



Wild Wind Storm Crashes Through Seabird Early Evening Wednesday May 19th

On what seemed like a nice calm evening... the kids were all playing outside, having fun. When all of a sudden a freak wind storm hits... In my yard tree branches started coming down like spears and Jim calls for the boys to get to safety.

In John Bobb's yard the wind blew the top off of a large cottonwood tree in the front yard. Landing on the power line to the house and tearing it and the hydro meter from the building. Inside panic struck as they located their family members and ran out of the house to safety.

Seabird Fire Department was called to the scene to help out, stopping traffic in both directions as the power line was live, lying across Seabird Rd.

BC Hydro was called and so was Peters Electric, Peters Electric was first to the scene. Mr. Peters cleaned up the wire making it safe for traffic to drive through and safe for the Bobb family to return to the house. He deemed it unsafe to hook the power line up to the house until the remaining threat from the other trees around the area are cut down.

The Bobb family is left without power for a few days until these trees can be cleared out, only then will it be safe to have a new line and meter replaced.

Please Note: *As old, dying and dead trees are a safety hazard, it is a good idea to cut them down and clear them away before they can cause serious damage to you, your families and your homes.*



Broken Tree Top

Large Tree Top & Debris



Live Power Line Down



Men's Health Day

June 30th

Join us; Dr. Fox and Dan Swan at the Band Office
**for Lunch at 12 pm
with an info session
following**

*For registration or more info
contact Kristi 604-796-2165*

DENTAL CLINIC

Effective June 2010 the
Dental Clinic will be
Open Monday - Thursday.
Closed on Fridays.



**WALK-IN clinics
every Tuesday**

afternoon from **1 - 4 pm**
(first come- first served)

Aboriginal Fun Day

Join us at the
Celebrations at the
Band Office

June 21st

*For more information
Ask Angie 604-796-6893*

Baby Welcome Ceremony

Celebrating Babies born with in the past year 2009 - 2010



On May 5th the day was filled with cuteness. As we welcomed 39 new born babies born in the past year from the seven communities Seabird Health works with as well as those living in other communities where AIDP offer services.

The babies and parents or guardians were all dressed to be honored in ceremonial shawls, sashes and scarves. A drum group consisting of Frank Andrew, Melvin Wilson, Richard Wilson and Bill Davis sang in the babies, and their escorts (families). Each family following them around the room proudly introducing their babies to the communities.

Chief Clem Seymour started off the ceremony with a welcome to the communities and the new babies. Giving his advise on treating your babies with care, in turn they will grow to respect you and take care of you. MC – Lani Beadman did a great job keeping everything on track for the day making sure to acknowledge everybody.

Even the Seabird kindergarten class joined in the



festivities and sang a welcome song to the babies.

As the afternoon progressed there was a ceremonial welcome where one of Seabirds cultural leaders, Evelyn Peters directed the families on how to welcome their babies, as they whispered happy praises in the babies ear. Then the babies were all given welcome gifts as everybody from the audience came up and gave their best wishes. Following the welcoming there was a grand lunch where everybody was free to mingle and ogle the babies.

Congratulations to the parents and welcome to our extended family, new born cousins.



Announcing the arrival of the *Best Chance Website!*

This website is a new, educational website for women, expectant parents, and parents or care-givers of children up to 3 years.

www.BestChance.gov.bc.ca

Explore this website to learn more about:

- Women's Health
- Pregnancy
- Birth
- You and Your Baby (0-6 months)
- You and Your Toddler (6-36 months)
- Perinatal Depression
- and much more!*

You will also find a variety of interactive tools! Try the healthy weight gain estimator, take a quiz, print a check-list, watch a video, or find resources in your area! This website provides lots of practical information for you and your family.



Youth Outings in June

- **Youth Age 10 – 14**

June 8, 2010: Trip to the Movies
Cost is \$5.00 and includes Transportation,
Movie Ticket, Popcorn and Pop

- **Youth Age 13 – 18**

June 29, 2010: Paintballing
Cost is \$5.00 and includes:
Transportation and a round of Paintball
Sign Up and Consent forms are located at the
Band Office.

Contact
Alexis Roper
at 604-796-2177
for more
information



On Friday April 30th we celebrated 12 individuals from the Seabird School(s) including 1 elder, Papep (Rose Pointe) as they each received their traditional names. Each of these people received names to celebrate their strength and values. The gym was full of proud family and friends supporting each of these individuals, joining together and repeating each name to make it easier to remember each of the names. Many of these names were passed on from ancestors and close family members.

Congratulations to you all.

The ceremony ended with the traditional handing out of thank you gifts to all the witnesses in attendance, including ribbons with their birth names and their new traditional names on them.



We had a great turn out for the Parents and Tots Drum Workshop May 4th, where Darren Charlie of Chehalis came in and taught a class to the parents on how to make a traditional drum. Each of the parents made one (1) drum for their children to use when they attend Parents and Tots. These new drums are to be left at Parents and Tots and will be used as a part of their daily teachings. Many of the children were so excited they dove right in and helped their parents. It was great to see everyone working together so their children can learn the beat of the drum.

Darren Charlie goes around to various communities offering workshops on making drums and telling their meaning.

The Drum is the heartbeat of mother earth and helps us to balance our energy. We use it in prayer, celebration and ceremony it is an important part of First Nation Culture. Learning to use the drum and hearing the music it makes, at this young age is an important part of bonding with your child and keeping the culture alive for the rest of their lives.





SIB School Annual Parents Day Tea

The Teachers and Students from the Seabird Elementary and High School pulled together to celebrate their parents on Friday afternoon, May 7th. Serving their parents and close family members Tea, Coffee and Strawberry Shortcake. The afternoon was also filled with entertainment from each grade. The one of the elementary classes said a prayer for mom, other classes sang songs and recited poetry. The High School strings class played instruments and the day ended with a sing off between the girls and the boys. Many of the students also took the opportunity to hand out items they created for their mom's in celebration of Mothers Day.

Each child did a great job and made your families proud. *Thank you.*

Thank you to the school for putting on such a great event that not only helps boost the children's self esteem, teaching them to speak and perform to a crowd but that also helps us to secure the family bonds. Building respect for each other young and old, this is a great tool everybody needs to live a great life and become a strong individual.



JUNE 2010 PROVINCIAL EXAMINATION SCHEDULE

DATE	SUBJECT	TIME
Tuesday, June 22, 2010	English 12	9:00 am – 11:00 am
Wednesday, June, 23, 2010	Communication 12	9:00 am – 11:00 am
	English 10	1:00 pm – 3:00 pm
Thursday, June 24, 2010	BC First Nations Studies 12 (e-only)	1:00 pm – 3:00 pm
Friday, June 25, 2010	Science 10	9:00 am – 11:00 am
Monday, June 28, 2010	Math 10	9:00 am – 11:00 am

EL GATO NEGRO

TAKE-OUT FOODS & SERVICE

MEXICAN BURRITO \$6.50

TORTILLA FILLED WITH RICE, BEAN AND YOUR CHOICE OF BEEF OR CHICKEN AND TOPPED WITH SOUR CREAM, SALSA AND CHEESE

BURRITO PLATE \$6.50

TORTILLA FILLED WITH BEEF OR CHICKEN, SERVED WITH RICE AND BEAN TOPPED WITH SOUR CREAM AND SALSA

QUESADILLA PLATE \$6.50

QUESADILLA FILLED WITH BEEF OR CHICKEN AND CHEESE SERVED WITH RICE AND BEAN TOPPED WITH SOUR CREAM AND SALSA

TACO SALAD \$6.50

CRISPY TORTILLA BOWL FILLED WITH LETTUCE, TOMATO, ONION THEN TOPPED WITH BEEF, CHEESE, SOUR CREAM AND SALSA

604-819-1782

Congratulations it's a Baby Boy!

Zena And Family have welcomed their new addition... Dawson (a Boy) was born on Monday May 10th 2010

Welcome to the family, cousin.

Membership Corner

!! Notice to Parents with new babies !!

Please come in to register your baby for a status card number as soon as possible. It will be for you and your babies benefit. Financial problems may arise if baby should take ill.

Pharmacies and other medical service providers are becoming stricter. They won't take parent's status cards for as long as they used to.



Please find attached a "Parental Consent For Registration" form.

**Thank you
Carol Hope,
Membership Clerk/IRA**

Congratulations to Zach, Seabird Island First Nation, Agassiz Elementary Secondary School, Agassiz

Zach received Secondary winner for the 2010 First Nations Traditional Knowledge and Medicine provincial poster contest. There were almost 100 entries from across the province.

If you would like to view his masterpiece. The winning posters will be posted at <http://www.landscapesmag.com>.

Helen Sutherland, Administrative Coordinator, of FORED BC would like to pass on their thanks to all the students and teachers who participated, they look forward to receiving your entries again next year.

Stó:lô Cultural Committee

Logo Contest

PLEASE SUBMIT WORK TO:

MAXINE PREVOST

OR

TERESSA JAMES

BY:

**Wednesday, June 9th, 2010
@ 4:00 PM**

**\$500.00 to the
winner!**

Contact Teresa James: (604) 824-2499

**Bldg. #5-7201
Vedder Rd.
Chilliwack, B.C.
V2R 4G5**

Spring/Fall Burning
First Salmon Ceremony
Indian Solidarity Day
Veterans Day

We would ideally like the logo to represent the five annual events that we organize.

**Phone:
(604) 847-3299
Fax:
(604) 858-4741**

Email: Teresa.James@stolonation.bc.ca



**Please note that if your logo is selected as the winner, the logo rights will become property of the Stó:lô Cultural Committee. Submissions will not be returned.*



**PARENTAL CONSENT FOR REGISTRATION
OF A MINOR UNDER THE *INDIAN ACT***

We, _____ Date of birth _____
Mother's full name (YYYY/MM/DD)

Band Name _____ Registry No. _____

and _____ Date of birth _____
Father's full name (YYYY/MM/DD)

Band Name _____ Registry No. _____

wish our child: _____

born on: _____ Surname Given Name(s) Gender: _____
(YYYY/MM/DD) (Male or Female)

Please select ONE box per question:

1. To be registered with:	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	
2. Is the child adopted:	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
3. Child resides:	<input type="checkbox"/> On own reserve	<input type="checkbox"/> On other reserve	<input type="checkbox"/> Off reserve
4. Mother resides:	<input type="checkbox"/> On own reserve	<input type="checkbox"/> On other reserve	<input type="checkbox"/> Off reserve
5. Father resides:	<input type="checkbox"/> On own reserve	<input type="checkbox"/> On other reserve	<input type="checkbox"/> Off reserve
6. The child is in custody of:	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Both Parents
	<input type="checkbox"/> Legal Guardian	<input type="checkbox"/> Ministry of Children and Family Development	

Please note: Should the child be in custody of a guardian or if one parent has sole custody, please attach a copy of the court order.

x _____
Mother's signature

Address

Address

() _____
Telephone

Date

x _____
Father's signature

Address

Address

() _____
Telephone

Date

★ Please use ink pen and print clearly ★

★★ Any errors with amendments must be initialed by all who signed ★★

★★★★ ORIGINAL LONG FORM BIRTH CERTIFICATE MUST BE ATTACHED ★★★★★

!!! New Status Cards - Not Here Yet, Coming in 2011!!!

“The new SCIS is being phased in gradually so all previously issued status cards are acceptable until they reach their renewal date.”

(SCIS), which is:

- an identity document to confirm that the cardholder is registered as a Status Indian under the *Indian Act*
- provided to assist registered Indians in accessing a wide range of programs and services
- an identity document which many service providers use as the main or sole proof that a person is entitled to receive benefits, tax exemption, etc.

New features of the SCIS:

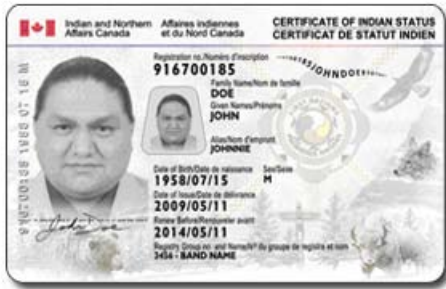
- specialized graphic design elements
- enhanced security features
- Toll-free number to check validity of card

If service providers choose, they can call **1-877-VALIDE-8 (825-4338)** and the automated system will indicate if the card's serial number is valid (i.e. not reported lost or stolen). This is only available for the new SCIS and does not apply to older versions of the Status Cards.

ACCEPTABLE STATUS CARDS:

The new SCIS is being phased in gradually so all previous issued status cards are acceptable until they reach their renewal date.

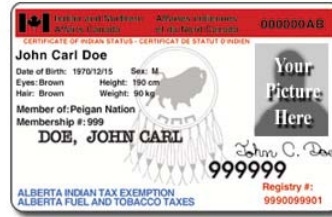
New Secure Certificate of Indian Status:



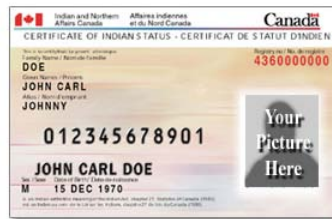
Further information...

For more information, please call 1-800-O-Canada (1-800-622-6232) TTY: 1-800-926-9105 or visit www.inac-ainc.gc.ca

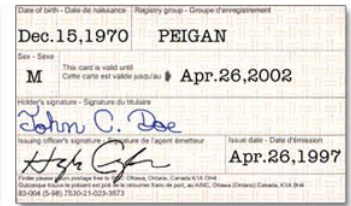
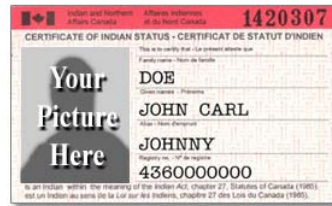
Certificate of Indian Status "All-in-One"



Certificate of Indian Status "Pilot Project"



Laminated Certificate of Indian Status



Laminated Certificates of Indian Status that do not contain a renewal date are also acceptable.

For more information on taxation regulations, please visit the Canada Revenue Agency web site at www.cra-arc.gc.ca or call CRA Business Enquiries line at 1-800-959-5525.

Indian and Northern Affairs indiennes
Affaires Canada et du Nord Canada
Affaires indiennes Indian and Northern
et du Nord Canada Affairs Canada
QS-6243-000-EE-A1
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ISBN: 978-1-100-14437-5

Natural Disaster Emergency Planning

BC Flood Risk Level for this year is Zero (0).

With lower water levels other natural and man made disasters may come in to play, like forest fires.

Natural Disasters can happen at any time and can also include earth quakes and land slides to name a few. It is a good idea to organize your individual and family emergency kits at the turn of each season, as each season comes with new risks.

It should contain enough supplies to last at least 72 hours as well as important documents, prescription medication, a flashlight, lighters, first aid kit,...

Get ready for natural disasters before they happen!

- Prepare an emergency plan and conduct an emergency drill with your family.
 - Prepare an emergency evacuation plan for your home. Each room should have at least 2 ways to escape in case one is blocked. Establish a place where your family can reunite after an emergency.
 - If you live in an apartment, know the locations of emergency exits, fire alarms, and fire extinguishers.
 - Make sure children, house guests and childcare providers know your safety procedures. By planning and practicing what to do, you can condition yourself and your family to react correctly when an emergency occurs.
 - Establish an alternative way to contact others that may not be home, such as an out-of-the-area telephone contact. During some emergencies such as an earthquake, completing local telephone calls may be difficult, it may be easier to telephone someone out of the area.
 - Know when and how to turn off [electricity](#), water and [gas](#) at the main switch and valves.
 - Always store flammable material safely away from ignition sources like water heaters, furnaces and stoves.
 - Keep fire extinguishers in your home, and know how to use them before they are needed. You should keep a fire extinguisher in high-risk areas such as the kitchen and workshop.
- Prepare and maintain an [emergency preparedness kit](#) with enough supplies on hand to be self-sufficient for at least 3 days, and preferably up to one week.
 - Candles and matches
 - Blankets
 - Warm clothes, sturdy shoes and heavy gloves
 - Check Your flashlight bulbs, batteries & additional batteries
 - Get rid of outdated water bottles and refill your supply to last 1 week
 - Water supply Chlorine bleach and instructions for purifying water
 - Alternative cooking source
 - Check the dates on canned food items and re-supply with 1 weeks supply (don't forget your manual can opener)
 - Check your first Aid Kits; medical handbook, medicines, prescriptions, band-aids,...
 - Ensure you have a battery-powered radio in working order, with spare batteries, to listen to instructions from local emergency officials.



From Sto:lo to Usarufa

Distant peoples share a common goal

By Greg Pauls

Papua New Guinea has been widely recognized as the most linguistic diverse country in the world. With an area of 452,860 km² and more than 800 languages Papua New Guinea boasts an unparalleled wealth of language and culture. Coupled with a dramatic terrain exquisitely etched by precipitous ravines, soaring mountains and graceful coastline this beautiful bird-shaped island is an exotic and ancient masterpiece among the islands of the South Pacific. Yet, as it is with every country on earth, the people of the land are the ones who truly make a place beautiful. Each contributing culture, with its unique food, dress, music and dance bring the very earth to life.

Eighteen hours time difference and some 10,800 km away on the West Coast of Canada there is a similar beauty reflected off our Pacific waters. Rocky peaks play host to the eternal ebb and flow of rain and snow pouring their life down to lush valleys and mossy coast line. A land rich in its own unique physical beauty holds with ancient arms a dazzling array of traditional cultures.

Canada's Aboriginal peoples continue to bring some of the deepest textures, rhythm, story and song the Canadian landscape.

As the people of Papua New Guinea and the coastal First Nations of Canada gaze out onto the shared waters of the Pacific both are keenly aware of the distortions in an ancient reflection. Waves of global influence, some good, others quite the opposite, are eroding and diluting the ancient traditions and cultural beauty of the land.

Central to this struggle against cultural erosion is the preservation of language. Great strength and courage are needed to stand against the onslaught of this storm, and from each side of our mighty waters amazing work is being done.

In the Eastern Highlands province of Papua New Guinea the Usarufa have been making a concerted effort to reestablish their language. As is happening among many of the people groups of Papua New Guinea, the Usarufa language, with less than 1500 speakers, is being pushed out of use. Through the pressures and influence of larger language groups, the

essential use Tok Pisin in order to communicate between language groups and an National Education system that is, for the benefit of global relevance, English based, there seems to be very little space left for Usarufa. Having recently been assessed and deemed moribund the long term viability of the Usarufa language is indeed low, but even this has not dampened the passion and focus of the leaders of this important work. With very few resources teachers have been trained and small schools are now open to young and old alike, pressing hard the value of becoming literate as well as fluent in their traditional language.

Among the Sto:lo people, work has recently been completed to deepen the aging roots of the Halq'eméylem language but there is an urgency to the work. To date there are only two fluent Halq'eméylem speakers! Against such odds one might feel that there is little hope but the opposite seems to be the case. Instead, it has spurred on cultural leaders of the Sto:lo, to use what resources they have to ensure the survival of their

language, the very pulse of the culture. In 2008, work was completed on the Halq'eméylem Integrated Resource Package and in the Fall of 2009 it was officially recognized in a special ceremony and made available throughout the Provincial educational System. The language once synonymous with the powerful currents of the Fraser River is now positioned to begin seeping back into Aboriginal and Public Schools throughout BC and Canada.

When Shari White, the High School principle, and

Evelyn Peters, the head of the Seabird Community School cultural faculty, heard of the challenges and hard work of Usarufa people, the desire to help led to immediate action. After some discussion it was decided that, as part of the High School Woodworking program, we would build a type of light weight lap top desk that could be used in the Usarufa literacy schools. The high school students were challenged to come up with a design that would be robust, handle travel, store for basic school supplies and provide a versatile writing surface. The result was a 12" X 15" X 3" (30.5 cm X 38 cm X 7.75 cm) birch and plywood box with a small divider and a lid



Continued on Pg. 10

From Sto:lo to Usarufa

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Continued from pg. 9

which could be written on but painted with chalk board paint in the event that paper became scarce. When eleven boxes were complete we put out a plea to the community to provide supplies to fill the boxes. Paper, pens, pencils, erasers and white chalk were generously supplied.

As it has turned out the boxes have become a catalyst for much bigger endeavors. Plans are now under way for a trip to Papua New Guinea! Many details will need to be arranged and a great deal of financial support raised but it is the deep desire of the school and community leaders to see a group make the trip to PNG. As it stands now we are making arrangements to connect with community leaders from the Usarufa and surrounding area to share knowledge on traditional medicines. The intention is to encourage those who have the knowledge of traditional medicines to ensure it is passed on but to also be aware of some of the key issues surrounding the protection of tribal knowledge. We will be stopping in at one or more of the schools to see how language instruction is being done and encourage the youth to participate in Usarufa literacy and fluency. Lastly, we want to participate in some sort of community support. I found out that some years back the Usarufa village of Imikori worked hard and saved funds for sewing machines in order to help cloth orphans and widows as well as others in need. Unfortunately

the sewing instructor pulled out at the last minute leaving the community with valuable pedal sewing machines they could not use. With the resources available and a number of our team being skilled seamstresses it seemed a perfect fit for us to run a three day sewing workshop for the women of that village. (If you would like more information or have resources that you would like to send our way in support or our upcoming 2011 trip please contact Greg Pauls via e-mail at gregp@seabirdisland.ca or call 1-604-796-6868.)

So as you read this article the boxes are making that 10, 800 km trip, a small act of generosity coming from a heart of understanding. For although we are separated by a vast ocean and unable to speak each other's language, we share a common purpose. We hope to stand shoulder to shoulder in the Easter Highlands in 2011. But even from this great distance we strive together to preserve and hold high traditional language and with them the cultures that are the beauty, vibrancy and vitality of our homelands. We are filled with the hope that future generations of Sto:lo and Usarufa will, from opposite sides of the globe, raise a unique voice of wisdom to enrich the peoples of the earth.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPEN 11AM-5PM FITNESS DROP IN FREE LADIES ONLY 11AM-1PM Co-Ed 1PM-5PM BEGINNERS BOOT CAMP 7PM-8PM 	Fitness Center Community/Staff: \$15 month or \$1 drop in. Non-Community/Staff: \$30 month or \$2 drop in.					OPEN 12PM-6PM MEN ONLY 12PM-2PM Co-Ed FITNESS 2PM-6PM
	ELDERS 10AM-11AM OPEN 8AM-4PM 5:30PM-8PM	OPEN 8AM-4PM 5:30PM-8PM	ELDERS 10AM-11AM BRING A FRIEND FREE (13+, PER PAID PERSON)	OPEN 8AM-4PM 5:30PM-8PM	OPEN 8AM-4PM 5:30PM-8PM	
	Evening Recreation in the Gym Community/Staff: \$1 drop in. Non-Community/Staff: \$2 drop in. Pre-Paid Cards Available! Open at 5:30pm.					
	BOXING WITH JASON CAMPBELL 5:30-6:30 CLOSED 7PM	MEN'S HOCKEY 6:30PM-8PM	OPEN 5:30-8	Co-Ed HOCKEY 6:30PM-8PM	CLOSED	
Note: Stamp cards available for fitness center. Work out for an hour 8x a month, and get entered to win a gift card!			Note: Programs may be cancelled/changed due to interest. Boxing starts up June 7th.			

Housing

Be proud to be from Seabird!

Please maintain your yards & mow your lawns.

We have thousands of people coming through our community over the Seabird Festival weekend, and throughout the summer let's show them our beautiful community!



Social Housing Policy

Please join us for an Information Session

on June 23, 2010 at 5:00 p.m.

Become comfortable with your housing policy by April 1, 2010 as the policy that your community members wrote and your council approved will be fully enforced as of this date.

Important changes such as band rental subsidy amounts, rental rates, and more will be educated over the next year through newsletter, information sessions, tenant counseling, and more.



We also encourage those to come to our session who are interested in sitting on the housing committee to review the policy for possible enhancements.

Great news!

Seabird Housing department has submitted the following proposals through INAC and CMHC:

- 12 unit construction
(currently at second stage of approval process);
- 20 unit renovation (approved, awaiting funding);
- 19 unit retrofit (approved, awaiting funding);
- 5 unit retrofit (approved, awaiting funding);
- 2 unit mould renovation (awaiting approval).

We are also currently working on submitting an additional 6 renovations for some of our older homes (awaiting tenant signatures)!. We are also at 88% completion of our work orders, 72% of our tenancy agreement documents have been renewed, and have had wonderful tenants come in to start paying off their arrears!



Housing Waitlist June 2010

1 bedroom

1	3112009-1003
2	1012009-1010
3	12022009-1013
4	03042010-2021
5	18032010-014
6	06042010-015
7	15042010-016
8	16042010-017
9	27042010-018

2 bedroom

1	6252009-2004
2	7072009-2005
3	9212009-2011
4	9222009-2012
5	1052009-2013
6	10222009-2015
7	11022009-2016
8	1012009-1010
9	01012010-2017
10	01012010-2018
11	02222010-2019
12	03032010-2020
13	03042010-2021
14	04212010-3038

3 bedroom

1	3312009-3007
2	4242009-3009
3	6242009-3013
4	7102009-3015
5	7302009-3016
6	8142009-3018
7	8142009-3019
8	8142009-3020
9	8262009-3021
10	9022009-3023
11	9142009-3024
12	10292009-3026
13	11092009-3027
14	11252009-3028
15	01012010-3029
16	01012010-3030
17	02052010-3031
18	02052010-3032
19	02052010-3033
20	03082010-3034
21	03152010-3035
22	07042010-3036
23	15042010-3037
24	04212010-3038
25	04212010-3039
26	10052010-3040



Congratulations Sun Run Participants

GREAT JOB, SUN RUN PARTICIPANTS!!!!!!

What a beautiful day to take part in the Sun Run this year! Out of the 153 people that signed up for 13 weeks training, about 65 people joined the over 51,000 runners/walkers in Vancouver for the annual event. Congrats to everyone for taking part in the training and/or Sun Run event.

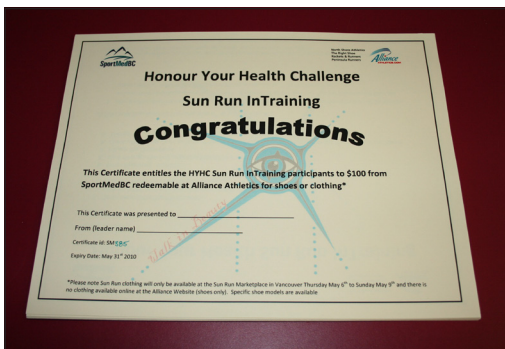
For first timers, I hope that you have caught the “bug” and join us again next year. As past participants can attest, it is something we look forward to each year. It is a great accomplishment, and each year, there are new personal goals to attain.



Now that the actual event is finished, take the information you have learned in your training and use it in your goal to get fit. The warm weather is here and we have so many beautiful parks and trails close to home. Take advantage of it and get outside with your family. Don't forget to stretch!

Way

Thank you “Honour Your Health Challenge” and “Sportmed BC” for your continued support of our Sun Run training and registration.



Check out some familiar faces times below!

Name	Race Time	Time Per Km	Place in race
Stacy McNeil	55:40	5:34	7512
Keena McNeil	1:52:03	11:13	35691
Karen McNeil	1:08:05	6:49	18203
Brandi McNeil	1:27:04	8:43	28530
Candace Robotham	1:52:04	11:13	35698
Brianna Robotham	1:52:04	11:13	35696
Walter May	1:36:11	9:26	30852
Sheldon McNeil	2:01:29	12:09	37622
Linda McNeil-Bobb	2:01:30	12:09	37623
Karla Kay	1:02:08	6:13	13175
Dianna Kay	2:25:56	14:36	39352
Evelyn Peters	2:15:45	13:35	38929
Kathleen Morin	1:09:23	6:57	19190
Amanda Anderson	1:03:33	6:22	14425
Dustin Charlie	1:03:54	6:24	14733
Courtney Charlie	1:07:22	6:45	17691
Andy Louie	1:43:23	10:21	33492

Dianna Kay's time includes packing Hunter for seven of those ten kilometers!!! (Travis packed Hunter for two and Hunter walked one) LMAO!!! What we do for our babies!!! D



Seabird Island Preschool 2009-2010 Class

Ey swáyel -

On April 30th the afternoon 4's Preschool Program witnessed "The Naming Ceremony" held at the Community School. The children and staff enjoyed being part of the cultural ceremony.

The Seabird Island Preschool started off the month of May with a project for **Mother's Day**. The children enjoyed making special cards and planting flowers for Mother's Day.

On May 7th the 4 year old's participated in a field trip to **Xá:aytem** in Mission. The children were welcomed to the center with drumming and songs. They learned about the importance of the red cedar tree; Hatzic Rock and the Pit house. It was a very cultural learning day of learning and singing. After lunch and some fun games with Mylinda, we all returned to Seabird Island. Thank you Carlene for a great day.

The children have been learning about the **Butterfly "smimeyath"**, their art is displayed at the Preschool. With the **Seabird Island Festival** approaching quickly, Culture and Transportation will be part of the Program to finish the month of May.

May 14 was our last **Seeds of Empathy Family Visit**. The children have enjoyed having Stacy bring Baby Aidan to ten Seeds of Empathy Circles. Thank you so much Stacy for taking the time out of your busy work day to bring Aidan to Preschool!!

June 2, is Literacy Night at the Seabird Island Preschool we invite registered students and their parents and/or caregivers to attend. It is a short evening of visiting, refreshments, and a Literacy flavor!!

With Grad approaching so quickly, the children have been busy with art and picture Taking!

**Preschool 2009-2010
Class *GRAD* is
Wednesday, June 9th!!**

**STUDENTS IN GRADES
10-12
PREPARE FOR
PROVINCIAL EXAMS
WITH PIZZA AND POP!!**

**Every Tuesday & Wednesday
In June**

**After School 3:00 - 5:00
At the Band Office**

**Seabird Island Band is offering Tutoring and Provincial Exam
Preparation.**

Provincial Exams are approaching quickly ...be prepared!!

Pizza, Pop and "Study Materials" will be provided.

Gifts are awarded to those who attend the group!!

Please participate and bring all of your questions and homework!

Sessions will be held at the Band Office

Tuesdays and Wednesdays after school from 3:00 - 5:00pm.

Teachers will be available to help and answer questions.

We will cover sample Provincial Exams and offer some helpful tips
and techniques to ensure success for all students.



2nd Annual Hub Gathering.

The Ye mi sqaqo:tel la xwe' lets'emo:t o Community Hub held the 2nd Annual Community Hub Gathering on March 26th, 2010 at Seabird Island Gym from 8am to 4pm.

The Gathering attracted 144 people. Nine of the eleven hub communities had representation that attended the gathering. The intention of the gathering is to update community hub members on what the Hub has accomplished in the past year. Leaders from First Nations Health Council (Mark Mathew), Fraser Health Authority (Director of Aboriginal Health, Leslie Schroeder), Seabird Health (Dann Swann, RN & Maggie Pettis, CHR), First Nations Summit (Grand Chief Doug Kelly), Dr. Evan Adams (Aboriginal Physician Advisor), and Gerald George were invited to inform and update Hub members and answer questions they had. Later in the day we spent gathering health information from the guests on Diabetes, Addiction/ Youth, Young Moms/Parenting Skills and Traditional medicines through break-out sessions.



Seabird Island Band Waste Management

Seabird Island Band envisions a ZERO waste future- Where we utilize all materials by recycling back into the marketplace or nature. Seabird Island Band commits to the following waste reduction goals.

- ✓ Commit Zero Waste Future
- ✓ Produce Less Garbage
- ✓ Reuse, recycle and compost more
- ✓ Increase Knowledge, awareness and participation

Seabird Island Band has been brainstorming on different strategies on how we can reduce the amount of waste that is accumulated within the community. In today's world it's **ALL about being GREEN.**

" We need to think about what we are going to leave our grandchildren and their grandchildren "

The Seabird Island Band will be starting a composting program in the near future.

Please contact Myra Seymour 604-796-6839 or e-mail her at myraseymour@seabirdisland.ca for more information on composting.

[facebook.com/Seabird.Island.Band](https://www.facebook.com/Seabird.Island.Band)

DRIVER'S ED. GROUP



Continuing After Provincial & Final Exams

Provincial and Final Exams are the priority!

Drivers Ed. For Youth age 15-19 will regroup throughout the Summer!!

Older Youth Please contact Alexis to set up a schedule

We will meet again and participants can study for their "L" throughout the Summer.

Get you "L" and Drive to school in September!!



Classes are completely free and it doesn't have to be your first try and the test!!

We will study together, take practice tests and be ready to get a Learners License!



**The Learners Exam is funded and completely FREE to all youth participating in the program!!
New Members Welcome!**

**Contact Alexis Roper
Youth & Elders Liaison
Seabird Island Band
604-796-2177 or 604-796-6838**

Celebrating Our Elders - Ivan McIntyre



Qwosqwesten otherwise known as Ivan McIntyre, was born on February 11, 1944. He is one of the ten children born to Sandy and Jeanette (nee Ewen) McIntyre. His siblings include: the late Maxi McIntyre, the late Larry McIntyre, the late Gerald McIntyre, Wanda, Lionel, Howard, Wayne, Glen

and Greg. Qwosqwesten has been married to his wife Diane for 20 years.

Ivan's grandparents Fred and Josephine Ewen were the first settlers on Seabird Island. They had a ranch out by the river. Ivan recalls everyone having to move away from the river during the '48 flood. They all moved up towards Hicks Lake Creek and it was Johnny Bobb that helped everyone move with his horse and wagon.

Qwosqwesten remembers that at the age of 6, being up at the dry rack in Yale. Their family started helping Chief Harry Joseph and his wife Madeline as they were elderly. The older brothers helped with the fishing, while their parents cut fish. It was Chief Harry Joseph that taught Ivan and his brothers how to hang a net. He also talked to them about the do's and don'ts of fishing, the respect and to only take what you need.

Ivan attended school here in Seabird until Grade 6. He was 15 years old when he went to work logging. Back then, the jobs were plentiful and he said, a person could quit a job one day and have a new job by the following day. However, he states; "I wouldn't have done it if I knew what I know today. The railroad, highways, fishing, we are still begging for stuff. Things we should rightfully own".

Ivan strongly believes in the strength of our youth and our elders. "We need our younger people to get their education to get into politics and make changes. We also need our elders. We need our young people to listen to what they're saying".

Ivan sits on the elders panel with Qwi: qwelstom at Sto:lo Nation. The Qwi:qwelstom Sto:lo Naiton Justice Program "focuses on relationships and interconnections of all living things and healing individuals, families and communities".

Ivan also helped to carve the beautiful welcoming figure that greets visitors as they enter on to Seabird Island. Ivan said Joe Calder was the carver and he was the helper. Ivan learned a lot from this experience and is currently working on another carving project.

Qwosqwesten also sits on the Steering Committee for the ILMT Project.

Next Family Tree Meeting

June 17, 2010 4:30 – 6:30

Bring your photos and questions
at the Band Office

Use the knowledge and wisdom of
our Elders to create a Seabird Island
Family Tree. Elders Share
their knowledge and Wisdom.

Youth learn our History and carry
our knowledge forward.

Sky Shadows

To the ends of the earth we travelled in search of a thunderbird. As we watched, a giant bird arose from the sky. Kye saw the celestial bird and stared in amazement. Never in his life had he saw something so big yet so intriguing. The thunderbird flew above briefly we took a few photos but because of the electricity around the bird you could only see the shape. Kye has always been interested in thunderbirds never did he think he would see one.

Seabird Island Employment and Education Centre

Office: 604-796-6865
Fax: 604-796-3729
Toll Free: 1-800-788-0322

2895 Chowat Rd.
P.O. Box 650 .
Agassiz, BC V0M 1A0

Referral Changes:

Attention all Employable S/A Clients

**Effective immediately the service referrals will be replaced with
“Return to Work Action Plans”**

**You will now be required to meet with a CDP in Seabird or Agassiz and
provide the Financial Aid Worker with your Return to Work Action Plan**

**Failure to provide this BEFORE S/A Cheque release day will
result in NO CHEQUE**

**Please read the newsletter for
booking appointment
procedures for the Seabird CDP's**

**For any questions, please contact
Starr Alexander at 604-796-6865**

Office Closures:

Our office will be CLOSED on the following days:

- Friday, June 4, 2010 (Employment & S/A)
Education Services available this day
- Monday, June 21, 2010 (Aboriginal Day)
Sorry for any inconvenience this may cause

April Sign in Totals

The totals for **April** Sign in sheets are as followed:

Clients in for Job Search, Research or Computer Use: 94 ↑

Clients in to meet with Trudy: 19 ↑

Clients in to meet with Starr: 154 ↑

Clients in to meet with Kathy: 5 ↓

Clients in to meet with Kelly: 18

Clients in to meet with Suzanne: 11 ↑



Please use the sign in sheet when you come into the EEC.
It helps us keep track of how many people access the
centre and our services. Even if the person you came to
see isn't in, please sign in as it will show that you stopped
by to see them. The sign in sheets goes to SNHRD and is
important to keep our centre open!!!
So please, **DON'T FORGET TO SIGN IN!!!**

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EEC Staff Schedules:

The following are the general days and hours for all the staff
in the Employment and Education Centre
(Days/times may change due to meetings,
workshops, training, appointments, etc.)

Office is closed for lunch from
12:00pm – 1:00pm

*Schedule
Change*

Trudy Sjoblom

Career Development Practitioner

Monday - Seabird - **Drop in** (8:30 – 4:00)
Tuesday - Shxw'ow'hamel (9:00 – 12:00)
- Seabird (1:00 – 4:00)
Wednesday - Seabird (8:15 – 12:00)
- Chawathil (1:30 – 4:00)
Thursday - Seabird (8:15 – 4:00)
Friday - Seabird (8:15 – 12:00)
- (Off in the PM)

*Schedule
Change*

Kathy Smart

Career Development Practitioner

Monday - Seabird (8:00 – 12:00)
- Cheam (12:30 – 3:30)
Tuesday - Seabird (8:00 – 11:00)
- Mission (12:30 – 3:30)
Wednesday - Seabird (8:30 – 3:00)
- **Drop-in Day**
Thursday - Seabird (8:00 – 12:00)
- Cheam (12:30 – 3:30)
Friday - Seabird (8:00 – 11:00)
- Mission (12:30 – 3:30)

Suzanne Ellis

Admin Support Worker

Monday - Friday
8:00 - 4:00

Kelly Chapman

Student Services Worker

Monday - Friday
8:30 - 4:00

Starr Alexander

Social Development
Administrator

Monday - Friday
9:00 - 4:00

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Staff Changes

Farewell Jackie Hultman

Jackie Hultman has resigned from her position as the Employment and Education Supervisor. Her last day was on May 28th.

Jackie has enjoyed her short time here and felt privileged to work with the Seabird Band and is sorry to have to leave.



Farewell from the Employment and Education Centre Staff. We are saddened to see you leave and you will be missed!!!

Best of luck to Jackie on your future endeavors !!!

Following up with your CDP:



Our CDP's are here to assist you with your Pre-employment and education goals and are happy to do so.

So to ensure that we are still here to help you, please let your CDP know if you **have found employment**. This counts as a **very positive stat** for us and is part of what helps to keep our centre **OPEN and available to you**.

And, for whatever reason, should that job not work out, you are always more than welcome to meet with your CDP again for more job search assistance.

So please follow up with your CDP and keep them in the loop of your employment search. Thank you in advance.

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Client success stories for the month of April:

Employment Department:

Congratulations to our clients who were successful in Securing Employment:



- ★ Rosalie as an Administrative Assistant
- ★ John as a Custodian
- ★ Kevin, Myles, Felix, and Greg doing Brushing

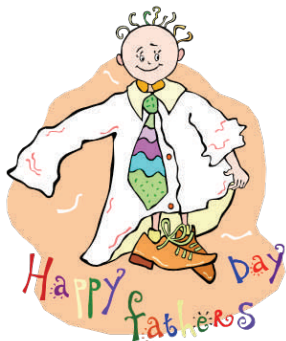


3 1-hour Computer Training Sessions held one-to-one with Suzanne - Basic Computer Training, Microsoft Word, Excel, Publisher and Internet Explorer
(Call to book an Appointment)



Workshops are offered weekly in Seabird, Cheam, Chawathil and Shxw'ow'hamel. Last month we held an SOI Workshop

Please call the office or talk to Trudy or Kathy for Upcoming workshops for Seabird, Cheam, Chawathil and Shwo'ow'hamel



A reminder that Father's Day is on Sunday, June 20, 2010

NEW

On-call work list

If you would like to be on our On-call list for small work opportunities, please see your CDP or call the centre and ask to put your name on the list.

This way when someone asks who we have that could work, we can go through the list and give you a call to see if you are interested and/or available.

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Employment Department:

Booking Appointments:



If you would like to meet with one of the CDP's to assist you with your resume, cover letter, skills training or job search, you can book an appointment through Suzanne at 604-796-6865 or drop in and book an appointment at the EEC Reception desk.

Your punctuality and participation for your booked appointment is appreciated and **your call for cancellations or to reschedule is greatly appreciated** as our CDP's have been very busy and are booked right now for up to 1 week in advance. Please book **1-2 weeks in advance**, especially with the new Action Plans, if you need our services by a certain day. (e.g. Job posting deadline, training, funding, referrals, etc.)

And due to the number of no-shows, unfortunately, we are no longer accepting appointments made by other people. You must call or come in **yourself** to book an appointment. You can no longer ask someone to book for you or call on your behalf.

Sorry for any inconvenience.

Reminder: Basic Computer Training & Services/Training/Certificates



- A reminder that Suzanne will be offering basic computer training on a one to one basis to show you the basics of the computer, Microsoft Word/Excel and Internet. Please call to setup an appointment with her if you are interested.
- For short-term Skills Training Certification, please book an appointment with our CDP's
- We also have computers and resource material available to do job search, education research and Typing Tutor.
- And our friendly staff is always willing to help if you need any assistance.

Helpful Websites:

www.buildingfuturestoday.com (First Nations Site)

www.jobbank.gc.ca

www.wowjobs.ca

www.bcclassified.com

www.workinonet.bc.ca
(Job & Education Assessment)

www.fraservalleyjobs.com

www.aboriginalcanada.gc.ca
(First Nations Site)

New Site

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Education:

Post-Secondary Application Deadlines

Deadlines for **completed** applications for all post-secondary students are:

For September (Fall) enrollment

May 1st

For January (Winter / Spring depending on institution)

October 1st

For May (Spring / Summer depending on institution)

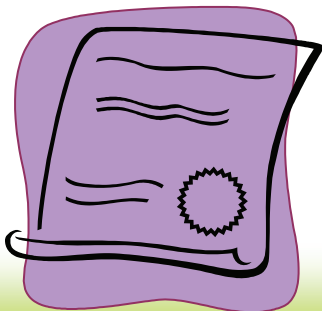
January 1st

For further information please contact:
Kelly Chapman - Student Services Worker
At 604-796-2177 ext. 5002 or
kellychapman@seabirdisland.ca

Come in **BEFORE MAY** to fill out the Application form. Applications received after the deadline will be held and put on a waitlist, until it has been determined whether funds are available.

Education & Community Service Awards Ceremony

Annual Year End Awards Ceremony, recognizing and honouring the accomplishments of our students and community members for all of their hard work and effort throughout the year.



When: Wednesday June 30th, 2010

Where: Seabird Island Band Office Gym

Time: 5:00pm-8:00pm

Seabird Island Employment and Education Centre

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Education:

High School Students Grade 7-12

High School Students Grade 7-12:

Student allowances will be distributed 3
times per year -
December '09, March '10 and June '10



The LAST student allowance payment will be
available for pick up on **June 30th, 2010.**

Students will be able to pick up their student allowance on June 30th from the Student Services Worker located upstairs in the Employment & Education Centre at the Seabird Island Band Office.

If you are unable to pick up your allowance please contact the Student Services Worker to make arrangements for someone else to pick it up.



Student Allowances will **NOT** be released without the students consent.



The \$\$\$ amount you receive for your allowance is based on your attendance.

So if you have **more than** 5 unexcused absences you **will not** receive a student allowance for that month.

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Education:

**Congratulations to all of the students
who made the Term 3 Honour Roll at AESS**

A Honour Roll:

*Brianna Robotham
Brooke Bobb-Reid*

B Honour Roll

*Faylen Jenkins
Siequallynnda McNeil-Bobb
Zackery McNeil-Bobb
Ashton Penner*

*Tristan Harris
Ashley Armstrong
Artie Andrew
Jordon Edmondson*

Effort Honour Roll:

*Siequallynnda McNeil-Bobb
Brianna Robotham
Brooke Bobb-Reid
Shayla Harry
Artie Andrew
Chanea Gabriel
Boone Harry*

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Social Development Department:

Social Development is available to temporarily provide financial assistance to anyone 19 and over who is currently trying to find employment.

Social Development currently has **151** signed up for financial assistance as followed:

- Employable Singles – **52** (Able to work)
- Employable Families – **28** (Able to work)
- Unemployable PPMB & PWD – **49** (Unable to work)
- WOP – **6** (Employed through Work Opportunity Program)
- GFA - **16** (Guardian Financial Assistant)



**1st
STEP**

If you are over 19 and need to temporarily apply for financial assistance, you will have to do the following FIRST:

- Get a copy of your Tenancy Agreement from Housing
- Fill out the Service Referral Form
- Meet with one of our CDP's (Call to make an appointment)

NEXT

Once you have completed all of the above, you can then call to make an appointment to meet with Starr for a Financial Aid application at 604-796-6865.

New Cheque deadlines and release dates

During the transition of our new Financial Aid Worker and our new Employment and Education Supervisor, Social Assistance cheque deadlines and release dates will be changed.

Return to Work Action Plans and Service referral slips will be due approximately 1 week earlier than normal. **Please make sure you get your service referral filled out and handed in on time** to avoid a missed or late cheque.

Sorry for any inconvenience this may cause

Referral DEADLINE

Friday, June 4, 2010
Friday, July 2, 2010
Friday, August 6, 2010
Friday, September 3, 2010

Cheque Release

Monday, June 28, 2010
Wednesday, July 28, 2010
Friday, August 27, 2010
Tuesday, September 28, 2010

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Social Development Department:

Drop In Office Visits / Appointments

In order to provide maximum service and availability to community members in regards to Social Assistance, I currently have a schedule that enables me to manage and utilize my time as efficiently as possible.

If you need to apply for Social Assistance, have any questions, or have concerns that you wish to discuss **please book an appointment in advance** for an office visit. This will enable me to book time aside so we may have an undisturbed quality visit.

Be sure to keep your booked time, and have the kindness to call if you cannot make your appointment, as there are other clients waiting

Be advised that there is a good chance that I already have booked appointment(s) and/or other scheduled engagements, drop in at your own risk.

Thank you to those who have been booking and keeping appointments. You are helping me to keep up with other responsibilities, obligations and deadlines that I have... Much appreciated ☺

Social Assistance Monthly Renewal Declaration Slips

As Social Assistance Clientele / Recipients you are aware that you must complete a Social Assistance Monthly Renewal Declaration Slip (little white slips) and a Return to Work Action Plan on a monthly basis if you require continuing Social Assistance.

Every person applying for or receiving social assistance has certain rights and responsibilities. One of the responsibilities of applicants and recipients is to complete all required eligibility forms in a proper manner.

Clientele have been submitting these forms **incomplete**. Your Band Name and Family number are two of the important details that help to identify you as a client. If you **do not** have your Band Name and Family Number on your renewal and all of the questions asked are not addressed, a cheque **cannot/will not be processed**. This is one of the eligibility forms that are required to be completed for your file.

Also, some people have been putting incorrect status #'s as a joke. **This is not a joke**. If we cannot read your signature and cannot match your status #, **you will not get a cheque**. So please **PRINT** your name under the signature area and put your **CORRECT status # !!!**

CHEQUE RELEASE DATES TO REMEMBER

JULY 2010

***Return to Work Action Plans,
Service Referrals and S/A Monthly
Declaration slips***

Due : Friday, June 4, 2010

Social Assistance Cheque Release Day

Monday, June 28, 2010

AUGUST 2010

RETURN TO WORK ACTION PLANS, SERVICE REFERRALS AND S.A. MONTHLY DECLARATION SLIPS

DUE BY: FRIDAY, JULY 2, 2010

SOCIAL ASSISTANCE CHEQUE RELEASE DAY:
WEDNESDAY, JULY 28, 2010

Remember to book your appointment with our CDP's for your referral form. Please book at least 1 week in advance as they are very busy and you may not get in to see them right away. If you wait for a day or 2 before referrals are due, you may not get in to see them and could result in a late referral and late cheque.

B.C. Family Bonus & Child Tax Benefits

If you require information about your child tax benefits, G.S.T. or if you have any tax related questions regarding your entitlement for Tax Returns please contact Canada Customs and Revenue Agency.

**G.S.T. – 1 - 800 - 959 - 1953
Released July 5, 2010**

**BCFB & CTB – 1 - 800 - 387 - 1193
Released June 18, 2010**

(In accordance to the C.C.R.A. website)

Seabird Island Doctors Office

NEW HOURS

**Dr. Fox is now available
Mondays & Fridays**

~ Walk-in Clinic ~
Tuesdays 1 pm – 5 pm

Booked Appointments:

Dr. Fox	Mon.	10 am – 5 pm
	Tues.	10 am – 12 pm
	Wed.	10 am – 5 pm
	Thur.	10 am – 1 pm
	Fri.	10 am – 3 pm
Dr. Beaulieu	Thurs.	10 am – 5 pm
	Fri.	10 am – 4 pm

Dr. Kyba (Naturopath)

June 9th
June 23rd

To book an appointment, please
call: Kristi McNeil,
Medical Office Assistant



604-796-2165

BOY'S & GIRL'S GROUPS

TUESDAY'S

Girls age 7-12
from 3:00 - 4:15

Youth Girls age 13-18
from 4:30 - 6:00

WEDNESDAY'S

Boys age 7-12
from 3:00 - 4:15

Youth Boys age 13-18
from 4:30 - 6:00



*If you have any
questions please call
Melissa Nielsen
at 604-796-0198*

*Please make pick-up arrangements for your
children and youth to return home safely.*

Team BC

Fraser Region (Burnaby-Boston Bar).

Fraser Region Tentative dates for

Soccer ID Camp

- first step to representing Team BC



For youth that will be 13-19 years old in 2011, and for
coaches interested in coaching

June 12/13 location and time TBA

June 26/27 location and time TBA

July 17/18 location and time TBA

July 24/25 location and time TBA

We will have an excellent selection team on site. We are
currently working with 4 communities to confirm their
availability as a host, and will send that information as
soon as it is confirmed.

**For more information, please contact your
Fraser Region Team BC representative,
Stacy McNeil 604-796-2177**

UPCOMING TRAINING:

ABORIGINAL EARLY CHILDHOOD EDUCATION

Join us for our
INFORMATION SESSION

Courses to begin June 2010



Wednesday
June 2nd at
5:00 PM

Entrance Requirements:

- English 12 (C+) or ENGL 060 (offered in June 2010)
- 40 hours of volunteer and/or work experience in a licensed group, pre-school or childcare facility under the supervision of a qualified Early Childhood Educator.
- Medical Clearance form and Immunization Record form completed.
- A professional letter of reference from an individual working in the childcare or education field.

SEABIRD ISLAND BAND OFFICE
Gina Gibson or Candace Robotham
2895 Chowat Rd. Agassiz, BC, V0M1A0

This program is offered in partnership
between Seabird Island Band and NVIT.

All applicants are required to attend an
information session on Wednesday, June 2nd at 5:00
at the Seabird Band Office.



SEABIRD ISLAND
EARLY CHILDHOOD TRAINING
PROGRAMS

CALL TODAY! ginagibson@seabirdisland.ca

604.796.2177

Registration packages available.

'Round The Rez

Community Events , Workshops & Outings

ELDERS BAKE SALES

Every Tuesday & Thursday in the Band Office Entrance. The Elders host this sale to fund-raise for their next adventure.

ELDERS TRAVEL CLUB

If you are interested in being part of the Elders Travel Club please let Angie know. We are looking for any involvement from the Elders in the community. No location has been decided for their next trip but suggestions have come in from many different destinations. We are planning another meeting in the up-coming months and you will be notified if you have stated you want to participate.

UPCOMING EVENTS

For more information on events, please contact **Angie Chapman at 604-796-6893**

Community Education Awards June 30th
please contact **Angie Chapman at 604-796-6893**

OPTOMETRIST CLINICS

Dr. Ahmed will be here on the following dates:

June 21st

July 26th

August 30th

September 20th

Please contact CHR's
Maggie Pettis or
Chaundine Quipp
for prior approvals



Call: 604-796-2177

CATERING & FUND-RAISING

Please contact **Angie Chapman** to get on the catering / fund-raising list for this year. You need to fill out an application and submit your food safe certificate. This also includes if you want to book a day to set-up in the Band entrance to sell items. **Any other questions please call me at 604-796-6893.**

FACILITY BOOKINGS

Angie Chapman looks after booking the band gym and all the meeting rooms that are located with-in the Band Office. You need to fill out forms to book any or all of these rooms. Any other questions please call 604-796-6893.

Gina Gibson looks after booking of the Millennium Hall.

VOLUNTEERS

If you are interested in volunteering or helping out at any Band functions please let Angie know. We are happy to have your lending hands for assistance. We would love to have more help from the community, to utilize your talents and skills.

PARDON ME?

Do you have a criminal record holding you back?

Been packing it around too long?

Come in and see Genna for the Pardon application and she'll help you unload that baggage.

The \$25.00 fee will be covered for community members.

Contact Genna Joseph for more information at 604-796-2177





'Round The Rez

Community Events , Workshops & Outings

COMMUNITY SUBMISSIONS

The Seabird Island Yoo Hoo is your community paper. Please feel free to send in the following for publication.

- Story Ideas
- Photos
- Classified Ads
- Births
- Passings
- Anniversaries
- Birthdays
- Thank you notes

Have a question or comment?
A bouquet or brick?

Send it to the Yoo Hoo

It's your community,
It's your voice.

Yoo Hoo

E-mail to: sandrabobb@seabirdisland.ca

Or drop off at the reception desk at the Band Office

All submissions are due no later than the 20th of each month!

FREE HEARING CLINIC

Monday June 14th, 2010

10 am to 4 pm

Limited Appointments Available (16+)

Call or sign up at the Seabird Medical Clinic or contact Maggie Pettis at 604-796-2177



DENTAL CENTER

!!! NEW HOURS !!!

Effective June 2010 the Dental Clinic will be **Open Monday - Thursday.** Closed on Fridays.



WALK-IN CLINICS

Every Tuesday

afternoon from 1 - 4 pm
(first come- first served)

Please come to the Dental desk and register your name and note your dental problem.

\$\$ Get Rewarded... \$\$

**for attending your
Dental Appointments
ON TIME!**

If you attend your appointment and arrive on time, then your name will go into a monthly draw for a

\$100.⁰⁰ Gift Certificate.

(Walk-in Clinics do not qualify)

'Round The Rez

Community Events , Workshops & Outings

AMBULANCE BILLS

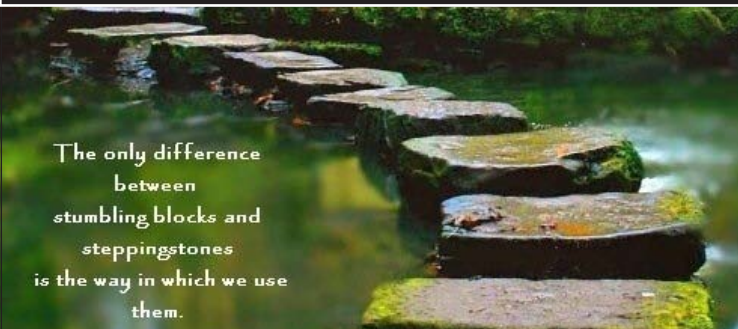


Please submit ambulance bills to Maggie Pettis as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-

Insured Health Benefits (NHIB). Anyone with a Status Number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

Contact Maggie Pettis for more information at 604-796-2177

WORKSHOPS



Goals, plans and changes

Ready, get set....go!

Learn to use a tried & true model for CHANGE to develop realistic plans with greater chance for success

(This workshop is a follow up session from May 5th BUT you do NOT have to have taken the previous workshop to attend this one)

Bring your ideas for personal goals and we will help you set a "do-able" plan into motion

When: Wednesday June 2 10AM-3PM

Seabird Island Band Office

Please contact Amy Pettis 796-2177 for more information and to register

Presented by Hope & Area Transition Society

WORKSHOPS

Summer 2010 - June to September
Parenting Program

2 sessions per month for 2-3hrs per session

If you are interested please contact Amy Pettis 604-796-6234 to register

Week 1

Child Protection
Investigation process
Roles of the workers
Reducing the concerns
Communicating with the professionals
What help can u get in a case

Week 2

What are Parenting Skills?
How to understand and develop your own family:
•Values and Beliefs
• Rules
• Responsibilities
• Goals

Week 3

How to Plan shared parenting
What is your parenting style
Single Parenting
Single Dads

Week 4

Ways to reduce parenting stress
Coping with Frustration
To spank or not to spank?
Positive Discipline

Week 5

Child self esteem
Ways to improve parent child bond
Things you never say to children
How to set personal boundaries

Week 6

Family Communication
Sibling Rivalry
Time Management
Daily Routine





'Round The Rez
Community Events , Workshops & Outings



Happy Fathers Day Dad(Tracy) love Billy & Trish, Ghennadiene & William, Mac-Antonio and Ash, Meeshka, Chrystal-Lynne, Sheila, John

Happy Fathers Day Grampa Trace Love Katona, Emillie-Jean, Maleek, Trinity, Zalphire, Marc-Antonio Jr, Meka, Exzadius, Lacinda.

Happy Fathers day Dad, Grampa , Great grampa, you are the best love Starr + Trace and your 8 grandchildren and 9 great grandchildren Thankyou for being our cedar Tree.

Happy Fathers Day Daddy Love Marc-Antonio Jr

Happy Fathers Day Daddy Love Katona, Maleek, Trinity, Meka

Happy Fathers Day Daddy Love Lacinda Blew-Reyne

Happy Fathers Day Daddy Love Emillie-Jean, Zalphire, Exzadius

Happy Birthday Mom and Grandma Crissy Armstrong love Alfred3rd, Blaine, Lacinda Blew-Reyne.

Happy Birthday and Fathers Day Dad (Henry Jr) love Billy & Trish and from your grandchildren, Katona, Maleek, Trinity, Meka

Happy Birthday and Fathers Day Grampa (Henry Sr) love Billy Trish and your great grandchildren Katona, Maleek, Trinity and Meka

Also CONGRATULATIONS KATONA MICHELL(Peters) for being one of the two top regional winners for the Regional Heritage Fair, YAAAAY, We are all so proud of you love gramma Starr and Grampa Trace and all your aunts and Uncles,, You go Girl. Katona did a piece on her Great grampa Moody Michell the judges said they were impressed with her knowledge and competence of the subject also the way she presented it to them.

Smimeothe, (Starr Alexander)

Wedding Date Change

William (Billy) Henry Peters and Patricia Michell have moved their wedding date from June 5 to July 24th 2010.

Billy's, Parents Starr and Trace Alexander and Henry and Loretta

Thomas Patricia's parents are Phillip and Gail Michell.

Billy's grandparents are Tony Sr and Leona Peters and Henry Sr and Myra Thomas.



EMPLOYMENT OPPORTUNITIES

Position Title: Communications Officer
Department: Health & Social Development
Responsible to: Director, Health & Social Development
Purpose of the position: Under the supervision of the Director, Health & Social Development, the Communications Officer will be responsible for the development and implementation of all communication strategies for Seabird Island Band.
Qualifications:

- Degree in Communication, Liberal Arts, English, Marketing or equivalent education and training
- Two to five years practical professional work experience in researching, writing and communicating.
- Must be familiar with multiple types of communication including web management
- Superior computer skills (MS Word, MS Excel, MS PowerPoint, Publisher)
- Knowledge of conducting surveys, analyzing data, producing reports including graphs and policy writing
- Excellent oral and written communication skills with the ability to effectively deliver information verbally, visually and web based
- Ability to multi-task, practice effective time management and work under pressure.
- Knowledge of the Sto:lo Culture, traditions and language would be an asset.
- Satisfactory criminal records check

Primary Responsibilities:

- Develop documents and manuals
- Write high quality, clear and timely documents and communication materials – i.e. brochures, posters, newsletters, etc.
- Research and gather information to report to the management team
- Design and organize an emergency plan and administer a Health & Safety committee

Position Title: Employment, Training and Social Assistance Program Supervisor
Department: Health & Social Development
Reporting to: Director, Health & Social Development
 Reporting to the Director, Health & Social Development Department, this position is responsible for the efficient development, implementation and evaluation of training programs, job placement services and supervision of the Social Assistance Program.
Qualifications:

- Formal post-secondary education with certification in Management and Employment Counselling
- Experience as a Career Practitioner evaluating employment readiness skills and identifying barriers as well as employment services and social assistance
- Computer skills including Microsoft Office Suite
- Excellent oral and written communication skills
- Good organizational, time management and prioritizing skills
- High level of sound and independent judgment, reasoning and discretion
- Must be able to maintain absolute confidentiality and respect information concerning EC clients, fellow employees and members of the community
- High professional and ethical skills
- Experience working with First Nations communities would be an asset
- Knowledge of Sto:lo culture, traditions language would be an asset
- Satisfactory Criminal Records Check
- Valid BC driver's license and reliable transportation

Specific Responsibilities:

- Identify the needs of the aboriginal community regarding future training and employment
- Plan, develop, implement and evaluate training programs
- Facilitate employment workshops and interventions to ensure that clients receive professional support and guidance
- Identify and recruit appropriate employer / training sites
- Supervise and manage the EPT and Social Assistance staff.
- Develop proposals for funding assistance, oversee and manage a skills development budget as well as the EPT annual budget for operation. Prepare monthly and annual reports
- Interview clients to obtain employment history and determine interests, aptitudes and abilities
- Maintain confidentiality of professionally acquired information
- Provide services in a non-judgmental manner
- Provide services promptly and respectfully
- Provide services fairly, equitably and in an unbiased manner



EMPLOYMENT OPPORTUNITIES

Interested candidates should submit an application and resume to:

SIB Summer Career Placement #2895 Chowat Rd PO Box 650 Agassiz, BC V0M 1A0

FAX: 604-796-3729 email: Jackiehultman@seabirdisland.ca

Summer Student Placement Employment

SECONDARY POSITIONS

Position title: Summer Recreation Worker (6)
Department: Health and Social Development - Recreation

- Qualifications:**
- Enrolled in fulltime high school studies during 2009 - 2010, and returning fulltime in September 10.
 - Ability to interact and work with children and youth.
 - Able to work with a team and take instruction for delivery of program.
 - Willing to work flexible hours.
 - First Aid, Food Safe and or Babysitting training and certificates would be an asset.
 - Excellent verbal, written and listening skills.
 - Knowledge of the Sto:lo culture, traditions and language.
 - Participants must successfully complete a criminal records check.

- Primary Responsibilities:**
- To assist with the supervision of large groups of children or youth in a recreational setting or activity.
 - To assist in keeping the community informed as to activities planned each week.
 - To submit biweekly activity reports with timesheet.
 - To be familiar with and adhere to the Seabird Island Band's Personnel Policies and Procedures and to sign and adhere to the Oath of Confidentiality.

- Shared Responsibilities:**
- To participate in community activities and functions as requested by Chief & Council.

Wage: \$8.00 per hour **Start Date:** June 28th, 2010 **Term:** 8 Weeks
Hours of employment will be determined by the Program Manager/Supervisor of the Department and will not exceed a total of 280 hours.

Applications Due: Monday, June 14th, 2010 by 12:00 p.m.
Start Date: June 28th, 2010

Position: **Coordinator, Seabird Island Bear Bus Program Maternity Leave Replacement**
Department: Health & Social Development
Responsible to: Early Childhood Program Supervisor & Manager

Purpose of the Position:
The Seabird Island Bear Bus program is designed to promote parents as a child's most important teacher. Also, the program will provide support so that children learn pre-literacy and literacy skills and develop a life-long love of learning. The coordinator will ensure the efficient development, implementation and evaluation of the mobile early literacy program for Aboriginal children.

- Qualifications/Requirements:**
- Early Childhood Education Certificate and/or degree in a related field
 - Experience in program planning and supervision
 - First Aid and CPR certificates
 - Experience working with First Nations children would be an asset
 - Valid Class 4 B.C. driver's license an asset
 - Ability to develop and maintain a warm, caring, responsive relationship with children
 - Good written and oral communication skills
 - Awareness and knowledge of Sto:lo traditional culture, traditions and language is an asset
 - Satisfactory Criminal Record clearance

- Duties and Responsibilities:**
- Implement the Bear Bus programs in a professional, ethical and efficient manner
 - Develop and evaluate developmentally and culturally appropriate activities that support pre-literacy and literacy skill development
 - Conduct developmental screening of the children in the Bear Bus Program
 - Aid in developing peer relationships and social behavior
 - Compile reports and maintain records

Salary will commensurate with experience. Flexible 35 hour per week schedule determined by supervisor.
Starting Date: As soon as possible

Summer Student Placement Employment

POST SECONDARY POSITIONS

Position title: Summer Recreation Facilitators (3)
Department: Recreation Manager, Health & Social Development

- Qualifications:**
- Enrolled in fulltime post-secondary studies during 2009-2010 and returning to post-secondary studies in September 2010.
 - Experience in working with children and youth.
 - Experience working in the hospitality industry will be an asset.
 - Ability to work as a member of a team, as well as the ability to effectively interact with children and youth.
 - First Aid, Babysitting, Super Host, First Host, Food Safe, and or Customer Service training/certificates would be an asset.
 - Valid driver's license an asset. Willing and able to work flexible hours
 - Ability to balance competing priorities and work well under pressure.
 - Excellent verbal, written and listening skills to accurately prepare and submit activity reports.
 - Knowledge of the Sto:lo culture, traditions and language.
 - Participants of 17 years of age and over must successfully complete a criminal records check.

- Primary Responsibilities:**
- To develop and coordinate summer sports and recreational activities for the children and youth in the community.
 - To assist in keeping the community informed as to activities planned for each week.
 - To attend regularly scheduled department meetings as requested.
 - To submit monthly narrative report of activities by the first Friday of each month for the previous month's activities to the supervisor as well a bi-weekly report with timesheets.
 - To be familiar with and adhere to the Seabird Island Band's Personnel Policies and Procedures and to sign and adhere to the Oath of Confidentiality.

- Shared Responsibilities:**
- To participate in community activities and functions as requested by Chief & Council.

Wage: \$12.00 per hour **Start Date:** June 7th, 2010
Term: 13 weeks **hours to be determined by the Supervisor** - Flexible to a max of 455 hours for the summer placement term
Applications Due: Thursday May 28th, by 12:00 pm
Interviews will be conducted and completed by the end of business on Friday May 21st to commence employment on Tuesday May 24th, 2010.

STO:LO TRIBAL COUNCIL

(4) Post Secondary Student Positions Available

The Sto:lo Tribal Council's mission is to develop and promote a self-reliant government that revives and practices Sto:lo Cultural values while it re-establishes self-government and restores healthy communities. The Sto:lo Tribal Council is now accepting Applications for 4 Post Secondary Summer Student Employment. We are looking for 4 post secondary students to work in the administration. The students selected will have an opportunity to work with STC staff in various areas as a researcher and/or in administration, one student will work directly with the Future of Fraser Salmon Project. We will be reviewing applications as we receive them and you may be called in for an interview by June 2-4.

If you are interested in becoming a part of the Sto:lo Tribal Council Team please come in to the main office to fill out an application and submit your resume. Attention Martha Fredette.

STC main office is located at 2855 Chowat Rd. next to the Seabird Island First Nations Band Administration Office.

Only those short listed will be contacted for an interview.

For more information please contact Martha Fredette at 604-796-0627

Wages: \$10.00 - \$12.00 per hour **Start Date:** June 7 - Sept 3, 2010

Closing Date June 4, 2010

Pursuant to section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal Ancestry.

We regret that we will only respond to those applicants chosen for an interview. We thank all applicants for their interest.

Men's Health TAKE CARE OF YOURSELF *Body, Mind & Spirit*

**Contact your doctor with
your health concerns!**



PROSTATE CANCER - *early detection is key*

Prostate cancer is *the most common cancer found in men after skin cancer and is the leading cause of deaths from cancer.*

Screening tests can find the disease early, sometimes before symptoms develop, when treatments are most effective. It is recommended to begin yearly screening starting at the age of 40. *Talk to your doctor about PSA screening for cancer of the prostate.*

SEXUALLY TRANSMITTED INFECTIONS - *preventable by limiting your number of intercourse partners and with condom use.*

A sexually transmitted infection is an infection or disease that is be transmitted by unprotected sex.

Human papilloma virus (HPV) or Genital lesions (warts) appearing on or around your genitals and anus are usually painless but can itch and may bleed or become inflamed. Once you're infected it can take 1 to 3 months for warts to appear. There is a vaccine to prevent specific types of HPV infection, and **vaccinating young men before they become sexually active may also help prevent the spread of HIV (aids).** Talk to your doctor if you are about to be or are sexually active.

ED - *Detector for Chronic Diseases*

Depression, poor self-esteem, and anxiety are only a few things that can short-circuit the process that leads to an erection.

In some cases, ED (erectile dysfunction) can be a warning sign of more serious disease. ED can be a strong predictor of heart attack, stroke, and death from cardiovascular disease.

Other conditions that may cause ED include cardiovascular disease, atherosclerosis (hardening of the arteries), kidney disease, and multiple sclerosis. These illnesses can impair blood flow or nerve impulses throughout the body. (Nearly 1 out of every 2 men with diabetes experiences ED.)

Lifestyle choices such as Smoking, excessive drinking, and drug abuse may damage the blood vessels and reduce blood flow to the penis. Lack of exercise and extra weight are other possible risk factors.

