

www.seabirdisland.ca

July 2018



Coastal Fire Center Fire Ban Update

Campfires only. Max size 0.5 m. x 0.5 m. All other fires are banned!

Please ensure you have water on hand and never leave a fire or hot coals unattended.

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- Income Assistance day July 25
- Summer Program Starts July 3
- Story Time in the Park August 1 at 9 a.m.

NOTICE OF CANCELATION

The Quarterly meeting scheduled for July 2018 has been CANCELED due to the possibility of dry rack season.

The next scheduled AGM will be held October 24, 2018.



Fraser River Alert!

Due to the missing person incident up-river, we request fishermen/women to please keep a look out for anything out of the ordinary that may surface in our waters. The person who went missing on the river, at the time of their disappearance, was wearing a life vest.

If anyone has any information on this, they are asked to call the Lytton RCMP at 250-455-2225 or Crime Stoppers at 1-800-222-8477.

With this incident on the river, we would like to remind people to please be careful and respect the power the Mighty Fraser River holds:

- Never fish alone.
- Wear your life-vests/jackets correctly.
- Watch for loose rocks and debris the river is always changing.
- Avoid alcohol around the water.

Above all, come home safe! Your loved ones are waiting for you.

In 2019 we will celebrate 50 years of Seabird Festival!

Over the years we have also had; Slahal, 2 Pitch, Hockey, Festival Princesses, Traditional Canoe Races, Soccer Tournaments, Cultural Performers and more! We would like to recognize volunteers and workers from past years.

We are interested in your ideas and will be looking for volunteers to make this celebration grand.



Please join us to celebrate May 25th & 26th 2019

Health & Social Development



Seabird College Education Assistant Program

Seabird College would like to congratulate the students who just completed our Education Assistant program. This is a vocational program in which our students learn the theories behind learning strategies, assist students in meeting learning outcomes and support the teacher in delivering classroom materials.

Our Education Assistant students, who have also completed 120 hours of practical hands-on work experience, are now prepared to work in the public or private school system. Our students are provided the opportunity to pick the top two or three schools in which they would like to complete their work experience. The District Principal and District Coordinator place them in the schools and classrooms that are available. Our Education Assistants have completed their practicum hours in several schools between Abbotsford, Chilliwack and Hope.

This program, along with several other programs offered at Seabird College, offers a First Nation perspective in the learning outcomes. Together, as a class, the students explored cultural connections to help understand and interpret the impact of cultural differences and expectations. The class also examined six core strengths which promote health and decrease the risk of emotional, social, behavioural and cognitive problems. Focus was placed on practicing methods of facilitating healthy development which reaches and supports every student in a class. Our Education Assistant students understand that all learners have unique needs and strengths.

All of the staff at Seabird College are proud of our students and wish them continued success. The Education Assistant program at Seabird College is a popular program and is already full for the next school year. If you are interested in going back to school, come and have a coffee with Shannon to discuss your goals. It is our desire to see all of our students achieve their educational goals.

Shannon Chapman



For more information on upcoming programs check out the Seabird College Facebook page, call our office at 604-796-6839 or email: <u>schapman@seabirdisland.ca</u>



Mosquito Info:

Female mosquitoes look to lay their eggs in soil that is protected from risks but prone to flooding, like near rivers and creeks. They average about 1,000 eggs in a lifetime. As eggs cannot hatch until they get wet, each tiny egg can remain dormant for as long as 10 years, waiting for perfect conditions.

Mosquito annoyance numbers and high Fraser River levels are directly related. We have treated more this year, than any other year. Our treatments involve applying larvicide (granules) directly to the standing water created from the freshet. We conducted two separate aerial treatments at Seabird Island First Nations on May 23 and 31. The image shows the aerial data from both of the treatment events. We have also conducted multiple hand treatments during this season.

Hot and dry weather will accelerate the life-cycle of the adult mosquito. These mosquitoes should be dying off the first week in July.

We suggest that people remove and replace the standing water around their homes including stale bird baths, as well as getting rid of water sources in clogged gutters or inside the rim of old tires.

Additionally, wearing long and loose fitting clothing in light colours; having good, screened windows; and repellent that's undergone standardized testing and carries a PCP number on the bottle will help further reduce mosquito bites.

John Bobb



Health & Social Development

wish i lived in a world

where mosquitoes

would suck

FAT instead

Insect Repellents - DEET

Insect repellents containing DEET can be used safely when applied as directed and in the right concentration, depending on age.

The right concentration of DEET for:

- adults and children 12+ years old up to 30%
- children aged 2-12 years up to 10%
- you can apply the product up to 3 times daily
- children aged 6 months 2 years old up to 10%
- Under the age of 2, only apply the product once a day

For children younger than 12 years old, do not use a DEET product on a daily basis for more than a month.

For infants younger than 6 months old, do not use an insect repellent containing DEET. Instead, use a mosquito net when babies are outdoors in a crib or stroller.

Using insect repellents safely

Always read the entire label carefully and follow all directions, including:

- restrictions for use on children
- what insects the repellent works for
- the maximum number of applications per day

When using repellent:

- keep containers out of the reach of children and pets
- use only in well ventilated areas
- supervise its use on children
- apply only a small amount of repellent on exposed skin or on top of clothing
- repeat applications only as needed and directed on the product label
- wash treated skin with soap and water when you return indoors or when protection is no longer needed

Concerned that you might be sensitive:

- apply the product to a small area of skin on your arm
- wait 24 hours to see if you have a reaction

If you think you or your child is reacting to an insect repellent:

- stop using the product immediately
- wash treated skin
- get medical help
- take the container with you when visiting your health care provider

When using insect repellents, **do not**:

Hey Skeeter

what's your

favorite sport?

- use it on open wounds or skin that's irritated or sunburned
- spray directly onto your face because you may get it in your eyes
- instead, spray it on your hands first and then apply to your face
- if you've accidentally sprayed repellent in your eyes, rinse them immediately with water
- apply it to a child's hands because they may get it in their eyes or mouth
- apply sprays inside a tent or near food because you may inhale or eat the spray mist

How we protect you

Skin divina

my man.

All pesticides must be registered before they can be imported, sold or used in Canada. We conduct science-based risk assessments to ensure that pesticide products meet health and environmental standards.

A pesticide will only be registered:

- when it works well to control a pest
- there's evidence to prove that the pesticide won't cause harm to human health or the environment

Reference: https://www.canada.ca/en/health-canada/services/about-pesticides/insect-repellents.html

Did you know?

Mosquitoes are attracted to people:

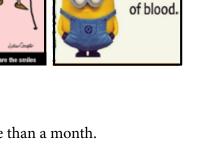
- Who eat bananas
- Who drink beer
- With Type O blood
- With high concentrations of steroids or cholesterol
- Who sweat
- Are hot
- Who produce excess amounts of uric acid

Natural Remedies?

- Toothpaste on the wound
- Aloe
- Witch Hazel
- Tea tree oil

Natural Repellents?

- Vitamin B1 to B100 complex
- Garlic
- Cinnamon leaf oil
- Vanilla oil mixed with olive oil
- Lavender
- Basil
- Rosemary
- Marigolds
- Sliced lemon or lime with cloves stabbed in
- Oil of Eucalyptus
- Lemon
- Coconut
- Burning coffee grounds in foil plate like incense.
- Sprinkle dried used or fresh coffee grounds around your yard



Education















Cooperative Education

Schroeder, Spitzer, Kowdulla and Bartholomew have been brought to life. Randy Charlie, Noah Giroux Nathall, Yummo and Mr. Roth have worked diligently since February to create their puppets.

Yummo said, "the one thing I learned about making Kowdulla is to be patient."

Noah said, "once I painted the pupils, Spitzer came alive."

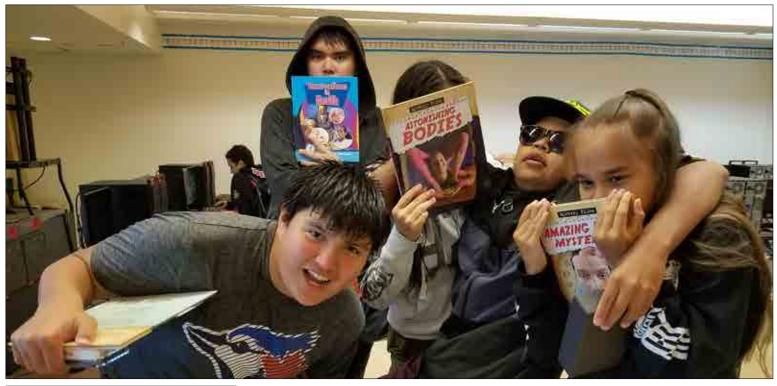
The Master Puppeteers will be bringing their puppets home this summer to develop their character and voice. They will also be developing movement to prepare for a performance. A puppet play has been written by the Master Puppeteers and will be performed for the K-4 & K-5 (Kindergarten) children in September.













Innovation Club Completion

We have done some fun and creative activities since we started at the end of December. We created bird houses made out of pop cans, created heart pillows, painting with acrylic and water color, sponge sculptures, bird feeders made out of acorns, created magnets, iron on t-shirt labels and tye dyed shirts are a few of the fun things we have done. We also enjoyed playing in the gym on rainy days and in the playing in the field on sunny days. Our final Innovation Club day was June 13 we enjoyed a pizza day and had some awesome prizes, 5 students took home books. Two lucky winners were Edmond Mussell who won the Wireless Power Beats and Wayne Peters won a new iPod! This has been a great year of creative learning for our little but growing group. We look forward to learning more in the future together! See you in 2018-19! From the Innovation Club!

Lee Ellis



| Junior Kindergarten Seabird Island | School | | Goals Partners with the Martin | Initiative for: 5 years of early literacy JK,SK,1,2,3 | Grade 3 students at grade level Prepared Grade 12 graduates |
|--|---|---|---|--|--|
| Children are sacred treasures. Junior Kindergarten SICS: Children as Innovators SICS and Martin Initiative Model Schools Project | | | For more information and to register now, contact : Barbara White @ 604-796-3061 | Education Department: Band Office Lisa Schierling or Dr. Laurie Bizero | www.seabirdschool.ca |
| Parents are Parents are teachers too! Children who are read to during infancy and the early years have better language skills when they start school and are more interested in reading, according to research. Older children benefit from every day parental interactions, as | described in some of the activities below: Read recipes out loud ask your child to read ingredients and directions while you cook together. | Read road signs when driving -ask your child to watch for road signs and directions, play games. Read the cereal box together when eating breakfast. | Ask your child to help with finding healthy food choices by reading labels when shopping. | Read homework out loud. Turn on the closed captioning when watching television. | Read for pleasure together! Write/read a family story |



Junior Kindergarten

What is the vision?

- To establish a strong foundation for learning in the early years of the elementary component of school.
- To help children make a smooth transition from home, child care, or preschool settings to school settings.
- To allow children to reap the many proven benefits of learning through relationships, play and inquiry.
- To set children on a path of lifelong learning and to nurture competencies that they will need to thrive in the world today and tomorrow.

Why attend Junior Kindergarten?

How would **two** years of Kindergarten (K 4/K 5) or Junior/Senior Kindergarten at Seabird Island Community School help students?

Research demonstrates that students receiving two years of full-day kindergarten reap the following gains:

- Reduced risks in social competence development delays from 10.5% to 5.8%.
- Reduced risks in language and cognitive development delays from 10.5% to 4.3%.
- Reduced risks in communication skills and general knowledge development delays from 10.5% to 5.8.





What are the goals?

- Positive experiences in early childhood set the foundation for increased gains in lifelong learning, behaviour, health and wellbeing.
- Partnerships with families and communities.
- Respect for diversity, equity and inclusion.
- Respect for language and culture.
- Play and inquiry as learning approaches, that capitalize on children's natural curiosity and exuberance.
- Respect for knowledgeable, responsive, and reflective educators.

Community Events

| Commu | | | | | | | |
|------------------------------------|--|---|--|--|--|--|--|
| (S) S <u>x</u> e <u>x</u> lhat | (M) Yila:welhát | (T) Sthémelts | (W) Slh | | | | |
| 1 | 2 | 3 | | | | | |
| • Sts'ailes Mass 11-12 p.m. | Facilities Closed Canada Day - Stat Holiday | Summer Program Starts Lands Bannock & Tea 10-2 p.m. Dental & Doctor Walk-in Clinics 1-5 p.m. Fitness Camp Activity Drop-in 5-6:30 p.m. Fire Practice 7-9 p.m. Garbage, Recycle & Compost | Prenatal Circle 1-3 p.m. Seabird College Writers Meals on Wheels 5-6 p. Youth Éyem 13-18 yr 3- | | | | |
| 8 | 9 | 10 | | | | | |
| • Seabird Mass 11-12 p.m. 15 | Youth 10-12 yr 3-5 p.m. LAC 4:15-8 p.m. Meals on Wheels 5-6 p.m. Youth Baking 5-6:30 p.m. Garbage, Recycle & Compost | Dental & Doctor Walk-in Clinics 1-5 p.m. Fitness Camp Activity Drop-in 5-6:30 p.m. Fire Practice 7-9 p.m. | Prenatal Circle 1-3 p.m Seabird College Writers Meals on Wheels 5-6 p.i Youth Éyem 13-18 yr 3- | | | | |
| 15 | | | | | | | |
| • Sts'ailes Mass 11-12 p.m. | Youth 10-12 yr 3-5 p.m. Meals on Wheels 5-6 p.m. Youth Baking 5-6:30 p.m. Garbage, Recycle & Compost | Dental & Doctor Walk-in Clinics 1-5 p.m. Fitness Camp Activity Drop-in 5-6:30 p.m. Fire Practice 7-9 p.m. | Womens Prenatal Grou Seabird College Writers Youth Éyem 13-18 yr 3- APALS 4:30-7:30 p.m. Meals on Wheels 5-6 p. Education Committee | | | | |
| 22 | 23 | 24 | | | | | |
| • Seabird Mass 11-12 p.m. | Youth 10-12 yr 3-5 p.m. Meals on Wheels 5-6 p.m. Youth Baking 5-6:30 p.m. Garbage, Recycle & Compost | Dental & Doctor Walk-in Clinics 1-5 p.m. Chief & Council 5 p.m. Fitness Camp Activity Drop-in 5-6:30 p.m. Fire Practice 7-9 p.m. | Income Assistance Day Bodies in Motion 1-3 p. Seabird College Writers Youth Éyem 13-18 yr 3- Meals on Wheels 5-6 p.1 | | | | |
| 29 | 30 | 31 | We are no longe to residents You may pick-up at the Lobby of the Bar red newsletter boxes in | | | | |
| • Sts'ailes Mass 11-12 p.m. | Youth & Elders Dinner 3-5 p.m. Meals on Wheels 5-6 p.m. Garbage, Recycle & Compost | Dental & Doctor Walk-in Clinics 1-5 p.m. Fitness Camp Activity Drop-in 5-6:30 p.m. Fire Practice 7-9 p.m. | Nature Friend Those who prefer to r by email, submi comm@seabir Listing: Nan | | | | |

Calendar – July 2018

| Calendar – J | uly 2018 | | |
|--|---|--|--|
| i:xws | (T) S <u>x</u> e'ó:thels | (F) Sheqá'tses | (S) T'óqw'tem |
| 4 | 5 | 6 | 7 |
| Group 3-4 p.m. n. 5 p.m. | • Youth 13-18 yr "Who We Are" 3-5 p.m. | • Youth Drop in 3-8:30 p.m. • Someone So Small | |
| 11 | 12 | 13 | 14 |
| Group 3-4 p.m. n. 5 p.m. | • Youth 13-18 yr "Who We Are" 3-5 p.m. | • Resiliency Drop-In 3-8:30 p.m. • Someone So Small | |
| 18 | 19 | 20 | 21 |
| p 1-3 p.m. Group 3-4 p.m. 5 p.m. n. | Youth 13-18 yr "Who We Are" 3-5 p.m. Youth Council 5-6 p.m. | • Youth Drop in 3-8:30 p.m. • Someone So Small | |
| 25 | 26 | 27 | 28 |
| m. Group 3-4 p.m. 5 p.m. n. | • Youth 13-18 yr "Who We Are" 3-5 p.m. • Youth Council 5-6 p.m. | • Youth Drop in 3-8:30 p.m. • Someone So Small | |
| er delivering homes! your Yoo Hoo ad Office or at the a the Community. ly Option! eceive newsletters requests to disland.ca te, email | NOTE: "Some Youth events may change. For the most up to date information, contact Angie Chapman at 604-798-6524 or <u>angie@seabirdisland.ca</u> to be part of our weekly updates." | Pre & Post Natal and Prenatal Circle Who can attend? Expecting moms, newborns up to 6 weeks, partners, support person and siblings. Open to families living on-reserve and transportation can be provided. Questions? Text or call Diana Phan at 604-765-8769 or 604-796-6858 Bodies in Motion focuses solely on pre & post natal fitness and is free for First Nations living on-reserve. | Summer Program Monday - Friday July 3 - August 24 8:00 - 4:00 p.m. |

Public Works, Housing & Custodial Housing Wait-list - June 2018

Please make sure the Housing Department has your current contact information. We must have a working phone number or email address. Unfortunately, if we cannot contact you within 48 hours to offer you an available unit, we will move onto the next applicant.

Don't know your waitlist number?

Contact your Housing Department to see where you sit on the waitlist! 604-796-2177.

NOTE: If you have outstanding debt with the Band, you will NOT be placed into a rental unit, as per housing policy.

| | 1 BEDROOM |
|----|---------------|
| 1 | 09232016-1039 |
| 2 | 06152017-5001 |
| 3 | 11162017-6009 |
| 4 | 02222016-1029 |
| 5 | 01032018-5010 |
| 6 | 01032018-5011 |
| 7 | 01032018-5012 |
| 8 | 09202017-5007 |
| 9 | 10042017-7007 |
| 10 | 02102015-1014 |
| 11 | 01192018-5013 |
| 12 | 01192018-5014 |
| 13 | 01302018-5015 |
| 14 | 08242017-5006 |
| 15 | 03052018-5016 |
| 16 | 04112018-5017 |
| 17 | 04112018-5018 |
| 18 | 09272017-5008 |
| 19 | 04192018-5019 |
| 20 | 04282018-5020 |
| 21 | 06052018-5021 |

Tips to keep your house cool

- Wear loose cotton cloths
- Choose breathable bedding like cotton or bamboo
- Use a dehumidifier
- Unplug (anything plugged in produces heat)
- Use LED light bulbs (reg. bulbs heat up to 11° / hour)
- Don't cook indoors
- Close your south west facing blinds from morning to afternoon
- Get blackout curtains
- Use ceiling fans (counter-clockwise) air blowing down
- Shade your outside windows - awnings
 - bamboo screens mounted outside the window
- Vent out the hot air
- Plant shade
- Get an air conditioner

- clean your filters monthly to maximize quality and efficiency

Sandra Bobb

| | 2 BEDROOM | | 3 BEDROOM |
|--------|------------------------------------|----|---------------|
| 1 | 07082015-1019 | 1 | 12192012-3076 |
| 2 | 01122016-3093 | 2 | 02082013-3084 |
| 3 | 05032016-1032 | 3 | 07082014-3087 |
| 4 | 02032016-4003 | 4 | 01122015-1009 |
| 5 | 07142016-1037 | 5 | 01142015-1011 |
| 6 | 12142016-1044 | 6 | 07082015-1019 |
| 7 | 12302016-4015 | 7 | 01252016-4001 |
| 8 | 01252017-1046 | 8 | 02232016-4002 |
| 9 | 06152017-5001 | 9 | 02032016-4003 |
| 10 | 08222017-6006 | 10 | 05032016-1032 |
| 11 | 09062017-7005 | 11 | 07252016-4006 |
| 12 | 10042017-6008 | 12 | 07272016-4007 |
| 13 | 10042017-7007 | 13 | 07142016-1037 |
| 14 | 11162017-6009 | 14 | 04282014-1031 |
| 15 | 02222016-1029 | 15 | 12142016-4014 |
| 16 | 12122017-6013 | 16 | 12232016-2097 |
| 17 | 12122017-6010 | 17 | 12302016-4015 |
| 18 | 12282016-2098 | 18 | 01192017-4016 |
| 19 | 01032018-5011 | 19 | 09062017-7005 |
| 20 | 03192013-3088 | 20 | 10042017-7007 |
| 20 | 03152017-6000 | 21 | 11162017-6009 |
| 21 | 08172017-6005 | 22 | 12122017-6013 |
| 22 | 06152017-5000 | 23 | 12122017-7009 |
| 23 | 08232017-6007 | 24 | 12122017-7010 |
| 24 | 01222018-6011 | 25 | 12122017-7011 |
| | 01222018-6011 | 26 | 12202017-7012 |
| 26 | 01242018-6012 | 27 | 02022017-4019 |
| 27 | | 28 | 01032018-6010 |
| 28 | 05312016-1035 | 29 | 12282016-2098 |
| 29 | 03122018-6014 | 30 | 03192013-3088 |
| 30 | 04112018-7015 | 31 | 03152017-6000 |
| 31 | 04122018-6015 | 32 | 08172017-6005 |
| 32 | 05082018-6016 | 33 | 05272016-4005 |
| 33 | 05162018-6017 | 34 | 06152017-5000 |
| 34 | 06042018-6018 | 35 | 01162018-7013 |
| 35 | 12062018-6019 | 36 | 08232017-6007 |
| | | 37 | 01222018-6011 |
| | REMINDER! | 38 | 02232018-7014 |
| | | 39 | 07292014-3090 |
| Hous | ing applications must be | 40 | 08092017-6004 |
| | ved before JANUARY 1 st | 41 | 04112018-7015 |
| | ear to remain on the list! | 42 | 04122018-6015 |
| | | 43 | 04232018-7016 |
| | Anyone who did not | 44 | 04242018-7017 |
| | ew came off the list and | 45 | 05162018-6017 |
| must i | now reapply if interested. | 46 | 05182018-7018 |
| | | 47 | 12062018-6019 |

Seabird Festival Interview with Chief Clem Seymour

On June 8, Chief Clem Seymour, met with Sandra Bobb and Nina Grossman from the Agassiz Harrison Observer for an interview about Seabird Festival.

"This year was our 49th year, next year for our festival will be our 50th year. I know and understand they will probably going to have a bit of a ceremony next year, they are still in the planning. They don't know what it is going to look like, they are talking about honoring some of the people." Clem stated we had two pitch, ball hockey, soccer, canoe races and more and we will be bringing some back and recognizing or remembering them.

Our people come together, to look after it. "Our Chief Archie Charles, like that, he wanted to see our people to come back together", so he started the festival. "He started it 49 years ago, to bring everyone together and so the people will know who their relatives are too. The water is a big part of our people too, we are known as 'river people' because that is how we traveled." Clem noted that over the years it is getting to hard for our people to travel, the cost of traveling has gone up quite a bit. We use to get a lot of people from Vancouver Island coming over, but the ferry rates have became too much. "Somehow or another we are going to have to find a way on bringing them back over for our 50th Anniversary, they are a big part of the circuit. We use to have soccer teams from Duncan. Nanaimo and Saanich. We had canoe clubs from all over coming out this way. Close to 40 years ago, we had 21 canoes on the water out there." It is also getting too hard for people to travel, because they have to go to work too. Most important thing is to keep our children involved. "Next year" Clem believes, "they are planning on having lacrosse and bringing that back."

Nina Grossman of the Agassiz Observer asked, "The canoe races didn't happen this year because of the water?" Clem answered, "They called it safety issues, they didn't want people on the water, because they thought the water was going to come up over the bank. They wanted it open for people to work along the banks."

There are some other areas where the slough was sluffing away, Seabird didn't want spectators and kids to get trapped in any sluff.

"The water came up before, I wasn't too worried about it," Clem stated. "They wanted to make sure that if there was an emergency where they needed to put up more big plastic

berms for flooding, they could keep the area open."

There is talk about reinforcing the banks, before next years 50th Festival. Putting gravel down on the banks and packing it up so we don't have to worry about the bank stability for years to come.

Clem continued, "making a walkway through there, so they can sit down. Right now, it was a safety issue, when we have our canoe races they are all on the road. I think we will probably work with the province and do some work on that."

Nina asked, "So next year, all the same types of things then lacrosse, ball hockey?"

Clem replied, "Next year, we are going to bring back some kind of recognition", on how the Festival started. For quite a while the staff were running it. "When we first started, it use to all be volunteer, this year we had 30% staff working and 70% volunteer, so it is starting to work



out better too." Seabird is very proud that less staff are working the festival and more members are involved.

I mentioned, every year we look for event sponsors. "The Festival is a cost, everything we do needs to be sponsored. We probably do bring a little bit of recognition to past sponsors that have supported us for years, at the 2019 Festival. Thanking them for their participation, for the help they bring Seabird."

Nina asked, "What does this festival mean to Seabird?"

Clem responded, "Festival to me is to bring our people to get them involved, to understand, most of the things and participation. Making sure we have it for our next generation and generations to come." This year was the 49th year and the 50th is right around the corner in 2019. "Back when we first started it, a lot

Continued on page 14

Health & Social Development

of our people they did not know their relatives, they were so isolated because that is what they were taught." Clem mentioned the outside system had that effect on the people. "So we thought we would start by making changes. That is what we do in Seabird, to help make the changes, to empower our people to understand. This is how we take care of things, by not telling them, by showing them, because our people were brought up, always being told what to do."

The festival helps people connect with their relatives. To understand this is what we use to have. "Lot of us get back to seeing people they haven't seen in a long time."

I mentioned, many people come to learn some culture they lost. They connect with their family and history. When you go back to the history books, Seabird hosted many events like these ones even before Seabird started the Festival 50 years ago.

Clem went on to say, "We have stories, long before the European society come

here, they use to have a gathering spot. They are still there." Where Seabird sits right now there was two main villages; Sq'éwqel, and Stomoxolethes, with a few other smaller pockets. "Stomoxolethes went from the baseball diamond down around the corner, there was a little over a 1,000 people there. Sq'éwqel, was the top end of the Seabird, all that land that was there, it is not there now." The course of the river changed and it all washed away. "There was 1,200 people there. Small pox epidemic whiped out most of them, way back in the 1600's. The many changes in life, like that, we work with them to make things happen."

As Clem got back to the subject of the Festival, he went on to say, "We always looked for ways to involve our people, a lot of our people do double duty here." To look after multiple events at one time, from the soccer teams to ball hockey. We use to have a lot of people that played two pitch out there as well. Seabird has our own canoe, they are bringing back, they are working with it now. Nina, asked, "50 years, it is going to be a big one next year then?"

Clem replied, "It is going to be a party. We want to make it a celebration."

We are looking for directions and suggestions, from membership and from the other communities that attend, to try and see what they would like to see in the 50th year.

Reminiscing, Clem went on to talk about his first experiences with Seabird Festival. "You know I played soccer the first year they had it, I was only 14 years old. I played in the men's league until I was 23 and then I couldn't do it anymore. I had a couple of busted bones." The Seabird Festival started small and slowly grew. Clem went on to say, "it kept growing, you know the most people I think we had here was probably close to 7000 people a day."

Sandra Bobb Interviewed in collaboration with Nina Grossman from the Agassiz Observer

Thank you to our 2018 Sponsors: Canadian Heritage, Western Timber Products Ltd., Fraser Valley Fire Protection Ltd., Seabird Pharmacy, Mr Liquidator, Trans Mountain, Mandell Pinder LLP., Grand Pappy's Home Furniture and Appliances, District of Kent Agassiz, Aon Reed Stenhouse Inc., Norich Electric, and many other groups and individuals. We hope you plan to continue supporting the Seabird Festival in 2019.

New Staff



Desta Branham

Residential Support Worker. Has lived and worked in Sto:lo Territory since 1985. Mother of 3, grandmother of 6 and great grandmother

of 1, she has worked in Aboriginal communities and for the people for over 20 years. She is substance alcohol/ drug free for 31 years and is aware of challenges First Nation people continue to deal with attaining and maintaining their physical, emotional and mental/health.

My name is Hahzinak. I am the granddaughter of Marion and William Bobb. My lateparents are Joyce Mailhot and Larry Seymour (Cowichan). I am an author, filmmaker,

Zena Schultz

healer and educator. My great grandmother, Hahzinak, delivered Seabird

babies back in the day when our women were not allowed in local hospitals. My grandmother, Marion, was a foster mom to many and retired as a teacher's assistant at Seabird Island Community School. My mother, Joyce, was a teacher, a family violence worker and a health



care provider. I come from a long, resilient line of Sto:lo Family Caregivers. I have accepted the position of FAMILY HOME LIFE SKILLS COACH here in my community. I do not walk alone, three generations of caregiver's walk beside me. I am looking forward to helping our people heal from

the tragic effects of Residential School and colonization. May we heal together, as a community. Thank you Seabird for letting me journey with you in your canoe paddling together, into our future.

Feel free to reach out to me at the Band Office, Zena Bobb-Schultz.

Deacon's Corner Our Lady of Fatima Church - Sts'ailes Immaculate Conception Church - Seabird Island

UPCOMING EVENTS:

Celebration of the feast day of Saint Kateri Tekakwitha Sts'ailes July 15 (after mass at 12:00)

We will walk in a procession led by drummers and we will carry her banner. We will be saying the Rosary together as we walk in recognition of her faith in Jesus Christ and will be saying parts of it in the Halq'eméylem language. We will return to the church for a barbecue and aicnic.

> St. Kateri is the first North American First Nations saint in the church. We would like to honour her every year on her feast day. Alternating between Sts'Ailes and Seabird Island. In her life she carried her culture and the gospel of Jesus Christ that allowed her to reach the great height of Sainthood. She showed us how the Gospel shines a light on First Nations culture.

Personality and Human Relations Workshop (PRH)

Seabird Island – September/October 2018 (dates to be announced)

The proposed training helps to:

- Release one's personal riches and to develop inner solidity.
- Live in faithfulness to oneself.
- Liberate one's ability to love and to allow oneself to be loved.

Alpha course

Sts'ailes – October – December (Thursdays) 2018

Alpha is a series of interactive sessions exploring the basics of the Christian Faith. It's an opportunity for those who would like to know more or rekindle their understanding. There is no commitment to "join". The three basic ingredients are food (provided), video and discussion.

Bible Study Group

Sts'ailes & Seabird Island - alternating Thursdays (January 2019)

ELDERS OUTREACH

Sts'ailes & Seabird Island

If you know any elders at home that would like some company during the week, let me know and I will visit them. If someone wants communion and is unable to come to church let us know.

FOOD-BANK

We will continue to work towards opening a food bank in Sts'ailes to assist people who are having a difficult time making ends meet. In the meantime we will assist people from both Sts'ailes and Seabird Island to access the food bank in Mission



Deacon's Discernment:

I have spent the last two years discerning how to best serve the people of Sts'ailes and Seabird Island as a Catholic Deacon. I can only ask people to consider the idea that God chose human beings to look after His church. We know humans are a mixture of good and bad. This extended into the Catholic church as well and resulted in bad things happening within the church. That does not make the church less holy. The church is holy because Christ himself is the leader of our church.

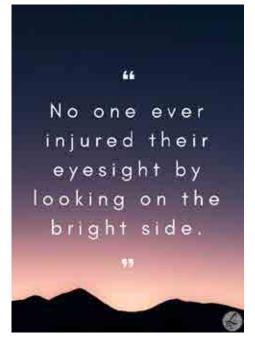
One long held belief is that a person could not be a Christian and belong to the longhouse at the same time. However, I have often heard people say that the community teachings are very similar to what the Catholic Church teaches. I believe that Christ came to save everyone so he needed to communicate the truth so that all different people could understand. A nation's culture became the vehicle that God spoke through.

Deacon Jamie Meskas

EMPLOYMENT, TRAINING AND SOCIAL DEVELOPMENT

July 2018

Quote of the Month



Monthly Action Plans

Monthly action plans are due a week before Income Assistance day. Appointments can be made with Andrea or Whyles prior to Income Assistance day to avoid waiting in line.

College students are also reminded to bring in your monthly student attendance record to your appointment.

Driving School



We are offering driving lessons. We offer the use of our vehicle for all class 7N and 5 road tests. Please call Hillary at 604-796-6865 to schedule an appointment with Jim.

Labour Pool

Labour Pool is accepting applications for casual/temporary employment. This program is in place to assist anyone in the community that would like to work on call for the Seabird Island Band. Must be 16 years+. Please stop by our office when you are interested.

Funding Packages

Those who are planning on taking training or an educational program this September please see either Andrea or Whyles regarding funding options. Funding requests/applications are for approved accredited educational programs. Please call to set up an appointment at 604-796-6865 to learn more.

Self- Serve Options

We have computers and a printer available for anyone in the community that would like to job search, create resumes or research educational programs. We are happy to assist you and offer guidance when needed.

Job Posting

Cheam View Greenhouse is looking to fill several positions for their next season. They are looking for individuals who can work independently, be punctual, reliable, with reliable transportation and be able to handle heat and humidity. You will be required to pick, twist, prune and handle greenhouse equipment and need to follow a food safety program, stand for long periods and be able to lift 15 KG. No experience is necessary, \$12.65 per hour. Fax resume to 604-796-3643.

The Employment staff will be able to fax for you, please come into the office when you are interested in applying for this position.

The employment services that are provided at Seabird Island are funded by SASET through an agreement with Service Canada. First Nation people who are status/non status, live on/off reserve and Inuit individuals who seek employment services are welcome to access these services.

classifieds **Comic**

You May Be Luckier Than You Think

What if no one wants to publish my book? I envy published writers & illustrators. They have it made.



What if my book gets bad reviews or people don't buy it? I envy bestselling authors & illustrators. They have it made.



What if my second book doesn't sell as well as my first? I envy established authors & illustrators. They have it made.



What if people get tired of my books? Publishers want new talent. I envy hopeful newbie writers & illustrators. They have it made.



©2010, 2018 Debbie Ridpath Ohi. URL: Inkygirl.com. Twitter: @inkyelbows.

Halq'eméylem Word Search

| | 1 | • | | | | | | | | | | | | |
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| W | Х | L | L | , | Т | L | W | S | Е | Е | L | Q | Т | Í |
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Words:

ALÍLIYEM – LAUGHTER LÁXEL – FISHING SPOT ST'EMT'ÉM - CAUTIOUS Q'Á:L – MOSOUITO ST'ÉX - FORK IN THE ROAD ST'ÍWIYELH – PRAYER SQWÁ:LEWEL - THOUGHTS, **FEELINGS** SP'ÉLXWEM – LUNGS ÁXE – CANADA GOOSE QE'ÓLEQ – FRIEND, BUDDY ÁTL'QEL - TO GO OUTSIDE, GET **OUTSIDE ÁLEWEM – TO STAY HOME** KWIMELÉSTEM - TO BLUSH QELWÍ:ST - TO HUG HIM WÁYELES – TOMORROW QÉLQWLHA - HOW BEAUTIFUL! Q'ELTÓLÉSTEXW – MIX THEM UP **Q'ÉP – GATHER TOGETHER** SHXWÚXWE – AMBITIOUS STOLŌÁLÁ – RIVER BED



July / Temqwa:

"Making Music, birds sing"

Cancer

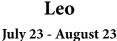
June 22 - July 22

Key characteristics: Integrity, honest, generous, family and home orientated.

Flower: Acanthus

Birthstone: Ruby







Key characteristics: strong-minded, firm and definite, determined, empathic and loyal.

Flower: Gladiola

Birthstone: Periot

Quote of the Month:

"You miss 100% of the shots you don't take." Wayne Gretzky

by: Zorana Edwards-Shippentower

ADVERTISING RATES

PRINT AD RATES PER ISSUE

300+ hard copy production 800+ e-mail production average 1,300 reads on Seabird website.

Front Page Colour: limited availability 1/4 pg banner (8"x2.5") \$40

| 2.5"x3" | , | \$25 |
|--------------------------|----------|-------------|
| | Colour: | Grey-scale: |
| 8"x10" | \$135 | \$37.50 |
| 8"x5" or 10"x4" | \$65 | \$25 |
| 3.8"x5" | \$32.50 | \$17.50 |
| 2.5"x3" | \$20 | \$12.50 |
| Classified Advert | isements | |

.40¢ per word \$4.00 Minimum

DIGITAL DISPLAY AD RATES

| Weekly Rates | 15 sec | 30 sec | 60 sec | | | |
|----------------------------------|--------|--------|--------|--|--|--|
| Full Screen | \$20 | \$40 | \$50 | | | |
| Banner | \$10 | \$20 | \$30 | | | |
| Diaital advertisements will play | | | | | | |

no less than 5 times a day.

PACKAGES

| Starter | Premium | Starter |
|------------------|------------------|------------------|
| 1/4 page colour | 1/2 page colour | Full page colour |
| 30 second Banner | 30 second Banner | 30 second Banner |
| \$60 | \$100 | \$140 |

DISCOUNTS AND FEES: Only one discount may be applied /order.

| Band Member | -35% |
|----------------------------|-------------|
| Non-Profit | -10% |
| 3 month term | -25% |
| 6 month term | -35% |
| Design & Layout (additiona | al) \$40/hr |
| Flyer Insert (furnished) | \$20 |
| Returned Cheque | \$35 |
| Late Fee | +3% |

Fees are not for profit and help us produce this newsletter.

DEADLINES

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

AVAILABILITY

Twice a month. The 15th of each month (or closest business day) and the last business day of each month. .pply for email distribution or pick-up at the red community newsletter boxs.

CONTACT US

Have an ad or story idea? Email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

Advertising sales and design: Sandra Bobb 604-796-6838 or email sandrabobb@seabirdisland.ca

Editing Team: Sandra Bobb, Lori Burns, Zorana Edwards-Shippentower, Pearl Penner, Kristy Johnson, and Phaine Wegener (on-leave)

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

◀18▶

OPTOMETRY CLINIC

Book now for the next clinic dates: TBA

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday 8:30 a.m. – 5:30 p.m. **Closed Fridays**

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

BUILDING BOOKING

AND MEETING ROOMS

To book the Band Office gymnasium, boardrooms and Millennium Hall, please complete a Rental Form. Forms are available at the Office.

Contact Angie Chapman 604-796-2177.

FIELD LIGHT BOOKING

- ▶ \$2.⁵⁰ for Band Members and
- ▶ \$8.50 for Non-Band Members.

Contact Angie Chapman 604-796-2177.

VOLUNTEERS REQUIRED

Would you like to help during events with set-up, clean-up, cooking, decorating or child minding?

Contact Angie Chapman 604-796-2177.

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m. Now recruiting new members.

Contact the Fire Hall 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

BABIES ID CARDS

Apply for a medical care card as soon as possible.

Contact Maggie Pettis 604-796-2177.

Apply for Status Cards as soon as possible.

Contact Carol Hope 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF

COMPOST, RECYCLE and GARBAGE: Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request.

If you need a **bin dropped off** for your major cleaning please submit your request in writing, there is a long wait-list.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

PRINTING SERVICES

Graphic Communications provides the following paid services:

- Printing/copying services
- Status card photography
- Lamination
- Advertising and more

Contact Sandy Bobb 604-796-2177.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.

Contact Maggie Pettis 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Sandy Bobb or Kristy Johnson at 604-796-2177.

SEABIRD CHURCH

Mass: July 8 & 22 11 a.m. - 12 p.m.

Prayer Circle: TBD

Contact Deacon Jamie 604-491-3053 or 604-615-5677

EMERGENCY / SECURITY

EMERGENCY 911 GRIFFIN SECURITY 604-703-0888

AMBULANCE BILLS

Classifieds

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance Billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

Need to apply for a new medical card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their medical cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Maggie Pettis 604-796-2177.



and prosecuted to the full extent

of the law.

By order of Chief and Council

Chief and Council assert there is to be no

If you get a questionable person knocking

on your door you do not need to let them

in. You have the right to close the door and

contact the RCMP. There is an open file at

Community safety is a Chief and Council

priority. Please contact us if you

have any concerns.

solicitation of any sort. Visitors need

solicit door to door.

the RCMP.

permission from Chief and Council to

JOB POSTINGS

Teacher on Call

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

Music Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. Music Teachers provide instruction in music performance and theory. Teachers can specialize in only one instrument or instruct on a range of different instruments.

Kindergarten Teacher

Seabird Island Community School is seeking to fill the position of a K4 teacher. We believe that kindergarten readiness requires indicators of success in social, emotional, physical, spiritual and cognitive domains. It also requires a prepatory information plan prior to admission to the formal kindergarten program to achieve the greatest success possible for each student.

Cultural Coordinator

Reporting to the Director of Education, the Cultural Coordinator will assist with the development and delivery of cultural community projects and programs that integrate traditional teachings which balance the mental, emotional, spiritual and physical aspects of culture acquisition for Seabird Island Band. The Coordinator will ensure that all Band programs and ventures remain culturally relevant this is especially important during celebrations and ceremonies.

Aboriginal Coordinator

Under the direction of the School Principal, this position is responsible for supporting, coordinating and contributing to education, training and services focused on Aboriginal learners, organizations and communities as well as other specific aboriginal activities. The coordinator works across the school in collaboration with Administration, parents, communities and students to promote attendance, student success, program completion and community relationships. The coordinator also has a significant role in parent engagement to foster learning approaches and outcomes reflective of School Literacy and Numeracy Programs, Aboriginal cultures and history and the Institute's program graduates' core competencies.

Grade 7 Teacher

We believe that a strong literacy and numeracy program that nurtures children's curiosity gives them the tools to successfully transition into high school from middle school. We are in search of a kind, patient, focused educator who understands student's motivations, encourages students to take calculated risks and has high expectations of our students.

Learning Assistance Teacher

We believe that all children can learn, are capable and resilient. Our Learning Assistance/ Special Education teacher will have high expectations and constantly refine instructional practices to improve student outcomes. We strive to be a trauma informed school and our LA teacher is a critical part of our team helping to in an ideal position helping to create a safe, calm and loving environment within which all students can thrive.

Certified Dental Assistant Clinical Counselor

Greet and prepare patients for dental exams and procedures. The CDA will be trained to use a variety of dental equipment and they will assist the Dentist during dental and oral procedures and instruct patients on post-operative and general oral health care. This position will also be responsible for maintaining dental equipment, sterilizing instruments and ensuring necessary items are stocked and managing day-to-day office operations.

Many Voices One Mind Coordinator

A network of Aboriginal Early Childhood Development service providers from across the Fraser Region that works to achieve its vision by advancing common knowledge, shared experience and open communication amongst participating agencies across territories. Maximum of 35 hours per week, may involve days/evenings/weekends work. Must be willing to work a flexible schedule depending upon duties required.

Manager - Employment & Social Development

Under the direction of the Health and Social Development Director, the Employment and Social Development Manager (ESDM) will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management. Programs (with their sub-programs) under the care and supervision of the ESDM include:

- Employment and Training Services
- Income Assistance (Basic Needs, Shelter, Special Needs, Child out of Parental Home)
- Social Development (including the Food Bank and Clothing depot)
- Seabird Island Driving School

Registered Nurse

Under the direction and supervision of the Health Director, the RN shall provide care, leadership and expertise, in accordance with Band policies. Specifically the Nurse is responsible for ensuring that timely health services are provided to all families that Seabird Island Health Programs serve. As with all positions with in the Health Department, the RN will be expected to support the success of other Health programs. This may include supporting Home and Community Care and providing other Nursing services in general.

Supported Child Development Program Consultant

Under the supervision of the Supported Child Care Supervisor, Supported Child Development Program Consultant will provide front line support to children with extra support needs to assist them to fully participate in a child care setting.

Daycare Supervisor

The Daycare Supervisor assumes responsibility for the day to day operation of the Child Care Centre. This includes providing a safe, welcoming, culturally rich and educational early childhood development environment. The Supervisor is responsible for program planning, working effectively with staff, families and children, connecting with the community and ensuring adherence with licensing requirements. The Supervisor is responsible for providing leadership in keeping with the philosophy of the Early Learning and Child Care Program at Seabird Island.

At Seabird, we are proud of our rich culture that has been passed on to us from our elders and previous generations. We promote/organize many activities that help create awareness, understanding and respect of our culture. Speaking in the Halq'émeylèm language is one of many cultural activities that happens at the Daycare Center. The Daycare Supervisor is expected to respect the culture by participation and appreciation of all such activities.

SWEP Opportunity - Administrative Assistants

Responsible for taking care of the essential everyday tasks like filling, record keeping, report preparation, scheduling and data entry.

Residential Support Worker

The role of the Residential Support Worker is to support residents struggling with substance use issues possible to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

HR Generalist

The Human Resources (HR) Generalist is responsible for providing front-line support to Supervisors, Managers, and Employees in assigned departments/programs. These duties will typically focus around Full-cycle Recruitment, Employee Relations, Disability/ WSBC Case Management, Training/ Development, Performance/Attendance Management and Administration. The Generalist will also be expected to provide administrative support to the HR Manager and the HR program as a whole

Administrative Team Lead

The Administrative Team Lead is responsible for the effective management of the administration team and the smooth running of systems, processes and functions within the Public Works, Housing and Custodial Department. Responsibilities will include providing administrative support to the Department Management Team and act as a communications' liaison on an inter-departmental level. Strengthening the administrative functions necessary to provide outstanding financial reporting; data entry; quality customer service for the Public Works, Housing, Custodial and Fire Department; Capital Project assistance and oversight; and security functions for Seabird Island Band. This position will help the department perform efficiently and effectively by sustaining required service quality levels.

Building Maintenance Assistant

Assist the most complex and skilled building maintenance work and provides technical maintenance work. The Building Maintenance Assistant will support the Lead Building Maintenance worker repair buildings and facilities, installation and repair of electronic and mechanical equipment. This position is responsible for the effective and safe use of available materials and equipment. The employee is required to operate and maintain power tools, drive vehicles, climb ladders and perform physical activity. This position may require sufficient physical ability and mobility to work, stand and sit for prolonged periods of time. Worker must operate with a minimum of direct supervision. Regular attendance is required for this position.

Executive Assistant, Admin (Temp)

Under the direction of the Administration Director, the Executive Assistant shall provide administrative and executive secretarial duties in support of the Director. This position assists with all matters of an immediate, administrative and task oriented nature.

General Applications

While uploading your resume, mention the position you are interested in, next to your name. If you don't see a job opening matching your profile on our website then you can apply under the General Applications Category.

Please ensure you have received confirmation for your online submission.

Job postings are also available at the Band Office and the Employment Office. If you have not received confirmation, email: humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



The Ride to Conquer Cancer Presented by Wheaton Precious Metals benefiting BC Cancer Foundation turns 10 in 2018. The last decade has seen many cancer care breakthroughs and countless lives saved, which are successes that impact all British Columbians!

The ride has about 2000 riders, cycling about 100km each day all raising over \$2500 each. Since 2009, the Ride to Conquer Cancer has raised over \$85 million for the BC Cancer Foundation.

This year, the event is following an all-new route through the Fraser Valley and will be coming through Seabird Island on August 26, 2018 with a lunch stop at the Seabird Island Community School.





