



January 30, 2024

## UPDATE: Respiratory Illness Season

Please know, the Respiratory Syncytial Virus (RSV) and Influenza (flu) cases are both on the **rise**, while COVID cases in **decline**.

- The RSV and the flu are expected to peak in the next few weeks, while COVID has been stable and declining, since November.
- At this time, the government is unsure if COVID will spike in the spring like previous years. A recommendation for a booster vaccine for elderly adults may be announced, but no decision has been made yet.
- Current hospitalization rates in BC are due to the return of regular surgery schedules, rather than respiratory illness season.
- **Please continue to wear a mask in all healthcare settings.**

Respectfully, we would like to remind everyone to **get vaccinated**, **practice physical distancing and wear masks**, particularly if you are elderly, immunocompromised or have underlying medical issues, etc.

### TO GET YOUR VACCINE TODAY PLEASE CONTACT:

Seabird Medical at (604) 796-2165  
or Seabird Pharmacy at (604) 491-4477

