



# SCHÁKWEL TL' SQ'ÉWQEL

(WHAT'S HAPPENING ON SEABIRD ISLAND)

SQ'ÉWQEL SCHEDULE

APRIL 16-30, 2024

## CULTURE & COMMUNITY SERVICES

| Date            | Event / Activity                                  | Location                          | Time                           | RSVP / Pre-register | Contact                             | Program    |
|-----------------|---|-----------------------------------|--------------------------------|---------------------|-------------------------------------|------------|
| April 16        | Art Through Our Whole Selves (Youth 15-24)        | Seabird College Student Lounge    | 3:30 - 5:30 PM                 | Yes                 | Robert Dunning<br>604-819-2781      | Youth      |
| April 17        | Traditional Medicine Harvesting (Youth 13-24)     | Seabird College Student Lounge    | Seabird College Student Lounge | Yes                 | Robert Dunning<br>604-819-2781      | Youth      |
| April 18        | TV Bingo  | Elders' Lounge                    | 12:00 - 2:00 PM                | Yes                 | Haley Walker<br>604-798-0768        | Elders     |
| April 23        | Elders Group Walk                                 | Meet in Elders' Drop-In (College) | 12:00 - 2:00 PM                | No                  | Haley Walker<br>604-798-0768        | Elders     |
| <b>April 17</b> | <b>Seabird Island Band Quarterly Meeting (Q4)</b> | <b>SIB Gym</b>                    | <b>5:00 - 8:00 PM</b>          | <b>No</b>           | <b>Roy Bedford<br/>604-798-0768</b> | <b>CCS</b> |
| April 17        | Community Food Hamper Pick-up                     | SIB Gym                           | 9:00 AM - 6:00 PM              | Yes                 | Charlene Point<br>604-796-2177      | Events     |
| April 24        | Second-hand Shopping                              | Meet in Elders' Drop-In (College) | 9:30 AM - 2:30 PM              | Yes                 | Emerald                             | Elders     |
| April 30        | Elders' Deadline to Submit Slips for Taxes        | Meet in Elders' Drop-In (College) | BEFORE 4:00 PM                 | No                  | Haley Walker<br>604-798-0768        | Elders     |
| April 30        | Elders Group Walk                                 | Meet in Elders' Drop-In (College) | 12:00 - 2:00 PM                | No                  | Haley Walker<br>604-798-0768        | Elders     |

### ELDERS PROGRAM

- Elders Meals on Wheels, Mondays & Wednesdays
- Elders Drop-in (College): Wednesdays, 10:00 AM - 2:00 PM
- Elders Drop-in (College): Tuesdays, 12:00 - 2:30 PM

### YOUTH PROGRAM

- Youth Centre Drop-in (13+): Weekdays, 3:00 - 8:00 PM
- School's Out Drop-in (6-12): Weekdays, 3:00 - 5:30 PM

## HEALTH

| Date              | Event / Activity  | Location     | Time               | RSVP / Pre-register | Contact                       | Program          |
|-------------------|-------------------|--------------|--------------------|---------------------|-------------------------------|------------------|
| April 16, 23 & 30 | Womens Group      | STC Building | 5:00 PM            | No                  | Kim Verigin<br>604-795-0875   | Mental Wellbeing |
| April 18          | Lab Day           | SIB Health   | 8:00 AM - 10:00 AM | No                  | Kristi McNeil<br>604-796-2165 | Health Care      |
| April 19          | Hearing Clinic    | SIB Health   | 9:00 AM - 3:00 PM  | Yes                 | Kristi McNeil<br>604-796-2165 | Health Care      |
| April 22 & 29     | Community Dinners | Mill Hall    | 6:00 PM            | Text or Call        | Randy Wheeler<br>604-796-7120 | Mental Wellbeing |
| April 22 & 24     | Foot Care Clinic  | SIB Health   | 9:00 AM - 4:00 PM  | No                  | CHR<br>604-796-2177           | Health Care      |

- Income Assistance Check Day: Last Wednesday of every month, 8:00 AM - 4:00 PM

## EARLY CHILDHOOD DEVELOPMENT

- Out of School Care (OOSC) 3:00 - 5:00 PM weekdays with Megan Louis, 604-796-7184
- Someone So Small, every Wednesday, 10:00 - 11:30 AM with Judith Dela Vega, 604-997-3064

## COMMUNITY INFRASTRUCTURE

| Date              | Event / Activity                          | Location        | Time           | RSVP / Pre-register | Contact                           | Program         |
|-------------------|---|-----------------|----------------|---------------------|-----------------------------------|-----------------|
| April 16, 23 & 30 | Alpha Course                              | Mill Hall       | 7:00 - 8:30 PM | No                  | Kassia Bednarczyk<br>604-703-8726 | Lands           |
| April 17          | Microchip Clinic<br>(1st come, 1st serve) | Outside SIB Gym | 5:00 - 7:00 PM | No                  | Chloe MacBeth<br>604-796-7100     | Animal Wellness |

## PUBLIC WORKS

- Free Cobbs Bread: 1<sup>st</sup> Monday of every month (May 6)
- Garbage Day: Every Monday
- Recycling Day: Every Tuesday
- Major Garbage: 1<sup>st</sup> Wednesday of every month - Community Core (May 1)
- Major Garbage: 3<sup>rd</sup> Wednesday of every month - Surrounding Area (April 17)

## SEABIRD ISLAND FIRE DEPARTMENT

- Fire Practice: Every Tuesday, 7:00 - 9:00 PM

## EDUCATION

- All Grade 7 - 12 living on Seabird Island, Tutoring Program: Every Tue, Wed, Thur, 3:30 - 5:30 PM @ SICS (room 117)