



RECORD BREAKING SUCCESS IN FIRST NATION ADULT EDUCATION ANNOUNCED



Seabird Island, British Columbia June 15, 2011 – The Seabird Island Band announced 49 First Nations Students Graduate with a B.C. Adult Graduation Diploma (Adult Dogwood).

On June 24th forty-nine (49) First Nations students from 14 First Nation Bands across B.C. will cross the stage and receive their B.C. Adult Graduation Diploma and/or Trade Certificate at a special graduation ceremony at Seabird Island. “The College partnered with our School this first year” remarks Chief Clement Seymour, “the end result is worthwhile. We follow our traditions and culture - encourage and strengthen our peoples capacity of decision making in education, life and community.” Seabird College #3550 officially opened its doors with 9 adult education programs in September 2010 with 172 students. The college offered a unique, dual credit programs providing adult learners the opportunity to graduate with an Adult Dogwood and a trade or vocation. “The Band started the College in our community to help students overcome barriers to success which they experienced in off –site

institutes,” Carolyn Neufeld, Seabird College Dean remarked, “Students need cultural, community and family supports in order to reach their dreams. With the opening of Seabird College we are able to provide these supports close to home”. The College also provides a broad range of employment services and technical training, including career/employment assessment and counseling, employment readiness, academic upgrading, work placement and monitoring services. The College also introduced a new Eagle Quest Program dedicated to helping young people complete their Grade 12. This is an inclusion model where First Nations communities, institutions and families surround the student providing the supports the student needs to succeed. “This unique and collaborative approach of the College and Community School has been successful in providing education and training to First Nations who would otherwise not have enrolled in off-site public institutes,” remarked Daryl McNeil, Band Manager. “49 adult graduates in one year is a record breaking success for our adult learners.” Seabird Island

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Congratulations Seabird High school Graduates



Ashleigh Johnman,
Robert Blenkin,
Tino Peters and
Jordan Peters.

*"If you can imagine it,
you can achieve it;
if you can dream it,
you can become it."*
Quote: William Arthur Ward

PRE-SCHOOL GRAD



Congratulations to all the 3's and 4's Preschool graduates. It was another great year for the program. We wish all the graduates of the 4's program good luck in kindergarten this fall. We also wish everyone a fun, happy and warm summer. We look forward to seeing all the kids and their families again next year.

SURPRISE!



Towards the end of the Pre-school Grad Candace Robotham was honored for her hard work and dedication to Early Childhood programs and services. Twelve years ago she was hired to run the headstart program and over the years she has developed Early Childhood programs and services with over 40 employees and multiple programs.

During these 12 years she has also earned her Masters degree. She has raised more that 7 million in grants for Seabird and sits on multiple chairs throughout the province of BC. She is currently the Chair of Seabird College. All this while being a single parent and raising her own daughter. Our hands go up to Candace!

Breast Health Lunch



The Health Department held a Breast Health Lunch in May. There was an excellent turn-out at this event. The room was filled with pink as people shared their stories on family struggles with Breast Cancer and Lymph edema. Chief Clem Seymour gave the Welcome and Linda Kay Peters MC'd the event. It was very emotional and uplifting at the same time. To see how we all pulled together to share and inspire others to get checked regularly.



With her family by her side, Sue Harris spoke about her heroic story about her recent fight with breast cancer. How she had to give up on her Nursing training to take care of herself. Going through 13 hours of surgery and then to have to return for a second surgery to remove dangerous tissues and nodes. March the test finally came back negative, things are finally starting to look good.

Now she begins 5 weeks of radiation therapy followed by 5 years of hormone therapy.

Jim stepped up and told his side of the story and what the family went through to support Sue during this time. The first surgery was hard, "they told us it would be an hour or two and it ended up being

13 hours". They both thanked their family and Seabird for all the extra support they have been receiving during this time.

Red Shawl Women (Dr. Jeannie Paul) and her students had a set-up and spoke about traditional medicine gathering and preparation. The training includes medicines for cancer, studying the body system and the effects of diabetes and other conditions.



Did you know that if you don't breast feed or have children, this can increase your chances of getting breast cancer?

Did you know it can effect you at any age?

Don't wait until your older, no matter what age, go get checked!

Congratulations High school Graduates

Congratulations AESS Graduates: Hillary Andrew, Ashley Armstong, Shayla Harry, and Demi Peters.

Congratulations Chehalis Community School Graduate: Clayton Charlie (Dorman)

Believe it and you will achieve it!



the **SEABIRD ISLAND**
YOO HOO
Because news isn't all bad or boring!

PLACE YOUR AD HERE

Contact Sandy Bobb for your monthly advertising rates.

Phone: 604-796-2177 Direct: 604-796-6838
E-mail: sandrabobb@seabirdisland.ca

BC Provincial Aboriginal Lacrosse Development Camp

July 30-31, 2011

North Vancouver, BC

Hosted by the Squamish Nation

\$25/participant. Includes two (2) days of camp activities, lunch on both days and dinner on Saturday night.

Aboriginal male and female youth ages 10-19 who are looking to build on existing skills and learn new ones are invited to participate in this 2-day lacrosse camp. Meet Aboriginal role models, gain leadership skills, celebrate cultural pride, and improve your game with some of BC's top instructors.

For more info or to register contact Lorna Joseph
Phone: 604-250-6192
Email: lorna_joseph@squamish.net

Aboriginal Sport, Recreation & Physical Activity Partners Council
www.bcaafc.com/initiatives/aspa-partners-council
or find us on Facebook at facebook.com/ASRPAPartnersCouncil



RECORD BREAKING SUCCESS IN FIRST NATION ADULT EDUCATION ANNOUNCED continued...

Band thanks the many supporters and partners including the Chiefs and Councils from Chawathil, Cheam, Chehalis, Shxw'owhamel, Squiala, Scowlitz, Skawahlook, Skowkale, Skway, Skxwha:y, Sumas, and Tzeachten First Nation Bands, Seabird Education Committee and College Team, First Nations Education Steering Committee, Indian and Northern Affairs Canada, Indigenous Adult & Higher Learning Association, First Nations Technology Council, Fraser Health Authority, and Health Canada, SASET and the Province of British Columbia and the many dedicated supporters. .../2

Seabird College Seabird Island Band

- 2 - Seabird plans to offer an expanded and exciting array of adult programs starting in September 2011 and invites everyone, First Nations and non First-Nations, to come by and register. The programs include: Community Support Worker, Dental Chair Side Assistant, First Nation Provincial Instructors Diploma, Hair Stylist, Mobile Electronics, Professional Cook 1, Power Line Technician, Business Technology, Information Technology, Carpentry, Painting and Decorating, Plumbing, Wall and Ceiling, and Eagle Quest/Adult Upgrading. There are plans to offer Distance Education options to expand access to First Nation students across B.C. and Canada. Seabird College #3550 is affiliated with Nicola Valley Institute of Technology and Vancouver Community College. Through these affiliations Seabird hosts the First Nation Practical Nursing Pilot

Program, Early Childhood Diploma, Health Care Assistant Certificate and University College Entrance Program courses.

Seabird College #3550 is a private post secondary institute registered with Private Career Training Institute Agency (PCTIA). Unlike public post-secondary institutes the College does not receive core funding. Tyrone McNeil, FNEC President and Seabird College Committee member commented, "Federal and Provincial Governments need to be compelled to provide financial support to First Nation Post Secondary Institutes. The success of the students is a clear indication that First Nation Institutes are capable of educating, training and building the capacity of First Nations in their own communities."



RIDE SAFE! – SO YOU CAN BIKE AGAIN TOMORROW

There was an incident brought to my attention where some young kids were riding their bikes and almost got hit by a car. The driver would like to caution other drivers to keep your eyes out for kids biking and to also caution kids about bike safety....

BIKE SAFETY 101

- Wear Bike Helmets, its the law- helmets save lives!
- Obey traffic rules — bikes and cars obey the same rules.
- Keep to the right, ride single file in a straight line, and always with the traffic.
- Shoulder check. Look all ways, right then left shoulder check, and signal before turning or stopping.
- Turn with care. Most crashes occur at intersections. Look and listen before proceeding, perform hand signal, and obey all traffic signs and lights.
- Beware of roadway hazards. Stop and look all ways before entering a roadway, driveway,...
- Be visible. Equip bike with front and rear lights and a red rear reflector. Wear light-coloured or reflective clothing.
- Ride safely. Don't weave, race or stunt-ride in traffic, or carry large bundles.

- Keep both hands on the handlebars unless signalling.
- If passing a cyclist, look behind for approaching traffic and use a bell, horn or voice to indicate passing.
- Ride single file

Generally, children under 9 or 10 years of age lack the perception and decision-making skills to be safe on-road-cyclists; they should not ride on roads without adult supervision.



BLOCK WATCH

- Do you worry about living in a safe neighborhood? Are you concerned about youth out at all hours of the night?

- Do you know an Elder who is scared at night?

You can make a difference by joining our Block Watch.....

Shifts available for the Block Watch Program!! Please call Genna at 604-796-2177 to sign up!!

Get exercise and have some eyes on the neighborhood at the same time.

You will just be required to come out, get exercise walking and making sure our community is safe...

WARNING

NEIGHBORHOOD WATCH PROGRAM IN FORCE

IF I DON'T CALL THE POLICE MY NEIGHBOR WILL



35TH ANNUAL B.C. ELDERS GATHERING

Hosted by: Stó:lō and Coast Salish

July 12th, 2011 to July 14th, 2011 at the Tradex centre in Abbotsford, BC.

Photo: Elders King and Queen, Ginny Peters and Johny Williams

Qepóthet ye Mestíyexw -“Bringing people together”

Registration: \$50.00

For more information please contact Angie Chapman 604-796-2177

VOLUNTEERS are NEEDED!

We currently have over 1500 Elders and their supports registered, we're expecting approximately 3500 people.

If you are healthy, helpful & willing to volunteer, please fill out our volunteer registration form and send it in either by e-mail: reception@stolotribalcouncil.ca or fax: 604-796-0643.

Chiefs Corner



I (Dave Peters III) was given the Honour to interview Chief Clem Seymour, and ask him some questions and concerns of our people. I apologize for anything I may have gotten wrong, for this is my first interview I've ever done. I do know that after talking to Chief Seymour the answers I wanted to know about made good sense, and I encourage you to ask him sometime yourself when you see him sitting in the foyer. I assure you he

will be happy to answer any question or concerns you may have.

These are some questions and concerns I asked the Chief, which I obtained from some of our people.

- 1. What is the biggest change that is taking place for our community?** “EDUCATION!” he expresses to me, “we will be expanding our education, and there will be detailed info at the next Band Meeting”
- 2. What is going on with the Gas Bar?** Before I even finished the rest,.. asking about the prices and the new pumps he answers already knowing our concerns. “We get the prices from our

provider, and the discount we get from them also depends on prime locations, hence why Chilliwack's stations get better deals. However we are looking into new providers as well as renovating the Gas Bar while looking into getting new pumps at the same time”. Chief Seymour also said there will be more info at the next Band Meeting.

- 3. What is happening with the Yale Treaty?** “ In the next 7-8 years there will be no certainty to what is going on or what will happen, as leaders we have objected to their claims” Chief Seymour stresses again to come to the next Band Meeting for all the info.
- 4. What kind of training is there for new Council and Council Members?** “We have orientation packages letting them know what is needed of them, but mainly it is all hands on.”
- 5. Since we take on some European ways, why don't we take on new Band Members like Canada takes on new immigrants?** Chief Seymour told me that there is a Membership Code, and people with blood ties are given membership right away, while other Band Members who want to transfer to be a Seabird Member has to go through a process.
- 6. Why don't our family members who are non-band member have the right to speak up at Band Meetings for our**

family members? (a parent who can't speak up for their child's concerns) “Well Band Meetings are for updates and information, to inform Band Members on what is going on for our community. If anyone has questions or concerns they must do their part, and come to the Band Office where you can either ask me yourself or the front desk where they will do their best to redirect you”

I would like to thank Chief Seymour for his time and wisdom, and again would encourage you myself to come to the Band Meetings to find out what is going on first hand. If you see the Chief down in the Band Office foyer and you have a question feel free to ask away. Chief told me himself that's what he is there for.

Dave Peters III

SEWAGE BACK-UP

This is why everything backs up...

There's lots of medical stuff going down the drain, **do not** to put Q-tips, kleenex, tampons, pads, cotton swabs, paper towel, band-aids, other bathroom and food products down the drains or in the toilets. These do not break down with ease, they contaminate the system and clog everything up.

ONLY throw toilet paper and your body by-products in your toilet.

Remember everything that goes through these pipes is processed and put back into your water system through the rivers.

Please respect Mother Earth and dispose of these products properly so they can be broken down accordingly.



Seabird Festival 2011 Festival Winners

7 & under Youth Soccer	Male	Female
Chehalis	Owen Michel	Taylor Charlie
Jr Bumblee Bees	Jaden Fodchuk	Tallia Yelton
Stzuminus	Darren Jr. Seymour	Maddison Joe
Musqueam	Henry Louie	Scarlet Felix
Sto:lo United	Tyson George	Jennica Leon
Cowichan	Miles Paige	Rosie George
Seabird	Matteo Nickel	Ellandra Parsey
First	Seabird	
Second	Sechelt	
Third	Musqueam	



Ladies Soccer	
Pat Bay Predators	Jade Campbell
Squamish United	Lorraine Louis
Musqueam Blues	Danielle Harry
Saanich Hurricanes	Laurie
Cowichan Eagles	Emmy Carriloo
Cowichan Stars	Valery Lester
Musqueam Blues Cruz	Zanetta Campbell
Sliammon Stars	Jasmine Menedez
J's Bumblee Bee's	Jessica
Cowichan FC	Collen Bobb Reid
Burrard Ladies	Olvia George
Seabird	Chaundine Quipp
Rainbow Stars	Fran Phillips
JB Selects	Chelsea Paley
Cowichan P-Hats	Clarissa
Island Force	Charolette Charlie
First	Saanich Hurricanes
Second	Sliammon Stars
Third	Seabird

10 & under Youth Soccer	Male	Female
Tsqawout Selects	Ramone Setkey	Fiona Harry
Stzuminus	Blake Crocker	Melaine Sampson
Chehalis	Issac Pennier	Eve Mae
Warriors	Rodrick Louis	Faith Rpsette
Mount Currie	Ethen Nelson	Isabel LeStager
Sechelt Little Chiefs	Kordedl Johnson	Lexi Major
Sto:lo United	Tayle Malloway	Mia Angus
Seabird A	Zack Campbell	Shayleen Pettis
Squamish Valley Thunder	Williams Williams	Isabella Williams
Musqueam	John Holmes	Laurene Holes
Seabird B	Matthuis Jimmie	k. Sante
Cowichan	Devon Jack	Erin Daniels
First	Cowichan	
Second	Musqueam	
Third	Squamish Vally Thunder	



Mens Soccer	
Nanaimo Snipers	Adam Manson
Squamish United	Adam
Musqueam Blues	Gordon
BLues Old Timers	Kyle
Musqueam Warriors	Taylor Darren
Penelakut Soccer Club	Earl Jack
Sechelt Renegades	Dallas C
Saanich United	Joe
Chehalis Chiefs	Ryan Charlie
Sasquatch	Troy Charlie
Katzie Curly Warriors	Charles Kelly
Sliammon Braves	Chevyn
StoLo United A	Clayton Sheradon
Stolo United B	Chad Wilson
Chehalis Panthers	Earl Jones
Cowichan Eagles	Craig George
Doom Crew	Lynden Horse
Saanich Braves	Mike Moon
Warriors FC	Travis George
Mount Currie	Brett Wallace
First	Musqueam Blues
Second	Sto:lo United A
Third	Chehalis Chiefs

11-13 Youth Soccer	Male	Female
Sto: lo United	Marshall Pennier	Haley Francias
Musqueam	Jake Louie	Alice Ned
Squamish Valley Thunder	Ethan McCromick	Seraphine Lewis
Cowichan Eagles #2	Max Smith	Corina Sylvester
Jr Native Sons	Michael Wyse	Josie Seyward
Seabird	Hunter Peters	Amber Charlie
Saanich Storm	Dominic Deymour	Daron George
Sechelt	Trevor Julio's	Eva Robson
Mount Currie	Tysan Stager	Adrian Dan
Cowichan Eagles #1	TimWilson	Benecia George
Pauquachin Arrows	Austin Henry	Aqualina James
First	Cowichan	
Second	Jr Native Sons	
Third	Sechelt	

14-16 Youth Soccer	Male	Female
Stzuminus	Brody Harry	Brittany Harry
Sechelt Wolves	Shale Douglas	Darian August
Tsawout	Darian Samson	Pauline Cayou
Musqueam	Taylor Guan	Madison Grant
Mount Currie	Madison Jones	Cheyenne McKay
Seabird	Anthony Chapman	Emma McNeil
Chehalis	Brayden Leon	Marlana Peters
First	Musqueam	
Second	Chehalis	
Third	Sechelt Wolves	

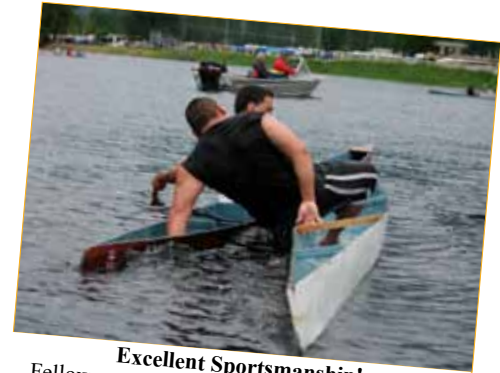


Seabird Festival 2011 Festival Winners

Men's Hockey	
Twin Flyers	James
Mount Currie Hitmen	Goalie
Wolfpack	Quinton
Slammon Stars	Kyle
Chehalis South Paws	Larry
Ahousaht Islanders	Goalie
Kamloops Devils	Wilf
Red Royals	Goalie
Pasco Seafood	Joseph George
The Chiefs	Kono Douglas
First	Kamloops Devils
Second	Mount Currie
Third	Red Royals



Ladies Hockey	
Chawathil	Emily John
Angelz	Brie Harry
Chehalis Ladies	Cassie
Mustangs	Goalie
Cougars	Leanne
Salish Strong	Brittany
First	Mustangs
Second	Chawathil
Third	Cougars



Excellent Sportsmanship!
Fellow racer stops to assist overturned canoer.

WAR CANOE RACES

Saturday May 28, 2011

Category	First	Second	Third
Single Paddle - 10 & Under Girls & Boys	Mike Billy	Jessica Roberts	C J Gagnon
Double Paddle - 10 & Under Girls & Boys	Jessica Roberts Clair Rebang	Patrick & Moses	James & Zackary
Jr. 11 Buckskins - 10 & Under	Lady Rose	Tsesquel	Ultimate Warrior
Single Paddle - Women	Debbie Rebang	Tyrell Williams	Rose Harry
Single Paddle - Men	David Williams	Daniel Point	Wayne Paige Jr.
Double Paddle - Women	Jamie Charlie Emmie Morris	Tyrell Williams Lana	Suzie Shannon
Double Paddle - Men	David Williams Justin Williams	Robbie Walter	Pete Victor
Mixed Double	Chris George Jamie Charlie	Robbie Shannon	Lana Joe
Four Paddle - Women	Lil Pete	Lil Lady	Lil Thunder
Four Paddle - Men	Lil Bear	Lil Five	Lil Brave
11 Paddle - Buckskins 16 & over	Lady Rose	Ultimate Warrior	Riccole Cree
11 Paddle Women	Riccole Cree	Stolo Princess	Eyem Thala
11 Paddle Men	Chehalis	Mt Breeze	Island Brave



Thank you to each one who participated to assist 2011 Seabird Island Festival for all participants and spectators. Some of our War Canoe Committee committed to assisting for years and now some new ones from Seabird.

War Canoe Committee

Boat Supplier's

Johnny Williams
Lloyd Charlie
Chief Willie Charlie
Jim Harris

Boat Helper

Allan Williams
Dwayne Commodore
William Charlie Sr.
Stuart Francis

MC

Kevin Charlie

MC Assistant

Vanessa George

Sunday May 29, 2011

Category	First	Second	Third
Single Paddle - Women	Tyrell Williams	Debbie Rebang	Amanda Harry
Single Paddle - Men	Joe Seward	Wayne Paige Jr.	Darren Good Jr.
Double Paddle - Women	Jamie Charlie Emmie Morris	Amanda Lana	Suzie Shannon
Double Paddle - Men	Walter Robbie	Vic Pete	John Ballew Joe
Mixed Double	Chris George Jamie Charlie	Dean Williams Jr. Andrea Williams	Kevin Tasha
Six Paddle - Women	Stolo Princess	Lil Lady	Lil Five
Six Paddle - Men	Kwa Xos	Lil Lady	Lil Brave
Jr. 11 Buckskins - 10 & Under	Lady Rose	Riccole Cree	Ultimate Warrior
11 Paddle - Buckskins 16 & over	Lady Rose	Ultimate Warrior	Flaming Starr
11 Paddle Women	Riccole Cree	Stolo Princess	Lady Ester
11 Paddle Men	Island Brave	Mt Breeze	Chehalis

Thank You to the War Canoe Participants

Canoe Name	Captain	From
Flaming Star	Wayne Paige Sr.	Cowichan
Salish Dancer	Daniel Point	Tzeachten
Island Brave	Mike Wyse	Naniamo
Ultimate Warrior	Art Humphreys	Lummi
Blue Mist	Merle George	Lummi
Lady Esther	George Horne	West Saanich
River Spirit	Russ Williams	Skwah
Ocean Thunder	Mr. McCaullem	Makaw
Rikkole Cree	John Ballew	Nooksack
Mt Breeze	Keith Point	Tzeachten
Stolo Princess	Stan Greene	Tzeachten
Lady Rose	William Jones Jr.	Lummi
Ts'esquel	Johnny Williams Jr.	Scowlitz
Eyem Thala	Trevor Charlie	Chehalis

Aboriginal Day

Aboriginal Day June 21st was a day of fun. Many people came through during the day watching traditional drummers and dancers. The dancers are Seabird members, youth Chanea Gabriel and her Uncle Shawn-Rae Gabriel. At the end of the show; those who wanted to received a quick lesson and joined in the dancing. Our UBC students really enjoyed the day they even dragged Zena up to dance with them. After the Seabird event the dancers and drum group continued on to perform at two other Aboriginal Day events, one at Sto:lo Nation and one in Vancouver. We thank the group for spending some time with us on this special day. Our hands go out to you.



Beading

The Seabird Day-care brought the kids for a field trip to learn the First Nation culture, parents and grandparents brought their families. This was a great day, a proud day to share with our families.

There was traditional food sampling and a variety of tables where everybody created many different craft projects with a first nation theme. The kids enjoyed playing on a blow-up slide, in the bouncy house, face painting and much more.



Mask Making



Face Painting

**COMING TO
SEABIRD**



2011 BC ABORIGINAL PROVINCIAL CHAMPIONSHIPS

- SOCCER - CANOEING -

Seabird Island, Agassiz, BC

July 23-24, 2011

Registration forms available at www.seabirdisland.ca

REGISTRATION DEADLINE: 4:00 pm PST, July 5, 2011

Contact Stacy for more information 604-796-2177

Parents & Tots Year End Ceremony

Parents and Tots year end ceremony took place June 21st. The attendance was small but the pride was booming at parents and tots on this day. Many of the other families had prior commitments but sent their well wishes.

Wendy Ritchie was the MC for the event. Wendy has worked with the Seabird Parents and Tots in the past and came back to share in the event.

Pastor Ken got up and spoke to the parents and tots sharing the pride he has with the growth they have made this past year. Pastor Ken worked with the group on Tuesdays this past year and has been volunteering for the program for the past 10 years.

Tracy Bonshor the Parents and Tots coordinator worked hard with the families, Evelyn and Kwasel creating a children's book. This book was published and printed this year in the halq'emeylém language. Each of the students received a copy of this children's book. The group also said fair well to a few tots that graduated on and will be joining the 3's program this fall.

Candace also thanked all the staff for all their hard work this year. We look forward to seeing you all again in the fall. The event was finished off with an excellent salmon lunch and desert.



Ye mi sqeqó:tel la xwe lets'emót: ó Hub 2nd Traditional Healing/Alternative Medicine Workshop

DATE CHANGE

July 21st & 22nd, 2011
Where: Sts'ailes Elders Building
Time: 10am-4pm

AGENDA

Participants will learn how to pick, prepare & make traditional medicines, suave and to pick and harvest Swamp Tea. They will also be pampered with a natural facial and sea salt scrub.

Day 1 – Thursday, July 21, 2011

10:00 – 12 noon Participants will go for a walk to pick plants to prepare for a traditional medicinal suave. (yarrow, frog leaves and clovers)

12 noon – 1:00 LUNCH

1:00 – 4:00 Participants will learn how to pick and harvest Swamp tea. (will take 20 minutes to travel to the destination).

Day 2 – Friday, July 22, 2011

10:00 – 11:00 Participants will learn how to separate the oil from the plants, add bee's wax, and store into containers (which you are to provide, and will take home)

11:00 – 12 noon Dr. Georgia Kyba Western & traditional medicines-Can they work together

12:00 noon LUNCH

1:00 – 4:00 Demonstrate to participants; how to make swamp tea. Participants will be pampered to a natural facial and a sea-salt scrub.

Supplies you will need to bring with you.

- Gloves
- Scissors
- Plastic bags
- Small containers to put medicine in

We are limited to 25 participants so please register asap. All Eleven of the communities are invited to this event.

Dres

Cheam, Chawathil, Shxw ow'hamel, Sts'ailes, Seabird, Soowahlie, Scowitz, Kwaw Kwaw Aplit, Union Bar, Kwantlen, Skwah

Linda Kay Peters, CEH Program Coordinator
Ph: 604-796-6822 E-mail: lindak@seabirdisland.ca
Vanessa Peters, Communications Assistant
Ph.: 604796-6846 Email: vanessapeters@seabirdisland.ca



the SEABIRD ISLAND

YOO HOO

Because news isn't all bad or boring!

**Are you a Seabird Member living off reserve?
Feeling left out of the loop?**

Want to receive the Seabird Monthly Newsletter?

Contact Sandy Bobb to apply to receive your monthly issue by mail or e-mail.

Phone: 604-796-2177 Direct: 604-796-6838
E-mail: sandrabobb@seabirdisland.ca



- As discussed on Dr.Oz
Wednesday June 8th

Recent research shows that there is an increasing need for annual oral cancer examinations especially among younger patients.

The “traditional oral cancer patient” is changing with more studies showing an increase in HPV-related oral cancer.

All dental offices should perform an oral cancer examination, and it only takes minutes.

Some dental offices have a special light device which helps detect potential oral cancer.

DENTAL NEWS FLASH

When detected early oral cancer is highly curable.

“I am proud to inform everyone that we, at **Seabird Island Dental**, perform oral cancer screenings regularly as part of your visit.”

- Stephanie, Registered Dental Hygienist

“We also have the same detection tool demonstrated on Dr.Oz, called Velscope”

It is important to:

- 1) Be aware
- 2) Avoid risk factors
- 3) Get an annual screening



Lands

During the first year and a half of operation the Lands Advisory Committee had a chance to review materials and issues brought forward from the community, various reports, and assessments done. With the compiled information the Committee is now ready to move forward with the laws to help manage the lands and resources in and around Seabird Island.

These are following steps that will be implemented for all land laws;

1. Review laws from other First Nations examples
2. Select one (1) from the review that is appropriate to SIB
(all committee members partake)
3. Law Drafting – staff will assist with initial draft
4. Clause by clause review of the laws to make sure it coincides with SIB needs
5. First Final Draft – ready for community input
6. Posting of the community input law – 30 days
7. Community review – if there are changes another legal review will be required
8. Chief and Council approval
9. Enact the law

The Laws that the Committee is working on right now are:

Trespass Law, Dumping Law and Matrimonial Real Property Law (MRP)

If there are any questions, concerns or suggests please feel free to contact the Lands Department here at the Band office, Attention Kimberley Lessard.

Thank you from the Lands Advisory Committee... For the People, By the People.

INDIAN DAY SCHOOL LAWSUIT NUMBERS SWELL

Friday June 24, 2011 Rick Garrick/Wawatay News
http://www.wawataynews.ca/archive/all/2011/6/24/indian-day-school-lawsuit-numbers-swell_21591

An update on a class action lawsuit by former day school students was given June 11 at the Nishnawbe Aski Nation Residential School Gathering in Thunder Bay.

“We’ve got over 10,000 people registered for the day school class action now,” said Joan Jack, a lawyer who launched the McLean Day School Class Action lawsuit in 2009 against the federal government.

“Because the legal arguments are not strong on the side of the day scholars, I ended up getting all of the day school students’ enquiries referred to me. This turned into a big groundswell,” Jack said during the gathering.

An amendment to the claim later allowed other day school students from across Canada to potentially join the lawsuit.

Thousands of First Nation day school students were left out of the \$1.9-billion residential school compensation settlement because they went home to their families every night.

Day schools were operated on or near First Nation communities to educate registered Indian, Metis and Inuit children.

An Ojibway from Berens River in Manitoba who specializes in Aboriginal law, Jack lives in B.C. with her husband.

Since launching the suit she has received referrals from big law firms and Service Canada offices all over the country.

“So surprise, you know what happened? We’re united,” Jack said. “And now it’s wonderful, because now we have political power. If we stay united as day school students, we have political power. We are a force to be reckoned with.”

A number of Indian day schools were located in northern Ontario, including Aroland Indian Day School, Big Trout Lake Indian School, Christ the King Day School in Moosonee, Lac Seul Day School, Long Lac Indian Day School and Northwestern Bay Day School in Fort Frances.

Former Assembly of First Nations national Chief Phil Fontaine and another lawyer are now working with Jack on the lawsuit, with Fontaine providing advice and direction.

“Phil is a really good man and he has decided he is going to put his shoulder to the truck again and see if he can get this one unstuck,” Jack said.

Fontaine was national chief when he helped negotiate the Indian Residential School Settlement Agreement, which excluded day school students.

Jack is looking to raise money to hire a legal team for the next step in the class action lawsuit.

“I need to raise the resources so I can hire specialized class action lawyers because it is a specialized field of law,” Jack said.

“Some lawyers have been volunteering here and there, but I need to get our team in order.”

Once the federal government files their defence against the statement of claim, the case goes to a certification process where the court hears arguments from both sides of the case.

If the court agrees there was an injustice, a settlement agreement is usually negotiated.

“We are not looking for a handout,” Jack said. “We have been victimized by the Canadian state and seeking justice is different than asking for a handout. Seeking justice is about having the other party stand up and say ‘Yes, this was wrong.’”

Former day school students wanting to take part in the class action can fill out a form found at www.joanjack.ca.

Indian Residential School Survivors Society (IRSS)

1.800.721.0066

Monday to Friday 8:30am to 4:30pm

Common Experience Payment (CEP)

Deadline for CEP September 19, 2011

Independent Assessment Process (IAP)

Deadline for IAP September 19, 2012



Canada

NEW COMMUNITY MAILBOXES

are installed.

Once the post office is ready, we will place changeover letters into the old boxes with instructions and the date that the new boxes will be activated. The residents will also be directed to Agassiz Post Office to pick up new keys. There will be two keys per lock and you can have more cut at the local locksmith if you choose.

SPIDERS

To date, there are approximately 700 spider species known in British Columbia.

The doctors have had visits by community members about spider bites. A few of those community members have asked us to have more information about our local spiders in the Yoo Hoo...

This subject creeps me out and I shivered with every detail, I hope you like it... (*The things I do for my community eee!*)



BLACK WIDOW



FALSE BLACK WIDOW



HOBO SPIDER



WOLF SPIDER

LOCAL SPIDERS OF MEDICAL INTEREST:

1) **Western Black Widow Spider:** The western black widow spider is widespread in southern BC. Yes, there is several reports that it has even been spotted in the Fraser Valley! The look-alike false black widow spider is also widespread throughout the province. It may be mistaken for the black widow, but lacks the red hour-glass on its abdomen. Only the bite of the female, usually the adult female, is potentially dangerous.

2) ****Hobo Spider:** This species of funnel-web weaver is widespread across south western BC and is mostly found close to human habitation. A hobo spider will usually bite a human due to getting trapped in clothing, in bed sheets, and being trapped next to the skin. The initial bite by the hobo spider usually is not painful, but in about thirty minutes a hard area will appear. Within 15 to 35 hours the sore will blister. The blister will break in around 24 hours, and the wound left behind generally will heal very slowly.

3) ****Wolf Spider:** Hides in dark places like basements, crawl spaces, garages... Wolf spiders typically are not aggressive but they do bite. The bite from a wolf spider is poisonous but it's venom is not deadly however it is slow healing and can take up to 6 months for it to completely heal. If they are disturbed or feel threatened, they move extremely fast. They don't spin webs, they do crawl around during the night hunting for food. They are extremely hairy. *We recently found a big black one hiding in the cinder blocks in our basement and another in my sons bed eee!* The wolf spider is similar in appearance to the brown recluse spider. **There are NO brown recluse spiders in BC.**

Typically a spider bite is less harmful than a bee sting, but some people who are very allergic to venom may react severely to any spider bite.

SPIDER BITE FIRST AID.

If you are bitten by a spider, it is recommended to:

- If bitten by a wolf spider, the wound should not be bandaged, an ice pack should be placed on the bite so that the swelling will go down. And if necessary the victim should avoid any movement if at all possible. It is extremely important that one sees medical attention if bitten by a wolf spider or any other spider.
- If possible, bring the spider to the doctor, even if it has been squashed. Medicines can't be administered without proper identification of the eight-legged freak.
- Washing it out with cool water and soap will work and/or apply an antiseptic around the bite to prevent infection.

SPIDER TRAPS & REMOVAL

Sometimes you can't just smooch them, they can be sneaky, fast and darn hard to find...

Use glue boards. They are outstanding for the many ground-dwelling, hunting spider species (**wolf spiders**), and the funnel-web (**hobo spiders**). More is better, place them along walls, in corners, behind furniture, in dark, protected areas, in outbuildings and garages, in window sills, near doors, as well as places you've seen spider activity.

Replace outdoor lights with "bug lights." Replace your regular outdoor light bulbs with yellow bug lights, LED lights, or sodium vapor lights. Close your shades around windows when it is dark out. Regular lights will attract them.

Utilize a hose or pressure sprayer for outdoor removal. Wash them off your homes a few times a year using a pressure sprayer or a simple hose attachment.

JUNE

High School: 8 Instructional Days; 40 Instructional hours; 14 Non-Instructional Days

Elementary School: 13 Instructional Days;
60 Instructional hours; 7 Non-Instructional Days

Please re-register students for September!!!

SCHOOL WIDE

- 1 International Children's Day
- 5 World Environment Day

- 8 **Year End Pow-Wow** - An exciting mini-pow-wow hosted by the spectacular Black Fish drum group. Chris Thomas' family



presented a mini pow-wow to our school. The event began with our own Seabird Song honouring all our people, dancers, guests with a grand entry with a flag song proceeding. The group sang eight songs show casing all the different types of dancers. We had fancy boys, grass dancers, jingle dress dancers, fancy dancers, fancy shawl dancers, hand drum dancers, and a whole variety of intertribal dancers. Thank-you and see you next year!!! Same time, same place.

- 8 World Ocean Day
- 9 Lalme'Iwesawtexw Awards Day – from Kindergarten to Grade 12
- 10 High School Fun Day – Students and staff travelled to Cultus Lake Waterslides for a fun filled day of excitement and splashes!
- 10 Last Day for High School
- 14 World Blood Donor Day
- 19 World Sauntering Day - In layman's language, saunter means "leisurely walk or stroll." But it is not a simple jog, walk, run or trot. Sauntering is a kind of strolling. It is a very stylish and casual of movement which leads anyone from one place to the other. The dictionary meaning of sauntering is taking a stroll slothfully and pointlessly but enjoying it.
- 21 National Aboriginal Day - 1982, the National Indian Brotherhood (now the Assembly of First Nations) called for the creation of a National Aboriginal Solidarity Day to be celebrated on June 21. Slightly more than a decade later in 1995, the Royal Commission on Aboriginal Peoples recommended that a National First Peoples Day be designated. Also in that same year, a national conference of Aboriginal and non-Aboriginal people chaired by Elijah Harper, titled The Sacred Assembly, called for a national holiday to celebrate the contributions of Aboriginal peoples to Canada. June 21 often coincides with the summer solstice. (Wikipedia)

- 21 World Music Day
- 24 St. Jean Baptiste Day
- 26 International Anti-Drug Day
- 27 Canadian Multi-Cultural Day
- 30 School Closed for Summer Vacation. See you September 6, 2011

HIGH SCHOOL



- 3 **High School Cultural Sports Day** – Students were separated into four "villages" to compete for their village name to be placed on the coveted Lalme'Iwesawtexw Paddle trophy. The students through team work and discipline accomplished the following activities: pile the wood; message relay; pass the salmon; move the canoe; bail the water; spear the fish; take the fish off the net; tug of war; key chain making; and canoe race.

13-17 High School "Catch-up" Week – Study for exams

17 High School Report Cards – mailed home

ELEMENTARY

- 2-3 Ms. Eustach's Theater Troop Workshop
- 6-7 Mr. Mai's Theater Troop Workshop
- 7 Ms. Marchant's Class travels to community garden to check on their potatoes
- 10 Sports Day - In the morning we had station activities: soccer kick, ball in basket, parachute activities, skipping, bean bag toss/ring toss, sit-ups, ladder ball golf and long jump. In the afternoon we had 8 teams competing various relays that included: skipping, bean bag balancing on head, balance block on spoon, using a stick to roll a soccer ball down the field and under a chair, elastic balanced on a straw that is in your mouth-individual begins walking down the field to waiting team mate and he/she has a pencil in their mouth and he/she must slip elastic off straw onto pencil without using their hands, soccer kick, fill a spoon with water and carry it carefully across the field and fill your teams cup. Fun, exciting activities that involved balancing, fine and gross motor skills, we had many more planned activities such as medicine ball pass but we ran out of time, next year...
- 14 Ms. Marchant's Class travels to community garden to check on their potatoes

Lalme'Iwesawtexw

- 15 Grade 4/5 Vancouver Zoo Sleep over – Ms. Eustash's class earned with all their hard work a night with the Vancouver Zoo; showcasing the near extinct exhibits, reptile exhibit, a walking safari, and a narrated zoo tour.
- 16 Primary EBS Celebration
- 17 Elementary School Report Cards – mailed home
- 17 Elementary fun day – students and staff traveled to Bridal Falls Waterslides
- 17 Last Day for Elementary School

20-24 Provincial Exam Week

- 21 Social Studies 11 Exam
- 22 English 12 Exam
- 23 English 10 Exam
History 12 Exam
- 27 Science 10 Exam
Communications 12 Exam
- 28 Math 10 Exam

(Seabird Island Community School) CALENDAR 2011-2012

2011-2012			
Teachers Return	Mon. Aug 29	High School Term 2 Reports	Fri. Jan. 27
Think In (Pro-D)	Tues. Aug 30	Education Committee/Staff Mtg	Wed. Feb. 1
Administration Days	Aug 29-Sept 2	Elementary Term 2 Interims	Fri. Feb. 3
Labour Day (School Closed)	Mon. Sept. 5	Non-Instructional Day	Fri. Feb. 17
School Opens (½ day-morning only)	Tues., Sept. 6	High School Term 3 Interims	Fri. Feb. 24
Burning	Fri. Sept. 16	Burning	Thurs. Mar 8
Lifetouch-Student Photo's	Thurs. Sept 22	Elementary Term 2 Reports	Fri. Mar 9
Welcome Back Dinner/Parent Gathering	Thurs. Sept 22	Last Day before Spring Break	Fri. Mar 9
Grade 12 Graduation Ceremony	Sat. Oct. 1	Spring Vacation Period	Mar 12-16
High School Term 1 Interim	Fri. Oct. 7	School Reopens after Spring Break	Mon. Mar 19
Thanksgiving Day	Mon. Oct. 10	High School Term 3 Ends	Fri. Mar 30
Sto:lo New Year	Fri. Oct. 14	Education Committee/ Staff Meeting	Wed. April 4
Lifetouch-Student Photo's(Retakes)	Tues. Oct 18	High School Term 3 Reports	Thurs. April 5
Elementary Term 1 Interim	Thurs. Oct. 20	Good Fri.,	Fri., April 6
Non-Instructional Day	Fri. Oct. 21	Easter Mon.,	Mon., April 9
Education Staff Committee Meeting	Wed., Nov. 2	First Salmon Ceremony	TBA
Remembrance Day Ceremony	Fri. Nov. 4	Non- Instructional Day	Fri. April 13
High School Term 1 Ends	Fri. Nov. 4	Naming Ceremony	Fri., April 27
Remembrance Day (No School)	Fri. Nov. 11	Mother's Day Tea	Fri. May 4
High School Term 1 Reports	Thurs. Nov. 10	High School Term 4 Interims	Fri., May 4
Pro-Development Day (no students)	Mon., Nov. 21	Elementary Term 3 Interims	Fri. May 11
Elementary Reports	Fri. Dec. 2	Non- Instructional Day	Fri. May 18
Band/Staff Christmas Dinner	Fri. Dec 2	Victoria Day	Mon., May 21
Parent/Teacher Interview Week	Dec. 5-9	Day Of Grace	Mon, May 28
Make And Take Week	Dec. 12-16	District Sports Day	TBA
Adult Christmas Dinner	Wed. Dec. 14	Cultural Sports Day	Wed. May 30
Christmas Concert	Thurs. Dec. 15	Year End Pow Wow	Fri. June 1
Staff Christmas Party	Thurs., Dec. 15	School Awards K-12	Thurs. June 7
Student Christmas Dinner	Fri., Dec. 16	High School Fun Day	Fri. June 8
High School Term 2 Interims	Fri. Dec. 16	Last Day For High School	Fri. June 8
School Close For Winter Vacation	Fri., Dec. 16	Primary/Intermediate Last Day	Fri. June 15
Winter Vacation Period	Dec 19-Jan. 2	Year End Activity(Waterslides)	Fri. June 15
2012		High School Study Week	June 11-15
School Re-Opens After Winter Vacation	Mon., Jan. 2	High School Term 4 Reports	Fri. June 15
Sto:lo Day	Thurs. Jan 19	Elementary Term 3 Report	Fri. June 15
High School Term 2 Ends	Thurs. Jan 19	High School Provincial Exam Week	June 18-22
Non-Instructional Day	Fri. Jan. 20		

Healthy Eating Recipe Corner

Easy Blackberry Jam

Pectin Free.

Healthier than store bought Jams.

INGREDIENTS:

- 4 c. crushed blackberries
- 4 c. sugar

DIRECTIONS

- To prepare fruit. Sort, wash berries and crush the berries.
- To make jam. Measure crushed berries into a pot. Add in sugar and stir well. Boil rapidly, stirring constantly, till the mix thickens to its jell point. Remove from heat; skim off foam.
- Fill and seal containers. Process for 5 min in boiling water. Remove jars, cold and store.

This recipe yields 4 half-pint jars.

TIPS:

- To make seedless jam, strain the berries in a medium mesh sieve before cooking.
- Experiment with adding apple to the fruit mixture, or use 2 tsp of lemon juice. *Just remember that you need the same weight of sugar to fruit for a successful jam.*
- Take care of spluttering hot jam. The fruit and sugar, when boiled together, make a molten liquid which is intensely hot and can leave a nasty burn. Always use a large saucepan to avoid the jam spilling over when it begins to froth and boil.
- If berries are shrivelled I wouldn't use them. "Old" berries won't set up as well. Try to pick through the berries for the juiciest specimens. If you have 25% under ripe berries that will improve the set because they have more pectin.
- Jell point is 220-221 degrees F if using a thermometer or until the jelly slides off the spoon in a smooth sheet.



UBC Students

IHHS 408. Three UBC students out of 40000 students applied for this partnership program between Aboriginal organizations and the university. Character and a desire to educate themselves and others is what they strive for. This is evident from their desire to learn of First Nation health care concerns, problems and history. Kim, Jasmine and Lauren have touched many hearts here in Seabird. Quality care and attention has being shared here on Seabird and will continue to flourish in these students as they travel back to UBC and in their future work endeavors. What a privilege it has being for me to be part of a power house team or "mitochondria or the energy factories of a cell". Best wishes to our students ...

Zena Schultz
Community Facilitator




The month of June has being a busy time for the UBC students and Seabird Island health department. The program runs from June 6 - June 30 2011.

Kim, Jasmine and Lauren have spent many hours engaged in community events, health programs, theory and policy creation and of course meeting community members.

Learning Seabird Island Cultural Safety is very much front and center with the students. An appreciation for Aboriginal health, culture, history and values is continually nurtured and developed by future health care providers from UBC.

Thank you to this community, staff, Managers and Chief and Council for the privilege of learning and giving to you and your people.



the SEABIRD ISLAND
YOO HOO
Because news isn't all bad or boring!

Phone: 604-796-2177
Direct: 604-796-6838
Website: www.seabirdisland.ca
E-mail: sandrabobb@seabirdisland.ca

Are you a Seabird Member living off reserve looking for a copy of the Seabird Monthly Newsletter?

Each issue as well as past issues are posted on the Seabird Website: www.seabirdisland.ca or you can subscribe to be added to our mail or e-mail list by contacting Sandy Bobb; Communications Officer & Graphic Designer, or David Peters; Communications Assistant by phone at 604-796-6838 or e-mail sandrabobb@seabirdisland.ca or davidpeters@seabirdisland.ca



FOR ADVERTISEMENT RATES PLEASE CALL SANDY. (pre-paid, please)

SUBMISSION DEADLINES

The 20th of each month or if the 20th lands on a weekend then deadline lands on the Friday before.

OFFICE HOURS

Monday - Friday
8:00 a.m. - 4:00 p.m.

DELIVERY

The first (1st) of each month

Youth Feature of the Month



Gilbert August was born to Jullianna (Leo) and Danny August on March 25, 1996. Jullianna comes from Skatin Nation and is originally from Mt. Currie Band. Her parents are George and Marie Leo (Wells) both from Mt. Currie Band. Danny is from Skatin Nation and his parents are Madeline Harry (August) from Seabird Island and Daniel Dan from Fountain Valley. Gilbert is the youngest of 8 children. His siblings include: Tyler, Danna, Mabel, Isaac, Marissa, Shelby, and Justin.

Gilbert attended Seabird Island Daycare and Seabird Island Preschool and now attends Seabird Island Community School and is currently in Grade 8. He admits that Math is his favorite subject! He is enjoying the new high school and his vision is to finish high school and continue with his education until he is accepted into the RCMP.

While Gilbert does participate in Canoe training for school, he really enjoys playing soccer. He has played with Seabird soccer team for the past few years and is an integral part of the team! His position is forward and his coach says “Gilbert is an awesome soccer player. He is fast and has a few moves that fool many players. He is a team player and is and has excellent sportsmanship qualities!”

Gilbert enjoys watching hockey and his favorite team is the Vancouver Canucks. According to his sister, “Gilbert is responsible, independent, respectful, caring, and 100% about Family, education and sports!”

His message to other youth in the community is “Listen to your parents, finish school, graduate, and accomplish your goals!” And on a final note, “Respect people if you want to be respected.”

Using Mosquito Repellent (deet products)

- Read and follow all directions and precautions on the product label.
- Limit spraying kids under 5 years old to twice a day.
- Do not apply to hands or near eyes and mouth of young children.
- Do not allow young children to apply this product.
- Use just enough repellent to cover exposed skin and/or clothing.
- Do not apply over cuts, wounds, or irritated skin.
- Do not use under clothing.
- After returning indoors, wash treated skin with soap and water.
- Wash treated clothing before wearing it again.
- Use of this product may cause skin reactions in rare cases.
- Do not spray in enclosed areas.
- Do not spray directly onto face.
- To apply to face, spray on hands first and then rub on face.



Elder Feature of the Month



Lyle and Grace Bobb were married one minute after midnight on December 25th, 1966 and in total have been together for 52 years! Lyle Brent Bobb was born on July 9th, 1942 to Louis William Bobb (Seabird Island) and Marion Phillips (Lytton). Grace Bobb (Leon) was born in Chilliwack and raised in Chehalis. Her parents were the late John Leon and the late Emma Paul. Lyle and Grace

lived in North Vancouver for 45 years and it was there that they raised their family.

Lyle left Seabird at the age of 12 when their family moved to Hatzic and enrolled in Mission high school. Lyle did attend St Mary’s Residential School in Mission, but says he could not eat the food there. He climbed the fence and ran home to eat. He says “I did this so many times, that they called me a runaway and booted me out!” Lyle did logging on Harrison Lake and eventually took a Heavy Duty course in mechanics and welding and an aeronautic course at what is now BCIT. He worked as a Heavy Duty Mechanic for 25 years until the company that employed him, declared Bankruptcy. It was then that Lyle decided to take his hobby to the next level. He had taken lapidary training with the West Vancouver Lapidary Club and silversmith training through the Hastings Rock and Gem Club. He took all his skills and began his business on the Pow wow circuit! Lyle was also one of the crew that helped to build the Seabird Island Community Church. He remembers using the horse and wagon and working with other men in the community.

Grace credits Burrard Dry Dock for teaching her how to cook and bake! She then decided that she would like to take a course that would enable her to get an “office job”. She enrolled in Business school and thus began her 40 years of secretarial roles with insurance companies. She worked for companies such as Co-op insurance, Underwriters Adjusters Bureau, Bauer Claims Canada, Kenneth Elms Insurance Co, Mordan and Halloway Insurance and many others. She freelanced, worked at temp offices, and throughout these years built up strong computer skills. At the age of 64, she retired and began to help Lyle with the jewelry.

Together they travelled the pow wow trails as far away as Saskatchewan. They would also set up at booths in and around Vancouver; such as the Chief’s Conferences, and other First Nation’s venues. They raised three children: Elain, Trudy and the late Karen Bobb. They have three grand-daughters; Alexis Roper (Hannigan); Ashley Hannigan and Brooke Bobb-Reid. They have two Grand-sons; Aaron and Dylan Sjoblom. They also have four Great- grandchildren; Trevor, Dominic, Karisma, and Lyle. They are currently living in Seabird and raising their Grand-daughter Brooke.

You will often see them at the Band Office attending meetings as they like to keep themselves involved in the future of our community. Together they were part of the committee that worked so hard to bring the land code into effect. You will also see them supporting their grand daughter Brooke at the canoe race and school functions! It quickly becomes obvious when you speak with Lyle and Grace that they are very family oriented and VERY proud of their children, grand children and great grandchildren!

260+ hard copy production
60+ e-mail production
more available for download
on the Seabird website.

ADVERTISEMENT RATES

Advertising for Seabird Departments and Programs are funded through the Seabird Organization Departments.

ALL OTHER ORGANIZATIONS ARE SUBJECT TO A PRE-PAID ADVERTISEMENT FEE.

Flyer Insert (supplied printed already by client) \$20.00

Advertisement rates (per issue) for organizations:

	Band Member	Outside
Full color page (8 x 10)	\$75.00	\$122.50
Full color 1/2 page (8x5 or 10x4)	\$37.50	\$61.25
Full color 1/4 page (4x5)	\$18.75	\$30.63
Full color bus card (2.5x 3)	\$9.50	\$15.31
Greyscale page (8 x 10)	\$20.00	\$25.00
Greyscale 1/2 page (8x5 or 10x4)	\$15.00	\$20.00
Greyscale 1/4 page (4x5)	\$10.00	\$15.00
Greyscale bus card (2.5x 3)	\$ 8.00	\$10.00

Classified Advertisements
(non-band member) .40¢ per word
\$4.00 Minimum

All fees are not for profit, they all help us produce this newsletter.

AGREEMENT

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only, and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

We reserve the right to revise, edit, classify or reject any advertisement.

DEADLINES

Submissions and Advertisement are due by the 20th of each month or if the 20th lands on a weekend then deadline lands on the Friday before.

OFFICE HOURS

Monday - Friday 8:00 a.m. - 4:00 p.m.

DELIVERY

The first (1st) of each month

Sandy Bobb or David Peters
Phone: 604-796-2177
Direct: 604-796-6838
Website: www.seabirdisland.ca
E-mail: sandrabobb@seabirdisland.ca or davidpeters@seabirdisland.ca

Seabird Island Employment, Training & Social Development

Office: 604-796-6865 Fax: 604-796-3729 2895 Chowat Road
Toll Free: 1-800-788-0322 P.O. Box 650

NEXT INCOME ASSISTANCE CHEQUE ISSUE DATE:

Wednesday July 27, 2011

Be sure to come into the office on Income Assistance day and enjoy yummy breakfast and lunch treats! ☺



- Congratulations to 17 participants who received their Emergency First Aid Certificate.
- Congratulations to 10 participants who received their WHMIS Certificate
- Congratulations to all the college students who completed their courses this semester.

Have a great summer, if anyone needs help with job search or training please come in and see Pat or Jill.



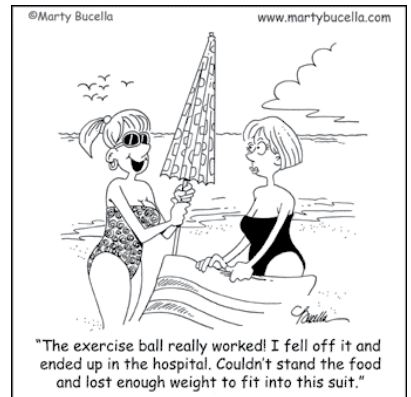
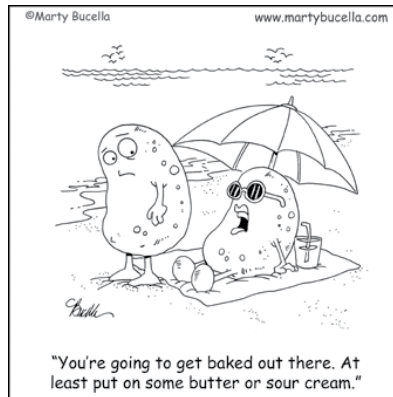
Come in and check out our Job Posting binder, updated frequently

We are honored to host the Sto:lo Nation ACTT Program 2011 participants here for a portion of their program this summer

There will be a total of 10 youth ages 12-15 enrolled in the Seabird Youth Employment Program.

The employment services that are provided at Seabird Island are funded by SASET through an agreement with Service Canada. First Nation people who are status/non status, live on/off reserve and Inuit individuals who seek employment services are welcome to access these services.

Health Comics



Temqwa:l

IT'S MOSQUITO TIME!

To reduce the mosquitoes in the area please...

- 1) keep your lawns mowed
- 2) dump any water sitting around your yard in buckets, plastic,...
- 3) discard any tires in your yard or keep them out of the weather
- 4) Contact John Bobb at 604-796-2177 if you have any ponds or swamps around your yard, if he knows about them he can treat them with mosquito larvae pellets.

Halq'emeylem Cross Word

X	Y	Z	K	L	D	O	I	D	X	V	S
J	Í	L	Q	'	P	Í	W	:	T	L	K
Z	T	Y	H	É	Y	E	Q	W	Y	E	W
F	E	L	E	W	O	P	Ó	Q	R	'	E
W	M	Á	M	S	T	Q	'	P	É	T	L
K	Q	T	'	É	Y	C	H	Q	V	Á	E
É	W	Z	J	F	M	U	T	O	P	'	C
'	A	L	X	Ó	X	T	S	A	M	W	H
H	:	I	O	W	A	S	K	T	:	K	E
T	L	D	Q	H	G	P	C	V	N	T	S
S	O	X	W	E	L	Á	W	T	X	W	Ó
T	E	M	K	W	'	O	K	W	'	E	S

- HÉYEQW**
- FIRE
- STH'ÓQWI**
- FISH
- XÓTSA**
- POND
- SOXWELÁWTXW**
- BARN
- KW'ÁT'EL**
- MOUSE
- STH'ÉKW**
- BUGS
- ÍYES**
- FUN
- KWELECHES**
- GREETINGS
- TEMQWA:L**
- MOSQUITO TIME - JULY
- TEMKW'OKW'ES**
- SUMMER

NEW STAFF



Peggy received her MA in counselling psychology from City University of Seattle and is a member (#3060) of the Canadian Counselling and Psychotherapy Association. Peggy has completed specialized training in TIR (Trauma Incident Reduction), DBT (Dialectic Behavior Therapy) and OEI (Observed Experiential Integration).

Peggy is a warm, open and skilled therapist who is committed to helping people create life long change. Peggy provides

client-centred counselling to youths, adults, families and couples of all sexual orientations from a strength-based perspective to promote healing and positive change. Counselling with Peggy takes place in an atmosphere of confidentiality, respect, warm acceptance, sensitive listening, and validation. Because every person is a unique and creative human being, counselling with Peggy will be a collaborative effort that is tailored towards your specific needs, life challenges and goals.

Peggy's professional experiences include: Victim Services, addictions counselling including substance abuse, cross cultural counselling, depression, anxiety, trauma, communication, emotion regulation, distress tolerance skills, self esteem, stress/anger management etc.

Peggy is honoured to be offered a position as a Child and Family Addiction Counsellor in Seabird Island Band. Peggy would like to devote her knowledge and skills to promote members of the band a better mental health and overall wellness.



Jesse and Tena Luper

Jesse is a member of the Delaware Nation of Anadarko, Oklahoma. His mother's father's name was William Bobb, Sr. Jesse has over thirty years of auto body experience. He owned his own auto body shop for twenty of those years. He would love to work with

young men and women on the reserve who would like to be trained in auto body skills.

Tena has a bookkeeping background and is willing to come alongside anyone wishing to get help in personal finance. She is currently teaching budgeting skills to a ladies group on Skwah Reserve. She has also volunteered with a Vancouver ministry as a life skills coach. She desires to assist in any capacity open to her.

Due to Jesse's native heritage, he and Tena have a real desire to come alongside their brother's and sisters and learn more about the First Nation culture. We all have much we could learn from one another.

Jesse has recently come alongside Pastor Ken Misener as co-pastor of Seabird Island Christian Fellowship. Jesse and Tena are employed by Across Borders for World Evangelism, a Canadian ministry based in Ontario.

Please feel free to contact the Lupers, if you have interest in any of the above items or if you would like to meet them.

(604)846-8401 jt3_2firstnations@hotmail.com

News From a Tiny Seed

Article From: http://seedsofempathy.org/index.php?option=com_content&view=article&id=50#BShArDlp

Cultural Gatherings in BC



Photo: Elder Sharon Joe

British Columbia is often at the leading edge of Seeds of Empathy's work for and with Aboriginal people across Canada, and a recent example of this was the January Cultural Gathering at the K'ómoks First Nation Territory, Vancouver Island.

Staff from ten Aboriginal Seeds of Empathy early childhood centres gathered to share and develop an Aboriginal Cultural Activities Resource as well as participate in professional development workshops. This resource illustrates how culture can be woven into the regular Seeds of Empathy programming while honouring program integrity. The Gathering was one more exciting step forward in ensuring that Aboriginal children participating in Seeds of Empathy feel their culture, ancestry and language are being respected, honoured and valued.



Photo: Friendship Dance

The Gathering began with a Traditional Welcome to the Territory. It ended with a Friendship Dance with drumming by Elder Sharon Joe from the Wolf Clan of Seabird First Nation and Seabird Island Preschool, honouring and celebrating the mutual learning and collaborative creation that had taken place.

In May, the Aboriginal Seeds of Empathy early childhood centres reconnected and the Aboriginal Cultural Activities Resource was shared. One centre staff member commented that "it was wonderful to see how cultural ideas become a reality in curriculum." Professional development workshops were delivered on two topics - Working with Temperament and Visual Literacy. When centre staff were asked to share how these topics will impact their delivery of the Seeds of Empathy program or how it impacted them, one person explained that they enjoyed "talking about how temperament affects not only the children but the baby as well. This is another tool that will help us to see our children in a new light. We know each child is different, but this allows us to better understand their temperament traits." About Visual Literacy, a centre staff member said that it "will be looked at much more closely with children as I now know that it will help them express their emotions artistically."



'Round The Rez

Community Events, Workshops & Outings

BOY'S & GIRL'S GROUPS

THE GIRLS GROUP:

Covering self esteem, peer pressure, assertion skills, etc.

Girls Group:
Tuesday's 3:00 - 4:30

Youth Girls':
Wednesday's 5:00 - 6:30



RAINBOWS:

Wednesday's 4:30 - 5:30 ages 10-13

Rainbows is a place where boys and girls can come to share their feelings about someone they love who has died.

If you have any questions please call Melissa Nielsen at 604-796-0198

CRIMINAL RECORD

The Criminal Record Pardon forms have now changed.

Contact Genna for more information and to apply for Pardon.

DENTAL CENTER

Open Monday - Thursday.

Closed on Fridays.

Tuesday

WALK-IN CLINICS

Every Tuesday afternoon from 1 - 4 p.m.

(first come- first served)

Please come to the Dental desk and register your name and note your dental problem.

**\$\$ Get Rewarded... \$\$
for attending your Dental
Appointments ON TIME!**

If you attend your appointment and arrive on time, then your name will go into a monthly draw for a

\$100.⁰⁰ Gift Certificate.

(Walk-in Clinics do not qualify)

VOLUNTEERS REQUIRED

Please if you are interested in volunteering or helping out at any Band functions please let Angie Chapman know and we are happy to have your lending hands for assistance. We would love to have more help from the community, to utilize your talents and skills.

BABIES MEDICAL & STATUS CARDS

Apply for Medical Card renewals and Status Cards for babies as soon as possible.

Contact CHR; Maggie Pettis
604-796-2177



ELDERS WISDOM PROJECT:

Angie Chapman is still currently taking names for any Elders that would like to participate in the Elders wisdom project. This project is geared towards involving the elders in the following programs that are happening here at Seabird: Parents & Tots, Preschool School, Young Parents Program, Seabird Day-care. We can arrange for transportation if Elders are needing a ride to visit the programs and we can also address any other concerns that you may have. Please follow-up with Angie if you are interested in participating.

OFF RESERVE NATIVE HOUSING

TO APPLY, YOU MUST

- 1) call **1-604-688-1821** (BC Native Housing)
- 2) complete a telephone interview.
- 3) You will then be sent a form that you must fill out and return; follow the interviewer's instructions.

Rent is based on 30% of your income, and the wait period can be long. However, Native Housing is available throughout the Province, including Agassiz, Harrison and Chilliwack!

OPTOMETRIST CLINIC

Future optometrist clinics with Dr. Ahmed

July - No Clinic
Aug. 22 and 23
Sept. 26
Oct. 24
Nov. 28
Dec. 12



Any questions or to book an appointment please contact Maggie Pettis 604-796-2177.

MOSQUITO CONTROL!!!

John Bobb is doing his best to control the mosquito populations on Seabird. However there are a lot of water sources he can not find or does not know about.

YOU CAN HELP! If you know of a water source; ponds, sloughs, water backfill,.... Please let John know so he can treat these areas. Every year he is finding new spots but as you can tell by the mosquitoes in our

AMBULANCE BILLS



Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits

(NHIB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Contact Maggie Pettis for more information at 604-796-2177

CATERING & FUND-RAISING

Please contact Angie Chapman to get on the catering/ fund-raising list for this year. You need to fill out an application and submit your food safe certificate. This also includes if you want to book a day to set-up in the foyer to sell items. Any other questions please call Angie at 604-796-6893.

BUILDING BOOKING AND MEETING ROOMS

Angie looks after booking the band gym, and all meeting rooms that are located within the band office. You need to fill out forms to do a booking. Any other questions please call Angie Chapman at 604-796-6854. Gina Gibbon looks after booking of the Millennium Hall.



Community Members wanting to place your birthday greeting in the next monthly issue. Please contact Sandy Bobb at 604-796-6838 by the 20th of the month (Limited to a simple "Happy birthday ____." Anything more may be charged a fee)

Happy Birthday..
Jason Julius Peters,
from the Peters family.



'Round The Rez

Community Events, Workshops & Outings

FITNESS CENTER

Fitness Center: Closed in the evenings effective June 27 September 6. Still OPEN DAILY 8-4; access through the front desk of the band office. (please change the fitness calendar to reflect this).

The fitness center is FREE for seabird band and community members. It is open the same hours as the band office.

BOOT CAMP

Boot camp: Monday, Wednesday, Friday 12-1 in the band gym (space dependant). Started June 20-August 8.

BIGGEST LOSER

Monthly Biggest Loser Program: Val was the staff winner- losing 17.6% of body weight. Lisa Walberg was the runner up losing 8.8% body weight. It started in the beginning of January and ended June 7th.

SUMMER PROGRAM

Summer Program begins soon! See Stacy or Keena for registration asap.

Child Care Subsidy available; covers full cost for band members!

Housing Waitlist July 2010

1 bedroom

1	27042010-018
2	16072010-20
3	16072010-021
4	01102010-023
5	10012011-024
6	1202011-025
7	28022011-026
8	30032011-027

2 bedroom

1	02222010-2019
2	07132010-2024
3	08122010-2025
4	09082010-2027
5	09082010-2028
6	11152010-2029
7	11172010-2030
8	01042011-2031
9	02022011-2032
10	02102011-2033
11	02212011-2034
12	02282011-2035
13	04142011-2036

3 bedroom

1	8142009-3019
2	8142009-3020
3	10292009-3026
4	11252009-3028
5	01012010-3030
6	03082010-3034
7	03152010-3035
8	04212010-3038
9	04212010-3039
10	10052010-3040
11	16112010-3043
12	040112011-3044
13	10012011-3045
14	3112044-3046
15	02022011-3047
16	01032011-3048
17	08032011-3049
18	08032011-30491
19	21032011-3050
20	28032011-3051

REMINDER that summer is here! With that, our yards are growing quickly! Please keep your lawn mowed, and gardens tidy. This not only helps you to not breach your tenancy agreement, but also keeps the rodents and bugs at a minimum!

For more information contact Stacy McNeil at 604-796-2177

Seabird Island Summer Program 2011

Kweleches (Greetings)!

We are excited to present the 2011 Summer Program.

Our focus this summer is on literacy and numeracy.

We will again work hard to celebrate the closing of our summer at Playland! Our fundraisers are listed on our calendar. Please ensure that your child/ren participates in all of them in order for them to join us without cost at Playland.

Our fees for this year's program are as follows:

Children in Kindergarten: \$27.50 per day.
Children in grade 1 & up: \$20.75 per day.
Please apply for government subsidy.
For Seabird band and community members: if Government subsidy is denied, please see Stacy or Keena.

Field trip payments are listed on the calendar, and must be paid prior to child/ren's attendance. All field trips will return by 3pm, unless a notice comes home indicating otherwise.

Our program will close at **3pm on Friday's** to allow for our staff to have their weekly meeting.

We are open to comments and questions, feel free to contact us!

Thank you and enjoy your summer!

Seabird Island Summer Program Staff 2011



July



Héyeqw (Fire)	In house Carnival ⁴	Fire truck visit ⁵	Story Time in the Park (Agassiz) ⁶	Ferny Coombe Pool ⁷	Bake Sale & Car Wash ⁸
Sth'óqwi (Fish)	In house Carnival ¹¹	Story Time in the Park (Hope) ¹²	Harrison Festival \$5 ¹³	Ferny Coombe Pool ¹⁴	Bottle Drive ¹⁵
Xóxtsa (Pond)	In house Carnival ¹⁸	Wildlife Program ¹⁹	Waterslides \$5/\$10 ²⁰	Ferny Coombe Pool ²¹	Sock Hop \$2 ²²
Soxweláwtxw (Barn)	In house Carnival ²⁵	The Great Escape \$5/\$12 ²⁶	Story Time in the Park (Agassiz) ²⁷	Ferny Coombe Pool ²⁸	Bake Sale & Car Wash ²⁹



August



Kw'át'el (Mouse)	Closed ¹	Story Time in the Park (Hope) ²	In house Carnival ³	Ferny Coombe Pool ⁴	Bottle Drive ⁵
Sth'ékw' (Bugs)	In house Carnival ⁸	Story Time in the Park (Hope) ⁹	McDonalds & Playground \$5 ¹⁰	Ferny Coombe Pool ¹¹	Bake Sale & Car Wash ¹²
lyes (Fun)	In house Carnival ¹⁵	Fear Factor and Cinemazoo ¹⁶	Waterslides \$5/\$10 ¹⁷	Ferny Coombe Pool ¹⁸	PLAYLAND! ¹⁹

Quotable Quotes

"Hard work beats talent when talent doesn't work hard."
— Tim Notke



"Some people focus on what they're going through; champions focus on what they are going to."
— Grant M. Bright



"Love is louder than the pressure to be perfect."
— Demi Lovato

SUMMER SAFETY

Sun Safety

- Sunburn is caused from over exposure to the sun's **ultraviolet radiation**
- Over exposure causes Wrinkles, Freckles and changes in skin texture
- Too much sun exposure, can increase your risk of developing skin cancer or cataracts of the eye, later in life
- Wear Sun Glasses
- Avoid the sun at high radiation levels, between 10 a.m. and 4 p.m.
- Apply Sun Lotion hourly each day, minimum 15 SPF or higher

Water Safety

- Drowning is the 2nd leading cause of deaths in First Nation Communities
- Use extra caution near the water
- Never go to the river or lake alone
- Wear life jackets when you are on or even near the water
- Learn how to swim, float and tread water
- Avoid Alcoholic Beverages when on or near the water
- Don't overexert yourself

Bear Safety

- Don't feed Bears!
- Always keep your yard or camp clean
- Pick all ripe fruit from the tree and on the ground as soon as possible
- Keep bar-b-ques clean and grease free
- Don't leave food out when not in use
- Use bear resistant trash cans
- Stay with a group and keep kids close at hand
- Camping or hiking; let someone know, where, & when you will return

Bike Safety

- Always wear a helmet when riding a bike
- Wear safety gear when trail riding and performing stunts
- When you ride in roads always ride with traffic & stay close to the curb
- Ride single file when riding with others on roads
- Always obey traffic signals and signs (stop signs, signal lights...)
- Use your hand signals for turning & stopping
- Always walk your bike across roads
- At night & on dark days, wear something reflective so others can see you
- Have a light on the front of your bike so you can see in the dark