



Kw'esu helems o shxwtotelomet

Life Long Learning

Seabird Island Band

Annual Report 2010-2011

Silolem pekw





Ey kw'es emi
Welcome



Photo: Richard Seward and Richard Wilson Drummers



Theme

The Theme for the year 2010/2011 is Kw'esu helems o shxwtotelomet Life Long Learning

Based on this theme; we have chosen the bear totem...

Bear: Pragmatic, and methodical the bear is one to call when a steady hand is needed. The bear's practicality and levelheadedness makes him/her an excellent business partner. Usually the voice of reason in most scenarios, the bear is a good balance. The bear is also gifted with an enormous heart, and a penchant for generosity. However, one might not know it because the bear tends to be modest and a bit shy. In a loving environment this native animal symbol showers love and generosity in return. ***Further, the bear has a capacity for patience and temperance, which makes him/her excellent teachers and mentors.***

Reference: www.whats-your-sign.com/native-american-animal-symbols.html The doorway to signs and symbolic meanings

Bear: Industrious, instinctive, healing, power, sovereignty, guardian of the world, watcher, courage, will power, self-preservation, and great strength. Reference: www.legendsofamerica.com/na-totems.html Exclusive Legends route 66





Table of Contents

Chief and Council

Chief and Council Contacts	6
Greetings from Chief Seymour	7
Council Reports	8 - 16

Administration

Administration Contacts	18
Band Managers Message	19 - 20
Health and Safety Committee	21
2009/10 Yoo Hoo Highlights	22 - 27
Department Reports	
Economic Development	29
Finance	43
Health and Social Development	49
Membership	95
Public Works and Housing	97

Education

Seabird Island College and Adult Education	107
Life Long Learning	108
Cultural Learning Center and Language Project	109
Seabird Island Band Post Secondary Student Assistance Program	110
Elementary Secondary In-school Program	111 - 112
Congratulations Demi Peters	112
Vocational Achievements	112
Community Educational Awards Ceremony	112- 113
Lalme' lwesawtexw	114
Specialized Programs	114
Special Events	114 - 121

Conclusion	123
-------------------	-----

2011 - 2012 Community Calendar	125- 126
---------------------------------------	----------



Chief and Council Contacts

Chief:
Siyam

Clement Seymour
Tel: 604.796.2177
E-mail: clemseymour@seabirdisland.ca

Council:
Siyam sq'ep

Art Andrew
Tel: 604.796.6827
E-mail: artandrew@seabirdisland.ca

Jim Harris
Tel: 604.796.2177
E-mail: jimharris@seabirdisland.ca

Dianna Kay
Tel: 604.796.2177
E-mail: dianna@seabirdisland.ca

Marcie Peters
Tel 604.796.2177
E-mail: Marcie Peters@seabirdisland.ca

Maggie Pettis
Tel 604.796.6842
E-mail: margaretpettis@seabirdisland.ca

Rod Peters
Tel 604.796.2177
E-mail: rodpeters@seabirdisland.ca

Alexis Roper
Tel 604.796.6843
E-mail: alexisroper@seabirdisland.ca

Vivian Ferguson
Tel 604.796.2177



Council Reports



Greeting from Chief Seymour

Ey Swayel! My hands go up to everyone who has worked towards the continuing growth and success of Seabird Island over the past year. We've received many honours over this past year and those are things that belong to the people. The

successes of Seabird Island College, the graduates and the continuing work and achievements in Education Jurisdiction are noteworthy events. In June of 2010, the Seabird Island Health Department achieved a historic milestone by being awarded the prestigious Excellence in Health Promotion award from the BC Medical Association. This is the first time in British Columbia history that a First Nation organization has been awarded this distinction. My thanks go out to everyone who work toward bringing good things home to Seabird Island.

Even as we continue to prosper and gain recognition for our work in many areas we know there is always more to do. The Land Code continues to take shape and become a reality with the hard work and efforts of the Lands Advisory Committee. Our reserve

boundary issues continue to remain outstanding and negotiations continue with INAC (Indian and Northern Affairs Canada). The Comprehensive Community Plan continues to be developed through on-going committee work and the Seabird Island Band Governance Model continues to be refined and upheld during Chief and Council's regular meetings.

Over the upcoming year we look forward to developing and refining a Vision for Seabird with the input from our community members. We look forward to coming together with the Federal and Provincial Governments on a resolution to our reserve boundary issues and we look forward to continued growth and strength in all areas of our governance, administration and community.

The work we do, we do for the benefit of Seabird Island; both now and for the future. Building unity is one of our strengths and this is work that we can all take part in.



Council Reports



Art Andrew

Hi again another year hey!
I'm still holding the same portfolio's, Education, Land Advisory, Justice and Safety

In education we have been working towards the Education Jurisdiction and taking control of our schools and education. Also following

our new college programs. Hey did you know at the school they started a soccer academy built right into the school program. School and College sure are busy.

As for Land Code, some of you might have the new gates out. We are working towards protecting our lands along with this we'll need help from all the community members in implementing some Laws like No Trespassing, No Dumping. We will circulate it out to you.

Lots to talk about, we hope to get community together to go over these issues and others like Justice and Safety. And you know we all hope to build relations and trust here in Seabird. So walk with us be part of change.

Being on Council is a 24/7 job. I am thankful for the support of my family and for the good work of the Maintenance Crew. Sometimes it's a juggling act between work responsibilities and meeting my responsibilities to Council portfolios. Prioritizing is important. One of the strengths of this Council is the willingness to share the load. Everyone knows when it's time to get down to business.



Council Reports



Jim Harris

I am a member of the Chief and Council's executive committee. I have attended the Union of B.C. Indian Chief's meetings. Which by the way have been chaired by one of our band members (Tyrone McNeil), who does a good job of it. I have also

been to the First Nation's Summit and the Assembly of First Nations meetings.

I wasn't able to attend all of the meetings for Council or all other meetings that involve my portfolio's due to some family health problems. Now that things are all better, I will be able to get back to the meetings and to continue to work for Seabird membership.

Well since our last report there have been a few things that happened around the rez. One of the big things that happened is that we had another election. I would like to thank Carol Hope, Zena Mailhot and Richard Louie for sharing their knowledge and support to help us all work together for our membership. I also want to congratulate Alexis Roper, Vivian Ferguson and Rod Peters on their newly elected position to the Seabird Council. With the newly elected members, we can continue working as a team for the Seabird membership. I also want to say congratulations to Maggie Pettis, Marcie Peters, Dianne Kay, Art Andrew, and Clem Seymour on their re-election.

The finance department has done a good job getting our budget done. The managers and the finance committee are working on a finance policy. Art, Clem and I attended a few meetings with a Sport Fishing First Nations Joint jorking group. This group is trying to find a way that all users of the river use it together. Plus they are looking for access points along the river where people can gain access to the river safely.

Seabird is one of the places being looked at because of its roads to the river. The working group is also trying to look at economic opportunities that could come along with river access points on Seabird.

I started to meet with Brian Jones and his department along with Rod Peters to try and come up with some plans for the gas bar and the cafe. We are hoping to get some members to come out to our meetings. Another subject that we are meeting on is B.C. Hydro. We are talking about the additional hydro line that B.C. Hydro wants to put in. There will be some updates on the progress of this project to follow.

I hope everyone had a good year.

All My Relations, Jim Harris.



Council Reports



Dianna Kay - Siyamiya

Éy swayel

Siyamiya Yam:a tel skwix.
Teli tsel kwa. Yalh yexw kw'as
hoy ke'ese petamethoyz syoys.

Good day to my relatives;

My Stó:lō name is Siyamiya,
in the east my name is
Wabishkegagakos, in the
Northwest Coast my name

is Nanahumnees; my given name is Dianna Kay but more simply known as Daughter!

I appreciate my nomination to Council for a second term. This term, began with a strong discourse in strategic planning and financial management. My focus is policy development and research. I plan on assisting the development of effective, culturally relevant, Seabird Island inspired policy. I plan on focusing on the types of research embarked upon by people. We need a contribution into the conversation and an effective/relevant process.

Reflecting on the previous year, I am encouraged by our youth venturing off to University and fulfilling their graduation requirements for a BC Dogwood. Personally, I wrote references for perspective Masters' students and referral letters to NITEP! I was invited to four graduation ceremonies: two high school graduations, one college and one University from our local institutions. Observing our relatives walk across the stage is a moment of true pride.

In reflection I truly believe our education is the new form of warrior training. In the past, we sent our warriors (our chosen ones) off to train, to become the strongest and the best that they can be. The warriors were expected to return home and guide our people. I am honoured by the time, effort and endurance those students (warriors) commit. It is this commitment by the families, by the nations, that

makes our community grow into the future. Going to and finishing school is more than just receiving a piece of paper; it is a statement of existence, of years of educational advancement surrendered by our indigenous voices!

This past year, we are encouraged by our new outlook on education. Education is a priority! Our world is moving faster than the "4-g networks". We as a nation need to keep up with the constant change but, maintain our autonomy and our identity. With change research happens, research is interpreted and change occurs again.

This year, I am excited to watch our medical team achieve a standard of service better than comparable to the Canadian standard embarking on a three year long journey of Accreditation to improving the delivery of Health Services to First Nations People.

During the year, we increased the amount of homes, making families more comfortable. With new living spaces nestled amongst family and close to friends. In the future, I hope to see a standard of housing conditions that exceeds the Canadian standards embellished with local materials, created by our own construction teams, and landscaped with nature. There is more work to be done but we need to look at the work accomplished by the housing team and their network.

The most colourful change to the landscape was the addition of a new play ground for Lalme'Iwesawtexw. Our students, endured a month-long process of renovating, moving and construction of a new play system for the elementary school. It is a joy to hear the laughter of children, the creation of new odysseys and bonding of lifelong friendship, over a swing or a wave.

The dedication of our Council, the networking from our staff and the commitment from our students make everyday a shiny new adventure.

Yalh Yuxw Kw a s hoy



Council Reports



Marcie Peters

I would like to thank Seabird Island members, Council and staff for their continued support throughout the year.

We invited our band members to assist us with our Annual Strategic Planning and feel it is with your guidance and knowledge we

can achieve these priorities you outlined.

Council Priorities in Seabird Strategic Plan 2011

1. Establish budget review process: level of detail, fits resources to priorities; time needed; highlight results expected.
2. Financial policy: authority levels, transfers, quarterly statements; slippage, revenues.
3. Improvements in Child and Family: life skills; reduced/prevention of teen pregnancy; Seabird's own system .
4. Education: literacy; parent involvement, youth leadership.
5. SICS and College tracking students from graduation to employment.
6. High visibility of community wellness committee
7. History compiled into school curriculum as soon as possible.
8. Housing: inventory of every house condition (basis for prevention/intervention maintenance); plan and schedule to address needs and establish priorities; transfers to home ownership; increase in replacement reserve.
9. Policy preamble for Seabird policies to be written in Halq'emeylem – identify other opportunities to use throughout.
10. Follow-up tracking and support for program graduates and entering students.
11. More members staying on the healing path – follow-up and support for those returning from treatment for addictions.
12. Economic development corporation up and running with resources and capacity
13. Employment of certified/qualified members in Seabird operations.
14. Activities/initiatives to increase respect and reduce abuse, harassment and lateral violence in the community and office
15. Develop a policy for requiring feedback /evaluation data from programs/projects or for proposals that demonstrates:
 - Expected results
 - What are the benefits?
 - What is the value/dollar – cost-effectiveness?
 - Is this the best investment for our resources?

Audit

The audit committee meets on a regular basis and reviews Seabird Island Band's financial statements and makes recommendations to Council. The committee also meet with management as well as with the external auditors to discuss the financial reporting process. They then review financial statements before it goes to Council presentation for approval then out to the Seabird Island General Band Quarterly meetings.

Housing

As reported at the quarterly meeting we are still planning a housing forum for Seabird and Band Members. The feedback that we are getting proves the trust from our community. The need of more information on CMHC and INAC programs. What is available and how do all our houses within our community fit into our long term plans.

In closing, the progress and accomplishments we have made together with your input is the foundation to attaining strong governance. Together with a mutual respect and trust, we can work in unity to meet our goals for our members.

Siyolweth



Council Reports



Rod Peters

This first term as Council for the Seabird Community has been interesting, challenging and rewarding.

It started out with an Orientation led by Gary Lister, receiving and reviewing the Policy Manual and Governance Model of

the Seabird Island Indian Band.

The following are my portfolios:

- **Executive** – This is where we meet monthly prior to the regular Chief and Council Meetings. We receive various concerns, questions and direction by all people to place on the agenda. All matters are dealt with as a Chief and Council internal meeting or they can be brought to the regular meeting agenda and be reviewed for discussion and a decision.
- **Economic Development** – The planning and implementation of meeting with the Seabird Band Economic Development Staff to review current Business Plan Ventures, Land Leases and Community Resources towards future development.

The planning and arrangements of meeting with Forestry – Tamihi Logging, Peters Falling, Jake's Contracting, BC Hydro, Seabird Gas Bar, Cheam First Nation and Spectra Energy. We also made site visits to Dia Carbon at Wahleah and Seabird Farm to plan with.

In June we met with the Finance Department and Auditors to review and approve the Financial Statements of Seabird Island Band.

- **Housing** – The planning and implementation of meeting with Housing Manager, Housing Officer and Band Manager to review Policies – Home Ownership, Rent to Own, Individual Mortgage and Tenants Rights and Responsibilities while they live in a house.

There also has been Housing Consultation Meetings for Community Members to attend and plan for the future. We also have planned to host a Housing Forum for all Community Members to get an update on the Housing Department at Seabird.

We, as a Team, will also plan and implement a Work Plan and Organization Charts towards the Seabird Community School and Homes towards efficiency and progress.

My other goal is to arrange and meet Seabird Community Members at their homes over the upcoming months. The reason is just to talk, get feedback, ideas and plan for the future of Seabird Island. The input from the Community will enable us to plan and implement into the Strategies Work Plan for Seabird Island Band.

Rod Peters
Council



Council Reports



Vivian Ferguson

Ey Swayell!

Portfolios:

- Economic Development
- Business Development
- Land Code
- Culture
- Language and Heritage

Vivian is the eldest daughter of Soloman and Gladys Howe, from the Sandy Bay First Nation – located on the western shore of Lake Manitoba. She married David Ferguson of Vancouver in 1971 and is the proud mother of 2 children and 3 grandchildren. She has been employed in Stó:lō territory since 1973. Vivian was associated with First Nation education since then, first as a Home School Coordinator for Agassiz School District (76) and then the Education Coordinator in Chilliwack. From there she moved to Seabird as the Education Administrator for Seabird Island Band. Vivian was also employed at Shxwo'wohamel and more recently as Council Coordinator for In-Shuck-Ch Tribal Council. Vivian became a Band member in October of 2007, and will be moving to Seabird Island in May 2011 after being on the housing list for two years.

Vivian was one of the successful Council members in the March 2011 Seabird Island Band election. Her portfolios include: Land, Culture and Language, and Economic Development (Business). She is also the owner/ operator of Black Sea Organics which is in its 19th year; she inherited the responsibility when her husband, David passed in 2007. She believes that “we need people that are business people, people that want to take risks when it comes to business, we need more entrepreneurs”.

Vivian had so much to share with me, that the stories were unfolding one upon another! She began with her vision of Seabird Island. The most important

thing is cooperation and she explained how the elders used to really work together for the common good. She stated: “We are all shareholders of the land, its resources, and facilities such as the school, the band office, and the medical clinic.” We all did it and it’s our energy that’s there!”

Throughout the entire visit, Vivian spoke of her memories of Seabird Island, and when I asked her to talk about specific memories or experiences; she explained how certain areas shaped her life. Previous to coming to Seabird, she had been married outside of the church. However, upon her arrival to Seabird, she met a lot of strong Catholic Women. It is these women that influenced her life. She joined the church and started going back. She eventually got her marriage blessed at Seabird Island. Vivian spoke of the generosity in our community. The women worked without asking for payment. They were REAL volunteers! She refers to them as the “Great Ladies of Seabird Island”! They were so involved in everything from the Church to education, to community events and funerals. Vivian remembers the special gifts the ladies had: creativity, organization, crafts, cooking. Their dedication, commitment, effort and hard work allowed them to make huge contributions to the community. These contributions are still visible to this day. She spoke of great women leaders such as the late Edna Bobb, the late Lizzy Johnson, the late Mary Charles, the late Lena Hope, and the late Beatrice Harris. She holds fond memories of each and holds them all in high regard.

Vivian also shared a number of her own quotes on philosophy:

“What the mind can conceive, you can achieve!”
 “Great leaders make other leaders” “Show gratitude everyday” and “You must first learn to honour, cherish, and love yourself!”



Council Reports



Alexis Roper

Ey Swayel!

I would like to begin by thanking each Band and Community member I have been fortunate enough to have worked with and to those who put their faith in my abilities to serve our community on Council. I am

privileged to hold the Education, Child and Family Services and Health portfolios and blessed to serve our community in the position of Employment and Social Development Programs Manager for Seabird Island Band.

Looking back at a year of accomplishments and understanding the busy day to day support provided by our Band Office team; the growth within our departments and community and the gratitude I have for the committed staff and community members that make each program and department exceptional. I feel a sense of pride in being a Seabird Island Band Member.

Over the past year I have been pleased to see a dedication to the development of relationships with our Band and Community Members and program development based on an identification of service gaps and addressing the needs of our community.

I have seen youth and adults committed to their goals and attending school or college. I witnessed the graduation of our High School and College students; in addition to, the graduation of our own First Nations Licensed Practical Nurses and the establishment of our Health Care Attendants who will all move on to become Community Role Models in their dedication to education and the health of our people.

I see families growing strong and succeeding together, accessing services, attending community events and helping when needed. I have complete admiration for our empowered youth who are my best teachers, lifting my spirits when I witness the effortless volunteerism, goals and dreams they have shared. I am overjoyed to be part of an overwhelming increase in the number of community members taking ownership of their future, establishing goals and taking the necessary steps towards achieving a dream.

I look forward to another year of successes, building a strong community, and learning from our past, our future and each other. I am personally dedicated to; the portfolios I hold, the support and development of our community and people and honoring my family who are all here with me always.

I have faith in another fantastic year, filled with pride and gratitude for the exemplary work Seabird Island Band has proven to be capable of.



Council Reports



Councilor Margaret (Maggie) Pettis

These are my Council Portfolios for term for 2011 and 2012: Education, Culture, Language and Child and Family Services.

Child and Family Services:

The Seabird Band staff had a great working relationship with the Ministry's Child and Family Services. We meet with the Team leaders from Agassiz on a regular basis. They are very open and honest with our families relating to their files.

- 1) The Xyolhemeylh has changed their name to Fraser Valley Child and Family Service Programme: This organization has the Mandate to continue serving our families who live off reserve.
- 2) The Quality Assurance Committee consists of the following people – Chuck McNeil, Carolyne Neufeld, Edie Karacsonyi, Kyla Veenbaas – Team Leader and Roger Downing – Social Worker from Agassiz who meets regularly and discusses any family cases as a team and how improves services to our families.
- 3) The School District 78. Local RCMP- Agassiz and Hope, Xyolhemeylh Staff, Seabird staff, Ministry of Child and Family Services have met and are reviewing the Child and Neglect Abuse Policy, they are making changes to better meet the needs of our students. This committee needs to meet and finalize the recommended changes.

Education:

Our committee members are Art Andrew – Co-chair with Alexis Roper being the alternate, Edie Karacsonyi and Wayne Bobb Sr. are the appointments. Celeste Bobb and Stacy McNeil are the elected positions for our Education Committee. Our meetings are open to you and the meetings are scheduled the third Thursday of the month.

The Education Governance has been approved by the Seabird Island Council with the recommended changes by the Education Committee.

Education Jurisdiction: As a community as a whole we all need to have a better understanding what Education Jurisdiction means. Chuck McNeil and Diane Janzen attended the last meeting in Vancouver. The Bands along with Aboriginal Northern Affairs are now stating the best option may be a Tripartite Agreement. This is based on the best Funding agreement and that option may be decided by early as next year. If you're interested in hearing more about this please contact Chuck or Diane.

Culture and Language committee:

The Sq̓ep Committee has met with a few Elders to discuss the Terms of Reference. The Elders have made some recommended changes. The Sq̓ep committee has met once and addressed some of the changes made by the Elders.

The Sq̓ep has been asked to review the Funeral Policy for the Band and made some recommended changes to this policy and will meet next month to finalize by next month's meeting.

The Sq̓ep committee is still short a couple committee members. If you're interested please contact me. We are in need of another Elder and 1 community member at large.



Council Meetings:

As you can see a lot of work has been done in our Portfolios if anyone has any concerns please do not hesitate to come and ask questions. My door is always open to anyone who would like to talk to me.

This past year Council has invited people from the Community to come and participate in our annual planning which usually takes place in the beginning of January. We had a lot of input from some of the Elders and Youth that attended our last session.

Our Council meetings are open to you if you're willing to come and listen at any given time. Majority of Council meetings are the last Thursday of the Month or contact our Confidential Secretary or the Assistant if you need to find out when our meetings times are.

Theme:

The theme for this year's annual report is Lifelong Learning. What does that mean to you and our future generations?

I believe our Culture has always had lifelong learners. We were a very fortunate people as our ancestors had given us continuous whether it is formal or informal education and training that we needed to develop our skills. They knew exactly what our gifts were and they worked along with person to continue their journey hand in hand.

Lifelong learning covers a whole range of learning and our Families and Elders have given us the tools to work with them. It is our choice if we decide to use them. Lifelong learning includes many skills, knowledge and behaviors from very young and up

to our are Elders and we require these in our day to day lives. We learn something new every day and we probably don't realize it.

Lifelong learning just doesn't consist of attending school it is also going to activities such as arts and crafts, music, sports etc. This can include volunteering as this makes us very productive and give us more meaningful and benefits our community as a whole. Allowing you to see what our ancestors have given us, as Aboriginal people.

I, thank you for your time in reading my report. At this time I would like to take this opportunity say thank you for having the confidence in me to serve as one of your Councilors for another term.



Administration





Administration Contacts

Band Manager:

Chuck McNeil

Tel: 604.796.6816

E-mail: chuckmcneil@seabirdisland.ca

Department Manager:

Economic Development

Brian Jones

Tel: 604.796.6835

E-mail: brianjones@seabirdisland.ca

Education

Diane Janzen

Tel: 604.796.6875

E-mail: dianejanzen@seabirdisland.ca

Health and Social Development

Carolyn Neufeld

Tel: 604.796.6840

E-mail: carolynneufeld@seabirdisland.ca

Finance

Lisa Douglas

Tel: 604.796.6823

E-mail: lisadouglas@seabirdisland.ca

Public Works and Housing

Dwayne McNeil

Tel: 604.796.6837

E-mail: dwaynemcneil@seabirdisland.ca



Band Manager Message



***Daryl (Chuck)
McNeil***

It is with great pleasure and honor that I present to you the 2011 Annual Report which focuses on Life Long Learning. This past year, Seabird College and the Seabird Island Community School's dual credits program

celebrated the graduation of 48 students who were between 19 years old and 58 years young. Their graduation shined a light on the importance of Life Long Learning - at any age this taught us that continuing learning throughout life has a great impact on all of us and our communities.

Life Long Learning includes what we learn in school and workshops and what we learn from our family, our siblings, our children and our friends. Learning continuously develops and improves our present knowledge and skills. Learning develops our natural abilities, opens our minds, creates curiosity,

helps us to adapt to change easier, sets new goals to achieve, and enriches our lives and self-fulfillment. Life Long Learning is a part of life and takes place at all times and in all places from the moment we are born to our final stages of life.

And a special Kw'as hoy goes to you for continuously learning new technology skills – these past years there has been a growing need to learn new skills to meet the challenges of innovation. Such as new computer programs and software and the information communication technology (ICT) that has taken over our lives (i-pads, cell phones, on-line classes) and it has expanded the need for a lifelong learning environment. ICT is a tool, and an agent to design, create, and explore model worlds. Life students get unprecedented opportunities to see, analyze, and reflect on every step of our own learning processes, thus acquiring mastery, not only of a subject matter, but also in the art of learning.

Being involved and offering your input creates new challenges to seek new knowledge and teaching ourselves results in a sense of pride of accomplishment and helps to maintain our self-esteem. This may also further be enhanced by

continued...





Band Manager Message

offering your new knowledge in service to our community thus continuing to make valuable contributions to the society.

Continue your challenge of lifelong learning and remember to join the team – a team, read a book, share a Halq'emeylem word, learn a new recipe, take a course at our college and help map our community's future.

Kw'etslome gelat,

Tse tsá wtm
Daryl McNeil



Daryl (Chuck) McNeil and John Chenoweth, NVIT Dean at signing of Seabird College Affiliation Agreement



Health and Safety Committee

The Health and Safety Committee is happy to have completed another busy year, trying to ensure that we all have a healthy happy and safe work environment. This year has seen the implementation of inspections of all facilities, the development of terms of reference and committee policy, and fire drills for the Band office. The Terms of Reference and Committee Policy are available by request from your committee members. We welcomed some new members and thanked others as they were relieved of their positions. New faces brought their own experience and perspective to the team.

This year we also spent much time consulting and conferring with government officials to make the best usage of their resources and to make sure that we meet all of the federal expectations and requirements.

Fiscal year 10/11 saw 14 claims made to Worksafe BC by our employees. For the number of employees that we employ and the industries that we are in this is

below average. While we are encouraged by the low numbers of injury we would like to take this opportunity to encourage any and all employees to report all injuries, large or small to, Drew Paddon in the HR department. It remains important to report all injuries as soon as they happen, even small injuries as claims become more difficult to process and to collect on as time passes. Small injuries can quickly become larger problems so make sure to take care of yourself and visit a doctor as soon as you are able.

We would also like to take this opportunity to remind all staff and community members to bring any and all health and safety concerns to any member of the Health and Safety committee or Management team.

Here's to a fun, productive, and safe year.

COUNCIL:

Chair – Art Andrew
 Co-Chair – Drew Paddon
 Secretary – Jill Stauber
 Health & Safety Officer – John Bobb
 Communications & Promo's – Sandy Bobb

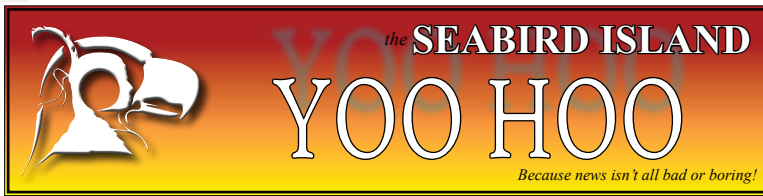
COMMITTEE:

Housing Rep – Dwayne McNeil
 Fire Department Rep – Stacy McNeil
 Finance Rep – Lisa Douglas
 Health Rep – Liz Point
 Band Rep – Chuck McNeil
 Education Rep – Kelly Chapman
 Lands & Economic Dev Rep – Kim Lessard



Yoo Hoo Highlights

July 2010



July 2010

Seabird Health Center

Receives the 2010 Excellence In Health Promotion Award



The Seabird Island Health Center was presented with the Excellence in Health Promotion Award from the BC Medical Association on June 12th 2010.

This award recognizes individuals and organizations working to improve health and safety and celebrates those who demonstrate leadership through specific initiatives in ingenuity and creativity of health promotion, with the goal of positive, long-term improvement.

The award marks the first time in history that a First Nations community has won a BCMA Award. Chief Clem Seymour and Health Center Director Carolyne Neufeld received the award on behalf of the community. Congratulations to the Seabird Island Health Center. Your work in improving the health and

safety of First Nations people is greatly appreciated.

For 12 years the Seabird Island Health Center has improved the health, wellness and safety of 11 First Nation communities in the eastern Fraser Valley and southern BC. The center has an integrated approach to health care and has developed a mobile diabetes initiative, dental centre, doctor's clinic with two aboriginal doctors, nurse's clinic, healthy baby clinic, mental health services and an optometry clinic. It aims to promote a healthier, self-sufficient, self-governing, unified and educated community that believes a healthy community is one that has achieved a physical, emotional, mental, spiritual and cultural balance.

Mosquito Season

Please remember to get rid of all water around your yard.

- ☼ A small ice cream bucket left right way up will breed 100's + mosquitoes.
- ☼ Old Tires are also large breeding grounds.

Summer Heat

Drink plenty of water:

and Non-Alcoholic drinks!!
DON'T wait until you feel thirsty -STAY HYDRATED.
In hot weather, as much as 3-4 quarts

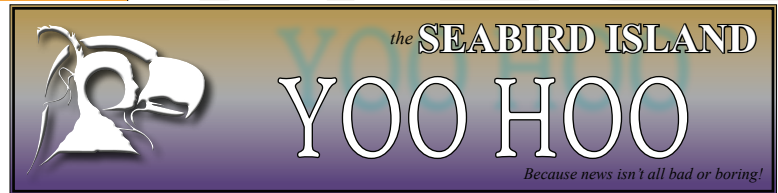
recommend

COMI

Phys

Massa

Chi



August 2010

Quarterly Band Meeting

15 people attended the Seabird Island Quarterly Band Meeting July 7th, 2010. This included community members, counsel and staff.

The agenda covered...

HST: The HST will not have much impact for Seabird and its residents the same tax procedures as the GST and PST will be used. To assist low income families Seabird is exploring the option of a Band Co-op or Bulk purchases.

Taxation: A review of the Band Property Tax received from the leases and how the Band spent the money. Administration, Administration Building Servicing, Office Supplies Telephone and Sundry, Legal, Pest Control, Property Assessments, Service Agreements.

Landcode: The chair of Landcode, Art, gave an update. They are working on the "Terms Of Reference" and what to do with matrimonial properties in the case of divorcing a non-band member.

The subject was brought forward about the Tree farms and the dirt removal that occurs

when the trees leave Seabird, and the contaminants that may be being used. This is all being reviewed.

Dumping on the reserve, we discourage any dumping on Seabird and are cleaning these areas and putting up gates and signs to deter future dumping.

Education Update to the Community:

College update covering the: Bridging to Trades Program, Academic Upgrading in Math and English. 4 trades programs; plumbing, welding, millwright and electrical with 23 participants attending for 8 months. Trades Courses available this fall: Business Technology, Carpentry, Graphic Design, Painting & Decorating, Plumbing, University Prep Program, Aboriginal Early Childhood Education, Aboriginal Speech and Language.

We have a record number of Seabird Students going to post secondary this fall (44).

K- 12: saw reading improvements. Looking at expansion to trades opportunities and focusing on attendance. We had 15 students from the Seabird Community

continued on pg. 3

Mosquito Season

Please remember to get rid of all water around your yard.

- ☼ A small ice cream bucket left right way up will breed 100's + mosquitoes.
- ☼ Old Tires are also large breeding grounds.

Summer Heat

Drink plenty of water:

and Non-Alcoholic drinks!!
DON'T wait until you feel thirsty -STAY HYDRATED.
In hot weather, as much as 3-4 quarts per day are recommended while exercising.

WATER CAUTION

- * Be extra careful around the water. It only takes a moment to drown.
- * Pay extra attention to infants and children around the water.
- * Wear a Life Jacket at the river and large bodies of water

!! FIRE BAN HITS SEABIRD !!

Hello and good afternoon all, as of Friday July 23, 2010 there will be a "no burning" restriction in place for Seabird Island and surrounding areas, according to the province of British Columbia ministry of forest and range. Due to the extreme warm weather we have been having, Seabird Fire/Rescue warns all staff, and community members to follow this restriction, and be wary of the dry conditions. Let's keep our community safe by not having any open fires, until the ban has been lifted. If you have any questions regarding information to the burning ban, I can be reached at the numbers below.

Thank you all, and enjoy the great weather we are having...

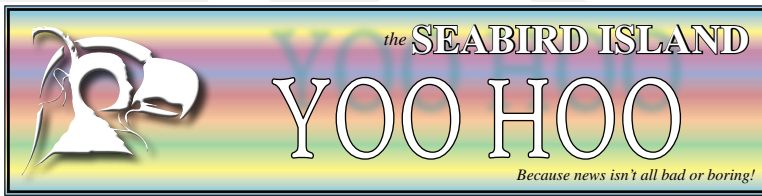
Fire Chief, *Jeremy Joseph*

firehall@seabirdisland.ca
Business (604)-796-2177
Direct (604)-796-6848
Cell (604)-798-4595

August 2010



Yoo Hoo Highlights



September 2010

September 2010

BACK TO SCHOOL

ARE YOU PREPARED FOR SCHOOL?

As a PARENT how will you ever survive the year?

Set goals and expectations. The start of the school year is a wonderful time to re-examine school performance – both academically and extra curricular activities. Remember to set doable goals and try not to over stress your teenager. Be sure to set the time for homework.

A new school year can mean a lot of stress for students and parents alike. Take the weekend before school starts to relax and enjoy an activity together. Talk to each other about the school year coming up and stress with your youth that you are

As a STUDENT how will you ever survive the year?

there to help whenever help is needed. Be sure to tell him or her this and don't assume he/she already knows. It is easier to handle stress from outside sources – like school – when you know someone is on your side.

And most important, tell them how much you love them. Everybody needs to know they are loved, it's what gets you through the hard times.

Register Now!

SEABIRD ISLAND COMMUNITY SCHOOL
LALME'IWESAWTEKW

is now accepting registrations for K-12 for the 2010-2011 school year.
Everyone is welcome!
First Nations and Non-First Nations

- BC Certified teachers
- Full K-12 BC Curriculum
- Brand new high school
- Large Trades facility and Trades instruction for grades 2-12
- 6 career paths to choose from: Mechanics, Family, Woodwork, Fine Arts, Business Education and Academics
 - Small class sizes
- First Nations celebrations and language classes
- Specialized reading programs
- Transportation provided
- Skills programs for struggling students
 - In-school day care
- Breakfast and lunch program

For grades 7 to 12: Sign up now and get your \$200 registration incentive. You will also be eligible for the \$50 a month attendance allowance (conditions apply).

To register or ask for additional information, please call 604-796-3061 or email shariwhite@seabirdisland.ca

SEABIRD ISLAND COMMUNITY SCHOOL
ADULT PROGRAMS

Now accepting registrations for the 2010-2011 school year.

Open to Everyone – First Nations and Non-First Nations
Only 5 Minutes from Agassiz and 20 Minutes from Hope

COURSES:
Business Technology
Carpentry Levels 1 and 2
Graphic Design
Information Technology
Painting and Decorating
Plumbing
Wall and Ceiling-steel stud and drywall

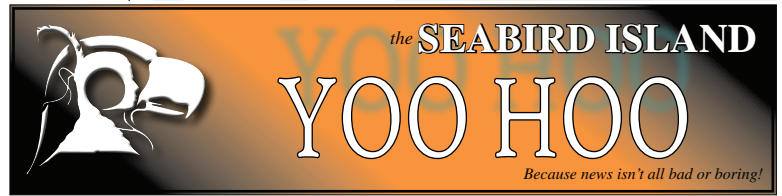
Academic courses: Biology 12, Math 11, Math 12, Halq'emeyem, Intro to GED prep, Adult Literacy, Shared Learning (on-)

OUR PROGRAMS FEATURE:

- Personalized educational planning, interest inv
- BC Certified teachers
- BC Curriculum
- Industry Training Authority Curriculum
- First Nations programming
- Tutoring program
- Lunch program

**Also, GET YOUR GRADE 12 and UPGRA

To register or to ask for more information please for Dianne Parkinson, Education Consultant – en@seabirdisland.ca Visit us on-line at seabirdisland.ca



October 2010

Seabird Youth – Wins Gold Medal for Canada

Throughout the first week of September, Seabird Island community youth Brooke Bobb-Reid traveled the island of Kona in Hawaii. Now, what could make this an accomplishment rather than a reason to be envious of this most relaxed looking, golden tanned Seabird youth?? The reason for the journey to Hawaii was for the Queen Liliuokalani Long Distance Canoe Race. Brooke, a dedicated Canoe puller for the Chehalis Canoe Club with Mystical Lady, was in her very first Outrigger Canoe Race where, in the "Mixed 6 – age 18 and under race", Brooke was part of the team that achieved a Gold medal for Canada!

Over 135 canoes participated in these final races of the season and Brooke was part of the phenomenal 18 and under team to bring home a 1st place Gold Medal!!

This is not only a huge accomplishment and reason to be ecstatic for this local youth, it is proof that a spring and summer of dedication, commitment and hard work, often sacrificing fun to train with her team, has paid off personally and nationally!

Brooke has trained seven days a week after school or work for the better part of eight months, rain or shine. This has meant that she spent the majority of her evenings training with her team and the remainder completing homework to maintain her A Honors grade

standing. She dedicates her weekends to canoe races across BC and the USA.

Although Brooke has a list of many accomplishments, I am sure she would be horrified if I listed them all. She is above all, a role model within the community and a vocal demonstration of healthy choices and dedication to a dream!

While Brooke is without a doubt an amazing young girl and role model, she is without question a primary source of pride for her family. There is no one her Grandparents, Sisters or Auntie's would rather brag more about than this extraordinary girl that has managed to shine through her 16 years and given us all an optimistic sense of hope and pride for our family and community. I am very confident in saying that Brooke is the heart and happiness of her entire family and brings pride to an entire community.

Brooke you are exceptional and amazing! You continue a legacy left by loved ones past. It is without question that they are here and proud of all your accomplishments.

Continue following your dreams and keep up the excellent work!
Remember...no pressure!



Shorter Days

With shorter days you may be out walking the roads in the dark. For your own safety remember to wear light colors and reflective clothing at night.

Thanks Giving

Band Office
CLOSED
Monday
October 11th

Sto:lo New Year

Friday
October 15th,
2010

Halloween

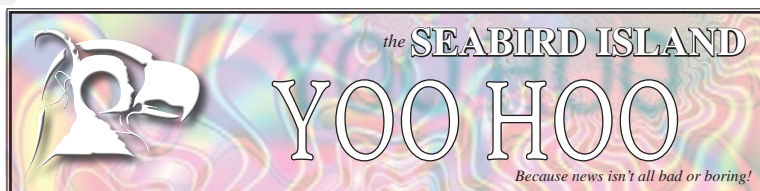
Remember to...

- ♦ Watch out for cars
- ♦ Have your parents check your treats for tampering before eating them
- ♦ Wear reflective clothing

October 2010



Yoo Hoo Highlights



www.seabirdisland.ca

November 2010

General Band Meeting

SEABIRD ISLAND BAND
General Band Meeting

DATE: Wednesday October 20, 2010

LOCATION: Band Board Room / Health Board Room

AGENDA

Dinner will be served at 5 p.m.

Vision Quest Tour Slideshow Presentation – Six Nations, Kahnawake, Ojapell FN Healing Hospital & Governance Building

5:30 p.m. Welcome – Chief Clem Seymour

- Annual Report
 - Audit
 - Housing
 - Education, Jurisdiction
 - Land Code
 - Education/College
 - Graduates
 - Language & Culture Committee
 - General Q & A
 - Closing Remarks

Child-minding care is available.

PLEASE NOTE:
ONLY BAND MEMBERS CAN PARTICIPATE IN DISCUSSIONS REGARDING BAND BUSINESS AND ONLY BAND MEMBERS ARE ELIGIBLE TO RECEIVE DOOR PRIZES.

October 20th from 5:00 p.m. to 9:00 p.m. our quarterly Band Meeting was held. We had a small turn out but accomplished a lot of work covering multiple departments and the work they are completing for the community. We would really like to see a larger turn out for these meetings if you have any ideas on how we can encourage you to attend please let us know. We have been trying different ideas to try to get the membership to attend these meetings and have researched how other Bands get their members to attend. These are a few of the things we do...

- Child Minding, Dinner or a meal, Door Prizes, Alternating Times. Send your suggestions to the Yoo Hoo and we will post them in the next Yoo Hoo to see if we can come up with an agreeable solution for all parties involved.

As everybody was arriving we started the day with a presentation from Carolyne Neufeld and Linda Kay. The band Managers, two(2) Counsellors a few staff went on a five(5) day Vision Quest across Canada where they visited multiple First Nations to get a feel for what we are doing right and how we can improve. Some of the First Nation communities were so large that there was much to learn that they

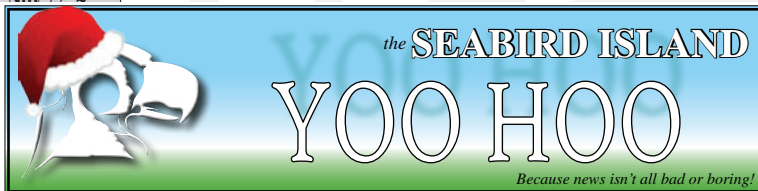
continued on pg. 3



INSIDE This Yoo Hoo

Housing Wait List	5	Lalame'wesawtext	21-22
Hub News	11	Lung Cancer Facts	23
Employment Center	16	Classifieds	25-27

- Nov 5**
Remembrance Day Celebration
- Nov 7**
Daylight Savings (clocks fall back)
- Nov 11**
All programs and services will be shut down for Remembrance day.
- Nov 15 - 19**
National Aboriginal Addictions Awareness Week
- Nov 22**



www.seabirdisland.ca

December 2010

Call for Children and Families

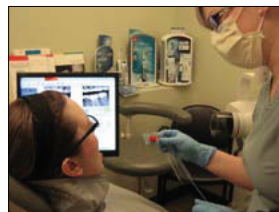
Seabird Island Health Department is looking for Seabird Island Community Children of various ages and families to participate in a Dental Video Project. **EARN \$100.00 PER PERSON.**

For the main scene the family required is a parent with a 5-7 year old child, we also require a few families for a waiting room scene.

This exciting project is being produced in partnership with Seabird Island Dental Office, the First Nations Health Council and Go 2 Productions.

Registration Deadline
December 1, 2010

Filming Date is
December 3, 2010



Interested Children and Families Please Contact Alexis Roper or Jill Stauber.

Sign Up is located in the Employment and Education Centre with Jill Stauber.

Jill Stauber or Alexis Roper
604 - 796 - 6865

Hard Copy Sign up available at the Employment and Education Centre

INSIDE this Yoo Hoo

Elections	3	Fitness Center	12
Housing Wait List	8	Lalame'wesawtext	15-17
Employment Center	10	Classifieds	18-19

Dec 8

Community Christmas Dinner

Dec 16-17

Christmas Hampers and Gift Certificates

Dec 20

Elders Pamper Luncheon

Dec 24 - Jan 3

Dental Office CLOSED For Christmas

Dec 24-27

Band Office CLOSED For 4 days this Christmas

December 2010



Yoo Hoo Highlights

SEABIRD ISLAND
YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

January 2011

Community Christmas Dinner



Our Annual Community Christmas Dinner was held on December 8, 2010 with the help and spirit of our staff members preparing, cooking, serving. This year we had a total of 435 people attend the dinner and a total of 145 families participate in bringing their own plates, utensils, cups, ect. Way to go to those families that helped reduce our garbage. Our Emcee for the evening was Celeste Bobb and a big thank-you to her for helping us keep on time and ensuring everyone was informed as to what was happening. Our welcome team: Evelyn Peters, Yvonne Duncan, Kwosel Pettis, Karla Kay, and Mindy Peters were greeting members and issuing door prize tickets to those families that participated in bringing your own plates, cups. Evelyn also had a make/take for the children to do while waiting for dinner and Santa to arrive. The food was excellent, the room was peaceful and joyous.

We also had asked Brute, Chris, and Norm Jimmie to come out and sing for the evening. This was thoroughly enjoyed by the community and many people participated in dancing and singing. When the youth and little kids got up

with the drummers to sing and dance, it made everybody in the room glow, we are so proud of all of you!

Santa arrived at 6:45 to handout gifts to children aged 0-12. Clean-up was completed by many members helping. From prep to cleanup thank you to all those who participated in helping make this event a great success.

We wish you all a Safe and Happy New Year!



INSIDE this Yoo Hoo

Chiefs Corner	3
Best Practice Award	5
SA Renewals	11
BC Shake out	13
Honour Role.....	15
Lalame'wesawtext... ..	16
Employment Center... ..	17
Health Care Assistant.. ..	18
Fitness Schedule.....	21
Employment Postings. ..	21
Classifieds.....	22-23

The Band Office will be CLOSED Jan 3rd for the New Years Holiday.

the SEABIRD ISLAND
YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

February 2011

Emergency Winter Kits For At Home



With the recent snow storm and probably still more to come we would like to provide you with some information to assist you in having your home prepared for winter storms.

If you don't already have one, put together a disaster supply kit that contains: a first aid kit and first aid guide, any special medicines needed by family members, bottled water, ready-to-eat food, juices or other drinks, paper plates, plastic utensils, an assortment of small pots for warming up food or water, some cooking utensils and some cups, warm clothing or protective clothing, heavy shoes and boots, thermal blankets, flashlights or lanterns, candles, extra batteries and extra fuel if you are using camping lanterns, matches in a water-tight case, a battery powered radio and an easy-to-carry container for portability.

After a winter storm you may be stranded at home or several days. As soon as winter starts, make sure your supply of heating fuel is topped off and keep it at an adequate level. It's very possible that power lines will be knocked down and your electricity disrupted; some people have emergency generators for their homes these emergencies and others have other types of non-electric space heaters. In either case, test and

maintain the equipment often to make sure it won't fail you when you need it.

When keeping warm during a winter storm there are two levels of warmth: safe and comfortable. If you're wearing layered clothing and have lots of blankets, 40-50F in your house is safe but not particularly comfortable. Nobody will get frost bite and pipes won't freeze. Comfortable is a personal thing I'm comfy at 55F, most people prefer at least in the upper 60s—and you'll need to plan accordingly for it. Fireplaces, kerosene space heaters, and other combustion-based sources of heat are less than ideal compared to the efficiency and safety of a central furnace but when operated properly can help keep you warm until power and order are restored.

You absolutely need to make sure that whatever alternative heat source you plan on using during an outage is clean, operational, and that everyone who will be using it understands how to use it safely. Clean out the chimney before you need it and give that kerosene heater a trial run when you're not under pressure.



February 2011

Continued on page 3



Yoo Hoo Highlights

March 2011



www.seabirdisland.ca

March 2011



Elder Abuse and Neglect: What We Can Do To Help?

Do you know what elder abuse is?

Elder abuse is doing something or failing to do something that results in harm to an elderly person or puts a helpless older person at risk of harm. This includes:

- Physical,** sexual and emotional abuse
- Neglecting** or deserting an older person you are responsible for
- Taking** or misusing an elderly person's money or property

Elder abuse can happen within the family. It can also happen in settings such as hospitals or nursing homes or in the community. Elder abuse is a serious problem in this country.

Many of our elders live on as little as \$60 per month. That's less than the average person makes on welfare. Can you live on that?

When you borrow money or take food and medicine from an elder you may be leaving them with nothing for their own survival. Many parents and grandparents feel they can't say no, because they have always been there for you and are used to taking care of you, or they may feel guilty because they couldn't provide you with many of the things they wanted to. The reality is however that they can no longer afford to do this for you.

The truth is our elders need your help, they probably need food in their cupboards and feel too independent to ask for your assistance. It is hard for someone to be so independent for so many years, to now admit that they need assistance.

In fact many of the elders who got use to cooking for a large house hold may now be starving themselves. They find it a burden and not worth cooking a nice meal for just one person or perhaps they do not know how to cook for just one person. They may be living off of peanut butter sandwiches.

Unfortunately Meals on Wheels may not cover all the elders, they need to request this service. Meals on Wheels only runs on Mondays and Wednesdays, what does your elder eat on all the other days of the week?



Many of our elders are also faced with another form of abuse called neglect. Their children have grown up and started a family of their own, leaving the elder at home alone. Now they feel they never get to see anybody. Perhaps physically they have a hard time going out, can't afford the gas money, or even don't have a car anymore.

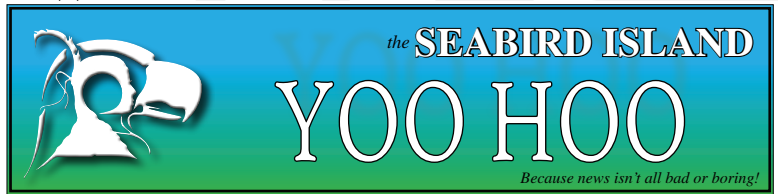
We challenge each and every one of you to help your elders.

- Visit with them on a regular basis,
- Give them a few extra bucks when you have sum,
- Treat them with some food for their cupboards,
- Take them shopping for new cloths,
- Invite them over for dinner, or drop them off a dinner plate.
- Help them clean those hard to reach places, like the bathtub.
- Finally; when **you** need extra help try to get it from another source, because the truth is your elder can no longer afford many luxuries.

Remember how you treat your elder is how others will treat you when you become an elder.

As an elder how y yourself, against e

- Make sure your fi affairs are in orde professional help with the assistant or relative if necc
- **Reach Out:** Keep family and friend becoming isolate your vulnerability
- If you are an elde neglected, or exp person. Tell your a family member people care and c



www.seabirdisland.ca

April 2011

Congratulations Chief and Council



It was a beautiful ceremony March 25th when the Seabird Community gathered for the swearing in of the new Chief and Council voted in on January 22nd.

Tribal Chief Tyrone McNeil, the MC of the event was the first to welcome the Chief and Council and to thank the three Council members who were stepping down for their work over their past term(s). Richard Louie, Carol Hope and Zena Mailhot, we all thank you for your work up to this point.

Band Manager Daryl (Chuck) McNeil witnessed the swearing in of Chief Clement Seymour and each of the Council members; Rod Peters, Art Andrew, Jim Harris, Vivian Ferguson, Alexis Roper, Marcie Peters, Maggie Pettis and Dianna (Daughter) Kay.

A total of 283 votes were cast for Chief and 8 were rejected. Chief Clement Seymour made it in with 170 votes, followed by Paul Thomas Andrew with 105 votes.

Continued on page 6

April 2011

Annual General Band Meeting

April 20, 2011

5 p.m.
Dinner



Child minding is available for the meeting.

Band members are encouraged to take part in discussion and ask questions ect.



Yoo Hoo Highlights

May 2011

the SEABIRD ISLAND
YOO HOO
Because news isn't all bad or boring!

www.seabirdisland.ca

May 2011

Seabird took first place in Victoria Soccer Tournament



Congratulations to the Seabird Island 14 & under team that took first place in Victoria Soccer Tournament on the weekend.

The Seabird U14 Took First Place in Victoria's 49th Totem Soccer Tournament. All stars for team is Brandi McNeil and Myron John and MVP is Esa James Point

"You are all so amazing and your teamwork paid off!! We love you all so much! Special Thanks to Chuck and Karen McNeil for all their dedication and hard work!"
Sally Hope



Annual Open House

Open House was a great success with record numbers coming through. A lot of fun and learning was had by all. Each department, service and program was set up displaying what they do and how they can and do assist the people. There were many contests, door prizes and free marketing materials for everybody to collect on their tour around the gym.



INSIDE this Yoo Hoo

Residential School Payments	2
Pre-school	3
Someone So Small Calendar.....	6
Tutoring / Homework Club.....	9
Recipe of the Month	11
Elder and Youth Features	12
Lalme'Iwesawtexw.....	17-19
Halqemylem Word Search and Cross Word	19
Housing List	22
Health Comic	22
Fitness Calendar.....	24
Bid Opportunity	25
Employment Center.....	26
Classifieds.....	30-31
Employment Postings.....	28-29
Up-coming E	

Please Let us know!

What you li newsletter?

What you w your newsle

We need you

Contact Seabird Islanc Commu Phone Direct E-mail:sandra

the SEABIRD ISLAND
YOO HOO
Because news isn't all bad or boring!

www.seabirdisland.ca

June 2011

NEW BABY CEREMONY



The new baby ceremony took place May 4, 2011 in the band gym. Twenty two (22) babies. The 3rd Annual Baby ceremony held at Seabird Island Band is to welcome the babies to the community as well as to cleanse and protect their mind, body, spirit and future.

The ceremony started off with the elders laying blankets down for the new babies to start their life on new ground. After, the babies and a family member came out escorted by drummers and pre-selected family members. The babies where brushed off with cedar and water as their parents and family member whispered happy, loving words to them. Doing this, we recognize that water is the essence of life; Mother Earth is made of 70% water and so is our bodies. Water helps us sustain life. The cedar represents healing medicines, as well as shelter, clothing, and tools.

There were witnesses who gave inspiring speeches, sang beautiful songs and also gave good advice to the parents and community. We were told to stand tall like the cedar tree with roots deep in Mother Earth with arms out welcoming. Everybody is to be proud of our new roots planted in the community.

Big thanks to all the parents who took part in the ceremony; it's very important to hold on to our ways and beliefs. This will always be an important day in your child's life.

INSIDE this Yoo Hoo

Naming Ceremony	2
Festival	3
Halqemylem Word Search	4
Letters to the Yoo Hoo.....	5
Pet Spay Nueter Program	8
Flood Preparation	9
Healthy Recipe Corner	10
Someone So Small Calendar	10
Parents and Tots Calendar	11
Employment Center.....	15
Lalme'Iwesawtexw.....	23-24
Health Comic	28
Fitness Calendar.....	28
Youth and Elder Feature	29
New Staff	31
Employment Postings.....	32-33
Up-coming Events	35

Please Let us know!

What do you like about this newsletter? ...

What would you like to see in your newsletters?...

We need your input!

Contact Sandy Bobb Seabird Island Graphic Designer and Communications Liaison Phone: 604-796-2177 Direct: 604-796-6838 E-mail:sandrabobb@seabirdisland.ca

June 2011

Happy Fathers Day June 19th



Yoo Hoo Highlights

Life Long Learning with the Seabird Yoo Hoo Newsletter

Life Long Learning includes learning about your families and your community. Remember to read and learn about your extended family and our community in your local Yoo Hoo Newsletter.

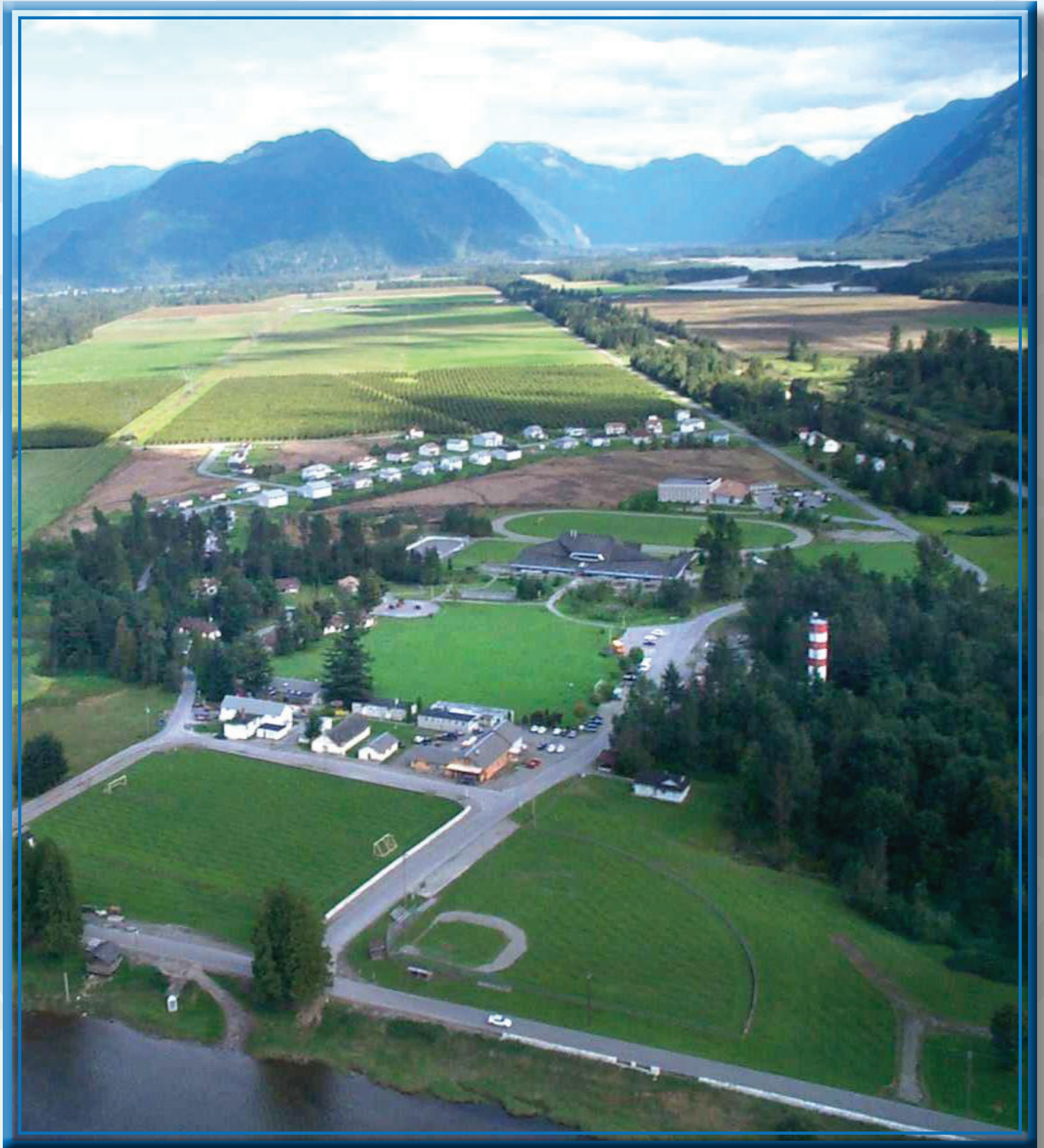
The Seabird Island Yoo Hoo features stories of community events that have happened in the past month as well as invitations to future events and classes taking place on Seabird. We also feature news of what each department is doing for the community and goals we working towards.

Reading the Seabird Monthly Yoo Hoo newsletter will help keep you informed about our families, events and education in our community. ***Stay connected, stay informed. Don't miss your chance to read the next Yoo Hoo newsletter!***





Economic Development





Economic Development Reports

Economic Development Department

Lands- Land leases

Seabird Rights and Title

Hazelnut Orchard

Seabird Island Band Wind Farm

Gravel Project

Community Comprehensive Plan

Community Core Planning

Waste Management Project

Forestry

Community to Community Forum

Lands

Environmental Management Act



Economic Development Department Reports

Economic Development Department

Over this past year there has been a lot of work the department has completed and been involved with. One of the highlights was a trip across Canada to witness what other First Nations are doing to improve and develop their economies. A number of managers and Council visited the Six Nations of Ontario, Kahanawake of Quebec and Fort Qu'Appelle of Saskatchewan. Each First Nation was quite unique in how they were developing their economies and creating employment. They ranged from entrepreneurs to band businesses and we witnessed some large businesses from tobacco production to mall developments. It was refreshing to see a blend of band businesses along with band member businesses.

Since then the department has made a strong connection with my counterpart from Fort Qu'Appelle we have shared ideas and they are willing to work with Seabird on a number of projects. Tourism businesses are being explored as potential projects and businesses.

The Interior to Lower Mainland (ILM) BC Hydro power line project has consumed a lot of department time. The negotiations team has done a lot of work to prepare documents for a successful Impact Benefit Agreement (IBA). Meetings have been held with all the companies who were providing estimates to do the work. Each company was very impressed with Seabird and intend to do work during the construction stages of the project. The ranges of discussions were to host a staging area to construct some of the power line towers to right of way clearing. The project start date will commence some time next spring/summer. For those interested in being a part of this project please contact department staff.



Lands- Land leases

All available lands have been leased to farmers who are growing forage corn and grass, potatoes, parsnip, carrots, tulips, nursery stock and raspberries. This past year there were inquiries from a variety of farmers who are interested in locating at Seabird. The demand for land is on the rise, we had inquiries from blueberry and cranberry farmers.

There is approximately 1,400 acres are being leased with an approximate revenue of \$344,000.00 the associated tax revenue of \$27,000.00. The goal is to increase the overall land value and keep the integrity of the lands. Research is being done to look at protecting and preserving the lands without harm to community members. Each farmer is considering how to move towards the provincial standards of environmental farming.

Seabird Rights and Title

Council supported the start-up of the title and rights department. As a result of the traditional use study and a growing need to protect and preserve traditional lands. Over the past number of years there



Economic Development Department Reports

has been an increase in provincial referrals that need to be responded to and will form the basis of the department. The staff has a number of priority areas and will be communicating with members throughout the year.



Hazelnut Orchard

This past year the orchard witnessed a smaller profit as this was a lower production year. Again the news of eastern filbert blight is a major concern. There are other orchards in the Agassiz area that are also impacted by the eastern filbert blight. The intention is to continue with operations until such a time the production levels drop and profit levels become marginal. Pruning will be a major part of maintenance and will form the basis of off season work. The blight is more noticeable in the upper canopy of the trees and will need some unique pruning equipment. Profits from prior years will be used to purchase a new flail mower and pruning equipment.

Seabird Island Band Wind Farm

The Seabird Island Band (SIB) is interested in exploring the feasibility of implementing wind power solutions. The implementation of a suitably sized

wind farm could have substantial economic benefits and would help support SIB's Vision 2020 principles, including Economic Diversity, Self-Reliance and Independence by providing clean, renewable energy. This energy source could provide recurring revenue generation through the re-sale of power to BC Hydro, as well as cost savings through the self-powering of SIB houses and facilities. The implementation of a wind farm is a significant undertaking. There are many complex processes, assessments, and design components that must be completed. In order to ensure a successful project, it is critical that a clear process be followed, from conceptual planning through to commissioning and final acceptance.

The objective of this Project Definition Report is to clearly articulate the entire process necessary to take the Wind Farm from conceptual planning through to implementation. This report will chart out the entire implementation process, phase by phase, so that key stakeholders are able to review and understand the steps required. It will also provide context for the project by discussing major project considerations. Influencing factors such as choice of technology factors, site selection, BC Hydro's role, potential environmental issues, and financial models. The report will conclude with a discussion of the recommended next steps that should be followed in order to move the project to the next phase.

Gravel Project

This year Jakes Construction has been processing as much gravel as the market will pay. Due to the lack of construction projects there has not been a demand for gravel. The overall sales are down from previous years. The gravel pit located behind the gas bar is to be concluded this coming fall/winter. Within the contract there was a concession to use equipment and gravel to construct a road that would connect Seabird



Economic Development Department Reports



Island Road to Chowat Road. As we near completion of gravel project, the road option will need to be considered.

Seabird entered in a Memorandum of Understanding (MOU) with Cheam Indian Band to work collectively on gravel projects. This past winter Tranmer Bar was selected to have gravel removed. Due to extraordinary delays the project did not receive the necessary approvals. The provincial departments associated with gravel removal are working towards a long term removal plan. It is intended to streamline approval processes and allow for projects to be done. This has been a major issue for any gravel to be removed and is welcome news to all contractors.

Community Comprehensive Plan

The next phase of work for the Seabird Island Comprehensive Community Plan will include strategic planning for each of the main action areas, as well as the completion of specific projects in key areas. Seabird Island First Nation has identified several action areas to be monitored as the CCP process moves forward. These include:

- Children and Youth, Education
- Natural Resources, Economic Development
- Healthy Lifestyles
- Governance, Political Stability, and Accountability



- Organization Capacity, Growth and Innovation and
- Self-Reliance and Independence.

For each of these areas, strategic goals and measures of success have been set so that progress can be tracked and monitored. Individuals have been assigned responsibility for certain tasks, which ensures ownership over the next two years as Phase 3 is carried out.

Over the next two years, there will be also be several Stop and Talk sessions held, as the working team incorporates ideas, comments and suggestions into a refined concept for the Seabird Core Area Plan and other CCP components.

Community Core Planning

Awelth to the Seabird Downtown Core Plan Wayeles Community “Stop and Talk Session. Please help us make important decisions about the future of Seabird by reading these story boards and answering the questions that follow:

The Seabird Downtown Core Plan has three main aims:

1. To develop a community vision and land use plan for the Seabird Downtown Core



Economic Development Department Reports

2. To address pedestrian and vehicle traffic safety and flow issues
3. To confirm locations for projects

The boards tell the story of what the Working Team has heard so far from residents, community members, staff, management and leadership, about the features of the Downtown Core that you value and want to preserve, the issues with traffic and parking, buildings. Issues that need to be addressed, and the things that matter most to you in shaping the future of Downtown Seabird. Next, we ask you to make choices about how the land in the Downtown Core should be used and where the projects should go by placing dots next to the options you prefer.

Seabird welcomes additional ideas, suggestions and comments on general or specific components of the Seabird Downtown Core Plan.

Some common themes voiced during the sessions were:

COMMUNITY

We believe that our community is our most important resource and we strive to act in ways that nurture and encourage its growth, development and ultimately its ongoing success.

RESPECT

We treat each other with respect, as we believe that every employee, volunteer, and member is a contributing factor to our success. We acknowledge that even those that challenge our patience offer important lessons we can learn from and strive to do so.

EXCELLENCE

We share a passion for excellence, quality, innovation,

technology and creativity in everything we do and strive to instill these values in our community.

SAFETY

We believe safety is the condition of being protected; to provide a safe environment in the protection of children, people, lands, waterways and possessions. We work together to recognize and manage hazards to achieve an acceptable level of risk that protects the community from exposure to something that causes health or economical losses.

ACCOUNTABILITY

We build trust among ourselves and within the community by being true to our word. We speak honestly and with integrity and hold ourselves personally accountable.

EMPOWER

We believe in a commitment to continuous learning and improvement, and maintaining open, positive communication that encourages and fosters living plans for our community.

There are two main themes to the Core Area Concepts:

Concept 1 retains the playing fields, the fire hall, and the public works yard. Requiring most new housing to be located on the Hazelnut Farm, through in fill opportunities around existing housing, along a new Chowat Road extension to Seabird Island Road, and/or in other areas of the community.

Concept 2, explores the potential of relocating fields (where possible) to the Hazelnut Farm area, freeing up additional lands in the core area for future residential development.



Economic Development Department Reports



URBANSYSTEMS.

Seabird Island First Nation
Community Core Area Plan - Concept 1

Concept 2, on the other hand, explores the potential of relocating fields (where possible) to the Hazelnut Farm area, freeing up additional lands in the core area for future residential development.



URBANSYSTEMS.

Seabird Island First Nation
Community Core Area Plan - Concept 2



Economic Development Department Reports

As outlined at the outset of this project, we trust that these concepts will provide a solid basis for community discussions on the core area over the coming months. There are several other notable differences between the two concepts, and future community discussions might consider topics such as:

- Overall character of the commercial enterprise area
- Cultural uses within the commercial enterprise area
- Integration of elders' housing with the commercial enterprise area vs. a separate site
- Future road alignments
- Fire hall location
- Outdoor gathering space
- Soccer academy location and
- College location.

As community engagement occurs over the next few months, we would be pleased to assist in refinement and further development of the core area plan, either as part of an overall Seabird Island Land Use Plan or as a separate initiative. Next steps might include development of more detailed site plans that illustrate subdivision layouts and building locations, confirmation of potential development yield within the core area, analysis of different scenario impacts using Community Viz (if desired), 3D modelling of scenarios, and completion of any required engineering feasibility analysis.



Waste Management Project

Building on the 2009 study entitled *Managing our Waste: a strategy for solid waste management on Seabird Island*, organics management initiatives were prioritized for implementation in 2010-2011. The following initiatives took place during this fiscal year:

1. Compost Outreach Programs

- a. Two demonstration piles were built and maintained by Seabird Island staff;
- b. 25 backyard compost kits were distributed to community members, accompanied by hands-on trainings and follow up home site visits; and
- c. Four elementary classroom worm bins and one high school science mid-scale worm bin were established, and supplemented by presentations and educational curricula.

2. On site Compost Facility Development

- a. Three Seabird Island facilities staff members attended a Compost Certification course; and
- b. A mid scale on site composting facility was constructed by Seabird Island staff under the advisement of John Paul, Transform Compost Systems, which is now ready for operation.

The successful completion of these projects sets the stage for the next year of program implementation to reduce waste and maximize recycling efforts community-wide. Priority waste reduction initiatives, as established by the Waste Management Working Group and the consultant are as follows:

- **Eco-Depot** - Initiate design development to establish an Eco-Depot, which will create infrastructure critical to maximizing reuse and



Economic Development Department Reports

diversion strategies in the Seabird Island Waste Management Plan

- **Policies and Plans** - Continue to refine policies and plans, including the formal adoption of the Waste Management Plan by Chief and Council, will underscore the importance of waste reduction programs and empower staff project implementation
- **Organics Management** - .Maintain compost outreach programs, develop a food scraps collection program, and operationalize the on site compost facility to continue to divert compostable organics from the waste stream. Public works employees are trained and will need to use .5 FTE of existing staff time to launch the program
- **Staff Support** - Allocate a .5 FTE from existing or new staff to establish a Zero Waste Coordinator position to ensure prioritized programs and activities, as listed in Section 3.0 Recommendations, are fully implemented as per the Waste Management Working Group's mandate and
- **Expert Consultation** - Utilize consulting support from the waste management team at EBA Engineering Consultants Ltd. to provide expertise and empower in-house implementation of projects as needed.

Seabird Island members and residents are concerned about solid waste management and reducing their waste footprint and consistently support waste reduction and diversion initiatives. As an example, in the Staff Development Day Report (Seabird Island 2010), surveys results from staff prioritized paper waste reduction, centralized recycle stations in offices, and the development of food scrap collection services. When asked how to reduce expenses at

Seabird Island, waste reduction initiatives made it into the top three items, as listed below.

- 47 of the 226 comments said Increase Waste Management Practices
- 40 of the 226 comments said Decrease Printing / Increase Smarter Printing
- 13 of the 226 comments said Increase Bulk Purchases to Save Money

This feedback reinforces recommendations listed in Section 3.0 and demonstrates that waste reduction is a community priority to be formalized, integrated and pursued as part of building a sustainable Seabird Island community and local economy.

Forestry

Our forestry partnership with Tamihi Logging has continued to remove Seabird wood this past year. Even with the recession the company has moved wood and will continue to do so until the license is completed later this winter. The goal this past year was to have all wood harvested to complete the Non Replaceable Forest License. It has to be noted there were only a few forest companies working this past year.

Seabird has been very active with Forestry staff to look at creative ways to complete forest obligations for the license. With the onset of a new form of





Economic Development Department Reports

license, First Nations Woodland License, the provincial government anticipate commencement to start within the next 3 years. Negotiations have taken place to secure another license to carry over until the new license. Seabird was able to secure another 107,000 cubic meters and a financial compensation package, which is formula driven based on production.

In order to move forward on the next phase of forestry it was decided to continue partnership arrangements with Tamihi Logging with some concessions for employment and profit sharing. The goal is once this license is complete Seabird will then move into the start-up of a capable forest company.

Community to Community Forum

As a direct result of Chief and Council request to rebuild relations with the district of Kent they had asked staff to develop a proposal for submission. The success of the proposal is the direct result in the first initial meeting with Stó:lô Tribal Council, District of Kent and Harrison Hot Springs. Due to the new relationship with the District of Kent an invitation was extended to other First Nations involved with Gravel Extraction, and Bank protection to be a part of the Memorandum of Understanding on Cooperation and Communication (MOU).

Thursday, April 07, 2011

Kent Signs Community Memorandum of Understanding on Cooperation and Communication

Press Release By District of Kent

AGASSIZ – On April 4, 2011 the District of Kent hosted the ceremonial signing of the Memorandum of Understanding on cooperation and

communication (MOU) between the District and the Stó:lô people consisting of Cheam First Nation, Scowlitz First Nation, Seabird Island Band, Sts'ailes First Nation, and the Stó:lô Tribal Council.

“On behalf of the Stó:lô Tribal Council, I want to thank all parties for signing this Memorandum of Understanding to work together on common issues for the protection and enhancement of our land and resources”, said Grand Chief Clarence Pennier.

The principles of the MOU are as follows:

1. Mutual respect for each party's mandates, policies, areas of jurisdictions and that the protocol on cooperation and communication does not fetter the individual mandates of the Parties;
2. Cooperation in exchange, development and distribution of information that is relevant to on-going projects of mutual benefit; and
3. Acknowledgement that good relations between neighbors are required for all citizens to benefit and to accomplish more together.

The communities have been meeting on a regular basis and working on the MOU for over a year. According to Mayor Lorne Fisher, “the MOU solidifies the commitment by the respective communities in working together in areas such as economic development and Fraser River management”.

In setting the next quarterly meeting on June 28 at the Scowlitz First Nation, Chief Andy Phillips said “it is encouraging to see the Kent Council and District and local First Nations work together for the betterment of our broader community”.



Economic Development Department Reports

Lands

Upon hiring the lands clerk last year, the lands department has been busy with compiling, researching and developing its laws, policies and procedures. There are a number of reports, plans, and studies done to date that are also being looked at to ensure that all areas are covered when creating the Land Laws. The committee has started to review laws from other First Nations and has selected a few that they felt was appropriate for Seabird Island. The law will then be drafted, and ready for the community input. If any changes are made then it goes through a final review with the community, and legal review. Chief and Council will approve the Law and it will be enacted and enforced.

To date the Committee has made recommendations for approval on three leases for renewal for agricultural use, and one new lease for a Biomass company to test their pilot plant. Other areas the committee started moving on was with the Trespass and Garbage / Dumping Law. The committee started out with installing gates on the problem areas to deter the public from using these locations on the reserve for garbage dumping.

The committee continues to meet regularly throughout the year, and have completed the Terms of Reference (TOR). Chief and Council had decided on the staggering terms of the Committee Members; 2 Elders on for 2 year terms, 2 Councillors on for 2 year terms, and Other members 4 year terms. Come Fall/Winter of this year the committee will be looking to replace an Elders position, as one of our Elder Representative had stepped down from this position to focus on their health.

The Lands Advisory Committee has been a part of various training opportunities with other First

Nations in Land Code within BC through Joint Initiative Meetings, along with organizations such as the Lands Advisory Board Resource Centre (LABRC) and the First Nations Alliance 4 Lands Managers (FNA4LM). With the help and guidance of these groups and organizations Seabird is able to look for ways to share resources and use these tools to assist them in the creation of the Lands Department.

Continuing to keep the community informed on the process it is taking to move the Lands Department forward, newsletters and social media have played a role in doing so. The Land Use Plan is a major project that the committee will be taking on this come this Fall, where all areas of Seabird will be considered. Community, family and one-on-one meetings will take place to gather this information.

The Lands Advisory Committee is excited to continue on with the work, and also to continue with any training that will help expand the knowledge.





Economic Development Department Reports

Environmental Management Act

As Seabird Island Band moves forward with control of Lands Management under the Land Code. The Economic Development Research Team has been working on the Environment Management Agreement Project.

Environmental Management Agreement (EMA) What is it?

- Part of the Land Code process (Seabird Island Lands Management)
- An Agreement between...
 1. Indian and Northern Affairs Canada (INAC)
 2. Environment Canada (EC)
 3. First Nation (Seabird)
- A Plan for how to create/implement Environmental Protection laws

Background to the EMA

- First Nations Land Management Act (1999) – FNLM Act (1999)
- Passed in parliament in 1999 (Gov't of Canada)
- Brought into effect the Framework Agreement on First Nations Land Management (FA)
- (FA) originally had 14 signed First Nations in 1996
- Seabird (FA) signed in 2005
- Seabird Land Code signed in 2009
- FNLM Act (1999) provides First Nations with the power to make laws regarding Land Management



including Environmental Assessment and Environmental Protection

- (FA) says this power is given to First Nations with a Land Code in effect

Environment Management Agreement (EMA) – What is inside the agreement?

- A plan for how Seabird will create/implement Environmental Assessment and Protection Laws deemed essential by the community, INAC and EC.
- The Guiding Principles for the Environmental Assessment and Protection Regime are set out in the EMA
- An opportunity for Seabird to create environmental protection laws for Reserve lands with respect to such issues as:
 1. Development of the land
 2. Conservation of land, water, habitat, species
 3. Protection of land, water, habitat, species
 4. Management of land and resources
 5. Use and Possession of land



Economic Development Department Reports



- Family Based Focus Group meetings

The research team consisted of Jay Hope, Research Director; and Sally Hope, Community Researcher. We hoped to get as large a sample of the community as possible through the community engagement process. The goal was to collect feedback through community meetings, one-to-one interviews, family based focus groups, door-to-door surveys, and social networking media (Facebook, texting, etc.)

While our time frames and deadline did not allow us to capture all community members we were able to include several families, elders, band members as well as some youth.

EMA Components – Four Steps to securing an EMA

1. Identifying environmental issues
2. Developing a plan for enacting laws and negotiating the EMA structure
3. Developing, adopting and enforcing environmental protection and assessment laws
4. Monitoring the EMA and laws

EMA Step One – Identifying environmental issues include:

- Environmental Scan – researching and reviewing existing information
- Community identification of environmental issues to be targeted for protection under the EMA

EMA Community Engagement for the purposes of Step One includes:

- Community Meetings
- One-to-One interviews with Elders, adults and youth
- Door to door surveys



Economic Development Department Reports





Finance





Finance Reports

2010-2011 Financial Highlights

Finance/Administration Department Operations

Seabird Island Band – Employees All Departments

Seabird Island Band – Capital Assets



Finance Department Reports

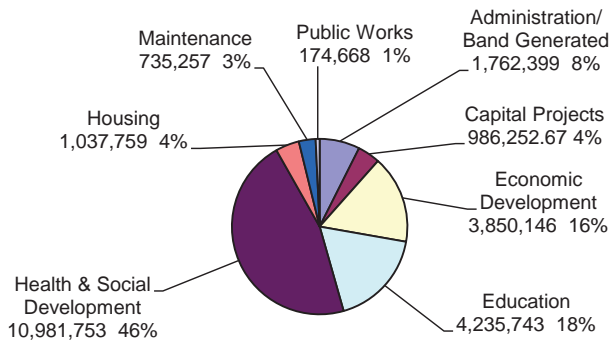
Lisa Douglas, CAFM
 Finance Manager
 Finance and Administration Department

2010-2011 Financial Highlights

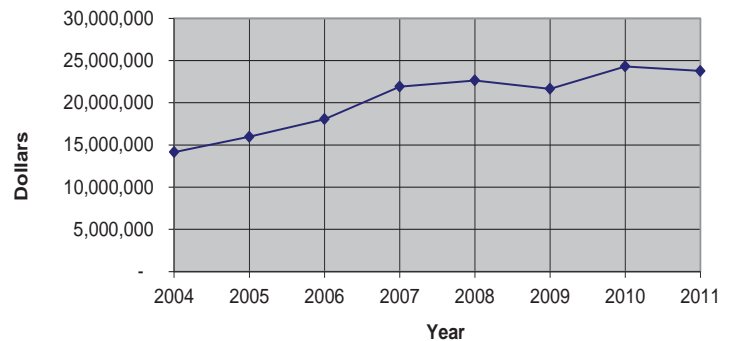
Seabird Island Band has experienced steady growth since 2004. This growth has resulted in financial success for the 2010/2011 fiscal year. The greatest growth was experienced in the Health department. There were several new programs, several expanded programs and we continue to grow in personnel and services.

Total Revenue for the 2010/2011 Fiscal Year was \$23,763,977

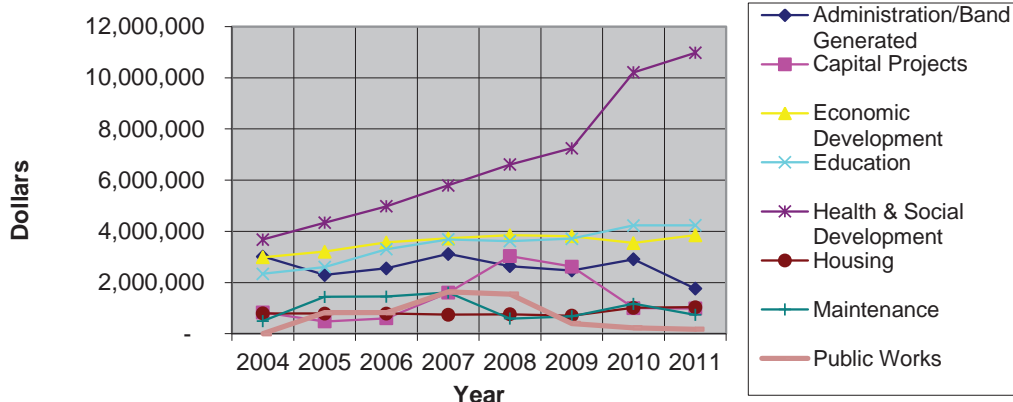
Seabird Island Band Revenue by Department - Fiscal Year 2010/2011



Seabird Island Band - Total Revenue Growth - 2004 to 2011



Seabird Island Band - Revenue Growth by Department - 2004 to 2011





Finance Department Reports

Finance/Administration Department Operations

Administration Staff

Linda McNeil-Bobb
El-lea Sam
Danielle Gabriel

Human Resources/Payroll

Drew Paddon
Fallon McNeil
Phaine McNeil

Accounts Payable

Lisa Mason

Purchasing/Cashier

Kimberley James

Financial Staff

Lisa Douglas
Kathy Leslie
Nigel Selvadurai
Crystal Johnson

Accounts Receivable

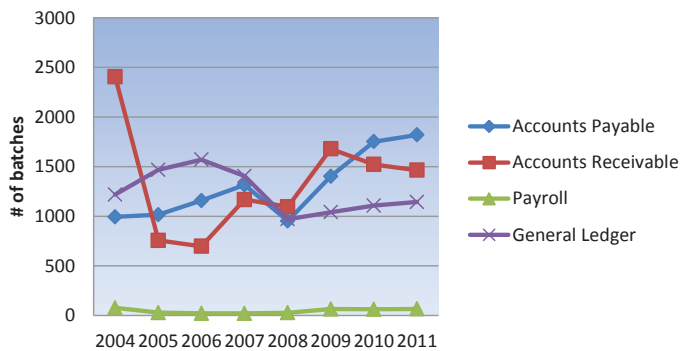
Diane Angus
Coral Leigh Peters

Records (new)

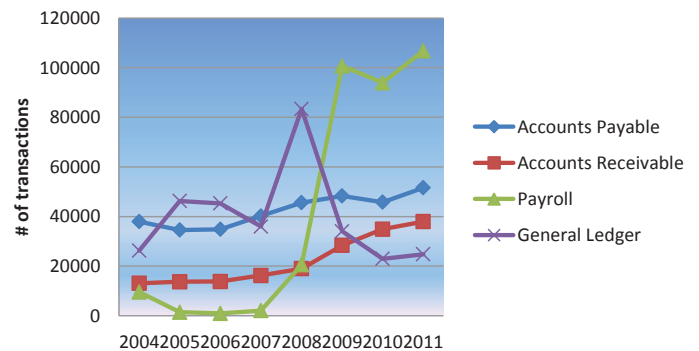
Carol Hope
Cynthia McNeil



Finance Batches Growth



Finance Transactions

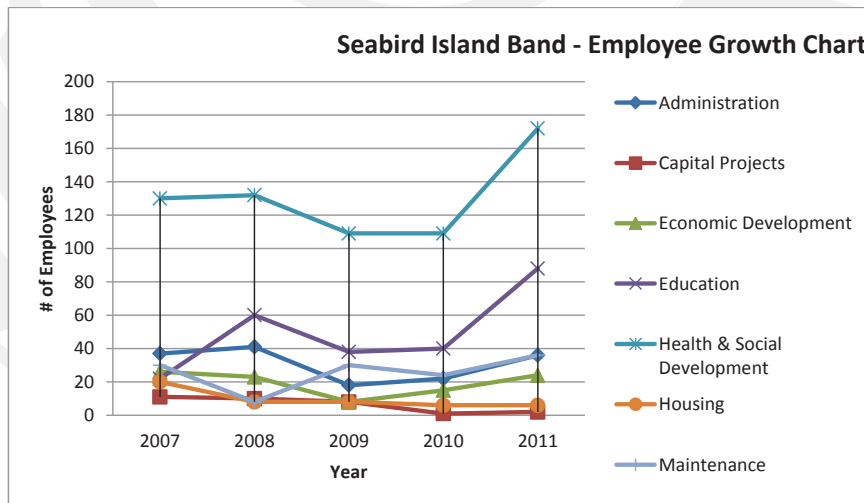
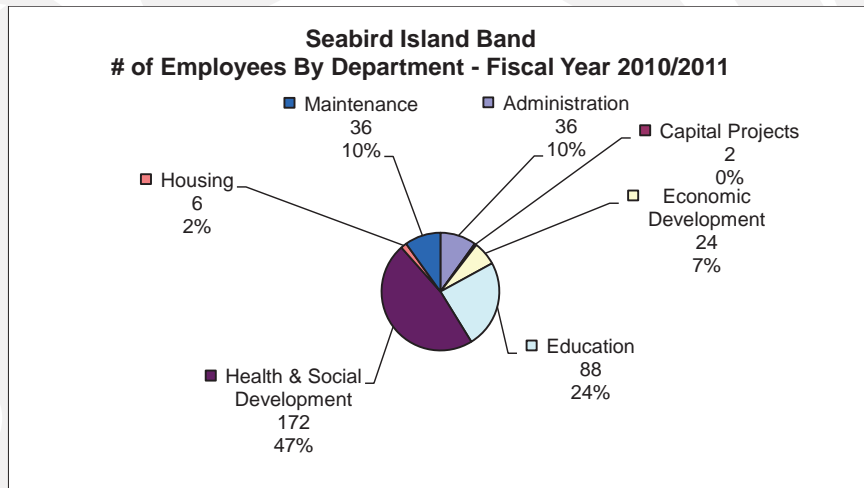




Finance Department Reports

Seabird Island Band – Employees All Departments

Staffing growth has taken another hike in 2010/2011. Health employees make up half of the Seabird Island employees.





Finance Department Reports

Seabird Island Band – Employees All Departments

Staffing growth has taken another hike in 2010/2011. Health employees make up half of the Seabird Island employees.

Cross-departmental cooperation has increased in many positive ways throughout the organization in 2011. We appreciate the effort and input from staff and managers in all departments.

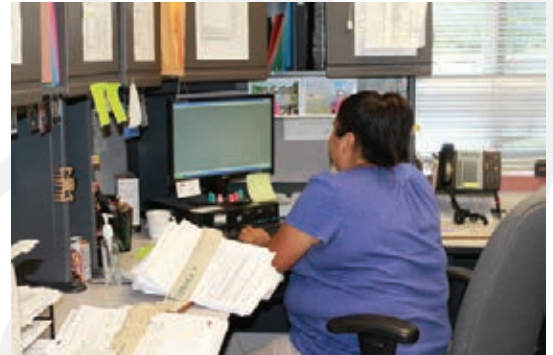
The Finance and Administration Department staff has been working very hard to continue improvements in systems in order to serve the staff and community members better. Streamlining, reporting and compli-

ance have been a big focus. We do our best to assist in a fair and equitable manner. We would like to thank everyone for their support and understanding.

We look forward to serving you in the coming year, and hope to offer further enhancement to services.

Seabird Island Band – Capital Assets

Capital Assets have experienced slow but steady growth since 2005. In 2008 Accounting Standards required depreciation causing a downward adjustment to the overall value.





Health and Social Development





Health and Social Development Reports

Health Managers Message

Brighter Futures Program

Community Health Services Report

Home and Community Care Program

Community Health Promotion and Injury / Illness Prevention

Non-Insured Health Benefits

- Seabird Island Dental Center
- Seabird Island Doctors Office
- Seabird Island Medical Transportation

Accreditation

Diabetes Centre of Excellence

Mobile Diabetes Team

Aboriginal Diabetes Team Initiative

HIV / AIDS Strategy

Maternal Child Program é Canadian Prenatal Nutrition Program

Aboriginal Infant Development

Heat Start

BEAR Bus

Say-Care

3's Language Nest Preschool

Preschool



Young Paqrents Program

Hope Child and Youth Mental Health

Community Wellness

Mental Health and Alcohol Awareness Programming

Drug and Alcohol Awareness Programming

Family Development Worker

Youth and Elders Liason Worker

Environmental Health and Safe Drinking Water Program

Community Highlights

- Aboriginal Licenced Practical Nursing Program
- Aboriginal Health Fifth Annual Year in Review Celebration
- UBC Students
- Summer Youth Career Program

Communications

Employment and Social Development Office Programs

Events Coordinator

Recreation

Nutrition

**Ye mí sseqó:tel la xwe' lets'emó:t ó Community
Engagement Hub**



Health and Social Development Reports



Carolyn Neufeld

Ey Swayel!

Another year has flown by and in reflecting on some of the highlights I think what stands out most in my mind is capacity development of people. This year we have over 40 women graduating from the Licensed Practical Nurses

program, the Health Care Assistant program and the Early Childhood diploma program. The impact on their families and communities will be huge. These women will fill positions throughout the Fraser Valley and proudly represent their First Nations heritage. They will stand tall and say I graduated at "SEABIRD ISLAND". We are leaving a legacy for the future which stands for education, caring, compassion, helping, honesty, trust and respect.

These women achieved their goals thru the help of dedicated staff and the people behind the scenes. The ones who helped take care of their children, drove them to classes, encouraged them, listened to them,

gave them hugs and told them they "could do it". Seabird Community has an incredible number of people who are willing to help others shine.

Our annual health department report reflects program and services used by every single person living in Seabird Community. Our department has the privilege of seeing every person on Seabird plus about 4000 others from different communities. Please feel free to call my direct line to make suggestions of programs and services you would like to see in your community! My direct line is 604-796-6840. Or email me at carolynneufeld@seabirdisland.ca

All My Relations.



Health and Social Development Reports

Brighter Futures Program:



The Brighter Futures Program is designed to ensure children meet their developmental milestones through increased awareness of mental health, child development, healthy babies, injury prevention and parenting skills. Programming also works to enhance the knowledge of frontline workers and to improve health services. Brighter Futures programming provides education, information and intervention for children, youth and young parents.

Health Services and Early Childhood workers deliver culturally appropriate and holistic workshops to the communities. Activities overlap with other health programs such as the Alcohol and Drug Awareness and Pre and Post Natal Programs. In addition, Play Therapy for children was provided on an as needed basis. All of our programming enriches the lives of children, youth and young parents.

Community-based activities are hosted throughout the year including:

- Grief Workshops and Healing Circles
- 10 week Parents Support Group

Community Health Services Report

Again, another exciting year at Seabird Health! With new programs and new staff starting, it's been a hive of activity. Nevertheless, our core services and programs have continued to run smoothly. A brief snap-shot of what's new is as follows:

- **Doctors' clinic** with the two (2) doctors – Dr. Fox and Dr. Beaulieu. They have a non-stop flow of clients coming in daily. Open Monday to Friday, walk-in Clinic Tuesday 1-4.
- **Seabird Dental** is always a busy place, especially on Tuesday afternoons when we offer our Walk-In clinic. Walk-in clinic is open Tuesdays from 1-4 p.m. and works on a first-come-first-serve basis. We will treat the immediate problem to relieve pain. This has proven to be very popular among our clients and new patients as well.



Seabird dental changed our hours last June and we are now open Monday thru Thursday, from 8:15 a.m. – 4:0 p.m.. We offer an incentive to patients to

- Pre and Post Natal Program
- Parents and Tots Program
- 3's and 4's Preschool
- Weekly Friends Program for Children
- Weekly Girls Group
- Weekly Co-Ed Youth Drop-in
- Boys and Girls Therapeutic Support Group
- 10 week Young Parents Group



Health and Social Development Reports

arrive early to their appointments and get entered into a monthly draw for a \$100 gift certificate. This has turned out well and I would like to say that we have decreased the amount of no shows., I feel this incentive has helped some.

We saw approximately 550 new patients this year, our patient total is now about 2800 patients. Patients like the new equipment that we have in the form of digital x-rays and computer charting. Our dental team continues to work with the community programs such as: Moms and Tots, Diabetes, and the school program to increase dental awareness.

- **Massage therapist**, Brian McLean, is at Seabird every Tuesday
- **Mobile Diabetes Clinic**, Seabird Health launched the Mobile Diabetes Clinic for Southern British Columbia. Staff on-board includes: Dann Swann RN, Sue Falconer RN, Chelsea Galbraith and Andrew Duerksen Vision Technician. The Mobile Diabetes Team integrates with our visiting Optometrist, Dr. Ahmed, the Diabetes Support Group as well as with our Doctors Clinic. The Mobile Diabetes Team has travelled throughout Southern B.C. and the Fraser Valley, doing blood work, retinal screening and education in 40 First Nation communities. Driving conditions at the time were unsafe and weather conditions were treacherous, however the majority of the time the scenery was breathtaking.

The Seabird Health Mobile Diabetes Mission Statement is to provide diabetes care, including vision and blood screening, which will prevent long term complications and improve the quality of life for on-reserve First Nation People. Working with local communities, the Mobile Diabetes Team will be visiting First Nation Communities throughout Southern BC providing Diabetes screening services to First Nations people living with diabetes. This

program compliments existing health services. They measure the clients' height, weight, blood pressure, and additional blood work. Based on the test results the team will give individual counseling on healthy eating and healthy lifestyle. A copy of the test results will be given to the individual and a copy will be sent to their family doctor.

- **Community Health Nurses:** Lisa Walberg, Dann Swann, Joe Singh, Linda Forseth and Sunny Sundman have all worked hard to look after the communities within their Health Transfer Agreements. In addition, we also provide contract nursing services to other communities; Boston Bar, Boothroyd and Spuzzum.
- **Community Health Representatives (CHR)** Maggie Pettis, Audrey Sam, Jacqueline Charlie (LPN), Carla Small (LPN), and Jen Martignago (LPN)] continue to provide essential services in their respective communities, including facilitating monthly workshops along with the regularly scheduled baby clinics, diabetes and nutrition /exercise workshops and looking after patient travel needs.
- Maggie Pettis CHR received training to teach diabetes prevention to clients and schools.

The services provided by CHR's cover a wide variety of health needs from appointment bookings to patient travel to program and event planning. The CHR'S primary goals are to improve the quality of life of community members by assisting them to make healthier lifestyle choices and promoting client dignity, independence, comfort, mobility and safety. As the liaison between the doctors/nurses and community members, the CHR provides support to the nurses and assists community members with completing application forms for BC medical cards, lost cards, new born babies and youth turning nineteen years of age. Assistance is also provided to



Health and Social Development Reports

the nurses with blood pressure clinics, flu clinics and record keeping for community members. The CHR ensures medical travel costs are documented and submitted for community members who have to travel a distance for medical appointments and also assists with coordinating accommodations for clients. They provide follow-up visits to monitor health of clients including pre/postnatal, hospital discharge and other illnesses as requested by the nurses as well as to keep accurate records for statistical and funding purposes. What this all means for our communities is better access to health care and services.

Home and Community Care Program (HCC):

The objective of the Home and Community Care Program is dedicated to preventing or delaying the need for institutional care by maintaining optimum health in their home and communities. We honor and respect individuals and families who want to be responsible for their own health. It is not intended to replace traditional services provided by families but to provide support where needed. Seabird Health provides home support, personal care and home management; we also help in accessing medical supplies and equipment. The HCC program increases with the community and within families by setting up an individualized care plan for the client.

The HCC team consists of HCC nurses, community health representatives and home support workers. Who together provide the following home support services:

- Homemakers
- Meals on Wheels
- Nursing services
- Wound care management
- Prescription pick-up and delivery
- Prescription monitoring

- Elders information and referrals
- Elders social activities
- Rehabilitation equipment assessment
- Health Specialist
- Referrals
- Home assessment
- Foot care - Your feet are beautiful and deserve good care!



Community Health Promotion and Injury/Illness Prevention

Monthly Well Baby Clinics: Baby clinics are held monthly. This is the time parents bring their children to the Health Center for weigh-ins, physical check-ups, breast feeding concerns, childhood illnesses and for immunizations. Seabird Island is 95% up-to-date with immunizations. The attitude regarding immunizations remains positive. Parents receive information about growth and development. Many parents rely heavily on the nurses for information and support. The nurses provide gift packs for parents along with baby formula and newborn supplies if needed. During the clinics, referrals are made (with consent of the parent) for other services such as dental services, Aboriginal Infant Development Program, Mental Health and Addictions, Nutrition Educator, Speech and Language or Social Assistance. Well Baby Clinics are sometimes held in concert with the Pre and Post Natal sessions



Health and Social Development Reports

due to the excellent turn out and provided education along with a healthy meal.



Optometry is scheduled monthly. CHR's from surrounding communities work with Maggie Pettis to receive pre-approval. Dr. Ahmed sees approximately 40 – 50 clients every time he is here. Some clinics stay open till 9 PM! People are booked one month in advance.

Mammogram

screening is scheduled 2 times a year with approximately 25 women screened at each clinic, CHR's coordinate this event. In surrounding communities women are helped to either attend a Seabird clinic, Chilliwack General Hospital or Abbotsford hospital to get the screening done. This year Chawathil had their own mobile mammogram screening clinic because of the space that is now available at the new Health Centre.



Seasonal Influenza, Pandemic Planning:

A community wide flu clinic is offered each year. Nursing staff work later into the evening to offer flu shots to those who are not able to attend day clinics. Attendance at the flu clinics is always huge. Along with flu clinics, flu prevention techniques are also promoted such as hand washing, coughing or sneezing into tissues and managing diabetes when ill.

In October we had Pandemic Planning and Flu Preventions workshops. Nurses and CHR's went to each community and presented at pre/post natal classes and elders gatherings about flu prevention measures and what to do when you are sick. They did a great job in the communities and we were very proud of the presentations they did. Workshops were done through the month of October 2010 in all communities.

Seabird Health launched an intensive flu prevention campaign including a health poster blitz, monthly articles and health reminders in the community newsletter and also created and distributed 700 "Care Packages" within our service area. These packages included a dish cloth printed with cleaning tips, a spray bottle with a mild bleach cleaner recipe, Kleenex, hand sanitizer and other sundries for flu prevention and care. In addition, janitorial staff were very diligent in sanitizing door handles and other high traffic areas where the virus could be transmitted. Throughout the flu season Seabird Island nursing staff administered close to 850 seasonal flu shots.



Health and Social Development Reports

Breast Cancer Awareness

This project includes breast cancer education workshops held monthly and a mammography clinic held in December (Seabird Island). As well as Wild-crafting workshops held throughout all communities through the whole year.

Our goals continues to be Empowering Aboriginal Women to improve their health. To reduce breast cancer mortality among Aboriginal Women through increased breast health education and mammography screening. To develop and provide culturally appropriate strategies and material to educate and inform Aboriginal Women to help them make better choices.



There were 12-15 participants per Wild-crafting workshop. The students followed the class steadily from community to community. They say they wouldn't miss the class for anything. Their dedication has been impressive as these have been evening classes many of the students came to class straight from work then also drove to a community where the class was been taught. At present these classes were divided among seven Bands in order to have as many participants as possible attend.

The main focus was, to help minimize effects of Breast Cancer,. Early detection and intervention are

necessary it also looks at how the body may develop cancer as a result of a breakdown in a part of that Body System. This approach helped the students understand that taking care of themselves at a basic level (by looking at the Immune System) would help to keep the body healthy and in balance. Once the systems were taught, the class made a cream or tincture. Some creams help the breast whether it is pain on the breast or lumpy fibroids. Regularly applying cream to the breasts is a tool to initiate self-breast exams. Other medicines were for health promotion and help focus attention on the body. A grand luncheon was organized in the event of the breast cancer project with a breast cancer survivor speaker.

Non-Insured Health Benefits

Seabird Island Dental Center

The Seabird Island Dental team, including dentists, dental hygienists, dental assistants promote dental health by attending a multitude of events in the communities, such as:

- Pre and Post Natal sessions on Seabird and Skwah
- Kent School "Ready, Set, Grow"
- Diabetic groups





Health and Social Development Reports

- Quit smoking groups
- Back to School workshops
- Open Houses at Cheam, Seabird and Chawathil
- Screening Fairs in various communities
- Grades 1 – 12 classes providing age appropriate dental education.

Distributed at these events: toothbrushes, toothpaste, dental floss, electric tooth brushes (draw prizes), white strips, and oral cancer screening kits. Referrals to specialists are made at this time.

The Dental clinic is a very busy place, especially on Tuesday afternoons when we offer our walk-in clinic Tuesday from 1-4 p.m. and works on a first-come-first-served basis. We will treat the immediate problem to relieve pain. This has proven to be very popular among our clients and new patients as well.

Seabird dental changed hours last June and are now open Monday through Thursday from 8:15 a.m. to 4:30 p.m. They offer an incentive to patients to arrive early to their appointments and get entered into a monthly draw for a \$100 gift certificate. This has turned out well and would like to announce they are getting fewer no-shows and this proves the incentive has helped.

There were approximately 550 new patients this year, bringing patient total to 2,800. Patients like the new equipment (digital x-rays and computer sharing). The dental team continues to work with the community programs such as Pre and Post Natal, Moms and Tots, Diabetes, and the School Programs to increase dental awareness.

Seabird Island Doctors' Office

Non-Insured Health Benefits pays the premiums for the Medical Service Plan (MSP) program which allows community members to access family practitioners. Seabird Island has a fully functioning

Doctor's clinic that provides these services. Currently the clinic has over 1500 patients. The clinic team includes Dr. Fox, Dr. Beaulieu, Lisa Walberg RN and Kristi McNeil our Medical Office Assistant (MOA) (thanks to Patricia Eidem, we have a casual MOA to do back up for Kristi). The clinic is open 5 days per week with drop-in appointments available on Tuesdays at 1 p.m..

The doctor's clinic has been instrumental in shifting members' attitudes towards seeking medical help. For instance, there are more clients who are booking routine preventative checks such as physicals. This is an encouraging sign as usually clients only come to the doctor when there is an obvious or serious health concern. Key in enabling this shift is the fact that all doctors are Aboriginal and all clinic staff operates in a culturally appropriate way to provide in-depth and compassionate care, including house calls! One of our doctors has agreed to a long term contract and thus we will be able to create a stable and trusted service.

Over the past year the clinic has benefited from new equipment such as a new blood pressure monitor, a new ear monitor to check for ear infections and an A1C unit to enhance diabetic screening and monitoring capabilities. The A1C unit provides the Doctors and Nursing team with client blood glucose levels without having to send the samples away to a distant lab. Hence, the clinic continues to expand in the entirety of services we are able to provide.





Health and Social Development Reports

Medical Transportation

Medical Transportation is covered under the Non-Insured Health Benefits. The Community Health Representatives (CHR) is responsible for coordinating the patient travel in all the communities affiliated with Seabird's Health. The CHR ensures that clients bring in appointment cards or confirmation of appointments and fill out travel requests. They verify appointments and will make travel arrangements and accommodations as needed.

Community members receive benefits in a variety of manners. If they have their own care they receive gas vouchers from Seabird Island Band's local gas bar. If a friend or family member is driving, they receive a patient travel checks to help offset costs. For those who have no means of transportation, the CHR either arranges for a Seabird driver to take the member to a medical appointment or she will drive them using a Seabird/CHR vehicle.

The medical travel benefit program works quite well except when there is a high number of community members with chronic illnesses that require ongoing treatments in urban centers, such as dialysis or cancer treatments. In these instances, a large portion of the medical transportation budget is used up by just a few members. Given that each community has a limit and fixed cost per trip, and the numbers of community members with chronic illnesses are rising, medical travel budgets are increasingly depleted before the year-end is up.

What Is Covered?

Medical Transportation

- Land and water Transportation
- Scheduled and Chartered airlines
- Ambulance Services (ground, air, med-i-vac)
- Meals and lodging

- Escort and/or interpreter services
- Travel for alcohol, drug, solvent abuse and detox treatment

Medical Transportation must be pre-approved

Accreditation

Seabird Health is moving towards accreditation.

Accreditation is an award that tells you your services meet national standards.

It is a tool to help us identify and address gaps in our services.

Accreditation takes three years! And, is funded by Health Canada. We have chosen to work with an organization called Accreditation Canada.



This past year we had an introduction to accreditation two day workshop for Health staff. A staff survey to identify gaps in services was completed in February 2011. A client survey was completed in July 2011. Now we are working on identified gaps.

Our action plan:

1. We have formed six teams (community members are welcome!)



Health and Social Development Reports

2. Teams are creating policies and procedures for important areas like infection control and client safety.
3. We will be tracking our progress. Check out our upcoming display in the medical clinic.
4. Accreditors will come for a first check on our services in January 2012
5. We will continue to work with Accreditation Canada for two more years to ensure our services meet national standards
6. Final check by Accreditors in January 2014.

Anyone can be involved in accreditation and we are hoping for lots of community involvement.

Contact: Heather McDonald, 604 796 2177, local 5033.

Diabetes Centre of Excellence

Seabird Health diabetes programs have been overhauled and integrated. We have now been recognized by the Canadian Diabetes Association as a Centre of Excellence in Diabetes Education.

Important features of our service include

- 1) Detailed assessment of people with diabetes by certified diabetes nurses
- 2) Detailed and ongoing education provided to people with diabetes and their families
- 3) Integration of specialized diabetes care by certified nurses with medical care provided by Seabird physicians
- 4) Support, education, and action group for people with diabetes

- 5) Screening events to identify people with diabetes early
- 6) Diabetes prevention and awareness activities for children and youth and the broader community throughout the year.
- 7) A mobile diabetes team that visits communities throughout southern BC

Seabird Diabetes Centre of Excellence is ready to enhance the lifelong learning of all community members. Contact nurses: Dann Swann and Sue Falconer 604 796 2177



Mobile Diabetes Team

The Seabird Health Mobile Diabetes Mission Statement is to provide diabetes care, including vision and blood screening, which will prevent long term complications and improve the quality of life for on-reserve First Nation People. Working with local communities, the Mobile Diabetes Team will be visiting First Nation Communities throughout Southern BC providing Diabetes screening services to First Nations people living with diabetes. This program compliments existing health services. They measure the clients' height, weight, blood pressure, and additional blood work. Based on the test results the team will give individual counseling on healthy



Health and Social Development Reports



eating and healthy lifestyle. A copy of the test results will be given to the individual and a copy will be sent to their family doctor.

Aboriginal Diabetes Initiative (ADI)

Diabetes is a key public health concern for Aboriginal peoples who are 3 to 5 times more likely to experience Type 2 diabetes than non-Aboriginal Canadians. The Aboriginal Diabetes Initiative (ADI) aims to reduce the prevalence of diabetes among Aboriginal people. The Seabird Health ADI program delivers a range of primary prevention, screening and treatment programs and services to all the communities within our service agreements.

Community Cooks: The aim of this program is to provide a hands-on learning experience on healthy food choices and food prep. This is a great opportunity for participants to learn about new recipes and food ideas. In the past year, approximately 217 members participated in the program. Topics have included learning about healthy carbohydrates, making lean choices in meats and alternatives, breakfast ideas, label readings, and adding spices to enhance flavors. This program provides an opportunity for participants to experience foods that they would not normally have chosen. Once participants learn how to prepare a variety of foods, they are more confident in buying the items and are less fearful about trying different foods.

Pre and Post Natal: ADI allows this program to provide information to expecting/new moms and dads about healthy food choices for pregnancy and for babies. Healthy foods choices are demonstrated through the food that is served at the monthly meetings and a variety of topics are discussed. Some of the topics covered this year have included; vitamin D, healthy snack ideas, at what age eggs are acceptable to be eaten, beverage choices, and iron. An hour long presentation is usually presented during the month of March. This year, the presentation included a demonstration of baby foods and a discussion of baby's first foods. This year, the number of people taking part in this program was 518.

Diabetes Support Group: The goal of the Diabetes Support Group is to increase awareness of risk factors associated with diabetes, and to support participants to reduce complications due to diabetes by adopting healthier lifestyles such as healthier foods and being more active. Although this is a monthly meeting for people with diabetes, family members are encouraged to attend. This year, approximately 313 people attended sessions. Some of the topics covered were dental health, the kidneys, the eyes, stroke, the importance of foot care, medications, supplements, and nutrition. In addition, lab work is provided every 3 months.

This year, we were fortunate to secure some extra funding from Health Canada, which provided an opportunity for communities to take part in a Diabetes Family Camp that was held at the Hills Ranch at 108 Mile House. Individuals living with diabetes and their family/support persons attended a weekend of fun and learning. Participants attended sessions on general diabetes and nutrition and were encouraged to learn ways to stay active through participation in a winter sport such as cross country skiing and snow shoeing. Approximately 90 people took part in this event.



Health and Social Development Reports

A Nutrition Fair was held at the Seabird school gym in March 2011. The students enjoyed exhibits in nutrition. They even made their own butter and had a chance to sample it on some bread. There was an egg display, where they learned about the nutritional facts of eggs. What is better, farm fresh or store bought. What they do to preserve store bought eggs. There was even a booth on smoking and wind drying fish, where the kids were able to sample a piece. Students learned the value of traditional foods in the First Nation diet. Once the students had visited each exhibit they were rewarded with sampling nutritional foods.



Child/youth programs: The goal of these programs is to begin teaching about healthy eating early. Targeted at the youth and children attending Seabird Island School, youth groups, day-care, and pre-school, education provides useful tools for making good nutrition choices by teaching label reading, exposing participants to a variety of new foods dispelling food myths and exploring healthy body weight. This year about 74 individuals benefited from this program. Some of the sessions include a grocery shop tour, demonstrations of healthy breakfast, lunch, and snack ideas, importance of active living, diabetes prevention and the vegetarian lifestyle.

Annual Nutrition Run/Walk: This was an excellent run this year. The participation in the event was fantastic. The energy was exhilarating. We had everybody from the toddlers to the Elders participating. The Annual Seabird Nutrition Run is put on to raise awareness about Diabetes and Nutrition. This includes the effects your nutrition and fitness has on your health. The day started with a warm-up in the Band Office gym. Diana Kay led the charge of getting everybody to participate in the warm-up. Team Diabetes Canada was here with a table set up where participants could learn about Diabetes. We even had a professional marathon runner (Jerry Oldeman) join the Nutrition Run from the Team Diabetes Canada. Over 300 community members took part in this event.

Other events taking place in our communities are Open Houses, Career Fairs, and Back to School workshops. Booths are set up at these events to showcase nutrition ideas with active demonstrations and games. This year 908 participants attended these various events.



Health and Social Development Reports

HIV/AIDS Strategy

Education about HIV/AIDS is integrated into the many other activities of Seabird Health. Nurses, CHRs and other Health workers collaborate with mental health and youth counselors to deliver the content. Sometimes education about sexual health, the transmission of sexually transmitted infections (STIs) and HIV/AIDS is incorporated into workshops held in the various communities. For instance, nurses, CHRs and Kwiyo:s provide sexual health education at the pre/post natal classes. Other times, sexual health is the topic for a Health Services workshop. An example is the high school classes where the nurse delivers information on sexual awareness, STIs, and birth control.

Sexual health and HIV/AIDS education is ongoing in communities. Nurses and counselors who work with youth provide advice and education about preventing STIs. Nurses, doctors and counselors provide one to one counseling, advice on safe sex practices, communicable disease prevention and the dangers of becoming infected. CHRs provide informational handouts and brochures and encourage at-risk youth and adults to seek out help. The topic of sexual health permeates many Seabird Health activities.

May 5, 2011- Grade 5/6 day at the Health Center. Thursday May 5, 2011 the grade 5-6 Seabird students came to the band office for a tour, and educational knowledge about themselves and how their bodies work.

Maternal Child Program/ Canadian Prenatal Nutrition Program

The Maternal Child Program and the Canadian Prenatal Nutrition Program are highly integrated programs that provide support for expecting moms and their families, which extends into the post partum period. The primary workers who deliver these programs are the Kwiyo:s (Respected Aunty) workers. The Kwiyo:s (Auntie's) are trained in breast feeding and are birth and postpartum doulas



(lay midwife). They provide education to families prior to birth, attend births and provide educational, emotional (including communication and relationship), and practical support in the post partum period. We have found that the Kwiyo:s are able to connect with high risk families and establish trust in Seabird Health. Thus, families that have, in the past, not received or accepted support, are now fully supported, giving their children the best possible chance for healthy development. These examples demonstrate how much the Kwiyo:s workers are needed by our families. The real difference will be seen years from now when the children are confident, healthy adults because their family was well supported and learned skills that enabled them to provide their children with opportunities to reach their maximum potential. That is the core of the Maternal Child program.



Health and Social Development Reports

Other Health staff support the work of the Kwiyo:s to achieve the goals of the Maternal Child program and the CPNP. These are nurses, CHRs, and the Early Childhood program workers. Together, these workers provide a comprehensive network that reinforces support and education around healthy child development. This means that most families are now able to act on the support and education that they receive, and make positive changes.



Baby Ceremony – May 4, 2011: Celebrating Babies
Twenty two (22) babies born within the past year 2010-2011. The 3rd Annual Baby ceremony held at Seabird Island Band is to welcome the babies to the community as well as to cleanse and protect their mind, body, spirit and future.

Kwiyo:s (Maternal and Child Health Program)

Over the year we have attended many programs with our families such as Parent and Tots, Someone so Small, Better Beginnings, Prenatal Circle, Positive Parenting, and Pre/Postnatal Class, just to name a few. Staff: Maxine Stump, Pam Hope and the families have attended special family outing such as the going to Vancouver Aquarium, Capillano Suspension Bridge, playing at the park, helping get groceries, and being there when baby gets his or her first tooth, or taking their first step. A very special event that we shared with our families was our traditional Welcoming Baby Ceremony, a ceremony



that will continue until these beautiful babies have babies of their own, a tradition we were all part of.

Our program has supported these families through many joys and challenges. For some we have been there from the first doctor visit where they were first told they were pregnant, to the glorious birth of their precious baby's arrival. Yes offering support and education through the pregnancy is a great opportunity to build a strong bond with the family, then becomes a whole new level when we are standing there telling the mother she will get through this, and she can do it. Supporting her through one of the biggest milestones in her life, delivering her baby. As a Kwiyo:s we continue to be there with support through immunizations, potty training, first birthday, and so much more.

We offer prenatal circle, which is a drop in group for expectant families to meet with the entire Health team. Families have the opportunity to ask question and participate in great group discussion. Mothers are able to take their own weight and blood pressures and partners or friends are able find and listen to the babies heart beat using the Doppler.

The children in the MCH program are aware of who we are, calling us aunty, cooing and showing a big smile because their Kwiyo:s walked in. This program



Health and Social Development Reports

truly walks with a family from the very beginning. We are part of team working with seven communities, become members of many communities, and now members of so many families. In Halq'emeylem Kwiyo:s is a respected auntie, we are their Kwiyo:s and very proud to be part of this team.

Aboriginal Infant Development

The Aboriginal Infant Development Program provides services to over 50 Aboriginal babies and toddlers, birth to 3 years of age who require extra support or who are at risk for physical, social, intellectual, emotional and developmental delays. Services are offered on and off reserve from Chehalis to Boothroyd. The program is voluntary and family centered. The two Aboriginal Infant Development Consultants, Cheryl Sauve and Connie LeBlanc support families by providing home visits, group programs or educational programs depending on what the family wants and what the child needs. Developmental screening and assessments are provided and individual activity plans are developed with the families. The goal is establish a positive relationship with the family and to support each child's healthy development. In this way we can design a program that suits a child and their families individuality and uniqueness.

The Aboriginal Infant Development Consultants also offer a drop in parenting group once a week called



Someone So Small. We are now looking at offering the program in adjacent communities as well. They also participate in Pre/Post Natal groups in Seabird and Chawathil. Consultants also participated in the Prenatal Circle, which is a prenatal information group. Other programs and services offered have included: Infant Massage, workshops (Discipline, Toilet Learning Developmental Screening, Baby Songs and Games and Baby Food Making). The Aboriginal Infant Development program also works very closely with all the early childhood programs and participates in all community events for our children.

Head Start



Head Start is a program for on-reserve families and expectant families with children ages of 0 – 6 years of age. The program is open two days a week, September to June. The Head Start Program offers a variety of fun and educational experiences for the families, such as workshops, arts and crafts, water and sand play, circle time, free play and outside time. Families enjoy nutritious breakfasts, snacks and lunches each program day. The children and parents have enjoyed field trips to the Vancouver Zoo, Apple Barn Pumpkin Patch, Valedoorn Farms, Panago and Kilbey Historic Site.



Health and Social Development Reports



Family Nights were offered once a month, with our April Family Night surpassing 50 children, parents and staff. At this family night Darren Charlie offered a instructional workshop in drum making and each participant was able to make their very own drum, and take it home. Other activities this year included Community Kitchens, Cook with the Cook Program, Dental Health dates and AIDP information sessions where parents were able to ask questions about infants and general care. This year the program created a Halq'eméylem curriculum binder, which the families began to benefit from. They did this by learning new words and practicing ones they already knew. Head Start staff and families attended a traditional Year End Ceremony which included traditional dress, drumming and singing. New this year to the Head Start Program was the Cook with the Cook Program where Parents were encouraged to work alongside the Head Start Cook and learn how to prepare a healthy meal.



Health and Social Development Reports

BEAR Bus:



BEAR Bus is a program for off-reserve families and expectant families with children ages 0 – 6 years of age. The program is open four days a week, twelve months a year.

The BEAR Bus Program offers a variety of fun and educational experiences for the families, such as language time, arts and crafts, play dough activities, circle time, free play and outside time (weather permitting). Families enjoy nutritious snacks each program day. The program offers two programs a day, with an a.m. and p.m. program.

The children and parents have enjoyed meeting the BEAR Bus in six locations, which include, Agassiz, Silver Creek, Hope, Shxw'ow'hamel, Boothroyd and Boston Bar. Community visits are offered throughout the summer months, which allow for BEAR Bus to be a part of community fairs, Picnic in the Park and Story Time in the Park. Through these events BEAR Bus has been successful in contacting additional off-reserve families and providing early literacy and parental resources.

Other recourses that were given out this year included children's picture books, BEAR Bus book marks, crayons and parents handouts on general health and the Halq'eméylem and Thompson language. This year the program created a Thompson Language binder, which the families in Boothroyd and Boston Bar began to benefit from. New to the BEAR Bus Program this year were children's height tables, a LTD screen, and a brand new generator.





Health and Social Development Reports

Day-care



Movies and popcorn on a rainy day

The day-care is open five days a week year round.

The day-care offers a variety of fun, educational and cultural experiences for the children, such as berry picking, community walks, arts and crafts, water and sand play, computer time, circle time, free play and outside time. Children enjoy nutritious snacks each day.

The day-care children and many parents have enjoyed field trips to the Vancouver Zoo, Vancouver Children Festival and Dino Town. Family Day is a tradition started in 2008 that brings the whole family together. Around 100 children and family members attend Cultus Lake Water Park for an afternoon of sliding, water play and a great BBQ dinner. Day-care staff and children attend

The Seabird Island Day-care Center is a licensed group childcare center for 49 children between the ages of 0 – kindergarten. We have an Infant Center that provides care to

all the cultural events the Band and Community School offer including the First Salmon Ceremony, Naming Ceremony and Stó:lô New Year.



Dancing with Maliala



Vist from Noy for snack



Earthquake drill



Visiting the zoo



Toddlers Drumming



Infants Drumming



Visiting the Aquarum



Toddlers reading to their dolls



Health and Social Development Reports

3's Language Nest Preschool



Literacy Night



Literacy night – making my box



Language nest Teachers

Preschool Photo's Annual Report 2010-2011



Nutrition walk



Drum making with Darren



Sharon and Baby Dason - SEEDS



SEEDS- family visit



Circle with Kowsef



SEEDS- hands around our lavender blanket



Sto:lo New Year at the school



Christmas Concert at the school



Health and Social Development Reports

Young Parents Program photos



Lunch time at YPP



Our room at YPP



Zoo outing with daycare



Hope Child and Youth Mental Health:

Two clinics come to Seabird every Monday from 1:00 to 5:00 and see clients out of our Wellness Center weekly. If your child or youth is requiring counseling to overcome trauma, grief or other issues that seriously affect their day to day life, please feel free to contact Edie or Hope Mental Health (at 604-869-4900) to make a referral.

Community Wellness:

Seabird has in 2010 hired a Community Wellness Coordinator. This coordinator works with our community using the First Principle:

The First Principle

Seabird Island community expects its members to conduct themselves in a manner which does not adversely affect the collective interest of the community. The Seabird Island community is prepared to take responsibility for helping all of its members to meet that expectation and for responding appropriately when that expectation is not met.

Our community wellness coordinator is available to Seabird community members to assist when there are criminal charges, child and family service or family law matters, bring clients to legal aid if required, serve court documents if needed, or a variety of other things. She also coordinates monthly meetings with the community wellness committee, so far they have been working on their terms of reference and talking about issues in the community that need to be addressed.



Health and Social Development Reports

Mental Health and Alcohol and Drug Awareness (NNADAP) Programming

Mental health and addictions awareness programming is provided through Seabird Health's Child and Family services umbrella. These services include a variety of group programs as well as one-on-one counseling. As with all other Seabird Health programs, mental health and addictions content is also integrated into workshops and activities hosted by other programs.

Rapsure Risin' singing group (consisting of young Stó:lô women) was hosted by the Seabird Island School, and in partnership with the other Bands. The children were delighted in having the group do a two hour presentation promoting leading healthy lifestyles and role modeling for the youth.



An honouring ceremony was held to honor youth who are leading healthy lifestyles as well as community members who have made significant changes in the past year towards leading healthier lifestyles. Dinner was enjoyed by all.



Drug and Alcohol awareness programming

Services related to alcohol and drug addictions are provided by counselors who use issues of addiction as a window to provide services with a broader mandate, such as life skills and self-understanding toward healing. Seabird employs three counselors that provide one-on-one counseling and group programs, like anger management and parenting to Seabird Island and three other communities. A shift has been to provide counseling at Seabird in a Wellness Center instead of the Band office. A home was renovated to provide offices, a group room, a kitchen and some outdoor space. This has been a good move for privacy and has been well received by community members as evidenced by attendance at the weekly pancake breakfast (this model of a weekly pancake breakfast is used in several communities to get community members especially those who tend to self-isolate because of addiction issues into the community so that they can be supported and connected as needed).

All but one of the alcohol and drug counselors have Aboriginal heritage and hence incorporate cultural teachings and methods into their programming. Culture is used as a tool for healing "because we know this is what works" (Child and Family Manager). While in some programming the focus on culture is on connecting people to culture as a means to help



Health and Social Development Reports

with identity struggles, in other programming basic cultural values are fore-grounded.

A new program in this service area is the Day Treatment Program, which had its first intake in the spring of 2010. This 15 week program is designed to provide support to people who are not quite ready to attend residential treatment programs or who have already completed a residential program and wish to continue receiving support. Hence, it has a potential to bring together people who are at different stages of recovery and thus will be able to support each other towards healing.

There are many other examples of Health supported activities, which attend to community needs around alcohol and drug use, which occurred this year. For instance, Seabird Health helped coordinate the 2nd Stó:lô Walk, Jog, or Run for Sobriety with a dinner celebration. A sobriety countdown was held from the person with the longest sobriety to the shortest sobriety. This walk was held in conjunction with the Seabird Island School and community to raise awareness on the importance of leading a life free from addictions for the betterment of our individuals, families and communities. After all of the work was done at this activity, a country and western group played music to end the event. This event was started over 15 years ago, and it was the vision of Elders at Chehalis to reunite annually to do this event to recognize throughout our nation that we need to raise awareness of sobriety to stop fatalities that are occurring daily in our communities due to addictions.

Family Development Worker

Seabird has been provided through MCFD funding to hire a Family Development Worker to work with our families in our area to reduce the need for child protection.

The primary goal of this program is to provide support to parents and families within the community to reduce the incidences of child protection concerns and the removal of children. To reduce these concerns educational and support services in one to one and family session model has been provided, along with workshops focusing on healthy families, parenting, communication and lifestyles.

Within the last year we have had the opportunity to work with several families to reduce child protection concerns as well as to provide support to the families to develop the skills to lead a healthy lifestyle for their family.

Donna Watson has been hired for this position recently. Donna has begun providing parenting workshops for parents as well as those wanting to be foster parents. These can include positive parenting as well as a whole variety of other topics such as bed-wetting, running away, attachment, ADHD, FASD and many more. If you are interested in taking any of these contact Donna at the Band Office. If you don't see what you want, let us know, we are more than open to suggestions for future workshops as we want to meet the community's needs!!



Health and Social Development Reports

Youth and Elders Liaison Worker

The Youth and Elders' Liaison can provide to Elders:

- Individual support for Elders: for emotional support, liaison with housing, referrals to other services, and assisting Elders with financial forms
- Attend meetings and advocate on behalf of Elders
- Group work as needed such as helping the Elders prepare for their Alaskan Cruise
- Information Workshops such as Wills and Estates
- Connecting Elders with services and activities occurring such as Elders Outings

The Youth and Elders' Liaison can provide to Youth:

- Individual support for Youth: emotional support, liaison with other resources, and referrals for counseling
- Alexis has also been involved with youth who were identified by all Schools as having issues with attendance. Alexis visited the youth to identify issues and connect youth with appropriate services.
- Youth Outings
- Summer Recreation for Youth
- Peer Support Groups for Youth
- Drivers Education Program for Youth

If you have any questions or need help from the Youth and Elders' Liaison, please feel free to call Edie at the

Band Office, and we will make sure you are connected to the worker !!

Environmental Health and Safe Drinking Water Program



The water program has allowed Seabird Island to have a safe and reliable water source and to have an emergency plan in place to ensure that this continues

even in the face of a significant environmental disaster. The water program ensures regular monitoring and testing of all Seabird water sources, which include the main community system, as well as all private wells. The water program is also provided in Cheam, Scowlitz and Union Bar. Last year John took approximately 635 samples in total for all communities.

The water systems worker, John Bobb, is a community member and knowledgeable water worker. He is certified in small water systems. Testing is done once weekly from community systems and private wells, and whenever possible, testing is done in the home rather than from the hose bib. Daily monitoring of chlorine levels is also done. John sends most of the samples to the provincial lab for testing although some testing is done on Seabird Island. Some sampling is also completed by Health Canada's Environmental Health Officer in order to ensure that techniques and equipment provide accurate results. Whenever positive results (i.e. some level of contamination) are detected in private wells renters/owners are notified immediately and



Health and Social Development Reports



reparative measures are initiated. Water sampling results are reported to Chief and Council monthly.

Seabird Island's mosquito control program involves larvicide use and public education. An organic larvicide containing naturally occurring bacteria that kill mosquito larvae is

applied throughout the community in the spring. Educational strategies include posters, pamphlets and also a live demonstration. A large jar of stagnant water, complete with many mosquito larvae, sits on the main counter at the medical clinic from April until June so that community members can be vividly reminded of the insects that are developing. Community members are provided with many tips on how to reduce mosquito populations. This education is reinforced in the community newsletters issued during the spring months.

COMMUNITY HIGHLIGHTS

It has been another exhilarating year for Seabird Island community with all the exciting things happening from the Annual Seabird Festival to pandemic planning. Seabird Health continues to expand its reach into the community, having a positive effect on more and more lives. This effect is not limited to our community – our initiatives have impacts throughout our surrounding communities, including the region. The community suffered a great loss with the passing of Grand Chief Archie Charles.

Aboriginal Licensed Practical Nursing Program



Seabird LPN Program - a choice College for both community members and non-community members alike. This two year Nursing program has just completed year one with huge success. The students are into year two now and are excited about the opportunities opening up around them. The students and their instructor Lauren Duerksen were invited to speak at the AHIC celebration - they made quite the impact.

In February 2010 we welcomed 15 Aboriginal women into the first Aboriginal Practical Nursing Program on Seabird Island. This 2 year program is being run in conjunction with Vancouver Community College and Seabird College. The women range in ages from 19 – 54 and bring with them a wealth of life skills and knowledge. They represent nine different bands from across Canada. Some of the women are already Resident Care Aids; some have worked in long-term care facilities; some have worked as Community Health Representatives within First Nation's communities; yet others have just graduated from high school and have limited working experience. The diversity of students adds to the richness of everyone's experiences as we learn from each other.



Health and Social Development Reports

The classes have infused traditional Practical Nursing education with culturally relevant topics. As they are reaching the end of the class room work for this semester, they are heading into their first clinical experience with excitement and also some anxiety.

Aboriginal Health Fifth Annual Year in Review Celebration

September 28, 2011, Sumas Longhouse

Seabird Island partners to provide on-reserve access to health programs for Aboriginal (and other) students



On September 8, 2011, the first class of Aboriginal Practical Nursing students graduated from Vancouver Community College (VCC) as a result of a unique partnership between Seabird Island Health, Fraser Health and VCC. This partnership has allowed Seabird Island to offer the Practical Nursing program on site at Seabird Island. Providing closer-to-home education for students is key to facilitating access for those students who experience barriers in transportation and/or living off reserve. Fifteen students began this journey in February 2010, with Laureen Duerksen as their coordinator and Carlyne Neufeld as the driving force behind the program. Ten students will write their National Practical Nursing

registration examination September 14. They are performed very well in their practicums and some have already been offered jobs. Many of these students have indicated their desire to continue their education to become Registered Nurses.

March 15, 2011 another partnership was brought to life when Seabird Island Health and Nicola Valley Institute of Technology started a Health Care Assistant course. Seventeen students with ages ranging from 19 to early 50's, representing eight Bands and two provinces came together at Seabird to embrace the caring field formally called the Health Care Aide. These students will complete their program November 25, 2011 and be able to work in nursing homes, community home support, and acute care hospitals. Many of these students have already identified that they wish to continue their nursing careers as LPNs and RNs.

The need to increase the numbers of Aboriginal health care workers as a means to improve health outcomes for Aboriginal peoples has been well established. Our programs have the potential to significantly add to the supply of qualified health workers. On-reserve programs have the potential to reach a larger target student group and to improve retention rates through enhanced supports and culturally-safe educational practices. Despite our many successes, our goal is to better understand the barriers that continue to present for our students and sometimes result in disenrollment. We plan to continue to provide on-reserve access to these and other health care worker programs well into the future.



Health and Social Development Reports

UBC Students

Each year Seabird Health becomes a training ground for UBC health professional students who are taking a course in Aboriginal Health. During four weeks in the month of June, four students participate in Seabird Health activities in order to develop an understanding of issues in Aboriginal health such as the effects of the history of colonization, the social determinants of health, cross-cultural communication, health professional roles in Aboriginal communities, and factors that promote health and healing.

As well as participating in Seabird Health and Seabird Island community activities, students worked on specific projects such as a youth nutritional education program, a supplementary resource binder for the Group Home Life Skills Project (addressing topics such as Grief and loss, self-esteem, First Nations teachings and spirituality, communication, anger management, healing and codependency), a sexual health workshop curriculum including power point presentations, and a Seabird Island Stroke workshop manual including heart and stroke foundation lesson plans. In addition, they participated in a number of cultural activities including traditional plant gathering walks and a drum making workshop.

Summer Youth Career Program

Seabird Health received a grant from First Nations Health Council for summer employment for high school students. The purpose of the program was to encourage students to “choose a health career.”

We provided an opportunity for four of our youth to learn and explore health careers by spending time in our health programs. The program provided youth

with summer employment that helped them financially when they returned to school in the fall. The youth worked in the dental office, summer recreation, early childhood, and medical office to explore what each job entails and processes that occur in dental offices.



They were able to find out what education is required for each position and get practical experience working in a health office. They also learned to develop and update brochures for youth regarding health topics. The students taught children and youth oral health techniques through mini workshops. The workshops were held with Seabird Day-care 3-5 year olds, Seabird Summer recreation program and Youth program. Summer students also had an orientation to all of Seabird Health to see what different types of careers are available such as different types of nursing careers (nurse practitioner, home care, community health, licensed practical nurses), community health representatives, nutrition and/or diabetic educator, Alcohol and Drug counselor, health clerk, and physicians. They were able to see all the other staff who assist in the health field such as managers, supervisors, communications, administrator, water tester, drivers and the list goes on. Students reported finding this experience was interesting and rewarding. We look forward to seeing them continue on in their pursuit of a health career.



Health and Social Development Reports

Communications

The Graphic Design and Communications team works with the Seabird Band Office, its Departments and its Programs.

Certified Professional Designer(s) proficient in using specialized graphic programs that produce a higher quality of color, image and text. As well as using other expert tools to create professional quality communication pieces in an efficient and timely manner. Graphic designers are specially trained to create aesthetically appealing print and text. With strict attention to detail. Using visual problem solving skills and creating communication pieces that ***follow all the RULES of design theory, great art, typography and layout***, making your message attractive and easier to read. Which in turn makes it easier for people to understand and get excited about your message.

Graphic design is a creative process with many stages that combine research, brainstorming, art and technology to communicate ideas. Designers create, choose, and organize various elements—typography, images, and the powerful “white space” around them—to communicate a message. Graphic design is a part of your daily life. From humble things like gum wrappers to huge things like billboards to the T-shirt you’re wearing, graphic design informs, persuades, organizes, stimulates, locates, identifies, attracts attention and even provides pleasure.

Your department or program means as much to us as it does to you. Your brand identity should be consistently announced on all your marketing materials with no distortion. Making it instantly recognizable to your clientèle or market group. A brand can take many forms, including a name, sign, symbol, or slogan. Your brand can also include your

color scheme, logo, and vision / mission statements. Your color scheme should be based on color theory. Certain colors attract different clientèle for different reasons, knowing your direction and the right color for the job will assist in getting the effect you are looking for.

We work with each department individually to get the feel they want. So its easy to get their messages out there and recognized. Helping to save time in the long run.

The way your marketing materials look is how you may be viewed, quality says a lot and can even help open doors for in the future.

“Quality says a lot and can even help open doors for you in the future.”

Our Commitment

We are committed to presenting all Seabird Departments and Programs in the best way possible with high quality designs of printed and on-line marketing and promotional materials. If we are unable print it in house, we will find or recommend a place where we can get your projects printed.

A graphic design project is not a one person task the designer can’t create the client’s design in a vacuum. We need as much input as possible from the you in order to create a great design that you will be proud of.



Health and Social Development Reports

The Communications Team

Sandy Bobb, Graphic Designer and Communications Officer (Yoo Hoo Publisher)

Over the past year Sandy has designed the annual seabird calendar, monthly staff newsletters and the community Yoo Hoo Newsletter. Sandy also designed marketing packages for many events and programs. Including the Practical Nursing Program and Graduation. We have expanded the photo archive of the many events that occur at Seabird.

We have new equipment in the Communications office, a large format printer and laminator. These pieces of equipment allow us to produce maps, posters, and banners for all the departments and programs.



We have strong proof reading team which consist of Sara Silver-Waughtal, Heather McDonald, Jill Stauber and others. This team assist in proof reading both the Staff and Community Newsletters.

This past year Sandy has also been working on developing a strong Communications Department. In the Fall of 2011, the department is expanding to also include a full time Communications Assistant (Ashley Hannigan) and a full time Web Designer (Phaine McNeil). We have been working on building a new website which should be on line fall 2011 as well.

Employment and Social Development Office Programs

Temporary Social Assistance

The Seabird Island Band Social Development Office has experienced a significant increase in WOP and ASARET placement and employables accessing services through the centre to take the required steps in becoming employment ready.

With the development of and partnership with the Seabird Island College, Licensed Practical Nursing Program and the Health Care Attendant Program there is a notable shift in the recipients inspired to move forward and actively participating in and becoming engaged in goal setting, action plans, skill development, securing skills training, education, employment and/or volunteer work within the community.

The Social Development Office has also, established an emergency food bank to support all community members in need of emergency support.

Employment Services, Programs and Projects:

Our contract was renewed with three full-time staff 2 Career Development Practitioners and 1 Administrative Assistant as well as part time Supervisor.

Employment assistance services continue on site at Seabird Island.





Health and Social Development Reports

SIB Employment, Training and Social Development Department provides Seabird Island band members and Aboriginal people seeking employment, career opportunities, and skills related training. Our goal is to provide and or assist our clients to obtain full time, sustainable and meaningful employment.

We provide a resource centre with computers, telephone, and fax and photocopier machine for our clients doing self directed job search. This is one of the busiest areas throughout SIB services and see approximately 35 clients daily who utilizes our services within the centre. SIB Employment Services has maintained and improved client number assistance over the last year.

We have approximately 500 clients this year alone; processed over 80 new clients, 6 long term vocational package, 10 short term skills and 10 transitions to work packages. As well as partnering with Service Canada SDEB packages for those clients eligible for EI reach back. Our certified Career Development Practitioners (CDP) ensure clients are provided current Labour Market information, new skills training opportunities, and work closely with clients applying for Long Term, Short Term and Transition to work funding for skills related training.

SIB Employment Centre's year success stories include: SIB partnership with Nicola Valley Institute of Technology (NVIT) by providing an 8 month Health Care Assistance Program. 15 Aboriginal students funded through their bands, SASET, Employment Insurance and Fraser Health Authority. The HCA program is a provincially recognized health curriculum and PCTIA certified. After successful completion of the program, HCA students will automatically enrol into the Licensed Practical Nursing Program which is tentatively being offered in partnership with UFV and SIB.



Program Partnership between Health, Employment Services, Social Development in the communities of Seabird Island, Chawathil and Shxwèowèhamel – Active Measures was an eight week program hosted at Chawathil First Nation; partnering with SASET, Seabird Island Band and Shxw'òw'hámel. The program objective was to provide 20 social assistance clients from all three communities, help identify the many barriers such as day-care, drug and alcohol, lack of skills, education and training then provide them with tools and resources that enable them to recognize barriers and help overcome them. During the program, they received the following certificates: Occupational First Aid Level 1, Food Safe Level 1, Serving it Right, WHMIS, and Cashier training. Other skills they obtained through various workshops were communication skills, public speaking, work ethics, career planning and goal setting. In all programs ran throughout SIB and SASET there is always new developments and changes that come with every group. This group found that also putting cultural aspects to the program helped them in a positive way. There was cultural singing, cooking, healthier eating, traditional values, Halq'emeylem workshops and also family trees. After the program was finished, we did follow up with all the Active Measures participants we helped assists some in finding employment or they went back to school. Ten participants gained employment after the



Health and Social Development Reports

program and six others decided to further their education either for secondary or post secondary studies and have returned back to school.

SIB Employment Office successfully obtained Long term, short term, and transition to work funding for clients who secured employment as a Second year boiler maker ; WOP as Communication Assistant that provided hands on work experience; 3 month living allowance for client training with Fortis BC as customer service representative; obtained equipment/ tool purchase for clients solidifying employment in construction, forestry; Occupation First Aid and H2S certification through CARE Langley for client hired to work as oil and rig worker in Northern BC.

SIB Employment Office continues to assist SIB community members obtain their licenses. As transportation is one of the many barriers clients face. Our success rate for clients obtaining their licenses is over 80%! From level "L" to Class 7 (N) and Class 5, we are all extremely proud to be a part of these milestones and are excited to witness continued success in the future.



SIB Employment Office CDP's facilitated two Youth Summer Student Pre-Employment Training for students returning to school in the fall. The 4 week training provided youth resume making and interview

skills, community and elders volunteering experience, leadership workshops, land stewardship, field trips to Global Television and Vancouver Aboriginal Friendship Centre,



SIB Employment Office hosted First Aid Level 1 and WHMIS training provided on site by Work safe Solutions. All 20 clients who took part required these certificates for work related purposes, such as to retain their employment and or to gain employment.

Some training considered are; Serving it Right, Cashier training, Food Safe, ICBC drivers' education instruction, Basic Chainsaw Certification

Student Summer Career Placement:

Stó:lô Aboriginal Employment and Training in partnership with Seabird Island Band Employment Office sponsored 4 post secondary and 6 secondary students in positions with Summer Recreation, Health, Housing, Education and our Employment Office. The students work experience and contributions were a very positive support to the staff and community members.

We look forward to the new fiscal year and the opportunity to provide enhanced service and program delivery to the communities.



Health and Social Development Reports

Events Coordinator

January 2010

January 11-12 – Strategic Planning Session- 35
 January 14- Meles Olympiads Event - 224
 January 20 – Quarterly Band meeting- 21
 January 22- Stó:lô Days- 278

February 2010

February 7- Olympic Torch Relay- 400 +
 February 24- Pole Unveiling Ceremony - 213
 February 25- Tour of Vancouver Olympic
 Aboriginal Pavilion- 26

March 2010

March 1-5 – Diabetic Session and Graduation
 on the 5th
 March 9th – Torch Relay event - HOPE
 March 25- Nutrition Run/Walk- 359
 March 26- Community Hubs Gathering- 78
 March 29- Ceremony for Gracie's program –gym- 42

April 2010

April 7- Welcome Figures Ceremony 11 am
 start Seabird Gym- 248
 April 14 – Annual Open House 10-5
 Seabird Gym-378
 April 21 – Annual General Band Meeting 5-8
 Main Boardroom-34
 April 30- School Naming Ceremony 12 noon
 school-321

May 2010

May 5- Baby Ceremony-235
 May 7 – Mother's Day Tea-164
 May 7 – Team Entry Fee deadline for Tournament
 May 12- BC Hydro Ceremony-42
 May 14 – Festival Committee Meeting-11
 May 26 – Unveiling of new signage for
 Welcome Figures event-121



May 27- Cultural Work for Band Office –
 Cleaning – 39

May 28- War Canoes dinner meeting- 13
 May 25-28 – Festival Training for different
 locations-45% of staff showed up

June 2010

June 9, 2010 – Preschool Graduation-110
 June 21, 2010 – Aboriginal Day-289
 June 23, 2010- School Staff Appreciation-58
 June 25, 2010- Staff BBQ-47

July 2010

The Seabird Island Elders had the opportunity to be a part of the Elders gathering planning meeting for the whole year. They had the opportunity to attend every meeting and ask questions or put forward their recommendations if needed. This was an excellent experience for all the elders that attended these monthly meeting and they always looked forward to the next meeting.

Education and Community Service Awards was held on July 7, 2010 and a total of 178 people attended. The ceremony was held to honor all the community members that attended school for the year. As well as to celebrate and honor the ones that graduated from



Health and Social Development Reports

grade 12 and completed any programs at University. We also honored community members from for the Community Service Awards.

Completed Grad 12

Artie Andrew	Jordan Edmonson
Chanea Gabriel	Boone Harry
Kaleen Pettis	Jordin Mailhot
Dustin Charlie	Kimberly House
Jessica Lacroix	Patricia Bobb
Jeremy Joe	

Post Secondary Grads

Duran Giroux-Automotive Collision Repair
 Candace Robotham-Master of Education
 Early Childhood Education
 Lolly Andrew-General Studies Degree
 Jessica Pettis-Academic and Indigenous Studies

Community Service Listing:

Tim and Amy Louis and Family
 Brianna Robotham
 Edie Karacsonyi
 Justin August
 Crystal Chapman
 Deanna McIntyre
 Stacy McNeil and Family
 Marie Harris

The month of August was spent preserving food for upcoming events and ceremonies for the Band. We vacuum packed salmon, canned salmon, frozen berries, made jam, made salsa, stewed tomatoes. As well this is the month that the Elders make their annual fruit trip to Keremeos.

The Seabird Island Elders had the opportunity to enjoy the train trip to whistler this year a total of 30 elders attended this trip. It was a very long day for the elders but very well worth the trip. They had the opportunity to listen to history being shared while on the train trip and had the opportunity to walk around whistler for a few hours before we came back to Seabird. This trip took place on September 10, 2010.

Stó:lō New Year celebration was held at the Seabird Island Community School on October 15, 2010. A total of 256 people attended the event. This event showcased many displays and mini workshops throughout the classrooms.

The annual community Halloween Party was held on October 27, 2010, and started at 5:00 with finger food and drinks, and costume judging began at 5:30 p.m. Throughout the evening there was many interactive stations for the kids to partake in and crafts for the kids to enjoy.

Costume Winners:

Jadene Giroux	Karissma Bobb
Richard Malloway	Madison Harris
Teisha Jones	Karmyn Harris
Owen McNeil	Drake Jones
Emma McNeil	Brandi McNeil
Sky McNeil	Trina Sam
Jason Bellisle	Charmaine Harris
Maximum Edwards	Antino Harris-Jimmie





Health and Social Development Reports

The early childhood department hosted a children's fair on November 3, 2010. Here they had many interactive games for kids aged 0-6 to take part in as stations for crafts and decorating cupcakes throughout the day. The event was attended by a total of 323 people.



The Annual Remembrance day ceremony was held on November 5, 2010 starting with the Seabird Island School drumming /singing from the School to the Veterans pole. From here the ceremony proceeded with the cultural work and laying of the wreaths. Procession back to the school Gym was complete where the school showcased many different topics regarding History of war. A total of 228 people attended the event.

At the end of November every year the Band hosts an opportunity for community members to come and have their kids picture taken with Santa. This year it was held on November 24-25 and a total of 29 families came in to have pictures taken.

December 8, 2010

Our Annual Community Christmas Dinner was held on December 8, 2010 with the help and spirit of our staff members preparing/ cooking/ serving. This year we had a total of 435 people attend the dinner and a total of 145 people participate in bringing their own plates, utensils, cups, ect. Way to go to those families that help in reducing our garbage. Our Emcee for the evening was Celeste Bobb and a big thank-you to her for helping us keep on time and ensuring you were informed as to what was happening. Our door people: Evelyn Peters, Yvonne Duncan, Kwosel Pettis, Karla Kay and Mindy Peters were greeting members and issuing door prize tickets to those families that participated in bringing your own plates and cups. Evelyn also had a make/take for the children to do while waiting for dinner and Santa to arrive. We also had asked Brute, Chris and Norm Jimmie to come out and sign for the evening. This was thoroughly enjoyed by the community and many people participated in dancing and singing. Santa arrived at 6:45 to handout gifts to children aged 0-12. Clean-up was completed by many members helping with this and thank you to all those participated in helping with this.



December 13-17, 2010

This week was a very busy week as we were assembling at total of 180 food hampers this year.



Health and Social Development Reports

With the help of the following community/staff members: Leona Peters, Marc Peters, John Peters, Tammy Harris, Justin Bobb, Natasha Harris, Robert Billy, John Bobb, Tilly Charlie, Daniel Harry and Ernest Harry our hampers were ready to be delivered early this year. So much work and time goes into preparing these hampers and always welcome help. We appreciate all the work that you all put into helping assembling these hampers. Our sponsors this year were the following: Social Committee (did a catering job to help offset the costing). Terasen Gas, BC Hydro, Pioneer Motors, Morton and Clark, Bourghton Law Office, Many Nations and of course the Band.

December 20, 2010

The elders pampering day was held on December 20, 2010 which involved the following services to be done for the elders this year: Massage, Manicures, haircuts and the day wrapped up with luncheon at Silvano's Restaurant. Also door prizes were handed out and some elders also brought small gifts to donate to some of the door prizes. There was a total of 17 elders that participated in the day and it was great to see new elders coming out to the monthly session and trying new foods. Our elders meet the last Monday of every month next session is planned for January 31, 2010 starting at 8:30 a.m and if you would like to be picked up please inquire with Angie Chapman.

On January 21, 2011 the Seabird Island School hosted Stó:lô Days at the Seabird School. This an excellent event to attend to listen to all the speakers that are brought in share about culture and history. As well to sample some traditional foods and try foods they may not have tried. This event was attended by 278 people.

March 2011

March 9- Nutrition Fair- 210

March 11- School Burning-28

March 24- Nutrition Run /Walk Event- 289



April 2011

April 11- Forestry Signing Ceremony-54

April 13- Open House-378



April 14- Gail Starr and Evelyne Peters Ceremony- 256
Cleaning of Band office- 34

April 20- Annual General Band Meeting- 16



Health and Social Development Reports

April 29- School Naming Ceremony- 321

May 2011

May 6, 2011- Mother's Day Tea- 246



May 17-18- Festival Training- 45
Seabird Island Festival- 8957

June 2011

Cultural Days at School- 253
School Pow Wow- 224
School Awards – 224
Parents and Tots Year End Ceremony- 19
Aboriginal Day – 143
College and Trades Graduation – 249

7 & under Youth Soccer	Male	Female
Chehalis	Owen Michel	Taylor Charlie
Jr Bumblee Bees	Jaden Fodchuk	Tallia Yelton
Stzuminus	Darren Jr. Seymour	Maddison Joe
Musqueam	Henry Louie	Scarlet Felix
Sto:lo United	Tyson George	Jennica Leon
Cowichan	Miles Paige	Rosie George
Seabird	Matteo Nickel	Ellandra Parsey
First	Seabird	
Second	Sechelt	
Third	Musqueam	

10 & under Youth Soccer	Male	Female
Tsqawout Selects	Ramone Setkey	Fiona Harry
Stzuminus	Blake Crocker	Melaine Sampson
Chehalis	Issac Pennier	Eve Mae
Warriors	Rodrick Louis	Faith Rpsette
Mount Currie	Ethen Nelson	Isabel LeStager
Sechelt Little Chiefs	Kordedl Johnson	Lexi Major
Sto:lo United	Tayle Malloway	Mia Angus
Seabird A	Zack Campbell	Shayleen Pettis
Squamish Valley Thunder	Williams Williams	Isabella Williams
Musqueam	John Holmes	Laurene Holes
Seabird B	Matthuis Jimmie	k. Sante
Cowichan	Devon Jack	Erin Daniels
First	Cowichan	
Second	Musqueam	
Third	Squamish Vally Thunder	

11-13 Youth Soccer	Male	Female
Sto: lo United	Marshall Pennier	Haley Francias
Musqueam	Jake Louie	Alice Ned
Squamish Valley Thunder	Ethan McCromick	Seraphine Lewis
Cowichan Eagles #2	Max Smith	Corina Sylvester
Jr Native Sons	Michael Wyse	Josie Seyward
Seabird	Hunter Peters	Amber Charlie
Saanich Storm	Dominic Deymour	Daron George
Sechelt	Trevor Julio's	Eva Robson
Mount Currie	Tysan Stager	Adrian Dan
Cowichan Eagles #1	TimWilson	Benecia George
Pauquachin Arrows	Austin Henry	Aqualina James
First	Cowichan	
Second	Jr Native Sons	
Third	Sechelt	

14-16 Youth Soccer	Male	Female
Stzuminus	Brody Harry	Brittany Harry
Sechelt Wolves	Shale Douglas	Darian August
Tsawout	Darian Samson	Pauline Cayou
Musqueam	Taylor Guan	Madison Grant
Mount Currie	Madison Jones	Cheyenne McKay
Seabird	Anthony Chapman	Emma McNeil
Chehalis	Brayden Leon	Marlana Peters
First	Musqueam	
Second	Chehalis	
Third	Sechelt Wolves	



Health and Social Development Reports

Ladies Soccer	
Pat Bay Predators	Jade Campbell
Squamish United	Lorraine Louis
Musqueam Blues	Danielle Harry
Saanich Hurricanes	Laurie
Cowichan Eagles	Emmy Carriloo
Cowichan Stars	Valery Lester
Musqueam Blues Cruz	Zanetta Campbell
Sliammon Stars	Jasmine Menedez
J's Bumblebee Bee's	Jessica
Cowichan FC	Collen Bobb Reid
Burrard Ladies	Olvia George
Seabird	Chaundine Quipp
Rainbow Stars	Fran Phillips
JB Selects	Chelsea Paley
Cowichan P-Hats	Clarissa
Island Force	Charolette Charlie
First	Saanich Hurricanes
Second	Sliammon Stars
Third	Seabird

Mens Soccer	
Nanaimo Snipers	Adam Manson
Squamish United	Adam
Musqueam Blues	Gordon
BLues Old Timers	Kyle
Musqueam Warriors	Taylor Darren
Penelakut Soccer Club	Earl Jack
Sechelt Renegades	Dallas C
Saanich United	Joe
Chehalis Chiefs	Ryan Charlie
Sasquatch	Troy Charlie
Katzie Curly Warriors	Charles Kelly
Sliammon Braves	Chevyn
StoLo United A	Clayton Sheradon
Stolo United B	Chad Wilson
Chehalis Panthers	Earl Jones
Cowichan Eagles	Craig George
Doom Crew	Lynden Horse
Saanich Braves	Mike Moon
Warriors FC	Travis George
Mount Currie	Brett Wallace
First	Musqueam Blues
Second	Sto:lo United A
Third	Chehalis Chiefs

Ladies Hockey	
Chawathil	Emily John
Angelz	Brie Harry
Chehalis Ladies	Cassie
Mustangs	Goalie
Cougars	Leanne
Salish Strong	Brittany
First	Mustangs
Second	Chawathil
Third	Cougars

Men's Hockey	
Twin Flyers	James
Mount Currie Hitmen	Goalie
Wolfpack	Quinton
Sliammon Stars	Kyle
Chehalis South Paws	Larry
Ahousaht Islanders	Goalie
Kamloops Devils	Wilf
Red Royals	Goalie
Pasco Seafood	Joseph George
The Chiefs	Kono Douglas
First	Kamloops Devils
Second	Mount Currie
Third	Red Royals

WAR CANOE RACES

Saturday May 28, 2011

Category	First	Second	Third
Single Paddle – 10 and Under Girls and Boys	Mike Billy	Jessica Roberts	C J Gagnon
Double Paddle – 10 and Under Girls and Boys	Jessica Roberts Clair Rebang	Patrick and Moses	James and Zackary
Jr. 11 Buckskins – 10 and Under	Lady Rose	Tsesquel	Ultimate Warrior
Single Paddle - Women	Debbie Rebang	Tyrell Williams	Rose Harry
Single Paddle - Men	David Williams	Daniel Point	Wayne Paige Jr.
Double Paddle - Women	Jamie Charlie Emmie Morris	Tyrell Williams Lana	Suzie Shannon
Double Paddle - Men	David Williams Justin Williams	Robbie Walter	Pete Victor
Mixed Double	Chris George Jamie Charlie	Robbie Shannon	Lana Joe
Four Paddle - Women	Lil Pete	Lil Lady	Lil Thunder
Four Paddle - Men	Lil Bear	Lil Five	Lil Brave
11 Paddle – Buckskins 16 and over	Lady Rose	Ultimate Warrior	Riccole Cree
11 Paddle Women	Riccole Cree	Stolo Princess	Eyem Thala
11 Paddle Men	Chehalis	Mt Breeze	Island Brave

Sunday May 29, 2011

Category	First	Second	Third
Single Paddle - Women	Tyrell Williams	Debbie Rebang	Amanda Harry
Single Paddle - Men	Joe Seward	Wayne Paige Jr.	Darren Good Jr.
Double Paddle - Women	Jamie Charlie Emmie Morris	Amanda Lana	Suzie Shannon
Double Paddle - Men	Walter Robbie	Vic Pete	John Ballew Joe
Mixed Double	Chris George Jamie Charlie	Dean Williams Jr. Andrea Williams	Kevin Tasha
Six Paddle - Women	Stolo Princess	Lil Lady	Lil Five
Six Paddle - Men	Kwa Xos	Lil Lady	Lil Brave
Jr. 11 Buckskins – 10 and Under	Lady Rose	Riccole Cree	Ultimate Warrior
11 Paddle – Buckskins 16 and over	Lady Rose	Ultimate Warrior	Flaming Starr
11 Paddle Women	Riccole Cree	Stolo Princess	Lady Ester
11 Paddle Men	Island Brave	Mt Breeze	Chehalis



Health and Social Development Reports

Recreation 2010

January

5th annual Biggest Loser started for the season

February

March

OOSC Spring break activities to the Great Blue Heron Reserve, Vancouver Aquarium, McDonalds, and the theatre.

April

Annual Open House

May

42nd Annual Festival a success!

June

Post secondary and secondary students hired for summer, regular

recreation programming ends for summer, Kristi McNeil won Biggest Loser for staff, and Aaron McNeil won Biggest Loser for community

July/August

Summer Program for children (see calendar below) had approximately 70 children registered

September

Evening recreation programming resumed, out of school care (OOSC) after school program resumed

October

November

December

Kristi McNeil won the Christmas Dollars program in the fitness center

Seabird Island Summer Program

Olympic Fever

July 2010

Jumpin' in	5 Program begins	6 Wildlife Art Program	7 Grouse Mountain \$5/\$12	8 Bridal Falls Waterslides \$5/\$11	9 Sock Hop \$2/\$2
Buildin' it	12 Build-a-Bear \$5/\$12	13 Capilano Suspension Bridge \$5/\$10	14 Harrison Children's Festival \$5/\$5	15 Ferry Coobe p.m.	16 Bottle Drive
Back into The future	19 The Fort \$5/\$5	20 Fraser River Discovery Center \$5/\$5	21 Hells Gate \$5/\$10	22 Ferry Coombe p.m.	23 Bake Sale And Car Wash At Fire hall
Scientifically Wonderful	26 Science World \$5/\$10	27 Cinemazoo & Fear Factor	28 Space Centre \$5/\$10	29 Movies \$5/\$10	30 Summer Idol

August 2010

Keep Movin'	2 CLOSED	3 Rock Climbing \$5/\$13	4 Laser Tag/Crash Crawlies \$5/\$9	5 Hicks Lake Hike Ferry Coombe p.m.	6 Car Wash/ Bake Sale
Splashin'	9 White Rock	10 Bridal Falls Water Slides \$5/\$11	11 Chilliwack Wave Pool \$5/\$5	12 Ferry Coombe p.m.	13 Bottle Drive
Crawlin' to the Finish	16 Corn Maze \$5/\$6	17 Richmond Watermania \$5/\$5	18 Bear Creek \$5/\$5	19 Mad Scientist Ferry Coombe p.m.	20 PLAYLAND

Welcome!

The Seabird Island Community Services Department is excited to present the 2010 Summer Program!

We will again work hard to celebrate the closing of summer at Playland. Our fundraisers are listed on our calendar. Please ensure that your child participates in all of them in order for them to join us without cost at Playland.

This summer, we have the Olympic Fever! Parents, feel free to come and share the fever!

Our fees for this year's program are as follows:

Community Members:

8:00 a.m. – 5:00 p.m.: **\$10** per week **plus** field trip payments
9:00 a.m. – 3:00 p.m.: Field trip payments

Non-Community Members

8:00 a.m. – 5:00 p.m.: **\$15 per day plus** full cost field trip payments
9:00 a.m. – 3:00 p.m.: **\$10 per day plus** full cost field trip payments

Field trips payments are listed on the calendar, and must be paid prior to child's attendance. All field trips will return by 3:00 p.m. unless a notice comes home indicating otherwise.

Our program will close on Friday's at 3:00 p.m. to allow for our staff to have their weekly staff meeting.

We are open to comments and questions, feel free!

Thank you and enjoy your summer!

Seabird Island Summer Program Staff 2010



Health and Social Development Reports

Nutrition

January 2010

Workshops hosted for the month were:
Breast cancer awareness- Skwah 10 people
Pre/Post Natal classes:
Skwah -7, Scowlitz-6, Cheam 7
Health Series -6
Community Cooks
Skwah -7, Scowlitz-6, Cheam 7

Diabetes Group Meeting:
Cheam-5, Seabird-24, Skwah-4
One/one meeting:
Cheam-2, Shxw'ow'hamel-2

February 2010

Workshops hosted for the month were:
Community workshop- 13
Community Cooks- Cheam-5, Scowlitz-4,
Shxw'ow'hamel-7
Health Series- 12
One/one meeting- Skwah-2, Scowlitz-1
Diabetes Support Group meeting
Seabird -10, Skwah-7, Cheam-7
Walking group-60

March 2010

Workshops hosted for the month were:
Pre/Post Natal classes
Seabird 40, Skwah 15
Health Series -9
Community Cooks
Shxw'ow'hamel 11, Scowlitz 4,
Cheam Cancelled
Diabetes Support Group meeting
Seabird -13, Skwah-11, Cheam 6
Diabetes Family camp -80

April 2010

Workshops hosted for the month were:
Health Series -26
Community Cooks
Shxw'ow'hamel 8, Scowlitz 4, Cheam 5
Diabetes Support Group meeting
Seabird -6, Skwah-20, Cheam 4
Diabetes Family camp -80
One/one meeting- Seabird -2, Cheam 2
Open House -300

May 2010

Workshops hosted for the month were:
Community workshop- 13- Food Safe
Community Cooks- Cheam-4, Scowlitz-2,
Shxw'ow'hamel-12
Health Series- 5
One/one meeting- Seabird 5, Shxw'ow'hamel -1
Diabetes Support Group meeting
Seabird -5, Skwah-5, Cheam-18
Seabird School - 18
Pre/Post Natal classes
Seabird 45, Skwah 8

June 2010

Workshops hosted for the month were:
LPN presentation: nutrition, active living to prevent
chronic disease, healthy weights- 11
Pre/Post Natal classes
Seabird 40, Skwah 12
Health Series -5
Community Cooks- Cheam-15, Scowlitz-4,
Shxw'ow'hamel-10
Learn n Learn at the school- 41
Community Workshop -16-
Food Safe





Health and Social Development Reports

July 2010

Workshops hosted for the month were:

LPN presentation: food safe- 5
 Community Cooks- Cheam-10, Scowlitz-6,
 Shxw'ow'hamel-10, Skwah 11
 Health Seroies-6
 Nutrition on a budget-6
 Diabetes Support group: Farm to table: tour of a
 working dairy farm tour and walk around Mill
 Lake-Cheam 14, seabird 14, Skwah 18
 One/one meeting- Seabird -1

August 2010

Workshops hosted for the month were:

Health Series -11
 Community Cooks- Cheam-10, Scowlitz-10,
 Shxw'ow'hamel-9, Skwah 6
 Learn n Learn at the school- 41
 Community Workshop -16- Food Safe
 One/one meeting- Scowlitz , Seabird -4
 Food Preservation
 Day 1 -12, Day 2 8- Seabird
 Diabetes Support group: -Cheam 9, seabird 7,
 Skwah 11

September 2010

Workshops hosted for the month were:

Health Series -11
 Community Cooks- Cheam-7, Scowlitz-8,
 Shxw'ow'hamel-6, Skwah 3
 Learn n Learn at the school- 7
 One/one meeting- Scowlitz 3 , Seabird -13 , Cheam 1,
 Skwah 6
 Diabetes Support group: -Cheam 22, Seabird-10,
 Skwah 6
 Pre/Post Natal classes
 Seabird 30, Skwah 10

October 2010

Workshops hosted for the month were:

Health Series -6
 Community Cooks- Cheam-6, Scowlitz-5,
 Shxw'ow'hamel-7, Skwah 8
 Learn n Learn at the school- 7
 One/one meeting- Seabird -5 , Cheam 4, Skwah 5
 Diabetes Support group: -Cheam 12, Seabird 16,
 Skwah 6
 Pre/Post Natal classes
 Seabird 30, Skwah 14
 Promoting Health at the Start: 9 School, Preschool 16

November 2010

Workshops hosted for the month were:

Health Series -6
 Community Cooks- Cheam-14, Scowlitz-5,
 Shxw'ow'hamel-12, Skwah 2
 Learn n Learn at the school- 7
 One to one meeting- Seabird -1, Skwah 2
 Diabetes Support group: Cheam 9, Skwah 9
 Pre/Post Natal classes
 Seabird 35, Skwah 15
 World Diabetes Awareness workshop in Abbotsford
 Cheam-1, Seabird 6, Skwah 1





Health and Social Development Reports

Ye mí sreqó:tel la xwe' lets'emó:t ó

Coming together as one

Community Engagement Hub

Helping Us Build

VISION STATEMENT

Through Healthy Communities
We Build The World We Want

MISSION STATEMENT

To engage and support our communities in a unified approach through the development of Community Health and Wellness Plans. By collaborating with Let'smót bands, and practicing our traditional and cultural ways we will strengthen and empower our people to become self-sufficient and self-reliant.

STAFF



Linda Kay Peters
Community Hub Program Coordinator



Vanessa Peters
Communication Hub Assistant



Sandra Bobb
Graphic Designer

HUB COMMITTEE MEMBERS

1. **Shxw'ow'hamel** Melody Andrews
2. **Chawathil** Peter John
3. **Seabird** Lolly Andrews
4. **Sqewlets** Andy Phillips
5. **Union Bar** Andy Alex
6. **Sts'ailes**-Sonya Leon
7. **Soowahlie** Marge Kelly

8. **Skwah** Sheila Stewart
9. **Cheam** Muriel Victor

COMMUNITIES INVITED TO THE TABLE:

10. **Kwaw Kwaw Aplit**
11. **Kwantlen**



Health and Social Development Reports

May 2010: Scowlitz Community Consultation

Sessions were conducted with two (2) groups to gather health priorities with the elders and the community.

June and July 2010: Seabird Elders, Youth and Community Consultations

July 2010: Traditional Healing/ Alternative Medicine Session I



On July 20th and 21st, 2010, Dr. Jeanne Paul taught a group of 19 participants from our Hub communities about the history of the plants, the different techniques, methods and the protocol for gathering medicines. The group was taught how to recognize plants and went out to pick St. John's Wort, Stinging Nettle Root, Elder Berry Root, Devil's Club, Horsetail and Chicory. They were also taught dry medicine preparation and each of the participants made six (6) different medicines that need to be cured for thirty (30) days.



A panel discussion was held with three (3) First Nations Doctors, Dr. Jeanne Paul, Naturopathic, Dr. Robert Fox, Physician, and Dr. Georgia Kyba, Naturopathic to talk about what traditional and western medicine are and how the medicines could work together. Participants were given the opportunity to ask questions. The Doctors shared with the group that they are open and willing to work toward bringing western and traditional medicine together.

August 2010: Traditional Healing/ Alternative Medicine Session II

The group returned thirty (30) days later to decant and make the medicines, that were previously picked, then made into salves, lotions and creams. The medicines can be used for health conditions such as: arthritis, inflammation, healing wounds, osteoporosis, depression, pain relief and asthma.





Health and Social Development Reports

September 2010: Youth Workshop and Dance (Health Priorities Session)

The Ye mi sseqó:tel la xwe' lets'emó:t ó Community Hub hosted a youth event to gather their health priorities. Dakota House, a motivational speaker and actor from "North of 60" and Scott Ward a First Nation hypnotist were invited to facilitate the all day workshop and dance.



Eighty (80) youth representing seven (7) of our Hub communities attended. Topics such alcohol and drugs, parenting, and youth suicide were discussed. Café style round table discussions were utilized to engage the youth while gathering their health priorities. To end the event a hypnotist show and a video dance party was held to reward the youth for their active participation.

The event was very successful and we now know what the youth see as gaps, what they value, want to keep for the future to build upon, what they dream for in their community and what they see as training needs.



October 2010: Health Priorities Surveys at Seabird Fashion Show and dinner

The Hub participated in the fashion show and dinner held at Seabird to gather health priorities from the Hub communities. Eight of the eleven communities completed a total of 52 surveys.

November 2010: Displays, CeH, A/D and Car Seat Awareness

Set up some displays to showcase some of our annual events and handed out Hub promotional materials to create awareness.

CeH "Helping Us Build" Video

A new documentary called the "Helping Us Build (HUB)" is being produced which is intended to give service providers, health care workers and community members a better understanding about Hubs, what they do and how they benefit the communities. Five (5) Hubs were selected throughout the province to be a part of this video and the Ye mi sseqó:tel la xwe' lets'emó:t ó Hub was one of the 5 selected. The video will help newly forming Hubs by sharing the different approaches utilized by the other Hubs in communicating, collaborating and planning as well as some of the successes and challenges encountered by the Hubs.





Health and Social Development Reports

January 2011: 2nd Annual Engaging the Elders

The Engaging the Elders session was held at Scowlitz Band to update elders on CeH activities, inform them on FNHC governance and to gather what they see as health priorities. Twenty three (23) elders attended from five (5) of the Hub communities (Seabird, Sts' ailes, Chawathil, Shxw'ow'hamel, Scowlitz.) Utilizing the asset mapping concept, café style round table discussion on health priorities were conducted. The elder were asked about community assets-what they valued, wanted to keep and build upon for future generations; what they see as gaps; what they envision as a healthy community and training needs to help build capacity in the community. Some of the responses are listed below.

Gaps: Doctor five (5) days wk / Language / Better communication / Transportation / House maintenance / Between youth and elders

Community Assets: Health center / Schools / Day-care / Land / Sports / Youth cultural group / Church / Fishing spots / Longhouse / playground

Community Vision: Healthy / Spiritual / Clean / Members employed / Cultural practices i.e.: Elders teaching / Crime free / Self sufficient / Alcohol and drug free / Educated leadership

Wish List: Fitness programs / Health centers / Bingo hall / Cultural /elder centre / Library / Educated leadership / Cannery / Casino / Ambulance / Elders center / Active emergency response team



Training Need: For leadership / Land use planners / Housing maintenance / Construction and trades / Health professional / Education on mold issues



January 2011- Emergency Planning/Earthquake Readiness, Shake Out BC.

All Hub communities were sent info to participate in the earthquake drill. Five (5) communities confirmed their participation and Hub staff conducted site visits to met with the lead people involved in community emergency planning prior to the drill to discuss plans and hand out info. From the five (5) communities an estimated participation of 645+ actively participated in the drill. Seabird had 400+, Shxw'ow'hamel ten (10), Sts' ailes 200+, Chawathil 25+ and Kwantlen ten (10).





Health and Social Development Reports

February 2011: Hub Committee Strategic Planning

The Hub Committee planned for the 2011- 2012 year at their annual strategic planning session

Returning Community Health Priorities.

The Hub has started the process of returning previously gathered health priorities to communities so they can start their community health planning.

March 24th, 2011: 3rd Annual Hub Gathering

The Hub held their 3rd Annual Gathering at Chawathil First Nation on March 24th, 2011. Ninety-seven (97) people attended from five (5) of our Hub communities.

The purpose of our annual Hub gathering is to keep our communities updated and informed on activities taking place at a regional and local level.

Our agenda included presenters from: First Nations Health Council (FNHC), Grand Chief Doug Kelly; First Nations Health Directors Association (FNHDA), Virginia Peters and Fraser Health Authority (FHA), Leslie Schroeder. The key note speaker was Patricia Osterberg whom gave a summary of the “Traditional Model of Wellness Report”.

Stó:lô Hub and Nlaka’pamux Hub were invited to provide updates on newly forming Hubs.

This annual event also provides opportunities for communities to share best practices. Chawathil shared how they acquired their Day-care and Scowlitz gave a power point presentation on their youth skate board park.

This years gathering was topped off by a wonderful performance by Chawathil’s’ “Sacred Connections”, youth drumming and singing group.





Membership





Membership Reports

Administration of the Seabird Island Band Registry program and Membership is the responsibility of Carol Hope as of January 2005. Carol is here to assist members with registering births, deaths, marriages, and divorces.

Indian and Northern Affairs Canada (INAC) will be issuing a new Secure Certificate of Indian Status in the near future. In the mean time, your current status card is valid until it reaches its renewal date. Please ensure you keep your identification up to date as you will be required to present only up to date identification, (status cards, driver's license, BC identification, etc.)

The only change from last report is that when registering children, the original birth certificates are required to be sent to INAC. They are returned in approximately two weeks.

If you would like further information on the new status card version please contact Carol Hope

Membership	August 2011
Male	422
Female	459
On Reserve	532
Off Reserve	349
Total Population	881

Seabird Island Band Profile (INAC):

Population of the Seabird Island people currently living on Seabird (members and non-members) is approximately 850.



Public Works and Housing





Housing 2010 Summary

Fire Department

Energy Manager



Public Works and Housing

Housing 2010 Summary

Rental arrears opened at just under \$541,249 for March 31, 2009. By March 31, 2010, it was down to \$439,591. Our team continues to work with our valued tenants to lower this amount on an annual basis.

Two tenants came in and paid large debts off completely for their housing arrears – thousands of dollars each!

In 2010, we achieved an average of 99.2% monthly rental collections from current tenants!

Housing deficit was \$956,165 in March 2009 it dropped to \$815,457 in March 2010.

Housing wait list completed 2010 with ten singles, nineteen on the two bedroom list, and twenty one on the three bedroom+.

Sixteen unit CMHC retrofit project completed on phases 8/9/10 and 12. one mould renovation completed. 1 tenant damaged unit repaired through insurance claim.

Four Social Housing Policy information sessions were held to inform valued tenants of the policy in detail.

There were two House Fires in August 2010 that insurance claims were put in for.

Application was made to CMHC and INAC to construct twelve new units (two - 2 bedroom triplex units; three 3 - bedroom units; four 4 - bedroom units); this was approved and construction began in November 2010. Tenant selection occurred in

September by a selection committee based on the criteria listed in the social housing policy.

Application was made to INAC to do 2 ten unit (20) renovations, and two mould unit renovations. This was also approved and renovations began in October 2010.

Application was made to INAC for CEAP renovation funding in 2009; in 2010, they approved five of those units. These renovations began in October 2010 also.

Application was made to CMHC for RRAP renovations. The applications were put on hold until the next fiscal year due to lack of RRAP funding available.

Application has been submitted to INAC for an individual home renovation.





Public Works and Housing



Drywall Repair



New appliances and cupboards



Toilet Repair



New appliances from retrofit completion



Fridge Repair



Damaged Unit Repair



Public Works and Housing Reports

Fire Department

January-December 2010

In 2010, there were 15 active members on the fire department. The fire department continued with its educational programs, and annual food hamper drive, with over 800 items donated for the food hampers! Thank to you to the generous community; thanks were shown by handing out candy canes in exchange for the food items.

During National Addictions Awareness Week, Seabird Fire Department escorted the many walkers during the sobriety walk. Fire Chief, Jeremy Joseph, was honoured at the annual fire department dinner at Wildcat Grill with a plaque for more than 15 years of service.

Blaine Wiggins, CEO of First Nations Emergency Services Society, also became an honorary life time member of our department.

Seabird also wrote another request letter to Nestle Bottling company and received one pallet of bottled water (4800 bottles!). This water is used by fir fighters at call outs and during practices!

Statistics:

14 call outs (down from 22 in 2009)

Motor Vehicle Accidents: 2

Search and Rescue:

Gas Leak: 1

Grass Fire: 1

Structure Fire: 2

Mutual Aid Calls: 1

Vehicle Fire:

Stove top Fire: 1

Down Power Line: 3

Chimney Fire:

First Responder calls:

Hazmat call:

Alarm: 1

Other: 2

New Equipment for 2010:

Duty Truck

Fire Department Jackets

Emergency Road Signs

Flares

MVI multi-tool

4" hose and stort





Public Works and Housing



Members 2009:

Jeremy Joseph (Fire Chief), Aaron McNeil (Deputy Fire Chief), Edward Stephens (Captain), Stacy McNeil (Secretary), Leo Reyburn SR (Captain), Paris Peters (Captain), Quentin Reyburn, Rose Reyburn, Harry Williams, Chad Ludman, David Bob Jr, Frank Louis, Daniel Harry, Tim Louis, Keena McNeil, Joseph Charlie, Pete Andrew, John Abbott, Rob Adair, Jr Fire Fighter Leonard Reyburn, Jr Fire Fighter Zack McNeil and Jr Fire Fighter Chris Pettis-Adair.

Training in 2010:

Spectra Energy came out to train on what to do in a gas disaster; we trained on hose evolutions, ladder evolutions, auto extrication, fire streams, fire suppression, live fire training, mutual aid training, water shuttling, pump operation, hall maintenance, truck maintenance, equipment maintenance, vehicle inspections, Basic Fire Fighter, SCBA, fitness, fire rescue, ventilation, review medical responses,

equipment review, accountability, ropes and knots, drafting, timed relays, one man hose attack, hose testing, porti-tanks, class A foam, pump to pump hose relays, inventory and JAWS.

Upcoming in 2011:

Live Fire 1, 2; First Responders III; Emergency Vehicle Driver Training; Auto Extraction; capital request to INAC to purchase a new fire truck and much needed equipment to replace outdated items such as turn out gear, hoses, etc.



Public Works and Housing Reports

ENERGY MANAGER: Astley Cooper

Seabird Island Band has secured an Energy Manager Program. The CCP working group has been in negotiations with BC HYDRO since 2009 to fund the Energy Manager Program. In July 2011 we reached a 1 year contract with the potential of a three year extension.

BC Hydro had specific requirements for the Energy Manager and Mr. Cooper was eager to take the challenge. He hopes that within the next few years some youth will step up and take over the Energy Project. He is willing to train and provide work experience to inspired youth.

Astley Cooper

Class B Electrical License;

Class 4 Power Engineer B – 1818;

CFC Certificate BC 7036;

Gasfitter 39461;

Energy Manager Training

46 years in the energy business

10 years as Chief Engineer

36 years as an Electrician

The Energy Manager will join our Resource Management Team:

The Manager has both industrial energy and community energy experience. The Manager will provide to the Resource Management Team, a strong technical and analytical foundation and supporting consultant capacities and practices.





Public Works and Housing

The Energy Manager will focus on supporting Seabird's energy research, assessment, data analysis, reporting and management consulting service targeted to reduce our community and facilities energy consumption.

The Resource Management Team is growing and needs additional resources to offer its services in, energy performance assessment, energy conservation potential analysis, demand-side management (DSM) analysis, program design and delivery. This is a full-time permanent position funded through BC Hydro's Energy Manager Program.

Program Goals:

- Focuses on, but is not limited to, the industrial and commercial sectors, both large and small-medium sized enterprise (SME) operations energy practices
- Conduct studies and analyses in a broad range of energy management applications, including energy efficiency, fuel substitution, co-generation, and renewable energy applications, technical and management best practices benchmarking, as well as, greenhouse gas emission (GHG) profiles and analyses
- Provides support to senior managers for business development, energy programs and rebates/grants, energy reduction practices go green technology innovation
- Client liaison and various forms of communication (e.g., power point presentations) and reports.

The Energy Manager Program is an Economic Development Department program and is included

with the Resource Management Team: Jay Hope; Brian Jones; and the CCP Work Group: Daryl McNeil Band Manager, Brian Jones, Art Andrew, Council Representative; and Dwayne McNeil, Public Works and Housing Manager.

Seabird Island has partnered with B.C. Hydro to create the position of Energy Manager (E/M). This position is currently filled by Astley Cooper who comes with 45 years experience in electrical, gas, and steam technologies. Seabird desires to lower the carbon footprint of the community and be a leader in energy conservation. The community has a long history of sustainability and energy conservation.

In order to do this, we draw on the experience and resources of B.C. Hydro, along with private industry. The people in this community are very open to the concept of sustainable living and have proved this over a long history. We are again in a learning curve to adapt our life style to modern times and this is achievable with the positive attitude we see here. The E/M is responsible for surveying and proposing projects to conserve energy. There is also a need to educate managers and staff to think "Energy". The E/M needs to do long range planning and budgeting.

We are starting by working on the commercial buildings, by making them as efficient as possible. We are looking at methods of developing alternate energy sources. It is the objective of Seabird Island to eventually become "carbon neutral". We may see the use of electric vehicles in the future. More use of technology and less use of energy in our lives .

By Astley Cooper E/M .



Education



New Playground



Seabird Island College and Adult Education

Life Long Learning

Cultural Learning Center and Language Project

**Seabird Island Band Post Secondary Student
Assistance Program**

Elementary Secondary In-school Program

Congratulations Demi Peters

Vocational Achievements

Community Educational Awards Ceremony

Lalme' lwesawtexw

Specialized Programs

Special Events



Education Reports

EDUCATION DEPARTMENT

The 2010/2011 year was exciting for Seabird Island Education. The year saw an increase in enrollment at the high school, the first full year of operation for Seabird College, a record number of post-secondary students, important work on Education Jurisdiction, and important ongoing work of the Cultural Learning Centre. This work was overseen by a committed Education Committee and we are so grateful for their leadership and support. Thanks to Maggie Pettis (Chair), Art Andrew (Vice Chair), Edie Karacsanyi, Stacy McNeil, Celeste Bobb and Wayne Bobb.

Seabird Island College and Adult Education

2010/11 saw a great year of expanded programming and planning for Seabird College. Thank you to the team serving as the interim Board which includes the following board members and resource people:

Chuck McNeil	Carolyne Neufeld
Diane Janzen	Dianne Parkinson
Tyrone McNeil	Edie Karacsanyi
Brian Jones	Candace Robotham
Dwayne McNeil	Vivian Ferguson
Cynthia McNeil	Shari White

Seabird College and Adult Programs saw the largest graduating class of 48 First Nations students from 16 Bands across the Fraser Valley. This was celebrated in a moving ceremony in June attended by 350 family members and supporters. In September 10 graduates of the Aboriginal Practical Nursing Program crossed the stage in a packed ceremony celebrating their success. Seabird College offers a unique dual credit opportunity to graduate with your Adult Dogwood Diploma and a trade or vocation. In 2010/2011 there were a vast array of programs including Carpentry, Graphic Design, Painting and Decorating, University College Entrance Preparation Program, Plumbing, Wall and Ceiling, Information Technology, Aboriginal Practical Nursing Program, Aboriginal Speech and Language Certificate and Aboriginal Early Childhood Education. Congratulations Graduates and look forward to another year of even greater program offerings.



A picture of Seabird Island College team hard at work serving your community and members.



Congratulations to the Seabird Island Education Class of 2011.



Education Reports



Life Long Learning...

Seabird Island Band is one of 14 participating First Nations that are working to implement Education Jurisdiction. First Nations will establish their own structure, like a school board, certify their own teachers and deliver their own curriculum. Education Jurisdiction must be ratified by the community through a voting process.

2010/2011 was a busy and productive year for advancing understanding of the Education Jurisdiction initiative. Chuck McNeil, Diane Janzen, Art Andrew and Maggie Pettis as well as the Education Committee spent much time and effort immersing in Education Jurisdiction knowledge. Our Administration and Community benefit because these employees and Council members are specialized in the Education Jurisdiction process. Zena Schultz joined the Education team as the Education Jurisdiction/Education Committee Coordinator. A number of key events were held including Education Jurisdiction Canning, A Mock Vote in which 98% supported Education Jurisdiction and the Education Jurisdiction Power Shopping Event which was brought back due to popular demand.

Education Jurisdiction fundraised, purchased and gave away free items to community members. Some of the items were: reusable lunch backs including Tupperware; Axe body wash and shampoo; Spider man body wash, Barbie body wash; Roxy and Quick Silver Memory Sticks; Gift Cards; Lined Paper; Pens; Strawberry and Coconut body wash; oranges, apples and plums and T-shirts.

A Huge "Thank You" to Dwayne McNeil, Steve at Agassiz Ready Mix, Kent at Rona Revy's and Brett of Brett's Drywall. Without your care and financially backing... there would of being no gifts for our Children and Youth.





Education Reports

Cultural Learning Centre and Language Project

Culture and Language are two of the key elements of education and the Education Department has embraced its importance.

According to language theorists, only three Aboriginal Languages are expected to survive Canada-wide: Cree, Ojibwa and Inuktitut; none of which are historically rooted in British Columbia.

Simon Fraser University, with Dr. Strang Burton, Coqualeetza, Sto:lo Shxwlix, Seabird Island Community School, Chehalis Community School, School District #78 and School District #33 are working to alleviate the grief and loss of Indigenous Knowledge.

The Halq'emylem IRP provides BC Provincial Education Systems basic information and content standards that teachers can acquire in order to implement the Halq'emylem Language. The Prescribed Learning Outcomes: set out knowledge, enduring ideas, issues, concepts, skills, attitudes and expectations of each grade. These are clearly stated and expressed in observable terms as criteria on referenced performance standards. A provincially recognized curriculum encourages the use of Halq'emylem as a second language for academic graduation requirements and entry into post secondary institutions. The IRP allows the re-introduction of the Halq'emylem language into all the educational systems with Seabird Island Community School as the hub for the curriculum. The localization of the document creates collaboration between school boards and a collective of Halq'emylem speakers.

This year saw an array of cultural and language community courses and events including a Drumming Workshop with Elders and Youth, a Cultural Day for the High School which included weaving, felting, moose tufting, jewelry making, sweat, drumming and music. Master weaver Frieda George lead a Weaving Community Workshop and a Cedar Workshop was held in 2011/12. In addition, cultural events were held in keeping with Remembrance Day, Stó:lô Day, and Stó:lô New Year.



Evelyn Peters Weaving.



*Seabird Island Youth self reflection...
without our Language we have little identity*



Education Reports

Seabird Island Band Post Secondary Student Assistance Program

It has been a very busy year for the Education Department. We had a number of students interested in pursuing post-secondary education. Throughout the 2010-2011 fiscal year the Seabird Island Band Post-Secondary Student Assistance Program (PSSAP) provided financial assistance to 51 band members/ students interested or already pursuing post-secondary studies. The program offered financial support for these students application fees, tuition, books, supplies, living allowance, computer assistance subsidies, travel allowance, and/or graduation incentives.

Out of the 51 members that received financial assistance, 48 students were approved for post-secondary sponsorship enrolled in full or part-time post-secondary studies.

School	# of Students
The University of the Fraser Valley	15
Vancouver Community College	5
Simon Fraser University	3
Nicola Valley Institute of Technology	3
British Columbia Institute of Technology	1
Stratford Career Institute	1
Trinity Western University	1
Northern Lakes College	1
College of the Rockies	1
Canadian Payroll Association	1
Enowkin Centre	1
Valle School of Beauty	1
Lakehead University	1
Seabird College	12
The University of Victoria	1
TOTAL	48

There were nine students who received part-time sponsorship and thirty nine students received full-time sponsorship. Students who are registered into a full-time program may receive funding for their tuition, books and supplies, and a living allowance. Students that are enrolled in part-time studies may be eligible to receive sponsorship for their tuition, books and supplies.

Post-Secondary Graduates of 2010-2011

- Tyler August- Plumbing Program - Seabird College
- Jesse Fraser- Information Technology
Seabird College
- Nicholas Henry- Plumbing Program
Seabird College
- Andrew Melenchuck- Plumbing Program
Seabird College
- Carl Louie- Carpentry Program- Seabird College
- Clark Louis- Plumbing Program-Seabird College
- Earl Louis-Plumbing Program-Seabird College
- Frank Louis- Plumbing Program- Seabird College
- Zena Mailhot- Business Management Diploma
Stratford Career Institute
- Gregory McNeil- Plumbing Program
Seabird College
- Jennifer Michell- Graphic Design- Seabird College
- Rosalie Nijkamp- Graphic Design- Seabird College
- Percy Pascal- Carpentry Program- Seabird College
- Dale Quipp- Plumbing Program- Seabird College
- William Quipp- Plumbing Program
Seabird College



Education Reports

Post Secondary Application Deadlines

For New Applications or Continuing Studies Students, the deadlines for completed applications for all post-secondary students are:

- For September (Fall) enrollment - May 1st
- For January (Winter/ Spring depending on institution) - October 1st
- For May (Spring/ Summer depending on institution) - January 1st

Applications received after the deadline will be held and put on a wait list, until it has been determined whether funds are available.

Elementary Secondary In-School Program

The In-School program receives its funding from Indian and Northern Affairs Canada (INAC), the funding formula is based on the previous year's nominal roll; meaning that there are limits to the amount of financial assistance available to students.

Students who are listed on the Nominal Roll are eligible to receive the following:

- Ancillary Services
- School Supply Allowance
- Student Allowance
- Summer School Services/ Tutoring Service
- Graduation Allowance and Graduation Incentive
- Honour Roll Incentive

The table below illustrates the Seabird Island student population enrolled in elementary and secondary grades, as of September this 2010/2011 school year:

School	# of Students
Seabird Island Community School	237
Agassiz Elementary Secondary School	38
Kent Elementary	24
Agassiz Christian	4
Unity Christian	4
Chilliwack Secondary School	2
Agassiz Centre for Education (ACE)	1
Chilliwack Landing Preschool	1
Chehalis Community School	1
Total Students	312

High School Graduates of 2009-2010

Congratulations to our Grade 12 Graduates:

- Catherine Abbott- Spoques Program
Seabird College
- Hillary Andrew- Agassiz Elementary
Secondary School
- Ashley Armstrong- Agassiz Elementary
Secondary School
- Kelsey Charles- Spoques Program- Seabird College
- Clayton Charlie (Dorman)- Chehalis
Community School
- Leanne Ellis- Spoques Program- Seabird College
- Lee Marie George- Spoques Program
Seabird College
- Shayla Harry- Agassiz Elementary
Secondary School
- Christopher Louie- Spoques Program
Seabird College
- Demi Peters- Agassiz Elementary
Secondary School
- Trisha Charles- Adult Graduation Diploma
Seabird College



Education Reports

- Cavan Louie- Plumbing Program receiving his Adult Graduation Diploma-Seabird College
- Gordon Peters- Painting and Decorating Program receiving his Adult Graduation Diploma Seabird College

Congratulations Demi Peters

The 2011 recipient winner of the Bertha Greta Peters Memorial Bursary Award. This \$500 bursary is provided by Spectra Energy and is awarded to a student at Seabird Island Community School, Lalme' Iwesawtexw, to promote high achievement in Science and Math.

Vocational Achievements:



The following individuals have completed either a short or long term training program receiving certification.

- Pam Armstrong-** Introduction to Halq'emylem
- Bruce Chapman-** Transition to Work
- Jeannette Charlie-** Active Measures Program
- Matilda Charlie-** Introduction to Halq'emylem
- Cynthia Edwards-** Active Measures Program
- Chanea Gabriel-** Introduction to Halq'emylem
- Danielle Gabriel-** Introduction to Halq'emylem

- William Garner-** Active Measures Program
- Irene George-** Introduction to Halq'emylem
- Ernestine Harry-** Active Measures Program
- Kristy Johnson-** Introduction to Halq'emylem
- Jessica Lacroix-** Occupational First Aid Level 1 and Speech and Language Assistant Certificate
- Marc Antonio Peters-** Active Measures Program
- Mindy Phillips-** Occupational First Aid Level 1 and Hydrogen Sulfide (H2S)
- Sonia Reyburn-** Active Measures Program

Community Education Awards Ceremony

The Annual Seabird Island Community Education Awards Ceremony was held on June 29th, 2011 at the Seabird Band Office Gym from 5:00 p.m. to 8:00 p.m.

We started off the evening with a dinner song by Richard Wilson and Melvin Joe. The family travel club prepared and served a delicious meal. After dinner, the graduates and vocational achievements were called out into the foyer to be covered with either a blanket or shawl and a headband. The drummers, members of Chief and Council and the Education Committee led the graduates and vocational achievement participants around the gym to the front, where they were to stand on cedar and were congratulated and provided with some encouraging words by the master of ceremonies Tyrone McNeil, keynote speakers Maggie Pettis and Art Andrew.

There were guest speakers called up to share some inspirational words to the participants. A special thank you to Diane, Candace, Kathy, and Dr. Robert Fox. Following the speakers Richard and Melvin did an honour song and attendees were able to go up and congratulate each of the graduates on their efforts.



Education Reports



We continued on the evening by announcing the Bertha Greta Peters Memorial Award to Demi Peters. She was the lucky recipient of a \$500 bursary that is provided by Spectra Energy and awarded to a student that attends Seabird Island Community School, Lalme' Iwesawtexw, to promote high achievement in Science and Math.

We concluded the evening by announcing the educational achievements for the elementary and secondary grades. Each student was nominated from their school to receive an award, students were also given T-shirts to recognize them for their amazing work this school year.

The Education Department would like to thank everyone who participated in the Education and Community Service Awards Ceremony. Special thank you to Tyrone McNeil for being Master of Ceremonies, Maggie Pettis and Art Andrew for being keynote speakers, Richard and Melvin for drumming and signing, Barb and Angie Chapman for being the brushers, guest speakers- Diane, Candace, Kathy and

Dr. Fox, Stacy McNeil for ordering the t-shirts and sweaters, Angie Chapman for ordering the plaques and arranging the event, Evelyn Peters for preparing and silk screening all of blankets, headbands and shawls, Jennifer Andrew and the Maintenance Staff for setting up the gym, The Family Travel Club for cooking and serving the delicious food, Seabird Island Community School, Agassiz Elementary Secondary, Kent Elementary, Agassiz Christian, and Unity Christian for nominating the students to receive the awards, and the members of Chief and Council and Education Committee for presenting the awards to all our students, and a very special thank you to the students and families that attended the event.



Education Reports



Seabird Island Community School Lalme' Iwesawtexw 2010-2011



Lalme' Iwesawtexw (Seabird Island Community School) was named in the memory of Mary Charles who was the mother of Grand Chief Archie Charles and a long time resident of Seabird Island. Mary's family and friends gave her the name Lalme. It was Lalme's dream

to have a band controlled community school for the children of Seabird Island. Iwesawtexw is Halq'emeylem for 'House of Learning'.

Lalme' Iwesawtexw is an Independent Band School committed to providing quality education and maintaining an environment that promotes, and encourages students to learn to explore and experience new pathways. Our mission is to provide a supportive and culturally relevant learning environment which places a high value on life-long learning, respect for self and others, honesty, integrity, generosity and hard work. All staff are certified with the B.C. College of Teachers. Our school offers K-12 education as well as recognized and accredited

courses at the secondary level enabling students to receive a B.C. Dogwood Diploma

Number of students enrolled this year: 218 K-12

Specialized Programs

Halq'emeylem

Lalme' Iwesawtexw remains committed to the preservation of the Halq'emeylem language. At Lalme' Iwesawtexw, the Cultural Identity Studies program begins in Nursery and continues through Grade 12. The classes are designed to promote and encourage students to be proud of their First Nations' heritage and identity.

An understanding of who First Nations people are prepares the students to become valuable contributing members of society and learn to take responsibility for the future generations.

Special Events

We had many special cultural events this year including: Stó:lô New Year, Remembrance Day, Stó:lô Days, Naming Ceremony, First Salmon Ceremony, Cultural Arts Day, Cultural Sports Day and Pow Wow.



Education Reports

Stó:lô New Year: on October 15th, school staff, students and community members took part in the Stó:lô New Year's celebration. This involved thanking the Creator for the abundance of traditional food prepared for winter storage. We danced, we sang, we welcomed our guests and we celebrated our culture.



Stó:lô Day: was held on January 20th. Students from neighboring schools came out to participate in cultural games and activities such as carving, beading, cooking, drawing, dancing, drumming and slehal.



Cultural Sports Day students played traditional sports and games.





Education Reports

Naming Ceremony: On April 29, 2011, 15 students and 2 community members received traditional names and were honored in a traditional naming ceremony.



Tashauna James

Pesqwiya – yellow hummingbird woman

Peter Andrew

Xwemxwlatin

Cora Ann Bobb

Shxwlisiya – caring, friendly

Hunter Silver-Kay

Susk'alín

Sarah Jean Louis

T'it'elem Th'ale

Dakota Edwards

Sxaxweyten – helpful, strong willed

Kaylee Hulbert

Shxwe'i'i – thunderbird, funny

Summer Kelly

Syiqlisiya – snow, caring, friendly

Denise James

A'iya – dear one

Nicole James

Siyoxwemot – good friend, pretty, quiet

Amber Charlie

Seqw'iyeqs (Sue qee uks)

Courtney Charlie

Siyamex (See am eth)

Tyson Archie

Sth'oxwemtel – fisherman, quiet

Sheila Stewart

Kwoleqwthet – moving and curious

Sean Andrews

Xweytilches – helpful and active learning

Shawnrae Gabriel

Qwolqweltin – storyteller

Bob Armstrong

Woweqe



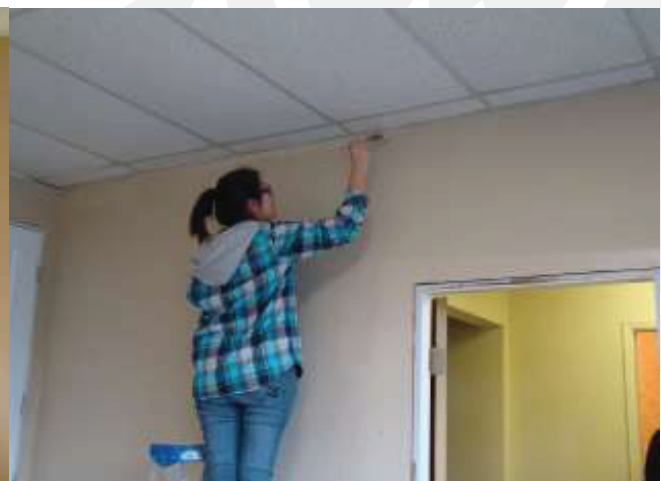
Education Reports



POW WOW

We had an amazing turn out for our June 8TH Pow Wow. All students who have received traditional names were in the Grand Entry. Many students wore their regalia. Every style of dance (fancy, jingle, grass, and traditional) has a meaning and symbolizes different things that help heal or better someone's heart. Everyone danced and had a wonderful time.

Mr. Pauls and eight students went to help out with creating office space for Habitat for Humanity. The students learned a lot from painting to laying floor and had a lot of fun.





Education Reports

Cultural Arts Day –March 4th 2011

Many different arts were taught and explored on this day. We had Metis fiddle music, painting, slahal, drum making, felting, beading, weaving, paddle making and jewelry making.





Education Reports

Additional Highlights



Students made a sweatlodge with Mr. White and a sweat was held at least once a month for high school or intermediate students



Kindergarten visit the pumpkin patch



Junior trades classes.



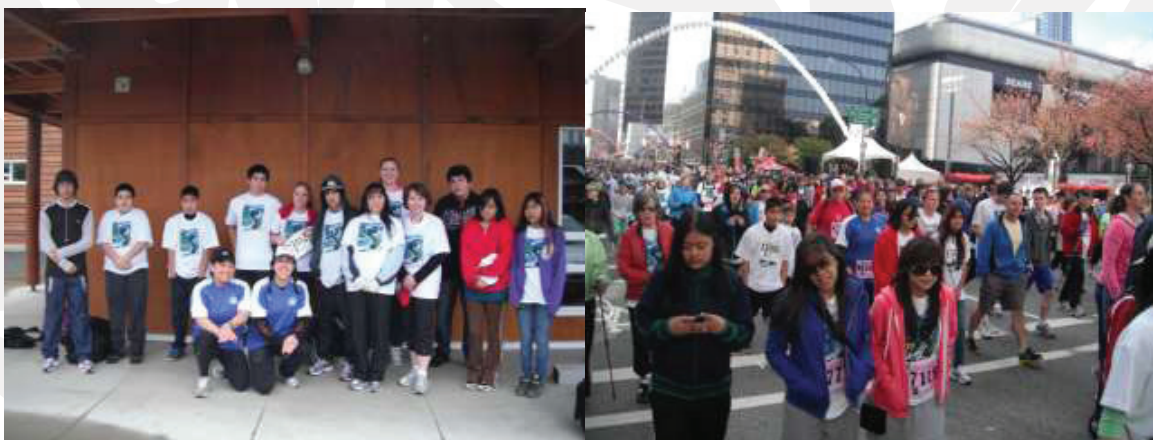
Education Reports



Senior trades



High school PE class had a demonstration on Extreme Frisbee.



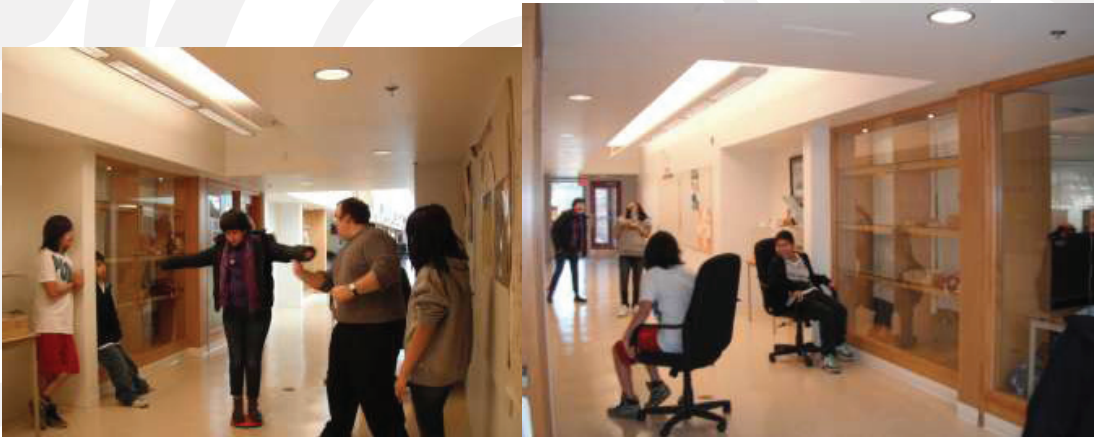
Seabird Island high school participated in the Sun Run in Vancouver



Education Reports



Nutrition run



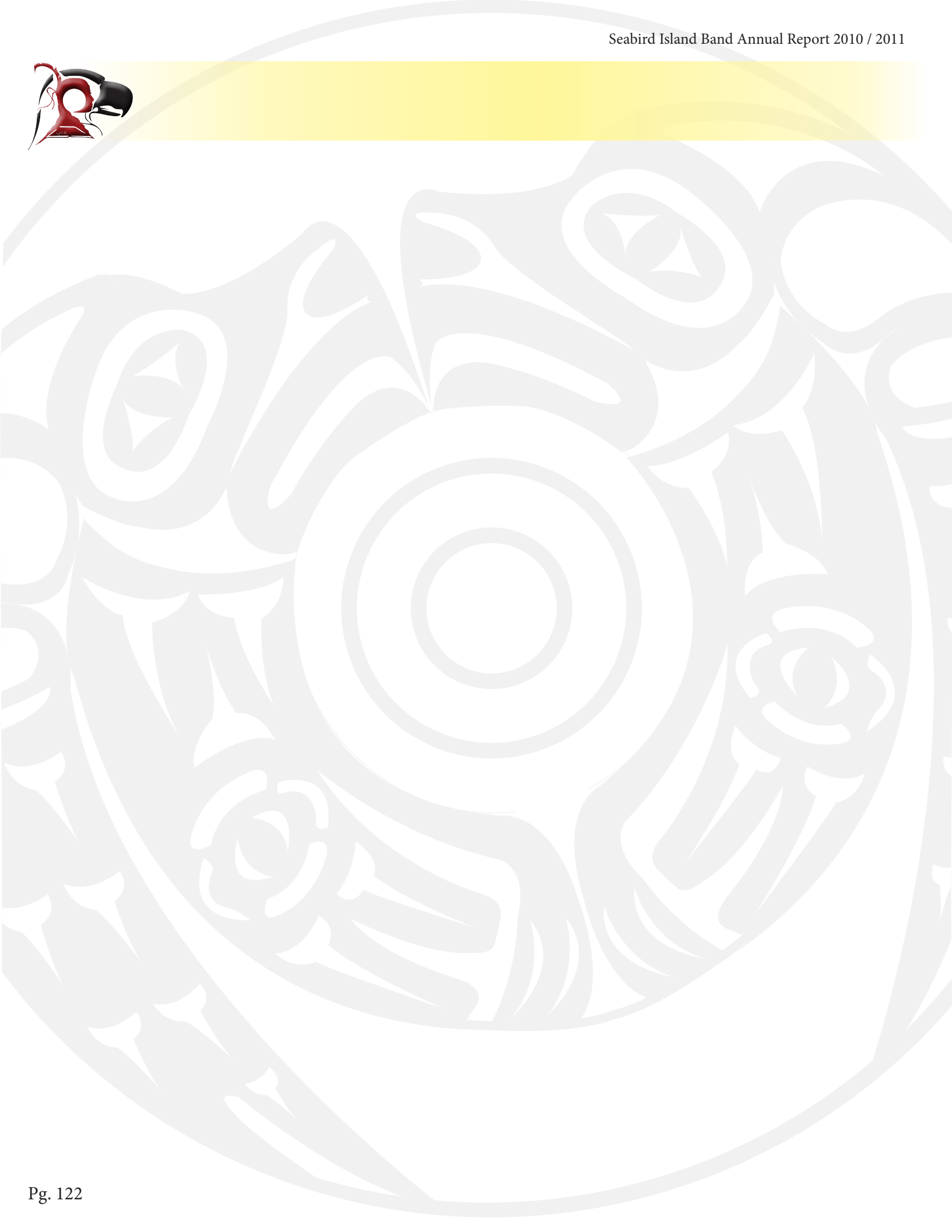
Learning about motion and momentum in science



High school graduates for the year 2010-11

Robert Blenkin- wants to work in Law enforcement
Ashleigh Johnman – wants to work as a caterer
Jordan Peters—wants to be a teacher.

Graduation ceremony on October 1st





Conclusion

The 2011 Annual Report focused on Life Long Learning. The Seabird College and the Seabird Island Community School's dual credit graduates were a shining example of the importance of Life Long Learning. Kw'as hoy goes out to our leadership, managers, committee members and staff who are continuously learning by taking part in workshops on decision making, committee meeting training, accounting training, cultural and language learning, Practical Nursing training, and so much more each year. Their commitment to learning builds our organization's capacity to become leaders in Health, Education, Governance, Housing, Sports and Recreation.



Our hats go off to all our learners, from the parents and children in our parents and tots program, to the children in our education programs, to our volunteers, our elders, parents, aunts, uncles and grandparents who provide our children with insights into learning that create the foundation for future learning habits and resourcefulness. Kw'as hoy's also goes to our early childhood educators at our daycare, and teachers at our nursery, school, recreation and college who all take part in providing the holistic development of our young learner's physical, intellectual, social capacity, emotional and mental development.

As you read through the report I hope you took the time to reminisce about where our community was 10 years ago, 20 years ago, 30 years ago and where you want to see your community in the next 10, 20, or 30 years. 30 years ago in 1981, the Seabird Island Band Office did not have computers; we used pen and paper and typewriters. Our community



had 1 Chief and 2 Councilors; there were only 7 employees working for the Band and there

were only 28 homes in our community. Today there is over 233 homes; we have 1 Chief and 8 Councils, a computer at every desk, and over 300 employees. 30 years ago our education program consisted of the nursery program; today we have a 3's and 4's program, kindergarten to grade 6 elementary school, a high school for grades 7 to 12 and a community college which offers 18 certificate programs.

Where will lifelong learning take our community in 2040? A hospital, a bank, a driving license agent, a College of Health Science specializing in Nurses training, virtual classes, a thriving industrial park where our members are employed, members operating our farms, business partnerships with European country's? If the accomplishments of our leadership, managers, staff, programs and services over this past year is an indication of things to come I say hold onto your hats members because it is going to be an action packed years to come.

And a special kw'as hoy goes out to you: students, youth, residents, members, elders, for your attendance, your voice, your comments and feedback as we strive to complete plans for Sustainable Community, the Waste Management, Water Management, Energy Management, Health Centre Accreditation, Seabird College Accreditation, Housing Strategy, Land Zoning, and the many equally important projects contained in this Annual Report.

Continue your 2012-2040 challenge of lifelong learning.

Kw'etslome gelat,

Tse tsá wtm
Daryl McNeil





Life Long Learning

**In keeping on the theme of
Life Long Learning
below is few translations**

English

Halqèmeylém

<i>Life Long Learning</i>	<i>Kwèsu helems o shxwtotelomet</i>
<i>Teaching</i>	<i>I:wes</i>
<i>Teacher (male)</i>	<i>Iwesteleq</i>
<i>Teacher (female)</i>	<i>Iweseleq</i>
<i>Teach</i>	<i>Iwes</i>
<i>Learn/Study</i>	<i>Totilt</i>
<i>Welcome</i>	<i>Ey kwès emi</i>
<i>Annual Report</i>	<i>Silolem pek w</i>
<i>Calendar</i>	<i>Silolem</i>
<i>Chief</i>	<i>Siyam</i>
<i>Council</i>	<i>Siyam sq'ep</i>
<i>Bear</i>	<i>Spá:th</i>
<i>Thank you</i>	<i>Yalh Yuxw Kw a s hoy</i>
<i>Thanks</i>	<i>Kw a s hoy</i>





Events Calendar 2011-2012

September 2011

School Starts	6th
Out of School Care reopens	6th
Evening Recreation resumes	13th
Burning at School	16th
Welcome Back Dinner at School	22nd

October 2011

SICS grade 12 ceremony	1st
Thanksgiving-CLOSED	10th
Stolo New Year -School	28th
Pro-D Day at School	21st
Halloween Party	26th

November 2011

Remembrance Day Ceremony	7th
Remembrance Day-CLOSED	11th
Staff Development Day	21st
Pro-D Day -School	21st

December 2011

Evening Recreation Closed for month	
Celebration of Life	7th
Staff Pamper Day	9th
Staff Christmas Dinner	9th
Community Dinner	14th
SICS Christmas Concert	15th
Youth Dinner	16th
Student Christmas Dinner-School	16th
Hampers	19-20th
Gift Certificates	19-20th
School Closed for Winter Break	16th
Out of School Care Holiday Activities	19-22nd
Elders Pamper	22nd
Elders Luncheon	22nd
Staff Make and Take	23rd
Office Closed	26/27th

January 2012

School Reopens	2nd
Pro-D Day at School	20th
Stolo Day at School	19th

February 2012

Pro-D Day at School	17th
---------------------	------

March 2012

Spring Break	12-16th
Burning at School	8th
Nutrition Walk/Run	21st
Nutrition Fair	TBD

April 2012

Open House	11th
Pro-D Day-School	13th
First Salmon Ceremony-School	TBA
Good Friday-CLOSED	6th
Easter Monday-CLOSED	9th
Community Easter Hunt	9th
Naming Ceremony	27th

May 2012

Mothers Day Tea-School	4th
Pro-D Day-School	18th
Victoria Day-CLOSED	21st
Office Closed	22nd
Festival	25-27th
Day of Grace	28th
SICS Cultural Sports Day	30th



Events Calendar 2011-2012

June 2012

SICS Pow Wow	1st
Awards Day-School	7th
Last Day High School	8th
Last Day Elementary	15th
Aboriginal Day Stat-Office CLOSED	22nd
Aboriginal Fun Day	21st
Education and Community Service Awards	27th

July 2012

Office Closed Canada Day	2nd
Summer Program Starts	3rd

August 2012

Office closed BC Day	6th
Community Fish Canning	7-10th
Fish Freezing	13-17th
Summer Program Ends	17th
Elders Fruit Trip	20th
Community Fruit Canning	21-24th

September 2012

School starts	4th
Out of School Care starts	4th
Evening Recreation resumes	11th

October 2012

Thanksgiving-CLOSED	8th
Stolo New Year - School	TBA
Pro-D Day at School	TBA
Halloween Party	24th

November 2012

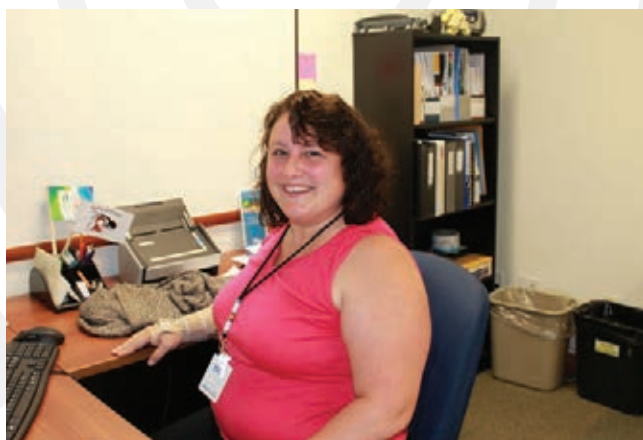
Remembrance Day Ceremony	7th
Remembrance Day-CLOSED	9th
Staff Development Day	19th
Pro-D Day - School	19th

December 2012

Evening Recreation Closed for month	
Celebration of Life	5th
Staff Pamper Day	7th
Staff Christmas Dinner	7th
Community Dinner	12th
Youth Dinner	14th
Student Christmas Dinner-School	TBA
School Staff Dinner	TBA
Hampers	18-20th
Gift Certificates	18-20th
School Closed for Winter Break	14th
Out of School Care Holiday Activities	17-21st
Elders Pamper	14th
Elders Luncheon	14th
Staff Make and Take	13th



Created By



Seabird Island Band Office

Layout, Design, Illustrations and Formatting Created By;
Seabird Graphic Designer and Communications Officer Sandy Bobb

Edited by: Sandy Bobb

Proof Read by: Sandy Bobb, Ashley Hannigan, Vanessa Peters
Translations Provided by: Star Pettis, Evelyn Peters



Annual Report 2010-2011
Silolem pekw