



# Rural Health Awards Honour Local Health Heroes

On June 2<sup>nd</sup> the Rural Coordination Centre (RCC) of BC honoured the District of Sicamous and four BC Rural doctors with Lifetime Achievement Awards.

- **Dr. Robert Fox** from Seabird Island,
- Dr. Trina Larson-Soles from Golden,
- Dr. David May from Powell River and
- Dr. Charles Helm from Tumbler Ridge.

The RCC of BC Executive Director, Dr. Ray Markham, said: "The community and physicians we are honouring with these 2023 awards have gone above and beyond to ensure people have access to the healthcare they deserve. Alongside the people who live in these communities they serve, we are incredibly grateful for the contributions they have made and will continue to make."

**Photo:** Lolly Andrew, Dr. Fox and Liz Point at the awards ceremony.

More details on page 2.

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# Diabetic Lab Day

Thursday, July 13th, 2023

# Health Fair & Sq'éwqel Days

Wednesday, July 19th, 2023 10 a.m. - 4 p.m.

# **Band Quarterly Meeting**













# Award of Excellence in Rural Medicine - Lifetime Achievement: Dr. Robert Fox

A physician who has a lasting impact on a number of Indigenous communities in the Fraser Health region by offering consistently excellent, and culturally safe primary care services was honoured with a Lifetime Achievement Award.

Dr. Robert Fox, who grew up on the Blood Reserve in Southern Alberta, began working with the Seabird Island community – near Agassiz – in 2007. Within two years, the warmth of the community's embrace won him over and he moved his family to the area.

His impact was immediate. His approach to seeing Community Members demonstrated a knowledge of the cultural challenges his patients face, while providing individualized care and treatment in a friendly, welcoming manner.

But Dr. Fox saw an opportunity to make an even bigger impact, and he took it. He returned to UBC to complete his credentials as an addictions physician. Community Members believe his efforts have helped to reduce deaths and overdoses from opioid use, and other toxic substances.

Dr. Fox's contributions go beyond Seabird Island. Alongside his team, he has committed to providing access to primary care for any Indigenous person residing between Yarrow and Boston Bar; inclusive of the 22 Indigenous communities in the region.

Dr. Fox has provided a bridge to help fill the gap in understanding between medical practitioners and the Indigenous patients they serve. He has started local diabetes, mental health, team-based care, and medical education initiatives. He has been a force for provincial policy and clinical practice development.

















# New affordable homes coming on reserve for Seabird Island Band Members

The Minister of Housing visited Seabird to review the funding agreement for new affordable homes coming to Seabird. One being the Elders complex and the other the family complex, in total around 30 homes. The event started with a large group of Seabird Island Community School students drumming and singing. The group was impressive, and they all did an excellent job.

Chief Jim Harris stepped up to speak on the importance of this funding as it has been a few years since Seabird received housing funding for new homes, and our housing wait list has around 80 families waiting for homes. Chief Jim thanked the Minister of Housing and Chuck McNeil for their work to make this possible.

Ravi Kahlon, Minister of Housing, replied stating it is well overdue and a great starting point for affordable housing in BC. He looks forward to seeing the finished product and to working with Seabird on other housing projects in the future.

Written by Sandra Bobb



# **News Release**

Agassiz, Friday, June 9TH, 2023 10:15 AM

The Province is partnering with the Seabird Island Band to build 34 new affordable homes on reserve for Band Members, including families, Elders and people living with disabilities.

"These homes will help more Band members live affordably and close to their family, community and culture," said Ravi Kahlon,

Minister of Housing. "Our government will continue to work with Indigenous organizations and First Nations throughout the province to build the homes that Indigenous families need and at prices they can afford."

The project will include two buildings with a mix of one-, two- and three-bedroom homes. One building will have 12

Continued page 4



accessible homes for elders and people living with disabilities, and the other will be a three-storey building with 16 apartments and six town-homes for families, single parents and people with low incomes.

"We are very pleased to see this project approved for funding," said Chief James Harris, Seabird Island Band. "This project will make an impact on overcrowding issues in our current homes and will provide accessible living spaces for our Elders and others with accessibility needs. It will also offer low-income housing close to our community core and our health, education, and community services. Housing is a long-standing issue for First Nations across Canada, and Seabird is no exception. Seabird works hard to help people build their own homes, but that is not an option for many of our low-income families. We are thankful for the continued partnership with BC Housing."

The development will be built at the intersection of Pípehò:m Road and Steqoye Road, and it will be within walking distance of the Band's office and the community's health-care, education and cultural centres. These include the Seabird Health Centre, the Early Childhood Development Centre and the soon-to-be developed Seabird Community and Cultural Centre.

The Province is providing \$20.6 million to the project. Construction is expected to begin in March 2024.

Seabird Island is in the upper Fraser Valley, three kilometers northeast of Agassiz. It is a self-sufficient First Nations community that has jurisdiction over its own K-12 education, provides health care both to its own members and those of the neighbouring First Nations, and promotes a healthier, self-governing and unified way of living.

"This announcement marks the start of another important housing collaboration between our government and First Nations communities in the province," said Kelli Paddon, MLA for Chilliwack-Kent. "Our government will continue

to work with Indigenous Peoples to build affordable housing that can ease the burden on elders, members and families."

The project is part of a \$19-billion housing investment by the B.C. government. Since 2017, the Province has delivered more than 76,000 new homes that have been completed or are underway, including more than 500 homes in the Chilliwack-Kent region.

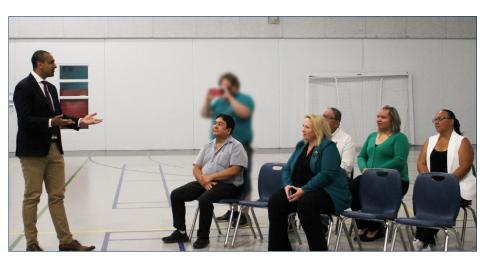
# **Quick Facts:**

- The Halq'eméylem name for the Seabird Island reserve is Sq'éwqel, which translates to "turn in the river."
- The English designation of Seabird Island is derived from the June 1858 grounding of the transport paddle-wheeler Sea Bird on an island bar in the Fraser River across from Sq'éwqel.

# **Learn More:**

To learn about government's Homes for People action plan, visit: <a href="https://news.gov.bc.ca/releases/2023HOUS0019-000436">https://news.gov.bc.ca/releases/2023HOUS0019-000436</a>

To learn about the steps the Province is taking to tackle the housing crisis and deliver affordable homes for British Columbians, visit: <a href="https://workingforyou.gov.bc.ca/">https://workingforyou.gov.bc.ca/</a>



# WATER RESTRICTIONS

IUNE 1<sup>st</sup> – Until Further Notice

# Lhqó:le – Conserving Water Matters

# WHY WE NEED TO CONSERVE WATER

- Seabird Island has limited water tower capacity.
- Using less water saves energy and money and conserves supply.
- It is good for the environment.
- We need to ensure we have water in case of a fire.

LAWNS - Permitted watering once a week ONLY.

POOLS – Must have a chlorine system. Do not repeatedly empty and refill.

CAR WASHING - Permitted washing once a week ONLY.

GARDENS - Water as needed, however... Watering in the high heat of the day, the water evaporates, and you need more for your plants to be able to absorb the water. Please limit watering your gardens too early in the morning (before 9 a.m.) so you can use less and get the most out of the water you give your gardens.

Seabird Island Band wants to conserve water and to help, we are asking the Community Members to do their part. One step that the community can take in conserving water this summer is to stop emptying out pools and refilling them, when pools are emptied and refilled too often it takes a toll on Seabird Island's water system.

TIPS ON WOTER CONSERVATION Use a water Find and Take a efficient repair quick flush toilet. Avoid wasting Convert to Use an energy water and running water efficient as possible. energy saving washing machine. faucets. Water plants Clean driveways during the coolest and sidewalks with a broom instead of

As a community, when you conserve water, you ensure that there will be enough for everyone in your community to use. Conserving as a community can make sure that your community has access to food and clean water for drinking, cleaning, hygiene, and sanitation in daily life.

We are all needed to safeguard our community, environment, and future generations. Together, we can all make a difference.

**For more information:** 604-796-2177 or lands@seabirdisland.ca

J. Adams & Sons Ltd will provide free water bottles to collect your pool water and do free sampling. They will also provide professional suggestions on how to care for your pool without emptying it out and refilling it all the time.

# J. Adam & Sons Ltd.

Address: 8645 Young Road, Chilliwack, BC V2P 4P3

Phone: 604 792- 5151

Hours:

Monday - Friday 8 a.m. - 5 p.m. Saturday 9 a.m. - 4:30 p.m.

Sunday Closed









# National Indigenous Peoples Day (NIPD) Celebrations at Seabird Band Office

June 21<sup>st</sup> from 10 a.m. - 3 p.m. in the Seabird Band Office Gym, the community gathered to celebrate NIPD.

The J&R Bannock wagon was on hand serving Indian Tacos for lunch. There were weaving demonstrations and performances by the Sasquatch Dancers. The Sq'éwqel Development Corp and Nations Creations was also on site promoting their Stó:lo Youth Entrepreneurship Initiative.

For generations, Indigenous communities have celebrated their culture and heritage on June 21<sup>st</sup>, around summer solstice, the longest day of the year. Summer solstice is an important day

celebrated to give thanks to the sun and the bounty it provides by nurturing Mother Earth and the support it provides for growth. Today it is also a day to celebrate culture, heritage, and resilience and to proudly share it with all of Canada.

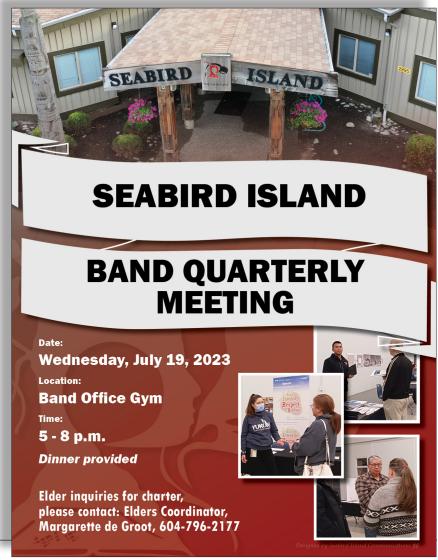
National Aboriginal Day, now National Indigenous Peoples Day, was announced in 1996 by then Governor General of Canada, Roméo LeBlanc, through the Proclamation Declaring June 21<sup>st</sup> of Each Year as National Aboriginal Day. Some provinces celebrate this day as a Statutory Holiday and others as a day of observation.

Written by Sandra Bobb











# SICS - SD33 Cultus Lake Regatta

One June 21st the Seabird Island Community School and School District 33 celebrated National Indigenous Peoples Day at Cultus Lake with a canoe regatta and a hamburger lunch prepared by Chef Phil from the Seabird College.

paddle water-crafts including a single man canoe, 2 man canoe, 6 man clipper, OC6 outrigger canoe, as well as kayaks and









paddle boards. The Fraser Health Authority was on hand providing information to the students and the RCMP were in boats on the water helping to monitor and supervise safety.

Written by Sandra Bobb







# (Seabird.

# \*Congratulations to the Lal



Joshua Giroux-Natrall



**Donald Hulbert** 



Michelle Hulbert



**Madison McNeil** 



Marina Nickel



Alison Peralta



Muskqua Peters



Declan Redekop

Island Community School)

# me'Iwesawtexw Graduates CLASS OF 2023



**Bryson Stevenson** 



Tashauna Stratichuk



Claire Wright







# May 5th PAC Night

What a great turn out for the first Family PAC night! On May 5<sup>th</sup>, laughter and the sound of kids having fun filled the air as everyone gathered. There was great food, crafts, and of course, awesome movies.

The students' feeling valued, comfortable and happy within the school are top priority. The Parent Advisory Committee hopes that by having events such as this one, families and staff can build stronger relationships. Through these

connections, things like attendance, grades, self-confidence, and overall teacher/student and student/student relationships can continue to improve. Children their success, happiness, and wellness can, be one of our greatest achievements through working together.

If you are interested in joining the Parent Advisory Committee? Please reach out because we would love to have you! Everyone's input is valuable. The more ideas to support and advocate

for children, the better. Meetings take place once a month, either in person or over Zoom Please join to share your thoughts, knowledge, or experiences.

On behalf of the Parent Advisory Committee, we would like to wish all the students and their families a safe fun filled summer! We hope to see you again in September!

# **Grade 6 Science Inquiry Project**

The grade 6 students had a visit from one of the astrophysicists on the Harvard team who took a picture of the very first black hole. He showed them a news clip of himself and his team, about their discovery and then answered student questions. The students had so many wonderful questions that he was answering them for about 45 minutes.

Afterward the students were required to complete an inquiry space project. They chose a topic about space that they were interested in, and asked and answered questions about their topics. Then, they put their findings into PowerPoints and made posters. The students worked very hard on their projects.

# Way to go Grade 6!

Written by Heidi Tiede



# **Grade 11 Workout Routine**

We are the grade 11 students that attend the active living 11 class and we have been learning about physical fitness. We have been doing this by following many exercise routines using the new equipment around the track by the Band Office. We have found this an easier way to exercise once we have learned how. We wanted to share our plan with the community so that you can get involved too. This program can lead you to a healthier lifestyle.

# **Exercises**

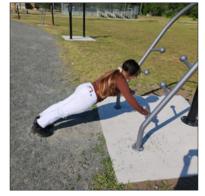
- 1. Step-ups
- 2. Incline rows
- 3. Push-ups
- <u>'</u>
- 4. Leg Rise
- 5. Sit ups
- 6. Run

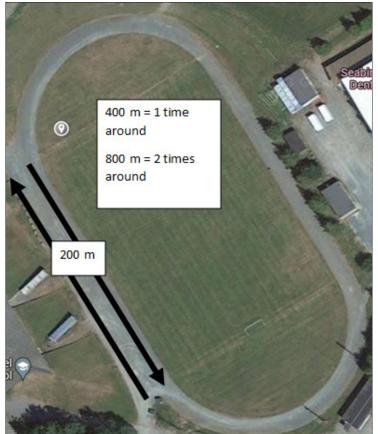
Chin-up station was not used.

# Beginner Do this 1-2x.

10	ste	p-u	ps
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- 10 incline rows.
- 10 push-ups.
- 10 leg raises.
- 10 sit ups.
- 200 M run

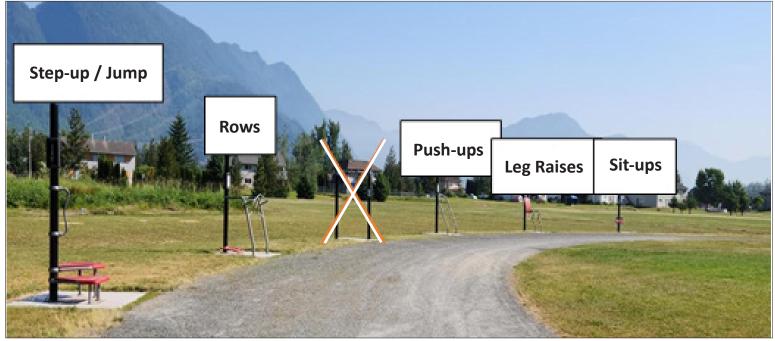




Intermediate do this 2x.		
15 step-ups/jumps		
15 incline rows.		
15 push-ups		
15 leg raises		
15 sit-ups		
400 M run		

Advanced do this 2-3x	
20 step-ups/jumps	
20 incline rows	
20 push-ups	
20 leg raises	
20 sit-ups	
800 M run	





# **Community Events Calendar ~ Temp**

	CO	minumity Events Cale	nuar remo
(S) S <u>x</u> e <u>x</u> lhat	(M) Yila:welhát	(T) Sthémelts	(W) Slh
	Doctor's Office is by appointment only. Please call ahead for an appointment.		
	Dental Office is urgent/emergency appointment only. Please call ahead.		
	Fire practice is canceled until future notice.		
	Garbage day, has not changed unless notified (2 bags per house hold please).		
	notified (2 bags per house hold please).  Recycle day, No longer accepting blue bags.		
	Use blue bins please.		
	2 🥡 3	<b>₽ ₽ 0 1</b> 4	
			Major Garbage Pick-up Register w/ Public Wor
Sts'ailes Church	• Meals on Wheels 5 - 6 p.m.	Council Executive Committee Meeting	• Meals on Wheels 5 - 6 p
	9 10	The state of the s	
Seabird Church	• Meals on Wheels 5 - 6 p.m.		• Meals on Wheels 5 - 6 p
1	6 7 17	18	
			Customer Service Train 2895 Chowat Rd.
			• Health Fair & Sq'é (OPEN HOUSE) in the Health wing of Band O
	• Customer Service Training 8:30 - 4:30 p.m. 2895 Chowat Rd.	Customer Service Training 8:30 - 4:30 p.m.     2895 Chowat Rd.	• Band Quarterly Me (OPEN HOUSE Style) Gym 5-8 p.m.
Sts'ailes Church	Meals on Wheels 5 - 6 p.m.	Chief & Council	• Meals on Wheels 5 - 6 p
2	3 7 24	25	
	• First Aid Level 2 8:30 - 4:30 p.m. 7201 Vedder Rd.		
Seabird Church	Meals on Wheels 5 - 6 p.m.		
3	0 = 31		• First Aid Level 2 8:30 -
			7201 Vedder Rd.
Sts'ailes Church	• Meals on Wheels 5 - 6 p.m.	• First Aid Level 2 8:30 - 4:30 p.m. 7201 Vedder Rd.	<ul><li>Income Assistance Day</li><li>Meals on Wheels 5 - 6 p</li></ul>

wá:l ~ "Mosquito time" ~ (July) 2023

wa:  ~ "//	losquito time" ~ (July)	2023	
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В	Diabetic Lab Day July 13 <sup>th</sup> , 2023  reginning at 8-10 a.m.  There will be light breakfast following, for those who take part in the Elders Lounge  (Depending on which blood work you are requesting, you may be required to fast)		Canada Day
5	6	7	8
8 a.m. ks .m.			Possession & Acquisition License Program Main Boardroom 10 a.m 6 p.m.
.m.	• Diabetic Lab Day, Elders Lounge 8 - 10 a.m.	• Income Assistance Renewal / Job Search	15
ing 8:30 - 4:30 p.m.  wqel Days, field in front of the ffice 10 a.m 4 p.m. eeting, in the Band Office	• Optometry Clinic 9 - 6 p.m. • Customer Service Training 8:30 - 4:30 p.m. 2895 Chowat Rd.	<ul> <li>Optometry Clinic 9 - 6 p.m.</li> <li>Customer Service Training 8:30 - 4:30 p.m. 2895 Chowat Rd.</li> </ul>	22
26 4:30 p.m.	• First Aid Level 2 8:30 - 4:30 p.m. 7201 Vedder Rd.	• First Aid Level 2 8:30 - 4:30 p.m. 7201 Vedder Rd.	29

# **Brott Music Festival**

Gage Sippel is a 23-year-old tubist from Seabird. He began playing tuba in his high school band which led to a strong interest in music. After graduating from high school, he studied at the University of British Columbia School of Music under Peder Maclellan, principal tubist of the Vancouver Symphony Orchestra. Gage completed both a bachelor's in music performance in 2021, and a diploma in music performance in 2022 from the UBC School of Music.

Gage is currently in the process of completing his master's degree in music performance at the Indiana University Jacobs School of Music where he studies under famed tubist and pedagogue Daniel Perantoni. At IU, Gage has performed with the IU Philharmonic, the IU University Orchestra, and the IU Conductor's Orchestra. Gage has also performed with other ensembles such as the Vancouver based Symphony 21, and the Canadian Forces Naden Band.

Submitted by Laura Harris







# **Annual Education Awards**

Seabird hosted its annual Education Awards Ceremony June 22<sup>nd</sup>, 2023, celebrating all Seabird Band Members education achievements in the 2022-2023 school year for all schools. This includes; Elementary, High-school Honour Students & Graduates, College Graduates and other special awards.

This was an awesome evening filled with positivity, proud parents and grandparents, and even prouder recipients. Before the awards started we began with a fantastic meal of lasagna (vegetarian and meat based), salads and more provided by Lori's Catering.

The awards ceremony started with adorable kindergarten students, and worked its way up to grade 12, then the graduates and post-graduates. Each of the graduates was also gifted with a blanket.

# Post-Graduates 2023:

Angelica Daglis – Bachelor of Arts in Social Work

Isabella Forseth – Global Fashion Marketing Diploma

Michael McNeil-Bobb – Electrical Construction Certificate

Cristin LaFortune – Bachelor of Education in Indigenous Languages

Raven Joe - Addictions Worker Diploma

Renee Angus – Medical Office Assistant Certificate

Darian Pike – Heavy Mechanical Foundation Certificate

Tatianna Flippin – University One for Indigenous Learners Certificate

Vanessa Spooner – Medical Office Assistant Certificate

Agassiz schools were also in attendance and participated in the receiving line, congratulating all the graduates. I envy Marcie, last in the receiving line, as she managed to get a hug from everyone who received recognitions.

The door prizes were awesome, with many in attendance receiving one. Each table was also able to take home the floral arrangements of roses.

Written by Sandra Bobb

























# **2023 Wildfire Prevention and Preparation**

"Fire season has started — and with a vengeance. The repercussions on communities, residents, and businesses from the fires affecting various areas of British Columbia are becoming increasingly evident and it is expected to get worse." Says the British Columbia Economic Development Association.

Remember in the event of an emergency, please follow the Seabird Island Facebook page at <a href="https://www.facebook.com/SeabirdIslandBand/">https://www.facebook.com/SeabirdIslandBand/</a>

**NOTE:** Information supplied door-to-door may be limited to specific areas of Seabird and based on individual situations.

Only rely on the official Seabird Island Facebook for complete, trusted and accurate information.

You can also find up to date information on the Seabird Island Website Notices page <a href="https://www.seabirdisland.ca/notices-2023/">https://www.seabirdisland.ca/notices-2023/</a>.

# **Prevention:**

Wildfire prevention is about more than stopping human-caused wildfires. It can happen at home, in the backcountry and through collaborative fire and fuel management. Everyone has a role to play.

There is a Fire Ban in Effect throughout most of the province including Seabird Island and the Fraser Valley. This means NO fires of any kind until the fire ban is lifted this fall.

Prepare your home for the possibility of a wildfire.

Continued on the following pages



# **PREPAREDNESS:**

Have a plan. Discuss with family members, even the kids, every detail of the plan including where you will go in an emergency. This means where you plan to evacuate to so you can meet up in case you get separated or evacuated from different locations. For example, you are at work in one location, and your spouse or children are in another location, would you all know where to meet? Would your kids know who could be picking them up if you are not available?

Collect all	your imp	oortant i	nformation:
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**BC Wildfires NEW FireSmart mascot.** Smokey the Bear retired in 2022, meet **Ember the FireSmart Fox**, named so because it only takes an Ember to start a wildfire.

Your Home	r Home Address:			List Workplace							
Your Mailing Address:			Name	Workplace		Address		Phone / Email			
Your Home I	Your Home Phone:										
List your far	nily men	nbers, and	their deta	ils:							
Name	Pho	ne/Email	Health #		Med. Needs	List your Ho	me/Build	ings & Ut	ilities (land	dlord,	hydro, gas,)
						Name		Phone/Er	nail	Acc	ount #
List your He	alth Care	e Providers	S (Doctor, c	lentis	t, specialist,)						
Name		Role		Pho	one / Email	List Insuran	ce Provid	ers			
						Name		Phone/Er	nail	Acc	ount #
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						Name		Phone/Er	nail	Rela	tionship
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Name		Address		Pho	one / Email #	Where		Phone/Er	mail	Add	lress
						Emergency	Meeting	olace far f	rom home	:	
					<b>.</b>	Where		Phone/Er	nail	Add	lress

# Create an Emergency / Grab-and-Go Kit

A grab-and-go bag is a small emergency kit that's easy to take with you, in case you need to leave right away. Preferably you will have a bag for each family member - which makes your complete kit. It is also a good idea to make additional ones to store at your workplace and in your vehicle. Having one in the vehicle is important, because you may not be able to get home or could get stranded on side of the road trying to get home.

Put supplies in one of two containers, such as duffel bags or plastic bins. Store them in an area of your home that's easy to get to, such as a hall closet, spare room or garage.

# Include:

- Non-perishable food: minimum three-day to one-week supply (per person), with a manual can opener.
- Water: four litres per person, per day for drinking and sanitation .
- Phone charger, battery bank or inverter.
- Radio; battery-powered or hand-crank.
- Flashlight; battery-powered or hand-crank.
- Extra batteries.
- First-aid kit and medications.
- Personal toiletries and items, such as an extra pair of glasses or contact lenses.
- Copy of your emergency plan (see previous page).
- Copies of important documents, such as insurance papers and identification.
- Cash in small bills.
- Garbage bags and moist towelettes for personal sanitation.
- Seasonal clothing, sturdy footwear and emergency blanket.
- Dust masks.
- Whistle.
- HELP/OK Sign: Display the appropriate side outward in your window during a disaster.

# Immaculate Conception, Seabird Island and Our Lady of Fatima, Sts'ailes Schedule of Homilist 2023

Date	Community	Homilist	Celebrating Priest
July			
2	Sts'ailes	D Meskas	
9	Seabird	Father Giovanni	Father Giovanni
16	Sts'ailes	D Meskas	
23	Seabird	Father Giovanni	Father Giovanni
30	Sts'ailes	D Meskas	

These kits are not only good for wildfire season but also for the winter, earthquakes, floods. Who knows what emergency they could come in handy for. *Planning ahead is imperative!* 

"Pray for the best, prepare for the worst, and expect the unexpected."

Remember to update your kits at least every 6 months to ensure your food and batteries are not expired.

Store copies of your plan (listed in the previous page) in your main kit and in each family members Grab-and-Go-Bag, sealed in a dry container, protective bag or laminated.

If you are ever asked to evacuate in an emergency, please remember to turn off your Electrical Panel and Gas Valve to further protect your home in your absence.

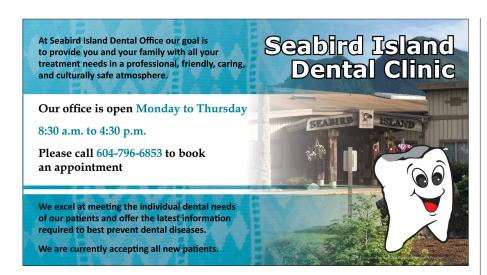
Compiled & Written by Sandra Bobb

# More information can be found at:

https://www2.gov.bc.ca/gov/content/safety/ emergency-management/ preparedbc/make-yourplan







# FIREARM POSSESSION AND ACQUISITION LICENSE (PAL) PROGRAM

As part of the Seabird Island Land-Based Camp (Duck & Goose Camp), SqDC has five (5) spaces available for any Seabird Island Band members interested in obtaining their PAL at no cost.

# Registration for this course is on a first-come, first-served basis.

This is a one-day (8 hour) course covering the following topics and a written exam.

- The evolution of firearms, major parts, types, and actions
- Basic firearms safety practices
- Ammunition
- · Operating firearm actions
- Safe handling and carry procedures
- Firing techniques and procedures
- Responsibilities of the firearms owner/user; and
- Safe storage, display, transportation, and handling of non-restricted firearms

When: July 8, 2023

Where: SIB Main Boardroom

Time: 10 am - 6 pm

Requirements: 18 years and older Complimentary lunch included.

ONLY 5 SPOTS ARE AVAILABLE

**VALUED AT \$190** 

Scan the QR code to complete the registration form online before June 20



# **Housing Wait List**

	<u> 1 Bedroom</u>
1	05272022-5066
2	01262021-5054
3	06042018-6018
4	11252022-7090
5	12062022-7091
6	01172023-7093
7	02092023-7096
8	02132023-7097
9	02222023-7098
10	03012023-7100
11	03032023-7101
12	05022023-7105
13	05262023-7107
14	06162023-7018

	<u> 2 Bedroom</u>
1	12102018-6014
2	12032018-5026
3	12272019-5042
4	06172019-5037
5	01072020-7031
6	11022020-5051
7	01072020-6024
8	11152018-6022
9	12232020-7057
10	01092021-7061
11	12232020-7056
12	12202021-5058
13	12142020-5053
14	11192021-5056
15	09122019-6032
16	09072022-5068
17	05202022-5064
18	04282020-5045
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20	01172023-7093
21	11272018-5024
22	01032018-5012
23	02282023-7099
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25	03292023-7103
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<b>39</b> 06162023-7018	38	05172023-7106
	39	06162023-7018

**Bedroom** 

# NOTE!

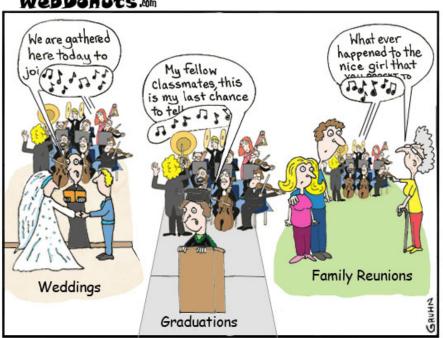
Any highlighted listings, owe the Band money. They will not be eligible to receive a home until the dept is paid.

# **REMINDER!**

Housing Applications must be renewed before January  $1^{\rm st}$  each year to remain on the list. Anyone who did not renew came off the list and must now reapply if interested.

# **Comic**

# WebDonuts.com



Places we'd like to see the Academy Award Orchestra

# Temqwá:l

"Mosquito time"

# Cancer

June 22 - July 22

Key characteristics: Integrity, honest, generous, family and home orientated.

> Flower: Acanthus Birthstone: Ruby

# Leo

July 23 - August 23

Key characteristics: Strong minded, firm and definite, determined, empathic and loyal.

> Flower: Gladiola Birthstone: Peridot

# **Quotes of the Month:**

"For every minute you are angry you lose sixty seconds of happiness."

- Ralph Waldo Emerson

"They say a person needs just 3 things to be truly happy in this world: Someone to love, something to do, and something to hope for."

- Tom Bodett

# Halq'eméylem Word Search

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k	W	е	I	ó	S	t	m	h	I	W	p	W	q	е

Created by Jasmine Paul-Louis

# Words

- 1. q'ép to gather together
- 2. shxw'áthetel cloud, cloudy
- 3. th'ímelhp berry plant
- 4. íxel to paddle
- 5. líyém to laugh
- 6. p'alyí:ws bark of a tree
- 7. qw'eyélex dancing
- 8. qwel'óp apples, crab-apples
- 9. skw'ékw'gág robin
- 10. xálelh roads, trails
- 11. shxwúwe cougar
- 12. kwelkwólexw dog salmon (chum)
- 13. kwelóst to catch an animal
- 14. spá:th bear
- 15. í:mex walking
- 16. schí:ya strawberry
- 17. s'íwes teaching
- 18. xexp'í:tsel chipmunk
- 19. pás pear
- 20. p'áp'eq'em to bloom

# YOO HOO NEWSLETTER

#### **DEADLINES**

Submissions and advertisements are due around the 15<sup>th</sup> of each month.

Contact comm@seabirdisland.ca.

#### **AVAILABILITY**

Once a month. The 1st of each month (or closest business day). Apply for email distribution or pick-up at the red community newsletter boxes.

# ADVERTISING / SALES: Have a story idea? CONTACT US

Email: comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

Template:

# Design Team:

Sandra Bobb, Ciara Busby, Kristy Johnson, Zorana Edwards-Shippentower, Jasmine Paul-Louis

#### **Proofing Team:**

Sandra Bobb, Ciara Busby, Kristy Johnson, Zorana Edwards-Shippentower, Jasmine Paul-Louis

> Editor & Supervisor: Sandra Bobb

# AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

# NOTICE NO SOLICITING PEDDLING DISTRIBUTION OF

All offenders will be reported and prosecuted to the full extent of the law.

**PAMPHLETS** 

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door, you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority.

Please contact us if you have any concerns.



# Classifieds

#### SEABIRD CHURCH

Mass: Contact Deacon Jamie for information

Study Groups: Contact Deacon Jamie

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

#### LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact Lena Paul 604-796-2177.

# **FUNERAL PAMPHLETS**

Creating pamphlets from our catalogue or custom pamphlets.

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee. We also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email <a href="mailto:comm@seabirdisland.ca">comm@seabirdisland.ca</a>.

# **MEMBERSHIP STATUS CARDS**

**Booking a Status Card Appointment** 

Tuesday to Thursday: 8:30 a.m. - 4:30 p.m.

Appointments are required.

Serving Seabird Members only!

SIB has the right to refuse service.

Remember to bring;

- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

Contact Simone Jimmie 604-796-2177

# Status Card Photography

Laminated style: \$13.50 New style w/ authenticated photo \$18.50 Monday to Friday: 8:30 a.m. - 3:00 p.m. **Appointments required.** 

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

# WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

# SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m. **Now recruiting new members**. Contact the Fire Hall 604-796-2177.

# **GARBAGE SCHEDULE**

# CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:

Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each month, by request. When you need major garbage pick-up please submit your request in writing and hand it in to the Band Office.

Contact Public Works at 604-796-2177 or email: <a href="mailto:publicworks@seabirdisland.ca">publicworks@seabirdisland.ca</a>

# **OPTOMETRY CLINIC**

Appointments Only: July 21-22

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

# **DENTAL CLINIC**

Accepting new STATUS PATIENTS

Open Monday through Thursday 8:30 a.m. – 5:30 p.m. **Closed Fridays** 

#### DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

# MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Lena Paul 604-796-2177

# **BABIES ID CARDS**

Apply for a Medical Care Card as soon as possible. Contact Lena Paul 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

#### **AMBULANCE BILLS**

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

# We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

**Please note**, if you were taken <u>home</u> by ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Lena Paul 604-796-2177.

# ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall. AA in BC website: www.bcyukonaa.org

# WILD ANIMAL ALERT

Wild animals are out this time of year. Remember, this is their home too.

By respecting the land, and keeping the outdoors clean, you can reduce the risk of an encounter.

Only put your garbage out the morning of garbage day.

• Discard fish guts (away from homes).

• Clean your barbecue.

Please keep an eye on your children and do not walk alone! Clap loudly and make yourself big!

Educating ourselves and keeping a clean community make a difference!

If you have any concerns or feel threatened by wild animals, first report it to the Conservation Office at 1-877-952-7277

 $Second, contact\ the\ Seabird\ Communications\ Office\ at\ 604-796-2177\ so\ we\ can\ post\ an\ "Alert".$ 



# **Education**

#### **Bus Driver**

Working within Lalme' lwesawtexw (Seabird Island Community School) for the 2023-2024 school year, you will provide safe transport services to the students who attend our school on an assigned route.

#### Case Worker - Pre-employment Supports Program (PESP) Term ends March 31<sup>st</sup>, 2024

Working within the Education department The Pre-Employment Support Case Worker is responsible for working with clients one-on-one and in small groups to assist them to overcome one or more barriers that are inhibiting their ability to gain employment. Clients will range from 19-24 and 25-49 years of age. The Case Worker will provide education, information and assistance to clients on all aspects of employment, education, training, and life career planning.

#### Education Assistant (EA) Grade K4-12

The EA will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of the children more rewarding.

# **Executive Assistant to Director of Education**

Working within the Education department, the Executive Assistant will provide project support and act as the right hand to the Director of Education. Providing assistance regarding financial administration, briefings to the Director, organizing schedules, monitoring electronic data, responding to inquiries and communications. The Executive Assistant will assistance in College programming, compliance reports, Employment and Training, and Education jurisdiction for the schools.

#### Grade 6 Teacher

The Grade 6 Teacher will be responsible for providing instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. You will be a member of an interdisciplinary, collaborative teaching team, liaising with other professionals, students, family members, and community to provide students with holistic, culturally focused education.

# Halq'eméylem Teacher

The Halq'eméylem Language Teacher is responsible for teaching students how to speak, understand, and write Seabird Islands' traditional language — Halq'eméylem. This teacher is an unrelenting advocate for language revitalization and works with staff and administration to promote the language throughout the school. You will be a member of an interdisciplinary, collaborative teaching team, liaising with other professionals, students, family members, and community to provide students with holistic, culturally focused education.

#### Income Assistance First Nations Youth Employment Strategy (IAFNYES)

Seabird island is proud to offer new pilot program called Income Assistance First Nations Youth Employment Strategy (IAFNYES). The goal of this pilot strategy is to support on-reserve First Nations youth between the ages of 19 and 30 receiving ISC's Income Assistance with a transition to the workforce, or return to school, through their participation in mentored work placements while receiving some case management supports.

This program will be 23 weeks in duration working 30 hrs/week not exceeding 720 hrs per participant. The program ends March 31st, 2024.

# Secondary & Post-Secondary Coordinator

The Secondary and Post-Secondary Coordinator is primarily responsible for the coordination, promotion, and administration of the Secondary and Post-Secondary Program.

# Shop (Wood Working) Teacher

Woodworking Teachers must prepare lessons and activities that help students understand the functions of woodworking. They frequently use demonstrations, hands-on activities, and complete woodworking projects. This teaching style requires them to effectively communicate with students on how to use equipment responsibly. An important part of the curriculum covers safety procedures and preventive measures during potentially dangerous activities such as using power tools. Students must be closely monitored to ensure safety and compliance with the rules at all times.

# Student Counsellor

The Student Counsellor will provide counselling and support for K-12 students. Essentially, your responsibility is to equip students with a variety of strategies for coping with life's challenges: help students establish their personal goals, guiding and helping children make action plans, motivate and inspire children, identifying and providing resources, referrals and follow-ups and providing assistance in crisis situations.

# Teacher On Call (TOC)

This position involves the provision of instruction to students of Seabird Island Community School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. Individual contracts will govern the specific teaching assignment and number of hours.

#### Technology Education Teacher

The Technology Education Teacher will provide lessons and activities to help students develop knowledge and understanding of concepts of computers, as well as practical software use, and troubleshooting skills. You'll present a wide variety of beginner to complex lessons that focus on keyboarding, word processing, Microsoft Office and internet basics to software, data processing, hardware and web-design.

#### Labour Pool

The spirit of the labour pool is to give Community Members a chance to gain work experience, be provided mentorship and to make some supplemental income.

# Post Secondary Recruitment & Marketing Coordinator

The College Recruitment & Marketing Coordinator will provide recruitment, admissions, advising, and liaison services to attract prospective students into SIB College Programs. The successful applicant will be responsible for carrying out the Institution's recruitment activities aimed at attracting students to SIC programs.

Duties include preparing and presenting information sessions about the College to local audiences including high schools, career days, education fairs, and post-secondary institutions; working closely with college personnel responsible for admissions, academic advising, student support services, on a variety of recruitment issues; compiling information and assisting in the implementation of the overall recruitment strategy; identifying strategies for recruitment initiatives and assisting in their implementation; answering inquiries on recruitment; utilizing various online communication tools and social media platforms for recruitment initiatives; assisting with campus tours for prospective students; and performing other related duties as required.

This position may require some travel within Canada, and public appearances as well as non-traditional work hours at various points of the recruitment cycle. You will act as SIC representative at internal as well as external recruitment and community events, developing rapport with students, parents, and key stakeholders by providing prompt and professional service.

# Vice Principal - Administration

Working within Lalme' Iwesawtexw (Seabird Island Community School) The Vice Principal assists the Principal in the administration, leadership, supervision and operation of School. The Vice-Principal provides quality B.C. curriculum in a learning environment that promotes language and reinforces the personal values of self-reliance, generosity, honesty, adaptability, and respect for self, others and the environment. The Vice-Principal must fulfill their responsibilities with high ethical and moral standards and service as a positive role model for staff and students.

# **Health & Social Development**

#### **Family Development Supervisor**

The Family Development Supervisor will assign Family Development Workers to referred clients and ensure all clients have access to services. As a supervisor, the position will be responsible for providing ongoing support and performance management of the Family Development team. The Family Development Supervisor will ensure strong cultural values, and programming that builds family bonds and resilience as well as a grounding in culture and community supports. The Family Development Supervisor will monitor the weekly and monthly budgets.

#### Child & Family Services Jurisdiction Team Lead

Under the supervision of the Program Manager of Families & Wellness, the C & FS Jurisdiction Team Lead will work with the jurisdiction team to develop Seabird Island family and jurisdiction laws for the protection of our children in our community. This person will be responsible for the development of the child protection program, engaging with community members, and the Seabird leadership/governance team, and outreach to other First Nations communities that are developing their jurisdiction program.

The C & FS Jurisdiction Team Lead will need to develop a community plan and work with the province and Canada to come to a coordination agreement for Seabird Island Band.

This is a full-time term position until March 31st, 2024 with a possibility of extension.

# Health Care Assistant - Home Support

Working within the Health & Social Development Department, as part of a multi-disciplinary team, the Health Care Assistant supports Clients and Elder's in their homes. We are looking for a compassionate Home Health Aide to assist in daily living and personal care services in patients homes in accordance with an established care plan.

The Home & Community Care Program provides a range of health care and support services for eligible residents who have acute, chronic, palliative or rehabilitative health care needs. These services include a variety of in-home care services such as home support, personal care, and referrals to programs to assist clients to maintain optimum health in their own homes.

# Recovery Home Support Worker (RSW) - Men's Home On Call

The Residential Support Worker (RSW) promotes recovery, stabilization, and independence by providing comprehensive support to clients. The RSW supports and promotes the following: client safety, assisting with activities of daily living, and encouraging full participation in community activities included but not limited to cooking, cleaning, charting, participating in group sessions, driving, and shopping.

# Social Policy / Research Analysist

The Social Policy/Research Analyst will be tasked with overseeing development of the Child Protection law, policies, and procedure development, as well as developing assessments and practices. The Social Policy/Research Analyst will ensure their employment requirements, regulations, policies and procedures and the mission, beliefs, and vision of Child Protection at Seabird Island contributes to establishment of a Child Protection Law.

The Social Policy/Research Analyst will connect the dream and goals of Child Protection with meaningful development of laws that are inclusive of our culture, traditions, kinship, practices, and our service delivery approach.

This is a full-time term position until March 31st, 2024 with a possibility of extension.

View more detailed information about these and other opportunities or to apply for current opportunities: <a href="https://www.seabirdisland.ca/careers/">https://www.seabirdisland.ca/careers/</a>

# Income Assistance Program Coordinator

Under the director of the Executive Assistant to the Health Director, the Income Assistant (IA) Coordinators primary goal is to improve the quality of life of Seabird Island Band Community members by assisting them Social Assistance program applications and seeking and seeking ways to empower clients to have choices in life.

#### Life Skills Coach (FLSC)

The primary goal of the FLSC is to ensure that the families in the family home are supported in developing healthy parenting and other life skills, with attention to children's needs (helping with homework, structured mealtimes, healthy meals, bedtime routines etc.). The FLSC will ensure strong cultural values, and manage programming that builds family bonds and resilience as well as a grounding in culture and community supports. Approaches to household chores, shopping and finances will also be modeled.

# **Early Childhood Education**

#### Summer Employment Program Post Secondary ECE Assistant (12-week)

The Seabird Island Band is excited to once again be providing Summer Placement Programs for Post-Secondary students. We will be providing a fully licensed program for age group 6-12. The program will include a variety of activities targeted at enriching the lives of kids in a fun, active, and culturally sensitive manner. We are looking for Post-Secondary students to serve as role models and leaders for children participating in the program. Successful candidates can expect to have a summer packed full of fun activities including field trips, cultural learning, fun in nature, professional development and making new friends.

#### Summer Employment Program Post Secondary ECE Assistant (7-week)

The Seabird Island Band is excited to once again be providing Summer Placement Programs for Post-Secondary students. We will be providing a fully licensed program for age group 6-12. The program will include a variety of activities targeted at enriching the lives of kids in a fun, active, and culturally sensitive manner. We are looking for Post-Secondary students to serve as role models and leaders for children participating in the program. Successful candidates can expect to have a summer packed full of fun activities including field trips, cultural learning, fun in nature, professional development and making new friends.

# Aboriginal Supported Child Development (ASCD) Regional Advisor

The Aboriginal Supported Child Development (ASCD) Regional Advisor (Fraser South & East) will provide information, advice, support, mentoring, cultural perspectives, and coordination of training to AIDP/ASCD programs and staff. This is a part time position with the potential to become a full time position.

# Cook - Daycare/Preschool

Working within the Early Childhood Development department the Cook will plan, prepare, and serve the children within our Preschool & Daycare Centre, which includes, snacks. The cook with also, assist with and ensure that the cleanup, dishes, and overall cleanliness of the program food prep area is always up to health standard.

# **Early Childhood Educator**

Working within the Early Childhood Education (ECE) department, Under the direction of the Daycare Supervisor, the Early Childhood Educator will provide hands-on childcare to children in Seabird Island Band's Early Childhood Education programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management.

# Supported Child Development Worker

The Supported Child Development program provides services to Aboriginal and Non-Aboriginal children who require extra support due to physical, social, intellectual, emotional, and developmental challenges. Children are provided support in a variety of ways to support them to meet their full potential in inclusive childcare centers.

# Culture & Communications Services

#### Communications Manager

The Communications Manager will lead the development and implementation of all company communications while ensuring stakeholder engagement with Seabird Island Band Members and other key stakeholder groups. The manager oversees the production of high-quality content that engages members and stakeholders while building brand recognition. Main duties include developing and managing a team to create informative content, press releases, articles, and diverse media to communicate our organization's brand, products, and services.

#### Outreach Youth Worker

The Youth Outreach Worker is directly responsible for engaging youth from Seabird Island, Chawathil, Shxw'Ow'Hamel and Cheam (age 12-24) in youth-led programing, small groups and individual (one-on-one) sessions. The core of this work will be out in the four communities. From a youth-centered practice the youth worker walks along side of the youth to continually co-develop programs and opportunities where youth will grow and thrive.

# **Human Resources**

# **HR Administrator**

The Human Resources Administrator will be the first point of contact between an employee and the company. The Administrator's primary task will be a helping hand to the Human Resources (HR) division to complete administrative functions related to Employee Relations including attendance management, medical tracking, follow-ups from case management, documentation, and collaboration with internal teams. Typical duties include updating daily HR documents, answering employees' questions, and keeping trackers accurate and updated.

The HR Administrator will develop a calendar and assist employees on their medical leave. The HR Administrator will handle the majority of the documentation related to Employee Relations functions.

# **Inter-Government Affairs**

# Executive Assistant to Director of Inter-Government Affairs

Working within the Inter-Government Affairs Department, the Executive Assistant will provide project support and act as the right hand to the Director of Inter-Government Affairs. Providing assistance regarding financial administration, briefings to the Director, organizing schedules, meeting minutes and action items, monitoring electronic data, responding to inquiries and communications.



# **Economic Development**

# Community Member Board of Directors

To fulfill the SqDC mandate to act on the vision, mission, and annual/long-term strategies and the economic goals of the Chief & Council, as well as to build a more robust and stronger Seabird Island economy, SqDC Board directors are expected to:

Know what exceptional governance is and practice it, as well as remain informed of new developments in the governance and regulatory environment.

Read and understand the financial statements of SqDC and assist the board in fulfilling its fiduciary responsibilities.

Attend quarterly and other board meetings/activities as assigned and dedicate approximately 5-10 hours per month to fulfill these responsibilities.

Be responsible for reading board materials in advance of the meetings and must come prepared to ask questions and actively participate in discussions.

Serve on at least one subcommittee of the board.

Evaluate the overall performance of SqDC and will make recommendations for improvement or corrective measures as required. Board directors will engage in strategic planning for the organization and determine the overall mission, vision and values of the SqDC. Human Resources

#### SQDC - Manager of Production & Sales (MPS)

The MPS's primary responsibility is to manage the sales, marketing, and revenue performance of SqDC's businesses.

The successful candidate will have at least five (5) years of sales/marketing experience in a management role. This position reports directly to the Director of Operations.

#### **Production Worker - Nations Creations**

The Production Worker will operate print and cut plotters, direct to garment printers, embroidery machines, laser engravers and cutter, UV Printers and Sublimation printers. The Production worker position is essential to our operations. Not only will you assist with our printing, shipping, packing, and other fulfillment needs, you'll also be an essential part of managing our customer experience.

# Interested candidates are invited to submit

a cover letter, resume and three references. https://www.seabirdisland.ca/careers/

We regret that we will only respond to those applicants chosen for an interview.

Email: humanresources@seabirdisland.ca.

We thank all applicants for their interest.

# Renew Your Status Card \*\*Seabird Band Members only Available only 3 days a week Tuesday Wednesday Thursday Contact membership Tuesday to Thursday to book your appointment membership@seabirdisland.ca or 604-796-2177

Seabird Island Band Open-House Event

# Health Fair & Sq'èwqel Days

July 19th

10 a.m. - 4 p.m.

Band Office Fields, in front of the Health Wing

# **Door Prizes!!!**

Displays from a variety of Programs/Services throughout Seabird

Bouncy Castle
Food Trucks
Health Displays















