

SCHÁKWEL TL’ SQ’ÉWQEL

(WHAT’S HAPPENING ON SEABIRD ISLAND)

SQ’ÉWQEL SCHEDULE

NOVEMBER 01-15, 2026

Event / Activity	Location	Time	RSVP / Pre-register	Contact	Program
Sunday, November 01					
Monday, November 02					
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Wellbriety	STC	4:30 PM - 5:30 PM	NO		Mental Health
Drop-in Soccer Youth	Field with Lights	5:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Basketball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Pickleball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Community Dinner	Mill Hall	6:00 PM		Randy Wheeler	Health
Drop-in Soccer 16+	Field with Lights	6:30 PM - 8:30 PM		Robert McNeil-Bobb	Recreation
Tuesday, November 03					
Garbage Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Women’s Fitness	SIB Gym	4:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Meals on Wheels				604-798-2936	Nutrition Team
Wednesday, November 04					
Recycling Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Pre & Post Natal in person drop-in	Head Start Building	10:00 AM to 1:00 PM	NO	Hailey: 604-798-1378	Maternal Child Health
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Someone So Small	ECD Building	10:00 AM - 11:30 AM	YES	Judith Dela Vega/ Olivia Sears	ECD
Pride Fitness	SIB Gym	4:00 PM - 5:00 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer Youth	Field with Lights	5:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation

FNCFS & Jordan's Principle Settlement Information	Community Health Room	5:00 PM - 7:00 PM		olivia.sears@seabirdecd.ca nikki.jackson@seabirdisland.ca	
Basketball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Pickleball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Language Vitalization: More Poppies	Band Office Boardroom	5:30 PM - 8:00 PM		stephaniet@seabirdisland.ca or dianna@seabirdisland.ca	IGA
Drop-in Soccer 16+	Field with Lights	6:30 PM - 8:30 PM		Robert McNeil-Bobb	Recreation
Thursday, November 05					
Major Garbage Community Core	Seabird	8:00 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
High School Fitness	SIB Gym	10:00 AM - 11:00 AM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Chair Exercise / Walking Program	Elders College	10:45 AM - 3:00 PM			Health
Community Kitchen: Baking Jars	Seabird Island (Mill Hall)	12:00 PM - 2:00 PM		Cheyenne Gardner	Health
Meals on Wheels				604-798-2936	Nutrition Team
Friday, November 06					
Poppy Beading Sessions: Only 25 spots	Main Boardroom	9:00 AM - 1:00 PM	YES	events@seabirdisland.ca	
High School Fitness	SIB Gym	10:00 AM - 11:00 AM		Robert McNeil-Bobb	Recreation
Women's Empowerment Group	Community Health Room	1:00 PM - 3:00 PM	NO	Wendy 604-793-8926	Resilience & Prevention
Saturday, November 07					
Women's Fitness	SIB Gym	10:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Sunday, November 08					
Monday, November 09					
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Veterans Day	Cenotaph	10:30 AM	NO		
Wellbriety	STC	4:30 PM - 5:30 PM	NO		Mental Health
Drop-in Soccer Youth	Field with Lights	5:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Basketball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Pickleball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Community Dinner	Mill Hall	6:00 PM		Randy Wheeler	Health
Drop-in Soccer 16+	Field with Lights	6:30 PM - 8:30 PM		Robert McNeil-Bobb	Recreation

Tuesday, November 10					
Garbage Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Women's Fitness	SIB Gym	4:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Meals on Wheels				604-798-2936	Nutrition Team
Wednesday, November 11					
Remembrance Day	Administration will be **CLOSED** Stat Holiday				
Thursday, November 12					
Recycling Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
High School Fitness	SIB Gym	10:00 AM - 11:00 AM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Chair Exercise / Walking Program	Elders College	10:45 AM - 3:00 PM			Health
Sacred Seed	Online: Microsoft Teams	1:00 PM-3:00 PM	NO	Hailey: 604-798-1378	Maternal Child Health
Paint Night	Band Office	5:00 PM - 9:00 PM		events@ seabirdisland.ca	
Meals on Wheels				604-798-2936	Nutrition Team
Friday, November 13					
High School Fitness	SIB Gym	10:00 AM - 11:00 AM		Robert McNeil-Bobb	Recreation
Women's Empowerment Group	Community Health Room	1:00 PM - 3:00 PM	NO	Wendy 604-793-8926	Resilience & Prevention
Saturday, November 14					
Women's Fitness	SIB Gym	10:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Sunday, November 15					

Out of School Care (OOSC), 3:00 - 5:00 PM Weekdays with Megan Louis, 604-796-7184



MISSING / STOLEN EQUIPMENTS

Community Assistance Requested

The Sq'éwqel Health Téméxw li te Letum (Land to Table Farm) has experienced an increase in **missing and stolen equipment**. These tools are essential for growing, harvesting, and processing food for our community.

We are asking for the community's help in locating and returning the items shown. This equipment is **vital to supporting local families, youth, Elders, and community programs.**

The Téméxw li te Letum (Land to Table) program provides fresh produce and food support to many important community initiatives.

Thank you for your assistance.















Please help bring these items home so we can continue providing food and support to our youth, families, and Elders.
Every piece of equipment returned makes a difference.

If you have any information, please contact the **Land to Table team**

604-798-2936 (call or text) or
land2table@seabirdisland.ca