

SCHÁKWEL TL’ SQ’ÉWQEL

(WHAT’S HAPPENING ON SEABIRD ISLAND)

SQ’ÉWQEL SCHEDULE

NOVEMBER 16-30, 2026

Event / Activity	Location	Time	RSVP / Pre-register	Contact	Program
Monday, November 16					
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Basketball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Pickleball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Community Dinner	Mill Hall	6:00 PM	NO	Randy Wheeler	Health
Drop-in Soccer Youth	Field with Lights	5:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer 16+	Field with Lights	6:30 PM - 8:30 PM		Robert McNeil-Bobb	Recreation
Tuesday, November 17					
Garbage Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Elders Get Together		10:00 AM - 2:00 PM			
NAAW: Wooden Crafts and Rock Painting	Main Boardroom	12:00 PM - 3:00 PM		Jaimie 604-796-2177	
Women’s Fitness	SIB Gym	4:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Meals on Wheels				604-798-2936	Nutrition Team
Wednesday, November 18					
Recycling Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Someone So Small	ECD Building	10:00 AM - 11:30 AM	YES	Judith Dela Vega/ Olivia Sears	ECD
Land Based Learning	SICS				
NAAW: Dr. Fox lunch and Learn	Band Office Health Room	12:00 PM - 1:00 PM		Jaimie 604-796-2177	
Pride Fitness	SIB Gym	4:00 PM - 5:00 PM		Robert McNeil-Bobb	Recreation
Chief and Council Meeting	Band Office Gym		NO		

Women's Empowerment Group	Mill Hall	5:00 PM - 7:00 PM	NO	Wendy 604-793-8926	Resilience & Prevention
Basketball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Pickleball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer Youth	Field with Lights	5:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer 16+	Field with Lights	6:30 PM - 8:30 PM		Robert McNeil-Bobb	Recreation
Thursday, November 19					
Major Garbage Surrounding Community	Seabird	8:00 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
High School Fitness	SIB Gym	10:00 AM - 11:00 AM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Chair Exercise / Walking Program	Elders College	10:45 AM - 3:00 PM			Health
Meals on Wheels				604-798-2936	Nutrition Team
NAAW: Wooden Crafts and Rock Painting	Band Office Health Room	6:00 PM - 8:00 PM		Jaimie 604-796-2177	
Friday, November 20					
High School Fitness	SIB Gym	10:00 AM - 11:00 AM		Robert McNeil-Bobb	Recreation
Women's Empowerment Group	Community Health Room	1:00 PM - 3:00 PM	NO	Wendy 604-793-8926	Resilience & Prevention
Saturday, November 21					
Women's Fitness	SIB Gym	10:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Sunday, November 22					
Monday, November 23					
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
NAAW: Pancake Breakfast	Band Office Gym	10:00 AM		Jaimie 604-796-2177	
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
NAAW: Community Walk	Band Office Gym	11:15 AM		Jaimie 604-796-2177	
Basketball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Pickleball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Community Dinner	Mill Hall	6:00 PM	NO	Randy Wheeler	Health
Language Vitalization: Ribbon Skirt Making Session 1	Seabird Band Office	5:00 PM - 8:00 PM	YES	dianna@ seabirdisland.ca	IGA
Drop-in Soccer Youth	Field with Lights	5:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer 16+	Field with Lights	6:30 PM - 8:30 PM		Robert McNeil-Bobb	Recreation

Tuesday, November 24					
Garbage Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Art Therapy	Elders Lounge / Community Health	1:00 PM - 3:00 PM			
Women's Fitness	SIB Gym	4:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
NAAW: Steven Sleep Therapy	SICS	TBD		Jaimie 604-796-2177	
Meals on Wheels				604-798-2936	Nutrition Team
Wednesday, November 25					
Recycling Day	Seabird	8:30 AM - 4:00 PM	N/A	604-796-7163	Infrastructure
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Reiki	Doctor's Office	9:00 AM - 4:00 PM	YES	Doctor's Office	Health
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Someone So Small	Field Trip to Petey's	1:00 PM - 3:00 PM	YES	Judith Dela Vega/ Olivia Sears	ECD
Pride Fitness	SIB Gym	4:00 PM - 5:00 PM		Robert McNeil-Bobb	Recreation
NAAW: Dinner & Ceremony	Band Office Gym	5:00 PM		Jaimie 604-796-2177	
Basketball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Pickleball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer Youth	Field with Lights	5:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer 16+	Field with Lights	6:30 PM - 8:30 PM		Robert McNeil-Bobb	Recreation
Thursday, November 26					
High School Fitness	SIB Gym	10:00 AM - 11:00 AM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Chair Exercise / Walking Program	Elders College	10:45 AM - 3:00 PM			Health
Candlelight Vigil	Band Office Gym	5:00 PM - 7:00 PM			
Language Vitalization: Salish Loom Wool Weaving Session 1	Seabird Band Office	5:00 PM - 8:00 PM	YES	dianna@ seabirdisland.ca	IGA
Meals on Wheels				604-798-2936	Nutrition Team
Friday, November 27					
High School Fitness	SIB Gym	10:00 AM - 11:00 AM		Robert McNeil-Bobb	Recreation
Women's Empowerment Group	Community Health Room	1:00 PM - 3:00 PM	NO	Wendy 604-793-8926	Resilience & Prevention

Christmas Dinner RSVP's Due TODAY for: - Tues, Dec 1 - Wed, Dec 2 - Thurs, Dec 3	Band Office	8:00 AM – 4:00 PM	YES Limited seating, choose only 1 date	events@ seabirdisland.ca	Events
Saturday, November 28					
Women's Fitness	SIB Gym	10:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Sunday, November 29					
Monday, November 30					
Elders Fitness	SIB Gym	9:00 AM - 12:00 PM		Robert McNeil-Bobb	Recreation
Head Start	OOSC/ HS Building	10:00 AM - 1:00 PM	YES	Francine Kelly	ECD
Basketball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Pickleball	SIB Gym	5:30 PM - 6:30 PM		Robert McNeil-Bobb	Recreation
Community Dinner	Mill Hall	6:00 PM		Randy Wheeler	Health
Language Vitalization: Ribbon Skirt Making Session 2	Seabird Band Office	5:00 PM - 8:00 PM	YES	dianna@ seabirdisland.ca	IGA
Drop-in Soccer Youth	Field with Lights	5:00 PM - 6:00 PM		Robert McNeil-Bobb	Recreation
Drop-in Soccer 16+	Field with Lights	6:30 PM - 8:30 PM		Robert McNeil-Bobb	Recreation

Out of School Care (OOSC), 3:00 - 5:00 PM Weekdays with Megan Louis, 604-796-7184

