



the SEABIRD ISLAND

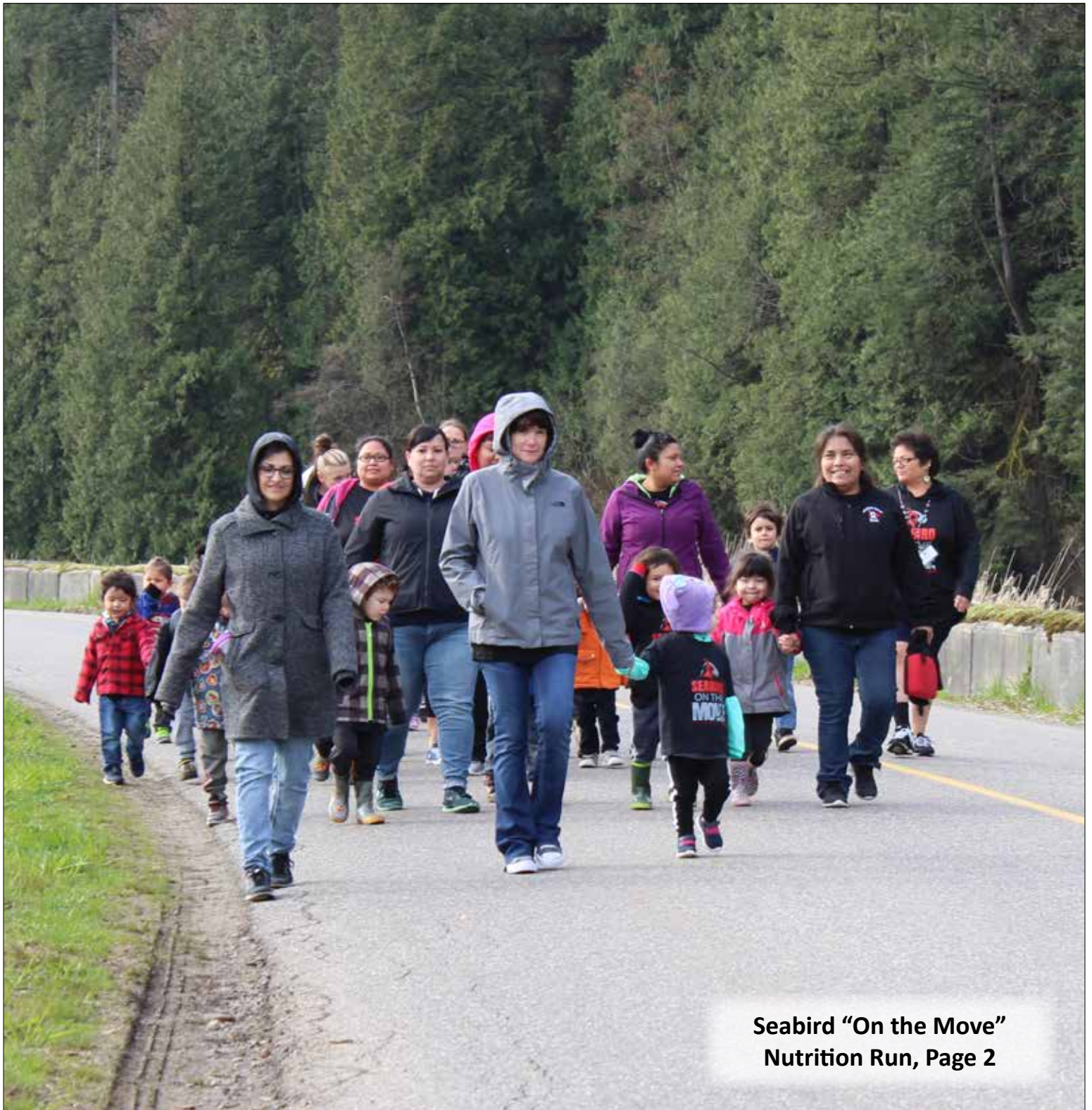
Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

Mid-April 2018



Seabird "On the Move"
Nutrition Run, Page 2



INSIDE

Seabird Nutrition Run pg. 2
 Open House pg. 2
 Chief & Council Update pg. 5
 Care Committee pg. 6
 New Staff pg. 6
 Naming Ceremony pg. 7
 Festival - Help Wanted pg. 7
 Employment Training & Social Dev. pg. 8
 Job Postings pg. 9
 Classifieds pg. 10
 Advertisements..... pg. 11-12

Head Start & Elders College Temporarily CLOSED
 for renovations

Dates to Remember

- SICS Pro D Day April 20
- SD78 Pro D Day April 23
- Diabetic Lab Screening Day April 26

We are no longer delivering door to door!

You may pick-up your Yoo Hoo at the Lobby of the Band Office or at the **red newsletter boxes** in the Community.

Nature Friendly Option!

Those who prefer to receive newsletters by email, submit requests to comm@seabirdisland.ca
Providing: Name and email.



Seabird “On the Move” Nutrition Run

In preparation for the big event, we held walking groups which met regularly.

On Wednesday April 4, Seabird Community Schools, Day Care, Community Members and staff took part in the Annual 3k, 5k or 10k Nutrition Run/Walk Event. This years walk routes included the Loop around Sthi'tsem and Chowat roads, walks from the Band Office to the Gas Bar and back, a walk to Peters Road and back.

This year we had a competition for the fastest 10k runners and the winners are:

- Girls Fastest Time: Layla Thomson & Jennifer Adams - 1:15:06
- Boys Fastest Time: Troy Adams - 1:07:27
- Adult Fastest Time: Mr. Compton - 1:07:27

Congratulations to ALL who participated!

Thanks so much for participating in the event, it is a great accomplishment towards a healthier you. We are all grateful to the Community Members for keeping your dogs tied up safe at home and driving slow for participants to have a safe walk during the event.

By: Sandra Bobb & Val Thompson





Open House

Every year Seabird hosts an Open House, where staff from various programs set up in the gym to market their programs. This informative event welcomes all Community Members to come out, ask questions and learn what services are available for them.

This year's Open House was on April 4. At this year's event, we also hosted a handful of displays from facilities outside of Seabird, including facilities that could be of assistance to our Membership, such as educational institutes.

Chief and Council had 2 displays set up and rotated representatives working at their displays. At one display, they held a survey requesting advice and information from Community Members. At the other, they celebrated Seabird's history.



By: Sandra Bobb

Education Committee

The Education Department would like to welcome Richard Parsey and Brooke Bobb-Reid to the Education Committee. We are excited to work with you!

On behalf of the Education Committee, we would like to thank Celeste Bobb and Maggie Pettis for their time, attention and commitment. It was an honour to work with them as they shared their insights and passion. Their work helped to

support student growth and development, we were uplifted by their participation in all Committee business.

Thank you again, Celeste and Maggie, for your tireless commitment to Education at Seabird Island. May your upcoming personal plans be equally rewarding!

By: Dr. Laurie Bizero and Education Department staff.

Free Information Sessions

Talk to local doctors and other health professionals on important medical topics.

Join us for Mini Med School Canyon Edition

One hour evening talks followed by a one hour Q&A with community partners.

Fraser Canyon Hospital
Downstairs Conference Room
1275 7th Avenue, Hope

District of Kent
Community Recreation and Cultural Centre
6660 Pioneer Avenue, Agassiz

APRIL 3 **Take My Breath Away**
A guide to chronic respiratory illness and what you can do about it.

APRIL 10 **Don't Worry, Be Happy**
Taking care of your mind & body through mindfulness and self care.

APRIL 17 **I Want a New Drug**
A small-town outlook on the big opioid crisis.

APRIL 24 **O Doctor, Where Art Thou?**
A rural guide to health care from Harrison Hot Springs to Boston Bar and everywhere in between.

Resource Fair starts at 6:30. Sessions are from 7-9 pm.

**NO REGISTRATION NEEDED.
EVERYONE WELCOME!**

DOOR PRIZES REFRESHMENTS RESOURCE FAIR



For more info
email: chilliwackdfp@divisionsbc.ca
divisionsbc.ca/chilliwack/minimed



Status Card and Other ID Photos

Seabird Communications office has qualified personnel who can take quality photos that meet the strict regulations for Status Cards, Passports and Possession/Acquisition Licenses. Each of the 4 photos below have different size and standards that need to be met or your application maybe denied.

Please remember to **book an appointment** to get your Status Card and other ID photos done. Otherwise you may be required to wait or requested to return on another date.

- Regular Status Card Photos \$10.00
- New Status Card Photos (stamped) \$15.00
Cards only available in Vancouver
- Passport Photos (stamped) \$15.00
- PAL/FAC Photos (stickered) \$15.00

To book your appointment, please contact the Communications Office at 604-796-2177



Seabird Island Festival

May 26 - 27, 2018



- Those interested in**
- Registering a team or
 - Setting up as a vendor for arts and crafts or others.

Please stop by or contact
Chanea or Angie at 604-796-2177



Chief and Council Portfolio Selection - Update



NEWLY SELECTED PORTFOLIO HOLDERS ARE:

Zack Joe (2nd); working along with lead Marcie Peters
Health

- Early Childhood Development
- Child and Family Services

Janice Parsey (alternate); working along with lead Stacy McNeil and 2nd Linda Kay Peters
Education

- K-12
- Post Secondary

	Chair	Co-Chair	3rd
Council Executive Committee • 3 members – Chair, Co-chair, and member	Clem	Janice	Marcie
Office of the CAO • Executive Secretary • Policy Analyst • Directors	Clem	Janice	Marcie
1. Administration Department • HR, IT and Finance	Paul	Janice <i>(Excluding IT)</i>	Marcie
2. Health and Early Childhood Development Program • Recreation • Employment • Doctors, Nurses and Dentist • Social Development	Linda	Alexis	
3. Health • Early Childhood Development Program • Child and Family Services	Marcie	Zack	
4. Education • K-12 • <i>Post-Secondary</i>	Stacy	Linda	Janice

	Chair	Co-Chair	3rd
5. Education • College	Rod	Alexis	
6. Lands and Government Affairs	Janice	Stacy	
7. Housing and Public Works • Operations and Maintenance • <i>Fire Department</i>	Stacy	Rod	Marcie
8. Justice	Alexis	Stacy	
9. Culture, Language and Heritage Natural resources • Forestry • Gravel	Zack	Linda	<i>(Lead TBD)</i>
10. Rights and Title & Fishing	Paul	Zack	Janice
11. Development Corporation	Paul	Janice	Alexis
12. Cheque Signers	Janice	Marcie	

Seabird Care Committee?

Does Seabird Island need a Care Committee??

Are you concerned about the mental health of friends and family?

Do you want to have a say in developing a Seabird Island protocol for responding to mental health crisis?

Can you join us on April 25, to start this dialogue?

When: April 25, 4 p.m. to 5:30 p.m.

Where: Community Health Room

What:

- Presentation from Shxw'ow'hamel Care Committee
- Review of Seabird Health initiatives
- Small group discussion and brainstorming

Seabird Members → Helping → Seabird Members



New Staff

Lisa Schierling
Executive Assistant
to the Director of
Education,



Hello my name is Lisa Schierling. I am Laurie Bizero's new Executive Assistant in the Education Department. I am so excited to be at beautiful Seabird Island.

I love my scenic drive to work and the eagle's nest at the south end of the bridge. I hope to make many new friends and learn more!

I grew up in Chilliwack and have raised my 3 kids there.

My greatest love in life is family, my 3 dogs & our bearded dragon. I also try to go boating and camping at Harrison Lake as much as possible.

Everyone has been so friendly here and I appreciate the warm welcome.



**Aboriginal
Liaison Worker**

**Starting September 2018
Sponsored Seats for
First Nation Students**

Must have Grade 12 or equivalent. Everyone Welcome.



Seabird College
2812 Chowat Road
PO Box 650
Agassiz, BC V0M 1A0

Ph: 604-796-6839
Fax: 604-796-1124
www.seabirdcollege.ca
E: schapman@seabirdisland.ca



Program Description This program prepares graduates to work with people working to overcome barriers in home and work life. Graduates could find employment in recovery homes for those struggling with addictions, in homeless shelters, group homes or as employment support workers.

This program focuses on knowledge of trauma and root causes of marginalization. It teaches skills needed by front line workers in identifying barriers, teaches professional ethics and standards, philosophies in helping, adaptive technologies, communications and creating inclusive communities.

This is an 8 month course that provides 770 hours of instructional time and 200 hours in a practicum placement.

- Program Summary**
- Sto:lo History
 - All my Relations: Working with Aboriginal Clients
 - Sto:lo Traditional Ways of Healing and Helping
 - Understanding Substance Use
 - An Indigenous Approach to Emotional Competency
 - Fetal Alcohol Spectrum Disorder
 - Interconnected Risk
 - Concurrent Disorders Planning

Seabird Island Community School- Naming Ceremony

As part of our Cultural teaching we select 1 student from each class to revive their traditional name. This right of passage involves the students family working together. The family selects the name. They get together to create the ceremonial shawls/blankets to protect their heart and the head band to protect their minds. They also pull together the ceremonial tributes for the witnesses. Standing on blankets for the

ceremony, the honoured students receiving their names are standing on new ground to have a fresh start.

Families are invited to attend and witness this years Naming Ceremony on April 18 starting at 1 p.m. in the Seabird School Gym.

By: Sandra Bobb



Photo: Seabird Island Community School - Naming Ceremony 2017

Seabird Island Festival May 26-27, 2018

HELP WANTED

■ The Community Service Department is seeking 20 people to work paid positions during Festival weekend in all aspects, of the weekend.

- Must be 15+
- Please enquire with Brian Govereau to enlist, please list when you are able to work.
- All applicants must attend a training session to work.

■ On behalf of the Festival Committee, we are also accepting bids and applications for the Festival.

Following buildings are up for rent:

- Firehall: \$200.⁰⁰
- BBQ Area \$300.⁰⁰
- Highschool Kitchen \$ 400.⁰⁰
- Millennium Hall and Band Gym \$ 600.⁰⁰

Please enquire with Angie Chapman 604-796-2177 as to what is required and what you will need to complete this process.



Quote of the Month

“Fake it until you make it! Act as if you had all the confidence you require until it becomes your reality.”

- Brian Tracy

Job Opportunity

Metric Modular

We offers steady shifts
Monday - Friday
7:00 a.m. - 3:30 p.m.

Full-time positions in:

- Framing
- Interior Finish
- Plumbing – Journeyman Plumbers
- HVAC
- Cabinets - Builders and Installers

A family orientated company with a great culture and opportunities for advancement.

They also offer excellent benefits to employees and families, including; MSP, extended health, dental and matching RRSP benefits.

For more information about Metric Modular or to apply please visit our career page at www.metricmodular.com

Open House

What a great open house this month. We were happy to see so many visitors at our tables. Those who couldn't make the open house and have questions about the Employment, Training and Social Development Department please stop by and we will be happy to answer any questions you may have.



Monthly Action Plans

Monthly action plans are due a week before Income Assistance day. Appointments can be made with Andrea or Whyles prior to Income Assistance day to avoid waiting in line.

College students are also reminded to bring in your monthly student attendance record to your appointment.

Labor Pool

Labour Pool is accepting applications for casual/temporary employment. This program is in place to assist anyone in the community that would like to work on call for the Seabird Island Band. Must be 16 years+. Please stop by our office when you are interested.

Funding Packages

Andrea and Whyles are available to meet with you regarding funding options for when you plan on taking an accredited educational program. Please call to set up an appointment at 604-378-6865.

JOB POSTINGS

View more detailed information about these and other opportunities, or to apply for current opportunities:

<https://seabirdisland.startdate.ca>

School Vice Principal

The Vice Principal assists the Principal in the administration, leadership, supervision and operation of the Seabird Island School. The Vice Principal provides quality B.C. curriculum a learning environment that promotes language and reinforces the personal values of self-reliance, generosity, honesty, adaptability and respect for self, others and the environment.

The Vice Principal must fulfill his/her responsibilities with high ethical and moral standards and serves as a positive role model for staff and students.

Supported Child Development Program (SCDP) Consultant

Under the supervision of the Supported Child Care Supervisor, the Supported Child Development Program Consultant will provide front line support to children with extra support needs and assist them to fully participate in a child care setting.

Teacher on Call

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

Grade 7 Teacher

Seabird Island Community School is seeking to fill the position of a Grade 7 teacher. We believe that a strong literacy and numeracy program that nurtures children's curiosity gives them the tools to successfully transition into high school from middle school. We are in search of a kind, patient, focused educator who understands student's motivations, encourages students to take calculated risks and has high expectations of our students.

Kindergarten Teacher

Seabird Island Community School is seeking to fill the position of a K4 teacher. We believe that kindergarten readiness requires indicators of success in social, emotional, physical, spiritual and cognitive domains. It also requires a preparatory information plan prior to admission to the formal kindergarten program to achieve the greatest success possible for each student.

Grade 4 Teacher

The Seabird Island Band is a multi-faceted First Nations Band that includes government, business, service and non-profit services. We work as an integrated team to improve the health, education, and economic opportunities for First Nations people to create thriving First Nations families and communities.

Are you at a point in your career that you are wanting to make a meaningful difference in a community where your knowledge, skills and experience will make a significant impact on students, staff and the community? Then this is the job opportunity you have been waiting for!

Youth Worker

The Youth Worker will be directly responsible for engaging Band Youth (age 12 – 19) in a variety of activities that will supplement their growth and development. Activities will include local and distant activities that are both large and small scale. The successful candidate will also connect their clients with needed programs and services such as driver's education, health services, mentorships and social supports.

The Youth Worker will be expected to develop strong and healthy relationships with Youth that will include in-depth discussions/ workshops and support related to Youth issues such as suicide, sexual education, gender, mental health, drugs and alcohol and developing healthy relationships. The incumbent must be able to engage and encourage Youth while maintaining an appropriate relationship with all of the Youth. This position will require a flexible schedule to meet the needs of the Band Youth. Given the schedule of the client base (school) most shifts will be evenings and weekends.

Cultural Coordinator

Reporting to the Director of Education, the Cultural Coordinator will assist with the development and delivery of cultural community projects and programs that integrate traditional teachings which balance the mental, emotional, spiritual and physical aspects of culture acquisition for Seabird Island Band. The Coordinator will ensure that all Band programs and ventures remain culturally relevant this is especially important during celebrations and ceremonies.

This position is also responsible for developing funding applications and proposals, including the budgets related to present and future cultural projects and programs for Seabird Island Band.

Child & Family Services Manager

Under the direction of the Health and Social Development Director, the Child and Family Services Manager (CFSM) will operate efficiently in accordance with the philosophies, policies and objectives established by Seabird Island Band Management and within the specifications and regulations of the Community Care Facility Act. Programs under the care and supervision of the CFSM will include: A:yelexw Men's and Women's Recovery Homes, A:yelexw Family Home, Seabird Health Counselling, Family Support, Wellness / Justice, Child and Family Services (MCFD, Xoylhemeylh).

The CFSM plays a key role in the delivery and integrity of services in Child Protection, Family Support, Addictions Recovery, Social Work and Counselling, ensuring the mental, physical and spiritual safety of clients and client families. The CFSM will ensure strong cultural values and direct programming that builds family bonds and resilience as well as a grounding in culture and community supports.

The programs in this portfolio require that the CFSM regularly and professionally interact with regulating bodies and other off reserve services: Ministry of Children and Family Development, Fraser Health, First Nations Health Authority, Social Workers, Law Enforcement, Correctional Services, Court and Legal systems, Local and Provincial mental health services and others.

General Applications

While uploading your resume, mention the position you are interested in next to your name. If you don't see a job opening matching your profile on our website then you can apply under the General Applications Category.

Quote
"If you don't try
there's no opportunity
to succeed."
Katie Lime, Moira K, Lime

Please ensure you have received confirmation for your online submission.

Job postings are also available at the Band Office and the Employment Office. If you have not received confirmation, email: humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references.

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

ADVERTISING RATES

PRINT AD RATES PER ISSUE

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Front Page Colour: limited availability

1/4 pg banner (8"x2.5") \$40
2.5"x3" \$25

	Colour:	Grey-scale:
8"x10"	\$135	\$37.50
8"x5" or 10"x4"	\$65	\$25
3.8"x5"	\$32.50	\$17.50
2.5"x3"	\$20	\$12.50

Classified Advertisements

.40¢ per word \$4.00 Minimum

DIGITAL DISPLAY AD RATES

Weekly Rates	15 sec	30 sec	60 sec
Full Screen	\$20	\$40	\$50
Banner	\$10	\$20	\$30

Digital advertisements will play
no less than 5 times a day.

PACKAGES

Starter	Premium	Starter
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60	\$100	\$140

DISCOUNTS AND FEES:

Only one discount may be applied /order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20
Returned Cheque	\$35
Late Fee	+3%

Fees are not for profit and
help us produce this newsletter.

DEADLINES

Submissions and advertisements are
due 7 business days prior to delivery.
Contact comm@seabirdisland.ca.

AVAILABILITY

Twice a month. The 15th of each month
(or closest business day) and the last
business day of each month.
Apply for email distribution or pick-up at the
red community newsletter boxes.

CONTACT US

Have an ad or story idea?
Email comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Advertising sales and design:
Sandra Bobb 604-796-6838 or email
sandrabbob@seabirdisland.ca

Editing Team: Sandra Bobb, Lori Burns,
Zorana Edwards-Shippentower,
Pearl Penner, Kristy Johnson, Gina Peters,
and Phaine Wegener (on-leave)

AGREEMENT/LEGAL

It is agreed by any display or classified
advertiser requesting space that the liability
of the paper in the event of failure to publish
an advertisement shall be limited to the
amount paid by the advertiser for the portion
of the advertising space occupied by the
incorrect item only, and that there shall be
no liability in any event beyond the amount
paid for such advertisement. The publisher
shall not be liable for any slight changes in
typographical errors that do not lessen the
value of an advertisement.

Editorials are chosen and written by Seabird
staff, they are the expressed opinion of the
staff, and do not necessarily reflect the views
of Seabird Island.

Letters to the Editor must be under 300
words and include your name, phone
number, status number, signature (not for
publication), as well as date/year submitted.

We reserve the right to revise, edit and/or
reject any advertisement or
story submissions.



Classifieds

OPTOMETRY CLINIC

Book now for the next clinic dates:
TBA

Recommended annual checkups for
children under the age of 19 and every
2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes,
or taking high risk medicines? You can also
be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 a.m. - 5:30 p.m.

Closed Fridays

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with
most urgent problems will be seen first.
Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

BUILDING BOOKING AND MEETING ROOMS

To book the Band Office gymnasium,
boardrooms and Millennium Hall, please
complete a Rental Form. Forms are available
at the Office.

Contact Angie Chapman 604-796-2177.

FIELD LIGHT BOOKING

► \$2.⁵⁰ for Band Members and

► \$8.⁵⁰ for Non-Band Members.

Contact Angie Chapman 604-796-2177.

VOLUNTEERS REQUIRED

Would you like to help during events with
set-up, clean-up, cooking, decorating or
child minding?

Contact Angie Chapman 604-796-2177.

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

Now recruiting new members.

Contact the Fire Hall 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the
Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

BABIES ID CARDS

Apply for a medical care card as soon
as possible.

Contact Maggie Pettis 604-796-2177.

Apply for Status Cards as soon as possible.

Contact Carol Hope 604-796-2177.

GARBAGE SCHEDULE

COMPOST, RECYCLE and GARBAGE:

Every Monday, unless Monday is a statutory
holiday, then pick up will take place on the
Tuesday immediately following the holiday.
2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each
month, by request.

If you need a bin dropped off for your
major cleaning please submit your request in
writing. Bin bookings currently postponed.

Contact Public Works 604-796-6844.

PRINTING SERVICES

Graphic Communications provides the
following paid services:

- Printing/copying services
- Status card photography
- Lamination
- Advertising and more

Contact Sandy Bobb 604-796-2177.

LOVED ONE PASS AWAY?

We can help you send a copy of the
death certificate to the First Nations
Health Authority.

Contact Maggie Pettis 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first
100 colour and 150 grey-scale funeral
pamphlets, as well as 1 hour of design time
is free for all Band Members. Additional
design time or pamphlets can be requested
for a fee.

We can also assist with pamphlets for
non-Band Members, inquire for fees.

Contact Sandy Bobb or Kristy Johnson
at 604-796-2177.

SEABIRD CHURCH

Mass: 11 a.m. - 12 p.m.

April 15, 29

Prayer Circle:

Contact Deacon Jamie 604-491-3053 or
604-615-5677

EMERGENCY / SECURITY

EMERGENCY 911
GRIFFIN SECURITY 604-703-0888

AMBULANCE BILLS

Please submit ambulance bills as soon as
you receive them. If the bill is more than
1 year old, ambulance costs will no longer
be covered under the Non-Insured Health
Benefits (NIHB). Anyone with a status
number can have the ambulance paid for
by Health Canada as long as it's not an
ICBC claim.

We can only provide assistance to those
with a status number.

Unfortunately, ambulance bills will not
be covered if you were also incarcerated
in jail. Ambulance Billing will know if
you were incarcerated based on the bill's
address. Please do not bring these in as
they will be denied and it will be the client's
responsibility to pay.

Please note, if you were taken home in an
ambulance after a stay in the hospital, this
will not be covered and it will be the client's
responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

Need to apply for a new medical card
because it was lost or stolen? We can assist
you when applying for a new one.

Each client is responsible for paying for their
medical cards. If they've been lost or stolen
more than two times the cost is \$20 for each
new card.

Please note, we do not assist with
BC ID applications.

Contact Maggie Pettis 604-796-2177.

NOTICE

NO SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no
solicitation of any sort. Visitors need
permission from Chief and Council to
solicit door to door.

If you get a questionable person knocking
on your door you do not need to let them
in. You have the right to close the door and
contact the RCMP. There is an open file at
the RCMP.

Community safety is a Chief and Council
priority. Please contact us if you
have any concerns.

Classes starting soon!

Carpentry and Construction

8 month program includes:

- Reading and interpreting drawings
- Using specialty equipment
- Site and building layout
- Building concrete forms
- Framing a building
- Finishing internal and external details
- Prerequisites: Grade 12 preferred, Math 11 and English 12
- **Starting September 2018!**



Seabird College
2812 Chowat Road
PO Box 650
Agassiz, BC V0M 1A0



Professional Cook Level 1

Starting September 2018

Sponsored seats for First Nation Students

Program Summary:

This professional cook program provides comprehensive hands-on training to gain the skills to work in a professional kitchen. This is a 10 month program that provides 800 hours of instruction and includes 120 hours of workplace based practicum as well. Includes Food Safe level 1, WHMIS, First Aid.

Course Description:

- Occupational Skills
- Stock, Soups and Sauces
- Vegetables and Fruits
- Starches
- Meats and Poultry
- Seafood
- Garde Manger - dressings
- Breakfast and Dairy
- Baked Goods
- Beverages

Everyone Welcome



Seabird College
PO Box 650
2812 Chowat Road
Agassiz, BC V0M 1A0

Ph: 604-796-6839
Fax: 604-796-1224
www.seabirdcollege.ca
E: schapman@seabirdisland.ca



Seabird College offers:

Construction Craft Worker



Earn your Dogwood now, then start Construction in April. Funding available for First Nation students.

Build the skills and knowledge you'll need to enter the construction trade. This program will cover:

- Safe Work Practices
- Tool and Equipment Use
- Work Organization
- Site, Concrete and Road Work
- Scaffolding and Access Equipment
- Utilities and Pipeline
- Offered in partnership with Thompson Rivers University



Seabird College
Ph: 604-796-6839



APRIL 2018 WEAVING CLASSES

Everyone Welcome

- Friday, April 13, 2018
from 9 am - 3pm
- OR
- Friday, April 20, 2018
from 9 am - 3 pm

Classes occur in the new Weaving and Textiles Centre at the Mill Hall located at 2736 Sqewqel Drive, Agassiz, BC

Each Session has 16 available seats.
Registration is free for First Nations, or \$90 for non - First Nations.
Call Seabird College to register at 604-796-6839.

HALQ'EMÉYLEM TRANSLATION CONTEST

Register your students in the division you think they are capable to compete in. Most importantly, come to have fun and celebrate learning our language!

TEAM EVENT

Max: 6 per team

Four Divisions

Elementary

Middle

Secondary

Adult

LIGHT LUNCH

PROVIDED

WHEN

APRIL 26TH, 2018

10:00-2:00

REGISTRATION

Dianna Kay

604-796-3061

Fax: 604-796-3068

Email: dianna@seabirdisland.ca

WHERE

Seabird Island Band Gym

2895 Chowat Rd

Agassiz BC

