



the SEABIRD ISLAND

Sq'ewqel

# YOO HOO

*Because news isn't all bad or boring!*

[www.seabirdisland.ca](http://www.seabirdisland.ca)

*Welék'es (Mid-March) 2019*



*Seabird Island Career Fair more on page 3.*





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## Upcoming Closures

**March 18 - 29**  
SD78 Spring Break

**March 25 - 29**  
SICS Spring Break



## Mark Your Calendar

**March 20**  
Halq'emeylem Bowl

**March 28**  
Nutrition Run

# Seabird Island FESTIVAL

# Celebrating 50 YEARS



- Baseball
- Ball Hockey
- War Canoe Races
- Adult Soccer
- Youth Soccer
- Barbeque Salmon
- Cultural Performers
- Daily 50/50
- Vendors
- FREE Parking

We are interested in your comments, questions and concerns.

Sneak peak, more info to come

We will be looking for volunteers to make this celebration grand.

## Please join us May 25<sup>th</sup> & 26<sup>th</sup>, 2019



Events Coordinator, Charlene Point [charlenep@seabirdisland.ca](mailto:charlenep@seabirdisland.ca)



## Youth Empowerment Camp at Squeah

# FREE!



**March 25<sup>th</sup> to 28<sup>th</sup>**

Leaving the Seabird Island Band Office at 8:00 a.m. on Wednesday. Participants are encouraged to come to the ceremony on Thursday at 11:00 a.m.

**Full - please apply for the wait-list**

**Getaway of:**

- Drumming
- Dancing
- Bone Games
- and much more.

24 Participants max, first come first served!



## CONTACT

Contact Katelyn Moon at **604-796-2177** to complete a registration form and RSVP to [katelynm@seabirdisland.ca](mailto:katelynm@seabirdisland.ca)

## Seabird Island's Open House

Will be held in the Band Office Gym on April 10.  
Doors will open at 10 - 5 p.m.

Come and check out the Programs within Seabird.

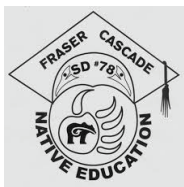


## Career Fair

On March 6 there was a Career Fair held on Seabird at the Band Office Gymnasium from 10 a.m. - 2 p.m. There were 38 tables of vendors set up and approximately 200 people attended the event. Snacks and drinks were provided through out the day.

Attendees included Community Members, students from local schools, Seabird College and even a school from Skatin. They were able to go to every table of interest and ask representatives questions and even register for courses and jobs if interested.

*Submitted by: Zorana Edwards-Shippentower*



## SD78 Fraser-Cascade & Aboriginal Education Department

### Call for Local Aboriginal Artists

This request is seeking an Artist/Artist Team for a carved PODIUM for Fraser-Cascade School District #78

#### 1. Introduction

The Aboriginal Education Council consists of the following Bands/First Nations: Boothroyd, Boston Bar, Chawathil, Cheam, Peters, Seabird Island, Shxw'owhámél, Spuzzum, Sq'ewá:lxw, Sq'ewlets, Sts'ailes, Union Bar, Yale, Métis and Off-Reserve.

The Fraser-Cascade School District #78 consist of the following schools: Agassiz Centre for Education, Agassiz Elementary Secondary, Boston Bar Elementary Secondary, Coquihalla Elementary, Harrison Hot Springs Elementary, Hope Secondary, Kent Elementary, Silver Creek Elementary and Two Rivers Education Centre.

During the fall of 2018, the Aboriginal Education Council supported that we get our own podium, as in the past we always borrowed Yale First Nations' podium.

There are a total of 1760 students in School District #78 Fraser Cascade and 624 Aboriginal Students.

#### 2. Eligibility

This call is opened to all artists and artist teams submissions must be received no later than April 30 at 4:00 p.m.

Submissions should be sent to: Native Education Department School District #78 Fraser - Cascade  
650 Kawkawa Lake Road  
Hope BC, V0X 1L4  
Or email submissions to Miranda Cowan, secretary at [miranda.cowan@sd78.bc.ca](mailto:miranda.cowan@sd78.bc.ca)

#### 3. Selection Process

A selection panel of Aboriginal Education Council Representatives will review submissions. The selected Artist/Artist Team may be asked to develop their concepts in more detail if required. Proposal will be commissioned by May 10.

#### 4. Submissions

Please include the following in your submissions:

- Name, email, address and contact phone number
- What type of Podium Art Design you want to create
- Describe each section in the art design
- Provide a drawing in a three dimensional view
- Letters of reference
- Portfolio of art completed
- Estimated cost of podium

Due: Submissions must be received no later than April 30 at 4:00 p.m.

Question?

Contact: Rod Peters  
District Aboriginal Education Coordinator  
w| 604-869-2842  
c| 604-860-8017  
e| [rod.peters@sd78.bc.ca](mailto:rod.peters@sd78.bc.ca)





## STURGEON STEWARDSHIP WORKSHOPS

Come join us for the Sturgeon Recovery & Stewardship Initiative!

The Indigenous Stewardship workshops will help increase the recovery of Sturgeons in our area.

Each 3 day workshop includes a one day field trip to the river where you will be exploring the watershed, river and participate in White Sturgeon research sampling and data collection. First Nation Elders and Sarah Schreier, Executive Director at Fraser River Sturgeon Conservation Society, will guide us through this enjoyable gathering.

- Space is limited, so register today
- Lunch included

**Contact Lori Burns**  
**Ph: 604.796.2177**  
**loriburns@seabirdisland.ca**

*"The White Sturgeon is a magnificent fish. It is also the biggest and one of the oldest here in British Columbia. The sturgeon lives at the bottom of large cold rivers and marine environments right here in the Fraser River at the door steps of Seabird Island.*

*The male White Sturgeon can live for about 55 years; the female Sturgeon can live for an outstanding 150 years! It is the longest living fish here in North America."*

Written by: Daemon Naistus, Seabird Island Band -2017

**WORKSHOPS**  
 April 3, 4, 5  
 April 9, 10, 11  
 4 Sets of 3 day workshops  
 please pick one.

**9:00 a.m. to  
 3:30 p.m.**

## The Canadian Coast Guard

The Canadian Coast Guard would like to invite Indigenous and Coastal Community members to apply for positions of Fishing Masters and Deckhands in the Fleet. For disseminating to interested people in your Nation and /or Community.

### Fishing Masters:

Coast Guard Fleet has several opportunities for following positions:

Stream 1 - MAO-02 \$31.86 – \$35.35 per hour – Fishing Master/Deck Officer, Class A Vessel – CCGS Neocaligus

Stream 2 - MAO-04 \$35.01 – \$39.10 per hour – Commanding Officer, Class A Vessel (under review) – CCGS Neocaligus

Stream 3 - MAO-06 \$39.14 – \$43.39 per hour – Fishing Officer, Class E Vessel – CCGS Sir John Franklin

The following poster is open to Indigenous People interested for the above noted positions:

<https://emploisfp-psjobs.cfp-psc.gc.ca/psrs-srjf/applicant/page1800?poster=1273208>

### Deckhand:

An overview of the deckhand work and responsibilities can be found at the following website:

<http://www.ccg-gcc.gc.ca/College-and-Careers/Ships-crew>

Applicants for Deckhand positions will need to complete the following courses before applying:

1. Marine Emergency Duties Standards of Training, Certification and Watchkeeping for Seafarers (STCW) – Basic Safety
2. Marine Emergency Duties STCW – Survival Craft
3. ROC-MC Radio Operator's Certificate – Maritime Commercial
4. Marine First Aid (can be Marine Basic First Aid, Marine Advanced First Aid, or Occupational First Aid Level 3).

The following poster is open for Indigenous People interested in a deckhand positions:

<https://emploisfp-psjobs.cfp-psc.gc.ca/psrs-srjf/applicant/page1800?poster=1270690>

The following poster for deckhand positions is open to both Indigenous and non-Indigenous people:

<https://emploisfp-psjobs.cfp-psc.gc.ca/psrs-srjf/applicant/page1800?poster=1270683>

### How to Apply:

The Canadian Coast Guard – Operational Fleet recognizes that the online application process may not work for everyone. While we encourage candidates to apply online, we are willing to accept cover letters and resumes electronically by email. The cover letters and resumes can be sent as attachments by email to [catherine.wehrle@dfo-mpo.gc.ca](mailto:catherine.wehrle@dfo-mpo.gc.ca) by midnight March 31<sup>st</sup>, 2019.

In addition to the candidates resume, their cover letter will need to clearly identify the following:

- the staffing process number the candidate is applying, and,
- how the candidate meets the requirements outlined in the staffing poster(s).



## Introduction to Planning your Business Operations



# FREE

Are you a new Indigenous business owner? Or just thinking about starting a business and you are located in S'ólh Téméxw, the Stó:lō Traditional Territory?

This FREE workshop will help you develop a step by step action plan that will guide you in your start up or planning process. The workshop is appropriate for a variety of business types including sole proprietors, social enterprise or non-profit.

Participants will learn how to plan their business operations (how to choose a location, business structures, business

naming, registration, federal, provincial and municipal registrations, licenses and permits and laws, insurance, financial well being and understanding what a lender sees).

This workshop is designed and delivered by an Indigenous small business owner with real life experiences to draw on and over 10 years of business advisory and coaching experience.

**When:** Thursday March 21 and Thursday March 28, 2019

**Time:** 9:00 a.m. – 5:00 p.m.

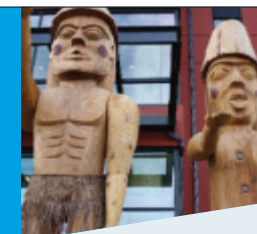
**Where:** Stó:lō Community Futures Boardroom, Building #10, 3rd Floor, 7201 Vedder Rd, Chilliwack, BC V2R 4G5

[For more information or to register](#)

**Contact:** Rocio Zielinski, Operations/Loans Manager  
Email: RZielinski@stolocf.ca or  
Call: 604-824-5272

Coffee and light meals provided. Seats are limited. Please RSVP and register by March 15.

## Introduction to Developing a Financial Plan for your Business



# FREE

Are you a new Indigenous business owner? Or just thinking about starting a business and you are located in S'ólh Téméxw, the Stó:lō Traditional Territory?

This FREE workshop is intended to empower Indigenous entrepreneurs with information that will keep their business strong and families resilient financially. If you are a new business owner or just thinking about starting a business. This workshop will help you develop a step by step financial plan that can guide you in your start up or planning process.

There are no pre-requisites, but participants should be interested in knowing the story behind your financial projections. During this workshop, the facilitator will walk you step by step

through developing financial statements. An easy to use template will be provided and the workshop instructor will help you to develop various financial statements including a cash flow, balance sheet and income statement.

We will also review your break even. At the conclusion of this workshop, participants will be able to have an informed conversation with family members and lenders about the financial forecast of the business.

This workshop is designed and delivered by an Indigenous small business owner with real life experiences to draw on and over 10 years of business advisory and coaching experience.

**When:** Saturday March 23 and Saturday March 30, 2019

**Time:** 9:00 a.m. – 5:00 p.m.

**Where:** Stó:lō Community Futures Boardroom, Building #10, 3rd Floor, 7201 Vedder Rd, Chilliwack, BC V2R 4G5

[For more information or to register](#)

**Contact:** Rocio Zielinski, Operations/Loans Manager  
Email: RZielinski@stolocf.ca or  
Call: 604-824-5272

Coffee and light meals provided. Seats are limited. Please RSVP and register by March 15.







Momo is a sinister 'challenge' that has been around for some time. It has recently resurfaced and once again has come to the attention of schools and children across the country. Dubbed the 'suicide killer game', Momo has been heavily linked with apps such as Facebook, WhatsApp, YouTube, and most recently (and most worryingly)... YouTube Kids. The scary doll-like figure reportedly sends graphic violent images, and asks users to partake in dangerous challenges like waking up at random hours and has even been associated with self-harm. It has been reported that the 'Momo' figure was originally created as a sculpture and featured in an art gallery in Tokyo and unrelated to the 'Momo' challenge we are hearing about in the media.

What parents need to know about

# MOMO



## CHILDREN'S VIDEOS BEING 'HIJACKED'

There have been recent reports that some seemingly innocent videos on YouTube and YouTube Kids (such as 'surprise eggs', unboxing videos and Minecraft videos) have been edited by unknown sources to include violence provoking and/or other inappropriate content. Even though YouTube monitor and remove videos that include inappropriate content, clips can be uploaded and viewed thousands of times before they get reported and removed. As a parent, it's difficult to spot these videos as the harmful content doesn't appear until partway through the video.

## DISTRESSING FOR CHILDREN

Popular YouTubers and other accounts have been uploading reaction videos, showing their experience of the MOMO challenge. Some of the videos include a disclosure message warning that the content may be "inappropriate or offensive to some audiences" and that "viewer discretion is advised" but these videos are still easily accessed by clicking 'I understand and wish to proceed'. The image of the 'Momo' character can be deeply distressing to children and young people and it's important to note that it may slip through parental settings and filters.

## SUGGESTED VIDEOS ON YOUTUBE

Video apps such as YouTube include an 'up next' feature which automatically starts playing another video based on the video just watched. Due to YouTube's algorithm, users are shown 'suggested videos' that they may be interested in. The thumbnails used on suggested videos are purposefully created in a way to encourage viewers to click them. During our research, we found that when watching one Momo related video, we were shown countless other Momo themed videos and other scary content which would be age-inappropriate for children under 18.



**National  
Online  
Safety**

## Top Tips for Parents

### TELL THEM IT'S NOT REAL

Just like any urban legend or horror story, the concept can be quite frightening and distressing for young people. Whilst this may seem obvious, it's important for you to reiterate to your child that Momo is not a real person and cannot directly harm them! Also, tell your child to not go openly searching for this content online as it may only cause more distress.

### BE PRESENT

It's important for you, as a parent or carer, to be present while your children are online. This will give you a greater understanding of what they are doing on their devices, as well as providing you with the opportunity to discuss, support and stop certain activities that your child may be involved in. As the nature of each task become progressively worse it's also important to recognise any changes in your child's behaviour.

### TALK REGULARLY WITH YOUR CHILD

As well as monitoring your child's activity, it's important for you discuss it with them too. Not only will this give you an understanding of their online actions, but those honest and frequent conversations will encourage your child to feel confident to discuss issues and concerns they may have related to the online world.

### DEVICE SETTINGS & PARENTAL CONTROLS

Ensure that you set up parental controls for your devices at home. This will help to restrict the types of content that your child can view, as well as help you to monitor their activity. In addition to this, it's vital that you are aware of your device and account settings to ensure your child's utmost safety. For example, on YouTube you can turn off 'suggested auto-play' on videos to stop your child from viewing content that they have not directly selected.

### PEER PRESSURE

Trends and viral challenges can be tempting for children to take part in; no matter how dangerous or scary they seem. Make sure you talk to your child about how they shouldn't succumb to peer pressure and do anything they are not comfortable with, online or offline. If they are unsure, encourage them to talk to you or another trusted adult.

### REAL OR HOAX?

As a parent it is natural to feel worried about certain things you see online that may be harmful to your child. However, not everything you see online is true. Check the validity of the source and be mindful of what you share as it may only cause more worry.

### REPORT & BLOCK

You can't always rely on parental controls to block distressing or harmful material. People find ways around a platform's algorithm in order to share and promote this type of material. Due to this, we advise that you flag and report any material you deem to be inappropriate or harmful as soon as you come across it. You should also block the account/content to prevent your child from viewing it. Also encourage your child to record/screenshot any content they feel could be malicious to provide evidence in order to escalate the issue to the appropriate channels.

### FURTHER SUPPORT

Speak to the safeguarding lead within your child's school should you have any concerns regarding your child's online activity or malicious content that could affect them.

If your child sees something distressing, it is important that they know where to go to seek help and who their trusted adults are. They could also contact Childline where a trained counsellor will listen to anything that's worrying them.

The Childline phone number is  
0800 1111.





## Parents Beware!

### YouTube Challenges, Games and Scary Hidden Messages Geared towards children

In school, you heard about hidden messages in advertising or over store radios. You may not even recognize the messages, the volume is so low, but your subconscious hears them and wow all of a sudden you are buying some bag of chips you didn't want.

This is taking things to the next level. There are many scary things on the internet these days that are not being caught. You may think your child is watching something safe, it looks okay so far. However half way through some of these shows, something pops up that is not supposed to be there. Things like suicide instructions, messages that make your kids vulnerable, gruesome displays, even pornographic images. Many of these things may appear to be funny at the time, but are not age appropriate and have hidden messages that can be harmful to your children. Two of the scary things out there include "The Blue Whale" and the "Momo Challenge"

Parents need to be aware that YouTube, Facebook, SnapChat and more are not safe for your children, even "YouTube for Kids" is not safe. Parents need to monitor their child's use of these mediums, not once in awhile ALL THE TIME!

Submitted by: Sandra Bobb

## Online Safety for Kids

The Internet has brought many benefits, but it has also raised some safety concerns such as the potential for crime and predators. To make sure children have a safe and rewarding experience on the Web, parents and educators must understand where they go, what they do and the safety issues they may face.

The Canada Safety Council recommends that children who use the Internet follow these rules:

- I ask my parents' permission before giving out any personal information on the Internet, including: my sex, name, phone number, address, e-mail, school name, my parents' work address/telephone numbers, credit card information, my picture and my passwords.
- I only use chat rooms for kids that my parents have checked out for me.

- When I'm online I always use a nickname that doesn't reveal anything about me – including if I am a boy or girl.

It's important to note that new challenges are arising on the internet all the time. There is a guide to raise awareness of the issue and offer advice on helping parents to talk to their children about making safer decisions online. See the website [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for more information.

- If an online message makes me feel uncomfortable or frightened, I don't respond to it. Instead I tell an adult right away.
- If I want to arrange a meeting with someone I've met on the Internet, I tell my parents first and make sure one of them comes with me.



# Family Traditional Wellness Days

March 23-24, 2019

9 am – 4 pm  
Breakfast at 8:30 am

## Sumas First Nation Longhouse and Hall

- Weaving
- Singing
- Drum making
- Energy brushing
- Child story telling
- Day 2: Slahal teachings and family tournament

For more information or to register, please contact:

Antonia Victor  
Community Engagement Coordinator  
604.819.4155  
[antonia.victor@fnha.ca](mailto:antonia.victor@fnha.ca)



Sumas First Nation  
2788 Sumas Mountain Road  
Abbotsford, BC  
V3G 2J2

- I treat people nicely when I'm online and never post or send rude messages or threats.
- I always ask permission from the author before taking words, pictures or sounds from a website.
- I use websites and search engines for kids that my parents, teacher or librarian have told me about.
- I know that things I read online aren't always true so I check the information with a parent or teacher.
- I always check with an adult before opening e-mails from strangers.

Source: Media Awareness Network  
<https://canadasafetycouncil.org/online-safety-rules-kids/>



# new girls

COME  
FLY  
WITH  
US

Abbotsford  
International  
Airport

Sat & Sun  
October  
5-6, 2019

9:00 am  
to 5:30 pm

IT'S FREE!



Girls & women of all ages – discover a world of opportunities at the airport!

**FREE flights** for female first-time fliers of any age (previous jet airline experience is okay).

**Incredible hands-on activities** from Aviation, Aerospace, Marine & Defence - Space too!

**Fun for the whole family!**



## The Sky's No Limit – Girls Fly Too! 2019 Event

VANCOUVER, BC- February 24, 2019-It is with deep regret that due to unforeseen circumstances outside of our control we must postpone The Sky's No Limit – Girls Fly Too! 2019 event until after the BC wildfire season. The good news is that the new date coincides with the week of International Day of the Girl, a Canadian-driven UN observance, on Oct. 5 – 6, 2019.

As many of you know, we outgrew the largest available hangar four years ago. Since then our event has been graciously hosted by BC Wildfire Services at the Air Tanker Base at the Abbotsford International Airport.

Unfortunately, due to a second year of extreme wildfires and flooding in 2018, some of the essential resources we need to run the event are not available to us as they normally would be. Despite heroic efforts on the part of many, we were unable to secure replacement resources in time to meet the planned dates of March 9 – 10, 2019.

It takes significant time, money and resources contributed by many agency, industry, education and community partners as well as the dedication of hundreds of volunteers to provide a free event of this nature for thousands of participants. We decided it was in the best interests of all concerned to postpone the event until such time as we have sufficient resources available



LOCKHEED MARTIN



MORE INFO > [www.girlsfly2.ca](http://www.girlsfly2.ca) > [info@girlsfly2.ca](mailto:info@girlsfly2.ca) > 604.210.4033



to provide the kind of incredible event that we have become known for.

We realize this may come as a considerable disappointment for many of you, particularly those girls and women who have been looking forward to enjoying their first flight in a helicopter – free! Rest assured that in just a few short months you will still be able to enjoy this, and many other amazing opportunities at our free event. NASA Astronaut Heide Stefanyshyn-Piper has confirmed she will be there for both days on Oct. 5 – 6, 2019.

For those of you that have already been successful in booking your flights, we are happy to transfer your flight to the same day and time on the new weekend of Oct. 5 - 6. Over the next few weeks we will be sending out emails to confirm this with you. We will also have more time to run regular social media challenges in advance of the event!

For those of you that have volunteered with us, we will be reaching out to you shortly to confirm your availability for the new dates.

Thank you to everyone for your understanding of this difficult decision that was necessary to make in order to protect the event and offer everyone the best possible experience. See you in October!

**The Sky's No Limit - Girls Fly Too!** Is the world's largest event of its kind to inspire female future leaders in Aviation, Aerospace, Marine & Defence, as well as other high-tech STEM fields. The life-changing event is

organized by the Achieve Anything Foundation traditionally held annually during the Week of International Women's Day. In 2019 the event will be held during the International Week of the Girl. Weather permitting, hundreds of free flights are provided to female first-time fliers of any age. Events are fun, hands-on, and completely free to ensure there are no barriers to participation. This is thanks to the generous support of industry and community partners such as the Lockheed Martin Corporation, Abbotsford International Airport, Teck Construction, University of the Fraser Valley, Pacific Region Training Center, Government of British Columbia, Verrault Lowbed Service, Seaspan and many others.

Events are open to the public and everyone is welcome– no registration is required to attend.

In 2018 the Canadian and US Military, Cadets, RCMP, Canadian Coast Guard, Vancouver Police and various civilian entities joined forces with well over a billion dollars in aircraft and tactical assets for participants to explore. Over 20,000 people from Canada, the US and beyond participated over the two-days event and 1,955 girls and women were exhilarated by their first flight in a small aircraft. Visit [www.girlsfly2.ca](http://www.girlsfly2.ca) for more information and event updates.

The Achieve Anything Foundation is a federally incorporated not-for-profit organization with a mission to inspire female future leaders

in STEM (science, technology, engineering & math), and STEM-based fields such as Aviation, Aerospace, Marine & Defence. With the mantra "From shop floor to top floor" the Foundation employs a unique hands-on approach towards changing perceptions and improving gender diversity in high tech fields.

"Since the number of women in high-tech, STEM-based industries remains low, the result is that girls and women have very few role models in their network to share their experience and passion for these fields. In day to day life, women generally don't "see" themselves reflected in these areas, and this is continually reinforced in the media and social media". Says Achieve Anything president and founder Kirsten Brazier. "Therefore, if women are not aware of these opportunities, it is unreasonable to expect

them to be interested in pursuing them. We've implemented Operation: This IS You! to develop this network of experience by providing year-round hands-on experience events for girls and women in the applicable agency or industry partner's native environments."

Brazier is a professional pilot from the Lower Mainland, BC and she holds Canadian and US pilot licenses with Airline Transport Ratings for both aeroplanes and helicopters. With over 25 years of flying and aviation management experience, Brazier has enjoyed a diverse career flying across Canada, US and the Caribbean on wheels, floats, skis and skids as well as two-crew operations in both aeroplanes and helicopters.

## Seabird Island Community



### FAMILY SUPPORT MEETING

**Bi-weekly session at the Little Church Hall from 1-3 p.m.**

Drop by for an open Circle meeting with topics related to Indigenous Mental Health, Culture and Wellness.

Light snacks provided.

Brought to you by Seabird Island Health and Wellness

**First session: Wednesday March 27<sup>th</sup>**

**Contact: Randy, Zena, or Lolly 604-796-2177**



# Cultural Storytelling Dinner

**April 17<sup>th</sup>, 2019**  
**5:00 - 8:00 p.m.**  
**Band Office Gymnasium**

**As part of the Community Child & Youth feedback dinners.**  
We are offering this family bonding & cultural teaching opportunity  
to meet the request for more cultural activities.



**Seabird Island Band  
First Nations Festival**  
ATTN: Charlene Point  
P.O. Box 650, 2895 Chowat Rd, Agassiz, BC V0M 1A0  
Tel: 604-796-2177 Fax: 604-796-3729  
[charlenep@seabirdisland.ca](mailto:charlenep@seabirdisland.ca)  
[www.seabirdisland.ca](http://www.seabirdisland.ca)

## VOLUNTEER SIGN-UP



### VOLUNTEER INFORMATION

#### CONTACT

NAME: \_\_\_\_\_

LOCAL: \_\_\_\_\_

CELL NUMBER: \_\_\_\_\_

DEPARTMENT: \_\_\_\_\_

The 50<sup>th</sup> Annual Seabird Island Festival is being held May 24-26. We need the support of staff and community to help make this year grand. We will do our best to accommodate your selection but we cannot make any promises (I suggest signing up early). Please attend one of the two training sessions to ensure you know what is expected during your shift. If you have any questions, concerns or comments from last year please let me know. Thank-you for your dedication. Your hard work will make this year spectacular.

#### CATEGORY: TOP THREE CHOICES

- |                                       |  |  |  |
|---------------------------------------|--|--|--|
| <input type="checkbox"/> Adult Soccer | <input type="checkbox"/> Baseball            | <input type="checkbox"/> Parking         | <input type="checkbox"/> Maintenance     |
| <input type="checkbox"/> Youth Soccer | <input type="checkbox"/> Canoe               | <input type="checkbox"/> Info Booth      | <input type="checkbox"/> 50/50           |
| <input type="checkbox"/> Ball Hockey  | <input type="checkbox"/> Cultural Activities | <input type="checkbox"/> Main Concession | <input type="checkbox"/> Band Concession |

#### TRAINING DAYS: CHOOSE ONE

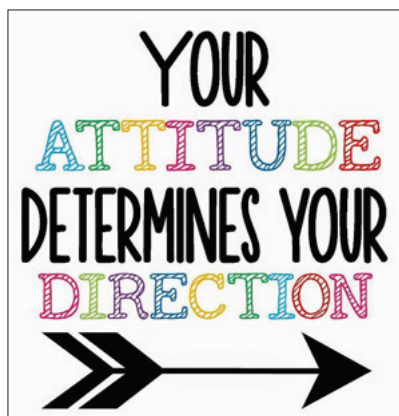
- TUESDAY MAY 14, 2019  
 THURSDAY MAY 16, 2019

PLEASE COMPLETE THIS FORM AND SEND TO CHARLENE POINT



# Employment & Training Program

## Monthly Quote



## Monthly Action Plans

Monthly action plans are due the 15<sup>th</sup> of each month. Appointments can be made with Andrea or Whyles prior to Income Assistance day to avoid waiting in line. College students are also reminded to bring in their monthly student attendance record to their appointment.

## Labour Pool

Labour Pool is accepting applications for casual/temporary employment. This program is in place to assist anyone in the community that would like to work on call for the Seabird Island Band. Must be 16 years+. Please stop by our office for more details.

## Training and Education Programs

When you plan on taking training or an educational program this September please see either Andrea or Whyles regarding funding options.

Funding requests/applications are for approved accredited educational programs. Please call to set up an appointment at 604-796-6865 to learn more.

## Self-Serve Options

We have computers and a printer available for anyone in the community that would like to job search, create resumes or research educational programs. We are happy to assist you and offer guidance when requested.

## Full-time Flagger positions available

### Contact:

Ashley Barten: 604-845-9758  
Company: Right On Flagging

### Requirements:

- TCP Certification
- Gear (standard reflective gear and PPE)
- Driver's License



### Average hours:

Monday-Friday, 6 a.m. - 4 p.m.  
contractor/job dependent.  
Wages start at \$16/hour for newly licensed, if experienced Flagger start at \$18-\$24/per hour. Based in Chilliwack with work in the Fraser Valley branching out to Vancouver.

## Drivers Seat

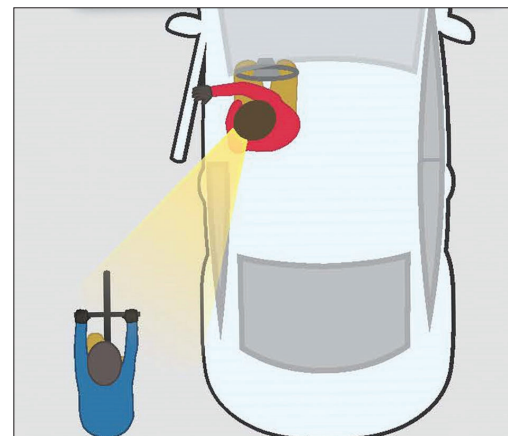
### Opening your door

On your Road Test the examiner might ask you, while you are pulled over to open your door. The reason they ask you is to see if you shoulder check before opening the door.

I suggest that you should try to get in the habit of using your "Right Hand" to open your door if you are in the drivers seat. This way you will automatically turn the upper part of your body and head to

the left and it will be easier for you to shoulder check before you open your door.

I also suggest that the people on the passenger side, weather in the front or back seat, use their "LEFT HAND" to open their doors so they shoulder check before opening it.





## FAMILY MATTERS/ATTENDANCE MATTERS



IT TAKES A COMMUNITY: We need the support of the whole family to help our children succeed

Families are their children's first, most important and longest lasting teachers, advocates and nurturers. Taking the steps listed below can help your child develop a positive attitude toward school and have better attendance:

1. Make going & getting to school on time everyday a high priority.
2. Talk with your child about the importance of school attendance from an early age including the negative effects of absenteeism.
3. Create a safe space for your child to share what's keeping them from participating in school and share this with the school.
4. Have a back-up plan for getting your child to school when there are difficulties with family illness or other challenges.
5. Whenever possible, schedule doctor and other appointments for after-school.
6. Contact the school to discuss supports and services that can help remove any barriers to attendance for your child.



### Reminder All Grade 7-12 Students Allowances

1<sup>st</sup> student allowance payment will be December 14, 2018  
September, October and November.

2<sup>nd</sup> student allowance payment will be March 15, 2019  
December, January and February.

3<sup>rd</sup> student allowance payment will be June 28, 2019  
March, April, May, June.

Student Allowances are as follows:

Grade 7-10 \$10.00 per month= \$100.<sup>00</sup> per school year.  
Grade 11-12 \$20.00 per month= \$200.<sup>00</sup> per school year.

Student allowances will be directly deposited for the students with bank accounts.

Student allowances are based on monthly attendance. Students must not miss more than 4 school days per month to be eligible for allowance.



Are you ready to take some Upgrading, College or University Courses?

### Post-Secondary Application Deadlines

Are you a registered Seabird Island Band Member interested in Post-secondary studies to obtain a Certificate, Diploma or Degree?? Then **REMEMBER** these important deadlines to apply for Post-secondary sponsorship...

Deadlines for **completed** applications are:

- ▶ For September (Fall) **April 1<sup>st</sup>**
- ▶ For January (Winter/Spring depending on institution) **October 1<sup>st</sup>**
- ▶ For May (Spring/ Summer depending on institution) **January 1<sup>st</sup>**

Funding of any application is dependent upon available budget.



For further information please contact:

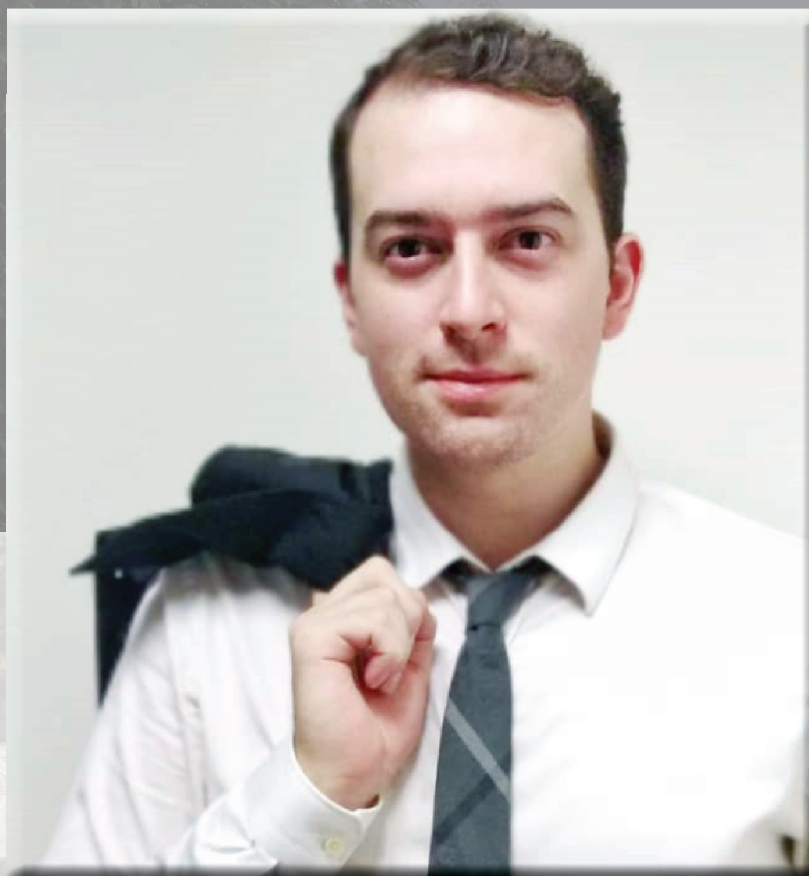
Cindy Kelly  
Student Services Worker at

P: 604-796-6834  
C: 604-997-3956  
E: [cindykelly@seabirdisland.ca](mailto:cindykelly@seabirdisland.ca)





## SEABIRD ISLAND BAND, EDUCATION ROLE MODEL



# ROWEN FORSETH

Post-Secondary Graduate 2018

MASTERS IN BUSINESS ADMINISTRATION (MBA) EDINBURGH SCHOOL OF BUSINESS

Ever since I discovered the need to help Indigenous communities identify and engage economic, social and educational opportunities. I knew I needed to develop the tools and skills necessary to tackle the issues surrounding indigenous people and organizations. With this discovery it led me into the dynamic person to be accepted into a very competitive business faculty

to take my Masters in Business Administration (MBA) without a fully completed undergraduate degree at the Edinburgh School of Business. With my recent completion and upcoming graduation in June, I plan to use the passion, discipline and resiliency that has enabled me to succeed in a variety of leadership roles during my life, to flourish in indigenous capacity building initiatives.

Seabird Island Education, your educational journey awaits:

**604-796-2177**



# JOB POSTINGS

View more detailed information about these and other opportunities, or to apply for current opportunities:

<https://seabirdisland.startdate.ca>

## Speech & Language Pathologist

The Speech & Language Pathologist provides a range of clinical services that focus on promoting communication, language and speech that contribute to a client/patient's overall cognitive, physical, social and emotional well-being. The speech and language pathologist works closely with babies, children who have various levels of speech, language and communication problems. The successful candidate will provide assessments to children (0-6 years old) referred to the Ey Qwal Speech and Language Program.

## On Call Education Assistant

Under the supervision of school administration the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of children more rewarding. EAs will assist teachers in student assessment and evaluation through observation, recording and data collection. At Seabird Island Community School Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of all students.

## Early Childhood Education Supervisor

The Early Childhood Education & Care Centre Supervisor assumes responsibility for the day to day operation of a fully licensed Child Care Centre for infants, toddlers and preschool age children. This includes providing a safe, welcoming, culturally rich and educational early childhood programs for the children and their families. At Seabird, we are proud of our rich culture that has been passed on to us from our elders and previous generations. We promote/organize many activities that help create awareness, understanding and respect of our culture. Learning to speak in the Halq'eméylem language is one of many cultural activities that happens at the Child Care Center. This is something that all staff are required to participate in, respect and appreciate fully.

## Dental Hygienist On-Call

The Dental Hygienist performs basic dental care tasks, mostly focused on keeping patients' teeth and gums clean and giving instruction in proper dental hygiene. The Dental Hygienist will work under the supervision of licensed Dentist. They are not qualified to make the same kind of diagnostic decisions or perform the same procedures as Dentists. Unlike dental assistants, who work directly with dentists, hygienists often see patients on their own and direct their own tasks.

## High School Social Studies Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. Social Studies Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of government, geography, history, economics, civic ideals and current events. Social Studies Teacher will also instruct students on Canadian ideals and Cultural Heritage; developing proficiency in the use of Social Studies inquiry skill and concepts; motivate each student to understand and exercise his/her rights, privileges and responsibilities as a citizen; develop understanding of the geographical, historical, cultural, and political factors which influence the development of the world regions.

## College Data Registrar

Reporting to the Seabird College Senior Administration, the Registrar is responsible for the orderly registration, enrollment, reporting processes and administration of Seabird College and Adult education programs. This is a fast paced, demanding position which has peak times which will focus on student inquiries and registration, nominal roll, securing funding and administrative functions. During slower periods the Registrar will shift his/her focus to maintaining files, program planning activities and preparing for the coming registration period.

## Public Health Nurse On-Call

Under the direction and supervision of the Health Director, the Public Health Nurse shall provide care, leadership and expertise, in accordance with Band policies. Specifically the Nurse is responsible for ensuring that timely health services are provided to all families that Seabird Island Health Programs serve. As with all positions within the Health Department, the RN will be expected to support the success of other Health programs. This may include supporting Home and Community Care and providing other Nursing services in general.

## Tutor

Our after-school education program seeks talented, experienced Tutors in all subject areas for students between grades 4 and 12. We help both struggling and gifted students reach their full potential by supplementing the instruction they receive in class and guiding them toward study practices and aides that can help them excel. Tutors work with individual students one-on-one, though we occasionally organize group activities for students who are studying the same material. Our team offers compassionate, motivating assistance to students, and we expect our new hires to do the same. If you have experience tutoring children, please submit an application.

## Teacher on Call (TOC)

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

## Custodian

The Custodian is responsible for performing custodial duties, minor maintenance and other miscellaneous duties in order to ensure that buildings and facilities are maintained in a healthy, safe and sanitary manner.

## Youth Worker

The Youth Worker will be directly responsible for engaging Band youths (age 12-19) in a variety of activities that will supplement their growth and development. Activities will include local and distant activities that are both large and small scale. The Youth Worker will also connect their clients with needed programs and services such as driver's education, health services, mentor-ship and social supports.

## Registered Nurse – Maternal Child

Under the direction of the Health Services Manager, the Maternal Child Registered Nurse shall provide Maternity care, leadership and expertise in accordance with Band policies and procedures. This position ensures the delivery and quality of the Maternal Child Health Program and works closely with pre and post-natal mothers, youth and families in the program. The Maternal Child Registered Nurse works closely with the Maternal Health Team Leader and may be required to take training as labour/delivery back-up to the Mid-Wife.

## Family Counselor

Description to come.

*Job postings are also available at the Band Office and the Employment Office. Please ensure you have received confirmation for your online submission. If you have not received confirmation, email [humanresources@seabirdisland.ca](mailto:humanresources@seabirdisland.ca).*

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



**DEADLINES**

Submissions and advertisements are due 7 business days prior to delivery. Contact comm@seabirdisland.ca.

**DELIVERY BOXES**

Twice a month. The 15<sup>th</sup> of each month (or closest business day) and the last business day of each month.

**CONTACT US**

Have an ad or story idea? Email comm@seabirdisland.ca Monday to Friday 8:00 a.m. - 4:00 p.m. Closed on all statutory holidays. www.seabirdisland.ca

Advertising sales and template design: Sandra Bobb 604-796-6838 or email comm@seabirdisland.ca

Editing done by: Sandra Bobb, Kristy Johnson, Lori Burns, Jason Forseth and Zorana Edwards-Shippentower.

**AGREEMENT/LEGAL**

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.

# Classifieds

## OPTOMETRY CLINIC

Next dates TBA

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Amanda Peters 604-796-2177.

## BABIES ID CARDS

Apply for a medical care card as soon as possible.

Contact Office 604-796-2177.

Apply for Status Cards as soon as possible.

Contact Carol Hope 604-796-2177.

## DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday - Thursday, Closed Fridays 8:30 a.m. - 5:30 p.m.

## DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with most urgent problems will be seen first. Others seen on a first come, first serve basis. Contact the Dental Clinic 604-796-6853.

## GARBAGE SCHEDULE

**CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:** Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. 2 garbage bags per household per week.

**MAJOR GARBAGE:** 1<sup>st</sup> Wednesday of each month, by request.

**Bin dropped off** for your major cleaning please submit your request in writing, there is a long wait-list.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

## AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

**We can only provide assistance to those with a status number.**

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home in an ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Amanda Peters 604-796-2177.

## MEMBERSHIP STATUS CARDS

Tuesday and Thursday: 8:30 a.m. - 4:00 p.m.

Appointments required. Contact Carol Hope at 604-796-2177 or carolhope@seabirdisland.ca

- New Photo (see Communications, appointment required)

SIB has the right to refuse service.

### Status Card Photography

Laminated style: \$10  
New style w/ authenticated photo \$15  
Monday to Friday: 8:30 a.m. - 3:30 p.m.  
Appointments required.

Contact Kristy Johnson at 604-796-2177 or kristyjohnson@seabirdisland.ca

## ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

## LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.

Contact Amanda Peters 604-796-2177.

## FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee.

We can also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177.

## SEABIRD CHURCH

Mass: March 31

Study Groups: Tuesdays at 7:00 p.m.

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

## MEDICAL CARDS

Need to apply for a new medical card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their medical cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Amanda Peters 604-796-2177.

Formally known as the Halq'eméylem Translation Contest

# Halq'eméylem BOWL

## 04-25 2019

10am-2pm

### Hatzic Middle School

34800 Dewdney Trunk Rd, Mission BC. V2V 5V6

**SPONSORS**

**INFORMATION**

- team event (3-6 members with adult)
- In-school participant only
- lunch—prizes—honouring ceremony

**CONTACT**  
dianna@seabirdisland.ca

## NOTICE

NO

**SOLICITING PEDDLING DISTRIBUTION OF PAMPHLETS**

All offenders will be reported and prosecuted to the full extent of the law.

By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.

If you get a questionable person knocking on your door you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.

**Community safety is a Chief and Council priority. Please contact us if you have any concerns.**





# SEABIRD SUPERFOOD RUN!



**BE A SUPERHERO!**

**THURSDAY, MARCH 28<sup>TH</sup> @ 9:30 A.M.**

DRESS UP LIKE YOUR FAVOURITE SUPERHERO OR SUPERFOOD! RUN OUR 5KM OR 10KM COURSE AROUND THE SEABIRD COMMUNITY! PRIZES FOR BEST COSTUMES AND FASTEST TIMES! ENJOY OUR FAMILY SUPERFOOD HEALTH FAIR AFTERWARDS FOR GAMES, EDUCATION & FUN!

**REGISTER BY MARCH 12<sup>TH</sup> TO SECURE A SEABIRD SUPERFOOD SWEATER!**

**CALL**

604-796-6829

**EMAIL**

[laurah@seabirdisland.ca](mailto:laurah@seabirdisland.ca)

**Location outside of Band Gym**