



the SEABIRD ISLAND

Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

Mid-November 2018



LEST WE FORGET... Honouring our
Aboriginal Veterans, pg. 3.



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Housing Applications Renewals Due

Reminder, renewals are scheduled between Nov. 15 - Dec. 31.

Not completing your renewal within that timeframe will drop you to the bottom of the list.

See Housing to schedule your appointment.

Upcoming Closures

November 19
 Staff Development Day
 (all programs and services)

December 22 - January 6
 Winter Break (SICS)

December 25 - 26
 Christmas and Boxing Day

Candle Light Vigil

- Dec 4: Shxw'ow'hamel
- Dec 5: Chawathil
- Dec 6: Seabird
- Dec 10: Scowlitz
- Dec 11: Squiala
- Dec 12: Skwah
- Dec 13: Cheam
- Dec 17: Kwaw Kwaw Aplit

The Candle Light Vigil is a gathering for loved ones that have passed, to honour and show our respect.

Dinner and snacks will be provided.

Come and spend good quality time with one another, share memories and laughter.

Celebration of Life



Band and Community Members are invited to join us for our annual Community Christmas Dinner

*Wednesday, December 5
 starting at 5:00 p.m.
 in the gymnasium*

Please bring your own utensils and plates to help us be environmentally friendly.

Santa photos 3-5 p.m.

In 2019 we will celebrate 50 years of Seabird Festival!

Over the years we have also had; Slahal, 2 Pitch, Hockey, Festival Princesses, Traditional Canoe Races, Soccer Tournaments, Cultural Performers and more!

We would like to recognize volunteers and workers from past years.

We are interested in your ideas and will be looking for volunteers to make this celebration grand.

Please join us to celebrate May 25th & 26th 2019





Lest We Forget, Aboriginal Veterans honoured at ceremony

The sun broke through the clouds on November 8 as students, teachers, Community Members and Elders led a procession from the School to the Band Office cenotaph in honour of National Aboriginal Veterans Day. First celebrated in 1994, National Aboriginal Veterans Day commemorates Aboriginal Veterans who fought for Canada.

After two minutes of silence, twenty-five names rung out to the crowd of students, teachers, flag bearers, councillors, staff and dignitaries from the Royal Canadian Legion.

First commemorated on November 8, 2002, the Band's cenotaph serves as a reminder of those twenty-five men who served in World War I and II, Navy, Militia and Home Guard, Vietnam and Military Training. Each year since, the Band has held a ceremony to honour those who fought or are serving.

Through their courage and sacrifice, they have helped to ensure that we live in freedom and peace, while also fostering freedom and peace around the world.

The long line of the procession was led by four flag bearers, eight young drummers and singers, all students of Seabird Island Community School. Two students from each grade were called upon to lay a wreath at the cenotaph before they returned to the School for a special Aboriginal Veterans Day assembly.

The Government of Canada invites Canadians to take part in acts of remembrance this year.

Tag social media posts with #RememberThem to show how Canada remembers.

More photos on back page.

Submitted by: Phaine Wegener

World War I: James Pettis, Joe Pettis and Noel Seymour

World War II: Archie Charles, Benny Joe, Pete Peters, Vincent Peters and Lawrence Hope

Navy: Harold Bobb and Raymond Bobb

Militia & Home Guard: Henry Charles, David Charles, Henry Pettis, Moses Louie, Art Andrew, William Andrew and Sandy McIntyre

Militia Training: Alfred Hope Jr., Ralph Louie, Joseph G. Pettis and Bobby Harris

Vietnam: Johnny Mack

Canadian Armed Forces—CURRENT

CFB: Dylan Sjoblom and Christine Hatch

Navy: Tristan Harris

Is that Microsoft calling? Beware of new scam

Your cellphone might be buzzing with a new scam about Microsoft and Microsoft Office. Callers, identifying themselves as employees of Microsoft, are seeking to gain access to your computer and private information.

“Customers, family, friends and Microsoft employees are receiving unsolicited phone calls and pop-up advertisement from fraudsters claiming to be from a reputable company or a partner of Microsoft,” says Microsoft.

“Microsoft takes seriously its commitments to protect and maintain the privacy of its customer data and empowers its customers to implement and use our services in a protected manner. Unfortunately, technical support scams have become all too common across the industry, affecting consumers worldwide.

Information is the currency of the internet. Your privacy on the internet depends on your ability to control both the amount of personal information that you provide and who has access to that information.”

If you’ve been contacted by someone claiming to be from Microsoft and felt it was a scam, Microsoft has launched a new online fraud reporting form.

“The information you provide will assist Microsoft in ongoing investigations with law enforcement as we take appropriate action against businesses targeting our customers. Your information you provide will NOT be used to contact you for general marketing purposes,” says Microsoft.

To report an interaction with Microsoft that you believe was a scam, go to www.microsoft.com/en-us/reportascam

Submitted by: Phaine Wegener

Sixties Scoop survivors begin settlement process

It’s been nearly a year since the Ontario Superior Court found that Canada was liable in law for breaching its “duty of care” to thousands of indigenous children when the Government placed them in mostly non-Indigenous homes in Canada, the United States and Europe.

Earlier this year, the Government announced a settlement of \$875 million dollars to be paid to survivors. Each survivor is expected to receive no less than \$25,000 and no more than \$50,000. In order to receive a settlement, survivors must meet criteria to be included in the settlement and receive compensation.

- are registered Indians (as defined in the Indian Act) and Inuit as well as people eligible to be registered Indians; and
- were removed from their homes in Canada between January 1, 1951 and December 31, 1991 and placed in the care of non-Indigenous foster or adoptive parents.

The process is still going to be a long one, payments aren’t expected to be processed until the spring of 2020; however, this may take longer.

If you are not sure whether you are included in the settlement, you may call 1-(844)-287-4270 with questions or visit sixtiesscoopsettlement.info or email sixtiesscoop@collectiva.ca.

The settlement also establishes a Foundation to enable change and reconciliation which will be defined through a consultation process with survivors across the country.

“The Foundation is intended to bridge the generations and give meaning to suffering as well as to provide healing and reconciliation for all of those impacted by the Sixties Scoop – including those outside of the defined ‘Class,” explains the settlement document. Canada has agreed to fund the Foundation to the amount of at least \$50 million.

Submitted by: Phaine Wegener

Canada Post rotating strikes lead to delays

Packages have begun to pile up at Canada Post this fall. The Canadian Union of Postal Workers members began rotating strikes since October 22. The strike, which experts expect to be long, focuses around health and safety concerns, workload, staffing and wages. Issues the Union says they’ve made little progress on, even though a special mediator has been brought on board.

“The special mediator appointed by the Government worked with the parties for the last several days and still no progress. We still seem to be not moving very far on all the important issues,” said Gord Fischer, the Union’s National Director for the Prairie Region to Global News.

The Union represents 54,000 members that service communities large and small. Rotating strikes in major cities has led to delays in mail across the country but the Canadian Union of Postal Workers hopes that an all-out strike isn’t in the future.

“We certainly don’t want to, at this point, shut down the postal service; we know that it’s important to many people

So far, 70 facilities have held strike action since the strike began in late October, with more planned as talks continue. The strike is expected to continue throughout the winter.

Submitted by: Phaine Wegener

Speed decreases coming to Highway 7, Highway 1 and across BC



Drivers will soon see a speed decrease when travelling from Agassiz to Hope using Highway 7 and Whatcom to Hope on Highway 1. The British Columbia government is lowering speed limits on 15 sections of highway in the province to keep people safer and reduce the chance of speed-related collisions. This decrease will see the Agassiz to Hope speed limit decrease from 100 km/h to 90 km/h while Whatcom to Hope will return to 100 km/h from 110 km/h.

“We know people want to get where they’re going quickly. Our job is to help make sure they also get there safely,” said Claire Trevena, Minister of Transportation and Infrastructure.

“Since the former government raised speed limits in 2014, serious crashes have been on the rise. By rolling back speed limits slightly, our goal is to reduce accidents, keep roads open and protect the lives of British Columbians.”

The Ministry of Transportation and Infrastructure has thoroughly reviewed three years’ worth of data on 33 segments and 1,300 kilometres of highway, where

speed limits were increased as part of the 2014 Rural Safety and Speed Review.

“Speeding has been one of the top three factors contributing to car crashes, especially in rural and remote areas of B.C.” said Dr. Bonnie Henry, provincial health officer.

“Research has shown that reducing speed lowers the number of crashes and severity of injuries, so I am very supportive of the speed limit reductions announced today. I look forward to the safety measures that will be implemented on B.C. roads, and will continue to work with the Road Safety Strategy Steering Committee to advocate for initiatives that will help keep all road users in B.C. healthy and safe.”

The Rural Highway Safety & Speed Review also recommends that more Royal Canadian Mounted Police officers should be tasked with monitoring and enforcing speeds to ensure drivers are respecting posted speed limits.

“BC RCMP Traffic Services members will be doing our part to enforce the reduced speed limits. Slowing down can significantly reduce the severity of a collision and the chance of drivers being severely injured or killed,” said RCMP Inspector Tim Walton, officer in charge, Island District Traffic Services.

“As we shift into winter driving mode, police are reminding drivers to obey speed limits, adopt safe and defensive driving habits, and to drive sober and distraction-free.”

The full list of decreased speed limits includes:

- Highway 1: Cowichan Bay to Nanaimo - 90 km/h to 80 km/h
- Highway 1: Whatcom Road to Hope - 110 km/h to 100 km/h
- Highway 1: Boston Bar to Jackass Mountain - 100 km/h to 90 km/h
- Highway 1: Tobiano to Savona - 100 km/h to 90 km/h
- Highway 1: Chase to Sorrento - 100 km/h to 90 km/h
- Highway 3: Sunday Summit to Princeton - 90 km/h to 80 km/h
- Highway 7: Agassiz to Hope - 100 km/h to 90 km/h
- Highway 19: Parksville to Campbell River - 120 km/h to 110 km/h
- Highway 19: Bloedel to Sayward - 100 km/h to 90 km/h
- Highway 97A: Grindrod to Sicamous - 90 km/h to 80 km/h
- Highway 97C: Merritt to Aspen Grove - 110 km/h to 100 km/h
- Highway 97C: Aspen Grove to Peachland - 120 km/h to 110 km/h
- Highway 99: Horseshoe Bay to Squamish - 90 km/h to 80 km/h
- Highway 99: Squamish to Whistler - 100 km/h to 90 km/h
- Highway 99: Whistler to Pemberton - 90 km/h to 80 km/h

Submitted by: Phaine Wegener

Review, inspire and renew

After a one year break, Staff Development Day has returned to Seabird Island. For one day a year, staff across the organization come together to review the past year, discuss the future and strengthen their bonds to each other and the community. This eventful day is filled with training opportunities and is dedicated to helping staff build or expand on their skills for personal and professional growth.

In years past, staff have discussed communication, safety and taken bus tours of the community. Staff-led workshops have been offered to help brush up on Microsoft Office and other work related skills, such as conflict management, self-care, de-colonization, ethics and financial planning.

This year’s Staff Development Day will be held on Monday, November 19 from 8 – 4 p.m. Because all staff are required to participate, the Band Office and all of its programs and services will be closed for the day. We apologize for any inconvenience this may cause.

Submitted by: Phaine Wegener

BC votes on the future of its election system

Voters across the province have already begun to submit their votes in the Proportional Representation referendum, have you? Packages started arriving at homes in mid-October with the vote officially beginning October 22.

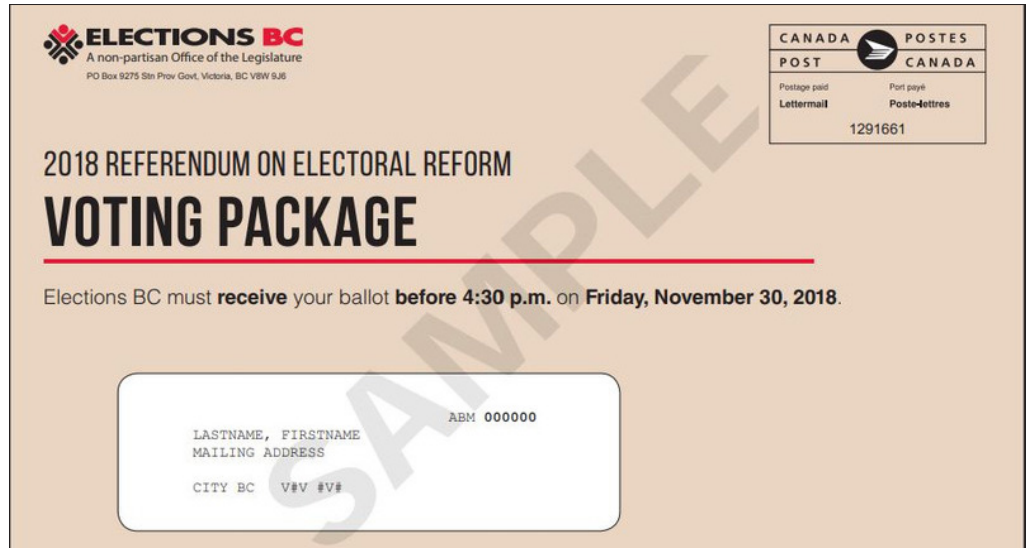
This marks the third time we've had such a referendum in 18 years with the two prior referendums failing to pass in favour of First Past the Post which divides the province into electoral districts and each district is represented by one Member of the Legislative Assembly.

The candidate with the most votes in the district wins and represents the district in the legislature. The number of seats a party gets in the legislature equals the number of districts its candidates win. This system tends to elect candidates from large parties and result in single-party majority governments. First Past the Post is used in a number of countries at the national or sub-national level, including Canada, the United States and the United Kingdom.

The vote poses a simple main question to voters, "Which system should British Columbia use for provincial elections? Vote for only one: the current First Past the Post voting system [or] a proportional representation voting system."

Many eligible voters are asking themselves, what is proportional representation anyway? "Proportional representation is a new way of voting" explains the Vote PR BC website. "For over 70 years, our voting system has worked for insiders and those who know how to use the system the best: those who have been in power the most. It isn't fair that a government that gets 40% of the votes should get 100% of the power. The way to make voting more fair for everyone in BC is to give people a new way to vote – and that's prop rep."

Proportional representation is supported by the current Government of BC, but



not all parties support it. "While our current system encourages moderate, broad-based political parties, prop rep allows radical fringe parties to win seats in the legislature – often allowing them to hold the balance of power. Proportional representation has seen extreme, far-right parties elected in countries like Germany and Austria. And in New Zealand, an anti-immigration party that got just 7.2% of the vote holds the balance of power – with its leader serving as deputy prime minister," says the BC Liberals.

As part of the referendum, voters are also asked to rank a follow-up question, "If British Columbia adopts a proportional representation voting system, which of the following voting systems do you prefer?"

- **Dual member proportional:** Most single-MLA ridings are combined with a neighbouring riding to form two-MLA ridings. A few large, rural ridings continue to be represented by a single MLA. This dual member system has not been used anywhere in the world.
- **Mixed member proportional:** Sixty per cent of the MLAs are directly elected under the first-past-the-post system in ridings and the other 40 per cent of seats are distributed to ensure seat totals reflect the popular vote. (This system is used in countries such as Germany and New Zealand.)

- **Rural-urban proportional:** Combines two different systems for urban and rural parts of BC. The urban ridings use a single transferable vote system, where candidates are ranked on a single ballot in large ridings. The candidate with the fewest votes is dropped and votes redistributed to the second choice on each ballot. The process continues until a candidate has 50 per cent plus one of the votes. (This system is used in countries such as Ireland.) The rural ridings are determined using the mixed member system.

Under all the proportional representation systems, more ridings could be added, up to a total of 95 and British Columbians can expect to see more parties in the legislature and the chances of minority governments holding power through coalitions of more than one party.

New Zealand, which uses proportional representation since 1996, has elected five to eight parties to the legislature in the last three elections. Interested voters are encouraged to read the proportional representation pamphlets that were mailed to each home.

Submitted by: Phaine Wegener



Cultural Workshops

A group of Community Members went on a trip to the University of British Columbia - Anthropology museum last month.

This coming month we have another busy schedule that will include cedar classes, ribbon skirt or shirt making classes, our regular beading, sewing, potluck night and starting as well as our once a month Feast Night and Language Bingo Nights.

This month's activities in November include:

- **Ribbon Shirt or Skirt making class** with Cynthia Myran from 5 - 8 p.m. on Wednesday evenings in the Main Boardroom in Band Office. Second class with be November 21 and 28. Maximum 10 students per class. Please bring sewing machines or be willing to share with others in the class. People are welcome to bring their own fabric, ribbon and thread to participate in learning in addition to the 10 students.
- **Cedar making class** every Monday in November from 4 - 6 p.m. in the Community Health Room and Elders Lounge.
- **Beading, Sewing and Potluck Night** every Tuesday 4 - 7 p.m. in the Community Health Room and Elders Lounge. Supplies available to those who would like to participate. Bring an offering to the table and come and enjoy a meal, chats and some smiles!

- **Feast Night and Language Bingo** will be once a month Starting November 30th on the last Friday of every month. Come cook and share a meal with family, friends and your community!

A binder located in the Band Office foyer will have the monthly schedule, interest lists for workshops, attendance lists and suggestions. Adding your name doesn't guarantee a seat. We will contact you to remind you of the event for those who left their name and information. All workshops will be first come first serve and only given to those who have not previously attended the same workshop.

Please follow our Facebook group <https://www.facebook.com/groups/1784137985223451/>.

Please Contact Leanne Ellis by phone 604-796-6939 or e-mail leannee@seabirdisland.ca

Submitted by: Leanne Ellis

FortisBC asking customers to conserve natural gas, even after repairs

Although repairs were completed on October 31, Enbridge has reported that they still aren't at full capacity. The 36-inch natural gas pipeline had ruptured on October 9 near Prince George, and led to Enbridge asking customers to reduce their gas usage to ensure we have enough for the winter months.

The new pipeline went online on November 2 and they will be ramping up pressure in the coming weeks. "The pipeline will not be at full capacity once it restarts. Rather, it will start at about 55 per cent operating pressure and gradually ramp up to 80 per cent through November," says FortisBC who is concerned that some consumers may be confused if conservation is still required.

"Until both Enbridge-owned pipelines are back at full operating pressure, FortisBC will have a constrained supply of natural gas and our gas system will be vulnerable during periods of colder weather. While bringing Enbridge's full transmission to 80 per cent will be a positive step, it is not enough natural gas to support the typical winter natural gas consumption of our entire customer base."

As such, FortisBC is asking all customers to continue to conserve natural gas whenever possible throughout the winter.

"We continue to work to ensure that all of our customers have the natural gas they need this winter by working with industrial customers to optimize their energy use, maximizing the output of the Southern Crossing pipeline from Alberta and securing natural gas supply from the open marketplace to access in times of higher demand."

Submitted by: Phaine Wegener

Magic of Christmas

Visit with
Santa & Mrs. Claus

Saturday,
December 1

Agricultural Hall
Agassiz

A Joint Partnership Between:



Adults \$2
Children FREE
MUST BE REGISTERED

Tickets available with Seabirds Accounts Receivable

Lands Advisory Committee Seeks Two Committee Members

Looking for a way to become more involved in the community? Our Lands Advisory Committee is seeking a new Elder Committee Member and Band Committee Member. This is a four (4) year term for one (1) Elder and Member.

Any eligible voter may apply with an application which should include a Cover Letter, Resume and three (3) References.

This Advisory Committee shall provide advice and recommendations to Council regarding Land Use and Proposed Developments.

For more information please contact:
Gina Peters: gpeters@seabirdisland.ca
Lori Burns: loriburns@seabirdisland.ca

Cold weather safety and your furry family members



As the weather turns colder across British Columbia, the BC SPCA is reminding pet guardians that it's important to think of your furry family members during the chilliest months of the year.

When walking the dog, pet guardians might want to watch for the salt or sand used to make driving and walking safer for humans. "When your dog is walking in it, those materials could get between his paw pads or his toes, and you don't want him to lick or ingest any of that," notes BC SPCA manager of animal welfare Kim Monteith.

"Don't forget to both dry your pet's paw pads after being outside as well as clean between his toes and pads," she adds.

It's also important to go slowly and carefully when conditions are icy or slippery, because – like humans – your canine companion can slip and injure himself.

If temperatures are extremely cold, pet guardians may want to think about getting their dog a winter jacket or covering, or even dog shoes/booties to wear to help protect his paws, says Monteith. "They may have fur coats but some aren't very thick – dogs get cold and can suffer from exposure to the cold just like us," Monteith says.

When it's cold outside, cats and wildlife will often gravitate to warm vehicle engines, and by banging the hood to alert them, B.C. drivers can help avoid a tragic ending for an animal seeking refuge from the cold. "It just takes two seconds – as the weather gets colder, animals look for warmth wherever they can find it," says Monteith. "It's one, simple act, and it's a great idea to make 'think and thump' a habit every morning when it's cold outside."

Even though companion animals might come with their own fur coats, cold weather conditions can pose a serious risk to pets, Monteith notes.

"Extra caution should be taken to ensure that your pets stay warm, safe and healthy this winter."

The BC SPCA is vehemently opposed to keeping dogs permanently outdoors, but it acknowledges that some pet guardians still house their dogs in this manner.

In these cases, the dog must have shelter that protects him from cold, wind and dampness that is appropriate to his weight and coat.

To accomplish this, the shelter should be elevated, insulated, ventilated and regularly cleaned.

Pet care tips for fall/winter:

- Make sure you thoroughly clean the pads of your pet's paws after they've walked on sidewalks or roads to remove any coarse salt that can cause irritation. For your own sidewalk, choose a pet-friendly, non-corrosive de-icing compound readily available through retail outlets;
- When winterizing your camping gear, ensure your pets are not hiding inside, as some equipment can exert intense pressure when being expanded or dismantled;
- Use pet-safe propylene-based antifreeze instead of ethylene glycol antifreeze, which is toxic to pets and wildlife. A mere tablespoon of ethylene glycol antifreeze can kill a cat or small dog;
- The SPCA strongly urges pet guardians to keep all animals indoors during cold weather, but if you must keep domestic or farm animals outside, ensure they have access to shelter that is off the ground, provides protection from wind, cold and dampness and is properly insulated. Regular checks to ensure drinking water has not frozen over are also a must.

Source: <https://spca.bc.ca/news/cold-weather-safety/>



Move | Play | Compete

FREE!

- Tuesdays!
October 30th
Nov 13, 27th
Dec 4
 5-6PM – Ages 6-12
6-7:30PM – Ages 13-17
- Mamele'awt Aboriginal Center**
3277 Gladwin Rd,
Abbotsford V2T 4Y9
- Registration Link:**
<https://aboriginalsportbc.wufoo.com/forms/x19sqj8h1pmpb38/>

Hosted by the Fraser Valley Metis Association:

4-Week Archery Development Camp



EVENT INQUIRIES:
Curt Smecher
✉ curt@smecher.bc.ca
(604) 746-3693
Fraser Valley Metis Association
Interested in hosting a Sport Development Camp, Coaching Certification Course, and/or Officials Training Session in your community?
Contact I-SPARC Regional Coordinator: Fraser Region
Alana Cook (acook@isparc.ca)



<https://aboriginalsportbc.wufoo.com/forms/x19sqj8h1pmpb38/>



Move | Play | Compete

FREE!

- Wednesday
November 14th
and 21st
 3:00PM-5:00PM
- Dorothy Peacock Elementary School**
20292 91a Ave, Langley,
BC V1M 2G2
- Registration Link:**
<https://aboriginalsportbc.wufoo.com/forms/zixkbm41r5th3/>

First Nation, Metis, and Inuit Youth are invited to attend a

Lacrosse Camp!



EVENT INQUIRIES:
Stephanie Croteau
✉ stephanie@lfvas.org
(604) 427-2664
Aboriginal Youth Homework and Culture Club Program Coordinator

Interested in hosting a Sport Development Camp, Coaching Certification Course, and/or Officials Training Session in your community?
Contact I-SPARC Regional Coordinator: Fraser Region
Alana Cook (acook@isparc.ca)



<https://aboriginalsportbc.wufoo.com/forms/zixkbm41r5th3/>



Move | Play | Compete

FREE!

- Saturday
November 17th
 11AM-3PM
New session every hour!
- Fort Langley Historical Site**
23433 Mavis Ave
Langley, BC V1M 3R5
- Registration Link:**
<https://aboriginalsportbc.wufoo.com/forms/z1ocxots0316huz/>

Open to all youth ages 6-17!



3rd Annual Louis Riel Day

ARCHERY CAMP



EVENT INQUIRIES:
Alana Cook
acook@isparc.ca
250-940-4916

PARTNER AGENCIES



<https://aboriginalsportbc.wufoo.com/forms/z1ocxots0316huz/>



Move | Play | Compete

FREE!

- Thursday
November 15th
and 22nd
 3:00PM-5:00PM
- Fort Langley Elementary School**
8877 Bartlett St, Langley,
BC V1M 2S6
- Registration Link:**
<https://aboriginalsportbc.wufoo.com/forms/z1gtoom0yqfabo/>

First Nation, Metis, and Inuit Youth are invited to attend a

Lacrosse Camp!



EVENT INQUIRIES:
Stephanie Croteau
✉ stephanie@lfvas.org
(604) 427-2664
Aboriginal Youth Homework and Culture Club Program Coordinator

Interested in hosting a Sport Development Camp, Coaching Certification Course, and/or Officials Training Session in your community?
Contact I-SPARC Regional Coordinator: Fraser Region
Alana Cook (acook@isparc.ca)



<https://aboriginalsportbc.wufoo.com/forms/z1gtoom0yqfabo/>

Fraser Region Coaching Workshop



Soccer: Active Start



Saturday December 8th
10:00am-2:00pm Free Lunch and Parking

Sts'ailes Community School
School Road | Agassiz, BC | V0M 1A1

Are you interested in becoming a soccer coach? Do you self-identify as First Nation, Metis or Inuit, or work in the Indigenous community? Are you at least sixteen years old?

Active Start is for coaches who work with youth ages six and under. At this stage, players should participate in stimulating practices and games that develop basic technical skills in a FUN atmosphere. The emphasis should be movement exercises and games that promote a feel for the ball while teaching basic principles of play within a fun but structured setting. This course does not have any pre-requisites, and is perfect for people just getting into coaching in their community.

This course is **free** (funded by the Indigenous Sport, Physical Activity & Recreation Council).

Please Fill Out Online Registration Link Before December 1st
<https://aboriginalsportbc.wufoo.com/forms/zkujrowlmcyygk/>

Inquiries: Alana Cook 604-807-5334 acook@isparc.ca



Move | Play | Compete

FREE!

Hosted by the Fraser Valley Metis Association:

Five-Week Rifle Shooting Development Camp



Mondays!
October 29th
Nov 5, 19, 26
Dec 3

5-6:45PM

Ages 10-17

Abbotsford Fish & Game Club
4161 Lakemount Rd,
Abbotsford

Registration Link:

<https://aboriginalsportbc.wufoo.com/forms/xn6ar9a1rbus71/>

EVENT INQUIRIES:

Curt Smecher
 curt@smecher.bc.ca
(604) 746-3693

Fraser Valley Metis Association

Interested in hosting a Sport Development Camp, Coaching Certification Course, and/or Officials Training Session in your community?

Contact ISPARC Regional Coordinator: Fraser Region
Alana Cook (acook@isparc.ca)



<https://aboriginalsportbc.wufoo.com/forms/xn6ar9a1rbus71/>

Downed power lines

Always consider power lines to be live, even if they have been struck by a fallen tree. Never try to remove a tree from a downed line yourself. Don't take the risk. Report all downed lines to 9-1-1 from a safe distance.

Stay at least 10-metres or 33-feet away from any downed powerlines.

Shuffle or hop - don't step when getting out of a vehicle that has struck a power line

If a motor vehicle has been involved in an accident where an electrical pole, or pad mounted transformer has been hit, treat the vehicle and anything it is in contact with as energized.

- Tell the occupants to stay calm and to remain where they are.
- Upon arrival at the scene, BC Hydro will isolate and ground the damaged equipment and will supervise the removal of the vehicle.
- If you are not injured and can safely drive the vehicle without increasing the hazard, drive at least 10-metres or 33-feet clear of the wire.
- Because so many things can go wrong, exiting the vehicle should be a last resort.
- If you must get out of the vehicle due to an emergency such as a fire, jump out with your feet together. Do not contact the vehicle and the ground at the same time with any part of your body or clothing.
- Jumping clear can be very dangerous because it is easy to bridge across a voltage difference. You must land with both feet together and not stumble.
- Once clear of the vehicle, calmly shuffle away, never allowing the heel of one foot to move beyond the toe of the other.
- If you cannot shuffle the 10-metres away from the energized area, put your feet together and hop. This is safe as long as you keep your feet together and do not stumble and fall. Stumbling may result in the body straddling across different voltages causing serious or fatal injury. The length of hop doesn't matter, but short hops are easier to perform.
- Unless there's a non-electrical reason to get away quickly, time is not a safety factor.





Community Halloween Party Costume Winners



Look what has happened at
SEABIRD ISLAND
Parents and Tots
in the month of October



Professional Cook Instructor

Seabird College is seeking a qualified teacher/instructor to provide Professional Cook I instruction to adult learners completing their Professional Cook 1 Industry Training Authority Program. Successful candidate will be offered a one-year term, subject to sufficient student enrollment.

Speech & Language Pathologist

The Speech-Language Pathologist provides a range of clinical services that focus on promoting communication, language and speech and that contribute to a client/patient's overall cognitive, physical, social and emotional well-being. The speech and language pathologist works closely with babies, children who have various levels of speech, language and communication problems.

High School Math Teacher

Seabird Island Community School is seeking to fill the position of a High School Math Teacher. We believe that a skillful math teacher with high expectations can move students toward a growth mindset. The successful candidate will be well versed in designing math lessons that engage curiosity, encourage practice and persistence and build confidence.

High School Social Studies Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Social Studies' Teachers must prepare lessons and activities that help students develop knowledge and understanding in concepts of government, geography, history, economics, civic ideals and current events. Social Studies Teacher will also instruct students on Canadian ideals and cultural heritage; developing proficiency in the use of social studies inquiry skill and concepts; motivate each student to understand and exercise he/her rights, privileges, and responsibilities as a citizen; develop understanding of the geographical, historical, cultural, and political factors which influence the development of the world regions.

On Call Education Assistant

Under the supervision of school administration the Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of children more rewarding. EAs will assist teachers in student assessment and evaluation through observation, recording and data collection. At Seabird Island Community School Education Assistants are valued members of the school community and they make a significant contribution to the work of the school and toward the education of all students.

Physical Education Teacher

Seabird Island Community School is seeking to fill the position of a K-12 full time P.E. teacher. The successful candidate would be a certified teacher with a specialization in Physical Education in the province of British Columbia, who is committed to personal health and is a role model for our students in promoting healthy activities and good nutrition. The successful candidate must enjoy participating with K-12 children in athletic activities.

School Cook

The School Cook will be responsible for preparing, cooking and serving food for school breakfast/lunch programs and special events organized and participated by Seabird School as instructed by the Principal / Vice Principal in accordance with current health, safety and hygiene legislation.

Teacher on Call (TOC)

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

Music Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School and includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Job postings are also available at the Band Office and the Employment Office.

Please ensure you have received confirmation for your online submission. If you have not received confirmation, email: humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview.

We thank all applicants for their interest.

ADVERTISING RATES

PRINT AD RATES PER ISSUE

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Front Page Colour: limited availability

1/4 pg banner (8"x2.5") \$40
2.5"x3" \$25

	Colour:	Grey-scale:
8"x10"	\$135	\$37.50
8"x5" or 10"x4"	\$65	\$25
3.8"x5"	\$32.50	\$17.50
2.5"x3"	\$20	\$12.50

Classified Advertisements

.40¢ per word \$4.00 Minimum

DIGITAL DISPLAY (TV) AD RATES

Weekly Rates	15 sec	30 sec	60 sec
Full Screen	\$20	\$40	\$50
Banner	\$10	\$20	\$30

Digital advertisements will play
no less than 5 times a day.

PACKAGES

Starter	Premium	Gold
1/4 page colour 30 second Banner	1/2 page colour 30 second Banner	Full page colour 30 second Banner
\$60	\$100	\$140

DISCOUNTS AND FEES:

Only one discount may be applied /order.

Band Member	-35%
Non-Profit	-10%
3 month term	-25%
6 month term	-35%
Design & Layout (additional)	\$40/hr
Flyer Insert (furnished)	\$20
Returned Cheque	\$35
Late Fee	+3%

Fees are not for profit and
help us produce this newsletter.

DEADLINES

Submissions and advertisements are
due 7 business days prior to delivery.
Contact comm@seabirdisland.ca.

AVAILABILITY

Twice a month. The 15th of each month
(or closest business day) and the last
business day of each month.
Apply for email distribution or pick-up at the
red community newsletter boxes.

CONTACT US

Have an ad or story idea?
Email comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Advertising sales and design:
Sandra Bobb 604-796-6838 or email
sandrabobb@seabirdisland.ca

Editing Team: Sandra Bobb, Lori Burns,
Zorana Edwards-Shippentower,
Kristy Johnson, Jason Forseth
and Phaine Wegener.

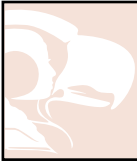
AGREEMENT/LEGAL

It is agreed by any display or classified
advertiser requesting space that the liability
of the paper in the event of failure to publish
an advertisement shall be limited to the
amount paid by the advertiser for the portion
of the advertising space occupied by the
incorrect item only, and that there shall be
no liability in any event beyond the amount
paid for such advertisement. The publisher
shall not be liable for any slight changes in
typographical errors that do not lessen the
value of an advertisement.

Editorials are chosen and written by Seabird
staff, they are the expressed opinion of the
staff, and do not necessarily reflect the views
of Seabird Island.

Letters to the Editor must be under 300
words and include your name, phone
number, status number, signature (not for
publication), as well as date/year submitted.

We reserve the right to revise, edit and/or
reject any advertisement or
story submissions.



Classifieds

OPTOMETRY CLINIC

Book now for the next clinic dates:
TBA

Recommended annual checkups for
children under the age of 19 and every
2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes,
or taking high risk medicines? You can also
be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 a.m. - 5:30 p.m.

Closed Fridays

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with
most urgent problems will be seen first.
Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEMBERSHIP STATUS CARDS

Monday and Thursday: 8:30 a.m. - 4:00 p.m.

Appointments required.

Serving Seabird Members only!

Contact Carol Hope at 604-796-2177
or carolhope@seabirdisland.ca

Remember to bring;

- 2 pieces of photo Government ID
- New Photo (see Communications,
appointment required)

SIB has the right to refuse service.

Status Card Photography

Laminated style: \$10

New style w/ authenticated photo \$15
Monday to Friday: 8:30 a.m. - 3:30 p.m.
Appointments required.

Contact Kristy Johnson at 604-796-2177
or kristyjohanson@seabirdisland.ca

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

Now recruiting new members.

Contact the Fire Hall 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the
Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

BABIES ID CARDS

Apply for a medical care card as soon
as possible.

Contact Maggie Pettis 604-796-2177.

Apply for Status Cards as soon as possible.

Contact Carol Hope 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF

COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory
holiday, then pick up will take place on the
Tuesday immediately following the holiday.
2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each
month, by request.

If you need a **bin dropped off** for your
major cleaning please submit your request
in writing, there is a long wait-list.

Contact Public Works at 604-796-2177 or
email: publicworks@seabirdisland.ca

PRINTING SERVICES

Graphic Communications provides the
following paid services:

- Printing/copying services
- Status card and Passport photography
- Lamination
- Advertising and more

Contact Sandy Bobb 604-796-2177.

LOVED ONE PASS AWAY?

We can help you send a copy of the
death certificate to the First Nations
Health Authority.

Contact Maggie Pettis 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first
100 colour and 150 grey-scale funeral
pamphlets, as well as 1 hour of design time
is free for all Band Members. Additional
design time or pamphlets can be requested
for a fee.

We can also assist with pamphlets for
non-Band Members, inquire for fees.

Contact Sandy Bobb or Kristy Johnson
at 604-796-2177.

SEABIRD CHURCH

Mass: November 25
11 a.m. - 12 p.m.

Prayer Circle:

Contact Deacon Jamie 604-491-3053 or
604-615-5677.

EMERGENCY / SECURITY

EMERGENCY 911
GRIFFIN SECURITY 604-703-0888

AMBULANCE BILLS

Please submit ambulance bills as soon as
you receive them. If the bill is more than
1 year old, ambulance costs will no longer
be covered under the Non-Insured Health
Benefits (NIHB). Anyone with a status
number can have the ambulance paid for
by Health Canada as long as it's not an
ICBC claim.

**We can only provide assistance to those
with a status number.**

Unfortunately, ambulance bills will not
be covered if you were also incarcerated
in jail. Ambulance billing will know if
you were incarcerated based on the bill's
address. Please do not bring these in as
they will be denied and it will be the client's
responsibility to pay.

Please note, if you were taken home in an
ambulance after a stay in the hospital, this
will not be covered and it will be the client's
responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

Need to apply for a new medical card
because it was lost or stolen? We can assist
you when applying for a new one.

Each client is responsible for paying for their
medical cards. If they've been lost or stolen
more than two times the cost is \$20 for each
new card.

Please note, we do not assist with
BC ID applications.

Contact Maggie Pettis 604-796-2177.

NOTICE

NO SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no
solicitation of any sort. Visitors need
permission from Chief and Council to
solicit door to door.

If you get a questionable person knocking
on your door you do not need to let them
in. You have the right to close the door and
contact the RCMP. There is an open file at
the RCMP.

**Community safety is a Chief and Council
priority. Please contact us if you
have any concerns.**

