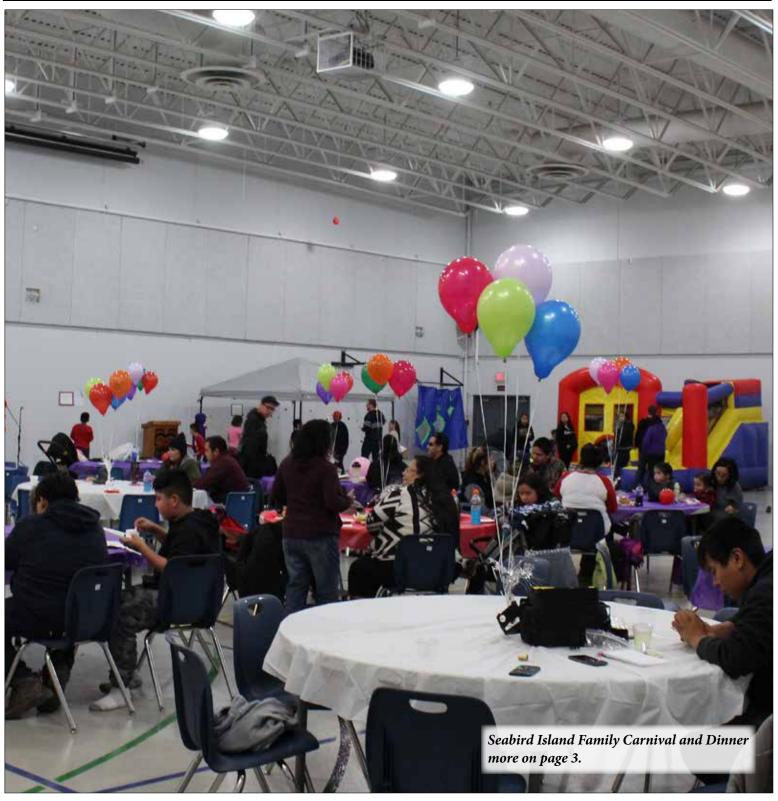
www.seabirdisland.ca Welék'es (March) 2019





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# Upcoming Closures

March 25 - 29 SICS Spring Break

March 18 - 29 SD78 Spring Break



raser Region port Development amp



#### March 6

Seabird Island Career Fair

#### March 17

Pancake Breakfast

#### March 20

Halg'emeylem Bowl

#### March 28

**Nutrition Run** 





# Seabird Island's Open House

Will be held in the Band Office Gym on April 10, 2019. Doors will open at 10 - 5 p.m.

Come out and check out the Programs within Seabird.





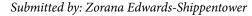
# Seabird Island Family Carnival and Dinner

On the 27<sup>th</sup> of February, a Carnival was held in the gym at Seabird. The purpose of these once a month events is for families to come together and give their imput on what they would like to see the Youth learning. Youth are encouraged to give their imput of what they would like to undertake.

Families with children of all ages ranging from 0-18 years arrived, you could see the smiles on the childrens faces as they saw the activity booths throughout the gym. The night began with a dinner and followed with activities such as; ballon pop, connect four, donut challenge, face painting, throwing challenge and ring toss. Bounce houses were also set out for the children to just let loose and have fun with family and friends.

Poster boards were hung up on the wall for people to write their thoughts, what we could do as a community of families coming together. How could we also connect with the surrounding communities. What type of dinners would people like to have in the future events.

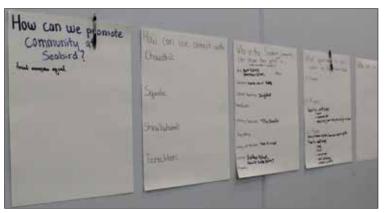
Keep your eye out for the next Family Event in March. These events will be re-occurring every month towards the end of the month.













## The Jordan's Principle

Canada remains committed to the full implementation of Jordan's Principle in compliance with all of the Orders of the Canadian Human Rights Tribunal (CHAT). Following the implementation of the May 26, 2017 CHAT Ruling, we have seen a significant increase in the number of individual and group requests to address the unmet needs of First Nations children across BC.

In this fiscal year we have approved over 2000 requests totaling over \$25 million. We expect this trend to continue and are working proactively with First Nations partners and Child and Youth Systems Navigators in the region to ensure timely access to

products, services, and supports.

Please be assured that there is no end date for Jordan's Principle as Jordan's Principle is a legal requirement, not a program. The Jordan's Principle - A Child First Initiative was introduced in July 2016 as a three year interim initiative aimed to address unmet health, social, and educational needs of all First Nation children. However, Canada continues to be legally obligated to comply with the CHAT Ruling and has been engaging with First Nations to develop a longerterm plan. There will not be any break in Canada's efforts to fully implement Jordan's Principle.

We would also like to advise you of changes to the administration of the Jordan's Principle initiative in BC Region. As the legal obligation for Jordan's Principle rests with Canada, Canada and the First Nation Health Authority (FNHA) have mutually agreed that the evaluation and determination of all Jordan's Principle requests should be transitioned to Indigenous Services Canada (ISC) BC Region.

There will be no change in navigation pathways, as the FNHA will maintain its navigation functions through the FNHA Child and Youth Systems Navigators who will remain in place and will continue to work with families and caregivers of First Nations children to access services and supports in a timely manner.

Families and caregivers of First Nation children can still be served by calling ISC BC Regional Office or FNHA who will work together in the background to make sure that requests are processed within identified Canadian Human Rights Tribunal timelines. They can also call the Jordan's Principle toll-free phone line at 1-855-572-4453 (open 24 hours a day, 7 days a week). For more information on the Jordan's Principle initiative including types of supports, who is covered, how to send requests and contacts for BC Jordan's Principle representatives, please see the attached information sheet.

We would like to assure you that as the evaluation and determination of Jordan's Principle requests transition

from the FNHA to ISC BC Region over the next few months, First Nations children will continue to receive high level service and response to their Jordan's Principle requests. The Government of Canada is committed to the implementation of Jordan's Principle and will continue to work with First Nations partners and the BC Government to develop a longterm approach to help better address the unique health, social and education needs of First Nations children here in BC.

If you or your administration have any questions or concerns, please do not hesitate to contact Chiara Taylor, Director, Child and Family Services, by telephone at 604-775-5282 or by email at chiara.taylor@canada.ca.



day on Intersectionality

# Jordan's Principle

Named in memory of Jordan River Anderson from Norway House Cree Nation in Manitoba, Jordan's Principle ensures that all First Nations children can access the products, services and supports they need, when they need them.

Jordan's principle recognizes that First Nation Children may need government services that exceed the normative standard of care and will evaluate the individual needs of the child to ensure substantive equality, culturally appropriate services, and/or to safeguard the best interests of the child.

## Examples of supports covered under Jordan's Principle



- mobility aids
- wheelchair ramps
- addiction services
- services from Elders
- mental health services
- specialized hearing aids
- traditional healing services
- services for children in care
- assessments and screenings
- transportation to appointments
- · medical supplies and equipment
- long-term care for children with specialized needs
- therapeutic services for individuals or groups (speech therapy, physiotherapy occupational therapy)



- social worker
- land-based activities
- personal support worker
- specialized summer camps
- respite care (individual or group)
- specialized programs based on cultural beliefs and practices



#### school supplies

- tutoring services
- teaching assistants
- specialized school transportation
- •psycho-educational assessments
- assistive technologies and electronics

## Who is covered

Services provided under Jordan's Principle are available to:

- Registered First Nations children\* living on or off reserve;
- First Nations children entitled to be registered, under the *Indian Act* including
  - those who became entitled to register under the December 22, 2017 amended provisions of the Indian Act, under Bill S-3;
  - Infants under 18 months; and
- Any Indigenous child, including Non-Status First Nation or Métis, who are ordinarily resident on reserve.

For the purposes of Jordan's Principle, a "child" is defined as an individual who is under the Age of Majority within their province or territory. In BC the age of majority is 19. As such, eligibility for Jordan's Principle ceases when Age of Majority is attained (Date of the child's 19th birthday).



Canad

## Who can send requests

A request for a child or children in the same family or with the same guardian can be submitted by:

- parents or guardians caring for a dependent First Nations child under the age of majority in the child's province/territory of residence
- a First Nations child above 16 years of age
- · an authorized representative of the child, parent or guardian
  - o written or verbal consent must be provided by the parent or guardian

A request for a group of children from multiple families or guardians can be submitted by:

- a community or service provider, who can request services, such as:
  - o respite care
  - wheelchair ramps
  - o support programs
  - o educational assistants
  - o transportation to school
  - o local therapeutic specialists, etc.

## How to send a request

Contact us through our call centre, open 24 hours a day, 7 days a week, or your BC representative (see list below) to start your request for funding under Jordan's Principle. We are here to help.

Having certain information ready when you contact us can help if you are seeking access to funding for a product, service or support. This includes:

- registration number for child or parent under the Indian Act (if available)
- the product, service or support needed and how often the product, service or support will be needed
- estimated costs
- copies of documents related to requests (e.g. prescriptions, referrals from health, social or education professionals)
- any additional information that should be considered to support the request.

## **BC** Representatives

#### **ISC BC Regional Office**

Ashley Dunsmore	778-951-0716	aadnc.bc-jp.aandc@canada.ca
Caleb Lam	778-951-0716	aadnc.bc-jp.aandc@canada.ca
Alison Atherton	778-951-0716	aadnc.bc-jp.aandc@canada.ca
Vincent Dong	778-951-0716	aadnc.bc-jp.aandc@canada.ca

#### For First Nations Health Authority Child and Youth Systems Navigators:

• Phone: 1-866-913-0033

• Email: jordans.principle@fnha.ca

For requests for Inuit children contact the ISC BC Regional Office (see above)

Jordan's Principle Call Centre (open 24 hours a day, 7 days a week):

Phone: 1-855-JP-CHILD (1-855-572-4453)

Email: aadnc.infopubs.aandc@canada.ca

Teletypewriter: 1-866-553-0554





#### STUDY GROUPS AT STS'AILES & SEABIRD ISLAND!

I am excited to announce two new programs the Churches of Sts'ailes and Seabird Island will be offering to our communities. **Beginning February 26**<sup>th</sup>, we will be offering Study Groups in both communities.

Everyone is invited to both groups and if you need a ride, contact me.

#### Coffee and Snacks provided

Sts'Aisles - Thursdays at 6:30 p.m.

Understanding the human person both spiritually and physically

- We will offer teachings from the church and Community Elders' wisdom followed by a discussion about the teaching
- Each week we will cover different topics based on what the group feels would be most beneficial
- We are hoping to focus on healing and improving one's outlook on life

Seabird Island - Tuesdays at 7:00 p.m.

Church teaching on spirituality and the bible.

- · Dispelling myths about the church
- Acknowledging the tragedy of the past and learning the true intentions of the church
- Understanding how the Catholic church can support First Nations culture

The following quote explains my reason for setting up these groups:

"God made us for love. A human person is a great mystery, to himself and to others. A human person has an interior imperative for wholeness, for integrity. In one way we seem to be universes unto ourselves, yet at the same time always incomplete, always needing something or someone...It is in relationships, through authentic meetings of persons, that we discover ourselves. In real encounter between persons—first of all between human persons, and later with the divine Person—we find ourselves, different from the other, made complete only in the relationship of love...Social groups act as a great support system when needed. Groups can identify problems and unify to help solve them or increase the members' quality of life." (The Treasure of Catholic Spirituality Re-presented for Our Times - R. Thomas Richard, Ph.D.)

Deacon Jamie 604-491-3053 jamie.meskas@gmail.com

# Welék'es - March - "Li

<u> </u>											
(S) S <u>x</u> e <u>x</u> lhat	(M) Yila:welhát	(T) Sthémelts	(W) Slhi								
	We are no longer delivering to residents homes! You may pick-up your Yoo Hoo at the Lobby of the Band Office or at the red newsletter boxes in the Community.  Nature Friendly Option! Those who prefer to receive newsletters by email, submit requests to comm@seabirdisland.ca Listing: Name, email	Dental Walk-in Clinic 1-5 p.m.  Doctor Walk-in Clinic 1-5- p.m.  Fire Practice 7-9 p.m.  Garbage, Recycle & Compost  New Moon									
• Seabird Mass	4	5	• Seabird Island Career F								
11-12 p.m.	Meals on Wheels 5-6 p.m.	Seabird Church Study Group 7 p.m.	• Meals on Wheels 5-6 p.								
• Day Light Savings • Sts'ailes Mass 11-12 p.m.	• Meals on Wheels 5-6 p.m. • Optomitry Clinic	• Seabird Church Study Group 7 p.m. • Optomitry Clinic	• Meals on Wheels 5-6 p.:								
• Seabird Mass 11-12 p.m.	• Meals on Wheels 5-6 p.m.	• Seabird Church Study Group 7 p.m.	• Meals on Wheels 5-6 p.: SD 78 Spr								
	25		02 70 opi								
• Sts'ailes Mass 11-12 p.m.	25	26									
	• Meals on Wheels 5-6 p.m.	Seabird Church Study Group 7 p.m.	• Meals on Wheels 5-6 p.:								
• Seabird Mass			SD 78 Spi								
11-12 p.m.			SICS Spr								

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ttle Frog Se	(T) S <u>x</u> e'ó:thels	(F) Sheqa'tses	(S) T'óqw'tem		
	Pre & Post Natal and Prenatal Circle Who can attend? Expecting moms, newborns up to 6 weeks, partners, support person and siblings. Open to families living on-reserve and transportation can be provided. Questions? Text or call Diana Phan at 604-765-8769 or 604-796-6858  Bodies in Motion focuses solely on pre & post natal fitness and is free for First Nations living on-reserve.	• SICS & SD78 Pro D Day	2		
6 air 10 - 2 p.m. m.	7	8	9		
13 m.	14	15	16		
m. ing Break	21	22	23		
m. ring Break ing Break	• Nutrition Run 9:30 a.m.	29	30		



## **Calling all Seabird Artist!**

Share your gifts with Seabird Youth

We are inviting Seabird Island artists to express their interest in working on a collaboration to paint a mural in the Youth building. We are seeking four experienced painters to share their gifts and skills by mentoring a group of Youth to paint the mural. Artists with a variety of skills levels and art styles including traditional Coast Salish, graffi artist/ air brushers, modern artist and more, are preferred.

The commitment to this project would be:

- Have an initial meeting to collaborate with the other artists and the Youth to develop a concept and sketches.
- Collaborating with your fellow artists to create a fully developed concept drawing based on the interests of the Youth.
- Create a list of supplies needed to execute the project.
- Execute the mural painting alongside the other artists and the Youth. Giving direction and teaching skills to the Youth throughout the painting process. Finishing off final details to complete the piece as one harmonious art piece.

Artists will be compensated for their meeting time and painting time. The goal is to have the mural started at the end of March.

Deadline for submissions of interest is March 6th.

Those who are interested in this collaboration project, please contact Katelyn Moon.

katelynm@seabirdisland.ca or 604-819-7897

Submitted by: Katelyn Moon



# 2019 BC Indigenous Provincial Volleyball Camp

March 23-24, Fort St. James

The Indigenous Sport, Physical Activity and Recreation Council (I·SPARC) is pleased to present this provincial athlete development camp in partnership with Nak'azdli Whut'en, Volleyball BC and with the support of the Province of BC.

This event is being held on March 23-24, 2019 in Fort St. James, BC. The camp will be facilitated by Ren Baskin (Provincial, National and NAIG level volleyball coaching experience).

\*Please note this is NOT a Team BC selection event for the 2020 North American Indigenous Games (NAIG), however, this event does provide opportunity for athletes to better prepare for the upcoming Team BC selection processes to be held later this year.

Eligibility/Ages: Male and Female Indigenous youth (First Nations, Métis, Inuit), ages 13-19 are invited to participate.

**General:** Please wear comfortable clothing for physical activity and bring a water bottle. Lunch and snacks will be provided.

Cost: FREE

There is no fee to participate, however, pre-registration is mandatory.

#### Schedule:

March 23-24, 2019

Saturday 23

9:00 a.m. - 3:00 p.m.

**Individual Skills** 

Sunday 24

9:00 a.m. - 3:00 p.m.

Review of Individual Skills and Team Play.

#### Venue:

Chief Kwah Memorial Centre 101 Kwah Rd. East Fort St. James, BC V0J 1P0

#### **Registration Deadline:**

Athletes must register before Monday, March 18<sup>th</sup> to secure a spot.

Supported by







# Aboriginal Sport, Recreation & Physical Activity Partners Council

# Fraser Region Sport Development Camp



# ISPARC Sports Camps and Coaching Clinics in the Fraser Region for March

Youth Sports Camps, Coaching Clinics and Provincial Camps that are happening in the Fraser Region during the month of March, as well as their registration links. I ask that you forward this list and the posters to your contacts, as well as include it in your newsletters and post it on your webpages and social media sites. We want to see as many Indigenous community members out at these events as possible.

Youth Sports Camps: All camps are free for self-identified Indigenous youth! Please check to see what attire is required, and whether the camp is intended for youth ages 6-12, 13-17, or all-inclusive. Finally, please Pre-Register your youth before the event:

Rifle Shooting with Fraser Valley Metis Association (March 4, 11, 18, 25, April 1, 8) in Abbotsford

https://aboriginalsportbc.wufoo.com/forms/xn6ar9a1rbus71/

Archery with Fraser Valley Metis Association (March 5, 12, 19, 26, April 2, 9) in Abbotsford

https://aboriginalsportbc.wufoo.com/forms/x19sqj8h1pmpb38/

Basketball with Burnaby Indigenous Education (March 18, 19, 20, 21) in

Burnaby

https://aboriginalsportbc.wufoo.com/ forms/zk2o5xq1c9z6k1/

Teen Soccer with Cheam First Nation (March 19<sup>th</sup>) in Rosedale

https://aboriginalsportbc.wufoo.com/forms/z1ob321i1auqkbh/

Lacrosse with Cheam First Nation (March 20<sup>th</sup>) in Rosedale

https://aboriginalsportbc.wufoo.com/forms/z1u0mqrh1205q2c/

Youth Soccer with Cheam First Nation (March 22<sup>nd</sup>) in Rosedale

https://aboriginalsportbc.wufoo.com/forms/z1q2slip0chb1hr/

Strength and Conditioning/Winter Fitness Training with Scowlitz First Nation (March 23<sup>rd</sup>) in Deroche

https://aboriginalsportbc.wufoo.com/ forms/zmzcsum0kvriyh/

Coaching Clinics: All coaching clinics are free for anyone age sixteen and older who is Indigenous or who works/coaches in an Indigenous community.

Please Pre-Register before the event:

Aboriginal Communities: Active for Life

with Sts'ailes (March 19th) in Agassiz

This link is not prepared yet, but if you are interested in registering for this course please email acook@isparc.ca

Please note: Information about camps and other news (such as Team BC and NAIG updates) is also available on our website @

http://isparc.ca/community-sportdevelopment/fraser/fraser-regionprograms-activities-calendar/



NO

SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS

All offenders will be reported and prosecuted to the full extent of the law.

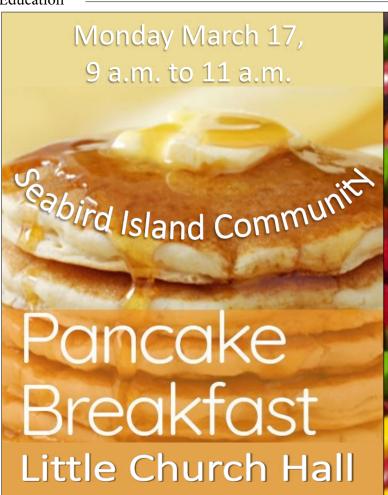
By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council tosolicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

Community safety is a Chief and Council priority.

Please contact us if you have any concerns.



Formally known as the Halg'emévlem Translation Contest

# Halq'eméylem BOWL

<u>04-25</u> 2019

10am-2pm

**Hatzic Middle School** 

34800 Dewdney Trunk Rd, Mission BC, V2V 5V6

#### **SPONSORS**



IRST PEOPLES

Lalme'Iwesawtexw Seabird Island School

Hatzic Middle School



#### INFORMATION

- 'team event (3-6 members with adult)
- In-school participant only
- · lunch—prizes—honouring ceremony

CONTACT

dianna@seabirdisland.co

#### Circle of Security Parenting Program

A relationship based parenting program (ALMOST)

Everything I need to know about supporting security in 25 words or less

ALWAYS BE BIGGER, STRONGER, WISER AND KIND

Whenever possible follow my child's need Whenever necessary take charge



#### Join us for 8 sessions Tuesdays and Thursdays From 5:30-7:30

April 2 <sup>nd</sup> , 2019	April	16 <sup>th</sup> ,	2019
April 4 <sup>th</sup> , 2019	April	18 <sup>th</sup> ,	2019
April 9 <sup>th</sup> , 2019	April	23 <sup>rd</sup> ,	2019
April 11 <sup>th</sup> 2019	April	25 <sup>th</sup> .	2019

Must complete all 8 sessions in order to receive a certificate of attendance for the circle of security parenting program

Please contact for more information and to register Text or call

Cheryl Sauve @ 604-796-6860 or 604-793-6463 \*AIDP Jen McNeil @ 604-796-6886 or 604-798-1415

> Light meal will be provided—Please call if needing child minding (limited to 10 participants)



# Seabird College Welcomes You!

# Limited number of seats per program, so please come and register now!



Let's discuss your educational goals!! Everyone Welcome!!

- · Adult Dogwood, Register anytime!
- Early Childhood Educator, April 2019
- Social Service Worker, May 2019
- Auto Collision Repair, June 2019
- Practical Nursing, July 2019 Welding,
- July 2019
- Education Assistant, September 2019
- Sponsored seats may be available
- · Transportation may be available from
- · key locations





Ph: 604-796-6839 Fax: 604-796-3729 www.seabirdcollege.ca E: schapman@seabirdisland.ca

# JOB POSTINGS

View more detailed information about these and other opportunities, or to apply for current opportunities: <a href="https://seabirdisland.startdate.ca">https://seabirdisland.startdate.ca</a>

#### Speech & Language Pathologist

The Speech & Language Pathologist provides a range of clinical services that focus on promoting communication, language and speech that contribute to a client/patient's overall cognitive, physical, social and emotional well-being. The speech and language pathologist works closely with babies, children who have various levels of speech, language and communication problems. The successful candidate will provide assessments to children (0-6 years old) referred to the Ey Qwal Speech and Language Program.

#### On Call Education Assistant

Under the supervision of school administration the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of children more rewarding. EAs will assist teachers in student assessment and evaluation through observation, recording and data collection. At Seabird Island Community School Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of

#### **Early Childhood Education Supervisor**

The Early Childhood Education & Care Centre Supervisor assumes responsibility for the day to day operation of a fully licensed Child Care Centre for infants, toddlers and preschool age children. This includes providing a safe, welcoming, culturally rich and educational early childhood programs for the children and their families. At Seabird, we are proud of our rich culture that has been passed on to us from our elders and previous generations. We promote/organize many activities that help create awareness, understanding and respect of our culture. Learning to speak in the Halq'émeylem language is one of many cultural activities that happens at the Child Care Center. This is something that all staff are required to participate in, respect and appreciate fully.

#### **Dental Hygienist On-Call**

The Dental Hygienist performs basic dental care tasks, mostly focused on keeping patients' teeth and gums clean and giving instruction in proper dental hygiene. The Dental Hygienist will work under the supervision of licensed Dentist. They are not qualified to make the same kind of diagnostic decisions or perform the same procedures as Dentists. Unlike dental assistants, who work directly with dentists, hygienists often see patients on their own and direct their own tasks.

#### **High School Social Studies Teacher**

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. Social Studies Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of government, geography, history, economics, civic ideals and current events. Social Studies Teacher will also instruct students on Canadian ideals and Cultural Heritage; developing proficiency in the use of Social Studies inquiry skill and concepts; motivate each student to understand and exercise his/ her rights, privileges and responsibilities as a citizen; develop understanding of the geographical, historical, cultural, and political factors which influence the development of the world regions.

#### College Data Registrar

Reporting to the Seabird College Senior Administration, the Registrar is responsible for the orderly registration, enrollment, reporting processes and administration of Seabird College and Adult education programs. This is a fast paced, demanding position which has peak times which will focus on student enquiries and registration, nominal roll, securing funding and administrative functions. During slower periods the Registrar will shift his/her focus to maintaining files, program planning activities and preparing for the coming registration period.

#### Public Health Nurse On-Call

Under the direction and supervision of the Health Director, the Public Health Nurse shall provide care, leadership and expertise, in accordance with Band policies. Specifically the Nurse is responsible for ensuring that timely health services are provided to all families that Seabird Island Health Programs serve. As with all positions with in the Health Department, the RN will be expected to support the success of other Health programs. This may include supporting Home and Community Care and providing other Nursing services in general.

#### Tutor

Our after-school education program seeks talented, experienced Tutors in all subject areas for students between grades 4 and 12. We help both struggling and gift students reach their full potential by supplementing the instruction they receive in class and guiding them toward study practices and aides that can help them excel. Tutors work with individual students one-on-one, though we occasionally organize group activities for students who are studying the same material. Our team offers compassionate, motivating assistance to students, and we expect our new hires to do the same. If you have experience tutoring children, please submit an application.

#### Teacher on Call (TOC)

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

#### Custodian

The Custodian is responsible for performing custodial duties, minor maintenance and other miscellaneous duties in order to ensure that buildings and facilities are maintained in a healthy, safe and sanitary manner.

#### Youth Worker

The Youth Worker will be directly responsible for engaging Band youths (age 12–19) in a variety of activities that will supplement their growth and development. Activities will include local and distant activities that are both large and small scale. The Youth Worker will also connect their clients with needed programs and services such as driver's education, health services, mentor-ship, and social supports.

#### EA to Administration Director

Under the direction of the Administration Director, the Executive Assistant shall provide administrative and executive secretarial duties in support of the Director. This position assists with all matters of an immediate, administrative and task-oriented nature.

#### Registered Nurse - Maternal Child

Under the direction of the Health Services Manager, the Maternal Child Registered Nurse shall provide Maternity care, leadership and expertise in accordance with Band policies and procedures. This position ensures the delivery and quality of the Maternal Child Health Program and works closely with pre and post-natal mothers, youth and families in the program. The Maternal Child Registered Nurse works closely with the Maternal Health Team Leader and may be required to take training as labour/delivery back-up to the Mid-Wife.

# Health Administrative Assistant - On Call

Under the direction of the Health Administration Officer of the Health Department, the on-call Administrative Assistant will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management. The Administrative Assistant will be responsible for providing support to the managers and supervisors of the health department, including but not limited to everyday tasks like filling, record keeping, report preparation, scheduling, creating newsletters and data entry.

Job postings are also available at the Band Office and the Employment Office. Please ensure you have received confirmation for your online submission. If you have not received confirmation, email humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

# Comic

#### WebDonuts.com



# Welék'es

#### March

"Littler frog season"

#### **Pisces**

#### February 20 - March 20

**Key characteristics:** Cares about ideals and aspirations. Pisces likes to dream and is drawn to the arts, especially the stage.

Flower: Water Lilly Birthstone: Amethyst

#### **Aries**

#### March 21 - April 19

**Key characteristics:** Assertive, strong and determined, a natural leader. Natural charm and grace, you have confidence that attracts a wide variety of friends and business partners.

**Flower:** Motto **Birthstone:** Diamond

# **Quotes of the Month:**

'Be happy for this moment. This moment is your life."

Omar Khayyam

"Smile in the mirror. Do that every morning and you'll start to see a big difference in your life."

Yoko Ono

# Halq'eméylem Word Search

t	a	,	á	,	а	I	t	h	a	I	ó	S	I	S
S	р	,	ó	q	,	е	S	S	ó	:	У	е	I	q
,	t	S	t	h	,	е	t	h	,	a	m	ı	S	é
q	W	е	m	q	W	é	m	Х	W	t	S	е	S	S
,	t	1	,	С	h	á	S	W	е	W	t	С	у	1
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Submitted by Zorana Edwards-Shippentower

#### Words:

- 1. People ále
- 2. Plants eletsá:ls
- 3. Knuckle qwemqwémxwtses
- 4. Island tľchás
- 5. Gum th'eth'am
- 6. Dusk só:yel
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- 8. Eagle sp'óq'es
- 9. Beautiful éygwlha
- 10. Garbage sqel:ép
- 11. Plow shxwt'éxelep
- 12. Silver xéts'xel
- 13. Slosh gw'át'ts'em
- 14. Rust sts'ápexel
- 15. Runny Ihxwélqsel
- 16. Valley kwesúyexel
- 17. Vanilla ts'q'éyxem
- 18. Myself ta'á'altha
- 19. Broke stesó:s
- 20. Guts sts'elxwlwel

#### ADVERTISING RATES

#### **DEADLINES**

Submissions and advertisements are due 7 business days prior to delivery.
Contact comm@seabirdisland.ca.

#### **DELIVERY BOXES**

Twice a month. The 15<sup>th</sup> of each month (or closest business day) and the last business day of each month.

#### **CONTACT US**

Have an ad or story idea? Email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

Advertising sales and template design: Sandra Bobb 604-796-6838 or email comm@seabirdisland.ca

Editing done by: Sandra Bobb, Krisy Johnson, Lori Burns, Jason Forseth and Zorana Edwards-Shippentower.

#### AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff, and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.



# Classifieds

#### **AMBULANCE BILLS**

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

# We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Maggie Pettis 604-796-2177.

#### **OPTOMETRY CLINIC**

#### Marach 11 and 12

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Office 604-796-2177.

#### **GARBAGE SCHEDULE**

# CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:

Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

**MAJOR GARBAGE:** 1st Wednesday of each month, by request.

**Bin dropped off** for your major cleaning please submit your request in writing, there is a long wait-list.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

#### **BABIES ID CARDS**

Apply for a medical care card as soon as possible.

Contact Office 604-796-2177.

Apply for Status Cards as soon as possible. Contact Carol Hope 604-796-2177.

#### DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday - Thursday, **Closed Fridays** 8:30 a.m. – 5:30 p.m.

#### DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

#### MEMBERSHIP STATUS CARDS

Tueday and Thursday: 8:30 a.m. - 4:00 p.m.

Appointments required. Contact Carol Hope at 604-796-2177 or carolhope@seabirdisland.ca

- New Photo (see Communications, appointment required)

SIB has the right to refuse service.

#### Status Card Photography

Laminated style: \$10 New style w/ authenticated photo \$15 Monday to Friday: 8:30 a.m. - 3:30 p.m. Appointments required.

Contact Kristy Johnson at 604-796-2177 or kristyjohnson@seabirdisland.ca

#### ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

#### **LOVED ONE PASS AWAY?**

We can help you send a copy of the death certificate to the First Nations Health Authority.

Contact Maggie Pettis 604-796-2177.

#### **FUNERAL PAMPHLETS**

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177.

#### **SEABIRD CHURCH**

Mass: November 25, 11 a.m. - 12 p.m.

Study Groups: Tuesdays at 7:00 p.m.

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

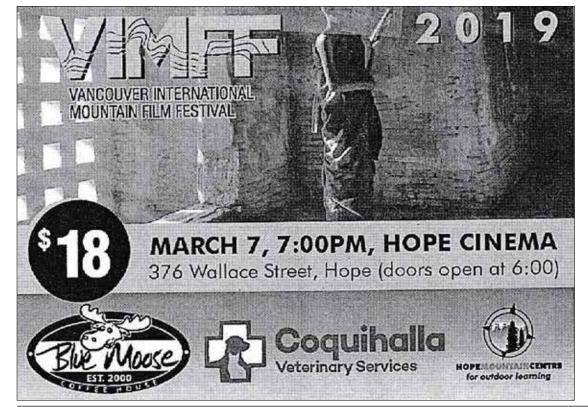
#### MEDICAL CARDS

Need to apply for a new medical card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their medical cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Maggie Pettis 604-796-2177.





# SEABIRD SUPERFOOD RUN!



# **BE A SUPERHERO!**

THURSDAY, MARCH 28<sup>TH</sup> @ 9:30 A.M.

DRESS UP LIKE YOUR FAVOURITE SUPERHERO OR SUPERFOOD! RUN OUR 5KM OR 10KM COURSE AROUND THE SEABIRD COMMUNITY! PRIZES FOR BEST COSTUMES AND FASTEST TIMES! ENJOY OUR FAMILY SUPERFOOD HEALTH FAIR AFTERWARDS FOR GAMES, EDUCATION & FUN!

REGISTER BY MARCH 12TH TO SECURE A SEABIRD SUPERFOOD SWEATER!

CALL

604-796-6829

EMAIL

laurah@seabirdisland.ca

Check out our Seabird Nutrition Facebook Page for updates!