



SCHÁKWEL TL' SQ'ÉWQEL

(WHAT'S HAPPENING ON SEABIRD ISLAND)

SQ'ÉWQEL SCHEDULE

SEPTEMBER 15 - 30, 2025

Event / Activity	Location	Time	RSVP / Pre-register	Contact	Program
Monday, September 15					
Exercise with Bernie	Fitness Center	9 - 11 AM	N/A	604-798-0768 604-793-3198	Elders
Drop-In	Band Gym	3:30 - 5:30 PM	N/A	604-796-2177	Recreation
Basketball	Band Gym	6 - 7 PM	N/A	604-796-2177	Recreation
Community Dinner	Mill Hall	6 - 8 PM	YES	Randy Wheeler 604-796-7120	Health
Indoor Soccer	Band Gym	7:30 - 9 PM	N/A	604-796-2177	Recreation
Tuesday, September 16					
Garbage Day	Seabird	8:30 AM - 4 PM	N/A	604-796-7163	Infrastructure
Walking Program	Elder College	12 - 1 PM	N/A	604-798-0768 604-793-3198	Elders
Voices of the Future Program	Youth Building 2271 Chowat rd	3 - 5:30 PM	N/A	Brooke Anderson 604-845-0629	ECD
Wellbriety	Stó:lō Tribal Council	7 - 8 PM	N/A	604-795-0875 604-997-5669	Mental Health
Fire Practice	Fire Hall	7 - 9 PM	N/A		Fire Department
Wednesday, September 17					
Recycling Day	Seabird	8:30 AM - 4 PM	N/A	604-796-7163	Infrastructure
Exercise with Bernie	Fitness Center	9 - 11 AM	N/A	604-798-0768 604-793-3198	Elders
Someone So Small	ECE	10 - 11:30 AM	N/A	604-997-3064	ECD
Drop-In	Band Gym	3:30 - 5:30 PM	N/A	604-796-2177	Recreation
Basketball	Band Gym	6 - 7 PM	N/A	604-796-2177	Recreation
Indoor Soccer	Band Gym	7:30 - 9 PM	N/A	604-796-2177	Recreation
Thursday, September 18					

Major Garbage	Surrounding	8:30 AM - 4 PM	N/A	604-796-7163	Infrastructure
Walking Program	Elders College	12 - 1 PM	N/A	604-798-0768 604-793-3198	Elders
Voices of the Future Program	Youth Building 2271 Chowat rd	3 - 5:30 PM	N/A	Brooke Anderson 604-845-0629	ECD
TV bingo	Elders College	5:30 - 7 PM	N/A	604-798-0768 604-793-3198	Elders
Prism Studio Ceramic Paint Night	Mill Hall 2736 Sq	5 - 7 PM	N/A	robert.mb@sea-birdisland.ca 604-796-8020	Recreation
Friday, September 19					
Soccer League	Field with lights	8 - 9:30 PM	N/A	604-796-2177	Seabird League
Saturday, September 20					
Sunday, September 21					
Monday, September 22					
Exercise with Bernie	Fitness Center	9 - 11 AM	N/A	604-798-0768 604-793-3198	Elders
Drop-In	Band Gym	3:30 - 5:30 PM	N/A	604-796-2177	Recreation
Basketball	Band Gym	6 - 7 PM	N/A	604-796-2177	Recreation
Indoor Soccer	Band Gym	7:30 - 9 PM	N/A	604-796-2177	Recreation
Tuesday, September 23					
Walking Program	Elders College	12 - 1 PM	N/A	604-798-0768 604-793-3198	Elders
Voices of the Future Program	Youth Building 2271 Chowat rd	3 - 5:30 PM	N/A	Brooke Anderson 604-845-0629	ECD
Fire Practice	Fire Hall	7 - 9 PM	N/A		Fire Department
Wednesday, September 24					
Reiki With Charmine Harris	Seabird Island Band Office	9 AM - 4 PM	YES	604-796-2177	Health
Exercise with Bernie	Fitness Center	9 - 11 AM	N/A	604-798-0768 604-793-3198	Elders
Someone So Small	ECE	10 - 11:30 AM	N/A	604-997-3064	ECD
Drop-In	Band Gym	3:30 - 5:30 PM	N/A	604-796-2177	Recreation
Basketball	Band Gym	6 - 7 PM	N/A	604-796-2177	Recreation
Indoor Soccer	Band Gym	7:30 - 9 PM	N/A	604-796-2177	Recreation

Thursday, September 25					
MCH Workshop	Elders Lounge	1 - 3 PM	N/A	604-796-2177	MCH
Walking Program	Elders College	12 - 1 PM	N/A	604-798-0768 604-793-3198	Elders
Voices of the Future Program	Youth Building 2271 Chowat rd	3 - 5:30 PM	N/A	Brooke Anderson 604-845-0629	ECD
Planned Poweroutage	Seabird	5 PM - 5 AM	N/A	https://www.bchydro.com/safety-outages/power-outages/planned-outages.html	BC Hydro
Friday, September 26					
Elders Grocery Shop	Elders College	9 AM - 2:30 PM	YES	604-798-0768 604-793-3198	Elders
Saturday, September 27					
Sunday, September 28					
Monday, September 29					
Second Hand Shopping	Elders College	9 AM - 2:30 PM	YES	604-798-0768 604-793-3198	Elders
Tuesday, September 30 Truth + Reconcilaton Day					
Administration Offices CLOSED Band office, Schools, ECE,... 8 AM - 4 PM					
Fire Practice	Fire Hall	7 - 9 PM	N/A		Fire Department

Out of School Care (OOSC), 3:00 - 5:00 PM Weekdays with Megan Louis, 604-796-7184

ANOTHER BC HYDRO PLANNED OVERNIGHT POWER OUTAGE



Seabird Island Has A Planned Overnight Power Outage

From: Thursday, September 25, 2025 01:00 PM *(estimated)*

To: Friday, September 26, 2025 06:00 AM *(estimated)*

Reason: System Upgrade

