



SCHÁKWEL TL' SQ'ÉWQEL

(WHAT'S HAPPENING ON SEABIRD ISLAND)

SQ'ÉWQEL SCHEDULE

FEBRUARY 01 - 15, 2026

Event / Activity	Location	Time	RSVP / Pre-register	Contact	Program
Sunday, February 01					
Monday, February 02					
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Community Dinner	Mill Hall	6:00 PM		Randy Wheeler	Health
Tuesday, February 03					
Garbage Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Community Kitchen/ Health Workshop	Cheam	12:00 PM - 2:00 PM	NO	Cheyenne Gardner	Nutrition
Women's Fitness	SIB Gym	4:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer 16+	SIB Gym	7:00 PM - 9:00 PM		Robert McNeil-Bobb	Recreation
Wednesday, February 04					
Recycling Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Someone So Small	ECD Building	10:00 - 11:30 AM	YES	Judith Dela Vega/ Olivia Sears	ECD
Pre + Postnatal drop-in Combined with Someone So Small	ECE building- Motor room - 8250 Charles Drive	10:00 AM - 2:00 PM	NO: all welcome and eligible families can pick up their incentive	Hailey: 604-798-1378	Maternal Child Health
Pride Fitness	SIB Gym	4:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Double Badminton Tournament	SIB Gym	4:30 PM - 8:30 PM	YES	fallon.cybulski@seabirdisland.ca	Youth Program

Thursday, February 05					
High School Fitness	SIB Gym	10:00 - 11:00 AM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Community Kitchen/ Health Workshop	Seabird Island	12:00 PM - 2:00 PM	NO	Cheyenne Gardner	Nutrition
Drop-in Soccer 16+	SIB Gym	7:00 PM - 9:00 PM		Robert McNeil-Bobb	Recreation
Friday, February 06					
High School Fitness	SIB Gym	10:00 - 11:00 AM		Robert McNeil-Bobb	Recreation
Saturday, February 07					
Women's Fitness	SIB Gym	10:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Sunday, February 08					
Monday, February 09					
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Community Dinner	Mill Hall	6 PM		Randy Wheeler	Health
Tuesday, February 10					
Garbage Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Women's Fitness	SIB Gym	4:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer 16+	SIB Gym	7:00 PM - 9:00 PM		Robert McNeil-Bobb	Recreation
Wednesday, February 11					
Recycling Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Someone So Small	ECD Building	10:00 - 11:30 AM	YES	Judith Dela Vega/ Olivia Sears	ECD
Pride Fitness	SIB Gym	4:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Thursday, February 12					
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
High School Fitness	SIB Gym	10:00 - 11:00 AM		Robert McNeil-Bobb	Recreation
Sacred Seed Online Zoom class	Online Zoom: ONLINE LINK VIA MCH FACEBOOK GROUP	1:00 PM - 3:00 PM	NO: ALL WELCOME	Hailey: 604-798-1378	Maternal Child Health
Drop-in Soccer 16+	SIB Gym	7:00 PM - 9:00 PM		Robert McNeil-Bobb	Recreation

Friday, February 13

Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
High School Fitness	SIB Gym	10:00 - 11:00 AM		Robert McNeil-Bobb	Recreation
Community Kitchen/ Health Workshop	Scowlitz	12:00 PM - 2:00 PM	NO	Cheyenne Gardner	Nutrition
Community Family Swim: On March 1st, 2026	Chilliwack Landing Leisure Centre	6:45 PM - 8:45 PM	YES: RSVP BY 13TH FEB	Nadine Knelsen 604-796-7090 or Carlene Brown 604-796-6855	ECE

Saturday, February 14

Women's Fitness	SIB Gym	10:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
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Sunday, February 15

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Out of School Care (OOSC), 3:00 - 5:00 PM Weekdays with Megan Louis, 604-796-7184

Sq'ewqel Chief & Council Elections

APRIL 15, 2026

- Are you interested in putting your name forward as a candidate?
- Do you know someone you would like to nominate?

For those considering running, copies of the **Election Code**, **Governance Manual** and **Nomination Packages** are available:

- In the Band Office Lobby
- Follow the QR code provided to the Election & Referendum webpage
- Visit www.seabirdisland.ca/referendums-elections/
- Request a USB copy from Communications at comm@seabirdisland.ca

This is a great opportunity to serve your community and help shape the future of Sq'ewqel.

START THINKING ABOUT RUNNING TODAY!

NOMINATION PACKAGES ARE DUE
FEBRUARY 24 - MARCH 6, 2026

2026 - 2029 Term



Sq'ewqel
Seabird Island Band

