



## RED DRESS GATHERING - HEALING MOMENTS



### HONOUR WALK

To honour the Missing and Murdered Indigenous Women, Girls, and Two-Spirit folks (MMIWG2S+), Seabird Island hosted an honour walk, luncheon, presentations, and cultural performances on May 3, 2024.

The event began with a prayer led by one of our Elder, Linda Kay, followed by drumming from Seabird High School students, marking the start of the walk.

Participants followed the flag between the drummers and performers, symbolizing healing and protection for all.

The group walked around the track, while the drummers continued to play healing music.

Some individuals walked additional laps before joining others in the band gym for the luncheon.

Each participant was invited to leave their hand-print on a banner and received a T-shirt featuring a red dress to commemorate the day and continue to raise awareness in the future.

After lunch, Linda Kay shared stories of multiple abused, missing and murdered women, speaking from the heart about



family stories and her experiences searching for her missing niece in 2018.

Linda highlighted her ongoing work of sharing these stories globally to raise awareness, including participating in walks across British Columbia and Canada.

Continued on page 2.



The Wild River Drumming and Dance Group performed healing songs and dances, with some Members sharing their family experiences. Their performance uplifted spirits, concluding with a circle dance involving everyone in the room. Several Seabird Elders displayed remarkable strength by sharing their



stories and offering wisdom. I extend special thanks to DJ, Mike, and Mazie for their words.

*“Our women are important and powerful, only they can have babies to provide us with future generations! We need to respect and take care of them.”*

To conclude the day, Seabird students performed two more songs and dances, bringing great pride to the Community.

Sandra Bobb, Communications Program  
Sq'ewqel Culture & Community Services

**teltá:l – Mothers**  
**the alex – Sister**



## HISTORY SHARED

On December 11, 1939, Gus Seymour and Philomena Mary Pete exchanged vows in a ceremony that united them in marriage at the Chawathil Church.

This momentous occasion marked the beginning of their journey together as husband and wife.

They went on to become the proud parents of Clement Eugene Seymour and his five sisters and five brothers.

Haley Walker, Elders Program  
Sq'ewqel Culture & Community Services

Seabird Island Festival cordially invites you to our

# Coastal Jam

Co-hosted by  
Sq'owqel &  
Lummi Blackhawks

May 25, 2024  
6pm to 10 pm  
Dinner: 6:00 pm  
Jam Out: 7pm to 10pm

Contests  
Iron Man 10 & under  
Iron Man 16 & under  
Potato Dance

Seabird Island Band Gym  
2895 Chowat Rd  
Agassiz BC



## SEABIRD FESTIVAL WELCOME CEREMONY

10 AM, Saturday,  
May 25, 2024

We encourage everyone to come out for the Welcome Ceremony and Procession.

Please join us to show your support your family and friends on the teams, and support our Elders and Council Members.

Seabird Elders and Council Members will be joining a procession from the Mill Hall to the Grand Stand, where Seabird will be hosting an opening ceremony to welcome everybody to the 2024 Seabird Island Festival.

## Elder's Tea Seabird College

Casual Conversation:  
**Seating & Tea**  
When:  
**Saturday & Sunday**  
**10:00 a.m.**  
**2812 Chowat Rd., Seabird**



## SQ'ÉWQEL COMMUNITY ENGAGEMENT

Seabird Island Band wants to hear from its people on many issues that will directly touch the Community for years to come.

Public input will help choose direction for language learning, the future of education, Band Membership rights and responsibilities, land-use practices, and culture and recreation practices. This is just a partial list of topics that need the Community to weighed-in on.

Some topics are open to all residents' input and some are limited to Band Members (example: Membership Code). In all cases, it is important that large numbers of people participate to ensure the input received is a balanced representation of views.

The public input will be used to form plans for future action. For example, Seabird Island Band's looking for language input will help plan for increased Halq'eméylem' use.

Opportunities for public input will take several different forms. Community presentations, Open houses and webpages to share important information, discussion groups, and in-person and on-line surveys will all happen. Some topics will require a vote by the Band Membership.

Seabird Island Band is committed to listening to the views of the Community. However, the future of Seabird Island needs the people to commit to participating.

Keep your eyes on the Seabird Island Facebook page and SCHÁKWEL TL' SQ'ÉWQEL calendar for information on upcoming opportunities.

### COMMUNITY PARTICIPATION - HELP WANTED!

Seabird island is looking for people interested in helping with the Community Food Hamper Program and the annual Seabird Island Festival scheduled for May 24-26, 2024.

These unpaid opportunities will benefit Seabird Island, while also providing purpose, build relationships with other volunteers and staff, develop experience, and hopefully have some fun.

Band Volunteer opportunities can be tailored to fit your schedule, and come with orientations and on-the-job training. If you would like to know more about volunteering with Seabird Island Band, please contact us at [events@seabirdisland.ca](mailto:events@seabirdisland.ca)

### SEABIRD ISLAND FESTIVAL (May 24-26)

- Soccer, canoing, pre-event coordination and event-day administration and field support
- Children's Area Support
- Vendor Areas support
- Fee collecting and parking control
- Site-services – recycling, trash management

Communities thrive when the people volunteer. Consider how great it is for our children and Youth that Members volunteer as soccer coaches and

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## TRUST CHEQUES

For Band Members, who turned 18 years old between **January 1 and May 31 of 2024:**

- **Pick-up Date:** June 3, 2024
- **Location:** Seabird Island Band Office lobby
- **Time:** 9 AM - 3 PM

administrators, or how our Elders benefit from people taking them to appointments or shopping. Volunteers add to the quality of life for everyone in Seabird Island.

Roy Bedford, CCS Department Manager  
Sq'ewqel Culture & Community Services



# S'Í:WES TE S'ÓLH TÉMÉXW

*Teachings of Our Land*

*A Stó:lō Land Stewardship and Governance Course*

**A FIVE-WEEK PROGRAM FOR STÓ:LŌ YOUTH TO  
FURTHER THEIR UNDERSTANDING AND KNOWLEDGE OF  
STÓ:LŌ LAND STEWARDSHIP AND GOVERNANCE**

**JULY 2 - AUGUST 2, 2024**

Open to Stó:lō Youth Ages 16-21

4 days/week | 9:30am - 3:30pm

Stó:lō Research and Resource Management Center, Chilliwack, B.C.

**Earn STSA Certification | Honouraria Upon Completion**

**EMAIL LEARN@STSA.CA FOR MORE INFORMATION AND TO SUBMIT AN APPLICATION  
SPACE IS LIMITED - APPLY BEFORE MAY 31, 2024**



This course aims to support the revitalization of cultural identity among Stó:lō youth through teaching and learning about respectful land and resource use, land stewardship, and governance. The course is offered as a five-week cohort program for youth who wish to further their understanding of Stó:lō ways relating to land stewardship and governance. The course will take place at the Stó:lō Research and Resource Management Centre in Chilliwack. Nearly every day of the course, participants will engage in day trips to visit various culturally significant locations throughout S'ólh Téméxw.

**Presented by The S'ólh Téméxw Stewardship Alliance (STSA):**  
Chowéthel, Xwchíyò:m, Kwaw'Kwaw'Apilt, Sq'éwlets (Seabird Island Band),  
Shxw'ōwhámél, Sq'ewá:lxw, Sqwá, Semá:th, Yale First Nation, Áthelets,  
Shxwhà:y Village, Sq'ewqéyl, Th'ewá:li, Sxwoyehálá, Ch'íyáqtel, Yeqwyeqwí:ws.



## CULTURAL-BASED HEALING, JOIN US

### A Wellbriety Recovery and Healing Program

**Mondays, starting May 27, 2024,  
from 7-8 pm at the Millennium Hall.  
Light refreshments provided.**

Our program is open to anyone struggling with substance use or impacted by someone they love, who is using, and it is welcoming to all genders, indigenous and non-indigenous alike.

Are you struggling with substance use or impacted by someone who is using substances? Join our sessions to receive support on your healing journey, regardless of where you are on your path.

Our approach is rooted in cultural teachings and principles, providing a framework for healing from alcohol, substance abuse, co-occurring disorders, and intergenerational trauma. We aim to share these cultural values to support healthy community development and servant leadership.

Come and be a part of this sustainable grassroots Wellbriety Movement, dedicated to providing culturally based healing for the next seven generations of Indigenous people.

To learn more about Wellbriety go to [About Us \(wellbrietymovement.com\)](http://wellbrietymovement.com)

#### Contacts:

Derek Swanson at 604-997-5669 or [dereks@seabirdisland.ca](mailto:dereks@seabirdisland.ca)

Kim Verigin at 604-795-0875 or [Kimberly.verigin@seabirdisland.ca](mailto:Kimberly.verigin@seabirdisland.ca)

*Sandra Bobb, Communications Program  
Sq'ëwqel Culture & Community Services*



## NUTRITION WALK/RUN PROMOTES WELLNESS AND COMMUNITY SPIRIT

It was a beautiful sunny day on March 14, 2024, when the Seabird Health and Education Departments came together to host the Annual Nutrition Walk/Run. It is a vibrant event that not only celebrated physical activity, but also fostered a sense of community and wellness among participants.

The event kicked off in front of the Band office, where Daughter, a respected community figure, shared inspiring words with the eager crowd. Participants, ranging from young students to seasoned adults, and Elders gathered for a moment of prayer, emphasizing the importance of health and unity within the community.

Adding to the cultural richness of the event, Gabriel and students led the group

in drumming and singing, creating a lively and uplifting atmosphere. Each class that participated was recognized, highlighting the inclusive nature of the event and the community's commitment to promoting wellness for all ages.

Before the start of the walk/run, each participant received a thoughtful gift—a warm toque and gloves—ensuring comfort and safety during this spring event. This gesture not only demonstrated the organizers' attention to detail, but also their commitment to the well-being of every individual involved.

As the participants set off on their journey around the community with the sun shining overhead, it was evident that this event was more than just a run—it

was a celebration of health, unity and the vibrant spirit of the Seabird Community. Water stations were also setup around the community to provide a respite, as some participants walked up to 5 and 10 km.

The Annual Nutrition Walk/Run serves as a shining example of how community events can promote wellness and bring people together in a meaningful and impactful way.

*Sandra Bobb, Communications Program  
Sq'ewqel Culture & Community Services*



### Wellbriety Sessions



Are you struggling with or are impacted by someone who is using substances?

Attend sessions to support you on your healing journey, no matter where you are on the red road path.

Open to the public, ALL welcome - no matter your gender, sexuality, and whether you are Indigenous or non-Indigenous.



**Day:**  
Every Monday,  
Starting May 27, 2024

**Time:**  
7 - 8 PM

**Location:**  
Mill Hall on  
Seabird Island Band  
2736 Sqewqel Drive, Agassiz



Connect with your Community

## DINNER EVERY MONDAY NIGHT

6 PM - Mill Hall  
Starting April 8

Everybody is welcome!

When possible, RSVP is appreciated

Text or call Randy Wheeler at  
(604)-796-7120



## NAMING CEREMONY

On March 20, 2024, Seabird Island Community School, Lalme' Iwesawtexw, celebrated their twenty fifth (25th) annual Naming Ceremony. Thirteen (13) students and Community Members were honoured with names on this day, bringing the total number of names given to 230 to date.

Receiving a traditional name is a significant honour and major milestone in one's life. A lot of work goes into reaching this point, including research to understand the significance of family names. Thanks is given to those, who have passed down or nominated the names and families, to come together to prepare for this event as each nominee prepares to receive their traditional name.

The school's drumming and dance group provided the entrance/procession song, the honour song, and, for the first time, a new song gifted from the Lummi First Nation. Last year, while visiting Seabird, a Lummi Member heard the song from our ancestors and took it home to work on it and bring it back to the people. The school's drum and dance group traveled

to the Lummi First Nation to learn the song from her and bring it back to Seabird. This was the first presentation of the song to the community, and it was an honour to listen to it for the first time as the students danced to it. They did an awesome job.

The thirteen students and Community Members stood on cedar representing fresh ground and a fresh start. Behind each stood their supporters, family and friends. As each person received their new name, the crowd repeated each name 3 times to learn to pronounce them.

**Witnesses:** Mark Louie, Karla Joseph, Randy Thomas, and Mike Allina were asked to speak to those receiving their names, providing words of wisdom and advice.

We were all encouraged to take the story of this day home to share it so we can all remember this day and pass down all the important information from this day and ceremony to our friends, family and future generations.

As a conclusion to the ceremony, we all went through the receiving line

and acknowledged each newly named Community Member. Following that, each of the nominees handed out gifts and bookmarks with their names on them, as a thank you for supporting them on this important day, plus so we would all have something to remember the day.

1. **xwótkwílém** Daton Julian
2. **iyó:léches** Triton Julian
3. **Welhe'it emòt** Gabriella Charlie
4. **Xwéylém** Grayson Charlie
5. **Xwelisteleq** Dawson Schultz
6. **Xwelmoqw'ches** Chris Schultz
7. **Shxwéytelot** Ava Noseworthy
8. **Shxwéyemot** Violet Carriere
9. **Xwelkw'emíya** Allison Peters
10. **Xwéxwelkw'emíya** Tehya Peters Gutierrez
11. **Xwelkw'emoya** Diamond Peters
12. **Álí:lemot** Rhoda Edwards
13. **Leq'alqeleq** Tristan Forseth

*Sandra Bobb, Communications Program  
Sq'èwqel Culture & Community Services*

**shxwelméxwelh skwí:x**  
*Indian Name*





## CAREER FAIR

The Seabird Employment Program's Career Fair on March 13, 2024, was a bustling event, buzzing with excitement and opportunity. The gym was transformed into a hub of activity, with booths from colleges, universities and prospective employers from throughout the Fraser Valley lining the space.

Many booths were thrilled to participate and engage with the diverse range of attendees, including Community Members, students, and other visitors.

The booths were well-received, and we had the chance to not only share information, but also learn from each exhibitor, gaining insights into various career paths and educational opportunities.

One of the highlights was being able to provide visitors with advanced knowledge of possible positions opening up, offering them a glimpse into potential future opportunities.

Many visitors took home information on continuing education, along with branded merchandise from exhibitors.

These items, like stress balls, not only serve a practical purpose, but also act as a reminder of the connections made and the organizations represented at the fair.

Overall, the Career Fair was a fantastic opportunity for networking, learning and exploration. It was a testament to the Seabird Employment Program's commitment to supporting the community in their career and educational endeavors.

*Sandra Bobb, Communications Program  
Sq'ewqel Culture & Community Services*



## VISIT TO STAVE LAKE POWER HOUSE

This spring the grade five class has been busy learning about natural resources in science. They were quite surprised by where the raw materials for many items we use actually come from, like rubber, sugar, or glass.

Their learning extended beyond mere facts, they have also been thinking about

how to live more sustainably, so that seven (7) generations from now there will still be a healthy world to live in.

To learn more about one of the resources they use daily — Electricity — we invited the grade six (6) class to join us on a field trip to the Stave Lake Powerhouse. Immersing themselves in the world of hydro power. During our tour students were able to watch live demonstrations, experiment with the interactive exhibits,

and see hydro power turbines up close. The hands on approach reinforced their appreciation for this resource and the importance of sustainable energy practices.

### ***IT WAS ELECTRIFYING!***

*Sheila Johnson, Seabird Island Community School  
Sq'ewqel Education*

**Iwesawtexw**  
*House of Learning*

**REGISTER TODAY!**



**Seabird College**  
EDUCATION FOR REAL LIFE

2024

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**FOUNDATION OF ECO-CULTURAL RESTORATION**

**INTERESTED IN LEARNING HOW TO RESTORE YOUR TRADITIONAL LANDS?**

**Sign up now to learn about Eco-Cultural Restoration techniques and skills!**

- Foundations of Eco-Cultural Restoration is a three-week, university credit course, offered at Seabird College. Restoration will focus on the lands around Seabird Island.
- Students will learn how to incorporate their cultural perspectives and ideas into restoration projects and planning.
- The program is sponsored for Indigenous students.
- Raingear and lunches provided.
- Transportation is available where needed and possible.

START DATE:  
**JULY 8 - 26**

MON TO FRI, 9:00 AM - 4:00 PM

STUDENTS WILL LEARN ABOUT:

- Hands on fieldwork
- Local restoration planning
- Native plants and animals
- Road rehabilitation
- Planning for climate change
- Fish habitat restoration
- ...and more!

In partnership with  





*Let us help you achieve your educational goals!*

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**ADULT DOGWOOD with Trades Sampler**

**SEMESTER 1: SEPTEMBER THRU JANUARY**  
**SEMESTER 2: FEBRUARY THRU JUNE**

FULL TIME MONDAY – FRIDAY 9:00 AM – 3:00 PM  
LIMITED SEATS AVAILABLE

**Mandatory Courses we are offering:**

- English 12 First Peoples (4 credits)
- Workplace Math 11 or Foundations of Math 11 (4 credits each)

**Elective Courses we are offering:**

- Anatomy & Physiology 12 (4 credits)
- Career Life Connections 12 (4 credits)
- Chemistry 11 (4 credits)
- Work Experience 12A (4 credits)
- Work Experience 12B (4 credits)
- \*\* Business Computer Applications 12 (4 credits)
- \*\* Train in Trades (UFV)
- \*\* Only offered in Semester 2

*Let us help you achieve your educational goals!*

**12 WEEK PROGRAM**  
**TRADES SAMPLER**

The **Train in Trades** (Trades Sampler) program is a collaboration between Seabird Island Community School and the University of the Fraser Valley. Participants acquire fundamental technical knowledge and practical skills across various industrial trades.

These trades encompass Automotive, Carpentry, Culinary Arts, Electrical, Plumbing, and Welding.

Certifications, such as Forklift, First Aid, and WHMIS WCB, are integrated into the training curriculum.

Upon successful completion of the program, participants are equipped to pursue further education and pursue apprenticeships in their chosen trade through UFV.

In partnership with  



**Call Now To Register!**  
 Phone: 604-796-6839  
 Email: colrecruit@seabirdisland.ca  
 Web: www.seabirdcollege.ca





**Seabird College**  
 2812 Chowat Road,  
 PO Box 650,  
 Agassiz BC, V0M 1A0

## FINAL EXAM STUDY TIPS

Final Exam Time! I do not miss that. When I was young, I struggled with a few classes, and here are a few study tips that helped me pass my final exams in both High School and College:

1. Read out loud.
2. Repeat important parts.
3. Create and use cue cards to remember facts, statistics, and more.

4. Record yourself reading out loud and play it back to yourself when you are sleeping, riding to class, or doing chores.

This last one was a big help to me; it had me studying even when I was sleeping. The information sticks in your subconscious when you are not even focusing on it. The first time I recorded

myself and played it back over and over, the stakes were big. If I did not pass the final exam, I would fail the whole year. These recordings really saved my bacon, and I highly recommend trying it.

Good luck on your final exams; you can do it!

*Sandra Bobb, Communications Program  
Sq'ewqel Culture & Community Services*



# Stó:lō Aboriginal Skills & Employment Training Opportunities



• <b>Traffic Control Training</b>	May 6 & 7, 2024 8:30 AM - 4:30 PM	Chilliwack Office, info@saset.ca
• <b>Traffic Control Training</b>	May 15& 16, 2024 8:30 AM - 4:30 PM	Sts'ailes Office
• <b>Landscaping Training Program</b>	May 27 - 31, 2024	Chilliwack Office
• <b>Landscaping Training Program</b>	June 3-14, 2024	Sts'ailes Office
• <b>Self-Care Workshop</b>	June 6 & 7, 2024 8:30 AM - 4:30 PM	Sts'ailes Office
• <b>Construction Training</b>	June 10 - 29, 2024	Chilliwack Office
• <b>Certificate Training for Youth Summer Employment</b>	July 2 - 5, 2024	Chilliwack Office
• <b>S'ólh Téméxw Guardians Cultural Training Program</b>	Sept. 3 - Dec. 6, 2024 - 2 days a week	Seabird College, register at learn@stsa.ca
• <b>Piping Foundations</b>	Jan 6 - May 30, 2025	info@saset.ca



<p><b>SASET - Chilliwack Office</b>                  5B-7201 Vedder Road                  Chilliwack, BC                  Phone: 604-858-3691</p>	<p><b>SASET - Sts'ailes Office</b>                  4690 Salish Way                  Agassiz, BC                  Phone: 604-796-5536</p>	<p><b>SASET - Seabird Office</b>                  2895 Chowat Road                  Agassiz, BC                  Phone: 604-796-6865</p>
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## NEW STAFF: ALEESHA JONES



Hello, my name is Aleesha Jones, earlier this month I joined Seabird as the new Food Sovereignty Coordinator. My background is in food systems, food security, geography and Indigenous studies. I recently completed a Master of Science at UBC in 2023 with my research focusing on Indigenous food systems.

I was born in Chilliwack and raised throughout the Fraser Valley.

I spend much of my free time knitting, beading and reading; though when the weather is nice, I am often found walking my dog or working outside on any number of gardening or woodworking projects.

I look forward to spending time here in Seabird and hearing more about how I can support our collective food security and sovereignty.

tém:éxw – Earth, land

Aleesha Jones, Lands Program  
Sq'ewqel Infrastructure

Participate to enter the prize draw for a \$50 gas card!



## Seabird Island Food Questionnaire

**We want to hear from you!**

Are you familiar with traditional foods?  
Or would you like to learn more about it?

**Scan the QR code**  
and complete our short questionnaire!



\*The deadline to enter the prize draw is May 10, 2024  
The collected information will only be used by Seabird Island Band.

**For any questions please contact:**

Aleesha Jones  
Food Sovereignty Coordinator  
aleesha.jones@seabirdisland.ca  
604-796-7105



# HOUSING WAIT LIST – online: <https://www.seabirdisland.ca/rntlhsngwaitlst/>

1 Bedroom	
1	12062022-7091
2	01172023-7093
3	02092023-7096
4	02222023-7098
5	05022023-7105
6	06162023-7018
7	06232023-7109
8	10182023-7116
9	11032023-7127
10	11082023-7128
11	11152023-7124
12	12072023-7130
13	12122023-7131
14	09122019-6032
15	01012024-7140
16	01102024-7141
17	05012024-7147

2 Bedroom	
1	12102018-6014
2	06172019-5037
3	01072020-7031
4	11022020-5051
5	01072020-6024
6	11152018-6022
7	01092021-7061
8	12232020-7056
9	09122019-6032
10	09072022-5068
11	12062022-7104
12	01172023-7093
13	11272018-5024
14	01032018-5012
15	03292023-7103
16	05022023-7105
17	06152023-7028
18	06162023-7018
19	07072023-7120
20	10312023-7118
21	10182023-7116
22	10192023-7122
23	10232023-2093
24	10232023-7125
25	10242023-7123
26	12062023-7138
27	12212023-7098
28	10032022-7077
29	01042024-7137
30	04152024-7146

3 Bedroom	
1	12192012-3076
2	01142015-1011
3	12102018-6014
4	12082023-7033
5	01072020-6024
6	01072020-7031
7	01222020-1031
8	11022020-5051
9	12232020-7056
10	12232020-7057
11	01092021-7061
12	04292021-7065
13	12192021-7070
14	11182020-7053
15	01092020-6000
16	09072022-5068
17	12162022-7078
18	12062022-7104
19	11272018-5024
20	12092022-7092
21	01182023-7094
22	08202019-7034
23	11092021-7069
24	05172023-7106
25	06152023-7118
26	06162023-7018
27	06192023-7019
28	07132023-7110
29	08112023-7112
30	09232023-7123

3 Bedroom	
31	10122023-7113
32	10172023-7115
33	10262023-7117
34	11072023-7126
35	12062022-7091
36	12072023-7139
37	12142023-7132
38	12292023-7136
39	12182023-7133
40	12292023-7135
41	01042024-7137
42	07032023-7102
43	07032023-7102
44	01152024-7142
45	01182024-7143
46	04052024-7145
47	04152024-7146

## EASY MONTHLY HOME CARE TIPS:

- **CHECK YOUR SMOKE DETECTORS BATTERIES**
- **KEEP UP YOUR LANDSCAPING** (lawn, weeds, gardens). Allowing weeds to grow freely or dead leaves and debris to collect, close to your home, such as in flower beds, can create a risk to your home and property; it can attract pests and be fire hazard.

- **MAINTAIN KITCHEN APPLIANCES**  
Clean inside and out to extend their life and keep them firesmart.
- **CLEAN WASHROOMS**  
To help avoid mold or mildew buildup, scrub bathroom tiles and grout, toilets & sink, with cleaning products at least once a month.
- **CHANGE FURNACE FILTERS**  
They reduce allergies. They also make it easier for your furnace to keep working safely, even in the summer months.
- **CHECK & CLEAN GUTTERS**  
Check your gutters for signs of leaves or other obstructions, and remedy any clogs or improper drainage.

*Sandra Bobb, Communications Program  
Sq'ewqel Culture & Community Services*

## ANIMAL MANAGEMENT PLAN SURVEY WINNER

We received incredibly valuable feedback, and it will help inform our programming going forward. Thank you!

The prize has been claimed- the lucky winner was **Makenzie Peters**. We appreciate the time people took to complete the survey; it will help inform animal programs for the Community.

*Chloe Macbeth, Lands Program  
Sq'ewqel Infrastructure*

## QUOTE

Author unknown

“The Youth may move and walk faster, but it’s the elders that know the road. Let’s honor the wisdom of our Elders.

Their experiences guide us beyond the fast pace of innovation to deeper understanding and better decisions.

Take a moment this week to seek advice from those who have walked the road before us.”

Submitted by  
*Albert Sandberg,  
Capital Projects Program,  
Sq'ewqel Infrastructure*

**kwélest** – To catch an animal





## CAT SPAY/NEUTER VOUCHERS SIGNIFICANTLY REDUCE COSTS FOR SEABIRD MEMBERS

### I have some big news!

Cat spay/neuter vouchers will now be available to Seabird Members. In partnership with Cheam View Veterinary Hospital in Chilliwack, we are issuing vouchers that offer a significant discount.

#### Voucher includes:

- Spay or neuter surgery
- Pain medication
- Vaccines
- Tattoo
- Flea treatment
- De-worming treatment

**Ihq'atses'ó:llh**

–  
Five little ones, five young  
(animal or human),  
five in a litter

The cost is between \$115 and \$180 (depending on gender and any complications), valued at over \$500. To have a voucher issued, please email [animal.services@seabirdisland.ca](mailto:animal.services@seabirdisland.ca) with the following information:

- Your name
- Your address
- Your phone number
- The email you'd like to use
- Your cats name
- Your cats gender
- Your cats age
- Your cats colour
- Your cats coat length (short hair or long hair)

Once the voucher is issued, appointments and payments will be made directly to the veterinary clinic.

*Chloe Macbeth, Lands Program  
Sq'ewqel Infrastructure*



## DROP-IN SERVICE WITH QWÍ:QWELSTÓM

Stó:lō Nation's Qwi:qwelstóm Indigenous Justice Workers are here for drop-in!

**All members of Seabird are welcomed to stop in, ask about the Indigenous Justice Circle Process, and any other questions related to navigating the Criminal Justice System.**

Where: Elder's lounge in the Band Office  
When: 1:30 – 3:30 PM on the following dates:

- May 1, 2024
- July 3, 2024
- June 5, 2024
- August 7, 2024

### ONE UNSPAID CAT HAS 4 KITTENS

5 MONTHS LATER

12 MONTHS LATER

17 MONTHS LATER

**SPAY OR NEUTER YOUR CATS BEFORE THEY REACH 5 MONTHS OF AGE!**

Learn more at: [spayneuter.ca](http://spayneuter.ca)

**BCSPCA**  
SPEAKING FOR ANIMALS

## COMMUNITY CLEAN UP

As the days grow longer and the weather warms, it's time to embrace the annual tradition of spring cleaning! This is the perfect opportunity to rejuvenate your living space, both indoors and out. "♪ Let the sun shine in, face it with a grin ♪".

Hopefully, everyone takes advantage of the recycling station set up from Thursday, May 9, to Sunday, May 19, 2024, at the Seabird College for you to conveniently drop off your items into the appropriate bins.

Not only is spring cleaning beneficial for your home and the environment, but it also presents a wonderful opportunity to showcase your Community pride. With festival guests set to arrive soon, let's all work together to make our Community shine. A clean, welcoming environment will not only impress our visitors, but will also create a more pleasant living space for all of us. So let's roll up our sleeves, put on our gloves, and make this spring the cleanest and most beautiful one yet! Prizes available for most improved yard!

*Sandra Bobb, Communications Program  
Sq̓̓w̓̓q̓̓el Culture & Community Services*



## THANK YOU

I wanted to recognize some work done by Seabird Public Works staff.

A large area behind the ball field has recently been cleaned up by staff.

Blackberries, rotten trees and garbage has been removed and will be much easier to maintain.

We think this may also help with space for Festival.

The work was led by David Harry with help from Aleck Joseph, Sharlene Johnny, David Charles, Veril Peters and Tim Louis.

We like to call it "David's park"

They worked through all kinds of winter weather to have this done for spring.

*Gary Swan, Public Works Program  
Sq̓̓w̓̓q̓̓el Infrastructure*

**thiyest te lálém** – To clean the house

# Seabird Island Community Clean Up

**Dates:**  
May 9 - 19, 2024

**Time:**  
Weekdays: 8:00 AM - 4 PM  
Weekends: 10 AM - 6 PM

**Drop-off Location:**  
Seabird College Parking Lot  
*2812 Chowat Road*

**RECYCLE ONLY - at this location**

- Large & small appliances
- Glass
- Electronics
- Exercise equipment
- Hand held power tools-corded & battery operated
- Batteries under 5kg
- Tires (NO RIMS)

For your convenience, **labeled bins and printed information will be available onsite** to help make sorting simple.





SEABIRD ISLAND

# DOG LICENSING & ANIMAL MANAGEMENT LAW

## THE FIVE FREEDOMS

All pets must enjoy the following 5 freedoms

-  **FREEDOM FROM HUNGER AND THIRST**
-  **FREEDOM FROM PAIN, INJURY, OR DISEASE**  
Prevent animals from physical pain and provide veterinary care when needed.
-  **FREEDOM FROM DISCOMFORT**  
Provide your pets with shelter and a comfortable resting area.
-  **FREEDOM TO EXPRESS NORMAL BEHAVIOUR**  
Ensure sufficient space and proper facilities for your animals.
-  **FREEDOM FROM FEAR AND DISTRESS**  
Animals should be kept in conditions that minimize fear and distress.

Max **5** pets per household

## BE A GOOD NEIGHBOUR

- ▶ Owners are **liable and responsible** for all damages and losses caused by their pets.
- ▶ **Prevent barking** between 8PM and 8AM; and for more than 15 minutes at all hours.
- ▶ **Keep your pets from trespassing.**
- ▶ **Leash pets** in public and respect signage.

No exotics or pitbulls

## LICENSING

All dogs older than 6 months must be licensed.

Make sure to keep all ownership and contact information current!

Please contact the Animal Wellness Guardian to license your pet at:  
animal.services@seabirdisland.ca

## REPORT INCIDENTS WITH AGGRESSIVE OR DANGEROUS DOGS

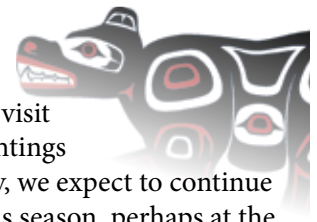
To report a dog, please fill out the incident report form available at the Band Office and send it to the Animal Wellness Guardian.



**Chloe MacBeth**  
Animal Wellness Guardian

animal.services@seabirdisland.ca  
chloe.macbeth@seabirdisland.ca  
604-796-7100

## BEAR AWARE



Last year, we had a couple of bears visit us at the Seabird Festival. With sightings throughout the community already, we expect to continue to see more of our furry friends this season, perhaps at the festival again, and likely in your backyards. The local black bears come in a variety of colors and are most active from April to November. Attacks by black bears are uncommon, but they are not teddy bears; they are still dangerous animals.

### Bear Awareness Tips:

- Do not feed the bears.
- Remain calm, slowly back away, and talk calmly to the bear and others around you in a monotone voice.
- Never run from a bear!
- Be aware of your surroundings; always keep one ear and one eye open.
- Do not walk alone. However, if you do find yourself alone, it is a good idea to talk or sing to yourself so bears can hear you and are more likely to avoid you and not be startled.
- Keep your pets leashed. Together, you are strong; apart, your dog could be prey or seen as a threat, either of which could be dangerous.
- Do not put your garbage out until Garbage Day. Use bear-resistant garbage cans that are hard for animals to open.
- Keep barbecues clean; the scent from leftover food on a barbecue will attract wildlife.
- Keep your yards clean of food, garbage, fish, and animal remains. Once they see you have these items in your yard for them to eat, they will keep returning. Once an animal gets used to being around people, we see them more often, and this can create dangerous situations for both humans and the bears.
- **Report aggressive, bothersome or threatening bears: 1-877-952-7277.**



Photo credit; Danica Giroux,  
Band /Community Member

Remember, we share our territory with these animals. British Columbia is considered Bear Country. Let's all work together to reduce conflicts with wildlife and stay safe.

**spathó:llh**

Baby bear (black)

Sandra Bobb, Communications Program  
Sq'ewqel Culture & Community Services

# SAGE SUGGESTIONS

Sandra Bobb, Communications Program, Sq̓̓w̓̓q̓̓el Culture & Community Services

A COLUMN FOR CLEANSE, CLARITY, ENLIGHTENING AND SOOTHING FUN.

## HOME AND GARDEN.

Wildfire season is here, so it may be time to fire-smart your homes. This includes doing work around your home, garden and yard. Keeping lawn trim, debris, trees and shrubs 10+ feet away from homes.

Remember to include the whole family in these outdoor chores. The fresh air is good for everyone and it doubles as life lessons for your kids, training them for their own homes when they grow up and for taking care of you, later in life, when you need it. Even your toddlers will have a blast digging in the dirt, pulling weeds, and planting flowers, herbs, strawberries and vegetables. Heck, even my little dog loves helping me weed my flower garden, as she rips the weeds out of my hands and proceeds to tear each one apart!

Mowing the lawn was always a shared chore when I grew up, because our lawn was monstrous. We had 3 push lawn mowers going at once, yet it still took all day. When we finally got a ride-on lawn mower, it was such a relief. Mowing the lawn with a ride-on is also good way for young teens to get the feel for a steering wheel prior to going for their driving license.

I have little flower troughs by my door, which I plant fresh herbs in every year. I enjoy using these daily as I cook dinner. They are much more flavourful than dried, canned herbs from the store. Sometimes I will even cut a bushel and hang them upside-down in my home to dry them for the winter. I also like to plant lavender and marigolds by my doors. The mosquitoes do not care for them and they are very pretty and fragrant.

I hope you and your family get outside to have some fun in your yard at least once a week, since it is great family time, full of life lessons, and healing for the mind and spirit.

## SCREEN-TIME LEADING TO SOCIAL ANXIETIES.

Screen time no longer refers solely to TV and video games; it has seeped into every aspect of our lives, and we must become more mindful of its impact. Over the years, I've observed the younger population spending more time on their phones, engaging in online games, and generally being absorbed in digital media.

Now, we see a whole generation grappling with social anxieties, unable to communicate face-to-face. People are texting each other even when in the same room, speaking aloud seems too daunting for them —they lack the skills and confidence for real-life interactions.

On the other side of the world, countries are providing incentives for dating and family-building, as their populations decline due to the lack of real-world interactions.

Teens and young adults are dating less, unsure how to engage with each other without a dating app. They discover that everyone has issues, leading them to question the point of it all.

Relationships require effort; giving up shouldn't be the default. Everyone faces challenges, and working together, talking openly, is the way to overcome them.

Let's collectively put down our devices, step away from our screens, and engage with the world around us. Real connections with real people await us outside our digital bubbles.

### Screen-time Recommendations:

- 0-24 months – 0 screen time except for video chatting
- 2-5 years – Less than 1 hour a day
- 5-8 years – Less than 2 hours a day
- 6-17 years – 2 hours a day
- Adults – 2-4 hour a day

## STAY OUT OF THE FIRE.

It's hot stuff, you will get burned!

## DON'T PEE INTO THE WIND.

You will get wet!

## REMEMBER TO REASSURE YOURSELF EVERY DAY!

Self-reassurance and self-love are important to build a strong life, ensuring you stay sane and motivated.

- You are worth it!
- You deserve the best!
- You are great just the way you are!
- You are the best!

This is not just tooting your own horn; this is the truth because...

- You are the best version of yourself!
- There is only one you!
- You are irreplaceable!
- It's okay to be yourself!

Self-reassurance can go a long way in leading a happy and fulfilling life. It can help you build the confidence not only to get up in the morning but also to get out there, learn new things, and take on new challenges.

By taking care of your mind, you take care of your body, your life, and you take control of your future.

Some people come by these skills easily, while others have to remind themselves. If you are one of those people, go ahead, cut this article out and put it on your fridge or somewhere you will see it every day, reminding yourself...

– *You are perfect just the way you are!*

## EVEN VEGETARIANS EAT MEAT: FOOD FOR THOUGHT.

The food chain is a complex web. When we examine it closely, we see that all creatures, including vegetarians, ultimately consume meat in some form.

Worms and mushrooms play a vital role in breaking down excrement, meat, bones, and plants, enriching the soil for grass and other plants to thrive.

Herbivores, or non-meat eaters, consume grass, seeds, and more. These herbivores are then consumed by primary predators, which are in turn eaten by secondary predators. The waste and debris from all these organisms eventually return to the soil, where worms and mushrooms break them down once more. In this sense, we can say that we all, in one way or another, consume meat, even from the plants we eat.

Furthermore, all organisms in the food chain require sunlight, air and water to survive. The delicate balance of this ecosystem is essential for its continuity.

As a part of this intricate web of life, it is our responsibility to protect and preserve it. Simple actions, such as conserving water, energy and making mindful food choices (such as avoiding processed foods), can make a significant difference. Initiatives like composting, recycling, and upcycling (reusing old items in new ways) can also contribute to the sustainability of our ecosystem.

Remember, we are all connected in this intricate web of life, and it is up to us to ensure its preservation for future generations.



# Indigenous Youth Career Development Workshop

18+

This is an excellent opportunity for Indigenous Youth to learn essential confidence-building, money management, and career exploration skills while becoming more comfortable with presenting and public speaking.

📅 June 1st, 2024  
🕒 10 am - 5 pm  
📍 7201 Vedder Road, Chilliwack Building 10 - 1st Floor Room

*This workshop is for Youth 18 years of age or older.*

To register

☎ 604-858-0009  
✉ [bhill@stolocf.ca](mailto:bhill@stolocf.ca)

Schi:ya Construction

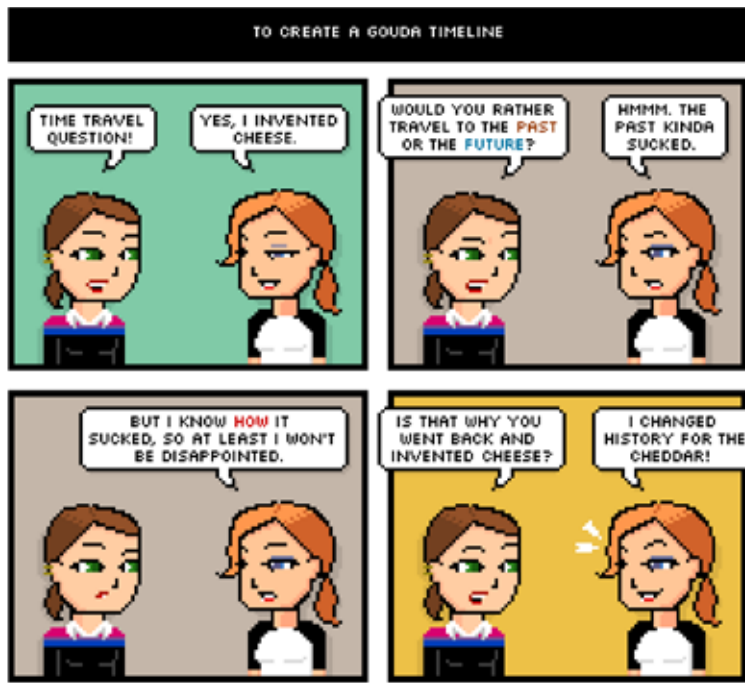
### WORD SCRAMBLE

The power of persuasive words lies in their ability to evoke emotions, create impact and influence actions.

- ceveihA \_\_\_\_\_
- oBTos \_\_\_\_\_
- uldiB \_\_\_\_\_
- eanhCg \_\_\_\_\_
- tnroofnC \_\_\_\_\_
- vecsiDor \_\_\_\_\_
- opxeElr \_\_\_\_\_
- eitDnyf \_\_\_\_\_
- rImopev \_\_\_\_\_
- piIrnse \_\_\_\_\_
- tietMvoa \_\_\_\_\_
- ceomerOv \_\_\_\_\_
- fmraorsnT \_\_\_\_\_

Answers: Achieve, Boost, Build, Change, Confront, Discover, Explore, Identify, Improve, Inspire, Motivate, Overcome, Transform

COMIC



(C) 2022 RSTEVENS :: DIESELSWEETIES.COM  
CREATOR RICHARD STEVENS, WWW.SEOSMARTY.COM

## TEM QWEL OYTHI:LEM

*"Making music, birds sing."*

### Taurus

April 20 - May 20

Beaver - Sqelá:w

Direction: East – Element: Earth

Stone: Jasper

Strengths: Reliable, patient, practical, devoted, responsible, stable.

### Gemini

May 21 - June 20

Deer - h alqtéle

Direction: East – Element: Air

Stone: Agate

Strengths: charming, adaptable, intelligent, curious, adventurous, outgoing.

## INSPIRATIONAL QUOTES OF THE MONTH:

"Believe you can and you're halfway there."

- Theodore Roosevelt.

"Why do they call it rush hour when nothing moves?"

- Robin Williams.

"Stand up for what is right, even if you stand alone."

- Suzy Kassem.

"Strong people don't ever make others feel weak."

- Lisa Prosen.

## HALQ'EMÉYLEM WORD SEARCH

l t p l i t : m w m s l l é e  
 m l l e t : í q e ' c h l í :  
 q í á é h : i l y y h t á x :  
 ' l : s á s ó m e : í e l : a  
 é w l m y w l s t e : k h w í  
 p i e x e l c h ' i y á q t t  
 l í m é q q k s é é a é e e '  
 y á p t w q w á l t l l y l t  
 l l s e e y ' i ' e e i s é :  
 w ' s m w ó í y ' m i y l q l  
 á y e q s e : l á í : e a s w  
 l á e s t i t m é : m m t e :  
 q x w i y ó s t e l a e i l e  
 s ' í k w ' e l s t : t s l t  
 e t a l ' á l e x t e l m e k

### Words

1. ch'iyáq – use a fish – trap.
2. xétem – swimming (of fish).
3. háyeqw – it burned.
4. ey slat – good night.
5. pípewet – freeze (it).
6. schí:ya – strawberry.
7. smámelet – mountain.
8. al'alex – siblings.
9. q'ép – to gather together.
10. éliyemet – to dream about (it).
11. ó:met – to sit down.
12. temí:lt – to cool it down.
13. teléqsel – duck, mallard.
14. lá:lem – house.
15. ewólem – to play.
16. s'íkw'els – garbage.
17. tl'eléqw – to explode.
18. mí:meqw – small bird.
19. xwiyós – alert.
20. kw'í:tsel – grizzly bear.





## DEADLINES

Submissions and advertisements are due by the 1<sup>st</sup> of each month.

## HAVE A STORY IDEA?

Contact: comm@seabirdisland.ca

## LETTERS TO THE EDITOR

Must be under 300 words and include your name, phone number, status number, signature (for authentication purposes- not for publication), as well as date/year submitted.

## AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The Sq'Éwqel shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Sq'Éwqel (Seabird Island) staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Sq'Éwqel (Seabird Island).

## WE RESERVE THE RIGHT

to revise, edit and/or reject any advertisement or story submissions.

## COPYRIGHT

Permission to reproduce wholly or in part in any form whatsoever must be obtained in writing from the publisher. Any unauthorized reproduction will be subject to recuse law.

## AVAILABILITY

The 15<sup>th</sup> of each month (or closest business day). Apply for email distribution or pick-up at the red Community newsletter boxes. [www.seabirdisland.ca/sqwqel-sqwelqwel-pipe/](http://www.seabirdisland.ca/sqwqel-sqwelqwel-pipe/)

## CONTACT US

comm@seabirdisland.ca  
www.seabirdisland.ca/comm/  
Monday- Friday 8:00 AM- 4:00 PM  
Closed on all statutory holidays.

## CREATED AND PRODUCED BY THE SIB COMMUNICATIONS TEAM:

Cassandra Manley;  
Sandra Bobb;  
Ciara Busby;  
Kristy Johnson;  
Zorana Edwards-Shippentower; and  
Jasmine Paul-Louis.

## PUBLISHER & TEAM SUPERVISOR:

Sandra Bobb

## EDITOR-IN-CHIEF & MANAGER:

Cassandra Manley

## SEABIRD CHURCH

**Mass:** Contact Deacon Jamie for information

**Study Groups:** Contact Deacon Jamie

Contact Deacon Jamie 604-491-3053 or 604-615-5677.

## LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact Lena Paul 604-796-2177.

## FUNERAL PAMPHLETS

Creating pamphlets from our catalogue or custom pamphlets.

As per Seabird Funeral Policy, the first 100 colour and 150 grey-scale funeral pamphlets, as well as 1 hour of design time is **FREE** for all Band Members. Additional design time or pamphlets can be requested for a fee.

We also assist with pamphlets for non-Band Members, inquire for fees.

Contact Communications at 604-796-2177 or email [comm@seabirdisland.ca](mailto:comm@seabirdisland.ca).

## WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

## SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 PM  
**Now recruiting new Members.**  
Contact the Fire Hall 604-796-2177.

## GARBAGE SCHEDULE

**CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:**  
Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. **2 garbage bags** per household per week.

**MAJOR GARBAGE:** 1<sup>st</sup> Wednesday of the month for Community core, and the 3<sup>rd</sup> Wednesday of the month for the surrounding Community.

Contact Public Works at 604-796-2177 or email: [publicworks@seabirdisland.ca](mailto:publicworks@seabirdisland.ca)

## DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday  
8:30 AM – 5:30 PM **Closed Fridays**

Contact the Dental Clinic 604-796-6853.

## MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Lena Paul 604-796-2177

## BABIES ID CARDS

Apply for a Medical Care Card as soon as possible. Contact Lena Paul 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

## AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

**We can only provide assistance to those with a status number.**

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

**Please note,** if you were taken home by ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Lena Paul 604-796-2177.

## ALCOHOLICS ANONYMOUS MEETING

Every Tuesday night at 7:00 PM at the Seabird Island Community Hall. AA in BC website: [www.bcyukonaa.org](http://www.bcyukonaa.org)

## SQ'ÉWQEL FACEBOOK ACCOUNTS

Recommended to follow:

Sq'Éwqel "Seabird Island Band"  
<https://www.facebook.com/SeabirdIslandBand/>

Seabird Island Youth Program  
<https://www.facebook.com/SeabirdYouthGroup/>

Seabird College  
<https://www.facebook.com/SeabirdCollege.ca/>

Seabird Island Community School  
<https://www.facebook.com/SeabirdIslandCommunitySchool>

Seabird Island Recreation  
<https://www.facebook.com/SeabirdRec/>

Careers  
<https://www.facebook.com/SeabirdIslandCareers/>

## OPTOMETRY CLINIC

**Appointments Only:** June 6-7, 2024 9 AM - 6 PM

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

## WILD ANIMAL ALERT

Wild animals live here too. By respecting the land and keeping the outdoors clean, you can reduce the risk of an encounter.

- Only put your garbage out the morning of garbage day.
- Discard fish guts (away from homes).
- Clean your barbecue.

*Please keep an eye on your children and do not walk alone!*

*Clap loudly and make yourself big!*

Educating ourselves and keeping a clean Community makes a difference!

*If you have any further concerns or feel threatened by wild animals, first report it to the*

*Conservation Office at 1-877-952-7277*

*Second, contact the Seabird Communications Office at 604-796-2177 so we can post an "Alert" for your area.*

## RENEW STATUS CARD

### Book a Status Card Appointment

Tuesday - Thursday: 8:30 AM - 4:30 PM

**Appointments required.**

**Remember to bring:**

- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

New style Digital Status Card with photo

Contact **Simone Jimmie** 604-796-2177

**Serving Seabird Members only!**  
*SIB has the right to refuse service.*

### ID Photography Prints

#### Status Card Photography

Laminated style: \$13.50

- Call Simone to book your appointment

#### Passport, PAL Photography and more

Authenticated photo: \$18.50

Monday - Friday: 8:30 AM - 3:00 PM

**Appointments required.**

Contact Communications at 604-796-2177 or [comm@seabirdisland.ca](mailto:comm@seabirdisland.ca)

## COMMUNITY INFRASTRUCTURE

### **DIRECTOR OF COMMUNITY INFRASTRUCTURE**

Provide overall strategic management, operational leadership, expertise, accountability, and evaluation to all Community Infrastructure-related programs and partnerships for the delivery of superior-quality programming resulting in quality services delivered in a professional manner to clients and Community. The Director is responsible for the design and implementation of yearly and long-term capital project plans, maintenance plans, and development plans that sensibly utilize and allocate resources.

The Community Infrastructure Department is a multi-faceted service provider offering in-Community infrastructure services. Services include Capital Projects, Public Works operations (sanitation, waste, water, wastewater), Building Maintenance (roads, sidewalks, facilities, custodial, seasonal operations, fleet, grounds, and parks), Housing, Lands, Emergency Preparedness, Volunteer Fire Department, Occupational Health and Safety, and other teams assigned by the Executive Director / Chief Administrative Officer.

In collaboration with department and program managers, the Director will develop and successfully implement efficient and effective programs and services based on the needs of the Community and as identified in the strategic plan and ensuring their compliance with laws and legislation.

Directors are also responsible for creating an engaging and effective workplace culture and fostering a healthy and safe workplace. This includes managing and coaching employees, fostering a climate of continuous improvement, mitigating risk, and maintaining the integrity of programs, based on funding agreements.

### **CULTURE & COMMUNITY SERVICES**

#### **SCHOOL'S OUT PROGRAM LEADER**

Responsible for providing safe, quality care and service to the child participants and their families in accordance with Seabird Island policies and procedures. The SO Program Leaders will perform on-site supervision of the program; facilitate various activities that promote physical activity, healthy eating and nutrition, positive personal development and wellness; and to engage and support children and families in our Community

This is a part time 20hrs/week position. Ending June 30, 2024.

## EARLY CHILDHOOD EDUCATION

### **ABORIGINAL INFANT DEVELOPMENT CONSULTANT**

Work in a home visiting program with Aboriginal children and families applying principles of family-centered practice as well as plan programs for these families. Setting individual program plans and activities for children from birth to the age of 3 years old, as well as their families. Working with related agencies and professionals and works independently to maintain client caseload and group facilitation as required.

### **ABORIGINAL INFANT DEVELOPMENT SUPPORT WORKER**

Work in licensed Childcare centers with Indigenous children who are requiring extra support to attend the program, while applying principals of family-centered practice. The AIDP Support Worker will set individual program plans and activities for children from birth to the age of 3. with families and center staff. The AIDP support Worker will work with related agencies and professionals and works independently to maintain client caseload and group facilitation as required.

### **EARLY CHILDHOOD EDUCATOR**

Provide hands-on childcare to children in Seabird Island Band's Early Childhood Education programs, in accordance with all childcare licensing requirements and the philosophies, policies, and objectives established by Seabird Island Band Management. Provide high-quality, inclusive childcare that emphasizes emotional, physical, spiritual, cognitive and social development by offering individualized and group activities.

### **ECONOMIC DEVELOPMENT**

#### **SQDC ACCOUNTS PAYABLE AND PAYROLL ADMINISTRATOR**

Responsible for multiple financial activities relating to the company biweekly payroll and accounting functions. Responsible for the timely administration of accounts, payable functions, and related reconciliations. As well as payroll support, journal entry preparation, maintaining accurate records regarding payments to suppliers, processing payments from clients and various other accounting functions. Integrity and strong attention to detail are crucial for this role. This includes timely and accurate reporting of accounting and payroll data for all employees.

Syó:ys

Work (the thing)

**NOW HIRING**  
APPLY TODAY

### **EDUCATION**

#### **CASE WORKER - PRE-EMPLOYMENT SUPPORTS PROGRAM**

Responsible for working with clients one-on-one and in small groups to assist them to overcome one or more barriers that are inhibiting their ability to gain employment. Clients will range from 19-24 and 25-49 years of age. The Case Worker will provide education, information and assistance to clients on all aspects of employment, education, training, and life career planning. The Case Worker takes a hands-on approach to assisting their clients in exploring careers and finding employment including building relationships with potential employers.

#### **INCOME ASSISTANCE FIRST NATIONS YOUTH EMPLOYMENT STRATEGY (IAFNYES)**

The goal of this pilot strategy is to support on-reserve First Nations youth between the ages of 19 and 30 receiving ISC's Income Assistance with a transition to the workforce, or return to school, through their participation in mentored work placements while receiving some case management supports.

This program will be 23 weeks in duration working 30hrs/week not exceeding 720hrs per participant. The program ends March 31, 2025.

#### **ON CALL EDUCATION ASSISTANT**

Will work with students individually or in small groups to deliver activities that reinforce and advance the educational program and make the educational experiences of the children more rewarding. EA's will assist teachers in student assessment and evaluation through observation, record keeping and data collection. At Seabird Island Community School, Education Assistants are valued Members of the school Community, and they make a significant contribution to the work of the school and toward the education of all students.

shxwexwá

Hard-working

### **ON CALL COOK - EDUCATION**

To prepare, cook and serve food for school breakfast/lunch programs and special events organized and participated in by Seabird School & Early Childhood Centre as instructed by the principal in accordance with current health, safety and hygiene legislation

### **SUMMER EMPLOYMENT PROGRAM - ADMINISTRATIVE ASSISTANT (12-WEEKS)**

The Administrative Assistant will be responsible for taking care of the essential everyday tasks like filing, record keeping, report preparation, scheduling, and data entry.

This is a term position that will end on August 30, 2024 or when you complete 420 hours.

### **TEACHER TEACHING ON CALL**

You will provide causal or substitute coverage in various subjects ranging from K4-12 . You will be a Member of an interdisciplinary, collaborative teaching team, liaising with other professionals, students, family Members, and Community to provide students with holistic, culturally focused education. Be part of a team where you can positively influence a student's educational journey and see the difference you can make in a Community as you teach the diverse student body of Lalme' Iwesawtexw.

**Apply Today!**

#### **You are invited to submit**

a cover letter, resume and 3 references. <https://www.seabirdisland.ca/careers/>

We regret that we will only respond to those applicants chosen for an interview.

#### **Email:**

[humanresources@seabirdisland.ca](mailto:humanresources@seabirdisland.ca)

**We thank all applicants for their interest.**

## EXECUTIVE

### EXECUTIVE DIRECTOR

Under the strategic direction and guidance of the Chief and Council, the Executive Director, provides leadership in strategic planning, advises on policy, implements work plans, and provides the link between Council and the administrative arm of the Seabird Island Band. This position will provide essential leadership, direction, and guidance to the program directors for the overall administration of the Seabird Island Band in accordance with the Seabird Island Governance, Comprehensive Sustainable Community Plan and Annual Strategic Plan.

The Executive Director is responsible for the efficient management of all programs and departments, setting goals and measuring the achievement of the organization's objectives. As a skilled administrator who is a positive role model, the Executive Director works with the governing body to focus on establishing effective working relationships with Community groups, funding agencies, and other external contacts. The Executive Director oversees the mandates for each director which is derived from the strategic direction given by Council. The Executive Director ensures the efficient financial management of the organization through negotiations, applications for grant funding and fiscal restraint. The Executive Director leads a multi-faceted team of employees who are tasked with finance, administration, lands, title, health, Community development, resource management, public works, information technology, skills development, education, and other specialties.

Additionally, the Executive Director plays a strong role in increasing the capacity of all associated organizations, providing advice, guidance, and resources to support their operations.

## FINANCE & ADMINISTRATION

### RECORDS COORDINATOR

Plan, coordinates and provides records & information management daily support in the development, implementation, and on-going maintenance of corporate information. Must be responsible, accurate, proficient in the duties assigned, maintain a high degree of independent judgment and personal initiative. At this level, the person understands more than the basic techniques and technologies, has managed, or developed Records Management projects, and has knowledge of Records Management life-cycle concepts. In addition, the practitioner may be developing specialty skills (e.g., analysis, auditing, warehousing, and application technologies) and may also have experience supervising other staff

ó:lh – Get on board

## SENIOR ADMINISTRATIVE ASSISTANT

Reporting to the Controller, the Senior Administrative Assistant will oversee daily clerical tasks related to current and upcoming projects, scheduling appointments, planning meetings, managing phone calls and emails, and maintaining the overall organization of the Finance Department. The Senior Administrative Assistant will also develop and maintain filing systems and assist with creating reports and presentations. Their role is crucial in ensuring the smooth functioning of day-to-day office operations.

## HEALTH & SOCIAL DEVELOPMENT

### CASE MANAGER - MENS HOME

Under the supervision of the Recovery Home Supervisor, the Case Manager will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management and within the specifications and regulations of the Community Care Facility Act.

The primary goal of the Case Manager is to support residents with a caring and supported environment in which to address addictions and substance use. Through a variety of programs, the Case Manager will ensure that residents can access health, healing and other services and programs, through programming in the home and through broader Community services, to address the underlying causes of addiction and substance use, and to make choices that are life sustaining and positive.

### CASE MANAGER - WOMENS HOME

Under the supervision of the Recovery Home Supervisor, the Case Manager will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management and within the specifications and regulations of the Community Care Facility Act.

The primary goal of the Case Manager is to support residents with a caring and supported environment in which to address addictions and substance use. Through a variety of programs, the Case Manager will ensure that residents can access health, healing and other services and programs, through programming in the home and through broader Community services, to address the underlying causes of addiction and substance use, and to make choices that are life sustaining and positive.

## FAMILY DEVELOPMENT SUPERVISOR

Family Development Supervisor will operate efficiently in accordance with the philosophies, policies, and objectives established by Management. The Family Development Supervisor will manage referrals to the Family Development team in close coordination with the Program Manager of Families and Wellness and the Quality Assurance team.

The Family Development Supervisor will assign Family Development Workers to referred clients and ensure all clients have access to services. As a supervisor, the position will be responsible for providing ongoing support and performance management of the Family Development team. The Family Development Supervisor will ensure strong cultural values, and programming that builds family bonds and resilience as well as a grounding in culture and Community supports. The Family Development Supervisor will monitor the weekly and monthly budgets.



## RECOVERY HOME SUPPORT WORKER - WOMENS/MENS HOME

Be a part of an integrated team of individuals that works closely together in a residential setting to provide crisis intervention, coping strategies, education, connections to Community services, and support to individuals affected by mental illness, addictions, trauma, and crisis

The Recovery Support Worker (R.S.W.) promotes recovery, stabilization, and independence by providing comprehensive support to clients. The R.S.W. supports and promotes the following: client safety, assisting with activities of daily living, and encouraging full participation in Community activities included but not limited to cooking, cleaning, charting, participating in group sessions, driving, and shopping.

## INTER-GOVERNMENT AFFAIRS

### REFERRALS CLERK

Under the direction of the Director of Inter-Governmental Affairs and in assistance to the Referrals Coordinator, the Referrals Clerk will operate efficiently in accordance with the philosophies, policies, and objectives established by Seabird Island Band Management.

## A Prayer for a Better Future

**Eyelh selsilá:lh, eyelh sí:lalh, tset petame' kw'as maytoxw.**  
*Good grandmothers, good grandfathers we ask for your help.*

**Maytoxw kw'as xwlalam, léts'e chalex late témexw.**  
*Help us listen with one hand to the earth.*

**Maytoxw kw'es qwa:l qe léts'e chalex ite th'alest.**  
*Help us speak with one hand to our heart.*

**Xét'e ta s'í:westset, xyolhmet te xwel mi á:y staxwelh.**  
*Our teachings tell us to watch out for our children to come.*

**Maytoxw kw'es hokwex te q'e'í:les te siwalehtset, te télmels ye selyolexwé,**  
*Help us use the wisdom of our ancestors, the knowledge of our Elders,*

**Te shxw'eyems ye sí:ya:mtset, te shxw'eyems ye q'alemi sowewes, qas ste'a te smestiyexws te xwewa is kwó:l kw'as thi:yt kw'e ey wayeles xwelam ye staxwelhtset.**  
*The strength of our leaders, the vigor of the youth and the purity of the unborn to make a better tomorrow for our children.*

**Ste'astexwtset cha wa sq'eq'otset cha.**  
*Together it will be done.*

**Eyelh selsilá:lh, eyelh sí:lalh, th'exwmetoxwtset.**  
*Good grandmothers, good grandfathers, we openly accept your help.*

**Te'ile th'kwsale xwel mi á:y qas swas th'ekwsale xwel mi á:y mestiyexw.**  
*This, for our seven generations to come, and their seven generations.*

**Stó:lō smestiyexw wiyothe.**  
*Stól:lō Spirit Forever.*

# SEABIRD ISLAND FESTIVAL

MAY 24 - 26, 2024



**DEADLINE TO REGISTER: MAY 10, 2024**

## GATE PRICES

\$10 Weekend

\$20 Camping (no hook-ups)

Welcome Ceremony Sat 10 AM  
Grand Stand

Elders Tea Sat/Sun 10 AM - 2 PM  
Seabird College

Saturday Night Coastal Jam  
Band Office Gym

- Adult & Youth Soccer
- War Canoe Races
- Daily 50/50
- Retail Vendors
- Food Trucks
- Kids Zone - Bouncy Castles/Face Paint

Contact: [events@seabirdisland.ca](mailto:events@seabirdisland.ca)



**J&R BANNOCK  
WAGON**

SEABIRD ISLAND 2895 CHOWAT RD. AGASSIZ, BC

<https://www.seabirdisland.ca/seabird-island-festival/>