



# Run for Water

## Event schedule

**May 24, 2026**

**8:40 AM - 10K warm up**

**9:00 AM - 10K start**

**9:15 AM - Pre-race Program**

**9:40 AM - 5K warm up**

**10:00 AM - 5K start**

**10:30 AM - Race Program**

**10:45 AM - Awards Ceremony**

**10km Run 9 AM**

**5km Fun Run 10 AM**



**Registration link:** [Run for Water 5k & 10k Abbotsford B.C Sunday, May 24, 2026 – Fill out form](#)

**Registration Deadline:** March 27, 2026 3:30 PM

**Location:** Mill Lake Park Abbotsford

**Date:** Sunday, May 24 2026

**Contact:** Robert McNeil-Bobb

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