

MATERNAL CHILD HEALTH WORKSHOP FOR INDIGENOUS FAMILIES CARING FOR MOTHERS AND BABIES:

A COMMUNITY WELLNESS WORKSHOP

WITH *Kari Kress*

Learn how to perform
infant and child **CPR**,
life-saving techniques
for **choking** victims, and
administer **AEDs** effectively.

ECE Building: Big Motor Room

April 23, 2026

5:00 PM to 7:00 PM (Dinner included)

FREE



The
MamaCoach
MAKING MOTHERHOOD EASIER

Infant/Baby CPR Class: – Fill out form

***Come join us to learn these life saving skills!
Questions, contact: Hailey @ 604-798-1378***

