



the SEABIRD ISLAND

Sq'ewqel

YOO HOO

Because news isn't all bad or boring!

www.seabirdisland.ca

September 2018



Seabird Family Harrassed in Fraser River Incident - Results, Page 2 - 3

Coastal Fire Center Fire Ban Update

Full Fire Ban In Effect



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DATES TO REMEMBER

- Facilities closed-Stat Holiday
September 3
- First day school September 4
- Chief and Council
September 18
- Income Assistance day
September 26

NOTICE

The next scheduled
AGM
will be held
October 24, 2018.



Seabird Family Harrassed in Fraser River Incident

“Every year we deal with this. Disrespect for our indigenous rights and traditions, our sacred fishing grounds and our people.” Stacy McNeil from Seabird Island posted on FaceBook, Saturday August 25, 2018.

Sports-fisherman decided to anchor their boat in front of grounds of an ancient fish camp where two indigenous women and three children were at the river cutting and cleaning fish. They were passing on historical teachings and gathering food for their families.

These sports-fisherman proceeded to get loud, obnoxious and indecent both verbally and physically. Exposing body parts, making lewd and racist comments. “According to them, we are dumb Indians who are stealing all of the fish, getting free fish and free gas” Stacy stated.

“We said, ‘Hey, there’s children here.’ But instead of moving on one guy started peeing and told us to shut up.” Stacy said the man made “disrespectful” and unwanted sexual comments while exposing himself. “As adults, we see this all the time.

But our kids were so confused and scared, with no idea why it was happening.” The kids were all between 3 and 14 years old. Stacy said several families were working in the fish camp between Hope and Yale when the incident occurred at about 5 p.m. on August 25. She called the RCMP for assistance but they never showed up.

“As the abuse could be heard all down the river, three boats full of indigenous warriors came and circled the offenders, suggesting that they move along. The offenders continued to insult these men, calling them down.” Following more racial slurs the group eventually got the sports-fisherman to pull anchor and move on. Stacy said she is proud the community was able to defuse the incident and there was no violence.

Marie Vander Heiden stated, “Those folks need to be asked by the courts to take some cultural awareness courses; while pointing out that First Nations’ PAY taxes. For some reason, many believe that FN people pay zero tax and that is far from the truth. There

In 2019 we will celebrate 50 years of Seabird Festival!

Over the years we have also had; Slahal, 2 Pitch, Hockey, Festival Princesses, Traditional Canoe Races, Soccer Tournaments, Cultural Performers and more!

We would like to recognize volunteers and workers from past years.

We are interested in your ideas and will be looking for volunteers to make this celebration grand.



Please join us to celebrate May 25th & 26th 2019

is very little opportunity to save on the tax and so many rules surrounding it. So, WE NEED PUBLIC AWARENESS and our Government should be pushing this.”

Kathleen Martens, APTN News wrote, “A boatload of ignorant fishermen should be charged for drinking, urinating and exposing themselves to families, said an angling group working to reduce conflict on B.C.’s Fraser River.”

“It’s the worst incident reported this summer,” said Rod Clapton, co-chair of the Fraser River Peacemakers. “They’re idiots...As far as we’re concerned they should be charged with indecent exposure if the information reported is accurate.”

Clapton said he sent an email to the RCMP Monday asking them to find the five men caught on camera Saturday getting into a heated argument with members of the Union Bar First Nation.

“We’re not going to let this go,” Clapton added in a telephone interview with APTN News. “No member of the sport fishing community would excuse this. It’s unacceptable.”

Stó:lō Chief Ernie Crey, who co-chairs the Peacemakers group with Clapton, agreed. “We encourage people to share the river instead of getting into a fight over it,” he said. Crey said misunderstandings crop up when anglers are unaware they’ve anchored in a traditional fishing hole.

The pictures taken have markers on them that should help the RCMP pursue this matter. The hope is that serious charges will be made to the individuals involved. The kids involved will be mentally scarred and traumatized forever, it is a serious matter. We hope that everybody will learn from this indecent. Populations may be growing, the waters and lands are all getting crowded, however “all people need to respect and learn to share this world we were all born to”, Sandra Bobb. This will start with sharing our cultures and teaching awareness.

Sandra Bobb

Reference: Fishing ‘idiots’ should be charged for indecency: B.C. angling group National News | August 28, 2018 by Kathleen Martens: <http://aptnews.ca/2018/08/28/fishing-idiots-should-be-charged-for-indecency-b-c-angling-group/>



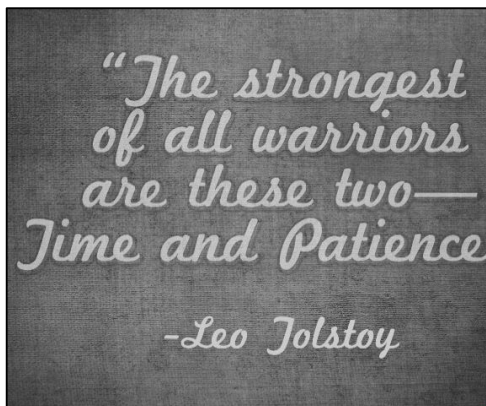
Full Fire Ban in Effect!

WILDFIRE Season

Spot a fire call toll-free

1-800-663-5555

or *5555 on most cellular networks.

Quote of the Month**Monthly Action Plans**

Monthly action plans are due a week before Income Assistance day. Appointments can be made with Andrea or Whyles prior to Income Assistance day to avoid waiting in line.

College students are also reminded to bring in your monthly student attendance record to your appointment.

Driving School

We are offering driving lessons. We offer the use of our vehicle for all class 7N and 5 road tests. Please call Hillary at 604-796-6865 to schedule an appointment with Jim.

Labor Pool

Labour Pool is accepting applications for casual/temporary employment. This program is in place to assist anyone in the community that would like to work on call for the Seabird Island Band. Must be 16 years+. Please stop by our office if you are interested.

Funding Packages

** If you're planning on taking training or an educational program this September please see either Andrea or Whyles regarding funding options. ** Funding requests/applications are for approved accredited educational programs. Please call to set up an appointment at 604-796-6865 to learn more.

Self- Serve Options

We have computers and a printer available for anyone in the community that would like to job search, create resumes or research educational programs. We are happy to assist you and offer guidance if needed.

Job Posting

**Smoke Signals Flagging is looking for full-time or part-time flaggers!
No Training or experience. They may be able to assist you with this. Give them a call. Wages will be based on experience.**

Help needed in Chilliwack, Abbotsford, Surrey, Coquitlam, Vancouver and all over the Lower Mainland! Call Today 604-793-6028

The employment services that are provided at Seabird Island Band are funded by SASET through an agreement with Service Canada. First Nation people who are status/non status, live on/off reserve and Inuit individuals who seek employment services are welcome to access these services.

Tia Felix is a 4th Year Midwifery Student with UBC Midwifery Program

I am thrilled to have my 4th year clinical placement and clerkship at Seabird Island Band. I am honored to be learning from Amelia Doran, the unique craft and skill of midwifery from such caring hands. No reward could compare to the joy of ensuring my aid will benefit the care of future families.

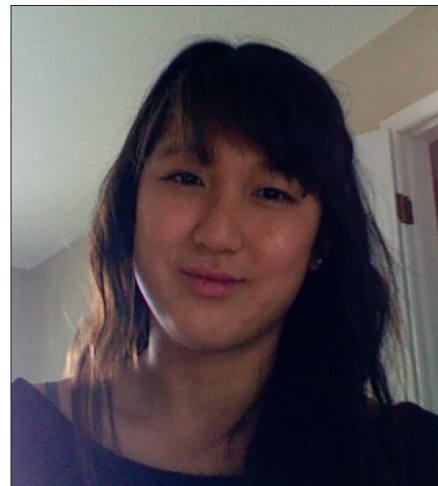
My ongoing teachings of patience, kindness and courage have strengthened me in the field of midwifery that I hope to carry forward and support families in their journey. I am passionate about empowering women as well as holistic health, focusing on the overall physical, mental and social wellness.

Previous to becoming a midwifery student, I studied Psychology and Biology at the University of British Columbia Okanagan campus. I currently work as an Environmental Technician at Yucmenlúcwu located on Splitsin Reserve. My focus revolves around Secwepemc culture and heritage with a specialty in vegetation.

A bit about me; Splitsin Band is home, which is one of the seventeen bands of the Secwepemc Nation and located in the

Southern Interior of BC. I am an active community member as well as an older sister to six siblings. Away from midwifery, I love the smell of baked cookies, fresh air and am often found outdoors either running, canoeing or marveling over a good read in a hammock if the weather permits.

Kukwstsamc
(Thank you).



Tia Felix

HELLO! Seabird College Welcomes You

Painting and Decorating Level 1



Starting soon! Come on in and register!
Sponsored Seats Available

Program is tentatively 6 months long and includes:

- **Safe Work Practices**
- **Tools and Equipment**
- **Organize Work**
- **Prepare Surfaces**
- **Apply Paint and Coatings**
- **Apply Finishes**
- **Apply Color Theory**

Credentials: ITA Painter Decorator Statement of Qualification for those who obtain a minimum of 70% on the Painter and Decorator ITA exam.



Seabird College
Ph: 604-796-6839
E: schapman@seabirdisland.ca



Professional Cook Level 1

Program starts soon!
Sponsored seats for First Nation Students

Program Summary:

This professional cook program provides comprehensive hands-on training to gain the skills to work in a professional kitchen. This is a 10 month program that provides 800 hours of instruction and includes 120 hours of workplace based practicum as well. Includes Food Safe level 1, WHMIS, First Aid.

Course Description:

- Occupational Skills
- Stock, Soups and Sauces
- Vegetables and Fruits
- Starches
- Meats and Poultry
- Seafood
- Garde Manger - dressings
- Breakfast and Dairy
- Baked Goods
- Beverages

Everyone Welcome



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On the Road with the Southern British Columbia Mobile Diabetes Team

Dann Swann, RN, CDE, CHN
Seabird Island Indian Band, Agassiz, B.C.



Imagine flying in a four-seater float plane into a remote Indigenous Peoples community on the coast of British Columbia, or driving down a logging road over a mountain into a valley full of lush old-growth forests, rivers

and wildlife. Or how about encountering elk, bears and even a bull moose that thinks he is a cow? In fact, he is known as "Cowboy" because he visits this area every year and hangs around with a herd of cattle. This may sound like a National Geographic adventure television show, but it is not. This is a typical work week for the Seabird Island Mobile Diabetes Team when they are on the road.

The team consists of four people who provide diabetes education, blood tests and eye care services to indigenous communities throughout the lower part of the province and in some communities on Vancouver Island. The team consists of two nurses, a vision technician and a coordinator who all consult with an endocrinologist and an ophthalmologist.

This program started in 2009 when the team was given a GMC Yukon XL, some laboratory and ophthalmology equipment, and were told to make it work. The mandate was to provide diabetes services, education and vision screening to on-reserve Indigenous Peoples in approximately 85 communities across the province at no cost to them. The team's funding now comes from the First Nations Health Authority because of the Tripartite Agreement that was signed in 2007 when First Nations in British Columbia decided to take greater control over their own health care. Part of that agreement was to look at ways to deal with the epidemic of type 2 diabetes in First Nations communities in a culturally sensitive way.

The team travels to communities by truck or sometimes must fly in if the community is inaccessible by road. As a team, we transport sophisticated laboratory equipment consisting of two Piccolo chemistry analyzers, two Siemens diabetes care analyzers, and other diabetes care-related equipment. Also along for the ride is a Topcon non-mydiatic retinal camera, a Reichert Tono-Pen, and various other equipment and accessories. The nurses can do a complete lipid panel and measure liver function, estimated glomerular filtration rate (eGFR), and urine albumin-to-creatinine ratio (ACR) as well as glycated hemoglobin (A1C). Before doing

these tests, the nurse does quality control tests on the analyzers so that accurate results can be guaranteed.

When the team arrives in a community, the equipment is set up and prepared for consultations with up to 10 clients per day. Each examination, including blood work, blood pressure readings and diabetes education, takes approximately half an hour or more, depending on the complexity of the case. Obtaining the blood sample is relatively easy and only involves a capillary fingertip blood sample for A1C, lipid and kidney panels. It takes 15 minutes to obtain the lipid and kidney results, and less time for the A1C and ACR. The nurse shares any abnormal results with the client and recommends that they see their general practitioner for follow up. Following the clinic visit, a report is produced (completed online), indicating where there are recommendations for possible treatment changes. These recommendations are reviewed by the endocrinologist, and the report is faxed to the client's general practitioner for follow up once everything has been reviewed.

After the client is finished seeing the nurse for their bloodwork, they see the vision technician for his/her eye examination. The eye examination starts with a quick visual acuity check and eye pressure readings. The client's eyes are then dilated and retinal photos are taken to determine if retinopathy or other eye diseases are present. These photos are then sent to the ophthalmologist for assessment. If treatment is required, this information is sent to the client's general practitioner for implementation.

In the nine-year history of this program, the team has had close to 2,000 client visits, most of which were people living with pre-existing diabetes. Most clients return in the following years to see the team. The team then reviews any changes that may have occurred to their treatment, recommends ways to improve their glycemic control and praises them for changes they may have made.

A screening component has been added to the program that involves identifying pre-diabetes or new diagnoses of type 2 diabetes for high-risk individuals identified by the community health staff. The service provides a safe alternative for clients who feel uneasy leaving their communities to have blood tests performed. This is also more convenient for clients living in remote villages who would have to travel great distances to get bloodwork done.

Over the years, the team has seen many success stories, and are seeing improved outcomes from the community visits. As time moves forward, the team hopes to continue this valuable service, and will continue to work to improve the lives of people with diabetes and to prevent new cases.



Community vandalism affects you, your family, friends and the environment!

The time, money and efforts it takes to repair vandalism in the community effect you and may impair services you may need in the future. The money the community will have to fork out to pay for the repairs from vandalism will come from other budgets and could effect the future of the budget for certain programs. The community could be looked on poorly, effecting the future of the community, this directly effects future revenues for the community and your programs and services.

More than the effects to the community organization(s) you are hurting yourself, your friends and your family members! Everyone is effected, even animals and the environment. Nests could be wrecked, litter might kill tinny plants and organisms.

The effects of crime can also last for a long time and it doesn't depend on how 'serious' the crime was. Some people cope really well with the most horrific crimes while others can be very distressed by a more minor incident. After you experience a crime you may feel angry, upset, physically sick, depression, anxiety and post traumatic stress.

There is assistance available for you. When you need to talk Seabird Health has excellent counselors available. Call 604-997-6749

Effects of Vandalism

There are many young and older people who cause Criminal Damage deliberately. They may get angry with someone and scratch their car in revenge, or they may set fire to rubbish in a bin because they thought it was cool. Others just cause damage for the sake of it and might snap off a car aerial for the fun of it. When you damage something that is not yours it is called Criminal Damage!

Remember how others may feel if you damage their property and learn to take responsibility for your actions - this means you need to be aware of the damage that you could cause before you do something and try to stop it.

Damage of other people's property is called Criminal Damage because you could get in trouble with the police as it is a crime. You could be arrested and depending on how bad the Criminal Damage was you could be in serious trouble. Also your parents and school would be told.

Above Reference: <https://www.tendringdc.gov.uk/community/young-people/effects-vandalism>

Spot Vandalism in progress

Please report it right away!
Call Seabird Security at 604-991-8635

Community We Live! Lets work together to keep Seabird strong and beautiful.

Mammogram Clinic October 11

For any women over the age of 40. Please see Kristi McNeil, Dr.'s clinic or Maggie Pettis for registration form. The form is to be completed and approved by the Cancer Clinic in Vancouver, prior to your appointment.



Community Events Calendar

| (S) Sxexlhat | (M) Yila:welhát | (T) Sthémelts | (W) Slh |
|---|---|---|---|
| | <p style="text-align: center;">We are no longer delivering to residents homes! You may pick-up your Yoo Hoo at the Lobby of the Band Office or at the red newsletter boxes in the Community.</p> <p style="text-align: center;">Nature Friendly Option! Those who prefer to receive newsletters by email, submit requests to comm@seabirdisland.ca Listing: Name, email</p> | <p style="text-align: center;">Pre & Post Natal and Prenatal Circle Who can attend? Expecting moms, newborns up to 6 weeks, partners, support person and siblings. Open to families living on-reserve and transportation can be provided. Questions? Text or call Diana Phan at 604-765-8769 or 604-796-6858</p> <p style="text-align: center;">Bodies in Motion focuses solely on pre & post natal fitness and is free for First Nations living on-reserve.</p> | |
| 2 | 3 | 4 | |
| <ul style="list-style-type: none"> • Seabird Mass 11-12 p.m. | <p>Facilities Closed Labour - Stat Holiday</p> | <ul style="list-style-type: none"> • Back to School • Garbage, Recycle & Compost • Dental & Doctor Walk-in Clinics 1-5 p.m. • Fitness Camp Activity Drop-in 5-6:30 p.m. • Fire Practice 7-9 p.m. | <ul style="list-style-type: none"> • Pre & Post 11 - 1 p.m. • Seabird College Writers • Meals on Wheels 5-6 p.m. |
| 9 | 10 | 11 | |
| <ul style="list-style-type: none"> • Sts'ailes Mass 11-12 p.m. | <ul style="list-style-type: none"> • Elders Meeting 10 a.m. • Meals on Wheels 5-6 p.m. • Garbage, Recycle & Compost | <ul style="list-style-type: none"> • Dental & Doctor Walk-in Clinics 1-5 p.m. • Fitness Camp Activity Drop-in 5-6:30 p.m. • Fire Practice 7-9 p.m. | <ul style="list-style-type: none"> • Prenatal Circle 1-3 p.m. • Seabird College Writers • APALS 4:30-7:30 p.m. • Meals on Wheels 5-6 p.m. • Drum & Stick making 6 • Education Committee |
| 16 | 17 | 18 | |
| <ul style="list-style-type: none"> • Seabird Mass 11-12 p.m. | <ul style="list-style-type: none"> • Meals on Wheels 5-6 p.m. • Garbage, Recycle & Compost | <ul style="list-style-type: none"> • Dental & Doctor Walk-in Clinics 1-5 p.m. • Chief & Council 5 p.m. • Fitness Camp Activity Drop-in 5-6:30 p.m. • Fire Practice 7-9 p.m. | <ul style="list-style-type: none"> • Elders Flow Class 10 a.m. • Womens Group 1 - 3 p.m. • Bodies in Motion 1-3 p.m. • Seabird College Writers • Meals on Wheels 5-6 p.m. • Drum & Stick making 6 |
| 23 | 24 | 25 | |
| <ul style="list-style-type: none"> • Sts'ailes Mass 11-12 p.m. | | | |
| 30 | | | |
| <ul style="list-style-type: none"> • Seabird Mass 11-12 p.m. | <ul style="list-style-type: none"> • Meals on Wheels 5-6 p.m. • Garbage, Recycle & Compost | <ul style="list-style-type: none"> • Dental & Doctor Walk-in Clinics 1-5 p.m. • Fitness Camp Activity Drop-in 5-6:30 p.m. • Fire Practice 7-9 p.m. | <ul style="list-style-type: none"> • Income Assistance Day • Elders Grocery Shop • Bodies in Motion 1 - 3 p.m. • Meals on Wheels 5-6 p.m. |

Calendar – September 2018

| Days of the Week | (T) Sxeó:thels | (F) Sheqá'tses | (S) T'óqw'tem |
|--|---|--|---------------|
| | | | 1 |
| 5 Group 3-4 p.m. m. | 6 | 7 • Someone So Small | 8 |
| 12 Group 3-4 p.m. m. - 9 p.m. | 13 | 14 • Someone So Small | 15 |
| 19 n. n. m. Group 3-4 p.m. n. - 9 p.m. | 20 • IA Action Plans Due • Prayer Circle | 21 • Someone So Small | 22 |
| 26 p.m. n. | 27 • Elders Bake Sale 9-1 p.m. • Making traditional medicine 6 - 9 p.m. | 28 • Someone So Small • Making traditional medicine 6 - 9 p.m. | 29 |

Housing waitlist September 2018**2 BEDROOM****3 BEDROOM****1 BEDROOM**

| | |
|----|---------------|
| 1 | 09232016-1039 |
| 2 | 06152017-5001 |
| 3 | 11162017-6009 |
| 4 | 02222016-1029 |
| 5 | 01032018-5010 |
| 6 | 01032018-5011 |
| 7 | 01032018-5012 |
| 8 | 09202017-5007 |
| 9 | 10042017-7007 |
| 10 | 02102015-1014 |
| 11 | 01192018-5013 |
| 12 | 01192018-5014 |
| 13 | 01302018-5015 |
| 14 | 08242017-5006 |
| 15 | 12202017-5022 |
| 16 | 03052018-5016 |
| 17 | 04112018-5017 |
| 18 | 04112018-5018 |
| 19 | 09272017-5008 |
| 20 | 04192018-5019 |
| 21 | 04282018-5020 |
| 22 | 06052018-5021 |

| | |
|----|---------------|
| 1 | 07082015-1019 |
| 2 | 01122016-3093 |
| 3 | 05032016-1032 |
| 4 | 02032016-4003 |
| 5 | 07142016-1037 |
| 6 | 12142016-1044 |
| 7 | 12302016-4015 |
| 8 | 01252017-1046 |
| 9 | 06152017-5001 |
| 10 | 08222017-6006 |
| 11 | 09062017-7005 |
| 12 | 10042017-6008 |
| 13 | 10042017-7007 |
| 14 | 11162017-6009 |
| 15 | 02222016-1029 |
| 16 | 12122017-6010 |
| 17 | 12282016-2098 |
| 18 | 01032018-5011 |
| 19 | 03192013-3088 |
| 20 | 08172017-6005 |
| 21 | 06152017-5000 |
| 22 | 08232017-6007 |
| 23 | 01222018-6011 |
| 24 | 01242018-6012 |
| 25 | 01302018-5015 |
| 26 | 05312016-1035 |
| 27 | 03122018-6014 |
| 28 | 04112018-7015 |
| 29 | 04122018-6015 |
| 30 | 05082018-6016 |
| 31 | 06042018-6018 |
| 32 | 12062018-6019 |
| 33 | 06192018-6020 |
| 34 | 06272018-6021 |

| | |
|----|---------------|
| 1 | 12192012-3076 |
| 2 | 02082013-3084 |
| 3 | 07082014-3087 |
| 4 | 01122015-1009 |
| 5 | 01142015-1011 |
| 6 | 07082015-1019 |
| 7 | 01252016-4001 |
| 8 | 02232016-4002 |
| 9 | 02032016-4003 |
| 10 | 05032016-1032 |
| 11 | 07252016-4006 |
| 12 | 07272016-4007 |
| 13 | 07142016-1037 |
| 14 | 04282014-1031 |
| 15 | 12142016-4014 |
| 16 | 12232016-2097 |
| 17 | 12302016-4015 |
| 18 | 01192017-4016 |
| 19 | 09062017-7005 |
| 20 | 10042017-7007 |
| 21 | 11162017-6009 |
| 22 | 12122017-7009 |
| 23 | 12122017-7010 |
| 24 | 12122017-7011 |
| 25 | 12202017-7012 |
| 26 | 02022017-4019 |
| 27 | 01032018-6010 |
| 28 | 12282016-2098 |
| 29 | 03192013-3088 |
| 30 | 03152017-6000 |
| 31 | 08172017-6005 |
| 32 | 05272016-4005 |
| 33 | 06152017-5000 |
| 34 | 01162018-7013 |
| 35 | 08232017-6007 |
| 36 | 01222018-6011 |
| 37 | 02232018-7014 |
| 38 | 07292014-3090 |
| 39 | 08092017-6004 |
| 40 | 04112018-7015 |
| 41 | 04122018-6015 |
| 42 | 04232018-7016 |

REMINDER!

Housing applications must be renewed before JANUARY 1st each year to remain on the list!

Anyone who did not renew came off the list and must now reapply if interested.

Please make sure the Housing Department has your current contact information. We must have a working phone number or email address.

Unfortunately, if we cannot contact you within 48 hours to offer you an available unit, we will move onto the next applicant.

Don't know your waitlist number?

Contact your Housing Program to see where you sit on the waitlist! 604-796-2177.

NOTE:

Those who have outstanding debt with the Band, you will **NOT** be placed into a rental unit, as per housing policy.



**Tuesday September 4
Seabird Island Gym
5 - 7:30 p.m.**

**Games,
prizes &
great food**



**Seabird Island
Family Fun
Night & BBQ!**

**Brought to you
by your SIB
Health Team**

School has started but summer ain't over

**Back-to-school daze
cancelled**

Unfortunately
this year
back-to-school daze
is cancelled.



**Seabird College
Graduation**

**Date: Friday, October 26, 2018
Time: 5:00 pm - 9:00 pm approx.
Seabird Island Band Gym
Ceremony and Dinner**

**We will be honoring the accomplishments of
our students from the following programs:**

- **Adult Dogwood**
- **Construction Craft Worker**
- **Early Childhood Educator**
- **Health Care Assistant**
- **First Nations Speech and Language Assistant**



Seabird College
Ph: 604-796-6839
E: schapman@seabirdisland.ca

New Staff



My name is Annette Herbert.

I am a wife, a mother of 2 daughters and a grandmother of 4 granddaughters and 3 grandsons. I am a musician and artist who looks for the beauty in everything and wishes to express the same.

group of clients from many cultures, ages and life experiences.

I am passionate about offering encouragement, support and inspiration to everyone I meet.

I am excited about delivering a variety of services and support to the communities I serve.

Looking forward to meeting as many of you as possible in the weeks and months ahead.

I began my career in the Social Services field in 2003 at Sumas First Nation and an employment / life skills facilitator. Following that I worked in 2 recovery programs for women in Abbotsford for 6 years.

It was my privilege to work with a First Nations' youth in care as a one-to-one care worker for Spara Special Services to Children, followed by a year spent working at a drop-in center and shelter in Whalley, BC.

My full introduction to Employment based programs began when I joined the Triangle Community Resources team in Chilliwack facilitating the Aboriginal Career Awareness Outreach program for 3 years where I visited many of the communities I am now serving as a Case Worker for the Pre-Employment Services Program Case Worker at Seabird Island Band.

In 2012, I was transitioned into contract instruction in Pre-Employment programs at the University of the Fraser Valley.

For the last 2.5 years my work has taken me back to Whalley, where I have been an Employment Facilitator working with a diverse



**It's never too late to earn
your grade 12!
Everyone Welcome!**

**Transportation
may be available
from key locations
in Agassiz, Hope,
Chilliwack and
Sts'ailes**

In order to graduate with a BC Adult Dogwood students must have 20 high school credits which includes:

- One Language Arts 12 course: either English 12 or English First Peoples 12;
- One Mathematics 11 course: either Apprenticeship and Work Place Math 11 or Foundations of Math 11;
- Three Grade 12 level Ministry courses which could include courses such as Career & Life Planning 12, Work Experience 12A and Data Management 12.

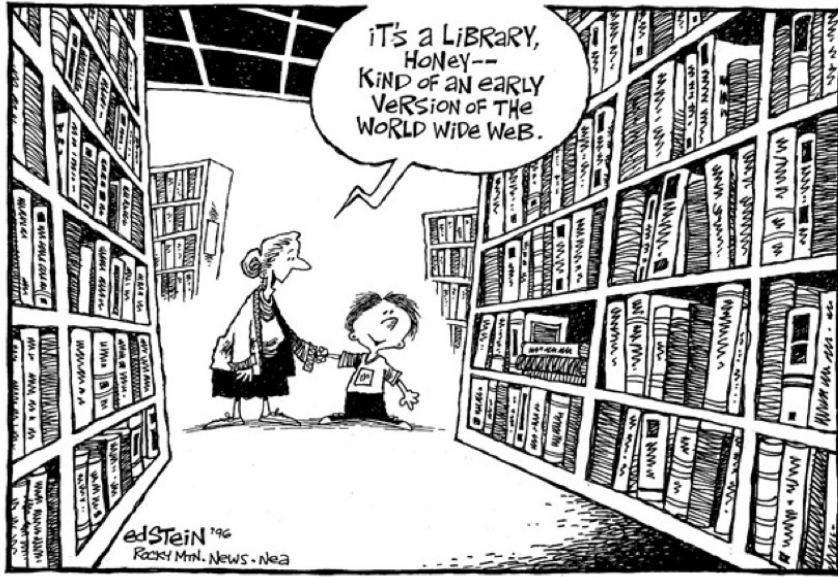
**Classes starting
in September**



Seabird College
Ph: 604-796-6839
E: schapman@seabirdisland.ca

CLASSIFIEDS

Comic



Reference: <https://ebookfriendly.com/best-library-cartoons/>

September / Temkw'olexw

“Dog salmon time”

Virgo

August 23 - September 22

Key characteristics: You are organized and very observant. You have a natural eye for detail, and can be very analytical. You love to help people.

Flower: Morning Glory

Birthstone: Amazonite

Libra

September 22 - October 22

Key characteristics: Harmony, diplomatic, graceful, peaceful, idealistic, hospitable

Flower: Pink Rose

Birthstone: Opal

Quotes of the Month:

“Believe you can and you’re half way there.” –

Theodore Roosevelt

“The only person you are destined to become is the person you DECIDE to be” –

Ralph Waldo Emerson

Halq'eméylem Word Search

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Words:

FISH

1. A fisherman, a man that goes out fishing – STH'ÓTH'EQWI
2. Barbecued fish head – XOTS'OYÍQW
3. Cooked fish head – STH'ÓQWES
4. Dip-netting, fishing with a scoop net – Q'ÍQ'EMÓ:S
5. Dried fish – SCHÁ:LHTEL
6. Fish (any kind of Salmon) – STH'Ó:QWI
7. Fish butchering knife – KW'ÉTS'TEL
8. Fish-drying rack – SHXWCH'Á:YXWELS
9. Fish eggs, Salmon eggs – QÉLÉX
10. Fishing line – QW'EMÓTHETEL
11. Fishing platform – LÁXEL
12. Fishing pole – QW'ÓQW'IY
13. Fish scales – STS'ÁLTS'
14. Fish tail – SXÉPXL
15. Hang fish for drying – CHÁLHTEL
16. Fish smokehouse - CHALHTELÁWXTXW
17. Fish club – SLÁ:METH
18. To fish – TSTH'ÓQWI
19. To fish with a pole or a rod – QW'EMÓ:THEL
20. Preserved fish, what is stored away, what is put away – SQ'ÉYLE

by: Zorana Edwards-Shippentower

Kindergarten Teacher

Seabird Island Community School is seeking to fill the position of a K4 teacher. We believe that kindergarten readiness requires indicators of success in social, emotional, physical, spiritual and cognitive domains. It also requires a preparatory information plan prior to admission to the formal kindergarten program to achieve the greatest success possible for each student.

Teacher on Call

Seabird Island Community School is seeking to fill various positions for On Call Teachers. As a TOC, you will work in the absence of a regular teacher to aid students in understanding a subject matter, as well as to provide skills required for programmed lessons and purposeful training for the assigned classroom.

Music Teacher

This position involves the provision of instruction to students of Seabird Island Community School/High School. Includes instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations. Adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures. Music Teachers provide instruction in music performance and theory. Teachers can specialize in only one instrument or instruct on a range of different instruments.

Grade 7 Teacher

We believe that a strong literacy and numeracy program that nurtures children's curiosity gives them the tools to successfully transition into high school from middle school. We are in search of a kind, patient, focused educator who understands student's motivations, encourages students to take calculated risks and has high expectations of our students.

Physical Education Teacher

Seabird Island Community School is seeking to fill the position of a K-12 full time P.E. teacher. The successful candidate would be a certified teacher with a specialization in Physical Education in the province of British Columbia, who is committed to personal health and is a role model for our students in promoting healthy activities and good nutrition. The successful candidate must enjoy participating with K-12 children in athletic activities.

Halq'eméylem Teacher

Teach Halq'eméylem language courses to students from K-12. The successful candidate may also be expected to teach elective courses of their choice. The School has a strong emphasis of incorporating the traditional Halq'eméylem Language and Stó:ló Culture into the curriculum while meeting the academic needs of First Nation students.

School Bus Driver

The School Bus Driver is responsible for the safe transportation of students on the assigned route to and from school.

Learning Assistance Teacher

We believe that all children can learn, are capable and resilient. Our Learning Assistance/Special Education teacher will have high expectations and constantly refine instructional practices to improve student outcomes. We strive to be a trauma informed school and our LA teacher is a critical part of our team helping to in an ideal position helping to create a safe, calm and loving environment within which all students can thrive.

College Reception and Student Support

The Receptionist/Student Support Assistant provides linkages to services and support for adult learners in a vocational training institution. The Receptionist/Student Support Assistant is often the first point of contact for potential students and the general public, and plays a role in general office appearance, organization and professional impression.

Certified Dental Assistant

Greet and prepare patients for dental exams and procedures. The CDA will be trained to use a variety of dental equipment and they will assist the Dentist during dental and oral procedures and instruct patients on post-operative and general oral health care. This position will also be responsible for maintaining dental equipment, sterilizing instruments and ensuring necessary items are stocked and managing day-to-day office operations.

Referrals Coordinator

The Seabird Island Lands Department is seeking a personable, enthusiastic and organized individual to join as Referrals Coordinator. The Referrals Coordinator will be responsible for providing a variety of administrative and technical services related to Aboriginal Rights and Titles team. The ideal candidate for this position will possess excellent organizational and communication skills.

Lands Coordinator

Under the direction of the Lands Management, the Lands Coordinator processes all Seabird Island Band Registration instruments pertaining to Seabird Island lands. S/he assists the Lands Manager in managing and developing land laws, operational policies & procedures, land use plans, land surveys and informing band members in liaising with INAC about wills and estates.

Custodian Leadhand

Under the direction of the Custodial Program Manager, the Custodial Lead hand oversees a team of custodial workers engaged in cleaning activities in buildings, facilities, offices and surrounding areas at various sites. The essential functions of the job include overseeing activities of custodial staff; and participates in developing, updating and evaluating work and/or safety standards, policies and procedures. The Lead hand will also be responsible for cleaning activities, as well as training staff on proper procedures and efficient processes.

Events Coordinator

The Community Events team plans and executes a wide variety of meetings, events, and programs at or for the Band. These events include the social events like Seabird Island Festival, Christmas Dinner, Open House and Staff Pamper Day and educational events like Graduation Day, Baby Ceremony and preschool graduation. The team is also responsible for taking facility bookings for sports fields, gymnasiums, and meeting rooms, as well as arranging caterers when needed. The Community Events Coordinator will play a vital role in leading the program in the planning and execution of all events.

Manager - Employment & Social Development

Under the direction of the Health and Social Development Director, the Employment and Social Development Manager (ESDM) will operate efficiently in accordance with the philosophies, policies and objectives established by Seabird Island Band Management. Programs (with their sub-programs) under the care and supervision of the ESDM include:

- Employment and Training Services
- Income Assistance (Basic Needs, Shelter, Special Needs, Child out of Parental Home)
- Social Development (including the Food Bank and Clothing depot)
- Seabird Island Driving School

Driving School Instructor

The Driving Instructor is responsible for teaching students the rules of the road and the safe way to handle an automobile. This position will entail providing full service drivers training for students of varying ages and experiences who are looking to acquire their BC Driver's License or to acquire a higher class of license. Students will range in age from teenagers through to elders. Training will include both classroom and practical sessions and should fully prepare the student for their knowledge and driven tests. The Driving Instructor will be expected to prepare curriculum for students that will be delivered in a classroom setting as well as in practical setting. Upon completing the drivers training students should be prepared to successfully complete knowledge based or practical tests to get their first license or to upgrade to a higher class.

Preschool Teacher Assistant

The Preschool TA position plays an integral role in the cultural and social development of our preschool children. Under the direction of the Preschool Teacher, the TA will help to guide children's behavior, ensure safety, assist children through their stages of development and prepare them for school.

Health Director

Under the direction and supervision of the CAO, the Health Director shall provide leadership and management expertise, in accordance with Band policies. The Health Director is responsible for leadership, development and implementation of strategic and operational projects(s) and efficient, effective and productive operation of the overall Health Department.

The Director is responsible for providing direction and supervision to programs like the Doctors Office, Dental Office, Community Health Services, Child and Family Services and Mental Health. The Director will ensure that all services provided meet the licensing needs and are consistent with Health Canada and similar organizations requirements. The Director will ensure that all communities have access to efficient and quality health services. The position requires substantial operational and planning oversight as well as planning and health service delivery across all Communities.

Headstart Supervisor

To provide assistance and support to the ECE Program Manager in overseeing and directing the planning, organizing and implementation of education services for children including developing and implementing individual educational plans for children within the Headstart Program.

Supported Child Development Program Consultant

Under the supervision of the Supported Child Care Supervisor, Supported Child Development Program Consultant will provide front line support to children with extra support needs to assist them to fully participate in a child care setting.

On Call - Residential Support Worker

The role of the Residential Support Worker is to support residents struggling with substance use issues possible to facilitate personal growth and relationship building, as well as other duties associated with the recovery home such as cooking, cleaning, charting, participating in group sessions, driving and shopping.

General Applications

While uploading your resume, mention the position you are interested in, next to your name. If you don't see a job opening matching your profile on our website then you can apply under the General Applications Category.

Please ensure you have received confirmation for your online submission.

Job postings are also available at the Band Office and the Employment Office. If you have not received confirmation, email: humanresources@seabirdisland.ca.

Pursuant to the Aboriginal Employment Preference Program, preference may be given to applicants of Aboriginal Ancestry. Interested candidates are invited to submit a cover letter, resume and three references. We regret that we will only respond to those applicants chosen for an interview.

We thank all applicants for their interest.

ADVERTISING RATES

PRINT AD RATES PER ISSUE

300+ hard copy production
800+ e-mail production
average 1,300 reads on Seabird website.

Front Page Colour: limited availability

1/4 pg banner (8"x2.5") \$40
2.5"x3" \$25

| | | |
|-----------------|----------------|--------------------|
| | Colour: | Grey-scale: |
| 8"x10" | \$135 | \$37.50 |
| 8"x5" or 10"x4" | \$65 | \$25 |
| 3.8"x5" | \$32.50 | \$17.50 |
| 2.5"x3" | \$20 | \$12.50 |

Classified Advertisements

.40¢ per word \$4.00 Minimum

DIGITAL DISPLAY (TV) AD RATES

| | | | |
|---------------------|---------------|---------------|---------------|
| Weekly Rates | 15 sec | 30 sec | 60 sec |
| Full Screen | \$20 | \$40 | \$50 |
| Banner | \$10 | \$20 | \$30 |

Digital advertisements will play
no less than 5 times a day.

PACKAGES

| Starter | Premium | Gold |
|-------------------------------------|-------------------------------------|--------------------------------------|
| 1/4 page colour 30 second Banner | 1/2 page colour 30 second Banner | Full page colour 30 second Banner |
| \$60 | \$100 | \$140 |

DISCOUNTS AND FEES:

Only one discount may be applied /order.

| | |
|------------------------------|---------|
| Band Member | -35% |
| Non-Profit | -10% |
| 3 month term | -25% |
| 6 month term | -35% |
| Design & Layout (additional) | \$40/hr |
| Flyer Insert (furnished) | \$20 |
| Returned Cheque | \$35 |
| Late Fee | +3% |

Fees are not for profit and
help us produce this newsletter.

DEADLINES

Submissions and advertisements are
due 7 business days prior to delivery.
Contact comm@seabirdisland.ca.

AVAILABILITY

Twice a month. The 15th of each month
(or closest business day) and the last
business day of each month.
Apply for email distribution or pick-up at the
red community newsletter boxes.

CONTACT US

Have an ad or story idea?
Email comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Advertising sales and design:
Sandra Bobb 604-796-6838 or email
sandrabobb@seabirdisland.ca

Editing Team: Sandra Bobb, Lori Burns,
Zorana Edwards-Shippentower,
Pearl Penner, Kristy Johnson, Jason Forsyth
and Phaine Wegener (on-leave).

AGREEMENT/LEGAL

It is agreed by any display or classified
advertiser requesting space that the liability
of the paper in the event of failure to publish
an advertisement shall be limited to the
amount paid by the advertiser for the portion
of the advertising space occupied by the
incorrect item only, and that there shall be
no liability in any event beyond the amount
paid for such advertisement. The publisher
shall not be liable for any slight changes in
typographical errors that do not lessen the
value of an advertisement.

Editorials are chosen and written by Seabird
staff, they are the expressed opinion of the
staff, and do not necessarily reflect the views
of Seabird Island.

Letters to the Editor must be under 300
words and include your name, phone
number, status number, signature (not for
publication), as well as date/year submitted.

We reserve the right to revise, edit and/or
reject any advertisement or
story submissions.



Classifieds

OPTOMETRY CLINIC

Book now for the next clinic dates:
TBA

Recommended annual checkups for
children under the age of 19 and every
2 years for ages 19-64.

Elders 65+ can be seen annually.

Have a medical condition, such as diabetes,
or taking high risk medicines? You can also
be seen annually.

Contact Maggie Pettis 604-796-2177.

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 a.m. - 5:30 p.m.

Closed Fridays

DENTAL WALK-IN PAIN CLINICS

Every Tuesday from 1:00 - 5:00 p.m.

Patients will be screened and those with
most urgent problems will be seen first.
Others seen on a first come, first serve basis.

Contact the Dental Clinic 604-796-6853.

MEMBERSHIP / STATUS CARDS

Monday and Thursday: 8:30 a.m. - 4:00 p.m.

Appointments required.

Serving Seabird Members only!

Contact Carol Hope at 604-796-6877
or carolhope@seabirdisland.ca

Remember to bring;

- 2 pieces of photo Government ID
- 2 pieces of Government ID, one must
be photo ID
- New Photo (see Communications,
appointment required)

Seabird Island has the right to refuse service.

Status Card Photography

Laminated style: \$10

New style w/ authenticated photo \$15

Monday to Friday: 8:30 a.m. - 3:30 p.m.

Appointments required.

Contact Kristy Johnson at 604-796-2177
or kristyjohanson@seabirdisland.ca

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.

Now recruiting new members.

Contact the Fire Hall 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the
Seabird Island Community Hall.

AA in BC website: www.bcyukonaa.org

BABIES ID CARDS

Apply for a medical care card as soon
as possible.

Contact Maggie Pettis 604-796-2177.

Apply for Status Cards as soon as possible.

Contact Carol Hope 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF

COMPOST, RECYCLE and GARBAGE:

Every Monday, unless Monday is a statutory
holiday, then pick up will take place on the
Tuesday immediately following the holiday.
2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of each
month, by request.

If you need a **bin dropped off** for your
major cleaning please submit your request
in writing, there is a long wait-list.

Contact Public Works at 604-796-2177 or
email: publicworks@seabirdisland.ca

PRINTING SERVICES

Graphic Communications provides the
following paid services:

- Printing/copying services
- Status card photography
- Lamination
- Advertising and more

Contact Sandy Bobb 604-796-2177.

LOVED ONE PASS AWAY?

We can help you send a copy of the
death certificate to the First Nations
Health Authority.

Contact Maggie Pettis 604-796-2177.

FUNERAL PAMPHLETS

As per Seabird Funeral Policy, the first
100 colour and 150 grey-scale funeral
pamphlets, as well as 1 hour of design time
is free for all Band Members. Additional
design time or pamphlets can be requested
for a fee.

We can also assist with pamphlets for
non-Band Members, inquire for fees.

Contact Sandy Bobb or Kristy Johnson
at 604-796-2177.

SEABIRD CHURCH

Mass: September 2, 16, 30

11 a.m. - 12 p.m.

Prayer Circle:

Contact Deacon Jamie 604-491-3053 or
604-615-5677

EMERGENCY / SECURITY

EMERGENCY 911

GRIFFIN SECURITY 604-703-0888

AMBULANCE BILLS

Please submit ambulance bills as soon as
you receive them. If the bill is more than
1 year old, ambulance costs will no longer
be covered under the Non-Insured Health
Benefits (NIHB). Anyone with a status
number can have the ambulance paid for
by Health Canada as long as it's not an
ICBC claim.

**We can only provide assistance to those
with a status number.**

Unfortunately, ambulance bills will not
be covered if you were also incarcerated
in jail. Ambulance Billing will know if
you were incarcerated based on the bill's
address. Please do not bring these in as
they will be denied and it will be the client's
responsibility to pay.

Please note, if you were taken home in an
ambulance after a stay in the hospital, this
will not be covered and it will be the client's
responsibility to pay.

Contact Maggie Pettis 604-796-2177.

MEDICAL CARDS

Need to apply for a new medical card
because it was lost or stolen? We can assist
you when applying for a new one.

Each client is responsible for paying for their
medical cards. If they've been lost or stolen
more than two times the cost is \$20 for each
new card.

Please note, we do not assist with
BC ID applications.

Contact Maggie Pettis 604-796-2177.

NOTICE

NO SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS

All offenders will be reported
and prosecuted to the full extent
of the law.

By order of Chief and Council

Chief and Council assert there is to be no
solicitation of any sort. Visitors need
permission from Chief and Council to
solicit door to door.

If you get a questionable person knocking
on your door you do not need to let them
in. You have the right to close the door and
contact the RCMP. There is an open file at
the RCMP.

**Community safety is a Chief and Council
priority. Please contact us if you
have any concerns.**

Indigenous Gender and Wellness *Idea Fair and Learning Circle*

TRAVEL AWARD



Gender plays an important, but often overlooked, role in wellness.

As with many other Indigenous (First Nations, Inuit, Métis) traditions and knowledge, Indigenous concepts of gender have been negatively affected by western views, imposed through colonization. What if we paid closer attention to gender in all its forms (e.g. norms, roles, identities, Two Spirit, LGBTQ)? Could we improve wellness among Indigenous Peoples? If so, how would we go about it? ***If you have an idea or would like to contribute, we want to hear from you.***

What is this all about?

The Canadian Institutes of Health Research (CIHR) is inviting Indigenous individuals and allies with big ideas about gender and wellness to apply for funding to attend an *Idea Fair and Learning Circle* on the topic of Indigenous gender and wellness. If you don't have an idea but still want to be involved, you can apply as an *Idea Supporter*. ***Travel awards valued at up to \$5,000 are available to cover the costs of attending.***

This is the first step in a larger initiative to support development and implementation of community-led projects. Team projects developed at the workshop will be eligible to apply for future funding. ***Overall, CIHR has set aside approximately \$8M in funding over five years to support these projects (pending approval).***

When and where will this happen?

The *Idea Fair and Learning Circle* will take place over two and a half days, from June 18-20, 2019 on the traditional unceded territory of the Kanien'keha:ka (Mohawk) in the city of Montréal.

We have intentionally chosen the dates directly preceding National Indigenous Peoples' Day, so participants can stay on in Montréal to take part in festivities if they choose.

Who should apply?

You! You don't have to have any experience in research to apply. You can be First Nations, Inuit or Métis (including young adults, Elders, knowledge holders, researchers, and others), a non-Indigenous researcher, representative of a community organization or an ally of Indigenous Peoples. However, to be eligible, applicants must either self identify as Indigenous or provide evidence of having meaningful and culturally-safe involvement with Indigenous Peoples (*learn more on our website*).

We welcome applications from adults of all ages and especially encourage young adults to apply.

A few possible idea topics

(Inspiration only—your imagination is the limit!)

- Improving wellness among gender- and sexually-diverse Indigenous youth
- Projects with a focus on the arts (e.g. visual, music, dance, theatre, literary or media, including the contemporary practice of traditionally-based forms)
- Gender-based violence affecting Indigenous Peoples
- Understanding the gender-related risk factors of alcohol or other substance use
- Interaction of gender-related risk factors and HIV
- Gender, wellness and cultural traditions and activities (e.g., ceremony, land-based activities)
- Gender and wellness of Indigenous Peoples living in or transitioning to urban centres

Learn more and submit an application at www.indigenousgender.ca



Canadian Institutes
of Health Research

Instituts de recherche
en santé du Canada

Canada