



BAND MEMBER SUCCESS STORY



COMMUNITY SUCCESS STORY: DON FROESE, TAYLOR STARR & GAIL STARR TAKE ON THE TELLING OF A BC LEGEND IN AWARD-WINNING SERIES

Five Leo Awards, three seasons and two proud Sq'éwqel Members — Don Froese and Taylor Starr have brought success to Seabird in exciting new ways with their hit series, Deadman's Curse (DMC). This victory celebrates our Band Members, Stó:lō stories and the Indigenous-led telling of a notorious tale for the first time.

In 2022, Don and Taylor were cast as leads in DMC, a docuseries that dives into the mystery of Slumach, an Indigenous man who knew of a fruitful goldmine in the Pitt Lake area. The series stars Don; the Elder and Way Shower, keeping everyone

grounded throughout expeditions and discoveries, and Taylor; the Cultural Heritage Monitor and Truth Seeker, researching the history of Slumach through an authentic lens. They are joined by Adam Palmer, an outdoorsman from Chilliwack and outdoor education teacher at Sts'ailes First Nation, and ex-MMA fighter and prospector Kru Williams. The series offers a fresh perspective of the mystery, and the man behind the myth.

The legend of Slumach's lost goldmine is a staple of British Columbia's lore. Slumach has been immortalized as a swashbuckling scoundrel, a Katzie man who would spend

months away, returning with pockets weighed down by "walnut-sized nuggets of gold." As the story goes, he'd swagger into the saloons of New Westminster, flashing gold around, making wild claims about his hidden mine. Slumach would dispose of anyone who discovered it; he'd take their life, and they'd take his secret to their grave.

Slumach was hanged as an old man for killing Louis Bee, a known adversary. The noose was being tightened around his neck, but he had one more thing to say: "When I die, the mine dies with

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Administration Offices

CLOSED

**August 29, 2025
Team Training Day**

Administration Offices

CLOSED

**September 1, 2025
Labour Day**



me.” These words, spoken in Slumach’s traditional language, can be credited with instigating a century-long fever to find his acclaimed riches.

In the decades since Slumach’s death, many weary gold seekers have scoured the Pitt Lake wilderness. None have found the famed claim, and throughout the years some have met untimely deaths, disappeared, or say that they’ve been haunted by those eerie final words — Slumach’s curse.

Several books, personal accounts and documentaries have examined this story, and a handful of self-proclaimed prospectors have chronicled their own quests for the cache.

Don and Taylor told me some of what they know, what they’ve begun to discover, and what they hope to accomplish as leading voices on Deadman’s Curse.

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**“We’ve made some amazing discoveries. Better than gold,”** said Don.

What could be better than finding hidden treasure worth oodles of cash? For Don and Taylor, it’s the **truth**.

Previous explorers inspired by this story were mostly hoping to find gold and get rich. *Deadman’s Curse* is...different.

“We’re seeking the truth, not just gold,” Taylor explained.

Episodes of DMC are textured, touching on anything from the historical and cultural significance of a location to the discovery of hidden truths, revealed through exploration and the input of Elders whose ancestry dates back thousands of years to these sites.

Cast members spend just as much time following new leads, pouring over documents and talking to people as they do scaling mountainsides. The focus on analyzing Slumach’s character and motives accurately diverges from the popular narrative. It’s taken DMC into uncharted directions, both in the search for the gold and answers.

For the first time, Slumach’s family (the Pierres) are participating in the search. Taylor is a distant relative, and her cousin Reign and his father, who are directly descended from Slumach, join her in many episodes.

*Deadman’s Curse* weaves in themes of humility and connection alongside the treasure hunt. Many episodes include touching moments; for example, when Reign and Taylor finally locate Slumach’s unmarked grave, Reign experiences feelings of grief and clarity. Another is when local enthusiast Daryl Freisen reaches the place he and his father dreamed of before his father passed; Daryl expresses deep fulfillment in this accomplishment, which connected him to his late father. Even if it didn’t have the outcome he thought he desired most,



it was a meaningful and healing turning point.

**Good medicine** is how Don defines these moments, and throughout the series he is endlessly pursuing it. He identifies good medicine in many ways, from herbs and plants to personal breakthroughs, and truths emerging from layers of convoluted myth.

“One of the good medicines is creating a process to make things better,” he said. **Good medicine helps right the wrongs of the past to promote healing, and move forward in a good way.** “[The process] could be through education, it could be through traditional teachings, and it could be through telling stories.” Don went on to mention how fortunate we are to be here now, when Indigenous and non-Indigenous populations can begin to walk beside each other, breaking harmful cycles together.

Don and Taylor told me that the cast and crew work productively on this project because they are all **of the same mind**, as it’s traditionally put. Everyone has distinct motives and quirks, as well as the shared desire to uncover the truth and find some gold in a virtuous way. “That’s what keeps relationships going forward,” said Don. “We’re all so different, but we’re of the same mind, and that’s the glue that holds us together.”

In Slumach’s time and the decades that followed, no one was of the same mind. Prospectors were only occupied with cashing out, which ultimately led them astray.

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Don and Taylor didn’t just hop on board when asked to join DMC as guest stars. Taylor off-handedly mentioned that she was Slumach’s relative, and a few weeks later, a production crew sat at their kitchen table, asking Don and Taylor to be *Deadman’s Curse’s* “Indigenous content” curators. This is when Gail, the family matriarch, stepped in, saying they “will not do the show unless the stories are accurate.”

Gail made sure DMC would do things right this time around. “We asked who they were working with to get the never-before-told stories, and they said they’d use university studies and books,” she said, and she wasn’t having it.



Now, Gail works with the production, finding knowledge holders to tell stories in the right way and recruiting qualified researchers who understand the delicate context of the story.

Back to the curse. I needed to know — is it just another layer of myth, added to demonize Slumach?

“The curse is real,” Don answered me simply, before explaining the different ways it could manifest.

Kru Williams stood out for his gusto in DMC’S first season; he’d puzzled over Slumach’s lost mine for most of his life, at times lost in his pursuit of buried treasure. In the pilot, he wakes after camping on a mountainside, his mood noticeably solemn. Eventually he tells Don about his jarring experience overnight; he was trying to sleep, when he felt a finger press against his lips, as though some formless presence was “shushing” him. Don confirmed that he was visited with a warning.

Others who have felt that same sinister haunting admitted that they longed to satisfy their own greed. Also, many have paid the price of blowing past the signs nature sent them, or disrespected the land in their desperate bid for wealth. This

could account for the fates of those killed by the whims of the wilderness, either by some natural occurrence or one’s own ignorance, like drinking from an unknown creek and dying later of arsenic poisoning. It may also explain why those who disappeared are lost forever to the land they traipsed over without recognizing its power.

Besides landing multiple Leo Awards, *Deadman’s Curse* has been well received. Elders appreciate that Taylor has taken on the knowledge-seeking role: “They like that it’s me looking into the history, because I’m the next generation,” Taylor said. Viewers have expressed admiration for Indigenous history, and Members enjoy learning of a tale closely tied to their land and community.

Don and Taylor take steps to give back to Sq’éwqel; a couple years ago, they brought Youth into the DMC world, shared exclusive footage with them, and gave them the opportunity to create their own trailer. This provided interested Youth with insight into the film and production industry with guidance from fellow Members, people they could recognize from their home community.

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It’s not always easy to do this work. Long days, frequent trips away from home and unforgiving filming conditions can be discouraging. Taylor contends with the unique challenges that come with being the only woman in a cast and crew of 14 men. Despite the difficult times, the

**The simple lack of respect for Indigenous knowledge and wild lands could be the reason why, for over a century, the location of Slumach’s lost goldmine has never been discovered...or disclosed.**

*Story continued on page 4*

rewards of sharing good stories and good medicine are worth it, and season three is brimming with more even more healing and discovery. “It’s the best season ever,” promised Don.

*Deadman’s Curse* is broadcast in over 160 countries and dozens of languages, telling Stó:lō stories and showcasing a rich history that connects First Nations, from

The tried-and-tired “explorer” fairytale is at last retired, replaced by a telling where land-based thriving is yielded through the collaboration with Indigenous people, and honouring the knowledge held by traditional land stewards.

Sq’éwqel to Xa’xtsa to Katzie and beyond. It proves Indigenous stories about ancestral settlements and trade routes in old lands, while centring Indigenous voices.

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Don and Taylor walk this path to inspire Youth and support Elders. They aspire to the message that **it’s okay to share success and rejuvenate in the positive stories and impacts of Indigenous people** — as Gail said, “Sharing is our wealth.”

“The show is not about victims, it’s about being victorious in life,” concluded Don.


And the victory is clear. Season three of *Deadman’s Curse* won a record amount of Leo Awards, including: Best Sound, Best Editing, Best Cinematography, Best Writing and Best Series.

Sq’éwqel proudly recognizes Don, Taylor and Gail for bringing a Stó:lō story and teachings to the hearts and minds of thousands of viewers, while spotlighting our community. We celebrate them for sharing, and for the well-deserved awards they earned for their meaningful work.

Season three of *Deadman’s Curse* premieres this September — follow Don and Taylor’s journey as they discover more long-awaited truths about Slumach, get closer to the gold and continue to pave the way towards collective healing.


By Aishah Faruqui Khan,
Journalist, Communications





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Date: September 10, 2025

Future Dates: November 12


Time: 9 AM - 4 PM






Age: 19+

Location: Community Health Room


Limited appointments available.

Hearing, screening, adjustments, cleanings,
and battery replacements when needed.





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4



CULTURAL & SPIRITUAL RENEWAL: DRY RACK OPENING, AUGUST 2025

For the first time in five years, Sq'ewqel Members were granted permission to have dry rack time at their fish camps. Canada's government hasn't allowed dry rack time in recent years, which they attribute to low run numbers caused by natural disasters and other environmental factors.

The strain has been hard on the community and families, who used to take advantage of dry rack time opening as early as May and stay at their camps through the summer. Members speak wistfully of their childhoods spending entire summers with grandparents and other extended family at their camps, fishing and learning the traditional ways of preserving that have shaped customs for generations.

I was lucky to be invited to a camp in the Fraser Canyon, near Yale. Multiple Seabird camps are situated there, and have been for decades. As I was walking up to the McIntyre camp, a McIntyre holding a bucket full of sockeye salmon said that they're "like gold to us."

When I asked about what it means to be able to have dry rack time again, everyone had a similar response: it's necessary for family and cultural connection, it's a relief to be able to pass down timeless teachings, and preserving food shouldn't be criminalized.

Members told me many stories, like how historically fish heads would be speared and lit, burning for hours on the oil that flowed from them, glowing as they lined the shores of the river from camp to camp. Long ago, orcas would sometimes swim upriver through this channel, and when speared would feed villages for months. To this day, all fish are exalted the same, from the smallest eulachon to the mightiest sturgeon; Stó:lo fishers regard all these ancestors with utmost respect.

One Elder happily braved the trek to her family's camp, stating that she did require the use of a walker in her daily life, but "no way was that going to stop her from coming to fish camp"; once there, she cut and hung fish serenely with everyone else, and invited me to join her family in a few days when they begin canning.

Fish camps and dry racks have long generational ties to Sq'ewqel families; the passing of tradition is very important, and youngsters are always eager to learn. Some Members I spoke to learned to cut and hang fish by themselves as early as



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four years old. Each family has their own way of doing it, so everyone's fish is cut a little differently, making the practise special to each person.

I was taught at the McIntyre camp, and although I'd never cut fish before, the guidance I had was patient, thorough and encouraging. Brenon McIntyre brought Sq'ewqel's Youth groups to his family's camp as well, and most of them completed the process of cutting, either trying for the first time or using learned techniques from their own families. Brenon told me about one Youth who said she didn't want to touch any fish, but by the end of the afternoon she had cut and hung her own, guided by his seasoned, gentle instruction.

This is especially meaningful; not all families have access to camps and dry racks, and because five years have passed without being permitted to use dry racks, many children and Youth have not been exposed to the tradition. By bringing Youth groups (ages 12-15 and 15-18) out on the land and giving them the opportunity and encouragement to try, these teachings will live on and bring more cultural clarity, traditional knowledge and peace to Members and the wider community for years to come.

Fishing and dry rack time is not only about catching fish and storing food. At the camps I visited, extended generational families were all together, participating in the process of catching, cutting and

hanging, before canning. Children and novices were being taught, and everyone was warm, welcoming and encouraging. Young ones played with siblings, cousins and other family, and spent time with aunts, uncles and grandparents. When it was time for cutting or lugging catches up to the dry rack, everyone did it together or in turns. In down time, families sat together, eating, talking and sharing in the ambience of the canyon, the heat dispelled by a calming breeze, the sound of the river rushing below.

Fishing, cutting and preserving is a tradition that encompasses the peacefulness of being on the land, and sharing this experience with loved ones as they carry on ancient teachings. The respite from daily life is a reminder of what it means to provide for family and community, the significance of involving everyone in the process, and how it brings people closer together to do something with purpose while enjoying the company of those you love.

Thank you to everyone who welcomed me, taught me how to cut (my first fish!), and shared stories with me, new and old.

*By Aishah Faruqi Khan,
Journalist, Communications*



SELF-GOVERNANCE PATHWAYS ANALYSIS PROJECT

On July 22nd, Sq'ewqel held a day-long engagement session as a part of a Self-governance Pathways Analysis project with consultants from Strategies North Advisory Inc. and Munnings Law. This session marked an important day for Sq'ewqel's vision for the path forward.

Present at the engagement session were Sq'ewqel's Chief and Council, Management, and Key Knowledge Holders Steven and Mark Point as advisors in Stó:lō governance. Together, they had collaborated to:

- Discuss what 'putting their paddle in the river' meant in the context of Self-Governance;
- Map out the 'Self-Governance River' including where Sq'ewqel has been in the past, where it is now, and where it wants to go in the future;
- Explore the Self-Governance pathways available for Sq'ewqel to move away from the Indian Act; and,
- Envision the 'headlines in the future' and key milestones that Sq'ewqel wants to celebrate by 2030.

The engagement session was a part of the Self-Governance Pathways Analysis consultancy that began on March 28th, 2025. This project seeks to provide Sq'ewqel with a tool that supports Community, leadership and staff by providing a comprehensive comparison of the processes and frameworks behind Modern Treaty, Self-Government, and Reconciliation agreements. This tool will be for informational purposes to support informed decision-making and analyse unique approaches in a modern context that suits Sq'ewqel's mission, vision, and goals. Once completed, Leadership may draw upon the work for context, options, and reflections as they choose their way forward. This project will not determine a set path for Sq'ewqel, as that power rests with community and leadership.

From the engagement session, it was made clear that the voices of Sq'ewqel's membership are essential when considering Sq'ewqel's vision for the future. To determine a good path forward, the next step requires Sq'ewqel leadership, administration, Members, and the community to do this work together. As shared by Councillor Rodney Peters: "No matter which direction we take, Community Members must be involved in decision making."

Another key takeaway from the meeting was the need to work with the Teit Tribe in realising this vision.

We sincerely thank all participants at the session for their open and collaborative energy, and strong desire to prepare Sq'ewqel for the future in a good way. We would also like to thank our knowledge keepers Steven and Mark Point and our consultants at Strategies North and Munnings Law for walking alongside us on this path - yálh yew kw'a's hó:y!

Together through this work, Sq'ewqel can continue to take steps away from the colonial Indian Act from a position of strength and independence and move towards what is best for Membership. As Chuck McNeill shared in his closing remarks: "We have work to do, starting tomorrow."

By Janessea Boutin,
Policy Development Officer



Growing Strong with Seabird Island:

We were excited to hear AE Concrete products were used to build garden boxes in your community—and that they caught people's attention! It's great to see our products bring people together and support sustainability.

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Let's Grow Together

We're thrilled to be part of the Seabird Island community. Reach out to learn more or place an order—we'd love to help you grow something great.

Service Box	12-inch	6-inch
B937	\$36.00	\$32.00
T266	\$69.00	\$61.00
5686	\$89.00	\$72.00

Measurements

B937	433 x 261 x 305mm
T266	718 x 438 x 750mm
5686	860 x 560 x 870mm



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BACK TO SCHOOL: PREPARE FOR A PROMISING YEAR!

It's almost that time already!

It's mid-August, meaning school is just around the corner. Your young ones may have gotten used to the serene summer schedule, but there are easy ways you can help prepare them for the new school year ahead.

Sleep schedule: Instead of trying to set an earlier bedtime the night before school starts back up, ease your children and Youth into a consistent schedule by beginning a few weeks before. Start by setting a later bedtime, for example 9pm, and move it up by 15-30 minutes every few days, so that within a couple weeks it's where it will stay for the remainder of the school year. Do the same with wake-up times.

This will help your child feel ready and refreshed without springing a change on them last-minute.

Health Check-ins: If your child has fallen behind on vaccinations for measles, tetanus, or anything else, now's the perfect time to catch up. You can also get their hearing and vision checked if it is a concern, so that once they're back in school they can thrive.

School Supplies: Make sure everything your child needs is ready to go before the first day. Not everything needs to be purchased new, but make sure they have enough essentials, like notebooks, pencils and properly fitting clothes and footwear.

Keeping them energized: Healthy snacks and water are the best ways to keep children energized and prepare them for learning. Raw fruits and vegetables make great snacks, and sending them to school with a reusable water bottle will allow them to stay hydrated throughout the day.

Maintain productive spaces: This goes for adults too — keeping separate spaces for work and play is very helpful for functioning. For example, if your child needs to do homework, try to define a particular space for it; a dining table, particular room or desk could help. Try to avoid having workspaces set up on beds or couches by TVs, as these spaces can be distracting and associating them with rest can make one give less focus to their work. Also, consider capping your child's screen time at least an hour before bed and keeping devices out of their sleeping areas.

Keep a Routine: Routines help regulate. By maintaining consistent bed and wake times, morning and evening routines, and allowing for lots of rest and leisure in afternoons and weekends to balance school and homework you can ensure your child will get the most out of their school year.

We wish all students going to school this September a year full of learning, fun and growth!

Sq'ewqel (Seabird Island Band)

BACK TO SCHOOL DAYS & ECD CARNIVAL

All Community Members Welcome!

Join us for a fun-filled day to celebrate
the new school year!

Wednesday
August 20, 2025
11:00 AM - 3:00 PM
Changed to the
Field in Front of Fire Hall
2782 Chowat Rd.

**Enjoy exciting
activities for the
whole family!**

Water Bouncy Castles
Haircuts
Face Painting
Music
Magician
Balloon Man
Temporary Tattoos

**Win Prizes
in our
Draw!**

**Free Lunch
Included!**

**Come out and enjoy a day of fun, food,
and celebration as we kick off the new
school year together!**

For more info, please contact: events@seabirdisland.ca

Parents/Guardians must supervise their children at all times

CULTURAL HUMILITY & TEAM TRAINING



On July 29 and 30, Sq'ewqel's Health department took part in a training program to strengthen their team on a collective and individual level. One aspect of the training was a land-based activity that would inspire them in their work and personal lives.

Staff took a scenic bus ride to Telte-Yet campsite in Hope. The campsite is right on the Fraser River, and sits between the highways that lead to and away from Hope. Everyone assembled around a small, roofed monument that houses a wood carving (artist Terry Horne, Yeqwyeqwi:ws First Nation) of a young boy and his father with their arms outstretched, reaching towards each other. Several meters away a large totem pole looms over the site.

Zach Joe, Sq'ewqel's Cultural Education and Connections Specialist, addressed

the staff, explaining the story behind the monument. During the Fraser Gold Rush, it was not uncommon for prospectors from the U.S., particularly California, to bring young Stó:lō boys back with them when they were through mining, to use as slave labour. Many died in transit due to illness or abandonment. All but two were never heard from again.

One account tells of these two boys who eventually made it back to their homes 40 years later. As children, one day they were heard from the shores of what is now Hope and Chawathil First Nation, shouting for help from a canoe moving fast with the current downriver. In the canoe with them were white men. The boys' fathers jumped into their own canoe and paddled as hard as they could, following the frightened screams of their sons, but they couldn't keep up with the current, and

their children were gone. The carving sits in this spot as it is a location where many young Stó:lō boys likely saw their final glimpses of home.

This story was almost lost to history, but thanks to oral history being shared between those who were there and historian Keith Carlson uncovering it (along with several other instances of these kidnappings), the young stolen boys have been commemorated. This important carving ensures that the story will live on, preserving not only the memory of the boys who were lost, but that of Stó:lō people's history on their ancestral land.

This training exercise is a direct implementation of community feedback; many Members stated that they wanted to see the Band Office integrating more cultural influence when recruiting staff. Training programs like this demonstrate a dedication to honouring the values and input of the community, as well as a commitment to emphasising the importance of being culturally informed as a staff member.

This way, Sq'ewqel can make sure that those who serve the community are grounded in our values, traditions and heritage, and the work being done by everyone employed here is influenced by cultural understanding, compassion and respect.

*By Aishah Faruqui Khan,
Journalist, Communications*



SUNRISE EXPANSION PROJECT (SEP) — ARCHEOLOGICAL IMPACT ASSESSMENT (AIA): BREAKING GROUND AT SQ'ÉWQEL

Field work for the Sunrise Expansion Program (the Project) has officially begun at Sq'éwqel. Westcoast Energy Inc. is conducting an Archeological Impact Assessment (AIA) in partnership with Sq'éwqel's executive leadership and S'ólh Téméxw Stewardship Alliance (STSA). This assessment provides a thorough evaluation of the Project's potential impacts on Sq'éwqel's cultural heritage and well-being.

On July 23, Inter-government Affairs staff were present to oversee the Fine Tilling and Deep Trenching (FTDT) Technical Kick off. This ceremony equipped technical and field crews with the information they needed to operate safely, and most importantly, addressed ancestors, informing them that the land would be disturbed temporarily. The kick-off ceremony was followed by a cultural burning of Seabird-relevant offerings such as berries and potatoes to honour the land. The ceremony observed official guidelines that align with Sq'éwqel's governance traditions in the presence of community knowledge holders and leaders.

The ceremony was held to ensure that the land is blessed, and those who have been entrusted to do this work are protected and will conduct the assessment in a good way, always considering the impacts on the environment, people and culture that may occur.

The Fraser Valley is known for having many potential archaeological sites, including deeply buried artifacts, features or other evidence of First Nations presence in the past. FTDT is a process that will excavate the earth gently to locate possible traditional artifacts that are sacred to Sq'éwqel and the wider Stó:lō region.

Fine Tilling is a method used in agricultural fields to break up hardened soil through project bounds to prepare it for further archaeological surveying and involves plowing to a depth of 15-20 centimetres. Deep trenching is the excavating of trenches — 3-3.5 meters deep, 1.2 meters wide, and 4 meters long — at 20-meter intervals throughout the proposed pipeline centreline. This method allows for the assessment of deeply buried cultural materials.

All cultural and material artifacts that are located within the assessment area(s) will be handled according to the protocol established by the Seabird Island technical team. Artifacts will not be disturbed unless they are in immediate danger of being damaged or destroyed.

The intent of this process is to mitigate the cultural, human and environmental

impacts of the Project. Prior to the AIA, the Oregon Spotted Frog and Oregon Forest Snails were identified as the species at-risk from this work. The Seabird Island technical team is diligent, ensuring permits from Environment and Climate Change Canada (ECCC) were secured to move forward in a good way to address their best interests. Beginning in fall 2025, biophysical surveys conducted with the support of biologists will be completed to relocate these species if needed and take on any other work required to protect them and the land.

Results of the AIA will be included in an Integrated Cultural Assessment (ICA). Westcoast continues developing mitigation measures and engaging with all potentially impacted communities.

Sq'éwqel is working in close collaboration at technical and strategic levels to make sure we are getting the best possible outcomes from this work. It is within traditional Stó:lō teachings that the best care for the land and resources is accomplished by working together, and this project involves the teamwork of organizations at the federal, provincial and local levels.

The primary objective is always to protect and promote the rights and interests of Stó:lō people in land and resource discussions.

*By Aishah Faruqi Khan,
Journalist, Communications*



INDIGENOUS AGRICULTURE SESSIONS

SAVE THE DATE

Date	Event	Time	Location
18 NOV, 2025	REGISTRATION & SOCIAL NETWORKING	5:00 - 7:00 PM	COAST HOTEL KAMLOOPS
19 NOV, 2025	BREAKFAST, REGISTRATION & SESSION BEGIN	7:30 AM - 4:00 PM	COAST HOTEL KAMLOOPS
19 NOV, 2025	DINNER & ENTERTAINMENT	5:30 - 2:00 PM	COAST HOTEL KAMLOOPS
20 NOV, 2025	BREAKFAST & SESSION	8:00 AM - 12:30 PM	COAST HOTEL KAMLOOPS

FOR MORE INFO: director@ibdsbc.ca



RANCHING for PROFIT WORKSHOP

Coast Hotel, Kamloops
November 18 -20, 2025

SAVE THE DATE!

"Building a Resilient and Profitable Ranch Business"

This two-day Ranching for Profit workshop will deliver dynamic, practical tools and new ideas to help ranchers build more successful, sustainable businesses.

Registration information to follow in the coming months

Nov 18 evening Welcome Reception presented in partnership with the Indigenous Ag Conference
Nov 19-20 all day Ranching for Profit Workshop

Co Hosted by Community Futures Haida Gwaii, CFDC of BC, BC, and Cariboo Chilcotin

FOR MORE INFO CONTACT: lauren@cfcdcariboo.com | 250-855-8313

Please contact Beverly Evans via email at director@ibdsbc.ca for more information, or to register.

LAND CODE UPDATES – LAND USE PLAN (LUP)

Sq'ewqel is currently updating our Land Code, which was last updated and ratified in 2017.

The Land Code is a living document, meaning that it is continually being reviewed and reformed to meet community and band needs as they evolve.

Sq'ewqel leadership began to redraft the Land Use Plan (LUP) in 2023; currently we are in the process of gaining community feedback and finalizing the changes before putting them to a vote, which will take place in 2026.

Land use decisions are always subject to a referendum, or community vote. If the vote passes with a 50% + 1 "yes" vote, the changes will be officially applied to the existing Land Code.

The Land Code continually changes because it must always be able to address present concerns, which shift as time goes on. Factors influencing community needs include environmental and archeological impacts; Seabird puts processes into place to meet community needs and protect

everyone's best interests, while ensuring that Members will always have a voice in community and future planning.

As of now, the Land Code is undergoing internal reviews and strategic planning; this means that it is being checked over and approved by Chief and Council as well as Band Members. Community ratification will take place through the referendum, however there will be multiple education opportunities throughout the year before the LUP is put to a vote.

The LUP is developed through integration of Member recommendations that reflect current priorities. It is a collaboration between Band Members, Lands staff, consultants, and Seabird leadership. It is always inclusive of traditional and historical teachings as it merges with current goals to thoughtfully and thoroughly meet Band needs.

The ask: Members are asked to acquire a copy of the LUP draft and attend education sessions and community events, and make their concerns known to leadership and engagement representatives.

The LUP's update outlines changes to Sq'ewqel's residential, cultural, institutional, recreational, agricultural, commercial, natural, light industrial, and cemetery use.

Some priorities defined in the LUP draft include increased access to the river and slough for fishing, improved hunting conditions and areas, addressing erosion, maintaining a pleasant neighbourhood, increasing job opportunities, increasing leasing capabilities, increasing traditional practises (especially fishing), promoting local/small businesses, and increasing the capacity of our cemetery. For a full breakdown of the LUP's goals, please pick up a copy at the Band Office.

All priorities and LUP aspirations have been carefully considered and address how we can build Sq'ewqel up, strengthening our longevity as a strong, united and vibrant community.

Aishah Faruqui Khan, Journalist, Communications

*By Aishah Faruqui Khan,
Journalist, Communications*

Child and Family Jurisdiction

JULY 25 10:30AM - 11:30AM
JULY 31 2PM - 3PM
AUG 7 1PM - 2PM
AUG 13 10AM - 11AM
AUG 19 1PM - 2PM
AUG 28 10AM - 11AM

TEA WITH BRIE

Join Brie for a Summer Series, "Tea with Brie"!

This will be a time to enjoy tea and treats and learn more about Child and Family Jurisdiction

COMMUNITY HEALTH ROOM

REACH OUT TO BRIE AT
BRIANNA.ROBOTHAM@SEABIRDISLAND.CA
IF YOU HAVE ANY QUESTIONS

SAGE SUGGESTIONS

Aishah Khan, Communications Program, Sq̓éwqel Communications & Community Services

A COLUMN FOR CLEANSING, CLARIFYING, ENLIGHTENING AND SOOTHING FUN.

BEWARE OF SCAMS

As the world moves towards a more technologically advanced future, it's important to remember that although technology brings many conveniences into our lives, it also brings more ways for people to take advantage of others. Anyone is at risk of being scammed, from tech-savvy Youth and adults to Elders.

There are countless scams floating around right now, and most target people through the internet and cellular service.

Please be advised of some popular scams victimizing people currently, and remember to always double and triple-check that something is legitimate before sharing banking information, personal information including your job and work location, full name/names of loved ones, phone numbers and your address, photos, or before sending money.

Buy & Sell sites or groups/being contacted for art or other property

Scammers will contact you on social media, most likely Facebook Marketplace

groups or Kijiji, or through email or through phone/text to solicit artwork, something you're selling or something they claim to be interested in. They may offer you more money than you're asking for, and deposit funds through a check, asking you to reimburse them for the difference via E-transfer. This check will bounce, and you will be out of however much you sent them.

Job Offers

Someone may text or email you with a job opportunity that sounds too good to pass up: work from home, hundreds to thousands of dollars a week, minimal experience or effort needed. They may claim to have found your resume from a website, and people pretending to be "recruiters" may offer to provide you more details or other positions if their original offer didn't suit you. Ignore these emails, and block these phone numbers.

Invalid Bank Cards

Recently in Mission, one elderly woman

lost almost \$60,000 to this scam. She received a phone call notifying her that her bank accounts were compromised, and all her current cards had been cancelled by her bank to protect her. The "bank" sent a "courier" to her house, who came to her door to collect her bank cards; it was just the scammer in an Uber. She realized too late that it was a scam, and her bank information was never originally compromised.

Unpaid Bills

Any company, such as Amazon, Walmart, your phone service provider, any streaming services you use or have used, etc. may appear to contact you, notifying you of unpaid bills. They may send links through text or email, or they may call you on the phone, asking you to update your account information (including usernames, passwords and 2-factor authentication credentials). Once they have this information, they can access your online banking accounts (they don't even need your full card details).

Be Part of the Seabird Island Float at the Agassiz Fall Fair!



**Calling All
Community
Members!**

Everyone is welcome!

We're gearing up for this year's **Agassiz Fall Fair & Corn Festival**, and Seabird Island is excited to take part with a community float!

Event Date:

**Saturday
September 13**

Would you like to:

**Help design or build the float?
Walk or ride alongside the float in the parade?
Show your community spirit and creativity?**

Whether you are artistic, handy, or just full of energy and ideas — we would love your help!

This is a fantastic way to get involved, represent Seabird Island, and have fun!

Interested? Have Questions? Please contact Janean at: **604-796-6922** or **events@seabirdisland.ca**
Let us come together and make something amazing!

SIM Swapping

This one operates like the previous, except in this case scammers will use the information you provided for an “unpaid phone bill” (online login credentials for your carrier’s website, debit/credit card number, your name) to swap your phone service to their device through an electronic SIM card. This way, they will receive all your texts and calls. You won’t have service anymore, including Wi-Fi calling, so when they attempt to login to any of your accounts, they can use your number to receive texts/phone calls meant to verify it is in fact you trying to sign in (2-factor authentication). If this happens, go to your bank immediately and find a phone to call your service provider. If you can connect to Wi-Fi you can download a phone app to use.

WhatsApp Groups & Investments

The last one I will mention are investments. There are countless WhatsApp groups (but these also exist on Instagram, Facebook etc.) giving “investment advice”. People in these groups may convince you to invest money in any number of companies or stocks. You may even receive a phone call from someone claiming to be an investment advisor, who guides you through the process of investing, answering all of

your questions and reassuring you. These people are capable of building websites, and creating a convincing image that validates this “investing opportunity”.

No one will ever cold-call you on the phone, text you, email you or contact you through social media to inform you of a legitimate investment opportunity (or job).

“Stocks” may be given more legitimacy because they may be listed with NASDAQ, or visible in your investment apps. This doesn’t mean they are real.

If you do invest, and returns are coming in almost immediately (going from 3% to 15% within days, for example), when the stock price is so cheap (most commonly under \$10), this is a bad sign. The reason the stock value is rapidly increasing is because lots of people are being convinced to invest, and are buying multiple stocks because the prices are so low. Soon, the scammer will withdraw all the funds, and investors will lose everything including their initial investment. Get out early if you suspect you invested in something like this.

AI poses a new risk

Scammers can use AI to mimic voices, create videos, create real-looking

documents, and to act as bots that pretend to be a friend or romantic interest who may then ask for money. Never send someone you’re speaking to online photos of yourself or family/friends, as these are often used for blackmailing. Even if you believe you know this person, verify in-person that it’s them you’re in contact with; scammers create fake accounts using real photos and names.

If you fear you have been scammed, contact or visit your bank right away and call 911.

Again, always remember to be extremely cautious and vigilant if you’ve been contacted by someone you don’t know, if someone offers you money or a job, or if you’ve suddenly been warned that a bill is unpaid.

Don’t click links sent via text or email, and don’t call the number you were contacted by until you verify it is an official contact number. If you are wondering about a broker or stock’s legitimacy, look it up to verify that it’s registered with a recognized regulatory body, read reviews or contact their listed bank.

Be well, look after yourself and look out for others who are vulnerable, or if you believe they are being scammed.

UPCOMING OFFICE CLOSURE INFORMATION

ALL SQ’EWQEL OFFICES AND SERVICES WILL BE CLOSED

**FRIDAY, AUGUST 29
FOR A TEAM TRAINING DAY**

We are sorry for any inconvenience this may cause and we thank you for your understanding as we gather to come together for a day of learning and team building.

We will also be closed Monday, September 1 in celebration of Labour Day. Regular hours will resume Tuesday, September 2, 2025.

QUARTERLY MEETING JULY 16, 2025

Thank you to everyone who came to the Quarterly Meeting on July 16.

Quarterly meetings are an excellent opportunity to gain insight into what the Band Office is doing, how Council Members are fulfilling their promises to the community, and how leadership in general is serving their roles.

Dinner is served at 5pm, and the rest of the evening follows a laid-back agenda. There are no scheduled speeches or question periods, but Members and residents are free to approach leader-

ship throughout the gathering to talk about their concerns, share comments and ask questions.

There are staff in attendance to share updates about their departments; for example, this past meeting, Lands staff were present to provide information about the upcoming Land Code changes. Other departments who were present included Education, Inter-Government Affairs, Health and more.

Leadership, including Chief and Council, are always at Quarterly meetings. On July 16 their booth included official documents

available for anyone to look at, and take home if they wished. The varying documents included details about current projects, Council Member involvement in Seabird affairs, legal processes, attendance records, community events and differing leadership summits. Copies of the Election Code, governance, quarterly reports, C&C portfolios and portfolio updates were also available.

Quarterly meetings are also a time for community and kinship. This past meeting, a resident's family from Fort St James visited, bringing songs and messages of strength for their loved one, and sharing them with everyone in a moment of closeness.

If you would to commune with Band Leadership, learn more about current projects and progress, and voice your questions, concerns and comments please attend the next Quarterly Band Meeting on October 15, 2025.

Be a part of Seabird's ongoing commitment to transparency, informed decisions and community connection.

*By Aishah Faruqi Khan,
Journalist, Communications*



Indigenous Coach Training Program



ARE YOU INTERESTED IN BEING A PROFESSIONAL COACH?
WOULD YOU LIKE TO SUPPORT OTHERS TO ACHIEVE THEIR GOALS?
ARE YOU INTERESTED IN LEARNING WITH OTHER INDIGENOUS COACHES?

Target Audience

This program accepts a maximum of 15 Indigenous (First Nation, Metis, Inuit) participants who would like to learn to coach professionally.

This program will graduate coaches who will work with Indigenous clients, communities, organizations, different levels of government and within the private sector. The program adapts the core competencies of the International Coaching Federation into language and approaches which align with Indigenous teachings.

The Content

- Specific number of hours of in-person circle gatherings, webinars, plus specific hours of mentor coaching
- The historical context of working with Indigenous communities/client-partners
- What is coaching and how does it differ from mentoring/counselling?
- How is coaching different from sharing with Elders and Knowledge Keepers?
- Ethical considerations of being a coach
- The art of listening at a deeper level & how to structure powerful questions
- The power of holding space for your client-partner to accept their inner wisdom
- When to use storytelling as a tool

Cohort 5 Calendar

- Orientation session September 9, 2025, 4-5 pm PST (virtual)
- September 16 and 17, 2025 – in person Opening Circle (Location Seabird Island College, Agassiz, BC)
- September 23, 2025 – January 13, 2026: Webinars from 3:00-6:00 pm PST (there will be no sessions November 11, December 23 & 30, 2025)
- January 20, 2026 - in person Closing Circle (Location Seabird Island College, Agassiz, BC)

This program is hosted by Seabird College

Cost of this program: \$5,500 + GST.

Participants are responsible for travel and accommodations.

Lunch will be provided for in-person events.

Please connect with Michelle to set up a time to discuss your interest in the program and/or submit an [application](#) form to michelle@michelledegroot.ca



RIVER SAFETY: BOATING & FISHING

Sq'ewqel's Traditional Foods Practises Specialist Brenon McIntyre would like to share some boating and fishing safety tips with the community so that we have a season filled with tranquility and good memories.

Right now, it's drift and setnet season; please read on for safety tips — the most important thing to remember is checking that your boat is fully stocked before taking it out on the water.

Make sure you have the following in your boat:

- Oars (extras in case of motor failure)
- Lifejackets/PFDs
- Tow rope
- Knife
- Whistle/horn
- Extra battery or pull cord

When on the river, stay vigilant. Read the water for snags (stumps, logs, etc.) Debris and deadhead tend to gather and clump in back eddies, following wind and current.

Things to remember/beware of:

- Shallow water, sharp turns and sudden changes in water speed
- Hitting bottom or rounding an unexpected or sharp corner
- Refrain from tying nets to your boat, and always make sure that nets aren't being caught in propellers
- Know when to let go

If you find yourself in conflict with other boaters or fishers, do what you can to not escalate the situation. Contact Seabird's Department of Fisheries & Oceans Canada's (DFO) representative Alexis Landsiedel to resolve the matter and protect yourself.

Phone: (604) 703-5793

Email: alexis.landsiedel@dfo-mpo.gc.ca

Seabird's Emergency Preparedness department has a new service!

We now have access to an emergency boat, which is operated by qualified staff.

If you are having motor problems, are unsure of what to do in a conflict with another fisherman or boater or you need help in a situation that's not life-threatening, please contact Danika Snook and someone will come out to assist you. Danika is only available until 4pm from Monday-Friday.

Danika Snook, SIB Emergency Preparedness Manager

Main Office: (604) 796-2177

Cell: (604) 202-0834

Teams: (604) 796-8063

Email: danika.snook@seabirdisland.ca

If you are in a serious situation, call 911 for emergency assistance. You can also call 1-800-465-4336 or 604-607-4186 to report fishing-related conflicts, urgent situations or violations.

Boat maintenance

It's essential to ensure that your boat is in working condition before setting out on the water. Always complete routine checks and maintenance, and for further assistance you can take it to be serviced at Harrison Marina Group or other boating shops.

Winter storage & upkeep


- Clean the exterior after a period of storage or non-use; this can protect essential materials and extend the lifespan of your boat
- Maintain the engine; at home, inspect spark plugs and change them if necessary. Also check hoses, belts, and engine clamps, looking for signs of rust, cracks, tears and other signs of wear; if found, replace these

Before each trip

- Check the fuel
- Inspect the propeller and remove debris or old fishing line
- Flush the engine after each trip
- Trailers: check tire pressure, brake fluid and brake pads/shoes. Rinse thoroughly when out of the water

Thank you, stay safe and enjoy the season!

*By Aishah Faruqui Khan,
Journalist, Communications*



Sq'ewqel (Seabird Island)
Community Infrastructure
P.O. Box 690 | 2895 Chiswell Rd. | Agassiz, BC | V0M 1A2
Phone: 604-796-2177 | Fax: 604-796-3729
www.seabirdisland.ca

August 15, 2025

ROAD CLOSURE

Sq'ewqel Drive will be closed in front of the Mill Hall for the Community Fish Distribution setup, prep, and distribution.

**From Friday, August 15 at 8 AM,
until Friday, August 22 at 5 PM**



www.seabirdcollege.ca Phone: 604-796-6839 or Email: colrecruit@seabirdisland.ca

Seabird College
EDUCATION FOR REAL LIFE

REGISTER TODAY!

ADULT DOGWOOD

ADW will begin on September 3, 2025, offering the following courses.

SEMESTER 1: Mon - Fri 10:20 am - 3:30 pm	SEMESTER 2: (JANUARY 2026) Mon - Fri 8:55 am - 3:00 pm
<ul style="list-style-type: none"> English First Peoples 12 Foundations of Math 11 Career Life Connections 12 Work Experience 12A Work Experience 12B 	<ul style="list-style-type: none"> English First Peoples 12 Foundations of Math 11 Work Experience 12A Work Experience 12B Trades Sampler 12A-C Anatomy & Physiology 12 Chemistry 11 Business Computer Applications 12 (Microsoft Suite can be offered as a standalone course!)

WE OFFER GRADUATION INCENTIVES!

These courses can be used by students who wish to graduate within the semester.

Let us help you achieve your educational goals!

We believe that education should be specifically designed for learners that require tactile, hands-on training to complement their in-room course work. We are passionate about each student's success and are committed to going the extra mile to deliver the best service possible.

LOCATED @ SEABIRD COLLEGE

For more information, contact:
Stephanie Smith
College Recruiter & Marketing Coordinator
Email: colrecruit@seabirdisland.ca
Phone: 604-796-6839
2812 Chowat Road, Agassiz BC

In partnership with **UNIVERSITY OF FRASER VALLEY**

www.seabirdcollege.ca Phone: 604-796-6839 or Email: colrecruit@seabirdisland.ca

Seabird College
EDUCATION FOR REAL LIFE

EARLY CHILDHOOD EDUCATION INFANT/TODDLER

**** Post Basic – Infant & Toddler**

Let us help you achieve your educational goals!

START DATE: OCTOBER 27, 2025
MONDAY – FRIDAY, 9:00 AM – 3:00 PM

LOCATED @
Sprott Shaw
Chilliwack Campus

FULL TIME PROGRAM - 20 WEEKS

Program Description:
Continued advanced training in ECE competencies for individuals interested in working with Children ages 0-3 in infant toddler early learning settings.

Prerequisite:
Early Childhood Education
**** Post Basic – Infant & Toddler**
(requires successful completion of a Basic ECE Program)

Career Opportunities:

- Infant Toddler Educator
- Childcare Administrator

For more information, contact:
Stephanie Smith
College Recruiter & Marketing Coordinator
Email: colrecruit@seabirdisland.ca
Phone: 604-796-6839
2812 Chowat Road, Agassiz BC

In partnership with **BRITISH COLUMBIA**

Sq'ewqel (Seabird Island)
Community Infrastructure
P.O. Box 650 | 2895 Chowat Rd. | Agassiz, BC | V0M 1A2
Phone: 604-796-2177 | Fax: 604-796-3729
www.seabirdisland.ca

August 13, 2025


NOTICE OF WEEKLY DRONE OPERATIONS

On Mondays & Fridays between the hours of 7 AM - 9 AM until September 12, 2025.

Bird One (Seabird Island's Drone) will be capturing the Cultural Building on Chowat, and the BCH-Phase 1 project on Pipehom. These flights are being conducted to capture the progress and different perspectives of each project along the way. The flights are strictly for the current construction projects within Seabird Island.

Please do not approach the drone pilot if the drone is in the air;
the pilot does their best to fly at least 30 meters away from bystanders at all times.

If there are any questions or concerns regarding the drone flights, please do not hesitate to contact Kallie McRae at 604-796-6932.



The **UA Piping Industry College of BC**

SEABIRD ISLAND PIPING FOUNDATION

ENROLL TODAY

Training consists of learning the basics of the three piping trades: Plumbing, steamfitting and sprinkler fitting with a strong focus on safety and practical projects. Upon successful completion, students are awarded a certificate of completion and are given credit for completion of Level 1 apprenticeship in their chosen trade.

Program supports include:
CSA workbooks, meal & transportation allowance

Dates - Sept 02, 2025 - Feb 06, 2026
Class hours - 8:00 am - 3:00 pm

CONTACT - 604-796-6839
EMAIL - COLRECUIT@SEABIRDISLAND.CA
WWW.SEABIRDCOLLEGE.CA

Seabird College
EDUCATION FOR REAL LIFE
2812 CHOWAT ROAD, AGASSIZ

Sq'ewqel Naturopathic Doctor Jeanne Paul



"I am semi-retired from a Family Medical Practice but make myself available as a Consultant and a Lecturer on various First Nations issues especially about Traditional medicine. I would be very happy to be invited into your community to harvest your local plants; teach your members how to make medicine from these plants from the point of view of melding the knowledge of Traditional and Technical knowledge accompanied with research."

Please call the Sq'ewqel Doctors Office at 604-796-2165 to schedule an appointment using the dates below if you would like to enroll in our Dr. Jeanne Paul Naturopathic Doctor's program.

Days of the Clinic

August 7th
September 4th
October 2nd

November 13th
December 11th



Reiki

HANDS-ON HEALING

Conducted by Charmaine Harris

What is Reiki?

Reiki is a Japanese word meaning Universal Life Force Energy. It is an ancient "hands-on" healing technique used for reducing stress, promoting relaxation and encouraging the body into a balanced and healed state of well-being through gentle touch and energy transfer. It is a gentle, subtle, yet powerful energy healing art developed by Mikao Usui in Japan, in 1922, and is widely used as a complementary therapy. Many feel relief from aches and pains, and most commonly, feeling "lighter", like a weight has been lifted, and all have left feeling more relaxed.

Sessions will run **every 2 weeks on Wednesdays**, starting August 13, 2025

Located at the Band Doctor's Office
2895 Chowat Rd., Agassiz

Call doctors office to **schedule an appointment** 604-796-2165



Sq'ewqel
(Seabird Island Band)

Connect with your Community DINNER EVERY MONDAY NIGHT

6 PM – Band Office
MOVED FOR FISH DISTRIBUTION WEEK

Everybody is welcome!

When possible, RSVP is appreciated

Text or call Randy Wheeler at
(604)-796-7120





SQ'ÉWQEL (SEABIRD ISLAND BAND)

ELDERS WALKING PROGRAM

DATE:

sthemélts and sxe'óthels

Tuesdays and Thursdays

Starting April 1, 2025

TIME:

12:00 - 1:00 PM

LOCATION:

Elders College Room #10

2812 Chowat Rd, Agassiz

**Monthly
Draw:**

To enter, you will have to show
up every time that month.



Sq'ewqel (Seabird Island)

P.O. Box 650 | 2895 Chowat Rd. | Agassiz, BC | V0M 1A2

Phone: 604-796-2177 | Fax: 604-796-3729

www.seabirdisland.ca

August 15, 2025

Food, Social, Ceremonial Fishery - Opening

Thursday, August 14-17, 2025

Attn: Set Net & Drift Net Families With a Licence

DFO has confirmed it will be a **Thursday start with set net at 6pm ending on Sunday at 6pm** and will be **Daylight fishing only**.

Summary of the Licence:

Fishers: Participants designated on the licence

Licence date and time: Aug 15 - 17, 07:00 to 15:00 daily

Fishing area: Yale Creek to Sawmill Creek

Fishing gear: 1 Set Net **OR** 1 Drift Net (maximum 300 feet length, 60 meshes deep) per designated participant vessel

Target species: Sockeye

By-catch: Incidental Chinook, Pink, and Hatchery Coho retention



Temkw'okw'es ~ summer

St'ít'el ~ love, like

qwá:l ~ mosquito

q'ép ~ to gather together

INSPIRATION QUOTES:

"Let us put our minds together
and see what life can make for our
children"

- *Sitting Bull*

"We must protect the forests for
our children, grandchildren and
children yet to be born. We must
protect the forests for those who
can't speak for themselves such as
animals, fish and trees."

- *Chief Qwatsinas*

"Our tribes nations and our ancestors
are very much alive in our hearts and
in our spirits."

- *Chief Plenty Cups*

"We must respect all life;
every creation is a living being
with its own purpose"

- *Chief Black Buck*

AUGUST - TEMTHEQI

"Sockeye Salmon Time"

Leo

July 23 - August 21

Salmon - Sthéqi

Direction: South/South East

Element: Fire

Stone: Carnelian

Strengths: Generosity and
big-heartedness, self-confidence,
determination, and natural leadership.

SEPT - TEMKW'Ó:LEXW

"Dog Salmon Time"

Virgo

August 22 - September 21

Bear - Spá:th

Direction: West

Element: Earth

Stone: Amethyst

Strengths: Analytical thinking,
attention to details, orderly, modest,
organized, devoted.

COMIC



HALQ'EMÉYLEM WORD SEARCH

Created by Jasmine Paul Louis,

Communications Program, Sq'ewqel Culture & Community Services

s e ' w k o ' w k m e t l o m
í h x ó : t s a q q l w s y a
l s x í p e t w l ó q k l s t
a e s w s m q h t e l e e s m
w t h e c t w w s ' t p t e s
t h t s t h ' ó q w i w y s h
x ó h t ú é ' á s ' t x e s l
w p : é x q e á l t l e q e l
t ó l l m i í e : m k t é ' e
q p l e t l é x e y ' s h s w
m e w q : ó y s é l x ' t t k
é k e á h s t h é q i w q í ú
' w e x : í m o m t q k e h w
s ' l q ' é l e m q á á h l k
y t e t ' h l ó l o ' h t s s

1. sth'olólh- spring (salmon)
2. sthéqi- sockeye (salmon)
3. temthéqi- Sockeye time
4. theqthéqeytel- Sockeye net
5. slhíts'es- wind dried salmon
6. hákw'stexw pek- Note-book
7. xéltel- Pencil
8. tó:lt- to learn
9. íwestéleq- Teacher
10. skwúláwtwx- A school
11. skwúkwel- Going to school
12. Temkw'okw'es- Summer
13. xó:t- Lake
14. syó:qwem- Sun
15. t'ítsem- Swimming
16. q'élem- Camp, stay at a place
17. sílawtxw- tent
18. tsth'óqwi- to fish
19. pópek'w- to smoke fish
20. shxwch'á:yxwels- Fish-drying rack



DEADLINES

Submissions and advertisements are due by the 1st of each month.

HAVE A STORY IDEA?

Contact: comm@seabirdisland.ca

LETTERS TO THE EDITOR

Must be under 300 words and include your name, phone number, status number, signature (for authentication purposes- not for publication), as well as date/year submitted.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The Sq'Éwqel shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Sq'Éwqel (Seabird Island) staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Sq'Éwqel (Seabird Island).

WE RESERVE THE RIGHT

to revise, edit and/or reject any advertisement or story submissions.

COPYRIGHT

Permission to reproduce wholly or in part in any form whatsoever must be obtained in writing from the publisher. Any unauthorized reproduction will be subject to recuse law.

AVAILABILITY

The 15th of each month (or closest business day). Apply for email distribution or pick-up at the red Community newsletter boxes.
www.seabirdisland.ca/sqewqel-sqwelqwel-pipe/

CONTACT US

comm@seabirdisland.ca
www.seabirdisland.ca/comm/
Monday- Friday 8:00 AM- 4:00 PM
Closed on all statutory holidays.

CREATED AND PRODUCED BY THE SIB COMMUNICATIONS TEAM:

Sandra Bobb;
Ciara Busby;
Kristy Johnson (on leave);
Zorana Edwards-Shippentower;
Jasmine Paul-Louis; and
Aishah Khan.

PUBLISHER & TEAM SUPERVISOR:

Sandra Bobb

EDITOR & MANAGER:

Roy Bedford

LOVED ONE PASS AWAY?

We can assist you in submitting to the First Nations Health Authority a copy of the death certificate.

Shawna Martin may be reached at 604-796-2177

shawna.martin@seabirdisland.ca

FUNERAL PAMPHLETS

Creating pamphlets from our catalogue or custom pamphlets.

NEW - Sq'Éwqel provides 250 colour funeral booklets and one hour of free design time for each band member in accordance with Seabird Funeral Policy. For an additional cost, you can request extra design time, pamphlets, or premium paper.

We can also help with non-band member pamphlets; inquire about our prices.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

SIFD FIRE PRACTICE

Tuesdays from 7 to 9 p.m.

We are now seeking new members.

Contact the Fire Hall 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:

- Garbage every Tuesday.
- Recycling every Wednesday.
- **2 garbage bags** per household per week.
- **MAJOR GARBAGE:** 1st Wednesday of the month for Community core, and the 3rd Wednesday of the month for the surrounding Community.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday
8:30 AM - 5:30 PM Closed Fridays

Contact the Dental Clinic 604-796-6853.

WELLBRIETY MEETINGS

At the Stó:lō Tribal Council Boardroom, located at 2855 Chowat Road, every Tuesday at 7:00 p.m.

Website for AA in BC: www.bcyukonaa.org

MEDICAL CARDS

Has your medical card been stolen or misplaced and you need to apply for a new one? When submitting an application for a new one, we can help.

Medical Card payments are the responsibility of each client. It costs \$20 for each new card if they have been lost or stolen more than twice.

Please note, we are unable to help with BC ID applications.

Baby ID Cards

Apply for a Medical Care Card as soon as possible.

Apply for Status Cards as soon as possible.
Contact 604-796-2177.

AMBULANCE BILLS

Once you have received the ambulance invoices, kindly submit them. Under the Non-Insured Health Benefits (NIHB), ambulance expenses will no longer be covered if the bill is older than a year.

Health Canada will cover the cost of the ambulance for anyone having a status number, provided that there is not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home by ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Shawna Martin 604-796-2177.

OPTOMETRY CLINIC

Appointments Only: June 26-27, Aug. 14-15, Oct. 2-3, Nov. 13-14 Dec. 10-12

Checkups should be done every two years for people aged 19 to 64 and annually for children under the age of 19. Seniors above 65 can be seen once a year.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Shawna Martin CHR
at 604-796-2177 or
shawna.martin@seabirdisland.ca

WILD ANIMAL ALERT

To lessen encounters with wildlife, treat the area with respect and maintain its cleanliness.

- You should only dispose of your trash in the morning on garbage day.
- Throw away the guts of fish (away from residences).
- Make sure your grill is clean.

Please keep an eye on your children and do not walk alone!

Clap loudly and make yourself big!

Educating ourselves and keeping a clean Community makes a difference!

If you have any further concerns or feel threatened by wild animals, first report it to the

Conservation Office at 1-877-952-7277

Second, contact the Seabird Communications Office at 604-796-2177 so we can post an "Alert" for your area.

RENEW STATUS CARD

Book a Status Card Appointment

Tuesday - Thursday: 8:30 AM - 4:30 PM

Appointments required.

Remember to bring:

- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

New style Digital Status Card with photo

Contact **Simone Jimmie** 604-796-2177

Serving Seabird Members only!
SIB has the right to refuse service.

ID Photography Prints

Status Card Photography

Laminated style: \$13.50

- Call Simone to book your appointment

Passport, PAL Photography and more

Authenticated photo: \$18.50

Monday - Friday: 8:30 AM - 3:00 PM

Appointments required.

Contact Communications at
604-796-2177 or
comm@seabirdisland.ca

SQ'ÉWQEL FACEBOOK ACCOUNTS

Recommended to follow:

Sq'Éwqel "Seabird Island Band"

<https://www.facebook.com/SeabirdIslandBand/>

Seabird College

<https://www.facebook.com/SeabirdCollege.ca/>

Seabird Island Community School

<https://www.facebook.com/SeabirdIslandCommunitySchool>

Careers

<https://www.facebook.com/SeabirdIslandCareers/>

CLINICAL HEALTH SERVICES

DIRECTOR OF CLINICAL HEALTH SERVICES

This role integrates traditional healing practices with modern medicine, creating a culturally specific comprehensive and patient-centered approach to care. The Director oversees vital programs such as Primary Care (Medical and Dental Offices, Clinical based outreach and home health services, Mobile Diabetes), Health Quality, the Recovery Homes, the Youth Treatment Home, and the AIMs Program.

By effectively managing resources, including staff, budgets, and program logistics, this role ensures the delivery of culturally safe and holistic healthcare practices. Additionally, the Director engages in community relations activities, supporting and empowering community while building meaningful relationships with stakeholders to advance unique and sustainable solutions to dynamic clinical community health care needs and culturally respectful healthcare services.

TRADITIONAL WELLNESS SPECIALIST SUBSTANCE USE

The Traditional Wellness Specialist ensures that service delivery is centered in First Nations world-views, emphasizing holistic health and cultural approaches to healing from addictions. The Specialist will also engage in outreach, education, crisis support, and partnership development to strengthen Seabird's overall approach to healing from addiction.

COMMUNITY INFRASTRUCTURE

LANDS ADMINISTRATIVE ASSISTANT (TERM)

Under the direction of the Lands Manager, the Lands Administrative Assistant provides culturally informed administrative and clerical support to community members and the Lands Department. This role involves assisting with land transactions, maintaining accurate records, preparing reports, coordinating meetings, and ensuring compliance with relevant policies and regulations. The Lands Administrative Assistant will also engage in community relations activities to support clients and the broader community in understanding lands related processes and services.

INFRASTRUCTURE EXECUTIVE ASSISTANT

The Executive Assistant – Infrastructure, provides culturally informed administrative support to leadership and stakeholders. This role involves multitasking of managing the Director's schedule, coordinating meetings, preparing agendas, and maintaining confidential records and documents.

The Executive Assistant will also assist with financial tracking, deadline monitoring, and ensuring the smooth operation of daily administrative tasks while supporting the Director in delivering efficient and effective services for the community.

EARLY CHILDHOOD DEVELOPMENT

SUPPORTED CHILD DEVELOPMENT PROGRAM (SCDP) SUPPORT WORKER

The SCDP Support Worker provides culturally informed, developmentally appropriate support to children with extra support needs. This role involves working directly with children, families, and childcare staff to implement individualized service plans, promote inclusive practices, and ensure children's full participation in early childhood programs. The Support Worker will also engage in community relations activities that support children, families, and childcare centers.

ABORIGINAL INFANT DEVELOPMENT PROGRAM (AIDP) SUPPORT WORKER

The AIDP Support Worker will work closely with families, childcare staff, and multidisciplinary professionals to assess, plan, and implement individualized support strategies that promote optimal growth and development. This role emphasizes relationship-building, early intervention, and the integration of traditional and contemporary approaches to caregiving and parenting.

SPEECH & LANGUAGE ASSISTANT

The Speech and Language Assistant provides clinical and administrative support in the delivery of speech and language programs. This includes implementing therapy plans, preparing materials, documenting progress, and supporting individual and group intervention sessions. This role supports culturally safe, child-centered approaches aligned with the developmental goals of the Early Childhood Education team.

EDUCATION

GRADE 7 TEACHER

Provides culturally informed instruction, assessment, and classroom management to students. This role involves preparing and delivering lessons in alignment with curriculum standards, fostering a supportive and engaging learning environment, and maintaining positive relationships with students, parents, and the broader community.

The Teacher will also engage in community relations activities to support student success and well-being, while participating in professional development and school meetings to ensure continuous growth and alignment with school policies and educational best practices.

This position has a start date of August 25th, 2025, and an end date of June 30th, 2026

COMMUNITY EMPLOYMENT AND READINESS SUPPORT WORKER

Responsible for working with clients one-on-one and in small groups, assisting them in overcoming barriers that inhibit their ability to gain meaningful employment. This role provides education, information, and hands-on assistance on all aspects of employment, education, training, and life career planning. The Community Employment and Readiness Support Worker also builds relationships with potential employers and engages in community outreach to support both clients and the broader community in achieving long-term career success. Working closely with other Pre-Employment Supports staff members, Career Exploration and Development Practitioners, Employment Pathways and Programs Coordinator, Administrative Assistant, and Income Assistance team this position ensures a coordinated approach to client support and program delivery.

This is a one-year Full-Time Term Contract with an end date of March 31, 2026, with the possibility of extension.

CULINARY AND FOOD SERVICES PROGRAM LEAD

the Culinary and Food Services Program Lead provides the Indigenous Culinary Arts Program to students. This role involves leading the Indigenous Culinary Arts Program at Seabird College, managing the Meals on Wheels initiative through that program duration, coordinating daily food service operations at the schools, while building partnerships with local food growers and producers. The Lead will also engage in community relations activities to support students and the community.

INCOME ASSISTANCE COORDINATOR

the Income Assistance Coordinator provides culturally informed financial and program assistance to community members in need. This role involves intake assessments, financial literacy education, case management, program compliance, and interdepartmental collaboration. The Income Assistance Coordinator will also engage in community relations activities to support clients and the community.

This is a full-time term contract ending on March 31st, 2026, with the possibility of extension.

IAFNYES - PROGRAM ASSISTANT

The objectives of IAFNYES are to provide short-term work placements that increase access to more permanent employment opportunities, support the development and enhancement of essential employability skills, and promote the benefits of education as key to labour market participation. Additionally, the program introduces youth to a variety of career options, supports access to services that assist in transitioning to and remaining in the workforce, and aims to reduce long-term dependency on income assistance.

ON CALL BUS DRIVER

The Bus Driver provides culturally informed, safe, and courteous transportation for students attending the Seabird Island School. This role involves vehicle inspections, route adherence, student supervision, and community engagement. The Bus Driver will also engage with families and school staff to support safety and service delivery.

YOUTH WORKER ON-CALL

The Youth Worker is responsible for engaging youth from Seabird Island and surrounding communities (age 13-24) in youth-led programming, Youth Drop-In Centre, small groups and individual (one-on-one) sessions. The core of this work will be at the Seabird Youth Centre, as well as in the local schools and at community events. From a youth-centered practice, the Youth Worker walks alongside youth to continually develop programs and opportunities to help youth grow and thrive.

STUDENT SUCCESS COORDINATOR

The Student Success Coordinator provides culturally informed support, coordination, and advocacy for students. This role involves promoting enrolment, attendance, student achievement, and program completion through collaboration with school staff, parents, and external stakeholders. The Student Success Coordinator will also engage in community relations activities, working with school districts, families, and Indigenous organizations to foster strong connections, raise awareness of school programs, and support student access to learning opportunities and success in education.

This is Full-Time Term Contract with a Start date of August 25, 2025 and end date of June 30, 2026, with the possibility of extension for the following school year.

ECONOMIC DEVELOPMENT

STQÓ:YA CONSTRUCTION - GENERAL MANAGER

As Stqó:ya Construction undergoes an exciting organizational restructuring to strengthen our leadership team and expand into new markets, we are seeking an experienced and forward-thinking General Manager to lead this transformation. This role is ideal for a strategic and hands-on leader who thrives in a high-growth environment and is passionate about building Indigenous business success. The General Manager will be responsible for overseeing operations, financial performance, strategic growth, and team leadership, while advancing Stqó:ya's reputation in the construction industry across British Columbia and beyond.

STQÓ:YA CONSTRUCTION - OPERATIONS MANAGER

As Stqó:ya Construction undergoes an exciting organizational restructuring to strengthen our leadership team and expand into new markets, we are seeking an experienced and forward-thinking General Manager to lead this transformation. This role is ideal for a strategic and hands-on leader who thrives in a high-growth environment and is passionate about building Indigenous business success. The General Manager will be responsible for overseeing operations, financial performance, strategic growth, and team leadership, while advancing Stqó:ya's reputation in the construction industry across British Columbia and beyond.

FINANCE & ADMINISTRATION

FINANCE ADMINISTRATOR

The Finance Administrator provides contract management and writing, and request for proposal writing to ensure that all agreements align with Seabird Island Band's values and goals. This role involves drafting, reviewing, and managing contracts and RFP's to support departments across the organization, ensuring compliance with all regulations and policies. The Finance Administrator will also communicate clearly with stakeholders and provide support by answering contract-related inquiries, prioritizing and ensuring that all deadlines are met, as well as assisting financial analysts as required. The Finance Administrator serves as liaison between various groups and works closely with stakeholders, purchasing, finance, IT, HR, and other departments.

PURCHASING AGENT

The Purchasing Agent is responsible for verifying goods and service orders, preparing and forwarding purchase orders, confirming receipt of goods and services, and authorizing payments. This role ensures departments have the materials and services they need for daily operations by researching cost-effective suppliers and staying current on market and pricing trends. The Purchasing Agent also plays a key role in supporting program teams and community services through timely and efficient procurement.

HEALTH & SOCIAL DEVELOPMENT

FAMILY DEVELOPMENT WORKER (TERM CONTRACT)

Provides culturally informed wellness and support services to families. This role involves conducting client assessments, creating service plans, coordinating workshops, maintaining case records, and supporting families on their journey toward wellness and independence. The Family Development Worker will also engage in community relations activities, working to strengthen connections with clients

ON CALL RECOVERY HOME SUPPORT WORKER

Provides culturally informed crisis intervention, coping strategies, education, connections to community services, and support to individuals affected by mental illness, addictions, trauma, and crisis. The Recovery Home Support Worker will also engage in community relations activities to supporting clients and the community.

SENIOR CLINICAL SUBSTANCE USE PROGRAM LEAD

To oversee the Youth Treatment Program, AIMS, and the Recovery Homes, ensuring high-quality, culturally responsive care for individuals and families facing substance use challenges, mental health issues, trauma recovery, and holistic wellness care.

Providing leadership and oversight of substance use and wellness programs, ensuring that clients receive compassionate, evidence-based, and culturally informed care. This role involves coordinating day-to-day operations, supervising clinical and support staff, enhancing service delivery, and fostering strong partnerships with community resources. The Senior Clinical Substance Use Program Lead will also engage in community outreach and advocacy efforts to strengthen holistic wellness support within the community.

LABOUR POOL

LABOUR POOL

Offering a unique opportunity to perform a wide variety of on-call tasks that support our operations. This role allows you to build new skills and earn supplemental income, while contributing to the growth and development of the community. As a member of the Community Labour Pool, you will be called upon to assist with a variety of tasks across different sectors.

EXECUTIVE

COMMUNITY LIAISON

Under the direction of Executive Council, and management of Sq'Éwqel Administration, the Community Liaison will foster accountability and quality service delivery by working with Chief and Council and management to answer inquiries and find resolutions to concerns. As the first point of contact for concerns, this role drives delivery of excellent inquiry, concern, and complaint handling. The Liaison supports Sq'Éwqel to understand challenges for our community members, highlight trends and areas for service and process improvement. They will ensure concerns are documented, followed up on, responded to, and, when necessary, escalated. The Liaison also ensures compliance with the policies and follows best practice recommendations and time-lines for handling complaints.

HUMAN RESOURCES

HR ADMINISTRATOR (TERM)

Serve as a point of contact for employees on HR-related matters, providing administrative and operational support to the Human Resources team. This role involves managing correspondence, maintaining and updating internal databases, tracking employee leaves, performance reviews, coordinating training, as well as supporting recruitment efforts and managing Criminal Record Checks. The HR Administrator also assists with planning employee events, monitoring compliance with policies, and preparing monthly statistical reports.

SENIOR RECRUITER (TERM CONTRACT)

The Senior Recruiter provides culturally informed recruitment and staffing support to internal departments and leadership. This role involves leading recruitment processes, developing new positions, managing employment contracts, and supporting placements and staffing continuity across the organization. The Senior Recruiter will also engage in community outreach and represent Seabird Island at hiring events, building strong relationships to support talent acquisition and Band Member employment goals.

This is a Maternity Leave coverage position with a start date of October 2025 end date of July 2027.

INTER-GOVERNMENT AFFAIRS

ENGAGEMENT ASSISTANT

The Engagement Assistant provides culturally informed support in implementing community engagement strategies and activities for community members of all ages. This role involves developing and utilizing a variety of methods and tools—such as surveys, interviews, and community events—to collect qualitative and measurable input and feedback. The Engagement Assistant will also engage in community relations activities that support both clients and the broader community. Collaboration with other departments is integral to ensuring that engagement efforts are well-coordinated, inclusive, and reflective of community needs and priorities.

FORESTRY STEWARDSHIP INTERN

The Forestry Stewardship Intern provides culturally informed field and office-based support in forestry and stewardship activities to benefit Seabird Island's and natural resources. This role involves learning and applying technical skills such as block layout, road design, stream and wildlife assessments, Geographic Information Systems data handling, and more. The Forestry Stewardship Intern will also engage in community relations activities that support education and learning for community members.

DESKTOP PUBLISHER (TERM CONTRACT)

The Desktop Publisher provides culturally informed communication support services to staff, programs, and community members. This role involves overseeing print production, event photography, business card creation, and the assembly and distribution of community itineraries and newspapers. It includes hands-on tasks such as printing, laminating, collating, binding, and scoring, as well as managing photography services for general events, ID photos, and family portraits. The Desktop Publisher will also engage in community relations activities by supporting communication efforts that connect, inform, and celebrate the Seabird Island community.

This is a full time term contract ending on March 31, 2026.

Apply Today!

You are invited to submit a cover letter, resume and 3 references.
<https://www.seabirdisland.ca/careers/>

We regret that we will only respond to those applicants chosen for an interview.

Email: humanresources@seabirdisland.ca.

We thank all applicants for their interest.

LALME'IWESAWTEXW SEABIRD ISLAND COMMUNITY SCHOOL



*School registrations are still open,
spots available in all grades.*

OPEN

Why Lalme'Iwesawtexw?

- Small class sizes
- Hands-on learning
- Weekly land based learning
- Cultural learning opportunities
- Halq'emeylem language instruction
- HS trades & upper level science & math electives.



New registrations between
now & Sept 15th will be
entered into a draw for a
\$200 gift card.

Scan the QR code
to get to our new
website!

