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the Sq'ewqel
Seabird Island

YOO HOO

Telxwi:ts' ~ "Leaves are falling" ~ (November) 2023



Truth & Reconciliation Dinner

The Truth & Reconciliation Dinner was an eagerly anticipated event that attracted a remarkable crowd of over 180 individuals. The occasion had been meticulously planned to foster understanding, healing and unity, which served as a testament to the survivors and a remembrance of those who did not return.

Guests were warmly welcomed with open hearts and open arms, creating an inviting and inclusive atmosphere for all who attended.

The true stars of the evening were the Elder survivors, who had endured the residential schools and emerged as beacons of resilience and wisdom. As such, they were the honored guests of the night. Upwards of thirty-five Elders were ceremonially blanketed as a gesture to honour and recognize their strength and

commitment to healing their families and the Community.

The room was alive with laughter, stories and the comforting aroma of delicious food as families gathered around tables to share a meal. The community openly expressed their desire for understanding and reconciliation. The evening's discussions revolved around the importance of acknowledging the past, learning from it, and forging a path towards a brighter future.

As the night drew to a close, both hearts and stomachs were full, filled with hope for a better tomorrow.

*Written by
Sandra Bobb
Photos by Jasmine
Paul-Louis*



INSIDE

SICS: Physical Education.....	pg. 2
Fire Department Food Drive	pg. 2
Soccer Team Rec. Truth & Rec	pg. 3
Costruction Projects.	pg. 3
Thanksgiving Hampers.....	pg. 4
First Nation Premier	pg. 4
Winter is Coming	pg. 5
Self-Care + Self-Love	pg. 5
Elders News.....	pg. 6-7
Bed Bugs	pg. 8
Lice are Back What Should I Do?.....	pg. 9
Hamper Hoopla / Form.....	pg. 10-11
Community Calendar.....	pg. 12-13
Membership Committee	pg. 14-15
Tip for Lowering Your Electricity	pg. 17
Housing Wait-List	pg. 17
Pet News	pg. 18
First Native American Saint.....	pg. 19
Vaccination Time	pg. 19
Sq'ewqel Facebook Accunts	pg. 19
Comic & Puzzle	pg. 20
Classifieds	pg. 21
Job Postings.....	pg. 22-23
Mammogram Clinic.....	pg. 24

Aboriginal Veterans Day

Wednesday, November 8th, 2023

Rock your Moccasins Day

Thursday, November 9th, 2023

All Facilities Closed Remembrance Day (obs.)

Friday, November 11th, 2023

Physical Education

Seabird Island Community School's physical education classes have been great. We started the year with a unit in soccer for the first two weeks followed by European Handball and Ultimate. I believe that the students quite enjoyed the experience of playing European Handball due to the team dynamics that the sport offers. It is like Ultimate, the student with the ball/disc is not allowed to travel with it and must pass it to their teammates. It is a very important concept to teach in order to develop fully as a student of physical education. The soccer unit allowed me to assess the level at which our children are at and what skills I must work on to best prepare them. We will do Ultimate for the next two weeks and follow it up with a unit in Football.

In addition to the physical education classes, we are offering the opportunity for students to play soccer and volleyball on a school team. We are running a Senior Boys Volleyball team, A senior Boys Soccer team, and one soccer team each for grades 5,6, and 7 boys and girls.

We hope that this positive beginning will be the foundation to create more teams in the future.

Story submitted by Mike Allina



Fire Department Christmas Food Drive

Tuesday, November 28th
Starting between 6 - 7pm.



Soccer Team Recognizes Truth & Reconciliation

On a crisp and sunny afternoon, the Tzeachten girls soccer team eagerly arrived at West Vancouver for their much anticipated game. The air was electric with excitement and competitive spirit, but this day held a deeper significance beyond the boundaries of the soccer field. It was also Truth and Reconciliation Day, a day meant to reflect on the past and foster understanding and healing between Indigenous and non Indigenous peoples.

Layla Thompson and Brooklynn Fisher, both Seabird Members on the Tzeachten team, carried with them a sense of pride and purpose beyond their roles as soccer players.

Their coach, well versed in the significance of the day, believed in using this game as an opportunity to educate and unite. As the teams gathered on the field, he called for a moment of unity and reflection. Both teams formed a large circle, embodying the idea of coming together, understanding and supporting one another.

With the entire crowd hushed, the coach shared a heartfelt speech about the importance of Truth and Reconciliation Day. Emotions ran deep as the two minutes of silence began, each second serving as a

poignant reminder of the resilience and strength displayed by Indigenous peoples throughout history.

With a newfound sense of purpose and unity, the Tzeachten girls played their hearts out, not just for the love of the game, but also in honor of their heritage and the ongoing journey towards truth, healing and reconciliation. Their actions on the field symbolized a future where everyone can come together, acknowledge the past and build a more inclusive and understanding society.

*Story submitted by Maggie Pettis
Written by Sandra Bobb*



Construction Projects

Chowat Rd.

The construction of new housing units on Chowat Rd. was a much-anticipated project that had the Community buzzing with excitement. The progress on the development continues to impress all those who watch. The construction crews have been working diligently and their efforts are paying off.

One of the significant milestones achieved in this project is the completion of foundations. These foundations will soon be the sturdy base upon which the new units would rise, providing much-needed housing for the Community.

The work on Chowat Rd. is a symbol of progress and an investment in the Community's future. With each passing day, the anticipation of the completion of these new units grows. Community Members are putting their names on the list in the hopes that they will be able to live in one of the new units.



Fire Department Expansion

The expansion of the Fire Department had been a project long in the making. The entire Community has eagerly awaited the completion of the addition. As the finishing touches are being put in place, the wait has clearly been worth it.

One of the most noticeable transformations is the new pavement that now graces the entrance. It is smooth and pristine, a reflection of the mindfulness that has gone into the project.

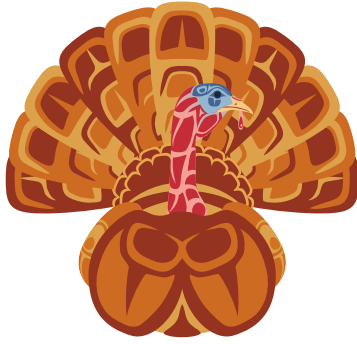
The siding, too, is a remarkable enhancement to the building's appearance. With its fresh, modern look, the Fire Department stands as a symbol of safety and protection in the Community. With this expansion almost complete, the Fire Department is better equipped to serve and protect the Community.



*Written by
Sandra Bobb
Photos by
Jasmine
Paul-Louis*

Thanksgiving Hampers

The Thanksgiving Hampers were a tremendous success! The community was thankful to receive packages containing either turkey or ham, along with potatoes, carrots, celery, buns, cranberry sauce and fixings for dessert.



The Chief and Council had made the decision to provide this support to the community in light of the ongoing food inflation crisis. The gesture and support were appreciated by the Community, and many Band Members expressed their gratitude on social media.

A total of three hundred and eight (308) hampers were provided for Band Members' homes on a first come, first serve basis. Unfortunately, due to the amazing turnout, hampers ran short towards the very end of the pick-up day. This is a useful reminder to register for your Christmas Hampers and gift cards, as early as possible, to ensure we have enough for everyone. If you have not already registered, please refer to the form on pages 10 and 11.

Written by Sandra Bobb

First Nation Premier Elected in Manitoba

Manitoba has made history, electing its first-ever First Nations premier. Wab Kinew, representing the New Democratic Party (NDP), secured a landmark victory in the provincial election held on October 3, 2023.

Born in Kenora, Ontario, Kinew spent his early years on the Onigaming First Nation before his family relocated to Winnipeg, Manitoba. Proudly identifying as Anishinaabe, Kinew's personal journey is deeply rooted in his Indigenous heritage, with his father, Tobasonakwut Kinew, having endured the hardships of the residential school system.

While Wab Kinew is the first First Nations premier in Manitoba, he is not the first in all of Canada. That distinction belongs to Richard Nerysoo, who was the premier of the Northwest Territories from 1984 to 1985.

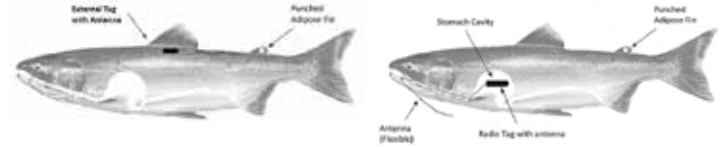
Kinew ran on a platform that pledged to address critical issues such as healthcare, homelessness and the soaring cost of living in



ATTENTION ALL HARVESTERS

Researchers with Fisheries and Oceans Canada, in partnership with First Nations and the Province of BC, are tagging Chinook and Sockeye salmon with radio tracking transmitters to evaluate adult salmon migration success associated with the Big Bar landslide.

Radio tracking transmitters are either attached to the back below the dorsal fin or inserted into the stomach cavity.



The numbers printed on the radio tracking transmitters uniquely identify individual salmon and their migration behaviour through the Fraser River and its tributaries.

Please report the tag numbers along with the date and location of capture or recovery to

BigBarTag@gmail.com

Or turn the tags in with the above information through your local catch monitoring program.

The information will be used to help understand the impacts of the Big Bar landslide and improve our understanding of salmon migration biology.

Thank you.

Winter is Coming

Ready or not, winter is on its way. It is time to prepare for the wind, rain, ice and snowstorms. You never know when the power will go out or when you might end up stranded somewhere, or even worse, experience tragedy. Are you prepared?

Here are some simple tips to get you started:

Prepare your Family.

- Discuss emergency escape plans with your family, including the kids.
- Ensure everybody has a flashlight.
- Ensure everybody has properly fitting winter clothing.

Prepare your Home.

- Clean your gutters and ensure the downspouts are working properly.
- Ensure window and door seals are working properly and replace them when necessary.
- Stock up on emergency supplies: blankets; food (that you can eat when



the power goes out); water; a first aid kit; flashlights; battery lamps; a battery operated radio; candles with proper holders; and more.

Prepare your Vehicle.

- Ensure you have good tires.
- Check, and top up, all your fluids such as oil, brakes, coolant, windshield washer fluid, etc.
- Have an ice scraper, or two, in each vehicle.

- Carry kitty litter for traction if you get stuck.
- Stock emergency supplies in your vehicle: a blanket; water; granola bars; emergency lights; jumper cables; a small shovel; and a mini first aid kit.

Have a safe, warm and happy winter.

Written by Sandra Bobb



Self-care + Self-love = Happiness

You are in control of your own happiness! You do not need to rely on others to be happy, confident and content, and to have a positive life. Taking care of yourself is how you maintain your sanity. You are worth it! You deserve self-care and self-love; you deserve 'you' time to take care of your needs.

Parents can sometimes forget these important steps as they focus on their families; however, you cannot properly take care of anything or anyone else if you do not take care of yourself. Taking care of others is rewarding, yet not as fulfilling as taking care of yourself. This is not to say, "go out, be selfish and only do things for you," but you do need to remember to take care of yourself as well.

Taking care of yourself can improve your outlook on life and your capabilities. It can be as easy as going for a walk around your yard every day, fresh air and time to think is important. You can make yourself better! Taking care of yourself can be achieved in five easy steps every morning:

1. Get up early (watch the sun come up) and give yourself 1-2 hours to care for you, get yourself ready for the day.
2. Have a morning shower. The water is refreshing and comforting, washing away all your worries and relaxing your muscles, while waking up your senses.
3. Comb or brush your hair. Taking care of your hair means taking care of your scalp and your brain. It can alleviate stress, and, in the end, you'll look great! A wise lady once told me, "When you brush your hair, count to 100 strokes."
4. List three positive things or accomplishments (keep it simple). Remind yourself that you are great, and you can do anything you put your mind to.
5. Eat breakfast – even if it is something small, as it is the most important meal of the day.

These steps help refresh and revive you every morning. Now go out there and have a great day!

Written by Sandra Bobb

Si:wes ye Siyolexwa

Seabird Island

Elders

Teachings of our Elders

Monthly News



Elders Visit Abundance Farms

Melanie, the heart and soul of Abundance Farms, had been on a mission to share the abundance of her farm with the Elders Group, since July of 2023. Determined to make a difference, Melanie decided to donate a portion of her farm's produce to the Elders, ensuring they could enjoy the benefits of her lush gardens.

Melanie invited the Elders to visit the farm. They were treated to a tour of the gardens to see where and how

everything is grown. After the tour, Melanie had a special surprise in store. Her rustic barn was set up, where the Elders could relax and chat.

The visit to the farm became a cherished memory for the Elders, and they look forward to the upcoming season with renewed anticipation. The produce season is expected to return May of 2024.

Written by Sandra Bobb



Elders Seating at Seabird Island Highschool

The Seabird High School takes great pride in accommodating its Elders, providing them with a warm and inviting space to come and visit. This special area, designated for them, can be found on the second floor, conveniently positioned just outside the elevator.

This thoughtful arrangement ensures that the Elders can access the seating area with ease. The second-floor location also offers them a pleasant view of the lower level and outside, creating a peaceful atmosphere, making it an ideal spot for relaxation and interaction.

This commitment to the Elders symbolizes deep respect and gratitude for the wisdom and experience the Elders bring to the community. By providing this space, the school extends and offers a sense of inclusion and togetherness, maintaining a strong bond with the Elders.

In this welcoming and accessible space, Elders can engage in meaningful conversations, offer guidance, and supports to students and their teachers. They could also, simply



enjoy a moment to themselves, listening to the buzz of the Seabird Island Highschool as the students go about their day.

Written by Sandra Bobb

Oven Cinnamon Toast



Ingredients

- 4 slices bread
- 1/4 cup (56g) butter softened
- 1/4 cup (50g) sugar
- 1 teaspoon ground cinnamon
- 1/2 teaspoon vanilla extract

Instructions

1. Preheat your oven to 350°F. Place your bread on a broiler-safe ungreased baking sheet.
2. In a medium bowl, combine softened butter, sugar, cinnamon, and vanilla. Use a fork to stir until the mixture forms a paste that is uniform in color.
3. Divide the mixture evenly between the pieces of bread and spread it over the slices, completely covering the top of each and place them on the baking sheet.
4. Place the baking sheet on an upper rack of your oven (in the top half of your oven, at least 5" from the broiler so your bread does not burn). Bake for 10 minutes until the bread is lightly crispy.
5. Turn on the broiler and toast for 1-2 minutes until the cinnamon sugar is bubbling. Watch carefully, DO NOT walk away, while it is under the broiler.
6. Allow the toast to cool slightly, slice and enjoy!

Bed Bugs

- Bed bugs are small insects that feed on your blood and the blood of animals. They are reddish brown, oval-shaped, wingless, and typically about the size of an apple seed.
- Bed bugs are difficult to get rid of once they infest a home. They hide in the cracks and crevices of beds, box springs, headboards, bed frames, and other objects around a bed, coming out at night to feed on your blood. To prevent an infestation, be cautious about bringing used furniture or items into your home. Regularly inspect your home and any hotel rooms you stay in to avoid bringing them home.



Getting rid of bedbugs:

- **Prevent the Spread:** Remove all bedding and clothing from the affected room and sealing them in plastic bags.
- **Wash and Dry:** All potentially infested items on high heat, including bedding, clothing and curtains.
- **Vacuum Thoroughly:** Use a vacuum to clean the affected area, including the mattress, box spring, bed frame, and nearby furniture. Afterward, dispose of the vacuum bag in a sealed plastic bag and remove it from your home.
- **Seal Cracks and Crevices:** Seal any cracks and crevices in your bedroom and the surrounding area, as bed bugs can hide in these spaces, which can lead to future infestations.
- **Use Bed Bug Mattress and Box Spring Covers:** Cover your mattress and box spring with specially designed bed bug-proof covers to trap any remaining bed bugs and starve them by preventing them from reaching you.
- **Wear pajamas:** it can make it more difficult for them to get to you.

Bedbug Bites:

The bites may produce symptoms like those of other insect bites and rashes, including:

- Inflamed spots, often with a darker center
- Itchiness
- Arranged in a rough line or cluster.
- Typically found on the face, neck, arms, and hands.
- Some people have no reaction to bedbug bites, while others may experience an allergic reaction that can include severe itching, blisters or hives.

Written by Sandra Bobb



Wellness Care Clinic

Topic Categories:

- » Birth Control support and provision
- » Routine Sexually Transmitted Infections Testing - including Chlamydia / Gonorrhea / Syphilis and HIV testing
- » Morning-After Pill (Emergency Contraception)
- » Pregnancy Tests
- » Condoms
- » Pap Tests (Cervical Cancer Screening)

November 8th, 2023
Seabird Island Band

Contact your Community Health Representative or Nurse Lisa 604-819-9658 and Nurse Ceilidh 604-798-7199 to find out more information and to book an appointment.

Seabird Island

Cheam

Skwah

Chawathil

Kwaw-kwaw-Apilt

Shxw'owhámél

Scowitz

Squiala

Designed by Seabird Communications Program ©

At Seabird Island Dental Office our goal is to provide you and your family with all your treatment needs in a professional, friendly, caring, and culturally safe atmosphere.

Seabird Island Dental Clinic

Our office is open Monday to Thursday
8:30 a.m. to 4:30 p.m.

Please call 604-796-6853 to book an appointment

We excel at meeting the individual dental needs of our patients and offer the latest information required to best prevent dental diseases.

We are currently accepting all new patients.

Lice are Back: What Should I Do?



- Check your children's heads daily.
- Ensure they do not share hats with their friends.
- Avoid jackets with furry hoods.
- When they hang up their jackets at school, are they hung up touching another student's jacket? This can cause transfer.
- Keep their hair short.
- Use hair products like mousse, gel or hairspray.
- Pull their hair back tightly into a braid or layers of ponytails so the hair is not loose.

Natural Treatments:

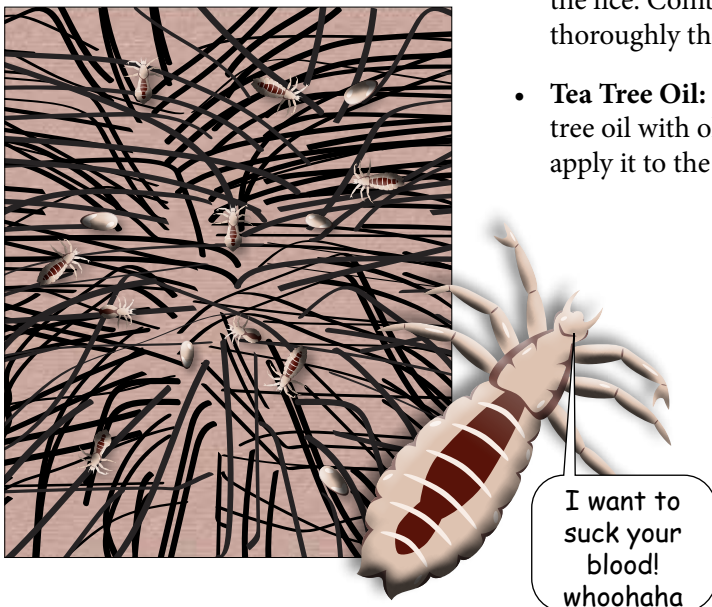
- **Manual Removal:** Wet the hair with a mixture of equal parts white vinegar and water. This helps loosen the grip of nits on the hair shaft. Using a fine toothed comb, like a lice comb or nit comb, carefully comb through the hair to remove lice and nits (lice eggs). Do this over a sink or a white paper towel to easily spot and dispose of lice and nits.
- **Oil Treatment:** Coat the hair and scalp with a thick substance such as olive oil, coconut oil or even mayonnaise. Cover the head with a shower cap and leave it on overnight. The oil suffocates and immobilizes the lice. Comb and wash the hair thoroughly the next morning.
- **Tea Tree Oil:** Mix a few drops of tea tree oil with olive or coconut oil and apply it to the scalp. Tea tree oil has

natural insecticidal properties. Leave it on for 30 minutes to an hour, then comb out the lice and nits.

- **Home:** Clean all bedding and clothing they have had contact with, using HOT water and dry them on a high heat setting.

Remember, natural treatments may take time and require patience and hard work. Repeating the treatments as needed is essential to ensure all lice and nits are eliminated. If natural treatments are not effective or if the infestation is severe, consult a healthcare professional for advice on additional treatment options.

Written by Sandra Bobb



MASKS
ARE MANDATORY FOR ALL
HEALTH CARE SETTINGS / APPOINTMENTS



Please wear a mask when entering Health Centres.

Designed and produced by the Communications Program



New Staff – Danika Snook

Hello, my name is Danika Snook, the new Emergency Preparedness Coordinator. I have been involved in emergency management for nearly 8 years in a variety of roles. I come from a background in wildfire, municipal fire, structure protection, ski patrol and rescue. I am currently on Chilliwack's Search and Rescue team.

I was born and raised in Chilliwack. On my time off you can find me skiing, hiking, camping, mountain biking or sourcing out a sunny spot by the river.

I look forward to meeting everyone. Please feel free to come by the firehall and introduce yourself!

Seabird Island's Holiday Hoopla 2023 Registration

FOR ALL SEABIRD ISLAND MEMBERS ON & OFF RESERVE

**TO RECEIVE A HAMPER &/OR GIFT CARD,
THE APPLICATION FORM MUST BE COMPLETED**

**** Hampers will be limited to one (1) per HOUSEHOLD and based on tenancy. ****

Application Deadline: November 24, 2023 @ 4:00 PM → NO EXCEPTIONS

Please Submit Your Completed Form to Seabird's Events Team: events@seabirdisland.ca

If you are unable to pick-up for your Household, please complete a Consent Form authorizing someone to pick up for you.

Pick Up: December 20, 2023 between 9:00 AM - 6:00 PM | **Location:** Seabird's Band Office Gym

PICK-UP / MAIL-OUT INFORMATION

Elders:

Hampers may be picked up on December 20, or they will be delivered Thursday, December 21, with times determined by the Elders Team.

All SIB Members Residing in Canada:

Applicants residing outside the Fraser Valley may request on the application form to pick up a Hamper; otherwise, *Gift Cards* will be mailed out on December 8, 2023.

NOTE: Fraser Valley Regional District includes: Hope; Kent; Chilliwack; Abbotsford; and Mission.

For SIB Members Residing in USA:

Applicants will receive a *Gift Card* (USD).

GIFT CARD INFORMATION

Children's Gifts / Gift Cards:

Children (0 - 9 years) will receive a toy, plus a \$50 Gift Card
Youth (10 - 18 years) will receive \$100 *Gift Card*

Band Member Christmas Gift Cards:

Each Seabird Island Band Member, will receive one *Pre-paid Mastercard* as follows:

- \$250.00 for Elders (65+)
- \$200.00 for Adults and Children

NOTE: Community Christmas Dinners will be hosted on December 5, 6 & 7 of 2023.

Please Submit Your Completed Form to Seabird's Events Team: events@seabirdisland.ca

Current Membership Information:

Seabird Island aims to ensure contact information for all Members remain up-to-date. This information is strictly confidential and will only be seen by two staff members, who will work together.

How to update contact information:

1. Email: membership@seabirdisland.ca
2. Mail: Seabird Island Band
C/O Membership
PO Box 650
Agassiz BC V0M 1A2
3. Phone: (604) 796-6877



Sq'ewqel (Seabird Island)

Events

P.O. Box 650 | 2895 Chowat Rd. | Agassiz, BC | V0M 1A2
Phone: 604-796-2177 | Cell: 604-793-5285 | Fax: 604-796-3729
events@seabirdisland.ca | www.seabirdisland.ca

SI Hamper Application / Consent Form

SI Members Name: _____ Date of Birth: _____

Phone: _____ Status #: _____

Address: _____

One per Household, **deadline to apply is November 24, 2023 by 4:00 p.m.
Hamper size based on tenancy.*

I would like to apply for a Food Hamper Yes No

List of current tenants in my household (not including myself, listed above):

Name: _____ Birthdate: _____ Seabird Member Y / N

Name: _____ Birthdate: _____ Seabird Member Y / N

Name: _____ Birthdate: _____ Seabird Member Y / N

Name: _____ Birthdate: _____ Seabird Member Y / N

Name: _____ Birthdate: _____ Seabird Member Y / N

Name: _____ Birthdate: _____ Seabird Member Y / N

Name: _____ Birthdate: _____ Seabird Member Y / N

Name: _____ Birthdate: _____ Seabird Member Y / N

This request/authorization also applies to my SIB Member Child/ren 18 and under, who are in my care, listed above.









I give consent to: _____ to pickup my hamper / gift cards on my behalf.

or Mail Delivery (gift cards only) to address above.

or I will Pick up December 20, 2023 from 9:00 a.m. - 6:00 p.m. at the Seabird Band Gym

Signature: _____ Date: _____

Community Events Calendar ~ Telxwi:ts' ~

(S) Sxexlhath	(M) Yila:welhát	(T) Sthémelts	(W) Slhí		
	 Fire practice.  Garbage day, has not changed unless notified (2 bags per house hold please).  Recycle day, No longer accepting blue bags. Use blue bins please.		<ul style="list-style-type: none"> • Major Garbage Pick-up: Community Core 8 a.m. • Meals on Wheels 5 - 6 p.m. 		
5		6	  7	 <p>Aboriginal Veterans Cenotaph</p> <ul style="list-style-type: none"> • Mammogram Clinic, Sq (Seabird Island Band) Office Par • Wellness Care Clinic • Meals on Wheels 5 - 6 p.m. 	
• Seabird Church	• Meals on Wheels 5 - 6 p.m.	• Council Executive Committee Meeting			
12		13	  14	<ul style="list-style-type: none"> • Major Garbage Pick-up: Surrounding Commun • Meals on Wheels 5 - 6 p.m. • Income Assistance Ren 	
• Sts'ailes Church	• Meals on Wheels 5 - 6 p.m.				
19		20	  21	 <p>National Addictions Awareness Week</p>	
• Seabird Church	<p>Seabird Island Band Administration Offices CLOSED</p> <p>Staff Development Day</p> <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 	<ul style="list-style-type: none"> • Chief & Council 	<p>National Addictions</p> <ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. 		
	26		27	  28	<ul style="list-style-type: none"> • Meals on Wheels 5 - 6 p.m. • Income Assistance Day
• Sts'ailes Church	• Meals on Wheels 5 - 6 p.m.	<ul style="list-style-type: none"> • Fire Department Christmas Food Drive, Starting between 6 - 7 p.m. 			

~ "Leaves are falling" ~ (November) 2023

:xws	(T) Sxeó:thels	(F) Sheqá'tses	(S) T'óqw'tem
1	2	3	4
 <p>Veterans Day 11 a.m. Seabird King Lot</p>	 <p>Rock your Moccasins Day • SICS: Pro-D Day</p>	<p>Facilities Closed Remembrance Day (obs.)</p>	 <p>Remembrance Day</p>
15	16	17	18
22	23	24	25
29	30		<p>Housing Application Renewals Due December 29th, by 1 p.m.</p>

Renew Your Status Card

Book a Status Card Appointment

Tuesday to Thursday:
8:30 a.m. - 4:30 p.m.

Appointments required.

Remember to bring:

- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

Contact

Simone Jimmie

604-796-2177

Serving Seabird Members only! *SIB has the right to refuse service.*

Status Card Photography

Laminated style: \$13.50

New style with
Authenticated photo: \$18.50

Monday to Friday:
8:30 a.m. - 3:00 p.m.

Appointments required.

Contact Communications at
604-796-2177 or
comm@seabirdisland.ca

Employment Assistance Services

Employment Assistance Services is designed to increase the employability and employment rate of First Nations people in our area. Services are delivered in a safe, supportive environment, including: employment counseling; training and education opportunities; life skills; advocacy; career exploration; resume/cover letter writing; support groups; and community referrals.

Megan Thomas

Employment Administrative Assistant

Phone: 604-796-6865

Email: megant@seabirdisland.ca

ATTENTION: Seabird Islands Band Members (581)

This notice is to inform Seabird Island Members of the addition(s) and/or deletion(s) to Seabird Island's membership list. This notice is for the month(s) of April, May, and June 2023.

THE FOLLOWING INDIVIDUAL(S) HAVE BEEN ADDED TO SEABIRD'S MEMBERSHIP LIST:

1. GREGORY OWEN LIU

THE FOLLOWING INDIVIDUAL(S) HAVE BEEN DELETED FROM SEABIRD'S MEMBERSHIP LIST:

****NONE****

ATTENTION: Seabird Island Band Members (581)

This notice is to inform Seabird Island Members of the addition(s) and/or deletion(s) to Seabird Island's membership list. This notice is for the month(s) of July, August, and September 2023.

THE FOLLOWING INDIVIDUAL(S) HAVE BEEN ADDED TO SEA- BIRD'S MEMBERSHIP LIST:

****NONE****

THE FOLLOWING INDIVIDUAL(S) HAVE BEEN DELETED FROM SEABIRD'S MEMBERSHIP LIST:

1. GREGORY DALE MCINTYRE
2. ISABELLA LAYLA SEYMOUR
3. CHRISTOPHER ELLIOT SHAW

Thank you.

Membership & Indian Registration
Department

SEABIRD ISLAND MEMBERSHIP COMMITTEE NOTICE:

Are you interested in joining Seabird's Membership Committee?

We invite you to apply for a position on Seabird's Membership Committee!

Why join?

- To establish clear guidelines and procedures for the management of the membership process.
- To ensure compliance with and carry out the purposes of the Membership code.
- To review the Membership Code and recommend amendments and policy to Chief and Council.
- To promote Member interest and engagement in the Membership management process.

Who can join?

- Nineteen (19) years of age or older
- Must be a Seabird Island member.
- Willingness, commitment, and working knowledge of the Membership Code and other applicable laws, and policies.

How can I apply?

Applications will be available for pickup at the band office. If you would like a PDF fillable version, please contact membership.

For more information on this campaign, please contact Simone Jimmie at membership@seabirdisland.ca or 604-796-2177.

Seabird Island Membership Committee Application Form

NOTICE TO ALL APPLICANTS

Seabird Island is inviting Members to be on a committee to assist in amending the Seabird Membership Code. To apply the applicant must be at least nineteen (19) years of age and be a Seabird Island Band Member. Please complete the information below and attach a letter of interest explaining why you would like to be on the Membership Committee.

Last Name: _____ Given Name(s): _____

Birth Date: _____

Address: _____

On-Reserve Off-Reserve

Telephone Number: _____ Email: _____

Signature: _____ Date: _____

Please return the completed application to the Band Office reception, attention Membership.

Seabird Island Membership Committee (SIMC) details:

- At least seven (7) and no more than twelve (12) members.
- Potential members must be approved by Council.
- Quorum for voting purposes will consist of any seven (7) of the SIMC. A SIMC member unable to attend three (3) consecutive meetings without legitimate reason will be removed from the committee.



Indian Residential School Survivors Society

DAY SCHOLAR Settlement Application Assistance

Our Indian Day School Coordinators can assist you with:

- Indian Residential Schools DAY SCHOLARS Class Action Settlement; Deadline: January 4, 2024
- FEDERAL INDIAN DAY SCHOOL Reconsideration Letters
- First Nations DRINKING WATER Settlement

Mission Friendship Centre Society 33150 1 Ave, Mission, BC

Wednesday, November 15, 2023: 9am-3pm



Contact: Daniel Joe
Indian Day School Coordinator
B.C. Interior Region
phone: 250-540-4716
email: danieljoe@irsss.ca



Contact: Rhianon Teegee
Indian Day School Coordinator
B.C. Fraser-Salish Region
phone: 778-222-5963
email: rhianonteegee@irsss.ca



Contact: Leticia Racine
Indian Day School Coordinator
B.C. Northern Region
phone: 778-708-3358
email: leticiaracine@irsss.ca

Are you interested in working as a CORRECTIONAL OFFICER?



Correctional Officer I CX-01

Correctional Service Canada
Various work locations
CX-01 - Correctional Officer I
\$66,974 to \$84,045

Who can apply: Persons residing in Canada and Canadian citizens residing abroad.

Work environment: The Correctional Service of Canada is seeking interest from persons looking for an exciting and rewarding career as a Correctional Officer.

Correctional Officers are essential to fulfilling the Correctional Service of Canada's (CSC) mission of enhancing public safety by actively encouraging and assisting offenders to become law-abiding citizens, while exercising reasonable, safe, secure, and humane control. For further information on the department, work environment, careers at CSC and application process, please visit our website at Correctional Service of Canada at <http://www.csc-scc.gc.ca>.

ESSENTIAL QUALIFICATIONS:

Education: A secondary school diploma, or a satisfactory score on the Public Service Commission (PSC) test approved as an alternative to a secondary school diploma; or successful completion of a provincially/territorially approved secondary school equivalency test.

Experience: No essential experience is required.

The candidate must successfully complete the CSC Correctional Training Program (CTP)**
**<https://www.csc-scc.gc.ca/careers/003001-0002-en.shtml#10>

For all current positions open to the public, visit the GC Jobs portal on www.jobs.gc.ca regularly.



The Indigenous Public Health Institute is back again!



INDIGENOUS PUBLIC HEALTH TRAINING (IPH) PROGRAM

Accepting applications Nov 1st!

February 2024 in person at UBC

The courses for the IPH winter institute are:

- Mental Health in Indigenous Communities (SPPH 567 1.5 credits / non-credit)
- Introduction to Quantitative and Qualitative Research in Indigenous Health (SPPH 568 1.5 credits/non-credit)

- Application deadline: Nov 30th
- Scholarships are available
- Got questions? Email: olivia.baptiste@ubc.ca

Apply online: health.indigenous.ubc.ca

Indigenous Public Health Winter Institute 2024

February 19th -23rd, 2024 in person at UBC Vancouver

Join the STÓ:LŌ BUSINESS DIRECTORY

This is a free business listing on the SCF website for businesses that are at least 51% Indigenous owned/controlled operating within the SCF service area, between Kwantlen First Nation and Yale First Nation, on both sides of the Fraser River!



Community Futures

www.stolobiz.ca

Your free listing can include:

- Business contact information
- Link to website/social media
- Description of services
- Pictures and videos

Contact SCF Business Analyst, Shannon Smith, at 604-824-5278 or by email ssmith@stolobiz.ca | www.stolobiz.ca



Tips For Lowering Your Electricity Bill.

Remember to turn off lights when you leave a room. Remind family to turn off lights when not using them.

LED bulbs are the best, yet they can be expensive to purchase, so please consider replacing one or two bulbs per month to reduce the expense. LED bulbs use approximately 75% less energy and last 25 times longer.

Pick the correct wattage for your space. For example, you may prefer a brighter light in your kitchen, as opposed to a softer light for your lamp in your living room.


Close curtains each night. This helps keep your home warmer.

Consider replacing your curtains with the blackout type. Not only do they help keep summer heat out of your home, but they also insulate your home by keeping the warm air (heat) in during the winter months. Purchasing one set a month can help with the costs. Blackout curtains are also believed to block out 40% of noise pollution. This could be a great investment for your home.

You can help your dryer work more efficiently by keeping it clean, emptying the lint trap after each load is one of the most important things you can do to stop a dryer from working harder than necessary.

Aim to use cold water when you wash laundry. Why? Because 90% of used electricity to wash a load goes toward heating the water.

Submitted by Rachael Alexander



Seabird Island Income Assistance


Come Visit Our New Location!

Seabird College
2812 Chowat Road - Building #3

Monday - Friday
Hours: 8 a.m. - 4 p.m.

Michelle' Lai Byrd
Income Assistance Clerk
(604)796-7101
mbyrd@seabirdisland.ca

Rachael Alexander
Income Assistance Coordinator
(604)796-2177 or (604)819-5313
rachael.alexander@seabirdisland.ca



Housing Wait-List

1 Bedroom	
1	05272022-5066
2	01262021-5054
3	06042018-6018
4	11252022-7090
5	12062022-7091
6	01172023-7093
7	02092023-7096
8	02132023-7097
9	02222023-7098
10	03012023-7100
11	03032023-7101
12	05022023-7105
13	05262023-7107
14	06162023-7018
15	06232023-7109
16	07312023-7111
17	10182023-7116

2 Bedroom	
1	12102018-6014
2	12032018-5026
3	12272019-5042
4	06172019-5037
5	01072020-7031
6	11022020-5051
7	01072020-6024
8	11152018-6022
9	12232020-7057
10	01092021-7061
11	12232020-7056
12	12202021-5058
13	12142020-5053
14	11192021-5056
15	09122019-6032
16	09072022-5068
17	05202022-5064
18	04282020-5045
19	12062022-7104
20	01172023-7093
21	11272018-5024
22	01032018-5012
23	02282023-7099
24	03012023-7100
25	03292023-7103
26	05022023-7105
27	06162023-7018
28	11192020-7054

3 Bedroom	
1	12192012-3076
2	02082013-3084
3	01142015-1011
4	02232016-4002
5	12102018-6014
6	07012019-7033
7	12172019-7017
8	12182018-5014
9	01072020-6024
10	01072020-7031
11	01222020-1031
12	11022020-5051
13	12032018-5026
14	12232020-7056
15	12232020-7057
16	01092021-7061
17	04292021-7065
18	11152021-7066
19	12192021-7070
20	12222021-7072
21	12022020-4015
22	11182020-7053
23	01142022-7073
24	01092020-6000
25	10272022-7060
26	03222019-4007
27	12202017-7012
28	12162022-7078

29	05202022-5064
30	12062022-7104
31	11272018-5024
32	12092022-7092
33	01182023-7094
34	08202019-7034
35	01232023-7095
36	07032023-7102
37	11092021-7069
38	05172023-7106
39	06162023-7018
40	11192020-7054
41	07132023-7110
42	08112023-7112
43	10122023-7113
44	10132023-7114
45	10172023-7115

HIGHLIGHTED LISTINGS:

Any highlighted listings, owe the Band money. They will **NOT** be eligible to receive a home until the dept is paid.

REMINDER!

Housing Applications must be renewed before January 1st each year to remain on the list. Anyone who did not renew came off the list and must now reapply if interested.



Its Okay My Dog Is Friendly

No! It is not okay!

Just because your dog is friendly, does not mean other animals are or that people in the area are okay with dogs.

Traumatized:

There are people in the Community, both adults and children, who have been bitten, chased and attacked by loose dogs. They have been traumatized. Many of these people do not feel safe in their own back yards or when walking around the community, because of loose dogs. They are scared to be attacked again. It does not even need to be the same dog, since some of these people have no trust left for dogs.

Pet Love – Pet Safety:

Ensure your dog safe at home! A loose dog can get into all sorts of trouble. Other animals, both wild and domestic, could attack them. They could be hit by a car, hurt by people defending their property, get into toxic chemicals or hurt by tools and blades left in other people's yards.

Summary:

We are no longer a tiny village of half a dozen homes sharing one to two dogs. We have grown into a larger community of almost 300 homes. Those who want pets, have their own pets, and those who do not have pets, may not want pets; however, loose dogs can disrupt a family and their way of life.

Please respect others and their rights to enjoy their Community and yards. Keep your animals safe at home, whether in the house, in a fenced area or tied on a run.

Written by Sandra Bobb

Spaying and Neutering of Cats

Spaying and neutering your pets is important for keeping the pet population from growing. It also improves your pet's overall health and well-being. We would like to remind cat owners about Spay/Neuter Clinics that offer spaying and neutering of cats at discounted prices.

Two clinics have offered their services to Seabird Island's Community. Please see their websites below.

FCM Community Cat Trappers

FCM Community Cat Trappers is a volunteer-run group dedicated to improving the lives of feral, barn and stray cats in Chilliwack, BC, and surrounding area. We partner with local vets and rescues to ensure cats are treated ethically and given the chance to live their best lives, be that in a colony, a barn or a home. Along with our partner veterinarians, we have launched a spay and neuter program that gives pet owners of Chilliwack and the surrounding area access to low-cost spay/neuter, vaccinations and permanent identification. A portion of each pet's spay and neuter helps to pay a portion for the same for a feral cat. We are currently funded entirely by donations from our community.

fcmcommunitycats.ca

BC SPCA Chilliwack Community Animal Centre

Low-cost spay/neutering of cats is available for residents of Chilliwack and the surrounding area. The program provides a low-cost spay/neuter for those who may not be able to access this otherwise. This program includes a tattoo, and vaccines will be provided unless the pet owner provides a vaccination record.

<https://spca.bc.ca/ways-to-help/take-action/animals-in-the-home/cat-overpopulation/spay-neuter-application-chilliwack/>

Submitted by the Lands Program



First Native American Saint

Did you know there was a Native Saint?

Saint Kateri Tekakwitha, also known as Lily of the Mohawks, was a Native American woman, who lived in the 17th century, and is recognized as the first Native American Saint in the Roman Catholic Church. She was born in 1656 in the Mohawk village of Ossernenon, which is present day Auriesville, New York, within the territory of the Iroquois Confederacy.

Kateri Tekakwitha was the daughter of a Mohawk Chief and an Algonquin Christian mother. When she was a child, a smallpox epidemic took the lives of her parents and left her with facial scars and weakened eyesight. She was adopted by her uncle and raised in the Mohawk culture.

Later in her life, Kateri embraced Christianity, influenced by Jesuit missionaries, who worked in the area. She was baptized in 1676 and became known for her deep devotion to her faith, her life of prayer and penance, and her care for the sick and elderly.

Kateri Tekakwitha moved to a Christian Native American community called Kahnawake near Montreal, Canada, to live a life dedicated to serving God. She

died in 1680 at the age of 24 and was known for her holiness and devout life. After her death, many reported miracles and graces attributed to her intercession.

In 1980, Pope John Paul II beatified Kateri Tekakwitha, and she was canonized as a Saint by Pope Benedict XVI on October 21, 2012. She is venerated as the Patroness of Ecology and the Environment, people in exile, Native Americans, and those who suffered from smallpox and other diseases.

Her feast day is celebrated annually on July 14 in the Roman Catholic Church. Believers and communities gather to honor her life, virtues and contributions, participating in special masses, prayers, processions and cultural events.

Saint Kateri Tekakwitha is honored as the Patroness of Ecology and the Environment. Her memory is associated with a reverence for nature and environmental stewardship, aligning with indigenous spiritual beliefs and emphasizing the importance of caring for the Earth.

Overall, the memory of Saint Kateri Tekakwitha remains a source of spiritual inspiration, cultural pride and a symbol of bridging religious and



cultural boundaries, fostering unity and understanding among diverse communities.

Researched by Sandra Bobb

Our Lady of Fatima, Sts'ailes & Immaculate Conception, Seabird Island Schedule of Homilists

Date	Community	Homilist	
November			
5	Seabird Island	Father John	
12	Sts'ailes	Deacon Meskas	Father Giovanni
19	Seabird Island	Father Giovanni	
26	Sts'ailes	Deacon Meskas	Father John

Sq'ewqel Facebook Accounts

Sq'ewqel "Seabird Island Band"

<https://www.facebook.com/SeabirdIslandBand/>

Seabird Island Youth Program

<https://www.facebook.com/SeabirdYouthGroup/>

Seabird College

<https://www.facebook.com/SeabirdCollege.ca/>

Seabird Island Community

School <https://www.facebook.com/SeabirdIslandCommunitySchool>

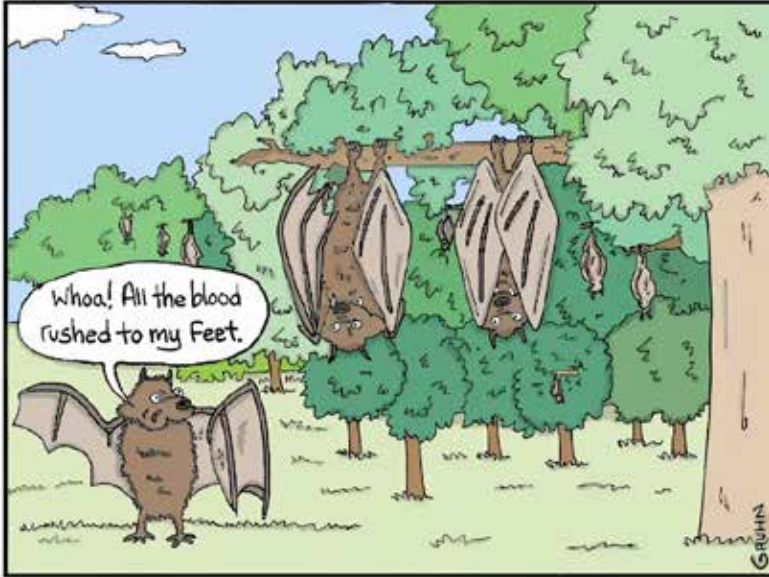
Seabird Island Recreation

<https://www.facebook.com/SeabirdRec/>

Careers

<https://www.facebook.com/SeabirdIslandCareers/>

WebDonuts.com



Telxwi:ts'
"Leaves are falling"

Scorpio

October 24 - November 21

Key characteristics: Resourceful, brave, passionate, stubborn, a true friend.

Flower: Geranium

Birthstone: Copper

Sagittarius

November 22 - December 21

Key characteristics: Smart, Caring, Deep, Honest and Wild.

Flower: Carnation

Birthstone: Turquoise

Quotes of the Month:

"Humans have both the urge to create and destroy"

By Hayao Miyazaki

"War does not determine who is right – only who is left"

By Bertrand Russell

Halq'eméylem Word Search

m c x h á k w ' e l e s e á e
 m h : é h s w í t m y l á w m
 e í y ó y e s ' e q é h : q l
 : k : í e t e e í : s q x s l
 í m á m ' h l x m y t ' l í m
 í e e q e e s ' í ' h é ó í é
 m l w p ' q ' é l q e l t í :
 e u l q í á w e í m t : m á e
 x p í s x : á x e l q e l í l
 w e á q e t í l x x x x e l y
 w e y y c h í t m e x w í e h
 í : í e e q u é q m á w : e w
 l w t e á á y í : l á : m t t
 q í h h ' í q x ' í : w e s l
 m y m é l é s í y c w e x é í

Words

1. áxelqel – Rawhide, Tanned buckskin
2. qíqexem – slippery
3. xéytl' – cold
4. mí:meqw – small bird
5. í:mex – walking
6. eyésthét – to have fun
7. háqílem – crawl underneath
8. hákw'eles – to remember
9. í:wes – to teach
10. chítmexw – Great horned owl
11. suwq't - searching for something
12. theqát: – tree
13. líyém – to laugh
14. í:lá:mt – to carry on your shoulders
15. p'q'élqel – mountain goat
16. mélés – racoon
17. slhq'él:exw – knowledge
18. yóyes – working
19. kw'íy – to climb up
20. chíkmel – iron, silver

Created by Jasmine Paul-Louis

DEADLINES

Submissions and advertisements are due around the 15th of each month.
Contact comm@seabirdisland.ca.

AVAILABILITY

Once a month. The 1st of each month (or closest business day).
Apply for email distribution or pick-up at the red community newsletter boxes.

ADVERTISING / SALES: Have a story idea?

CONTACT US

Email: comm@seabirdisland.ca
Monday to Friday 8:00 a.m. - 4:00 p.m.
Closed on all statutory holidays.
www.seabirdisland.ca

Template:
Ciara Busby

Design Team:
Sandra Bobb, Ciara Busby, Kristy Johnson, Zorana Edwards-Shippentower, Jasmine Paul-Louis

Proofing Team:
Kristy Johnson, Zorana Edwards-Shippentower, and Jasmine Paul-Louis

Editor & Supervisor:
Sandra Bobb

Manager:
Cassandra Manley

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The publisher shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Seabird staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Seabird Island.

Letters to the Editor must be under 300 words and include your name, phone number, status number, signature (not for publication), as well as date/year submitted.

We reserve the right to revise, edit and/or reject any advertisement or story submissions.



SEABIRD CHURCH

Mass: Contact Deacon Jamie for information
Study Groups: Contact Deacon Jamie
Contact Deacon Jamie 604-491-3053 or 604-615-5677.

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority.
Contact Lena Paul 604-796-2177.

FUNERAL PAMPHLETS

Creating pamphlets from our catalogue or custom pamphlets.

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is free for all Band Members. Additional design time or pamphlets can be requested for a fee. We also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

MEMBERSHIP STATUS CARDS

Booking a Status Card Appointment
Tuesday to Thursday:
8:30 a.m. - 4:30 p.m.

Appointments are required.
Serving Seabird Members only!
SIB has the right to refuse service.

Remember to bring:
- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

Contact Simone Jimmie 604-796-2177

Status Card Photography
Laminated style: \$13.50
New style w/ authenticated photo: \$18.50
Monday to Friday: 8:30 a.m. - 3:00 p.m.
Appointments required.

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 p.m.
Now recruiting new members.
Contact the Fire Hall 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday.
2 garbage bags per household per week.

MAJOR GARBAGE: 1st Wednesday of the month for community core, and 3rd Wednesday of the month for surrounding community.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

OPTOMETRY CLINIC

Appointments Only: October 12th & 13th
Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

DENTAL CLINIC

Accepting new STATUS PATIENTS
Open Monday through Thursday
8:30 a.m. - 5:30 p.m. **Closed Fridays**

Contact the Dental Clinic 604-796-6853.

MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Lena Paul 604-796-2177

BABIES ID CARDS

Apply for a Medical Care Card as soon as possible.
Contact Lena Paul 604-796-2177.

Apply for Status Cards as soon as possible.
Contact 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home by ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Lena Paul 604-796-2177.

ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 p.m. at the Seabird Island Community Hall.
AA in BC website: www.bcyukonaa.org

Classifieds

WILD ANIMAL ALERT

Wild animals live here too. By respecting the land and keeping the outdoors clean, you can reduce the risk of an encounter.

- Only put your garbage out the morning of garbage day.
 - Discard fish guts (away from homes).
 - Clean your barbecue.

Please keep an eye on your children and do not walk alone!

Clap loudly and make yourself big!

Educating ourselves and keeping a clean community makes a difference!

If you have any further concerns or feel threatened by wild animals, first report it to the

Conservation Office at 1-877-952-7277

Second, contact the Seabird Communications Office at 604-796-2177 so we can post an "Alert" for your area.



Job Postings Featured on the following page →

NOTICE

NO SOLICITING
PEDDLING
DISTRIBUTION OF
PAMPHLETS

All offenders will be reported and prosecuted to the full extent of the law.
By order of Chief and Council

Chief and Council assert there is to be no solicitation of any sort. Visitors need permission from Chief and Council to solicit door to door.
If you get a questionable person knocking on your door, you do not need to let them in. You have the right to close the door and contact the RCMP. There is an open file at the RCMP.
Community safety is a Chief and Council priority.
Please contact us if you have any concerns.

Health & Social Development

Case Manager - Women's Home

The primary goal of the Case Manager is to support residents with a caring and supported environment in which to address addictions and substance use. Through a variety of programs, the Case Manager will ensure that residents can access health, healing and other services and programs, through programming in the home and through broader community services, to address the underlying causes of addiction and substance use, and to make choices that are life sustaining and positive.

Community Health Representative (CHR)

The CHR's primary goals are to improve the quality of life of the Seabird Island Band community members by assisting them to make healthier lifestyle choices; promote client dignity, independence, comfort, mobility, personal appearance, and safety; and to provide support to the Community Health Nurse(s) (CHN) and/or Home and Community Care (HCC) Nurse. These goals are to be achieved by using professional public health knowledge.

This is a contract position that has an end date of October 27th, 2024, with the possibility of extension.

Family Counsellor

The Counsellor is responsible for providing counselling to families, youth, and children regarding addictions and family issues. Counselling will be provided in a culturally sensitive manner on a one-to-one basis, families, in groups, circles and couple's counselling. The Counsellor must be able to work from a trauma informed perspective, educate the community through workshops to address issues identified, facilitate daytime and evening education workshops, and make referrals for clients to residential treatment centers as required and help facilitate at the Recovery Home. The Counsellor will as well provide services to other communities in which the Seabird Island offers Health Services to.

Medical Office Assistant (MOA)

The Medical Office Assistant (MOA) will be responsible for providing front line support to employees and patients of the Medical Office. Support will be required at the Seabird Doctors Office.

The Medical Office Assistant provides support to doctors and other health-care professionals. You will perform a wide variety of clerical and administrative tasks. These include scheduling appointments, word processing, billing, data entry, filing, and answering telephone calls. You may also be expected to perform minor medical duties. *This is a part time term position working Monday, Wednesday, and Friday from 9 a.m.-5 p.m.*

Recovery Home Supervisor - Women's Home

Under the direction of the Program Manager – Families and Wellness, the A:yelexw Recovery Homes Supervisor (ARHS) will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management. The ARHS will provide administrative and support

services to the recovery home staff. The ARHS will provide mental health services to clients and families of the recovery homes. The ARHS will ensure strong cultural values and programming through a client centered approach and be grounded in culture and community supports. The ARHS will monitor weekly and monthly budgets and communicate with other First Nations communities and external agencies to gauge needs and ensure awareness and access.

Recovery Home Support Worker - Men's/Women's Home - On Call

The Recovery Home Support worker position will be a part of an integrated team of individuals that works closely together in a residential setting to provide crisis intervention, coping strategies, education, connections to community services, and support to individuals affected by mental illness, addictions, trauma, and crisis.

The Residential Support Worker (R.S.W.) promotes recovery, stabilization, and independence by providing comprehensive support to clients. The R.S.W. supports and promotes the following: client safety, assisting with activities of daily living, and encouraging full participation in community activities included but not limited to cooking, cleaning, charting, participating in group sessions, driving, and shopping.

Sexualized Violence Prevention Worker

The Sexual Violence Prevention Worker is responsible for assisting with the development and implementation of Seabird Island Band's sexual violence prevention initiatives (training, education, advocacy, and prevention). Working under the direction of the Program Manager – Families and Wellness, this position is primarily responsible for delivery of the projects, events and services contained within the program workplan. This position also has the responsibility of making sure that the administrative requirements of the program are completed correctly, on time, and in accordance with the standards set by Seabird Island Band.

Education

Case Worker - Pre-employment Supports Program (PESP) Term ends March 31st, 2024

Working within the Education department The Pre-Employment Support Case Worker is responsible for working with clients one-on-one and in small groups to assist them to overcome one or more barriers that are inhibiting their ability to gain employment. Clients will range from 19-24 and 25-49 years of age. The Case Worker will provide education, information and assistance to clients on all aspects of employment, education, training, and life career planning. The Case Worker takes a hands-on approach to assisting their clients in exploring careers and finding employment including building relationships with potential employers. *This employment agreement will end March 31st, 2024.*

College Instructor

This College Instructor position will tutor students in anatomy, physiology, and biology to prepare them for their upcoming entrance into the Licensed Practical

Nursing program. The College Instructor will collaborate with other instructors, create engaging and encouraging learning environment for students, and provided evaluations of students to support their improvement. *This is a term position that ends December 31st, 2023 with a possibility of extension.*

College Registrar

Under the direction of the Vice Principal of the College, the Registrar is responsible for the orderly registration, enrollment, reporting processes and daily administration of Seabird College and Adult education programs. The Registrar will work to assist with student registrations and records for Seabird College student intakes and their completion/certifications, all in accordance with the directives set forth by various funding and accreditation bodies, and the philosophies, policies and objectives established by Seabird Island Band Management. *This is a term position that ends March 31st, 2028 with a possibility of extension.*

Education Assistant Grade K4-12

The Education Assistant (EA) will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of the children more rewarding. EA's will assist teachers in student assessment and evaluation through observation, record keeping and data collection.

Grade 6 Teacher

The Grade 6 Teacher will be responsible for providing instruction, preparation, assessment, classroom management, professional development and school meetings, community and parental relations and adherence to all Seabird Island Community School and BC Ministry of Education policies and procedures.

Income Assistance First Nations Youth Employment Strategy (IAFNYES)

Seabird Island is proud to offer new pilot program called Income Assistance First Nations Youth Employment Strategy (IAFNYES). The goal of this pilot strategy is to support on-reserve First Nations Youth between the ages of 19 and 30 receiving ISC's Income Assistance with a transition to the workforce, or return to school, through their participation in mentored work placements while receiving some case management supports. *This program will be 23 weeks in duration working 30hrs/week not exceeding 720hrs per participant. The program ends March 31st, 2024.*

Receptionist and Secondary Student Support

The Student Services Receptionist will be solely responsible for managing all telephone inquiries, handling students and visitors, and undertaking other general "front of house" administrative tasks that ensure the effective working of the College on a day-to-day basis. The Student Services Receptionist is often the first point of contact for potential students and the public, and plays a role in general office appearance, organization, and professional impression.

Student Career Counsellor

Under the direction of the Director of Education, the Student Career Counsellor is responsible for developing and delivering student counselling and guidance programs for high school and post-secondary students at Seabird Island Community School and Seabird College.

The goal will be to help students determine their career goals and then advise both students and parents, in collaboration with school and college staff, on how to achieve those goals. This position is part of the College team and may aid Seabird College when necessary. This role will also have the chance to work one-on-one with individual students, playing an important role as a mentor in helping these individuals shape their futures. *This is a term contract with an end date of August 31st, 2024, with the possibility of an extension.*

Teacher Teaching On Call (TTOC)

Teaching Teacher on Call (TTOC) you will provide causal or substitute coverage in various subjects ranging from K4-12 .

Technology Education Teacher

Technology Education Teacher will provide lessons and activities to help students develop knowledge and understanding of concepts of computers, as well as practical software use, and troubleshooting skills. You'll present a wide variety of beginner to complex lessons that focus on keyboarding, word processing, Microsoft Office and internet basics to software, data processing, hardware and web-design.

Vice Principal - College Admin

The Vice Principal assists the Principal in the administration, leadership, supervision and operation of College. The Vice Principal provides quality curriculum in a learning environment that promotes language and reinforces the personal values of self-reliance, generosity, honesty, adaptability, and respect for self, others and the environment. The Vice Principal must fulfill their responsibilities with high ethical and moral standards and service as a positive role model for staff and students. *This is a term position ending June 28th, 2024, with a possibility to extend.*

Economic Development

Production Supervisor - Nations Creations

The Production Supervisor will be responsible for organizing and overseeing the manufacturing of goods. You will be ultimately responsible for the smooth running of all production lines and the quality of output. We expect you to have deep know-how in production procedures. The ability to direct personnel toward maximum performance will set you apart as a leader. Decision-making and problem-solving will take up a great part of your day.

SqDC - Business Support & Outreach Coordinator

The SqDC Business Coordinator (BC) will take a proactive role in the smooth operation of the SqDC business functions. The BC performs a range of routine and non-routine tasks including implementing and maintaining business processes and supports, preparing reports, and

developing and maintaining systems. The BC will also be responsible for supporting external communications, website content management, creation of the Annual Report, planning and deployment of conferences and events, and marketing and sales support. This position calls for a confident and articulate individual who can effectively support a diverse group of stakeholders with a range of requirements, deadlines, and schedules.

SQDC - Chief Executive Officer (CEO)

The area of responsibility for this role is very wide and so requires thorough knowledge of various company processes. The ideal candidate must be competent and able to plan many operational activities. This individual must be an excellent leader who can discover and implement the most efficient and optimal ways to run the business.

The primary responsibility of the CEO is to ensure excellence in the efficient running of the SqDC operations and individual business units while facilitating the organizational systems and procedures to maximize profit growth.

SQDC - Gas Bar Assistant Manager

As a full-time Assistant Gas Bar Manager, you will work closely with the Gas Bar Manager to oversee the day-to-day operations of our gas bar facility. You will be responsible for ensuring efficient operations, excellent customer service, and adherence to safety and compliance standards. Your role will involve managing a team, maintaining inventory levels, monitoring financial performance, and fostering a positive work environment.

Sq'ewqel Development Corporation (SQDC) Community Member Board of Directors

The Sq'ewqel Development Corporation (SqDC) is the mechanism to empower the SIB people and ensure their economic independence. SqDC's main objectives are to pursue business, investment and economic development opportunities that will grow SIB's wealth and assist it in providing quality programs that support the Nation.

SqDC employees and the Board of Directors are fully committed to fulfilling its mission of identifying suitable business opportunities and undertaking economic activities that create profitable businesses, create wealth and provide new jobs all of which focus on developing and strengthening the Seabird Island economy for the benefit of Seabird Members, while respecting Stó:lō culture, traditions and values.

Early Childhood Education

Early Childhood Educator (Infant/Toddler)

The Early Childhood Educator will provide hands-on childcare to children in Seabird Island's Early Childhood Education programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management.

Preschool Assistant

The Preschool Assistant position plays an integral role in the cultural and social development of our preschool children. The Assistant will help to guide children's behavior, ensure safety, assist children through their stages of development and prepare them for school.

Please note: There are two positions open, one is full-time permanent and one is part-time 21hr+.

Speech and Language Pathologist

The Speech-Language Pathologist provides a wide range of clinical services that focus on promoting communication, language and speech and that contribute to a client/patient's overall cognitive, physical, social and emotional well-being. The speech and language pathologist works closely with babies, children who have various levels of speech, language and communication problems. The successful candidate will provide assessments to children (0-6 years old) referred to the Ey Qwal Speech and Language Program.

Finance & Administration

Receptionist - Administration

The Front Desk Receptionist is responsible for a wide variety of clerical office duties in support of Band administration. Includes communicating office activities, greeting, and screening visitors, answering, and referring inbound telephone calls.

This is a Term position with an end date of June 30th, 2024, with the possibility of extension. The hours for this position are 12:30pm - 4:30pm Monday-Friday.

Purchasing Agent

Under the direction of the Purchasing Supervisor, the Purchasing Agent will verify goods and service orders; prepare and forward purchase orders; verify receipt of goods and services; and authorize payment for goods and services. The goal is to acquire goods and services that are critical for the success of operating standards, with the best price and quality standards.

The Purchasing Agent ensures that corresponding departments at Seabird Island Band, have the materials and services they need to function on a day-to-day basis. The Purchasing Agent performs extensive research to find the most cost-effective materials, supplies, goods and services, which requires that they stay up to date on marketing and pricing trends.

Inter-Government Affairs

Project Manager (Aboriginal Rights & Titles)

The Project Manager (Rights & Titles) will work to protect and advocate for Aboriginal rights and title in business and development. The Project Manager (Rights & Titles) will ensure that all referrals and development ventures that may impact SIB rights and title are assessed and subject to SIB best interests and long-term sustainability. The Project Manager will confer on development upstream and downstream from Seabird Island traditional lands. Issues such as environmental impacts, access, resource and revenue sharing will all be managed by this position. Seabird Island Band holds

the inherent right to our traditional land and territory, and jurisdictional authority over those lands, territories and interests as recognized in Delgamuukw v British Columbia [1997].

Executive

Food Services Program Manager

Reporting to the Executive Director the Foods Services Manager is responsible for all SIB food services and catering operations. The Manager is responsible for fiscally responsible decisions related to the provision of food services, in support of internal and external sales.

This position will have a direct impact on Food Services Leadership and the support it provides enables staff to achieve their goals and contributes to the successful operations of the Food Services Department. As the Food Services Manager, you are responsible for the well-being of our community and staff through the preparation and delivery of home-cooked meals, cultural meal preparation as well as leadership of the food services team. The Food Services Manager directly supervises staff and ensures staff are fully informed and compliant in all food regulations and best practices.

Community Infrastructure

Animal Wellness Guardian

Responsibilities include applying for funding initiatives, organizing training, promoting 'One Health' and educating the community on animal wellness tips. The Animal Wellness Guardian recognizes that animals are individuals, not objects and works to empower our community to resolve local animal issues, working together toward common solutions. In collaboration with the Lands Manager, the Animal Wellness Guardian will administer the Dog Licensing & Animal Management Law regarding stray, dangerous, nuisance and unwanted domestic animals; investigating complaints; conducting patrols assigned areas; capturing animals; and performing other duties related to humane animal protection and control.

This is a term position with an end date of March 31st, 2024, with the possibility of an extension.

Housing Program Administrative Assistant

The Housing Program Administrative Assistant reports to the Housing Program Manager for all tasks related to clerical functions within the Department. Primary duties include but are not limited to: Answering phone calls from tenants and those individuals waiting for housing; Develop and maintain all files; Develop and maintain databases for Housing Programs; Executing the application process; Assisting tenants, staff and other department staff as required.

Major Projects Team Lead

The Major Projects Team Lead will follow the philosophies, policies, and objectives established by management. The Major Projects Team Lead is responsible for coordinating, supervising, and implementing projects within the Lands Program, including administration of

projects, leases, major infrastructure projects, environmental projects, additions-to-reserve, right-of-way expansions, and agreements. The Major Projects Team Lead will provide necessary technical support and supervision of projects with regards to Lands, conducting meetings and coordinating field inspections related to projects and inquiries. This position will interact with various departments throughout Seabird Island and will liaise with municipal, provincial, and other stakeholders regarding inquiries and to ensure the effective implementation of projects.

Public Works Assistant - Skills Link

The FNESC skills link program (SLP) was developed to assist eligible First Nation youth (15-30 years of age inclusive) to prepare for future entry into labour market. The goal of the program focuses on providing work experience and developmental learning for the participants. The Mentor/Mentee relationship provides a forum for knowledge sharing and collaboration in a supportive environment. The Assistants primary duties include but are not limited to answering phone calls, assist with file maintenance, assisting public works manager/staff as required.

This program will be 22 weeks in duration working 30hrs/week not exceeding 720hrs per participant. The program ends March 31, 2024.

Human Resources

HR Administrator

The Human Resources Administrator is an entry-level position. The Human Resources Administrator will be the first point of contact between an employee and the company. The Administrator's primary task will be a helping hand to the Human Resources division to complete administrative functions related to Employee Relations including attendance management, medical tracking, follow-ups from case management, documentation, and collaboration with internal teams. Typical duties include updating daily Human Resources documents, answering employees' questions, and keeping trackers accurate and updated.

The Human Resources Administrator will develop a calendar and assist employees on their medical leave. The Human Resources Administrator will handle most of the documentation related to Employee Relations functions, training, exiting, and reporting.

Culture & Community Services

Elders Mobility Program Coordinator

The Elders Mobility Program Coordinator is a role model for health and wellness, who is passionate about helping Elders to pursue overall improvements in health through engagement in activity. This position will design, instruct, schedule and coordinate recreation programming for the Elders. Working closely with the Elders Day Program Coordinator, the Mobility Coordinator will implement impactful mobility programs that will engage Elders, in all our partner communities, to participate in activities that benefit their mobility and social interactions.

Book Your APPOINTMENT TODAY!

Ages

40 - 79

Mammogram Clinic

When | Nov 8th, 2023

Where | Seabird Island Band, health parking lot

About 1 in 8 people will develop breast cancer in their lifetime. Regular screening every 2 years can detect breast cancer early, usually before it has spread. Make it part of your regular health routine.

*Early detection
SAVES lives!*



Please contact the CHR in your Community for more information, registration forms & to book your appointment.

Seabird CHR - 604-796-2177

CHR - Community Health Representative

