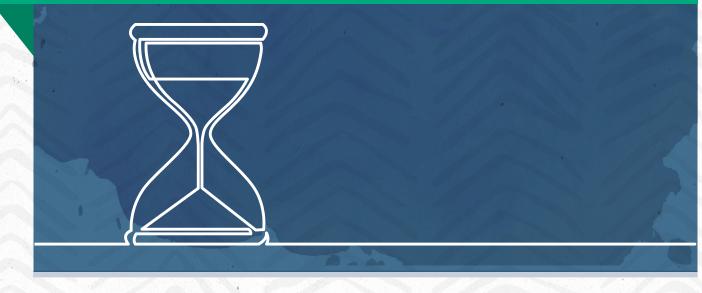


HELPFUL TIPS: Writing your Narrative (Part 5A)

Review the Harms Grid before getting started



Use as many pages as you want

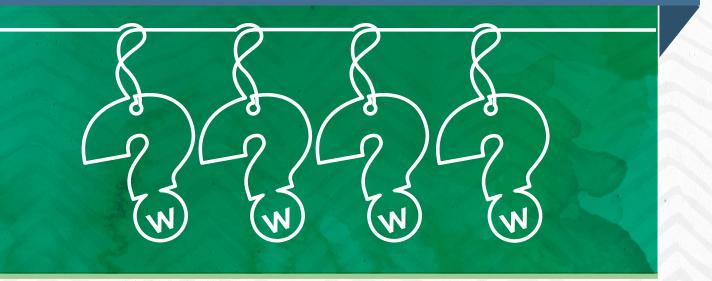


Class Counsel is available

Focus on the abuse that you suffered at the Day School

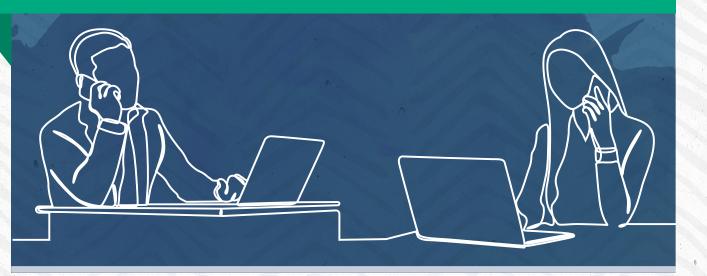


Think about the "Ws": who, what, when, and where

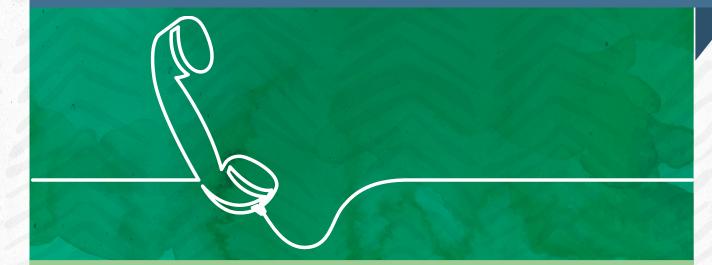


Seek out ongoing mental health

to review and assist



support – provincial and territorial services are available



Take your time! You have until July 13, 2022

