



the **SEABIRD ISLAND**

YOO HOO

Because news isn't all bad or boring!

July 2010

Seabird Health Center

Receives the 2010 Excellence In Health Promotion Award



The Seabird Island Health Center was presented with the Excellence in Health Promotion Award from the BC Medical Association on June 12th 2010.

This award recognizes individuals and organizations working to improve health and safety and celebrates those who demonstrate leadership through specific initiatives in ingenuity and creativity of health promotion, with the goal of positive, long-term improvement.

The award marks the first time in history that a First Nations community has won a BCMA Award. Chief Clem Seymour and Health Center Director Carolyne Neufeld received the award on behalf of the community. Congratulations to the Seabird Island Health Center. Your work in improving the health and

safety of First Nations people is greatly appreciated.

For 12 years the **Seabird Island Health Center** has improved the health, wellness and safety of 11 First Nation communities in the eastern Fraser Valley and southern BC. The center has an integrated approach to health care and has developed a mobile diabetes initiative, dental centre, doctor's clinic with two aboriginal doctors, nurse's clinic, healthy baby clinic, mental health services and an optometry clinic. It aims to promote a healthier, self-sufficient, self-governing, unified and educated community that believes a healthy community is one that has achieved a physical, emotional, mental, spiritual and cultural balance.

Mosquito Season

Please remember to get rid of all water around your yard.

☀ *A small ice cream bucket left right way up will breed 100's + mosquitoes.*

☀ *Old Tires are also large breeding grounds.*

Summer Heat

Drink plenty of water:

and Non-Alcoholic drinks!!

DON'T wait until you feel thirsty -**STAY HYDRATED.**

In hot weather, as much as 3-4 quarts per day are recommended while exercising.

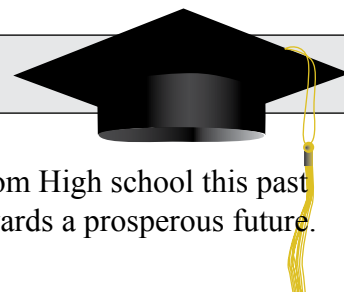
COMING SOON

Physiotherapy

Massage Therapy

Chiropractor

Congratulations Grade 12 Graduates of 2010



“GREAT JOB GRADUATES”. We had eleven (11) members of our community graduate from High school this past year. We are proud of you for sticking with it and hope you will continue your education towards a prosperous future. You are positive role models to those following behind you.

Jordon Mailhot - Fall 2009

Dustin Charlie - Seabird High School

Artie Andrew - AESS

Boone Harry - AESS

Chanea Gabriel - AESS

Kaleen Pettis - AESS

Jordan Edmondson - AESS

Jeremy Joe - AESS

Patricia Bobb - Pemberton Secondary

Jessica Lacrioux - Chilliwack Secondary

Kim House - Sardis Secondary

Sorry if we missed anyone, congratulations, to you all!



Boone Grad 2010



Jessica Grad 2010



Jordon Grad 2010



Patty Grad 2010



Danny Grad 2009

The graduation rates for First Nation students is at a record high. In 2002 there was a 38% graduation rate compared to a 77% graduation rate of non-aboriginal students. This year we are up to a 49% graduation rate.

Acting education minister Moira Stilwell says “we are pleased with the results and the gains that Aboriginal students have made. Through Aboriginal education enhancement agreements and the development of courses such as BC First Nations 12 and English 12 First Peoples, we are working with boards of education to engage Aboriginal students and empower them to continue their studies through secondary school and beyond”
Vancouver Sun June 2010

Where many schools through-out BC are feeling cutbacks to their education, the BC First Nation education system is fortunate to see a small increase in funding next year, as a result of the growing First Nation graduate rate in BC.

Unfortunately these funding growth rates do not match the student growth rate in our First Nation Communities. As the population in other communities may be feeling a reduction our communities are feeling great growth. Just looking at our young Grade 6 Grad class at Kent this year, half of the students are First Nations, as apposed to the smaller rates in the past.

As funding rates are now being increased to match **grad rates**. Hopefully we will continue to see further funding increases in the future to match our **student growth rates**, as population growth rates are building faster than grad rates, sometimes due to population fluctuation.

Keep up the good work students, your success is already having a great impact on those following in your foot steps.

Aboriginal Education K - 12 Funding

Provincial funding for Aboriginal education in the B.C. public K-12 school system will increase from \$52.6 million to \$61.5 million in 2010-11 school year. This funding enables school districts to deliver enhanced education programs and services for Aboriginal students who self identify as being of Aboriginal ancestry.

<http://www.bced.gov.bc.ca/abed/>



Congratulations



2009-2010 Post-Secondary Graduates

Candace Robotham:

November 2009- Master of Education: Early Childhood Education.

Jessica Pettis:

May 2010- Academic & Indigenous Studies Diploma.

Lolly Andrew:

June 2010 -Bachelor of General Studies Degree.

Duran Giroux:

June 2010- Automotive Collision Repair Certificate.

We wish you the Best of Luck in Future Endeavours...



Parents and Tots

Staff would like to say **thank-you to all the Parents of Cheam, Skwah and Seabird** for making the Parents and Tots programs so successful. Just a reminder that third week of June will be the last week of Parents and Tots for all sites. However, we look forward to re-opening again during the third week in September. Have a great summer and see you in the fall.



Congratulations to Brie Robotham

who won the A Honors Trophy and Best Young Musician Award from AESS this year.



Congratulations to Katona Michell

Who will represent the Fraser Valley Region in the 2010 Provincial Heritage Fair for her project on her Family Heritage. In March she won 1st prize at Kent Elementary's Heritage Fair giving her the opportunity to compete at the Regionals in Abbotsford. Regional judges were impressed with her project and her knowledge during her interview, and from about 80 students, she won the Aboriginal Culture Category. On June 30th, along with Grade 4 to Grade 12 students from across the province, Katona will travel by plane to Quesnel, stay over at Wells Community School, and for the next four days participate in a variety of exciting historical activities in Barkerville as well as showcasing her heritage project.

Seabird Health Center

Hours Of Operation:

Doctors Office

Monday - Thursday 10 am - 5 pm

Friday 10 am - 4 pm

Walk-in Clinic Tuesday 1-5 pm

Dental Clinic

Monday - Thursday 8 am - 4 pm

Walk-in Clinic Tuesday 1 - 4 pm



Dr. Fox



Dr. Beaulieu



Dr. Kyba (Naturopath)



Seabird Island Health Center received the **2010 Excellence In Health Promotion Award** from the BC Medical Association.

This award honours organizations that improve the health and wellness of British Columbian's through health promotion activities.

All Clients Welcome!

CALL TO BOOK AN APPOINTMENT

Doctor 604-796-2165 • Dentist 604-796-6853

Toll Free: 1-800-778-0322

Seabird Island Preschool Finishes Year with Graduation!

Ey swayel! The Seabird Island Preschool's month of June was very short however the children had much learning throughout their activities.

Literacy Night on June 2 braved a few families out into the storm. D'Anne Epp, Ey Qwal Speech and Language, talked with parents, staff and children about many wonderful ideas with regard to "literacy". Each family received a great book "Bear Wants More" from D'Anne. Thank you D'Anne! Each family received a door prize for attending the evening.

The afternoon fours attended the "**Year End Pow Wow**" at the community school on Friday, June 4th. One of our students participated with dancing

Graduation on June 9th was a huge success! Thirty(30) children in total Graduated in the 3 and 4's program. Thank you parents for attending, making graduation an important day for your child!!

It was divided into two (2) parts with the "Fours Morning Program" graduates ceremony in the morning and the "Threes and Fours Afternoon Program" graduates ceremony in the afternoon.

Starting with a procession of the preschool children drummed in with an honour song by drummers; Sewaselek and Ambrose, followed by Elder Richard Louie and the K/1 class. Everybody who entered with the procession was *swept off* with cedar bows, by Betty Point and her daughter Roberta Chapman.

The K/1 class then sang the preschool children 2 songs; The Welcome Song and the Seabird Song. Mc Lani Beadman then handed the stage over to Elder, Richard Louie who gave the Welcome Prayer.

The preschool students each wore Cedar Bandanas to protect their minds, the girls wore Shawls and the boys Sash's to protect their hearts. Traditionally the girls wore shawls long enough to sweep the ground they walked on.

The procession was and welcome prayer and songs where repeated for the second graduating class. The threes program graduates wore graduation gowns designed and sewn by Evelyn Peters.



The students had a chance to show off some of their learning through songs, this included counting, animal recognition, sign language, and the Halq' emeylém language.

Thank you Ms. Nowak and Ms. Anderson's class for singing at our Preschool Grad. We much appreciated you attending!! Many parents were busy filling out survey forms during the Grad Ceremony. The winner of the Seabird Island Preschool Parent Survey was El-lea, Bert's Mom! The winner of the Seabird Island Preschool Parent Feedback Form was Billy, Maleek's Dad! Congratulations and thank you all for taking the time to fill in the forms, as it is important for a successful Preschool Program.

The Seabird Preschool is an integrated Head Start Program with 6 components in the programs; Culture and Language, Early Childhood Education, Nutrition, Social Support, Health Promotion, Parent and Family Support as well as 2 additional components incorporated from Seabirds Early Childhood Programs; Special Needs, and Emotional Competence.

The goals are; to support and encourage child developments and school readiness skills, to provide opportunities for children to learn through play, to encourage a desire for life long learning, to provide opportunities to develop successful young people, to assist families to help their children develop a positive identity of themselves.

Reminder, please call Carlene @ 604-796-3463 if you have not put your child on the list for the Fall 2010 3's or 4's Preschool Program.

Have a safe and Healthy Summer! See you in the Fall !!

Fours Morning Program Graduates



Threes & Fours Afternoon Program Graduates



Expanded Training and Educational Opportunities for Seabird Band and Surrounding Communities

This Fall Seabird Band and partners, are pleased to announce expanded training and educational opportunities for Seabird Band and surrounding communities. The programs are open to anyone. They are free to the following:

- Youth in grades 11 and 12
- First Nations adults living on reserve who have not graduated from high school or have graduated with a leaving certificate.

Although the program is free to these students, there will be some fees for personal equipment, books and supplies

It is important to make an appointment and register now in order to insure funding for the fall.

The programs are as follows:

Business Technology including : Microsoft Office Levels 1 and 2, Records Keeping, Accounting Level 1, Accounting Level 2, Marketing Level 1 and 2, Entrepreneurship, and Management (These programs are offered after 4:PM so that working band employees can take part. They are also available on line so that individuals living at a distance from Seabird can also take part.) **Part time or Full time.**

Information Technology including: Applied Digital Communications Levels 1 and 2, Computer information Systems Levels 1 and 2 (includes computer repair and networking), Digital Media Development Levels 1 and 2 (includes web design), Computer programming Levels 1 and 2 (These programs are also offered on line.) **Part time or Full time.**

Carpentry: You will complete Levels 1 and 2 of the four year Red Seal Carpentry program and will receive the majority of the hours required for level 1. In this program you will build a house from the ground up so you will have lots of experience and will be ready to take a job as an apprentice carpenter. **This is a 10 month full time program.**

Graphic Design/Computer Graphics: Learn the skills necessary to design products for traditional print formats and for web based formats. You will also learn to design websites. **This is a 10 month full time program.**

Painting and Decorating: You will complete Levels 1 and 2 of the three level Red Seal program. The program covers interior and exterior house painting, commercial painting and industrial painting as well as surface preparation for all three focus areas. **This is a 10 month full time program.**

Wall and Ceiling Levels A and B and Drywall Finishing

Level 1: Wall and ceiling installers build walls with steel studs, they cover these walls with drywall board and apply beads and joints. They also install insulation, sound barriers and T Bar ceilings. Much of the work of Wall and Ceiling installers is in commercial buildings, however they are also the individuals who install drywall in homes, in this case, they usually apply the drywall to wood. In addition to the Wall and Ceiling program, we have added the first level of drywall finishing so that graduates can both put up the drywall and finish it to the point of being paint ready. **This is a 10 month full time program.**



Plumbing: You will complete levels 1 and 2 of the Red Seal Plumber program and will cover assembly of plumbing components, sanitary storm and drainage systems, installation of fixtures and appliances, installation of hydronic heating and cooling systems and installation of specialty systems. **This is a 10 month full time program.**

Aboriginal Responsible Adult: TBA

Aboriginal Speech and Language: Fall 2010 - Part time program

Early Childhood Education: Fall 2010 – Register through Candace Robotham

Aboriginal Support Worker: TBA

Aboriginal Family Child Care: TBA

University College Entrance Preparation: We will offer the equivalent of English 11, English 12, and Math 11 Principals, as well as Introduction to Computers and Halq'emeylem

Academic upgrading leading towards a Dogwood Diploma or Adult Graduation Diploma will also be offered.

Registration Forms are available at the Front Desk of the Seabird Band Office.

Seabird Island College

Has just begun its Bridging to Trades Program in cooperation with NVIT. This course has brought 4 trades including Electrical, Welding, Millwright and Piping Trades as well as Math, English, Computers, Occupational First Aid and WHIMIS to Seabird. Twenty three (23) participants from Seabird and surrounding communities are taking place and the reports are fantastic with our students excelling. In the coming months we will build on the success of this program and offer more trades, technology and vocational programs.

There are many people who made this possible and thanks go out to:

- Chief and Council
- The Education Committee
- The Seabird College Team
- The Education staff including Cynthia McNeil, Dianne Parkinson, Shari White, Myra Seymour, Clea Seymour, Carol Hope
- Carlyne Neufeld and the staff of the Employment Programs
- Dwayne McNeil and the Public Works department for providing for preparing the space for the trade trailers.
- Administration staff who handled a lot of phone calls.

Seabird Island Community School OPEN FOR REGISTRATION

We feature a comprehensive education program:

- Pre School
- Kindergarten to Grade 12
- Adult Education
- Trades
- Day Care
- After School Care

Our education system has many things not offered any where else:

- Small class sizes
- Special reading programs
- Special Sto:lo Language and cultural programs
- Trades, technology and vocational training
- Tutoring and extra help
- Bussing from Agassiz, Hope and Chilliwack
- Specialized opportunities for secondary students including Mechanics, Family, Woodwork, Fine Arts and Business Education
- If you didn't graduate, come back and get your Dogwood Certificate
- New student allowances

Call Shari White at 604-796-3061 or email her at shariwhite@seabirdisland.ca.

Register now & enter a draw to WIN A FREE COMPUTER.

Interested in Attending a College/University???

Already a Post-Secondary Student???



Important Deadline Dates for *completed* applications:

- For September (Fall) enrollment
- For January (Winter/ Spring)
- For May (Spring/ Summer)

**May 1st
October 1st
January 1st**

Applications received after the deadline will be held and put on a waitlist, until it has been determined whether funds are available.

For further information please contact:
Kelly Chapman-Student Services Worker at
604-796-2177 or kellychapman@seabirdisland.ca

Seabird Island Foster Homes Desperately Needed!

Help Keep Our Kids At Home!
*Seabird Island seeks your help to keep
Seabird Children on Seabird.*

Monthly Rates

Restricted Foster Care

- Where you care for a relative or close family friends child,
full time 1-11 yrs \$803.⁸²
full time 12-19 yrs \$909.⁹⁵

Level 1 Foster Care

- Regular foster home,
full time 1-11 yrs \$803.⁸²
full time 12-19 yrs \$909.⁹⁵



Training Provided

Contact Edie for more information at 604-796-2177

Short Term • Long Term • Respite

Seabird Island Band Education Jurisdiction

Seabird Island Band has been in negotiations in regards to on-reserve schooling. First Nations communities that are involved in negotiating **would like to see the following changes:**

- Have a large presence of culture and traditional teaching
- Have our teachers speak our traditional language fluently
- Have our student's learn about our history and the history of our surrounding area.
- Have more one on one tutoring (if the student needs the extra help)
- Have students attending, leave our school with a **higher standard of education** then the public school system
- Have hands on learning
- Have teachers with a higher level of training for special needs
- Have more innovative teaching methods

A Community Driven School is what we would like accomplish. There will be a referendum when negotiations are complete (Similar to the Land Code referendum) the band membership will be asked to vote at the Education Jurisdiction Referendum. Seabird Band will keep you informed on when that date may be.

For more info on upcoming events for Education Jurisdiction please e-mail myraseymour@seabirdisland.ca or call 604-796-6839.

Seabird Island School Year End Mini Pow Wow

On June 4th the Seabird Island School hosted its Annual Mini Pow Wow. This cultural event was a great success, getting many of the students interested in the First Nation culture and their heritage.

The Grand Entry was lead by Celestine Louis carrying an Eagle Staff. Following the Grand Entry Flags was some visiting royalty; Tashauna James - Tiny Tot Princess Sto' Qwey' lem Pow Wow and Julie Davis - Tiny Tot Princess People of the River Pow Wow. Opening Prayer was provided by Vivian Ferguson.

There were many dances performed throughout the afternoon including; Mens traditional Grass and Fancy as well as Ladies traditional Jingle and Fancy. There were dancers ranging from newborn through to adult dances as well as a Couple Apple Dance and a Flag Dance. Many of the student wore regalia sewn by themselves and their families.

Next September the Seabird School is looking into conducting more serious training for those interested in Traditional Dancing Lessons. Here they will learn various dances and together with their parents will create their own regalia.



Seabird Lands Advisory Committee

The Seabird Island Band Land Code was approved in March 2009 and has taken affect. The Committee is working on compiling relevant information for Seabird, and working on developing the laws that would benefit the community. They have completed the terms of reference, in which this document will direct how the committee operates. The development of the annual work plan is also a major initiative they are working to complete.

With the help of the community, the Committee would be happy to address any concerns that you may have, or present any suggestions for consideration when developing the laws, and procedures for Seabird Island. Communications is a critical element and the committee is working on how this can be done.

We thank you for all your help and interest in keeping the land safe. Feel Free to approach us at any time, we are here for YOU.



Wayne Bobb Sr has had a wealth of experience and training which will serve the community well in his position as a member of the Seabird Island Lands Advisory Committee.

Wayne has held the position of Chief for eight (8) years here at Seabird along with that following positions:

- Dispensing and Ophthalmic Optician working for Health Canada
- Director of Health Liaison with the Union of BC Indian Chiefs
- Band Manager for Seabird Island Band
- Executive Director for Sto:lo Nation

Wayne is very interested in keeping involved in the leadership of the Seabird Island Community.

Vivian Ferguson how is owner of Black Sea Organics Health Food store in Agassiz, BC currently, was employed by Seabird Island for sixteen (16) years. She is committed to education of First Nations children in a setting which embraces their language, culture and learning style. She is committed to working towards ensuring that Seabird Island band is protected from abuse, misuse and disuse. Seabird Island band holding must expand to ensure that our children's children have enough land and resources to maintain our culture and way of life.



Richard Louie has had many opportunities to work alongside Chiefs and Councillors since 1972 and frequently accompanied the Chief of the time to several of the functions that came up. It has been a pleasure to watch the growth of the Administrative Staff throughout the years and to see all that they have provided for the well-being of our members.

Richard has been involved with AA and the sweat lodge since around 1977 and in recent years has worked with the Shaker Church in helping people who sometimes make wrong choices and need physical and spiritual help. "I do this to say "Thank you" for the way I have been helped through my difficulties. Today, I am only too glad to go into a sweat and help lighten the burdens they pick up from helping people."

Peter Andrew, whom is a part of the Seabird Island Volunteer Fire Department, received a certificate from NVIT for Natural Resources.

Peter has experience in the upkeep of the land and ensuring re-growth happen and has also had the chance in working the forestry area for ten (10) years in all aspects of the trade. Peter enjoys the challenge and work hard to do the best job possible for Seabird and is committed to a positive change for the environment and land "What we decide today will impact our future generations so I want to ensure that we are doing things correctly for them to grow up in the type of environment that I have."

If you have questions, concerns, issues please bring it to the attention of the any members of the Land Code Committee. We are here to represent our people and follow up on concerns that you may have.

Linda Kay Peters has dedicated the last twenty (20) plus years of her life working exclusively for Aboriginal communities. Some of the positions she has held have been as the Fraser Valley Aboriginal Health Coordinator, Regional Health Survey Coordinator, Assistant Health Director and most recently in the positions of Health Services Program Manager and the Community Hub Program Coordinator at Seabird.

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She also has extensive experience working on various boards and committees as well as being on the previous Land Code Committee.

Janice Parsey would appreciate any input and will gladly sit and listen to any land concerns and issues from members and community. I will put my education and experience to work to the best of my ability to achieve the goals and objectives of the Land Code.

Janice looks forward to being a Land Advisory Committee Member in the community and promises to serve to the best of her ability and use her education and experience to move the community forward to self sufficiency.



Art Andrew is Chair of the Lands Advisory Committee, and his role for Seabird Island Band is Maintenance Supervisor holds the Lands and Resources Portfolio for Seabird.

Art considers community wellness as one of the most serious issues that Seabird faces. "Are we developing our youth in such a way as to be making future Elders? We need our members and Elders to stand up and speak up for community health, growth and togetherness."



Information in regards to the Gro-Rite Nursery – Cedar Shrubs/Trees (Wim Neels)

Concerns in the community were brought forward to the Lands Advisory Committee in regards to the Gro-Rite Nursery. The concern was about the amount of soil leaving the property, and what was being done to replace this. Wim Neels, Owner and Operator of the nursery, was approached and explained the concerns of the Community. Wim expressed he understood the concern, and was willing to share with us the process in which he had in place for Soil Removal and Replacement. As stated, they understand the concern and realize that the benefit of both parties the land needs to be maintained. Gro-Rite Strives to improve and maintain the land, as this is naturally in both best interest as this is a long term project.

As outlined in CropHealth website (www.crophealth.com), typical procedures for production of Thuya (cedars) in BC or Western Canada are as follows:

- The current industry practice for field production of Thuya (cedars) is to grow trees for 4 years, and then dug the trees with roots and soil for shipment to customers.
- The current practice is removing approximately 114 cubic yards of soil per acre, equivalent to a depth of 0.85 inch of soil, if spread evenly over 1 acre.
- The soil removed at harvest can be replaced adequately after harvest with addition of organic matter such as animal manure, compost or topsoil; to a depth of 1.0 inch (134 cubic yards per acre)

Gro-Rite Nursery Ltd. is in the process of hauling 29 truckloads of solid manure on site to replace the soil removed. To date they have applied 96 loads and over the 5 years have applied approximately 625 loads of fertilizers. See chart of measurements.

<u>Topic</u>	<u>Number</u>	<u>Explanation</u>
Dimension of 1 cubic yard – feet	27 ft ³	3 feet x 3 feet x 3 feet
Dimension of 1 cubic yard – inch	46656 in ³	36 inches x 36 inches x 36 inches
Dimension of 1 acre – feet	43560 ft ²	660 feet x 66 feet
Dimension of 1 acre – inch	6272640 in ²	7920 inches x 792 inches
1 inch thick over 1 acre – inch	6272640 in ³	6272640 in ² x 1 inch
1 inch thick over 1 acre – yard	134 yd ³	6272640 in ³ x 46656 in ³ per yd ³
Trees grown per acre	4000	Number provided by grower
Soil removed for harvest of 1 tree	0.0286 yd ³	Tree is placed in 7-gallon container
Soil removed per acre – yard	114 yd ³	4000 x 0.0286 yd ³
Soil removed per acre – thickness	.085 inch	114 yd ³ / 134 yd ³

SEABIRD ISLAND BAND COMPREHENSIVE COMMUNITY PLANNING

(YOUR VISION IS OUR INSIGHT)





Seabird Island is a community with a history of innovative thinking and a strong vision for the future. Our band has worked hard to get where we are today and we are excited as we move forward. As we move forward we realized that we needed a plan to help us prepare for the future. In 2009 the seabird island band developed a Comprehensive Community Plan this plan will provides the following

- Framework to protect the values of our community
- Provides us with a roadmap to steer through the challenges that arise with GROWTH and DEVELOPMENT

Seabird Island's Planning Areas Include:

- Environmentally Sensitive Areas
- Agricultural Land Protection & Food Security
- Community Economic Development
- Affordable Housing
- Transportation
- Waste Management
- Heritage and Culture

As you can see we have a lot on our agenda to complete this Plan. In the near future we will be looking to the community for their input. Please if you are in need of more information please call 604-796-6839 ask for Myra Seymour. We look forward to hearing from you, your feedback is important in this process. "Kw'as hoy"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
OPEN 11AM-5PM FITNESS DROP IN FREE LADIES ONLY 11AM-1PM CO-ED 1PM-5PM BEGINNERS BOOT CAMP 7PM-8PM 	Fitness Center Community/Staff: \$15 month or \$1 drop in. Non-Community/Staff: \$30 month or \$2 drop in.					OPEN 12PM-6PM MEN ONLY 12PM-2PM CO-ED FITNESS 2PM-6PM 	
	ELDERS 10AM-11AM OPEN 8AM-4PM 5:30PM-8PM	OPEN 8AM-4PM 5:30PM-8PM	ELDERS 10AM-11AM BRING A FRIEND FREE (13+, PER PAID PERSON)	OPEN 8AM-4PM 5:30PM-8PM	OPEN 8AM-4PM 5:30PM-8PM		
	Evening Recreation in the Gym Community/Staff: \$1 drop in. Non-Community/Staff: \$2 drop in. Pre-Paid Cards Available! Open at 5:30pm.						
	BOXING WITH JASON CAMPBELL 5:30-6:30 CLOSED 7PM	MEN'S HOCKEY 6:30PM-8PM	OPEN 5:30-8	CO-ED HOCKEY 6:30PM-8PM	CLOSED		
Note: Stamp cards available for fitness center. Work out for an hour 8x a month, and get entered to win a gift card!			Note: Programs may be cancelled/changed due to interest. Boxing starts up June 7th.				

Ye Mí Sgeqó:tel la xwe' lets'emó:t ó

ATTENTION



SEABIRD ISLAND COMMUNITY MEMBERS

This Community Engagement Hub initiative is a 10 year initiative, which came out of Canada's first-ever Tripartite Agreement that was signed in 2007 between the Province, the Government of Canada and the First Nation Leadership Council.

The goal is to improve the health and well being of First Nations in BC, by closing gaps in health between First Nations people and other British Columbians. This will be done by gathering & recording health priorities directly from community members themselves. Engaging the community in this process will ensure communities have a voice and will put community in charge of their own health needs.

There will be a series of consultation sessions held in the community during this initiative. The results of these consultation sessions will be used to develop a comprehensive Community Health & Wellness Plan for our community. This multi-year health plan will assist the community in; planning for the future, to write proposals, to help access more funding, programming planning and more services for the future.

COME AND BE A PART OF THIS EXCITING NEW INITIATIVE!!

Have your health priorities documented to help improve our community's health for our future generations.

The Seabird Island Band is the Host Agency for the Fraser Valley Region called the Hub. Your community is one of the 11 communities working with this Hub...

COMMUNITY: SEABIRD ISLAND

TARGET GROUP: ALL SIB COMMUNITY MEMBERS

DATE: JULY 6TH, 2010

TIME: 5pm – 8p.m.

LOCATION: SEABIRD ISLAND GYM

DOOR PRIZES

▶ WATERSLIDE TICKETS ◀

▶ DINNER AT SILVANO'S ◀

▶ PNE TICKETS ◀

Linda Kay Peters, CEH Coordinator

Ph: 604-796-6822 E-mail: lindakay@seabirdisland.ca

Vanessa Short, Communication Hub Assistant

Ph: 604-796-6846 E-mail: vanessashort@seabirdisland.ca

2010 Seabird Festival - Huge Success

Less than month ago we held our Annual First Nations Festival that took place on May 28-30, 2010. We were wanting to thank the community members who volunteered for this huge event that partakes in our Community each year, this was a success. We had Community members helping with garbage pick-up, recycling, helping unload salmon late Friday to helping pack pop, ice and water to needed concessions, to help putting up signage and of course giving input to next years event.

Thank you all the ones that came out to lend a helping hand and didn't refuse to help when I asked. I appreciate and recognize all of your time.

Also a big thank you our to our Staff for helping in all areas when needed. If it grew short in an area staff were offering to lend a helping hand to helping try to find someone to fill in that needed position. With out all of our team work together this event would not be the success each year. *Every year we try to improve our event and make it more successful. Please if you have comments or suggestions feel free to please forward them into Angie Chapman.*

We also had many different outside people helping us with: **Security** (Seabird Island Volunteer Fire Department) **Traditional BBQ Salmon** (Archie Charles and his family), **Agassiz Detachment** for offering Patrols for us, **First Aide** (Abbotsford St John Department) **War Canoe Judges** (Willie Charlie, Lloyd Charlie, Vanessa George, Allen Williams, Johnnie Williams, Del Charlie, Dwayne Commodore, Clayton Charlie, Kevin Charlie, Richard Charlie), **Mike Holden** (Head Soccer ref for all games), **Slahal** (Robert Gutierrez and Family)

Coordinators:

Events Coordinator: Angie Chapman
Main Concession And Pop & Hotdog – Carlene Brown & Carolyne Neufeld
Finance- Lisa Douglas
BBQ Pit- Rose Charles
War Canoes- Matilda Charlie
Ball Hockey- Keena McNeil
Information Booth- Candace Robotham
Cultural and Make & Take- Evelyn Peters
Adult Soccer- Daryl McNeil & Dwayne McNeil
Youth Soccer- Brian Jones
Band Concession & Pop & Hotdog: Maxine Stump
Maintenance and Sound: Art Andrew

Thank to you all once again for all our your time and working throughout the weekend. I look forward to planning next years event again. Our legacy begins with us taking the pride in the work we do for our community. If you have anything that you would like to share or add please let me know. It's never to late to start for any event. If I have forgotten anyone please let me know.

All My Relations

Angie Chapman
Events Coordinator
Seabird Island Band
Direct Line (604)-796- 6893
Fax (604) 796-3729



2010 Seabird Festival - Results

Results 2010		War Canoe Results 2010	1st Place	2nd Place	3rdPlace
Men's Soccer		Saturday Results			
1st Place	Musqueam Blues	Single Paddle - 10 under	Mike Billy	CJ Gagon	Dallas Paiger
2nd Place	Saanich United	Double Paddle- 10 under	Clara Rebang	Mike Billy	Brandon Rice
3rd Place	Musqueam Blues Old Timers		James	Dallas Paiger	Jasper George
		Jr Buckskin	Lady Rose	StoLo Princess	Rikkole Cree
Women's Soccer		Single Paddle Women	Rosie Greene	Jamie Charlie	Debbie Rebang
1st Place	Cowichan FC	Double Paddle Men	Mike Kelly	Jedson August	Dean Williams
2nd Place	Cowichan Eagles		Nathan Nahanee	Kevin Paige	Dean Williams
3rd Place	Saanich Hurricanes	Double Paddle Women	Jamie Charlie	Lona	Tyrell Williams
			Emerald Jonh	Mary	Brooke Bobb Reid
14-16 Youth Soccer		Single Paddle Men	Victor Harry	Robbie George	Travis
1st Place	Saanich Braves	Mixed Double	Jamie Charlie	Shannon Campbell	Lona
2nd Place	Cowichan Eagles		Chris George	Justin Williams	Joe
3rd Place	Musqueam	4 paddle Women	Stah:lo	Rocky #2	Rocky #1
		4 paddle Men	Stah:lo	Rocky #2	Lil Rich
11-13 Youth Soccer		11 Paddle bucks	Rikkol Cree	Lady Rose	Savage 2
1st Place	Sechelt	11 Paddle Women	Stah:lo Princess	Rikkole Cree	Mystically Lady
2nd Place	Seabird	11 Paddle Men	Mystically Lady	Rainbow	Ocean Thunder
3rd Place	Cowichan Eagles				
		War Canoe Results 2010	1st Place	2nd Place	3rdPlace
10&under Youth Soccer		Sunday Results			
1st Place	Sechelt Bumblee Bee's	Single Paddle Women	Jamie Charlie	Emerald John	Jewell Francis
2nd Place	Musqueam	Double Paddle Men	Victor Harry	Chris George	Mike Billy
3rd Place	Seabird		Pete Silver	Travis John	Nathan Nahanee
		Double Paddle Women	Rose Green	Emerald John	Tyrell Williams
7 & Youth Soccer					
1st Place	Sechelt Warriors		Lana	Jamie Charlie	Brooke Bobb Reid
2nd Place	Musqueam	Single Paddle MEN	Jedson August	John Ballew	Roholand Swanaset
3rd Place	Seabird	Mixed Double	Rose Green	Jamie Charlie	Romand Swanaset
			Victor Harry	Chris George	Mary Swanaset
Ball Hockey- Ladies		6 Paddle Women	Staloh Princess	Rocky	Lil Cree
1st Place	Chicks W Sticks	6 Paddle Men	Rocky #2	Lil Rich	Lil Thunder
2nd Place	Cougars	11 Paddle Bucks	Savage 2	Rikkole Cree	Lady Rose
3rd Place	Ghetto Superstars	11 Paddle Women	Mystically Lady	Rikkole Cree	Stalah Princess
		11 Paddle Men	Mystically Lady	Rainbow	Ocean Thunder
Ball Hockey Men's		Jr Buckskins	Lady Rose	Stahlo Princess	Rikkole Cree
1st Place	Regulators				
2nd Place	North Shore Chiefs				
3rd Place	Alkali Stars				



Chief & Council Corner with Clem

When asked about his thought on the new HST Clem says "As Chief I always try to sit back and look at the big picture. It doesn't belong to me it belongs to my grandchildren and their grandchildren. I look at the impact it will have on them."

But we are looking into how the HST will effect us and help us out in the long run, we should have more information for everyone soon.

We are working to come up with boundry issues. With 1000 acres lost by Fraser River erosion according to 1957 legislation on high water mark. So far we have put out spurs to help control the erosion but it has had little effect.

We are also working together with Harrison, Agassiz, Cheam and Scowlitz STC, for Economic Development.

Congratulations to the Health Staff for thier non-profit award from Health Canada.

Congratulations everyone on another successful Festival.



Band Managers Corner with Chuck

This past month all the Managers have been finalizing last years audit budget that was due June 21st. So now we are ready to move forward with this years plans. Next month we plan to work on Community Planning.

The festival last month took a lot of planning and effort from staff, we all did a great job showing others how we can pull together and work together as a team, Hands go out to everyone for all their effort and time.

We are proud to announce our new education programs including the Bridges to Trades 12 week program with 24 people attending. For more information on the USEP University entrance program see Dianne.

We are also proud to announce that we have received funding for 19 retrofits making our homes more energy efficient. As well as funding for 8 single housing projects and a 4 plex.

Elder - Verna Campbell (nee Bobb)

Verna Campbell (nee Bobb) was born on August 9, 1931 in her parents' house in Seabird. Verna's parents: Phillip Bobb and Edna Bobb had an arranged marriage and had two children, Verna and her brother Herman. Phillip Bobb worked on the railroad as a foreman and moved around quite a bit. As a result, Verna stayed at her grandparent's (Johnny Bobb and his wife Mary Cecil) farm so that she was able to attend the day school here in Seabird. Her grandparents also raised Verna's first cousin, John McNeil Bobb. Together, they helped with farm chores such as milking cows. Their grandfather used to hunt bear on the island and on Bear Mountain. They would hunt for the meat, and sell the fur. They used the grease for baking, added salt to it to use as butter. Her cousin John used to use the bear grease in his hair.

Verna remembers her mother teaching her how to knit as well as embroider. During this time she also kept up with her reading and writing. She also remembers her Aunt Mary and her Grandmother going up Bear Mountain to harvest huckleberries and gathering cedar roots behind the farm. Verna shared a story with us about her Aunt and Grandmother. They went up Bear Mountain to pick huckleberries and for some reason one of the berry baskets got left up there. A year later, when they returned to pick berries, they found the basket!

In 1949 Verna married the late Wilfred Campbell of Boothroyd and they had 11 children. They too moved around because



Wilfred was a section man and then a foreman for the railroad. They lived in areas such as Nicomen and Harrison Mills. In 1984, when Wilfred retired from the railroad, they returned to Boothroyd. Verna has 26 grandchildren, and 16 great grandchildren. Her son Phillip is currently Chief of Boothroyd Band. She still lives in Boothroyd and our TUS staff is grateful to Verna for the valuable stories she has shared with us!!



Seabird Island Band Day Treatment Program



You can Start to Attend any day during the Program

Participants will receive the following 6 Certificates:

- Substance Abuse Management
- Anger Management
- Stress Management
- Harm Reduction
- Conflict Resolution
- Completion of Program

Date: April 20 – July 29, 2010
Days: Tuesday / Wednesday / Thursdays Only
Time: 9:00 am to 3:00 pm
Meal: Lunch & Snacks Provided
Location: Seabird Wellness Centre (across the Seabird Main Office)

Referrals: Tilly Charlie or Edie Karacsonyi Phone/FAX/E-Mail
 Seabird 796-6826 FAX: 796-3729
 Shwx'ow'hamil' 869-2627 FAX: 869-9903
 Chawathil 869-9994 FAX: 869-7614

Guidelines for Participants:

- 1 - Aware of not being a Crisis Intervention Centre (list of Referral Resources available for you)
- 2 - Clean and sober During Days you attend Program
- 3 - Allowed prescriptions authorized by own Doctor and get routine physical check ups
- 4 - Recovery Care Plan - see own Counsellor/Therapist when done the Program

Starting Tuesdays July 7th

Girlz Just Wanna Have Fun
2:30 - 3:30

Rainbows (Grief and Loss)
Ages 9 - 11
4:00 - 5:30

Starting Wednesdays July 8th

Rainbows (Grief and Loss)
Ages 5 - 7
1:00 - 2:00

Friends (anxiety program)
ages 8 - 12
4:00 - 5:30
Glee Club
6:00 - 7:30

Do you know what Seabird Survivor is?

Contact Melissa at 604-796-6826

National Aboriginal Day Celebrations

On June 13, 1996, the Governor General of Canada proclaimed June 21st to be National Aboriginal Day, offering Aboriginal peoples from coast to coast an excellent opportunity to share their rich, diverse cultures with family members, neighbors, friends and visitors. This date was chosen because it corresponds to the summer solstice, the longest day of the year, and because for generations, many Aboriginal groups have celebrated their culture and heritage at this time of year. Today National Aboriginal Day events are held in every region across the country.

It was with great pride on Monday June 21st, Seabird celebrated their First Nation culture in honour of National Aboriginal Day.

The gym was filled with excited community members, Seabird School students and Kent Elementary School Students. On one side of the gym the energetic groups were entertained with First Nation dance, song and story. Learning about culture history and heritage. On the other side of the gym there was a wide variety of interactive cultural arts and crafts as well as jam making lessons for everybody to take part in.

This was a great day to exhibit our proud nation and teach the young students and young community members about the First Nation way of life. A thank you goes out to everyone who attended and made this event such a great success.



School Staff Appreciation



June 23rd the Seabird School held a staff appreciation day thanking all the staff for their hard work throughout the year. We had to say goodbye to four (4) of our Instructors; Rick Hoe, Raymond Cauchi, Cindy McKinnon and Amanda Anderson, we thank them for their dedication and wish them well.

Clem Seymour; Thank you for teaching our children, our futures, Thank you on behalf of chief and council. Its good to know that we work together and come together as one. What we develop here together is very important.

Chuck McNeil; Its important work educating our kids. Your role is important, the role you play and the positive impact you give our kids. My hands go up to each and every one of you.

Maggie Pettis; You bring a lot to our children not only teaching culture and language but for being a friend to our children. You have a lot of strength and dedication. Thank you to all the staff; teachers, assistants, cooks, custodians, everybody,...

Shari White; Thank you all for an amazing year. I would like to commend all of you for you continued demonstration of teamwork. We acknowledge, honour and appreciate every one, have a good and relaxing summer.

Education Committee; We honour each and every one of our staff for working with us this year. See you back next year.

As part of their thank you, each instructor was given a vest with the school logo on the back and the Seabird logo on the crest. Support staff were each given a towel set. Have a great summer!

Continued on page 17

Summer Health & Safety Tips

- **Heat Stroke**, can be prevented. Drink Lots of Water, take frequent breaks when playing outside, and watch for symptoms such as thirst, cramps, fatigue, dizziness, nausea, vomiting, headaches, and fever.
- **Never drink water out of lakes and streams** as it can contain biological contaminants. *Use a water-filter bottle or use chemical treatment.*
- **Cut off the cable or satellite and pack away all game systems for the summer.** Time off from school also means that your child may have more opportunity to become inactive and eat more junk food, leading to his becoming overweight. Encourage your child to be active and eat a healthy diet all summer long.
- **Never leave a child or let them play in a hot car.**
- **Sunburns** - Wear Sun Lotion daily, re-apply each hour
- **Wear Sun blocks**, like zinc oxide to help avoid contact dermatitis from the chemicals that may be in other sunscreens.
- **Childproof your pool** by enclosing it in a fence with a self-closing and self-latching gate.
- **Supervise your kids around the pool** and other water sources, even if they know how to swim.
- **Everyone who does not know how to swim should wear a life jacket** when they are in the pool, lake, river,...
- **Start taking your child to swimming lessons** once he or she is 4 to 5 years old.
- **Keeping younger kids away from lawn mowers.**
- **Do a daily tick check** if your kids have been playing outdoors, especially in or around wooded areas.
- **Protect against West Nile** use insect repellents when necessary.
- **Outfit your kids with appropriate protective gear**, such as a helmet and pads, when they ride a bicycle, skate board, scooter or while wearing heelys.
- **When exposed to poison ivy**, first wipe the area with rubbing alcohol, and then rinse with water. Using soap first can spread the allergen and make the rash worse.
- **Do not eat food that has been left out for more than an hour** at barbecues and family picnics, which can cause food poisoning.
- **A hamburger should be cooked to an internal temperature of 160°F (71°C).** Use a meat thermometer to be sure.

Everybody's Invited

Social Housing Information Session #2

Topics Include:
Repairs, Renovations, Replacement Reserve, Inspections, Locks and Insurance

**July 21, 2010
5:00 p.m.**

Session #1 was held June 23, 2010.



For more information contact Stacy at 604-796-2177

School Staff Appreciation

Continued from page 16

Presentation to Teaching Staff

I like how you expect our children to be healthy, to be happy, to achieve.

I like the way your arrive here every day, no matter how hard, no matter the rain, snow, the rush.

I like the way you prepared, you studied, you gathered your knowledge, your resources and most of all, I like how you create a learning environment for our children.

I like the way you have gone and came back, again to share your experience and love of teaching.

I like the way you embrace our differences, foster understanding and build on our strengths.

Thank you for your dedication.

Thank you for your empathy.

Thank you for your work.

But most of all, thank you for giving of yourself.

Vivian Ferguson

Food Safe Class



One June 23rd Noy put together a Food Safe class, which was taught to a full house.

The FOODSAFE Program is a comprehensive food safety training program designed for the food service industry. The course covers important food safety and worker safety information including foodborne illness, receiving and storing food, preparing food, serving food, cleaning and sanitizing.

If you are interested in catering for any Seabird function for a fund-raiser we require that each of these people have a Foodsafe certificate.

If you are interested in joining the next Foodsafe course, contact Noy at 604-796-2177.

Seabird Island Employment and Education Centre

Office: 604-796-6865
Fax: 604-796-3729
Toll Free: 1-800-788-0322

2895 Chowat Rd.
P.O. Box 650 .
Agassiz, BC V0M 1A0

Client success stories for the month of May:

Congratulations to our clients who were successful in Securing Employment:



- ★ Ian as an Brick Layer
- ★ Sarah as a Custodian
- ★ Miles as a Summer Worker
- ★ Raymond as a Summer Worker



1-hour Computer Training Sessions held one-to-one with Suzanne - Basic Computer Training, Microsoft Word, Excel, Publisher and Internet Explorer
(Call to book an Appointment)



Workshops are offered weekly in Seabird, Cheam, Chawathil and Shxw'ow'hamel. Last month we held one-to-one SOI Workshops

Please call the office or talk to Trudy or Kathy for Upcoming workshops for Seabird, Cheam, Chawathil and Shwo'ow'hamel

EEC Office Closures:

Our office will be CLOSED on the following days:

- Thursday, July 1, 2010 (Canada Day)
- Friday, July 2, 2010 (Annual Leave)

Sorry for any inconvenience this may cause

May Sign in Totals

The totals for **MAY** Sign in sheets are as followed:

Clients in for Job Search, Research or Computer Use: 68 ↓

Clients in to meet with Trudy: 22 ↑

Clients in to meet with Starr: 154

Clients in to meet with Kathy: 14 ↑

Clients in to meet with Kelly: 42 ↑

Clients in to meet with Suzanne: 10 ↓



Please use the sign in sheet when you come into the EEC. It helps us keep track of how many people access the centre and our services. Even if the person you came to see isn't in, please sign in as it will show that you stopped by to see them. The sign in sheets goes to SNHRD and is important to keep our centre open!!!
So please, **DON'T FORGET TO SIGN IN!!!**

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Employment Department:

Men's R.I.T.E. Program



The R.I.T.E. Program (Reaching Independence Through Employment) was facilitated by Triangle Resources and started on April 26, 2010 and started with 11 Participants.

We held the completion ceremony on June 16, 2010 with 8 Graduates. And half of them even got up to say a few words about their time in the program.

Congratulations to all the guys and good luck in your future endeavors!!!



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Agassiz, BC V0M 1A0

EEC Staff Schedules:

The following are the general days and hours for all the staff in the
Employment and Education Centre
(Days/times may change due to meetings, workshops,
training, appointments, etc.)

Office is closed for
lunch from
12:00pm – 1:00pm

*Schedule
Change*

Trudy Sjoblom

Career Development Practitioner

Monday - Seabird - **Drop in** (8:30 – 4:00)
Tuesday - Shxw'ow'hamel (9:00 – 12:00)
- Seabird (1:00 – 4:00)
Wednesday - Seabird (8:15 – 12:00)
- Chawathil (1:30 – 4:00)
Thursday - Seabird (8:15 – 4:00)
Friday - Seabird (8:15 – 12:00)
- (Off in the PM)

Kelly Chapman
Student Services
Worker

Monday - Friday
8:30 - 4:00

Starr Alexander
Social Development
Administrator

Monday - Friday
9:00 - 4:00

Suzanne Ellis
Admin Support Worker

Monday - Friday
8:00 - 4:00

*Schedule
Change*

Kathy Smart

Career Development Practitioner

Monday - Seabird (8:00 – 10:00)
- Cheam (10:00 – 3:00)
Tuesday - Seabird (8:00 – 11:00)
- Mission (12:30 – 3:30)
Wednesday - Seabird (8:30 – 3:00)
- **Drop-in Day**
Thursday - Seabird (8:00 – 12:00)
- Cheam (12:30 – 3:00)
Friday - Seabird (8:00 – 11:00)
- Mission (12:30 – 3:30)

On-call work list

If you would like to be on our On-call
list for small work opportunities,
please see your CDP or call the centre
and ask to put your name on the list.

NEW

This way when someone asks if we
know who could work, we can go through the
list and give you a call to see if you are
interested and/or available.



As the school year draws to a close, the Young Parents Program looks to September and hopes to welcome back the children we have cared for this year and anticipate more families enrolling in our program. The centre provides full time care for children from birth to 3 years of age whose parents are participating in educational program (school) at Lalme' Iwesawtexw (Seabird Island Community School). The priority is for Seabird Island Community High school students who are under the age of 19, with children between the ages of birth and 3 years of age and the centre is conveniently located at the high school. If you attend an Adult Education Program, there may be spaces upon availability.

The Young Parents Program welcomes the opportunity to work together with parents and family to provide enriching, developmentally appropriate experiences for your child. Part of our program is to offer support and guidance for the young parents as well as their children. We have classes for the parents in our program during which they will learn parenting skills and interact with their child, exploring the developmental stage of their individual child. It is our hope that the parents and their children will enjoy their experience with the Seabird Island Young Parent's Program.

Debbie Thompson and Julliana August are the primary caregivers at the centre. Debbie possesses her Infant/Toddler and Early Childhood Educator Certificates and worked at the Seabird daycare for 2 years prior to moving to the Young Parents Program. Julliana possesses her Early Childhood Certificate and has worked at Seabird Island for over eight years. She has experience in the preschool as well as the daycare. Both Debbie and Julliana hold current Child Care First Aid Certificates. They look forward to working with the children and parents in the program, functioning as a team to ensure the best possible developmentally appropriate program for the children.

There will be an orientation day August 5th from 10:00 AM until 2:00 PM, for interested families to visit the centre and complete the forms necessary to ensure a smooth start in September 2010. If you know of anyone who could use our services please encourage them to come to the orientation and check out our centre.

For more information contact:

Carlene Brown

Early Childhood Program Supervisor

Seabird Island Band

604-796-3463

604-796-3404 fax



Sto:lo Community Futures

Starting or Expanding a Viable Aboriginal Business?

Sto:lo Community futures is looking for qualified Aboriginal entrepreneurs to participate in 'Small Business Lending.' 'Small Business Lending' provides repayable loans and support for approved new and existing viable Aboriginal businesses. If you are starting or expanding a business and have at least 15% equity towards your required loan amount, call our office to see if you qualify for up to \$150,000.00 in loans. All Sto:lo Community Futures loans require a credit check and a business plan. All loans are fully repayable with interest by the borrower.

If you are interested or have any questions regarding Sto:lo Community Futures loans, please contact our Loans Officers directly:

Rocio Zielinski (604) 824-5272 or

Cy Lecuyer (604) 824-5278.

Our offices are located at:

Unit 29 – 6014 Vedder Road

Chilliwack, British Columbia, V2R 5M4

Seabird Island Band Waste Management

Seabird Island Band envisions a ZERO waste future- Where we utilize all materials by recycling back into the marketplace or nature. Seabird Island Band commits to the following waste reduction goals.

- ✓ Commit Zero Waste Future
- ✓ Produce Less Garbage
- ✓ Reuse, recycle and compost more
- ✓ Increase Knowledge, awareness and participation

Seabird Island Band has been brainstorming on different strategies on how we can reduce the amount of waste that is accumulated within the community. In today's world it's **ALL about being GREEN.**

"We need to think about what we are going to leave our grandchildren and their grandchildren"

The Seabird Island Band will be starting a composting program in the near future.

Please contact Myra Seymour 604-796-6839 or e-mail her at myraseymour@seabirdisland.ca for more information on composting. [facebook.com/Seabird.Island.Band](https://www.facebook.com/Seabird.Island.Band).

Youth & Elders Liaison - Alexis Roper

Summer Drop In Schedule

Elders Drop In – Tuesdays & Thursdays

Youth Drop In – Fridays

Drivers Ed. will meet Tuesdays and Thursday in the afternoon and at 4:30pm to accommodate those working and ensures that everyone has the opportunity to get an "L" by the end of the summer!! Driver's Ed. Start up and info sessions will be held Friday July 2, 2010 at 2:00 and at 4:30. Please come by and get information, study material and a schedule of classes and "L" testing dates.

Alexis will be out of the office several times a week with youth outings. Alexis will have her schedule posted on her office door if there is ever any concern. All Youth Outings will be posted at the Band Office. Signup sheets and Permission Slips will be located at the Band Office.

Thank you for your patients,

Alexis Roper

604-796-2177

604-796-6838

alexisroper@seabirdisland.ca

DRIVER'S ED. GROUP

STARTING AGAIN!!!

School is out and Driver's Ed. Starts Again

All Youth Interested are welcome to attend

Start Up & Information Sessions will be held Friday July 2, 2010 at the Band Office at 2:00 & at 4:30



Please attend and receive information, a schedule and study materials!!

Youth needing information on getting an "L" or an "N" are Welcome to attend.

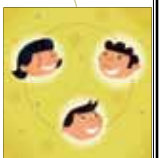
Get your "L" or "N" and Drive to school in September!!

Classes are completely free and it doesn't have to be your first try!!

The Learners Exam is funded and completely FREE to all youth participating in the program!!

Please attend if you need information on your "L" or your "N"

Contact Alexis Roper
Youth & Elders Liaison
Seabird Island Band
604-796-2177 or 604-796-6838



District of Kent - Kids Soccer Camp

At Fairgrounds Soccer Pitch – includes FREE ball & shirt

Monday July 5th - Friday July 9th

Register by May 21st and receive a FREE British Soccer Jersey!

Players will be grouped according to age and ability.

Register in person or by phone: District of Kent Fitness Centre
6660 Pioneer Ave Agassiz BC Phone: 604-796-8891

Cheques payable to: District of Kent

First Kicks	Age 3 - 4 yrs	\$81
Mini Soccer	Age 4 - 6 yrs	\$95
Player Development	Age 6 - 16	\$125
Full Day	Age 7 - 16	\$175

CHALLENGER SPORTS



Challenger Sports is the #1 soccer camp provider in the United States, Canada and Australia. This year, over 800 of our British soccer coaches will mentor more than 150,000 boys and girls on some 2,000 camps and clinics!



Why do kids love our British Soccer Camps?

Simply put, amazing coaches with cool accents who make learning soccer fun! Our coaches know that every child loves to be challenged, loves to learn new skills and that they thrive on positive feedback.



Why do parents love our British Soccer Camps?

We select qualified and talented coaches from Britain who are trained specifically for these camps. Each member of staff has a genuine interest in helping each player develop and providing them with a memorable and positive experience!



What makes Challenger different?

Challenger has developed one of the most innovative methods of coaching in the U.S. While we focus on teaching key techniques and technical components of soccer, we are also committed to developing the whole child. We coach soccer skills within a framework of character development based on respect, responsibility, integrity, leadership and sportsmanship.



We offer a cultural education too!

Our ever-popular Camp World Cup Tournament allows us to introduce players to the geography, traditions and culture of other great soccer-playing countries.

Which camp program is best for my child?

See cover for programs available at your camp

First Kicks - Ages 3 to 4

Young players are introduced to game basics through fundamental activities, games and fun soccer challenges. One hour a day for five days. *Parents are encouraged to join in and help guide their child through this fun learning experience.*

Full-Day Player Development Camps - Ages 8 to 18

A more advanced camp for serious players, Full-Day Camps focus on game-related techniques, tactical development and coached match play. Six hours a day for five days.

Mini-Soccer - Ages 4 to 6

Fun games, competitions and skill-building activities are designed to enlighten and develop budding players. One-and-a-half hours a day for five days.

Golden Goals - Ages 6 to 14

Special bonus camp for Half-Day campers. Includes fun competitions and scrimmages. 2 hours per day, Mon-Thurs.

Half-Day Player Development Camps - Ages 6 to 16

Emphasis is placed upon skill development and mastery of core techniques through individual and small group practices and coached games. This all action camp is our most popular program. Three hours a day for five days.

Team Camps - All ages

We offer customized team training programs to address specific areas of interest. Teams are welcome at all of our camp locations!

What do players need to bring to camp?

Always remember to bring a soccer ball, shin guards, sunscreen and plenty of water each day.

All of our camps include

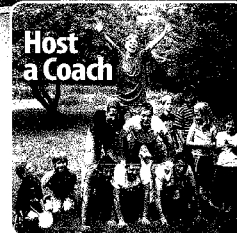
- FREE Camp Ball,
- FREE Camp Shirt
- Personal Player Evaluation
- and GIANT Soccer Poster!

"We can't say enough about how wonderful it has been having two of the most incredible role models for our children staying with us! Carla and Ellie have made a lasting impression on our family. Our children really enjoyed the camp. All of the coaches were great!"

— Julie, Missouri

Make this soccer experience even more special for your child by hosting one of our professional British coaches during your week of camp.

Host a Coach



Host families not only provide a memorable and truly international learning experience for their children but also receive an \$80 rebate towards the cost of camp. Contact the camp coordinator listed on the front cover for more information.



Play for the Challenger National Team in the UK!

Do you have the skills and desire to represent Challenger Sports in an international tournament in Britain? We are looking for competitive/Premier/Select U18, U14 and U15 boys and girls to join our National Team on a tour featuring top quality coaching, sightseeing and competition against international opponents. To find out more contact: jcollett@challengersports.com



Train at the Manchester United Soccer School in the UK.

Improve your game by training and competing with players from around the world at the highly acclaimed Manchester United Soccer School. Players enjoy the ultimate six day experience living, training and playing like the young players at Manchester United and a closing ceremony inside the world famous Old Trafford stadium. More information contact: rmyers@challengersports.com



NSCAA Parent Coach Education

Challenger Sports has partnered with the National Soccer Coaches Association of America to provide over one thousand coach education programs throughout the USA and Canada. Attendees receive an NSCAA approved Parent Coach Certificate, NSCAA patch and one year introductory membership to the NSCAA. The NSCAA provides training and licensing for coaches of all levels and is the largest soccer coaching organization in the world. For more information on NSCAA, visit www.NSCAA.com. Contact the coordinator listed on the front cover to find out if a clinic is being held in your area. More information at www.challengersports.com.

The official camp of



APPLICATION Sign up on-line at www.challengersports.com

Go to our website at www.challengersports.com or simply complete the application form below and mail it with payment to the coordinator listed on the front of the brochure. Please note that the FREE Jersey offer is available for on-line registration only. Applications received less than ten days prior to camp will be charged an additional \$10 late sign up fee.

Host organization _____ Camp date _____

Time _____ Camp program _____

Camper name _____ Age _____ M / F DOB _____

Group with _____

T-shirt size YS _____ YM _____ YL _____ AS _____ AM _____ AL _____ XL _____ Soccer Ball #3 (U8 yrs) #4 (8-12 yrs) #5 (13+)

Parent/Guardian _____

Address _____

City _____ State _____ ZIP _____

Your email address _____ Phone (day) (_____) _____

Complete email to receive notification of special offers and camps in your area.

Emergency contact _____ Phone (_____) _____

If you are signing up less than ten days prior to camp, add a \$10 late fee.

Camp fee enclosed \$ _____ Check # _____ () Yes, we are interested in hosting a coach.

Sign up at www.challengersports.com for your Free Jersey at least 45 days prior to camp. \$30 cancellation fee if you cancel at least 7 days prior to camp. No refunds for cancellation within 7 days of camp.

By submitting this form I hereby release Challenger Sports and any hosting organization from any and all claims and liability of any kind of personal injury or property damage due to participation in this camp. I understand that participation in sports camps include physical contact and certify that my child is in good health and able to participate in all activities. I agree to notify the coaching staff of any preexisting medical or psychological conditions. If attention is required for illness or injury, I give my permission to a staff member for such care. I give my consent for my child to be photographed or video taped while participating in camp activities and for the resulting images to be used by Challenger Sports for promotional purposes. If returned unpaid I authorize my account to be electronically debited for both the check amount and returned check fee.

Parent/Guardian Signature _____

'Round The Rez

Community Events , Workshops & Outings

ELDERS BAKE SALES

Every Tuesday & Thursday in the Band Office Entrance. The Elders host this sale to fund-raise for their next adventure.

ELDERS TRAVEL CLUB

If you are interested in being part of the elders travel club please let Angie know. We are wanting any involvement from the elders in the community. No location has been decided for their next trip but suggestions have come in for many different destinations. We are planning another meeting in the upcoming months and you will be notified if you want to participate.

CATERING & FUND-RAISING

Please contact Angie Chapman to get on the catering/ fundraising list for this year. You need to fill out an application and submit your food safe certificate. This also includes if you want to book a day to set-up in the foyer to sell items. Any other questions please call me at 604-796-6893.

VOLUNTEERS

If you are interested in volunteering or helping out at any Band functions please let Angie know. We are happy to have your lending hands for assistance. We would love to have more help from the community, to utilize your talents and skills.

BOY'S & GIRL'S GROUPS

**CLOSED FOR
THE SUMMER,
WILL START
UP AGAIN
SEPTEMBER
8TH**



*If you have any questions please call
Melissa Nielsen at 604-796-0198*

FACILITY BOOKINGS

Angie looks after booking the band gym, and all meeting rooms that are located within the band office. You need to fill out forms to do a booking. Any other questions please call me at 604-796-6893. **Phaine McNeil** looks after booking of the Millennium Hall.

FOR SALE

Chihuahua Puppies, 5 boys and 1 girl. Long haired and short haired. Ready to go July 19th. Vet Checked, Vaccinated and De-wormed.
Call Linda McNeil at 604-796-1248

FOR HIRE

Mountain View Landscaping - Residential Landscaping
For all your lawn care needs; landscape maintenance, hedge trimming, pruning, pressure washing, yard clean-up, rubbish removal. For a free no obligation estimate call Andrew 604-796-5269 or Shane 604-798-2479.

BLOCK WATCH

We will be starting up the community Block Watch Program,..and are looking for committed members to help look after our community.

Contact Genna Joseph
for more information at 604-796-2177

PARDON ME?

Do you have a criminal record holding you back?

Been packing it around too long?

Come in and see Genna for the Pardon application and she'll help you unload that baggage.

The \$25.00 fee will be covered for community members.

Contact Genna Joseph
for more information at 604-796-2177



UPCOMING EVENTS

For more information on events, please contact
Angie Chapman at 604-796-6893

ELDERS NEXT UPCOMING EVENTS:

June 29, 2010 – Shopping and Berries stands

Elders Outing and pickup will begin at 8am
We will have a day of shopping and luncheon afterwards. So please call Angie if you are interested in attending this event.

July 7, 2010- Elders Meeting in the Main Boardroom

To review our names of Elders that would like to partake in the fund-raising for the next trip and start making a plan of fund-raising. Answer any questions that elders may have. So please call Angie if you are interested in attending this event. Transportation can be arranged if needed and please call to put your name on the pick-up list.

July 28, 2010 Elders Outing- Visit with Lummni Elders Outing and pickup will begin at 8am

We will be visiting Lummni Elders in the USA so please make sure you have proper identification (passport and two pieces of ID along with birth certificate if you have no passport). So please call Angie if you are interested in attending this event.

August 18th- Elders Annual Fruit Trip

Elders Outing and pickup will begin at 8am
Elders outing to get fruit in the interior
So please call Angie if you are interested in attending this event.

'Round The Rez

Community Events , Workshops & Outings

Notice

Mark Your
Calendars for
July 21st

We will be having a:

Kids Safety & Identification
Bike ID and Register Night

- Photos
- Finger prints
- Register bike VIN # with the band and RCMP
- Engrave your bike to easily identify



Starting with Dinner at 5pm

Contact Genna Joseph for more information at 604-796-2177



BABIES MEDICAL & STATUS CARDS

Apply for Medical Card renewals and Status Cards for babies as soon as possible.

Contact CHR; Maggie Pettis
604-796-2177



AMBULANCE BILLS



Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits

(NHIB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Contact Maggie Pettis for more information at 604-796-2177

DENTAL CENTER

!!! NEW HOURS !!!

Effective June 2010 the Dental Clinic will be
Open Monday - Thursday.
Closed on Fridays.

Tuesday

WALK-IN CLINICS

Every Tuesday

afternoon from **1 - 4 pm** – (first come- first served)
Please come to the Dental desk and register your name and note your dental problem.

\$\$ Get Rewarded... \$\$

for attending your Dental Appointments ON TIME!

If you attend your appointment and arrive on time, then your name will go into a monthly draw for a

\$100.⁰⁰ Gift Certificate.

(Walk-in Clinics do not qualify)

OPTOMETRIST CLINICS

Dr. Ahmed will be here on the following dates:

August 9th

August 30th

September 20th

Please contact CHR's
Maggie Pettis or Chaundine Quipp
for prior approvals

Call: 604-796-2177



MAMMOGRAM CLINIC

Dec. 7th

It's recommended for ladies over the age of 40 to book their screening. Please see Kristi McNeil or Maggie Pettis for an application.

'Round The Rez

Community Events , Workshops & Outings

PANCAKE BREAKFAST

Pancake Breakfast will start up again Mondays with **Patrick van Loosen**, Family Counsellor / Addictions Counsellor
604-796-2177

WORKSHOPS

Summer 2010 – June to September

Parenting Program

*For Seabird, Cheam and Chawathil...
See Dates Below*

2 sessions per month for 2-3 hrs per session

**If you are interested please contact
Amy Pettis 604-796-6234 to register**

Week 1

Seabird: June 30 – 4:30 - 6:30 pm
Cheam: June 29 – 1:30 - 3:30 pm
Chawathil: June 24 – 4:30 - 6:30 pm

Child Protection
Investigation process
Roles of the workers
Reducing the concerns
Communicating with the professionals
What help can u get in a case

Week 2

Seabird: July 7 – 4:30 - 6:30 pm
Cheam: July 6 – 1:30 - 3:30 pm
Chawathil: July 8 – 4:30 - 6:30 pm

What are Parenting Skills?
How to understand and develop your own family:
• Values and Beliefs
• Rules
• Responsibilities
• Goals

Week 3

Seabird: July 28 – 4:30 - 6:30 pm
Cheam: July 27 – 1:30 - 3:30 pm
Chawathil: July 29 – 4:30 - 6:30 pm

How to Plan shared parenting
What is your parenting style
Single Parenting
Single Dads

Week 4

Seabird: Aug 4 – 4:30 - 6:30 pm
Cheam: Aug 3 – 1:30 - 3:30 pm
Chawathil: Aug 5 – 4:30 - 6:30 pm

Ways to reduce parenting stress
Coping with Frustration
To spank or not to spank?
Positive Discipline

Week 5

Seabird: Aug 18 – 4:30 - 6:30 pm
Cheam: Aug 17 – 1:30 - 3:30 pm
Chawathil: Aug 19 – 4:30 - 6:30 pm

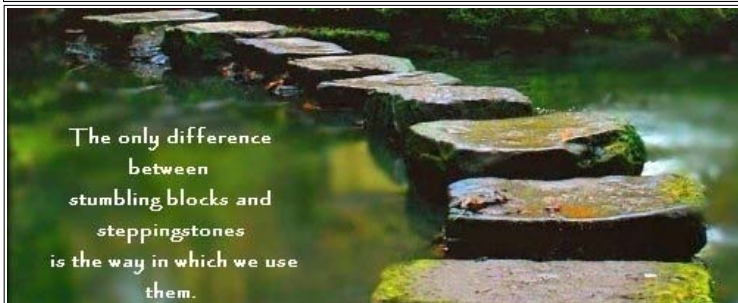
Child self esteem
Ways to improve parent child bond
Things you never say to children
How to set personal boundaries

Week 6

Seabird: Sept 1 – 4:30 - 6:30 pm
Cheam: Aug 31 – 1:30 - 3:30 pm
Chawathil: Sept 2 – 4:30 - 6:30 pm

Family Communication
Sibling Rivalry
Time Management
Daily Routine

WORKSHOPS



Goals, plans and changes

Ready, get set...go!

Learn to use a tried & true model for CHANGE to develop realistic plans with greater chance for success

(This workshop is a follow up session from May 5th BUT you do NOT have to have taken the previous workshop to attend this one)

Bring your ideas for personal goals and we will help you set a “do-able” plan into motion

When: Wednesday June 2 10AM - 3PM

Seabird Island Band Office

Please contact Amy Pettis 796-2177 for more information and to register

Presented by Hope & Area Transition Society

Watch for:

Traditional Healing and Alternative Medicine Workshops coming soon.

For more information contact
Linda Kay Peters at 604-796-2177



EMPLOYMENT OPPORTUNITIES

Interested candidates should submit an application and resume to:
SIB Summer Career Placement #2895 Chowat Rd PO Box 650
Agassiz, BC V0M 1A0
FAX: 604-796-3729 email: Jackiehultman@seabirdisland.ca

Records Administrator

Reporting the Finance Manager, the Records Administrator will be responsible for the efficient and effective organizational management of all electronic and paper based information, and will determine the most appropriate storage methods for records. Other responsibilities will include the creation of records management policies, the set-up, maintenance and review of records systems, implementation of retention and disposal schedules, and the standardization of information resources.

Key Responsibilities

- Administer the organizational management of electronic and/or paper based information
- Make decisions regarding the most appropriate methods for storing, arranging, indexing and classifying records to meet business needs
- Set up, maintain, review, and document organizational records systems
- Facilitate the development of filing systems and maintain them to meet administrative, legal and financial requirements
- Devise and ensure the implementation of retention and disposal schedules
- Ensure compliance with relevant legislation and regulations;
- Support the records management policy framework and guide staff in the management of their records and the use of records system
- Preserve corporate memory and heritage
- Draft papers, prepare quarterly and ad hoc reports for Management
- Advise staff in other departments on the management of their records and information.
- Enable appropriate access to information

Qualifications

- Three to five years related experience
- Experience in using databases to do research/provide information
- Ability to conduct legal and regulatory research regarding all applicable domestic laws affecting retention of information as records
- Satisfactory Criminal Records Check

Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal Ancestry.

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.



Birthday Wishes:

July 4th - Happy 6th Birthday to Peter Jr love your sister Hannah and Mom

July 12th - Happy Birthday to Aunty Jennifer Andrew from Peter Jr and Hannah

July 13th - Happy Birthday to Mom Love Peter Jr and Hannah

July 31st - Happy Birthday to Uncle Bill Andrew love Peter Jr and Hannah

Angie Chapman

COMMUNITY SUBMISSIONS

The Seabird Island Yoo Hoo is your community paper. Please feel free to send in the following for publication.

- **Story Ideas**
- **Photos**
- **Classified Ads**
- **Births**
- **Passings**
- **Anniversaries**
- **Birthdays**
- **Thank you notes**

Have a question or comment?
A bouquet or brick?
Send it to the Yoo Hoo
It's your community,
It's your voice.
Yoo Hoo

E-mail to: sandrabobb@seabirdisland.ca

Or drop off at the reception desk at the Band Office

All submissions are due no later than the 20th of each month!

Seabird Island Monthly Yoo Hoo Newsletter Advertisement Rates for 250+ production run

Flyer Insert (supplied printed already by client) \$20.00

Yoo Hoo advertisement rates (per issue)

	Band Member & Business's	Outside Organizations
Full color page (8 x 10)	\$75.00	\$122.50
Full color ½ page (8x5 or 10x4)	\$37.50	\$61.25
Full color ¼ page (4x5)	\$18.75	\$30.63
Full color bus card (2.5x 3)	\$9.50	\$15.31
Black & White full page (8 x 10)	\$20.00	\$25.00
Black & White ½ page (8x5 or 10x4)	\$15.00	\$20.00
Black & White ¼ page (4x5)	\$10.00	\$15.00
Black & White bus card (2.5x 3)	\$ 8.00	\$10.00

Classified Advertisements (non-band member) .40¢ per word
\$4.00 Minimum

Submissions due by the 20th of each month unless the 20th falls on a weekend, then submissions are due the Friday before.

The SIB Yoo Hoo goes out to the community the first week of each month.

Happy Birthday to my Daddy Marc-Antonio Sr lotsa love your son Marc-Antonio Jr

Happy 19th Birthday Marc-Antonio Love from your mom and dad, Billy and Trish, Ghennadiene and William, Meeshka, Chrystal, Sheila, Blaine, Alfred, John

Happy 18th Birthday Alfred3rd Love from your whole family

Happy Birthday Uncles Marc-Antonio and Alfred Peters Love from your nieces Katona, Emillie-Jean, Trinity, Meka, Blew-Reyne and your nephews Maleek, Zalphire, Marc-Antonio, Exzadius.

Happy Birthday Dad(Tony) from your sons Blaine and Alfred

Happy Birthday Tony from your brothers and sister and mom and dad



Happy Birthday Amber!!

Love Mom and Dad Courtney, Wayne and Kaleb. Her Birthday is on July 21st.

July - Summer Safety Month

SUMMER SAFETY

Sun Safety

- Sunburn is caused from over exposure to the sun's ultraviolet radiation
- Over exposure causes Wrinkles, Freckles and changes in skin texture
- To much sun exposure, can increase your risk of developing skin cancer or cataracts of the eye, later in life
- Wear Sun Glasses
- Avoid the sun at high radiation levels, between 10 a.m. and 4 p.m.
- Apply Sun Lotion hourly each day, minimum 15 SPF or higher

Water Safety

- Drowning is the 2nd leading cause of deaths in First Nation Communities
- Use extra caution near the water
- Never go to the river or lake alone
- Wear life jackets when you are on or even near the water
- Learn how to swim, float and tread water
- Avoid Alcoholic Beverages when on or near the water
- Don't overexert yourself

Bear Safety

- Don't feed Bears!
- Always keep your yard or camp clean
- Pick all ripe fruit from the tree and on the ground as soon as possible
- Keep bar-b-ques clean and grease free
- Don't leave food out when not in use
- Use bear resistant trash cans
- Stay with a group and keep kids close at hand
- Camping or hiking; let someone know, where, & when you will return

Bike Safety

- Always wear a helmet when riding a bike
- Wear safety gear when trail riding and performing stunts
- When you ride in roads always ride with traffic & stay close to the curb
- Ride single file when riding with others on roads
- Always obey traffic signals and signs (stop signs, signal lights...)
- Use your hand signals for turning & stopping
- Always walk your bike across roads
- At night & on dark days, wear something reflective so others can see you
- Have a light on the front of your bike so you can see in the dark