Waterslides	23 Youth Drop-In 10:00am – 6:00pm Skate Crew- Maple Ridge	24 Youth Drop-In 10:00am – 6:00pm	25 Culture and Skate Camp	26
27	28 Culture activity or Day outing	29 Seabird Island Back to School Event	30 Youth Drop-In 10:00am – 6:00pm Skate Crew- Penticton	31 Youth Drop-In 10:00am – 6:00pm		

Youth Drop-in's Summer Hours are 10:00am - 6:00pm Monday to Friday

All youth ages 12-18 are welcome to participate in Seabird Youth programs. The Drop-In is a meeting place, eating place, quiet place, social space and safe space for everyone.

For more information on the Seabird Island Youth Program, contact Angela Charlie at 604-799-8532 or angela.charlie@seabirdisland.ca.

Lands Pop-up Pet Day

On Saturday July 15th, 2023, the Lands Program offered a Pop-up Pet Day.

The highlight of the event was undoubtedly the wide array of free new and used pet supplies offered to pet owners. From premium pet food to sturdy leashes, stylish harnesses, cozy beds, and more. The Lands Program had collaborated with local businesses, who generously contributed to the event, ensuring that every furry companion would go home with a wagging tail and a full heart.

They also offered the opportunity for some pets to be spayed or neutered. Several local families were able to take advantage of these services. If you wish to have your pet spayed or neutered, please contact the Lands Program to be put on their wait-list.

The Lands Program is always accepting pet registration. Contact them at 604-796-2177 to register and receive a tag for your pet.

Thank you to the Lands Program for hosting such a wonderful event. Please watch for future Pop-up Pet Days in the future.

Author Sandra Bobb


At Seabird Island Dental Office our goal is to provide you and your family with all your treatment needs in a professional, friendly, caring, and culturally safe atmosphere.

Seabird Island Dental Clinic

Our office is open Monday to Thursday
8:30 a.m. to 4:30 p.m.

Please call 604-796-6853 to book
an appointment

We excel at meeting the individual dental needs of our patients and offer the latest information required to best prevent dental diseases.
We are currently accepting all new patients.





Seabird High School

On Father's Day, Dion & Ben Fraser and Mr. Greg, math teacher and cross country coach at Seabird High School, participated in the 10km run for Prostate Cancer Awareness at Burnaby Lake. Both Ben and Dion did a terrific job. Here is a photo from the event.

Greg Draguzet

**Chance to win a
top-of-the-line
Gaming PC
with cutting-edge
technology**

and many
more cool
prizes



Stó:lo Youth Entrepreneurship Initiative

**October 14, 2023
9 am - 4 pm**

Mark your calendars, spread the word, and unleash your entrepreneurial potential at the Youth Entrepreneurship Initiative. Join us for an Unforgettable Journey of Talks, Workshops, and Mind-Blowing Insights!

All Indigenous youth ages 16 to 29 across the province of BC are invited. This is a unique opportunity to learn from knowledgeable speakers on various topics through talks and workshops designed to help you prepare for a future in entrepreneurship and gain valuable insights in financial and business-related fields.

EARLY BIRD PROMO:

SIGN UP BEFORE AUG 31 AND DOUBLE YOUR CHANCES OF WINNING!

**Don't miss out!
Register Now**



















 events.sqdc@sqewqel.ca



**FREE for registered participants
Lunch and amazing door prizes included**

#IndigenousYouthEntrepreneurs #EmpoweringDreams #BuildingCommunity

Community Events Calendar ~ Temtheqi

(S) Sxexlhat	(M) Yila:welhát	(T) Sthémelts	(W) Silh
	<p> Doctor's Office is by appointment only. Please call ahead for an appointment.</p> <p> Dental Office is urgent/emergency appointment only. Please call ahead.</p> <p> Fire practice is canceled until future notice.</p> <p> Garbage day, has not changed unless notified (2 bags per house hold please).</p> <p> Recycle day, No longer accepting blue bags. Use blue bins please.</p>	<p>    1</p>	
6	7	<p>    8</p>	8 
Seabird Church	British Columbia Day	<ul style="list-style-type: none"> • Council Executive Committee Meeting 	<ul style="list-style-type: none"> • Major Garbage Pick-up Register w/ Public Works • Meals on Wheels 5 - 6 p.m. • Women's Group 5 - 7 p.m.
13	14	<p>     15</p>	
Sts'ailes Church	<ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	<ul style="list-style-type: none"> • Income Assistance Renewal / Job Search • Seabird Island Artists Discussion Forum 6:30 - 7 p.m. 	<ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m.
20	21	<p>     22</p>	
Seabird Church	<ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	<ul style="list-style-type: none"> • Chief & Council 	<ul style="list-style-type: none"> • Major Garbage Pick-up Register w/ Public Works • Meals on Wheels 5 - 6 p.m.
27	28	<p>     29</p>	
Sts'ailes Church	<ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	<ul style="list-style-type: none"> • Back-to-school & ECE Fun Daze • Women's Group 5 - 7 p.m. 	<ul style="list-style-type: none"> • Income Assistance Day • Meals on Wheels 5 - 6 p.m.

~ “Sockeye salmon time” ~ (August) 2023

:xws	(T) Sxeó:thels	(F) Sheqá'tses	(S) T'óqw'tem
2	3	4	5
9 8 a.m. ks m. m.	10	11	12
16 m.	17	18	19
23 8 a.m. ks m.	24	25	26
30 m.	31 • PRIDE Bingo		

HEALTH PROMOTION A BALANCED HEALING JOURNEY

Let's gather & reacquaint ourselves.

- Share some food
- Win some Door prizes
 - Look at our historical generations
 - Understand the traumas of the last seven generations
- What is continuing to happen today
- Substance use, violence, criminal offences, family/domestic violence, gangs, depression, isolation, mental health, (anxiety, grief) etc...

If you see me in the community or at an event, please introduce yourself. I would be happy to set up a time for a conversation through a call, text or chat to share your thoughts. I value your input on what you would like to see in terms of health promotion in your community. I am here to listen and will make every effort to provide relevant education and prevention workshops that are desired and necessary.

Shannon Williams, LPN
Call / Text 604-991-8701

Communities covered:



WATER RESTRICTIONS Update

Lhqó:le – Conserving Water Matters

Water restrictions continue as announced on June 1, 2023 in order to safeguard our community, environment, and future generations. For more information on water restrictions in Seabird Island, call 604-796-2177 or email lands@seabirdisland.ca

The Government of British Columbia issued the following media release.

People, businesses urged to conserve water

Victoria, Friday, June 23, 2023 1:30 p.m.

The Province is urging people across British Columbia to conserve water as current forecasts suggest much of the province will experience drought conditions through the summer months.

While the recent rains have provided relief for some regions in B.C., it has not been enough to overcome the limited rain and precipitation from previous months. The increased flows that are present in some streams and river systems are likely to be short-lived.

Everyone is responsible to do their part to conserve water and reduce the risk of negatively affecting the environment and other water users. Water suppliers and vendors are also asked to ensure that they have an adequate water supply until rainfall can improve conditions.

The Province continues to work with communities in preparation for the summer. If conservation measures do not achieve sufficient results and drought conditions worsen, temporary protection orders under the Water Sustainability Act may be issued to water licensees to support drinking water for communities and avoid

significant or irreversible harm to aquatic ecosystems. Provincial staff are monitoring the situation and working to balance water use with environmental flow needs.

People and businesses in affected areas should reduce water use wherever possible and observe all watering restrictions from their local or regional government, water utility provider or irrigation district.

Areas currently under Drought Level 4 include: the East Peace, Fort Nelson, and Finlay areas.

The majority of other watershed basins in B.C. are in Drought Levels 2 or 3.

British Columbia ranks drought levels from 0 to 5, with Drought Level 5 rated as the most severe with adverse impacts to socio-economic or ecosystem values being almost certain.

Water use to extinguish a fire or contain and control the spread of a fire is exempt from a provincial water licence or approval. However, anyone under an evacuation order due to wildfire must leave the area immediately.

General water conservation tips:

At home:

- limit outdoor watering, including lawns;
- do not water during the heat of the day or when it is windy;
- consider planting drought-tolerant vegetation;
- find ways to reduce personal water use, such as taking shorter showers and only doing full loads of dishes and laundry;
- do not leave taps running; and
- install water-efficient shower-heads, taps and toilets.

On the farm:

- implement an irrigation-scheduling program using real-time weather data;
- schedule irrigation to match crop needs and soil storage capacity;
- improve water systems and check for leaks; and
- focus on high-value crops and livestock.

Industry:

- reduce non-essential water use;
- recycle water used in industrial operations; and
- use water-efficient methods and equipment

Quick Facts:

- Drought is a recurrent feature of climate involving a deficiency of precipitation over an extended period, resulting in a water shortage.
- The Province uses a six-level drought classification, 0-5, to explain the severity and appropriate level of response to drought conditions.
- At Drought Level 4, conditions are extremely dry and adverse impacts to socio-economic or ecosystem values are likely.
 - Voluntary measures and increasing use of watering restrictions will continue and may be augmented by regulatory action by the provincial government where necessary to reduce water user conflicts or protect the environment.
- At Drought Level 3, conditions are becoming severely dry. Potentially serious ecosystem or socio-economic impacts are possible in some circumstances.
 - All unauthorized use should be curtailed. Water suppliers are much more likely to impose watering restrictions, and data collection for regulatory action by the provincial government may start to occur.

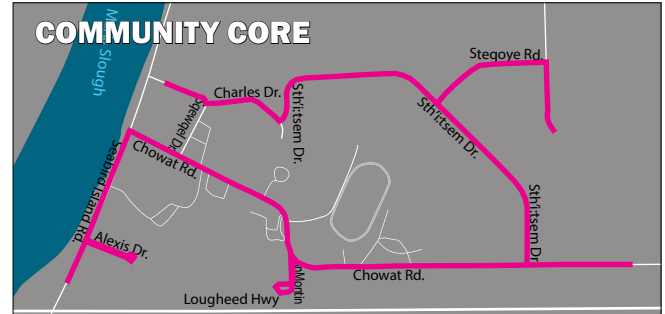
Notice to the Community

Major Garbage Pick-up

Pick up in the Seabird **community core** will be the **first Wednesday of the month**, and pick-up in the **surrounding community** will be the **third Wednesday of each month**. Please see the details below.

Community core includes;

- Seabird Road from Loughheed Highway to Charles Drive.
- Alexis Drive.
- Chowat Road from Seabird to 3286 Chowat Road (Cultural Centre).
- Sthitsem Drive and Steqoye Road.
- Pipehom Road from Steqoye Road to south end of road.



Surrounding community includes ;

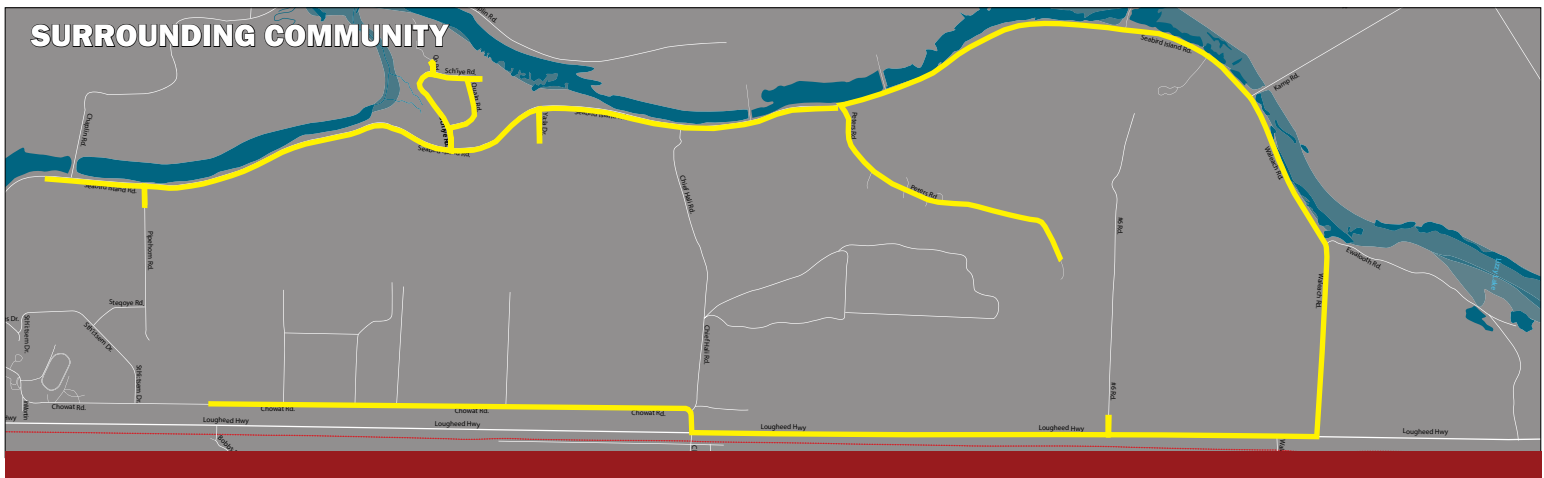
- The remainder of Chowat Road and Seabird Road.
- Loughheed Highway and #6 Road.
- Peters Road, Ya:la Drive, Waleach Road and Strawberry Island.
- The north end of Pipeho:m Road.

Sign up will no longer be required. This pick-up is for large and unusual items, not excessive garbage.

Please remember to put out your regular garbage and recycling on scheduled days. This new major garbage pick-up schedule allows for collection from several members, since space is limited.

Public Works will arrange another community clean-up weekend in the Fall (or sooner if needed) for those who have excessive garbage.

Any concerns or questions, please reach out to Public Works at 604-796-2177.



Remember:

To sort your recycling and garbage. Seabird will no longer be taking your garbage and recycling when items that do not belong are found in you recycling and garbage.

To get your garbage and recycling out on the scheduled days. Major Garbage day is not for getting rid of the garbage you forgot to put out on garbage and recycling day. Those who miss garbage or recycling day, please take it to Bailey Sanitary Landfill or the local Recycling Depot, or wait until the next scheduled garbage day.

Why are we sorting? Reduce, Reuse, Recycle

Keeping the plastic bags and overwrap free of other types of plastics allows them to be recycled to the highest possible use (they can be processed into pellets that meet North American specifications for new products and packaging).

It also avoids having the plastic bags/overwrap impact the recyclables sorting process by getting caught up in the equipment. Other flexible plastic packaging is lower quality and cannot be recycled with other plastics.

What Seabird Island Accepts in curbside pick-up

Accepted Plastic Products:

- Clamshell packaging
- Dispenser bottles
- Food tubs/Containers
- Milk Jugs
- Plastic Berry & Salad containers
- Plastic cups&Lids
- Plastic plant pots
- Plastic trays and tops
- Un-numbered rigid plastic packaging (Toothbrushes, and toys)

Accepted Paper products:

- Cardboard&Boxboard
- Cardboard tubes & Product boxes
- Coffee cups and lids
- Envelopes and loose leaf paper
- Juice boxes or cartons
- Magazines, newspaper and flyers
- Paper drink holders
- Paper egg trays
- Paper food bags(Pet, sugar or flower. No plastic/foil lining)
- Paper gift wrap and bags
- Soup and sauce cartons

Accepted Metal products:

- Spray cans (Empty air freshener, hair spray, insect repellent & food cans)
- Aluminum foils&Trays
- Cookie Tins
- Soup cans
- Tin cans & Lids
- Aluminum cans & lids
- Metal beverage containers (Best returned at bottle depots)

How does recycling help?

Consider that one pound of recycled newspaper can be reused to make 6 cereal boxes, 6 egg cartons or 2,000 sheets of copy paper. Recycling just one tone of newspaper can save up to 19 trees. It also

saves up to 4,000 kilowatt hours of energy and 29,000 liters of water.

Please confirm that only the listed items are in your recycling bag. If non listed items are found in the recycling bag it is

considered contaminated. It is no longer a recyclable item and will be thrown in the garbage.

What you as a tenant are to bring to a Recycling Depot near you:

- Plastic bags for groceries, dry cleaning, bread, newspaper, flyers etc.
 - Soft and stretchy bags for produce, dry bulk foods, garden products, wood pallets etc.
 - Outer bags and wrap for diapers, feminine hygiene products, paper towels, tissues, soft drink can flats
 - Overwrap on mattresses, furniture, electronic equipment, etc.
 - Kitchen stretch wrap and zipper-lock bags
 - Multi-layer, laminated plastic packaging e.g. for bacon, deli meats, cheese slices, pet food etc.
 - Stand up plastic pouches (Often have zipper-lock tops) e.g. for soup, trail mix etc.
 - Crinkly, non-stretchy cellophane wrappers, and bags e.g. for cereal, salad, tea, candy, chips, floral arrangements etc.
 - Plastic shipping envelopes and bubble packaging,
- Any questions about Seabird Island Recycling program please contact:
Housing/Public Works
604-796-2177
www.seabirdisland.ca

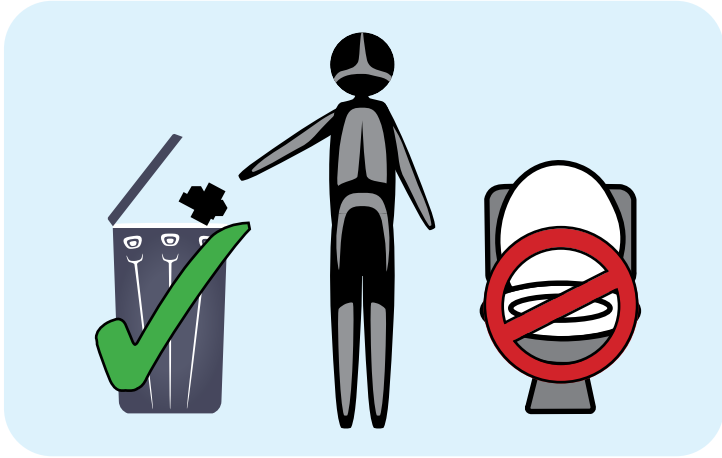
Submitted by: Kailie McRae





Sewer Do's and Don'ts

TOILETS ARE **NOT** TRASH CANS



Following the suggestions listed below may save residents money and avoid significant inconvenience, as well as the cost for clearing and repairing blockages.

- DO** - Place liquid fats, oils and grease (FOG) into a jar or container with a lid and then dispose in the trash on trash collection day. Wipe down greasy pots and pans with a paper towel prior to washing in the sink or dishwasher.
- DO** - Place a wastebasket in the bathroom to dispose of solid wastes, disposable diapers, and personal hygiene products that do not belong in the sewer system.
- DO** - Use a strainer over the drain in your sink, tub and shower. Then, empty the collected material into the garbage.
- DO** - Use a composter. If you haven't begun a compost heap, start one with lawn clippings, garden rubbish and food scraps and use the compost to fertilize your garden.
- DO** - Use the manufacturer's recommended amount of detergent for washing in the kitchen or laundry. The average household uses three times more detergent than manufacturers recommend for washing dishes and clothes. When these detergents enter the sewer system, they hold large amounts of fats, oils, and grease in suspension making cleaning and treating the wastewater difficult and more costly. Save money on buying detergents, by cutting down on the amount of detergent used, and reduce phosphates in the environment which cause algae growth in water.

DO NOT - Pour fats, oils and grease from cooking down the sink drain. If your pots and pans are oily or greasy, don't rinse them; wipe them out with a paper towel.

DO NOT - Pour sour milk down the sink. One liter of full cream milk has enough fat in it to cover the surface of an Olympic-sized swimming pool.

DO NOT - Use the toilet as a wastebasket / garbage can.

DO NOT - Use the sewer as a means to dispose of food scraps.

DO NOT - Discard food scraps, tea leaves, coffee grounds and eggshells down the sink.

DO NOT - Flush razor blades, pharmaceutical products, cigarette butts, nail polish remover, toilet deodorant dispensers or other non-biodegradable products down the toilet. Also, toys that find their way into the system cause problems.

DO NOT - Place jewelry and valuables on the edge of the basin or the sink. Once flushed down the toilet, valuable and valued items are very difficult to recover.

DO NOT - Flush diapers, sanitary napkins, tampons, convenience pads, surgical bandages, syringes, and cotton tipped stems or pantyhose down the toilet. Do not flush plastics and plastic film from personal hygiene items, including disposable diapers.

DO NOT - Pour paint, engine oil, pesticides or chemicals down the sink. Some hazardous materials can corrode the sewer, while others complicate the treatment process. In fact, dumping them in the sewer is illegal and you could be subject to a fine. These hazards are a threat to the environment; and these chemicals pose a health threat to maintenance crews working in the sewers. By throwing hazardous materials in the sewer, you are creating a risk for collection employees. Dispose of them at your local recycling depot.

DO NOT - Flush a commercial grease interceptor with hot water to clear or clean the interceptor in lieu of cleaning and pumping out the interceptor.

- *A "Grease Interceptor" is a plumbing device that is installed in a sanitary drainage system to 'trap' or 'intercept' non-petroleum FOG from a wastewater discharge.*

Join the **STÓ:LŌ** BUSINESS DIRECTORY

This is a free business listing on the SCF website for businesses that are at least 51% Indigenous owned/controlled operating within the SCF service area, between Kwantlen First Nation and Yale First Nation, on both sides of the Fraser River!



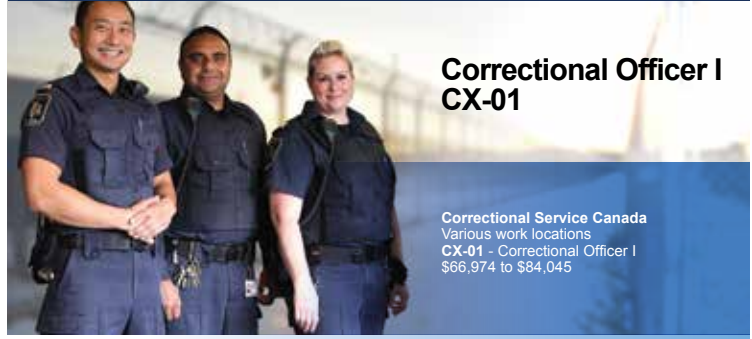
Your free listing can include:

- Business contact information
- Link to website/social media
- Description of services
- Pictures and videos

Contact SCF Business Analyst, Shannon Smith, at 604-824-5278 or by email ssmith@stolocf.ca | www.stolocf.ca



Are you interested in working as a **CORRECTIONAL OFFICER?**



Correctional Officer I CX-01

Correctional Service Canada
Various work locations
CX-01 - Correctional Officer I
\$66,974 to \$84,045

Who can apply: Persons residing in Canada and Canadian citizens residing abroad.

Work environment: The Correctional Service of Canada is seeking interest from persons looking for an exciting and rewarding career as a Correctional Officer.

Correctional Officers are essential to fulfilling the Correctional Service of Canada's (CSC) mission of enhancing public safety by actively encouraging and assisting offenders to become law-abiding citizens, while exercising reasonable, safe, secure, and humane control. For further information on the department, work environment, careers at CSC and application process, please visit our website at Correctional Service of Canada at <http://www.csc-scc.gc.ca>.

ESSENTIAL QUALIFICATIONS:

Education: A secondary school diploma, or a satisfactory score on the Public Service Commission (PSC) test approved as an alternative to a secondary school diploma; or successful completion of a provincially/territorially approved secondary school equivalency test.

Experience: No essential experience is required.

The candidate must successfully complete the CSC Correctional Training Program (CTP).*
**<https://www.csc-scc.gc.ca/careers/003001-0002-en.shtml#10>

For all current positions open to the public, visit the GC Jobs portal on www.jobs.gc.ca regularly.



WATER SAVING TIPS

There are lots of simple ways you can conserve water – and every drop helps.

PUT A BOWL IN THE SINK
when washing your **VEGETABLES –**
then reuse the water on your garden

PUT A PLUG IN THE SINK
when washing your **HANDS, FACE OR TEETH**
rather than letting the tap run.

Choose drought-tolerant **TREES & PLANTS**
FOR YOUR GARDEN

WASH THE CAR
using a bucket
RATHER THAN A HOSE

Avoid watering your garden **OR CROPS**
DURING THE **HEAT OF DAY**

KEEP SHOWERS
SHORT
TRY USING A TIMER

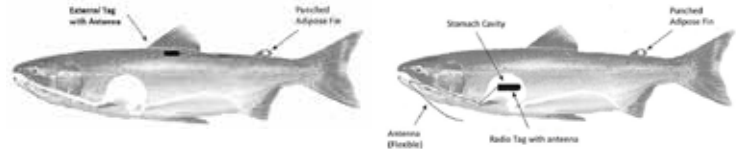
COMPOST MULCH
around **TREES AND SHRUBS**

PUT A BOTTLE FULL
OF WATER
in your toilet cistern **TO REDUCE FLUSH WATER**

ATTENTION ALL HARVESTERS

Researchers with Fisheries and Oceans Canada, in partnership with First Nations and the Province of BC, are tagging Chinook and Sockeye salmon with radio tracking transmitters to evaluate adult salmon migration success associated with the Big Bar landslide.

Radio tracking transmitters are either attached to the back below the dorsal fin or inserted into the stomach cavity.



The numbers printed on the radio tracking transmitters uniquely identify individual salmon and their migration behaviour through the Fraser River and its tributaries.

Please report the tag numbers along with the date and location of capture or recovery to

BigBarTag@gmail.com

Or turn the tags in with the above information through your local catch monitoring program.

The information will be used to help understand the impacts of the Big Bar landslide and improve our understanding of salmon migration biology.

Thank you.



Temtheqi
 “Sockeye Salmon Time”

Leo

July 23 - August 23

Key characteristics: Strong minded, firm and definite, determined, empathic and loyal.

Flower: Gladiola

Birthstone: Peridot

Virgo

August 23 - September 22

Key characteristics: You are organized and very observant. You have a natural eye for detail, and can be very analytical. You love to help people.

Flower: Morning Glory

Birthstone: Amazonite

Quotes of the Month:

“If you saw a heat wave, would you wave back?”
 By Steven Wright

“At the end of the day, the goals are simple: safety and security”.
 By Jodi Rell

Halq'eméylem Word Search

l á l h e h p a t e w t w t i
 s w é t e x e l c h é m : t í
 l á x e l i l í h é y e q w t
 c e m k e x ú l á l w p ' l k
 c k x p l k : i : h e ' é o i
 k k m h í w p y l í m a l y x
 w w s í l ' t e h : m l é q :
 ' é y : e ó l m t m l y m h x
 ó l s y ó : q w e m h í y o t
 k e s h á m k h l h á : w e e
 w s k w e k w i q e l w w p x
 ' t e m t ' á : m x w s t x :
 e y é í m w e t e x ' ' t p '
 s i s i y á : m : x m h y k k
 o w k i e s e l l á q s x l l

Words

1. kwekwiqel – hiking.
2. kw'ókw'es – hot.
3. xixkw'ó:m – swimming.
4. há:we - go hunting.
5. héyeqw – a fire.
6. elélile – salmonberries.
7. alíliyem – laughter.
8. pelú:pt – boat.
9. chá:lhtel – smoking salmon.
10. syó:qwem – sun.
11. híyot – beware of it.
12. q'élém – to make camp.
13. láxel – a fishing spot.
14. syewá:lelh – ancestor.
15. swétexel – rainbow.
16. kwélest – to catch an animal.
17. lhí:m – pick fruit.
18. sisiyá:m – chiefs, respected leaders.
19. temt'á:mxw – gooseberry time.
20. p'alyí:ws – bark of tree.

DEADLINES

Submissions and advertisements are due around the 15th of each month.
Contact comm@seabirdisland.ca.

AVAILABILITY

Once a month. The 1st of each month (or closest business day).
Apply for email distribution or pick-up at the red community newsletter boxes.

**ADVERTISING / SALES:
Have a story idea?**

CONTACT US

Email: comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Template:

Ciara Busby

Design Team:

Sandra Bobb, Ciara Busby, Kristy Johnson, Zorana Edwards-Shippentower, Jasmine Paul-Louis

Proofing Team:

Kristy Johnson, Zorana Edwards-Shippentower, and Jasmine Paul-Louis

Editor & Supervisor:

Sandra Bobb

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.



Classifieds

SEABIRD CHURCH

Mass: Contact Deacon Jamie for information

Study Groups: Contact Deacon Jamie

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.
Contact Lena Paul 604-796-2177.

FUNERAL PAMPHLETS

Creating pamphlets from our catalogue or custom pamphlets.

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee. We also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

MEMBERSHIP STATUS CARDS

Booking a Status Card Appointment

Tuesday to Thursday:
8:30 a.m. - 4:30 p.m.

Appointments are required.
Serving Seabird Members only!
SIB has the right to refuse service.

Remember to bring:
- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

Contact Simone Jimmie 604-796-2177

Status Card Photography

Laminated style: \$13.50
New style w/ authenticated photo: \$18.50
Monday to Friday: 8:30 a.m. - 3:00 p.m.
Appointments required.

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety: 1-877-952-7277 or #7277

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.
Now recruiting new members.
Contact the Fire Hall 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday.
2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request. When you need major garbage pick-up please submit your request in writing and hand it in to the Band Office.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

OPTOMETRY CLINIC

Appointments Only: TBA

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 a.m. - 5:30 p.m. **Closed Fridays**

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Lena Paul 604-796-2177

BABIES ID CARDS

Apply for a Medical Care Card as soon as possible.
Contact Lena Paul 604-796-2177.

Apply for Status Cards as soon as possible.
Contact 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home by ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Lena Paul 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.
AA in BC website: www.bcyukonaa.org

NOTICE

NO SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door, you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority.

Please contact us if you have any concerns.

WILD ANIMAL ALERT

Wild animals are out this time of year. Remember, this is their home, too.
By respecting the land and keeping the outdoors clean, you can reduce the risk of an encounter.

- Only put your garbage out the morning of garbage day.
- Discard fish guts (away from homes).
- Clean your barbecue.

**Please keep an eye on your children and do not walk alone!
Clap loudly and make yourself big!**

Educating ourselves and keeping a clean community make a difference!

If you have any concerns or feel threatened by wild animals, first report it to the

Conservation Office at 1-877-952-7277

Second, contact the Seabird Communications Office at 604-796-2177 so we can post an "Alert".

Culture & Communications Services

Communications Manager

The Communications Manager will lead the development and implementation of all company communications while ensuring stakeholder engagement with Seabird Island Band Members and other key stakeholder groups. The manager oversees the production of high-quality content that engages members and stakeholders while building brand recognition. Main duties include developing and managing a team to create informative content, press releases, articles, and diverse media to communicate our organization's brand, products, and services.

Early Childhood Education

Early Childhood Educator

Working within the Early Childhood Education (ECE) department, Under the direction of the Daycare Supervisor, the Early Childhood Educator will provide hands-on childcare to children in Seabird Island Band's Early Childhood Education programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management.

Supported Child Development Worker

The Supported Child Development program provides services to Aboriginal and Non-Aboriginal children who require extra support due to physical, social, intellectual, emotional, and developmental challenges. Children are provided support in a variety of ways to support them to meet their full potential in inclusive childcare centers.

Economic Development

Production Worker - Nations Creations

The Production Worker will operate print and cut plotters, direct to garment printers, embroidery machines, laser engravers and cutter, UV Printers and Sublimation printers. The Production worker position is essential to our operations. Not only will you assist with our printing, shipping, packing, and other fulfillment needs, you'll also be an essential part of managing our customer experience.

SDQC - Summer Intern

The Sqewqel Development Corporation (SQDC) Summer Intern program is a unique opportunity for a person (over the age of 19) who is enrolled full-time in a recognized university business degree program to have the opportunity to learn new and practical business skills and to become more aware of working within a First Nation business setting.

Furthermore, in this role the SQDC Business Intern will work with the SQDC team by providing project support and coordination, marketing, conducting business intelligence research and other duties as assigned. This position is for 35 hours per week at \$20 per hour.

SQDC - Gas Bar Assistant Manager

As a full-time Assistant Gas Bar Manager, you will work closely with the Gas Bar Manager to oversee the day-to-day operations of our gas bar facility. You will be responsible for ensuring efficient operations, excellent customer service, and adherence to safety and compliance standards. Your role will involve managing a team, maintaining inventory levels, monitoring financial performance, and fostering a positive work environment.

Sqewqel Development Corporation (SQDC) Community Member Board of Directors

To fulfil the SqDC mandate to act on the vision, mission, and annual/long-term strategies and the economic goals of the Chief & Council, as well as to build a more robust and stronger Seabird Island economy, SQDC Board directors are expected to:

- Know what exceptional governance
- Read and understand the financial statements of SqDC
- Attend quarterly and other board meetings/activities
- Serve on at least one subcommittee of the board.
- Evaluate the overall performance of SqDC

Education

Adult Dogwood Instructor

The Adult Dogwood Instructor teaches a variety of Adult Education courses. This position will assist our students towards their Adult Dogwood Diploma and supports students who seek to obtain a trade or vocational certificate in their work plan. *This is a term position and will end June 30, 2024, with a possibility of extension.*

Director of Education

The Director of Education will provide leadership and management expertise, in accordance with Band policies. Specifically, the Director shall be responsible to the Executive Director/CAO for the efficient, effective and productive operation of the Seabird Island College, Elementary and High Schools, including oversight of the nominal role, and education programs.

The Director is responsible for researching, requesting and securing funding for all educational programming, which will be of key importance to the Education Department and will be a high priority. The Director will also be responsible for the professional management of all staff and financial resources available to the Department. This will require working closely with Departmental leadership (College Manager, Principal, Vice Principals, and the Human Resources Department).

Education Assistant Grade K4-12

The Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of the children more rewarding.

EAs will assist teachers in student assessment and evaluation through observation, record keeping and data collection.

FNESC Summer Work Experience Trainee

The FNESC Summer Work Experience Program was developed to help youth acquire skills through work experience. The goal of the program is to assist youth in gaining work experience and pursuing long-term employment.

Trainee positions will be available in several different departments and four trainees will be selected. *Program Duration: July 10 to September 25, 2023.*

Grade 6 Teacher

The Grade 6 Teacher will be responsible for providing instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Halq'eméylem Teacher

The Halq'eméylem Language Teacher is responsible for teaching students how to speak, understand, and write Seabird Islands' traditional language – Halq'eméylem. This teacher is an unrelenting advocate for language revitalization and works with staff and administration to promote the language throughout the school.

Income Assistance First Nations Youth Employment Strategy (IAFNYES)

Seabird island is proud to offer new pilot program called Income Assistance First Nations Youth Employment Strategy (IAFNYES.) The goal of this pilot strategy is to support on-reserve First Nations youth between the ages of 19 and 30 receiving ISC's Income Assistance with a transition to the workforce, or return to school, through their participation in mentored work placements while receiving some case management supports. *This program will be 23 weeks in duration working 30hrs/week not exceeding 720hrs per participant. The program ends March 31, 2024.*

Labour Pool

The spirit of the labour pool is to give community members a chance to gain work experience, be provided mentorship and to make some supplemental income.

SASET – Post Secondary Administrative Assistant

The Seabird Island Band is excited to once again be providing Summer Placement Programs for Post-Secondary students. The Administration Assistant will assist in support to the managers and supervisors of various departments, including but not limited to everyday tasks like filling, record keeping, report preparation, scheduling, creating newsletters and data entry. *This is a term position that will end on August 25, 2023 or when 420 hours has been completed. We are hiring for two vacancies.*

Shop (Wood Working) Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Student Counsellor

The Student Counsellor will provide counselling and support for K-12 students. Essentially, your responsibility is to equip students with a variety of strategies for coping with life's challenges: Included but not limited to; Helping students establish and achieve their personal goals, Motivating and inspiring children through creative play and intervention, Helping students identify and manage various challenges such as anxiety, grief, and anger using a trauma-informed approach, Establishing individual intervention plans for students on a one-on-one basis, Assisting students and staff in crisis situations.

Teacher Teaching On Call (TTOC)

Teaching Teacher on Call (TTOC) you will provide causal or substitute coverage in various subjects ranging from K4-12 .

Technology Education Teacher

Technology Education Teacher will provide lessons and activities to help students develop knowledge and understanding of concepts of computers, as well as practical software use, and troubleshooting skills. You'll present a wide variety of beginner to complex lessons that focus on keyboarding, word processing, Microsoft Office and internet basics to software, data processing, hardware and web-design.

Health & Social Development

Family Development Supervisor

The Family Development Supervisor will assign Family Development Workers to referred clients and ensure all clients have access to services. As a supervisor, the position will be responsible for providing ongoing support and performance management of the Family Development team. The Family Development Supervisor will ensure strong cultural values, and programming that builds family bonds and resilience as well as a grounding in culture and community supports. The Family Development Supervisor will monitor the weekly and monthly budgets.

Life Skills Coach (FLSC)

The primary goal of the FLSC is to ensure that the families in the family home are supported in developing healthy parenting and other life skills, with attention to children's needs (helping with homework, structured mealtimes, healthy meals, bedtime routines etc.). The FLSC will ensure strong cultural values, and manage programming that builds family bonds and resilience as well as a grounding in culture and community supports. Approaches to household chores, shopping and finances will also be modeled.

Seabird Job Postings cont.

View more detailed information about these and other opportunities or to apply for current opportunities: <https://www.seabirdisland.ca/careers/>

Child & Family Services Jurisdiction Team Lead

Under the supervision of the Program Manager of Families & Wellness, the C & FS Jurisdiction Team Lead will work with the jurisdiction team to develop Seabird Island family and jurisdiction laws for the protection of our children in our community. This person will be responsible for the development of the child protection program, engaging with community members, and the Seabird leadership/governance team, and outreach to other First Nations communities that are developing their jurisdiction program.

The C & FS Jurisdiction Team Lead will need to develop a community plan and work with the province and Canada to come to a coordination agreement for Seabird Island Band.

This is a full-time term position until March 31st, 2024 with a possibility of extension.

Health Care Assistant - Home Support

Working within the Health & Social Development Department, as part of a multi-disciplinary team, the Health Care Assistant supports Clients and Elder's in their homes. We are looking for a compassionate Home Health Aide to assist in daily living and personal care services in patients homes in accordance with an established care plan.

The Home & Community Care Program provides a range of health care and support services for eligible residents who have acute, chronic, palliative or rehabilitative health care needs. These services include a variety of in-home care services such as home support, personal care, and referrals to programs to assist clients to maintain optimum health in their own homes.

Recovery Home Support Worker (RSW) - Men's Home On Call

The Residential Support Worker (RSW) promotes recovery, stabilization, and independence by providing comprehensive support to clients. The RSW supports and promotes the following: client safety, assisting with activities of daily living, and encouraging full participation in community activities included but not limited to cooking, cleaning, charting, participating in group sessions, driving, and shopping.

Social Policy / Research Analystist

The Social Policy/Research Analyst will be tasked with overseeing development of the Child Protection law, policies, and procedure development, as well as developing assessments and practices. The Social Policy/Research Analyst will ensure their employment requirements, regulations, policies and procedures and the mission, beliefs, and vision of Child Protection at Seabird Island contributes to establishment of a Child Protection Law.

The Social Policy/Research Analyst will connect the dream and goals of Child Protection with meaningful development of laws that are inclusive of our culture, traditions, kinship, practices, and our service delivery approach.

This is a full-time term position until March 31st, 2024 with a possibility of extension.

Family Counsellor

The Counselor is responsible for providing counseling to families, youth, and children regarding addictions and family issues. Counseling will be provided in a culturally sensitive manner on a one-to-one basis, families, in groups, circles and couple's counseling. The counselor must be able to work from a trauma informed perspective. The Counselor will provide services to Bands in which the Seabird Island Band provides Health Services to and will involve travel to the communities. The Counselor will educate the community through workshops to address issues identified. The Counselor will facilitate daytime and evening education workshops. The Counselor will make referrals for clients to residential treatment centers as required and help facilitate at the Recovery home.

Medical Office Assistant (MOA) - Part time

The Medical Office Assistant (MOA) will be responsible for providing front line support to employees and patients of the Medical Office. Support will be required at the Seabird Doctors Office.

The Medical office assistant provides support to doctors and other health-care professionals. You will perform a wide variety of clerical and administrative tasks. These include scheduling appointments, word processing, billing, data entry, filing, and answering telephone calls. You may also be expected to perform minor medical duties. *This is a part time term position working Mon, Wed, Fri from 9am-5pm.*

Human Resources

HR Administrator

The Human Resources Administrator will be the first point of contact between an employee and the company. The Administrator's primary task will be a helping hand to the Human Resources (HR) division to complete administrative functions related to Employee Relations including attendance management, medical tracking, follow-ups from case management, documentation, and collaboration with internal teams. Typical duties include updating daily HR documents, answering employees' questions, and keeping trackers accurate and updated.

The HR Administrator will develop a calendar and assist employees on their medical leave. The HR Administrator will handle the majority of the documentation related to Employee Relations functions.

Human Resources Coordinator

The Human Resources Coordinator is responsible for facilitating all key HR functions and programs, in collaboration and conjunction with the rest of the Human Resources and Occupational Health and Safety divisions. The Human Resources Coordinator ensures that HR processes are running smoothly. In addition, the HR Coordinator assists with guiding employees through various human resource processes, answering any questions they may have about policies.

The Human Resources Coordinator will focus on optimizing Bamboo and HR Downloads, work with management to develop training and education plans for their employees and teams, assist with goal setting and tracking, and coach new supervisors and managers into leaders. They will also assist management with developing and implementing knowledge transfers. With current resources, these activities aren't overseen actively in Human Resources, but falls on the Direct Supervisors.

Inter-Government Affairs

Business Liaison & Referrals Officer

The Business Liaison and Referrals Officer (BLRO) will work to protect and advocate for Aboriginal rights and title in business and development. The BLRO will ensure that all referrals and development ventures that may impact SIB rights and title are assessed and subject to SIB best interests and long-term sustainability. The BLRO will confer on development upstream and downstream from Seabird Island traditional lands. Issues such as environmental impacts, access, resource and revenue sharing will all be managed by this position.

Community Infrastructure

Emergency Preparedness Coordinator

Under the direction of the Fire Chief, the Emergency Preparedness Coordinator plays a central role in developing, planning, implementing and evaluating emergency preparedness activities for Seabird Island Band. This person will deal with emergency responses, to ensure adequate communication with Seabird and with outside agencies, and preparedness that includes fully developed evacuation plans and readiness. *This is a term position and will end August 1, 2024, with a possibility of extension.*

Forestry and Land Stewardship Intern

The Forestry and Land Stewardship Intern positions (2) are grant-funded term positions intended to build capacity in sustainable forestry, forestry and land stewardship. The internship components are as follows:

- Build capacity in sustainable forestry in the following areas, through coursework and applied learning
- Coursework – online micro-credit certification
- Log scaling Coastal Log Scaling | North Island College (nic.bc.ca) 8 mos. (\$7500) Virtual classrooms / directed home study / fieldwork in Nanaimo on weekends for 12 weeks.
- GIS – training to access data on GIS platform.
- Work under mentorship of Seabird Island Limited Forestry Partnership staff in day to day technical, field and office work.

Interested candidates are invited to submit

a cover letter, resume and three references.

<https://www.seabirdisland.ca/careers/>

We regret that we will only respond to those applicants chosen for an interview.

Email: humanresources@seabirdisland.ca.

We thank all applicants for their interest.



Junior Kindergarten Program



Lalme'Iwesawtexw
(Seabird Island
Community School)

Program run by
fully certified
teacher and
full-time
ECE EA

Classes with Music and PE teachers

Daily Halq'eméylem language and culture instruction

Dedicated daily phonemic awareness work to get ready for reading and writing

Play based literacy and numeracy rich environment

Kick start learning and readiness for school

Lots of field trips and land-based learning opportunities

Collaboration with Senior Kindergarten Classes

Weekly cooking and trips to the library

Opportunities for multigenerational learning

Daily access to speech and language support

For more information, please contact education@seabirdisland.ca

Designed by Seabird
Communications
Program